

PVLMSC Meeting Minutes  
Kennedy/Shriver Aquatic Center, North Bethesda, MD  
March 15, 2014, 12:30pm

I. Introductions

II. Approval of Last Meeting's Minutes

III. Reports:

Chair - John Carlson

- 2014 Nationals - we will have a discussion of what needs to be done

Vice Chair - Jeff Strahota

- no report

Registrar - Jeff Roddin

- Lost 5 teams (largest had 9 swimmers).

- Gained 5 new teams:

SportFitLab (Claude Moore & North Springfield)

DMV Leviathan (Turkey Thicket)

Anthony Bowen YMCA

Team America Commandos

NCAP (AU & Georgetown Prep)

- PV registrations as of March 1:

2012 - 2107

2013 - 2216

2014 - 2255

- Fairfax County Masters is now Lane4 Swimming.

- Clubs can now renew and register a new club online therefore there is no easy way in the software to establish a late fee after November 1 (otherwise a new club would be forced to pay the late fee).

- APPROVED: Doing away with \$10 late registration fee for clubs.

- USMS coaches must be USMS registered for insurance purposes. (Being a USA-S certified coach is no longer acceptable.)

- The checkbox on the individual registration form for "I coach masters swimmers" is still there but a coach need not check this box to be an eligible coach. They just need to be current with their USMS membership.

- There is a new option for coaches to pay a \$30 annual fee and be a USMS recognized coach. This entitles the coach to additional benefits (but again, this is not required to be an eligible coach for insurance purposes).

Top Ten - Mollie Grover

- 2013 SCM results are in.
- 4 new records by PV swimmers (individual & relay).
- No more UNAT swimmers in FINA meets (now must use UC + LMSC code).

Sanctions - Jeff Strahota for Deb Morrin-Nordlund

- Germantown received their full deposit refund.
- Need evaluators for:
  - Albatross (Dave Robinson)
  - Colonies Zone (John Carlson)
  - Reston (Peter Lee)
  - MD Senior Games (Dave Robinson)
  - LC Nationals

Officials - Eric Nordlund

- no report

Treasurer - Tim Timmons

- Over \$70K in treasury.
- Doing well.
- Taxes taken care of.
- Donation going to SSL Foundation at the end of the registration year.
- Recommend not changing anything.
- Had \$55,000 in treasury at end of last year.
- Had \$19,000 in treasury in 2004.
- Yearly expenses are around \$30,000.
- We will ensure teams don't lose money on meets.
- We will front money to teams hosting meets if they need money in advance.
- If you use software to validate swimmer registrations, you can get \$500 (or \$750 if it is a Zone or National meet) reimbursement for meet.
- Should Terrapins/UMAC get \$750 for LC national meet? Since LC Nationals is a PV sanctioned meet, they are eligible for \$750 reimbursement.

Secretary - Cheryl Wagner

- Stepping down at end of year.
- Deborah Malafsky expressed an interest in serving as Secretary at end of 2014.

Newsletter - Cheryl Wagner

- Stepping down at end of year.
- Deborah Malafsky will be assuming duties of newsletter editor at end of 2014.

#### Awards - Jennifer Carlson

- Top Ten listings have come out.
- SCM finalized.
- Have determined SCY & LCM swimmers of the year.
- Long distance awards have been designated.
- Still working on "Go the Distance".
- Postal Male & Female - higher number participated this year.
- With Jeff's help, recognized number of years registered in PV.
- Award options for plaque or gift certificate for one of sponsors.
- No date yet for picnic.

#### Fitness - Lisa Wolf

- USMS – April is adult learn-to-swim month.
- Wants to explore adult "learn to swim" clinics in this area.
- DCAC volunteered to host.
- Peter Lee said YMCA had program.

#### Webmaster - Jeff Roddin

- New PV webmaster coming on board soon - Luke Shaheen lshaheen@pvmasters.org or tlshaheen@usms.org.

#### Coaches - Frank Marcinkowski

- Conference call 2 weeks ago.
- New LMSC Development Committee.
- Trying to be mechanism of support for LMSC's and share best practices.
- Coaches' chairs asked to participate.
- They're doing SWIMFEST again. Let them know PV is interested.
- High Performance Camp, 2nd Saturday in August.
- If you want to attend, get on waiting list (usually last-minute dropouts).
- Subcommittee - International Coaches' Committee in support of FINA Worlds in Montreal.
- Able to get agreement from USMS to cover transportation, lodging, and per diem.
- USMS certification for Level IV - based on application, more than class.
- USMS separating from ASCA.
- Have to be recognized by USMS, pay \$30, to be USMS coach.

#### Long Distance/Open Water - Denis Crean

- no report

#### IV. Old Business

- 2014 Nationals - August.
- Entry deadline, July 9.
- Can use conversion table on USMS.ORG to convert from yards to meters.
- Frank Marcinkowski's team will do timed event on a Sunday 7-11AM to help people qualify for LC Nationals.
- Need LC Nationals volunteers (all ages). Contact Natalie Ferdinand <nferdina@umd.edu>

## V. New Business

- Convention September 17-21 - Jacksonville, FL

- Delegates:

Deborah Malafsky

Jeff Strahota (not PV slot)

Natalie Ferdinand (not PV slot)

Jeff Roddin (not PV slot)

Debbie Morrin-Nordlund (not PV slot)

Ray Novitske (not PV slot)

Lynn Hazlewood (not PV slot)

- If you wish to act as a delegate for PV at convention, email John Carlson by July 1.

- The next grant application cycle for Swimming Saves Lives will open March 17, 2014 and close May 30, 2014. Email Claudia Woods at <cwoods@usms.org>

- SSL taking applications online, 501(c)3 preferences.

- State how many people will benefit from your program.

- Giving \$5,000 per grant; can request less.

- YMCA has swim-a-thon (fundraiser) April 6, 8am-12pm, to send inner city kids to camp.

- In 2015, International Firemen & Police Games - Reston Masters doing open water swim.

## VI. Next Meeting

- July 20, 2pm, at Jeff Strahota and Mollie Grover's home: 11100 Schuylkill Rd, North Bethesda, MD 20852

Recorded by Cheryl Wagner

PVLMSC Meeting Agenda  
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Sanctions - Deb Morrin-Nordlund  
Treasurer - Tim Timmons  
Secretary - Cheryl Wagner  
Newsletter - Cheryl Wagner  
Awards - Jennifer Carlson  
Coaches - Frank Marcinkowski  
Officials - Eric Nordlund  
Fitness - Lisa Wolf  
Long Distance/Open Water - Denis Crean  
Webmaster - Jeff Roddin

IV. Old Business

LMSC Dinner/Awards Banquet  
2014 Nationals

V. New Business

Convention delegates

VI. Schedule Next Meeting

Potomac Valley LMSC Board Meeting Sign-in Sheet

Date: 3/15/2014

Location: KSAC, North Bethesda

Club	Attendee(s)
Alexandria Masters Swimming (ALEX)	
Anthony Bowen YMCA Masters (ABSC)	
Arlington Masters (ARMS)	Ellen Hufford
DC Dept Of Rec & Parks (DCRP)	
DC Masters( DCM)	
DC Triathlon Club (DCTC)	
District Of Columbia Aquatics Club (DCAC)	LISA WOLF
DMV Leviathan (DCLV)	
Fort Belvoir Masters (FBST)	
Germantown Maryland Masters (GERM)	Mark Watter Dale Robinson
Herndon Aquatic Club (HAC)	
Lane 4 Swimming (L4S)	Debbie Malafsky, J. Mainwaring
Life Time Mid-Atlantic Swim Club (LMAC)	
Machine Aquatics (MACH)	
Masters Aquatics at Spring Hill (MASH)	
Montgomery Ancient Mariners (ANCM)	Jeff Rodden DAVID HARMON
National Capital YMCA (NCYM)	PETER LEE, SIDNEY NAJAMOD
Nation's Capital Swimming (NCAP)	Sandberg
North. VA Jewish Community Cen (JCCN)	
Patriot Masters Swim Team (GMUP)	Tim Tomlinson
Reston Masters Swim Team (RMST)	Frank Koval Gordon Gerson John (Caly) Jan Carlson
Riptide Masters (RIPM)	
Sea Devil Swimming Masters (SDS)	
SportFit Lab (TR13)	
Team FeXY (FEXY)	
Team America Commandos (TA)	
Team Swim Spray (SPRY)	
Terrapin Masters (TERR)	Jeff & Mollie, Cheryl Wagner
Tollefson Swimming (TOLL)	
Tsunami (NAMI)	
Wave One Swimming (WAV1)	
Other	Justin Luke Shaheen

<b>2014 PV Club Counts</b>				
<i>Last updated: 3/12/2014</i>				
<b>Club #</b>	<b>Club</b>	<b>Full Club Name</b>	<b>Total</b>	<b>Rank</b>
000	UC10	UC10	200	N/A
021	ALEX	Alexandria Masters Swimming	122	4
057	ABSC	Anthony Bowen YMCA Masters Swim Club	0	31
004	ARMS	Arlington Masters	109	6
003	DCRP	DC Dept of Recreation & Parks	104	7
001	DCM	DC Masters	28	14
035	DCTC	DC Triathlon Club	25	15
017	DCAC	District of Columbia Aquatics Club	159	3
058	DCLV	DMV Leviathan	4	26
028	FBST	Fort Belvoir Masters	49	10
027	GERM	Germantown Maryland Masters	118	5
051	HAC	Herndon Aquatic Club	2	29
005	L4S	Lane 4 Swimming	719	1
052	LMAC	Life Time Mid-Atlantic Swim Club	9	24
038	MACH	Machine Aquatics	32	12
030	MASH	Masters Aquatics at Spring Hill	23	17
012	ANCM	Montgomery Ancient Mariners	242	2
007	NCYM	National Capital YMCA	20	20
056	NCAP	Nation's Capital Swimming	12	22
020	JCCN	Northern VA Jewish Comm. Center	6	25
002	GMUP	Patriot Masters	39	11
009	RMST	Reston Masters Swim Team	101	8
008	RIPM	Riptide Masters	21	19
026	SDS	Sea Devil Swimming Masters	29	13
059	TRI3	Sportfit Lab	23	17
055	TA	Team America Commandos	2	29
049	FEXY	Team FeXY	4	26
050	SPRY	Team Swim Spray	11	23
006	TERR	Terrapin Masters	59	9
053	TOLL	Tollefson Swimming	4	26
054	NAMI	Tsunami	25	15
043	WAV1	Wave One Swimming	13	21
		Full Members:	2314	
	OEVT	One Event Members:	0	
		Grand total:	2314	
		Total Clubs (excluding UC10):	31	
		Male (full members):	1220	53%
		Female (full members):	1094	47%

*PVLMSC*

Cash Flow Report  
3/13/13 Through 3/12/14

Category Description	3/13/13- 3/12/14
<b>INFLOWS</b>	
Ind & Club Reg	30,866.00
Interest Inc	8.32
Meet Support Return	850.00
Sanction Fee	395.00
<b>TOTAL INFLOWS</b>	<b>32,119.32</b>
<b>OUTFLOWS</b>	
2013 Open Water Donation	1,000.00
2013 Team Fee Rebate	950.00
2014 UMD Nationals Support	750.00
Awards And Picnic	2,326.07
Club Assistant Meet Support	2,692.25
Coaches Clinic Scholarship	2,247.50
Convention Expenses, 2013	6,665.22
HY-TEK Support	174.00
Ind & Clubs	2,580.00
Meet Support	850.00
Misc	75.00
Postage	569.60
Postage for Newsletters	200.00
Publications	2,648.56
Registrar Pay	8,010.00
<b>TOTAL OUTFLOWS</b>	<b>31,738.20</b>
<b>OVERALL TOTAL</b>	<b>381.12</b>

*Checking 28251.91*  
*Savings 43211.79*  


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*Total 71463.70*