

PVLMSC Meeting Minutes – March 19, 2011
Montgomery Aquatic Center – North Bethesda, MD
Recorded by Cheryl Wagner

1) Approval of last meeting's minutes. Approved.

2) Chair (Jeff Strahota)
Discussion of agenda.

3) Registrar (Jeff Roddin)
Registrations increased over last year.
March 1, 2011 - 2195
March 1, 2010 - 2008
March 1, 2009 - 1777

Four new teams since last board meeting (30 clubs total).
Potomac OW Swim (Lab School)
Marymount Masters (Arlington)
Team Athalon (Chinquapin)
Wave 1 (OW & Lab School)

Looking for shredding service (free?). Would like to shred registrations older than 7 years old because the volume of paper is starting to take up a fair amount of space in Jeff's basement.

4) Top Ten (Jeff Roddin)
SCM season ended Dec 31.
PV times submitted timely.
USMS top ten coming out shortly.

5) Sanctions (Deb Morrin-Nordlund)
Frank M. - evaluator for Albatross
Frank M. - evaluator for Colonies Zone
Mollie Grover - evaluator for Reston Lake

Alexandria Masters received full refund for Tropical Splash meet.
Next Tropical Splash meet will be on Jan 29, 2012.

6) Treasurer (Tim Timmons)
Financial statement given out (attached). Finances looking good. Bank account is "fattest" at this time of year. Tax reports filed with IRS. USMS annual registration dues going up until 2013 (\$2 each year for \$10 total).
MSA raise PV dues to \$40 for 2012 - leave for near future - APPROVED.

7) Secretary (Cheryl Wagner)
no report

8) Newsletter (Jayme Deerwester)

no report

9) Awards (Jen Carlson)

Jen is new chair. Julie Roddin is "retiring." SC & LC awards will be given out at Colonies Zone meet.

LMSC awards banquet - still in planning stage.

Julie said that for repeat winners, there is a choice of getting gifts in lieu of standard plaque.

10) Coaches (Frank M.)

Held strength & conditioning clinic 30 people.

Some strength & conditioning done at Swimfest last year.

2 weekends ago - ASCA Masters Coaching cert. - hosted by Warrenton.

Would like PV to sponsor Masters Level III clinic next year.

Would like to have a mini-Swimfest.

Coaches who attended Swimfest could do "continuing education".

Frank can summarize his Swimfest notes and post on PV website.

OW Safety seminar being held in San Francisco - will post a report.

USMS is running OW clinic on June 12 in Noblesville, OH.

USMS is doing 3 more OW clinics: Big Shoulders, Tiburon, and Swim Miami.

11) Fitness (Diana Corbin)

Welcomes ideas to promote fitness.

Promote Go the Distance.

Fitness Expo in Washington DC (PV could have a booth)

Promote virtual swims and postals.

12) Long Distance/Open Water (Denis Crean)

Probably have OW series at National Harbor.

13) Old Business

Online meet entry subsidy. Suggestion - limit/cap

Maximum \$500 - local meet/event

Maximum \$750 - national or zone meet/event

Revisit issue/limit in 3 years.

APPROVED.

Vote to subsidize Kurt Thiel's attendance at the USMS OW Safety Conf.

(Paying only registration fee because of late notice.)

Swimfest II - send 3 coaches from PV.

Subsidize registration, 1/2 hotel, airfare, and per diem.

Try to send different coaches each year.

If interested, send emails to Chair (Jeff Strahota).

Jeff Strahota will send out solicitation.

Recruiting Convention Delegates (Jacksonville FL).
Diana Corbin interested.

NEXT MEETING: At DCRP LCM meet in July.

Attendees:

Jeff Strahota (TERR)
David McLain (FBST)
Kate Fiskin (ANCM)
Frank Marcinkowski (CUBU)
Mollie Grover (TERR)
Cheryl Wagner (TERR)
Diana Corbin (TERR)
Ray Novitske (ALEX)
Ellen Hufford (ARMS)
Mark Walters (GERM)
Jeff Roddin (ANCM)
Dave Robinson (GERM)

3/19/11

Name

Jeff Strahota

Dave McLain

KATE FISKE

Frank Mankowski

Molli Grever

Cheryl Wagner

Diana Corbin

PAT NOVITZKE

Ellen Hufford

Mark Walters

Jeff Rubin

DAVE ROBINSON

Team

Terrapin Masters

FBST

ANCM

CUISU Masters

Terrapin Masters

Terrapin Masters

TERPS

ALEXANDRIA

Arlington Masters

GERM

ANCM

GERM

PVLMSC Bank Balances as of March 5, 2011

Checking = S 26,444.34

Savings = S33,692.47

Total = S60,136.81

QDATA1-Bank Cash.CC Accounts

Cash Flow Report
3/6/10 Through 3/5/11

3/5/11

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Category Description	3/6/10- 3/5/11
INFLOWS	
2010 SCM Last Meet Entry Fees	2,180.50
Ind & Club Reg	28,978.50
Interest Inc	31.91
Sanction Fee	170.00
TOTAL INFLOWS	31,360.91
OUTFLOWS	
Awards	175.05
Convention Expenses, 2010	3,985.75
Ind & Clubs	68.50
Meet Eqpt	267.00
Misc	133.56
Office	168.05
Postage	717.47
Postage for Newsletters	2,585.00
Publications	4,779.84
Registrar Pay	7,665.00
Sanction Refund	200.00
SCM Meet 2010	2,180.50
Swim Fest 2010	1,496.31
TOTAL OUTFLOWS	24,422.03
OVERALL TOTAL	6,938.88

POTOMAC VALLEY MASTERS SWIMMING COMMITTEE
 2011 MEET SCHEDULE
 3/8/11

#101-04 Jan. 30, 2011 Issued: 12/14/10	Alexandria Masters Swimming Tropical Splash Short Course Yards Evaluator: Tim Timmons Refund: \$100	Andrew Gale (703) 780-0176 andygale@earthlink.net
#101-02 Mar. 19, 2011 Issued: 11/10/10	Albatross Open Short Course Meters Evaluator: Frank Marcinkowski Refund:	Jeff Roddin (301) 603-0528 JRoddin@pymasters.org
#101-01 Apr 15-17, 2011 Issued: 11/8/10	Patriot Masters Colonies Zone Short Course Yards Evaluator: Refund:	Cheryl Ward 703-425-1609 cherylaward3@yahoo.com
#101-03 May 28-29, 2011 Issued: 12/7/10	McDonnell Lake Swims Open Water Evaluator: Refund	Lynn Hazlewood (703) 786-7292 lynhzlwd@gmail.com
Recognition		

PVLMSC Meeting Agenda
March 19, 2011

I. Introductions

II. Approval of Last Meeting Minutes

III. Reports:

Chair - Jeff Strahota
Registrar - Jeff Roddin
Top Ten - Jeff Roddin
Sanctions - Deb Morrin-Nordlund
Treasurer - Tim Timmons
Secretary - Cheryl Wagner
Newsletter - Jayme Deerwester/Cheryl Wagner
Awards - Julie Roddin
Coaches - Frank Marcinkowski
Officials - Eric Nordlund
Fitness - Diana Corbin
Long Distance/Open Water - Denis Crean

IV. Old Business

Online Meet Entry Subsidy
Hosting Swimfest
LMSC Dinner/Awards Banquet

V. New Business

VI. Schedule Next Meeting