

PVLMSC Meeting Minutes – July 21, 2013  
Recorded by Cheryl Wagner

I. Introductions

II. Approval of Last Meeting's Minutes

III. Reports:

Chair - Jeff Strahota

Vice Chair - John Carlson

- no report

Registrar - Jeff Roddin

- Registrations:

June 30, 2011 – 2668

June 30, 2012 – 2502

June 30, 2013 – 2682 (not including 238 OEVT registrations)

- Suggestion that since summer nationals are in College Park, MD in 2014 and there are 35 clubs in PV, clubs may want to combine into one LMSC team. If PV wanted to do that, members could sign up as PV. Jeff could work out groups, within the PV team. But clubs would have to "opt in" rather soon to make this happen (prior to 2014 club renewal).

- There is a new club, Tsunami, which practices at the Regency Sport & Health Club.

Top Ten - Jeff Roddin

- No sanctioned LCM meets in PV this year.

- SCY Top Ten preliminary draft is out.

- Encouraging all PV teams hosting meets to use Meet Manager software.

- Approved: PV will subsidize purchase of Meet Manager (1/2 of cost) for any team which would like to host a meet.

Sanctions – Deb Morrin-Nordlund

- Redoing meet evaluation form to state what's expected and the cost of not complying (deductions from deposit).

- Have always issued just a warning for first offense.

- Will solicit comments for form at next meeting and vote on it.

- Germantown is having their first meet this year.

- Meet evaluators needed:

Sprint Classic – Oct 27

DCAC Meet – Oct 13

Germantown meet – Dec 7

- Various suggestions were made for how to solicit new volunteers for meet evaluations.

Treasurer - Tim Timmons

- PV is doing well financially.
- \$68,271 in bank (combined savings & checking).
- We can afford to continue our policies of assisting clubs with meet expenses and sponsoring clubs for clinics.
- Since USMS is increasing their fee for individual dues, suggestion to increase PV dues to reflect increase.
- Approved for 2014: PV dues increase to \$45 (i.e. National + Local = \$45).

Secretary - Cheryl Wagner

- no report

Newsletter - Cheryl Wagner

- no report

Awards - Jennifer Carlson

- Sixty individuals sent an RSVP to attend the award picnic. Due to rain, attendance was lower. Next year, the picnic will be held in Maryland.
- Seeking recommendations for venue and caterer for next year's picnic.
- Approved: expanding top swimmer awards to include honorable mention.

Coaches - Frank Marcinkowski

- no report

Officials - Eric Nordlund

- Discussed helping send Jim Carey to 2013 Summer Nationals to gain the experience needed to become Meet Referee at next year's LC Nationals.
- Approved: to contribute \$750 to UMD towards officiating expenses for 2014 USMS Summer Nationals.

Fitness - Lisa Wolf

- Local expos/fairs/etc all charge \$\$ for tables/booths so having a USMS option would involve the Board appropriating funding if this is an item of interest. (Contacted NBC for their Health Expo in May, Rockville Home Town Holidays, Olney Days). Fairfax Masters does have a table the Multisport Expo with USMS info but obviously geared to the triathlon audience.
- Article submitted for next newsletter- about continuing to FLOG
- Looking at adapting the USMS club recruitment letter available for distribution to local health/fitness clubs without pools (e.g. Fitness First/Golds). Also ask teams to put up flyers at their home pools if they do not have anything posted.
- Adding USMS articles to outgoing communications that are cascaded to the team reps and remind folks to sign up for e-newsletters/etc.
- One final note: Rob Jeter, DCAC Swim For Life Chair, asked me to express his thanks to the Board for their support and financial assistance this year. The event (held July 13th) had over 200 swimmers and raised over 40K for the charities involved.

Long Distance/Open Water - Denis Crean

- no report

#### IV. Old Business

- 2014 Nationals – On August 5, Carrie and Natalie will visit Mission Viejo to see how a national meet is run. They are reserving blocks of rooms for the 2014 meet at the Marriott and Conference Center. The 2014 meet will be held on August 13-17, 2014. As soon as they get back from Mission Viejo, they will solicit volunteers for 2014.

#### V. New Business

- USMS Convention delegate possibilities representing PV include: Jen Carlson, John Carlson, Ray Novitske, Frank Marcinkowski, Natalie Ferdinand and Eric Nordlund. Debbie Morrin-Nordlund, Lynn Hazlewood, Jeff Strahota and Jeff Roddin receive automatic delegate slots from USMS. Seeking any other interested persons to attend – contact Chairman Strahota if interested.

#### VI. Next Meeting

- After Sprint Classic Meet on Oct 27.

PVLMSC Meeting Agenda

July 21, 2013

2-3:30pm

Jeff Strahota's house:

11100 Schuylkill Rd

N Bethesda MD, 20852

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Top Ten - Jeff Roddin

Sanctions - Deb Morrin-Nordlund

Treasurer - Tim Timmons

Secretary - Cheryl Wagner

Newsletter - Cheryl Wagner

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IV. Old Business

2014 Nationals

V. New Business

Convention delegates

Stipend request to officiate at 2013 Summer Nationals

VI. Schedule Next Meeting

Potomac Valley LMSC Board Meeting Sign-in Sheet

Date: 7/21/2013 Location: Jeff Strahota's house  
North Bethesda, MD

| Club                                      | Attendee(s)   |
|---|---|
| Alexandria Masters Swimming (ALEX)        |   |
| All Star Aquatics (ASAM)                  |   |
| Aquatic Stars (ASTA)                      |   |
| Arlington Masters (ARMS)                  |   |
| Central Chesapeake Swimming (PEAK)        |   |
| DC Dept Of Rec & Parks (DCRP)             | Juliette de Souza                                       |
| DC Masters( DCM)                          | BILL BRASWELL   |
| DC Triathlon Club (DCTC)                  |   |
| District Of Columbia Aquatics Club (DCAC) |   |
| Fairfax County Masters (FXCM)             |   |
| Fort Belvoir Masters (FBST)               |   |
| Germantown Maryland Masters (GERM)        |   |
| Herndon Aquatic Club (HAC)                |   |
| Life Time Mid-Atlantic Swim Club (LMAC)   |   |
| Machine Aquatics (MACH)                   |   |
| Marymount Masters Swim Team (MMTM)        |   |
| Masters Aquatics at Spring Hill (MASH)    |   |
| Montgomery Ancient Mariners (ANCM)        | Jeff Roddin / Lisaway                                   |
| National Capital YMCA (NCYM)              |   |
| North. VA Jewish Community Cen (JCCN)     |   |
| Patriot Masters Swim Team (GMUP)          |   |
| Reston Masters Swim Team (RMST)           | Jennifer Carlson + John Carlson                         |
| Riptide Masters (RIPM)                    |   |
| Sea Devil Swimming Masters (SDS)          |   |
| Team FeXY (FEXY)                          |   |
| Team Swim Spray (SPRY)                    |   |
| Team Warrior (TWAR)                       |   |
| Terrapin Masters (TERR)                   | Natalie Ferdinand Jeff & Mollie Strahota Cheryl Higgins |
| Tollefson Swimming (TOLL)                 |   |
| Tsunami (NAMI)                            | ART VERA  |
| Wave One Swimming (WAV1)                  |   |
| Other                                     | Carrie Tupper   |

Deb Merrill  
Eric Nordlund

| <b>2013 PV Club Counts</b>     |             |                                    |                               |             |
|--------------------------------|-------------|------------------------------------|-------------------------------|-------------|
| <i>Last updated: 7/16/2013</i> |             |                                    |                               |             |
| <b>Club #</b>                  | <b>Club</b> | <b>Full Club Name</b>              | <b>Total</b>                  | <b>Rank</b> |
| 000                            | UNAT        | Unattached                         | 234                           | N/A         |
| 021                            | ALEX        | Alexandria Masters Swimming        | 166                           | 4           |
| 022                            | ASAM        | All Star Aquatics                  | 9                             | 24          |
| 045                            | ASTA        | Aquatic Stars                      | 1                             | 30          |
| 004                            | ARMS        | Arlington Ageless Masters          | 157                           | 5           |
| 046                            | PEAK        | Central Chesapeake Swimming        | 5                             | 26          |
| 003                            | DCRP        | DC Dept of Recreation & Parks      | 109                           | 8           |
| 001                            | DCM         | DC Masters                         | 34                            | 15          |
| 035                            | DCTC        | DC Triathlon Club                  | 46                            | 12          |
| 017                            | DCAC        | District of Columbia Aquatics Club | 198                           | 3           |
| 005                            | FXCM        | Fairfax County Masters             | 852                           | 1           |
| 028                            | FBST        | Fort Belvoir Masters               | 62                            | 10          |
| 027                            | GERM        | Germantown Maryland Masters        | 134                           | 6           |
| 051                            | HAC         | Herndon Aquatic Club               | 4                             | 28          |
| 052                            | LMAC        | Life Time Mid-Atlantic Swim Club   | 16                            | 20          |
| 038                            | MACH        | Machine Aquatics                   | 28                            | 16          |
| 011                            | MMTM        | Marymount Masters Swim Team        | 3                             | 29          |
| 030                            | MASH        | Masters Aquatics at Spring Hill    | 25                            | 17          |
| 012                            | ANCM        | Montgomery Ancient Mariners        | 254                           | 2           |
| 007                            | NCYM        | National Capital YMCA              | 19                            | 19          |
| 020                            | JCCN        | Northern VA Jewish Comm. Center    | 6                             | 25          |
| 002                            | GMUP        | Patriot Masters                    | 40                            | 13          |
| 009                            | RMST        | Reston Masters Swim Team           | 122                           | 7           |
| 008                            | RIPM        | Riptide Masters                    | 16                            | 20          |
| 026                            | SDS         | Sea Devil Swimming Masters         | 40                            | 13          |
| 049                            | FEXY        | Team FeXY                          | 11                            | 27          |
| 050                            | SPRY        | Team Swim Spray                    | 21                            | 18          |
| 044                            | TWAR        | Team Warrior                       | 1                             | 30          |
| 006                            | TERR        | Terrapin Masters                   | 67                            | 9           |
| 053                            | TOLL        | Tollefson Swimming                 | 5                             | 26          |
| 054                            | NAMI        | Tsunami                            | 12                            | 22          |
| 043                            | WAV1        | Wave One Swimming                  | 50                            | 11          |
|                                |             |                                    |                               |             |
|                                |             |                                    | Full Members:                 | 2747        |
|                                | OEVT        |                                    | One Event Members:            | 238         |
|                                |             |                                    |                               |             |
|                                |             |                                    | Grand total:                  | 2985        |
|                                |             |                                    | Total Clubs (excluding UNAT): | 31          |

**Cash Flow Report**  
7/18/12 Through 7/17/13

| Category Description        | 7/18/12-<br>7/17/13 |
|-----------------------------|---------------------|
| <b>INFLOWS</b>              |                     |
| Ind & Club Reg              | 29,529.50           |
| Interest Inc                | 9.06                |
| Sanction Fee                | 170.00              |
| <b>TOTAL INFLOWS</b>        | <b>29,708.56</b>    |
| <b>OUTFLOWS</b>             |                     |
| 2012 Team Fee Rebate        | 750.00              |
| Awards And Picnic           | 2,382.82            |
| Club Assistant Meet Support | 2,750.00            |
| Coaches Clinic Scholarship  | 2,092.50            |
| Coaches Clinic, Oct 12      | 360.00              |
| Convention Expenses, 2012   | 3,666.75            |
| Ind & Clubs                 | 2,580.00            |
| Misc                        | 163.59              |
| Office                      | 317.99              |
| Postage                     | 553.90              |
| Postage for Newsletters     | 190.00              |
| Publications                | 3,904.83            |
| Registrar Pay               | 7,675.00            |
| Sanction Refund             | 50.00               |
| <b>TOTAL OUTFLOWS</b>       | <b>27,437.38</b>    |
| <b>OVERALL TOTAL</b>        | <b>2,271.18</b>     |

Checking = 26,697.54  
 Savings = 41,574.16  


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 TOTAL = 68,271.70