

Annual Albatross Open - 4/2/2022
Kennedy-Shriver Aquatic Center, North Bethesda MD, S#: PVLMSC 102-S002
Meet Dir. - Kara Permisohn (kpermisohn@minkoff.com)
Results - Albatross Open

Women 18-24 50 SC Meter Freestyle

NATL: 25.58 N 11/20/2010 J BECKBERGER
 MEET: 28.45 M 3/27/1999 Antje Flamich

Name	Age	Team	Seed Time	Finals Time	Points
1 Zortman, Cara	23	Williamsport Area Swim Club	28.80	29.04	6
2 Currier, Erin	20	Germantown Maryland Masters	38.00	34.22	4

Women 18-24 100 SC Meter Freestyle

NATL: 55.86 N 11/21/2010 J BECKBERGER
 MEET: 1:01.58 M 3/24/2007 Meghan Brosch

1 Zortman, Cara	23	Williamsport Area Swim Club	1:03.27	1:04.99	6
	30.13	1:04.99 (34.86)			

Women 18-24 200 SC Meter Freestyle

NATL: 2:03.39 N 12/6/2009 ALEXANDRA LEE
 MEET: 2:14.45 M 2/29/2020 Olivia Heeb-Wade E Team

1 Zortman, Cara	23	Williamsport Area Swim Club	2:24.30	2:24.97	6
	33.30	1:09.61 (36.31) 1:47.79 (38.18) 2:24.97 (37.18)			

Women 18-24 100 SC Meter Backstroke

NATL: 59.45 N 11/21/2009 PETRA KLOSOVA
 MEET: 1:09.96 M 3/27/1999 Antje Flamich

1 Ricci, Alice	23	Uc09	1:30.59	1:26.56	6
	42.35	1:26.56 (44.21)			

Women 18-24 50 SC Meter Butterfly

NATL: 28.37 N 12/5/2009 MEG GILL
 MEET: 31.52 M 3/25/1995 Jeri Ramsbottom

1 Zortman, Cara	23	Williamsport Area Swim Club	34.31	31.99	6
2 Ricci, Alice	23	Uc09	38.45	36.81	4
3 Currier, Erin	20	Germantown Maryland Masters	41.00	38.09	3

Women 18-24 100 SC Meter Butterfly

NATL: 1:01.22 N 10/29/2011 KATHERINE MILLS
 MEET: 1:07.19 M 3/21/2015 Gabrielle Mizerak Club Tribe Alumn

1 Ricci, Alice	23	Uc09	1:21.49	1:22.60	6
	40.06	1:22.60 (42.54)			

Women 25-29 50 SC Meter Freestyle

WORLD: 25.00 W 2/27/2020 M.LETANG FRA
 NATL: 25.52 N 12/2/2017 L IBANEZ LOPEZ
 MEET: 27.66 M 4/12/1997 Dori L Kauffman

1 Coggins, Emma	26	Germantown Maryland Masters	40.00	32.43	6
2 Crnogorcevic, Milena	28	Terrapin Masters	32.00	34.29	4

Women 25-29 100 SC Meter Freestyle

WORLD: 54.44 W 11/16/2019 Yayoi MATSUMOTO JPN
 NATL: 55.06 N 12/1/2017 L IBANEZ LOPEZ
 MEET: 1:00.09 M 4/9/2005 Kelly Bowman

1 Coggins, Emma	26	Germantown Maryland Masters	1:20.00	1:09.18	6
	33.26	1:09.18 (35.92)			
2 Crnogorcevic, Milena	28	Terrapin Masters	1:15.00	1:17.05	4
	35.39	1:17.05 (41.66)			
3 Caragine, Crystal	26	Arlington Masters	1:20.00	1:24.86	3
	40.74	1:24.86 (44.12)			

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(Women 25-29 100 SC Meter Freestyle)

4	Shefska, Dara	29	Montgomery Ancient Mariners	1:45.00	1:37.37	2
	44.64		1:37.37 (52.73)			

Women 25-29 100 SC Meter Backstroke

WORLD:	1:00.63	W	5/10/2015	Yurie OGA	JPN
NATL:	1:01.76	N	11/18/2018	MARINA SPADONI	
MEET:	1:07.86	M	3/20/2010	Kate Hibbard	

1	Caragine, Crystal	26	Arlington Masters	1:45.00	1:54.12	6
	55.89		1:54.12 (58.23)			

Women 25-29 50 SC Meter Breaststroke

WORLD:	30.50	W	6/8/2014	Petra CHOCOVA	CZE
NATL:	31.87	N	11/21/2010	MEGAN JENDRICK	
MEET:	36.72	M	3/23/1996	Cheryl Conlin	

1	Crnogorcevic, Milena	28	Terrapin Masters	40.00	41.74	6
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Women 25-29 100 SC Meter Breaststroke

WORLD:	1:06.83	W	6/7/2014	Petra CHOCOVA	CZE
NATL:	1:10.04	N	4/15/2012	MEGAN JENDRICK	
MEET:	1:18.47	M	3/25/2017	Denise Letendre	Virginia Masters

1	Caragine, Crystal	26	Arlington Masters	1:45.00	1:53.68	6
	52.75		1:53.68 (1:00.93)			

---	Crnogorcevic, Milena	28	Terrapin Masters	1:29.00	NS	
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Women 25-29 100 SC Meter IM

WORLD:	1:01.79	W	1/26/2019	Masako KUROKI	JPN
NATL:	1:03.41	N	1/23/2011	MEGAN JENDRICK	
MEET:	1:09.97	M	3/25/2017	Courtney Randolph	UMAC-Terrapin Ma

1	Coggins, Emma	26	Germantown Maryland Masters	1:30.00	1:21.49	6
	37.42		1:21.49 (44.07)			

Women 25-29 200 SC Meter IM

WORLD:	2:17.17	W	4/23/2006	Hitomi MATSUDA	JPN
NATL:	2:21.79	N	12/12/1998	WENKE HANSEN	
MEET:	2:25.63	M	3/5/2016	Denise Letendre	Virginia Masters

1	Coggins, Emma	26	Germantown Maryland Masters	3:00.00	2:53.99	6
	36.65		1:17.80 (41.15) 2:15.30 (57.50) 2:53.99 (38.69)			

---	Caragine, Crystal	26	Arlington Masters	3:45.00	DQ	
	Delay initiating turn - back					
	53.82		1:52.80 (58.98) 2:55.73 (1:02.93) DQ (47.17)			

Women 30-34 50 SC Meter Freestyle

WORLD:	25.17	W	11/29/2014	S.KNIAGININA	RUS
NATL:	25.69	N	11/10/2012	ERIKA ERNDL	
MEET:	26.41	M	3/16/2013	Ruth Jones	

1	Michalak, Theresa	30	Uc12	26.00	26.35 M	6
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2	Mizerak, Gabrielle	31	Club Tribe	29.00	27.57	4
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3	Shrestha, Lena	34	Club Tribe	35.00	32.02	3
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4	Woods, Katie	30	Reston Masters Swim Team	38.00	37.37	2
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---	Seward, Stephanie	31	Reston Masters Swim Team	28.12	NS	
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Women 30-34 100 SC Meter Freestyle

WORLD:	54.75	W	10/13/2012	Erika ERNDL		USA		
NATL:	54.75	N	10/13/2012	ERIKA ERNDL				
MEET:	58.56	M	3/16/2013	Ruth Jones				
1	Woods, Katie		30	Reston Masters Swim Team	1:45.00	1:22.27		6
	37.81		1:22.27 (44.46)					
---	Seward, Stephanie		31	Reston Masters Swim Team	1:01.42	NS		
---	Guers Findura, Lindsay		34	Lane 4 Swimming	1:01.50	NS		

Women 30-34 50 SC Meter Backstroke

WORLD:	27.43	W	4/19/2009	Mai NAKAMURA		JPN		
NATL:	27.61	N	11/21/2009	NORIKO INADA				
MEET:	32.15	M	3/27/1999	Susan O Williams				
1	Michalak, Theresa		30	Uc12	30.00	29.65 M		6
2	Shrestha, Lena		34	Club Tribe	45.00	37.62		4

Women 30-34 100 SC Meter Backstroke

WORLD:	1:00.90	W	3/7/2010	Kana YAMAGUCHI		JPN		
NATL:	59.53	N	11/22/2009	NORIKO INADA				
MEET:	1:08.74	M	3/24/2007	Tobi Limke				
1	Letendre, Denise		34	Virginia Masters Swim Team	NT	1:15.31		6
	36.29		1:15.31 (39.02)					
2	Urban, Heather		30	Arlington Masters	1:40.00	1:29.04		4
	43.42		1:29.04 (45.62)					
---	Guers Findura, Lindsay		34	Lane 4 Swimming	1:11.75	NS		

Women 30-34 50 SC Meter Breaststroke

WORLD:	31.35	W	11/29/2015	Nicole HEIDEMANN		GER		
NATL:	32.17	N	12/4/2011	HANNAH CALDAS				
MEET:	36.71	M	4/6/2002	Cheryl Conlin				
1	Michalak, Theresa		30	Uc12	30.00	33.18 M		6
2	Leonard, Amie		34	Montgomery Ancient Mariners	45.00	41.84		4
3	Woods, Katie		30	Reston Masters Swim Team	48.00	46.14		3
4	Treurniet, Natalie		33	Montgomery Ancient Mariners	50.00	46.19		2
---	Seward, Stephanie		31	Reston Masters Swim Team	38.50	NS		

Women 30-34 100 SC Meter Breaststroke

WORLD:	1:06.98	W	4/17/2010	Hitomi MATSUDA		JPN		
NATL:	1:10.00	N	12/10/2000	WENKE HANSEN				
MEET:	1:19.68	M	4/6/2002	Cheryl Conlin				
1	Leonard, Amie		34	Montgomery Ancient Mariners	1:25.00	1:30.48		6
	42.98		1:30.48 (47.50)					
2	Woods, Katie		30	Reston Masters Swim Team	1:51.02	1:43.36		4
	47.76		1:43.36 (55.60)					
---	Seward, Stephanie		31	Reston Masters Swim Team	1:20.01	NS		
---	Treurniet, Natalie		33	Montgomery Ancient Mariners	1:45.00	NS		

Women 30-34 200 SC Meter Breaststroke

WORLD:	2:26.96	W	4/18/2009	Hitomi MATSUDA		JPN		
NATL:	2:30.65	N	12/10/2000	WENKE HANSEN				
MEET:	2:43.75	M	3/3/2018	Denise Letendre		Virginia Masters		
1	Letendre, Denise		34	Virginia Masters Swim Team	2:46.00	2:50.73		6
	39.09		1:21.54 (42.45)	2:05.69 (44.15)	2:50.73 (45.04)			

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Women 30-34 50 SC Meter Butterfly

WORLD:	27.08	W	1/10/2016	Yuka KATO		JPN		
NATL:	27.89	N	12/10/2011	NORIKO INADA				
MEET:	28.53	M	3/16/2013	Ruth Jones				
1	Mizerak, Gabrielle		31	Club Tribe	30.00		28.48 M	6
2	Urban, Heather		30	Arlington Masters	42.00		40.38	4

Women 30-34 200 SC Meter Butterfly

WORLD:	2:13.09	W	5/25/2008	Hitomi MATSUDA		JPN		
NATL:	2:19.34	N	10/5/2003	KATRINA RADKE				
MEET:	2:28.41	M	3/30/2019	Denise Letendre		Virginia Masters		
---	Letendre, Denise		34	Virginia Masters Swim Team	2:35.00		NS	

Women 30-34 100 SC Meter IM

WORLD:	1:02.52	W	10/13/2012	Erika ERNDL		USA		
NATL:	1:02.52	N	10/13/2012	ERIKA ERNDL				
MEET:	1:11.66	M	3/21/2009	Jennifer O'Reilly				
1	Michalak, Theresa		30	Uc12	1:05.00		1:02.89 M	6
	29.11			1:02.89 (33.78)				
2	Urban, Heather		30	Arlington Masters	1:35.00		1:28.79	4
	40.58			1:28.79 (48.21)				
3	Treurniet, Natalie		33	Montgomery Ancient Mariners	1:55.00		1:35.28	3
	44.63			1:35.28 (50.65)				
---	Mizerak, Gabrielle		31	Club Tribe	1:10.00		NS	

Women 30-34 200 SC Meter IM

WORLD:	2:13.41	W	11/14/2009	Hitomi MATSUDA		JPN		
NATL:	2:18.79	N	12/7/1996	K PIPES-NEILSEN				
MEET:	2:27.86	M	3/3/2018	Denise Letendre		Virginia Masters		
1	Letendre, Denise		34	Virginia Masters Swim Team	2:33.00		2:33.31	6
	33.52			1:13.05 (39.53)			1:57.68 (44.63)	2:33.31 (35.63)
2	Urban, Heather		30	Arlington Masters	3:10.50		3:14.62	4
	41.10			1:31.18 (50.08)			2:29.36 (58.18)	3:14.62 (45.26)

Women 35-39 50 SC Meter Freestyle

WORLD:	25.10	W	12/3/2006	Dara TORRES		USA		
NATL:	25.10	N	12/3/2006	DARA TORRES				
MEET:	27.17	M	3/25/2000	Beth O Baker				
1	Geskos, Evangeline		39	Reston Masters Swim Team	29.43		30.41	6
---	Henochowicz, Anne		38	Germantown Maryland Masters	45.48		NS	

Women 35-39 100 SC Meter Freestyle

WORLD:	54.95	W	12/3/2006	Dara TORRES		USA		
NATL:	54.95	N	12/3/2006	DARA TORRES				
MEET:	1:01.39	M	3/24/2007	Margaret Conze				
---	Bisnett, Karen		38	Uc09	1:30.00		NS	
---	Henochowicz, Anne		38	Germantown Maryland Masters	1:39.27		NS	

Women 35-39 50 SC Meter Backstroke

WORLD:	27.63	W	11/13/2016	Noriko INADA		USA		
NATL:	27.63	N	11/13/2016	NORIKO INADA				
MEET:	32.02	M	3/25/2000	Beth O Baker				
---	Bisnett, Karen		38	Uc09	45.00		NS	

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Women 35-39 100 SC Meter Backstroke

WORLD:	1:00.43	W	11/19/2017	Noriko INADA	USA		
NATL:	1:00.43	N	11/19/2017	NORIKO INADA			
MEET:	1:09.92	M	4/6/2002	Susan O Williams			
---	Bisnett, Karen		38	Uc09		1:40.00	NS

Women 35-39 50 SC Meter Breaststroke

WORLD:	31.66	W	11/10/2018	Nicole HEIDEMANN	GER		
NATL:	32.48	N	10/10/2015	KATIE GLENN			
MEET:	36.60	M	3/30/2019	Evangeline Geskos	Patriot Masters		
1	Geskos, Evangeline		39	Reston Masters Swim Team		36.60	36.24 M 6
2	Brown, Rachel		39	Arlington Masters		37.00	38.74 4
3	Rose, Laura		36	Terrapin Masters		39.27	39.09 3

Women 35-39 100 SC Meter Breaststroke

WORLD:	1:09.07	W	11/10/2018	Nicole HEIDEMANN	GER		
NATL:	1:09.41	N	12/6/2014	CYNTHIA LEWIS			
MEET:	1:19.49	M	3/20/2004	Cheryl Conlin			
1	Goldberg, Marci		38	Montgomery Ancient Mariners		1:50.72	1:57.38 6
	56.32			1:57.38 (1:01.06)			
---	Rose, Laura		36	Terrapin Masters		1:24.99	NS

Women 35-39 50 SC Meter Butterfly

WORLD:	27.45	W	11/1/2015	Noriko INADA	USA		
NATL:	27.45	N	11/1/2015	NORIKO INADA			
MEET:	30.02	M	3/24/2007	Margaret Conze			
1	Geskos, Evangeline		39	Reston Masters Swim Team		32.04	32.35 6

Women 35-39 100 SC Meter Butterfly

WORLD:	1:01.31	W	7/25/2021	C.ATHAYDE	BRA		
NATL:	1:03.29	N	12/14/1997	K PIPES-NEILSEN			
MEET:	1:05.31	M	3/25/2000	Beth O Baker			
1	Brown, Rachel		39	Arlington Masters		1:09.00	1:09.97 6
	32.36			1:09.97 (37.61)			

Women 35-39 100 SC Meter IM

WORLD:	1:03.17	W	3/10/2012	Hitomi MATSUDA	JPN		
NATL:	1:04.61	N	11/22/2009	SHERI HART			
MEET:	1:08.23	M	3/25/2000	Beth O Baker			
1	Brown, Rachel		39	Arlington Masters		1:14.00	1:14.40 6
	35.11			1:14.40 (39.29)			
---	Henochowicz, Anne		38	Germantown Maryland Masters		2:05.00	NS

Women 35-39 200 SC Meter IM

WORLD:	2:17.69	W	11/18/2012	Hitomi MATSUDA	JPN		
NATL:	2:19.08	N	12/10/2000	K PIPES-NEILSEN			
MEET:	2:32.75	M	3/16/2013	Tobi Limke			
1	Rose, Laura		36	Terrapin Masters		2:52.00	2:44.96 6
	34.43			1:19.66 (45.23)		2:05.75 (46.09)	2:44.96 (39.21)
2	Goldberg, Marci		38	Montgomery Ancient Mariners		3:58.33	3:43.35 4
	50.15			1:48.23 (58.08)		2:50.28 (1:02.05)	3:43.35 (53.07)

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Women 35-39 400 SC Meter IM

WORLD: 4:52.85		W	12/14/1997	K.PIPES-NEILSEN		USA	
NATL: 4:52.85		N	12/14/1997	K PIPES-NEILSEN			
MEET: 5:16.70		M	3/31/2001	Laurie Hug			
1	Rose, Laura		36	Terrapin Masters	6:01.00	5:50.90	6
	36.04		1:18.22 (42.18)	2:05.76 (47.54)	2:53.65 (47.89)		
	3:42.34 (48.69)		4:31.24 (48.90)	5:50.90 (1:19.66)			
2	Goldberg, Marci		38	Montgomery Ancient Mariners	8:05.15	7:50.95	4
	51.82		1:48.65 (56.83)	2:50.69 (1:02.04)	3:50.43 (59.74)		
	4:53.88 (1:03.45)		5:59.16 (1:05.28)	6:56.07 (56.91)	7:50.95 (54.88)		

Women 40-44 50 SC Meter Freestyle

WORLD: 26.02		W	12/14/2014	Erika BRAUN		USA	
NATL: 26.02		N	12/14/2014	ERIKA BRAUN			
MEET: 26.07		M	3/15/2014	Erika Braun			
1	Stakem, Meredith		41	District Of Columbia Aquatics	27.96	27.64	6
2	Grover, Mollie		41	Terrapin Masters	29.32	29.25	4
3	Congdon, Heather		44	Swim Fort Lauderdale	29.76	30.03	3
4	Vrentas, Catherine		41	Uc12	38.00	34.68	2
5	Hufford, Ellen		40	Arlington Masters	41.64	42.34	1
---	Cogshall, Kathleen		40	Uc12	34.00	NS	

Women 40-44 100 SC Meter Freestyle

WORLD: 57.08		W	12/14/2014	Erika BRAUN		USA	
NATL: 57.08		N	12/14/2014	ERIKA BRAUN			
MEET: 57.58		M	3/16/2014	Erika Braun			
1	Stakem, Meredith		41	District Of Columbia Aquatics	1:02.52	1:01.93	6
	29.65		1:01.93 (32.28)				
2	Congdon, Heather		44	Swim Fort Lauderdale	1:06.27	1:06.84	4
	31.81		1:06.84 (35.03)				
3	Hufford, Ellen		40	Arlington Masters	1:29.76	1:30.98	3
	42.97		1:30.98 (48.01)				
---	Roman-Duval, Julia		40	Uc09	1:10.00	NS	

Women 40-44 200 SC Meter Freestyle

WORLD: 2:05.26		W	12/14/2003	K.PIPES-NEILSEN		USA	
NATL: 2:05.26		N	12/14/2003	K PIPES-NEILSEN			
MEET: 2:20.70		M	3/15/2008	Alice Phillips			
1	Chin, Lisa		41	Germantown Maryland Masters	2:29.00	2:29.78	6
	34.74		1:12.73 (37.99)	1:51.89 (39.16)	2:29.78 (37.89)		
2	Hufford, Ellen		40	Arlington Masters	3:14.77	3:20.80	4
	45.68		1:37.56 (51.88)	2:31.56 (54.00)	3:20.80 (49.24)		
---	Cogshall, Kathleen		40	Uc12	2:40.00	NS	
---	Roman-Duval, Julia		40	Uc09	2:30.00	NS	

Women 40-44 50 SC Meter Backstroke

WORLD: 28.86		W	1/14/2017	Raakel LUOTO		FIN	
NATL: 30.02		N	10/14/2012	SHERI HART			
MEET: 32.19		M	4/1/2006	Susan Williams			
1	Vrentas, Catherine		41	Uc12	40.00	39.92	6
2	Nowak, Halina		43	Mission Viejo Masters	56.62	1:01.06	4

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Women 40-44 100 SC Meter Backstroke

WORLD:		1:03.22	W	3/24/2018	Raakel LUOTO	FIN		
NATL:		1:03.48	N	10/29/2011	SHERI HART			
MEET:		1:10.09	M	4/1/2006	Susan Williams			
1	Stakem, Meredith	41	District Of Columbia Aquatics	1:15.80	1:10.78			6
	34.56		1:10.78 (36.22)					
2	Grover, Mollie	41	Terrapin Masters	1:11.57	1:11.26			4
	35.44		1:11.26 (35.82)					
3	Vrentas, Catherine	41	Uc12	1:40.00	1:29.45			3
	45.00		1:29.45 (44.45)					

Women 40-44 50 SC Meter Breaststroke

WORLD:		32.16	W	12/2/2018	Katie GLENN	USA		
NATL:		32.16	N	12/2/2018	KATIE GLENN			
MEET:		34.67	M	3/15/2014	Erika Braun			
1	Stakem, Meredith	41	District Of Columbia Aquatics	40.16	38.56			6
---	Nowak, Halina	43	Mission Viejo Masters	1:12.47	NS			

Women 40-44 200 SC Meter Breaststroke

WORLD:		2:32.37	W	11/16/2008	S.VON DER LIPPE	USA		
NATL:		2:32.37	N	11/16/2008	S VON DER LIPPE			
MEET:		2:56.07	M	2/29/2020	Irish Holland	North Carolina M		
---	Roman-Duval, Julia	40	Uc09	3:30.00	NS			
---	Nowak, Halina	43	Mission Viejo Masters	4:00.00	NS			

Women 40-44 50 SC Meter Butterfly

WORLD:		28.19	W	3/16/2013	Erika BRAUN	USA		
NATL:		28.19	N	3/16/2013	ERIKA BRAUN			
MEET:		28.19	M	3/16/2013	Erika Braun			
1	Grover, Mollie	41	Terrapin Masters	32.11	31.87			6
---	Cogshall, Kathleen	40	Uc12	37.00	NS			

Women 40-44 100 SC Meter IM

WORLD:		1:04.19	W	10/10/2015	Lisa BLACKBURN	USA		
NATL:		1:04.19	N	10/10/2015	LISA BLACKBURN			
MEET:		1:09.20	M	3/31/2001	Beth O Baker			
1	Chin, Lisa	41	Germantown Maryland Masters	1:25.00	1:21.99			6
	40.10		1:21.99 (41.89)					
---	Cogshall, Kathleen	40	Uc12	1:30.00	NS			
---	Roman-Duval, Julia	40	Uc09	1:30.00	NS			

Women 40-44 200 SC Meter IM

WORLD:		2:19.21	W	12/2/2007	S.VON DER LIPPE	USA		
NATL:		2:19.21	N	12/2/2007	S VON DER LIPPE			
MEET:		2:33.02	M	3/21/2015	Tobi Limke	Eagle Swim Team		
---	Nowak, Halina	43	Mission Viejo Masters	4:00.00	NS			

Women 45-49 50 SC Meter Freestyle

WORLD:		26.29	W	10/13/2018	Erika BRAUN	USA		
NATL:		26.29	N	10/13/2018	ERIKA BRAUN			
MEET:		27.07	M	3/25/2017	Erika Braun	North Carolina M		
1	Hassett, Dorota	45	Germantown Maryland Masters	30.50	30.17			6
2	Labbe, Mylene	49	Montgomery Ancient Mariners	30.50	31.01			4
3	Espinoza, Diana	47	Germantown Maryland Masters	33.40	33.48			3

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(Women 45-49 50 SC Meter Freestyle)

4	Chafos, Cheryl	47	Montgomery Ancient Mariners	41.00	38.13	2
5	Pattison, Andrea	47	Reston Masters Swim Team	35.65	38.45	1
6	Pelter, Sarah	46	Montgomery Ancient Mariners	1:02.16	47.96	

Women 45-49 100 SC Meter Freestyle

WORLD: 57.89 W 12/9/2018 Erika BRAUN USA
NATL: 57.89 N 12/9/2018 ERIKA BRAUN
MEET: 59.18 M 2/29/2020 Erika Braun North Carolina M

1	Carswell, Jenny	48	Germantown Maryland Masters	1:14.00	1:11.72	6
	34.15		1:11.72 (37.57)			
2	Dewey, Alison	48	Uc09	1:13.00	1:14.13	4
	35.18		1:14.13 (38.95)			
3	Chafos, Cheryl	47	Montgomery Ancient Mariners	1:32.00	1:28.34	3
	42.80		1:28.34 (45.54)			
4	Pelter, Sarah	46	Montgomery Ancient Mariners	2:08.76	1:49.63	2
	51.50		1:49.63 (58.13)			
---	Shapiro, Margaret	46	Reston Masters Swim Team	1:10.30	NS	

Women 45-49 200 SC Meter Freestyle

WORLD: 2:05.94 W 12/2/2007 K.PIPES-NEILSEN USA
NATL: 2:05.94 N 12/2/2007 K PIPES-NEILSEN
MEET: 2:16.41 M 3/25/2017 Margaret Conze Lane 4 Swimming

1	Shapiro, Margaret	46	Reston Masters Swim Team	2:34.54	2:33.28	6
	34.64		1:13.26 (38.62)	1:53.58 (40.32)	2:33.28 (39.70)	
2	Carswell, Jenny	48	Germantown Maryland Masters	2:42.00	2:35.04	4
	37.18		1:17.19 (40.01)	1:56.96 (39.77)	2:35.04 (38.08)	
3	Dewey, Alison	48	Uc09	2:40.00	2:53.62	3
	38.01		1:21.77 (43.76)	2:08.16 (46.39)	2:53.62 (45.46)	

Women 45-49 50 SC Meter Breaststroke

WORLD: 33.01 W 7/16/2017 Linley FRAME AUS
NATL: 33.82 N 10/10/2010 S VON DER LIPPE
MEET: 35.44 M 2/29/2020 Erika Braun North Carolina M

1	Pattison, Andrea	47	Reston Masters Swim Team	42.70	44.93	6
2	Dewey, Alison	48	Uc09	44.00	46.60	4
3	Chafos, Cheryl	47	Montgomery Ancient Mariners	1:03.00	50.83	3
4	Pelter, Sarah	46	Montgomery Ancient Mariners	1:10.00	1:03.04	2

Women 45-49 100 SC Meter Breaststroke

WORLD: 1:10.63 W 7/16/2017 Linley FRAME AUS
NATL: 1:12.93 N 3/26/2017 LISA BLACKBURN
MEET: 1:24.08 M 3/15/2014 Lisa Groves

1	Shapiro, Margaret	46	Reston Masters Swim Team	1:33.27	1:32.03	6
	43.34		1:32.03 (48.69)			
2	Pattison, Andrea	47	Reston Masters Swim Team	1:36.24	1:37.66	4

Women 45-49 50 SC Meter Butterfly

WORLD: 28.53 W 10/15/2017 Yuriko IKEDA JPN
NATL: 28.60 N 4/2/2017 ERIKA BRAUN
MEET: 28.85 M 3/30/2019 Erika Braun North Carolina M

1	Labbe, Mylene	49	Montgomery Ancient Mariners	34.50	34.45	6
2	Espinoza, Diana	47	Germantown Maryland Masters	41.59	42.68	4

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Women 45-49 100 SC Meter Butterfly

WORLD:		1:03.47	W	11/20/2010	S.VON DER LIPPE	USA		
NATL:		1:03.47	N	11/20/2010	S VON DER LIPPE			
MEET:		1:06.15	M	3/30/2019	Erika Braun	North Carolina M		
1	Hassett, Dorota	45	Germantown Maryland Masters	1:29.00	1:25.39		6	
	38.55	1:25.39 (46.84)						

Women 45-49 100 SC Meter IM

WORLD:		1:05.61	W	2/26/2009	K.PIPES-NEILSEN	FRA		
NATL:		1:05.75	N	12/12/2009	K PIPES-NEILSEN			
MEET:		1:14.62	M	3/3/2018	Traci Pellegrini	Columbia Masters		
1	Espinoza, Diana	47	Germantown Maryland Masters	1:30.48	1:29.61		6	

Women 45-49 200 SC Meter IM

WORLD:		2:21.55	W	5/17/2009	K.PIPES-NEILSEN	USA		
NATL:		2:21.55	N	5/17/2009	K PIPES-NEILSEN			
MEET:		2:38.78	M	3/17/2012	Laurie Hug			
---	Shapiro, Margaret	46	Reston Masters Swim Team	2:55.89		NS		

Women 45-49 400 SC Meter IM

WORLD:		5:00.29	W	2/27/2009	K.PIPES-NEILSEN	FRA		
NATL:		5:05.04	N	12/12/2009	K PIPES-NEILSEN			
MEET:		5:34.80	M	3/25/2017	Diana Duque	AquaCol		
1	Carswell, Jenny	48	Germantown Maryland Masters	6:25.08	6:25.85		6	
	42.93	1:31.95 (49.02)	2:21.61 (49.66)	3:11.12 (49.51)				
	4:07.61 (56.49)	5:04.33 (56.72)	6:25.85 (1:21.52)					

Women 50-54 50 SC Meter Freestyle

WORLD:		26.27	W	3/27/2015	M.Therese FUZZATI	FRA		
NATL:		27.67	N	3/15/2014	SUE WALSH			
MEET:		27.56	M	3/15/2014	Sue Walsh			
1	Conze, Margaret	51	Club Tribe	28.40	28.34		6	
2	Bass, Amy	52	Reston Masters Swim Team	30.32	31.13		4	
3	Johnson, Bonnie	52	Montgomery Ancient Mariners	42.35	44.29		3	

Women 50-54 100 SC Meter Freestyle

WORLD:		58.60	W	1/25/2015	M.Therese FUZZATI	FRA		
NATL:		1:01.41	N	9/27/2014	ELLEN REYNOLDS			
MEET:		1:03.10	M	2/29/2020	Fall Willeboordse	Club Tribe Alumn		
1	Bass, Amy	52	Reston Masters Swim Team	1:09.71	1:11.59		6	
	33.88	1:11.59 (37.71)						
2	Dustin, Kim	54	DC Water Wizards	1:15.00	1:11.94		4	
	34.74	1:11.94 (37.20)						
---	Bolen, Rosina	50	Ywca Masters of Adams County	1:30.00		NS		
---	Conze, Margaret	51	Club Tribe	1:09.00		NS		

Women 50-54 200 SC Meter Freestyle

WORLD:		2:10.72	W	12/6/2009	S.SHEIM-BOWEN	USA		
NATL:		2:10.72	N	12/6/2009	SHEIM-BOWEN			
MEET:		2:19.73	M	3/19/2011	Kelly Parker Pala			
1	Bass, Amy	52	Reston Masters Swim Team	2:38.06	2:43.51		6	
	35.49	1:16.43 (40.94)	2:00.13 (43.70)	2:43.51 (43.38)				
---	Bolen, Rosina	50	Ywca Masters of Adams County	3:08.80		NS		
---	Conze, Margaret	51	Club Tribe	2:25.00		NS		

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Women 50-54 50 SC Meter Backstroke

WORLD: 30.27 W 12/13/2015 Leslie LIVINGSTON USA
NATL: 30.27 N 12/13/2015 LESLIE LIVINGSTON
MEET: 30.58 M 3/19/2011 Leslie Livingston

1 Johnson, Bonnie 52 Montgomery Ancient Mariners 49.69 51.84 6

Women 50-54 100 SC Meter Backstroke

WORLD: 1:05.89 W 3/8/2014 Ellen REYNOLDS USA
NATL: 1:05.89 N 3/8/2014 ELLEN REYNOLDS
MEET: 1:08.85 M 3/17/2012 Leslie Livingston

1 Pellegrini, Traci 53 Terrapin Masters 1:19.35 1:19.61 6
 38.67 1:19.61 (40.94)
 2 Dustin, Kim 54 DC Water Wizards 1:25.00 1:24.84 4
 41.60 1:24.84 (43.24)

Women 50-54 200 SC Meter Backstroke

WORLD: 2:22.37 W 3/8/2014 Ellen REYNOLDS USA
NATL: 2:22.37 N 3/8/2014 ELLEN REYNOLDS
MEET: 2:34.69 M 3/15/2008 Lisa Van Pelt-Dil

1 Dustin, Kim 54 DC Water Wizards 3:05.00 3:03.12 6
 42.47 1:28.04 (45.57) 2:15.66 (47.62) 3:03.12 (47.46)

Women 50-54 100 SC Meter Breaststroke

WORLD: 1:15.02 W 3/21/2015 Ute HASSE ESP
NATL: 1:19.23 N 5/18/2014 CORRIN POPPS
MEET: 1:26.61 M 3/21/2015 Lisa Groves Reston Masters S

1 Pellegrini, Traci 53 Terrapin Masters 1:29.80 1:28.98 6
 43.75 1:28.98 (45.23)

Women 50-54 200 SC Meter Breaststroke

WORLD: 2:46.24 W 3/26/2017 Marzena KULIS ITA
NATL: 2:50.36 N 12/4/2016 ELLEN REYNOLDS
MEET: 3:02.45 M 3/21/2015 Laurie Hug Colonials 1776

1 Pellegrini, Traci 53 Terrapin Masters 3:10.20 3:07.21 6
 43.22 1:30.30 (47.08) 2:18.14 (47.84) 3:07.21 (49.07)

Women 50-54 50 SC Meter Butterfly

WORLD: 29.25 W 3/16/2013 Leslie LIVINGSTON USA
NATL: 29.25 N 3/16/2013 LESLIE LIVINGSTON
MEET: 29.25 M 3/16/2013 Leslie Livingston

1 Bass, Amy 52 Reston Masters Swim Team 34.10 34.58 6
 2 Johnson, Bonnie 52 Montgomery Ancient Mariners 56.69 59.47 4

Women 50-54 100 SC Meter IM

WORLD: 1:07.85 W 11/7/2015 Anette PHILIPSSON SWE
NATL: 1:08.79 N 11/18/2018 ELLEN REYNOLDS
MEET: 1:19.45 M 3/21/2015 Lisa Groves Reston Masters S

1 Pellegrini, Traci 53 Terrapin Masters 1:22.40 1:18.13 M 6
 36.74 1:18.13 (41.39)
 2 Bolen, Rosina 50 Ywca Masters of Adams County 1:40.36 1:31.57 4
 45.08 1:31.57 (46.49)
 3 Johnson, Bonnie 52 Montgomery Ancient Mariners 1:52.19 1:55.07 3
 55.94 1:55.07 (59.13)

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Women 55-59 50 SC Meter Freestyle

WORLD:	27.80	W	10/28/2018	Hayley BETTINSON	GBR		
NATL:	27.81	N	3/5/2016	LESLIE LIVINGSTON			
MEET:	27.81	M	3/5/2016	Leslie Livingston	Rockwall Aquatic		
1	Guay-Berry, Patricia		58	Germantown Maryland Masters	37.25	35.86	6
2	Gearhart, Judy		57	Germantown Maryland Masters	41.00	36.24	4
3	Donatelli, Mary		58	DC Water Wizards	1:01.15	1:05.25	3
---	Grace, Michelle		58	Germantown Maryland Masters	33.18	NS	

Women 55-59 100 SC Meter Freestyle

WORLD:	1:00.61	W	1/20/2017	Karlyn PIPES	USA		
NATL:	1:00.61	N	1/20/2017	KARLYN PIPES			
MEET:	1:08.48	M	3/30/2019	Mary Dore	North Carolina M		
1	Grace, Michelle		58	Germantown Maryland Masters	1:32.00	1:18.46	6
	36.08			1:18.46 (42.38)			
2	Rebert, Kristina		59	Ywca Masters of Adams County	1:27.00	1:19.51	4
	38.14			1:19.51 (41.37)			
3	Coleman, Cecelia		56	Montgomery Ancient Mariners	1:25.00	1:24.61	3
	41.40			1:24.61 (43.21)			
4	Sugg, Stephanie		59	Montgomery Ancient Mariners	2:47.00	2:39.40	2
	1:20.11			2:39.40 (1:19.29)			
---	Guay-Berry, Patricia		58	Germantown Maryland Masters	1:22.87	NS	

Women 55-59 200 SC Meter Freestyle

WORLD:	2:13.58	W	2/28/2016	Lynn MARSHALL	CAN		
NATL:	2:12.03	N	12/8/2019	ELLEN REYNOLDS			
MEET:	2:29.52	M	3/30/2019	Mary Dore	North Carolina M		
1	Rebert, Kristina		59	Ywca Masters of Adams County	3:03.08	2:47.20	6
	39.14			1:21.09 (41.95) 2:04.18 (43.09) 2:47.20 (43.02)			
2	Gainor, Cathy		55	Montgomery Ancient Mariners	2:55.01	2:47.71	4
	40.33			1:23.63 (43.30) 2:06.49 (42.86) 2:47.71 (41.22)			
3	Grace, Michelle		58	Germantown Maryland Masters	3:25.00	2:55.02	3
	40.63			1:25.56 (44.93) 2:11.13 (45.57) 2:55.02 (43.89)			
4	O'Malley, Lesley		56	Uc10	3:20.00	3:07.58	2
	42.52			1:28.74 (46.22) 2:18.15 (49.41) 3:07.58 (49.43)			

Women 55-59 50 SC Meter Backstroke

WORLD:	30.12	W	3/5/2016	Leslie LIVINGSTON	USA		
NATL:	30.12	N	3/5/2016	LESLIE LIVINGSTON			
MEET:	30.12	M	3/5/2016	Leslie Livingston	Rockwall Aquatic		
1	Williams, Susan		56	Club Tribe	32.55	32.49	6
2	Bergstrom, Jody		59	Mission Viejo Masters	40.50	37.83	4
3	Coleman, Cecelia		56	Montgomery Ancient Mariners	48.00	44.13	3
4	Guay-Berry, Patricia		58	Germantown Maryland Masters	NT	44.55	2
5	Mallon, Barbara		55	Germantown Maryland Masters	50.00	51.03	1
6	Donatelli, Mary		58	DC Water Wizards	1:11.95	1:17.17	

Women 55-59 100 SC Meter Backstroke

WORLD:	1:07.17	W	12/7/2019	Ellen REYNOLDS	USA		
NATL:	1:07.17	N	12/7/2019	ELLEN REYNOLDS			
MEET:	1:10.08	M	3/5/2016	Leslie Livingston	Rockwall Aquatic		
1	Williams, Susan		56	Club Tribe	1:15.00	1:14.09	6
	35.49			1:14.09 (38.60)			

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2	Wetzel, Denise	57	Reston Masters Swim Team	1:25.00	1:26.80	4
	40.81	1:26.80 (45.99)				
3	Coleman, Cecelia	56	Montgomery Ancient Mariners	1:27.00	1:34.38	3
	45.88	1:34.38 (48.50)				
4	Mallon, Barbara	55	Germantown Maryland Masters	2:00.00	1:53.65	2
	56.50	1:53.65 (57.15)				
5	Donatelli, Mary	58	DC Water Wizards	2:34.56	2:46.49	1
	1:16.92	2:46.49 (1:29.57)				

Women 55-59 200 SC Meter Backstroke

WORLD: 2:25.27 W 12/8/2019 Ellen REYNOLDS USA
NATL: 2:25.27 N 12/8/2019 ELLEN REYNOLDS
MEET: 2:47.77 M 2/29/2020 Stephanie Saucy Colonials 1776

1	Mallon, Barbara	55	Germantown Maryland Masters	4:10.00	4:10.18	6
	59.34	2:02.27 (1:02.93)	4:10.18 (2:07.91)			

Women 55-59 50 SC Meter Breaststroke

WORLD: 35.15 W 4/9/2017 Monica CORO ITA
NATL: 36.47 N 11/5/2017 CAROLINE KRATTLI
MEET: 41.45 M 3/19/2011 Amy Cooley

1	O'Malley, Lesley	56	Uc10	50.00	47.97	6
2	Sugg, Stephanie	59	Montgomery Ancient Mariners	1:16.68	1:16.38	4
---	Bergstrom, Jody	59	Mission Viejo Masters	44.52	NS	

Women 55-59 100 SC Meter Breaststroke

WORLD: 1:17.36 W 1/26/2019 Marzena KULIS ITA
NATL: 1:21.18 N 11/18/2017 CAROLINE KRATTLI
MEET: 1:30.35 M 3/19/2011 Amy Cooley

1	Wetzel, Denise	57	Reston Masters Swim Team	1:35.00	1:36.54	6
	46.31	1:36.54 (50.23)				
2	Gearhart, Judy	57	Germantown Maryland Masters	1:48.00	1:39.05	4
	46.76	1:39.05 (52.29)				
3	Sugg, Stephanie	59	Montgomery Ancient Mariners	2:45.29	2:46.24	3

Women 55-59 200 SC Meter Breaststroke

WORLD: 2:46.91 W 1/27/2019 Marzena KULIS ITA
NATL: 3:00.66 N 3/16/2019 CORRIN BUCK
MEET: 3:14.71 M 4/12/1997 Joann Leilich

1	Bergstrom, Jody	59	Mission Viejo Masters	3:20.47	3:20.79	6
	45.23	1:33.89 (48.66)	2:27.13 (53.24)	3:20.79 (53.66)		
2	Wetzel, Denise	57	Reston Masters Swim Team	3:35.00	3:26.96	4
	48.16	1:41.04 (52.88)	3:26.96 (1:45.92)			

Women 55-59 50 SC Meter Butterfly

WORLD: 29.39 W 3/5/2016 Leslie LIVINGSTON USA
NATL: 29.39 N 3/5/2016 LESLIE LIVINGSTON
MEET: 29.39 M 3/5/2016 Leslie Livingston Rockwall Aquatic

1	Williams, Susan	56	Club Tribe	31.06	31.22	6
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Women 55-59 200 SC Meter Butterfly

WORLD: 2:31.13		W	9/14/2008	Laura VAL	USA		
NATL: 2:31.13		N	9/14/2008	LAURA VAL			
MEET: 2:54.99		M	3/16/2013	Jeanne Lappin			
1	Hug, Laurie		57	Colonials 1776	2:58.52	2:52.45 M	6
	38.31		1:22.21 (43.90)	2:06.87 (44.66)	2:52.45 (45.58)		

Women 55-59 100 SC Meter IM

WORLD: 1:09.08		W	1/21/2017	Karlyn PIPES	USA		
NATL: 1:09.08		N	1/21/2017	KARLYN PIPES			
MEET: 1:21.22		M	3/20/2010	Shirley Loftus-Ch			
1	Hug, Laurie		57	Colonials 1776	1:20.21	1:22.58	6
	38.39		1:22.58 (44.19)				
2	Guay-Berry, Patricia		58	Germantown Maryland Masters	1:35.47	1:34.08	4
3	Gainor, Cathy		55	Montgomery Ancient Mariners	1:35.00	1:34.84	3
	46.35		1:34.84 (48.49)				
4	Rebert, Kristina		59	Ywca Masters of Adams County	1:42.91	1:40.47	2
	48.91		1:40.47 (51.56)				

Women 55-59 200 SC Meter IM

WORLD: 2:27.78		W	1/24/2019	Ellen REYNOLDS	USA		
NATL: 2:27.78		N	11/24/2019	ELLEN REYNOLDS			
MEET: 2:51.87		M	3/20/2010	Shirley Loftus-Ch			
1	Hug, Laurie		57	Colonials 1776	2:55.52	2:50.40 M	6
	37.50		1:22.00 (44.50)	2:11.28 (49.28)	2:50.40 (39.12)		
2	Gearhart, Judy		57	Germantown Maryland Masters	3:40.00	3:21.74	4
	42.62		1:37.36 (54.74)	2:32.98 (55.62)	3:21.74 (48.76)		
---	Coleman, Cecelia		56	Montgomery Ancient Mariners	3:00.00	NS	
---	Bergstrom, Jody		59	Mission Viejo Masters	2:50.50	NS	

Women 55-59 400 SC Meter IM

WORLD: 5:15.72		W	11/24/2019	Ellen REYNOLDS	USA		
NATL: 5:15.72		N	11/24/2019	ELLEN REYNOLDS			
MEET: 6:10.31		M	3/16/2013	Jeanne Lappin			
1	Hug, Laurie		57	Colonials 1776	5:56.55	5:58.63 M	6
	37.84		1:22.37 (44.53)	2:08.26 (45.89)	2:54.28 (46.02)		
	3:45.71 (51.43)		4:38.00 (52.29)	5:18.95 (40.95)	5:58.63 (39.68)		
2	Gainor, Cathy		55	Montgomery Ancient Mariners	7:00.00	6:46.09	4
	44.43		1:34.06 (49.63)	2:28.74 (54.68)	3:23.98 (55.24)		
	4:20.70 (56.72)		5:17.80 (57.10)	6:02.37 (44.57)	6:46.09 (43.72)		
3	Guay-Berry, Patricia		58	Germantown Maryland Masters	7:24.69	7:22.27	3
	49.76		1:50.37 (1:00.61)	3:43.03 (1:52.66)	4:43.98 (1:00.95)		
	5:44.33 (1:00.35)		6:34.86 (50.53)	7:22.27 (47.41)	7:22.27 ()		

Women 60-64 50 SC Meter Freestyle

WORLD: 28.50		W	5/26/2018	Jenny WHITELEY	AUS		
NATL: 29.23		N	12/7/2019	VAL\GRANGER			
MEET: 33.99		M	3/15/2014	Barbara Protzman			
1	Jaeger, Debbie		60	Virginia Masters Swim Team	34.46	35.89	6
2	Weigand, Elizabeth		60	Reston Masters Swim Team	44.20	43.68	4
3	Katt, Jennifer		63	Alexandria Masters Swimming	48.00	44.82	3
4	Brown, Terry		63	Alexandria Masters Swimming	45.00	45.15	2
5	Morgan, Alison		61	DC Water Wizards	NT	45.74	1

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(Women 60-64 50 SC Meter Freestyle)

6	Kaiser, Cheryl	63	Germantown Maryland Masters	1:10.00	58.72
7	Woods, Donna	60	Reston Masters Swim Team	1:09.12	1:11.87
---	Gossman, Jean	64	DC Water Wizards	1:15.48	NS

Women 60-64 100 SC Meter Freestyle

WORLD: 1:02.60 W 10/13/2018 Jenny WHITELEY AUS
NATL: 1:03.48 N 12/5/2014 LAURA VAL
MEET: 1:09.97 M 3/19/2011 Shirley Loftus-Ch

1	Brightwell, Kim	62	Reston Masters Swim Team	1:16.08	1:19.82	6
				39.17	1:19.82 (40.65)	
2	Kaiser, Cheryl	63	Germantown Maryland Masters	2:30.00	1:57.43	4
				55.11	1:57.43 (1:02.32)	

Women 60-64 50 SC Meter Backstroke

WORLD: 33.01 W 12/8/2013 Laura VAL USA
NATL: 33.01 N 12/8/2013 LAURA VAL
MEET: 35.93 M 2/29/2020 Kim Brightwell Reston Masters S

1	Jaeger, Debbie	60	Virginia Masters Swim Team	43.72	43.98	6
2	Goffi, Judy	62	Ywca Masters of Adams County	52.84	54.43	4
3	Gossman, Jean	64	DC Water Wizards	1:51.00	1:37.92	3
---	Doyle, Gabrielle	60	DC Water Wizards	1:18.13	DQ	

Shoulders past vertical toward breast

Women 60-64 100 SC Meter Backstroke

WORLD: 1:12.39 W 10/13/2018 Bonnie BILICH USA
NATL: 1:12.39 N 10/13/2018 BONNIE BILICH
MEET: 1:18.09 M 3/3/2018 Joan Pfinsgraff Maryland Masters

1	Jaeger, Debbie	60	Virginia Masters Swim Team	1:33.50	1:33.35	6
				45.20	1:33.35 (48.15)	
2	Goffi, Judy	62	Ywca Masters of Adams County	1:53.31	2:01.33	4
				1:00.40	2:01.33 (1:00.93)	
---	Doyle, Gabrielle	60	DC Water Wizards	2:20.00	DQ	

Shoulders past vertical toward breast

Women 60-64 200 SC Meter Backstroke

WORLD: 2:35.84 W 10/14/2018 Bonnie BILICH USA
NATL: 2:35.84 N 10/14/2018 BONNIE BILICH
MEET: 2:50.76 M 3/3/2018 Joan Pfinsgraff Maryland Masters

1	Jaeger, Debbie	60	Virginia Masters Swim Team	3:25.40	3:21.31	6
				48.72	1:39.44 (50.72) 2:30.79 (51.35) 3:21.31 (50.52)	
2	Goffi, Judy	62	Ywca Masters of Adams County	3:58.82	4:09.60	4
				59.86	2:03.22 (1:03.36) 3:07.97 (1:04.75) 4:09.60 (1:01.63)	
---	Doyle, Gabrielle	60	DC Water Wizards	5:20.00	DQ	
					Not on back off wall	
				1:21.43	2:47.91 (1:26.48) 4:13.76 (1:25.85) DQ (1:25.86)	

Women 60-64 50 SC Meter Breaststroke

WORLD: 37.08 W 5/26/2018 Jenny WHITELEY AUS
NATL: 38.87 N 12/4/2016 COLETTE CRABBE
MEET: 41.35 M 3/25/2000 Joann Leilich

1	Miller, Patricia	61	Virginia Masters Swim Team	43.89	41.98	6
2	Weigand, Elizabeth	60	Reston Masters Swim Team	53.72	55.63	4

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Women 60-64 100 SC Meter Breaststroke

WORLD: 1:20.50 W 5/26/2018 Jenny WHITELEY AUS
NATL: 1:24.39 N 12/3/2016 COLETTE CRABBE
MEET: 1:30.58 M 3/25/2000 Joann Leilich

1 Miller, Patricia 61 Virginia Masters Swim Team 1:32.15 1:32.78 6
 45.42 1:32.78 (47.36)

Women 60-64 200 SC Meter Breaststroke

WORLD: 2:57.05 W 5/26/2018 Jenny WHITELEY AUS
NATL: 3:04.70 N 12/4/2016 LO KNAPP
MEET: 3:18.25 M 3/31/2001 Joann Leilich

1 Burke, Barbara 61 Colonials 1776 3:25.00 3:28.05 6
 47.58 1:40.81 (53.23) 2:36.32 (55.51) 3:28.05 (51.73)
 2 Weigand, Elizabeth 60 Reston Masters Swim Team 4:18.78 4:20.25 4
 56.85 2:04.30 (1:07.45) 3:12.75 (1:08.45) 4:20.25 (1:07.50)

Women 60-64 100 SC Meter Butterfly

WORLD: 1:11.47 W 12/8/2013 Laura VAL USA
NATL: 1:11.47 N 12/8/2013 LAURA VAL
MEET: 1:17.07 M 3/21/2015 Jeanne Lappin Germantown Maryl

1 Burke, Barbara 61 Colonials 1776 1:24.53 1:26.29 6
 40.15 1:26.29 (46.14)

Women 60-64 100 SC Meter IM

WORLD: 1:12.19 W 10/13/2018 Jenny WHITELEY AUS
NATL: 1:14.74 N 12/5/1921 AMY RIEGER
MEET: 1:24.82 M 3/3/2018 Jeanne Lappin Germantown Maryl

1 Brightwell, Kim 62 Reston Masters Swim Team 1:29.44 1:27.24 6
 40.66 1:27.24 (46.58)
 2 Burke, Barbara 61 Colonials 1776 1:26.57 1:28.29 4
 43.42 1:28.29 (44.87)
 3 Miller, Patricia 61 Virginia Masters Swim Team 1:31.52 1:29.67 3
 45.64 1:29.67 (44.03)
 4 Weigand, Elizabeth 60 Reston Masters Swim Team 2:30.00 2:01.71

Women 60-64 200 SC Meter IM

WORLD: 2:36.81 W 10/13/2018 Jenny WHITELEY AUS
NATL: 2:41.53 N 12/6/2013 LAURA VAL
MEET: 2:52.64 M 3/19/2011 Shirley Loftus-Ch

1 Burke, Barbara 61 Colonials 1776 3:02.77 3:09.33 6
 41.30 1:33.55 (52.25) 2:27.97 (54.42) 3:09.33 (41.36)
 2 Brightwell, Kim 62 Reston Masters Swim Team 3:10.07 3:11.67 4
 40.11 1:29.50 (49.39) 3:11.67 (1:42.17)
 --- Miller, Patricia 61 Virginia Masters Swim Team 3:10.25 DQ
 Arms underwater recovery - fly
 44.26 1:37.01 (52.75) 2:25.60 (48.59) DQ (45.98)

Women 65-69 50 SC Meter Freestyle

WORLD: 29.30 W 11/19/2016 Laura VAL USA
NATL: 29.30 N 11/19/2016 LAURA VAL
MEET: 32.35 M 3/19/2011 Diann Uustal

1 Yochelson, Deborah 68 Montgomery Ancient Mariners 50.09 50.01 6

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Women 65-69 100 SC Meter Freestyle

WORLD: 1:04.40		W	12/1/2017	Laura VAL	USA		
NATL: 1:04.40		N	12/1/2017	LAURA VAL			
MEET: 1:14.11		M	3/5/2016	Shirley Loftus-Charley	Virginia Masters		
1	Yochelson, Deborah	68	Montgomery Ancient Mariners	1:48.13	1:50.45		6
	51.62		1:50.45 (58.83)				

Women 65-69 200 SC Meter Freestyle

WORLD: 2:23.26		W	11/18/2017	Laura VAL	USA		
NATL: 2:23.26		N	11/18/2017	LAURA VAL			
MEET: 2:38.98		M	3/25/2017	Cecilia McCloskey	Colonials 1776		
1	Yochelson, Deborah	68	Montgomery Ancient Mariners	3:53.76	3:57.67		6
	52.75		1:53.70 (1:00.95)	2:56.69 (1:02.99)	3:57.67 (1:00.98)		

Women 65-69 200 SC Meter Backstroke

WORLD: 2:42.87		W	12/1/2017	Laura VAL	USA		
NATL: 2:42.87		N	12/1/2017	LAURA VAL			
MEET: 2:48.83		M	3/30/2019	Joan Pfinzgraff	Maryland Masters		
1	Levintow, Kathy	66	North Carolina Masters Swimmin	3:57.00	3:55.12		6
	56.54		1:57.04 (1:00.50)	2:57.40 (1:00.36)	3:55.12 (57.72)		

Women 65-69 50 SC Meter Breaststroke

WORLD: 38.90		W	11/28/2021	Dagmar FRESE	GER		
NATL: 41.39		N	11/20/1921	BETH ESTEL			
MEET: 42.35		M	4/9/2005	Joann Leilich			
1	Yochelson, Deborah	68	Montgomery Ancient Mariners	1:03.00	1:04.28		6

Women 65-69 200 SC Meter Breaststroke

WORLD: 3:10.75		W	7/18/2015	Janette JEFFREY	AUS		
NATL: 3:10.94		N	4/14/2019	LO KNAPP			
MEET: 3:17.44		M	3/20/2004	Joann Leilich			
1	Levintow, Kathy	66	North Carolina Masters Swimmin	4:15.00	4:19.15		6
	59.21		2:04.97 (1:05.76)	3:12.60 (1:07.63)	4:19.15 (1:06.55)		

Women 65-69 50 SC Meter Butterfly

WORLD: 32.57		W	11/23/2019	Penny NOYES	USA		
NATL: 32.57		N	11/23/2019	PENNY NOYES			
MEET: 35.52		M	3/16/2013	Diann Uustal			
1	Lappin, Jeanne	67	Germantown Maryland Masters	NT	36.61		6

Women 65-69 100 SC Meter Butterfly

WORLD: 1:13.47		W	12/8/2019	Laura VAL	USA		
NATL: 1:13.47		N	12/8/2019	LAURA VAL			
MEET: 1:21.13		M	3/5/2016	Cecilia McCloskey	Colonials 1776		
1	Lappin, Jeanne	67	Germantown Maryland Masters	1:24.00	1:21.14		6
	38.44		1:21.14 (42.70)				

Women 65-69 200 SC Meter Butterfly

WORLD: 2:45.20		W	9/18/2016	Laura VAL	USA		
NATL: 2:45.20		N	9/18/2016	LAURA VAL			
MEET: 3:07.06		M	3/5/2016	Shirley Loftus-Charley	Virginia Masters		
---	Lappin, Jeanne	67	Germantown Maryland Masters	3:05.00	NS		

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Women 65-69 100 SC Meter IM

WORLD: 1:15.65		W	11/23/2019	Penny NOYES	USA		
NATL: 1:15.65		N	11/23/2019	PENNY NOYES			
MEET: 1:21.17		M	3/25/2017	Cecilia McCloskey	Colonials 1776		
1	Levintow, Kathy		66	North Carolina Masters Swimmin	1:55.00	1:53.75	6
	56.36		1:53.75 (57.39)				

Women 65-69 200 SC Meter IM

WORLD: 2:46.04		W	12/6/2019	Laura VAL	USA		
NATL: 2:46.04		N	12/6/2019	LAURA VAL			
MEET: 3:03.67		M	2/29/2020	Jeanne Lappin	Germantown Maryl		
1	Lappin, Jeanne		67	Germantown Maryland Masters	3:03.00	3:04.66	6
	37.94		1:27.20 (49.26)	2:23.96 (56.76)	3:04.66 (40.70)		
2	Levintow, Kathy		66	North Carolina Masters Swimmin	3:55.00	4:04.73	4
	1:04.08		2:02.98 (58.90)	3:11.74 (1:08.76)	4:04.73 (52.99)		

Women 65-69 400 SC Meter IM

WORLD: 5:55.00		W	9/18/2016	Laura VAL	USA		
NATL: 5:55.00		N	9/18/2016	LAURA VAL			
MEET: 6:27.60		M	3/30/2019	Shirley Loftus-Charley	Virginia Masters		
1	Lappin, Jeanne		67	Germantown Maryland Masters	6:30.00	6:45.56	6
	42.56		1:28.52 (45.96)	2:24.65 (56.13)	3:18.23 (53.58)		
	4:18.58 (1:00.35)		5:18.88 (1:00.30)	6:03.50 (44.62)	6:45.56 (42.06)		

Women 70-74 50 SC Meter Freestyle

WORLD: 32.38		W	12/10/2016	Diann UUSTAL	USA		
NATL: 32.38		N	12/10/2016	DIANN UUSTAL			
MEET: 35.66		M	3/19/2011	Beth Schreiner			
1	Honberg, Lynda		70	Montgomery Ancient Mariners	48.00	48.45	6
2	Bell Vanderhoof, Yvonne		74	DC Water Wizards	2:10.10	1:41.64	4

Women 70-74 100 SC Meter Freestyle

WORLD: 1:10.25		W	2/2/2020	Charlotte DAVIS	USA		
NATL: 1:10.25		N	2/2/2020	CHARLOTTE DAVIS			
MEET: 1:13.13		M	3/5/2016	Diann Uustal	New England Mast		
1	Honberg, Lynda		70	Montgomery Ancient Mariners	1:50.00	1:52.57	6

Women 70-74 200 SC Meter Freestyle

WORLD: 2:33.19		W	2/2/2020	Charlotte DAVIS	USA		
NATL: 2:33.19		N	2/2/2020	CHARLOTTE DAVIS			
MEET: 2:59.10		M	3/30/2019	Ann Lyttle	Virginia Masters		
1	He, Kaixin		72	DC Water Wizards	4:48.19	4:33.93	6
	1:04.84		2:13.71 (1:08.87)	3:24.72 (1:11.01)	4:33.93 (1:09.21)		

Women 70-74 100 SC Meter Backstroke

WORLD: 1:16.55		W	10/16/2021	Laura VAL	USA		
NATL: 1:16.55		N	10/16/1921	LAURA VAL			
MEET: 1:17.36		M	2/29/2020	Cecilia McCloskey	Swim Fort Lauder		
1	Kirwan, Denise		70	Reston Masters Swim Team	1:32.00	1:33.03	6
	45.44		1:33.03 (47.59)				
2	Boslego, Barbara		71	Virginia Masters Swim Team	1:51.24	1:43.49	4
3	Baiornos, Karyn		74	DC Water Wizards	2:05.00	2:08.37	3

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WORLD:		2:47.56	W	10/17/2021	Laura VAL	USA			
NATL:		2:47.56	N	10/17/1921	LAURA VAL				
MEET:		3:28.34	M	4/1/2006	Nancy Brown				
1	Loftus-Charley, Shirley	71	E Team				3:22.00	3:13.88 M	6
	46.71	1:35.25 (48.54)	2:24.84 (49.59)	3:13.88 (49.04)					
2	He, Kaixin	72	DC Water Wizards				5:05.18	4:53.53	4
	1:10.32	2:24.38 (1:14.06)	3:41.13 (1:16.75)	4:53.53 (1:12.40)					
3	Bellis, Alice	72	DC Water Wizards				6:41.82	6:03.28	3
		1:26.50 ()	6:03.28 (4:36.78)						

Women 70-74 50 SC Meter Breaststroke

WORLD:		42.80	W	2/27/2005	Shoko YONEZAWA	JPN			
NATL:		44.22	N	11/13/2011	JOANN LEILICH				
MEET:		44.32	M	3/21/2009	Joann Leilich				
1	Kirwan, Denise	70	Reston Masters Swim Team				47.00	47.73	6
2	Bell Vanderhoof, Yvonne	74	DC Water Wizards				3:05.25	1:45.01	4

Women 70-74 100 SC Meter Breaststroke

WORLD:		1:33.92	W	4/12/2015	Nobuko YASUDA	JPN			
NATL:		1:36.93	N	12/3/2016	MARGOT PETTIJOHN				
MEET:		1:37.20	M	3/21/2009	Joann Leilich				
1	Kirwan, Denise	70	Reston Masters Swim Team				1:44.00	1:45.29	6
	49.09	1:45.29 (56.20)							

Women 70-74 200 SC Meter Breaststroke

WORLD:		3:24.57	W	1/21/2017	Nobuko YASUDA	JPN			
NATL:		3:25.76	N	3/21/2009	JOANN LEILICH				
MEET:		3:25.76	M	3/21/2009	Joann Leilich				
1	Loftus-Charley, Shirley	71	E Team				3:30.00	3:43.70	6
	50.64	1:47.88 (57.24)	2:45.80 (57.92)	3:43.70 (57.90)					
2	Boslego, Barbara	71	Virginia Masters Swim Team				4:15.01	4:03.65	4
	55.35	1:57.30 (1:01.95)	3:02.55 (1:05.25)	4:03.65 (1:01.10)					
3	He, Kaixin	72	DC Water Wizards				5:00.55	4:47.89	3
	1:05.78	2:20.37 (1:14.59)	3:36.08 (1:15.71)	4:47.89 (1:11.81)					
4	Bellis, Alice	72	DC Water Wizards				7:24.03	7:47.66	2
		3:31.03 ()	7:47.66 (4:16.63)						

Women 70-74 200 SC Meter Butterfly

WORLD:		3:26.35	W	11/17/2018	Kira MAKAROVA	RUS			
NATL:		3:27.16	N	11/12/2016	CAROLYN BOAK				
MEET:		3:43.45	M	3/3/2018	Margot Pettijohn	Montgomery Ancie			
1	Loftus-Charley, Shirley	71	E Team				3:15.00	3:20.57 W	6
	44.05	1:35.15 (51.10)	2:27.10 (51.95)	3:20.57 (53.47)					
---	Bellis, Alice	72	DC Water Wizards				7:46.20	DQ	
	Arms underwater recovery								
	1:51.39	4:24.03 (2:32.64)	7:04.60 (2:40.57)	DQ (2:35.94)					

Women 70-74 100 SC Meter IM

WORLD:		1:20.61	W	10/17/2021	Laura VAL	USA			
NATL:		1:20.61	N	10/17/1921	LAURA VAL				
MEET:		1:21.09	M	2/29/2020	Cecilia McCloskey	Swim Fort Lauder			
1	Kirwan, Denise	70	Reston Masters Swim Team				1:32.00	1:34.72	6
	46.79	1:34.72 (47.93)							

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2	Boslego, Barbara	71	Virginia Masters Swim Team	1:41.30	1:43.77	4
	49.57		1:43.77 (54.20)			
3	Baiornos, Karyn	74	DC Water Wizards	2:10.00	2:11.12	3
	1:06.39		2:11.12 (1:04.73)			
4	He, Kaixin	72	DC Water Wizards	2:21.62	2:18.42	2
	1:10.33		2:18.42 (1:08.09)			

Women 70-74 200 SC Meter IM

	WORLD: 2:52.19	W	10/16/2021	Laura VAL	USA	
	NATL: 2:52.19	N	10/16/1921	LAURA VAL		
	MEET: 2:55.56	M	2/29/2020	Cecilia McCloskey	Swim Fort Lauder	
1	Baiornos, Karyn	74	DC Water Wizards	NT	4:46.91	6
	1:20.66		2:27.15 (1:06.49)		4:46.91 (2:19.76)	

Women 70-74 400 SC Meter IM

	WORLD: 6:47.91	W	1/16/2016	Brigitte MERTEN	GER	
	NATL: 6:53.13	N	12/4/1921	S LOFTUS-CHARLEY		
	MEET: 7:26.80	M	3/25/2017	Margot Pettijohn	Montgomery Ancie	
1	Loftus-Charley, Shirley	71	E Team	7:00.00	6:41.90 W	6
	42.82		1:34.64 (51.82)	2:25.69 (51.05)	3:17.28 (51.59)	
	4:16.26 (58.98)		5:15.69 (59.43)	5:59.22 (43.53)	6:41.90 (42.68)	
2	Boslego, Barbara	71	Virginia Masters Swim Team	8:37.82	8:24.95	4
	57.34		2:10.57 (1:13.23)	3:15.79 (1:05.22)	4:20.07 (1:04.28)	
	5:29.12 (1:09.05)		6:39.63 (1:10.51)	7:33.97 (54.34)	8:24.95 (50.98)	
3	Bellis, Alice	72	DC Water Wizards	12:12.60	15:20.07	3
	2:08.97		6:27.60 (4:18.63)	8:09.24 (1:41.64)	10:21.78 (2:12.54)	
	12:36.63 (2:14.85)			13:56.61 ()	15:20.07 (1:23.46)	
---	Baiornos, Karyn	74	DC Water Wizards	10:20.00	NS	

Women 75-79 50 SC Meter Freestyle

	WORLD: 34.58	W	6/20/2015	Christel SCHULZ	GER	
	NATL: 34.88	N	10/16/1921	DIANN UUSTAL		
	MEET: 37.33	M	3/19/2011	Johnnie Detrick		
---	Proebsting, Arlene	79	Germantown Maryland Masters	51.50	NS	
---	Andrews, Lynne	75	Germantown Maryland Masters	43.17	NS	

Women 75-79 100 SC Meter Freestyle

	WORLD: 1:15.87	W	10/17/2021	Diann UUSTAL	USA	
	NATL: 1:15.87	N	10/17/1921	DIANN UUSTAL		
	MEET: 1:28.71	M	3/17/2012	Johnnie Detrick		
1	Bennett, Ruth	76	Uc10	1:33.50	1:33.52	6
	44.47		1:33.52 (49.05)			
2	Andrews, Lynne	75	Germantown Maryland Masters	1:40.25	1:46.76	4
	50.30		1:46.76 (56.46)			
3	Proebsting, Arlene	79	Germantown Maryland Masters	1:50.15	2:20.47	3
	1:02.68		2:20.47 (1:17.79)			

Women 75-79 200 SC Meter Freestyle

	WORLD: 2:51.65	W	1/26/2013	Yoshiko OSAKI	JPN	
	NATL: 3:07.58	N	11/20/2005	GAIL ROPER		
	MEET: 3:21.57	M	3/3/2018	Beth Schreiner	Virginia Masters	
1	Bennett, Ruth	76	Uc10	3:18.90	3:18.90 M	6
	44.88		1:35.04 (50.16)	2:27.99 (52.95)	3:18.90 (50.91)	

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2	Griggsby, Dinah	78	DC Water Wizards	4:30.00	5:33.87	4
				4:07.71 ()	5:33.87 (1:26.16)	
---	Proebsting, Arlene	79	Germantown Maryland Masters	4:12.00	NS	

Women 75-79 50 SC Meter Backstroke

WORLD:	39.01	W	7/21/2019	Clary MUNNS	AUS
NATL:	40.27	N	10/16/1921	DIANN UUSTAL	
MEET:	45.19	M	3/19/2011	Nancy Brown	

1	Andrews, Lynne	75	Germantown Maryland Masters	52.29	54.91	6
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Women 75-79 100 SC Meter Backstroke

WORLD:	1:26.80	W	10/16/2021	Diann UUSTAL	USA
NATL:	1:26.80	N	10/16/1921	DIANN UUSTAL	
MEET:	1:36.90	M	3/19/2011	Nancy Brown	

---	Andrews, Lynne	75	Germantown Maryland Masters	1:58.08	NS	
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Women 75-79 200 SC Meter Backstroke

WORLD:	3:10.53	W	10/17/2021	Diann UUSTAL	USA
NATL:	3:10.53	N	10/17/1921	DIANN UUSTAL	
MEET:	3:34.09	M	3/19/2011	Nancy Brown	

1	Griggsby, Dinah	78	DC Water Wizards	5:19.00	6:40.47	6
				3:11.20 ()	6:40.47 (3:29.27)	

Women 80-84 50 SC Meter Freestyle

WORLD:	36.08	W	5/20/2018	Yoshiko OSAKI	JPN
NATL:	38.03	N	1/25/2009	GAIL ROPER	
MEET:	39.21	M	3/5/2016	Johnnie Detrick	Virginia Masters

1	Manheim, Lucy	80	Reston Masters Swim Team	52.97	55.17	6
---	Carter, Linda	80	Germantown Maryland Masters	1:05.00	NS	

Women 80-84 50 SC Meter Backstroke

WORLD:	44.82	W	4/1/2018	Yoshiko OSAKI	JPN
NATL:	49.23	N	3/12/1922	JOY WARD	
MEET:	56.16	M	3/20/2004	Sarah T Allnut	

1	Manheim, Lucy	80	Reston Masters Swim Team	1:05.64	1:04.72	6
2	Carter, Linda	80	Germantown Maryland Masters	1:10.00	1:08.81	4

Women 80-84 100 SC Meter Backstroke

WORLD:	1:40.82	W	5/26/2019	Yoshiko OSAKI	JPN
NATL:	1:50.61	N	12/1/2007	BETTY LORENZI	
MEET:	2:07.19	M	4/4/1998	Anne I Walker	

1	Manheim, Lucy	80	Reston Masters Swim Team	2:12.92	2:22.14	6
				1:09.56	2:22.14 (1:12.58)	

Women 80-84 200 SC Meter Backstroke

WORLD:	3:35.28	W	10/21/2018	Yoshiko OSAKI	JPN
NATL:	3:44.82	N	3/13/1922	JOY WARD	
MEET:	4:35.24	M	4/4/1998	Anne I Walker	

1	Manheim, Lucy	80	Reston Masters Swim Team	5:15.00	4:57.47	6
				1:10.04	2:25.14 (1:15.10)	
				3:44.01 (1:18.87)	4:57.47 (1:13.46)	

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Men 18-24 50 SC Meter Freestyle

NATL: 21.38 N 12/11/2005		NICK BRUNELLI				
MEET: 23.47 M 3/5/2016		Joshua Heller		UC10-10		
1	Healey, Matthew	24	Club Tribe	24.12	24.45	6
2	Wilcox, Cameron	24	Germantown Maryland Masters	28.00	26.64	4
3	Sandi, Federico	23	Germantown Maryland Masters	35.00	37.88	3

Men 18-24 100 SC Meter Freestyle

NATL: 48.00 N 12/11/2005		NICK BRUNELLI				
MEET: 55.30 M 3/21/2015		Joshua Romanchuk		Health Unlimited		
1	Ham, Jack	23	Reston Masters Swim Team	57.50	54.23 M	6
	25.91		54.23 (28.32)			
2	Healey, Matthew	24	Club Tribe	55.48	56.25	4
	26.33		56.25 (29.92)			
3	Fitzwilliam, Nicklaus	24	Germantown Maryland Masters	59.00	1:00.78	3
	28.01		1:00.78 (32.77)			

Men 18-24 50 SC Meter Backstroke

NATL: 25.38 N 3/17/2012		JOSH HAFKIN				
MEET: 25.38 M 3/17/2012		Josh Hafkin				
1	McClure, Nick	23	Germantown Maryland Masters	27.00	26.98	6
2	Wong, Michael	23	Germantown Maryland Masters	27.09	27.66	4

Men 18-24 100 SC Meter Backstroke

NATL: 51.91 N 10/29/2011		EUGENE GODSOE				
MEET: 56.79 M 3/17/2012		Josh Hafkin				
1	Ham, Jack	23	Reston Masters Swim Team	1:03.30	1:00.01	6
	29.02		1:00.01 (30.99)			
2	Wong, Michael	23	Germantown Maryland Masters	59.22	1:01.61	4
	29.69		1:01.61 (31.92)			

Men 18-24 50 SC Meter Breaststroke

NATL: 27.83 N 11/21/2009		GREGOR PLEVELJ				
MEET: 30.31 M 4/12/1997		Robert Butcher				
1	Garvey, Noah	23	Germantown Maryland Masters	34.00	32.13	6
2	Fitzwilliam, Nicklaus	24	Germantown Maryland Masters	31.75	32.53	4
3	Sandi, Sebastian	20	Germantown Maryland Masters	40.00	38.54	3

Men 18-24 100 SC Meter Breaststroke

NATL: 59.96 N 11/18/2017		THIBAUT CAPITAINE				
MEET: 1:06.29 M 4/12/1997		Robert Butcher				
1	Garvey, Noah	23	Germantown Maryland Masters	1:15.00	1:12.22	6
	34.44		1:12.22 (37.78)			

Men 18-24 50 SC Meter Butterfly

NATL: 23.96 N 11/6/2016		RUNAR BORGEN				
MEET: 27.14 M 3/5/2016		Bradley Cowan		Arlington Master		
1	Ham, Jack	23	Reston Masters Swim Team	26.90	27.02 M	6
2	Wong, Michael	23	Germantown Maryland Masters	26.26	27.24	4
3	Healey, Matthew	24	Club Tribe	26.93	27.41	3
4	Major, Kyle	23	Club Tribe	28.50	28.05	2

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Men 18-24 100 SC Meter Butterfly

NATL:		52.25	N	10/29/2011	EUGENE GODSOE			
MEET:		59.43	M	4/9/2005	John Keefe			
1	McClure, Nick			23	Germantown Maryland Masters	1:00.00	56.22 M	6
		26.23			56.22 (29.99)			
2	Wong, Michael			23	Germantown Maryland Masters	1:00.08	59.14 M	4
		27.27			59.14 (31.87)			
3	Major, Kyle			23	Club Tribe	1:00.50	1:01.91	3
		28.74			1:01.91 (33.17)			

Men 18-24 100 SC Meter IM

NATL:		55.71	N	10/29/2011	EUGENE GODSOE			
MEET:		1:03.28	M	4/9/2005	John Keefe			
1	Ham, Jack			23	Reston Masters Swim Team	1:00.01	1:01.24 M	6
		27.61			1:01.24 (33.63)			

Men 18-24 200 SC Meter IM

NATL:		2:00.32	N	12/11/2005	NICK BRUNELLI			
MEET:		2:25.30	M	3/25/1995	Conrad Stuntz			
1	Major, Kyle			23	Club Tribe	2:20.00	2:23.31 M	6
		30.00			1:08.80 (38.80) 1:51.63 (42.83) 2:23.31 (31.68)			

Men 25-29 50 SC Meter Freestyle

WORLD:		21.28	W	11/20/2021	Ryan HELD	USA		
NATL:		21.28	N	11/20/1921	RYAN HELD			
MEET:		23.15	M	3/21/2015	Kevin Gallagher	Team Swim Spray		
1	Meek, Parker			26	Central Maryland YMCA Masters	27.00	27.00	6
2	Murdock, Evan			25	Germantown Maryland Masters	30.00	27.71	4
3	Amitay, Ethan			25	Terrapin Masters	28.99	27.88	3

Men 25-29 100 SC Meter Freestyle

WORLD:		47.43	W	11/16/2014	Cesar CIELO	USA		
NATL:		47.43	N	11/16/2014	CESAR CIELO			
MEET:		52.73	M	3/20/2004	Troy D Johnson			
1	Murdock, Evan			25	Germantown Maryland Masters	1:05.00	1:01.44	6
		28.67			1:01.44 (32.77)			

Men 25-29 200 SC Meter Freestyle

WORLD:		1:44.90	W	11/3/2013	Darian TOWNSEND	USA		
NATL:		1:44.90	N	11/3/2013	DARIAN TOWNSEND			
MEET:		1:56.99	M	3/17/2012	Bryan Rivera			
1	Meek, Parker			26	Central Maryland YMCA Masters	2:30.00	2:14.62	6
		28.95			1:02.61 (33.66) 1:38.66 (36.05) 2:14.62 (35.96)			
2	Ross, Marques			26	DC Water Wizards	2:22.99	2:19.65	4
		34.00			1:09.36 (35.36) 1:44.60 (35.24) 2:19.65 (35.05)			

Men 25-29 50 SC Meter Backstroke

WORLD:		23.70	W	11/21/2021	Ryan HELD	USA		
NATL:		23.70	N	11/21/1921	RYAN HELD			
MEET:		26.28	M	3/15/2014	Jarryd Botha			
1	Murdock, Evan			25	Germantown Maryland Masters	35.00	31.39	6

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Men 25-29 50 SC Meter Breaststroke

WORLD:		26.99	W	10/29/2017	Lawrence PALMER	GBR			
NATL:		27.31	N	11/23/2013	EETU KARVONEN				
MEET:		29.57	M	3/15/2014	Jarryd Botha				
1	De Jesus, Jose			29	Terrapin Masters		29.75	30.48	6
2	Amitay, Ethan			25	Terrapin Masters		33.33	34.12	4

Men 25-29 100 SC Meter Breaststroke

WORLD:		58.14	W	11/28/2021	Shotaro SHIMAZAKI	JPN			
NATL:		59.21	N	11/23/2013	EETU KARVONEN				
MEET:		1:08.37	M	3/23/1996	Michael Bagshaw				
1	De Jesus, Jose			29	Terrapin Masters		1:08.26	1:08.93	6
		31.37						1:08.93 (37.56)	
2	Ross, Marques			26	DC Water Wizards		1:16.44	1:17.34	4
		37.03						1:17.34 (40.31)	

Men 25-29 200 SC Meter Breaststroke

WORLD:		2:07.55	W	10/14/2018	Josh PRENOT	USA			
NATL:		2:07.55	N	10/14/2018	JOSH PRENOT				
MEET:		2:30.76	M	4/9/2005	Peter Fehring				
1	Ross, Marques			26	DC Water Wizards		2:55.99	2:53.51	6
		39.65						1:25.16 (45.51) 2:09.53 (44.37) 2:53.51 (43.98)	

Men 25-29 50 SC Meter Butterfly

WORLD:		23.15	W	11/21/2021	Ryan HELD	USA			
NATL:		23.15	N	11/21/1921	RYAN HELD				
MEET:		26.12	M	3/20/2004	Troy D Johnson				
1	Ross, Marques			26	DC Water Wizards		31.99	30.22	6
2	Murdock, Evan			25	Germantown Maryland Masters		35.00	30.97	4

Men 25-29 100 SC Meter Butterfly

WORLD:		51.38	W	10/29/2021	Adam BARRETT	GBR			
NATL:		52.45	N	11/3/2013	DARIAN TOWNSEND				
MEET:		57.99	M	4/1/2006	Matthew Zuiderhof				
1	Meek, Parker			26	Central Maryland YMCA Masters		1:10.00	1:06.61	6
		30.70						1:06.61 (35.91)	

Men 25-29 100 SC Meter IM

WORLD:		52.78	W	11/21/2021	Ryan HELD	USA			
NATL:		52.78	N	11/21/1921	RYAN HELD				
MEET:		1:00.03	M	3/3/2018	Scott McHenry	Alexandria Maste			
1	Amitay, Ethan			25	Terrapin Masters		1:10.00	1:09.80	6
		32.04						1:09.80 (37.76)	

Men 30-34 50 SC Meter Freestyle

WORLD:		21.53	W	12/5/2021	FROSA MESSIAS	BRA			
NATL:		21.91	N	11/13/2016	DARIAN TOWNSEND				
MEET:		23.45	M	3/15/2008	Troy Johnson				
1	Glass, Sidney			31	Club Tribe		25.00	24.68	6
2	Laplante, Brett			34	Terrapin Masters		26.48	27.35	4
3	Tran, William			31	Arlington Masters		27.69	27.51	3
4	Richard, Kevin			33	Merritt Marlins		30.00	30.61	2
5	Fundling, Scott			32	Reston Masters Swim Team		29.00	32.46	1

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Men 30-34 100 SC Meter Freestyle

WORLD: 47.29		W	11/27/2015	Evgeniy LAGUNOV		RUS		
NATL: 48.08		N	9/27/2014	DARIAN TOWNSEND				
MEET: 52.23		M	3/24/2007	Troy Johnson				
1	Laplante, Brett		34	Terrapin Masters		57.20	59.06	6
	27.76			59.06 (31.30)				
2	Urban, Daniel		30	Arlington Masters		1:02.00	1:03.10	4
	29.92			1:03.10 (33.18)				
3	Clark, Kempsey		32	Germantown Maryland Masters		1:04.53	1:03.59	3
	30.55			1:03.59 (33.04)				
4	Walker, Adam		32	Club Tribe		3:00.00	1:05.54	2
	30.79			1:05.54 (34.75)				
5	Richard, Kevin		33	Merritt Marlins		1:05.00	1:11.25	1
	32.60			1:11.25 (38.65)				

Men 30-34 200 SC Meter Freestyle

WORLD: 1:46.12		W	9/27/2014	Darian TOWNSEND		USA		
NATL: 1:46.12		N	9/27/2014	DARIAN TOWNSEND				
MEET: 2:01.03		M	4/1/2006	Troy Johnson				
1	Walker, Adam		32	Club Tribe		2:10.00	2:15.32	6
	31.33			1:06.11 (34.78)		1:41.17 (35.06)	2:15.32 (34.15)	
2	Jurkiewicz, Crosby		32	Uc10		2:29.00	2:15.48	4
	31.90			1:06.50 (34.60)		1:41.78 (35.28)	2:15.48 (33.70)	
3	Clark, Kempsey		32	Germantown Maryland Masters		2:20.48	2:19.67	3
	32.38			1:07.52 (35.14)		1:43.82 (36.30)	2:19.67 (35.85)	
4	Urban, Daniel		30	Arlington Masters		2:25.00	2:27.66	2
	33.56			1:10.72 (37.16)		1:50.58 (39.86)	2:27.66 (37.08)	

Men 30-34 100 SC Meter Backstroke

WORLD: 52.57		W	3/20/2021	Junichi MORITA		JPN		
NATL: 52.68		N	10/24/2009	DERYA BUYUKUNCU				
MEET: 1:00.00		M	3/26/1994	J Clay Britt				
1	Tran, William		31	Arlington Masters		1:06.85	1:06.73	6
	32.87			1:06.73 (33.86)				
2	Jurkiewicz, Crosby		32	Uc10		1:20.00	1:13.77	4
	36.09			1:13.77 (37.68)				
---	Laplante, Brett		34	Terrapin Masters		1:04.28	NS	

Men 30-34 50 SC Meter Breaststroke

WORLD: 26.72		W	5/5/2018	Felipe LIMA		BRA		
NATL: 28.00		N	10/16/1921	BRANDON FISCHER				
MEET: 29.87		M	3/21/2009	Blake Holden				
1	Langel, Theodore		33	Arlington Masters		40.00	37.96	6
2	Fundling, Scott		32	Reston Masters Swim Team		45.86	43.61	4

Men 30-34 100 SC Meter Breaststroke

WORLD: 59.10		W	11/28/2021	Kohhei TOMINAGA		JPN		
NATL: 1:00.81		N	10/8/2011	ED MOSES				
MEET: 1:04.81		M	3/21/2009	Blake Holden				
1	Langel, Theodore		33	Arlington Masters		1:28.00	1:26.64	6
	40.43			1:26.64 (46.21)				

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Men 30-34 200 SC Meter Breaststroke

WORLD:		2:11.17	W	11/13/2021	Dmitrii GORBUNOV	RUS			
NATL:		2:12.92	N	9/22/2019	BRANDON FISCHER				
MEET:		2:23.31	M	3/21/2009	Blake Holden				
1	Walker, Adam			32	Club Tribe		2:45.00	2:39.48	6
		37.01		1:17.07 (40.06)		1:57.77 (40.70)	2:39.48 (41.71)		

Men 30-34 50 SC Meter Butterfly

WORLD:		22.87	W	5/16/2009	Thomas RUPPRATH	GER			
NATL:		24.14	N	12/14/2019	DREW MODROV				
MEET:		26.02	M	3/24/2007	Troy Johnson				
1	Laplante, Brett			34	Terrapin Masters		29.34	28.95	6
2	Tran, William			31	Arlington Masters		29.51	30.22	4
3	Urban, Daniel			30	Arlington Masters		35.00	33.25	3
---	Fundling, Scott			32	Reston Masters Swim Team		39.36	DQ	
	False start								

Men 30-34 100 SC Meter Butterfly

WORLD:		52.44	W	11/12/2016	Darian TOWNSEND	USA			
NATL:		52.81	N	11/15/2014	DARIAN TOWNSEND				
MEET:		57.47	M	3/25/2000	Jeffrey H Roddin				
1	Jurkiewicz, Crosby			32	Uc10		1:13.00	1:06.62	6
		32.49		1:06.62 (34.13)					

Men 30-34 100 SC Meter IM

WORLD:		53.28	W	11/13/2016	Darian TOWNSEND	USA			
NATL:		53.28	N	11/13/2016	DARIAN TOWNSEND				
MEET:		1:02.38	M	3/16/2013	Adam Barley				
1	Glass, Sidney			31	Club Tribe		1:00.52	1:01.02 M	6
		28.21		1:01.02 (32.81)					
2	Clark, Kempsey			32	Germantown Maryland Masters		1:25.00	1:16.88	4
		35.86		1:16.88 (41.02)					
3	Langel, Theodore			33	Arlington Masters		1:30.00	1:17.48	3
		36.71		1:17.48 (40.77)					
4	Urban, Daniel			30	Arlington Masters		1:15.00	1:18.92	2
		38.05		1:18.92 (40.87)					
5	Richard, Kevin			33	Merritt Marlins		1:20.00	1:21.02	1
		37.43		1:21.02 (43.59)					
6	Fundling, Scott			32	Reston Masters Swim Team		1:45.00	1:29.07	
		42.62		1:29.07 (46.45)					

Men 30-34 200 SC Meter IM

WORLD:		1:56.96	W	11/13/2016	Darian TOWNSEND	USA			
NATL:		1:56.96	N	11/13/2016	DARIAN TOWNSEND				
MEET:		2:14.53	M	3/15/2014	Adam Barley				
1	Tran, William			31	Arlington Masters		2:28.93	2:28.10	6
		31.18		1:07.60 (36.42)		1:51.85 (44.25)	2:28.10 (36.25)		
2	Jurkiewicz, Crosby			32	Uc10		2:52.00	2:28.78	4
		32.12		1:10.69 (38.57)		1:54.18 (43.49)	2:28.78 (34.60)		
3	Walker, Adam			32	Club Tribe		2:33.30	2:33.07	3
		34.08		1:15.35 (41.27)		1:57.83 (42.48)	2:33.07 (35.24)		

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Men 30-34 400 SC Meter IM

WORLD: 4:16.06		W	11/12/2016	Darian TOWNSEND		USA	
NATL: 4:13.68		N	10/31/2015	DARIAN TOWNSEND			
MEET: 4:48.30		M	3/19/2011	Adam Barley			
1	Langel, Theodore		33	Arlington Masters	7:30.00	7:05.35	6
	41.00		1:32.46 (51.46)		2:32.03 (59.57)	3:29.06 (57.03)	
	4:27.14 (58.08)		5:23.17 (56.03)		7:05.35 (1:42.18)		

Men 35-39 100 SC Meter Freestyle

WORLD: 47.70		W	11/18/2018	Roland SCHOEMAN		USA	
NATL: 47.70		N	11/18/2018	ROLAND SCHOEMAN			
MEET: 53.06		M	3/25/2000	Michael A Fell			
1	Taylor, Tim		35	Alexandria Masters Swimming	1:04.62	1:02.77	6
	30.17		1:02.77 (32.60)				

Men 35-39 200 SC Meter Freestyle

WORLD: 1:48.36		W	12/2/2021	Benjamin HOCKIN		PAR	
NATL: 1:51.31		N	12/14/2003	ERIK HOCHSTEIN			
MEET: 1:59.73		M	3/27/1999	Dale McElhattan			
1	Krempasky, Steven		35	Germantown Maryland Masters	2:46.01	2:43.04	6
	37.24		1:18.69 (41.45)		2:01.19 (42.50)	2:43.04 (41.85)	

Men 35-39 100 SC Meter Backstroke

WORLD: 54.66		W	10/26/2019	Darian TOWNSEND		USA	
NATL: 54.66		N	10/26/2019	DARIAN TOWNSEND			
MEET: 58.25		M	3/23/1996	J Clay Britt			
1	Taylor, Tim		35	Alexandria Masters Swimming	1:12.09	1:12.51	6
	35.58		1:12.51 (36.93)				
---	Tikhonoff, Jonathan		36	Uc09	1:10.00	NS	

Men 35-39 100 SC Meter Breaststroke

WORLD: 1:00.21		W	10/16/2021	Adam RITTER		USA	
NATL: 1:00.21		N	10/16/1921	ADAM RITTER			
MEET: 1:03.18		M	4/4/1998	Wally C Dicks			
1	Dreisbach, Tristan		39	Arlington Masters	1:28.23	1:29.76	6
	42.50		1:29.76 (47.26)				
---	Tikhonoff, Jonathan		36	Uc09	1:15.00	NS	

Men 35-39 50 SC Meter Butterfly

WORLD: 23.12		W	11/18/2018	Roland SCHOEMAN		USA	
NATL: 23.12		N	11/18/2018	ROLAND SCHOEMAN			
MEET: 26.35		M	3/25/2000	J Clay Britt			
1	Taylor, Tim		35	Alexandria Masters Swimming	31.28	30.75	6
2	Krempasky, Steven		35	Germantown Maryland Masters	45.00	37.53	4

Men 35-39 100 SC Meter Butterfly

WORLD: 52.78		W	1/18/2020	Takuya HASEGAWA		JPN	
NATL: 54.27		N	12/4/2011	IGOR MARCHENKO			
MEET: 58.59		M	3/24/2007	Jeffrey Roddin			
1	Dreisbach, Tristan		39	Arlington Masters	1:16.50	1:15.41	6
	36.53		1:15.41 (38.88)				
---	Tikhonoff, Jonathan		36	Uc09	1:05.00	NS	

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Men 35-39 100 SC Meter IM

WORLD:	54.90	W	12/4/2021	Benjamin HOCKIN	PAR		
NATL:	54.91	N	10/27/2019	DARIAN TOWNSEND			
MEET:	59.11	M	3/25/2000	Jerome A Frentsos			
---	Tikhonoff, Jonathan		36	Uc09	1:10.00		NS

Men 35-39 200 SC Meter IM

WORLD:	1:59.85	W	10/27/2019	Darian TOWNSEND	USA		
NATL:	1:59.85	N	10/27/2019	DARIAN TOWNSEND			
MEET:	2:20.52	M	4/9/2005	Jeffrey Roddin			
1	Dreisbach, Tristan		39	Arlington Masters	2:59.08	2:54.53	6
	36.56		1:25.70 (49.14)	2:15.94 (50.24)	2:54.53 (38.59)		
2	Krempasky, Steven		35	Germantown Maryland Masters	3:10.00	3:14.26	4
	41.17		2:34.02 (1:52.85)	3:14.26 (40.24)			

Men 35-39 400 SC Meter IM

WORLD:	4:19.79	W	10/26/2019	Darian TOWNSEND	USA		
NATL:	4:19.79	N	10/26/2019	DARIAN TOWNSEND			
MEET:	4:35.23	M	3/25/2000	Jerome A Frentsos			
1	Krempasky, Steven		35	Germantown Maryland Masters	NT	7:13.53	6
	45.28		1:37.76 (52.48)	2:43.76 (1:06.00)	3:50.59 (1:06.83)		
	4:49.24 (58.65)		5:48.44 (59.20)	6:32.51 (44.07)	7:13.53 (41.02)		

Men 40-44 50 SC Meter Freestyle

WORLD:	22.75	W	5/8/2016	Hideaki HARA	JPN		
NATL:	23.13	N	8/15/2013	BRIAN JACOBSON			
MEET:	24.51	M	4/6/2002	Michael A Fell			
1	Strahota, Jeffrey		42	Terrapin Masters	28.82	28.56	6
2	Naake, Spencer		42	Uc09	35.00	31.41	4
3	Fenwick, Darren		43	District Of Columbia Aquatics	40.00	37.00	3

Men 40-44 100 SC Meter Freestyle

WORLD:	49.64	W	6/4/2017	Hideaki HARA	JPN		
NATL:	50.43	N	12/6/2008	MICHAEL ROSS			
MEET:	54.02	M	4/6/2002	Michael A Fell			
1	Naake, Spencer		42	Uc09	1:20.00	1:10.64	6
	32.82		1:10.64 (37.82)				
2	Fenwick, Darren		43	District Of Columbia Aquatics	1:31.00	1:24.09	4
	36.60		1:24.09 (47.49)				

Men 40-44 200 SC Meter Freestyle

WORLD:	1:50.08	W	12/6/2008	Michael ROSS	USA		
NATL:	1:50.08	N	12/6/2008	MICHAEL ROSS			
MEET:	2:00.90	M	3/16/2013	Daniel Bellin			
1	Strahota, Jeffrey		42	Terrapin Masters	2:12.12	2:17.46	6
	32.12		1:07.47 (35.35)	1:42.99 (35.52)	2:17.46 (34.47)		

Men 40-44 50 SC Meter Backstroke

WORLD:	25.48	W	3/21/2021	M.WAKABAYASHI	JPN		
NATL:	25.53	N	12/12/2009	MICHAEL ROSS			
MEET:	27.44	M	3/31/2001	J Clay Britt			
1	Naake, Spencer		42	Uc09	40.00	37.44	6

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Men 40-44 100 SC Meter Backstroke

WORLD:	54.85	W	12/7/2008	Michael ROSS		USA			
NATL:	54.85	N	12/7/2008	MICHAEL ROSS					
MEET:	58.28	M	3/29/2003	J Clay Britt					
1	Naake, Spencer		42	Uc09			1:30.00	1:21.07	6
	38.95			1:21.07 (42.12)					

Men 40-44 200 SC Meter Backstroke

WORLD:	2:03.84	W	12/14/2008	Michael ROSS		USA			
NATL:	2:03.84	N	12/14/2008	MICHAEL ROSS					
MEET:	2:11.17	M	4/6/2002	Fritz E Lehman					
1	Denrich, David		43	Team New York Aquatics			2:25.89	2:22.77	6
	34.40			1:10.72 (36.32)			1:47.03 (36.31)	2:22.77 (35.74)	

Men 40-44 50 SC Meter Butterfly

WORLD:	24.14	W	3/16/2014	Lars FROLANDER		SWE			
NATL:	24.91	N	12/6/2008	MICHAEL ROSS					
MEET:	26.70	M	3/30/2019	Scott Dallamura		North Carolina M			
1	Strahota, Jeffrey		42	Terrapin Masters			30.03	30.45	6

Men 40-44 100 SC Meter Butterfly

WORLD:	53.81	W	3/15/2014	Lars FROLANDER		SWE			
NATL:	55.82	N	12/14/2008	MICHAEL ROSS					
MEET:	59.71	M	3/20/2010	Jeffrey Roddin					
1	Denrich, David		43	Team New York Aquatics			1:07.38	1:07.23	6
	31.49			1:07.23 (35.74)					

Men 40-44 100 SC Meter IM

WORLD:	56.91	W	6/2/2019	Takashi NISHIYAMA		JPN			
NATL:	57.19	N	11/16/2014	JEFF COMMINGS					
MEET:	1:00.54	M	3/31/2001	J Clay Britt					
1	Strahota, Jeffrey		42	Terrapin Masters			1:10.11	1:11.82	6
	32.76			1:11.82 (39.06)					

Men 40-44 200 SC Meter IM

WORLD:	2:05.46	W	12/4/2009	Roque SANTOS		USA			
NATL:	2:05.46	N	12/4/2009	ROQUE SANTOS					
MEET:	2:21.42	M	3/21/2009	Emad Elshafei					
1	Denrich, David		43	Team New York Aquatics			2:33.99	2:30.89	6
	32.26			1:09.64 (37.38)			1:56.38 (46.74)	2:30.89 (34.51)	

Men 40-44 400 SC Meter IM

WORLD:	4:30.68	W	10/10/2014	Eric CHRISTENSEN		USA			
NATL:	4:30.68	N	10/10/2014	ERIC CHRISTENSEN					
MEET:	5:11.96	M	3/21/2009	Emad Elshafei					
1	Denrich, David		43	Team New York Aquatics			5:21.92	5:26.60	6
	33.66			1:12.19 (38.53)			1:53.36 (41.17)	2:35.11 (41.75)	
	3:22.87 (47.76)			4:11.59 (48.72)			4:49.50 (37.91)	5:26.60 (37.10)	

Men 45-49 50 SC Meter Freestyle

WORLD:	22.85	W	6/2/2019	Hideaki HARA		JPN			
NATL:	23.58	N	11/13/2016	SIPHIWE BALEKA					
MEET:	24.82	M	3/29/2003	Gregory L Oxley					
1	Grimes, Ben		49	Alexandria Masters Swimming			28.80	27.10	6

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2	Rooney, Tim	45	Arlington Masters	35.00	29.58	4
3	Fraley, Daniel	45	Illinois Masters	30.50	29.86	3
4	Matthews, Chad	45	Germantown Maryland Masters	32.22	31.86	2
5	Skrypek, Anthony	46	Uc09	35.00	34.54	1

Men 45-49 100 SC Meter Freestyle

WORLD: 49.99 W 6/2/2019 Hideaki HARA JPN
NATL: 52.54 N 12/2/2007 PAUL SMITH
MEET: 55.84 M 3/17/2012 Steve Hiltabiddle

1	Grimes, Ben	49	Alexandria Masters Swimming	1:04.30	1:00.46	6
	28.50		1:00.46 (31.96)			
2	Rooney, Tim	45	Arlington Masters	1:10.00	1:03.12	4
	30.64		1:03.12 (32.48)			
3	Hooker, Brian	48	Montgomery Ancient Mariners	1:06.68	1:06.97	3
	31.42		1:06.97 (35.55)			
4	Skrypek, Anthony	46	Uc09	1:25.00	1:17.60	2
	37.29		1:17.60 (40.31)			
5	Moses, Todd	48	Montgomery Ancient Mariners	1:24.00	1:25.56	1
	38.76		1:25.56 (46.80)			
---	Matthews, Chad	45	Germantown Maryland Masters	1:12.20	NS	

Men 45-49 200 SC Meter Freestyle

WORLD: 1:52.87 W 3/9/2012 Nicolas GRANGER FRA
NATL: 1:56.00 N 12/2/2007 PAUL SMITH
MEET: 2:07.29 M 3/30/2019 Craig Baldwin NZL

1	Main, Bryan	49	Germantown Maryland Masters	2:35.00	2:33.03	6
	35.57		1:15.36 (39.79)	1:55.88 (40.52)	2:33.03 (37.15)	
2	Hooker, Brian	48	Montgomery Ancient Mariners	2:33.70	2:33.06	4
	33.97		1:12.78 (38.81)	1:54.31 (41.53)	2:33.06 (38.75)	
3	Moses, Todd	48	Montgomery Ancient Mariners	3:15.00	3:23.28	3
	43.31		1:33.51 (50.20)	2:29.28 (55.77)	3:23.28 (54.00)	

Men 45-49 50 SC Meter Backstroke

WORLD: 26.23 W 3/20/2021 Aleksandr SHILIN RUS
NATL: 27.02 N 12/12/2009 CHRIS STEVENSON
MEET: 27.98 M 3/21/2009 J Clay Britt

1	Mirt, Chad	49	Lane 4 Swimming	34.00	32.38	6
2	Grimes, Ben	49	Alexandria Masters Swimming	34.50	34.17	4
---	Bell, David	47	Club Tribe	29.99	NS	

Men 45-49 100 SC Meter Backstroke

WORLD: 57.00 W 12/13/2009 Chris STEVENSON USA
NATL: 57.00 N 12/13/2009 CHRIS STEVENSON
MEET: 58.33 M 3/21/2009 Chris Stevenson

1	Bell, David	47	Club Tribe	1:05.55	1:06.04	6
	32.26		1:06.04 (33.78)			
2	Mirt, Chad	49	Lane 4 Swimming	1:10.00	1:10.87	4
	34.96		1:10.87 (35.91)			

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Men 45-49 200 SC Meter Backstroke

WORLD:		2:05.54	W	12/12/2009	Chris STEVENSON	USA		
NATL:		2:05.54	N	12/12/2009	CHRIS STEVENSON			
MEET:		2:09.05	M	3/21/2009	Chris Stevenson			
1	Solares, Santiago	49	Terrapin Masters		3:19.70	3:06.09		6
		45.22	1:32.16 (46.94)	2:20.15 (47.99)	3:06.09 (45.94)			

Men 45-49 50 SC Meter Breaststroke

WORLD:		28.65	W	10/26/2019	Jeff COMMINGS	USA		
NATL:		28.65	N	10/26/2019	JEFF COMMINGS			
MEET:		30.06	M	3/21/2009	Wally Dicks			
1	Baldwin, Craig	48	Reston Masters Swim Team		33.76	33.35		6
2	Fraley, Daniel	45	Illinois Masters		35.50	35.39		4
3	Rooney, Tim	45	Arlington Masters		43.00	38.41		3
4	Skrypek, Anthony	46	Uc09		50.00	46.06		2
5	Moses, Todd	48	Montgomery Ancient Mariners		45.00	50.12		1

Men 45-49 100 SC Meter Breaststroke

WORLD:		1:02.22	W	11/17/2018	Steve WEST	USA		
NATL:		1:02.22	N	11/17/2018	STEVE WEST			
MEET:		1:07.88	M	3/24/2007	Jon Blank			
1	Baldwin, Craig	48	Reston Masters Swim Team		1:17.80	1:12.77		6
		33.62	1:12.77 (39.15)					
---	Dash, Randy	48	Virginia Masters Swim Team		1:15.00	NS		

Men 45-49 200 SC Meter Breaststroke

WORLD:		2:15.45	W	11/30/2018	Steve WEST	USA		
NATL:		2:15.45	N	11/30/2018	STEVE WEST			
MEET:		2:31.41	M	3/29/2003	Gregory L Oxley			
1	Dash, Randy	48	Virginia Masters Swim Team		2:45.00	2:48.91		6
		36.69	1:18.69 (42.00)	2:03.28 (44.59)	2:48.91 (45.63)			

Men 45-49 50 SC Meter Butterfly

WORLD:		24.38	W	3/19/2017	Eiji NOMURA	JPN		
NATL:		25.74	N	12/13/2009	FRITZ BEDFORD			
MEET:		26.38	M	3/17/2012	Steve Hiltabiddle			
1	Grimes, Ben	49	Alexandria Masters Swimming		33.20	30.76		6
2	Matthews, Chad	45	Germantown Maryland Masters		34.28	33.81		4
3	Fraley, Daniel	45	Illinois Masters		34.50	34.87		3
4	Main, Bryan	49	Germantown Maryland Masters		36.00	35.53		2
---	Skrypek, Anthony	46	Uc09		40.00	DQ		
	Arms underwater recovery							

Men 45-49 100 SC Meter Butterfly

WORLD:		55.07	W	3/18/2018	Eiji NOMURA	JPN		
NATL:		57.17	N	12/14/2003	PAUL CARTER			
MEET:		58.26	M	3/21/2009	Chris Stevenson			
1	Solares, Santiago	49	Terrapin Masters		1:17.53	1:20.38		6
		36.73	1:20.38 (43.65)					

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Men 45-49 200 SC Meter Butterfly

WORLD: 2:05.00 W 1/19/2020 Eiji NOMURA JPN
NATL: 2:06.40 N 11/19/2006 DENNIS BAKER
MEET: 2:18.78 M 3/15/2014 Dave Holland

1	Solares, Santiago	49	Terrapin Masters	3:09.31	3:14.98	6
	41.98	1:32.49 (50.51)	2:24.28 (51.79)	3:14.98 (50.70)		

Men 45-49 100 SC Meter IM

WORLD: 57.68 W 3/9/2012 Nicolas GRANGER FRA
NATL: 58.18 N 11/21/1921 JEFF COMMINGS
MEET: 1:00.44 M 3/20/2010 Jerome Frentsos

1	Rooney, Tim	45	Arlington Masters	1:14.00	1:13.03	6
	35.14	1:13.03 (37.89)				
2	Fraley, Daniel	45	Illinois Masters	1:16.14	1:14.90	4
	35.99	1:14.90 (38.91)				
3	Matthews, Chad	45	Germantown Maryland Masters	1:29.19	1:24.14	3
	39.47	1:24.14 (44.67)				
---	Bell, David	47	Club Tribe	1:05.33	NS	

Men 45-49 200 SC Meter IM

WORLD: 2:04.64 W 3/8/2012 Nicolas GRANGER FRA
NATL: 2:09.71 N 3/20/2010 JEROME FRENTSOS
MEET: 2:09.71 M 3/20/2010 Jerome Frentsos

1	Main, Bryan	49	Germantown Maryland Masters	2:55.00	2:58.61	6
	37.53	1:25.82 (48.29)	2:19.98 (54.16)	2:58.61 (38.63)		
2	Solares, Santiago	49	Terrapin Masters	2:59.02	2:58.72	4
	37.01	1:26.05 (49.04)	2:17.80 (51.75)	2:58.72 (40.92)		

Men 50-54 50 SC Meter Freestyle

WORLD: 23.38 W 10/18/2009 Rowdy GAINES USA
NATL: 23.38 N 10/18/2009 ROWDY GAINES
MEET: 24.78 M 3/25/2017 Steve Hiltabiddle UC08-8

1	Rosenthal, James	51	Montgomery Ancient Mariners	27.00	26.96	6
2	Doane, Michael	52	Terrapin Masters	25.99	27.13	4
3	O'Brien, Terrence	52	Club Tribe	29.79	28.50	3
4	Komoto, Takeshi	53	Montgomery Ancient Mariners	29.95	29.20	2
5	Mc Caffrey, John	53	Montgomery Ancient Mariners	30.27	29.30	1
6	Hjelle, Mark	52	Montgomery Ancient Mariners	29.85	30.05	
7	Diaz, David	52	DC Water Wizards	30.50	31.02	
---	Mello, James	51	Sea Devil Swimming Masters	25.80	NS	

Men 50-54 100 SC Meter Freestyle

WORLD: 51.49 W 3/26/2017 Nicolas GRANGER FRA
NATL: 51.61 N 10/17/2009 ROWDY GAINES
MEET: 55.49 M 3/29/2003 Paul T Trevisan

1	Higgins, Anthony	53	Germantown Maryland Masters	58.79	58.31	6
	27.74	58.31 (30.57)				
2	O'Brien, Terrence	52	Club Tribe	1:06.39	1:02.12	4
	29.41	1:02.12 (32.71)				
3	Mello, James	51	Sea Devil Swimming Masters	58.68	1:04.72	3
	30.61	1:04.72 (34.11)				
4	Hjelle, Mark	52	Montgomery Ancient Mariners	1:05.14	1:06.30	2
	31.63	1:06.30 (34.67)				

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5	Mc Caffrey, John	53	Montgomery Ancient Mariners	1:05.00	1:07.70	1
	30.84				1:07.70 (36.86)	
6	Navaie, Kiarash	52	Montgomery Ancient Mariners	1:20.00	1:12.86	
	35.05				1:12.86 (37.81)	

Men 50-54 200 SC Meter Freestyle

WORLD: 1:54.61 W 10/14/2011 Rowdy GAINES						USA
NATL: 1:54.61 N 10/14/2011 ROWDY GAINES						
MEET: 2:04.73 M 4/1/2006 Bradford Gandee						
1	Rosenthal, James	51	Montgomery Ancient Mariners	2:21.00	2:16.10	6
	31.22				1:05.97 (34.75) 1:41.84 (35.87) 2:16.10 (34.26)	
2	Navaie, Kiarash	52	Montgomery Ancient Mariners	3:00.00	2:48.13	4
	37.42				1:19.56 (42.14) 2:04.33 (44.77) 2:48.13 (43.80)	

Men 50-54 50 SC Meter Backstroke

WORLD: 26.69 W 10/24/2015 Fritz BEDFORD						USA
NATL: 26.69 N 10/24/2015 FRITZ BEDFORD						
MEET: 28.75 M 3/19/2011 Clay Britt						
1	Higgins, Anthony	53	Germantown Maryland Masters	30.24	29.86	6
2	Tomson, Farol	51	Germantown Maryland Masters	36.25	36.66	4

Men 50-54 100 SC Meter Backstroke

WORLD: 57.95 W 3/25/2017 Nicolas GRANGER						FRA
NATL: 58.47 N 10/24/2015 FRITZ BEDFORD						
MEET: 1:01.99 M 3/19/2011 Clay Britt						
1	Higgins, Anthony	53	Germantown Maryland Masters	1:04.52	1:04.83	6
	32.44				1:04.83 (32.39)	
2	Daly, James	51	Virginia Masters Swim Team	1:30.00	1:25.80	4
	42.12				1:25.80 (43.68)	

Men 50-54 200 SC Meter Backstroke

WORLD: 2:07.13 W 5/6/2017 Nicolas GRANGER						FRA
NATL: 2:11.84 N 12/4/2009 JAMIE FOWLER						
MEET: 2:22.30 M 3/30/2019 Anthony Higgins						Germantown Maryl
1	Higgins, Anthony	53	Germantown Maryland Masters	2:22.20	2:24.46	6
	35.67				1:13.45 (37.78) 1:49.98 (36.53) 2:24.46 (34.48)	

Men 50-54 50 SC Meter Breaststroke

WORLD: 29.71 W 4/9/2017 C.Arturo TRAVAINI						ITA
NATL: 29.84 N 12/8/2013 DAVID GUTHRIE						
MEET: 31.64 M 3/16/2013 Jon Blank						
1	Dunson, David	50	North Carolina Masters Swimmin	32.47	32.06	6
2	Sandi, Gustavo	50	Germantown Maryland Masters	33.17	33.99	4
3	Doane, Michael	52	Terrapin Masters	33.00	34.92	3
4	O'Brien, Terrence	52	Club Tribe	37.25	37.71	2
5	Tomson, Farol	51	Germantown Maryland Masters	40.55	40.12	1
6	Hjelle, Mark	52	Montgomery Ancient Mariners	40.25	40.57	
7	Diaz, David	52	DC Water Wizards	40.50	40.68	

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Men 50-54 100 SC Meter Breaststroke

WORLD: 1:04.28 W 5/6/2017		Nicolas GRANGER	FRA		
NATL: 1:04.54 N 12/7/2013		DAVID GUTHRIE			
MEET: 1:10.14 M 3/30/2019		Neill Williams	District Of Colu		
1	Dunson, David	50 North Carolina Masters Swimmin	1:11.99	1:10.72	6
	33.17	1:10.72 (37.55)			
2	Sandi, Gustavo	50 Germantown Maryland Masters	1:14.50	1:18.75	4
	37.16	1:18.75 (41.59)			

Men 50-54 200 SC Meter Breaststroke

WORLD: 2:19.36 W 3/23/2018		Nicolas GRANGER	FRA		
NATL: 2:21.65 N 12/8/2013		DAVID GUTHRIE			
MEET: 2:42.19 M 3/3/2018		Neill Williams	District Of Colu		
1	Dunson, David	50 North Carolina Masters Swimmin	2:41.09	2:41.83 M	6
	36.39	1:17.39 (41.00) 1:59.32 (41.93) 2:41.83 (42.51)			
2	Daly, James	51 Virginia Masters Swim Team	3:35.00	3:28.47	4
	46.70	1:40.25 (53.55) 3:28.47 (1:48.22)			

Men 50-54 50 SC Meter Butterfly

WORLD: 25.49 W 5/16/2009		Dan THOMPSON	CAN		
NATL: 25.74 N 12/8/2018		STEVE HILTABIDDLE			
MEET: 26.07 M 3/5/2016		Steve Hiltabiddle	Colonials 1776		
1	Rosenthal, James	51 Montgomery Ancient Mariners	27.75	27.69	6
2	Doane, Michael	52 Terrapin Masters	27.99	28.89	4
3	Tomson, Farol	51 Germantown Maryland Masters	34.08	33.82	3
4	Mello, James	51 Sea Devil Swimming Masters	36.10	33.97	2
5	Hjelle, Mark	52 Montgomery Ancient Mariners	34.50	34.84	1
6	Daly, James	51 Virginia Masters Swim Team	35.00	35.31	

Men 50-54 100 SC Meter Butterfly

WORLD: 56.78 W 3/24/2018		Nicolas GRANGER	FRA		
NATL: 57.29 N 12/2/2007		PAUL CARTER			
MEET: 59.98 M 3/5/2016		Steve Hiltabiddle	Colonials 1776		
1	Rosenthal, James	51 Montgomery Ancient Mariners	1:03.00	1:02.72	6
	29.66	1:02.72 (33.06)			
2	Diaz, David	52 DC Water Wizards	1:25.00	1:26.82	4
	41.15	1:26.82 (45.67)			

Men 50-54 100 SC Meter IM

WORLD: 57.69 W 3/24/2017		Nicolas GRANGER	FRA		
NATL: 1:00.57 N 12/10/2016		SCOTT HEBER			
MEET: 1:01.61 M 3/3/2018		Jerome Frentsos	District Of Colu		
1	Diaz, David	52 DC Water Wizards	1:20.50	1:18.48	6
	36.20	1:18.48 (42.28)			
2	Tomson, Farol	51 Germantown Maryland Masters	1:23.88	1:20.05	4
	36.87	1:20.05 (43.18)			
3	Navaie, Kiarash	52 Montgomery Ancient Mariners	2:00.00	1:31.84	3
	43.35	1:31.84 (48.49)			

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Men 50-54 200 SC Meter IM

WORLD: 2:06.38 W 1/28/2018		Nicolas GRANGER		FRA		
NATL: 2:12.85 N 5/17/2015		JEROME FRENTSOS				
MEET: 2:13.82 M 3/3/2018		Jerome Frentsos		District Of Colu		
1	Mello, James	51	Sea Devil Swimming Masters	2:48.14	2:54.55	6
	36.76	1:24.21 (47.45)	2:17.78 (53.57)	2:54.55 (36.77)		

Men 55-59 50 SC Meter Freestyle

WORLD: 24.37 W 3/23/2019		Calvin MAUGHAN		SWE		
NATL: 24.66 N 10/10/2015		STEVE WOOD				
MEET: 24.70 M 4/1/2006		Paul Trevisan				
1	Hiltabiddle, Steve	56	Colonials 1776	24.88	25.42	6
2	Lee, Michael	55	Uc05	NT	26.64	4
3	Golden, Scott	59	Germantown Maryland Masters	32.00	31.25	3
4	Salazar, Luis	56	DC Water Wizards	36.57	31.93	2
---	Faria, Jose	56	Garden State Masters	27.54	NS	
---	Bush, Jeffrey	57	Alexandria Masters Swimming	30.00	NS	
---	Wunderlich, Karl	57	Germantown Maryland Masters	29.00	NS	

Men 55-59 100 SC Meter Freestyle

WORLD: 54.32 W 3/23/2019		Calvin MAUGHAN		SWE		
NATL: 54.50 N 4/5/2009		JACK GROSELLE				
MEET: 55.12 M 4/1/2006		Paul Trevisan				
1	Lee, Michael	55	Uc05	NT	1:00.14	6
	28.58	1:00.14 (31.56)				
2	Fitzwilliam, Gary	58	Germantown Maryland Masters	1:14.00	1:11.27	4
	33.33	1:11.27 (37.94)				
---	Wunderlich, Karl	57	Germantown Maryland Masters	1:06.00	NS	
---	Bush, Jeffrey	57	Alexandria Masters Swimming	1:05.00	NS	
---	Quevedo, Daniel	59	Germantown Maryland Masters	1:30.00	NS	

Men 55-59 200 SC Meter Freestyle

WORLD: 1:59.08 W 11/21/2009		Michael MANN		USA		
NATL: 1:59.08 N 11/21/2009		MICHAEL MANN				
MEET: 2:13.04 M 3/19/2011		James Thornton				
1	Lee, Michael	55	Uc05	NT	2:19.62	6
	30.94	1:06.04 (35.10)	1:42.87 (36.83)	2:19.62 (36.75)		
2	Hiltabiddle, Steve	56	Colonials 1776	2:40.00	3:09.54	4
	27.19	56.47 (29.28)	2:14.78 (1:18.31)	3:09.54 (54.76)		
---	Wunderlich, Karl	57	Germantown Maryland Masters	2:31.00	NS	
---	Bush, Jeffrey	57	Alexandria Masters Swimming	2:20.00	NS	
---	Quevedo, Daniel	59	Germantown Maryland Masters	3:00.00	NS	

Men 55-59 50 SC Meter Backstroke

WORLD: 27.86 W 12/9/2018		Fritz BEDFORD		USA		
NATL: 27.62 N 10/10/2015		STEVE WOOD				
MEET: 29.16 M 3/3/2018		Clay Britt		Montgomery Ancie		
---	Bush, Jeffrey	57	Alexandria Masters Swimming	38.00	NS	

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Men 55-59 100 SC Meter Backstroke

WORLD:	1:00.78	W	10/20/2018	Fritz BEDFORD	USA			
NATL:	1:00.78	N	10/20/2018	FRITZ BEDFORD				
MEET:	1:03.86	M	3/3/2018	Clay Britt	Montgomery Ancie			
1	Salazar, Luis		56	DC Water Wizards	1:16.93	1:13.94		6
	36.44		1:13.94 (37.50)					

Men 55-59 200 SC Meter Backstroke

WORLD:	2:15.37	W	12/2/2018	Len GUSHE	USA			
NATL:	2:15.37	N	12/2/2018	LEN GUSHE				
MEET:	2:20.06	M	3/3/2018	Len Gushe	UC12 -12			
1	Faria, Jose		56	Garden State Masters	2:40.11	2:32.41		6
	35.60		1:14.35 (38.75)	1:54.62 (40.27)	2:32.41 (37.79)			
2	Salazar, Luis		56	DC Water Wizards	2:49.41	2:43.28		4
	38.92		1:20.04 (41.12)	2:02.64 (42.60)	2:43.28 (40.64)			

Men 55-59 50 SC Meter Breaststroke

WORLD:	29.22	W	2/9/2020	C.Arturo TRAVAINI	ITA			
NATL:	30.37	N	12/17/2016	DAVID GUTHRIE				
MEET:	32.46	M	3/30/2019	Gregory Harris	Virginia Masters			
1	Dubin, Jeffrey		56	Montgomery Ancient Mariners	40.00	40.27		6
2	Fitzwilliam, Gary		58	Germantown Maryland Masters	42.00	40.35		4

Men 55-59 100 SC Meter Breaststroke

WORLD:	1:04.26	W	2/16/2019	C.Arturo TRAVAINI	ITA			
NATL:	1:06.80	N	12/18/2016	DAVID GUTHRIE				
MEET:	1:10.41	M	3/3/2018	Gregory Harris	Virginia Masters			
1	Lee, Michael		55	Uc05	NT	1:17.57		6
	36.87		1:17.57 (40.70)					

Men 55-59 50 SC Meter Butterfly

WORLD:	26.43	W	12/12/2021	Steve HILTABIDDLE	USA			
NATL:	26.43	N	12/12/1921	STEVE HILTABIDDLE				
MEET:	28.15	M	2/29/2020	Evan Ekman	Palmetto Masters			
1	Hiltabiddle, Steve		56	Colonials 1776	26.43	26.96 M		6
2	Golden, Scott		59	Germantown Maryland Masters	34.00	33.45		4

Men 55-59 100 SC Meter Butterfly

WORLD:	59.80	W	4/1/2013	Dan THOMPSON	CAN			
NATL:	1:00.10	N	12/1/2017	DAVID SIMS				
MEET:	1:04.02	M	2/29/2020	Evan Ekman	Palmetto Masters			
1	Hiltabiddle, Steve		56	Colonials 1776	1:00.00	1:00.75 M		6
	27.65		1:00.75 (33.10)					
2	Golden, Scott		59	Germantown Maryland Masters	1:18.00	1:17.10		4
	35.20		1:17.10 (41.90)					

Men 55-59 100 SC Meter IM

WORLD:	1:01.28	W	12/4/2021	Jerome FRENTSOS	USA			
NATL:	1:01.28	N	12/4/1921	JEROME FRENTSOS				
MEET:	1:01.65	M	2/29/2020	Jerome Frentsos	District Of Colu			
1	Frentsos, Jerome		57	District Of Columbia Aquatics	1:01.28	1:02.07		6
	28.86		1:02.07 (33.21)					
---	Wunderlich, Karl		57	Germantown Maryland Masters	1:19.52	NS		

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Men 55-59 200 SC Meter IM

WORLD: 2:14.60		W	2/29/2020	Jerome FRENTSOS	USA		
NATL: 2:14.60		N	2/29/2020	JEROME FRENTSOS			
MEET: 2:14.60		M	2/29/2020	Jerome Frentsos	District Of Colu		
1	Frentsos, Jerome	57	District Of Columbia Aquatics	2:14.60	2:18.93	6	
	29.91	1:04.89 (34.98)	1:45.22 (40.33)	2:18.93 (33.71)			
2	Faria, Jose	56	Garden State Masters	2:34.97	2:30.74	4	
	33.22	1:12.50 (39.28)	1:56.27 (43.77)	2:30.74 (34.47)			
3	Salazar, Luis	56	DC Water Wizards	2:44.52	2:52.36	3	
	36.82	1:21.45 (44.63)	2:12.24 (50.79)	2:52.36 (40.12)			

Men 55-59 400 SC Meter IM

WORLD: 4:51.97		W	11/21/2009	Michael MANN	USA		
NATL: 4:51.97		N	11/21/2009	MICHAEL MANN			
MEET: 5:57.59		M	3/25/2000	Jack Iliff			
1	Frentsos, Jerome	57	District Of Columbia Aquatics	5:00.03	5:01.93 M	6	
	31.38	1:07.78 (36.40)	1:46.76 (38.98)	2:26.52 (39.76)			
	3:08.71 (42.19)	3:51.73 (43.02)	4:27.73 (36.00)	5:01.93 (34.20)			

Men 60-64 50 SC Meter Freestyle

WORLD: 24.90		W	12/3/2006	Richard ABRAHAMS	USA		
NATL: 24.90		N	12/3/2006	RICHARD ABRAHAMS			
MEET: 25.40		M	3/19/2011	Paul Trevisan			
1	Broderick, Tom	62	Reston Masters Swim Team	35.43	33.82	6	
2	Nelson, Greg	62	Germantown Maryland Masters	35.50	35.15	4	
3	Wen, Jean-Francois	60	DC Water Wizards	39.50	42.39	3	
---	Molina, Dwight	61	Uc08	30.00	NS		

Men 60-64 100 SC Meter Freestyle

WORLD: 55.87		W	5/17/2014	Jack GROSELLE	USA		
NATL: 55.87		N	5/17/2014	JACK GROSELLE			
MEET: 57.61		M	3/17/2012	Paul Trevisan			
1	Wen, Jean-Francois	60	DC Water Wizards	1:30.00	1:43.17	6	
	50.41	1:43.17 (52.76)					
---	Molina, Dwight	61	Uc08	1:03.00	DQ		
	Did not finish						

Men 60-64 50 SC Meter Backstroke

WORLD: 29.44		W	12/7/2019	Jamie FOWLER	USA		
NATL: 29.44		N	12/7/2019	JAMIE FOWLER			
MEET: 29.89		M	3/3/2018	Bruce Kone	Rice Aquatic Mas		
1	Broderick, Tom	62	Reston Masters Swim Team	47.00	46.87	6	

Men 60-64 50 SC Meter Breaststroke

WORLD: 31.51		W	11/21/2015	Rick COLELLA	USA		
NATL: 31.51		N	11/21/2015	RICK COLELLA			
MEET: 32.98		M	3/3/2018	Bruce Kone	Rice Aquatic Mas		
1	WuShanley, Ying	64	Uc08	37.42	35.34	6	
2	Broderick, Tom	62	Reston Masters Swim Team	43.37	42.83	4	
3	Luo, Gang	63	Germantown Maryland Masters	44.37	45.45	3	
4	Treen, Dave	64	Uc07	49.00	48.58	2	

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Men 60-64 100 SC Meter Breaststroke

WORLD: 1:09.53 W 8/1/2021		David GUTHRIE	USA
NATL: 1:09.53 N 8/1/1921		DAVID GUTHRIE	
MEET: 1:11.19 M 3/21/2015		Rick Colella	Puget Sound Mast
1	WuShanley, Ying	64 Uc08	1:23.86 1:21.66 6
	38.94	1:21.66 (42.72)	
2	Luo, Gang	63 Germantown Maryland Masters	1:40.14 1:39.23 4
	48.53	1:39.23 (50.70)	
3	Treen, Dave	64 Uc07	1:46.00 1:43.61 3
	49.20	1:43.61 (54.41)	

Men 60-64 200 SC Meter Breaststroke

WORLD: 2:32.34 W 7/31/2021		David GUTHRIE	USA
NATL: 2:32.34 N 7/31/1921		DAVID GUTHRIE	
MEET: 3:03.05 M 2/29/2020		Ying WuShanley	UC08-8
1	WuShanley, Ying	64 Uc08	3:12.35 3:02.30 M 6
	40.21	1:25.82 (45.61) 2:13.43 (47.61) 3:02.30 (48.87)	
2	Luo, Gang	63 Germantown Maryland Masters	3:35.51 3:34.93 4
	48.05	1:41.82 (53.77) 2:38.17 (56.35) 3:34.93 (56.76)	
3	Treen, Dave	64 Uc07	3:39.00 3:39.76 3
	51.56	1:46.21 (54.65) 2:44.09 (57.88) 3:39.76 (55.67)	

Men 60-64 50 SC Meter Butterfly

WORLD: 26.78 W 5/13/2017		Dan THOMPSON	CAN
NATL: 27.40 N 5/25/2019		BRUCE KONE	
MEET: 27.57 M 3/3/2018		Bruce Kone	Rice Aquatic Mas
1	Broderick, Tom	62 Reston Masters Swim Team	40.00 38.60 6
2	Luo, Gang	63 Germantown Maryland Masters	45.99 48.35 4

Men 60-64 200 SC Meter Butterfly

WORLD: 2:20.27 W 1/20/2018		Hugo BREGMAN	NED
NATL: 2:23.29 N 11/22/2015		RICK COLELLA	
MEET: 2:31.52 M 3/15/2014		John Craig	
1	Grecco, Paul	61 Patriot Masters Swim Team	3:09.00 3:14.44 6
	43.08	1:31.92 (48.84) 2:23.38 (51.46) 3:14.44 (51.06)	

Men 60-64 100 SC Meter IM

WORLD: 1:04.23 W 3/21/2015		Rick COLELLA	USA
NATL: 1:04.23 N 3/21/2015		RICK COLELLA	
MEET: 1:04.23 M 3/21/2015		Rick Colella	Puget Sound Mast
1	WuShanley, Ying	64 Uc08	1:19.85 1:22.84 6
	40.17	1:22.84 (42.67)	
2	Wen, Jean-Francois	60 DC Water Wizards	2:00.00 1:55.21 4
	54.57	1:55.21 (1:00.64)	

Men 60-64 400 SC Meter IM

WORLD: 5:04.54 W 11/13/2011		Rick COLELLA	USA
NATL: 5:04.54 N 11/13/2011		RICK COLELLA	
MEET: 5:49.10 M 3/21/2015		James Thornton	Colonials 1776
---	Grecco, Paul	61 Patriot Masters Swim Team	6:45.00 NS

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Men 65-69 50 SC Meter Freestyle

WORLD:	25.42	W	3/3/2018	Doug MARTIN		USA		
NATL:	25.42	N	3/3/2018	DOUG MARTIN				
MEET:	26.68	M	3/5/2016	Paul Trevisan			North Carolina M	
1	Gandee, Brad			68	Reston Masters Swim Team	29.00	29.19	6
2	Staples, William			66	DC Water Wizards	45.00	50.75	4
3	Williams, Reginald			66	DC Water Wizards	1:17.00	1:00.89	3
4	Meachem, Michael			67	Terrapin Masters	1:13.01	1:08.57	2
---	Greenberg, Russell			65	Uc05	34.50	NS	

Men 65-69 100 SC Meter Freestyle

WORLD:	57.78	W	5/26/2019	Jack GROSELLE		USA		
NATL:	57.78	N	5/26/2019	JACK GROSELLE				
MEET:	59.94	M	3/3/2018	James Thornton			Colonials 1776	
1	Gandee, Brad			68	Reston Masters Swim Team	1:04.50	1:14.30	6
	37.00						1:14.30 (37.30)	
2	Greenberg, Russell			65	Uc05	1:20.00	1:17.04	4
	37.70						1:17.04 (39.34)	
3	Stites, Robert			68	Reston Masters Swim Team	1:32.15	1:43.90	3
	47.61						1:43.90 (56.29)	

Men 65-69 200 SC Meter Freestyle

WORLD:	2:07.56	W	11/19/2016	Rick COLELLA		USA		
NATL:	2:07.56	N	11/19/2016	RICK COLELLA				
MEET:	2:13.84	M	3/25/2017	James Thornton			Colonials 1776	
1	Stephenson, Dan			65	Rose Bowl Masters	2:12.57	2:09.08 M	6
	30.12						1:02.89 (32.77) 1:36.40 (33.51) 2:09.08 (32.68)	
2	Halley, Franklin			65	Dayton Area Sharks	2:23.15	2:17.11	4
	32.69						1:07.68 (34.99) 1:42.33 (34.65) 2:17.11 (34.78)	
3	Denes, Thomas			65	Montgomery Ancient Mariners	2:35.00	2:42.14	3
	37.15						1:17.97 (40.82) 1:59.87 (41.90) 2:42.14 (42.27)	
4	Greenberg, Russell			65	Uc05	2:46.00	2:58.99	2
	40.57						1:25.93 (45.36) 2:13.02 (47.09) 2:58.99 (45.97)	
---	Gandee, Brad			68	Reston Masters Swim Team	2:30.00	NS	

Men 65-69 50 SC Meter Backstroke

WORLD:	30.34	W	12/2/2012	Hugh WILDER		USA		
NATL:	30.34	N	12/2/2012	HUGH WILDER				
MEET:	33.79	M	3/5/2016	Geoffrey Meyer			Colonials 1776	
1	Klein, Jonathan			65	North Carolina Masters Swimmin	33.00	32.61 M	6
2	Williams, Reginald			66	DC Water Wizards	1:55.00	1:14.34	4

Men 65-69 100 SC Meter Backstroke

WORLD:	1:07.69	W	12/1/2012	Hugh WILDER		USA		
NATL:	1:07.69	N	12/1/2012	HUGH WILDER				
MEET:	1:13.63	M	3/5/2016	Geoffrey Meyer			Colonials 1776	
1	Klein, Jonathan			65	North Carolina Masters Swimmin	1:08.50	1:08.36 M	6
	33.44						1:08.36 (34.92)	

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Men 65-69 200 SC Meter Backstroke

WORLD: 2:30.92 W 11/10/2019 Tom WOLF		USA				
NATL: 2:30.92 N 11/10/2019 TOM WOLF						
MEET: 2:53.24 M 2/29/2020 Ken Niemi		Garden State Mas				
1	Stephenson, Dan	65	Rose Bowl Masters	2:33.12	2:28.43 W	6
	35.40	1:12.81 (37.41)	1:51.00 (38.19)	2:28.43 (37.43)		
2	Klein, Jonathan	65	North Carolina Masters Swimmin	2:35.00	2:36.99 M	4
	37.55	1:18.30 (40.75)	1:59.07 (40.77)	2:36.99 (37.92)		
3	Denes, Thomas	65	Montgomery Ancient Mariners	3:45.00	3:22.81	3
	49.47	1:44.06 (54.59)	2:34.43 (50.37)	3:22.81 (48.38)		

Men 65-69 50 SC Meter Breaststroke

WORLD: 32.50 W 11/20/2016 Rick COLELLA		USA				
NATL: 32.50 N 11/20/2016 RICK COLELLA						
MEET: 36.26 M 3/21/2009 Jim Dragon						
1	Vandegriff, James	66	Montgomery Ancient Mariners	41.26	41.52	6
2	Stites, Robert	68	Reston Masters Swim Team	1:02.12	59.93	4

Men 65-69 200 SC Meter Breaststroke

WORLD: 2:36.85 W 11/19/2017 Rick COLELLA		USA				
NATL: 2:36.85 N 11/19/2017 RICK COLELLA						
MEET: 3:08.69 M 3/5/2016 Stephen Dougherty		Colonials 1776				
1	Denes, Thomas	65	Montgomery Ancient Mariners	4:00.00	3:59.24	6
	56.78	1:57.86 (1:01.08)	3:59.24 (2:01.38)			

Men 65-69 50 SC Meter Butterfly

WORLD: 28.65 W 3/3/2018 Doug MARTIN		USA				
NATL: 28.65 N 3/3/2018 DOUG MARTIN						
MEET: 28.65 M 3/3/2018 Doug Martin		Little Rock Mast				
1	Friedland, David	65	Montgomery Ancient Mariners	39.00	38.96	6
2	Greenberg, Russell	65	Uc05	38.50	39.04	4
---	Williams, Reginald	66	DC Water Wizards	1:45.00	NS	

Men 65-69 100 SC Meter Butterfly

WORLD: 1:05.37 W 7/22/2016 Lawrence DAY		USA				
NATL: 1:05.37 N 7/22/2016 LAWRENCE DAY						
MEET: 1:08.35 M 3/30/2019 John Craig		Connecticut Mast				
1	Halley, Franklin	65	Dayton Area Sharks	1:14.23	1:09.24	6
	32.83	1:09.24 (36.41)				
2	Chambers, John	67	Agua Masters	1:14.00	1:15.53	4
	35.28	1:15.53 (40.25)				
3	Friedland, David	65	Montgomery Ancient Mariners	1:33.00	1:31.43	3
	44.86	1:31.43 (46.57)				

Men 65-69 200 SC Meter Butterfly

WORLD: 2:25.35 W 11/18/2017 Rick COLELLA		USA				
NATL: 2:25.35 N 11/18/2017 RICK COLELLA						
MEET: 2:41.88 M 2/29/2020 John Chambers		Chelsea Piers fi				
1	Chambers, John	67	Agua Masters	2:48.00	2:46.41	6
	36.90	1:18.30 (41.40)	2:00.89 (42.59)	2:46.41 (45.52)		

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Men 65-69 100 SC Meter IM

WORLD: 1:05.43		W	11/19/2016	Rick COLELLA	USA	
NATL: 1:05.43		N	11/19/2016	RICK COLELLA		
MEET: 1:13.58		M	3/3/2018	Edwin McCleskey	Stanford Masters	
1	Vandegriff, James		66	Montgomery Ancient Mariners	1:25.31	1:31.47
---	Stites, Robert		68	Reston Masters Swim Team	2:15.90	DQ
Arms underwater recovery - fly						
	1:02.01			DQ (1:07.24)		

Men 65-69 200 SC Meter IM

WORLD: 2:20.35		W	11/17/2018	Rick COLELLA	USA	
NATL: 2:20.35		N	11/17/2018	RICK COLELLA		
MEET: 2:57.07		M	3/5/2016	John Mccorkle	Virginia Masters	
1	Friedland, David		65	Montgomery Ancient Mariners	3:35.00	3:34.57
	44.22			1:42.87 (58.65)	2:48.41 (1:05.54)	3:34.57 (46.16)
						6

Men 65-69 400 SC Meter IM

WORLD: 5:03.34		W	11/18/2017	Rick COLELLA	USA	
NATL: 5:03.34		N	11/18/2017	RICK COLELLA		
MEET: 5:48.20		M	3/25/2017	James Thornton	Colonials 1776	
1	Stephenson, Dan		65	Rose Bowl Masters	5:37.32	5:27.85 M
	34.37			1:13.23 (38.86)	1:56.35 (43.12)	2:38.79 (42.44)
	3:26.37 (47.58)			4:14.33 (47.96)	4:52.60 (38.27)	5:27.85 (35.25)
2	Halley, Franklin		65	Dayton Area Sharks	5:52.24	5:37.06 M
	34.82			1:16.22 (41.40)	2:02.27 (46.05)	2:46.99 (44.72)
	3:34.09 (47.10)			4:22.15 (48.06)	5:00.15 (38.00)	5:37.06 (36.91)
3	Chambers, John		67	Agua Masters	6:05.00	6:01.15
	36.23			1:17.85 (41.62)	2:06.50 (48.65)	2:53.80 (47.30)
	3:49.38 (55.58)			4:44.56 (55.18)	5:23.35 (38.79)	6:01.15 (37.80)
						3

Men 70-74 50 SC Meter Freestyle

WORLD: 26.88		W	10/10/2015	Richard ABRAHAMS	USA	
NATL: 26.88		N	10/10/2015	RICHARD ABRAHAMS		
MEET: 32.91		M	2/29/2020	Eugene Pot	Binghamton Univ	
1	Thornton, James		70	Colonials 1776	29.73	29.64 M
2	Dearfield, Kerry		70	Lane 4 Swimming	36.00	33.98
3	Harmon, David		73	Montgomery Ancient Mariners	34.16	36.20
4	Meyer, Jerry		73	Central Maryland YMCA Masters	40.00	38.78
5	Miller, Jim		72	Virginia Masters Swim Team	42.21	38.85
6	Bradford, Bruce		73	DC Water Wizards	40.56	39.01
7	Blount, Marvin		71	DC Water Wizards	41.30	40.41
8	Thurston, Lawrence		70	DC Water Wizards	45.24	49.37
---	Caywood, William		72	Ywca Masters of Adams County	37.35	NS

Men 70-74 100 SC Meter Freestyle

WORLD: 1:01.70		W	5/17/2015	Richard ABRAHAMS	USA	
NATL: 1:01.70		N	5/17/2015	RICHARD ABRAHAMS		
MEET: 1:13.83		M	3/17/2012	Howard Rolston		
1	Hinga, Kenneth		73	Montgomery Ancient Mariners	1:33.00	1:28.87
2	Bradford, Bruce		73	DC Water Wizards	1:48.09	1:32.85
	41.25			1:32.85 (51.60)		
3	Caywood, William		72	Ywca Masters of Adams County	1:30.00	1:32.92
	43.30			1:32.92 (49.62)		
						6
						4
						3

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4	Blount, Marvin	71	DC Water Wizards	1:45.00	1:35.67	2
	45.12				1:35.67 (50.55)	
5	Thurston, Lawrence	70	DC Water Wizards	1:45.06	1:50.25	1
	51.60				1:50.25 (58.65)	
---	Thornton, James	70	Colonials 1776	1:06.38	DQ	
	False start					
	30.60				DQ (33.43)	

Men 70-74 200 SC Meter Freestyle

	WORLD:	2:10.97	W	12/4/2021	Rick COLELLA	USA
	NATL:	2:10.97	N	12/4/1921	RICK COLELLA	
	MEET:	2:44.76	M	3/17/2012	Howard Rolston	
1	Thornton, James	70	Colonials 1776	2:22.56	2:24.51 M	6
	34.10			1:10.15 (36.05)	1:47.69 (37.54)	2:24.51 (36.82)
2	Hinga, Kenneth	73	Montgomery Ancient Mariners	3:15.28	3:20.85	4
	43.79			1:33.35 (49.56)	2:27.52 (54.17)	3:20.85 (53.33)
3	Caywood, William	72	Ywca Masters of Adams County	3:35.00	3:34.27	3
	45.16			1:38.10 (52.94)	2:36.96 (58.86)	3:34.27 (57.31)

Men 70-74 50 SC Meter Backstroke

	WORLD:	33.09	W	12/3/2017	Hugh WILDER	USA
	NATL:	33.09	N	12/3/2017	HUGH WILDER	
	MEET:	36.73	M	3/15/2014	Jack Iliff	
1	Meyer, Jerry	73	Central Maryland YMCA Masters	42.50	40.88	6
2	Leonard, Roger	74	Montgomery Ancient Mariners	43.00	43.93	4
3	Miller, Jim	72	Virginia Masters Swim Team	48.21	49.10	3

Men 70-74 100 SC Meter Backstroke

	WORLD:	1:11.49	W	11/13/2021	Lawrence DAY	USA
	NATL:	1:11.49	N	11/13/1921	LAWRENCE DAY	
	MEET:	1:21.00	M	3/15/2014	Jack Iliff	
1	Meyer, Jerry	73	Central Maryland YMCA Masters	1:34.50	1:32.62	6
	43.74			1:32.62 (48.88)		
2	Leonard, Roger	74	Montgomery Ancient Mariners	1:35.00	1:39.01	4
	48.89			1:39.01 (50.12)		
3	Miller, Jim	72	Virginia Masters Swim Team	1:55.21	1:44.52	3
	51.32			1:44.52 (53.20)		

Men 70-74 200 SC Meter Backstroke

	WORLD:	2:34.96	W	11/14/2021	Lawrence DAY	USA
	NATL:	2:34.96	N	11/14/1921	LAWRENCE DAY	
	MEET:	3:16.18	M	2/29/2020	Steve Wright	Germantown Maryl
1	Paulson, Laurence	73	Reston Masters Swim Team	3:49.42	3:58.78	6
	56.16			1:57.34 (1:01.18)	2:59.01 (1:01.67)	3:58.78 (59.77)

Men 70-74 50 SC Meter Breaststroke

	WORLD:	33.54	W	12/4/2021	Rick COLELLA	USA
	NATL:	33.54	N	12/4/1921	RICK COLELLA	
	MEET:	41.03	M	3/30/2019	Dan Morrow	Montgomery Ancie
1	Walters, Mark	70	Germantown Maryland Masters	46.04	46.23	6
2	Leonard, Roger	74	Montgomery Ancient Mariners	44.50	46.68	4
3	Bradford, Bruce	73	DC Water Wizards	1:02.67	51.55	3

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(Men 70-74 50 SC Meter Breaststroke)

--- Butler, Maurice 70 DC Water Wizards 1:26.17 DQ
 Butterfly kick

Men 70-74 100 SC Meter Breaststroke

WORLD: 1:13.04 W 12/4/2021 Rick COLELLA USA
NATL: 1:13.04 N 12/4/1921 RICK COLELLA
MEET: 1:30.85 M 3/30/2019 Dan Morrow Montgomery Ancie

1 Hinga, Kenneth 73 Montgomery Ancient Mariners 1:45.45 1:55.02 6
 54.55 1:55.02 (1:00.47)

Men 70-74 200 SC Meter Breaststroke

WORLD: 2:55.87 W 3/5/2016 Robert STRAND USA
NATL: 2:55.87 N 3/5/2016 ROBERT STRAND
MEET: 3:15.22 M 3/15/2014 Henry Cole

1 Mccorkle, John 71 Virginia Masters Swim Team 3:30.00 3:29.70 6
 47.43 1:42.19 (54.76) 2:36.27 (54.08) 3:29.70 (53.43)

Men 70-74 50 SC Meter Butterfly

WORLD: 29.52 W 10/11/2015 Richard ABRAHAMS USA
NATL: 29.52 N 10/11/2015 RICHARD ABRAHAMS
MEET: 34.56 M 3/15/2014 Jack Iliff

1 Dearfield, Kerry 70 Lane 4 Swimming 38.00 37.29 6
 2 Walters, Mark 70 Germantown Maryland Masters 38.10 37.47 4
 3 Thurston, Lawrence 70 DC Water Wizards 59.04 1:02.36 3
 4 Butler, Maurice 70 DC Water Wizards 1:15.93 1:21.48 2

Men 70-74 100 SC Meter Butterfly

WORLD: 1:06.54 W 10/17/2021 Lawrence DAY USA
NATL: 1:06.54 N 10/17/1921 LAWRENCE DAY
MEET: 1:18.38 M 3/17/2012 Hugh Roddin

1 Walters, Mark 70 Germantown Maryland Masters 1:30.15 1:29.77 6
 41.41 1:29.77 (48.36)
 2 Paulson, Laurence 73 Reston Masters Swim Team 2:02.50 2:00.17 4
 55.29 2:00.17 (1:04.88)

Men 70-74 200 SC Meter Butterfly

WORLD: 2:45.30 W 11/14/2021 Lawrence DAY USA
NATL: 2:45.30 N 11/14/1921 LAWRENCE DAY
MEET: 3:13.99 M 3/17/2012 Hugh Roddin

1 Mccorkle, John 71 Virginia Masters Swim Team 3:25.00 3:10.61 M 6
 41.84 1:30.23 (48.39) 2:19.84 (49.61) 3:10.61 (50.77)
 2 Walters, Mark 70 Germantown Maryland Masters 3:59.30 3:47.30 4
 45.58 1:40.08 (54.50) 2:45.37 (1:05.29) 3:47.30 (1:01.93)
 3 Paulson, Laurence 73 Reston Masters Swim Team 4:28.99 4:39.61 3
 57.39 2:10.02 (1:12.63) 3:27.97 (1:17.95) 4:39.61 (1:11.64)

Men 70-74 100 SC Meter IM

WORLD: 1:06.98 W 12/4/2021 Rick COLELLA USA
NATL: 1:06.98 N 12/4/1921 RICK COLELLA
MEET: 1:19.90 M 3/15/2014 Jack Iliff

1 Harmon, David 73 Montgomery Ancient Mariners 1:30.00 1:37.40 6
 46.19 1:37.40 (51.21)
 2 Caywood, William 72 Ywca Masters of Adams County 1:44.29 1:44.32 4

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3	Blount, Marvin	71	DC Water Wizards	1:59.10	1:58.48	3
	55.99	1:58.48 (1:02.49)				

Men 70-74 200 SC Meter IM

	WORLD: 2:27.07	W	12/4/2021	Rick COLELLA	USA	
	NATL: 2:27.07	N	12/4/1921	RICK COLELLA		
	MEET: 3:14.92	M	2/29/2020	David Harmon	Montgomery Ancie	
1	Mccorkle, John	71	Virginia Masters Swim Team	3:15.00	3:05.80 M	6
	40.03	1:31.81 (51.78)	2:24.12 (52.31)	3:05.80 (41.68)		
2	Harmon, David	73	Montgomery Ancient Mariners	3:16.00	3:31.10	4
	50.12	1:43.71 (53.59)	3:31.10 (1:47.39)			

Men 70-74 400 SC Meter IM

	WORLD: 5:48.15	W	9/22/2019	Alek SHESTAKOV	USA	
	NATL: 5:48.15	N	9/22/2019	ALEK SHESTAKOV		
	MEET: 7:07.60	M	3/30/2019	David Harmon	Montgomery Ancie	
1	Mccorkle, John	71	Virginia Masters Swim Team	7:00.00	6:39.66 M	6
	39.46	1:26.10 (46.64)	2:23.07 (56.97)	3:17.92 (54.85)		
	4:13.42 (55.50)	5:09.41 (55.99)	5:54.89 (45.48)	6:39.66 (44.77)		
2	Paulson, Laurence	73	Reston Masters Swim Team	8:47.23	8:53.83	4
	58.61	2:11.17 (1:12.56)	3:15.61 (1:04.44)	4:18.07 (1:02.46)		
	5:40.67 (1:22.60)	7:01.07 (1:20.40)	7:58.31 (57.24)	8:53.83 (55.52)		

Men 75-79 50 SC Meter Freestyle

	WORLD: 28.70	W	11/21/2021	Richard ABRAHAMS	USA	
	NATL: 28.70	N	11/21/1921	RICHARD ABRAHAMS		
	MEET: 37.15	M	3/3/2018	David Robinson	Germantown Maryl	
1	Greger, Ronald	78	Germantown Maryland Masters	41.31	45.99	6
2	Linder Sr, Arthur	77	DC Water Wizards	1:00.30	57.55	4

Men 75-79 100 SC Meter Freestyle

	WORLD: 1:04.80	W	10/13/2019	David QUIGGIN	USA	
	NATL: 1:04.80	N	10/13/2019	DAVID QUIGGIN		
	MEET: 1:24.64	M	3/3/2018	David Robinson	Germantown Maryl	
1	Lowe, Jet	76	Merritt Marlins	1:30.00	1:32.29	6
	44.47	1:32.29 (47.82)				
2	Romano, Vince	76	Club Tribe	1:30.50	1:32.48	4
	45.16	1:32.48 (47.32)				

Men 75-79 200 SC Meter Freestyle

	WORLD: 2:26.94	W	10/12/2019	David QUIGGIN	USA	
	NATL: 2:26.94	N	10/12/2019	DAVID QUIGGIN		
	MEET: 2:49.10	M	4/6/2002	Roger G Franks		
1	Romano, Vince	76	Club Tribe	3:16.85	3:18.20	6
	44.73	1:36.32 (51.59)	2:29.81 (53.49)	3:18.20 (48.39)		

Men 75-79 50 SC Meter Backstroke

	WORLD: 33.87	W	12/2/2018	Richard BURNS	USA	
	NATL: 33.87	N	12/2/2018	RICHARD BURNS		
	MEET: 39.74	M	3/3/2018	Howard Rolston	Gold Coast Maste	
1	Robinson, David	79	Germantown Maryland Masters	48.00	48.03	6
2	Lowe, Jet	76	Merritt Marlins	1:07.00	59.14	4
3	Linder Sr, Arthur	77	DC Water Wizards	1:19.75	1:28.94	3

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Men 75-79 100 SC Meter Backstroke

WORLD: 1:14.03 W 12/7/2019		Richard BURNS	USA			
NATL: 1:14.03 N 12/7/2019		RICHARD BURNS				
MEET: 1:25.22 M 4/6/2002		Roger G Franks				
1	Robinson, David	79	Germantown Maryland Masters	1:41.00	1:52.12	6
	53.65				1:52.12 (58.47)	
---	Lowe, Jet	76	Merritt Marlins	2:30.00	NS	

Men 75-79 200 SC Meter Backstroke

WORLD: 2:44.04 W 12/2/2018		Richard BURNS	USA			
NATL: 2:44.04 N 12/2/2018		RICHARD BURNS				
MEET: 2:58.21 M 4/6/2002		Roger G Franks				
1	Robinson, David	79	Germantown Maryland Masters	3:46.00	4:26.02	6
	1:00.15			2:07.53 (1:07.38)	3:17.60 (1:10.07)	4:26.02 (1:08.42)

Men 75-79 50 SC Meter Breaststroke

WORLD: 38.35 W 7/24/2016		Mike FRESHLEY	USA			
NATL: 38.35 N 7/24/2016		MIKE FRESHLEY				
MEET: 44.42 M 3/15/2014		Louis Diamond				
1	Greger, Ronald	78	Germantown Maryland Masters	47.94	51.94	6
2	Lowe, Jet	76	Merritt Marlins	51.00	52.54	4
3	Linder Sr, Arthur	77	DC Water Wizards	1:01.20	1:15.53	3

Men 75-79 100 SC Meter Breaststroke

WORLD: 1:25.38 W 7/22/2016		Mike FRESHLEY	USA			
NATL: 1:25.11 N 10/7/1921		DOUGLAS SPRINGER				
MEET: 1:43.96 M 2/29/2020		Henry Cole	Maryland Masters			
1	Greger, Ronald	78	Germantown Maryland Masters	1:51.47	2:00.34	6
	59.23				2:00.34 (1:01.11)	
2	Robinson, David	79	Germantown Maryland Masters	2:05.00	2:06.13	4
	1:00.49				2:06.13 (1:05.64)	

Men 75-79 200 SC Meter Breaststroke

WORLD: 3:06.82 W 7/23/2016		Mike FRESHLEY	USA			
NATL: 3:06.82 N 7/23/2016		MIKE FRESHLEY				
MEET: 3:44.55 M 2/29/2020		Henry Cole	Maryland Masters			
1	Greger, Ronald	78	Germantown Maryland Masters	4:07.87	4:22.26	6
	1:00.08			2:06.79 (1:06.71)	3:15.71 (1:08.92)	4:22.26 (1:06.55)

Men 75-79 100 SC Meter Butterfly

WORLD: 1:17.59 W 12/8/2019		Richard BURNS	USA			
NATL: 1:17.59 N 12/8/2019		RICHARD BURNS				
MEET: 1:51.57 M 3/24/2007		H. Donald Messer				
---	Tompkins, Richard	76	Uc09	1:52.00	NS	

Men 75-79 100 SC Meter IM

WORLD: 1:17.58 W 7/23/2016		Mike FRESHLEY	USA			
NATL: 1:17.58 N 7/23/2016		MIKE FRESHLEY				
MEET: 1:25.22 M 3/21/2015		Howard Rolston	Gold Coast Maste			
---	Tompkins, Richard	76	Uc09	1:38.00	NS	

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Men 75-79 200 SC Meter IM

WORLD:	2:50.79	W	11/30/2018	Richard BURNS	USA			
NATL:	2:50.79	N	11/30/2018	RICHARD BURNS				
MEET:	3:13.77	M	3/21/2015	Howard Rolston	Gold Coast Maste			
---	Tompkins, Richard		76	Uc09		3:40.00		NS

Men 75-79 400 SC Meter IM

WORLD:	6:26.09	W	9/22/2019	Richard BURNS	USA			
NATL:	6:26.09	N	9/22/2019	RICHARD BURNS				
---	Tompkins, Richard		76	Uc09		8:00.00		NS

Men 80-84 50 SC Meter Breaststroke

WORLD:	41.42	W	5/15/2005	Toshio TAJIMA	JPN			
NATL:	42.41	N	10/28/2017	DAVID COSTILL				
MEET:	56.57	M	3/30/2019	David Nicholas	Virginia Masters			
---	Diamond, Louis		83	Montgomery Ancient Mariners		1:10.15		NS

Men 80-84 100 SC Meter Breaststroke

WORLD:	1:31.77	W	2/21/2021	Masaru SHINKAI	JPN			
NATL:	1:36.79	N	10/1/2016	DAVID COSTILL				
MEET:	2:10.15	M	3/30/2019	David Nicholas	Virginia Masters			
---	Diamond, Louis		83	Montgomery Ancient Mariners		3:50.15		NS

Men 85-89 50 SC Meter Freestyle

WORLD:	32.23	W	1/29/2016	Roberto ALBERICHE	ESP			
NATL:	36.21	N	11/11/1921	AL WORTH				
1	Gillen, Neal		85	Montgomery Ancient Mariners		47.27	49.71	6
2	Beattie, Cal		88	Uc12		1:02.74	1:04.94	4

Men 85-89 100 SC Meter Freestyle

WORLD:	1:14.68	W	1/31/2016	Roberto ALBERICHE	ESP			
NATL:	1:22.97	N	4/13/2019	DAVID RADCLIFF				
1	Gillen, Neal		85	Montgomery Ancient Mariners		1:58.43	2:02.01	6
2	Beattie, Cal		88	Uc12		2:20.57	2:26.39	4
						1:09.87	2:26.39 (1:16.52)	

Men 85-89 200 SC Meter Freestyle

WORLD:	2:55.35	W	1/30/2016	Roberto ALBERICHE	ESP			
NATL:	3:03.23	N	4/14/2019	DAVID RADCLIFF				
1	Beattie, Cal		88	Uc12		5:17.31	5:28.26	6
						1:14.22	2:34.82 (1:20.60)	
						4:02.10 (1:27.28)	5:28.26 (1:26.16)	

Men 85-89 50 SC Meter Backstroke

WORLD:	40.59	W	4/19/2009	Keijiro NAKAMURA	JPN			
NATL:	41.75	N	12/3/2017	CLARKE MITCHELL				
1	Gillen, Neal		85	Montgomery Ancient Mariners		1:05.11	1:04.84	6
2	Gerson, Gordon		86	Reston Masters Swim Team		1:19.15	1:22.08	4

Men 85-89 100 SC Meter Backstroke

WORLD:	1:28.98	W	5/18/2008	Keijiro NAKAMURA	JPN			
NATL:	1:32.98	N	12/2/2017	CLARKE MITCHELL				
1	Gillen, Neal		85	Montgomery Ancient Mariners		2:28.32	2:29.06	6
						1:14.25	2:29.06 (1:14.81)	

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2	Gerson, Gordon	86	Reston Masters Swim Team	3:01.17	2:59.53	4
	1:25.30				2:59.53 (1:34.23)	

Men 85-89 200 SC Meter Backstroke

WORLD: 3:18.29 W 4/20/2008 Keijiro NAKAMURA JPN
NATL: 3:40.17 N 12/11/1921 DAVID COSTILL

1	Gerson, Gordon	86	Reston Masters Swim Team	6:21.02	6:25.27	6
	1:32.51				3:07.72 (1:35.21) 6:25.27 (3:17.55)	

Men 85-89 100 SC Meter Breaststroke

WORLD: 1:42.69 W 10/3/2021 Hans REICHEL T GER
NATL: 1:53.02 N 11/21/2010 FRANK PIEMME

1	Gerson, Gordon	86	Reston Masters Swim Team	4:02.66	3:58.92	6
	1:53.19				3:58.92 (2:05.73)	

Women 120-159 200 SC Meter Medley Relay

WORLD: 1:56.67 W 11/28/2014 TSUNAMI -RUS
S KARPEEVA, S KNIAGININA, I SHLEMOVA, L YUDINA
NATL: 2:04.31 N 12/13/2009 RED TIDE OF NYC
K GARY, T SHPAIZER, F WILLEBOORDSE, S WAGER

1	Germantown Maryland Masters	A		2:30.00	2:28.96	12
	1) Coggins, Emma W26	2) Hassett, Dorota W45	3) Carswell, Jenny W48	4) Currier, Erin W20		
	38.70	1:19.01 (40.31)	1:55.80 (36.79)	2:28.96 (33.16)		

Women 160-199 200 SC Meter Freestyle Relay

WORLD: 1:47.58 W 11/24/2019 TSUNAMI -RUS
I SHLEMOVA, L YUDINA, E YUDINA, O BORISOVA
NATL: 1:48.08 N 11/10/2013 NORTH CAROLINA MASTERS
S WALSH, J STRINGER, A UHL, E BRAUN

1	Reston Masters Swim Team	A		2:19.19	2:18.22	12
	1) Shapiro, Margaret W46	2) Wetzel, Denise W57	3) Pattison, Andrea W47	4) Woods, Katie W30		
	32.01	1:06.79 (34.78)	1:42.72 (35.93)	2:18.22 (35.50)		

Women 200-239 200 SC Meter Medley Relay

WORLD: 2:06.51 W 12/4/2021 CLUB TRIBE -USA
S WILLIAMS, K HARRIS, M CONZE, F WILLEBOORDSE
NATL: 2:06.51 N 12/4/1921 CLUB TRIBE
S WILLIAMS, K HARRIS, M CONZE, F WILLEBOORDSE

1	Reston Masters Swim Team	A		2:28.28	2:26.65	12
	1) Brightwell, Kim W62	2) Wetzel, Denise W57	3) Bass, Amy W52	4) Shapiro, Margaret W46		
	38.35	1:22.64 (44.29)	1:55.76 (33.12)	2:26.65 (30.89)		
2	Virginia Masters Swim Team	A		2:40.00	2:37.22	8
	1) Jaeger, Debbie W60	2) Miller, Patricia W61	3) Letendre, Denise W34	4) Boslego, Barbara W71		
	43.03	1:25.08 (42.05)	1:59.14 (34.06)	2:37.22 (38.08)		
3	Montgomery Ancient Mariners	A		3:55.00	3:51.43	6
	1) Treurniet, Natalie W33	2) Sugg, Stephanie W59	3) Johnson, Bonnie W52	4) Yochelson, Deborah W68		
	43.50	3:51.43 (3:07.93)				

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Women 240-279 200 SC Meter Freestyle Relay

WORLD: 2:02.15 W 11/11/2017 NORTH TEXAS LONESTARS -USA
K HENDERSON, L MORRISON, C MCKELVEY, M BAILEY

NATL: 2:02.15 N 11/11/2017 NORTH TEXAS LONESTARS
K HENDERSON, L MORRISON, C MCKELVEY, M BAILEY

*1	Germantown Maryland Masters	A	2:25.00	2:21.85	12
	1) Grace, Michelle W58	2) Guay-Berry, Patricia W58	3) Gearhart, Judy W57	4) Lappin, Jeanne W67	
	34.92	1:11.07 (36.15)	1:47.46 (36.39)	2:21.85 (34.39)	
*1	DC Water Wizards	A	NT	4:06.25	12
	1) Gossman, Jean W64	2) Morgan, Alison W61	3) Donatelli, Mary W58	4) Bellis, Alice W72	
	1:09.89	2:15.68 (1:05.79)	4:06.25 (1:50.57)		
2	Montgomery Ancient Mariners	A	3:10.00	3:05.96	8
	1) Honberg, Lynda W70	2) Yochelson, Deborah W68	3) Gan, Jody W57	4) Johnson, Bonnie W52	
	53.85	1:39.22 (45.37)	3:05.96 (1:26.74)		
---	Germantown Maryland Masters	B	2:45.00	NS	
	1) Carter, Linda W80	2) Andrews, Lynne W75	3) Espinoza, Diana W47	4) Mallon, Barbara W55	

Women 240-279 400 SC Meter Freestyle Relay

WORLD: 4:30.74 W 3/6/2016 UCLA -USA
J HIRSTY, C CIRANLO, J COOK, V HIBBEN

NATL: 4:30.74 N 3/6/2016 UCLA
J HIRSTY, C CIRAULO, J COOK, V HIBBEN

*1	Germantown Maryland Masters	A	5:24.00	5:13.92	12
	1) Grace, Michelle W58	2) Guay-Berry, Patricia W58	3) Gearhart, Judy W57	4) Lappin, Jeanne W67	
	35.89	1:17.66 (1:17.66)	1:34.81 (17.15)	1:54.61 (36.95)	
	2:38.38 (43.77)	3:15.78 (1:21.17)	3:59.75 (43.97)	5:13.92 (1:58.14)	
*1	DC Water Wizards	A	NT	9:02.17	12
	1) Doyle, Gabrielle W60	2) Morgan, Alison W61	3) Griggsby, Dinah W78	4) He, Kaixin W72	
	1:08.24	2:27.41 (2:27.41)	3:18.46 (51.05)		
	4:18.71 (1:00.25)	5:31.99 (2:13.53)	9:02.17 (3:30.18)		

Women 240-279 200 SC Meter Medley Relay

WORLD: 2:19.60 W 11/14/2015 NORTH TEXAS LONESTARS -USA
M BAILEY, K MACCURDY, L MORRISON, C MCKELVEY

NATL: 2:18.74 N 3/13/1922 OREGON MASTERS
V JENKINS, C CRABBE, A DELMAGE, K ANDRUS-HUGHES

1	Germantown Maryland Masters	A	2:48.00	2:41.72	12
	1) Guay-Berry, Patricia W58	2) Gearhart, Judy W57	3) Lappin, Jeanne W67	4) Grace, Michelle W58	
	44.24	1:30.75 (46.51)	2:06.74 (35.99)	2:41.72 (34.98)	
2	DC Water Wizards	A	NT	5:34.96	8
	1) Donatelli, Mary W58	2) Forster, Anne W57	3) Gossman, Jean W64	4) Bell Vanderhoof, Yvonne W74	
		3:11.68 ()	3:58.69 (47.01)	5:34.96 (1:36.27)	

Men 72-99 400 SC Meter Freestyle Relay

NATL: 3:37.62 N 10/13/2013 SWIM FORT LAUDERDALE
V ANDRADE, K KERTESZ, J ANDRADE, E PAZOS

1	Germantown Maryland Masters	B	NT	4:00.78	12
	1) McClure, Nick M23	2) Garvey, Noah M23	3) Fitzwilliam, Nicklaus M24	4) Wong, Michael M23	
	27.67	58.05 (58.05)	1:26.76 (28.71)	1:59.06 (1:01.01)	
	2:28.17 (29.11)	3:00.16 (1:01.10)	3:29.16 (29.00)	4:00.78 (1:00.62)	

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Men 72-99 200 SC Meter Medley Relay

NATL: 1:48.69 N 11/18/2017 PHOENIX SWIM CLUB

K BARCINAS, E WONG, S SAIKO, G GAMROTH

1	Germantown Maryland Masters	D	NT	1:51.50	12
	1) Wong, Michael M23	2) Fitzwilliam, Nicklaus M24	3) McClure, Nick M23	4) Garvey, Noah M23	
	28.00	1:00.21 (32.21)	1:25.50 (25.29)	1:51.50 (26.00)	

Men 100-119 200 SC Meter Freestyle Relay

WORLD: 1:30.73 W 12/12/2009 OKUDINHAS -BRA

R WASSALL, L OKUDA, D BELINI, A REHDER

NATL: 1:31.58 N 12/6/2015 GOLDEN ROAD AQUATICS

M MARSHALL, N KORTH, A ACEINO, I SERRANO

1	Germantown Maryland Masters	D	2:45.00	2:02.31	12
	1) Sandi, Sebastian M20	2) Sandi, Federico M23	3) Wilcox, Cameron M24	4) Sandi, Gustavo M50	
	39.56	1:05.70 (26.14)	1:31.68 (25.98)	2:02.31 (30.63)	

Men 100-119 200 SC Meter Medley Relay

WORLD: 1:38.97 W 9/25/2021 KALEVI IJUMISKOOL -EST

R TRIBUNTSOV, M ALJAND, F KARU, P DEGTJARJOV

NATL: 1:39.29 N 12/3/2016 GOLDEN ROAD AQUATICS

T COX, N KORTH, M MARSHALL, L PECHMANN

1	Germantown Maryland Masters	B	NT	2:17.20	12
	1) Murdock, Evan M25	2) Wilcox, Cameron M24	3) Clark, Kempsey M32	4) Krempasky, Steven M35	
	33.42	1:08.98 (35.56)	2:16.36 (1:07.38)	2:17.20 (0.84)	

Men 120-159 200 SC Meter Medley Relay

WORLD: 1:38.46 W 3/18/2018 JFE KEIHIN -JPN

T TAKEMOTO, Y KANAYA, R TAGUCHI, S UCHIYAMA

NATL: 1:45.01 N 4/16/1994 BAYLOR / LONE STAR

J YARID, G RHODENBAUGH, B PATTEN, M RHODENBAUGH

1	Club Tribe	A	NT	1:56.20	12
	1) Glass, Sidney M31	2) O'Brien, Terrence M52	3) Healey, Matthew M24	4) Major, Kyle M23	
	27.68	1:04.25 (36.57)	1:56.20 (51.95)		

Men 160-199 200 SC Meter Freestyle Relay

WORLD: 1:33.91 W 3/28/2009 LAHDEN KALEVA -FIN

J VIRTANEN, T MATKANIEMI, A AILIO, T RUNDGREN

NATL: 1:35.44 N 11/16/2008 LONGHORN AQUATICS

T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE

---	Club Tribe	A	NT	NS	
	1) Romano, Vince M76	2) Walker, Adam M32	3) O'Brien, Terrence M52	4) Major, Kyle M23	
---	Germantown Maryland Masters	B	2:30.00	NS	

Men 200-239 200 SC Meter Freestyle Relay

WORLD: 1:38.57 W 11/14/2021 MAD WAVE -RUS

V PREDKIN, V BRAGIN, V EFREMOV, P LEBEDEV

NATL: 1:38.79 N 10/16/2010 BLU FROG TEAM

A GAINES, K SWITZER, M MIDDLETON, S WEISS

1	Montgomery Ancient Mariners	A	1:55.00	1:54.88	12
	1) Hjelle, Mark M52	2) Mc Caffrey, John M53	3) Komoto, Takeshi M53	4) Rosenthal, James M51	
	30.28	58.84 (28.56)	1:28.52 (29.68)	1:54.88 (26.36)	
2	Germantown Maryland Masters	A	2:30.00	2:19.20	8
	1) Krempasky, Steven M35	2) Main, Bryan M49	3) Luo, Gang M63	4) Nelson, Greg M62	
	32.14	1:04.96 (32.82)	1:44.84 (39.88)	2:19.20 (34.36)	

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Men 200-239 400 SC Meter Freestyle Relay

WORLD: 3:40.26 W 10/15/2011 BLU FROG TEAM -USA
C LYDECKER, R BOHLKEN, K SWITZER, A GAINES

NATL: 3:40.26 N 10/15/2011 BLU FROG TEAM
C LYDECKER, R BOHLKEN, K SWITZER, A GAINES

--- Germantown Maryland Masters A 4:10.00 DQ
 Stroke Infraction swimmer #2
 1) Fitzwilliam, Gary M58 2) Golden, Scott M59 3) Tomson, Farol M51 4) Higgins, Anthony M53

Men 200-239 200 SC Meter Medley Relay

WORLD: 1:49.42 W 12/1/2012 LONGHORN AQUATICS -USA
A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

NATL: 1:49.42 N 12/1/2012 LONGHORN AQUATICS
A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

1 Germantown Maryland Masters A 2:05.00 2:11.22 12
 1) Higgins, Anthony M53 2) Sandi, Gustavo M50 3) Fitzwilliam, Gary M58 4) Tomson, Farol M51
 30.25 1:04.58 (34.33) 2:11.22 (1:06.64)
 --- DC Water Wizards A NT DQ
 Stroke Infraction swimmer #3: Arms underwater recovery - fly
 1) Salazar, Luis M56 2) Ross, Marques M26 3) Wen, Jean-Francois M60 4) Butler, Maurice M70
 35.25 1:10.43 (35.18) 1:59.14 (48.71) DQ (58.93)

Men 240-279 200 SC Meter Freestyle Relay

WORLD: 1:43.21 W 10/14/2012 BLU FROG TEAM -USA
R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOGLKEN

NATL: 1:43.21 N 10/14/2012 BLU FROG TEAM
R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOHLKEN

2 DC Water Wizards A NT 3:37.29 8
 1) Butler, Maurice M70 2) Williams, Reginald M66 3) Staples, William M66 4) Wen, Jean-Francois M60
 59.92 2:56.62 () 3:37.29 (40.67)

Men 240-279 200 SC Meter Medley Relay

WORLD: 1:57.52 W 11/20/2016 PUGET SOUND MASTERS -USA
C HAYNIE, R COLLELA, D GRAHAM, D HANNULA

NATL: 1:54.15 N 11/10/2018 RICE AQUATIC MASTERS
J YARID, D GUTHRIE, J FIELDS, B WILLIAMS

1 Virginia Masters Swim Team A 3:06.38 2:35.76 12
 1) Miller, Jim M72 2) Dash, Randy M48 3) Daly, James M51 4) Mccorkle, John M71
 50.74 1:27.39 (36.65) 2:02.38 (34.99) 2:35.76 (33.38)
 2 Montgomery Ancient Mariners A 2:50.00 2:41.60 8
 1) Vandegriff, James M66 2) Dubin, Jeffrey M56 3) Friedland, David M65 4) Hinga, Kenneth M73
 39.17 1:23.71 (44.54) 2:03.91 (40.20) 2:41.60 (37.69)

Men 280-319 200 SC Meter Freestyle Relay

WORLD: 1:54.44 W 10/11/2015 GOLD COAST MASTERS -USA
K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN

NATL: 1:54.44 N 10/11/2015 GOLD COAST MASTERS
K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN

*1 Germantown Maryland Masters C 2:45.00 2:34.52 12
 1) Greger, Ronald M78 2) Robinson, David M79 3) Walters, Mark M70 4) Golden, Scott M59
 43.90 1:23.90 (40.00) 2:34.52 (1:10.62)
 *1 DC Water Wizards B NT 3:06.51 12
 1) Thurston, Lawrence M70 2) Blount, Marvin M71 3) Bradford, Bruce M73 4) Linder Sr, Arthur M77
 1:28.24 2:27.86 (59.62) 2:46.04 (18.18) 3:06.51 (20.47)

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Men 280-319 200 SC Meter Medley Relay**WORLD: 2:12.29 W 5/26/2019****VENTURA COUNTY MASTERS -USA****S HECK, H KERNS, G GRUBER, B ROLLINS****NATL: 2:12.29 N 5/26/2019****VENTURA COUNTY MASTERS****S HECK, H KERNS, G GRUBER, B ROLLINS**

1	Germantown Maryland Masters	C	NT	2:54.43	12
	1) Robinson, David M79	2) Greger, Ronald M78	3) Golden, Scott M59	4) Walters, Mark M70	
	49.56	1:42.03 (52.47)	2:15.38 (33.35)	2:54.43 (39.05)	
2	DC Water Wizards	B	NT	4:21.16	8
	1) Bradford, Bruce M73	2) Thurston, Lawrence M70	3) Linder Sr, Arthur M77	4) Williams, Reginald M66	
	1:08.88	2:22.40 (1:13.52)	3:16.26 (53.86)	4:21.16 (1:04.90)	

Mixed 72-99 200 SC Meter Freestyle Relay**NATL: 1:43.33 N 10/15/1995****THE OLYMPIC CLUB****S SCOTT, A WALKER, J PATRICK, M HERMANN**

1	Germantown Maryland Masters	A	2:10.00	2:00.01	12
	1) Wilcox, Cameron M24	2) Currier, Erin W20	3) Coggins, Emma W26	4) Garvey, Noah M23	
	26.97	1:01.41 (34.44)	1:38.98 (37.57)	2:00.01 (21.03)	

Mixed 100-119 400 SC Meter Freestyle Relay**WORLD: 3:40.20 W 1/26/2020****VZC -NED****M DELNO, O ACHTERBERG, J NAP, S DE JONGE****NATL: 3:41.64 N 12/2/2017****GOLDEN ROAD AQUATICS****L IBANEZ LOPEZ, A ACEINO, M JEX, M MARSHALL**

1	Germantown Maryland Masters	B	4:30.00	4:35.83	12
	1) Clark, Kempsey M32	2) Currier, Erin W20	3) Chin, Lisa W41	4) Murdock, Evan M25	
	32.48	1:06.28 (1:06.28)	1:42.34 (36.06)	2:57.49 (1:51.21)	
	3:32.37 (34.88)		4:02.44 ()	4:35.83 ()	

Mixed 100-119 200 SC Meter Medley Relay**WORLD: 1:47.99 W 11/22/2020****TSUNAMI -RUS****E IOGIN, A TISHCHENKO, I SHLEMOVA, A DEMKINA****NATL: 1:48.37 N 12/2/2017****GOLDEN ROAD AQUATICS****M ACEINO, L PECHMANN, A ACEINO, L IBANEZ LOPEZ**

1	Germantown Maryland Masters	B	NT	2:29.05	12
	1) Coggins, Emma W26	2) Sandi, Sebastian M20	3) Espinoza, Diana W47	4) Sandi, Federico M23	
	38.12	1:15.58 (37.46)	1:56.60 (41.02)	2:29.05 (32.45)	

Mixed 120-159 200 SC Meter Freestyle Relay**WORLD: 1:37.51 W 11/22/2019****TSUNAMI -RUS****A KURNOSOV, A GETMANENKO, E YUDINA, I SHLEMOVA****NATL: 1:41.37 N 12/10/2000****EL SEGUNDO MASTERS****B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON**

1	Club Tribe	A	NT	1:45.02	12
	1) Healey, Matthew M24	2) Glass, Sidney M31	3) Conze, Margaret W51	4) Mizerak, Gabrielle W31	
	24.61	49.23 (24.62)	1:17.51 (28.28)	1:45.02 (27.51)	
2	Germantown Maryland Masters	B	2:10.00	1:59.29	8
	1) Clark, Kempsey M32	2) Murdock, Evan M25	3) Chin, Lisa W41	4) Hassett, Dorota W45	
	29.74	57.26 (27.52)	1:28.87 (31.61)	1:59.29 (30.42)	

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Mixed 120-159 200 SC Meter Medley Relay

WORLD: 1:47.51 W 11/23/2013 PHOENIX SWIM CLUB -USA
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI
NATL: 1:47.51 N 11/23/2013 PHOENIX SWIM CLUB
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI

1	Arlington Masters	A	NT	2:33.26	8
	1) Tran, William M31	2) Caragine, Crystal W26	3) Dreisbach, Tristan M39	4) Hufford, Ellen W40	
	31.80	1:21.71 (49.91)	1:52.90 (31.19)	2:33.26 (40.36)	
---	Arlington Masters	B	NT	DQ	12
	1) Urban, Heather W30	2) Urban, Daniel M30	3) Langel, Theodore M33	4) Rooney, Tim M45	
	41.40	1:20.42 (39.02)	1:54.30 (33.88)	DQ (29.34)	

Mixed 160-199 200 SC Meter Freestyle Relay

WORLD: 1:40.86 W 11/28/2015 NEVA STARS -RUS
P LEBEDEV, A POLIAKOVA, O POZNIKOVA, V PREDKIN
NATL: 1:42.03 N 11/22/2009 COLORADO MASTERS SWIMMING
R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN

1	Reston Masters Swim Team	A	1:58.58	1:53.51	12
	1) Ham, Jack M23	2) Geskos, Evangeline W39	3) Bass, Amy W52	4) Baldwin, Craig M48	
	25.44	55.97 (30.53)	1:26.82 (30.85)	1:53.51 (26.69)	
4	DC Water Wizards	A	NT	2:47.72	4
	1) Doyle, Gabrielle W60	2) Ross, Marques M26	3) Diaz, David M52	4) Dustin, Kim W54	
	1:10.83	1:39.86 (29.03)	2:12.45 (32.59)	2:47.72 (35.27)	

Mixed 160-199 400 SC Meter Freestyle Relay

WORLD: 3:46.01 W 11/21/2009 COLORADO MASTERS SWIMMING-USA
C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART
NATL: 3:46.01 N 11/21/2009 COLORADO MASTERS SWIMMING
C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART

*1	Germantown Maryland Masters	A	4:30.00	4:39.64	12
	1) Krempasky, Steven M35	2) Carswell, Jenny W48	3) Main, Bryan M49	4) Hassett, Dorota W45	
	34.23	1:11.60 (1:11.60)	1:46.41 (34.81)	2:23.29 (1:11.69)	
	2:55.94 (32.65)	3:31.59 (1:08.30)	4:03.76 (32.17)	4:39.64 (1:08.05)	
*1	DC Water Wizards	A	NT	5:01.86	12
	1) Forster, Anne W57	2) Salazar, Luis M56	3) Dustin, Kim W54	4) Ross, Marques M26	
	40.50	1:20.64 (1:20.64)	1:58.34 (37.70)	2:36.75 (1:16.11)	
	3:13.92 (37.17)	3:54.49 (1:17.74)	4:26.27 (31.78)	5:01.86 (1:07.37)	

Mixed 160-199 200 SC Meter Medley Relay

WORLD: 1:50.35 W 11/14/2021 MAD WAVE -RUS
A POVALII, V BRAGIN, A POLIAKOVA, V PREDKIN
NATL: 1:53.38 N 11/21/2009 COLORADO MASTERS SWIMMING
S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS

1	Reston Masters Swim Team	A	3:05.50	3:00.56	12
	1) Weigand, Elizabeth W60	2) Woods, Katie W30	3) Fundling, Scott M32	4) Stites, Robert M68	
	57.64	1:15.02 (17.38)	1:41.51 (26.49)	3:00.56 (1:19.05)	

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Mixed 200-239 200 SC Meter Freestyle Relay

WORLD: 1:46.08 W 10/28/2016 EAST LEEDS -GBR
P CLEMENCE, N WILLIAMS, D EMERSON, J HOYLE
NATL: 1:46.08 N 3/15/2014 N CAROLINA MASTERS SWIMMING
ERIKA BRAUN, SUE WALSH, JON BLANK, JONATHAN KLEIN

1	Montgomery Ancient Mariners	A	2:15.00	2:14.57	12
	1) Harmon, David M73	2) Coleman, Cecelia W56	3) Labbe, Mylene W49	4) Komoto, Takeshi M53	
	35.52	1:13.39 (37.87)	1:44.60 (31.21)	2:14.57 (29.97)	
3	Germantown Maryland Masters	C	NT	2:10.63	6
	1) Golden, Scott M59	2) Tomson, Farol M51	3) Espinoza, Diana W47	4) Carswell, Jenny W48	
	32.28	1:04.02 (31.74)	1:37.43 (33.41)	2:10.63 (33.20)	

Mixed 200-239 400 SC Meter Freestyle Relay

WORLD: 3:56.10 W 12/14/2014 NORTH CAROLINA MASTERS -USA
E BRAUN, H STEWART, S WALSH, J KLEIN
NATL: 3:56.10 N 12/14/2014 NORTH CAROLINA MASTERS
E BRAUN, H STEWART, S WALSH, J KLEIN

1	Montgomery Ancient Mariners	A	6:35.00	6:33.00	12
	1) Shefska, Dara W29	2) Hinga, Kenneth M73	3) Honberg, Lynda W70	4) Moses, Todd M48	
	48.50	1:42.55 (1:42.55)	2:26.39 (43.84)	3:14.88 (1:32.33)	
	4:07.09 (52.21)	5:05.30 (1:50.42)	5:45.37 (40.07)	6:33.00 (1:27.70)	

Mixed 200-239 200 SC Meter Medley Relay

WORLD: 1:57.65 W 10/14/2012 BLU FROG TEAM -USA
S HART, D CHANCE, M MIDDLETON, R ABRAHAMS
NATL: 1:57.65 N 10/10/2012 BLU FROG TEAM
S HART, D CHANCE, M MIDDLETON, R ABRAHAMS

1	Club Tribe	A	NT	2:05.98	12
	1) Bell, David M47	2) O'Brien, Terrence M52	3) Williams, Susan W56	4) Conze, Margaret W51	
	30.20	1:07.43 (37.23)	1:37.82 (30.39)	2:05.98 (28.16)	
2	Reston Masters Swim Team	A	2:29.29	2:30.31	8
	1) Ham, Jack M23	2) Pattison, Andrea W47	3) Kirwan, Denise W70	4) Broderick, Tom M62	
	28.35	1:12.16 (43.81)	1:53.62 (41.46)	2:30.31 (36.69)	
3	Montgomery Ancient Mariners	A	2:45.00	2:41.61	
	1) Coleman, Cecelia W56	2) Leonard, Amie W34	3) Friedland, David M65	4) Dubin, Jeffrey M56	
4	Germantown Maryland Masters	A	2:30.00	2:43.80	6
	1) Robinson, David M79	2) Luo, Gang M63	3) Chin, Lisa W41	4) Carswell, Jenny W48	
	50.42	1:34.97 (44.55)	2:11.15 (36.18)	2:43.80 (32.65)	
5	Montgomery Ancient Mariners	B	3:25.00	3:18.33	4
	1) Gillen, Neal M85	2) Treurniet, Natalie W33	3) Goldberg, Marci W38	4) Moses, Todd M48	
	1:05.45	1:52.00 (46.55)	2:39.35 (47.35)	3:18.33 (38.98)	

Mixed 240-279 200 SC Meter Freestyle Relay

WORLD: 1:52.68 W 11/14/2015 NORTH TEXAS LONESTARS -USA
D MARTIN, T BARTON, C MCKELVEY, L MORRISON
NATL: 1:52.68 N 11/14/2015 NORTH TEXAS LONESTARS
DOUG MARTIN, TOM BARTON, C MCKELVEY, LYNN MORRISON

1	Reston Masters Swim Team	A	2:15.15	2:14.28	12
	1) Brightwell, Kim W62	2) Broderick, Tom M62	3) Kirwan, Denise W70	4) Gandee, Brad M68	
	36.26	1:08.30 (32.04)	1:44.74 (36.44)	2:14.28 (29.54)	
2	Virginia Masters Swim Team	A	2:23.79	2:19.95	8
	1) Miller, Patricia W61	2) Mccorkle, John M71	3) Jaeger, Debbie W60	4) Daly, James M51	
	35.95	1:09.88 (33.93)	1:45.84 (35.96)	2:19.95 (34.11)	

Annual Albatross Open - 4/2/2022
Kennedy-Shriver Aquatic Center, North Bethesda MD, S#: PVLMSC 102-S002
Meet Dir. - Kara Permisohn (kpermisohn@minkoff.com)
Results - Albatross Open

(Mixed 240-279 200 SC Meter Freestyle Relay)

3 Reston Masters Swim Team	B	2:49.49	2:50.76	6
1) Paulson, Laurence M73	2) Manheim, Lucy W80	3) Weigand, Elizabeth W60	4) Fundling, Scott M32	
39.34	55.45 (16.11)	1:35.89 (40.44)	2:50.76 (1:14.87)	

Mixed 240-279 200 SC Meter Medley Relay

WORLD: 2:04.82 W 12/7/2019 NOVAQUATICS MASTERS -USA
J FOWLER, H VEHOVEC, K OSBORNE, V HIBBEN
NATL: 2:04.82 N 12/7/2019 NOVAQUATICS MASTERS
J FOWLER, H VEHOVEC, K OSBORNE, V HIBBEN

1 Colonials 1776	A	NT	2:23.83	12
1) Hug, Laurie W57	2) Burke, Barbara W61	3) Hiltabiddle, Steve M56	4) Thornton, James M70	
40.99	1:25.34 (44.35)	1:54.79 (29.45)	2:23.83 (29.04)	
--- Germantown Maryland Masters	C	NT	DQ	
Stroke Infraction swimmer #1: Shoulders past vertical toward breast - back				
1) Andrews, Lynne W75	2) Mallon, Barbara W55	3) Main, Bryan M49	4) Nelson, Greg M62	
54.76	1:44.65 (49.89)	2:18.79 (34.14)	DQ (35.74)	

Mixed 280-319 200 SC Meter Medley Relay

WORLD: 2:22.04 W 9/27/2015 TAMALPAIS AQUATIC MASTERS-USA
L VAL, K FROST, R BURNS, N RIDOUT
NATL: 2:22.04 N 9/27/2015 TAMALPAIS AQUATIC MASTERS
L VAL, K FROST, R BURNS, N RIDOUT

1 Reston Masters Swim Team	A	5:15.15	5:00.70	12
1) Woods, Donna W60	2) Gerson, Gordon M86	3) Paulson, Laurence M73	4) Manheim, Lucy W80	
1:39.57	3:17.66 (1:38.09)	4:07.20 (49.54)	5:00.70 (53.50)	

Combined Team ScoresCombined Team Scores - Through Event 28

1. Germantown Maryland Masters	660	2. Reston Masters Swim Team	373
3. Montgomery Ancient Mariners	350	4. DC Water Wizards	248
5. Terrapin Masters	167	6. Arlington Masters	161
7. Club Tribe	155	8. Virginia Masters Swim Team	146
9. Colonials 1776	92	10. North Carolina Masters Swimmin	56
11. Uc09	54	12. District Of Columbia Aquatics	49
12. Uc12	49	14. Alexandria Masters Swimming	45
15. Ywca Masters of Adams County	38	15. Uc10	38
17. Uc05	32	17. Central Maryland YMCA Masters	32
19. Williamsport Area Swim Club	24	19. E Team	24
19. Team New York Aquatics	24	19. Uc08	24
23. Lane 4 Swimming	20	24. Rose Bowl Masters	18
24. Merritt Marlins	18	26. Illinois Masters	14
26. Dayton Area Sharks	14	26. Mission Viejo Masters	14
29. Agua Masters	13	30. Sea Devil Swimming Masters	11
31. Garden State Masters	10	32. Uc07	8
33. Swim Fort Lauderdale	7	34. Patriot Masters Swim Team	6

Scores - WomenWomen - Team Rankings - Through Event 28

Annual Albatross Open - 4/2/2022**Kennedy-Shriver Aquatic Center, North Bethesda MD, S#: PVLMSC 102-S002****Meet Dir. - Kara Permisohn (kpermisohn@minkoff.com)****Results - Albatross Open****(Scores - Women)**

1. Germantown Maryland Masters	222	2. Reston Masters Swim Team	192
3. Montgomery Ancient Mariners	148	4. DC Water Wizards	107
5. Virginia Masters Swim Team	81	6. Terrapin Masters	67
7. Arlington Masters	55	8. Colonials 1776	46
9. Club Tribe	41	10. Uc12	35
11. Ywca Masters of Adams County	28	12. Uc09	27
13. District Of Columbia Aquatics	24	13. Williamsport Area Swim Club	24
13. E Team	24	16. North Carolina Masters Swimmin	22
17. Uc10	20	18. Mission Viejo Masters	14
19. Swim Fort Lauderdale	7	20. Alexandria Masters Swimming	5

Scores - Men**Men - Team Rankings - Through Event 28**

1. Germantown Maryland Masters	370	2. Montgomery Ancient Mariners	174
3. DC Water Wizards	125	4. Reston Masters Swim Team	119
5. Terrapin Masters	100	6. Club Tribe	90
7. Arlington Masters	86	8. Virginia Masters Swim Team	57
9. Alexandria Masters Swimming	40	10. Colonials 1776	34
10. North Carolina Masters Swimmin	34	12. Central Maryland YMCA Masters	32
12. Uc05	32	14. Uc09	27
15. District Of Columbia Aquatics	25	16. Team New York Aquatics	24
16. Uc08	24	18. Lane 4 Swimming	20
19. Uc10	18	19. Rose Bowl Masters	18
19. Merritt Marlins	18	22. Uc12	14
22. Illinois Masters	14	22. Dayton Area Sharks	14
25. Agua Masters	13	26. Sea Devil Swimming Masters	11
27. Garden State Masters	10	27. Ywca Masters of Adams County	10
29. Uc07	8	30. Patriot Masters Swim Team	6