

Colonies Zone Short Course Yards Championship

April 15 – 17, 2011

Hosted by: George Mason University Swimming & Diving
Fairfax, Virginia

Sanctioned by Potomac Valley LMSC for USMS, INC. # 101-01

| | | |
|----------------|---|-------------|
| MEET DIRECTOR: | Cheryl Ward – 9821 Laurel Street, Fairfax, VA 22032 | |
| REFEREE: | Jack Neill | John Ertter |
| STARTER: | Jim Van Erden | Kevin Olson |
| | Al Meilus | Tim Husson |
| | Mike Rubin | Naomi Lynch |
| STROKE & TURN: | Boots Hall | Roy Soller |
| HY-TEK: | Jim Thompson | Bob Brofft |
| COLORADO: | Dick Griffith | |

USMS RECORDS BROKEN

Men 50-54

Clay Britt – ANCM – 100 Backstroke 54.68

Total number of swimmers in the meet: 530

Licensed to George Mason University HY-TEK's MEET MANAGER 3.0 4/26/2011
2011 COLONIES ZONE SCY CHAMPIONSHIP, Sanction #: 101-01
George Mason University, Fairfax, VA
Team Rankings - Through Event 56

Combined Team Scores - Small Team

| Place | Team | Points |
|-------|-------------------|--------|
| ===== | ===== | ===== |
| 1 | STONEWALL MASTERS | 298 |

| | | | |
|----|--------------------------------|------|-------|
| 2 | QUEST MASTERS SWIM TEAM | QMST | 244 |
| 3 | GARDEN STATE MASTERS | GSM | 180 |
| 4 | GERMANTOWN MARYLAND MASTERS | GERM | 166 |
| 5 | MONTGOMERY ANCIENT MARINERS | ANCM | 152 |
| 6 | PENNYPACK AQUATIC & FITNESS CL | PAFC | 150 |
| 7 | ASPHALT GREEN MASTERS | AGUA | 149 |
| 8 | WARRENTON MASTERS SWIM TEAM | WAVA | 134 |
| 9 | NEW ENGLAND MASTERS SWIM CLUB | NEM | 118 |
| 10 | ARLINGTON MASTERS | ARMS | 112.5 |
| 11 | NAVAL ACADEMY AQUATIC CLUB | NAAC | 98 |
| 12 | FAIRFAX COUNTY MASTERS | FXCM | 93 |
| 12 | EGY MASTER | EGY | 93 |
| 14 | MARYLAND MASTERS | MARY | 85 |
| 15 | ANNE ARUNDEL AMPHIBIANS | AAA | 73 |
| 16 | DELMARVAAQUATICMASTERSDOGFISH | DAMD | 72 |
| 17 | NATIONAL CAPITAL YMCA | NCYM | 69 |
| 18 | MAINE MASTERS SWIM CLUB | MESC | 66 |
| 18 | FINS AQUATICS CLUB | FINS | 66 |
| 20 | WAIKIKI SWIM CLUB | WSC | 62 |
| 21 | CONNECTICUT MASTERS | CONN | 60 |
| 22 | SUNFISH MASTERS | SUNF | 59 |
| 23 | DC MASTERS | DCM | 58 |
| 24 | FISH MASTERS | FISH | 55 |
| 25 | NORTH BALTIMORE AQUATIC CLUB M | NBAC | 50 |
| 26 | MACHINE AQUATICS | MACH | 48 |
| 27 | FRIENDS' CENTRAL AQUATICS | FCA | 44 |
| 28 | ALEXANDRIA AQUATIC RECREATION | AARG | 41 |
| 29 | ADIRONDACK MASTERS | ADMS | 40 |
| 30 | BEARCAT MASTERS | BCTM | 32 |
| 31 | THOR | THOR | 30 |
| 32 | CHESAPEAKE REGION AQUATIC BLUE | CRAB | 28 |
| 33 | RIPTIDE MASTERS | RIPM | 25 |
| 33 | COLUMBIA MASTERS SWIM TEAM | COLU | 25 |
| 35 | CENTRAL MARYLAND YMCA MASTERS | CMYM | 24 |
| 36 | ARIZONA MASTERS SWIM CLUB INC | ARIZ | 23 |
| 37 | MARYMOUNT MASTERS SWIM TEAM | MMTM | 21 |
| 38 | YMCA INDY SWIMFIT | ISF | 15 |
| 39 | SEA DEVIL SWIMMING MASTERS | SDS | 14 |
| 40 | O*H*I*O MASTERS SWIM CLUB | O*H* | 13 |
| 41 | HEALTH UNLIMITED HURRICANES | HUH | 10 |
| 41 | ARENA CLUB MASTERS | ACM | 10 |
| 43 | LEESBURG AREA MASTERS | LAMS | 9 |
| 43 | SNOW MASTERS SWIMMING | SNOW | 9 |
| 45 | JERSEY AREA MULTISPORT | JAM | 6 |
| 46 | TEAM NEW YORK AQUATICS | TNYA | 2 |

Combined Team Scores - Medium Team

| Place | Team | | Points |
|-------|--------------------------------|------|--------|
| 1 | BINGHAMTON UNIV MASTERS | BUMS | 621 |
| 2 | DISTRICT OF COLUMBIA AQUATICS | DCAC | 573 |
| 3 | PATRIOT MASTERS SWIM TEAM | GMUP | 374 |
| 4 | WARD'S SWIM CLUB | WARD | 337 |
| 5 | TERRAPIN MASTERS | TERR | 331 |
| 6 | ALEXANDRIA MASTERS SWIMMING | ALEX | 191 |
| 7 | MERRITT MARLINS | MERR | 175 |
| 8 | NORTH CAROLINA MASTERS SWIMMIN | NCMS | 134 |

Combined Team Scores - Large Team

| Place | Team | | Points |
|-------|--------------------------------|------|--------|
| 1 | RESTON MASTERS SWIM TEAM | RMST | 2157.5 |
| 2 | COLONIALS 1776 | 1776 | 1420 |
| 3 | VIRGINIA MASTERS SWIM TEAM | VMST | 1399 |
| 4 | RED TIDE | REDT | 1072 |
| 5 | CURL BURKE MASTERS SWIMMING, I | CUBU | 886 |

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HY-TEK's MEET MANAGER 3.0 4/26/2011 09:35 AM

2011 COLONIES ZONE SCY CHAMPIONSHIP, Sanction #: 101-01

George Mason University, Fairfax, VA

Results

Women 18-24 50 Yard Freestyle

| ===== | | | | | |
|---------------|--------------------|--------------------------|-------|--------|--------|
| ZONE: Z 23.96 | | 4/13/2003 Petra Adamkova | | | |
| NATL: ! 22.96 | | 4/18/2010 KARA DENBY | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 | Shinoda, Kathryn | 24 FRIENDS' CENTRAL | 26.20 | 25.58 | 9 |
| 2 | Nelson, Rachel | 19 VIRGINIA MASTERS | 25.63 | 25.89 | 7 |
| 3 | Perry, Elisabeth | 24 CURL BURKE MASTE | 27.98 | 27.54 | 6 |
| 4 | Lam, Julia | 24 CURL BURKE MASTE | 28.27 | 28.00 | 5 |
| 5 | Rasch, Bettina | 20 CURL BURKE MASTE | 28.77 | 29.22 | 4 |
| 6 | Hennessey, Megan | 24 UNAT | 31.00 | 31.83 | 3 |
| 7 | Appleby, Heather | 22 RED TIDE | 40.00 | 32.71 | 2 |
| 8 | Cunningham, Cather | 24 PATRIOT MASTERS | 39.70 | 38.05 | 1 |

Women 18-24 100 Yard Freestyle

| ===== | | | | | |
|---------------|-----|--------------------------------|------|--------|--------|
| ZONE: Z 54.18 | | 4/23/2006 Stacy Peterson, CUBU | | | |
| NATL: ! 48.29 | | 11/8/2009 DANA VOLLMER | | | |
| Name | Age | Team | Seed | Finals | Points |

| | | | | | | |
|----|--------------------|----|-----------------------|---------|---------|---|
| 1 | Tomasula, Kellyann | 22 | COLONIALS 1776 | 55.18 | 53.25Z | 9 |
| | | | 25.89 53.25 (27.36) | | | |
| 2 | Nelson, Rachel | 19 | VIRGINIA MASTERS | 56.26 | 55.82 | 7 |
| | | | 26.43 55.82 (29.39) | | | |
| 3 | Shinoda, Kathryn | 24 | FRIENDS' CENTRAL | 58.39 | 57.15 | 6 |
| | | | 26.67 57.15 (30.48) | | | |
| 4 | Pumphrey, Katie | 23 | MERRITT MARLINS | 1:05.00 | 1:00.92 | 5 |
| | | | 29.81 1:00.92 (31.11) | | | |
| 5 | Schmitt, Jacquelin | 19 | CURL BURKE MASTE | 1:05.00 | 1:03.25 | 4 |
| | | | 30.40 1:03.25 (32.85) | | | |
| 6 | Lam, Julia | 24 | CURL BURKE MASTE | 1:05.31 | 1:03.42 | 3 |
| | | | 30.23 1:03.42 (33.19) | | | |
| 7 | Perry, Elisabeth | 24 | CURL BURKE MASTE | 1:03.21 | 1:03.55 | 2 |
| | | | 29.31 1:03.55 (34.24) | | | |
| 8 | Rasch, Bettina | 20 | CURL BURKE MASTE | 1:04.50 | 1:04.76 | 1 |
| | | | 30.53 1:04.76 (34.23) | | | |
| 9 | Froemke, Lara | 21 | CURL BURKE MASTE | 1:15.00 | 1:05.96 | |
| | | | 30.60 1:05.96 (35.36) | | | |
| 10 | Day, Katie | 23 | UNAT | 1:00.59 | 1:08.20 | |
| | | | 32.17 1:08.20 (36.03) | | | |
| 11 | Appleby, Heather | 22 | RED TIDE | 1:25.00 | 1:13.32 | |
| | | | 34.25 1:13.32 (39.07) | | | |
| 12 | Cunningham, Cather | 24 | PATRIOT MASTERS | 1:25.61 | 1:22.30 | |

Women 18-24 200 Yard Freestyle

| ZONE: Z 1:55.38 4/4/2004 Kelly Bowman, TERR | | | | | | |
|---|-------|------------------|-----------------|-----------------|--------|--|
| NATL: ! 1:43.28 11/8/2009 DANA VOLLMER | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 Perry, Elisabeth | 24 | CURL BURKE MASTE | 2:14.00 | 2:19.66 | 9 | |
| | 30.71 | 1:05.32 (34.61) | 1:42.13 (36.81) | 2:19.66 (37.53) | | |
| 2 Lam, Julia | 24 | CURL BURKE MASTE | 2:31.17 | 2:29.18 | 7 | |
| | 34.06 | 1:11.98 (37.92) | 1:50.86 (38.88) | 2:29.18 (38.32) | | |
| 3 Appleby, Heather | 22 | RED TIDE | 3:20.00 | 2:41.70 | 6 | |
| | 35.67 | 1:17.00 (41.33) | 1:59.55 (42.55) | 2:41.70 (42.15) | | |
| 4 Cunningham, Cather | 24 | PATRIOT MASTERS | 3:05.58 | 3:04.48 | 5 | |
| | 40.73 | 1:26.93 (46.20) | 2:15.46 (48.53) | 3:04.48 (49.02) | | |

Women 18-24 500 Yard Freestyle

| ZONE: Z 5:12.23 4/4/2004 Kelly Bowman, TERR | | | | | | |
|---|-----|------------------|---------|---------|--------|--|
| NATL: ! 4:49.97 10/25/2003 JESSICA FOSCHI | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 Warren-Shriner, Li | 22 | DISTRICT OF COLU | 5:46.06 | 5:36.45 | 9 | |

| | | | | |
|-------------------|-----------------|------------------|-----------------|-----------------|
| | 31.97 | 1:05.98 (34.01) | 1:40.52 (34.54) | 2:15.17 (34.65) |
| | 2:49.55 (34.38) | 3:23.87 (34.32) | 3:58.06 (34.19) | 4:31.81 (33.75) |
| | 5:04.52 (32.71) | 5:36.45 (31.93) | | |
| 2 Jones, Caylin | 22 | RESTON MASTERS S | 6:40.00 | 6:02.06 7 |
| | 32.12 | 1:07.32 (35.20) | 1:43.86 (36.54) | 2:20.38 (36.52) |
| | 2:57.04 (36.66) | 3:33.79 (36.75) | 4:11.55 (37.76) | 4:48.95 (37.40) |
| | 5:26.43 (37.48) | 6:02.06 (35.63) | | |
| 3 Pumphrey, Katie | 23 | MERRITT MARLINS | 6:11.17 | 6:05.02 6 |
| | 32.29 | 1:07.80 (35.51) | 1:44.41 (36.61) | 2:21.80 (37.39) |
| | 2:59.00 (37.20) | 3:36.74 (37.74) | 4:14.62 (37.88) | 4:52.49 (37.87) |
| | 5:29.48 (36.99) | 6:05.02 (35.54) | | |
| 4 Lam, Julia | 24 | CURL BURKE MASTE | 7:00.00 | 6:54.75 5 |
| | 34.98 | 1:17.07 (42.09) | 1:59.77 (42.70) | 2:42.80 (43.03) |
| | 3:25.89 (43.09) | 4:08.11 (42.22) | 4:50.54 (42.43) | 5:32.53 (41.99) |
| | 6:14.49 (41.96) | 6:54.75 (40.26) | | |

Women 18-24 1000 Yard Freestyle

| | | | | |
|----------------|------------------|------------------|------------------|------------------|
| ===== | | | | |
| | ZONE: Z | 10:57.68 | 5/1/1994 | Laura Antonietta |
| | NATL: ! | 10:18.49 | 2/13/2010 | JUSTINE MUELLER |
| Name | Age | Team | Seed | Finals Points |
| ===== | | | | |
| 1 Lung, Nicole | 22 | NAVAL ACADEMY AQ | 13:20.00 | 13:54.64 9 |
| | 34.15 | 1:13.04 (38.89) | 1:53.31 (40.27) | 2:33.76 (40.45) |
| | 3:15.02 (41.26) | 3:56.83 (41.81) | 4:39.32 (42.49) | 5:21.64 (42.32) |
| | 6:04.25 (42.61) | 6:46.96 (42.71) | 7:30.08 (43.12) | 8:12.77 (42.69) |
| | 8:56.09 (43.32) | 9:39.34 (43.25) | 10:22.36 (43.02) | 11:05.42 (43.06) |
| | 11:48.03 (42.61) | 12:30.92 (42.89) | 13:13.77 (42.85) | 13:54.64 (40.87) |

Women 18-24 50 Yard Backstroke

| | | | | |
|----------------------|---------|------------------|-----------|----------------------|
| ===== | | | | |
| | ZONE: Z | 27.60 | 4/23/2006 | Stacy Peterson, CUBU |
| | NATL: ! | 26.18 | 5/22/2010 | ODONNELL-MCCARTHY |
| Name | Age | Team | Seed | Finals Points |
| ===== | | | | |
| 1 Nelson, Rachel | 19 | VIRGINIA MASTERS | 31.09 | 30.24 9 |
| 2 Schmitt, Jacquelin | 19 | CURL BURKE MASTE | 31.07 | 30.31 7 |
| 3 Shinoda, Kathryn | 24 | FRIENDS' CENTRAL | 31.73 | 31.26 6 |
| 4 Jones, Caylin | 22 | RESTON MASTERS S | 45.00 | 33.34 5 |
| 5 Appleby, Heather | 22 | RED TIDE | 45.00 | 38.06 4 |

Women 18-24 100 Yard Backstroke

| | | | | |
|-------|---------|-------|-----------|----------------------|
| ===== | | | | |
| | ZONE: Z | 58.42 | 4/23/2006 | Stacy Peterson, CUBU |
| | NATL: ! | 55.90 | 5/23/2010 | EMILE EWING |
| Name | Age | Team | Seed | Finals Points |
| ===== | | | | |

| | | | | | | |
|---|--------------------|-------|------------------|---------|---------|---|
| 1 | Tomasula, Kellyann | 22 | COLONIALS 1776 | 58.36 | 56.80Z | 9 |
| | | 27.83 | 56.80 (28.97) | | | |
| 2 | Nelson, Rachel | 19 | VIRGINIA MASTERS | 1:03.56 | 1:05.13 | 7 |
| | | 31.49 | 1:05.13 (33.64) | | | |
| 3 | Schmitt, Jacquelin | 19 | CURL BURKE MASTE | 1:09.77 | 1:07.87 | 6 |
| | | 32.79 | 1:07.87 (35.08) | | | |
| 4 | Shinoda, Kathryn | 24 | FRIENDS' CENTRAL | 1:10.07 | 1:08.37 | 5 |
| | | 33.22 | 1:08.37 (35.15) | | | |
| 5 | Hemady, Noura | 24 | DISTRICT OF COLU | 1:11.00 | 1:11.65 | 4 |
| | | 34.81 | 1:11.65 (36.84) | | | |
| 6 | Appleby, Heather | 22 | RED TIDE | 1:30.00 | 1:19.86 | 3 |
| | | 38.97 | 1:19.86 (40.89) | | | |

Women 18-24 200 Yard Backstroke

ZONE: Z 2:08.47 4/25/2009 Kaitlin Moughty, REDT
 NATL: ! 1:59.22 4/30/2000 SARA SCHWEITZER

| Name | Age | Team | Seed | Finals | Points |
|------|--------------------|-----------------------|-----------------|-----------------|--------|
| 1 | Tomasula, Kellyann | 22 COLONIALS 1776 | 2:11.20 | 2:02.91Z | 9 |
| | | 28.87 59.38 (30.51) | 1:31.38 (32.00) | 2:02.91 (31.53) | |
| 2 | Schmitt, Jacquelin | 19 CURL BURKE MASTE | 2:31.49 | 2:27.56 | 7 |
| | | 34.80 1:12.81 (38.01) | 1:51.14 (38.33) | 2:27.56 (36.42) | |
| 3 | Hennessey, Megan | 24 UNAT | 2:43.00 | 2:48.32 | 6 |
| | | 39.79 1:22.07 (42.28) | 2:05.25 (43.18) | 2:48.32 (43.07) | |

Women 18-24 50 Yard Breaststroke

ZONE: Z 30.06 4/13/2003 Petra Adamkova
 NATL: ! 29.01 4/25/2010 KARA DENBY

| Name | Age | Team | Seed | Finals | Points |
|------|--------------------|---------------------|-------|--------|--------|
| 1 | Fuchs, Lauren | 24 CURL BURKE MASTE | 33.27 | 32.86 | 9 |
| 2 | Shinoda, Kathryn | 24 FRIENDS' CENTRAL | 36.50 | 35.63 | 7 |
| 3 | Schmitt, Jacquelin | 19 CURL BURKE MASTE | NT | 36.92 | 6 |
| 4 | Froemke, Lara | 21 CURL BURKE MASTE | 45.00 | 37.31 | 5 |
| 5 | Lung, Nicole | 22 NAVAL ACADEMY AQ | 36.62 | 38.60 | 4 |
| 6 | Cunningham, Cather | 24 PATRIOT MASTERS | 50.21 | 49.97 | 3 |

Women 18-24 100 Yard Breaststroke

ZONE: Z 1:06.88 4/4/2004 Jillian Martin, TERR
 NATL: ! 1:02.86 5/18/2003 RILEY MANTS

| Name | Age | Team | Seed | Finals | Points |
|------|---------------|-----------------------|---------|---------|--------|
| 1 | Fuchs, Lauren | 24 CURL BURKE MASTE | 1:13.10 | 1:11.11 | 9 |
| | | 34.11 1:11.11 (37.00) | | | |

| | | | | | | |
|---|--------------------|-------|------------------|---------|---------|---|
| 2 | Lung, Nicole | 22 | NAVAL ACADEMY AQ | 1:20.00 | 1:23.44 | 7 |
| | | 39.94 | 1:23.44 (43.50) | | | |
| 3 | Cunningham, Cather | 24 | PATRIOT MASTERS | 1:25.61 | 1:48.18 | 6 |

Women 18-24 200 Yard Breaststroke

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| ZONE: Z 2:35.02 5/5/1996 C. Radcliff | | | | | | |
|---------------------------------------|---------------|-------|------------------|-----------------|-----------------|---|
| NATL: ! 2:14.90 5/18/2003 RILEY MANTS | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Fuchs, Lauren | 24 | CURL BURKE MASTE | 2:39.07 | 2:33.18Z | 9 |
| | | 35.51 | 1:14.58 (39.07) | 1:54.02 (39.44) | 2:33.18 (39.16) | |

Women 18-24 50 Yard Butterfly

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| ZONE: Z 26.49 4/13/2003 Petra Adamkova | | | | | | |
|--|--------------------|------|------------------|--------|--------|---|
| NATL: ! 24.54 11/8/2009 DANA VOLLMER | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Nelson, Rachel | 19 | VIRGINIA MASTERS | 28.08 | 27.58 | 9 |
| 2 | Fuchs, Lauren | 24 | CURL BURKE MASTE | 29.40 | 29.11 | 7 |
| 3 | Shinoda, Kathryn | 24 | FRIENDS' CENTRAL | 35.00 | 29.86 | 6 |
| 4 | Lung, Nicole | 22 | NAVAL ACADEMY AQ | 32.04 | 30.58 | 5 |
| 5 | Rasch, Bettina | 20 | CURL BURKE MASTE | 30.26 | 31.13 | 4 |
| 6 | Schmitt, Jacquelin | 19 | CURL BURKE MASTE | 32.40 | 32.03 | 3 |
| 7 | Perry, Elisabeth | 24 | CURL BURKE MASTE | 34.00 | 32.67 | 2 |
| 8 | Day, Katie | 23 | UNAT | 32.66 | 33.19 | 1 |

Women 18-24 100 Yard Butterfly

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| ZONE: Z 59.63 5/5/1996 Amity Hall | | | | | | |
|--------------------------------------|----------------|-------|------------------|---------|---------|---|
| NATL: ! 52.30 11/8/2009 DANA VOLLMER | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Nelson, Rachel | 19 | VIRGINIA MASTERS | 1:01.96 | 1:01.08 | 9 |
| | | 28.71 | 1:01.08 (32.37) | | | |
| 2 | Lung, Nicole | 22 | NAVAL ACADEMY AQ | 1:13.00 | 1:13.03 | 7 |
| | | 33.43 | 1:13.03 (39.60) | | | |

Women 18-24 200 Yard Butterfly

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| ZONE: Z 2:14.85 5/1/1994 C. Callender | | | | | | |
|--|--------------|-------|------------------|-----------------|-----------------|---|
| NATL: ! 2:02.28 3/4/2001 RACHEL KOMISARZ | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Lung, Nicole | 22 | NAVAL ACADEMY AQ | 2:40.00 | 2:52.92 | 9 |
| | | 36.52 | 1:18.94 (42.42) | 2:05.32 (46.38) | 2:52.92 (47.60) | |

Women 18-24 100 Yard IM

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ZONE: Z 1:01.12 4/23/2006 Stacy Peterson, CUBU
NATL: ! 55.24 4/18/2010 KARA DENBY
Name Age Team Seed Finals Points
=====
1 Tomasula, Kellyann 22 COLONIALS 1776 1:03.86 59.98Z 9
    27.69 59.98 (32.29)
2 Nelson, Rachel 19 VIRGINIA MASTERS 1:06.19 1:04.52 7
    29.18 1:04.52 (35.34)
3 Fuchs, Lauren 24 CURL BURKE MASTE 1:09.75 1:05.73 6
    31.18 1:05.73 (34.55)
4 Shinoda, Kathryn 24 FRIENDS' CENTRAL 1:09.00 1:06.73 5
    30.12 1:06.73 (36.61)
5 Jones, Caylin 22 RESTON MASTERS S 1:35.00 1:15.05 4
    33.11 1:15.05 (41.94)
6 Hennessey, Megan 24 UNAT 1:19.00 1:19.94 3
    37.57 1:19.94 (42.37)
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Women 18-24 200 Yard IM

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ZONE: Z 2:14.25 4/25/2009 Erika Norris, CUBU
NATL: ! 2:02.35 4/18/2010 KARA DENBY
Name Age Team Seed Finals Points
=====
1 Warren-Shriner, Li 22 DISTRICT OF COLU 2:36.00 2:33.21 9
    33.65 1:15.08 (41.43) 2:00.53 (45.45) 2:33.21 (32.68)
2 Hemady, Noura 24 DISTRICT OF COLU 2:36.00 2:34.50 7
    33.40 1:11.94 (38.54) 1:58.79 (46.85) 2:34.50 (35.71)
3 Schmitt, Jacquelin 19 CURL BURKE MASTE 2:40.00 2:36.52 6
    35.85 1:14.22 (38.37) 1:59.87 (45.65) 2:36.52 (36.65)
-- Jones, Caylin 22 RESTON MASTERS S 3:20.00 DQ
    50 No touch on turn - free
    33.22 1:13.00 (39.78) 2:03.96 (50.96)
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Women 18-24 400 Yard IM

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ZONE: Z 4:45.92 4/26/2009 Erika Norris, CUBU
NATL: ! 4:22.25 5/20/2010 MARISSA CLAPP
Name Age Team Seed Finals Points
=====
1 Fuchs, Lauren 24 CURL BURKE MASTE 5:05.75 5:01.51 9
    31.49 1:06.55 (35.06) 1:47.35 (40.80) 2:27.30 (39.95)
    3:07.56 (40.26) 3:48.58 (41.02) 4:25.59 (37.01) 5:01.51 (35.92)
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Women 25-29 50 Yard Freestyle

| ===== | | | | | |
|---------------|-----------------------------|------------------------------|-------|--------|--------|
| ZONE: Z 23.16 | | 4/24/2005 Petra Martin, TERR | | | |
| NATL: ! 23.16 | | 4/24/2005 PETRA MARTIN | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 | Stakem, Meredith | 29 DISTRICT OF COLU | 26.20 | 25.73 | 9 |
| 2 | Tutschek, Elizabet | 28 RED TIDE | 27.00 | 26.03 | 7 |
| 3 | Brown, Rachel | 27 ARLINGTON MASTER | 27.04 | 26.98 | 6 |
| 4 | Kobal, Stephanie | 28 COLONIALS 1776 | 29.21 | 27.26 | 5 |
| 5 | Lichtblau, Jennife | 26 RESTON MASTERS S | 30.00 | 27.58 | 4 |
| 6 | Brown, Jessica | 28 BINGHAMTON UNIV | 28.00 | 27.97 | 3 |
| 7 | Kratz, Caley | 25 MERRITT MARLINS | 29.00 | 28.34 | 2 |
| 8 | Stenger, Kelsy | 27 UNAT | 28.77 | 28.82 | 1 |
| 9 | Carre o , Eliana | 25 PATRIOT MASTERS | 30.50 | 29.98 | |
| 10 | Pearson, Maryellen | 29 CURL BURKE MASTE | 29.00 | 30.08 | |
| 11 | Hufford, Ellen | 28 ARLINGTON MASTER | 35.66 | 35.39 | |
| 12 | Gardner, Meghan | 27 BURLINGTON COUNT | 36.45 | 39.13 | |

Women 25-29 50 Yard Freestyle

| ===== | | | | | |
|---------------|------------------|------------------------|------|--------|--------|
| ZONE: Z 23.16 | | 4/24/2005 Petra Martin | | | |
| NATL: ! 23.16 | | 4/24/2005 PETRA MARTIN | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 | Van Erden, Jayme | 25 RESTON MASTERS S | NT | 25.85 | |

Women 25-29 100 Yard Freestyle

| ===== | | | | | |
|---------------|--------------------|-----------------------------------|---------|---------|--------|
| ZONE: Z 53.07 | | 4/25/2009 Jennifer O'Reilly, RMST | | | |
| NATL: ! 49.70 | | 2/21/2010 MEAGAN JENDRICK | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 | Van Erden, Jayme | 25 RESTON MASTERS S | 55.91 | 55.39 | 9 |
| | | 26.72 55.39 (28.67) | | | |
| 2 | Tutschek, Elizabet | 28 RED TIDE | 1:00.00 | 58.38 | 7 |
| | | 26.80 58.38 (31.58) | | | |
| 3 | Russo, Claire | 27 VIRGINIA MASTERS | 59.44 | 59.17 | 6 |
| | | 28.82 59.17 (30.35) | | | |
| 4 | Brown, Jessica | 28 BINGHAMTON UNIV | 1:04.00 | 1:01.66 | 5 |
| | | 29.77 1:01.66 (31.89) | | | |
| 5 | Kobal, Stephanie | 28 COLONIALS 1776 | 1:15.22 | 1:02.23 | 4 |
| | | 29.00 1:02.23 (33.23) | | | |
| 6 | Yu, Melanie | 29 PATRIOT MASTERS | 1:01.00 | 1:02.34 | 3 |
| | | 29.61 1:02.34 (32.73) | | | |
| 7 | Rai, Vanessa | 28 WARD'S SWIM CLUB | 1:02.00 | 1:02.58 | 2 |
| | | 29.87 1:02.58 (32.71) | | | |
| 8 | Kratz, Caley | 25 MERRITT MARLINS | 1:03.90 | 1:03.11 | 1 |

| | | | | |
|---------------------|---------------------|-----------------|---------|---------|
| | 30.47 | 1:03.11 (32.64) | | |
| 9 Stenger, Kelsy | 27 UNAT | | 1:02.38 | 1:03.52 |
| | 30.45 | 1:03.52 (33.07) | | |
| 10 Greenberg, Megan | 25 RED TIDE | | 1:06.99 | 1:06.85 |
| 11 Cohen, Elizabeth | 29 VIRGINIA MASTERS | | 1:11.50 | 1:11.73 |
| | 34.62 | 1:11.73 (37.11) | | |
| 12 Hufford, Ellen | 28 ARLINGTON MASTER | | 1:19.10 | 1:17.04 |
| | 37.25 | 1:17.04 (39.79) | | |
| 13 Boilini, Lauren | 27 MERRITT MARLINS | | 1:40.00 | 1:21.10 |
| | 40.04 | 1:21.10 (41.06) | | |
| 14 Gardner, Meghan | 27 BURLINGTON COUNT | | 1:22.77 | 1:30.99 |
| | 41.66 | 1:30.99 (49.33) | | |

Women 25-29 200 Yard Freestyle

| | | | | | |
|---|-------|------------------|-----------------|-----------------|--------|
| ===== | | | | | |
| ZONE: Z 1:56.57 4/26/2009 Jennifer O'Reilly, RMST | | | | | |
| NATL: ! 1:48.80 5/20/2001 LIMIN LIU | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Van Erden, Jayme | 25 | RESTON MASTERS S | 2:02.04 | 2:02.35 | 9 |
| | 28.25 | 59.59 (31.34) | 1:31.35 (31.76) | 2:02.35 (31.00) | |
| 2 Cartwright, Sara | 25 | CURL BURKE MASTE | 2:03.00 | 2:04.65 | 7 |
| | 30.04 | 1:01.97 (31.93) | 1:34.14 (32.17) | 2:04.65 (30.51) | |
| 3 Basile, Kimberly | 25 | RESTON MASTERS S | 2:10.00 | 2:05.73 | 6 |
| | 29.89 | 1:01.38 (31.49) | 1:33.87 (32.49) | 2:05.73 (31.86) | |
| 4 Russo, Claire | 27 | VIRGINIA MASTERS | 2:07.38 | 2:08.77 | 5 |
| | 29.96 | 1:02.23 (32.27) | 1:35.21 (32.98) | 2:08.77 (33.56) | |
| 5 Kratz, Caley | 25 | MERRITT MARLINS | 2:15.00 | 2:15.33 | 4 |
| | 30.80 | 1:05.05 (34.25) | 1:40.92 (35.87) | 2:15.33 (34.41) | |
| 6 Rai, Vanessa | 28 | WARD'S SWIM CLUB | 2:15.00 | 2:16.00 | 3 |
| | 31.68 | 1:06.19 (34.51) | 1:40.88 (34.69) | 2:16.00 (35.12) | |
| 7 Smith, Jessica | 26 | BINGHAMTON UNIV | 2:15.16 | 2:16.95 | 2 |
| | 31.76 | 1:06.11 (34.35) | 1:41.87 (35.76) | 2:16.95 (35.08) | |
| 8 Kobal, Stephanie | 28 | COLONIALS 1776 | 2:43.85 | 2:17.94 | 1 |
| | 31.37 | 1:05.40 (34.03) | 1:41.95 (36.55) | 2:17.94 (35.99) | |
| 9 Greenberg, Megan | 25 | RED TIDE | 2:26.31 | 2:25.63 | |
| | 33.65 | 1:10.90 (37.25) | 1:48.73 (37.83) | 2:25.63 (36.90) | |
| 10 Cohen, Elizabeth | 29 | VIRGINIA MASTERS | 2:36.00 | 2:34.24 | |
| | 35.30 | 1:14.22 (38.92) | 1:54.91 (40.69) | 2:34.24 (39.33) | |
| 11 Hufford, Ellen | 28 | ARLINGTON MASTER | 2:52.13 | 2:47.67 | |
| | 39.08 | 1:23.01 (43.93) | 2:07.40 (44.39) | 2:47.67 (40.27) | |
| -- Gardner, Meghan | 27 | BURLINGTON COUNT | 2:56.16 | DNF | |
| 62 Did not finish | | | | | |
| | 39.59 | 1:25.03 (45.44) | 2:15.13 (50.10) | | |

Women 25-29 500 Yard Freestyle

=====

ZONE: Z 5:15.71 4/25/2009 Alyssa Lengle, ARMS
 NATL: ! 4:49.88 1/3/1996 SHEILA TAORMINA

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-----------------|------------------|-------------------|-----------------|--------|
| 1 Thomas, Lillian | 27 | TERRAPIN MASTERS | 5:28.27 | 5:24.89 | 9 |
| | 30.19 | 1:02.36 (32.17) | 1:35.09 (32.73) | 2:07.95 (32.86) | |
| | 2:40.88 (32.93) | 3:13.95 (33.07) | 3:47.10 (33.15) | 4:20.53 (33.43) | |
| | 4:53.41 (32.88) | 5:24.89 (31.48) | | | |
| 2 Van Erden, Jayme | 25 | RESTON MASTERS S | 5:37.79 | 5:29.25 | 7 |
| | 29.50 | 1:01.42 (31.92) | 1:33.70 (32.28) | 2:06.69 (32.99) | |
| | 2:40.08 (33.39) | 3:13.66 (33.58) | 3:47.37 (33.71) | 4:21.46 (34.09) | |
| | 4:56.09 (34.63) | 5:29.25 (33.16) | | | |
| 3 Basile, Kimberly | 25 | RESTON MASTERS S | 5:50.00 | 5:38.13 | 6 |
| | 31.12 | 1:04.79 (33.67) | 1:39.16 (34.37) | 2:13.72 (34.56) | |
| | 2:48.49 (34.77) | 3:23.16 (34.67) | 3:57.67 (34.51) | 4:31.87 (34.20) | |
| | 5:05.50 (33.63) | 5:38.13 (32.63) | | | |
| 4 Yu, Melanie | 29 | PATRIOT MASTERS | 6:03.00 | 6:01.85 | 5 |
| | 31.88 | 1:07.00 (35.12) | 1:42.95 (35.95) | 2:18.63 (35.68) | |
| | 2:55.01 (36.38) | 3:31.82 (36.81) | 4:09.13 (37.31) | 4:46.72 (37.59) | |
| | 5:24.63 (37.91) | 6:01.85 (37.22) | | | |
| 5 Kratz, Caley | 25 | MERRITT MARLINS | 6:10.00 | 6:01.88 | 4 |
| | 32.19 | 1:07.87 (35.68) | 1:44.56 (36.69) | 2:22.24 (37.68) | |
| | 2:59.54 (37.30) | 3:36.61 (37.07) | 4:13.75 (37.14) | 4:51.03 (37.28) | |
| | 5:27.48 (36.45) | 6:01.88 (34.40) | | | |
| 6 Smith, Jessica | 26 | BINGHAMTON UNIV | 5:53.41 | 6:03.53 | 3 |
| | 32.49 | 1:08.01 (35.52) | 1:45.32 (37.31) | 2:22.96 (37.64) | |
| | 3:00.11 (37.15) | 3:37.29 (37.18) | 4:14.34 (37.05) | 4:51.53 (37.19) | |
| | 5:27.62 (36.09) | 6:03.53 (35.91) | | | |
| 7 Dougherty, Erin | 28 | RED TIDE | 6:40.00 | 6:14.19 | 2 |
| | 32.18 | 1:07.27 (35.09) | 1:44.25 (36.98) | 2:21.62 (37.37) | |
| | 3:00.16 (38.54) | 3:39.06 (38.90) | 4:18.14 (39.08) | 4:57.51 (39.37) | |
| | 5:36.41 (38.90) | 6:14.19 (37.78) | | | |
| 8 Greenberg, Megan | 25 | RED TIDE | 6:30.00 | 6:34.22 | 1 |
| | 35.47 | 1:13.94 (38.47) | 1:53.92 (39.98) | 2:34.26 (40.34) | |
| | 3:15.12 (40.86) | 3:55.91 (40.79) | 4:36.80 (40.89) | 5:16.68 (39.88) | |
| | 5:56.32 (39.64) | 6:34.22 (37.90) | | | |
| 9 Cohen, Elizabeth | 29 | VIRGINIA MASTERS | 6:49.38 | 6:50.08 | |
| | 37.22 | 1:17.36 (40.14) | 1:58.97 (41.61) | 2:40.73 (41.76) | |
| | 3:22.95 (42.22) | 4:04.68 (41.73) | 4:46.65 (41.97) | 5:29.00 (42.35) | |
| | 6:10.95 (41.95) | 6:50.08 (39.13) | | | |
| 10 Boilini, Lauren | 27 | MERRITT MARLINS | 8:30.00 | 7:56.84 | |
| | 43.83 | 1:32.21 (48.38) | 3:12.26 (1:40.05) | 3:59.06 (46.80) | |
| | 4:47.07 (48.01) | 5:35.64 (48.57) | 6:24.24 (48.60) | 7:11.97 (47.73) | |
| | 7:56.84 (44.87) | 7:56.84 () | | | |
| 11 Gardner, Meghan | 27 | BURLINGTON COUNT | 8:06.53 | 8:27.45 | |
| | 43.13 | 1:31.21 (48.08) | 2:20.11 (48.90) | 3:11.83 (51.72) | |
| | 4:06.40 (54.57) | 5:00.51 (54.11) | 5:53.34 (52.83) | 6:45.09 (51.75) | |

7:37.03 (51.94) 8:27.45 (50.42)

Women 25-29 1000 Yard Freestyle

=====

ZONE: Z 10:53.65 4/13/2003 Amanda Pagon
NATL: ! 10:12.34 3/19/1994 LISA HAZEN

| Name | Age | Team | Seed | Finals | Points |
|--------------------|--------------------|--------------------|--------------------|--------------------|--------|
| 1 Thomas, Lillian | 27 | TERRAPIN MASTERS | 11:14.67 | 11:02.42 | 9 |
| | 30.03 | 1:02.08 (32.05) | 1:34.91 (32.83) | 2:07.92 (33.01) | |
| | 2:40.94 (33.02) | 3:14.10 (33.16) | 3:47.39 (33.29) | 4:20.66 (33.27) | |
| | 4:53.82 (33.16) | 5:27.27 (33.45) | 6:00.66 (33.39) | 6:34.08 (33.42) | |
| | 7:07.52 (33.44) | 7:41.38 (33.86) | 8:15.01 (33.63) | 8:48.62 (33.61) | |
| | 9:22.31 (33.69) | 9:55.92 (33.61) | 10:29.59 (33.67) | 11:02.42 (32.83) | |
| 2 Brown, Jessica | 28 | BINGHAMTON UNIV | 13:00.00 | 13:05.16 | 7 |
| | 32.93 | 1:09.51 (36.58) | 1:47.89 (38.38) | 2:27.28 (39.39) | |
| | 3:07.25 (39.97) | 3:47.68 (40.43) | 4:27.65 (39.97) | 5:07.58 (39.93) | |
| | 5:47.66 (40.08) | 6:27.89 (40.23) | 7:07.39 (39.50) | 7:47.68 (40.29) | |
| | 8:27.78 (40.10) | 9:07.69 (39.91) | 9:47.23 (39.54) | 10:27.29 (40.06) | |
| | 11:07.47 (40.18) | 11:47.47 (40.00) | 12:26.86 (39.39) | 13:05.16 (38.30) | |
| 3 Wilner, Rebecca | 28 | CURL BURKE MASTE | 15:00.00 | 13:57.86 | 6 |
| | 38.27 | 1:20.10 (41.83) | 2:03.03 (42.93) | 2:46.44 (43.41) | |
| | 3:29.30 (42.86) | 4:12.30 (43.00) | 4:55.02 (42.72) | 5:36.95 (41.93) | |
| | 6:19.68 (42.73) | 7:01.84 (42.16) | 7:44.02 (42.18) | 8:26.27 (42.25) | |
| | 9:08.24 (41.97) | 9:50.17 (41.93) | 10:31.84 (41.67) | 11:13.78 (41.94) | |
| | 11:55.77 (41.99) | 12:37.49 (41.72) | 13:19.11 (41.62) | 13:57.86 (38.75) | |
| 4 Epstein, Lindsay | 27 | CURL BURKE MASTE | 37:30.00 | 20:39.30 | 5 |
| | 52.27 | 1:49.59 (57.32) | 2:47.28 (57.69) | 3:47.15 (59.87) | |
| | 4:48.30 (1:01.15) | 5:51.17 (1:02.87) | 6:54.17 (1:03.00) | 7:55.46 (1:01.29) | |
| | 8:58.29 (1:02.83) | 10:13.95 (1:15.66) | 11:27.92 (1:13.97) | 12:31.05 (1:03.13) | |
| | 13:32.99 (1:01.94) | 14:36.26 (1:03.27) | 15:38.10 (1:01.84) | 16:42.56 (1:04.46) | |
| | 17:41.02 (58.46) | 18:40.36 (59.34) | 19:39.68 (59.32) | 20:39.30 (59.62) | |

Women 25-29 1650 Yard Freestyle

=====

ZONE: Z 18:05.58 5/9/1993 Laurie Hug
NATL: ! 16:50.17 5/19/1991 KAREN BURTON

| Name | Age | Team | Seed | Finals | Points |
|------------------|------------------|------------------|------------------|------------------|--------|
| 1 Hamilton, Ally | 29 | RESTON MASTERS S | 19:55.00 | 18:54.39 | 9 |
| | 31.02 | 1:05.05 (34.03) | 1:39.39 (34.34) | 2:13.88 (34.49) | |
| | 2:48.54 (34.66) | 3:23.35 (34.81) | 3:58.16 (34.81) | 4:32.80 (34.64) | |
| | 5:07.32 (34.52) | 5:42.16 (34.84) | 6:16.99 (34.83) | 6:51.65 (34.66) | |
| | 7:26.35 (34.70) | 8:01.07 (34.72) | 8:35.73 (34.66) | 9:10.40 (34.67) | |
| | 9:44.90 (34.50) | 10:19.65 (34.75) | 10:54.39 (34.74) | 11:29.32 (34.93) | |
| | 12:03.84 (34.52) | 12:38.36 (34.52) | 13:12.77 (34.41) | 13:47.36 (34.59) | |
| | 14:21.82 (34.46) | 14:56.30 (34.48) | 15:30.78 (34.48) | 16:05.30 (34.52) | |

| | | | | | |
|----------------------|------------------|------------------|------------------|------------------|---|
| | 16:39.66 (34.36) | 17:13.73 (34.07) | 17:47.89 (34.16) | 18:21.52 (33.63) | |
| | 18:54.39 (32.87) | | | | |
| 2 Basile, Kimberly | 25 | RESTON MASTERS S | 21:00.00 | 19:21.31 | 7 |
| | 31.03 | 1:04.77 (33.74) | 1:39.00 (34.23) | 2:13.62 (34.62) | |
| | 2:48.34 (34.72) | 3:23.28 (34.94) | 3:57.93 (34.65) | 4:32.91 (34.98) | |
| | 5:07.93 (35.02) | 5:42.64 (34.71) | 6:17.46 (34.82) | 6:52.37 (34.91) | |
| | 7:27.39 (35.02) | 8:02.57 (35.18) | 8:38.13 (35.56) | 9:13.63 (35.50) | |
| | 9:49.39 (35.76) | 10:25.10 (35.71) | 11:00.85 (35.75) | 11:36.61 (35.76) | |
| | 12:12.41 (35.80) | 12:48.35 (35.94) | 13:24.25 (35.90) | 14:00.47 (36.22) | |
| | 14:36.53 (36.06) | 15:12.49 (35.96) | 15:48.49 (36.00) | 16:24.75 (36.26) | |
| | 17:00.85 (36.10) | 17:36.67 (35.82) | 18:12.38 (35.71) | 18:47.85 (35.47) | |
| | 19:21.31 (33.46) | | | | |
| 3 Yu, Melanie | 29 | PATRIOT MASTERS | 22:00.00 | 20:42.90 | 6 |
| | 33.09 | 1:10.35 (37.26) | 1:47.90 (37.55) | 2:25.84 (37.94) | |
| | 3:03.53 (37.69) | 3:41.20 (37.67) | 4:19.28 (38.08) | 4:57.00 (37.72) | |
| | 5:34.91 (37.91) | 6:12.75 (37.84) | 6:50.33 (37.58) | 7:28.31 (37.98) | |
| | 8:06.51 (38.20) | 8:44.42 (37.91) | 9:22.09 (37.67) | 9:59.78 (37.69) | |
| | 10:37.22 (37.44) | 11:15.00 (37.78) | 11:52.72 (37.72) | 12:30.23 (37.51) | |
| | 13:08.21 (37.98) | 13:46.50 (38.29) | 14:24.82 (38.32) | 15:02.66 (37.84) | |
| | 15:40.66 (38.00) | 16:18.88 (38.22) | 16:57.24 (38.36) | 17:35.23 (37.99) | |
| | 18:13.44 (38.21) | 18:51.41 (37.97) | 19:29.27 (37.86) | 20:06.20 (36.93) | |
| | 20:42.90 (36.70) | | | | |
| 4 Pearson, Maryellen | 29 | CURL BURKE MASTE | 24:00.00 | 24:16.63 | 5 |
| | 36.84 | 1:19.11 (42.27) | 2:02.72 (43.61) | 2:46.08 (43.36) | |
| | 3:29.27 (43.19) | 4:13.63 (44.36) | 4:58.35 (44.72) | 5:42.73 (44.38) | |
| | 6:27.77 (45.04) | 7:12.30 (44.53) | 7:56.79 (44.49) | 8:41.51 (44.72) | |
| | 9:25.50 (43.99) | 10:10.04 (44.54) | 10:55.44 (45.40) | 11:40.70 (45.26) | |
| | 12:25.81 (45.11) | 13:10.67 (44.86) | 13:57.91 (47.24) | 14:42.92 (45.01) | |
| | 15:28.98 (46.06) | 16:14.87 (45.89) | 17:00.31 (45.44) | 17:44.60 (44.29) | |
| | 18:28.63 (44.03) | 19:12.34 (43.71) | 19:57.05 (44.71) | 20:41.55 (44.50) | |
| | 21:26.78 (45.23) | 22:09.75 (42.97) | 22:53.09 (43.34) | 23:36.36 (43.27) | |
| | 24:16.63 (40.27) | | | | |
| 5 Kleitz, Jean | 28 | RESTON MASTERS S | 35:00.00 | 30:22.03 | 4 |
| | 45.33 | 1:35.26 (49.93) | 2:26.04 (50.78) | 3:19.36 (53.32) | |
| | 4:13.03 (53.67) | 5:08.26 (55.23) | 6:02.46 (54.20) | 6:57.95 (55.49) | |
| | 7:54.23 (56.28) | 8:49.17 (54.94) | 9:44.94 (55.77) | 10:38.67 (53.73) | |
| | 11:33.07 (54.40) | 12:29.52 (56.45) | 13:23.11 (53.59) | 14:19.03 (55.92) | |
| | 15:14.26 (55.23) | 16:09.52 (55.26) | 17:05.56 (56.04) | 18:03.46 (57.90) | |
| | 18:59.63 (56.17) | 19:58.97 (59.34) | 20:57.06 (58.09) | 21:55.39 (58.33) | |
| | 22:51.26 (55.87) | 23:48.98 (57.72) | 24:47.50 (58.52) | 25:44.64 (57.14) | |
| | 26:42.23 (57.59) | 27:39.80 (57.57) | 28:36.18 (56.38) | 29:32.96 (56.78) | |
| | 30:22.03 (49.07) | | | | |

Women 25-29 50 Yard Backstroke

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ZONE: Z 27.51 4/25/2009 Stacy Peterson, CUBU
 NATL: ! 25.26 5/22/2010 TANICA JAMISON

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 Shpaizer, Tal | 28 | RED TIDE | 29.28 | 29.08 | 9 |
| 2 Van Erden, Jayme | 25 | RESTON MASTERS S | 30.75 | 29.93 | 7 |
| 3 Stakem, Meredith | 29 | DISTRICT OF COLU | 31.99 | 31.83 | 6 |
| 4 Basile, Kimberly | 25 | RESTON MASTERS S | 33.00 | 33.21 | 5 |
| 5 Milner, Kristin | 25 | VIRGINIA MASTERS | 34.20 | 33.97 | 4 |
| 6 Brown, Jessica | 28 | BINGHAMTON UNIV | 34.00 | 34.25 | 3 |
| 7 Tringale, Mary-The | 28 | RED TIDE | 45.00 | 36.85 | 2 |
| 8 Cohen, Elizabeth | 29 | VIRGINIA MASTERS | 37.44 | 38.41 | 1 |
| 9 Duquette, Michelle | 28 | CURL BURKE MASTE | 49.00 | 48.66 | |

Women 25-29 100 Yard Backstroke

| Name | Age | Team | Seed | Finals | Points |
|---|-------|------------------|---------|---------|--------|
| ZONE: Z 59.56 4/15/2007 Stacey Peterson, CUBU | | | | | |
| NATL: ! 54.06 5/23/2010 TANICA JAMISON | | | | | |
| 1 Shpaizer, Tal | 28 | RED TIDE | 1:02.55 | 1:01.65 | 9 |
| | 30.48 | 1:01.65 (31.17) | | | |
| 2 Van Erden, Jayme | 25 | RESTON MASTERS S | 1:04.70 | 1:04.08 | 7 |
| | 31.79 | 1:04.08 (32.29) | | | |
| 3 Rai, Vanessa | 28 | WARD'S SWIM CLUB | 1:12.00 | 1:13.88 | 6 |
| | 35.49 | 1:13.88 (38.39) | | | |
| 4 Milner, Kristin | 25 | VIRGINIA MASTERS | 1:14.75 | 1:14.27 | 5 |
| | 36.47 | 1:14.27 (37.80) | | | |
| 5 Cohen, Elizabeth | 29 | VIRGINIA MASTERS | 1:19.06 | 1:20.00 | 4 |
| | 39.38 | 1:20.00 (40.62) | | | |
| 6 Tringale, Mary-The | 28 | RED TIDE | 1:30.00 | 1:20.15 | 3 |
| | 39.85 | 1:20.15 (40.30) | | | |
| 7 Duquette, Michelle | 28 | CURL BURKE MASTE | 1:45.00 | 1:46.85 | 2 |

Women 25-29 200 Yard Backstroke

| Name | Age | Team | Seed | Finals | Points |
|---|-------|------------------|-------------------|-----------------|--------|
| ZONE: Z 2:08.40 4/25/2009 Alyssa Lengle, ARMS | | | | | |
| NATL: ! 2:00.57 5/22/2005 PAMELA HANSON | | | | | |
| 1 Van Erden, Jayme | 25 | RESTON MASTERS S | 2:17.38 | 2:17.23 | 9 |
| | 32.63 | 1:07.32 (34.69) | 1:42.91 (35.59) | 2:17.23 (34.32) | |
| 2 Kratz, Caley | 25 | MERRITT MARLINS | 2:40.00 | 2:42.95 | 7 |
| | 38.55 | 1:20.04 (41.49) | 2:02.19 (42.15) | 2:42.95 (40.76) | |
| 3 Duquette, Michelle | 28 | CURL BURKE MASTE | 3:50.00 | 3:51.57 | 6 |
| | 52.50 | 1:51.16 (58.66) | 2:52.53 (1:01.37) | 3:51.57 (59.04) | |

Women 25-29 50 Yard Breaststroke

ZONE: Z 30.03 4/24/2005 Petra Martin, TERR
 NATL: ! 27.14 2/21/2010 MEGAN JENDRICK

| Name | Age Team | Seed | Finals | Points |
|----------------------|---------------------|-------|--------|--------|
| 1 Shpaizer, Tal | 28 RED TIDE | 32.56 | 32.16 | 9 |
| 2 Lichtblau, Jennife | 26 RESTON MASTERS S | 33.00 | 32.93 | 7 |
| 3 Russo, Claire | 27 VIRGINIA MASTERS | 33.75 | 33.78 | 6 |
| 4 Dougherty, Erin | 28 RED TIDE | 40.00 | 36.32 | 5 |
| 5 Voskuhl, Karri | 26 WARRENTON MASTER | 35.00 | 37.13 | 4 |
| 6 Carreño, Eliana | 25 PATRIOT MASTERS | 40.01 | 39.63 | 3 |
| 7 Kobal, Stephanie | 28 COLONIALS 1776 | 48.29 | 39.90 | 2 |
| 8 Pearson, Maryellen | 29 CURL BURKE MASTE | 40.00 | 41.17 | 1 |
| 9 Gardner, Meghan | 27 BURLINGTON COUNT | 51.49 | 50.90 | |
| 10 Hufford, Ellen | 28 ARLINGTON MASTER | 50.34 | 52.04 | |

Women 25-29 100 Yard Breaststroke

ZONE: Z 1:08.30 4/25/2010 Jen Brielmaier, Reston Masters S
 NATL: ! 59.58 2/6/2010 MEGAN JENDRICK

| Name | Age Team | Seed | Finals | Points |
|----------------------|-------------------------|---------|---------|--------|
| 1 Lichtblau, Jennife | 26 RESTON MASTERS S | 1:12.00 | 1:11.39 | 9 |
| | 34.34 1:11.39 (37.05) | | | |
| 2 Russo, Claire | 27 VIRGINIA MASTERS | 1:12.96 | 1:11.91 | 7 |
| | 34.44 1:11.91 (37.47) | | | |
| 3 Brown, Rachel | 27 ARLINGTON MASTER | 1:13.24 | 1:12.73 | 6 |
| | 34.82 1:12.73 (37.91) | | | |
| 4 Dougherty, Erin | 28 RED TIDE | 1:25.00 | 1:19.71 | 5 |
| | 37.41 1:19.71 (42.30) | | | |
| 5 Voskuhl, Karri | 26 WARRENTON MASTER | 1:20.00 | 1:21.29 | 4 |
| | 38.47 1:21.29 (42.82) | | | |
| 6 Stenger, Kelsy | 27 UNAT | 1:23.38 | 1:21.70 | 3 |
| | 39.23 1:21.70 (42.47) | | | |
| 7 Carreño, Eliana | 25 PATRIOT MASTERS | 1:30.40 | 1:26.63 | 2 |
| | 42.19 1:26.63 (44.44) | | | |
| 8 Hufford, Ellen | 28 ARLINGTON MASTER | 1:58.72 | 1:53.03 | 1 |
| | 54.79 1:53.03 (58.24) | | | |
| 9 Gardner, Meghan | 27 BURLINGTON COUNT | 1:53.40 | 1:54.70 | |
| | 52.16 1:54.70 (1:02.54) | | | |

Women 25-29 200 Yard Breaststroke

ZONE: Z 2:30.49 4/13/2003 M.L. Middlemore
 NATL: ! 2:09.05 2/6/2010 MEGAN JENDRICK

| Name | Age Team | Seed | Finals | Points |
|-----------------|---------------------|---------|---------|--------|
| 1 Russo, Claire | 27 VIRGINIA MASTERS | 2:40.04 | 2:37.44 | 9 |

| | | | | |
|-------------------|-------|------------------|-----------------|-----------------|
| | 36.24 | 1:16.56 (40.32) | 1:56.99 (40.43) | 2:37.44 (40.45) |
| 2 Dougherty, Erin | 28 | RED TIDE | 3:00.00 | 2:49.94 |
| | 39.45 | 1:23.20 (43.75) | 2:06.87 (43.67) | 2:49.94 (43.07) |
| 3 Voskuhl, Karri | 26 | WARRENTON MASTER | 2:45.00 | 2:56.72 |
| | 37.79 | 1:21.99 (44.20) | 2:10.10 (48.11) | 2:56.72 (46.62) |
| 4 Carreño, Eliana | 25 | PATRIOT MASTERS | 3:16.48 | 3:06.96 |
| | 41.08 | 1:28.35 (47.27) | 2:19.02 (50.67) | 3:06.96 (47.94) |

Women 25-29 50 Yard Butterfly

| | | | | |
|-----------------------|---------|------------------|-----------|--------------------|
| ===== | | | | |
| | ZONE: Z | 25.83 | 4/24/2005 | Petra Martin, TERR |
| | NATL: ! | 24.41 | 5/22/2010 | TANICA JAMISON |
| Name | Age | Team | Seed | Finals |
| ===== | | | | |
| 1 Cartwright, Sara | 25 | CURL BURKE MASTE | 27.70 | 27.06 |
| 2 Shpaizer, Tal | 28 | RED TIDE | 28.04 | 27.91 |
| 3 Tutschek, Elizabet | 28 | RED TIDE | 29.00 | 28.54 |
| 4 Rai, Vanessa | 28 | WARD'S SWIM CLUB | 29.50 | 29.65 |
| 5 Basile, Kimberly | 25 | RESTON MASTERS S | 31.00 | 30.05 |
| 6 Lichtblau, Jennife | 26 | RESTON MASTERS S | 32.00 | 30.27 |
| 7 Milner, Kristin | 25 | VIRGINIA MASTERS | 28.90 | 30.31 |
| 8 Alter, Zahava | 25 | RED TIDE | 30.76 | 31.38 |
| 9 Brown, Jessica | 28 | BINGHAMTON UNIV | 30.00 | 31.41 |
| 10 Yu, Melanie | 29 | PATRIOT MASTERS | 33.00 | 32.05 |
| 11 Kratz, Caley | 25 | MERRITT MARLINS | 34.00 | 33.16 |
| 12 Voskuhl, Karri | 26 | WARRENTON MASTER | 30.00 | 33.82 |
| 13 Tringale, Mary-The | 28 | RED TIDE | 40.00 | 34.75 |
| 14 Boilini, Lauren | 27 | MERRITT MARLINS | 45.00 | 47.95 |

Women 25-29 100 Yard Butterfly

| | | | | |
|--------------------|---------|------------------|-----------|--------------------|
| ===== | | | | |
| | ZONE: Z | 59.59 | 4/25/2009 | Tal Shpaizer, REDT |
| | NATL: ! | 53.72 | 5/21/2010 | TANICA JAMISON |
| Name | Age | Team | Seed | Finals |
| ===== | | | | |
| 1 Cartwright, Sara | 25 | CURL BURKE MASTE | 1:01.78 | 1:00.33 |
| | 28.16 | 1:00.33 (32.17) | | |
| 2 Brown, Rachel | 27 | ARLINGTON MASTER | 1:02.64 | 1:02.00 |
| | 29.28 | 1:02.00 (32.72) | | |
| 3 Basile, Kimberly | 25 | RESTON MASTERS S | 1:08.00 | 1:05.93 |
| | 31.56 | 1:05.93 (34.37) | | |
| 4 Milner, Kristin | 25 | VIRGINIA MASTERS | 1:04.90 | 1:06.39 |
| | 30.47 | 1:06.39 (35.92) | | |
| 5 Russo, Claire | 27 | VIRGINIA MASTERS | 1:06.16 | 1:06.61 |
| | 31.66 | 1:06.61 (34.95) | | |
| 6 Rai, Vanessa | 28 | WARD'S SWIM CLUB | 1:06.50 | 1:06.63 |
| | 31.04 | 1:06.63 (35.59) | | |

| | | | | | | |
|---|--------------------|----|-----------------|---------|---------|---|
| 7 | Alter, Zahava | 25 | RED TIDE | 1:08.39 | 1:07.97 | 2 |
| | 32.03 | | 1:07.97 (35.94) | | | |
| 8 | Greenberg, Megan | 25 | RED TIDE | 1:15.00 | 1:17.14 | 1 |
| | 36.15 | | 1:17.14 (40.99) | | | |
| 9 | Tringale, Mary-The | 28 | RED TIDE | 1:30.00 | 1:18.13 | |
| | 37.14 | | 1:18.13 (40.99) | | | |

Women 25-29 200 Yard Butterfly

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| ZONE: Z | | 2:15.92 | 5/8/1990 | Lisa Marlow | | |
|---------|-----------------|---------|------------------|-----------------|-----------------|---|
| NATL: ! | | 1:57.84 | 5/20/2001 | LIMIN LIU | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Milner, Kristin | 25 | VIRGINIA MASTERS | 2:29.10 | 2:37.23 | 9 |
| | 35.20 | | 1:14.55 (39.35) | 1:55.64 (41.09) | 2:37.23 (41.59) | |
| 2 | Alter, Zahava | 25 | RED TIDE | 2:33.72 | 2:41.02 | 7 |
| | 32.73 | | 1:10.88 (38.15) | 1:52.53 (41.65) | 2:41.02 (48.49) | |
| 3 | Smith, Jessica | 26 | BINGHAMTON UNIV | 2:40.00 | 2:50.92 | 6 |
| | 35.34 | | 1:17.00 (41.66) | 2:03.57 (46.57) | 2:50.92 (47.35) | |

Women 25-29 100 Yard IM

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| ZONE: Z | | 59.53 | 4/24/2005 | Petra Martin, TERR | | |
|---------|--------------------|-------|------------------|--------------------|---------|-----|
| NATL: ! | | 54.43 | 2/6/2010 | MEGAN JENDRICK | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Van Erden, Jayme | 25 | RESTON MASTERS S | 1:03.79 | 1:04.03 | 9 |
| | 29.75 | | 1:04.03 (34.28) | | | |
| 2 | Tutschek, Elizabet | 28 | RED TIDE | 1:07.00 | 1:04.76 | 7 |
| | 29.25 | | 1:04.76 (35.51) | | | |
| 3 | Lichtblau, Jennife | 26 | RESTON MASTERS S | 1:06.00 | 1:05.80 | 5.5 |
| | 31.09 | | 1:05.80 (34.71) | | | |
| 3 | Brown, Rachel | 27 | ARLINGTON MASTER | 1:07.00 | 1:05.80 | 5.5 |
| | 31.00 | | 1:05.80 (34.80) | | | |
| 5 | Russo, Claire | 27 | VIRGINIA MASTERS | 1:06.09 | 1:06.33 | 4 |
| | 32.02 | | 1:06.33 (34.31) | | | |
| 6 | Stakem, Meredith | 29 | DISTRICT OF COLU | 1:09.00 | 1:08.47 | 3 |
| | 31.34 | | 1:08.47 (37.13) | | | |
| 7 | Stenger, Kelsy | 27 | UNAT | 1:10.42 | 1:11.08 | 2 |
| | 33.19 | | 1:11.08 (37.89) | | | |
| 8 | Brown, Jessica | 28 | BINGHAMTON UNIV | 1:14.00 | 1:13.30 | 1 |
| | 33.74 | | 1:13.30 (39.56) | | | |
| 9 | Dougherty, Erin | 28 | RED TIDE | 1:25.00 | 1:14.28 | |
| | 35.50 | | 1:14.28 (38.78) | | | |
| 10 | Alter, Zahava | 25 | RED TIDE | 1:19.31 | 1:18.31 | |
| | 37.03 | | 1:18.31 (41.28) | | | |
| 11 | Pearson, Maryellen | 29 | CURL BURKE MASTE | 1:25.00 | 1:20.12 | |

| | | | | | |
|-----------------------|-------|----------|-----------------|---------|---------|
| | 38.44 | | 1:20.12 (41.68) | | |
| 12 Tringale, Mary-The | 28 | RED TIDE | | 1:35.00 | 1:20.24 |
| | 36.63 | | 1:20.24 (43.61) | | |

Women 25-29 200 Yard IM

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=====
ZONE: Z 2:12.34 4/24/2010 Kate Hibbard, Virginia Masters
NATL: ! 1:59.69 2/6/2010 MEGAN JENDRICK
=====
Name Age Team Seed Finals Points
=====
1 Cartwright, Sara 25 CURL BURKE MASTE 2:21.86 2:20.57 9
 28.29 1:05.69 (37.40) 1:47.96 (42.27) 2:20.57 (32.61)
2 Russo, Claire 27 VIRGINIA MASTERS 2:23.34 2:22.40 7
 31.30 1:08.91 (37.61) 1:49.05 (40.14) 2:22.40 (33.35)
3 Lichtblau, Jennife 26 RESTON MASTERS S 2:24.00 2:26.69 6
 32.01 1:08.85 (36.84) 1:50.35 (41.50) 2:26.69 (36.34)
4 Stenger, Kelsy 27 UNAT 2:33.17 2:34.96 5
 32.68 1:12.33 (39.65) 1:57.83 (45.50) 2:34.96 (37.13)
5 Brown, Jessica 28 BINGHAMTON UNIV 2:35.00 2:46.07 4
 34.73 1:18.93 (44.20) 2:09.04 (50.11) 2:46.07 (37.03)
6 Greenberg, Megan 25 RED TIDE 2:49.58 2:47.19 3
 36.07 1:19.14 (43.07) 2:09.55 (50.41) 2:47.19 (37.64)
7 Alter, Zahava 25 RED TIDE 2:45.97 2:49.57 2
 33.01 1:21.16 (48.15) 2:12.91 (51.75) 2:49.57 (36.66)
8 Tringale, Mary-The 28 RED TIDE 3:10.00 2:55.29 1
 35.55 1:19.40 (43.85) 2:13.07 (53.67) 2:55.29 (42.22)
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Women 25-29 400 Yard IM

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=====
ZONE: Z 4:44.80 4/14/1991 Amy Alexander
NATL: ! 4:21.52 5/22/2005 KASEY HARRIS
=====
Name Age Team Seed Finals Points
=====
1 Van Erden, Jayme 25 RESTON MASTERS S 4:57.82 4:50.53 9
 30.73 1:06.49 (35.76) 1:43.79 (37.30) 2:20.25 (36.46)
 3:02.63 (42.38) 3:45.00 (42.37) 4:18.24 (33.24) 4:50.53 (32.29)
2 Shpaizer, Tal 28 RED TIDE 5:10.08 4:54.52 7
 30.16 1:06.80 (36.64) 1:44.61 (37.81) 2:21.42 (36.81)
 3:05.71 (44.29) 3:49.52 (43.81) 4:22.84 (33.32) 4:54.52 (31.68)
3 Smith, Jessica 26 BINGHAMTON UNIV 5:39.54 5:47.12 6
 36.32 1:20.31 (43.99) 2:05.87 (45.56) 2:50.47 (44.60)
 3:41.59 (51.12) 4:31.72 (50.13) 5:10.83 (39.11) 5:47.12 (36.29)
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Women 30-34 50 Yard Freestyle

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ZONE: Z 24.04 4/26/2009 Petra Martin, GMUP
NATL: ! 22.70 3/11/2009 ERIKA ERNDL
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| Name | Age Team | Seed | Finals | Points |
|----------------------|---------------------|-------|--------|--------|
| 1 Henkel, Carrie | 32 COLONIALS 1776 | 26.68 | 26.38 | 9 |
| 2 Carlson, Jennifer | 31 RESTON MASTERS S | 26.20 | 26.60 | 7 |
| 3 Van Horn, Alaina | 30 CURL BURKE MASTE | 28.50 | 28.00 | 6 |
| 4 Frisch, Alexandria | 32 RED TIDE | 27.23 | 28.04 | 5 |
| 5 Sheckler, Erica | 32 COLONIALS 1776 | 28.50 | 28.19 | 4 |
| 6 Hewitt, Sara | 30 DISTRICT OF COLU | 30.00 | 28.93 | 3 |
| 7 Cohen, Rachel | 33 RED TIDE | 32.43 | 31.50 | 2 |
| 8 Jones, Rose | 32 YMCA INDY SWIMFI | 32.00 | 31.60 | 1 |
| 9 Cummings, Patricia | 34 MERRITT MARLINS | 32.00 | 31.61 | |
| 10 Vail, Juliana | 30 RED TIDE | 35.00 | 32.80 | |

Women 30-34 100 Yard Freestyle

| Name | Age Team | Seed | Finals | Points |
|--|-----------------------|---------|---------|--------|
| ZONE: Z 52.34 4/25/2009 Petra Martin, GMUP | | | | |
| NATL: ! 49.07 12/6/2008 ERIKA ERNDL | | | | |
| 1 Carlson, Jennifer | 31 RESTON MASTERS S | 58.11 | 57.82 | 9 |
| | 28.09 57.82 (29.73) | | | |
| 2 Henkel, Carrie | 32 COLONIALS 1776 | 59.18 | 57.98 | 7 |
| | 28.19 57.98 (29.79) | | | |
| 3 Grover, Mollie | 30 TERRAPIN MASTERS | 57.82 | 58.39 | 6 |
| | 28.58 58.39 (29.81) | | | |
| 4 Frisch, Alexandria | 32 RED TIDE | 59.64 | 1:00.00 | 5 |
| | 28.65 1:00.00 (31.35) | | | |
| 5 Sheckler, Erica | 32 COLONIALS 1776 | 1:06.00 | 1:00.66 | 4 |
| | 29.40 1:00.66 (31.26) | | | |
| 6 Van Horn, Alaina | 30 CURL BURKE MASTE | 1:00.33 | 1:01.54 | 3 |
| | 29.28 1:01.54 (32.26) | | | |
| 7 Whitney, Kami | 33 WARRENTON MASTER | 1:06.00 | 1:04.53 | 2 |
| | 30.82 1:04.53 (33.71) | | | |
| 8 Wienold, Kristin | 34 ANNE ARUNDEL AMP | 1:08.73 | 1:06.40 | 1 |
| | 31.61 1:06.40 (34.79) | | | |
| 9 Fairman, Abigail | 34 RED TIDE | 1:03.56 | 1:07.88 | |
| | 31.69 1:07.88 (36.19) | | | |
| 10 Jones, Rose | 32 YMCA INDY SWIMFI | 1:08.45 | 1:08.85 | |
| | 33.58 1:08.85 (35.27) | | | |
| 11 Cohen, Rachel | 33 RED TIDE | 1:13.27 | 1:09.43 | |
| | 32.79 1:09.43 (36.64) | | | |
| 12 Cummings, Patricia | 34 MERRITT MARLINS | 1:12.00 | 1:10.34 | |
| | 33.09 1:10.34 (37.25) | | | |
| 13 Joyce, Delina | 30 UNAT | 1:08.00 | 1:11.97 | |
| | 34.72 1:11.97 (37.25) | | | |
| 14 Vail, Juliana | 30 RED TIDE | 1:24.00 | 1:14.84 | |
| | 34.12 1:14.84 (40.72) | | | |

| | | | | | |
|----|--------------------|----|------------------|---------|---------|
| 15 | Cuccuini, Samantha | 33 | RESTON MASTERS S | 1:08.13 | 1:15.42 |
| | 36.29 | | 1:15.42 (39.13) | | |
| 16 | Vasileva, Mariya | 32 | RED TIDE | 1:19.30 | 1:25.19 |
| | 40.18 | | 1:25.19 (45.01) | | |

Women 30-34 200 Yard Freestyle

| ===== | | | | | | |
|---------|--------------------|---------|------------------|-----------------|-----------------|---|
| ZONE: Z | | 1:57.76 | 5/2/1999 | Laurie Hug | | |
| NATL: ! | | 1:51.40 | 5/18/2003 | KATRINA RADKE | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Carlson, Jennifer | 31 | RESTON MASTERS S | 2:05.36 | 2:04.67 | 9 |
| | 29.66 | | 1:01.22 (31.56) | 1:32.97 (31.75) | 2:04.67 (31.70) | |
| 2 | Grover, Mollie | 30 | TERRAPIN MASTERS | 2:07.60 | 2:05.30 | 7 |
| | 29.72 | | 1:01.73 (32.01) | 1:33.77 (32.04) | 2:05.30 (31.53) | |
| 3 | Henkel, Carrie | 32 | COLONIALS 1776 | 2:10.89 | 2:07.22 | 6 |
| | 29.53 | | 1:00.97 (31.44) | 1:33.80 (32.83) | 2:07.22 (33.42) | |
| 4 | Frisch, Alexandria | 32 | RED TIDE | 2:13.26 | 2:12.91 | 5 |
| | 31.23 | | 1:04.89 (33.66) | 1:38.89 (34.00) | 2:12.91 (34.02) | |
| 5 | Sheckler, Erica | 32 | COLONIALS 1776 | 2:20.00 | 2:13.92 | 4 |
| | 30.72 | | 1:04.39 (33.67) | 1:39.46 (35.07) | 2:13.92 (34.46) | |
| 6 | Fairman, Abigail | 34 | RED TIDE | 2:21.27 | 2:24.89 | 3 |
| | 32.78 | | 1:09.07 (36.29) | 1:46.93 (37.86) | 2:24.89 (37.96) | |
| 7 | Hewitt, Sara | 30 | DISTRICT OF COLU | 2:30.00 | 2:30.25 | 2 |
| | 33.66 | | 1:11.68 (38.02) | 1:51.39 (39.71) | 2:30.25 (38.86) | |
| 8 | Erskine, Kara | 32 | TERRAPIN MASTERS | 2:39.83 | 2:35.86 | 1 |
| | 33.98 | | 1:13.92 (39.94) | 1:56.16 (42.24) | 2:35.86 (39.70) | |
| 9 | Cohen, Rachel | 33 | RED TIDE | 2:42.13 | 2:36.97 | |
| | 33.85 | | 1:13.68 (39.83) | 1:55.69 (42.01) | 2:36.97 (41.28) | |
| 10 | Cummings, Patricia | 34 | MERRITT MARLINS | 2:43.00 | 2:39.27 | |
| | 32.93 | | 1:11.37 (38.44) | 1:54.14 (42.77) | 2:39.27 (45.13) | |
| 11 | Vasileva, Mariya | 32 | RED TIDE | 3:03.24 | 3:12.15 | |
| | 41.35 | | 1:28.76 (47.41) | 2:20.34 (51.58) | 3:12.15 (51.81) | |

Women 30-34 500 Yard Freestyle

| ===== | | | | | | |
|---------|-----------------|---------|-----------------|-----------------|-----------------|---|
| ZONE: Z | | 5:11.06 | 4/2/2000 | Laurie Hug | | |
| NATL: ! | | 4:59.08 | 5/12/1996 | K PIPES-NEILSEN | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Henkel, Carrie | 32 | COLONIALS 1776 | 5:49.79 | 5:42.53 | 9 |
| | 30.97 | | 1:04.04 (33.07) | 1:37.88 (33.84) | 2:12.03 (34.15) | |
| | 2:46.32 (34.29) | | 3:20.89 (34.57) | 3:56.02 (35.13) | 4:31.41 (35.39) | |
| | 5:07.13 (35.72) | | 5:42.53 (35.40) | | | |
| 2 | Sheckler, Erica | 32 | COLONIALS 1776 | 6:05.00 | 5:55.16 | 7 |
| | 31.30 | | 1:05.65 (34.35) | 1:41.20 (35.55) | 2:16.91 (35.71) | |
| | 2:53.05 (36.14) | | 3:29.23 (36.18) | 4:05.83 (36.60) | 4:42.67 (36.84) | |

| | | | | | |
|----------------------|-----------------|---------------------|-----------------|-----------------|---|
| 5:19.55 (36.88) | 5:55.16 (35.61) | | | | |
| 3 Whitney, Kami | 33 33.51 | 33 WARRENTON MASTER | 6:25.00 | 6:22.27 | 6 |
| 3:07.99 (39.76) | 1:10.38 (36.87) | | 1:49.06 (38.68) | 2:28.23 (39.17) | |
| 5:45.58 (39.72) | 3:47.46 (39.47) | | 4:26.38 (38.92) | 5:05.86 (39.48) | |
| 4 Fairman, Abigail | 34 33.31 | 34 RED TIDE | 6:01.93 | 6:23.01 | 5 |
| 3:06.24 (39.41) | 1:10.19 (36.88) | | 1:48.27 (38.08) | 2:26.83 (38.56) | |
| 5:44.03 (39.46) | 3:45.51 (39.27) | | 4:24.95 (39.44) | 5:04.57 (39.62) | |
| 5 Fry-Jones, Jessica | 31 33.14 | 31 RESTON MASTERS S | 6:19.57 | 6:23.30 | 4 |
| 3:06.48 (39.53) | 1:09.23 (36.09) | | 1:47.78 (38.55) | 2:26.95 (39.17) | |
| 5:45.93 (39.61) | 3:46.41 (39.93) | | 4:26.42 (40.01) | 5:06.32 (39.90) | |
| 6 Wienold, Kristin | 34 33.67 | 34 ANNE ARUNDEL AMP | 6:38.20 | 6:38.91 | 3 |
| 3:14.15 (41.27) | 1:11.62 (37.95) | | 1:51.88 (40.26) | 2:32.88 (41.00) | |
| 5:59.59 (40.81) | 3:55.77 (41.62) | | 4:38.23 (42.46) | 5:18.78 (40.55) | |
| 7 Hewitt, Sara | 30 34.59 | 30 DISTRICT OF COLU | 8:00.00 | 6:57.31 | 2 |
| 3:19.75 (42.56) | 1:13.84 (39.25) | | 1:54.88 (41.04) | 2:37.19 (42.31) | |
| 6:15.06 (44.51) | 4:02.93 (43.18) | | 4:46.51 (43.58) | 5:30.55 (44.04) | |
| 8 Cummings, Patricia | 34 34.67 | 34 MERRITT MARLINS | 7:07.00 | 6:58.01 | 1 |
| 3:23.15 (43.20) | 1:15.03 (40.36) | | 1:57.18 (42.15) | 2:39.95 (42.77) | |
| 6:16.32 (43.36) | 4:06.27 (43.12) | | 4:49.53 (43.26) | 5:32.96 (43.43) | |
| 9 Hawley, Kate | 30 36.27 | 30 NORTH CAROLINA M | 6:40.32 | 6:58.31 | |
| 3:24.59 (43.46) | 1:16.42 (40.15) | | 1:58.80 (42.38) | 2:41.13 (42.33) | |
| 6:17.59 (42.61) | 4:08.29 (43.70) | | 4:51.30 (43.01) | 5:34.98 (43.68) | |
| 10 Cohen, Rachel | 33 36.10 | 33 RED TIDE | 7:18.35 | 7:08.54 | |
| 3:27.90 (43.32) | 1:17.79 (41.69) | | 2:00.67 (42.88) | 2:44.58 (43.91) | |
| 6:26.65 (44.70) | 4:11.98 (44.08) | | 4:56.75 (44.77) | 5:41.95 (45.20) | |
| 11 Cromarty, Lindsay | 30 38.99 | 30 WARD'S SWIM CLUB | 6:30.79 | 7:17.53 | |
| 3:37.18 (45.06) | 1:22.40 (43.41) | | 2:06.97 (44.57) | 2:52.12 (45.15) | |
| 6:35.44 (44.20) | 4:21.93 (44.75) | | 5:06.44 (44.51) | 5:51.24 (44.80) | |

Women 30-34 1000 Yard Freestyle

=====

ZONE: Z 10:32.92 4/2/2000 Laurie Hug

NATL: ! 10:16.36 3/13/1999 LISA HAZEN

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-----|------------------|-----------------|-----------------|--------|
| 1 Wienold, Kristin | 34 | ANNE ARUNDEL AMP | 13:00.00 | 13:31.10 | 9 |
| 33.79 | | 1:10.99 (37.20) | 1:49.57 (38.58) | 2:29.68 (40.11) | |
| 3:09.78 (40.10) | | 3:50.69 (40.91) | 4:32.13 (41.44) | 5:13.58 (41.45) | |

| | | | | |
|----------------------|---------------------|------------------|------------------|------------------|
| | 5:56.09 (42.51) | 6:38.38 (42.29) | 7:19.84 (41.46) | 8:01.59 (41.75) |
| | 8:43.82 (42.23) | 9:26.04 (42.22) | 10:07.98 (41.94) | 10:49.20 (41.22) |
| | 11:30.24 (41.04) | 12:10.91 (40.67) | 12:51.93 (41.02) | 13:31.10 (39.17) |
| 2 Hawley, Kate | 30 NORTH CAROLINA M | 13:57.86 | 14:11.22 | 7 |
| | 35.67 | 1:16.70 (41.03) | 1:59.48 (42.78) | 2:43.54 (44.06) |
| | 3:25.68 (42.14) | 4:09.28 (43.60) | 4:52.63 (43.35) | 5:36.08 (43.45) |
| | 6:19.44 (43.36) | 7:02.98 (43.54) | 7:46.46 (43.48) | 8:29.45 (42.99) |
| | 9:13.41 (43.96) | 9:55.79 (42.38) | 10:39.56 (43.77) | 11:22.06 (42.50) |
| | 12:05.46 (43.40) | 12:48.34 (42.88) | 13:30.73 (42.39) | 14:11.22 (40.49) |
| 3 Cohen, Rachel | 33 RED TIDE | 15:00.00 | 14:35.07 | 6 |
| | 35.25 | 1:16.26 (41.01) | 1:58.41 (42.15) | 2:41.75 (43.34) |
| | 3:25.44 (43.69) | 4:09.41 (43.97) | 4:53.92 (44.51) | 5:37.87 (43.95) |
| | 6:21.91 (44.04) | 7:06.49 (44.58) | 7:51.35 (44.86) | 8:36.10 (44.75) |
| | 9:21.05 (44.95) | 10:06.54 (45.49) | 10:51.83 (45.29) | 11:37.55 (45.72) |
| | 12:22.66 (45.11) | 13:08.47 (45.81) | 13:53.54 (45.07) | 14:35.07 (41.53) |
| 4 Cummings, Patricia | 34 MERRITT MARLINS | 16:00.00 | 14:44.61 | 5 |
| | 36.49 | 1:19.41 (42.92) | 2:04.62 (45.21) | 2:49.70 (45.08) |
| | 3:34.67 (44.97) | 4:19.41 (44.74) | 5:04.08 (44.67) | 5:49.00 (44.92) |
| | 6:33.52 (44.52) | 7:17.99 (44.47) | 8:02.68 (44.69) | 8:47.71 (45.03) |
| | 9:32.70 (44.99) | 10:17.40 (44.70) | 11:02.17 (44.77) | 11:46.85 (44.68) |
| | 12:31.13 (44.28) | 13:15.95 (44.82) | 14:01.26 (45.31) | 14:44.61 (43.35) |
| 5 Orton, Karolina | 30 RESTON MASTERS S | 13:00.00 | 14:49.57 | 4 |
| | 39.64 | 1:20.40 (40.76) | 2:04.01 (43.61) | 2:48.14 (44.13) |
| | 3:33.01 (44.87) | 4:17.68 (44.67) | 5:03.05 (45.37) | 5:48.24 (45.19) |
| | 6:33.54 (45.30) | 7:18.42 (44.88) | 8:03.77 (45.35) | 8:49.25 (45.48) |
| | 9:34.37 (45.12) | 10:19.71 (45.34) | 11:05.33 (45.62) | 11:50.82 (45.49) |
| | 12:36.19 (45.37) | 13:21.62 (45.43) | 14:06.67 (45.05) | 14:49.57 (42.90) |
| 6 Cucuini, Samantha | 33 RESTON MASTERS S | 15:14.98 | 16:02.17 | 3 |
| | 39.11 | 1:23.82 (44.71) | 2:11.18 (47.36) | 3:00.04 (48.86) |
| | 3:50.13 (50.09) | 4:39.56 (49.43) | 5:29.86 (50.30) | 6:19.87 (50.01) |
| | 7:09.97 (50.10) | 8:00.07 (50.10) | 8:49.02 (48.95) | 9:38.19 (49.17) |
| | 10:26.51 (48.32) | 11:15.14 (48.63) | 12:03.01 (47.87) | 12:51.16 (48.15) |
| | 13:39.96 (48.80) | 14:27.85 (47.89) | 15:16.22 (48.37) | 16:02.17 (45.95) |

Women 30-34 1650 Yard Freestyle

=====

ZONE: Z 17:27.45 4/2/2000 Laurie Hug
 NATL: ! 17:07.52 5/23/1993 KAREN BURTON

| Name | Age | Team | Seed | Finals | Points |
|------------------|------------------|------------------|------------------|------------------|--------|
| 1 Davison, Katie | 32 | DC MASTERS | 21:00.00 | 20:51.93 | 9 |
| | 34.06 | 1:10.81 (36.75) | 1:48.22 (37.41) | 2:25.59 (37.37) | |
| | 3:03.28 (37.69) | 3:41.50 (38.22) | 4:19.48 (37.98) | 4:57.41 (37.93) | |
| | 5:35.61 (38.20) | 6:13.65 (38.04) | 6:51.82 (38.17) | 7:30.14 (38.32) | |
| | 8:08.63 (38.49) | 8:46.56 (37.93) | 9:24.71 (38.15) | 10:02.63 (37.92) | |
| | 10:40.87 (38.24) | 11:19.14 (38.27) | 11:57.33 (38.19) | 12:35.74 (38.41) | |
| | 13:13.77 (38.03) | 13:52.16 (38.39) | 14:30.55 (38.39) | 15:09.51 (38.96) | |

| | | | |
|--------------------|-------------------|------------------|------------------|
| 15:47.91 (38.40) | 16:25.78 (37.87) | 17:03.75 (37.97) | 17:42.05 (38.30) |
| 18:20.45 (38.40) | 18:58.63 (38.18) | 19:36.65 (38.02) | 20:14.31 (37.66) |
| 20:51.93 (37.62) | | | |
| 2 Sheckler, Erica | 32 COLONIALS 1776 | 21:30.00 | 21:38.42 |
| 33.80 | 1:11.47 (37.67) | 1:50.51 (39.04) | 2:29.66 (39.15) |
| 3:09.10 (39.44) | 3:47.74 (38.64) | 4:27.15 (39.41) | 5:06.46 (39.31) |
| 5:45.96 (39.50) | 6:25.50 (39.54) | 7:05.17 (39.67) | 7:44.71 (39.54) |
| 8:24.29 (39.58) | 9:04.36 (40.07) | 9:44.51 (40.15) | 10:23.92 (39.41) |
| 11:03.74 (39.82) | 11:44.07 (40.33) | 12:24.03 (39.96) | 13:03.96 (39.93) |
| 13:43.98 (40.02) | 14:24.05 (40.07) | 15:03.81 (39.76) | 15:43.56 (39.75) |
| 16:23.00 (39.44) | 17:02.73 (39.73) | 17:42.40 (39.67) | 18:21.66 (39.26) |
| 19:01.42 (39.76) | 19:41.02 (39.60) | 20:20.53 (39.51) | 21:00.36 (39.83) |
| 21:38.42 (38.06) | | | |
| 3 Fairman, Abigail | 34 RED TIDE | 20:44.19 | 21:39.78 |
| 34.22 | 1:11.91 (37.69) | 1:50.65 (38.74) | 2:29.62 (38.97) |
| 3:09.30 (39.68) | 3:49.27 (39.97) | 4:28.82 (39.55) | 5:08.18 (39.36) |
| 5:48.06 (39.88) | 6:27.79 (39.73) | 7:07.70 (39.91) | 7:47.10 (39.40) |
| 8:26.70 (39.60) | 9:05.87 (39.17) | 9:45.33 (39.46) | 10:24.76 (39.43) |
| 11:04.51 (39.75) | 11:44.19 (39.68) | 12:23.95 (39.76) | 13:03.67 (39.72) |
| 13:43.48 (39.81) | 14:23.75 (40.27) | 15:03.41 (39.66) | 15:42.95 (39.54) |
| 16:22.82 (39.87) | 17:02.81 (39.99) | 17:42.66 (39.85) | 18:22.30 (39.64) |
| 19:01.98 (39.68) | 19:41.64 (39.66) | 20:21.36 (39.72) | 21:00.73 (39.37) |
| 21:39.78 (39.05) | | | |

Women 30-34 50 Yard Backstroke

| ===== | | | | | |
|----------------------|-----|------------------------|---------|---------|--------|
| ZONE: Z 28.15 | | 5/1/1994 Liz Hobbs | | | |
| NATL: ! 25.32 | | 3/15/2009 NORIKO INADA | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Carlson, Jennifer | 31 | RESTON MASTERS S | 30.50 | 31.31 | 9 |
| 2 Henkel, Carrie | 32 | COLONIALS 1776 | 32.08 | 31.49 | 7 |
| 3 Fry-Jones, Jessica | 31 | RESTON MASTERS S | 33.64 | 31.65 | 6 |
| 4 Jones, Rose | 32 | YMCA INDY SWIMFI | 35.45 | 36.13 | 5 |
| 5 Vail, Juliana | 30 | RED TIDE | 40.00 | 36.49 | 4 |
| 6 Cromarty, Lindsay | 30 | WARD'S SWIM CLUB | 37.69 | 36.79 | 3 |
| 7 Hewitt, Sara | 30 | DISTRICT OF COLU | 40.00 | 38.06 | 2 |
| 8 Cummings, Patricia | 34 | MERRITT MARLINS | 40.00 | 38.51 | 1 |
| 9 Vasileva, Mariya | 32 | RED TIDE | 44.34 | 44.79 | |
| 10 Stewart, Shannon | 30 | VIRGINIA MASTERS | 1:25.00 | 1:22.95 | |

Women 30-34 100 Yard Backstroke

| ===== | | | | | |
|-----------------|-----|------------------------|------|--------|--------|
| ZONE: Z 1:00.05 | | 5/9/1993 Zena Herrmann | | | |
| NATL: ! 55.50 | | 3/15/2009 NORIKO INADA | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |

| | | | | | | |
|----|--------------------|---------|-------------------|---------|---------|---|
| 1 | Carlson, Jennifer | 31 | RESTON MASTERS S | 1:08.13 | 1:05.37 | 9 |
| | | 32.41 | 1:05.37 (32.96) | | | |
| 2 | Grover, Mollie | 30 | TERRAPIN MASTERS | 1:04.12 | 1:05.60 | 7 |
| | | 32.62 | 1:05.60 (32.98) | | | |
| 3 | Rodino, Breanne | 30 | UNAT | 1:06.00 | 1:07.48 | 6 |
| | | 32.56 | 1:07.48 (34.92) | | | |
| 4 | Fry-Jones, Jessica | 31 | RESTON MASTERS S | 1:12.25 | 1:10.52 | 5 |
| | | 34.11 | 1:10.52 (36.41) | | | |
| 5 | Van Horn, Alaina | 30 | CURL BURKE MASTE | 1:12.50 | 1:11.42 | 4 |
| | | 34.93 | 1:11.42 (36.49) | | | |
| 6 | Frisch, Alexandria | 32 | RED TIDE | 1:12.56 | 1:15.28 | 3 |
| | | 36.40 | 1:15.28 (38.88) | | | |
| 7 | Jones, Rose | 32 | YMCA INDY SWIMFI | 1:15.56 | 1:17.55 | 2 |
| | | 38.13 | 1:17.55 (39.42) | | | |
| 8 | Cromarty, Lindsay | 30 | WARD'S SWIM CLUB | 1:19.23 | 1:21.07 | 1 |
| | | 39.55 | 1:21.07 (41.52) | | | |
| 9 | Vail, Juliana | 30 | RED TIDE | 1:30.00 | 1:21.08 | |
| | | 39.99 | 1:21.08 (41.09) | | | |
| 10 | Cummings, Patricia | 34 | MERRITT MARLINS | 1:30.00 | 1:26.34 | |
| | | 42.35 | 1:26.34 (43.99) | | | |
| 11 | Cohen, Rachel | 33 | RED TIDE | 1:34.66 | 1:32.35 | |
| | | 44.53 | 1:32.35 (47.82) | | | |
| 12 | Vasileva, Mariya | 32 | RED TIDE | 1:33.80 | 1:35.33 | |
| | | 46.20 | 1:35.33 (49.13) | | | |
| 13 | Stewart, Shannon | 30 | VIRGINIA MASTERS | 2:50.00 | 3:08.84 | |
| | | 1:25.14 | 3:08.84 (1:43.70) | | | |

Women 30-34 200 Yard Backstroke

| ===== | | | | | | |
|---------|--------------------|---------|-------------------|-------------------|-------------------|---|
| ZONE: Z | | 2:07.61 | 5/9/1993 | Zena Herrmann | | |
| NATL: ! | | 1:59.93 | 2/19/1996 | K PIPES-NEILSEN | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Grover, Mollie | 30 | TERRAPIN MASTERS | 2:18.76 | 2:18.39 | 9 |
| | | 33.91 | 1:08.65 (34.74) | 1:43.82 (35.17) | 2:18.39 (34.57) | |
| 2 | Fry-Jones, Jessica | 31 | RESTON MASTERS S | 2:36.30 | 2:36.06 | 7 |
| | | 36.71 | 1:16.10 (39.39) | 1:56.44 (40.34) | 2:36.06 (39.62) | |
| 3 | Fairman, Abigail | 34 | RED TIDE | 2:37.16 | 2:40.02 | 6 |
| | | 38.19 | 1:18.65 (40.46) | 1:59.75 (41.10) | 2:40.02 (40.27) | |
| 4 | Jones, Rose | 32 | YMCA INDY SWIMFI | 2:45.00 | 2:49.83 | 5 |
| | | 41.45 | 1:24.28 (42.83) | 2:07.34 (43.06) | 2:49.83 (42.49) | |
| 5 | Erskine, Kara | 32 | TERRAPIN MASTERS | 3:01.37 | 2:57.86 | 4 |
| | | 41.32 | 1:26.94 (45.62) | 2:13.47 (46.53) | 2:57.86 (44.39) | |
| 6 | Vasileva, Mariya | 32 | RED TIDE | 3:21.56 | 3:26.48 | 3 |
| | | 48.26 | 1:40.15 (51.89) | 2:33.64 (53.49) | 3:26.48 (52.84) | |
| 7 | Stewart, Shannon | 30 | VIRGINIA MASTERS | 5:40.00 | 6:33.63 | 2 |
| | | 1:25.71 | 3:07.14 (1:41.43) | 4:51.58 (1:44.44) | 6:33.63 (1:42.05) | |

Women 30-34 50 Yard Breaststroke

=====

ZONE: Z 29.62 4/25/2009 Petra Martin, GMUP

NATL: ! 28.48 5/4/2008 KATIE MCCLELLAND

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|-------|--------|--------|
| 1 Cardy, Andrea | 31 | RESTON MASTERS S | 40.00 | 37.05 | 9 |
| 2 Garcia, Natalia | 32 | PATRIOT MASTERS | 45.00 | 39.37 | 7 |
| 3 Cauley, Dawn | 33 | WARD'S SWIM CLUB | 40.71 | 40.01 | 6 |
| 4 Orton, Jill | 30 | RESTON MASTERS S | 50.00 | 42.37 | 5 |
| 5 Cucuini, Samantha | 33 | RESTON MASTERS S | 44.34 | 46.46 | 4 |

Women 30-34 100 Yard Breaststroke

=====

ZONE: Z 1:10.00 4/13/2003 Cheryl Conlin

NATL: ! 1:02.08 5/4/2008 KATIE MCCLELLAND

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Cardy, Andrea | 31 | RESTON MASTERS S | 1:24.00 | 1:22.09 | 9 |
| | 38.81 | 1:22.09 (43.28) | | | |
| 2 Fry-Jones, Jessica | 31 | RESTON MASTERS S | 1:26.10 | 1:27.41 | 7 |
| | 42.00 | 1:27.41 (45.41) | | | |
| 3 Cauley, Dawn | 33 | WARD'S SWIM CLUB | 1:34.16 | 1:27.66 | 6 |
| | 41.87 | 1:27.66 (45.79) | | | |
| 4 Butler, Andrea | 30 | CURL BURKE MASTE | 1:40.00 | 1:37.82 | 5 |
| | 47.32 | 1:37.82 (50.50) | | | |

Women 30-34 200 Yard Breaststroke

=====

ZONE: Z 2:33.28 4/22/2001 Belinda Martin

NATL: ! 2:17.34 4/30/2000 WENKE HANSEN

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-------|------------------|-----------------|-----------------|--------|
| 1 Cardy, Andrea | 31 | RESTON MASTERS S | 3:00.00 | 2:56.37 | 9 |
| | 39.35 | 1:23.52 (44.17) | 2:09.64 (46.12) | 2:56.37 (46.73) | |
| 2 Orton, Jill | 30 | RESTON MASTERS S | 3:10.00 | 3:10.70 | 7 |
| | 43.38 | 1:30.85 (47.47) | 2:20.43 (49.58) | 3:10.70 (50.27) | |

Women 30-34 50 Yard Butterfly

=====

ZONE: Z 26.43 4/26/2009 Petra Martin, GMUP

NATL: ! 24.18 4/15/2000 ANGEL MARTINO

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|-------|--------|--------|
| 1 Carlson, Jennifer | 31 | RESTON MASTERS S | 29.10 | 29.36 | 9 |
| 2 Henkel, Carrie | 32 | COLONIALS 1776 | 30.59 | 29.67 | 7 |

| | | | | | | |
|----|--------------------|----|------------------|-------|-------|---|
| 3 | Garcia, Natalia | 32 | PATRIOT MASTERS | 31.22 | 29.88 | 6 |
| 4 | Van Horn, Alaina | 30 | CURL BURKE MASTE | 31.50 | 30.95 | 5 |
| 5 | Frisch, Alexandria | 32 | RED TIDE | 31.50 | 32.12 | 4 |
| 6 | Whitney, Kami | 33 | WARRENTON MASTER | 33.50 | 32.50 | 3 |
| 7 | Wienold, Kristin | 34 | ANNE ARUNDEL AMP | 32.50 | 33.78 | 2 |
| 8 | Jones, Rose | 32 | YMCA INDY SWIMFI | 33.45 | 33.94 | 1 |
| 9 | Hewitt, Sara | 30 | DISTRICT OF COLU | 45.00 | 34.70 | |
| 10 | Cummings, Patricia | 34 | MERRITT MARLINS | 36.00 | 35.70 | |
| 11 | Cauley, Dawn | 33 | WARD'S SWIM CLUB | 35.69 | 36.06 | |
| 12 | Vasileva, Mariya | 32 | RED TIDE | 40.30 | 42.57 | |

Women 30-34 100 Yard Butterfly

| ===== | | | | | | |
|---------------|--------------------|-------------------------|------------------|---------|---------|---|
| ZONE: Z 59.60 | | 5/1/1994 Cindy Watts | | | | |
| NATL: ! 55.01 | | 5/16/1999 ANGEL MARTINO | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Carlson, Jennifer | 31 | RESTON MASTERS S | 1:05.80 | 1:07.51 | 9 |
| | 31.66 | | 1:07.51 (35.85) | | | |
| 2 | Van Horn, Alaina | 30 | CURL BURKE MASTE | 1:08.55 | 1:08.50 | 7 |
| | 32.09 | | 1:08.50 (36.41) | | | |
| 3 | Hewitt, Sara | 30 | DISTRICT OF COLU | 1:45.00 | 1:26.77 | 6 |
| | 39.96 | | 1:26.77 (46.81) | | | |
| 4 | Cummings, Patricia | 34 | MERRITT MARLINS | 1:25.00 | 1:29.75 | 5 |
| | 39.49 | | 1:29.75 (50.26) | | | |
| 5 | Vasileva, Mariya | 32 | RED TIDE | 1:24.00 | 1:34.63 | 4 |
| | 44.86 | | 1:34.63 (49.77) | | | |

Women 30-34 200 Yard Butterfly

| ===== | | | | | | |
|-----------------|-------------|----------------------------------|------------------|-----------------|-----------------|---|
| ZONE: Z 2:12.17 | | 4/15/2007 Anne Marie Adams, CUBU | | | | |
| NATL: ! 2:03.46 | | 5/12/1996 K PIPES-NEILSEN | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Qu, Yun | 32 | BINGHAMTON UNIV | 2:25.00 | 2:15.55 | 9 |
| | 31.78 | | 1:06.14 (34.36) | 1:40.54 (34.40) | 2:15.55 (35.01) | |
| 2 | Orton, Jill | 30 | RESTON MASTERS S | 3:00.00 | 2:53.69 | 7 |
| | 37.42 | | 1:20.27 (42.85) | 2:06.61 (46.34) | 2:53.69 (47.08) | |

Women 30-34 100 Yard IM

| ===== | | | | | | |
|-----------------|---------|-------------------------|-----------------|---------|---------|---|
| ZONE: Z 1:02.24 | | 4/14/1991 Tray Rossa | | | | |
| NATL: ! 57.01 | | 4/15/2000 ANGEL MARTINO | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Qu, Yun | 32 | BINGHAMTON UNIV | 1:06.70 | 1:03.87 | 9 |
| | 28.76 | | 1:03.87 (35.11) | | | |

| | | | | | | |
|----|--------------------|----|------------------|---------|---------|---|
| 2 | Carlson, Jennifer | 31 | RESTON MASTERS S | 1:05.70 | 1:05.59 | 7 |
| | 31.04 | | 1:05.59 (34.55) | | | |
| 3 | Garcia, Natalia | 32 | PATRIOT MASTERS | 1:15.00 | 1:09.54 | 6 |
| | 31.81 | | 1:09.54 (37.73) | | | |
| 4 | Van Horn, Alaina | 30 | CURL BURKE MASTE | 1:22.00 | 1:10.78 | 5 |
| | 32.29 | | 1:10.78 (38.49) | | | |
| 5 | Fry-Jones, Jessica | 31 | RESTON MASTERS S | 1:15.66 | 1:12.43 | 4 |
| | 32.38 | | 1:12.43 (40.05) | | | |
| 6 | Frisch, Alexandria | 32 | RED TIDE | 1:11.56 | 1:12.71 | 3 |
| | 34.40 | | 1:12.71 (38.31) | | | |
| 7 | Cardy, Andrea | 31 | RESTON MASTERS S | 1:20.00 | 1:14.28 | 2 |
| | 34.84 | | 1:14.28 (39.44) | | | |
| 8 | Jones, Rose | 32 | YMCA INDY SWIMFI | 1:15.34 | 1:20.32 | 1 |
| | 35.48 | | 1:20.32 (44.84) | | | |
| 9 | Cauley, Dawn | 33 | WARD'S SWIM CLUB | 1:25.71 | 1:21.33 | |
| | 39.90 | | 1:21.33 (41.43) | | | |
| 10 | Vail, Juliana | 30 | RED TIDE | 2:15.00 | 1:21.36 | |
| | 37.22 | | 1:21.36 (44.14) | | | |
| 11 | Cromarty, Lindsay | 30 | WARD'S SWIM CLUB | 1:24.72 | 1:23.80 | |
| | 37.23 | | 1:23.80 (46.57) | | | |
| 12 | Cummings, Patricia | 34 | MERRITT MARLINS | 1:24.00 | 1:24.47 | |
| | 36.82 | | 1:24.47 (47.65) | | | |
| 13 | Vasileva, Mariya | 32 | RED TIDE | 1:31.10 | 1:36.81 | |
| | 44.48 | | 1:36.81 (52.33) | | | |

Women 30-34 200 Yard IM

=====

ZONE: Z 2:13.54 5/9/1993 Zena Herrmann

NATL: ! 1:58.80 3/11/2009 ERIKA ERNDL

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-----------------|-----------------|-----------------|
| 1 Carlson, Jennifer | 31 | RESTON MASTERS S | 2:23.78 | 2:21.23 | 9 |
| | 31.36 | | 1:07.88 (36.52) | 1:49.78 (41.90) | 2:21.23 (31.45) |
| 2 Van Horn, Alaina | 30 | CURL BURKE MASTE | 2:35.00 | 2:32.18 | 7 |
| | 32.66 | | 1:11.64 (38.98) | 1:58.10 (46.46) | 2:32.18 (34.08) |
| 3 Vail, Juliana | 30 | RED TIDE | 3:10.00 | 2:59.59 | 6 |
| | 39.43 | | 1:23.65 (44.22) | 2:16.50 (52.85) | 2:59.59 (43.09) |
| 4 Cummings, Patricia | 34 | MERRITT MARLINS | 2:50.00 | 3:01.90 | 5 |
| | 37.76 | | 1:22.35 (44.59) | 2:20.11 (57.76) | 3:01.90 (41.79) |
| 5 Cauley, Dawn | 33 | WARD'S SWIM CLUB | 3:15.12 | 3:03.58 | 4 |
| | 37.95 | | 1:29.06 (51.11) | 2:17.90 (48.84) | 3:03.58 (45.68) |
| 6 Cuccuini, Samantha | 33 | RESTON MASTERS S | 3:06.75 | 3:18.40 | 3 |
| | 41.44 | | 1:31.74 (50.30) | 2:30.26 (58.52) | 3:18.40 (48.14) |
| 7 Vasileva, Mariya | 32 | RED TIDE | 3:22.95 | 3:19.86 | 2 |
| | 43.42 | | 1:33.03 (49.61) | 2:30.93 (57.90) | 3:19.86 (48.93) |

Women 30-34 400 Yard IM

```

=====
ZONE: Z 4:37.99    5/2/1999 Laurie Hug
NATL: ! 4:25.68    5/21/1995 KARLYN PIPES
Name              Age Team              Seed      Finals      Points
=====
1 Qu, Yun         32 BINGHAMTON UNIV      5:18.00    4:57.04      9
                32.28      1:08.54 (36.26)  1:47.74 (39.20)  2:25.56 (37.82)
                3:08.47 (42.91)  3:51.37 (42.90)  4:25.07 (33.70)  4:57.04 (31.97)
=====

```

Women 35-39 50 Yard Freestyle

```

=====
ZONE: Z 24.62     4/21/2002 Fall Willeboordse
NATL: ! 22.34     2/25/2007 DARA TORRES
Name              Age Team              Seed      Finals      Points
=====
1 Conze, Margaret  39 WARD'S SWIM CLUB    25.48      25.05      9
2 Armentrout, Anna 39 RED TIDE            27.03      26.69      7
3 Hatakeyama, Chio 36 WAIKIKI SWIM CLU   26.62      27.02      6
4 Pitman, Suni     35 RESTON MASTERS S   28.12      27.66      5
5 Levi, Susie      36 RED TIDE            28.50      28.22      4
6 Rawson, Laurelyn 39 CURL BURKE MASTE   29.50      28.36      3
7 Moy, Elaina      37 PATRIOT MASTERS    27.11      29.08      2
8 Jacobson, Kristan 38 QUEST MASTERS SW   29.55      29.28      1
9 Swain, Jayme     36 ARLINGTON MASTER   29.76      29.45
10 Swanson, Aurora 38 RESTON MASTERS S   31.66      31.37
11 Beauchamp, Heather 35 CHESAPEAKE REGIO  35.25      35.06
12 Kim, Sunny      35 ALEXANDRIA MASTE   45.00      38.12
=====

```

Women 35-39 100 Yard Freestyle

```

=====
ZONE: Z 54.14     5/8/1990 Jacki Hirsty
NATL: ! 49.72     2/25/2007 DARA TORRES
Name              Age Team              Seed      Finals      Points
=====
1 Conze, Margaret  39 WARD'S SWIM CLUB    57.50      55.90      9
                26.41      55.90 (29.49)
2 Armentrout, Anna 39 RED TIDE            59.37      58.18      7
                27.70      58.18 (30.48)
3 Hatakeyama, Chio 36 WAIKIKI SWIM CLU   59.59      58.79      6
                28.57      58.79 (30.22)
4 Pitman, Suni     35 RESTON MASTERS S   1:02.38    59.68      5
                28.84      59.68 (30.84)
5 Levi, Susie      36 RED TIDE            1:04.00    1:01.93    4
                29.59      1:01.93 (32.34)
6 Jacobson, Kristan 38 QUEST MASTERS SW   1:02.63    1:02.07    3
                29.25      1:02.07 (32.82)
7 Rawson, Laurelyn 39 CURL BURKE MASTE   1:08.00    1:03.12    2
=====

```

| | | | | | |
|-------------------|-------|------------------|---------|---------|---|
| | 31.21 | 1:03.12 (31.91) | | | |
| 8 Swain, Jayme | 36 | ARLINGTON MASTER | 1:05.50 | 1:04.53 | 1 |
| | 30.97 | 1:04.53 (33.56) | | | |
| 9 Swanson, Aurora | 38 | RESTON MASTERS S | 1:13.02 | 1:10.06 | |
| | 34.01 | 1:10.06 (36.05) | | | |

Women 35-39 200 Yard Freestyle

=====

ZONE: Z 1:57.03 4/22/2001 Andrea Luallen
 NATL: ! 1:51.55 5/3/1997 K PIPES-NEILSEN

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Armentrout, Anna | 39 | RED TIDE | 2:08.05 | 2:05.11 | 9 |
| | 28.67 | 1:00.14 (31.47) | 1:32.74 (32.60) | 2:05.11 (32.37) | |
| 2 Hatakeyama, Chio | 36 | WAIKIKI SWIM CLU | 2:11.22 | 2:11.11 | 7 |
| | 30.12 | 1:02.12 (32.00) | 1:35.68 (33.56) | 2:11.11 (35.43) | |
| 3 Formica, Raquel | 39 | CENTRAL MARYLAND | 2:30.00 | 2:16.61 | 6 |
| | 31.37 | 1:05.23 (33.86) | 1:40.88 (35.65) | 2:16.61 (35.73) | |
| 4 Upton, Sara | 35 | RED TIDE | 2:10.16 | 2:19.63 | 5 |
| | 31.57 | 1:05.93 (34.36) | 1:42.36 (36.43) | 2:19.63 (37.27) | |
| 5 Levi, Susie | 36 | RED TIDE | 2:25.00 | 2:22.12 | 4 |
| | 32.18 | 1:07.95 (35.77) | 1:44.57 (36.62) | 2:22.12 (37.55) | |
| 6 Rawson, Laurelyn | 39 | CURL BURKE MASTE | 2:35.50 | 2:22.95 | 3 |
| | 32.90 | 1:09.53 (36.63) | 1:46.45 (36.92) | 2:22.95 (36.50) | |

Women 35-39 500 Yard Freestyle

=====

ZONE: Z 5:11.87 4/21/2002 Laurie Hug
 NATL: ! 4:56.09 5/3/1997 K PIPES-NEILSEN

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-----------------|-----------------|
| 1 Armentrout, Anna | 39 | RED TIDE | 5:39.45 | 5:36.73 | 9 |
| | 30.01 | 1:03.91 (33.90) | 1:38.45 (34.54) | 2:12.93 (34.48) | |
| | | 2:47.50 (34.57) | 3:22.61 (35.11) | 3:56.46 (33.85) | 4:30.91 (34.45) |
| | | 5:04.71 (33.80) | 5:36.73 (32.02) | | |
| 2 Hatakeyama, Chio | 36 | WAIKIKI SWIM CLU | 5:55.55 | 5:50.44 | 7 |
| | 33.29 | 1:07.86 (34.57) | 1:43.09 (35.23) | 2:18.64 (35.55) | |
| | | 2:54.53 (35.89) | 3:30.04 (35.51) | 4:05.59 (35.55) | 4:41.14 (35.55) |
| | | 5:16.88 (35.74) | 5:50.44 (33.56) | | |
| 3 Upton, Sara | 35 | RED TIDE | 5:45.36 | 6:05.88 | 6 |
| | 32.78 | 1:07.13 (34.35) | 1:42.73 (35.60) | 2:19.26 (36.53) | |
| | | 2:56.56 (37.30) | 3:33.88 (37.32) | 4:11.88 (38.00) | 4:49.90 (38.02) |
| | | 5:28.36 (38.46) | 6:05.88 (37.52) | | |
| 4 Lotz, Ariel | 38 | VIRGINIA MASTERS | 6:30.00 | 7:36.34 | 5 |
| | 40.60 | 1:24.50 (43.90) | 2:09.73 (45.23) | 2:56.44 (46.71) | |
| | | 3:42.44 (46.00) | 4:28.91 (46.47) | 5:15.98 (47.07) | 6:03.74 (47.76) |
| | | 6:50.93 (47.19) | 7:36.34 (45.41) | | |

Women 35-39 1000 Yard Freestyle

```

=====
ZONE: Z 10:37.40 4/22/2001 Laurie Hug
NATL: ! 10:22.60 2/16/1999 K PIPES-NEILSEN
Name Age Team Seed Finals Points
=====
1 Armentrout, Anna 39 RED TIDE 11:48.63 11:35.69 9
30.48 1:04.34 (33.86)39.:24001 (34.90001) 2:14.01 (34.76999)
2:49.02 (35.01) 3:24.43 (35.41) 3:59.27 (34.84) 4:34.04 (34.77)
5:09.04 (35.00) 5:44.42 (35.38) 6:19.45 (35.03) 6:54.78 (35.33)
7:29.77 (34.99) 8:05.04 (35.27) 8:40.54 (35.50) 9:16.12 (35.58)
9:51.75 (35.63) 10:26.80 (35.05) 11:01.67 (34.87) 11:35.69 (34.02)
2 Ellis, Kimberly 39 UNAT 17:30.00 14:41.23 7
38.74 1:21.30 (42.56) 2:04.59 (43.29) 2:48.11 (43.52)
3:32.00 (43.89) 4:15.89 (43.89) 4:59.62 (43.73) 5:43.46 (43.84)
6:27.80 (44.34) 7:12.80 (45.00) 7:58.33 (45.53) 8:42.93 (44.60)
9:27.83 (44.90) 10:12.67 (44.84) 10:57.85 (45.18) 11:42.64 (44.79)
12:27.21 (44.57) 13:12.65 (45.44) 13:57.58 (44.93) 14:41.23 (43.65)
=====

```

Women 35-39 1650 Yard Freestyle

```

=====
ZONE: Z 17:45.08 4/22/2001 Laurie Hug
NATL: ! 17:13.99 5/4/1997 K PIPES-NEILSEN
Name Age Team Seed Finals Points
=====
1 Caruso, Kristin Br 39 LEESBURG AREA MA 24:00.00 23:12.04 9
34.84 1:13.95 (39.11) 1:55.39 (41.44) 2:37.36 (41.97)
3:19.89 (42.53) 4:02.83 (42.94) 4:45.74 (42.91) 5:28.46 (42.72)
6:11.07 (42.61) 6:53.84 (42.77) 7:36.71 (42.87) 8:19.37 (42.66)
9:02.17 (42.80) 9:44.45 (42.28) 10:26.73 (42.28) 11:09.53 (42.80)
11:52.00 (42.47) 12:34.55 (42.55) 13:16.92 (42.37) 13:59.59 (42.67)
14:42.08 (42.49) 15:24.93 (42.85) 16:07.99 (43.06) 16:50.90 (42.91)
17:33.85 (42.95) 18:16.68 (42.83) 18:59.43 (42.75) 19:42.22 (42.79)
20:24.50 (42.28) 21:06.89 (42.39) 21:49.32 (42.43) 22:31.32 (42.00)
23:12.04 (40.72)
=====

```

Women 35-39 50 Yard Backstroke

```

=====
ZONE: Z 28.55 4/21/2002 Susan Williams
NATL: ! 25.97 5/22/2010 SHERI HART
Name Age Team Seed Finals Points
=====
1 Armentrout, Anna 39 RED TIDE 29.99 29.89 9
2 Swanson, Aurora 38 RESTON MASTERS S 36.52 35.62 7
3 Beauchamp, Heather 35 CHESAPEAKE REGIO 38.38 37.87 6
=====

```

Women 35-39 100 Yard Backstroke

```

=====
ZONE: Z 59.32    5/2/1999 Vibeke Swanson
NATL: ! 56.14   5/23/2010 SHERI HART
Name           Age Team                Seed    Finals    Points
=====
1 Armentrout, Anna    39 RED TIDE                1:04.14  1:04.71    9
    31.65          1:04.71 (33.06)
2 Swanson, Aurora    38 RESTON MASTERS S        1:22.09  1:19.34    7
    37.02          1:19.34 (42.32)
=====

```

Women 35-39 200 Yard Backstroke

```

=====
ZONE: Z 2:11.86  4/22/2001 Vibeke Swanson
NATL: ! 2:00.54  3/14/1998 K PIPES-NEILSEN
Name           Age Team                Seed    Finals    Points
=====
1 Swanson, Aurora    38 RESTON MASTERS S        3:14.00  3:01.04    9
    44.20          1:30.69 (46.49)  2:17.32 (46.63)  3:01.04 (43.72)
2 Catucci-Crowther, 38 ALEXANDRIA MASTE       3:30.00  3:24.38    7
    50.66          1:41.90 (51.24)  2:33.89 (51.99)  3:24.38 (50.49)
=====

```

Women 35-39 50 Yard Breaststroke

```

=====
ZONE: Z 32.31    4/2/2000 Amanda Martin
NATL: ! 29.94   5/22/2005 S VON DER LIPPE
Name           Age Team                Seed    Finals    Points
=====
1 Hatakeyama, Chio   36 WAIKIKI SWIM CLU       32.96    33.19    9
2 Swain, Jayme       36 ARLINGTON MASTER      37.89    36.89    7
3 Rawson, Laurelyn   39 CURL BURKE MASTE      38.50    37.22    6
4 Jacobson, Kristan  38 QUEST MASTERS SW      37.86    38.04    5
=====

```

Women 35-39 100 Yard Breaststroke

```

=====
ZONE: Z 1:10.38  4/24/2005 Cheryl Conlin, VMST
NATL: ! 1:04.25  4/25/2004 S VON DER LIPPE
Name           Age Team                Seed    Finals    Points
=====
1 Hatakeyama, Chio   36 WAIKIKI SWIM CLU       1:13.13  1:12.96    9
    35.17          1:12.96 (37.79)
2 Swain, Jayme       36 ARLINGTON MASTER      1:23.88  1:20.07    7
    37.76          1:20.07 (42.31)
3 Pitman, Suni       35 RESTON MASTERS S      1:25.00  1:20.50    6
    38.52          1:20.50 (41.98)
4 Rawson, Laurelyn   39 CURL BURKE MASTE      1:26.00  1:24.43    5
    38.98          1:24.43 (45.45)
=====

```

Women 35-39 200 Yard Breaststroke

```
=====
ZONE: Z 2:33.76 4/24/2005 Cheryl Conlin, VMST
NATL: ! 2:19.66 1/27/2002 CAROLINE KRATTLI
Name Age Team Seed Finals Points
=====
1 Hatakeyama, Chio 36 WAIKIKI SWIM CLU 2:39.78 2:38.97 9
37.54 1:18.03 (40.49) 1:58.65 (40.62) 2:38.97 (40.32)
=====
```

Women 35-39 50 Yard Butterfly

```
=====
ZONE: Z 27.04 4/21/2002 Sylvia Buxton
NATL: ! 25.54 5/18/2003 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Conze, Margaret 39 WARD'S SWIM CLUB 27.80 27.31 9
2 Armentrout, Anna 39 RED TIDE 29.55 29.61 7
3 Jacobson, Kristan 38 QUEST MASTERS SW 31.60 31.39 6
4 Pitman, Suni 35 RESTON MASTERS S 33.42 32.33 5
5 Rawson, Laurelyn 39 CURL BURKE MASTE 36.50 32.85 4
6 Levi, Susie 36 RED TIDE 35.00 33.78 3
7 Swanson, Aurora 38 RESTON MASTERS S 37.00 34.50 2
=====
```

Women 35-39 100 Yard Butterfly

```
=====
ZONE: Z 59.38 5/2/1999 Beth Baker
NATL: ! 55.78 5/18/2003 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Armentrout, Anna 39 RED TIDE 1:04.81 1:05.38 9
30.17 1:05.38 (35.21)
=====
```

Women 35-39 200 Yard Butterfly

```
=====
ZONE: Z 2:16.89 4/13/2003 Laurie Hug
NATL: ! 2:03.48 5/22/2005 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Upton, Sara 35 RED TIDE 2:45.78 2:40.98 9
35.26 1:14.11 (38.85) 1:56.56 (42.45) 2:40.98 (44.42)
=====
```

Women 35-39 100 Yard IM

```
=====
ZONE: Z 1:01.43 5/2/1999 Beth Baker
NATL: ! 57.67 5/23/2010 SHERI HART
Name Age Team Seed Finals Points
=====
```


| | | | | | | |
|---|--------------------|-------|------------------|---------|---------|---|
| 1 | Hatakeyama, Chio | 36 | WAIKIKI SWIM CLU | 1:06.56 | 1:06.66 | 9 |
| | | 32.72 | 1:06.66 (33.94) | | | |
| 2 | Pitman, Suni | 35 | RESTON MASTERS S | 1:11.55 | 1:11.04 | 7 |
| | | 34.39 | 1:11.04 (36.65) | | | |
| 3 | Swain, Jayme | 36 | ARLINGTON MASTER | 1:14.04 | 1:12.37 | 6 |
| | | 34.22 | 1:12.37 (38.15) | | | |
| 4 | Jacobson, Kristan | 38 | QUEST MASTERS SW | 1:10.16 | 1:12.47 | 5 |
| | | 33.48 | 1:12.47 (38.99) | | | |
| 5 | Levi, Susie | 36 | RED TIDE | 1:25.00 | 1:14.48 | 4 |
| | | 36.95 | 1:14.48 (37.53) | | | |
| 6 | Beauchamp, Heather | 35 | CHESAPEAKE REGIO | 1:29.48 | 1:27.34 | 3 |
| | | 39.21 | 1:27.34 (48.13) | | | |
| 7 | Lotz, Ariel | 38 | VIRGINIA MASTERS | 1:35.00 | 1:34.07 | 2 |
| | | 43.69 | 1:34.07 (50.38) | | | |

Women 35-39 200 Yard IM

| ZONE: Z 2:13.08 5/2/1999 Beth Baker | | | | | | |
|---|-------------------|-------|------------------|-----------------|-----------------|---|
| NATL: ! 2:05.24 3/14/1998 K PIPES-NEILSEN | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Pitman, Suni | 35 | RESTON MASTERS S | 2:38.40 | 2:33.93 | 9 |
| | | 34.78 | 1:14.74 (39.96) | 1:59.42 (44.68) | 2:33.93 (34.51) | |
| 2 | Jacobson, Kristan | 38 | QUEST MASTERS SW | 2:40.55 | 2:42.38 | 7 |
| | | 32.32 | 1:12.62 (40.30) | 2:02.93 (50.31) | 2:42.38 (39.45) | |
| 3 | Levi, Susie | 36 | RED TIDE | 3:00.00 | 2:44.56 | 6 |
| | | 36.24 | 1:20.06 (43.82) | 2:08.20 (48.14) | 2:44.56 (36.36) | |

Women 35-39 400 Yard IM

| ZONE: Z 4:37.56 5/2/1999 Vibeke Swanson | | | | | | |
|---|-------------|-----------------|-----------------|-----------------|-----------------|---|
| NATL: ! 4:24.18 3/14/1998 K PIPES-NEILSEN | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Upton, Sara | 35 | RED TIDE | 5:32.40 | 5:28.56 | 9 |
| | | 35.36 | 1:16.18 (40.82) | 1:59.39 (43.21) | 2:42.16 (42.77) | |
| | | 3:28.55 (46.39) | 4:16.73 (48.18) | 4:53.72 (36.99) | 5:28.56 (34.84) | |

Women 40-44 50 Yard Freestyle

| ZONE: Z 24.91 4/26/2009 Fall Willeboordse, AGUA | | | | | | |
|---|--------------------|------|------------------|--------|--------|---|
| NATL: ! 21.91 4/15/2007 DARA TORRES | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Buswell, Trish Seu | 42 | ALEXANDRIA MASTE | 27.99 | 26.61 | 9 |
| 2 | Currey, Laura | 43 | ANNE ARUNDEL AMP | 27.46 | 27.58 | 7 |

| | | | | |
|--------------------|---------------------|-------|-------|---|
| 3 Mestecky, Rowan | 44 RED TIDE | 29.16 | 29.35 | 6 |
| 4 Katsaros, Sheryl | 41 RESTON MASTERS S | 30.00 | 29.56 | 5 |
| 5 Di Pippa, Tammy | 44 RIPTIDE MASTERS | 29.98 | 29.95 | 4 |
| 6 Campbell, Tara | 40 COLONIALS 1776 | 30.77 | 30.33 | 3 |
| 7 Maly, Cleary | 41 QUEST MASTERS SW | 33.80 | 33.76 | 2 |
| 8 Pohnert, Annie | 43 RESTON MASTERS S | 50.59 | 49.64 | 1 |

Women 40-44 100 Yard Freestyle

=====

ZONE: Z 54.52 4/24/2010 Susan Wager, Red Tide
 NATL: ! 48.34 4/15/2007 DARA TORRES

| Name | Age Team | Seed | Finals | Points |
|----------------------|-----------------------|---------|---------|--------|
| 1 Gary, Kristin | 43 RED TIDE | 54.00 | 55.39 | 9 |
| | 26.60 55.39 (28.79) | | | |
| 2 Redford, Gabrielle | 44 NAVAL ACADEMY AQ | 58.70 | 59.16 | 7 |
| | 28.29 59.16 (30.87) | | | |
| 3 Davidson, Michelle | 40 GARDEN STATE MAS | 59.92 | 1:00.00 | 6 |
| | 28.71 1:00.00 (31.29) | | | |
| 4 Buswell, Trish Seu | 42 ALEXANDRIA MASTE | 1:01.00 | 1:00.21 | 5 |
| | 29.03 1:00.21 (31.18) | | | |
| 5 Moore, Alison | 40 VIRGINIA MASTERS | 1:02.13 | 1:01.61 | 4 |
| | 30.25 1:01.61 (31.36) | | | |
| 6 Currey, Laura | 43 ANNE ARUNDEL AMP | 1:01.49 | 1:02.50 | 3 |
| | 28.97 1:02.50 (33.53) | | | |
| 7 Katsaros, Sheryl | 41 RESTON MASTERS S | 1:05.00 | 1:03.15 | 2 |
| | 30.45 1:03.15 (32.70) | | | |
| 8 Booth, Gretchen | 40 COLONIALS 1776 | 1:01.11 | 1:04.61 | 1 |
| | 31.18 1:04.61 (33.43) | | | |
| 9 Mestecky, Rowan | 44 RED TIDE | 1:06.25 | 1:06.11 | |
| | 31.55 1:06.11 (34.56) | | | |
| 10 Doby, Lindabeth | 41 MARYMOUNT MASTER | 1:07.58 | 1:07.99 | |
| | 32.39 1:07.99 (35.60) | | | |
| 11 Campbell, Tara | 40 COLONIALS 1776 | 1:06.42 | 1:10.87 | |
| | 33.02 1:10.87 (37.85) | | | |
| 12 Maly, Cleary | 41 QUEST MASTERS SW | 1:18.21 | 1:17.18 | |
| | 37.15 1:17.18 (40.03) | | | |
| 13 Yamashita, Miki | 44 RED TIDE | 1:17.67 | 1:19.57 | |
| | 38.20 1:19.57 (41.37) | | | |

Women 40-44 200 Yard Freestyle

=====

ZONE: Z 1:57.72 4/25/2010 Kristin Gary, Red Tide
 NATL: ! 1:51.06 12/22/2002 K PIPES-NEILSEN

| Name | Age Team | Seed | Finals | Points |
|-----------------|-------------|---------|---------|--------|
| 1 Gary, Kristin | 43 RED TIDE | 1:57.19 | 2:01.83 | 9 |

| | | | | |
|----------------------|-------|------------------|-----------------|-----------------|
| | 28.39 | 59.66 (31.27) | 1:31.06 (31.40) | 2:01.83 (30.77) |
| 2 Redford, Gabrielle | 44 | NAVAL ACADEMY AQ | 2:15.59 2:12.13 | 7 |
| | 30.31 | 1:03.23 (32.92) | 1:37.50 (34.27) | 2:12.13 (34.63) |
| 3 Booth, Gretchen | 40 | COLONIALS 1776 | 2:11.69 2:14.28 | 6 |
| | 31.42 | 1:05.59 (34.17) | 1:40.52 (34.93) | 2:14.28 (33.76) |
| 4 Katsaros, Sheryl | 41 | RESTON MASTERS S | 2:30.00 2:17.39 | 5 |
| | 32.08 | 1:07.26 (35.18) | 1:42.88 (35.62) | 2:17.39 (34.51) |
| 5 Campbell, Tara | 40 | COLONIALS 1776 | 2:40.92 2:37.58 | 4 |
| | 34.39 | 1:12.69 (38.30) | 1:54.10 (41.41) | 2:37.58 (43.48) |
| 6 Ramsey, Caitlyn | 42 | RIPTIDE MASTERS | 2:49.00 2:48.88 | 3 |
| | 37.22 | 1:19.62 (42.40) | 2:04.40 (44.78) | 2:48.88 (44.48) |
| 7 Yamashita, Miki | 44 | RED TIDE | 2:57.69 3:01.25 | 2 |
| | 40.14 | 1:26.31 (46.17) | 2:14.15 (47.84) | 3:01.25 (47.10) |

Women 40-44 500 Yard Freestyle

| | | | | |
|--|-----------------|------------------|-----------------|-----------------|
| ===== | | | | |
| ZONE: Z 5:20.75 4/25/2009 Laurie Hug, 1776 | | | | |
| NATL: ! 4:58.98 10/5/2002 K PIPES-NEILSEN | | | | |
| Name | Age | Team | Seed | Finals Points |
| ===== | | | | |
| 1 Moore, Alison | 40 | VIRGINIA MASTERS | 5:58.02 | 5:56.55 9 |
| | 32.39 | 1:07.42 (35.03) | 1:43.35 (35.93) | 2:19.61 (36.26) |
| | 2:55.90 (36.29) | 3:31.88 (35.98) | 4:08.12 (36.24) | 4:44.77 (36.65) |
| | 5:21.06 (36.29) | 5:56.55 (35.49) | | |
| 2 Booth, Gretchen | 40 | COLONIALS 1776 | 6:09.74 | 6:16.37 7 |
| | 32.86 | 1:08.37 (35.51) | 1:44.59 (36.22) | 2:21.99 (37.40) |
| | 2:59.89 (37.90) | 3:38.15 (38.26) | 4:16.29 (38.14) | 4:56.16 (39.87) |
| | 5:37.25 (41.09) | 6:16.37 (39.12) | | |
| 3 Doby, Lindabeth | 41 | MARYMOUNT MASTER | 6:39.90 | 6:38.95 6 |
| | 35.14 | 1:13.18 (38.04) | 1:52.93 (39.75) | 2:33.73 (40.80) |
| | 3:13.72 (39.99) | 3:54.19 (40.47) | 4:35.43 (41.24) | 5:16.84 (41.41) |
| | 5:58.29 (41.45) | 6:38.95 (40.66) | | |
| 4 Maly, Cleary | 41 | QUEST MASTERS SW | 8:10.74 | 8:07.69 5 |
| | 41.91 | 1:29.09 (47.18) | 2:18.97 (49.88) | 3:09.27 (50.30) |
| | 3:59.66 (50.39) | 4:49.92 (50.26) | 5:40.41 (50.49) | 6:31.40 (50.99) |
| | 7:22.23 (50.83) | 8:07.69 (45.46) | | |
| 5 Yamashita, Miki | 44 | RED TIDE | 8:00.72 | 8:09.41 4 |
| | 41.91 | 1:29.66 (47.75) | 2:19.67 (50.01) | 3:10.04 (50.37) |
| | 4:00.41 (50.37) | 4:51.19 (50.78) | 5:41.34 (50.15) | 6:31.90 (50.56) |
| | 7:21.51 (49.61) | 8:09.41 (47.90) | | |

Women 40-44 1000 Yard Freestyle

| | | | | |
|---|-----|------|------|---------------|
| ===== | | | | |
| ZONE: Z 10:57.76 4/11/2008 Laurie Hug, 1776 | | | | |
| NATL: ! 10:20.45 12/21/2003 K PIPES-NEILSEN | | | | |
| Name | Age | Team | Seed | Finals Points |
| ===== | | | | |

| | | | | |
|--------------------|---------------------|------------------|------------------|---|
| 1 Moore, Alison | 40 VIRGINIA MASTERS | 12:14.37 | 12:10.82 | 9 |
| 33.28 | 1:09.23 (35.95) | 1:45.99 (36.76) | 2:23.20 (37.21) | |
| 3:00.51 (37.31) | 3:38.13 (37.62) | 4:15.52 (37.39) | 4:53.00 (37.48) | |
| 5:30.47 (37.47) | 6:07.59 (37.12) | 6:43.90 (36.31) | 7:20.29 (36.39) | |
| 7:57.18 (36.89) | 8:33.92 (36.74) | 9:10.68 (36.76) | 9:47.24 (36.56) | |
| 10:23.64 (36.40) | 10:59.76 (36.12) | 11:35.90 (36.14) | 12:10.82 (34.92) | |
| 2 Katsaros, Sheryl | 41 RESTON MASTERS S | 14:00.00 | 12:38.97 | 7 |
| 33.37 | 1:10.64 (37.27) | 1:48.45 (37.81) | 2:26.82 (38.37) | |
| 3:05.64 (38.82) | 3:44.19 (38.55) | 4:22.34 (38.15) | 5:00.60 (38.26) | |
| 5:38.86 (38.26) | 6:17.08 (38.22) | 6:55.64 (38.56) | 7:34.36 (38.72) | |
| 8:13.33 (38.97) | 8:52.55 (39.22) | 9:31.09 (38.54) | 10:09.48 (38.39) | |
| 10:47.83 (38.35) | 11:26.00 (38.17) | 12:03.57 (37.57) | 12:38.97 (35.40) | |
| 3 Hancock, Melissa | 42 RESTON MASTERS S | 20:00.00 | 16:58.15 | 6 |
| 45.59 | 1:34.09 (48.50) | 2:24.88 (50.79) | 3:16.59 (51.71) | |
| 4:08.10 (51.51) | 5:00.06 (51.96) | 5:52.14 (52.08) | 6:43.73 (51.59) | |
| 7:35.41 (51.68) | 8:26.82 (51.41) | 9:18.01 (51.19) | 10:10.18 (52.17) | |
| 11:01.92 (51.74) | 11:53.78 (51.86) | 12:45.12 (51.34) | 13:36.70 (51.58) | |
| 14:27.51 (50.81) | 15:18.40 (50.89) | 16:09.35 (50.95) | 16:58.15 (48.80) | |

Women 40-44 1650 Yard Freestyle

=====

ZONE: Z 18:00.35 4/15/2007 Laurie Hug, 1776

NATL: ! 17:15.20 12/7/2002 K PIPES-NEILSEN

| Name | Age Team | Seed | Finals | Points |
|------------------|---------------------|------------------|------------------|--------|
| 1 Gainor, Cathy | 43 MONTGOMERY ANCIE | 23:00.00 | 22:48.51 | 9 |
| 39.15 | 1:21.24 (42.09) | 2:03.99 (42.75) | 2:46.50 (42.51) | |
| 3:29.27 (42.77) | 4:12.02 (42.75) | 4:54.34 (42.32) | 5:36.53 (42.19) | |
| 6:18.46 (41.93) | 7:00.39 (41.93) | 7:41.89 (41.50) | 8:23.78 (41.89) | |
| 9:05.15 (41.37) | 9:46.68 (41.53) | 10:27.96 (41.28) | 11:09.36 (41.40) | |
| 11:50.40 (41.04) | 12:31.80 (41.40) | 13:13.15 (41.35) | 13:54.76 (41.61) | |
| 14:36.17 (41.41) | 15:17.34 (41.17) | 15:58.33 (40.99) | 16:39.56 (41.23) | |
| 17:21.26 (41.70) | 18:02.56 (41.30) | 18:44.08 (41.52) | 19:25.06 (40.98) | |
| 20:06.46 (41.40) | 20:47.52 (41.06) | 21:28.14 (40.62) | 22:08.91 (40.77) | |
| 22:48.51 (39.60) | | | | |

Women 40-44 50 Yard Backstroke

=====

ZONE: Z 28.72 4/21/2002 L. VanPelt-Diller

NATL: ! 27.12 5/4/2008 VALERIE JENKINS

| Name | Age Team | Seed | Finals |
|---------------------------|--------------------|------|--------|
| 2 Clifford-Dicks, Barbara | 44 PATRIOT MASTERS | NT | 30.88 |

Women 40-44 50 Yard Backstroke

=====

ZONE: Z 27.69 4/24/2010 Kristin Gary, Red Tide

NATL: ! 27.12 5/4/2008 VALERIE JENKINS

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 Davidson, Michelle | 40 | GARDEN STATE MAS | 29.33 | 29.43 | 9 |
| 2 Clifford-Dicks, Ba | 44 | PATRIOT MASTERS | 31.38 | 30.51 | 7 |
| 3 Currey, Laura | 43 | ANNE ARUNDEL AMP | 31.54 | 31.77 | 6 |
| 4 Katsaros, Sheryl | 41 | RESTON MASTERS S | 35.00 | 33.50 | 5 |
| 5 Moore, Alison | 40 | VIRGINIA MASTERS | 34.94 | 34.11 | 4 |
| 6 Ramsey, Caitlyn | 42 | RIPTIDE MASTERS | 42.54 | 41.48 | 3 |
| 7 Maly, Cleary | 41 | QUEST MASTERS SW | 42.95 | 43.33 | 2 |

Women 40-44 100 Yard Backstroke

ZONE: Z 58.33 4/25/2010 Kristin Gary, Red Tide

NATL: ! 57.15 5/18/2003 K PIPES-NEILSEN

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Gary, Kristin | 43 | RED TIDE | 58.10 | 58.83 | 9 |
| | 28.97 | 58.83 (29.86) | | | |
| 2 Davidson, Michelle | 40 | GARDEN STATE MAS | 1:04.53 | 1:04.12 | 7 |
| | 30.68 | 1:04.12 (33.44) | | | |
| 3 Clifford-Dicks, Ba | 44 | PATRIOT MASTERS | 1:07.82 | 1:06.48 | 6 |
| | 31.96 | 1:06.48 (34.52) | | | |
| 4 Currey, Laura | 43 | ANNE ARUNDEL AMP | 1:10.50 | 1:11.43 | 5 |
| | 34.30 | 1:11.43 (37.13) | | | |
| 5 Moore, Alison | 40 | VIRGINIA MASTERS | 1:13.62 | 1:11.77 | 4 |
| | 35.67 | 1:11.77 (36.10) | | | |
| 6 Katsaros, Sheryl | 41 | RESTON MASTERS S | 1:16.00 | 1:13.54 | 3 |
| | 35.86 | 1:13.54 (37.68) | | | |
| 7 Stein, Caroline | 40 | FINS AQUATICS CL | 1:13.00 | 1:16.41 | 2 |
| | 37.83 | 1:16.41 (38.58) | | | |
| 8 Mestecky, Rowan | 44 | RED TIDE | 1:17.81 | 1:18.26 | 1 |
| | 38.31 | 1:18.26 (39.95) | | | |
| 9 Gale, Margaret | 43 | ALEXANDRIA MASTE | 1:13.00 | 1:23.09 | |
| | 31.41 | 1:23.09 (51.68) | | | |
| 10 Stack, Suzanne | 41 | MONTGOMERY ANCI | 1:29.00 | 1:24.30 | |
| | 41.09 | 1:24.30 (43.21) | | | |

Women 40-44 100 Yard Backstroke

ZONE: Z 58.87 4/23/2006 K. Pipes-Neilsen

NATL: ! 57.15 5/18/2003 K PIPES-NEILSEN

| Name | Age | Team | Seed | Finals |
|---------------------------|-----|-----------------|------|---------|
| 1 Clifford-Dicks, Barbara | 44 | PATRIOT MASTERS | NT | 1:06.88 |

Women 40-44 200 Yard Backstroke

```

=====
ZONE: Z 2:04.43 4/24/2010 Kristin Gary, Red Tide
NATL: ! 2:04.43 4/24/2010 KRISTIN GARY
Name Age Team Seed Finals Points
=====
1 Gary, Kristin 43 RED TIDE 2:05.00 2:08.55 9
30.42 1:02.51 (32.09) 1:35.26 (32.75) 2:08.55 (33.29)
2 Davidson, Michelle 40 GARDEN STATE MAS 2:21.95 2:18.40 7
32.63 1:07.62 (34.99) 1:43.10 (35.48) 2:18.40 (35.30)
3 Clifford-Dicks, Ba 44 PATRIOT MASTERS 2:26.73 2:27.18 6
34.93 1:12.24 (37.31) 1:49.65 (37.41) 2:27.18 (37.53)
4 Moore, Alison 40 VIRGINIA MASTERS 2:35.08 2:34.22 5
36.72 1:15.23 (38.51) 1:54.89 (39.66) 2:34.22 (39.33)
5 Stein, Caroline 40 FINS AQUATICS CL 2:35.00 2:40.36 4
36.39 1:16.96 (40.57) 1:58.44 (41.48) 2:40.36 (41.92)
6 Booth, Gretchen 40 COLONIALS 1776 2:30.95 2:41.07 3
36.47 1:15.74 (39.27) 1:59.28 (43.54) 2:41.07 (41.79)
=====

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Women 40-44 50 Yard Breaststroke

```

=====
ZONE: Z 33.16 4/20/1997 Lisa Bennett
NATL: ! 29.24 2/28/2010 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Ward, Cheryl 44 PATRIOT MASTERS 37.90 36.87 9
2 Mestecky, Rowan 44 RED TIDE 39.31 39.19 7
3 Atkinson, Caroline 40 NORTH CAROLINA M 40.86 40.65 6
4 Quinn, Molly 44 UNAT 41.00 41.96 5
5 Maly, Cleary 41 QUEST MASTERS SW 48.32 46.61 4
6 Pohnert, Annie 43 RESTON MASTERS S 53.41 54.57 3
=====

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Women 40-44 100 Yard Breaststroke

```

=====
ZONE: Z 1:11.73 4/4/2004 Patricia Powis, VMST
NATL: ! 1:03.00 5/4/2008 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Di Pippa, Tammy 44 RIPTIDE MASTERS 1:17.00 1:17.87 9
36.13 1:17.87 (41.74)
2 Mestecky, Rowan 44 RED TIDE 1:26.44 1:25.83 7
41.14 1:25.83 (44.69)
3 Quinn, Molly 44 UNAT 1:31.50 1:33.48 6
44.68 1:33.48 (48.80)
4 Pohnert, Annie 43 RESTON MASTERS S 2:01.35 2:05.15 5
57.08 2:05.15 (1:08.07)
=====

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Women 40-44 200 Yard Breaststroke

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=====
ZONE: Z 2:34.93 4/21/2002 Vibeke Swanson
NATL: ! 2:17.06 5/14/2006 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Doby, Lindabeth 41 MARYMOUNT MASTER 3:12.18 3:07.15 9
42.79 1:30.47 (47.68) 2:19.30 (48.83) 3:07.15 (47.85)
2 Quinn, Molly 44 UNAT 3:17.00 3:23.28 7
45.42 1:35.85 (50.43) 2:29.18 (53.33) 3:23.28 (54.10)
=====

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Women 40-44 50 Yard Butterfly

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=====
ZONE: Z 27.14 4/21/2002 Beth Baker
NATL: ! 25.14 5/10/2009 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Redford, Gabrielle 44 NAVAL ACADEMY AQ 29.90 29.16 9
2 Gale, Margaret 43 ALEXANDRIA MASTE 32.00 29.28 7
3 Currey, Laura 43 ANNE ARUNDEL AMP 29.89 30.19 6
4 Davidson, Michelle 40 GARDEN STATE MAS 29.82 30.22 5
5 Buswell, Trish Seu 42 ALEXANDRIA MASTE 29.99 30.25 4
6 Stein, Caroline 40 FINS AQUATICS CL 33.00 34.18 3
7 Atkinson, Caroline 40 NORTH CAROLINA M 33.31 35.26 2
=====

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Women 40-44 100 Yard Butterfly

```

=====
ZONE: Z 59.12 4/23/2006 K. Pipes-Neilsen, SDSM
NATL: ! 54.83 5/10/2009 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Redford, Gabrielle 44 NAVAL ACADEMY AQ 1:10.00 1:06.30 9
31.03 1:06.30 (35.27)
2 Davidson, Michelle 40 GARDEN STATE MAS 1:06.57 1:07.43 7
31.68 1:07.43 (35.75)
3 Currey, Laura 43 ANNE ARUNDEL AMP 1:08.50 1:08.01 6
31.54 1:08.01 (36.47)
=====

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Women 40-44 200 Yard Butterfly

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=====
ZONE: Z 2:10.18 4/23/2006 K. Pipes-Neilsen, SDSM
NATL: ! 2:03.13 5/4/2008 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Davidson, Michelle 40 GARDEN STATE MAS 2:32.31 2:31.32 9
33.50 1:11.90 (38.40) 1:51.59 (39.69) 2:31.32 (39.73)
2 Stein, Caroline 40 FINS AQUATICS CL 2:45.00 2:45.97 7
36.21 1:17.44 (41.23) 2:01.32 (43.88) 2:45.97 (44.65)
=====

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Women 40-44 100 Yard IM

```

=====
ZONE: Z 59.62 4/23/2006 K. Pipes-Neilsen, SDSM
NATL: ! 58.14 4/10/2010 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Davidson, Michelle 40 GARDEN STATE MAS 1:08.22 1:08.54 9
30.41 1:08.54 (38.13)
2 Moore, Alison 40 VIRGINIA MASTERS 1:10.26 1:09.65 7
33.15 1:09.65 (36.50)
3 Di Pippa, Tammy 44 RIPTIDE MASTERS 1:15.00 1:14.77 6
35.93 1:14.77 (38.84)
4 Mestecky, Rowan 44 RED TIDE 1:16.42 1:17.05 5
36.14 1:17.05 (40.91)
5 Quinn, Molly 44 UNAT 1:23.50 1:22.34 4
39.33 1:22.34 (43.01)
6 Maly, Cleary 41 QUEST MASTERS SW 1:39.40 1:33.00 3
43.02 1:33.00 (49.98)
7 Yamashita, Miki 44 RED TIDE 1:34.70 1:33.24 2
43.52 1:33.24 (49.72)
=====

```

Women 40-44 200 Yard IM

```

=====
ZONE: Z 2:11.32 4/23/2006 K. Pipes-Neilsen, SDSM
NATL: ! 2:04.85 5/4/2008 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Davidson, Michelle 40 GARDEN STATE MAS 2:29.07 2:29.08 9
30.98 1:07.01 (36.03) 1:54.85 (47.84) 2:29.08 (34.23)
2 Redford, Gabrielle 44 NAVAL ACADEMY AQ 2:31.61 2:31.59 7
31.79 1:11.86 (40.07) 1:57.95 (46.09) 2:31.59 (33.64)
3 Doby, Lindabeth 41 MARYMOUNT MASTER 2:50.07 2:44.67 6
36.28 1:20.23 (43.95) 2:06.69 (46.46) 2:44.67 (37.98)
4 Stack, Suzanne 41 MONTGOMERY ANCIE 2:52.00 2:53.71 5
39.20 1:23.25 (44.05) 2:13.97 (50.72) 2:53.71 (39.74)
=====

```

Women 40-44 400 Yard IM

```

=====
ZONE: Z 4:34.29 4/21/2002 Vibeke Swanson
NATL: ! 4:28.43 5/4/2008 S VON DER LIPPE
Name Age Team Seed Finals Points
=====
1 Moore, Alison 40 VIRGINIA MASTERS 5:20.23 5:14.13 9
33.23 1:11.95 (38.72) 1:53.17 (41.22) 2:34.50 (41.33)
3:18.12 (43.62) 4:02.19 (44.07) 4:38.67 (36.48) 5:14.13 (35.46)
=====

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Women 45-49 50 Yard Freestyle

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=====
ZONE: Z 25.57 4/15/2007 Leslie Livingston
NATL: ! 24.00 5/4/2008 SUSAN WALSH
Name Age Team Seed Finals
=====
2 Livingston, Leslie 49 PATRIOT MASTERS NT 25.99
    
```

Women 45-49 50 Yard Freestyle

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=====
ZONE: Z 25.57 4/15/2007 Leslie Livingston, GMUP
NATL: ! 24.00 5/4/2008 SUSAN WALSH
Name Age Team Seed Finals Points
=====
1 Wager, Susan 45 RED TIDE 25.20 25.21Z 9
2 Williams, Susan 45 WARD'S SWIM CLUB 25.55 25.82 7
3 Groves, Lisa 46 MACHINE AQUATICS 27.75 27.24 6
4 Johnson, Mindy 47 RESTON MASTERS S 30.00 28.00 5
5 Cleary, Kelly 47 QUEST MASTERS SW 28.32 28.09 4
6 Hunter, Dee 45 QUEST MASTERS SW 29.48 29.96 3
7 Moyer, Michelle 48 RESTON MASTERS S 30.17 30.83 2
8 Dawson, Mandy 48 RESTON MASTERS S 30.26 31.69 1
9 Sundel, Nanci 45 NORTH CAROLINA M 30.60 31.90
10 Wallace, Karen 49 CHESAPEAKE REGIO 40.00 37.16
    
```

Women 45-49 100 Yard Freestyle

```

=====
ZONE: Z 57.43 4/25/2009 Mary Estabrook, MESC
NATL: ! 52.23 12/16/2007 K PIPES-NEILSEN
Name Age Team Seed Finals Points
=====
1 Wager, Susan 45 RED TIDE 54.50 55.14Z 9
   26.78 55.14 (28.36)
2 Voorhees, Carolyn 49 MARYLAND MASTERS 57.20 57.78 7
   27.71 57.78 (30.07)
3 Swanson, Vibeke 49 COLONIALS 1776 1:00.05 59.64 6
   29.14 59.64 (30.50)
4 Cleary, Kelly 47 QUEST MASTERS SW 1:02.10 1:01.43 5
   29.41 1:01.43 (32.02)
5 Buscaglia, Caycee 46 QUEST MASTERS SW 1:04.00 1:02.46 4
   29.65 1:02.46 (32.81)
6 Quitasol, Wendy 48 NORTH BALTIMORE 1:04.28 1:03.01 3
   29.76 1:03.01 (33.25)
7 Johnson, Mindy 47 RESTON MASTERS S 1:08.00 1:04.08 2
   30.85 1:04.08 (33.23)
8 Hunter, Dee 45 QUEST MASTERS SW 1:03.80 1:05.83 1
   31.87 1:05.83 (33.96)
    
```

| | | | | |
|-----------------------|-------|-------------------|---------|---------|
| 9 Moyer, Michelle | 48 | RESTON MASTERS S | 1:05.39 | 1:06.35 |
| | 32.20 | 1:06.35 (34.15) | | |
| 10 Speer, Nancy | 48 | VIRGINIA MASTERS | 1:16.00 | 1:08.98 |
| | 32.77 | 1:08.98 (36.21) | | |
| 11 Morgan, Suzy | 45 | CURL BURKE MASTE | 1:18.00 | 1:16.81 |
| | 36.30 | 1:16.81 (40.51) | | |
| 12 Livingston, Leslie | 49 | PATRIOT MASTERS | 1:20.00 | 1:35.15 |
| | 25.99 | 1:35.15 (1:09.16) | | |

Women 45-49 200 Yard Freestyle

| ===== | | | | | |
|--|-------|------------------|-----------------|-----------------|--------|
| ZONE: Z 2:04.12 5/2/1999 Jacki Hirsty | | | | | |
| NATL: ! 1:53.28 12/16/2007 K PIPES-NEILSEN | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Hug, Laurie | 45 | COLONIALS 1776 | 2:06.20 | 2:05.55 | 9 |
| | 29.56 | 1:01.84 (32.28) | 1:33.99 (32.15) | 2:05.55 (31.56) | |
| 2 Wager, Susan | 45 | RED TIDE | 2:01.50 | 2:07.70 | 7 |
| | 28.40 | 59.73 (31.33) | 1:32.73 (33.00) | 2:07.70 (34.97) | |
| 3 Buscaglia, Caycee | 46 | QUEST MASTERS SW | 2:15.99 | 2:17.76 | 6 |
| | 31.09 | 1:05.52 (34.43) | 1:41.80 (36.28) | 2:17.76 (35.96) | |
| 4 Cleary, Kelly | 47 | QUEST MASTERS SW | 2:21.60 | 2:19.11 | 5 |
| | 32.39 | 1:07.88 (35.49) | 1:44.18 (36.30) | 2:19.11 (34.93) | |
| 5 Johnson, Mindy | 47 | RESTON MASTERS S | 2:30.00 | 2:19.29 | 4 |
| | 31.91 | 1:07.23 (35.32) | 1:43.48 (36.25) | 2:19.29 (35.81) | |
| 6 Hunter, Dee | 45 | QUEST MASTERS SW | 2:20.14 | 2:23.49 | 3 |
| | 32.23 | 1:07.78 (35.55) | 1:45.62 (37.84) | 2:23.49 (37.87) | |
| 7 Sundel, Nanci | 45 | NORTH CAROLINA M | 2:29.00 | 2:32.47 | 2 |
| | 35.11 | 1:12.23 (37.12) | 1:51.96 (39.73) | 2:32.47 (40.51) | |
| 8 Dawson, Mandy | 48 | RESTON MASTERS S | 2:39.01 | 2:35.00 | 1 |
| | 34.91 | 1:12.59 (37.68) | 1:52.29 (39.70) | 2:35.00 (42.71) | |
| 9 Sireuil, Elissa | 49 | NORTH CAROLINA M | 3:00.00 | 3:10.36 | |
| | 39.67 | 1:27.15 (47.48) | 2:18.79 (51.64) | 3:10.36 (51.57) | |
| 10 Wallace, Karen | 49 | CHESAPEAKE REGIO | 3:21.00 | 3:12.05 | |
| | 41.12 | 1:29.79 (48.67) | 2:21.49 (51.70) | 3:12.05 (50.56) | |
| 11 McAlevy, Mary Grac | 46 | CURL BURKE MASTE | 3:15.00 | 3:13.81 | |
| | 39.73 | 1:25.45 (45.72) | 2:16.93 (51.48) | 3:13.81 (56.88) | |

Women 45-49 500 Yard Freestyle

| ===== | | | | | |
|---|-----|----------------|------|---------|--|
| ZONE: Z 5:23.58 4/15/2007 Vibeke Swanson | | | | | |
| NATL: ! 5:04.13 4/11/2009 K PIPES-NEILSEN | | | | | |
| Name | Age | Team | Seed | Finals | |
| ===== | | | | | |
| 1 Hug, Laurie | 45 | COLONIALS 1776 | NT | 5:27.80 | |

Women 45-49 500 Yard Freestyle

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=====
ZONE: Z 5:23.58 4/15/2007 Vibeke Swanson, 1776
NATL: ! 5:04.13 4/11/2009 K PIPES-NEILSEN
Name Age Team Seed Finals Points
=====
1 Hug, Laurie 45 COLONIALS 1776 5:25.25 5:24.21 9
    29.98 1:02.52 (32.54) 1:35.20 (32.68) 2:08.01 (32.81)
    2:40.88 (32.87) 3:13.77 (32.89) 3:46.66 (32.89) 4:19.19 (32.53)
    4:52.09 (32.90) 5:24.21 (32.12)
2 Swanson, Vibeke 49 COLONIALS 1776 6:00.15 5:40.05 7
    30.32 1:03.89 (33.57) 1:38.19 (34.30) 2:12.55 (34.36)
    2:47.42 (34.87) 3:22.54 (35.12) 3:57.47 (34.93) 4:32.42 (34.95)
    5:07.25 (34.83) 5:40.05 (32.80)
3 Cleary, Kelly 47 QUEST MASTERS SW 6:15.24 6:12.84 6
    33.50 1:10.10 (36.60) 1:47.45 (37.35) 2:25.47 (38.02)
    3:03.65 (38.18) 3:41.77 (38.12) 4:20.15 (38.38) 4:58.50 (38.35)
    5:36.70 (38.20) 6:12.84 (36.14)
4 Hunter, Dee 45 QUEST MASTERS SW 6:30.28 6:22.86 5
    34.00 1:10.29 (36.29) 1:48.75 (38.46) 2:28.29 (39.54)
    3:08.07 (39.78) 3:48.11 (40.04) 4:28.09 (39.98) 5:07.43 (39.34)
    5:46.12 (38.69) 6:22.86 (36.74)
5 Speer, Nancy 48 VIRGINIA MASTERS 6:49.00 6:48.26 4
    36.08 1:16.13 (40.05) 1:56.76 (40.63) 2:38.17 (41.41)
    3:19.90 (41.73) 4:01.89 (41.99) 4:44.11 (42.22) 5:25.79 (41.68)
    6:07.52 (41.73) 6:48.26 (40.74)
=====

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Women 45-49 1000 Yard Freestyle

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=====
ZONE: Z 11:23.73 4/24/2009 Vibeke Swanson, 1776
NATL: ! 10:32.91 4/19/2009 K PIPES-NEILSEN
Name Age Team Seed Finals Points
=====
1 Johnson, Mindy 47 RESTON MASTERS S 13:27.00 13:33.29 9
    35.15 1:14.41 (39.26) 1:54.52 (40.11) 2:34.93 (40.41)
    3:15.57 (40.64) 3:56.62 (41.05) 4:37.63 (41.01) 5:18.70 (41.07)
    5:59.89 (41.19) 6:40.80 (40.91) 7:22.19 (41.39) 8:03.80 (41.61)
    8:45.35 (41.55) 9:27.07 (41.72) 10:08.33 (41.26) 10:50.11 (41.78)
    11:31.13 (41.02) 12:12.38 (41.25) 12:53.34 (40.96) 13:33.29 (39.95)
2 Moyer, Michelle 48 RESTON MASTERS S 13:34.11 13:36.23 7
    35.44 1:15.03 (39.59) 1:55.85 (40.82) 2:37.38 (41.53)
    3:18.53 (41.15) 4:00.08 (41.55) 4:40.94 (40.86) 5:22.98 (42.04)
    6:04.09 (41.11) 6:45.47 (41.38) 7:26.74 (41.27) 8:08.32 (41.58)
    8:50.47 (42.15) 9:31.51 (41.04) 10:12.91 (41.40) 10:53.92 (41.01)
    11:35.26 (41.34) 12:16.01 (40.75) 12:56.73 (40.72) 13:36.23 (39.50)
=====

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Women 45-49 1000 Yard Freestyle

=====

ZONE: Z 11:32.71 4/13/2003 Katherine Branch
 NATL: ! 10:32.91 4/19/2009 K PIPES-NEILSEN

| Name | Age Team | Seed | Finals |
|---------------|-------------------|------|-----------|
| 1 Hug, Laurie | 45 COLONIALS 1776 | NT | 10:57.88Z |

Women 45-49 1650 Yard Freestyle

ZONE: Z 19:17.18 4/21/2002 Karen Einsidler
 NATL: ! 17:49.73 4/22/2007 K PIPES-NEILSEN

| Name | Age Team | Seed | Finals | Points |
|----------------------|---------------------|--------------------|------------------|------------------|
| 1 Hug, Laurie | 45 COLONIALS 1776 | 18:22.81 | 18:09.22Z | 9 |
| | 30.24 | 1:02.84 (32.60) | 1:36.09 (33.25) | 2:09.16 (33.07) |
| | 2:42.48 (33.32) | 3:15.65 (33.17) | 3:48.74 (33.09) | 4:21.84 (33.10) |
| | 4:54.86 (33.02) | 5:27.80 (32.94) | 6:00.78 (32.98) | 6:33.77 (32.99) |
| | 7:06.59 (32.82) | 7:39.33 (32.74) | 8:12.69 (33.36) | 8:45.78 (33.09) |
| | 9:18.68 (32.90) | 9:51.57 (32.89) | 10:24.66 (33.09) | 10:57.88 (33.22) |
| | 11:30.94 (33.06) | 12:03.80 (32.86) | 12:36.66 (32.86) | 13:09.63 (32.97) |
| | 13:42.93 (33.30) | 14:16.49 (33.56) | 14:49.72 (33.23) | 15:23.32 (33.60) |
| | 15:56.94 (33.62) | 16:30.54 (33.60) | 17:03.75 (33.21) | 17:36.97 (33.22) |
| | 18:09.22 (32.25) | | | |
| 2 McAlevy, Mary Grac | 46 CURL BURKE MASTE | 30:00.00 | 26:11.69 | 7 |
| | 41.80 | 1:26.78 (44.98) | 2:13.62 (46.84) | 3:03.06 (49.44) |
| | 3:51.79 (48.73) | 4:40.27 (48.48) | 5:29.42 (49.15) | 6:17.61 (48.19) |
| | 7:05.82 (48.21) | 7:53.94 (48.12) | 8:42.00 (48.06) | 9:29.48 (47.48) |
| | 10:16.56 (47.08) | 11:03.59 (47.03) | 11:50.49 (46.90) | 12:38.42 (47.93) |
| | 13:24.99 (46.57) | 14:12.52 (47.53) | 15:00.01 (47.49) | 15:47.16 (47.15) |
| | 16:35.25 (48.09) | 17:23.22 (47.97) | 18:10.76 (47.54) | 18:58.87 (48.11) |
| | 19:47.22 (48.35) | 20:34.91 (47.69) | 21:22.85 (47.94) | 22:11.05 (48.20) |
| | 23:00.26 (49.21) | 23:48.58 (48.32) | 24:36.97 (48.39) | 25:25.63 (48.66) |
| | 26:11.69 (46.06) | | | |
| 3 Lansbury, Susan | 49 VIRGINIA MASTERS | 26:20.00 | 26:51.48 | 6 |
| | 41.48 | 1:26.64 (45.16) | 2:13.28 (46.64) | |
| | 3:49.09 () | 5:26.59 (1:37.50) | 6:15.68 (49.09) | 7:05.02 (49.34) |
| | | 8:43.97 () | | |
| | | 14:31.86 () | 15:21.56 (49.70) | |
| | 25:14.88 () | 26:51.48 (1:36.60) | | |

Women 45-49 50 Yard Backstroke

ZONE: Z 27.90 4/25/2009 Leslie Livingston, GMUP
 NATL: ! 27.35 12/21/2008 K PIPES-NEILSEN

| Name | Age Team | Seed | Finals | Points |
|-------------------|---------------------|-------|--------|--------|
| 1 Williams, Susan | 45 WARD'S SWIM CLUB | 28.56 | 27.68Z | 9 |
| 2 Swanson, Vibeke | 49 COLONIALS 1776 | 31.55 | 30.96 | 7 |

| | | | | | | |
|---|--------------------|----|------------------|-------|-------|---|
| 3 | Buscaglia, Caycee | 46 | QUEST MASTERS SW | 31.34 | 31.08 | 6 |
| 4 | Cleary, Kelly | 47 | QUEST MASTERS SW | 35.71 | 34.01 | 5 |
| 5 | Hunter, Dee | 45 | QUEST MASTERS SW | 34.28 | 34.13 | 4 |
| 6 | Morrin-Nordlund, D | 48 | TERRAPIN MASTERS | 48.45 | 46.38 | 3 |

Women 45-49 50 Yard Backstroke

=====

ZONE: Z 29.34 4/15/2007 Vibeke Swanson
 NATL: ! 27.35 12/21/2008 K PIPES-NEILSEN

| Name | Age | Team | Seed | Finals |
|----------------------|-----|-----------------|------|--------|
| 1 Livingston, Leslie | 49 | PATRIOT MASTERS | NT | 28.29Z |

=====

Women 45-49 100 Yard Backstroke

=====

ZONE: Z 1:02.40 4/15/2007 Vibeke Swanson, 1776
 NATL: ! 57.83 5/23/2010 ELLEN REYNOLDS

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|----------|--------|
| 1 Williams, Susan | 45 | WARD'S SWIM CLUB | 1:01.86 | 1:00.35Z | 9 |
| | 29.29 | 1:00.35 (31.06) | | | |
| 2 Livingston, Leslie | 49 | PATRIOT MASTERS | 1:02.80 | 1:03.59 | 7 |
| | 30.72 | 1:03.59 (32.87) | | | |
| 3 Swanson, Vibeke | 49 | COLONIALS 1776 | 1:05.55 | 1:04.80 | 6 |
| | 31.90 | 1:04.80 (32.90) | | | |
| 4 Buscaglia, Caycee | 46 | QUEST MASTERS SW | 1:10.99 | 1:08.15 | 5 |
| | 32.62 | 1:08.15 (35.53) | | | |
| 5 Cleary, Kelly | 47 | QUEST MASTERS SW | 1:15.47 | 1:13.47 | 4 |
| | 36.60 | 1:13.47 (36.87) | | | |
| 6 Hunter, Dee | 45 | QUEST MASTERS SW | 1:13.69 | 1:15.01 | 3 |
| | 36.76 | 1:15.01 (38.25) | | | |
| 7 Quitasol, Wendy | 48 | NORTH BALTIMORE | 1:16.80 | 1:16.72 | 2 |
| | 37.81 | 1:16.72 (38.91) | | | |
| 8 Moyer, Michelle | 48 | RESTON MASTERS S | 1:22.11 | 1:25.60 | 1 |
| | 42.35 | 1:25.60 (43.25) | | | |

Women 45-49 200 Yard Backstroke

=====

ZONE: Z 2:15.03 4/15/2007 Vibeke Swanson, 1776
 NATL: ! 2:04.65 4/19/2009 K PIPES-NEILSEN

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Swanson, Vibeke | 49 | COLONIALS 1776 | 2:25.65 | 2:23.32 | 9 |
| | 33.36 | 1:09.38 (36.02) | 1:46.67 (37.29) | 2:23.32 (36.65) | |
| 2 Hug, Laurie | 45 | COLONIALS 1776 | 2:26.22 | 2:23.88 | 7 |
| | 34.82 | 1:11.11 (36.29) | 1:47.62 (36.51) | 2:23.88 (36.26) | |
| 3 Buscaglia, Caycee | 46 | QUEST MASTERS SW | 2:32.67 | 2:31.47 | 6 |

| | | | | |
|-------------------|-------|------------------|-----------------|-----------------|
| 4 Cleary, Kelly | 35.54 | 1:14.05 (38.51) | 1:53.00 (38.95) | 2:31.47 (38.47) |
| | 47 | QUEST MASTERS SW | 2:40.39 | 2:40.06 |
| | | | | 5 |
| 5 Hunter, Dee | 37.75 | 1:18.42 (40.67) | 2:00.19 (41.77) | 2:40.06 (39.87) |
| | 45 | QUEST MASTERS SW | 2:40.34 | 2:43.56 |
| | | | | 4 |
| 6 Moyer, Michelle | 37.36 | 1:19.19 (41.83) | 2:01.27 (42.08) | 2:43.56 (42.29) |
| | 48 | RESTON MASTERS S | 2:54.75 | 3:01.44 |
| | | | | 3 |
| | 45.05 | 1:32.31 (47.26) | 2:19.09 (46.78) | 3:01.44 (42.35) |

Women 45-49 50 Yard Breaststroke

| ===== | | | | | |
|---------------------|-----|--|-------|--------|--------|
| ZONE: Z 33.72 | | 4/24/2010 Leslie Livingston, Patriot Masters | | | |
| NATL: ! 30.17 | | 5/20/2007 CAROLINE KRATTLI | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Groves, Lisa | 46 | MACHINE AQUATICS | 34.40 | 33.76 | 9 |
| 2 Quitasol, Wendy | 48 | NORTH BALTIMORE | 36.80 | 36.21 | 7 |
| 3 Voorhees, Carolyn | 49 | MARYLAND MASTERS | 36.50 | 36.98 | 6 |
| 4 Toner, Karlin | 49 | PATRIOT MASTERS | 38.50 | 38.76 | 5 |
| 5 Speer, Nancy | 48 | VIRGINIA MASTERS | 43.00 | 39.62 | 4 |
| 6 Dawson, Mandy | 48 | RESTON MASTERS S | 39.93 | 41.42 | 3 |
| 7 Wallace, Karen | 49 | CHESAPEAKE REGIO | 45.61 | 45.05 | 2 |

Women 45-49 100 Yard Breaststroke

| ===== | | | | | |
|----------------------|-------|----------------------------|---------|----------|--------|
| ZONE: Z 1:15.48 | | 4/22/2001 Dot Munger | | | |
| NATL: ! 1:06.01 | | 5/20/2007 CAROLINE KRATTLI | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Groves, Lisa | 46 | MACHINE AQUATICS | 1:16.43 | 1:13.92Z | 9 |
| | 34.70 | 1:13.92 (39.22) | | | |
| 2 Toner, Karlin | 49 | PATRIOT MASTERS | 1:21.50 | 1:27.52 | 7 |
| | 41.26 | 1:27.52 (46.26) | | | |
| 3 Wallace, Karen | 49 | CHESAPEAKE REGIO | 1:39.75 | 1:40.40 | 6 |
| | 47.16 | 1:40.40 (53.24) | | | |
| 4 Morrin-Nordlund, D | 48 | TERRAPIN MASTERS | 1:44.30 | 1:43.13 | 5 |
| | 49.75 | 1:43.13 (53.38) | | | |

Women 45-49 200 Yard Breaststroke

| ===== | | | | | |
|-----------------|-------|----------------------------|-----------------|-----------------|--------|
| ZONE: Z 2:45.52 | | 4/22/2001 Dot Munger | | | |
| NATL: ! 2:25.76 | | 5/20/2007 CAROLINE KRATTLI | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Groves, Lisa | 46 | MACHINE AQUATICS | 2:48.37 | 2:46.25 | 9 |
| | 36.71 | 1:18.67 (41.96) | 2:02.41 (43.74) | 2:46.25 (43.84) | |
| 2 Hug, Laurie | 45 | COLONIALS 1776 | 2:47.42 | 2:48.44 | 7 |
| | 39.11 | 1:21.59 (42.48) | 2:05.09 (43.50) | 2:48.44 (43.35) | |

| | | | | | | |
|---|----------------|----|------------------|-----------------|-----------------|---|
| 3 | Speer, Nancy | 48 | VIRGINIA MASTERS | 3:04.00 | 3:05.99 | 6 |
| | 43.08 | | 1:30.59 (47.51) | 2:18.65 (48.06) | 3:05.99 (47.34) | |
| 4 | Dawson, Mandy | 48 | RESTON MASTERS S | 3:32.01 | 3:23.14 | 5 |
| | 46.77 | | 1:37.56 (50.79) | 2:29.21 (51.65) | 3:23.14 (53.93) | |
| 5 | Wallace, Karen | 49 | CHESAPEAKE REGIO | 3:39.00 | 3:38.15 | 4 |
| | 47.68 | | 1:43.57 (55.89) | 2:41.18 (57.61) | 3:38.15 (56.97) | |

Women 45-49 50 Yard Butterfly

| | | | | | | |
|---------|-------------------|-------|------------------|-------------------------|--------|---|
| ===== | | | | | | |
| ZONE: Z | | 27.06 | 4/26/2009 | Leslie Livingston, GMUP | | |
| NATL: ! | | 26.24 | 8/2009 | SCOULER/PIPES-NEI | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Williams, Susan | 45 | WARD'S SWIM CLUB | 27.88 | 27.36 | 9 |
| 2 | Voorhees, Carolyn | 49 | MARYLAND MASTERS | 27.70 | 28.15 | 7 |
| 3 | Wager, Susan | 45 | RED TIDE | 28.50 | 28.58 | 6 |
| 4 | Quitazol, Wendy | 48 | NORTH BALTIMORE | 32.80 | 32.57 | 5 |
| 5 | Cleary, Kelly | 47 | QUEST MASTERS SW | 33.37 | 32.68 | 4 |
| 6 | Johnson, Mindy | 47 | RESTON MASTERS S | 37.00 | 33.28 | 3 |
| 7 | Hunter, Dee | 45 | QUEST MASTERS SW | 33.74 | 34.48 | 2 |
| 8 | Moyer, Michelle | 48 | RESTON MASTERS S | 36.00 | 36.25 | 1 |
| 9 | Toner, Karlin | 49 | PATRIOT MASTERS | 38.00 | 37.53 | |

Women 45-49 200 Yard Butterfly

| | | | | | | |
|---------|-------------|---------|-----------------|------------------------|-----------------|---|
| ===== | | | | | | |
| ZONE: Z | | 2:25.90 | 4/4/2004 | Katherine Branch, MARY | | |
| NATL: ! | | 2:07.39 | 12/26/2008 | K PIPES-NEILSEN | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Hug, Laurie | 45 | COLONIALS 1776 | 2:22.22 | 2:18.52Z | 9 |
| | 31.43 | | 1:06.51 (35.08) | 1:42.03 (35.52) | 2:18.52 (36.49) | |

Women 45-49 100 Yard IM

| | | | | | | |
|---------|-----------------|---------|------------------|----------------------|---------|---|
| ===== | | | | | | |
| ZONE: Z | | 1:04.64 | 4/15/2007 | Vibeke Swanson, 1776 | | |
| NATL: ! | | 59.48 | 4/19/2009 | K PIPES-NEILSEN | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Swanson, Vibeke | 49 | COLONIALS 1776 | 1:08.54 | 1:07.59 | 9 |
| | 31.10 | | 1:07.59 (36.49) | | | |
| 2 | Groves, Lisa | 46 | MACHINE AQUATICS | 1:11.18 | 1:09.91 | 7 |
| | 33.02 | | 1:09.91 (36.89) | | | |
| 3 | Moyer, Michelle | 48 | RESTON MASTERS S | 1:19.85 | 1:19.09 | 6 |
| | 37.43 | | 1:19.09 (41.66) | | | |
| 4 | Toner, Karlin | 49 | PATRIOT MASTERS | 1:20.50 | 1:25.80 | 5 |
| | 41.35 | | 1:25.80 (44.45) | | | |

Women 45-49 200 Yard IM

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ZONE: Z 2:15.19 4/15/2007 Vibeke Swanson, 1776
 NATL: ! 2:07.26 12/16/2007 K PIPES-NEILSEN

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Hug, Laurie | 45 | COLONIALS 1776 | 2:24.22 | 2:22.21 | 9 |
| | 31.02 | 1:07.08 (36.06) | 1:49.89 (42.81) | 2:22.21 (32.32) | |
| 2 Swanson, Vibeke | 49 | COLONIALS 1776 | 2:26.15 | 2:24.44 | 7 |
| | 32.26 | 1:07.69 (35.43) | 1:51.26 (43.57) | 2:24.44 (33.18) | |
| 3 Buscaglia, Caycee | 46 | QUEST MASTERS SW | 2:35.83 | 2:35.24 | 6 |
| | 33.80 | 1:10.32 (36.52) | 1:58.91 (48.59) | 2:35.24 (36.33) | |

Women 45-49 400 Yard IM

=====

ZONE: Z 4:49.51 4/15/2007 Vibeke Swanson, 1776
 NATL: ! 4:32.87 12/26/2009 K PIPES-NEILSEN

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|-----------------|-----------------|-----------------|
| 1 Hug, Laurie | 45 | COLONIALS 1776 | 5:02.50 | 4:56.22 | 9 |
| | 31.75 | 1:07.64 (35.89) | 1:46.30 (38.66) | 2:23.98 (37.68) | |
| | | 3:07.43 (43.45) | 3:51.17 (43.74) | 4:24.43 (33.26) | 4:56.22 (31.79) |
| 2 Swanson, Vibeke | 49 | COLONIALS 1776 | 5:05.88 | 5:17.89 | 7 |
| | 34.10 | 1:15.20 (41.10) | 1:56.17 (40.97) | 2:36.19 (40.02) | |
| | | 3:21.38 (45.19) | 4:07.15 (45.77) | 4:43.62 (36.47) | 5:17.89 (34.27) |
| 3 Buscaglia, Caycee | 46 | QUEST MASTERS SW | 5:34.99 | 5:29.70 | 6 |
| | 35.12 | 1:16.91 (41.79) | 1:57.87 (40.96) | 2:40.26 (42.39) | |
| | | 3:28.64 (48.38) | 4:16.83 (48.19) | 4:53.28 (36.45) | 5:29.70 (36.42) |

Women 50-54 50 Yard Freestyle

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ZONE: Z 26.89 4/25/2010 Lisa Bennett, VMST
 NATL: ! 24.92 5/4/2008 TRACI GRANGER

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 Bennett, Lisa | 54 | VIRGINIA MASTERS | 27.22 | 26.73Z | 9 |
| 2 Brightwell, Kim | 51 | RESTON MASTERS S | 28.71 | 27.84 | 7 |
| 3 Natali, Eileen | 54 | WARD'S SWIM CLUB | 29.56 | 27.98 | 6 |
| 4 Hajost, Cynthia | 51 | RESTON MASTERS S | 28.90 | 28.82 | 5 |
| 5 Jordan, Tammy | 51 | COLONIALS 1776 | 29.80 | 29.19 | 4 |
| 6 Pennington, Cather | 52 | FAIRFAX COUNTY M | 28.80 | 29.34 | 3 |
| 7 Spence, Denise | 51 | NEW ENGLAND MAST | 29.21 | 29.99 | 2 |
| 8 Casey, Sheila | 54 | RESTON MASTERS S | 35.00 | 33.79 | 1 |
| 9 McGuire, Elizabeth | 54 | RESTON MASTERS S | 37.80 | 37.24 | |
| 10 Li, Eileen | 50 | RESTON MASTERS S | 50.00 | 40.26 | |

Women 50-54 100 Yard Freestyle


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=====
ZONE: Z 59.85 4/25/2009 Lisa Bennett, SQST
NATL: ! 54.38 5/17/2002 LAURA VAL
Name Age Team Seed Finals Points
=====
1 Bennett, Lisa 54 VIRGINIA MASTERS 1:00.00 59.66Z 9
    27.81 59.66 (31.85)
2 Natali, Eileen 54 WARD'S SWIM CLUB 1:02.55 1:02.23 7
    29.86 1:02.23 (32.37)
3 Hajost, Cynthia 51 RESTON MASTERS S 1:04.00 1:03.98 6
    30.51 1:03.98 (33.47)
4 Jordan, Tammy 51 COLONIALS 1776 1:09.50 1:06.46 5
    31.04 1:06.46 (35.42)
5 McCormick, Betsy 54 COLONIALS 1776 1:08.00 1:08.55 4
    32.78 1:08.55 (35.77)
6 Spence, Denise 51 NEW ENGLAND MAST 1:08.95 1:08.71 3
    31.98 1:08.71 (36.73)
7 Casey, Sheila 54 RESTON MASTERS S 1:15.59 1:15.40 2
    34.79 1:15.40 (40.61)
-- Kusseling, Brooke 50 RESTON MASTERS S 1:08.00 DQ
    32.30
=====

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Women 50-54 200 Yard Freestyle

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=====
ZONE: Z 2:09.76 4/26/2009 Lisa Bennett, SQST
NATL: ! 1:59.55 5/17/2002 LAURA VAL
Name Age Team Seed Finals Points
=====
1 Bennett, Lisa 54 VIRGINIA MASTERS 2:11.00 2:15.03 9
    31.21 1:04.93 (33.72) 1:40.11 (35.18) 2:15.03 (34.92)
2 Hajost, Cynthia 51 RESTON MASTERS S 2:20.00 2:24.86 7
    31.19 1:06.47 (35.28) 1:45.27 (38.80) 2:24.86 (39.59)
3 McGuire, Elizabeth 54 RESTON MASTERS S 3:10.00 3:23.06 6
    45.20 1:37.73 (52.53) 2:31.98 (54.25) 3:23.06 (51.08)
=====

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Women 50-54 500 Yard Freestyle

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=====
ZONE: Z 5:49.53 4/25/2009 Lisa Bennett, SQST
NATL: ! 5:16.88 5/10/2009 S HEIM-BOWEN
Name Age Team Seed Finals Points
=====
1 Branch, Katherine 53 NEW ENGLAND MAST 5:57.00 5:45.58Z 9
    32.99 1:07.69 (34.70) 1:42.56 (34.87) 2:17.57 (35.01)
    2:52.84 (35.27) 3:27.93 (35.09) 4:02.53 (34.60) 4:37.48 (34.95)
    5:11.82 (34.34) 5:45.58 (33.76)
2 Hajost, Cynthia 51 RESTON MASTERS S 6:28.00 6:18.56 7
    32.22 1:08.71 (36.49) 1:46.16 (37.45) 2:24.20 (38.04)
=====

```

| | | | | |
|----------------------|---------------------|--------------------|-------------------|-------------------|
| | 3:02.44 (38.24) | 3:41.06 (38.62) | 4:20.26 (39.20) | 5:00.15 (39.89) |
| | 5:40.14 (39.99) | 6:18.56 (38.42) | | |
| 3 McCormick, Betsy | 54 COLONIALS | 1776 | 6:58.00 | 6:59.72 |
| | 37.95 | 1:19.03 (41.08) | 2:00.65 (41.62) | 2:43.02 (42.37) |
| | 3:25.90 (42.88) | 4:09.05 (43.15) | 4:52.50 (43.45) | 5:35.71 (43.21) |
| | 6:18.62 (42.91) | 6:59.72 (41.10) | | |
| 4 Worrell, Christine | 50 VIRGINIA MASTERS | | 10:09.00 | 10:08.89 |
| | 47.09 | 1:43.99 (56.90) | 2:45.98 (1:01.99) | 3:50.25 (1:04.27) |
| | 4:53.98 (1:03.73) | 5:57.51 (1:03.53) | 7:01.31 (1:03.80) | 8:04.42 (1:03.11) |
| | 9:07.08 (1:02.66) | 10:08.89 (1:01.81) | | |

Women 50-54 1000 Yard Freestyle

```
=====
```

ZONE: Z 12:10.44 4/15/2007 Tracy Grilli, NEM
 NATL: ! 11:13.96 5/20/2010 DENISE BROWN

| Name | Age | Team | Seed | Finals | Points |
|----------------------|--------------------|--------------------|--------------------|--------------------|--------|
| 1 Hajost, Cynthia | 51 | RESTON MASTERS S | 13:27.67 | 13:21.38 | 9 |
| | 35.44 | 1:15.05 (39.61) | 1:56.04 (40.99) | 2:37.60 (41.56) | |
| | 3:18.44 (40.84) | 3:59.54 (41.10) | 4:40.76 (41.22) | 5:21.94 (41.18) | |
| | 6:02.39 (40.45) | 6:42.23 (39.84) | 7:21.53 (39.30) | 8:01.67 (40.14) | |
| | 8:41.39 (39.72) | 9:21.34 (39.95) | 10:01.74 (40.40) | 10:41.92 (40.18) | |
| | 11:22.27 (40.35) | 12:02.37 (40.10) | 12:42.80 (40.43) | 13:21.38 (38.58) | |
| 2 Keisling, Christin | 54 | COLONIALS 1776 | 13:47.75 | 13:43.97 | 7 |
| | 35.64 | 1:14.87 (39.23) | 1:55.11 (40.24) | 2:35.45 (40.34) | |
| | 3:15.97 (40.52) | 3:56.56 (40.59) | 4:37.73 (41.17) | 5:19.00 (41.27) | |
| | 6:00.50 (41.50) | 6:42.12 (41.62) | 7:23.65 (41.53) | 8:05.63 (41.98) | |
| | 8:48.03 (42.40) | 9:30.61 (42.58) | 10:12.64 (42.03) | 10:54.61 (41.97) | |
| | 11:37.44 (42.83) | 12:20.22 (42.78) | 13:02.73 (42.51) | 13:43.97 (41.24) | |
| 3 Perfall, Betty | 53 | ALEXANDRIA AQUAT | 14:15.00 | 14:12.29 | 6 |
| | 34.45 | 1:14.24 (39.79) | 1:55.96 (41.72) | 2:38.99 (43.03) | |
| | 3:21.36 (42.37) | 4:03.93 (42.57) | 4:46.86 (42.93) | 5:29.79 (42.93) | |
| | 6:12.93 (43.14) | 6:56.87 (43.94) | 7:40.75 (43.88) | 8:24.82 (44.07) | |
| | 9:09.36 (44.54) | 9:53.40 (44.04) | 10:37.43 (44.03) | 11:21.96 (44.53) | |
| | 12:05.41 (43.45) | 12:48.75 (43.34) | 13:31.31 (42.56) | 14:12.29 (40.98) | |
| 4 Worrell, Christine | 50 | VIRGINIA MASTERS | 25:00.00 | 20:47.42 | 5 |
| | 48.09 | 1:45.97 (57.88) | 2:48.00 (1:02.03) | 3:51.92 (1:03.92) | |
| | 4:56.45 (1:04.53) | 6:01.83 (1:05.38) | 7:06.38 (1:04.55) | 8:10.30 (1:03.92) | |
| | 9:14.82 (1:04.52) | 10:19.26 (1:04.44) | 11:22.88 (1:03.62) | 12:25.60 (1:02.72) | |
| | 13:28.85 (1:03.25) | 14:32.25 (1:03.40) | 15:35.39 (1:03.14) | 16:38.88 (1:03.49) | |
| | 17:41.53 (1:02.65) | 18:43.64 (1:02.11) | 19:46.25 (1:02.61) | 20:47.42 (1:01.17) | |

Women 50-54 50 Yard Backstroke

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=====
```

ZONE: Z 31.27 4/24/2010 Kim Brightwell, Reston Masters S
 NATL: ! 28.74 6/23/2002 J SWAGERTY-HILL

| Name | Age | Team | Seed | Finals | Points |
|------|-----|------|------|--------|--------|
|------|-----|------|------|--------|--------|

| | | | | | | |
|----|-------------------|----|------------------|-------|--------|---|
| 1 | Brightwell, Kim | 51 | RESTON MASTERS S | 31.27 | 30.61Z | 9 |
| 2 | Hajost, Cynthia | 51 | RESTON MASTERS S | 36.00 | 35.35 | 7 |
| 3 | Colby, Laura | 53 | RED TIDE | 41.66 | 41.29 | 6 |
| -- | Kusseling, Brooke | 50 | RESTON MASTERS S | 39.05 | DQ | |

Women 50-54 100 Yard Backstroke

| ZONE: Z 1:09.62 4/25/2010 Kim Brightwell, Reston Masters S | | | | | | |
|--|-------------------|------|------------------|-----------------|----------|---|
| NATL: ! 1:02.67 5/4/2008 K ANDRUS-HUGHES | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Brightwell, Kim | 51 | RESTON MASTERS S | 1:09.62 | 1:07.18Z | 9 |
| | 32.38 | | | 1:07.18 (34.80) | | |
| 2 | Bennett, Lisa | 54 | VIRGINIA MASTERS | 1:14.50 | 1:11.08 | 7 |
| | 33.95 | | | 1:11.08 (37.13) | | |
| 3 | Branch, Katherine | 53 | NEW ENGLAND MAST | 1:14.00 | 1:11.35 | 6 |
| | 34.68 | | | 1:11.35 (36.67) | | |
| 4 | Hajost, Cynthia | 51 | RESTON MASTERS S | 1:16.00 | 1:22.11 | 5 |
| | 39.76 | | | 1:22.11 (42.35) | | |
| 5 | Colby, Laura | 53 | RED TIDE | 1:31.00 | 1:29.16 | 4 |
| | 43.65 | | | 1:29.16 (45.51) | | |

Women 50-54 200 Yard Backstroke

| ZONE: Z 2:30.46 4/15/2007 N.Steadman-Martin, GSM | | | | | | |
|--|----------------|------|------------------|-----------------|-----------------|-----------------|
| NATL: ! 2:16.65 4/17/2010 BONNIE BILICH | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Spence, Denise | 51 | NEW ENGLAND MAST | 2:49.84 | 2:52.11 | 9 |
| | 40.44 | | | 1:22.99 (42.55) | 2:08.42 (45.43) | 2:52.11 (43.69) |
| 2 | Colby, Laura | 53 | RED TIDE | 3:13.50 | 3:12.94 | 7 |
| | 46.79 | | | 1:36.81 (50.02) | 2:26.68 (49.87) | 3:12.94 (46.26) |

Women 50-54 50 Yard Breaststroke

| ZONE: Z 34.09 4/24/2010 Lisa Bennett, Virginia Masters | | | | | | |
|--|-----------------|------|------------------|--------|--------|---|
| NATL: ! 32.37 5/21/2010 BRIGITTE HEUER | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Bennett, Lisa | 54 | VIRGINIA MASTERS | 34.89 | 34.20 | 9 |
| 2 | Spence, Denise | 51 | NEW ENGLAND MAST | 35.35 | 36.14 | 7 |
| 3 | Brightwell, Kim | 51 | RESTON MASTERS S | 38.29 | 37.34 | 6 |
| 4 | Jordan, Tammy | 51 | COLONIALS 1776 | 41.00 | 39.75 | 5 |

Women 50-54 100 Yard Breaststroke

ZONE: Z 1:13.46 4/25/2010 Lisa Bennett, Virginia Masters

NATL: ! 1:12.25 5/7/2010 JENNY COOK

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Bennett, Lisa | 54 | VIRGINIA MASTERS | 1:16.50 | 1:16.03 | 9 |
| | 35.82 | 1:16.03 (40.21) | | | |
| 2 Spence, Denise | 51 | NEW ENGLAND MAST | 1:18.73 | 1:17.87 | 7 |
| | 36.68 | 1:17.87 (41.19) | | | |
| 3 McGuire, Elizabeth | 54 | RESTON MASTERS S | 1:44.65 | 1:42.22 | 6 |
| | 48.80 | 1:42.22 (53.42) | | | |

Women 50-54 200 Yard Breaststroke

ZONE: Z 2:48.33 4/24/2010 Dara Wilber, Southern Marlins

NATL: ! 2:37.95 4/17/2010 COKIE LEPINSKI

| Name | Age | Team | Seed | Finals | Points |
|------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Spence, Denise | 51 | NEW ENGLAND MAST | 2:56.21 | 2:58.13 | 9 |
| | 39.63 | 1:24.43 (44.80) | 2:10.64 (46.21) | 2:58.13 (47.49) | |

Women 50-54 50 Yard Butterfly

ZONE: Z 30.74 4/25/2010 Elizabeth Hogan, Anne Arundel Amp

NATL: ! 26.77 5/10/2009 TRACI GRANGER

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 Hogan, Elizabeth | 54 | ANNE ARUNDEL AMP | 30.90 | 31.24 | 9 |
| 2 Brightwell, Kim | 51 | RESTON MASTERS S | 32.29 | 31.31 | 7 |
| 3 Branch, Katherine | 53 | NEW ENGLAND MAST | 34.50 | 31.54 | 6 |
| 4 Keisling, Christin | 54 | COLONIALS 1776 | 31.11 | 32.09 | 5 |
| 5 Jordan, Tammy | 51 | COLONIALS 1776 | 35.00 | 33.97 | 4 |
| 6 McCormick, Betsy | 54 | COLONIALS 1776 | 34.00 | 35.24 | 3 |
| 7 Pennington, Cather | 52 | FAIRFAX COUNTY M | 34.20 | 35.64 | 2 |
| 8 Casey, Sheila | 54 | RESTON MASTERS S | 35.50 | 36.36 | 1 |
| -- Kusseling, Brooke | 50 | RESTON MASTERS S | 31.97 | DQ | |

Women 50-54 100 Yard Butterfly

ZONE: Z 1:07.99 4/25/2009 Lisa Bennett, SQST

NATL: ! 1:00.28 5/10/2009 TRACI GRANGER

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Hyland, Cynthia | 50 | RESTON MASTERS S | 1:15.00 | 1:16.42 | 9 |
| | 36.04 | 1:16.42 (40.38) | | | |
| 2 Keisling, Christin | 54 | COLONIALS 1776 | 1:18.44 | 1:20.83 | 7 |
| | 37.87 | 1:20.83 (42.96) | | | |
| -- Kusseling, Brooke | 50 | RESTON MASTERS S | 1:18.00 | DQ | |

35.84

DQ (43.39)

Women 50-54 200 Yard Butterfly

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=====
ZONE: Z 2:34.33 4/25/2010 Elizabeth Hogan, Anne Arundel Amp
NATL: ! 2:15.18 5/17/2002 LAURA VAL
Name Age Team Seed Finals Points
=====
1 Branch, Katherine 53 NEW ENGLAND MAST 2:43.00 2:35.93 9
35.80 1:15.85 (40.05) 1:55.92 (40.07) 2:35.93 (40.01)

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Women 50-54 100 Yard IM

```

=====
ZONE: Z 1:09.23 4/25/2010 Kim Brightwell, Reston Masters S
NATL: ! 1:03.72 5/10/2009 AHELEE SUE OSBORN
Name Age Team Seed Finals Points
=====
1 Brightwell, Kim 51 RESTON MASTERS S 1:09.23 1:10.00 9
31.94 1:10.00 (38.06)
2 Spence, Denise 51 NEW ENGLAND MAST 1:15.60 1:15.37 7
35.34 1:15.37 (40.03)
3 Hyland, Cynthia 50 RESTON MASTERS S 1:20.00 1:15.67 6
35.57 1:15.67 (40.10)
4 Keisling, Christin 54 COLONIALS 1776 1:18.83 1:16.11 5
35.48 1:16.11 (40.63)
5 Jordan, Tammy 51 COLONIALS 1776 1:19.40 1:16.31 4
35.55 1:16.31 (40.76)
6 Casey, Sheila 54 RESTON MASTERS S 1:28.80 1:26.83 3
40.13 1:26.83 (46.70)
7 Colby, Laura 53 RED TIDE 1:30.00 1:28.35 2
41.70 1:28.35 (46.65)
8 Li, Eileen 50 RESTON MASTERS S 2:00.00 1:46.04 1
50.07 1:46.04 (55.97)
-- Kusseling, Brooke 50 RESTON MASTERS S 1:21.66 DQ
36.02 DQ (41.59)

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Women 50-54 200 Yard IM

```

=====
ZONE: Z 2:32.48 4/24/2010 Dara Wilber, Southern Marlins
NATL: ! 2:19.56 5/10/2009 AHELEE SUE OSBORN
Name Age Team Seed Finals Points
=====
1 Hogan, Elizabeth 54 ANNE ARUNDEL AMP 2:37.80 2:38.38 9
32.09 1:12.14 (40.05) 2:01.18 (49.04) 2:38.38 (37.20)
2 Keisling, Christin 54 COLONIALS 1776 2:50.06 2:50.47 7
35.34 1:19.98 (44.64) 2:11.36 (51.38) 2:50.47 (39.11)
3 Colby, Laura 53 RED TIDE 3:15.55 3:11.43 6

```

43.49 1:31.81 (48.32) 2:26.98 (55.17) 3:11.43 (44.45)

Women 50-54 400 Yard IM

=====

ZONE: Z 5:32.64 4/15/2007 N.Steadman-Martin, GSM
NATL: ! 4:56.39 5/10/2009 AHELEE SUE OSBORN

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----------------|-----------------|-----------------|-----------------|--------|
| 1 Keisling, Christin | 54 | COLONIALS 1776 | 6:02.68 | 6:19.31 | 9 |
| | 40.79 | 1:29.60 (48.81) | 2:21.20 (51.60) | 3:11.38 (50.18) | |
| | 4:03.82 (52.44) | 4:56.98 (53.16) | 5:39.05 (42.07) | 6:19.31 (40.26) | |

Women 55-59 50 Yard Freestyle

=====

ZONE: Z 27.03 5/8/1990 Jane Bruner
NATL: ! 25.29 5/10/2009 LAURA VAL

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 Loftus-Charley, Sh | 59 | VIRGINIA MASTERS | 29.55 | 29.93 | 9 |
| 2 Wymelenberg, Lynn | 55 | RESTON MASTERS S | 32.00 | 30.42 | 7 |
| 3 Watts, Sue | 56 | COLONIALS 1776 | 32.65 | 31.94 | 6 |
| 4 Craffey, Joan | 58 | ASPHALT GREEN MA | 32.00 | 32.04 | 5 |
| 5 Figenshu, Susan | 56 | UNAT | 33.79 | 32.76 | 4 |
| 6 Merena, Elizabeth | 58 | UNAT | 33.55 | 33.84 | 3 |
| 7 Antonioli, Bernade | 58 | DELMARVAAQUATICM | 41.00 | 38.90 | 2 |
| 8 Galan, Christine | 57 | TERRAPIN MASTERS | 40.87 | 39.57 | 1 |

Women 55-59 100 Yard Freestyle

=====

ZONE: Z 1:02.38 5/8/1990 Jane Bruner
NATL: ! 54.72 5/4/2008 LAURA VAL

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Bright, Janet | 55 | COLONIALS 1776 | 1:05.50 | 1:02.98 | 9 |
| | 30.21 | 1:02.98 (32.77) | | | |
| 2 Loftus-Charley, Sh | 59 | VIRGINIA MASTERS | 1:04.00 | 1:04.04 | 7 |
| | 30.90 | 1:04.04 (33.14) | | | |
| 3 Wymelenberg, Lynn | 55 | RESTON MASTERS S | 1:10.00 | 1:06.77 | 6 |
| | 31.75 | 1:06.77 (35.02) | | | |
| 4 Watts, Sue | 56 | COLONIALS 1776 | 1:11.33 | 1:10.07 | 5 |
| | 33.11 | 1:10.07 (36.96) | | | |
| 5 Craffey, Joan | 58 | ASPHALT GREEN MA | 1:13.00 | 1:12.25 | 4 |
| | 34.69 | 1:12.25 (37.56) | | | |
| 6 Figenshu, Susan | 56 | UNAT | 1:17.76 | 1:13.85 | 3 |
| | 33.82 | 1:13.85 (40.03) | | | |
| 7 Wagner, Cheryl | 58 | TERRAPIN MASTERS | 1:20.00 | 1:14.64 | 2 |
| | 35.24 | 1:14.64 (39.40) | | | |

| | | | | | |
|----|--------------------|---------------------|---------|---------|---|
| 8 | Merena, Elizabeth | 58 UNAT | 1:18.00 | 1:17.30 | 1 |
| | 36.89 | 1:17.30 (40.41) | | | |
| 9 | Scheffter, Barbara | 58 HEALTH UNLIMITED | 1:22.20 | 1:21.40 | |
| | 39.08 | 1:21.40 (42.32) | | | |
| 10 | Antonioli, Bernade | 58 DELMARVAAQUATICM | 1:30.00 | 1:29.20 | |
| | 42.32 | 1:29.20 (46.88) | | | |

Women 55-59 100 Yard Freestyle

| | | | | |
|-------|---------------|---------------------|----------|-------------|
| ===== | | | | |
| | ZONE: Z | 1:02.38 | 5/8/1990 | Jane Bruner |
| | NATL: ! | 54.72 | 5/4/2008 | LAURA VAL |
| | Name | Age Team | Seed | Finals |
| ===== | | | | |
| 1 | Craffey, Joan | 58 ASPHALT GREEN MA | NT | 1:14.32 |

Women 55-59 200 Yard Freestyle

| | | | | | |
|-------|--------------------|---------------------|-----------------|--------------------|--------|
| ===== | | | | | |
| | ZONE: Z | 2:24.68 | 4/4/2004 | Marcia Barry, VMST | |
| | NATL: ! | 1:59.02 | 5/10/2009 | LAURA VAL | |
| | Name | Age Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 | Wymelenberg, Lynn | 55 RESTON MASTERS S | 2:30.00 | 2:30.78 | 9 |
| | 33.97 | 1:12.29 (38.32) | 1:52.44 (40.15) | 2:30.78 (38.34) | |
| 2 | Craffey, Joan | 58 ASPHALT GREEN MA | 2:50.00 | 2:31.94 | 7 |
| | 35.67 | 1:14.32 (38.65) | 1:53.71 (39.39) | 2:31.94 (38.23) | |
| 3 | Watts, Sue | 56 COLONIALS 1776 | 2:35.48 | 2:35.35 | 6 |
| | 35.10 | 1:13.33 (38.23) | 1:54.08 (40.75) | 2:35.35 (41.27) | |
| 4 | Braaten, Kitten | 55 VIRGINIA MASTERS | 2:46.11 | 2:38.83 | 5 |
| | 37.27 | 1:17.47 (40.20) | 1:58.56 (41.09) | 2:38.83 (40.27) | |
| 5 | Tourtual, Dorothy | 59 BINGHAMTON UNIV | 2:40.00 | 2:40.80 | 4 |
| | 35.54 | 1:15.89 (40.35) | 1:58.67 (42.78) | 2:40.80 (42.13) | |
| 6 | Antonioli, Bernade | 58 DELMARVAAQUATICM | 3:20.00 | 3:15.49 | 3 |
| | 43.28 | 1:32.47 (49.19) | 2:24.86 (52.39) | 3:15.49 (50.63) | |

Women 55-59 200 Yard Freestyle

| | | | | |
|-------|---------------|---------------------|-----------|--------------|
| ===== | | | | |
| | ZONE: Z | 2:24.68 | 4/4/2004 | Marcia Barry |
| | NATL: ! | 1:59.02 | 5/10/2009 | LAURA VAL |
| | Name | Age Team | Seed | Finals |
| ===== | | | | |
| 1 | Craffey, Joan | 58 ASPHALT GREEN MA | NT | 2:39.78 |

Women 55-59 500 Yard Freestyle

| | | | | |
|-------|---------|----------|-----------|--------------|
| ===== | | | | |
| | ZONE: Z | 6:25.12 | 4/4/2004 | Marcia Barry |
| | NATL: ! | 5:27.33 | 1/25/2009 | LAURA VAL |
| | Name | Age Team | Seed | Finals |

=====
 2 Loftus-Charley, Shirley 59 VIRGINIA MASTERS NT 5:54.39Z
 =====

Women 55-59 500 Yard Freestyle

=====
 ZONE: Z 6:09.17 4/12/2008 Shirley Loftus-Charley, SMAM
 NATL: ! 5:27.33 1/25/2009 LAURA VAL
 =====

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----------------|-------------------|-----------------|-----------------|--------|
| 1 Craffey, Joan | 58 | ASPHALT GREEN MA | 6:53.00 | 6:43.40 | 9 |
| | 37.16 | 1:17.36 (40.20) | 1:58.63 (41.27) | 2:39.78 (41.15) | |
| | 3:20.96 (41.18) | 4:02.07 (41.11) | 4:43.17 (41.10) | 5:23.90 (40.73) | |
| | 6:04.54 (40.64) | 6:43.40 (38.86) | | | |
| 2 Braaten, Kitten | 55 | VIRGINIA MASTERS | 7:18.75 | 6:49.81 | 7 |
| | 37.89 | 1:19.35 (41.46) | 2:01.24 (41.89) | 2:42.75 (41.51) | |
| | 3:24.44 (41.69) | 4:05.74 (41.30) | 4:46.98 (41.24) | 5:28.55 (41.57) | |
| | 6:10.02 (41.47) | 6:49.81 (39.79) | | | |
| 3 Wymelenberg, Lynn | 55 | RESTON MASTERS S | 6:53.00 | 6:56.11 | 6 |
| | 36.16 | 1:16.84 (40.68) | 1:58.36 (41.52) | 2:39.26 (40.90) | |
| | 3:23.35 (44.09) | 4:05.58 (42.23) | 4:48.40 (42.82) | 5:31.24 (42.84) | |
| | 6:14.32 (43.08) | 6:56.11 (41.79) | | | |
| 4 Tourtual, Dorothy | 59 | BINGHAMTON UNIV | 7:10.00 | 7:03.50 | 5 |
| | 38.14 | 1:19.66 (41.52) | 2:02.68 (43.02) | 2:45.90 (43.22) | |
| | 3:29.25 (43.35) | 4:12.56 (43.31) | 4:55.68 (43.12) | 5:39.44 (43.76) | |
| | 6:22.65 (43.21) | 7:03.50 (40.85) | | | |
| 5 Wagner, Cheryl | 58 | TERRAPIN MASTERS | 8:00.00 | 7:32.94 | 4 |
| | 38.90 | 1:22.66 (43.76) | 2:08.06 (45.40) | 2:54.63 (46.57) | |
| | 3:41.45 (46.82) | 4:28.09 (46.64) | 5:15.69 (47.60) | 6:03.55 (47.86) | |
| | 6:49.61 (46.06) | 7:32.94 (43.33) | | | |
| 6 Antonioli, Bernade | 58 | DELMARVA AQUATICM | 8:35.00 | 8:59.44 | 3 |
| | 46.05 | 1:39.25 (53.20) | 2:33.94 (54.69) | 3:30.35 (56.41) | |
| | 4:26.11 (55.76) | 5:21.20 (55.09) | 6:16.39 (55.19) | 7:12.02 (55.63) | |
| | 8:07.73 (55.71) | 8:59.44 (51.71) | | | |

Women 55-59 1000 Yard Freestyle

=====
 ZONE: Z 13:37.51 4/14/1991 Ronnie Kamphausen
 NATL: ! 11:20.53 3/13/2010 LAURA VAL
 =====

| Name | Age | Team | Seed | Finals | Points |
|----------------------|------------------|------------------|------------------|------------------|--------|
| 1 Loftus-Charley, Sh | 59 | VIRGINIA MASTERS | 12:00.23 | 11:49.98Z | 9 |
| | 32.99 | 1:08.26 (35.27) | 1:43.89 (35.63) | 2:19.40 (35.51) | |
| | 2:55.12 (35.72) | 3:30.99 (35.87) | 4:06.69 (35.70) | 4:42.79 (36.10) | |
| | 5:18.59 (35.80) | 5:54.39 (35.80) | 6:30.15 (35.76) | 7:05.91 (35.76) | |
| | 7:41.53 (35.62) | 8:17.02 (35.49) | 8:53.01 (35.99) | 9:28.79 (35.78) | |
| | 10:04.70 (35.91) | 10:40.18 (35.48) | 11:15.65 (35.47) | 11:49.98 (34.33) | |
| 2 Tourtual, Dorothy | 59 | BINGHAMTON UNIV | 14:16.00 | 14:25.33 | 7 |

| | | | | |
|-------------------|-------------------|------------------|------------------|------------------|
| | 38.74 | 1:20.37 (41.63) | 2:03.56 (43.19) | 2:46.89 (43.33) |
| | 3:30.33 (43.44) | 4:14.36 (44.03) | 4:58.56 (44.20) | 5:42.31 (43.75) |
| | 6:26.57 (44.26) | 7:10.66 (44.09) | 7:53.99 (43.33) | 8:37.52 (43.53) |
| | 9:21.47 (43.95) | 10:04.93 (43.46) | 10:48.45 (43.52) | 11:32.13 (43.68) |
| | 12:16.03 (43.90) | 12:59.91 (43.88) | 13:43.41 (43.50) | 14:25.33 (41.92) |
| -- Watts, Sue | 56 COLONIALS 1776 | 13:59.48 | DNF | |
| 62 Did not finish | | | | |
| | 36.90 | 1:16.29 (39.39) | 1:57.35 (41.06) | 2:38.23 (40.88) |
| | 3:19.78 (41.55) | 4:01.46 (41.68) | 4:42.77 (41.31) | 5:25.10 (42.33) |
| | 6:07.72 (42.62) | 6:50.70 (42.98) | 7:17.78 (27.08) | |

Women 55-59 1650 Yard Freestyle

| | | | | |
|-------|-------------------|-----------------------------|--------------------|-------------------|
| ===== | | | | |
| | ZONE: Z 21:55.06 | 4/4/2004 Marcia Barry, VMST | | |
| | NATL: ! 18:56.04 | 4/16/2010 LAURA VAL | | |
| | Name | Age Team | Seed | Finals Points |
| ===== | | | | |
| 1 | Craffey, Joan | 58 ASPHALT GREEN MA | 23:11.00 | 23:01.70 9 |
| | 38.39 | 1:19.58 (41.19) | 2:02.22 (42.64) | 2:44.70 (42.48) |
| | 3:27.27 (42.57) | 4:09.71 (42.44) | 4:52.31 (42.60) | 5:34.98 (42.67) |
| | 6:17.38 (42.40) | 6:59.56 (42.18) | 7:41.54 (41.98) | 8:23.48 (41.94) |
| | 9:05.53 (42.05) | 9:47.63 (42.10) | 10:29.49 (41.86) | 11:11.50 (42.01) |
| | 11:53.24 (41.74) | 12:35.10 (41.86) | 13:17.29 (42.19) | 13:58.99 (41.70) |
| | 14:40.99 (42.00) | 15:23.39 (42.40) | 16:05.60 (42.21) | 16:47.81 (42.21) |
| | 17:29.62 (41.81) | 18:11.74 (42.12) | 18:53.54 (41.80) | 19:35.89 (42.35) |
| | 20:17.92 (42.03) | 20:59.47 (41.55) | 21:41.02 (41.55) | 22:21.94 (40.92) |
| | 23:01.70 (39.76) | | | |
| 2 | Wymelenberg, Lynn | 55 RESTON MASTERS S | 24:30.00 | 23:42.12 7 |
| | 36.92 | 1:17.61 (40.69) | 1:58.68 (41.07) | 2:41.00 (42.32) |
| | 3:22.81 (41.81) | 4:05.15 (42.34) | 4:47.41 (42.26) | 5:30.09 (42.68) |
| | 6:13.47 (43.38) | 6:57.05 (43.58) | 7:41.03 (43.98) | 8:24.68 (43.65) |
| | 9:08.26 (43.58) | 9:52.13 (43.87) | 10:34.99 (42.86) | 11:18.51 (43.52) |
| | 12:02.42 (43.91) | 12:46.28 (43.86) | 13:30.61 (44.33) | 14:15.06 (44.45) |
| | 14:59.11 (44.05) | 15:44.08 (44.97) | 16:28.90 (44.82) | 17:13.32 (44.42) |
| | 17:58.09 (44.77) | 18:41.91 (43.82) | 19:25.63 (43.72) | 20:07.87 (42.24) |
| | 20:50.68 (42.81) | 21:33.15 (42.47) | 22:16.55 (43.40) | 23:00.06 (43.51) |
| | 23:42.12 (42.06) | | | |
| 3 | Brisk, Diane | 55 RESTON MASTERS S | 40:00.00 | 32:26.01 6 |
| | 48.74 | 1:43.34 (54.60) | 2:43.89 (1:00.55) | 3:43.18 (59.29) |
| | 4:43.12 (59.94) | 5:42.28 (59.16) | 6:41.52 (59.24) | 7:43.85 (1:02.33) |
| | 8:44.05 (1:00.20) | 9:43.75 (59.70) | 10:44.96 (1:01.21) | 11:41.89 (56.93) |
| | 12:40.88 (58.99) | 13:40.23 (59.35) | 14:40.52 (1:00.29) | 15:39.00 (58.48) |
| | 16:37.80 (58.80) | 17:37.31 (59.51) | 18:37.17 (59.86) | 19:34.82 (57.65) |
| | 20:34.32 (59.50) | 21:31.88 (57.56) | 22:33.54 (1:01.66) | 23:31.16 (57.62) |
| | 24:30.75 (59.59) | 25:31.52 (1:00.77) | 26:31.11 (59.59) | 27:28.61 (57.50) |
| | 28:28.43 (59.82) | 29:28.76 (1:00.33) | 30:29.73 (1:00.97) | 31:29.14 (59.41) |
| | 32:26.01 (56.87) | | | |

Women 55-59 50 Yard Backstroke

```
=====
ZONE: Z 36.03    4/2/2000 Barbara Frid
NATL: ! 28.88   3/28/2010 LAURA VAL
Name           Age Team           Seed    Finals    Points
=====
1 Craffey, Joan      58 ASPHALT GREEN MA   39.00   36.96     9
2 Loftus-Charley, Sh 59 VIRGINIA MASTERS   38.00   37.20     7
3 Watts, Sue        56 COLONIALS 1776     39.32   38.11     6
4 Figenshu, Susan   56 UNAT               42.42   41.89     5
5 Wymelenberg, Lynn 55 RESTON MASTERS S   55.00   45.42     4
6 Galan, Christine  57 TERRAPIN MASTERS   49.21   49.15     3
7 Antonioli, Bernade 58 DELMARVAAQUATICM  58.00   57.83     2
=====
```

Women 55-59 50 Yard Backstroke

```
=====
ZONE: Z 36.03    4/2/2000 Barbara Frid
NATL: ! 28.88   3/28/2010 LAURA VAL
Name           Age Team           Seed    Finals
=====
3 Craffey, Joan      58 ASPHALT GREEN MA   NT      37.96
=====
```

Women 55-59 100 Yard Backstroke

```
=====
ZONE: Z 1:14.98  4/15/2007 Denise Kirwan
NATL: ! 1:04.65  5/23/2010 LAURA VAL
Name           Age Team           Seed    Finals
=====
2 Craffey, Joan      58 ASPHALT GREEN MA   NT      1:20.51
=====
```

Women 55-59 100 Yard Backstroke

```
=====
ZONE: Z 1:14.98  4/15/2007 Denise Kirwan, DCM
NATL: ! 1:04.65  5/23/2010 LAURA VAL
Name           Age Team           Seed    Finals    Points
=====
1 Craffey, Joan      58 ASPHALT GREEN MA   1:30.00  1:16.99     9
   37.96           1:16.99 (39.03)
2 Scheffter, Barbara 58 HEALTH UNLIMITED  1:36.37  1:36.72     7
   47.46           1:36.72 (49.26)
=====
```

Women 55-59 200 Yard Backstroke

```
=====
ZONE: Z 2:38.49  4/15/2007 Denise Kirwan, DCM
NATL: ! 2:21.27  2/6/2010 LAURA VAL
Name           Age Team           Seed    Finals    Points
=====
```

| | | | | | | |
|---|-------------------|-------|------------------|-----------------|-----------------|---|
| 1 | Craffey, Joan | 58 | ASPHALT GREEN MA | 3:15.00 | 2:41.82 | 9 |
| | | 39.31 | 1:20.51 (41.20) | 2:02.12 (41.61) | 2:41.82 (39.70) | |
| 2 | Tourtual, Dorothy | 59 | BINGHAMTON UNIV | 3:03.00 | 3:05.22 | 7 |
| | | 43.46 | 1:30.15 (46.69) | 2:18.34 (48.19) | 3:05.22 (46.88) | |

Women 55-59 50 Yard Breaststroke

| ZONE: Z 36.05 5/8/1990 Jane Bruner | | | | | | |
|---|--------------------|------|------------------|---------|--------|---|
| NATL: ! 34.45 5/21/2010 LO D KNAPP | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Bright, Janet | 55 | COLONIALS 1776 | 37.50 | 36.16 | 9 |
| 2 | Loftus-Charley, Sh | 59 | VIRGINIA MASTERS | 40.00 | 39.74 | 7 |
| 3 | White, Maureen | 56 | DELMARVAAQUATICM | 43.00 | 41.72 | 6 |
| 4 | Merena, Elizabeth | 58 | UNAT | 43.00 | 43.60 | 5 |
| 5 | Wymelenberg, Lynn | 55 | RESTON MASTERS S | 55.00 | 51.01 | 4 |
| -- | Figenshu, Susan | 56 | UNAT | 1:00.00 | DQ | |
| 11 Hands brought beyond the hipline during stroke | | | | | | |

Women 55-59 100 Yard Breaststroke

| ZONE: Z 1:19.22 4/12/1992 Jane Bruner | | | | | | |
|---------------------------------------|--------------------|-------|------------------|---------|---------|---|
| NATL: ! 1:14.67 5/22/2010 LO D KNAPP | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Loftus-Charley, Sh | 59 | VIRGINIA MASTERS | 1:25.00 | 1:24.80 | 9 |
| | | 40.39 | 1:24.80 (44.41) | | | |
| 2 | White, Maureen | 56 | DELMARVAAQUATICM | 1:33.00 | 1:32.66 | 7 |
| | | 43.31 | 1:32.66 (49.35) | | | |
| 3 | Merena, Elizabeth | 58 | UNAT | 1:36.50 | 1:36.95 | 6 |
| | | 46.55 | 1:36.95 (50.40) | | | |

Women 55-59 200 Yard Breaststroke

| ZONE: Z 2:55.48 4/20/1997 Joann Leilich | | | | | | |
|--|--------------------|-------|------------------|-----------------|-----------------|---|
| NATL: ! 2:40.19 5/10/2009 CATHERINE KOHN | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Bright, Janet | 55 | COLONIALS 1776 | 3:03.10 | 2:53.73Z | 9 |
| | | 39.74 | 1:23.32 (43.58) | 2:08.47 (45.15) | 2:53.73 (45.26) | |
| 2 | Loftus-Charley, Sh | 59 | VIRGINIA MASTERS | 3:06.00 | 2:58.21 | 7 |
| | | 41.34 | 1:26.44 (45.10) | 2:12.28 (45.84) | 2:58.21 (45.93) | |
| 3 | White, Maureen | 56 | DELMARVAAQUATICM | 3:28.00 | 3:22.79 | 6 |
| | | 45.86 | 1:37.59 (51.73) | 2:30.31 (52.72) | 3:22.79 (52.48) | |
| 4 | Merena, Elizabeth | 58 | UNAT | 3:45.50 | 3:30.13 | 5 |
| | | 47.91 | 1:40.60 (52.69) | 2:36.80 (56.20) | 3:30.13 (53.33) | |

Women 55-59 50 Yard Butterfly

```

=====
ZONE: Z 32.11    5/8/1990 Jane Bruner
NATL: ! 28.20   4/10/2010 LAURA VAL
Name           Age Team           Seed    Finals    Points
=====
1 Loftus-Charley, Sh  59 VIRGINIA MASTERS  33.00    33.26     9
2 Wymelenberg, Lynn  55 RESTON MASTERS S  38.00    36.65     7
3 Figenshu, Susan    56 UNAT             40.88    39.12     6
4 Braaten, Kitten    55 VIRGINIA MASTERS  40.30    39.41     5
5 Antonioli, Bernade 58 DELMARVAAQUATICM 49.30    51.14     4
6 Scheffter, Barbara 58 HEALTH UNLIMITED 52.48    51.88     3
=====

```

Women 55-59 100 Yard Butterfly

```

=====
ZONE: Z 1:12.69  4/24/2010 Shirley Loftus-Charley, Virginia Masters
NATL: ! 1:01.31  5/10/2009 LAURA VAL
Name           Age Team           Seed    Finals    Points
=====
1 Loftus-Charley, Sh  59 VIRGINIA MASTERS  1:14.00  1:13.06     9
   34.29    1:13.06 (38.77)
2 Braaten, Kitten    55 VIRGINIA MASTERS  1:30.53  1:28.96     7
   40.55    1:28.96 (48.41)
=====

```

Women 55-59 200 Yard Butterfly

```

=====
ZONE: Z 3:06.21  4/12/1992 Judie Oliver
NATL: ! 2:16.28  5/10/2009 LAURA VAL
Name           Age Team           Seed    Finals    Points
=====
1 Braaten, Kitten    55 VIRGINIA MASTERS  3:14.07  3:11.56     9
   42.04    1:30.37 (48.33)  2:20.95 (50.58)  3:11.56 (50.61)
2 Tourtual, Dorothy 59 BINGHAMTON UNIV  3:45.00  3:31.84     7
   47.59    1:42.45 (54.86)  2:37.22 (54.77)  3:31.84 (54.62)
=====

```

Women 55-59 100 Yard IM

```

=====
ZONE: Z 1:12.85  4/12/1992 Jane Bruner
NATL: ! 1:05.21  5/20/2007 LAURA VAL
Name           Age Team           Seed    Finals    Points
=====
1 Loftus-Charley, Sh  59 VIRGINIA MASTERS  1:14.00  1:14.21     9
   36.47    1:14.21 (37.74)
2 Craffey, Joan      58 ASPHALT GREEN MA  1:26.00  1:22.27     7
   37.78    1:22.27 (44.49)
3 White, Maureen     56 DELMARVAAQUATICM 1:29.50  1:27.47     6
=====

```

| | | | | | | |
|---------------------|-------|------------------|-----------------|---------|---------|---|
| | 42.22 | | 1:27.47 (45.25) | | | |
| 4 Wymelenberg, Lynn | 55 | RESTON MASTERS S | | 1:30.00 | 1:28.18 | 5 |
| | 41.81 | | 1:28.18 (46.37) | | | |
| 5 Merena, Elizabeth | 58 | UNAT | | 1:31.00 | 1:29.73 | 4 |
| | 46.33 | | 1:29.73 (43.40) | | | |
| 6 Figenshu, Susan | 56 | UNAT | | 1:45.00 | 1:38.31 | 3 |
| | 40.95 | | 1:38.31 (57.36) | | | |

Women 55-59 200 Yard IM

=====

ZONE: Z 2:35.70 4/24/2010 Shirley Loftus-Charley, Virginia Masters
 NATL: ! 2:21.91 5/22/2010 LAURA VAL

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-----------------|-------------------|-----------------|
| 1 Loftus-Charley, Sh | 59 | VIRGINIA MASTERS | 3:37.00 | 2:36.39 | 9 |
| | 34.06 | | 1:15.94 (41.88) | 2:01.87 (45.93) | 2:36.39 (34.52) |
| 2 Wagner, Cheryl | 58 | TERRAPIN MASTERS | 3:30.00 | 3:26.60 | 7 |
| | 47.31 | | 1:40.90 (53.59) | 2:44.46 (1:03.56) | 3:26.60 (42.14) |

Women 60-64 50 Yard Freestyle

=====

ZONE: Z 29.02 5/5/1996 Jane Bruner
 NATL: ! 27.36 5/23/2010 CHARLOTTE DAVIS

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-----|------------------|---------|--------|--------|
| 1 Bennett, Ruth | 64 | CURL BURKE MASTE | 34.50 | 33.67 | 9 |
| 2 Schade, Mary | 64 | CURL BURKE MASTE | 43.42 | 42.57 | 7 |
| 3 Neaves, Marie | 63 | DELMARVAAQUATICM | 1:10.00 | 47.69 | 6 |

Women 60-64 100 Yard Freestyle

=====

ZONE: Z 1:04.78 4/20/1997 Jane Bruner
 NATL: ! 59.41 5/22/2010 CHARLOTTE DAVIS

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-------|------------------|-----------------|---------|--------|
| 1 Bennett, Ruth | 64 | CURL BURKE MASTE | 1:18.00 | 1:14.45 | 9 |
| | 35.42 | | 1:14.45 (39.03) | | |
| 2 Schade, Mary | 64 | CURL BURKE MASTE | 1:39.81 | 1:40.38 | 7 |
| | 47.19 | | 1:40.38 (53.19) | | |

Women 60-64 200 Yard Freestyle

=====

ZONE: Z 2:27.74 4/25/2010 Ann Lyttle, Georgia Masters
 NATL: ! 2:15.60 5/10/2009 F.WILLIAMSON

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-----|------------------|---------|---------|--------|
| 1 Bennett, Ruth | 64 | CURL BURKE MASTE | 2:50.00 | 2:49.56 | 9 |

| | | | | |
|----------------|-------|------------------|-------------------|-------------------|
| | 37.95 | 1:21.25 (43.30) | 2:05.69 (44.44) | 2:49.56 (43.87) |
| 2 Schade, Mary | 64 | CURL BURKE MASTE | 3:46.42 | 3:48.49 |
| | 46.75 | 1:43.34 (56.59) | 2:45.02 (1:01.68) | 3:48.49 (1:03.47) |

Women 60-64 500 Yard Freestyle

```

=====
ZONE: Z 6:48.53 4/25/2009 Ann Lyttle, DCM
NATL: ! 5:59.36 5/23/2010 CELESTE MILLER
Name Age Team Seed Finals Points
=====
1 Bennett, Ruth 64 CURL BURKE MASTE 7:45.00 7:29.39 9
    39.20 1:23.08 (43.88) 2:08.42 (45.34) 2:54.47 (46.05)
    3:40.33 (45.86) 4:26.76 (46.43) 5:13.38 (46.62) 5:59.52 (46.14)
    6:46.00 (46.48) 7:29.39 (43.39)
2 Schade, Mary 64 CURL BURKE MASTE 9:56.33 10:01.10 7
    47.52 1:42.46 (54.94) 2:43.21 (1:00.75) 3:45.64 (1:02.43)
    4:47.98 (1:02.34) 5:50.77 (1:02.79) 6:53.49 (1:02.72) 7:57.19 (1:03.70)
    9:00.34 (1:03.15) 10:01.10 (1:00.76)

```

Women 60-64 1000 Yard Freestyle

```

=====
ZONE: Z 14:00.90 4/23/2010 Ann Lyttle, Georgia Masters
NATL: ! 12:17.18 5/20/2010 CELESTE MILLER
Name Age Team Seed Finals Points
=====
1 Panayotoff, Kristi 62 MAINE MASTERS SW 18:00.00 18:31.53 9
    47.82 1:43.21 (55.39) 2:39.99 (56.78) 3:36.58 (56.59)
    4:33.49 (56.91) 5:29.87 (56.38) 6:26.64 (56.77) 7:22.23 (55.59)
    8:19.58 (57.35) 9:15.63 (56.05) 10:11.51 (55.88) 11:07.75 (56.24)
    12:03.93 (56.18) 12:59.92 (55.99) 13:55.76 (55.84) 14:51.19 (55.43)
    15:47.30 (56.11) 16:43.11 (55.81) 17:37.97 (54.86) 18:31.53 (53.56)

```

Women 60-64 1650 Yard Freestyle

```

=====
ZONE: Z 23:17.79 5/1/1994 Ronnie Kamphausen
NATL: ! 20:24.14 4/16/2010 CELESTE MILLER
Name Age Team Seed Finals Points
=====
1 Johnston, Jennifer 63 CURL BURKE MASTE 49:00.00 43:34.81 9
    1:11.27 2:27.59 (1:16.32) 3:46.80 (1:19.21) 5:06.89 (1:20.09)
    6:27.97 (1:21.08) 7:50.02 (1:22.05) 9:11.91 (1:21.89) 10:30.49 (1:18.58)
    11:49.64 (1:19.15) 13:09.19 (1:19.55) 14:28.93 (1:19.74) 15:47.72 (1:18.79)
    17:07.18 (1:19.46) 18:25.25 (1:18.07) 19:46.23 (1:20.98) 21:05.39 (1:19.16)
    22:24.55 (1:19.16) 23:44.92 (1:20.37) 25:04.81 (1:19.89) 26:25.01 (1:20.20)
    27:45.75 (1:20.74) 29:04.80 (1:19.05) 30:24.47 (1:19.67) 31:43.45 (1:18.98)
    33:04.18 (1:20.73) 34:23.34 (1:19.16) 35:42.38 (1:19.04) 37:00.61 (1:18.23)
    38:19.42 (1:18.81) 39:39.14 (1:19.72) 40:57.75 (1:18.61) 42:17.04 (1:19.29)

```

43:34.81 (1:17.77)

Women 60-64 50 Yard Backstroke

=====

ZONE: Z 36.61 5/5/1996 Jane Bruner
NATL: ! 32.94 5/22/2010 DIANN UUSTAL

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-----|------------------|-------|--------|--------|
| 1 Page, Kathryn | 62 | VIRGINIA MASTERS | 43.00 | 43.05 | 9 |
| 2 Schade, Mary | 64 | CURL BURKE MASTE | 55.82 | 51.33 | 7 |

=====

Women 60-64 100 Yard Backstroke

=====

ZONE: Z 1:20.41 3/22/1987 Clara Walker
NATL: ! 1:11.74 5/23/2010 DIANN UUSTAL

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Page, Kathryn | 62 | VIRGINIA MASTERS | 1:35.00 | 1:36.29 | 9 |
| | 46.54 | 1:36.29 (49.75) | | | |
| 2 Panayotoff, Kristi | 62 | MAINE MASTERS SW | 1:46.44 | 1:43.54 | 7 |
| | 51.08 | 1:43.54 (52.46) | | | |
| 3 Neaves, Marie | 63 | DELMARVAAQUATICM | 2:30.00 | 1:49.62 | 6 |
| | 51.26 | 1:49.62 (58.36) | | | |

=====

Women 60-64 200 Yard Backstroke

=====

ZONE: Z 2:54.83 5/8/1990 Clara Walker
NATL: ! 2:42.86 4/20/1997 BETSY JORDAN

| Name | Age | Team | Seed | Finals | Points |
|----------------------|---------|-------------------|-------------------|-------------------|--------|
| 1 Page, Kathryn | 62 | VIRGINIA MASTERS | 3:25.00 | 3:23.60 | 9 |
| | 48.00 | 1:39.73 (51.73) | 2:32.36 (52.63) | 3:23.60 (51.24) | |
| 2 Johnston, Jennifer | 63 | CURL BURKE MASTE | 7:04.26 | 7:03.09 | 7 |
| | 1:35.56 | 3:27.93 (1:52.37) | 5:16.42 (1:48.49) | 7:03.09 (1:46.67) | |

=====

Women 60-64 50 Yard Breaststroke

=====

ZONE: Z 37.30 5/5/1996 Jane Bruner
NATL: ! 36.30 5/14/2006 GINGER PIERSON

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|---------|--------|--------|
| 1 Pettijohn, Margot | 64 | MONTGOMERY ANCIE | 1:41.20 | 40.27 | 9 |
| 2 Neaves, Marie | 63 | DELMARVAAQUATICM | 46.15 | 46.09 | 7 |

=====

Women 60-64 100 Yard Breaststroke

=====

ZONE: Z 1:22.04 5/2/1999 Joann Leilich

=====

NATL: ! 1:19.98 5/4/2008 GINGER PIERSON

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Pettijohn, Margot | 64 | MONTGOMERY ANCIE | 1:27.40 | 1:28.53 | 9 |
| | 42.30 | 1:28.53 (46.23) | | | |
| 2 Neaves, Marie | 63 | DELMARVAAQUATICM | 1:44.47 | 1:44.36 | 7 |
| | 49.90 | 1:44.36 (54.46) | | | |
| 3 Panayotoff, Kristi | 62 | MAINE MASTERS SW | 1:51.78 | 1:50.76 | 6 |
| | 53.98 | 1:50.76 (56.78) | | | |

Women 60-64 200 Yard Breaststroke

ZONE: Z 2:56.39 5/2/1999 Joann Leilich

NATL: ! 2:56.39 5/2/1999 JOANN LEILICH

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-------------------|-------------------|--------|
| 1 Pettijohn, Margot | 64 | MONTGOMERY ANCIE | 3:11.33 | 3:10.31 | 9 |
| | 44.09 | 1:31.74 (47.65) | 2:21.99 (50.25) | 3:10.31 (48.32) | |
| 2 Neaves, Marie | 63 | DELMARVAAQUATICM | 3:50.21 | 3:48.84 | 7 |
| | 50.02 | 1:47.57 (57.55) | 2:49.42 (1:01.85) | 3:48.84 (59.42) | |
| 3 Panayotoff, Kristi | 62 | MAINE MASTERS SW | 3:57.00 | 3:58.91 | 6 |
| | 54.94 | 1:54.17 (59.23) | 2:57.79 (1:03.62) | 3:58.91 (1:01.12) | |

Women 60-64 50 Yard Butterfly

ZONE: Z 34.14 5/5/1996 Jane Bruner

NATL: ! 29.86 5/22/2010 CHARLOTTE DAVIS

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 Panayotoff, Kristi | 62 | MAINE MASTERS SW | 48.90 | 49.69 | 9 |

Women 60-64 100 Yard Butterfly

ZONE: Z 1:26.11 4/20/1997 Nancy Brown

NATL: ! 1:09.91 5/10/2009 BARBARA DUNBAR

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|---------|---------|--------|
| 1 Pettijohn, Margot | 64 | MONTGOMERY ANCIE | 1:24.34 | 1:27.26 | 9 |
| | 42.47 | 1:27.26 (44.79) | | | |

Women 60-64 200 Yard Butterfly

ZONE: Z 3:09.76 4/20/1997 Nancy Brown

NATL: ! 2:37.22 5/10/2009 BARBARA DUNBAR

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|---------|---------|--------|
| 1 Pettijohn, Margot | 64 | MONTGOMERY ANCIE | 3:12.47 | 3:12.25 | 9 |

| | | | | | |
|----------------------|-------|------------------|-------------------|-------------------|---|
| | 42.18 | 1:32.35 (50.17) | 3:12.25 (1:39.90) | | |
| 2 Panayotoff, Kristi | 62 | MAINE MASTERS SW | 3:55.00 | 3:52.79 | 7 |
| | 51.67 | 1:50.62 (58.95) | 2:51.55 (1:00.93) | 3:52.79 (1:01.24) | |

Women 60-64 100 Yard IM

```

=====
ZONE: Z 1:16.66 4/20/1997 Jane Bruner
NATL: ! 1:08.64 5/23/2010 CHARLOTTE DAVIS
Name Age Team Seed Finals Points
=====
1 Page, Kathryn 62 VIRGINIA MASTERS 1:35.00 1:36.27 9
44.66 1:36.27 (51.61)
2 Panayotoff, Kristi 62 MAINE MASTERS SW 1:45.00 1:44.93 7
51.68 1:44.93 (53.25)

```

Women 60-64 200 Yard IM

```

=====
ZONE: Z 2:50.10 4/20/1997 Jane Bruner
NATL: ! 2:31.84 5/22/2010 CHARLOTTE DAVIS
Name Age Team Seed Finals Points
=====
1 Pettijohn, Margot 64 MONTGOMERY ANCIE 3:01.50 2:58.99 9
38.53 1:27.18 (48.65) 2:16.48 (49.30) 2:58.99 (42.51)
2 Page, Kathryn 62 VIRGINIA MASTERS 3:27.00 3:30.19 7
50.03 1:42.91 (52.88) 2:44.06 (1:01.15) 3:30.19 (46.13)
3 Panayotoff, Kristi 62 MAINE MASTERS SW 3:48.41 3:42.86 6
50.22 1:46.81 (56.59) 2:49.14 (1:02.33) 3:42.86 (53.72)

```

Women 60-64 400 Yard IM

```

=====
ZONE: Z 6:14.21 4/20/1997 Nancy Brown
NATL: ! 5:27.07 5/21/2010 CHARLOTTE DAVIS
Name Age Team Seed Finals Points
=====
1 Panayotoff, Kristi 62 MAINE MASTERS SW 7:39.37 7:41.13 9
52.02 1:50.18 (58.16) 2:46.38 (56.20) 3:46.28 (59.90)
4:48.39 (1:02.11) 5:50.84 (1:02.45) 6:46.24 (55.40) 7:41.13 (54.89)

```

Women 65-69 50 Yard Freestyle

```

=====
ZONE: Z 31.08 4/26/2009 Beth Schreiner, VMST
NATL: ! 30.42 5/20/2007 BETH SCHREINER
Name Age Team Seed Finals Points
=====
1 Charles, Barbara 66 RED TIDE 39.41 39.83 9
2 Manheim, Lucy 68 RESTON MASTERS S 43.00 43.95 7

```

Women 65-69 100 Yard Freestyle

```

=====
ZONE: Z 1:09.79    5/9/1993 Clara Walker
NATL: ! 1:07.80   5/28/2007 ARDETH MUELLER
Name           Age Team           Seed      Finals      Points
=====
1 Dameron, Pam      65 QUEST MASTERS SW    1:16.90    1:18.17      9
    37.88          1:18.17 (40.29)
2 Durrant, Betsy    69 VIRGINIA MASTERS    1:18.00    1:20.63      7
    38.58          1:20.63 (42.05)
3 Manheim, Lucy     68 RESTON MASTERS S    1:45.00    1:42.33      6
    48.09          1:42.33 (54.24)
4 Ecton, Catharine  66 SEA DEVIL SWIMMI    1:58.00    1:53.40      5
    51.79          1:53.40 (1:01.61)
=====

```

Women 65-69 200 Yard Freestyle

```

=====
ZONE: Z 2:35.59    5/9/1993 Clara Walker
NATL: ! 2:24.66   5/21/2010 SUZANNE DILLS
Name           Age Team           Seed      Finals      Points
=====
1 Dameron, Pam      65 QUEST MASTERS SW    2:49.90    2:56.71      9
    40.79          1:26.28 (45.49)    2:13.18 (46.90)    2:56.71 (43.53)
2 Durrant, Betsy    69 VIRGINIA MASTERS    2:50.00    3:00.36      7
    40.90          1:25.30 (44.40)    2:11.42 (46.12)    3:00.36 (48.94)
3 Charles, Barbara  66 RED TIDE            3:30.50    3:28.08      6
    44.07          1:36.50 (52.43)    2:31.64 (55.14)    3:28.08 (56.44)
=====

```

Women 65-69 500 Yard Freestyle

```

=====
ZONE: Z 6:57.63    5/9/1993 Clara Walker
NATL: ! 6:29.22   4/1/2007 ARDETH MUELLER
Name           Age Team           Seed      Finals      Points
=====
1 Ecton, Catharine  66 SEA DEVIL SWIMMI    12:30.00   11:54.22      9
    57.32          3:14.03 ( )        4:27.06 (1:13.03)
    5:42.11 (1:15.05)  6:56.05 (1:13.94)  8:10.58 (1:14.53)  9:25.87 (1:15.29)
    10:42.21 (1:16.34) 11:54.22 (1:12.01)
=====

```

Women 65-69 1000 Yard Freestyle

```

=====
ZONE: Z 14:04.18   5/9/1993 Clara Walker
NATL: ! 13:25.54   5/10/2009 JACKIE MARR
Name           Age Team           Seed      Finals      Points
=====
1 Durrant, Betsy    69 VIRGINIA MASTERS    15:45.00   16:41.21      9
    42.04          1:28.02 (45.98)    2:16.26 (48.24)    3:06.68 (50.42)
=====

```

| | | | | |
|-----------------|---------------------|--------------------|--------------------|--------------------|
| | 3:57.56 (50.88) | 4:48.56 (51.00) | 5:39.40 (50.84) | 6:30.88 (51.48) |
| | 7:21.85 (50.97) | 8:12.40 (50.55) | 9:02.94 (50.54) | 9:54.48 (51.54) |
| | 10:45.56 (51.08) | 11:36.77 (51.21) | 12:28.01 (51.24) | 13:19.34 (51.33) |
| | 14:09.61 (50.27) | 15:00.20 (50.59) | 15:51.11 (50.91) | 16:41.21 (50.10) |
| 2 Schanzer, Roz | 68 PATRIOT MASTERS | 17:00.00 | 17:04.03 | 7 |
| | 46.96 | 1:36.60 (49.64) | 2:28.01 (51.41) | 3:19.62 (51.61) |
| | 4:11.66 (52.04) | 5:03.02 (51.36) | 5:54.88 (51.86) | 6:46.70 (51.82) |
| | 7:37.84 (51.14) | 8:29.26 (51.42) | 9:20.08 (50.82) | 10:12.49 (52.41) |
| | 11:03.93 (51.44) | 11:55.40 (51.47) | 12:47.69 (52.29) | 13:39.60 (51.91) |
| | 14:31.30 (51.70) | 15:22.72 (51.42) | 16:14.86 (52.14) | 17:04.03 (49.17) |
| 3 Manheim, Lucy | 68 RESTON MASTERS S | 20:00.00 | 20:34.03 | 6 |
| | 53.27 | 1:53.53 (1:00.26) | 2:56.63 (1:03.10) | 3:56.82 (1:00.19) |
| | 4:59.88 (1:03.06) | 6:02.11 (1:02.23) | 7:04.41 (1:02.30) | 8:06.48 (1:02.07) |
| | 9:11.36 (1:04.88) | 10:14.87 (1:03.51) | 11:18.65 (1:03.78) | 12:22.98 (1:04.33) |
| | 13:26.34 (1:03.36) | 14:28.77 (1:02.43) | 15:29.60 (1:00.83) | 16:29.45 (59.85) |
| | 17:30.76 (1:01.31) | 18:31.95 (1:01.19) | 19:33.70 (1:01.75) | 20:34.03 (1:00.33) |

Women 65-69 50 Yard Backstroke

| ===== | | | | | |
|--------------------|---------------|------------------|--------------|--------|--------|
| | ZONE: Z 39.45 | 4/13/2003 | Nancy Brown | | |
| | NATL: ! 36.03 | 4/5/1992 | CLARA WALKER | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Durrant, Betsy | 69 | VIRGINIA MASTERS | 43.00 | 45.20 | 9 |
| 2 Martin, Judy | 68 | VIRGINIA MASTERS | 47.00 | 47.53 | 7 |
| 3 Manheim, Lucy | 68 | RESTON MASTERS S | 50.00 | 52.64 | 6 |
| 4 Charles, Barbara | 66 | RED TIDE | 58.76 | 54.58 | 5 |

Women 65-69 100 Yard Backstroke

| ===== | | | | | |
|-----------------|-----------------|-------------------|-------------|---------|--------|
| | ZONE: Z 1:24.62 | 4/13/2003 | Nancy Brown | | |
| | NATL: ! 1:17.94 | 5/10/2009 | JACKIE MARR | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Martin, Judy | 68 | VIRGINIA MASTERS | 1:46.09 | 1:42.82 | 9 |
| | 50.03 | 1:42.82 (52.79) | | | |
| 2 Manheim, Lucy | 68 | RESTON MASTERS S | 1:50.00 | 2:02.88 | 7 |
| | 1:00.58 | 2:02.88 (1:02.30) | | | |

Women 65-69 200 Yard Backstroke

| ===== | | | | | |
|-----------------|-----------------|-------------------|---------------|---------|--------|
| | ZONE: Z 3:14.12 | 4/13/2003 | Nancy Brown | | |
| | NATL: ! 2:50.17 | 5/21/2010 | SUZANNE DILLS | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Manheim, Lucy | 68 | RESTON MASTERS S | 4:00.00 | 4:24.94 | 9 |
| | 1:01.89 | 4:24.94 (3:23.05) | | | |

Women 65-69 50 Yard Breaststroke

=====

ZONE: Z 38.59 4/4/2004 Joann Leilich, VMST

NATL: ! 37.74 4/25/2004 JOANN LEILICH

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-----|------------------|---------|---------|--------|
| 1 Dameron, Pam | 65 | QUEST MASTERS SW | 43.50 | 45.09 | 9 |
| 2 Durrant, Betsy | 69 | VIRGINIA MASTERS | 44.50 | 45.63 | 7 |
| 3 Martin, Judy | 68 | VIRGINIA MASTERS | 52.00 | 51.85 | 6 |
| 4 Charles, Barbara | 66 | RED TIDE | 58.89 | 1:00.15 | 5 |
| 5 Manheim, Lucy | 68 | RESTON MASTERS S | 1:02.00 | 1:03.51 | 4 |

Women 65-69 100 Yard Breaststroke

=====

ZONE: Z 1:24.51 4/4/2004 Joann Leilich, VMST

NATL: ! 1:23.95 4/25/2004 JOANN LEILICH

| Name | Age | Team | Seed | Finals | Points |
|-----------------|---------|-------------------|---------|---------|--------|
| 1 Dameron, Pam | 65 | QUEST MASTERS SW | 1:35.90 | 1:38.48 | 9 |
| | 46.31 | 1:38.48 (52.17) | | | |
| 2 Manheim, Lucy | 68 | RESTON MASTERS S | 2:10.00 | 2:25.09 | 7 |
| | 1:05.10 | 2:25.09 (1:19.99) | | | |

Women 65-69 200 Yard Breaststroke

=====

ZONE: Z 3:01.50 4/4/2004 Joann Leilich, VMST

NATL: ! 3:01.50 4/4/2004 JOANN LEILICH

| Name | Age | Team | Seed | Finals | Points |
|----------------|-------|------------------|-----------------|-----------------|--------|
| 1 Dameron, Pam | 65 | QUEST MASTERS SW | 3:30.50 | 3:32.88 | 9 |
| | 47.59 | 1:42.18 (54.59) | 2:38.19 (56.01) | 3:32.88 (54.69) | |

Women 65-69 50 Yard Butterfly

=====

ZONE: Z 39.22 4/15/2007 Beth Schreiner, VMST

NATL: ! 33.02 4/1/2007 ARDETH MUELLER

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-----|----------|-------|--------|--------|
| 1 Charles, Barbara | 66 | RED TIDE | 51.71 | 51.41 | 9 |

Women 65-69 100 Yard Butterfly

=====

ZONE: Z 1:28.51 5/2/1999 Ronnie Kemphausen

NATL: ! 1:16.73 4/1/2007 ARDETH MUELLER

| Name | Age | Team | Seed | Finals | Points |
|------|-----|------|------|--------|--------|
|------|-----|------|------|--------|--------|

=====

1 Charles, Barbara 66 RED TIDE 2:00.56 1:58.47 9
 54.65 1:58.47 (1:03.82)

Women 65-69 200 Yard Butterfly

=====

ZONE: Z 3:37.99 4/24/2005 Lucille Griffin, VMST
 NATL: ! 3:09.16 5/10/2009 DANIELA BARNEA

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|-------------------|-------------------|-------------------|--------|
| 1 Charles, Barbara | 66 | RED TIDE | 4:33.12 | 4:56.91 | 9 |
| | 55.44 | 2:05.07 (1:09.63) | 3:32.00 (1:26.93) | 4:56.91 (1:24.91) | |

Women 65-69 100 Yard IM

=====

ZONE: Z 1:25.30 4/24/2005 Joann Leilich, VMST
 NATL: ! 1:18.86 5/10/2009 JACKIE MARR

| Name | Age | Team | Seed | Finals | Points |
|-----------------|---------|-------------------|---------|---------|--------|
| 1 Dameron, Pam | 65 | QUEST MASTERS SW | 1:31.60 | 1:33.74 | 9 |
| | 45.81 | 1:33.74 (47.93) | | | |
| 2 Manheim, Lucy | 68 | RESTON MASTERS S | 2:00.00 | 2:11.21 | 7 |
| | 1:07.02 | 2:11.21 (1:04.19) | | | |

Women 65-69 200 Yard IM

=====

ZONE: Z 3:05.48 4/4/2004 Joann Leilich, VMST
 NATL: ! 2:52.51 5/22/2010 SUZANNE DILLS

| Name | Age | Team | Seed | Finals | Points |
|------------------|---------|------------------------------|-------------------|--------|--------|
| -- Manheim, Lucy | 68 | RESTON MASTERS S | 4:00.00 | DQ | |
| | 42 | Strokes out of sequence - IM | | | |
| | 1:16.97 | 2:30.56 (1:13.59) | 3:47.64 (1:17.08) | | |

Women 70-74 50 Yard Freestyle

=====

ZONE: Z 33.33 4/26/2009 Barbara Zaremski, VMST
 NATL: ! 31.05 4/30/2000 GAIL ROPER

| Name | Age | Team | Seed | Finals | Points |
|-------------------|-----|------------------|-------|--------|--------|
| 1 Schreiner, Beth | 70 | VIRGINIA MASTERS | 32.25 | 32.12Z | 9 |
| 2 Walker, Laura | 73 | VIRGINIA MASTERS | 40.49 | 38.55 | 7 |

Women 70-74 100 Yard Freestyle

=====

ZONE: Z 1:13.89 4/23/2006 Nancy Brown, MARY
 NATL: ! 1:09.79 4/30/2000 GAIL ROPER

| Name | Age | Team | Seed | Finals | Points |
|------|-----|------|------|--------|--------|
|------|-----|------|------|--------|--------|

```

=====
1 Schreiner, Beth    70 VIRGINIA MASTERS    1:13.39    1:16.00        9
    36.70          1:16.00 (39.30)
2 Walker, Laura     73 VIRGINIA MASTERS    1:30.70    1:29.24        7
    42.21          1:29.24 (47.03)
=====

```

Women 70-74 200 Yard Freestyle

```

=====
ZONE: Z 3:05.93    5/5/1996 Petey Smith
NATL: ! 2:35.85   4/30/2000 GAIL ROPER
Name           Age Team           Seed      Finals      Points
=====
1 Schreiner, Beth    70 VIRGINIA MASTERS    2:44.03    2:47.81Z        9
    37.85          1:21.28 (43.43)    2:05.98 (44.70)    2:47.81 (41.83)
=====

```

Women 70-74 500 Yard Freestyle

```

=====
ZONE: Z 7:39.88    4/20/1997 June Krauser
NATL: ! 6:46.78   4/25/2004 LAVELLE STOINOFF
Name           Age Team           Seed      Finals      Points
=====
1 Schreiner, Beth    70 VIRGINIA MASTERS    7:37.86    7:34.77Z        9
    40.12          1:24.41 (44.29)    2:10.09 (45.68)    2:55.85 (45.76)
    3:42.58 (46.73)    4:28.80 (46.22)    5:15.36 (46.56)    6:02.84 (47.48)
    6:49.76 (46.92)    7:34.77 (45.01)
=====

```

Women 70-74 50 Yard Backstroke

```

=====
ZONE: Z 39.48     4/23/2006 Nancy Brown, MARY
NATL: ! 36.91    5/20/2007 BETSY JORDAN
Name           Age Team           Seed      Finals      Points
=====
1 Walker, Laura     73 VIRGINIA MASTERS    52.26     47.20        9
-- Decarli, Carmen  71 PATRIOT MASTERS    48.12     DQ
    34 Multiple strokes past vertical at turn
=====

```

Women 70-74 100 Yard Backstroke

```

=====
ZONE: Z 1:23.67   4/23/2006 Nancy Brown, MARY
NATL: ! 1:22.08   5/20/2007 BETSY JORDAN
Name           Age Team           Seed      Finals      Points
=====
1 Walker, Laura     73 VIRGINIA MASTERS    1:48.04    1:41.82        9
    50.51          1:41.82 (51.31)
=====

```

Women 70-74 100 Yard IM

```

=====

```

ZONE: Z 1:26.07 4/23/2006 Nancy Brown, MARY
NATL: ! 1:21.97 4/30/2000 GAIL ROPER

| Name | Age Team | Seed | Finals | Points |
|-----------------|-----------------------|---------|---------|--------|
| 1 Walker, Laura | 73 VIRGINIA MASTERS | 1:58.49 | 1:48.47 | 9 |
| | 51.76 1:48.47 (56.71) | | | |

Women 75-79 50 Yard Freestyle

ZONE: Z 36.70 3/29/1998 Dorothy Donnelly
NATL: ! 33.87 4/3/2005 GAIL ROPER

| Name | Age Team | Seed | Finals | Points |
|--------------------|---------------------|-------|--------|--------|
| 1 Hajost, Rosemary | 78 RESTON MASTERS S | 52.00 | 52.25 | 9 |

Women 75-79 100 Yard Freestyle

ZONE: Z 1:28.20 5/2/1999 Dorothy Donnelly
NATL: ! 1:16.23 4/24/2005 GAIL ROPER

| Name | Age Team | Seed | Finals | Points |
|--------------------|-------------------------|---------|----------|--------|
| 1 Detrick, Johnnie | 75 VIRGINIA MASTERS | 1:19.89 | 1:17.32Z | 9 |
| | 37.24 1:17.32 (40.08) | | | |
| 2 Hajost, Rosemary | 78 RESTON MASTERS S | 2:09.00 | 2:07.18 | 7 |
| | 56.59 2:07.18 (1:10.59) | | | |

Women 75-79 1000 Yard Freestyle

ZONE: Z 19:54.95 4/15/2007 Lesley Francis, MARY
NATL: ! 15:47.72 3/8/2009 RONNIE KAMPHAUSEN

| Name | Age Team | Seed | Finals | Points |
|--------------------|-------------------------|--------------------|--------------------|--------------------|
| 1 Hajost, Rosemary | 78 RESTON MASTERS S | 26:00.00 | 27:16.24 | 9 |
| | 59.00 2:10.53 (1:11.53) | | | 4:45.86 () |
| | 6:04.95 (1:19.09) | 7:45.92 (1:40.97) | 9:23.07 (1:37.15) | 10:58.84 (1:35.77) |
| | 12:41.00 (1:42.16) | 13:52.50 (1:11.50) | 15:08.43 (1:15.93) | 16:27.39 (1:18.96) |
| | 17:43.54 (1:16.15) | 18:59.07 (1:15.53) | 20:14.28 (1:15.21) | 21:47.42 (1:33.14) |
| | 23:20.58 (1:33.16) | 24:47.50 (1:26.92) | 26:03.40 (1:15.90) | 27:16.24 (1:12.84) |

Women 75-79 50 Yard Backstroke

ZONE: Z 48.98 4/14/1991 Marie Wicklun
NATL: ! 40.25 4/30/2000 DORIS STEADMAN

| Name | Age Team | Seed | Finals | Points |
|--------------------|---------------------|---------|---------|--------|
| 1 Hajost, Rosemary | 78 RESTON MASTERS S | 1:05.00 | 1:05.37 | 9 |

Women 75-79 100 Yard Backstroke

```

=====
ZONE: Z 1:40.84    5/2/1999 Ruth Morrill
NATL: ! 1:28.19    4/2/2000 DORIS STEADMAN
Name              Age Team              Seed      Finals      Points
=====
1 Hajost, Rosemary  78 RESTON MASTERS S    2:25.00   2:38.78     9
=====

```

Women 75-79 50 Yard Breaststroke

```

=====
ZONE: Z 54.27     4/13/2008 Joan Waldbaum, 1776
NATL: ! 44.36     3/20/2005 SYLVIA EISELE
Name              Age Team              Seed      Finals      Points
=====
1 Detrick, Johnnie  75 VIRGINIA MASTERS    48.17     48.35Z      9
=====

```

Women 75-79 200 Yard Breaststroke

```

=====
ZONE: Z 4:28.77   4/13/2003 Miriam Tuovila
NATL: ! 3:31.35   2/11/2006 ANN HIRSCH
Name              Age Team              Seed      Finals      Points
=====
1 Detrick, Johnnie  75 VIRGINIA MASTERS    3:50.51   3:49.28Z    9
                    52.59      1:51.03 (58.44)    2:51.31 (1:00.28)  3:49.28 (57.97)
=====

```

Women 75-79 50 Yard Butterfly

```

=====
ZONE: Z 54.03     3/29/1998 Nancy Phillips
NATL: ! 39.05     4/24/2005 GAIL ROPER
Name              Age Team              Seed      Finals      Points
=====
1 Detrick, Johnnie  75 VIRGINIA MASTERS    58.00     53.53Z      9
=====

```

Men 18-24 50 Yard Freestyle

```

=====
ZONE: Z 21.02     4/25/2010 Yannick Van Heers, Terrapin Masters
NATL: ! 19.69     5/23/2010 STEVE SCHEREN
Name              Age Team              Seed      Finals      Points
=====
1 Geissinger, John  24 STONEWALL MASTER    22.55     22.05       9
2 Dow, Joshua       24 ARLINGTON MASTER    23.30     23.28       7
3 Spencer, Paul     24 NORTH CAROLINA M    26.28     26.16       6
=====

```

Men 18-24 100 Yard Freestyle

```

=====
ZONE: Z 44.96     4/23/2006 William Liscinsky, CUBU
NATL: ! 43.77     11/8/2009 ANDY GRANT
=====

```


| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Geissinger, John | 24 | STONEWALL MASTER | 49.50 | 49.14 | 9 |
| | 23.11 | 49.14 (26.03) | | | |
| 2 David, Ryan | 23 | UNAT | 55.04 | 49.19 | 7 |
| | 23.49 | 49.19 (25.70) | | | |
| 3 Ogren, Theodore | 23 | UNAT | 50.00 | 49.83 | 6 |
| | 23.82 | 49.83 (26.01) | | | |
| 4 Frantz, Robert | 23 | NORTH CAROLINA M | 48.50 | 50.08 | 5 |
| | 23.93 | 50.08 (26.15) | | | |
| 5 Dow, Joshua | 24 | ARLINGTON MASTER | 51.50 | 51.44 | 4 |
| | 24.73 | 51.44 (26.71) | | | |
| 6 Rodino, Damian | 24 | UNAT | 1:00.00 | 52.42 | 3 |
| | 25.01 | 52.42 (27.41) | | | |
| 7 Bodurian, Benjamin | 24 | ARLINGTON MASTER | 51.00 | 52.61 | 2 |
| | 24.83 | 52.61 (27.78) | | | |
| 8 Hernandez, Nichola | 23 | RED TIDE | 54.88 | 53.20 | 1 |
| | 25.93 | 53.20 (27.27) | | | |
| 9 Spencer, Paul | 24 | NORTH CAROLINA M | 59.61 | 1:00.13 | |
| | 28.71 | 1:00.13 (31.42) | | | |
| 10 Pasten, Jorge | 22 | WARD'S SWIM CLUB | 1:15.57 | 1:01.83 | |
| | 27.81 | 1:01.83 (34.02) | | | |

Men 18-24 200 Yard Freestyle

| Name | Age | Team | Seed | Finals | Points |
|---|-------|------------------|-----------------|-----------------|--------|
| ZONE: Z 1:42.51 4/15/2007 Geoffrey Meyer Jr, PAFC | | | | | |
| NATL: ! 1:35.02 11/8/2009 ANDY GRANT | | | | | |
| 1 Geissinger, John | 24 | STONEWALL MASTER | 1:57.24 | 1:55.58 | 9 |
| | 26.68 | 55.99 (29.31) | 1:25.66 (29.67) | 1:55.58 (29.92) | |
| 2 Hernandez, Nichola | 23 | RED TIDE | 2:06.00 | 1:59.44 | 7 |
| | 26.91 | 57.01 (30.10) | 1:28.20 (31.19) | 1:59.44 (31.24) | |

Men 18-24 500 Yard Freestyle

| Name | Age | Team | Seed | Finals | Points |
|--------------------------------------|-----------------|------------------|-----------------|-----------------|--------|
| ZONE: Z 4:53.48 5/5/1996 Paul Franco | | | | | |
| NATL: ! 4:24.81 1/24/2010 ANDY GRANT | | | | | |
| 1 Happell, Thomas | 22 | DISTRICT OF COLU | 7:15.00 | 6:27.90 | 9 |
| | 35.00 | 1:11.79 (36.79) | 1:50.02 (38.23) | 2:28.99 (38.97) | |
| | 3:08.29 (39.30) | 3:48.08 (39.79) | 4:28.45 (40.37) | 5:08.79 (40.34) | |
| | 5:48.97 (40.18) | 6:27.90 (38.93) | | | |

Men 18-24 1000 Yard Freestyle

=====

ZONE: Z 10:32.60 4/23/2010 Christopher Stickle, UNAT
 NATL: ! 9:01.26 2/13/2010 JP ARNOLD

| Name | Age | Team | Seed | Finals | Points |
|--------------------|------------------|------------------|------------------|------------------|--------|
| 1 Sovonick, Andrew | 24 | WARD'S SWIM CLUB | 12:45.00 | 12:46.30 | 9 |
| | 34.18 | 1:09.94 (35.76) | 1:46.54 (36.60) | 2:24.51 (37.97) | |
| | 3:02.43 (37.92) | 3:40.51 (38.08) | 4:19.04 (38.53) | 4:58.30 (39.26) | |
| | 5:37.61 (39.31) | 6:16.71 (39.10) | 6:55.76 (39.05) | 7:35.17 (39.41) | |
| | 8:14.14 (38.97) | 8:53.20 (39.06) | 9:31.89 (38.69) | 10:11.10 (39.21) | |
| | 10:50.09 (38.99) | 11:29.21 (39.12) | 12:08.05 (38.84) | 12:46.30 (38.25) | |

Men 18-24 100 Yard Backstroke

ZONE: Z 49.19 4/15/2007 Chris Gibson, CUBU
 NATL: ! 49.19 4/15/2007 C GIBSON

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 David, Ryan | 23 | UNAT | 57.22 | 56.12 | 9 |
| | 26.84 | 56.12 (29.28) | | | |
| 2 Bodurian, Benjamin | 24 | ARLINGTON MASTER | 59.00 | 1:00.45 | 7 |
| | 28.84 | 1:00.45 (31.61) | | | |
| 3 Rodino, Damian | 24 | UNAT | 1:10.00 | 1:01.63 | 6 |
| | 29.65 | 1:01.63 (31.98) | | | |
| 4 Dow, Joshua | 24 | ARLINGTON MASTER | 1:02.00 | 1:02.09 | 5 |
| | 30.38 | 1:02.09 (31.71) | | | |

Men 18-24 200 Yard Backstroke

ZONE: Z 1:51.82 4/15/2007 Chris Gibson, CUBU
 NATL: ! 1:50.28 4/26/1992 JOHN KEPPELER

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Bodurian, Benjamin | 24 | ARLINGTON MASTER | 2:10.00 | 2:11.16 | 9 |
| | 30.30 | 1:03.73 (33.43) | 1:37.37 (33.64) | 2:11.16 (33.79) | |

Men 18-24 50 Yard Breaststroke

ZONE: Z 25.32 4/23/2006 William Liscinsky, CUBU
 NATL: ! 24.98 5/10/2009 RICKY EDDY

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 David, Ryan | 23 | UNAT | 31.04 | 28.83 | 9 |
| 2 Geissinger, John | 24 | STONEWALL MASTER | 29.00 | 29.82 | 7 |
| 3 Rodino, Damian | 24 | UNAT | 33.15 | 29.94 | 6 |
| 4 Dantas-McCutcheon, | 22 | CURL BURKE MASTE | 34.34 | 36.96 | 5 |
| 5 Happell, Thomas | 22 | DISTRICT OF COLU | 40.00 | 38.36 | 4 |

Men 18-24 50 Yard Butterfly

```

=====
ZONE: Z 22.68 4/23/2006 William Liscinsky, CUBU
NATL: ! 22.16 4/11/2006 MICHAEL SHELBY
Name Age Team Seed Finals Points
=====
1 Ogren, Theodore 23 UNAT 24.00 24.04 9
2 Geissinger, John 24 STONEWALL MASTER 26.70 24.63 7
3 David, Ryan 23 UNAT 29.88 25.53 6
4 Rodino, Damian 24 UNAT 30.00 25.92 5
5 Hernandez, Nichola 23 RED TIDE 25.00 26.32 4
6 Spencer, Paul 24 NORTH CAROLINA M 30.36 29.79 3
7 Pasten, Jorge 22 WARD'S SWIM CLUB 34.33 30.22 2
=====

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Men 18-24 100 Yard Butterfly

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=====
ZONE: Z 50.17 4/15/2007 Chris Gibson, CUBU
NATL: ! 47.93 2/13/2010 RUSSELL PAYNE
Name Age Team Seed Finals Points
=====
1 Hernandez, Nichola 23 RED TIDE 1:00.06 59.18 9
    27.45 59.18 (31.73)
2 Bodurian, Benjamin 24 ARLINGTON MASTER 57.00 1:00.08 7
    27.08 1:00.08 (33.00)
=====

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Men 18-24 200 Yard Butterfly

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=====
ZONE: Z 2:00.92 4/24/2005 John Keefe, TERR
NATL: ! 1:49.39 2/14/2010 RUSSELL PAYNE
Name Age Team Seed Finals Points
=====
1 Geissinger, John 24 STONEWALL MASTER 2:15.00 2:20.84 9
    29.69 1:04.33 (34.64) 1:41.61 (37.28) 2:20.84 (39.23)
=====

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Men 18-24 100 Yard IM

```

=====
ZONE: Z 50.72 4/23/2006 William Liscinsky, CUBU
NATL: ! 50.14 2/18/2001 ROMAIN BARNIER
Name Age Team Seed Finals Points
=====
1 Geissinger, John 24 STONEWALL MASTER 58.20 56.52 9
    26.47 56.52 (30.05)
2 Dow, Joshua 24 ARLINGTON MASTER 1:01.00 1:00.63 7
3 Spencer, Paul 24 NORTH CAROLINA M 1:11.26 1:11.68 6
    32.02 1:11.68 (39.66)
=====

```

Men 18-24 200 Yard IM

=====

ZONE: Z 1:56.71 4/15/2007 Geoffrey Meyer Jr, PAFC

NATL: ! 1:49.35 2/14/2010 RUSSELL PAYNE

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Geissinger, John | 24 | STONEWALL MASTER | 2:10.34 | 2:05.19 | 9 |
| | 26.00 | 58.18 (32.18) | 1:37.22 (39.04) | 2:05.19 (27.97) | |
| 2 Hernandez, Nichola | 23 | RED TIDE | 2:19.65 | 2:19.05 | 7 |
| | 27.75 | 1:03.06 (35.31) | 1:45.83 (42.77) | 2:19.05 (33.22) | |
| 3 Dantas-McCutcheon, | 22 | CURL BURKE MASTE | 2:22.22 | 2:25.02 | 6 |
| | 31.18 | 1:07.36 (36.18) | 1:51.88 (44.52) | 2:25.02 (33.14) | |

Men 18-24 400 Yard IM

=====

ZONE: Z 4:22.10 4/25/2010 Peter Galan, Terrapin Masters

NATL: ! 3:50.12 2/13/2010 RUSSELL PAYNE

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----------------|-----------------|-----------------|-----------------|--------|
| 1 Hernandez, Nichola | 23 | RED TIDE | 5:00.00 | 5:04.84 | 9 |
| | 29.54 | 1:06.32 (36.78) | 1:45.84 (39.52) | 2:25.17 (39.33) | |
| | 3:10.14 (44.97) | 3:55.66 (45.52) | 4:30.44 (34.78) | 5:04.84 (34.40) | |

Men 25-29 50 Yard Freestyle

=====

ZONE: Z 21.18 5/2/1999 David Lawson

NATL: ! 18.67 2/13/2010 FRED BOUSQUET

| Name | Age | Team | Seed | Finals | Points |
|-----------------------|-----|------------------|-------|--------|--------|
| 1 Rhodes, Scott | 27 | VIRGINIA MASTERS | 21.80 | 21.49 | 9 |
| 2 Kaufman-O'Reilly, | 27 | WARD'S SWIM CLUB | 22.14 | 21.99 | 7 |
| 3 McGraw, Paul | 29 | VIRGINIA MASTERS | 23.99 | 22.67 | 6 |
| 4 Hiskey, Justin | 27 | MARYLAND MASTERS | 23.24 | 22.80 | 5 |
| 5 Lebeau, Charles | 27 | ALEXANDRIA MASTE | 23.57 | 22.85 | 4 |
| 6 Burnett, Andrew | 28 | ALEXANDRIA MASTE | 22.89 | 22.87 | 3 |
| 7 Reshetar, Richard | 25 | COLONIALS 1776 | 22.75 | 22.93 | 2 |
| 8 Hilliard, Chris | 28 | ANNE ARUNDEL AMP | 23.78 | 23.21 | 1 |
| 9 Smith, Rob | 27 | ARLINGTON MASTER | 23.10 | 23.23 | |
| 10 Bassler, Christoph | 29 | WARD'S SWIM CLUB | 23.50 | 23.89 | |
| 10 Flanzer, Andrew | 28 | RESTON MASTERS S | 29.00 | 23.89 | |
| 12 Shultz, Scott | 28 | RESTON MASTERS S | 24.61 | 24.72 | |
| 13 Iten, Christian | 27 | WARRENTON MASTER | 22.80 | 24.73 | |
| 14 Panayotov, Vladimi | 26 | RESTON MASTERS S | 28.00 | 25.51 | |
| 15 Amundsen, Nick | 27 | COLONIALS 1776 | 29.01 | 28.84 | |

Men 25-29 100 Yard Freestyle

=====

ZONE: Z 45.53 4/25/2009 William Liscinsky Jr, CUBU

NATL: ! 42.58 4/18/2010 ANDY GRANT

| Name | Age | Team | Seed | Finals | Points |
|-----------------------|-------|------------------|---------|--------|--------|
| 1 Rhodes, Scott | 27 | VIRGINIA MASTERS | 48.00 | 46.79 | 9 |
| | 22.70 | 46.79 (24.09) | | | |
| 2 Ginder, Michael | 26 | STONEWALL MASTER | 51.55 | 48.92 | 7 |
| | 23.82 | 48.92 (25.10) | | | |
| 3 Reshetar, Richard | 25 | COLONIALS 1776 | 49.95 | 49.09 | 6 |
| | 23.29 | 49.09 (25.80) | | | |
| 4 Burnett, Andrew | 28 | ALEXANDRIA MASTE | 49.83 | 49.76 | 5 |
| | 23.63 | 49.76 (26.13) | | | |
| 5 McGraw, Paul | 29 | VIRGINIA MASTERS | 50.99 | 49.96 | 4 |
| | 24.17 | 49.96 (25.79) | | | |
| 6 Fisher, Kevin | 27 | UNAT | 53.03 | 50.62 | 3 |
| | 24.12 | 50.62 (26.50) | | | |
| 7 Smith, Rob | 27 | ARLINGTON MASTER | 49.90 | 50.68 | 2 |
| | 24.13 | 50.68 (26.55) | | | |
| 8 Hiskey, Justin | 27 | MARYLAND MASTERS | 52.39 | 50.95 | 1 |
| | 24.03 | 50.95 (26.92) | | | |
| 9 Hilliard, Chris | 28 | ANNE ARUNDEL AMP | 52.89 | 51.27 | |
| | 24.62 | 51.27 (26.65) | | | |
| 10 Banks, Bucky | 26 | UNAT | 50.00 | 51.92 | |
| | 24.44 | 51.92 (27.48) | | | |
| 11 Kaufman-O'Reilly, | 27 | WARD'S SWIM CLUB | 50.41 | 52.02 | |
| | 24.55 | 52.02 (27.47) | | | |
| 12 Bassler, Christoph | 29 | WARD'S SWIM CLUB | 50.00 | 52.22 | |
| | 24.90 | 52.22 (27.32) | | | |
| 13 Young, Buck | 29 | MERRITT MARLINS | 54.00 | 53.55 | |
| | 24.93 | 53.55 (28.62) | | | |
| 14 Shultz, Scott | 28 | RESTON MASTERS S | 54.44 | 53.65 | |
| | 25.61 | 53.65 (28.04) | | | |
| 15 Kochenour, Joe | 28 | UNAT | 1:00.00 | 54.56 | |
| | 25.86 | 54.56 (28.70) | | | |
| 16 Lai, V. | 29 | WARRENTON MASTER | 1:00.00 | 55.11 | |
| | 26.23 | 55.11 (28.88) | | | |
| 17 Iten, Christian | 27 | WARRENTON MASTER | 55.00 | 55.71 | |
| | 25.82 | 55.71 (29.89) | | | |
| 18 Panayotov, Vladimi | 26 | RESTON MASTERS S | 1:05.00 | 56.09 | |
| | 27.13 | 56.09 (28.96) | | | |
| 19 Thomasian, Aram | 25 | RESTON MASTERS S | 1:15.00 | 58.59 | |
| | 28.61 | 58.59 (29.98) | | | |
| 20 Stone, Jonathan | 29 | SUNFISH MASTERS | 59.16 | 59.23 | |
| | 28.26 | 59.23 (30.97) | | | |

Men 25-29 200 Yard Freestyle

ZONE: Z 1:41.97 4/22/2001 Marc Grabish

NATL: ! 1:33.86 4/16/2010 ANDY GRANT

| Name | Age | Team | Seed | Finals | Points |
|-------------------|-------|------------------|---------|---------|-----------------|
| 1 Rhodes, Scott | 27 | VIRGINIA MASTERS | 1:44.50 | 1:43.86 | 9 |
| | 23.99 | 49.91 (25.92) | 1:16.49 | (26.58) | 1:43.86 (27.37) |
| 2 Garner, Sam | 25 | WARD'S SWIM CLUB | 1:48.59 | 1:49.89 | 7 |
| | 25.88 | 54.01 (28.13) | 1:21.97 | (27.96) | 1:49.89 (27.92) |
| 3 McGraw, Paul | 29 | VIRGINIA MASTERS | 1:54.99 | 1:50.74 | 6 |
| | 25.20 | 52.73 (27.53) | 1:21.77 | (29.04) | 1:50.74 (28.97) |
| 4 Smith, Rob | 27 | ARLINGTON MASTER | 1:50.00 | 1:51.81 | 5 |
| | 25.29 | 53.08 (27.79) | 1:22.06 | (28.98) | 1:51.81 (29.75) |
| 5 Shultz, Scott | 28 | RESTON MASTERS S | 2:01.61 | 2:01.77 | 4 |
| | 26.95 | 56.81 (29.86) | 1:28.87 | (32.06) | 2:01.77 (32.90) |
| 6 Koch, Gregory | 28 | DISTRICT OF COLU | 2:01.12 | 2:02.63 | 3 |
| | 27.93 | 57.05 (29.12) | 1:28.28 | (31.23) | 2:02.63 (34.35) |
| 7 Kochenour, Joe | 28 | UNAT | 2:05.00 | 2:04.19 | 2 |
| | 28.29 | 59.39 (31.10) | 1:31.16 | (31.77) | 2:04.19 (33.03) |
| 8 Stone, Jonathan | 29 | SUNFISH MASTERS | 2:12.41 | 2:10.66 | 1 |
| | 29.11 | 1:00.63 (31.52) | 1:34.15 | (33.52) | 2:10.66 (36.51) |

Men 25-29 500 Yard Freestyle

ZONE: Z 4:39.22 4/12/1992 Bruce Hayes

NATL: ! 4:20.82 4/17/2010 ANDY GRANT

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----------------|------------------|---------|---------|-----------------|
| 1 Rhodes, Scott | 27 | VIRGINIA MASTERS | 4:53.00 | 4:51.36 | 9 |
| | 26.46 | 55.26 (28.80) | 1:24.08 | (28.82) | 1:53.29 (29.21) |
| | 2:22.72 (29.43) | 2:51.93 (29.21) | 3:21.50 | (29.57) | 3:50.88 (29.38) |
| | 4:21.14 (30.26) | 4:51.36 (30.22) | | | |
| 2 Garner, Sam | 25 | WARD'S SWIM CLUB | 4:57.49 | 4:53.04 | 7 |
| | 26.67 | 55.31 (28.64) | 1:24.19 | (28.88) | 1:53.38 (29.19) |
| | 2:22.94 (29.56) | 2:52.92 (29.98) | 3:22.95 | (30.03) | 3:53.28 (30.33) |
| | 4:23.71 (30.43) | 4:53.04 (29.33) | | | |
| 3 Reshetar, Richard | 25 | COLONIALS 1776 | 5:21.00 | 5:15.36 | 6 |
| | 28.21 | 59.43 (31.22) | 1:31.20 | (31.77) | 2:03.18 (31.98) |
| | 2:35.38 (32.20) | 3:08.18 (32.80) | 3:40.79 | (32.61) | 4:12.97 (32.18) |
| | 4:45.26 (32.29) | 5:15.36 (30.10) | | | |
| 4 Smith, Rob | 27 | ARLINGTON MASTER | 5:12.00 | 5:20.31 | 5 |
| | 28.00 | 58.59 (30.59) | 1:30.30 | (31.71) | 2:02.41 (32.11) |
| | 2:35.06 (32.65) | 3:08.08 (33.02) | 3:41.20 | (33.12) | 4:14.43 (33.23) |
| | 4:47.38 (32.95) | 5:20.31 (32.93) | | | |
| 5 Kochenour, Joe | 28 | UNAT | 5:30.00 | 5:44.72 | 4 |
| | 31.81 | 1:06.17 (34.36) | 1:40.89 | (34.72) | 2:15.94 (35.05) |
| | 2:51.55 (35.61) | 3:26.87 (35.32) | 4:01.15 | (34.28) | 4:35.78 (34.63) |
| | 5:10.45 (34.67) | 5:44.72 (34.27) | | | |

Men 25-29 1000 Yard Freestyle

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=====
ZONE: Z 9:55.05    4/14/1991 Steve Fisher
NATL: ! 9:25.88    5/3/1998 ALEX KOSTICH
Name              Age Team              Seed      Finals      Points
=====
 1 Palavecino, Matias  29 DC MASTERS              10:59.99   11:16.49         9
    29.68              1:01.89 (32.21)35.:35001 (33.46001)  2:08.88 (33.52999)
    2:43.34 (34.46)    3:17.35 (34.01)    3:51.75 (34.40)    4:25.92 (34.17)
    5:00.55 (34.63)    5:34.92 (34.37)    6:09.42 (34.50)    6:43.83 (34.41)
    7:18.34 (34.51)    7:52.82 (34.48)    8:27.27 (34.45)    9:01.58 (34.31)
    9:35.84 (34.26)    10:09.94 (34.10)   10:43.48 (33.54)   11:16.49 (33.01)
 2 Koch, Gregory      28 DISTRICT OF COLU      13:10.00   11:34.40         7
    29.28              1:01.84 (32.56)    1:34.89 (33.05)    2:08.29 (33.40)
    2:42.41 (34.12)    3:16.91 (34.50)    3:51.52 (34.61)    4:26.27 (34.75)
    5:01.02 (34.75)    5:36.58 (35.56)    6:12.11 (35.53)    6:48.67 (36.56)
    7:25.41 (36.74)    8:01.15 (35.74)    8:36.90 (35.75)    9:13.63 (36.73)
    9:49.20 (35.57)    10:24.80 (35.60)   11:00.21 (35.41)   11:34.40 (34.19)
=====

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Men 25-29 50 Yard Backstroke

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=====
ZONE: Z 23.53     4/25/2009 William Liscinsky Jr, CUBU
NATL: ! 21.46     4/16/2010 ADAM MANIA
Name              Age Team              Seed      Finals      Points
=====
 1 Ginder, Michael    26 STONEWALL MASTER     24.68      24.49         9
 2 Hiskey, Justin     27 MARYLAND MASTERS     26.53      25.66         7
 3 Lebeau, Charles    27 ALEXANDRIA MASTE     27.02      25.68         6
 4 Orton, Adam        29 RESTON MASTERS S     28.09      27.08         5
 5 Flanzer, Andrew    28 RESTON MASTERS S     35.00      29.55         4
 6 Stone, Jonathan    29 SUNFISH MASTERS      35.00      31.66         3
-- McGraw, Paul      29 VIRGINIA MASTERS     28.99      DQ
    31 Head did not break the surface by 15 meters
=====

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Men 25-29 100 Yard Backstroke

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=====
ZONE: Z 52.28     4/22/2001 Peter Hezky
NATL: ! 45.95     4/15/2010 ADAM MANIA
Name              Age Team              Seed      Finals      Points
=====
 1 Ginder, Michael    26 STONEWALL MASTER     57.05      52.87         9
    25.67              52.87 (27.20)
 2 Rhodes, Scott      27 VIRGINIA MASTERS     56.00      55.84         7
    27.13              55.84 (28.71)
 3 Hiskey, Justin     27 MARYLAND MASTERS     59.13      56.57         6
    27.42              56.57 (29.15)
 4 Barley, Adam       29 VIRGINIA MASTERS     57.67      56.79         5
=====

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| | | | | | | |
|----------------------|-------|-----------------|---------------------|---------|---------|---|
| 5 McGraw, Paul | 27.51 | 56.79 (29.28) | 29 VIRGINIA MASTERS | 59.99 | 58.06 | 4 |
| | 28.39 | 58.06 (29.67) | | | | |
| 6 Orton, Adam | 29.79 | 59.92 (30.13) | 29 RESTON MASTERS S | 1:02.14 | 59.92 | 3 |
| | 29.45 | 59.94 (30.49) | | | | |
| 7 Bassler, Christoph | 29.93 | 1:03.06 (33.13) | 29 WARD'S SWIM CLUB | 1:00.00 | 59.94 | 2 |
| | 29.45 | 59.94 (30.49) | | | | |
| 8 Young, Buck | 29.93 | 1:03.06 (33.13) | 29 MERRITT MARLINS | 1:00.00 | 1:03.06 | 1 |
| | 29.93 | 1:03.06 (33.13) | | | | |
| 9 Lai, V. | 34.51 | 1:13.94 (39.43) | 29 WARRENTON MASTER | 1:10.00 | 1:13.94 | |
| | 34.51 | 1:13.94 (39.43) | | | | |

Men 25-29 200 Yard Backstroke

| ===== | | | | | | |
|---|-------|------------------|-----------------|-----------------|--------|--|
| ZONE: Z 1:53.99 4/22/2001 Peter Hezky | | | | | | |
| NATL: ! 1:48.47 4/30/1995 JOHN KEPPELER | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Barley, Adam | 29 | VIRGINIA MASTERS | 2:05.00 | 2:05.66 | 9 | |
| | 29.22 | 1:00.97 (31.75) | 1:33.34 (32.37) | 2:05.66 (32.32) | | |
| 2 Orton, Adam | 29 | RESTON MASTERS S | 2:15.72 | 2:17.92 | 7 | |
| | 31.50 | 1:05.77 (34.27) | 1:41.84 (36.07) | 2:17.92 (36.08) | | |
| 3 Hahs, Brian | 28 | WARD'S SWIM CLUB | 2:13.85 | 2:18.35 | 6 | |
| | 31.95 | 1:06.62 (34.67) | 1:42.44 (35.82) | 2:18.35 (35.91) | | |

Men 25-29 50 Yard Breaststroke

| ===== | | | | | | |
|---|-----|------------------|-------|--------|--------|--|
| ZONE: Z 25.23 4/15/2007 William Liscinsky, CUBU | | | | | | |
| NATL: ! 23.87 5/21/2010 MARK GANGLOFF | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Burnett, Andrew | 28 | ALEXANDRIA MASTE | 28.09 | 28.51 | 9 | |
| 2 Panayotov, Vladimi | 26 | RESTON MASTERS S | 34.00 | 30.21 | 7 | |
| 3 Fisher, Kevin | 27 | UNAT | 32.03 | 30.33 | 6 | |
| 4 Shultz, Scott | 28 | RESTON MASTERS S | 32.95 | 32.33 | 5 | |

Men 25-29 100 Yard Breaststroke

| ===== | | | | | | |
|--|-------|------------------|---------|---------|--------|--|
| ZONE: Z 56.76 4/25/2010 William Liscinsky, Curl-Burke Swim | | | | | | |
| NATL: ! 52.30 5/22/2010 MARK GANGLOFF | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Burnett, Andrew | 28 | ALEXANDRIA MASTE | 1:02.90 | 1:03.47 | 9 | |
| | 29.32 | 1:03.47 (34.15) | | | | |
| 2 Reshetar, Richard | 25 | COLONIALS 1776 | 1:06.07 | 1:04.82 | 7 | |
| | 30.57 | 1:04.82 (34.25) | | | | |
| 3 Panayotov, Vladimi | 26 | RESTON MASTERS S | 1:10.00 | 1:05.70 | 6 | |

| | | | | | | |
|-----------------|-------|------------------|-----------------|---------|---------|---|
| | 31.50 | | 1:05.70 (34.20) | | | |
| 4 Shultz, Scott | 28 | RESTON MASTERS S | | 1:12.43 | 1:13.34 | 5 |
| | 34.19 | | 1:13.34 (39.15) | | | |

Men 25-29 200 Yard Breaststroke

```

=====
ZONE: Z 2:07.48 4/23/2006 Ethan Bassett, CUBU
NATL: ! 1:57.46 5/20/2007 GARY MARSHALL
Name Age Team Seed Finals Points
=====
1 Burnett, Andrew 28 ALEXANDRIA MASTE 2:29.75 2:23.49 9
 31.42 1:07.75 (36.33) 1:45.77 (38.02) 2:23.49 (37.72)
2 Panayotov, Vladimi 26 RESTON MASTERS S 2:40.00 2:29.16 7
 32.90 1:10.30 (37.40) 1:49.75 (39.45) 2:29.16 (39.41)
3 Koch, Gregory 28 DISTRICT OF COLU 2:45.00 2:43.12 6
 36.45 1:16.95 (40.50) 1:59.84 (42.89) 2:43.12 (43.28)
=====

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Men 25-29 50 Yard Butterfly

```

=====
ZONE: Z 22.60 4/15/2007 William Liscinsky, CUBU
NATL: ! 21.15 4/25/2004 SABIR MUHAMMAD
Name Age Team Seed Finals Points
=====
1 Fisher, Kevin 27 UNAT 26.03 24.27 9
2 McGraw, Paul 29 VIRGINIA MASTERS 24.99 24.35 7
3 Hiskey, Justin 27 MARYLAND MASTERS 25.17 25.02 6
4 Cicmil, Boris 29 WARD'S SWIM CLUB 25.52 25.04 5
5 Reshetar, Richard 25 COLONIALS 1776 25.59 25.21 4
6 Kaufman-O'Reilly, 27 WARD'S SWIM CLUB 24.50 25.24 3
7 Hilliard, Chris 28 ANNE ARUNDEL AMP 26.18 25.41 2
8 Banks, Bucky 26 UNAT 26.00 26.17 1
9 Goldman, Brian 25 UNAT 30.00 26.25
10 Koch, Gregory 28 DISTRICT OF COLU 27.50 26.52
11 Orton, Adam 29 RESTON MASTERS S 28.09 26.61
12 Thomasian, Aram 25 RESTON MASTERS S 30.00 27.26
13 Kochenour, Joe 28 UNAT 29.00 27.51
14 Iten, Christian 27 WARRENTON MASTER 27.00 28.37
15 Amundsen, Nick 27 COLONIALS 1776 33.00 33.93
=====

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Men 25-29 100 Yard Butterfly

```

=====
ZONE: Z 50.29 4/25/2009 William Liscinsky Jr, CUBU
NATL: ! 47.51 3/7/2010 JAYME CRAMER
Name Age Team Seed Finals Points
=====
1 Rhodes, Scott 27 VIRGINIA MASTERS 56.00 52.94 9
 24.67 52.94 (28.27)
=====

```

| | | | | | | |
|---|-------------------|----|------------------|---------|---------|---|
| 2 | White, Chad | 28 | UNAT | 55.99 | 53.41 | 7 |
| | 24.85 | | 53.41 (28.56) | | | |
| 3 | Lebeau, Charles | 27 | ALEXANDRIA MASTE | 56.20 | 54.31 | 6 |
| | 25.48 | | 54.31 (28.83) | | | |
| 4 | Garner, Sam | 25 | WARD'S SWIM CLUB | 55.80 | 54.89 | 5 |
| | 25.47 | | 54.89 (29.42) | | | |
| 5 | Hilliard, Chris | 28 | ANNE ARUNDEL AMP | 59.00 | 55.82 | 4 |
| | 25.82 | | 55.82 (30.00) | | | |
| 6 | Hiskey, Justin | 27 | MARYLAND MASTERS | 57.39 | 55.99 | 3 |
| | 26.17 | | 55.99 (29.82) | | | |
| 7 | Reshetar, Richard | 25 | COLONIALS 1776 | 59.67 | 58.35 | 2 |
| | 27.01 | | 58.35 (31.34) | | | |
| 8 | Kochenour, Joe | 28 | UNAT | 1:00.00 | 59.80 | 1 |
| | 28.05 | | 59.80 (31.75) | | | |
| 9 | Sedberry, Trevor | 26 | NAVAL ACADEMY AQ | 1:08.00 | 1:05.64 | |
| | 30.83 | | 1:05.64 (34.81) | | | |

Men 25-29 200 Yard Butterfly

| | | | | | | |
|-------|---------------|---------|------------------|-----------------|-----------------|--------|
| ===== | | | | | | |
| | ZONE: Z | 1:53.82 | 4/2/2000 | Curtis Sawin | | |
| | NATL: ! | 1:47.62 | 5/20/2007 | ERIK SCALISE | | |
| | Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | | |
| 1 | Barley, Adam | 29 | VIRGINIA MASTERS | 1:58.94 | 1:59.07 | 9 |
| | 27.30 | | 57.38 (30.08) | 1:28.06 (30.68) | 1:59.07 (31.01) | |
| 2 | Koch, Gregory | 28 | DISTRICT OF COLU | 2:30.00 | 2:20.72 | 7 |
| | 28.98 | | 1:02.73 (33.75) | 1:39.12 (36.39) | 2:20.72 (41.60) | |

Men 25-29 100 Yard IM

| | | | | | | |
|-------|-------------------|-------|------------------|-------------------------|--------|--------|
| ===== | | | | | | |
| | ZONE: Z | 50.51 | 4/15/2007 | William Liscinsky, CUBU | | |
| | NATL: ! | 48.27 | 2/13/2010 | MARK GANGLOFF | | |
| | Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | | |
| 1 | Rhodes, Scott | 27 | VIRGINIA MASTERS | 56.00 | 55.03 | 9 |
| | 24.98 | | 55.03 (30.05) | | | |
| 2 | White, Chad | 28 | UNAT | 58.78 | 56.10 | 7 |
| | 25.52 | | 56.10 (30.58) | | | |
| 3 | Ginder, Michael | 26 | STONEWALL MASTER | 57.71 | 56.23 | 6 |
| | 24.81 | | 56.23 (31.42) | | | |
| 4 | McGraw, Paul | 29 | VIRGINIA MASTERS | 58.99 | 56.59 | 5 |
| | 25.82 | | 56.59 (30.77) | | | |
| 5 | Burnett, Andrew | 28 | ALEXANDRIA MASTE | 56.21 | 56.87 | 4 |
| | 26.93 | | 56.87 (29.94) | | | |
| 6 | Reshetar, Richard | 25 | COLONIALS 1776 | 1:00.05 | 56.96 | 3 |
| | 26.55 | | 56.96 (30.41) | | | |
| 7 | Lebeau, Charles | 27 | ALEXANDRIA MASTE | 59.41 | 57.22 | 2 |

| | | | | | | |
|-----------------------|-------|------------------|-----------------|---------|---------|---|
| | 25.07 | | 57.22 (32.15) | | | |
| 8 Bassler, Christoph | 29 | WARD'S SWIM CLUB | | 1:00.00 | 58.91 | 1 |
| | 27.28 | | 58.91 (31.63) | | | |
| 9 Hilliard, Chris | 28 | ANNE ARUNDEL AMP | | 1:01.54 | 59.26 | |
| | 27.52 | | 59.26 (31.74) | | | |
| 10 Sedberry, Trevor | 26 | NAVAL ACADEMY AQ | | 1:07.95 | 1:04.30 | |
| | 29.17 | | 1:04.30 (35.13) | | | |
| 11 Iten, Christian | 27 | WARRENTON MASTER | | 59.00 | 1:07.74 | |
| | 31.65 | | 1:07.74 (36.09) | | | |
| 12 Addlesberger, Anth | 25 | UNAT | | 1:00.00 | 1:09.76 | |
| | 31.05 | | 1:09.76 (38.71) | | | |

Men 25-29 200 Yard IM

| | | | | | | |
|---|-------|------------------|-----------------|-----------------|-----------------|--|
| ===== | | | | | | |
| ZONE: Z 1:55.03 4/4/2004 Frank Byskov, VMST | | | | | | |
| NATL: ! 1:48.18 5/22/2010 MARK GANGLOFF | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 McGraw, Paul | 29 | VIRGINIA MASTERS | 2:05.99 | 2:04.51 | 9 | |
| | 25.77 | | 57.10 (31.33) | 1:34.93 (37.83) | 2:04.51 (29.58) | |
| 2 Reshetar, Richard | 25 | COLONIALS 1776 | 2:11.49 | 2:06.29 | 7 | |
| | 26.37 | | 1:00.05 (33.68) | 1:36.54 (36.49) | 2:06.29 (29.75) | |
| 3 Kaufman-O'Reilly, | 27 | WARD'S SWIM CLUB | 2:10.00 | 2:28.48 | 6 | |
| | 28.16 | | 1:06.41 (38.25) | 1:51.88 (45.47) | 2:28.48 (36.60) | |
| 4 Thomasian, Aram | 25 | RESTON MASTERS S | 2:50.00 | 2:31.33 | 5 | |
| | 27.96 | | 1:08.45 (40.49) | 1:52.91 (44.46) | 2:31.33 (38.42) | |

Men 25-29 400 Yard IM

| | | | | | | |
|--|-------|------------------|-----------------|-----------------|-----------------|-----------------|
| ===== | | | | | | |
| ZONE: Z 4:07.19 4/22/2001 Peter Hezky | | | | | | |
| NATL: ! 3:52.43 5/20/2007 ERIK SCALISE | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Barley, Adam | 29 | VIRGINIA MASTERS | 4:20.00 | 4:23.00 | 9 | |
| | 27.01 | | 57.35 (30.34) | 1:31.64 (34.29) | 2:05.54 (33.90) | |
| | | | | 2:43.85 (38.31) | 3:22.48 (38.63) | 3:53.56 (31.08) |
| | | | | | | 4:23.00 (29.44) |
| 2 White, Chad | 28 | UNAT | 4:41.37 | 4:37.37 | 7 | |
| | 28.56 | | 1:00.71 (32.15) | 1:34.63 (33.92) | 2:09.12 (34.49) | |
| | | | | 2:48.64 (39.52) | 3:29.33 (40.69) | 4:04.27 (34.94) |
| | | | | | | 4:37.37 (33.10) |
| 3 Koch, Gregory | 28 | DISTRICT OF COLU | 4:45.00 | 4:56.83 | 6 | |
| | 29.68 | | 1:04.88 (35.20) | 1:41.94 (37.06) | 2:17.76 (35.82) | |
| | | | | 3:02.02 (44.26) | 3:47.95 (45.93) | 4:23.31 (35.36) |
| | | | | | | 4:56.83 (33.52) |

Men 30-34 50 Yard Freestyle

| | | | | | | |
|--|--|--|--|--|--|--|
| ===== | | | | | | |
| ZONE: Z 21.36 4/25/2010 Mike Betts, Garden State Mas | | | | | | |
| NATL: ! 19.85 5/23/2010 LANCE ASTI | | | | | | |

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 Rozwadowski, Amir | 32 | RED TIDE | 23.38 | 23.05 | 9 |
| 2 De Hart, Pieter | 32 | STONEWALL MASTER | 23.67 | 23.16 | 7 |
| 3 Sanchez Torrente, | 30 | NATIONAL CAPITAL | 24.00 | 23.63 | 6 |
| 4 Hegna, Jon | 32 | CURL BURKE MASTE | 23.50 | 23.98 | 5 |
| 5 Kelly, Brennan | 31 | BEARCAT MASTERS | 24.56 | 24.21 | 4 |
| 6 Starner, Josh | 31 | UNAT | 26.00 | 24.27 | 3 |
| 7 Linderman, Ross | 34 | DISTRICT OF COLU | 24.50 | 24.51 | 2 |
| 8 Jent, Daniel | 33 | ALEXANDRIA MASTE | 24.82 | 24.67 | 1 |
| 9 Ching, Reid | 33 | RED TIDE | 25.00 | 24.79 | |
| 10 Strahota, Jeffrey | 30 | TERRAPIN MASTERS | 24.42 | 24.87 | |
| 11 di Filippo, Mario | 34 | CURL BURKE MASTE | 25.51 | 25.14 | |
| 12 Park, Shannon | 32 | UNAT | 26.61 | 25.36 | |
| 13 Dean, Robert | 34 | WARD'S SWIM CLUB | 32.00 | 25.83 | |
| 14 Spanhak, Karl | 31 | RESTON MASTERS S | 27.00 | 28.90 | |
| 15 Dew, Stephen | 33 | RED TIDE | 29.00 | 30.19 | |
| -- Christensen, Finn | 33 | NORTH BALTIMORE | 24.02 | DQ | |
| 60 False start | | | | | |

Men 30-34 100 Yard Freestyle

| Name | Age | Team | Seed | Finals | Points |
|--|-------|------------------|-------|--------|--------|
| ZONE: Z 46.38 4/13/2008 Troy Johnson, VMST | | | | | |
| NATL: ! 44.53 12/19/2004 MIKE PICOTTE | | | | | |
| 1 Werner, Scott | 32 | RED TIDE | 48.70 | 48.52 | 9 |
| | 23.37 | 48.52 (25.15) | | | |
| 2 Gallagher, Jose-Lu | 34 | CURL BURKE MASTE | 50.64 | 50.05 | 7 |
| | 24.37 | 50.05 (25.68) | | | |
| 3 Rozwadowski, Amir | 32 | RED TIDE | 51.57 | 50.38 | 6 |
| | 23.90 | 50.38 (26.48) | | | |
| 4 De Hart, Pieter | 32 | STONEWALL MASTER | 51.01 | 50.68 | 5 |
| | 24.34 | 50.68 (26.34) | | | |
| 5 Christensen, Finn | 33 | NORTH BALTIMORE | 52.80 | 52.37 | 4 |
| | 24.58 | 52.37 (27.79) | | | |
| 6 Hegna, Ryan | 30 | COLONIALS 1776 | 54.00 | 52.86 | 3 |
| | 25.61 | 52.86 (27.25) | | | |
| 7 Hegna, Jon | 32 | CURL BURKE MASTE | 54.00 | 54.00 | 2 |
| | 25.53 | 54.00 (28.47) | | | |
| 8 Sanchez Torrente, | 30 | NATIONAL CAPITAL | 53.20 | 54.07 | 1 |
| | 25.66 | 54.07 (28.41) | | | |
| 9 Starner, Josh | 31 | UNAT | 56.10 | 54.37 | |
| | 26.01 | 54.37 (28.36) | | | |
| 10 Strahota, Jeffrey | 30 | TERRAPIN MASTERS | 54.45 | 54.76 | |
| | 26.57 | 54.76 (28.19) | | | |
| 11 Henkel, David | 31 | COLONIALS 1776 | 58.36 | 55.13 | |

| | | | | |
|---------------------|---------------------|-----------------|---------|---------|
| | 26.53 | 55.13 (28.60) | | |
| 12 Park, Shannon | 32 UNAT | | 57.77 | 55.41 |
| | 26.86 | 55.41 (28.55) | | |
| 13 Linderman, Ross | 34 DISTRICT OF COLU | | 55.00 | 56.76 |
| | 26.94 | 56.76 (29.82) | | |
| 14 Dean, Robert | 34 WARD'S SWIM CLUB | | 1:16.00 | 57.75 |
| | 27.03 | 57.75 (30.72) | | |
| 15 Crowe, John | 33 DISTRICT OF COLU | | 1:00.59 | 1:00.81 |
| | 29.47 | 1:00.81 (31.34) | | |
| 16 Spanhak, Karl | 31 RESTON MASTERS S | | 1:05.00 | 1:02.97 |
| | 29.65 | 1:02.97 (33.32) | | |
| 17 St Clair, Travis | 32 DISTRICT OF COLU | | 1:08.35 | 1:10.25 |
| | 33.58 | 1:10.25 (36.67) | | |
| 18 Sugar, David | 31 NORTH BALTIMORE | | 1:14.29 | 1:11.19 |
| | 32.32 | 1:11.19 (38.87) | | |

Men 30-34 200 Yard Freestyle

| ===== | | | | |
|----------------------|---------------------|-----------------------------------|-----------------|-----------------|
| ZONE: Z 1:44.78 | | 4/24/2005 Christopher Perry, UNAT | | |
| NATL: ! 1:38.03 | | 5/16/1999 JON OLSEN | | |
| Name | Age Team | Seed | Finals | Points |
| ===== | | | | |
| 1 Werner, Scott | 32 RED TIDE | 1:47.53 | 1:46.47 | 9 |
| | 24.68 | 51.33 (26.65) | 1:18.76 (27.43) | 1:46.47 (27.71) |
| 2 Gallagher, Jose-Lu | 34 CURL BURKE MASTE | 1:50.31 | 1:50.96 | 7 |
| | 25.20 | 52.65 (27.45) | 1:21.27 (28.62) | 1:50.96 (29.69) |
| 3 Rozwadowski, Amir | 32 RED TIDE | 1:55.20 | 1:52.44 | 6 |
| | 25.97 | 53.99 (28.02) | 1:23.17 (29.18) | 1:52.44 (29.27) |
| 4 De Hart, Pieter | 32 STONEWALL MASTER | 1:53.86 | 1:53.20 | 5 |
| | 25.04 | 53.04 (28.00) | 1:22.62 (29.58) | 1:53.20 (30.58) |
| 5 Hegna, Ryan | 30 COLONIALS 1776 | 1:59.27 | 1:55.28 | 4 |
| | 26.01 | 54.32 (28.31) | 1:24.10 (29.78) | 1:55.28 (31.18) |
| 6 Strahota, Jeffrey | 30 TERRAPIN MASTERS | 1:55.51 | 1:57.75 | 3 |
| | 26.71 | 56.37 (29.66) | 1:27.15 (30.78) | 1:57.75 (30.60) |
| 7 Methric, Tim | 33 MERRITT MARLINS | 2:10.99 | 1:59.89 | 2 |
| | 26.97 | 57.85 (30.88) | 1:29.44 (31.59) | 1:59.89 (30.45) |
| 8 Starner, Josh | 31 UNAT | 2:00.69 | 2:03.26 | 1 |
| | 27.58 | 58.07 (30.49) | 1:30.28 (32.21) | 2:03.26 (32.98) |
| 9 Henkel, David | 31 COLONIALS 1776 | 2:13.59 | 2:04.93 | |
| | 28.05 | 59.97 (31.92) | 1:32.61 (32.64) | 2:04.93 (32.32) |
| 10 Jent, Daniel | 33 ALEXANDRIA MASTE | 1:59.10 | 2:05.20 | |
| | 28.32 | 59.51 (31.19) | 1:31.98 (32.47) | 2:05.20 (33.22) |
| 11 di Filippo, Mario | 34 CURL BURKE MASTE | 2:05.49 | 2:06.44 | |
| | 30.15 | 1:02.27 (32.12) | 1:35.00 (32.73) | 2:06.44 (31.44) |
| 12 Dragon, Tony | 34 UNAT | 2:06.80 | 2:06.93 | |
| | 28.89 | 59.96 (31.07) | 1:32.88 (32.92) | 2:06.93 (34.05) |
| 13 Crowe, John | 33 DISTRICT OF COLU | 2:14.55 | 2:12.12 | |

| | | | | |
|------------------|-------|------------------|-----------------|-----------------|
| | 31.12 | 1:04.16 (33.04) | 1:38.07 (33.91) | 2:12.12 (34.05) |
| 14 Spanhak, Karl | 31 | RESTON MASTERS S | 2:21.00 | 2:18.59 |
| | 32.32 | 1:07.29 (34.97) | 1:43.40 (36.11) | 2:18.59 (35.19) |

Men 30-34 500 Yard Freestyle

| ===== | | | | | |
|--|-----------------|------------------|-----------------|-----------------|--------|
| ZONE: Z 4:45.93 4/12/2008 Troy Johnson, VMST | | | | | |
| NATL: ! 4:29.49 2/25/1996 MATTHEW CETLINSKI | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 De Hart, Pieter | 32 | STONEWALL MASTER | 5:12.51 | 5:15.50 | 9 |
| | 26.91 | 56.85 (29.94) | 1:28.50 (31.65) | 2:00.82 (32.32) | |
| | 2:33.12 (32.30) | 3:05.93 (32.81) | 3:38.53 (32.60) | 4:10.85 (32.32) | |
| | 4:43.26 (32.41) | 5:15.50 (32.24) | | | |
| 2 Strahota, Jeffrey | 30 | TERRAPIN MASTERS | 5:12.15 | 5:17.17 | 7 |
| | 28.21 | 1:00.11 (31.90) | 1:32.24 (32.13) | 2:05.09 (32.85) | |
| | 2:37.33 (32.24) | 3:09.89 (32.56) | 3:42.52 (32.63) | 4:14.55 (32.03) | |
| | 4:46.22 (31.67) | 5:17.17 (30.95) | | | |
| 3 Patterson, Thomas | 33 | COLONIALS 1776 | 5:26.00 | 5:22.44 | 6 |
| | 29.02 | 1:00.24 (31.22) | 1:31.76 (31.52) | 2:04.36 (32.60) | |
| | 2:37.04 (32.68) | 3:09.99 (32.95) | 3:42.80 (32.81) | 4:16.17 (33.37) | |
| | 4:49.55 (33.38) | 5:22.44 (32.89) | | | |
| 4 Methric, Tim | 33 | MERRITT MARLINS | 6:00.99 | 5:26.96 | 5 |
| | 28.49 | 1:00.23 (31.74) | 1:33.18 (32.95) | 2:06.64 (33.46) | |
| | 2:40.38 (33.74) | 3:14.13 (33.75) | 3:48.32 (34.19) | 4:22.02 (33.70) | |
| | 4:55.26 (33.24) | 5:26.96 (31.70) | | | |
| 5 Richard, Jean-Phil | 34 | DISTRICT OF COLU | 5:55.55 | 5:29.47 | 4 |
| | 29.91 | 1:01.76 (31.85) | 1:34.69 (32.93) | 2:08.44 (33.75) | |
| | 2:43.09 (34.65) | 3:16.85 (33.76) | 3:50.51 (33.66) | 4:23.43 (32.92) | |
| | 4:57.10 (33.67) | 5:29.47 (32.37) | | | |
| 6 Kelly, Brennan | 31 | BEARCAT MASTERS | 6:08.00 | 5:31.11 | 3 |
| | 29.56 | 1:02.45 (32.89) | 1:36.31 (33.86) | 2:10.52 (34.21) | |
| | 2:44.65 (34.13) | 3:18.41 (33.76) | 3:50.71 (32.30) | 4:23.88 (33.17) | |
| | 4:57.49 (33.61) | 5:31.11 (33.62) | | | |
| 7 di Filippo, Mario | 34 | CURL BURKE MASTE | 5:31.59 | 5:33.00 | 2 |
| | 31.05 | 1:04.57 (33.52) | 1:38.77 (34.20) | 2:12.56 (33.79) | |
| | 2:46.62 (34.06) | 3:20.61 (33.99) | 3:54.46 (33.85) | 4:28.00 (33.54) | |
| | 5:01.54 (33.54) | 5:33.00 (31.46) | | | |
| 8 Starner, Josh | 31 | UNAT | 5:40.84 | 5:50.19 | 1 |
| | 31.61 | 1:06.18 (34.57) | 1:41.78 (35.60) | 2:17.58 (35.80) | |
| | 2:53.39 (35.81) | 3:29.81 (36.42) | 4:05.45 (35.64) | 4:40.69 (35.24) | |
| | 5:16.60 (35.91) | 5:50.19 (33.59) | | | |
| 9 Dragon, Tony | 34 | UNAT | 5:51.38 | 5:54.57 | |
| | 32.37 | 1:07.51 (35.14) | 1:43.77 (36.26) | 2:19.69 (35.92) | |
| | 2:55.97 (36.28) | 3:32.31 (36.34) | 4:09.37 (37.06) | 4:45.17 (35.80) | |
| | 5:20.45 (35.28) | 5:54.57 (34.12) | | | |
| 10 Crowe, John | 33 | DISTRICT OF COLU | 6:05.33 | 6:02.10 | |

| | | | | |
|------------------|-----------------|------------------|-------------------|-----------------|
| | 33.40 | 1:09.17 (35.77) | 1:45.34 (36.17) | 2:22.92 (37.58) |
| | 3:00.32 (37.40) | 3:37.41 (37.09) | 4:13.99 (36.58) | 4:50.46 (36.47) |
| | 5:26.93 (36.47) | 6:02.10 (35.17) | | |
| 11 Spanhak, Karl | 31 | RESTON MASTERS S | 6:30.00 | 6:26.71 |
| | 33.24 | 1:09.49 (36.25) | 1:46.48 (36.99) | 2:24.92 (38.44) |
| | 3:04.47 (39.55) | 3:44.57 (40.10) | 5:06.24 (1:21.67) | 5:47.14 (40.90) |
| | 6:26.71 (39.57) | | | |
| 12 Sugar, David | 31 | NORTH BALTIMORE | 7:54.88 | 7:26.91 |
| | 34.35 | 1:18.99 (44.64) | 2:03.79 (44.80) | 2:49.91 (46.12) |
| | 3:35.53 (45.62) | 4:22.01 (46.48) | 5:09.90 (47.89) | 5:56.63 (46.73) |
| | 6:42.86 (46.23) | 7:26.91 (44.05) | | |

Men 30-34 1000 Yard Freestyle

| | | | | |
|-------|-------------------|-------------------|-----------|-----------------|
| ===== | | | | |
| | ZONE: Z | 10:12.96 | 4/26/1988 | Matthew Clark |
| | NATL: ! | 9:26.93 | 3/23/2003 | JOSHUA WOODRUFF |
| Name | Age | Team | Seed | Finals |
| ===== | | | | |
| 1 | Patterson, Thomas | 33 COLONIALS 1776 | NT | 10:58.18 |

Men 30-34 1000 Yard Freestyle

| | | | | |
|-------|-------------------|---------------------|------------------|------------------|
| ===== | | | | |
| | ZONE: Z | 10:12.96 | 4/26/1988 | Matthew Clark |
| | NATL: ! | 9:26.93 | 3/23/2003 | JOSHUA WOODRUFF |
| Name | Age | Team | Seed | Finals |
| | | | | Points |
| ===== | | | | |
| 1 | De Hart, Pieter | 32 STONEWALL MASTER | 11:15.00 | 10:44.50 |
| | 26.54 | 56.63 (30.09) | | |
| | | | 3:35.67 () | 4:08.23 (32.56) |
| | 9:06.14 () | 9:39.13 (32.99) | 10:12.23 (33.10) | 10:44.50 (32.27) |
| 2 | di Filippo, Mario | 34 CURL BURKE MASTE | 11:24.89 | 11:27.41 |
| | 30.46 | 1:03.26 (32.80) | 1:36.77 (33.51) | 2:10.78 (34.01) |
| | 2:44.95 (34.17) | 3:19.28 (34.33) | 3:53.95 (34.67) | 4:29.06 (35.11) |
| | 5:04.43 (35.37) | 5:39.62 (35.19) | 6:14.51 (34.89) | 6:49.72 (35.21) |
| | 7:24.95 (35.23) | 7:59.87 (34.92) | 8:35.08 (35.21) | 9:10.14 (35.06) |
| | 9:45.46 (35.32) | 10:20.37 (34.91) | 10:54.37 (34.00) | 11:27.41 (33.04) |
| 3 | Piet, Michael | 33 ALEXANDRIA AQUAT | 12:00.00 | 11:58.35 |
| | 32.60 | 1:08.38 (35.78) | 1:45.19 (36.81) | 2:22.17 (36.98) |
| | 2:59.26 (37.09) | 3:35.94 (36.68) | 4:12.38 (36.44) | 4:49.03 (36.65) |
| | 5:25.64 (36.61) | 6:01.88 (36.24) | 6:37.77 (35.89) | 7:13.81 (36.04) |
| | 7:49.53 (35.72) | 8:25.26 (35.73) | 9:01.34 (36.08) | 9:36.91 (35.57) |
| | 10:12.88 (35.97) | 10:48.75 (35.87) | 11:24.70 (35.95) | 11:58.35 (33.65) |

Men 30-34 1650 Yard Freestyle

| | | | | |
|-------|---------|----------|-----------|--------------|
| ===== | | | | |
| | ZONE: Z | 16:46.56 | 4/16/1989 | James Kegley |
| | NATL: ! | 15:51.57 | 5/12/1996 | JEFF ERWIN |

| Name | Age | Team | Seed | Finals | Points |
|----------------------|------------------|------------------|------------------|------------------|--------|
| 1 Patterson, Thomas | 33 | COLONIALS 1776 | 18:24.96 | 18:19.11 | 9 |
| | 29.24 | 1:00.35 (31.11) | 1:32.03 (31.68) | 2:04.14 (32.11) | |
| | 2:36.57 (32.43) | 3:09.16 (32.59) | 3:42.10 (32.94) | 4:15.03 (32.93) | |
| | 4:48.50 (33.47) | 5:21.58 (33.08) | 5:55.05 (33.47) | 6:28.48 (33.43) | |
| | 7:02.02 (33.54) | 7:35.83 (33.81) | 8:09.17 (33.34) | 8:42.82 (33.65) | |
| | 9:16.61 (33.79) | 9:50.52 (33.91) | 10:24.43 (33.91) | 10:58.18 (33.75) | |
| | 11:31.68 (33.50) | 12:05.76 (34.08) | 12:39.88 (34.12) | 13:14.15 (34.27) | |
| | 13:48.35 (34.20) | 14:22.65 (34.30) | 14:57.05 (34.40) | 15:31.29 (34.24) | |
| | 16:05.40 (34.11) | 16:39.00 (33.60) | 17:13.03 (34.03) | 17:46.94 (33.91) | |
| | 18:19.11 (32.17) | | | | |
| 2 Orton, David | 33 | RESTON MASTERS S | 18:15.00 | 18:21.51 | 7 |
| | 28.82 | 1:00.38 (31.56) | 1:32.96 (32.58) | 2:05.88 (32.92) | |
| | 2:39.26 (33.38) | 3:12.62 (33.36) | 3:46.38 (33.76) | 4:19.86 (33.48) | |
| | 4:53.54 (33.68) | 5:27.36 (33.82) | 6:01.21 (33.85) | 6:35.06 (33.85) | |
| | 7:08.66 (33.60) | 7:42.50 (33.84) | 8:16.22 (33.72) | 8:49.95 (33.73) | |
| | 9:23.87 (33.92) | 9:57.55 (33.68) | 10:31.03 (33.48) | 11:04.75 (33.72) | |
| | 11:38.30 (33.55) | 12:12.04 (33.74) | 12:46.06 (34.02) | 13:19.94 (33.88) | |
| | 13:53.79 (33.85) | 14:27.61 (33.82) | 15:01.14 (33.53) | 15:35.20 (34.06) | |
| | 16:09.21 (34.01) | 16:43.36 (34.15) | 17:16.62 (33.26) | 17:50.04 (33.42) | |
| | 18:21.51 (31.47) | | | | |
| 3 Gallagher, Jose-Lu | 34 | CURL BURKE MASTE | 19:35.74 | 18:29.64 | 6 |
| | 30.78 | 1:03.47 (32.69) | 1:37.26 (33.79) | 2:11.62 (34.36) | |
| | 2:45.80 (34.18) | 3:19.85 (34.05) | 3:53.81 (33.96) | 4:28.09 (34.28) | |
| | 5:01.96 (33.87) | 5:36.55 (34.59) | 6:10.76 (34.21) | 6:44.41 (33.65) | |
| | 7:18.43 (34.02) | 7:52.31 (33.88) | 8:25.97 (33.66) | 8:59.52 (33.55) | |
| | 9:33.09 (33.57) | 10:06.10 (33.01) | 10:39.06 (32.96) | 11:12.40 (33.34) | |
| | 11:45.48 (33.08) | 12:18.70 (33.22) | 12:51.88 (33.18) | 13:25.20 (33.32) | |
| | 13:58.59 (33.39) | 14:32.40 (33.81) | 15:05.92 (33.52) | 15:40.29 (34.37) | |
| | 16:14.32 (34.03) | 16:48.31 (33.99) | 17:23.13 (34.82) | 17:56.93 (33.80) | |
| | 18:29.64 (32.71) | | | | |
| 4 Strahota, Jeffrey | 30 | TERRAPIN MASTERS | 18:33.81 | 18:33.53 | 5 |
| | 28.53 | 1:01.15 (32.62) | 1:34.44 (33.29) | 2:08.33 (33.89) | |
| | 2:42.06 (33.73) | 3:15.71 (33.65) | 3:49.07 (33.36) | 4:22.69 (33.62) | |
| | 4:56.51 (33.82) | 5:30.55 (34.04) | 6:04.60 (34.05) | 6:38.52 (33.92) | |
| | 7:12.78 (34.26) | 7:47.18 (34.40) | 8:21.59 (34.41) | 8:56.02 (34.43) | |
| | 9:30.08 (34.06) | 10:04.57 (34.49) | 10:38.68 (34.11) | 11:12.58 (33.90) | |
| | 11:46.52 (33.94) | 12:20.49 (33.97) | 12:54.56 (34.07) | 13:29.06 (34.50) | |
| | 14:03.55 (34.49) | 14:37.97 (34.42) | 15:11.94 (33.97) | 15:46.49 (34.55) | |
| | 16:20.90 (34.41) | 16:54.50 (33.60) | 17:28.07 (33.57) | 18:00.91 (32.84) | |
| | 18:33.53 (32.62) | | | | |
| 5 O'Connell, Dan | 34 | RESTON MASTERS S | 19:45.00 | 20:06.73 | 4 |
| | 31.97 | 1:06.18 (34.21) | 1:40.75 (34.57) | 2:15.61 (34.86) | |
| | 2:50.78 (35.17) | 3:25.91 (35.13) | 4:01.56 (35.65) | 4:37.70 (36.14) | |
| | 5:14.08 (36.38) | 5:50.74 (36.66) | 6:27.38 (36.64) | 7:04.14 (36.76) | |
| | 7:41.21 (37.07) | 8:18.41 (37.20) | 8:55.48 (37.07) | 9:32.74 (37.26) | |

| | | | |
|------------------|---------------------|------------------|------------------|
| 10:10.19 (37.45) | 10:47.48 (37.29) | 11:24.41 (36.93) | 12:01.82 (37.41) |
| 12:39.11 (37.29) | 13:16.43 (37.32) | 13:53.73 (37.30) | 14:31.30 (37.57) |
| 15:08.70 (37.40) | 15:46.33 (37.63) | 16:24.05 (37.72) | 17:01.20 (37.15) |
| 17:38.73 (37.53) | 18:16.34 (37.61) | 18:53.26 (36.92) | 19:30.03 (36.77) |
| 20:06.73 (36.70) | | | |
| 6 Dragon, Tony | 34 UNAT | 21:02.25 | 21:36.91 |
| 35.61 | 1:14.51 (38.90) | 1:54.50 (39.99) | 2:34.17 (39.67) |
| 3:14.06 (39.89) | 3:53.84 (39.78) | 4:33.16 (39.32) | 5:12.47 (39.31) |
| 5:51.81 (39.34) | 6:31.25 (39.44) | 7:10.62 (39.37) | 7:50.26 (39.64) |
| 8:29.80 (39.54) | 9:09.33 (39.53) | 9:48.53 (39.20) | 10:28.40 (39.87) |
| 11:08.11 (39.71) | 11:48.18 (40.07) | 12:27.75 (39.57) | 13:07.36 (39.61) |
| 13:47.09 (39.73) | 14:26.48 (39.39) | 15:06.34 (39.86) | 15:46.11 (39.77) |
| 16:25.71 (39.60) | 17:05.26 (39.55) | 17:45.46 (40.20) | 18:25.03 (39.57) |
| 19:03.67 (38.64) | 19:42.30 (38.63) | 20:21.20 (38.90) | 20:59.44 (38.24) |
| 21:36.91 (37.47) | | | |
| 7 Spanhak, Karl | 31 RESTON MASTERS S | 21:30.00 | 22:46.92 |
| 33.84 | 1:10.16 (36.32) | 1:48.03 (37.87) | 2:26.58 (38.55) |
| 3:06.51 (39.93) | 3:46.86 (40.35) | 4:27.61 (40.75) | 5:08.38 (40.77) |
| 5:49.42 (41.04) | 6:30.74 (41.32) | 7:12.81 (42.07) | 7:54.75 (41.94) |
| 8:37.54 (42.79) | 9:19.80 (42.26) | 10:01.59 (41.79) | 10:43.85 (42.26) |
| 11:25.92 (42.07) | 12:08.78 (42.86) | 12:52.49 (43.71) | 13:34.90 (42.41) |
| 14:17.39 (42.49) | 14:59.89 (42.50) | 15:42.85 (42.96) | 16:25.36 (42.51) |
| 17:08.34 (42.98) | 17:51.64 (43.30) | 18:34.31 (42.67) | 19:17.70 (43.39) |
| 20:00.77 (43.07) | 20:42.89 (42.12) | 21:25.09 (42.20) | 22:07.04 (41.95) |
| 22:46.92 (39.88) | | | |
| 8 Sugar, David | 31 NORTH BALTIMORE | 23:00.00 | 26:10.63 |
| 35.62 | 1:19.60 (43.98) | 2:06.45 (46.85) | 2:55.05 (48.60) |
| 3:42.13 (47.08) | 4:28.77 (46.64) | 5:16.40 (47.63) | 6:04.14 (47.74) |
| 6:51.70 (47.56) | 7:40.00 (48.30) | 8:28.57 (48.57) | 9:18.21 (49.64) |
| 10:06.31 (48.10) | 10:54.54 (48.23) | 11:42.94 (48.40) | 12:30.90 (47.96) |
| 13:20.00 (49.10) | 14:09.45 (49.45) | 14:57.87 (48.42) | 15:47.25 (49.38) |
| 16:36.16 (48.91) | 17:25.66 (49.50) | 18:13.25 (47.59) | 19:02.29 (49.04) |
| 19:50.39 (48.10) | 20:39.30 (48.91) | 21:28.47 (49.17) | 22:16.97 (48.50) |
| 23:06.29 (49.32) | 23:53.79 (47.50) | 24:42.26 (48.47) | 25:28.19 (45.93) |
| 26:10.63 (42.44) | | | |

Men 30-34 50 Yard Backstroke

| | | | | |
|---------------------|-------|------------------------------|-------|--------|
| ===== | | | | |
| ZONE: Z | 24.35 | 4/23/2006 Troy Johnson, VMST | | |
| NATL: ! | 22.97 | 2/8/2009 DERYA BUYUKUNCU | | |
| Name | Age | Team | Seed | Finals |
| ===== | | | | |
| 1 Chadeayne, Andrew | 31 | DC MASTERS | 25.00 | 25.77 |
| 2 Christensen, Finn | 33 | NORTH BALTIMORE | 28.27 | 28.08 |
| 3 Methric, Tim | 33 | MERRITT MARLINS | 31.00 | 28.63 |
| 4 Henkel, David | 31 | COLONIALS 1776 | 29.33 | 28.95 |
| 5 Linderman, Ross | 34 | DISTRICT OF COLU | 31.50 | 30.43 |

| | | | | | | |
|---|--------------------|----|------------------|-------|-------|---|
| 6 | Tustin, John | 34 | DISTRICT OF COLU | 34.00 | 31.31 | 3 |
| 7 | Richard, Jean-Phil | 34 | DISTRICT OF COLU | 32.18 | 31.37 | 2 |

Men 30-34 100 Yard Backstroke

=====

ZONE: Z 54.60 4/14/1991 Rick Reynolds
 NATL: ! 50.21 5/24/1992 CLAY BRITT

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Chadeayne, Andrew | 31 | DC MASTERS | 52.00 | 55.05 | 9 |
| | 26.41 | 55.05 (28.64) | | | |
| 2 Gallagher, Jose-Lu | 34 | CURL BURKE MASTE | 55.84 | 55.09 | 7 |
| | 26.84 | 55.09 (28.25) | | | |
| 3 De Hart, Pieter | 32 | STONEWALL MASTER | 1:02.22 | 1:00.05 | 6 |
| | 29.81 | 1:00.05 (30.24) | | | |
| 4 Henkel, David | 31 | COLONIALS 1776 | 1:03.28 | 1:00.74 | 5 |
| | 29.66 | 1:00.74 (31.08) | | | |
| 5 Christensen, Finn | 33 | NORTH BALTIMORE | 1:03.15 | 1:01.00 | 4 |
| | 29.62 | 1:01.00 (31.38) | | | |
| 6 Methric, Tim | 33 | MERRITT MARLINS | 1:10.99 | 1:01.38 | 3 |
| | 29.59 | 1:01.38 (31.79) | | | |
| 7 Strahota, Jeffrey | 30 | TERRAPIN MASTERS | 1:02.01 | 1:04.80 | 2 |
| | 31.10 | 1:04.80 (33.70) | | | |
| 8 Piet, Michael | 33 | ALEXANDRIA AQUAT | 1:15.00 | 1:06.98 | 1 |
| | 32.63 | 1:06.98 (34.35) | | | |

Men 30-34 200 Yard Backstroke

=====

ZONE: Z 1:58.16 4/14/1991 Peter Solomon
 NATL: ! 1:48.04 5/10/2009 ERIK SCALISE

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Chadeayne, Andrew | 31 | DC MASTERS | 1:55.00 | 1:59.31 | 9 |
| | 28.16 | 57.78 (29.62) | 1:28.31 (30.53) | 1:59.31 (31.00) | |
| 2 Gallagher, Jose-Lu | 34 | CURL BURKE MASTE | 2:00.50 | 2:02.13 | 7 |
| | 28.85 | 1:00.39 (31.54) | 1:31.29 (30.90) | 2:02.13 (30.84) | |
| 3 De Hart, Pieter | 32 | STONEWALL MASTER | 2:12.21 | 2:07.72 | 6 |
| | 30.51 | 1:02.19 (31.68) | 1:34.85 (32.66) | 2:07.72 (32.87) | |
| 4 Henkel, David | 31 | COLONIALS 1776 | 2:18.42 | 2:14.84 | 5 |
| | 33.11 | 1:07.94 (34.83) | 1:41.49 (33.55) | 2:14.84 (33.35) | |
| 5 Methric, Tim | 33 | MERRITT MARLINS | 2:30.00 | 2:17.39 | 4 |
| | 31.11 | 1:06.55 (35.44) | 1:42.91 (36.36) | 2:17.39 (34.48) | |
| 6 Chung, Jason | 30 | CURL BURKE MASTE | 2:18.29 | 2:17.45 | 3 |
| | 32.10 | 1:06.30 (34.20) | 1:41.74 (35.44) | 2:17.45 (35.71) | |
| 7 Richard, Jean-Phil | 34 | DISTRICT OF COLU | 2:43.12 | 2:23.95 | 2 |
| | 34.35 | 1:10.63 (36.28) | 1:48.27 (37.64) | 2:23.95 (35.68) | |
| 8 Linderman, Ross | 34 | DISTRICT OF COLU | 2:40.00 | 2:29.92 | 1 |

| | | | | | |
|----|--------------|-------|------------------|-----------------|-----------------|
| 9 | Crowe, John | 35.65 | 1:14.02 (38.37) | 1:52.75 (38.73) | 2:29.92 (37.17) |
| | | 33 | DISTRICT OF COLU | 2:30.08 | 2:30.09 |
| 10 | Tustin, John | 36.75 | 1:14.62 (37.87) | 1:53.19 (38.57) | 2:30.09 (36.90) |
| | | 34 | DISTRICT OF COLU | 2:45.00 | 2:33.38 |
| | | 34.38 | 1:12.71 (38.33) | 1:52.74 (40.03) | 2:33.38 (40.64) |

Men 30-34 50 Yard Breaststroke

=====

ZONE: Z 26.94 4/20/1997 Wally Dicks
 NATL: ! 25.69 5/4/2008 JEFF COMMINGS

| Name | Age Team | Seed | Finals | Points |
|----------------------|---------------------|-------|--------|--------|
| 1 Nagy, Joe | 30 RED TIDE | 27.50 | 26.54Z | 9 |
| 2 Werner, Scott | 32 RED TIDE | 26.50 | 27.11 | 7 |
| 3 Chung, Jason | 30 CURL BURKE MASTE | 29.53 | 28.78 | 6 |
| 4 Kelly, Brennan | 31 BEARCAT MASTERS | 31.42 | 30.43 | 5 |
| 5 Gallagher, Jose-Lu | 34 CURL BURKE MASTE | 32.43 | 30.99 | 4 |
| 6 Sanchez Torrente, | 30 NATIONAL CAPITAL | 30.80 | 31.14 | 3 |
| 7 Ching, Reid | 33 RED TIDE | 35.00 | 32.73 | 2 |
| 8 Park, Shannon | 32 UNAT | 34.48 | 32.92 | 1 |
| 9 Strahota, Jeffrey | 30 TERRAPIN MASTERS | 33.33 | 33.19 | |
| 10 Watson, Jason | 32 RESTON MASTERS S | 35.60 | 34.69 | |

Men 30-34 100 Yard Breaststroke

=====

ZONE: Z 58.28 4/22/2001 Joe Bubel
 NATL: ! 55.85 5/20/2007 JEFF COMMINGS

| Name | Age Team | Seed | Finals | Points |
|----------------------|-----------------------|---------|---------|--------|
| 1 Nagy, Joe | 30 RED TIDE | 58.50 | 57.93Z | 9 |
| | 27.00 57.93 (30.93) | | | |
| 2 Werner, Scott | 32 RED TIDE | 58.40 | 58.17Z | 7 |
| | 27.43 58.17 (30.74) | | | |
| 3 Chung, Jason | 30 CURL BURKE MASTE | 1:10.27 | 1:06.06 | 6 |
| | 30.60 1:06.06 (35.46) | | | |
| 4 Gallagher, Jose-Lu | 34 CURL BURKE MASTE | 1:11.74 | 1:08.55 | 5 |
| | 32.36 1:08.55 (36.19) | | | |
| 5 Ching, Reid | 33 RED TIDE | 1:20.00 | 1:11.69 | 4 |
| | 34.86 1:11.69 (36.83) | | | |
| 6 Watson, Jason | 32 RESTON MASTERS S | 1:16.43 | 1:15.08 | 3 |
| | 35.91 1:15.08 (39.17) | | | |

Men 30-34 200 Yard Breaststroke

=====

ZONE: Z 2:07.60 4/24/2010 Nicholas Werner, Red Tide
 NATL: ! 2:00.64 5/10/2009 ERIK SCALISE

| Name | Age Team | Seed | Finals | Points |
|------|----------|------|--------|--------|
|------|----------|------|--------|--------|

| | | | | | | |
|---|---------------|-------|------------------|-----------------|-----------------|---|
| 1 | Werner, Scott | 32 | RED TIDE | 2:07.60 | 2:07.04Z | 9 |
| | | 28.77 | 1:01.21 (32.44) | 1:34.40 (33.19) | 2:07.04 (32.64) | |
| 2 | Nagy, Joe | 30 | RED TIDE | 2:07.00 | 2:09.12 | 7 |
| | | 28.40 | 1:00.74 (32.34) | 1:34.58 (33.84) | 2:09.12 (34.54) | |
| 3 | Watson, Jason | 32 | RESTON MASTERS S | 2:41.71 | 2:40.46 | 6 |
| | | 36.86 | 1:17.88 (41.02) | 1:59.67 (41.79) | 2:40.46 (40.79) | |
| 4 | Ching, Reid | 33 | RED TIDE | 2:52.65 | 2:41.81 | 5 |
| | | 38.70 | 1:20.23 (41.53) | 2:02.76 (42.53) | 2:41.81 (39.05) | |

Men 30-34 50 Yard Butterfly

| ===== | | | | | | |
|---------------|-------------------|------------------------|------------------|--------|--------|---|
| ZONE: Z 23.03 | | 4/13/2003 Curtis Sawin | | | | |
| NATL: ! 21.44 | | 12/5/2009 ZSOLT GASPAP | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Hegna, Ryan | 30 | COLONIALS 1776 | 26.47 | 25.73 | 9 |
| 2 | Kelly, Brennan | 31 | BEARCAT MASTERS | 26.50 | 25.82 | 7 |
| 3 | Christensen, Finn | 33 | NORTH BALTIMORE | 27.28 | 26.21 | 6 |
| 4 | Sanchez Torrente, | 30 | NATIONAL CAPITAL | 26.60 | 26.33 | 5 |
| 5 | Chung, Jason | 30 | CURL BURKE MASTE | 27.26 | 26.52 | 4 |
| 6 | Linderman, Ross | 34 | DISTRICT OF COLU | 27.50 | 26.86 | 3 |
| 7 | Strahota, Jeffrey | 30 | TERRAPIN MASTERS | 25.44 | 27.11 | 2 |
| 8 | Hegna, Jon | 32 | CURL BURKE MASTE | 30.00 | 27.18 | 1 |
| 9 | Park, Shannon | 32 | UNAT | 29.36 | 27.64 | |
| 10 | di Filippo, Mario | 34 | CURL BURKE MASTE | 27.24 | 27.68 | |
| 11 | Piet, Michael | 33 | ALEXANDRIA AQUAT | 45.00 | 28.01 | |
| 12 | Watson, Jason | 32 | RESTON MASTERS S | 29.79 | 29.49 | |
| 13 | Spanhak, Karl | 31 | RESTON MASTERS S | 30.00 | 32.66 | |
| 14 | Crowe, John | 33 | DISTRICT OF COLU | 35.00 | 34.98 | |
| 15 | St Clair, Travis | 32 | DISTRICT OF COLU | 36.06 | 36.52 | |

Men 30-34 100 Yard Butterfly

| ===== | | | | | | |
|---------------|-------------------|------------------------|------------------|---------|---------|---|
| ZONE: Z 51.08 | | 4/13/2003 Curtis Sawin | | | | |
| NATL: ! 47.77 | | 5/21/2010 ZSOLT GASPAP | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Hegna, Ryan | 30 | COLONIALS 1776 | 59.50 | 57.69 | 9 |
| | | 26.69 | 57.69 (31.00) | | | |
| 2 | Kelly, Brennan | 31 | BEARCAT MASTERS | 58.76 | 58.20 | 7 |
| | | 26.52 | 58.20 (31.68) | | | |
| 3 | Strahota, Jeffrey | 30 | TERRAPIN MASTERS | 1:01.01 | 59.55 | 6 |
| | | 27.80 | 59.55 (31.75) | | | |
| 4 | Patterson, Thomas | 33 | COLONIALS 1776 | 59.00 | 59.74 | 5 |
| | | 28.45 | 59.74 (31.29) | | | |
| 5 | di Filippo, Mario | 34 | CURL BURKE MASTE | 1:00.81 | 1:01.73 | 4 |

| | | | | | | |
|-----------------|-------|----|-----------------|---------|---------|---|
| 6 Ching, Reid | 28.36 | 33 | 1:01.73 (33.37) | 1:12.00 | 1:02.06 | 3 |
| | 30.29 | | 1:02.06 (31.77) | | | |
| 7 Park, Shannon | 29.28 | 32 | 1:03.14 (33.86) | 1:05.09 | 1:03.14 | 2 |
| | 32.50 | | 1:07.80 (35.30) | | | |
| 8 Watson, Jason | 30.94 | 32 | 1:09.33 (38.39) | 1:04.89 | 1:07.80 | 1 |
| | | | | | | |
| 9 Jent, Daniel | | 33 | | 1:02.69 | 1:09.33 | |
| | | | | | | |

Men 30-34 200 Yard Butterfly

| ===== | | | | | | |
|--------------------------------------|-------|------------------|-----------------|-----------------|--------|--|
| ZONE: Z 1:58.12 5/7/1995 Jeff Stuart | | | | | | |
| NATL: ! 1:49.52 5/16/1994 PETER EGAN | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Patterson, Thomas | 33 | COLONIALS 1776 | 2:08.52 | 2:12.62 | 9 | |
| | 28.36 | 1:00.25 (31.89) | 1:35.21 (34.96) | 2:12.62 (37.41) | | |
| 2 Richard, Jean-Phil | 34 | DISTRICT OF COLU | 2:42.21 | 2:18.45 | 7 | |
| | 29.54 | 1:04.22 (34.68) | 1:41.84 (37.62) | 2:18.45 (36.61) | | |
| 3 di Filippo, Mario | 34 | CURL BURKE MASTE | 2:20.15 | 2:18.61 | 6 | |
| | 30.88 | 1:06.12 (35.24) | 1:41.40 (35.28) | 2:18.61 (37.21) | | |
| 4 Ching, Reid | 33 | RED TIDE | 2:57.99 | 2:39.38 | 5 | |
| | 36.31 | 1:18.13 (41.82) | 2:01.53 (43.40) | 2:39.38 (37.85) | | |

Men 30-34 100 Yard IM

| ===== | | | | | | |
|---|-------|------------------|---------|---------|--------|--|
| ZONE: Z 53.67 4/25/2010 Nicholas Werner, Red Tide | | | | | | |
| NATL: ! 50.89 5/10/2009 ERIK SCALISE | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Werner, Scott | 32 | RED TIDE | 53.67 | 53.71 | 9 | |
| | 25.29 | 53.71 (28.42) | | | | |
| 2 De Hart, Pieter | 32 | STONEWALL MASTER | 1:00.10 | 59.31 | 7 | |
| | 27.28 | 59.31 (32.03) | | | | |
| 3 Kelly, Brennan | 31 | BEARCAT MASTERS | 1:00.83 | 59.97 | 6 | |
| | 27.25 | 59.97 (32.72) | | | | |
| 4 Christensen, Finn | 33 | NORTH BALTIMORE | 1:02.17 | 1:00.28 | 5 | |
| | 27.55 | 1:00.28 (32.73) | | | | |
| 5 Hegna, Jon | 32 | CURL BURKE MASTE | 1:06.00 | 1:02.68 | 4 | |
| | 28.72 | 1:02.68 (33.96) | | | | |
| 6 Strahota, Jeffrey | 30 | TERRAPIN MASTERS | 1:01.01 | 1:02.88 | 3 | |
| | 29.25 | 1:02.88 (33.63) | | | | |
| 7 Sanchez Torrente, | 30 | NATIONAL CAPITAL | 1:02.00 | 1:02.97 | 2 | |
| | 30.04 | 1:02.97 (32.93) | | | | |
| 8 Park, Shannon | 32 | UNAT | 1:08.06 | 1:04.24 | 1 | |
| | 30.24 | 1:04.24 (34.00) | | | | |

| | | | | |
|-------------------|-------|------------------|---------|---------|
| 9 Linderman, Ross | 34 | DISTRICT OF COLU | 1:10.00 | 1:06.05 |
| | 29.74 | 1:06.05 (36.31) | | |
| 10 Watson, Jason | 32 | RESTON MASTERS S | 1:07.49 | 1:07.27 |
| | 31.85 | 1:07.27 (35.42) | | |
| 11 Tustin, John | 34 | DISTRICT OF COLU | 1:19.00 | 1:08.32 |
| | 30.04 | 1:08.32 (38.28) | | |
| 12 Dew, Stephen | 33 | RED TIDE | 1:12.00 | 1:15.56 |
| | 34.17 | 1:15.56 (41.39) | | |

Men 30-34 200 Yard IM

| ===== | | | | | |
|--------------------|-------|------------------|-----------------|-----------------|--------|
| ZONE: Z | | 1:55.50 | 4/13/2003 | Curtis Sawin | |
| NATL: ! | | 1:47.62 | 5/4/1997 | RONALD KARNAUGH | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Werner, Scott | 32 | RED TIDE | 1:57.70 | 1:58.17 | 9 |
| | 26.17 | 56.86 (30.69) | 1:29.82 (32.96) | 1:58.17 (28.35) | |
| 2 De Hart, Pieter | 32 | STONEWALL MASTER | 2:10.21 | 2:07.33 | 7 |
| | 26.74 | 59.72 (32.98) | 1:37.89 (38.17) | 2:07.33 (29.44) | |
| 3 Ching, Reid | 33 | RED TIDE | 2:35.00 | 2:24.79 | 6 |
| | 31.84 | 1:10.23 (38.39) | 1:51.81 (41.58) | 2:24.79 (32.98) | |
| 4 St Clair, Travis | 32 | DISTRICT OF COLU | 3:00.00 | 3:08.30 | 5 |
| | 39.99 | 1:34.03 (54.04) | 2:25.76 (51.73) | 3:08.30 (42.54) | |

Men 30-34 400 Yard IM

| ===== | | | | | |
|----------------------|-------|------------------|-----------------|-----------------|-----------------|
| ZONE: Z | | 4:16.10 | 5/2/1999 | Jerome Frentsos | |
| NATL: ! | | 3:53.81 | 5/4/1997 | RONALD KARNAUGH | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Patterson, Thomas | 33 | COLONIALS 1776 | 4:42.00 | 4:41.23 | 9 |
| | 29.27 | 1:01.58 (32.31) | 1:37.25 (35.67) | 2:13.35 (36.10) | |
| | | 2:54.66 (41.31) | 3:35.95 (41.29) | 4:09.04 (33.09) | 4:41.23 (32.19) |
| 2 Richard, Jean-Phil | 34 | DISTRICT OF COLU | 5:08.12 | 4:46.38 | 7 |
| | 28.77 | 1:02.32 (33.55) | 1:41.99 (39.67) | 2:21.49 (39.50) | |
| | | 2:59.47 (37.98) | 3:40.04 (40.57) | 4:13.77 (33.73) | 4:46.38 (32.61) |
| 3 Watson, Jason | 32 | RESTON MASTERS S | 5:40.00 | 5:13.43 | 6 |
| | 32.88 | 1:09.67 (36.79) | 1:52.52 (42.85) | 2:33.13 (40.61) | |
| | | 3:17.97 (44.84) | 4:02.17 (44.20) | 4:38.49 (36.32) | 5:13.43 (34.94) |

Men 35-39 50 Yard Freestyle

| ===== | | | | | |
|-------------------|-----|------------------|-----------|-------------------|--------|
| ZONE: Z | | 21.05 | 4/23/2006 | Michael Ross, NEM | |
| NATL: ! | | 20.14 | 5/4/2008 | JOSH DAVIS | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Conze, Dietrich | 39 | WARD'S SWIM CLUB | 23.50 | 23.45 | 9 |

| | | | | | | |
|----|-------------------|----|------------------|-------|-------|---|
| 2 | Thompson, Thayer | 36 | RED TIDE | 24.24 | 23.64 | 7 |
| 3 | Moon, WonKee | 36 | DISTRICT OF COLU | 25.55 | 24.68 | 6 |
| 4 | Bezerra, Andre | 39 | DISTRICT OF COLU | 25.00 | 26.45 | 5 |
| 5 | Galtier, Georges | 37 | RED TIDE | 25.00 | 26.63 | 4 |
| 6 | Verma, Raj | 37 | UNAT | 28.50 | 26.67 | 3 |
| 7 | Chun, Yang | 37 | ARLINGTON MASTER | 31.39 | 30.62 | 2 |
| -- | Melinson, Timothy | 35 | ALEXANDRIA AQUAT | 23.00 | DQ | |
| | 60 | | False start | | | |

Men 35-39 100 Yard Freestyle

| | | | | | | |
|-------|-------------------|-------|------------------|-------------------|---------|--------|
| ===== | | | | | | |
| | ZONE: Z | 45.54 | 4/23/2006 | Michael Ross, NEM | | |
| | NATL: ! | 44.24 | 4/20/2009 | VLAD PYSHNENKO | | |
| | Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | | |
| 1 | Conze, Dietrich | 39 | WARD'S SWIM CLUB | 53.50 | 51.05 | 9 |
| | | 24.19 | 51.05 (26.86) | | | |
| 2 | Melinson, Timothy | 35 | ALEXANDRIA AQUAT | 53.00 | 52.58 | 7 |
| | | 24.67 | 52.58 (27.91) | | | |
| 3 | Nakahodo, Sidney | 35 | NATIONAL CAPITAL | 53.00 | 53.52 | 6 |
| | | 26.28 | 53.52 (27.24) | | | |
| 4 | Chambers, Matt | 35 | MERRITT MARLINS | 56.32 | 55.06 | 5 |
| | | 26.63 | 55.06 (28.43) | | | |
| 5 | Moon, WonKee | 36 | DISTRICT OF COLU | 56.56 | 55.26 | 4 |
| | | 26.61 | 55.26 (28.65) | | | |
| 6 | Carlson, John | 39 | RESTON MASTERS S | 57.50 | 56.52 | 3 |
| | | 27.02 | 56.52 (29.50) | | | |
| 7 | Verma, Raj | 37 | UNAT | 56.42 | 58.01 | 2 |
| | | 27.75 | 58.01 (30.26) | | | |
| 8 | Galtier, Georges | 37 | RED TIDE | 55.00 | 58.05 | 1 |
| | | 27.48 | 58.05 (30.57) | | | |
| 9 | Lewis, Monte | 35 | GERMANTOWN MARYL | 1:03.00 | 1:04.41 | |
| | | 30.32 | 1:04.41 (34.09) | | | |
| 10 | Hall, Ronald | 37 | NORTH BALTIMORE | 1:09.00 | 1:07.26 | |
| | | 31.18 | 1:07.26 (36.08) | | | |
| 11 | McCready, Matthew | 35 | ALEXANDRIA MASTE | 1:30.00 | 1:29.22 | |
| | | 44.36 | 1:29.22 (44.86) | | | |

Men 35-39 200 Yard Freestyle

| | | | | | | |
|-------|------------------|---------|------------------|-------------------|-----------------|--------|
| ===== | | | | | | |
| | ZONE: Z | 1:39.90 | 4/24/2005 | Michael Ross, NEM | | |
| | NATL: ! | 1:36.56 | 5/4/2008 | JOSH DAVIS | | |
| | Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | | |
| 1 | Thompson, Thayer | 36 | RED TIDE | 1:56.56 | 1:51.95 | 9 |
| | | 26.07 | 54.13 (28.06) | 1:22.67 (28.54) | 1:51.95 (29.28) | |
| 2 | Reuter, Adam | 37 | PENNYPACK AQUATI | 1:56.00 | 1:52.97 | 7 |

| | | | | |
|---------------------|-------|------------------|-----------------|-----------------|
| | 26.00 | 54.60 (28.60) | 1:23.96 (29.36) | 1:52.97 (29.01) |
| 3 Conze, Dietrich | 39 | WARD'S SWIM CLUB | 1:57.00 1:56.40 | 6 |
| | 26.34 | 55.16 (28.82) | 1:25.72 (30.56) | 1:56.40 (30.68) |
| 4 Goodison, Michael | 39 | TERRAPIN MASTERS | 1:59.30 1:58.85 | 5 |
| | 27.37 | 57.40 (30.03) | 1:28.19 (30.79) | 1:58.85 (30.66) |
| 5 Van Pool, Kendall | 35 | ALEXANDRIA MASTE | 1:56.22 1:59.26 | 4 |
| | 27.61 | 58.31 (30.70) | 1:29.79 (31.48) | 1:59.26 (29.47) |
| 6 Joubert, Kevin | 38 | MERRITT MARLINS | 2:00.00 1:59.70 | 3 |
| | 28.41 | 58.95 (30.54) | 1:29.78 (30.83) | 1:59.70 (29.92) |
| 7 Matkovic, Paul | 38 | ASPHALT GREEN MA | 2:00.56 1:59.71 | 2 |
| | 28.42 | 58.80 (30.38) | 1:29.64 (30.84) | 1:59.71 (30.07) |
| 8 Melinson, Timothy | 35 | ALEXANDRIA AQUAT | 2:10.00 1:59.75 | 1 |
| | 28.39 | 58.92 (30.53) | 1:29.83 (30.91) | 1:59.75 (29.92) |
| 9 Verma, Raj | 37 | UNAT | 2:06.03 2:09.78 | |
| | 29.94 | 1:02.87 (32.93) | 1:36.35 (33.48) | 2:09.78 (33.43) |
| 10 Carlson, John | 39 | RESTON MASTERS S | 2:15.00 2:10.47 | |
| | 29.59 | 1:02.53 (32.94) | 1:36.50 (33.97) | 2:10.47 (33.97) |

Men 35-39 500 Yard Freestyle

| ===== | | | | |
|---|-----------------|------------------|-----------------|-----------------|
| ZONE: Z 4:43.62 4/25/2009 Mark Matheson, NIAG | | | | |
| NATL: ! 4:33.97 5/17/2002 RONALD KARNAUGH | | | | |
| Name | Age | Team | Seed | Finals Points |
| ===== | | | | |
| 1 Baldwin, Craig | 36 | SNOW MASTERS SWI | 5:33.09 | 5:13.75 9 |
| | 28.92 | 59.52 (30.60) | 1:30.86 (31.34) | 2:02.92 (32.06) |
| | 2:35.38 (32.46) | 3:07.23 (31.85) | 3:39.11 (31.88) | 4:11.01 (31.90) |
| | 4:42.28 (31.27) | 5:13.75 (31.47) | | |
| 2 Reuter, Adam | 37 | PENNYPACK AQUATI | 5:30.00 | 5:23.90 7 |
| | 29.67 | 1:02.20 (32.53) | 1:35.86 (33.66) | 2:09.91 (34.05) |
| | 2:43.37 (33.46) | 3:16.03 (32.66) | 3:48.48 (32.45) | 4:20.98 (32.50) |
| | 4:53.30 (32.32) | 5:23.90 (30.60) | | |
| 3 Chambers, Matt | 35 | MERRITT MARLINS | 5:37.19 | 5:33.91 6 |
| | 29.14 | 1:01.05 (31.91) | 1:33.76 (32.71) | 2:07.91 (34.15) |
| | 2:41.81 (33.90) | 3:16.39 (34.58) | 3:51.45 (35.06) | 4:26.15 (34.70) |
| | 5:00.72 (34.57) | 5:33.91 (33.19) | | |
| 4 Verma, Raj | 37 | UNAT | 5:45.12 | 5:50.17 5 |
| | 30.83 | 1:04.97 (34.14) | 1:39.96 (34.99) | 2:15.64 (35.68) |
| | 2:51.82 (36.18) | 3:27.99 (36.17) | 4:04.56 (36.57) | 4:40.72 (36.16) |
| | 5:16.21 (35.49) | 5:50.17 (33.96) | | |
| 5 Carlson, John | 39 | RESTON MASTERS S | 6:10.00 | 5:57.07 4 |
| | 32.00 | 1:07.15 (35.15) | 1:43.26 (36.11) | 2:19.30 (36.04) |
| | 2:55.64 (36.34) | 3:32.61 (36.97) | 4:09.27 (36.66) | 4:46.15 (36.88) |
| | 5:22.20 (36.05) | 5:57.07 (34.87) | | |
| 6 Lewis, Monte | 35 | GERMANTOWN MARYL | 6:46.00 | 6:41.08 3 |
| | 32.71 | 1:12.12 (39.41) | 1:52.98 (40.86) | 2:33.98 (41.00) |
| | 3:16.10 (42.12) | 3:57.65 (41.55) | 4:39.26 (41.61) | 5:20.65 (41.39) |

6:02.42 (41.77) 6:41.08 (38.66)

Men 35-39 1000 Yard Freestyle

=====

ZONE: Z 10:18.45 4/12/1992 Matthew Clark
NATL: ! 9:27.97 5/20/2010 ERIC CHRISTENSEN

| Name | Age | Team | Seed | Finals | Points |
|-----------------|------------------|------------------|------------------|------------------|--------|
| 1 Reuter, Adam | 37 | PENNYPACK AQUATI | 11:45.00 | 11:13.96 | 9 |
| | 29.08 | 1:00.81 (31.73) | 1:33.69 (32.88) | 2:07.69 (34.00) | |
| | 2:42.15 (34.46) | 3:16.61 (34.46) | 3:51.40 (34.79) | 4:25.69 (34.29) | |
| | 4:59.72 (34.03) | 5:33.49 (33.77) | 6:08.23 (34.74) | 6:42.35 (34.12) | |
| | 7:16.67 (34.32) | 7:51.40 (34.73) | 8:25.72 (34.32) | 8:59.84 (34.12) | |
| | 9:34.05 (34.21) | 10:07.82 (33.77) | 10:41.72 (33.90) | 11:13.96 (32.24) | |
| 2 Moon, WonKee | 36 | DISTRICT OF COLU | 12:12.12 | 11:40.33 | 7 |
| | 31.24 | 1:05.38 (34.14) | 1:39.94 (34.56) | 2:18.95 (39.01) | |
| | 2:54.21 (35.26) | 3:29.39 (35.18) | 4:04.80 (35.41) | 4:39.95 (35.15) | |
| | 5:15.07 (35.12) | 5:50.10 (35.03) | 6:25.08 (34.98) | 7:00.16 (35.08) | |
| | 7:35.51 (35.35) | 8:10.84 (35.33) | 8:46.04 (35.20) | 9:21.23 (35.19) | |
| | 9:56.19 (34.96) | 10:31.49 (35.30) | 11:06.47 (34.98) | 11:40.33 (33.86) | |
| 3 Dean, Nathan | 36 | ALEXANDRIA AQUAT | 11:50.00 | 11:49.53 | 6 |
| | 29.24 | 1:01.32 (32.08) | 1:34.47 (33.15) | 2:08.40 (33.93) | |
| | 2:42.94 (34.54) | 3:17.81 (34.87) | 3:53.12 (35.31) | 4:28.78 (35.66) | |
| | 5:04.73 (35.95) | 5:40.83 (36.10) | 6:16.95 (36.12) | 6:53.44 (36.49) | |
| | 7:29.92 (36.48) | 8:06.86 (36.94) | 8:44.34 (37.48) | 9:21.58 (37.24) | |
| | 9:58.84 (37.26) | 10:36.25 (37.41) | 11:13.32 (37.07) | 11:49.53 (36.21) | |
| 4 Carlson, John | 39 | RESTON MASTERS S | 12:45.00 | 12:10.47 | 5 |
| | 32.18 | 1:07.67 (35.49) | 1:43.70 (36.03) | 2:19.82 (36.12) | |
| | 2:55.99 (36.17) | 3:33.14 (37.15) | 4:09.21 (36.07) | 4:45.51 (36.30) | |
| | 5:21.73 (36.22) | 5:59.04 (37.31) | 6:36.24 (37.20) | 7:13.31 (37.07) | |
| | 7:49.87 (36.56) | 8:27.31 (37.44) | 9:04.24 (36.93) | 9:41.92 (37.68) | |
| | 10:19.31 (37.39) | 10:56.74 (37.43) | 11:34.09 (37.35) | 12:10.47 (36.38) | |
| 5 Verma, Raj | 37 | UNAT | 12:30.00 | 12:21.01 | 4 |
| | 32.39 | 1:07.28 (34.89) | 1:43.13 (35.85) | 2:19.25 (36.12) | |
| | 2:55.75 (36.50) | 3:32.45 (36.70) | 4:09.44 (36.99) | 4:46.63 (37.19) | |
| | 5:24.08 (37.45) | 6:01.49 (37.41) | 6:39.11 (37.62) | 7:17.14 (38.03) | |
| | 7:55.22 (38.08) | 8:33.62 (38.40) | 9:12.00 (38.38) | 9:50.15 (38.15) | |
| | 10:28.10 (37.95) | 11:06.14 (38.04) | 11:44.01 (37.87) | 12:21.01 (37.00) | |

Men 35-39 1650 Yard Freestyle

=====

ZONE: Z 16:41.25 5/1/1994 James Kegley
NATL: ! 15:53.88 5/18/2003 JEFF ERWIN

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|----------|--------|
| 1 Culpepper, Kerry | 35 | RESTON MASTERS S | 35:00.00 | 31:50.18 | 9 |
| | 49.34 | 1:41.03 (51.69) | 2:36.23 (55.20) | | |

| | | | |
|--------------------|--------------------|--------------------|--------------------|
| 8:31.54 () | 9:31.11 (59.57) | 10:30.76 (59.65) | 11:31.83 (1:01.07) |
| 12:31.26 (59.43) | 13:30.79 (59.53) | 14:30.64 (59.85) | 15:28.58 (57.94) |
| 16:28.58 (1:00.00) | 17:25.44 (56.86) | 19:23.03 (1:57.59) | |
| 20:23.02 () | 22:19.81 (1:56.79) | 23:18.34 (58.53) | 24:16.26 (57.92) |
| 25:15.05 (58.79) | 26:12.56 (57.51) | 27:09.71 (57.15) | |
| 28:05.55 () | 29:03.67 (58.12) | 30:01.76 (58.09) | 30:56.35 (54.59) |
| 31:50.18 (53.83) | | | |

Men 35-39 50 Yard Backstroke

=====

ZONE: Z 23.06 4/23/2006 Michael Ross, NEM
 NATL: ! 22.70 5/4/2008 JOSH DAVIS

| Name | Age Team | Seed | Finals | Points |
|--------------------|---------------------|-------|--------|--------|
| 1 Nakahodo, Sidney | 35 NATIONAL CAPITAL | 26.50 | 27.17 | 9 |
| 2 Jaffe, Matthew | 38 RED TIDE | 28.80 | 27.95 | 7 |
| 3 Joubert, Kevin | 38 MERRITT MARLINS | 32.00 | 31.98 | 6 |
| 4 Carlson, John | 39 RESTON MASTERS S | 32.00 | 32.22 | 5 |
| 5 Galtier, Georges | 37 RED TIDE | 34.00 | 33.06 | 4 |

Men 35-39 100 Yard Backstroke

=====

ZONE: Z 49.62 4/24/2005 Michael Ross, NEM
 NATL: ! 49.12 5/4/2008 JOSH DAVIS

| Name | Age Team | Seed | Finals | Points |
|---------------------|-----------------------|---------|---------|--------|
| 1 Nakahodo, Sidney | 35 NATIONAL CAPITAL | 57.50 | 59.24 | 9 |
| | 28.40 59.24 (30.84) | | | |
| 2 Lewis, Monte | 35 GERMANTOWN MARYL | 1:19.00 | 1:18.32 | 7 |
| | 37.63 1:18.32 (40.69) | | | |
| 3 Hall, Ronald | 37 NORTH BALTIMORE | 1:25.00 | 1:32.41 | 6 |
| | 42.91 1:32.41 (49.50) | | | |
| 4 McCready, Matthew | 35 ALEXANDRIA MASTE | 1:54.00 | 1:52.44 | 5 |
| | 54.11 1:52.44 (58.33) | | | |

Men 35-39 100 Yard Backstroke

=====

ZONE: Z 49.62 4/24/2005 Michael Ross
 NATL: ! 49.12 5/4/2008 JOSH DAVIS

| Name | Age Team | Seed | Finals |
|--------------------|---------------------|------|--------|
| 1 Nakahodo, Sidney | 35 NATIONAL CAPITAL | NT | 59.31 |

Men 35-39 200 Yard Backstroke

=====

ZONE: Z 1:52.89 4/24/2005 Michael Ross, NEM
 NATL: ! 1:47.72 5/4/2008 JOSH DAVIS

| Name | Age | Team | Seed | Finals | Points |
|--------------------|---------|------------------|---------|---------|-----------------|
| 1 Moon, WonKee | 36 | DISTRICT OF COLU | 2:25.25 | 2:20.22 | 9 |
| | 1:07.66 | 1:43.86 (36.20) | 2:20.22 | (36.36) | |
| 2 Nakahodo, Sidney | 35 | NATIONAL CAPITAL | 2:16.00 | 2:23.21 | 7 |
| | 28.42 | 59.31 (30.89) | 1:44.22 | (44.91) | 2:23.21 (38.99) |
| 3 Joubert, Kevin | 38 | MERRITT MARLINS | 2:30.00 | 2:28.00 | 6 |
| | 36.04 | 1:14.48 (38.44) | 1:53.07 | (38.59) | 2:28.00 (34.93) |

Men 35-39 50 Yard Breaststroke

| Name | Age | Team | Seed | Finals | Points |
|-------------------------------------|-----|------------------|-------|--------|--------|
| ZONE: Z 26.29 4/22/2001 Wally Dicks | | | | | |
| NATL: ! 25.35 5/21/2010 STEVE WEST | | | | | |
| 1 Goodison, Michael | 39 | TERRAPIN MASTERS | 28.30 | 28.86 | 9 |
| 2 Reuter, Adam | 37 | PENNYPACK AQUATI | 28.28 | 29.20 | 7 |
| 3 Sandi, Gustavo | 38 | PATRIOT MASTERS | 30.00 | 29.99 | 6 |
| 4 Losinger, Matt | 38 | BINGHAMTON UNIV | 32.15 | 30.37 | 5 |
| 5 Gonzales, Francisc | 38 | NATIONAL CAPITAL | 30.90 | 30.98 | 4 |
| 6 Moon, WonKee | 36 | DISTRICT OF COLU | 31.31 | 31.82 | 3 |
| 7 Hanneschlager, Mi | 36 | FAIRFAX COUNTY M | 32.64 | 31.96 | 2 |

Men 35-39 100 Yard Breaststroke

| Name | Age | Team | Seed | Finals | Points |
|---------------------------------------|-------|------------------|---------|---------|--------|
| ZONE: Z 55.84 4/22/2001 Wally Dicks | | | | | |
| NATL: ! 55.26 12/16/2001 RON KARNAUGH | | | | | |
| 1 Goodison, Michael | 39 | TERRAPIN MASTERS | 1:03.25 | 1:03.08 | 9 |
| | 29.23 | 1:03.08 (33.85) | | | |
| 2 Losinger, Matt | 38 | BINGHAMTON UNIV | 1:08.69 | 1:05.67 | 7 |
| | 30.69 | 1:05.67 (34.98) | | | |
| 3 Sandi, Gustavo | 38 | PATRIOT MASTERS | 1:13.00 | 1:06.49 | 6 |
| | 30.68 | 1:06.49 (35.81) | | | |
| 4 Gonzales, Francisc | 38 | NATIONAL CAPITAL | 1:08.88 | 1:08.23 | 5 |
| | 31.49 | 1:08.23 (36.74) | | | |
| 5 Moon, WonKee | 36 | DISTRICT OF COLU | 1:11.11 | 1:08.51 | 4 |
| | 32.16 | 1:08.51 (36.35) | | | |
| 6 Bezerra, Andre | 39 | DISTRICT OF COLU | 1:45.00 | 1:19.29 | 3 |
| | 37.40 | 1:19.29 (41.89) | | | |
| 7 Chun, Yang | 37 | ARLINGTON MASTER | 1:33.13 | 1:27.23 | 2 |
| | 40.86 | 1:27.23 (46.37) | | | |

Men 35-39 200 Yard Breaststroke

ZONE: Z 2:06.40 4/22/2001 Wally Dicks

NATL: ! 1:59.23 12/16/2001 RON KARNAUGH

| Name | Age Team | Seed | Finals | Points |
|----------------------|-----------------------|---------|---------|-----------------|
| 1 Goodison, Michael | 39 TERRAPIN MASTERS | 2:20.01 | 2:22.23 | 9 |
| | 31.95 1:08.77 (36.82) | 1:45.78 | (37.01) | 2:22.23 (36.45) |
| 2 Losinger, Matt | 38 BINGHAMTON UNIV | 2:34.54 | 2:24.51 | 7 |
| | 32.60 1:09.21 (36.61) | 1:46.69 | (37.48) | 2:24.51 (37.82) |
| 3 Moon, WonKee | 36 DISTRICT OF COLU | 2:29.29 | 2:29.14 | 6 |
| | 33.79 1:11.76 (37.97) | 1:50.37 | (38.61) | 2:29.14 (38.77) |
| 4 Sandi, Gustavo | 38 PATRIOT MASTERS | 2:45.00 | 2:33.30 | 5 |
| | 34.04 1:13.04 (39.00) | 1:53.87 | (40.83) | 2:33.30 (39.43) |
| 5 Gonzales, Francisc | 38 NATIONAL CAPITAL | 2:47.27 | 2:38.07 | 4 |
| | 34.84 1:15.45 (40.61) | 1:57.77 | (42.32) | 2:38.07 (40.30) |

Men 35-39 50 Yard Butterfly

ZONE: Z 22.86 4/23/2006 Michael Ross, NEM

NATL: ! 22.30 4/21/2002 WADE KING

| Name | Age Team | Seed | Finals | Points |
|----------------------|---------------------|---------|--------|--------|
| 1 Melinson, Timothy | 35 ALEXANDRIA AQUAT | 24.50 | 25.42 | 9 |
| 2 Goodison, Michael | 39 TERRAPIN MASTERS | 25.30 | 25.93 | 7 |
| 3 Reuter, Adam | 37 PENNYPACK AQUATI | 27.00 | 26.62 | 6 |
| 4 Hanneschlager, Mi | 36 FAIRFAX COUNTY M | 26.05 | 26.70 | 5 |
| 5 Carlson, John | 39 RESTON MASTERS S | 28.50 | 27.68 | 4 |
| 6 Verma, Raj | 37 UNAT | 28.98 | 28.49 | 3 |
| 7 Chambers, Matt | 35 MERRITT MARLINS | 28.00 | 28.53 | 2 |
| 8 Galtier, Georges | 37 RED TIDE | 30.00 | 29.93 | 1 |
| 9 Lewis, Monte | 35 GERMANTOWN MARYL | 30.70 | 31.11 | |
| 10 Hall, Ronald | 37 NORTH BALTIMORE | 1:00.00 | 40.64 | |
| -- McCready, Matthew | 35 ALEXANDRIA MASTE | 1:00.00 | DQ | |

21 Non-simultaneous arms

Men 35-39 100 Yard Butterfly

ZONE: Z 50.06 4/23/2006 Michael Ross, NEM

NATL: ! 49.54 5/16/1999 PETER EGAN

| Name | Age Team | Seed | Finals | Points |
|---------------------|-----------------------|---------|---------|--------|
| 1 Goodison, Michael | 39 TERRAPIN MASTERS | 56.01 | 57.16 | 9 |
| | 26.83 57.16 (30.33) | | | |
| 2 Thompson, Thayer | 36 RED TIDE | 58.58 | 57.22 | 7 |
| | 26.78 57.22 (30.44) | | | |
| 3 Reuter, Adam | 37 PENNYPACK AQUATI | 1:01.00 | 58.69 | 6 |
| | 28.19 58.69 (30.50) | | | |
| 4 Melinson, Timothy | 35 ALEXANDRIA AQUAT | 55.00 | 1:00.95 | 5 |
| | 27.66 1:00.95 (33.29) | | | |

| | | | | | | |
|---|-------------------|----|------------------|---------|---------|---|
| 5 | Hanneschlager, Mi | 36 | FAIRFAX COUNTY M | 1:00.42 | 1:03.24 | 4 |
| | 27.26 | | 1:03.24 (35.98) | | | |
| 6 | Verma, Raj | 37 | UNAT | 1:02.87 | 1:03.57 | 3 |
| | 29.81 | | 1:03.57 (33.76) | | | |
| 7 | Carlson, John | 39 | RESTON MASTERS S | 1:05.00 | 1:03.83 | 2 |
| | 29.91 | | 1:03.83 (33.92) | | | |

Men 35-39 200 Yard Butterfly

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ZONE: Z 1:52.21 5/9/1993 Bill Specht
 NATL: ! 1:50.74 5/16/1999 BOBBY PATTEN

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Reuter, Adam | 37 | PENNYPACK AQUATI | 2:15.00 | 2:10.84 | 9 |
| | 29.54 | 1:03.36 (33.82) | 1:37.56 (34.20) | 2:10.84 (33.28) | |
| 2 Goodison, Michael | 39 | TERRAPIN MASTERS | 2:10.94 | 2:11.73 | 7 |
| | 27.57 | 59.73 (32.16) | 1:33.87 (34.14) | 2:11.73 (37.86) | |
| 3 Carlson, John | 39 | RESTON MASTERS S | 2:45.00 | 2:41.71 | 6 |
| | 37.61 | 1:20.67 (43.06) | 2:03.85 (43.18) | 2:41.71 (37.86) | |

Men 35-39 100 Yard IM

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ZONE: Z 53.98 4/13/2008 Jeffrey Roddin, ANCM
 NATL: ! 50.06 5/4/2008 JOSH DAVIS

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|---------|---------|--------|
| 1 Van Pool, Kendall | 35 | ALEXANDRIA MASTE | 1:05.23 | 1:01.42 | 9 |
| | 28.49 | 1:01.42 (32.93) | | | |
| 2 Moon, WonKee | 36 | DISTRICT OF COLU | 1:02.30 | 1:02.00 | 7 |
| | 29.06 | 1:02.00 (32.94) | | | |
| 3 Jaffe, Matthew | 38 | RED TIDE | 1:12.50 | 1:02.03 | 6 |
| | 27.58 | 1:02.03 (34.45) | | | |
| 4 Sandi, Gustavo | 38 | PATRIOT MASTERS | 1:06.00 | 1:02.51 | 5 |
| | 29.30 | 1:02.51 (33.21) | | | |
| 5 Matkovic, Paul | 38 | ASPHALT GREEN MA | 1:04.00 | 1:03.25 | 4 |
| | 30.87 | 1:03.25 (32.38) | | | |
| 6 Losinger, Matt | 38 | BINGHAMTON UNIV | 1:08.54 | 1:03.69 | 3 |
| | 30.36 | 1:03.69 (33.33) | | | |
| 7 Galtier, Georges | 37 | RED TIDE | 1:12.00 | 1:06.46 | 2 |
| | 31.44 | 1:06.46 (35.02) | | | |
| 8 Bezerra, Andre | 39 | DISTRICT OF COLU | 1:10.00 | 1:08.96 | 1 |
| | 32.35 | 1:08.96 (36.61) | | | |
| 9 Carlson, John | 39 | RESTON MASTERS S | 1:15.00 | 1:15.26 | |
| | 32.56 | 1:15.26 (42.70) | | | |

Men 35-39 200 Yard IM

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ZONE: Z 1:58.94 4/15/2007 Jeffrey Roddin, ANCM
 NATL: ! 1:48.74 12/22/2002 RON KARNAUGH

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Matkovic, Paul | 38 | ASPHALT GREEN MA | 2:19.45 | 2:15.67 | 9 |
| | 30.07 | 1:05.50 (35.43) | 1:43.79 (38.29) | 2:15.67 (31.88) | |
| 2 Losinger, Matt | 38 | BINGHAMTON UNIV | 2:29.63 | 2:17.59 | 7 |
| | 30.17 | 1:07.50 (37.33) | 1:44.34 (36.84) | 2:17.59 (33.25) | |
| 3 Sandi, Gustavo | 38 | PATRIOT MASTERS | 2:30.00 | 2:22.65 | 6 |
| | 31.09 | 1:07.70 (36.61) | 1:48.53 (40.83) | 2:22.65 (34.12) | |
| 4 Galtier, Georges | 37 | RED TIDE | 2:20.00 | 2:28.57 | 5 |
| | 30.88 | 1:09.74 (38.86) | 1:52.49 (42.75) | 2:28.57 (36.08) | |
| 5 Carlson, John | 39 | RESTON MASTERS S | 2:48.00 | 2:46.51 | 4 |
| | 31.69 | 1:12.80 (41.11) | 2:10.87 (58.07) | 2:46.51 (35.64) | |

Men 35-39 400 Yard IM

ZONE: Z 4:25.68 4/22/2001 Danilo Vicioso
 NATL: ! 3:56.76 12/16/2001 RON KARNAUGH

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-------|------------------|-----------------|-----------------|-----------------|
| 1 Reuter, Adam | 37 | PENNYPACK AQUATI | 4:45.00 | 4:39.62 | 9 |
| | 30.47 | 1:05.03 (34.56) | 1:41.28 (36.25) | 2:17.36 (36.08) | |
| | | 2:58.52 (41.16) | 3:37.89 (39.37) | 4:09.40 (31.51) | 4:39.62 (30.22) |
| 2 Moon, WonKee | 36 | DISTRICT OF COLU | 5:25.52 | 4:53.60 | 7 |
| | 30.51 | 1:07.89 (37.38) | 1:46.68 (38.79) | 2:25.26 (38.58) | |
| | | 3:05.80 (40.54) | 3:46.63 (40.83) | 4:20.83 (34.20) | 4:53.60 (32.77) |
| 3 Carlson, John | 39 | RESTON MASTERS S | 5:55.00 | 5:55.42 | 6 |
| | 36.87 | 1:20.83 (43.96) | 2:05.51 (44.68) | 2:50.27 (44.76) | |
| | | 3:47.21 (56.94) | 4:42.66 (55.45) | 5:19.84 (37.18) | 5:55.42 (35.58) |

Men 40-44 50 Yard Freestyle

ZONE: Z 20.84 4/26/2009 Michael Ross, MESC
 NATL: ! 20.84 4/26/2009 MICHAEL ROSS

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 von Loewe, Pete | 40 | PATRIOT MASTERS | 22.45 | 22.23 | 9 |
| 2 Doane, Michael | 40 | TERRAPIN MASTERS | 22.95 | 22.61 | 7 |
| 3 Rees, Greg | 41 | COLONIALS 1776 | 22.70 | 22.69 | 6 |
| 4 Williams, Neill | 43 | DISTRICT OF COLU | 23.15 | 23.05 | 5 |
| 5 Hiltabiddle, Steve | 44 | UNAT | 23.20 | 23.09 | 4 |
| 6 Clear, Kirk | 43 | VIRGINIA MASTERS | 23.59 | 23.90 | 3 |
| 7 Campbell, Steve | 40 | COLONIALS 1776 | 24.31 | 23.98 | 2 |
| 8 Goodman, Robert | 42 | RED TIDE | 25.59 | 24.93 | 1 |
| 9 Waltman, Michael | 41 | RESTON MASTERS S | 25.60 | 25.31 | |
| 10 Wexler, Wayne | 44 | COLONIALS 1776 | 26.00 | 26.15 | |

| | | | | |
|----------------------|----|------------------|-------|-------|
| 11 Toy, Raymond | 44 | CENTRAL MARYLAND | 27.02 | 26.48 |
| 12 Cyganiewicz, John | 42 | SUNFISH MASTERS | 28.50 | 26.88 |
| 13 Newsome, Mike | 40 | DISTRICT OF COLU | 27.20 | 27.18 |
| 14 Young, Harris | 43 | COLONIALS 1776 | 28.64 | 29.96 |

Men 40-44 50 Yard Freestyle

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ZONE: Z 21.78 4/21/2002 Michael Fell
NATL: ! 20.84 4/26/2009 MICHAEL ROSS
Name Age Team Seed Finals
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1 von Loewe, Pete 40 PATRIOT MASTERS NT 22.24

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Men 40-44 100 Yard Freestyle

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ZONE: Z 45.61 4/25/2009 Michael Ross, MESC
NATL: ! 45.35 5/4/2008 MICHAEL ROSS
Name Age Team Seed Finals Points
=====
1 von Loewe, Pete 40 PATRIOT MASTERS 49.81 49.41 9
   23.74 49.41 (25.67)
2 Hiltabiddle, Steve 44 UNAT 51.00 51.41 7
   24.80 51.41 (26.61)
3 Doane, Michael 40 TERRAPIN MASTERS 52.40 52.12 6
   24.74 52.12 (27.38)
4 Lee, Michael 43 MARYLAND MASTERS 51.35 52.53 5
   24.79 52.53 (27.74)
5 Clear, Kirk 43 VIRGINIA MASTERS 53.28 52.57 4
   24.96 52.57 (27.61)
6 Fratantoni, Dave 43 NEW ENGLAND MAST 53.80 53.15 3
   25.26 53.15 (27.89)
7 Shattuck, Drew 42 SUNFISH MASTERS 54.54 53.32 2
   26.37 53.32 (26.95)
8 Bubel, Thomas 41 FISH MASTERS 53.99 53.83 1
   25.80 53.83 (28.03)
9 Campbell, Steve 40 COLONIALS 1776 52.91 54.19
   25.52 54.19 (28.67)
10 Eliasek, Steve 42 QUEST MASTERS SW 54.05 54.21
   25.60 54.21 (28.61)
11 Ellis, Andrew 42 TERRAPIN MASTERS 54.50 55.12
   26.37 55.12 (28.75)
12 Goodman, Robert 42 RED TIDE 56.08 55.14
   26.81 55.14 (28.33)
13 Johnson, Eric 44 UNAT 56.25 55.95
   26.64 55.95 (29.31)
14 Waltman, Michael 41 RESTON MASTERS S 55.50 56.71
   27.68 56.71 (29.03)

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| | | | |
|------------------|---------------------|---------|---------|
| 15 Gale, Andrew | 44 ALEXANDRIA MASTE | 56.00 | 58.19 |
| 26.18 | 58.19 (32.01) | | |
| 16 Toy, Raymond | 44 CENTRAL MARYLAND | 58.70 | 59.92 |
| 28.96 | 59.92 (30.96) | | |
| 17 Young, Harris | 43 COLONIALS 1776 | 1:05.99 | 1:04.86 |
| 30.31 | 1:04.86 (34.55) | | |

Men 40-44 200 Yard Freestyle

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| ZONE: Z 1:47.76 | | 4/26/2009 William Segal, JAM | | |
|--------------------|---------------------|------------------------------|-----------------|--------|
| NATL: ! 1:38.94 | | 5/4/2008 MICHAEL ROSS | | |
| Name | Age Team | Seed | Finals | Points |
| ===== | | | | |
| 1 von Loewe, Pete | 40 PATRIOT MASTERS | 1:49.41 | 1:49.64 | 9 |
| 24.99 | 52.19 (27.20) | 1:20.35 (28.16) | 1:49.64 (29.29) | |
| 2 Bubel, Thomas | 41 FISH MASTERS | 1:58.90 | 1:58.55 | 7 |
| 27.95 | 57.54 (29.59) | 1:27.94 (30.40) | 1:58.55 (30.61) | |
| 3 Campbell, Steve | 40 COLONIALS 1776 | 2:01.46 | 1:59.80 | 6 |
| 27.34 | 57.18 (29.84) | 1:28.18 (31.00) | 1:59.80 (31.62) | |
| 4 Waltman, Michael | 41 RESTON MASTERS S | 1:58.00 | 1:59.81 | 5 |
| 27.41 | 57.28 (29.87) | 1:28.23 (30.95) | 1:59.81 (31.58) | |
| 5 Pohnert, Steven | 41 RESTON MASTERS S | 2:01.14 | 2:02.46 | 4 |
| 28.83 | 59.26 (30.43) | 1:30.69 (31.43) | 2:02.46 (31.77) | |
| 6 Eliasek, Steve | 42 QUEST MASTERS SW | 2:08.38 | 2:12.57 | 3 |
| 28.69 | 1:00.84 (32.15) | 2:12.57 (1:11.73) | | |

Men 40-44 500 Yard Freestyle

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| ZONE: Z 4:46.18 | | 4/12/2008 Chris Stevenson, VMST | | |
|--------------------|---------------------|---------------------------------|-----------------|--------|
| NATL: ! 4:39.86 | | 5/8/2010 ALEX KOSTICH | | |
| Name | Age Team | Seed | Finals | Points |
| ===== | | | | |
| 1 Pohnert, Steven | 41 RESTON MASTERS S | 5:19.96 | 5:19.57 | 9 |
| 30.09 | 1:02.14 (32.05) | 1:34.16 (32.02) | 2:06.57 (32.41) | |
| 2:38.81 (32.24) | 3:11.02 (32.21) | 3:43.35 (32.33) | 4:15.75 (32.40) | |
| 4:47.83 (32.08) | 5:19.57 (31.74) | | | |
| 2 Bubel, Thomas | 41 FISH MASTERS | 5:28.08 | 5:24.75 | 7 |
| 28.90 | 1:00.36 (31.46) | 1:33.14 (32.78) | 2:06.21 (33.07) | |
| 2:39.00 (32.79) | 3:12.12 (33.12) | 3:45.46 (33.34) | 4:19.13 (33.67) | |
| 4:52.60 (33.47) | 5:24.75 (32.15) | | | |
| 3 Ellis, Andrew | 42 TERRAPIN MASTERS | 5:35.00 | 5:31.98 | 6 |
| 30.17 | 1:03.38 (33.21) | 1:36.99 (33.61) | 2:11.15 (34.16) | |
| 2:45.35 (34.20) | 3:19.86 (34.51) | 3:53.19 (33.33) | 4:26.64 (33.45) | |
| 5:00.50 (33.86) | 5:31.98 (31.48) | | | |
| 4 Waltman, Michael | 41 RESTON MASTERS S | 5:25.00 | 5:33.18 | 5 |
| 29.19 | 1:00.71 (31.52) | 1:33.34 (32.63) | 2:07.09 (33.75) | |
| 2:41.04 (33.95) | 3:15.50 (34.46) | 3:50.76 (35.26) | 4:25.20 (34.44) | |

| | | | | |
|-------------------|---------------------|-----------------|-----------------|---|
| 4:59.94 (34.74) | 5:33.18 (33.24) | | | |
| 5 Lee, Michael | 43 MARYLAND MASTERS | 5:40.34 | 5:36.09 | 4 |
| 29.98 | 1:03.07 (33.09) | 1:36.85 (33.78) | 2:11.02 (34.17) | |
| 2:45.36 (34.34) | 3:19.56 (34.20) | 3:54.11 (34.55) | 4:28.68 (34.57) | |
| 5:02.99 (34.31) | 5:36.09 (33.10) | | | |
| 6 Goodman, Robert | 42 RED TIDE | 6:03.03 | 6:08.49 | 3 |
| 30.55 | 1:05.04 (34.49) | 1:41.94 (36.90) | 2:20.45 (38.51) | |
| 2:58.66 (38.21) | 3:37.45 (38.79) | 4:17.05 (39.60) | 4:55.92 (38.87) | |
| 5:34.36 (38.44) | 6:08.49 (34.13) | | | |
| 7 Lee, Peter | 40 NATIONAL CAPITAL | 7:00.00 | 6:42.33 | 2 |
| 37.37 | 1:18.22 (40.85) | 1:59.74 (41.52) | 2:40.93 (41.19) | |
| 3:21.58 (40.65) | 4:01.77 (40.19) | 4:40.85 (39.08) | 5:20.52 (39.67) | |
| 6:01.20 (40.68) | 6:42.33 (41.13) | | | |

Men 40-44 1000 Yard Freestyle

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ZONE: Z 10:19.02 4/24/2009 Rob Jones, UNAT
 NATL: ! 9:32.66 5/7/2010 ALEX KOSTICH

| Name | Age Team | Seed | Finals | Points |
|------------------|---------------------|------------------|------------------|--------|
| 1 Sorensen, Eric | 41 CURL BURKE MASTE | 13:00.00 | 12:48.06 | 9 |
| 34.00 | 1:10.70 (36.70) | 1:48.24 (37.54) | 2:26.60 (38.36) | |
| 3:05.40 (38.80) | 3:44.85 (39.45) | 4:24.18 (39.33) | 5:03.36 (39.18) | |
| 5:42.56 (39.20) | 6:21.61 (39.05) | 7:01.03 (39.42) | 7:40.03 (39.00) | |
| 8:18.89 (38.86) | 8:57.63 (38.74) | 9:36.19 (38.56) | 10:14.54 (38.35) | |
| 10:53.20 (38.66) | 11:31.77 (38.57) | 12:09.85 (38.08) | 12:48.06 (38.21) | |

Men 40-44 1650 Yard Freestyle

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ZONE: Z 17:42.09 4/23/2006 Scott Brown, SVM
 NATL: ! 15:51.52 5/9/2010 ALEX KOSTICH

| Name | Age Team | Seed | Finals | Points |
|-------------------|---------------------|-------------------|--------------------|--------|
| 1 Pohnert, Steven | 41 RESTON MASTERS S | 18:15.03 | 18:25.79 | 9 |
| 30.83 | 1:03.40 (32.57) | 1:36.02 (32.62) | 2:08.93 (32.91) | |
| 2:41.83 (32.90) | 3:14.88 (33.05) | 3:47.90 (33.02) | 4:21.00 (33.10) | |
| 4:53.98 (32.98) | 5:27.82 (33.84) | 6:00.93 (33.11) | 6:34.11 (33.18) | |
| 7:07.25 (33.14) | 7:40.21 (32.96) | 8:13.37 (33.16) | 8:46.65 (33.28) | |
| 9:20.28 (33.63) | 9:53.83 (33.55) | 10:27.37 (33.54) | 11:01.15 (33.78) | |
| 11:35.04 (33.89) | 12:08.87 (33.83) | 12:42.90 (34.03) | 13:17.17 (34.27) | |
| 13:51.13 (33.96) | 14:25.40 (34.27) | 14:59.85 (34.45) | 15:34.45 (34.60) | |
| 16:08.87 (34.42) | 16:43.24 (34.37) | 17:17.72 (34.48) | 17:51.77 (34.05) | |
| 18:25.79 (34.02) | | | | |
| 2 Caldwell, John | 44 CURL BURKE MASTE | 35:00.00 | 33:46.85 | 7 |
| 1:44.34 | | 2:45.27 () | | |
| | 6:01.52 () | 7:10.27 (1:08.75) | 8:17.45 (1:07.18) | |
| 9:21.71 (1:04.26) | | 11:21.20 () | 12:23.93 (1:02.73) | |

| | | | |
|--------------------|--------------------|--------------------|--------------------|
| 13:24.17 (1:00.24) | 14:28.49 (1:04.32) | 15:30.93 (1:02.44) | 16:36.83 (1:05.90) |
| 17:42.73 (1:05.90) | 18:44.55 (1:01.82) | 19:50.15 (1:05.60) | 20:53.46 (1:03.31) |
| 21:56.27 (1:02.81) | 23:02.62 (1:06.35) | 24:05.96 (1:03.34) | 25:09.21 (1:03.25) |
| 26:10.13 (1:00.92) | 27:11.02 (1:00.89) | 28:11.17 (1:00.15) | 29:08.71 (57.54) |
| 30:09.35 (1:00.64) | 31:08.45 (59.10) | 32:06.92 (58.47) | 32:58.86 (51.94) |
| 33:46.85 (47.99) | | | |

Men 40-44 50 Yard Backstroke

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ZONE: Z 22.77 4/25/2009 Michael Ross, MESC
 NATL: ! 22.77 4/26/2009 MICHAEL ROSS

| Name | Age Team | Seed | Finals | Points |
|----------------------|---------------------|-------|--------|--------|
| 1 Rees, Greg | 41 COLONIALS 1776 | 26.41 | 26.08 | 9 |
| 2 Clear, Kirk | 43 VIRGINIA MASTERS | 27.78 | 27.46 | 7 |
| 3 Hiltabiddle, Steve | 44 UNAT | 30.00 | 28.28 | 6 |
| 4 Goodman, Robert | 42 RED TIDE | 31.11 | 31.22 | 5 |
| 5 Toy, Raymond | 44 CENTRAL MARYLAND | 33.42 | 32.67 | 4 |
| 6 Newsome, Mike | 40 DISTRICT OF COLU | 36.62 | 34.26 | 3 |
| 7 Lari, Marco | 44 ARLINGTON MASTER | 35.68 | 34.29 | 2 |

Men 40-44 50 Yard Backstroke

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ZONE: Z 24.45 4/13/2008 Chris Stevenson, VMST-VA
 NATL: ! 22.77 4/26/2009 MICHAEL ROSS

| Name | Age Team | Seed | Finals |
|-------------------|---------------------|------|--------|
| 1 von Loewe, Pete | 40 PATRIOT MASTERS | NT | 26.37 |
| 2 Williams, Neill | 43 DISTRICT OF COLU | NT | 26.90 |
| 3 Clear, Kirk | 43 VIRGINIA MASTERS | NT | 27.55 |

Men 40-44 100 Yard Backstroke

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ZONE: Z 48.49 4/26/2009 Michael Ross, MESC
 NATL: ! 48.49 4/26/2009 MICHAEL ROSS

| Name | Age Team | Seed | Finals | Points |
|----------------------|-----------------------|---------|---------|--------|
| 1 von Loewe, Pete | 40 PATRIOT MASTERS | 57.78 | 55.94 | 9 |
| | 27.32 55.94 (28.62) | | | |
| 2 Williams, Neill | 43 DISTRICT OF COLU | 58.40 | 58.64 | 7 |
| | 28.31 58.64 (30.33) | | | |
| 3 Clear, Kirk | 43 VIRGINIA MASTERS | 1:01.69 | 1:02.42 | 6 |
| | 30.54 1:02.42 (31.88) | | | |
| 4 Hiltabiddle, Steve | 44 UNAT | 1:15.00 | 1:04.02 | 5 |
| | 30.87 1:04.02 (33.15) | | | |
| 5 Eliasek, Steve | 42 QUEST MASTERS SW | 1:15.00 | 1:07.78 | 4 |
| | 32.85 1:07.78 (34.93) | | | |

6 Toy, Raymond 44 CENTRAL MARYLAND 1:16.79 1:15.16 3
 34.51 1:15.16 (40.65)

Men 40-44 100 Yard Backstroke

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 ZONE: Z 51.88 4/13/2008 Chris Stevenson, VMST-VA
 NATL: ! 48.49 4/26/2009 MICHAEL ROSS

| Name | Age Team | Seed | Finals |
|-------------------|---------------------|------|--------|
| 2 Williams, Neill | 43 DISTRICT OF COLU | NT | 59.48 |

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Men 40-44 200 Yard Backstroke

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 ZONE: Z 1:53.29 4/12/2008 Chris Stevenson, VMST
 NATL: ! 1:50.09 5/4/2008 MICHAEL ROSS

| Name | Age Team | Seed | Finals | Points |
|-------------------|------------------------------|-----------------|-----------------|--------|
| 1 Pohnert, Steven | 41 RESTON MASTERS S | 3:01.16 | 2:39.42 | 9 |
| | 37.49 1:17.66 (40.17) | 1:58.13 (40.47) | 2:39.42 (41.29) | |
| 2 Pesce, Ed | 43 DISTRICT OF COLU | 3:00.00 | 2:56.49 | 7 |
| | 41.25 2:56.49 (2:15.24) | | | |

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Men 40-44 50 Yard Breaststroke

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 ZONE: Z 27.42 5/2/1999 Benn Doyle
 NATL: ! 25.84 5/18/2003 GREG RHODENBAUGH

| Name | Age Team | Seed | Finals | Points |
|--------------------|---------------------|-------|--------|--------|
| 1 Williams, Neill | 43 DISTRICT OF COLU | 28.80 | 28.18 | 9 |
| 2 Doane, Michael | 40 TERRAPIN MASTERS | 28.50 | 28.24 | 7 |
| 3 Mugford, Stephen | 43 NEW ENGLAND MAST | 29.00 | 29.03 | 6 |
| 4 Gale, Andrew | 44 ALEXANDRIA MASTE | 33.50 | 32.01 | 5 |

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Men 40-44 100 Yard Breaststroke

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 ZONE: Z 58.39 4/26/2009 Jim Tuchler, CUBU
 NATL: ! 57.04 5/18/2003 WALLY DICKS

| Name | Age Team | Seed | Finals | Points |
|--------------------|----------------------------|---------|---------|--------|
| 1 Williams, Neill | 43 DISTRICT OF COLU | 1:03.40 | 1:01.82 | 9 |
| | 28.93 1:01.82 (32.89) | | | |
| 2 Mugford, Stephen | 43 NEW ENGLAND MAST | 1:03.50 | 1:03.82 | 7 |
| | 29.69 1:03.82 (34.13) | | | |
| 3 Doane, Michael | 40 TERRAPIN MASTERS | 1:04.90 | 1:03.90 | 6 |
| | 28.92 1:03.90 (34.98) | | | |
| 4 Johnson, Eric | 44 UNAT | 1:15.65 | 1:08.83 | 5 |
| | 32.16 1:08.83 (36.67) | | | |

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| | | | | | | |
|---|--------------------|----|------------------|---------|---------|---|
| 5 | Buechler, John | 43 | CURL BURKE MASTE | 1:10.49 | 1:10.58 | 4 |
| | 32.91 | | 1:10.58 (37.67) | | | |
| 6 | Rosencrantz, Micha | 40 | RED TIDE | 1:14.63 | 1:15.50 | 3 |
| | 35.42 | | 1:15.50 (40.08) | | | |
| 7 | Pesce, Ed | 43 | DISTRICT OF COLU | 1:27.00 | 1:23.27 | 2 |
| | 39.11 | | 1:23.27 (44.16) | | | |
| 8 | Newsome, Mike | 40 | DISTRICT OF COLU | 1:16.01 | 1:23.33 | 1 |
| | 38.93 | | 1:23.33 (44.40) | | | |

Men 40-44 200 Yard Breaststroke

ZONE: Z 2:08.34 4/25/2009 Jim Tuchler, CUBU

NATL: ! 2:03.37 4/19/2009 ROQUE SANTOS

| Name | Age | Team | Seed | Finals | Points | |
|------|--------------------|------|------------------|-----------------|-----------------|---|
| 1 | Mugford, Stephen | 43 | NEW ENGLAND MAST | 2:24.00 | 2:23.51 | 9 |
| | 31.73 | | 1:07.83 (36.10) | 1:45.68 (37.85) | 2:23.51 (37.83) | |
| 2 | Shattuck, Drew | 42 | SUNFISH MASTERS | 2:29.06 | 2:26.88 | 7 |
| | 32.52 | | 1:09.47 (36.95) | 1:48.16 (38.69) | 2:26.88 (38.72) | |
| 3 | Rosencrantz, Micha | 40 | RED TIDE | 2:42.65 | 2:41.14 | 6 |
| | 36.68 | | 1:17.13 (40.45) | 1:58.76 (41.63) | 2:41.14 (42.38) | |

Men 40-44 50 Yard Butterfly

ZONE: Z 22.61 4/26/2009 Michael Ross, MESC

NATL: ! 22.61 4/26/2009 MICHAEL ROSS

| Name | Age | Team | Seed | Finals | Points | |
|------|--------------------|------|------------------|--------|--------|---|
| 1 | Rees, Greg | 41 | COLONIALS 1776 | 24.23 | 24.13 | 9 |
| 2 | Williams, Neill | 43 | DISTRICT OF COLU | 24.14 | 24.24 | 7 |
| 3 | Hiltabiddle, Steve | 44 | UNAT | 24.50 | 24.32 | 6 |
| 4 | Doane, Michael | 40 | TERRAPIN MASTERS | 24.50 | 24.36 | 5 |
| 5 | Lee, Michael | 43 | MARYLAND MASTERS | 25.86 | 26.08 | 4 |
| 6 | Clear, Kirk | 43 | VIRGINIA MASTERS | 26.29 | 26.29 | 3 |
| 7 | Eliasek, Steve | 42 | QUEST MASTERS SW | 25.99 | 26.47 | 2 |
| 8 | Hohn, Chris | 42 | UNAT | 27.50 | 26.87 | 1 |
| 9 | von Loewe, Pete | 40 | PATRIOT MASTERS | 24.41 | 27.20 | |
| 10 | Bubel, Thomas | 41 | FISH MASTERS | 26.83 | 27.32 | |
| 11 | Campbell, Steve | 40 | COLONIALS 1776 | 27.96 | 27.47 | |
| 12 | Wexler, Wayne | 44 | COLONIALS 1776 | 27.00 | 28.04 | |
| 13 | Cyganiewicz, John | 42 | SUNFISH MASTERS | 30.40 | 28.21 | |
| 14 | Toy, Raymond | 44 | CENTRAL MARYLAND | 29.87 | 29.62 | |
| 15 | Young, Harris | 43 | COLONIALS 1776 | 35.29 | 34.84 | |

Men 40-44 100 Yard Butterfly

ZONE: Z 51.92 4/13/2008 Chris Stevenson, VMST

NATL: ! 49.27 5/4/2008 MICHAEL ROSS

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Rees, Greg | 41 | COLONIALS 1776 | 54.61 | 54.12 | 9 |
| | 25.03 | 54.12 (29.09) | | | |
| 2 Hiltabiddle, Steve | 44 | UNAT | 55.00 | 54.74 | 7 |
| | 25.52 | 54.74 (29.22) | | | |
| 3 Williams, Neill | 43 | DISTRICT OF COLU | 56.40 | 55.79 | 6 |
| | 26.00 | 55.79 (29.79) | | | |
| 4 Doane, Michael | 40 | TERRAPIN MASTERS | 57.10 | 56.50 | 5 |
| | 26.16 | 56.50 (30.34) | | | |
| 5 von Loewe, Pete | 40 | PATRIOT MASTERS | 57.28 | 57.43 | 4 |
| | 26.67 | 57.43 (30.76) | | | |
| 6 Hohn, Chris | 42 | UNAT | 1:02.00 | 59.70 | 3 |
| | 27.68 | 59.70 (32.02) | | | |
| 7 Shattuck, Drew | 42 | SUNFISH MASTERS | 1:02.37 | 1:00.25 | 2 |
| | 28.77 | 1:00.25 (31.48) | | | |
| 8 Wexler, Wayne | 44 | COLONIALS 1776 | 1:02.00 | 1:04.28 | 1 |
| | 29.98 | 1:04.28 (34.30) | | | |
| 9 Rosencrantz, Micha | 40 | RED TIDE | 1:12.00 | 1:08.50 | |
| | 32.03 | 1:08.50 (36.47) | | | |
| 10 Pohnert, Steven | 41 | RESTON MASTERS S | 1:02.16 | 1:08.98 | |
| | 31.90 | 1:08.98 (37.08) | | | |
| 11 Toy, Raymond | 44 | CENTRAL MARYLAND | 1:11.19 | 1:09.46 | |
| | 32.24 | 1:09.46 (37.22) | | | |
| 12 Young, Harris | 43 | COLONIALS 1776 | 1:28.00 | 1:24.42 | |
| | 38.15 | 1:24.42 (46.27) | | | |

Men 40-44 200 Yard Butterfly

ZONE: Z 1:57.61 4/12/2008 Chris Stevenson, VMST

NATL: ! 1:50.61 4/14/2002 DENNIS BAKER

| Name | Age | Team | Seed | Finals | Points |
|-------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Pohnert, Steven | 41 | RESTON MASTERS S | 2:30.15 | 2:24.21 | 9 |
| | 32.66 | 1:10.14 (37.48) | 1:47.23 (37.09) | 2:24.21 (36.98) | |
| 2 Wexler, Wayne | 44 | COLONIALS 1776 | 2:30.00 | 2:27.30 | 7 |
| | 33.08 | 1:09.18 (36.10) | 1:48.12 (38.94) | 2:27.30 (39.18) | |

Men 40-44 100 Yard IM

ZONE: Z 53.51 4/26/2009 Jim Tuchler

NATL: ! 51.85 5/23/2010 MICHAEL ROSS

| Name | Age | Team | Seed | Finals | Points |
|-------------------|-------|------------------|-------|--------|--------|
| 1 Williams, Neill | 43 | DISTRICT OF COLU | 56.40 | 56.53 | 9 |
| | 26.12 | 56.53 (30.41) | | | |

| | | | | | | |
|----|--------------------|-------|------------------|---------|---------|---|
| 2 | Rees, Greg | 41 | COLONIALS 1776 | 57.33 | 57.19 | 7 |
| | | 25.58 | 57.19 (31.61) | | | |
| 3 | Mugford, Stephen | 43 | NEW ENGLAND MAST | 58.50 | 58.57 | 6 |
| | | 27.09 | 58.57 (31.48) | | | |
| 4 | Shattuck, Drew | 42 | SUNFISH MASTERS | 1:01.04 | 59.06 | 5 |
| | | 28.01 | 59.06 (31.05) | | | |
| 5 | Hiltabiddle, Steve | 44 | UNAT | 59.00 | 59.56 | 4 |
| | | 26.84 | 59.56 (32.72) | | | |
| 6 | Fratantoni, Dave | 43 | NEW ENGLAND MAST | 1:00.35 | 1:00.46 | 3 |
| | | 28.16 | 1:00.46 (32.30) | | | |
| 7 | Clear, Kirk | 43 | VIRGINIA MASTERS | 1:02.46 | 1:01.62 | 2 |
| | | 27.58 | 1:01.62 (34.04) | | | |
| 8 | Johnson, Eric | 44 | UNAT | 1:02.78 | 1:01.94 | 1 |
| | | 28.72 | 1:01.94 (33.22) | | | |
| 9 | Eliasek, Steve | 42 | QUEST MASTERS SW | 1:01.50 | 1:03.06 | |
| | | 28.58 | 1:03.06 (34.48) | | | |
| 10 | Goodman, Robert | 42 | RED TIDE | 1:07.59 | 1:04.11 | |
| | | 29.77 | 1:04.11 (34.34) | | | |
| 11 | Hohn, Chris | 42 | UNAT | 1:04.70 | 1:04.15 | |
| | | 29.30 | 1:04.15 (34.85) | | | |
| 12 | Wexler, Wayne | 44 | COLONIALS 1776 | 1:10.00 | 1:07.75 | |
| | | 32.63 | 1:07.75 (35.12) | | | |
| 13 | Rosenkrantz, Micha | 40 | RED TIDE | 1:08.58 | 1:08.50 | |
| | | 31.70 | 1:08.50 (36.80) | | | |
| 14 | Toy, Raymond | 44 | CENTRAL MARYLAND | 1:13.51 | 1:10.37 | |
| | | 32.76 | 1:10.37 (37.61) | | | |
| 15 | Newsome, Mike | 40 | DISTRICT OF COLU | 1:12.89 | 1:11.58 | |
| | | 33.59 | 1:11.58 (37.99) | | | |
| 16 | Pesce, Ed | 43 | DISTRICT OF COLU | 1:18.00 | 1:13.76 | |
| | | 34.44 | 1:13.76 (39.32) | | | |
| 17 | Young, Harris | 43 | COLONIALS 1776 | 1:24.00 | 1:23.50 | |
| | | 38.27 | 1:23.50 (45.23) | | | |

Men 40-44 200 Yard IM

| | | | | | | |
|--|------------------|-------|------------------|-----------------|-----------------|---|
| ===== | | | | | | |
| ZONE: Z 1:51.85 4/25/2009 Michael Ross, MESC | | | | | | |
| NATL: ! 1:51.85 4/26/2009 MICHAEL ROSS | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Williams, Neill | 43 | DISTRICT OF COLU | 2:08.40 | 2:07.48 | 9 |
| | | 26.55 | 1:00.20 (33.65) | 1:36.55 (36.35) | 2:07.48 (30.93) | |
| 2 | Mugford, Stephen | 43 | NEW ENGLAND MAST | 2:12.00 | 2:10.91 | 7 |
| | | 28.35 | 1:00.90 (32.55) | 1:38.65 (37.75) | 2:10.91 (32.26) | |
| 3 | Shattuck, Drew | 42 | SUNFISH MASTERS | 2:13.21 | 2:11.23 | 6 |
| | | 29.35 | 1:04.85 (35.50) | 1:42.29 (37.44) | 2:11.23 (28.94) | |
| 4 | Lee, Michael | 43 | MARYLAND MASTERS | 2:17.70 | 2:12.83 | 5 |
| | | 27.50 | 1:02.18 (34.68) | 1:40.84 (38.66) | 2:12.83 (31.99) | |

| | | | | | | |
|----|--------------------|----|------------------|-----------------|-----------------|---|
| 5 | Hiltabiddle, Steve | 44 | UNAT | 2:15.00 | 2:13.69 | 4 |
| | 27.46 | | 1:02.94 (35.48) | 1:42.99 (40.05) | 2:13.69 (30.70) | |
| 6 | Fratantoni, Dave | 43 | NEW ENGLAND MAST | 2:13.44 | 2:17.22 | 3 |
| | 28.26 | | 1:02.78 (34.52) | 1:44.26 (41.48) | 2:17.22 (32.96) | |
| 7 | Johnson, Eric | 44 | UNAT | 2:25.78 | 2:18.50 | 2 |
| | 28.23 | | 1:03.65 (35.42) | 1:42.49 (38.84) | 2:18.50 (36.01) | |
| 8 | Gale, Andrew | 44 | ALEXANDRIA MASTE | 2:25.00 | 2:19.52 | 1 |
| | 29.61 | | 1:07.08 (37.47) | 1:47.98 (40.90) | 2:19.52 (31.54) | |
| 9 | Rosencrantz, Micha | 40 | RED TIDE | 2:30.74 | 2:27.56 | |
| | 31.30 | | 1:09.20 (37.90) | 1:50.84 (41.64) | 2:27.56 (36.72) | |
| 10 | Eliasek, Steve | 42 | QUEST MASTERS SW | 2:30.80 | 2:32.52 | |
| | 28.05 | | 1:08.60 (40.55) | 1:55.08 (46.48) | 2:32.52 (37.44) | |

Men 40-44 400 Yard IM

| ===== | | | | | | |
|---------|-----------------|---------|------------------|-------------------|-----------------|---|
| ZONE: Z | | 4:18.94 | 4/26/2009 | Jim Tuchler, CUBU | | |
| NATL: ! | | 4:01.87 | 4/19/2009 | ROQUE SANTOS | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Shattuck, Drew | 42 | SUNFISH MASTERS | 4:50.05 | 4:44.61 | 9 |
| | 30.03 | | 1:03.69 (33.66) | 1:42.12 (38.43) | 2:21.36 (39.24) | |
| | 3:01.44 (40.08) | | 3:41.11 (39.67) | 4:13.58 (32.47) | 4:44.61 (31.03) | |
| 2 | Buechler, John | 43 | CURL BURKE MASTE | 4:58.08 | 5:08.33 | 7 |
| | 31.65 | | 1:08.75 (37.10) | 1:49.96 (41.21) | 2:29.49 (39.53) | |
| | 3:12.50 (43.01) | | 3:55.99 (43.49) | 4:32.51 (36.52) | 5:08.33 (35.82) | |

Men 45-49 50 Yard Freestyle

| ===== | | | | | | |
|---------|--------------------|-------|------------------|---------------------------------|--------|---|
| ZONE: Z | | 22.10 | 4/25/2010 | William Segal, Jersey Area Mult | | |
| NATL: ! | | 21.06 | 5/21/2010 | RICHARD HUGHEY | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Harris, Greg | 47 | UNAT | 23.89 | 23.54 | 9 |
| 2 | Caudrillier, Franc | 48 | BINGHAMTON UNIV | 23.52 | 24.02 | 7 |
| 3 | Battle, Glenn | 49 | CURL BURKE MASTE | 24.20 | 24.31 | 6 |
| 4 | Harris, Mark | 48 | ALEXANDRIA MASTE | 25.70 | 25.44 | 5 |
| 5 | Worst, Jeremy | 48 | WARRENTON MASTER | 26.60 | 25.86 | 4 |
| 6 | Golden, Scott | 47 | GERMANTOWN MARYL | 26.70 | 25.87 | 3 |
| 7 | Wunderlich, Karl | 45 | GERMANTOWN MARYL | 24.35 | 25.92 | 2 |
| 8 | Boggs, J C | 48 | CURL BURKE MASTE | 25.94 | 26.35 | 1 |
| 9 | Jay, Mike | 49 | RESTON MASTERS S | 27.00 | 26.67 | |
| 10 | Goins, Todd | 49 | SUNFISH MASTERS | 26.20 | 26.84 | |
| 11 | Matz, Michael | 49 | PENNYPACK AQUATI | 26.89 | 27.37 | |
| 12 | Bach, Jeffrey | 47 | NAVAL ACADEMY AQ | 28.88 | 29.07 | |
| 13 | Wallace, Jon | 48 | CHESAPEAKE REGIO | 32.51 | 32.56 | |
| 14 | Dunleavy, Bill | 49 | VIRGINIA MASTERS | 35.47 | 35.99 | |
| 15 | Vurdelja, David | 45 | RESTON MASTERS S | 45.00 | 36.69 | |

Men 45-49 100 Yard Freestyle

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ZONE: Z 48.24 4/25/2009 Scott Carpenter, JAM
 NATL: ! 46.46 5/22/2010 DAVID SIMS

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Quinones, Enrique | 47 | DISTRICT OF COLU | 52.70 | 53.46 | 9 |
| | 25.95 | 53.46 (27.51) | | | |
| 2 Harris, Greg | 47 | UNAT | 52.81 | 53.77 | 7 |
| | 24.66 | 53.77 (29.11) | | | |
| 3 Caudrillier, Franc | 48 | BINGHAMTON UNIV | 53.14 | 54.35 | 6 |
| | 25.77 | 54.35 (28.58) | | | |
| 4 Harris, Mark | 48 | ALEXANDRIA MASTE | 57.00 | 56.92 | 5 |
| | 26.01 | 56.92 (30.91) | | | |
| 5 Uprichard, David | 45 | RED TIDE | 1:00.00 | 59.89 | 4 |
| | 27.92 | 59.89 (31.97) | | | |
| 6 Goins, Todd | 49 | SUNFISH MASTERS | 59.20 | 1:00.00 | 3 |
| | 28.20 | 1:00.00 (31.80) | | | |
| 7 Golden, Scott | 47 | GERMANTOWN MARYL | 1:01.00 | 1:00.01 | 2 |
| | 28.05 | 1:00.01 (31.96) | | | |
| 8 Matz, Michael | 49 | PENNYPACK AQUATI | 58.40 | 1:01.43 | 1 |
| | 29.63 | 1:01.43 (31.80) | | | |
| 9 Jay, Mike | 49 | RESTON MASTERS S | 1:02.00 | 1:01.50 | |
| | 29.47 | 1:01.50 (32.03) | | | |
| 10 Wallace, Jon | 48 | CHESAPEAKE REGIO | 1:15.00 | 1:16.21 | |
| | 34.90 | 1:16.21 (41.31) | | | |
| 11 Vurdelja, David | 45 | RESTON MASTERS S | 1:50.00 | 1:22.61 | |
| | 38.85 | 1:22.61 (43.76) | | | |
| 12 Dunleavy, Bill | 49 | VIRGINIA MASTERS | 1:22.39 | 1:23.15 | |
| | 38.62 | 1:23.15 (44.53) | | | |

Men 45-49 200 Yard Freestyle

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ZONE: Z 1:48.05 4/25/2010 William Segal, Jersey Area Mult
 NATL: ! 1:41.69 5/21/2010 DAVID SIMS

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Quinones, Enrique | 47 | DISTRICT OF COLU | 1:55.00 | 1:57.02 | 9 |
| | 27.16 | 56.51 (29.35) | 1:27.07 (30.56) | 1:57.02 (29.95) | |
| 2 Battle, Glenn | 49 | CURL BURKE MASTE | 1:58.00 | 1:57.80 | 7 |
| | 28.64 | 58.91 (30.27) | 1:28.54 (29.63) | 1:57.80 (29.26) | |
| 3 Caudrillier, Franc | 48 | BINGHAMTON UNIV | 2:00.19 | 2:01.80 | 6 |
| | 28.42 | 58.52 (30.10) | 1:29.93 (31.41) | 2:01.80 (31.87) | |
| 4 Worst, Jeremy | 48 | WARRENTON MASTER | 2:03.00 | 2:08.44 | 5 |
| | 29.76 | 1:02.55 (32.79) | 1:36.01 (33.46) | 2:08.44 (32.43) | |
| 5 Uprichard, David | 45 | RED TIDE | 2:15.00 | 2:14.77 | 4 |

| | | | | |
|-------------------|-------|------------------|-----------------|-----------------|
| 6 Jay, Mike | 28.53 | 1:01.34 (32.81) | 1:37.56 (36.22) | 2:14.77 (37.21) |
| | 49 | RESTON MASTERS S | 2:20.00 | 2:17.69 |
| | | | | 3 |
| 7 Evans, Brian | 31.56 | 1:06.37 (34.81) | 1:42.09 (35.72) | 2:17.69 (35.60) |
| | 46 | RESTON MASTERS S | 2:13.00 | 2:18.36 |
| | | | | 2 |
| 8 Chaloupek, Jeff | 31.35 | 1:05.99 (34.64) | 1:42.47 (36.48) | 2:18.36 (35.89) |
| | 45 | UNAT | 2:18.00 | 2:21.44 |
| | | | | 1 |
| 9 Vurdelja, David | 31.67 | 1:07.79 (36.12) | 1:44.71 (36.92) | 2:21.44 (36.73) |
| | 45 | RESTON MASTERS S | 4:00.00 | 2:57.85 |
| | | | | |
| | 42.36 | 1:27.38 (45.02) | 2:14.53 (47.15) | 2:57.85 (43.32) |

Men 45-49 500 Yard Freestyle

| | | | | | |
|---|-------------------|------------------|-------------------|-----------------|--------|
| ===== | | | | | |
| ZONE: Z 4:51.53 4/25/2009 Neil Brophy, NIAG | | | | | |
| NATL: ! 4:39.10 5/20/2007 DENNIS BAKER | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Quinones, Enrique | 47 | DISTRICT OF COLU | 5:15.00 | 5:24.05 | 9 |
| | 28.69 | 59.88 (31.19) | 1:31.81 (31.93) | 2:04.01 (32.20) | |
| | 2:36.63 (32.62) | 3:09.76 (33.13) | 3:42.82 (33.06) | 4:16.42 (33.60) | |
| | 4:50.29 (33.87) | 5:24.05 (33.76) | | | |
| 2 Reilly, Jeff | 49 | COLONIALS 1776 | 5:19.22 | 5:26.75 | 7 |
| | 30.78 | 1:03.13 (32.35) | 1:35.77 (32.64) | 2:08.61 (32.84) | |
| | 2:41.46 (32.85) | 3:14.58 (33.12) | 3:47.78 (33.20) | 4:21.05 (33.27) | |
| | 4:54.17 (33.12) | 5:26.75 (32.58) | | | |
| 3 Worst, Jeremy | 48 | WARRENTON MASTER | 6:00.00 | 5:55.45 | 6 |
| | 31.04 | 1:05.78 (34.74) | 1:41.71 (35.93) | 2:18.73 (37.02) | |
| | 2:55.63 (36.90) | 3:32.39 (36.76) | 4:08.93 (36.54) | 4:45.31 (36.38) | |
| | 5:20.92 (35.61) | 5:55.45 (34.53) | | | |
| 4 Uprichard, David | 45 | RED TIDE | 6:00.00 | 6:09.58 | 5 |
| | 29.69 | 1:02.71 (33.02) | 1:38.61 (35.90) | 2:16.17 (37.56) | |
| | 2:54.56 (38.39) | 3:33.75 (39.19) | 4:12.95 (39.20) | 4:52.12 (39.17) | |
| | 5:31.46 (39.34) | 6:09.58 (38.12) | | | |
| 5 Bach, Jeffrey | 47 | NAVAL ACADEMY AQ | 10:00.00 | 7:06.99 | 4 |
| | 36.61 | 1:17.06 (40.45) | 2:42.27 (1:25.21) | 3:26.81 (44.54) | |
| | 4:57.17 (1:30.36) | 5:41.92 (44.75) | | 6:25.80 () | |
| | 7:06.99 (41.19) | | | | |
| 6 Vurdelja, David | 45 | RESTON MASTERS S | 12:00.00 | 8:23.06 | 3 |
| | 44.51 | 1:35.11 (50.60) | 2:26.98 (51.87) | 3:18.52 (51.54) | |
| | 4:10.46 (51.94) | 5:02.24 (51.78) | 5:54.67 (52.43) | 6:46.36 (51.69) | |
| | 7:36.23 (49.87) | 8:23.06 (46.83) | | | |

Men 45-49 1000 Yard Freestyle

| | | | | | |
|---|-----|------|------|--------|--------|
| ===== | | | | | |
| ZONE: Z 9:58.64 4/24/2009 Neil Brophy, NIAG | | | | | |
| NATL: ! 9:43.93 5/20/2010 KEITH SWITZER | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |

| | | | | | |
|-------------------|----|------------------|------------------|------------------|---|
| 1 Harris, Mark | 48 | ALEXANDRIA MASTE | 12:00.00 | 12:10.84 | 9 |
| 29.50 | | 1:03.01 (33.51) | 1:38.26 (35.25) | 2:14.06 (35.80) | |
| 2:50.02 (35.96) | | 3:26.34 (36.32) | 4:02.87 (36.53) | 4:39.99 (37.12) | |
| 5:16.94 (36.95) | | 5:53.92 (36.98) | 6:31.02 (37.10) | 7:08.76 (37.74) | |
| 7:46.91 (38.15) | | 8:24.88 (37.97) | 9:03.05 (38.17) | 9:41.39 (38.34) | |
| 10:19.34 (37.95) | | 10:57.00 (37.66) | 11:34.61 (37.61) | 12:10.84 (36.23) | |
| 2 Cascio, David | 48 | RESTON MASTERS S | 13:00.00 | 12:29.04 | 7 |
| 33.44 | | 1:08.72 (35.28) | 1:45.04 (36.32) | 2:21.86 (36.82) | |
| 2:59.28 (37.42) | | 3:37.18 (37.90) | 4:15.00 (37.82) | 4:52.94 (37.94) | |
| 5:31.15 (38.21) | | 6:09.28 (38.13) | 6:47.62 (38.34) | 7:25.81 (38.19) | |
| 8:03.76 (37.95) | | 8:41.99 (38.23) | 9:19.91 (37.92) | 9:58.06 (38.15) | |
| 10:36.11 (38.05) | | 11:13.98 (37.87) | 11:52.15 (38.17) | 12:29.04 (36.89) | |
| 3 Golden, Jim | 45 | VIRGINIA MASTERS | 15:20.00 | 16:06.23 | 6 |
| 41.23 | | 1:27.01 (45.78) | 2:15.18 (48.17) | 3:04.26 (49.08) | |
| 3:53.65 (49.39) | | 4:42.28 (48.63) | 5:30.91 (48.63) | 6:20.05 (49.14) | |
| 7:08.74 (48.69) | | 7:56.83 (48.09) | 8:46.33 (49.50) | 9:35.25 (48.92) | |
| 10:24.77 (49.52) | | 11:14.45 (49.68) | 12:03.58 (49.13) | 12:52.65 (49.07) | |
| 13:41.00 (48.35) | | 14:29.63 (48.63) | 15:19.53 (49.90) | 16:06.23 (46.70) | |
| 4 Vurdelja, David | 45 | RESTON MASTERS S | 28:00.00 | 17:17.31 | 5 |
| 47.20 | | 1:38.64 (51.44) | 2:32.14 (53.50) | 3:23.80 (51.66) | |
| 4:17.82 (54.02) | | 5:10.91 (53.09) | 6:03.89 (52.98) | 6:55.93 (52.04) | |
| 7:48.43 (52.50) | | 8:41.48 (53.05) | 9:35.13 (53.65) | 10:28.54 (53.41) | |
| 11:21.17 (52.63) | | 12:13.16 (51.99) | 13:03.73 (50.57) | 13:56.57 (52.84) | |
| 14:48.56 (51.99) | | 15:41.15 (52.59) | 16:30.86 (49.71) | 17:17.31 (46.45) | |

Men 45-49 1650 Yard Freestyle

| Name | Age | Team | Seed | Finals | Points |
|------------------|----------|------------------|------------------|------------------|--------|
| ===== | | | | | |
| ZONE: Z | 18:08.53 | 4/21/2002 | John Hudson | | |
| NATL: ! | 16:08.05 | 5/20/2010 | JEFF ERWIN | | |
| ===== | | | | | |
| 1 Reilly, Jeff | 49 | COLONIALS 1776 | 19:11.11 | 18:50.30 | 9 |
| 31.61 | | 1:05.26 (33.65) | 1:39.58 (34.32) | 2:13.76 (34.18) | |
| 2:47.87 (34.11) | | 3:21.89 (34.02) | 3:56.06 (34.17) | 4:30.16 (34.10) | |
| 5:04.31 (34.15) | | 5:38.44 (34.13) | 6:12.57 (34.13) | 6:46.81 (34.24) | |
| 7:20.98 (34.17) | | 7:55.21 (34.23) | 8:29.37 (34.16) | 9:03.62 (34.25) | |
| 9:37.88 (34.26) | | 10:12.23 (34.35) | 10:46.70 (34.47) | 11:21.28 (34.58) | |
| 11:55.59 (34.31) | | 12:30.17 (34.58) | 13:04.82 (34.65) | 13:39.81 (34.99) | |
| 14:14.47 (34.66) | | 14:49.47 (35.00) | 15:24.23 (34.76) | 15:59.20 (34.97) | |
| 16:33.92 (34.72) | | 17:08.56 (34.64) | 17:43.04 (34.48) | 18:16.85 (33.81) | |
| 18:50.30 (33.45) | | | | | |
| 2 Evans, Brian | 46 | RESTON MASTERS S | 22:40.00 | 22:28.75 | 7 |
| 34.19 | | 1:12.75 (38.56) | 1:53.02 (40.27) | 2:33.68 (40.66) | |
| 3:13.74 (40.06) | | 3:54.48 (40.74) | 4:34.71 (40.23) | 5:15.78 (41.07) | |
| 5:56.73 (40.95) | | 6:37.80 (41.07) | 7:18.81 (41.01) | 8:00.65 (41.84) | |
| 8:41.77 (41.12) | | 9:23.15 (41.38) | 10:04.68 (41.53) | 10:46.28 (41.60) | |
| 11:27.85 (41.57) | | 12:09.46 (41.61) | 12:51.47 (42.01) | 13:33.34 (41.87) | |

| | | | |
|------------------|------------------|------------------|------------------|
| 14:14.85 (41.51) | 14:57.02 (42.17) | 15:38.65 (41.63) | 16:20.94 (42.29) |
| 17:02.71 (41.77) | 17:43.92 (41.21) | 18:25.45 (41.53) | 19:06.88 (41.43) |
| 19:48.50 (41.62) | 20:29.83 (41.33) | 21:09.88 (40.05) | 21:50.00 (40.12) |
| 22:28.75 (38.75) | | | |

Men 45-49 50 Yard Backstroke

```

=====
ZONE: Z 25.06 4/23/2006 Clay Britt, ANCM
NATL: ! 24.28 5/22/2010 CHRIS STEVENSON
Name Age Team Seed Finals Points
=====
1 Battle, Glenn 49 CURL BURKE MASTE 28.20 28.16 9
2 Harris, Greg 47 UNAT 30.46 29.25 7
3 Matz, Michael 49 PENNYPACK AQUATI 30.37 31.06 6
4 Vurdelja, David 45 RESTON MASTERS S 1:05.00 45.71 5
5 Dunleavy, Bill 49 VIRGINIA MASTERS 59.00 50.33 4

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Men 45-49 100 Yard Backstroke

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=====
ZONE: Z 53.87 4/23/2006 Clay Britt, ANCM
NATL: ! 51.74 3/6/2010 CHRIS STEVENSON
Name Age Team Seed Finals Points
=====
1 Caudrillier, Franc 48 BINGHAMTON UNIV 1:05.12 1:04.52 9
31.58 1:04.52 (32.94)
2 Matz, Michael 49 PENNYPACK AQUATI 1:08.30 1:08.48 7
32.85 1:08.48 (35.63)
3 Vurdelja, David 45 RESTON MASTERS S 2:20.00 1:41.51 6
48.32 1:41.51 (53.19)

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Men 45-49 200 Yard Backstroke

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=====
ZONE: Z 2:06.85 5/2/1999 Paul Feters
NATL: ! 1:55.05 3/7/2010 CHRIS STEVENSON
Name Age Team Seed Finals Points
=====
1 Caudrillier, Franc 48 BINGHAMTON UNIV 2:23.55 2:20.47 9
33.54 1:09.45 (35.91) 1:45.62 (36.17) 2:20.47 (34.85)
-- Vurdelja, David 45 RESTON MASTERS S 4:30.00 DQ
32 Not on back off wall
50.69 1:46.20 (55.51) 2:42.34 (56.14) DQ (55.98)

```

Men 45-49 50 Yard Breaststroke

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=====
ZONE: Z 28.14 4/25/2009 Jon Blank, NCMS
NATL: ! 26.58 12/20/2008 WALLY DICKS
Name Age Team Seed Finals Points
=====

```

| | | | | | | |
|---|------------------|----|------------------|---------|-------|---|
| 1 | Harris, Mark | 48 | ALEXANDRIA MASTE | 31.20 | 31.08 | 9 |
| 2 | Harris, Greg | 47 | UNAT | 32.53 | 31.24 | 7 |
| 3 | Neyland, Spencer | 45 | RED TIDE | 33.00 | 32.45 | 6 |
| 4 | Goins, Todd | 49 | SUNFISH MASTERS | 33.50 | 33.58 | 5 |
| 5 | Matz, Michael | 49 | PENNYPACK AQUATI | 36.20 | 36.53 | 4 |
| 6 | Wallace, Jon | 48 | CHESAPEAKE REGIO | 42.97 | 43.87 | 3 |
| 7 | Vurdelja, David | 45 | RESTON MASTERS S | 1:00.00 | 50.75 | 2 |
| 8 | Dunleavy, Bill | 49 | VIRGINIA MASTERS | 53.09 | 51.68 | 1 |

Men 45-49 100 Yard Breaststroke

| ZONE: Z 1:00.59 4/26/2009 Jon Blank, NCMS | | | | | | |
|---|-------------------|-------|------------------|-----------------|---------|---|
| NATL: ! 57.87 4/19/2009 CHRIS WEISSMAN | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Harris, Greg | 47 | UNAT | 1:10.58 | 1:08.22 | 9 |
| | | 32.09 | | 1:08.22 (36.13) | | |
| 2 | Harris, Mark | 48 | ALEXANDRIA MASTE | 1:10.30 | 1:09.42 | 7 |
| | | 31.54 | | 1:09.42 (37.88) | | |
| 3 | Wunderlich, Karl | 45 | GERMANTOWN MARYL | 1:14.00 | 1:16.17 | 6 |
| | | 35.66 | | 1:16.17 (40.51) | | |
| 4 | Goins, Todd | 49 | SUNFISH MASTERS | 1:16.00 | 1:17.24 | 5 |
| | | 36.10 | | 1:17.24 (41.14) | | |
| 5 | Wallace, Jon | 48 | CHESAPEAKE REGIO | 1:32.00 | 1:37.33 | 4 |
| | | 45.24 | | 1:37.33 (52.09) | | |
| -- | Neyland, Spencer | 45 | RED TIDE | 1:10.00 | DQ | |
| | 62 Did not finish | | | | | |

Men 45-49 200 Yard Breaststroke

| ZONE: Z 2:17.87 4/25/2009 Jon Blank, NCMS | | | | | | |
|---|------------------|-------|------------------|-----------------|-----------------|-----------------|
| NATL: ! 2:08.33 5/10/2009 DAVID GUTHRIE | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Reilly, Jeff | 49 | COLONIALS 1776 | 2:33.33 | 2:32.95 | 9 |
| | | 35.83 | | 1:15.41 (39.58) | 1:54.97 (39.56) | 2:32.95 (37.98) |
| 2 | Harris, Mark | 48 | ALEXANDRIA MASTE | 2:37.00 | 2:34.81 | 7 |
| | | 33.13 | | 1:11.21 (38.08) | 1:52.01 (40.80) | 2:34.81 (42.80) |
| 3 | Neyland, Spencer | 45 | RED TIDE | 2:33.00 | 2:35.86 | 6 |
| | | 35.49 | | 1:14.30 (38.81) | 1:54.95 (40.65) | 2:35.86 (40.91) |
| 4 | Goins, Todd | 49 | SUNFISH MASTERS | 2:55.00 | 2:57.45 | 5 |
| | | 38.88 | | 1:24.25 (45.37) | 2:11.01 (46.76) | 2:57.45 (46.44) |

Men 45-49 50 Yard Butterfly

ZONE: Z 23.77 4/25/2010 William Segal, Jersey Area Mult

NATL: ! 22.67 5/4/2008 PAUL SMITH

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-----|------------------|-------|--------|--------|
| 1 Harris, Greg | 47 | UNAT | 28.12 | 26.70 | 9 |
| 2 Worst, Jeremy | 48 | WARRENTON MASTER | 27.50 | 27.52 | 7 |
| 3 Golden, Scott | 47 | GERMANTOWN MARYL | 28.90 | 28.20 | 6 |
| 4 Jay, Mike | 49 | RESTON MASTERS S | 31.00 | 28.80 | 5 |
| 5 Matz, Michael | 49 | PENNYPACK AQUATI | 29.42 | 29.88 | 4 |
| 6 Uprichard, David | 45 | RED TIDE | 35.00 | 32.13 | 3 |

Men 45-49 100 Yard Butterfly

ZONE: Z 52.58 4/25/2009 Scott Carpenter, JAM

NATL: ! 50.90 5/21/2010 DAVID SIMS

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|---------|---------|--------|
| 1 Worst, Jeremy | 48 | WARRENTON MASTER | 1:01.00 | 1:02.57 | 9 |
| | 29.14 | 1:02.57 (33.43) | | | |
| 2 Golden, Scott | 47 | GERMANTOWN MARYL | 1:05.00 | 1:02.87 | 7 |
| | 29.77 | 1:02.87 (33.10) | | | |
| 3 Harris, Greg | 47 | UNAT | 1:05.83 | 1:03.39 | 6 |
| | 29.25 | 1:03.39 (34.14) | | | |
| 4 Wunderlich, Karl | 45 | GERMANTOWN MARYL | 1:08.00 | 1:07.72 | 5 |
| | 31.32 | 1:07.72 (36.40) | | | |
| 5 Jay, Mike | 49 | RESTON MASTERS S | 1:20.00 | 1:25.58 | 4 |
| | 35.96 | 1:25.58 (49.62) | | | |

Men 45-49 200 Yard Butterfly

ZONE: Z 1:59.22 4/26/2009 Michael Schmidt, MESC

NATL: ! 1:50.73 12/6/2008 DENNIS BAKER

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-------|------------------|-----------------|-----------------|--------|
| 1 Worst, Jeremy | 48 | WARRENTON MASTER | 2:38.00 | 2:33.46 | 9 |
| | 32.47 | 1:10.56 (38.09) | 1:51.10 (40.54) | 2:33.46 (42.36) | |
| 2 Jay, Mike | 49 | RESTON MASTERS S | 3:45.00 | 3:27.32 | 7 |
| | 45.79 | 1:39.66 (53.87) | 2:34.77 (55.11) | 3:27.32 (52.55) | |

Men 45-49 100 Yard IM

ZONE: Z 55.29 4/23/2006 Clay Britt, ANCM

NATL: ! 52.14 5/23/2010 RICHARD HUGHEY

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-------|------------------|---------|---------|--------|
| 1 Battle, Glenn | 49 | CURL BURKE MASTE | 1:00.50 | 1:00.03 | 9 |
| | 28.13 | 1:00.03 (31.90) | | | |
| 2 Harris, Greg | 47 | UNAT | 1:02.97 | 1:00.94 | 7 |

| | | | | | |
|----------------------|--------------------------------|------------------|---------|---------|---|
| | 27.70 | 1:00.94 (33.24) | | | |
| 3 Caudrillier, Franc | 48 | BINGHAMTON UNIV | 1:02.34 | 1:02.33 | 6 |
| | 29.11 | 1:02.33 (33.22) | | | |
| 4 Neyland, Spencer | 45 | RED TIDE | 1:05.00 | 1:06.35 | 5 |
| | 31.29 | 1:06.35 (35.06) | | | |
| 5 Matz, Michael | 49 | PENNYPACK AQUATI | 1:09.00 | 1:09.03 | 4 |
| | 30.46 | 1:09.03 (38.57) | | | |
| 6 Boggs, J C | 48 | CURL BURKE MASTE | 1:07.88 | 1:09.85 | 3 |
| | 31.81 | 1:09.85 (38.04) | | | |
| 7 Goins, Todd | 49 | SUNFISH MASTERS | 1:12.50 | 1:11.05 | 2 |
| | 34.63 | 1:11.05 (36.42) | | | |
| 8 Chaloupek, Jeff | 45 | UNAT | 1:11.00 | 1:15.53 | 1 |
| | 35.94 | 1:15.53 (39.59) | | | |
| 9 Vurdelja, David | 45 | RESTON MASTERS S | 2:30.00 | 1:34.78 | |
| | 43.63 | 1:34.78 (51.15) | | | |
| -- Wunderlich, Karl | 45 | GERMANTOWN MARYL | 1:04.00 | DQ | |
| | 32 Not on back off wall - back | | | | |
| | 31.33 | DQ (34.54) | | | |

Men 45-49 200 Yard IM

| | | | | | |
|---|-------|------------------|-----------------|-----------------|--------|
| ===== | | | | | |
| ZONE: Z 2:08.51 4/23/2006 Curt Reynolds, TERR | | | | | |
| NATL: ! 1:58.20 5/22/2010 ANDERS RASMUSSEN | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Jones, Mark | 48 | CURL BURKE MASTE | 2:13.59 | 2:16.72 | 9 |
| | 29.56 | 1:05.83 (36.27) | 1:45.01 (39.18) | 2:16.72 (31.71) | |
| 2 Kress, Jay | 48 | FAIRFAX COUNTY M | 2:18.00 | 2:18.63 | 7 |
| | 27.81 | 1:02.67 (34.86) | 1:44.61 (41.94) | 2:18.63 (34.02) | |
| 3 Harris, Greg | 47 | UNAT | 2:22.41 | 2:19.02 | 6 |
| | 29.99 | 1:06.06 (36.07) | 1:46.13 (40.07) | 2:19.02 (32.89) | |
| 4 Caudrillier, Franc | 48 | BINGHAMTON UNIV | 2:19.21 | 2:19.85 | 5 |
| | 29.57 | 1:05.38 (35.81) | 1:47.29 (41.91) | 2:19.85 (32.56) | |
| 5 Neyland, Spencer | 45 | RED TIDE | 2:23.00 | 2:26.74 | 4 |
| | 30.71 | 1:09.56 (38.85) | 1:50.03 (40.47) | 2:26.74 (36.71) | |

Men 45-49 400 Yard IM

| | | | | | |
|--|-----------------|------------------|-----------------|-----------------|--------|
| ===== | | | | | |
| ZONE: Z 4:37.98 5/2/1999 Paul Fetters | | | | | |
| NATL: ! 4:14.17 5/21/2010 DENNIS BAKER | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Neyland, Spencer | 45 | RED TIDE | 5:16.00 | 5:26.38 | 9 |
| | 34.42 | 1:15.19 (40.77) | 2:00.07 (44.88) | 2:45.32 (45.25) | |
| | 3:27.44 (42.12) | 4:11.90 (44.46) | 4:50.19 (38.29) | 5:26.38 (36.19) | |
| 2 Evans, Brian | 46 | RESTON MASTERS S | 5:30.00 | 5:46.85 | 7 |
| | 35.58 | 1:18.74 (43.16) | 2:03.84 (45.10) | 2:47.77 (43.93) | |

3:37.73 (49.96) 4:27.85 (50.12) 5:08.91 (41.06) 5:46.85 (37.94)

Men 50-54 50 Yard Freestyle

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=====
ZONE: Z 22.03    4/13/2003 Paul Trevisan
NATL: ! 21.38    5/10/2009 AMBROSE GAINES
Name            Age Team            Seed      Finals      Points
=====
1 Klein, Jonathan    53 NORTH CAROLINA M    23.50      23.39      9
2 Laiti, Chris        50 UNAT                24.00      24.23      7
3 Cunningham, Jose E 54 DISTRICT OF COLU    30.00      24.59      6
4 Pospisil, Ronald   54 PENNYPACK AQUATI    27.20      24.68      5
5 Mead, Jeffrey      54 DISTRICT OF COLU    25.30      25.03      4
6 Shipp, Bill        50 TERRAPIN MASTERS    26.00      25.90      3
7 Rickard, Al        54 FAIRFAX COUNTY M    26.49      26.28      2
8 Schultz, Ward      53 COLONIALS 1776      26.97      27.15      1
9 Bullard, John      51 VIRGINIA MASTERS    29.60      28.44
10 Moyer, Steven     53 RESTON MASTERS S    29.27      29.89
11 Pitchford, Barth   52 PATRIOT MASTERS     40.00      32.74
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Men 50-54 100 Yard Freestyle

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ZONE: Z 49.28    4/24/2005 Paul Trevisan, 1776
NATL: ! 46.59    5/10/2009 AMBROSE GAINES
Name            Age Team            Seed      Finals      Points
=====
1 Klein, Jonathan    53 NORTH CAROLINA M    52.50      51.40      9
                  24.72            51.40 (26.68)
2 Pospisil, Ronald   54 PENNYPACK AQUATI    56.50      54.12      7
                  25.94            54.12 (28.18)
3 Laiti, Chris        50 UNAT                55.10      54.62      6
                  26.27            54.62 (28.35)
4 Mead, Jeffrey      54 DISTRICT OF COLU    57.06      55.83      5
                  26.74            55.83 (29.09)
5 Moriarty, Michael   50 UNAT                58.00      59.50      4
                  28.00            59.50 (31.50)
6 Rickard, Al        54 FAIRFAX COUNTY M    58.49      1:00.26      3
                  28.98            1:00.26 (31.28)
7 Dougherty, Rick    54 COLONIALS 1776      1:03.00    1:00.31      2
                  29.03            1:00.31 (31.28)
8 West, John         50 BINGHAMTON UNIV     1:05.77    1:04.76      1
                  31.09            1:04.76 (33.67)
9 Perkins, Keith     50 ALEXANDRIA MASTE    1:06.29    1:06.33      1
                  31.68            1:06.33 (34.65)
10 Moyer, Steven     53 RESTON MASTERS S    1:07.74    1:08.30
                  32.50            1:08.30 (35.80)
11 Weidner, Bob      54 PATRIOT MASTERS     1:03.69    1:09.85
=====

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| | | | | |
|---------------------|-------|-----------------|---------|---------|
| | 33.48 | 1:09.85 (36.37) | | |
| 12 Pitchford, Barth | 52 | PATRIOT MASTERS | 1:16.00 | 1:11.84 |
| | 34.25 | 1:11.84 (37.59) | | |

Men 50-54 200 Yard Freestyle

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| ZONE: Z | | 1:52.67 | 4/24/2005 | Bradford Gandee, UNAT | | |
|----------------------|-------|------------------|-----------|-----------------------|---------|---------|
| NATL: ! | | 1:43.76 | 5/10/2009 | AMBROSE GAINES | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Klein, Jonathan | 53 | NORTH CAROLINA M | 1:54.50 | 1:55.28 | 9 | |
| | 25.89 | 54.84 (28.95) | 1:24.63 | (29.79) | 1:55.28 | (30.65) |
| 2 Kannegieser, Rober | 53 | FINS AQUATICS CL | 2:04.00 | 2:00.76 | 7 | |
| | 27.72 | 58.06 (30.34) | 1:29.29 | (31.23) | 2:00.76 | (31.47) |
| 3 Pospisil, Ronald | 54 | PENNYPACK AQUATI | 2:15.50 | 2:04.33 | 6 | |
| | 29.29 | 1:00.54 (31.25) | 1:32.92 | (32.38) | 2:04.33 | (31.41) |
| 4 Majeske, Andrew | 50 | COLONIALS 1776 | 2:10.00 | 2:07.91 | 5 | |
| | 28.87 | 1:01.08 (32.21) | 1:34.61 | (33.53) | 2:07.91 | (33.30) |
| 5 Rickard, Al | 54 | FAIRFAX COUNTY M | 2:09.99 | 2:13.13 | 4 | |
| | 29.72 | 1:02.71 (32.99) | 1:37.41 | (34.70) | 2:13.13 | (35.72) |
| 6 West, John | 50 | BINGHAMTON UNIV | 2:16.74 | 2:22.07 | 3 | |
| | 32.13 | 1:07.82 (35.69) | 1:44.96 | (37.14) | 2:22.07 | (37.11) |
| 7 Hong, Chun | 50 | RESTON MASTERS S | 3:00.00 | 2:28.55 | 2 | |
| | 33.30 | 1:10.23 (36.93) | 1:49.63 | (39.40) | 2:28.55 | (38.92) |
| 8 Moyer, Steven | 53 | RESTON MASTERS S | 2:31.89 | 2:29.73 | 1 | |
| | 34.62 | 1:11.25 (36.63) | 1:50.18 | (38.93) | 2:29.73 | (39.55) |
| 9 Pitchford, Barth | 52 | PATRIOT MASTERS | 2:45.00 | 2:42.46 | | |
| | 35.78 | 1:15.78 (40.00) | 1:58.90 | (43.12) | 2:42.46 | (43.56) |

Men 50-54 500 Yard Freestyle

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| ZONE: Z | | 5:07.41 | 4/23/2006 | Bradford Gandee, UNAT | | |
|----------------------|-------|------------------|-----------|-----------------------|---------|---------|
| NATL: ! | | 4:47.57 | 5/20/2001 | JIM MCCONICA | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Kannegieser, Rober | 53 | FINS AQUATICS CL | 5:30.50 | 5:28.40 | 9 | |
| | 29.47 | 1:01.74 (32.27) | 1:35.06 | (33.32) | 2:08.64 | (33.58) |
| | | 2:42.38 (33.74) | 3:16.15 | (33.77) | 3:49.59 | (33.44) |
| | | 4:56.19 (33.08) | 5:28.40 | (32.21) | 4:23.11 | (33.52) |
| 2 Kristek, Steven | 52 | BINGHAMTON UNIV | 5:45.00 | 5:50.02 | 7 | |
| | 31.71 | 1:05.86 (34.15) | 1:39.97 | (34.11) | 2:14.80 | (34.83) |
| | | 2:50.39 (35.59) | 3:25.91 | (35.52) | 4:01.87 | (35.96) |
| | | 5:14.48 (36.38) | 5:50.02 | (35.54) | 4:38.10 | (36.23) |
| 3 Rickard, Al | 54 | FAIRFAX COUNTY M | 5:59.99 | 6:03.86 | 6 | |
| | 31.82 | 1:06.51 (34.69) | 1:43.32 | (36.81) | 2:20.02 | (36.70) |
| | | 2:57.10 (37.08) | 3:34.43 | (37.33) | 4:12.95 | (38.52) |
| | | 5:29.01 (38.30) | 6:03.86 | (34.85) | 4:50.71 | (37.76) |

| | | | | |
|---------------------|---------------------|-----------------|-----------------|---|
| 4 Moriarty, Michael | 50 UNAT | 5:52.00 | 6:08.39 | 5 |
| 32.12 | 1:07.86 (35.74) | 1:45.48 (37.62) | 2:23.38 (37.90) | |
| 3:01.50 (38.12) | 3:39.56 (38.06) | 4:17.40 (37.84) | 4:55.11 (37.71) | |
| 5:32.23 (37.12) | 6:08.39 (36.16) | | | |
| 5 Fritz, Konrad | 51 UNAT | 6:28.00 | 6:10.44 | 4 |
| 32.41 | 1:07.85 (35.44) | 1:45.34 (37.49) | 2:23.32 (37.98) | |
| 3:01.37 (38.05) | 3:39.50 (38.13) | 4:17.68 (38.18) | 4:55.74 (38.06) | |
| 5:33.68 (37.94) | 6:10.44 (36.76) | | | |
| 6 Rumble, Wilson | 50 DISTRICT OF COLU | 6:30.00 | 6:15.96 | 3 |
| 34.32 | 1:12.02 (37.70) | 1:50.22 (38.20) | 2:28.86 (38.64) | |
| 3:07.18 (38.32) | 3:44.85 (37.67) | 4:23.13 (38.28) | 5:01.84 (38.71) | |
| 5:39.24 (37.40) | 6:15.96 (36.72) | | | |
| 7 Weidner, Bob | 54 PATRIOT MASTERS | 7:09.40 | 7:39.68 | 2 |
| 38.74 | 1:21.39 (42.65) | | 2:54.46 () | |
| 3:42.43 (47.97) | 4:29.88 (47.45) | 5:18.80 (48.92) | 6:06.86 (48.06) | |
| 6:54.12 (47.26) | 7:39.68 (45.56) | | | |
| -- Majeske, Andrew | 50 COLONIALS 1776 | 6:05.00 | DQ | |
| 60 False start | | | | |
| 30.30 | 1:03.57 (33.27) | 1:37.88 (34.31) | 2:13.00 (35.12) | |
| 2:48.36 (35.36) | 3:24.15 (35.79) | 4:00.77 (36.62) | 4:38.41 (37.64) | |
| 5:16.29 (37.88) | DQ (36.21) | | | |

Men 50-54 1000 Yard Freestyle

| ===== | | | | |
|----------------------|---------------------|---------------------------------|------------------|--------|
| ZONE: Z 10:49.44 | | 4/23/2006 Bradford Gandee, UNAT | | |
| NATL: ! 9:57.78 | | 5/17/2002 JIM MCCONICA | | |
| Name | Age Team | Seed | Finals | Points |
| ===== | | | | |
| 1 Kannegieser, Rober | 53 FINS AQUATICS CL | 11:35.76 | 11:24.22 | 9 |
| 29.43 | 1:02.28 (32.85) | 1:36.27 (33.99) | 2:10.25 (33.98) | |
| 2:44.23 (33.98) | 3:18.30 (34.07) | 3:52.31 (34.01) | 4:26.34 (34.03) | |
| 5:00.72 (34.38) | 5:35.17 (34.45) | 6:09.59 (34.42) | 6:44.29 (34.70) | |
| 7:19.19 (34.90) | 7:53.98 (34.79) | 8:28.85 (34.87) | 9:03.51 (34.66) | |
| 9:38.88 (35.37) | 10:14.14 (35.26) | 10:49.72 (35.58) | 11:24.22 (34.50) | |
| 2 Shipp, Bill | 50 TERRAPIN MASTERS | 12:00.00 | 11:46.87 | 7 |
| 29.83 | 1:03.53 (33.70) | 1:39.45 (35.92) | 2:15.84 (36.39) | |
| 2:51.43 (35.59) | 3:27.99 (36.56) | 4:04.04 (36.05) | 4:40.16 (36.12) | |
| 5:16.57 (36.41) | 5:52.69 (36.12) | 6:28.66 (35.97) | 7:04.91 (36.25) | |
| 7:41.03 (36.12) | 8:17.07 (36.04) | 8:52.67 (35.60) | 9:28.49 (35.82) | |
| 10:04.26 (35.77) | 10:39.80 (35.54) | 11:14.25 (34.45) | 11:46.87 (32.62) | |
| 3 Fritz, Konrad | 51 UNAT | 13:24.00 | 12:48.26 | 6 |
| 34.31 | 1:10.76 (36.45) | 1:48.91 (38.15) | 2:27.73 (38.82) | |
| 3:07.03 (39.30) | 3:45.83 (38.80) | 4:24.83 (39.00) | 5:03.97 (39.14) | |
| 5:43.09 (39.12) | 6:21.92 (38.83) | 7:00.63 (38.71) | 7:39.36 (38.73) | |
| 8:18.19 (38.83) | 8:56.97 (38.78) | 9:36.18 (39.21) | 10:15.41 (39.23) | |
| 10:54.26 (38.85) | 11:32.89 (38.63) | 12:10.85 (37.96) | 12:48.26 (37.41) | |
| 4 Romo, Robert | 52 VIRGINIA MASTERS | 14:35.00 | 13:45.19 | 5 |

| | | | | |
|--------------------|---------------------|-------------------|------------------|-------------------|
| | 36.00 | 1:15.00 (39.00) | 1:54.96 (39.96) | 2:35.91 (40.95) |
| | 3:16.61 (40.70) | 3:56.78 (40.17) | 4:37.48 (40.70) | 5:18.21 (40.73) |
| | 5:59.22 (41.01) | 6:40.97 (41.75) | 7:24.45 (43.48) | 8:07.22 (42.77) |
| | 8:49.51 (42.29) | 9:32.04 (42.53) | 10:14.71 (42.67) | 10:57.75 (43.04) |
| | 11:40.54 (42.79) | 12:23.14 (42.60) | 13:05.48 (42.34) | 13:45.19 (39.71) |
| 5 Nakazawa, Muraji | 54 RESTON MASTERS S | 17:00.00 | 18:49.19 | 4 |
| | 42.46 | 1:34.14 (51.68) | 2:33.18 (59.04) | 3:31.72 (58.54) |
| | 4:31.13 (59.41) | 5:32.47 (1:01.34) | 6:30.85 (58.38) | 7:32.23 (1:01.38) |
| | 8:31.87 (59.64) | 9:29.45 (57.58) | 10:29.16 (59.71) | 11:25.05 (55.89) |
| | 12:25.42 (1:00.37) | 13:22.94 (57.52) | 14:21.73 (58.79) | 15:19.53 (57.80) |
| | 16:17.26 (57.73) | 17:12.96 (55.70) | 18:01.90 (48.94) | 18:49.19 (47.29) |

Men 50-54 1650 Yard Freestyle

| | | | | | |
|--|------------------|------------------|------------------|------------------|--------|
| ===== | | | | | |
| ZONE: Z 18:06.67 4/15/2007 Robert Hansen, GMUP | | | | | |
| NATL: ! 16:42.07 5/20/2001 JIM MCCONICA | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Turner, Robert | 50 | VIRGINIA MASTERS | 20:35.00 | 21:18.18 | 9 |
| | 34.51 | 1:12.62 (38.11) | 1:50.92 (38.30) | 2:29.59 (38.67) | |
| | 3:08.15 (38.56) | 3:47.01 (38.86) | 4:25.19 (38.18) | 5:03.58 (38.39) | |
| | 5:42.22 (38.64) | 6:20.23 (38.01) | 6:58.59 (38.36) | 7:37.72 (39.13) | |
| | 8:16.65 (38.93) | 8:55.42 (38.77) | 9:34.87 (39.45) | 10:14.11 (39.24) | |
| | 10:53.56 (39.45) | 11:32.52 (38.96) | 12:11.76 (39.24) | 12:50.40 (38.64) | |
| | 13:29.15 (38.75) | 14:08.24 (39.09) | 14:47.42 (39.18) | 15:26.85 (39.43) | |
| | 16:06.17 (39.32) | 16:44.94 (38.77) | 17:24.45 (39.51) | 18:04.25 (39.80) | |
| | 18:43.78 (39.53) | 19:22.35 (38.57) | 20:01.24 (38.89) | 20:40.43 (39.19) | |
| | 21:18.18 (37.75) | | | | |
| 2 Sickenberger, Will | 51 | RESTON MASTERS S | 22:00.00 | 23:32.65 | 7 |
| | 36.88 | 1:17.36 (40.48) | 1:59.49 (42.13) | 2:41.79 (42.30) | |
| | 3:24.40 (42.61) | 4:07.73 (43.33) | 4:51.32 (43.59) | 5:36.03 (44.71) | |
| | 6:19.69 (43.66) | 7:03.52 (43.83) | 7:46.75 (43.23) | 8:30.16 (43.41) | |
| | 9:14.44 (44.28) | 9:57.58 (43.14) | 10:41.06 (43.48) | 11:24.64 (43.58) | |
| | 12:07.61 (42.97) | 12:51.03 (43.42) | 13:34.52 (43.49) | 14:18.10 (43.58) | |
| | 15:01.18 (43.08) | 15:45.09 (43.91) | 16:28.36 (43.27) | 17:11.78 (43.42) | |
| | 17:55.14 (43.36) | 18:39.25 (44.11) | 19:21.76 (42.51) | 20:04.78 (43.02) | |
| | 20:47.50 (42.72) | 21:30.98 (43.48) | 22:12.63 (41.65) | 22:54.19 (41.56) | |
| | 23:32.65 (38.46) | | | | |
| 3 Swiger, Bud | 54 | VIRGINIA MASTERS | 24:30.00 | 25:48.26 | 6 |
| | 39.44 | 1:23.63 (44.19) | 2:08.48 (44.85) | 2:53.04 (44.56) | |
| | 3:38.04 (45.00) | 4:22.94 (44.90) | 5:08.01 (45.07) | 5:53.31 (45.30) | |
| | 6:38.36 (45.05) | 7:23.80 (45.44) | 8:09.58 (45.78) | 8:55.06 (45.48) | |
| | 9:40.72 (45.66) | 10:25.86 (45.14) | 11:12.26 (46.40) | 11:57.91 (45.65) | |
| | 12:43.57 (45.66) | 13:29.24 (45.67) | 14:14.99 (45.75) | 15:00.99 (46.00) | |
| | 15:47.01 (46.02) | 16:33.37 (46.36) | 17:20.41 (47.04) | 18:06.37 (45.96) | |
| | 18:52.52 (46.15) | 19:38.63 (46.11) | 20:25.16 (46.53) | 21:11.38 (46.22) | |
| | 21:58.84 (47.46) | 22:46.04 (47.20) | 23:33.00 (46.96) | 24:18.27 (45.27) | |

25:48.26 (1:29.99)

Men 50-54 50 Yard Backstroke

=====

ZONE: Z 27.54 5/2/1999 Bob Kolonkowski
NATL: ! 25.52 5/22/2010 RICHARD KAMMERER

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|---------|--------|--------|
| 1 Britt, Clay | 50 | MONTGOMERY ANCIE | 25.40 | 25.56Z | 9 |
| 2 Klein, Jonathan | 53 | NORTH CAROLINA M | 27.20 | 27.09Z | 7 |
| 3 Majeske, Andrew | 50 | COLONIALS 1776 | 31.00 | 30.92 | 6 |
| 4 Kristek, Steven | 52 | BINGHAMTON UNIV | 31.20 | 31.06 | 5 |
| 5 Mead, Jeffrey | 54 | DISTRICT OF COLU | 34.55 | 31.89 | 4 |
| 6 Schultz, Ward | 53 | COLONIALS 1776 | 30.96 | 32.23 | 3 |
| 7 Manieri, Pete | 54 | COLONIALS 1776 | 32.89 | 32.57 | 2 |
| 8 Romo, Robert | 52 | VIRGINIA MASTERS | 34.50 | 34.19 | 1 |
| 9 West, John | 50 | BINGHAMTON UNIV | 35.65 | 35.59 | |
| 10 Rickard, Al | 54 | FAIRFAX COUNTY M | 37.99 | 37.79 | |
| 11 Pitchford, Barth | 52 | PATRIOT MASTERS | 1:00.00 | 46.09 | |

Men 50-54 100 Yard Backstroke

=====

ZONE: Z 59.93 4/13/2003 Rick Stringer
NATL: ! 55.80 5/23/2010 RICHARD KAMMERER

| Name | Age | Team | Seed | Finals | Points |
|-------------------|-------|------------------|---------|---------|--------|
| 1 Britt, Clay | 50 | MONTGOMERY ANCIE | 54.00 | 54.68! | 9 |
| | 26.32 | 54.68 (28.36) | | | |
| 2 Klein, Jonathan | 53 | NORTH CAROLINA M | 58.50 | 58.12Z | 7 |
| | 28.01 | 58.12 (30.11) | | | |
| 3 McGough, Tim | 53 | MERRITT MARLINS | 1:02.83 | 1:03.62 | 6 |
| | 31.31 | 1:03.62 (32.31) | | | |
| 4 Majeske, Andrew | 50 | COLONIALS 1776 | 1:06.00 | 1:05.28 | 5 |
| | 32.01 | 1:05.28 (33.27) | | | |
| 5 Kristek, Steven | 52 | BINGHAMTON UNIV | 1:04.90 | 1:05.54 | 4 |
| | 32.29 | 1:05.54 (33.25) | | | |
| 6 Schultz, Ward | 53 | COLONIALS 1776 | 1:07.75 | 1:07.62 | 3 |
| | 33.22 | 1:07.62 (34.40) | | | |
| 7 Mead, Jeffrey | 54 | DISTRICT OF COLU | 1:09.50 | 1:08.04 | 2 |
| | 34.35 | 1:08.04 (33.69) | | | |
| 8 Manieri, Pete | 54 | COLONIALS 1776 | 1:10.90 | 1:10.25 | 1 |
| | 34.33 | 1:10.25 (35.92) | | | |
| 9 Dougherty, Rick | 54 | COLONIALS 1776 | 1:17.00 | 1:12.98 | |
| | 35.88 | 1:12.98 (37.10) | | | |
| 10 West, John | 50 | BINGHAMTON UNIV | 1:13.33 | 1:14.65 | |
| | 36.59 | 1:14.65 (38.06) | | | |
| 11 Weidner, Bob | 54 | PATRIOT MASTERS | 1:15.92 | 1:30.24 | |

43.46 1:30.24 (46.78)

Men 50-54 200 Yard Backstroke

=====

ZONE: Z 2:10.00 4/21/2002 Rick Stringer
NATL: ! 2:01.39 4/11/2010 LINCOLN DJANG

| Name | Age | Team | Seed | Finals | Points |
|-------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Britt, Clay | 50 | MONTGOMERY ANCIE | 2:03.00 | 2:04.91Z | 9 |
| | 28.72 | 59.89 (31.17) | 1:32.07 (32.18) | 2:04.91 (32.84) | |
| 2 Kristek, Steven | 52 | BINGHAMTON UNIV | 2:19.00 | 2:19.12 | 7 |
| | 34.26 | 1:08.85 (34.59) | 1:43.89 (35.04) | 2:19.12 (35.23) | |
| 3 Majeske, Andrew | 50 | COLONIALS 1776 | 2:25.00 | 2:22.41 | 6 |
| | 33.38 | 1:08.95 (35.57) | 1:45.91 (36.96) | 2:22.41 (36.50) | |
| 4 Manieri, Pete | 54 | COLONIALS 1776 | 2:45.00 | 2:36.10 | 5 |
| | 38.00 | 1:18.64 (40.64) | 1:58.50 (39.86) | 2:36.10 (37.60) | |

Men 50-54 50 Yard Breaststroke

=====

ZONE: Z 28.16 4/24/2010 Benn Doyle, Garden State Mas
NATL: ! 26.98 5/21/2010 HOLDEN BANK

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-----|------------------|-------|--------|--------|
| 1 Cunningham, Jose E | 54 | DISTRICT OF COLU | 36.00 | 31.14 | 9 |
| 2 Laiti, Chris | 50 | UNAT | 31.80 | 32.02 | 7 |
| 3 Schultz, Ward | 53 | COLONIALS 1776 | 33.07 | 32.63 | 6 |
| 4 Shipp, Bill | 50 | TERRAPIN MASTERS | 35.00 | 33.90 | 5 |
| 5 Bullard, John | 51 | VIRGINIA MASTERS | 36.43 | 34.58 | 4 |
| 6 Manieri, Pete | 54 | COLONIALS 1776 | 34.51 | 34.99 | 3 |
| 7 Romo, Robert | 52 | VIRGINIA MASTERS | 36.40 | 35.68 | 2 |
| 8 Nakazawa, Muraji | 54 | RESTON MASTERS S | 36.52 | 36.26 | 1 |

Men 50-54 100 Yard Breaststroke

=====

ZONE: Z 1:03.32 4/25/2010 Benn Doyle, Garden State Mas
NATL: ! 59.94 5/22/2010 JON BLANK

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Cunningham, Jose E | 54 | DISTRICT OF COLU | 1:18.00 | 1:08.69 | 9 |
| | 32.97 | 1:08.69 (35.72) | | | |
| 2 Kannegieser, Rober | 53 | FINS AQUATICS CL | 1:14.50 | 1:11.29 | 7 |
| | 33.25 | 1:11.29 (38.04) | | | |
| 3 Schultz, Ward | 53 | COLONIALS 1776 | 1:12.14 | 1:13.04 | 6 |
| | 34.22 | 1:13.04 (38.82) | | | |
| 4 Hong, Chun | 50 | RESTON MASTERS S | 1:40.00 | 1:23.64 | 5 |
| | 38.92 | 1:23.64 (44.72) | | | |
| 5 Nakazawa, Muraji | 54 | RESTON MASTERS S | 1:23.82 | 1:34.37 | 4 |

45.06 1:34.37 (49.31)

Men 50-54 200 Yard Breaststroke

=====

ZONE: Z 2:18.34 4/24/2010 Benn Doyle, Garden State Mas
NATL: ! 2:13.77 5/23/2010 JON BLANK

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Cunningham, Jose E | 54 | DISTRICT OF COLU | 2:46.00 | 2:33.49 | 9 |
| | 35.80 | 1:16.74 (40.94) | 1:55.90 (39.16) | 2:33.49 (37.59) | |
| 2 Romo, Robert | 52 | VIRGINIA MASTERS | 3:05.00 | 3:02.31 | 7 |
| | 39.36 | 1:25.61 (46.25) | 2:14.19 (48.58) | 3:02.31 (48.12) | |
| 3 Nakazawa, Muraji | 54 | RESTON MASTERS S | 3:12.24 | 3:22.58 | 6 |
| | 46.02 | 1:38.25 (52.23) | 2:31.49 (53.24) | 3:22.58 (51.09) | |

Men 50-54 50 Yard Butterfly

=====

ZONE: Z 24.24 4/15/2007 Donald Graham, PNA
NATL: ! 23.19 4/25/2004 TRIP HEDRICK

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|-------|--------|--------|
| 1 Britt, Clay | 50 | MONTGOMERY ANCIE | 24.70 | 25.46 | 9 |
| 2 Klein, Jonathan | 53 | NORTH CAROLINA M | 25.50 | 25.95 | 7 |
| 3 Pospisil, Ronald | 54 | PENNYPACK AQUATI | 29.20 | 27.74 | 6 |
| 4 Mead, Jeffrey | 54 | DISTRICT OF COLU | 28.50 | 28.21 | 5 |
| 5 Kristek, Steven | 52 | BINGHAMTON UNIV | 28.80 | 29.00 | 4 |
| 6 Shipp, Bill | 50 | TERRAPIN MASTERS | 29.50 | 29.13 | 3 |
| 7 Lisann, Eric | 51 | PATRIOT MASTERS | 30.00 | 29.67 | 2 |
| 8 Bullard, John | 51 | VIRGINIA MASTERS | 32.88 | 31.16 | 1 |
| 9 Rickard, Al | 54 | FAIRFAX COUNTY M | 31.33 | 31.54 | |
| 10 West, John | 50 | BINGHAMTON UNIV | 31.81 | 32.57 | |
| 11 Perkins, Keith | 50 | ALEXANDRIA MASTE | 36.00 | 33.25 | |
| 12 Pitchford, Barth | 52 | PATRIOT MASTERS | 40.00 | 39.55 | |

Men 50-54 100 Yard Butterfly

=====

ZONE: Z 55.19 4/24/2005 Jim O'Connor, MARY
NATL: ! 51.93 4/13/2008 PAUL CARTER

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|---------|---------|--------|
| 1 Kannegieser, Rober | 53 | FINS AQUATICS CL | 1:02.00 | 1:00.80 | 9 |
| | 28.40 | 1:00.80 (32.40) | | | |
| 2 McGough, Tim | 53 | MERRITT MARLINS | 1:02.85 | 1:01.92 | 7 |
| | 29.39 | 1:01.92 (32.53) | | | |
| 3 Kristek, Steven | 52 | BINGHAMTON UNIV | 1:03.00 | 1:04.11 | 6 |
| | 30.25 | 1:04.11 (33.86) | | | |
| 4 Pospisil, Ronald | 54 | PENNYPACK AQUATI | 1:10.50 | 1:06.59 | 5 |

30.97 1:06.59 (35.62)

Men 50-54 200 Yard Butterfly

=====

ZONE: Z 2:02.75 4/24/2005 Jim O'Connor, MARY
NATL: ! 2:00.02 3/29/2009 WILLIAM SPECHT

| Name | Age | Team | Seed | Finals | Points |
|----------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Kannegieser, Rober | 53 | FINS AQUATICS CL | 2:22.00 | 2:22.58 | 9 |
| | 30.21 | 1:03.98 (33.77) | 1:40.74 (36.76) | 2:22.58 (41.84) | |
| 2 Rumble, Wilson | 50 | DISTRICT OF COLU | 3:00.00 | 2:44.16 | 7 |
| | 33.81 | 1:13.53 (39.72) | 1:56.22 (42.69) | 2:44.16 (47.94) | |
| 3 Swiger, Bud | 54 | VIRGINIA MASTERS | 3:19.00 | 3:30.97 | 6 |
| | 41.93 | 1:33.33 (51.40) | 2:31.71 (58.38) | 3:30.97 (59.26) | |
| 4 Nakazawa, Muraji | 54 | RESTON MASTERS S | 3:52.61 | 3:36.86 | 5 |
| | 45.39 | 1:39.96 (54.57) | 2:39.04 (59.08) | 3:36.86 (57.82) | |

Men 50-54 100 Yard IM

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ZONE: Z 57.99 4/15/2007 Donald Graham, PNA
NATL: ! 55.42 5/10/2009 JACK GROSELLE

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|---------|---------|--------|
| 1 McGough, Tim | 53 | MERRITT MARLINS | 1:03.16 | 1:02.75 | 9 |
| | 28.91 | 1:02.75 (33.84) | | | |
| 2 Laiti, Chris | 50 | UNAT | 1:02.00 | 1:02.78 | 7 |
| | 29.73 | 1:02.78 (33.05) | | | |
| 3 Mead, Jeffrey | 54 | DISTRICT OF COLU | 1:07.25 | 1:05.11 | 6 |
| | 30.19 | 1:05.11 (34.92) | | | |
| 4 Shipp, Bill | 50 | TERRAPIN MASTERS | 1:10.00 | 1:06.30 | 5 |
| | 31.23 | 1:06.30 (35.07) | | | |
| 5 Schultz, Ward | 53 | COLONIALS 1776 | 1:06.56 | 1:07.80 | 4 |
| | 31.36 | 1:07.80 (36.44) | | | |
| 6 Manieri, Pete | 54 | COLONIALS 1776 | 1:08.03 | 1:09.39 | 3 |
| | 32.25 | 1:09.39 (37.14) | | | |
| 7 Bullard, John | 51 | VIRGINIA MASTERS | 1:16.57 | 1:10.67 | 2 |
| | 33.23 | 1:10.67 (37.44) | | | |
| 8 Rickard, Al | 54 | FAIRFAX COUNTY M | 1:14.11 | 1:14.71 | 1 |
| | 35.45 | 1:14.71 (39.26) | | | |
| 9 Pitchford, Barth | 52 | PATRIOT MASTERS | 1:27.00 | 1:26.39 | |
| | 41.85 | 1:26.39 (44.54) | | | |

Men 50-54 200 Yard IM

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ZONE: Z 2:10.92 4/15/2007 Robert Hansen, GMUP
NATL: ! 2:00.82 5/10/2009 KEN SHILLING

| Name | Age | Team | Seed | Finals | Points |
|------|-----|------|------|--------|--------|
|------|-----|------|------|--------|--------|

| | | | | | | |
|----|------------------|-----------------------|------------------|-----------------|-----------------|----|
| 1 | McGough, Tim | 53 | MERRITT MARLINS | 3:00.00 | 2:19.96 | 9 |
| | 29.62 | | 1:04.16 (34.54) | 1:44.25 (40.09) | 2:19.96 (35.71) | |
| 2 | Schultz, Ward | 53 | COLONIALS 1776 | 2:33.00 | 2:27.43 | 7 |
| | 31.97 | | 1:09.34 (37.37) | 1:52.42 (43.08) | 2:27.43 (35.01) | |
| 3 | Perkins, Keith | 50 | ALEXANDRIA MASTE | 2:51.00 | 2:53.54 | 6 |
| | 36.00 | | 1:22.32 (46.32) | 2:14.99 (52.67) | 2:53.54 (38.55) | |
| 4 | Pitchford, Barth | 52 | PATRIOT MASTERS | 3:16.00 | 3:13.73 | 5 |
| | 42.11 | | 1:34.16 (52.05) | 2:30.55 (56.39) | 3:13.73 (43.18) | |
| -- | Early, Thomas | 52 | TERRAPIN MASTERS | 2:26.19 | | DQ |
| | 62 | Did not finish - Misc | | | | |

Men 50-54 400 Yard IM

| ZONE: Z 4:46.38 4/15/2007 Robert Hansen, GMUP | | | | | | |
|---|------------------|------|------------------|-------------------|-------------------|---|
| NATL: ! 4:23.94 5/10/2009 MICHAEL MANN | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Swiger, Bud | 54 | VIRGINIA MASTERS | 6:18.00 | 6:34.71 | 9 |
| | 42.67 | | 1:35.67 (53.00) | 2:27.63 (51.96) | 3:18.76 (51.13) | |
| | 4:13.62 (54.86) | | 5:08.37 (54.75) | 5:53.12 (44.75) | 6:34.71 (41.59) | |
| 2 | Nakazawa, Muraji | 54 | RESTON MASTERS S | 7:46.58 | 7:25.01 | 7 |
| | 49.88 | | 1:47.03 (57.15) | 2:53.23 (1:06.20) | 3:57.03 (1:03.80) | |
| | 4:53.09 (56.06) | | 5:49.92 (56.83) | 6:38.68 (48.76) | 7:25.01 (46.33) | |

Men 55-59 50 Yard Freestyle

| ZONE: Z 22.24 4/25/2010 Paul Trevisan, Colonials 1776 | | | | | | |
|---|-------------------|------|------------------|--------|--------|---|
| NATL: ! 21.82 4/30/2000 RICHARD ABRAHAMS | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Reider, Pete | 55 | TERRAPIN MASTERS | 24.49 | 24.12 | 9 |
| 2 | Thornton, Jim | 58 | COLONIALS 1776 | 24.91 | 24.56 | 7 |
| 3 | Modjeska, Mark | 58 | ARIZONA MASTERS | 26.11 | 25.89 | 6 |
| 4 | Munson, Arthur | 58 | BINGHAMTON UNIV | 25.00 | 26.26 | 5 |
| 5 | Tipler, David | 55 | RESTON MASTERS S | 31.00 | 28.01 | 4 |
| 6 | Dearfield, Kerry | 58 | CURL BURKE MASTE | 28.10 | 28.08 | 3 |
| 7 | Paushter, Stephen | 59 | BINGHAMTON UNIV | 29.00 | 28.74 | 2 |
| 8 | Edgell, Don | 58 | CURL BURKE MASTE | 28.39 | 28.77 | 1 |
| 9 | Nelson, Bill | 58 | VIRGINIA MASTERS | 30.00 | 30.01 | |
| 10 | Walters, Mark | 58 | GERMANTOWN MARYL | 30.00 | 30.12 | |
| 11 | Webb, Bob | 55 | PATRIOT MASTERS | 28.00 | 30.29 | |
| 12 | Elliott, Daniel | 57 | MACHINE AQUATICS | 29.82 | 30.56 | |
| 13 | Boyle, Michael | 59 | RESTON MASTERS S | 33.00 | 34.01 | |

Men 55-59 100 Yard Freestyle

ZONE: Z 50.24 4/24/2010 Paul Trevisan, Colonials 1776
 NATL: ! 48.37 4/30/2000 RICHARD ABRAHAMS

| Name | Age | Team | Seed | Finals | Points |
|----------------------|---------|------------------|---------|---------|--------|
| 1 Thornton, Jim | 58 | COLONIALS 1776 | 53.68 | 53.85 | 9 |
| | 25.45 | 53.85 (28.40) | | | |
| 2 Keith, Dale | 56 | COLONIALS 1776 | 1:00.00 | 56.39 | 7 |
| | 26.74 | 56.39 (29.65) | | | |
| 3 Modjeska, Mark | 58 | ARIZONA MASTERS | 57.23 | 56.50 | 6 |
| | 26.87 | 56.50 (29.63) | | | |
| 4 Meyer, Geoffrey | 59 | COLONIALS 1776 | 57.25 | 57.02 | 5 |
| | 27.43 | 57.02 (29.59) | | | |
| 5 Martin, Jack | 59 | COLONIALS 1776 | 58.00 | 58.80 | 4 |
| | 28.55 | 58.80 (30.25) | | | |
| 6 Munson, Arthur | 58 | BINGHAMTON UNIV | 59.00 | 59.14 | 3 |
| | 28.27 | 59.14 (30.87) | | | |
| 7 Paushter, Stephen | 59 | BINGHAMTON UNIV | 1:05.00 | 1:05.07 | 2 |
| | 31.75 | 1:05.07 (33.32) | | | |
| 8 Tipler, David | 55 | RESTON MASTERS S | 1:06.00 | 1:05.48 | 1 |
| | 1:05.66 | 1:05.48 () | | | |
| 9 Webb, Bob | 55 | PATRIOT MASTERS | 1:08.00 | 1:08.30 | |
| | 34.52 | 1:08.30 (33.78) | | | |
| 10 Nelson, Bill | 58 | VIRGINIA MASTERS | 1:10.00 | 1:09.12 | |
| | 33.10 | 1:09.12 (36.02) | | | |
| 11 Elliott, Daniel | 57 | MACHINE AQUATICS | 1:10.83 | 1:09.42 | |
| | 33.92 | 1:09.42 (35.50) | | | |
| 12 Boyle, Michael | 59 | RESTON MASTERS S | 1:17.93 | 1:12.77 | |
| | 35.29 | 1:12.77 (37.48) | | | |
| 13 Goldring, Michael | 58 | TEAM NEW YORK AQ | 1:30.00 | 1:26.94 | |
| | 42.68 | 1:26.94 (44.26) | | | |

Men 55-59 100 Yard Freestyle

ZONE: Z 53.39 4/22/2001 Richard Arluck
 NATL: ! 48.37 4/30/2000 RICHARD ABRAHAMS

| Name | Age | Team | Seed | Finals |
|-----------------|-----|----------------|------|--------|
| 1 Thornton, Jim | 58 | COLONIALS 1776 | NT | 53.88 |

Men 55-59 200 Yard Freestyle

ZONE: Z 1:54.89 4/25/2010 James Thornton, Team Pittsburgh
 NATL: ! 1:48.79 4/10/2010 MICHAEL MANN

| Name | Age | Team | Seed | Finals | Points |
|-----------------|-------|----------------|-----------------|-----------------|--------|
| 1 Thornton, Jim | 58 | COLONIALS 1776 | 1:57.93 | 1:57.75 | 9 |
| | 27.41 | 57.20 (29.79) | 1:28.03 (30.83) | 1:57.75 (29.72) | |

| | | | | | | |
|----|-------------------|----|------------------|-----------------|-----------------|---|
| 2 | Hemmerle, Jamie | 55 | COLONIALS 1776 | 1:58.50 | 2:01.31 | 7 |
| | 28.44 | | 59.26 (30.82) | 1:30.17 (30.91) | 2:01.31 (31.14) | |
| 3 | Modjeska, Mark | 58 | ARIZONA MASTERS | 2:04.98 | 2:04.51 | 6 |
| | 28.58 | | 59.82 (31.24) | 1:32.18 (32.36) | 2:04.51 (32.33) | |
| 4 | Keith, Dale | 56 | COLONIALS 1776 | 2:07.00 | 2:06.80 | 5 |
| | 29.24 | | 1:01.68 (32.44) | 1:33.94 (32.26) | 2:06.80 (32.86) | |
| 5 | Martin, Jack | 59 | COLONIALS 1776 | 2:05.00 | 2:07.94 | 4 |
| | 29.97 | | 1:01.92 (31.95) | 1:35.16 (33.24) | 2:07.94 (32.78) | |
| 6 | Stroud, Michael | 55 | THOR | 2:15.50 | 2:12.50 | 3 |
| | 31.79 | | 1:05.68 (33.89) | 1:39.66 (33.98) | 2:12.50 (32.84) | |
| 7 | Wright, Mark | 57 | MERRITT MARLINS | 2:15.30 | 2:13.97 | 2 |
| | 31.25 | | 1:05.51 (34.26) | 1:39.93 (34.42) | 2:13.97 (34.04) | |
| 8 | Edgell, Don | 58 | CURL BURKE MASTE | 2:22.83 | 2:21.94 | 1 |
| | 32.10 | | 1:08.28 (36.18) | 1:45.37 (37.09) | 2:21.94 (36.57) | |
| 9 | Weir, Ken | 57 | BINGHAMTON UNIV | 2:18.50 | 2:22.46 | |
| | 33.33 | | 1:08.62 (35.29) | 1:46.88 (38.26) | 2:22.46 (35.58) | |
| 10 | Paushter, Stephen | 59 | BINGHAMTON UNIV | 2:25.00 | 2:27.65 | |
| | 34.28 | | 1:12.11 (37.83) | 1:50.52 (38.41) | 2:27.65 (37.13) | |
| 11 | Elliott, Daniel | 57 | MACHINE AQUATICS | 2:46.62 | 2:37.55 | |
| | 36.45 | | 1:16.78 (40.33) | 1:58.72 (41.94) | 2:37.55 (38.83) | |
| 12 | Nelson, Bill | 58 | VIRGINIA MASTERS | 2:50.00 | 2:41.66 | |
| | 34.45 | | 1:14.55 (40.10) | 1:58.66 (44.11) | 2:41.66 (43.00) | |
| 13 | Webb, Bob | 55 | PATRIOT MASTERS | 2:30.00 | 2:42.18 | |
| | 37.26 | | 1:19.13 (41.87) | 2:01.91 (42.78) | 2:42.18 (40.27) | |

Men 55-59 500 Yard Freestyle

| | | | | | | |
|---|-----------------|------|-----------------|-----------------|-----------------|---|
| ===== | | | | | | |
| ZONE: Z 5:23.18 4/24/2010 James Thornton, Team Pittsburgh | | | | | | |
| NATL: ! 4:56.82 4/11/2010 MICHAEL MANN | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Hemmerle, Jamie | 55 | COLONIALS 1776 | 5:29.00 | 5:26.83 | 9 |
| | 30.83 | | 1:03.77 (32.94) | 1:37.13 (33.36) | 2:10.74 (33.61) | |
| | 2:44.38 (33.64) | | 3:17.91 (33.53) | 3:51.29 (33.38) | 4:24.49 (33.20) | |
| | 4:56.45 (31.96) | | 5:26.83 (30.38) | | | |
| 2 | Thornton, Jim | 58 | COLONIALS 1776 | 5:22.45 | 5:27.13 | 7 |
| | 28.99 | | 1:01.34 (32.35) | 1:33.95 (32.61) | 2:07.26 (33.31) | |
| | 2:40.70 (33.44) | | 3:14.44 (33.74) | 3:48.18 (33.74) | 4:21.87 (33.69) | |
| | 4:55.50 (33.63) | | 5:27.13 (31.63) | | | |
| 3 | Martin, Jack | 59 | COLONIALS 1776 | 5:44.00 | 5:49.93 | 6 |
| | 31.59 | | 1:05.61 (34.02) | 1:41.38 (35.77) | 2:17.27 (35.89) | |
| | 2:53.53 (36.26) | | 3:29.87 (36.34) | 4:06.00 (36.13) | 4:41.66 (35.66) | |
| | 5:17.31 (35.65) | | 5:49.93 (32.62) | | | |
| 4 | Modjeska, Mark | 58 | ARIZONA MASTERS | 5:46.64 | 6:20.32 | 5 |
| | 27.87 | | 59.59 (31.72) | 1:32.17 (32.58) | 2:05.19 (33.02) | |
| | 2:57.23 (52.04) | | 3:39.94 (42.71) | 4:21.61 (41.67) | 5:01.51 (39.90) | |
| | 5:41.25 (39.74) | | 6:20.32 (39.07) | | | |

| | | | | | |
|---------------------|-----------------|------------------|-----------------|-----------------|---|
| 5 Paushter, Stephen | 59 | BINGHAMTON UNIV | 6:30.00 | 6:38.43 | 4 |
| | 35.79 | 1:15.46 (39.67) | 1:56.43 (40.97) | 2:38.26 (41.83) | |
| | 3:19.47 (41.21) | 4:00.13 (40.66) | 4:39.98 (39.85) | 5:19.42 (39.44) | |
| | 5:59.90 (40.48) | 6:38.43 (38.53) | | | |
| 6 Viellieu, Ben | 56 | CURL BURKE MASTE | 6:40.00 | 6:57.08 | 3 |
| | 36.11 | 1:15.84 (39.73) | 1:57.01 (41.17) | 2:39.24 (42.23) | |
| | 3:21.40 (42.16) | 4:03.96 (42.56) | 4:46.55 (42.59) | 5:29.68 (43.13) | |
| | 6:13.79 (44.11) | 6:57.08 (43.29) | | | |

Men 55-59 1000 Yard Freestyle

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| ZONE: Z 11:22.39 4/23/2010 James Thornton, Team Pittsburgh | | | | | |
|--|-------------------|-------------------|------------------|------------------|--------|
| NATL: ! 10:07.36 5/14/2006 JIM MCCONICA | | | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Fanelli, Michael | 56 | ARENA CLUB MASTE | 12:30.00 | 13:14.16 | 9 |
| | 34.57 | 1:14.54 (39.97) | 1:54.68 (40.14) | 2:34.87 (40.19) | |
| | 3:14.83 (39.96) | 3:54.60 (39.77) | 4:34.54 (39.94) | 5:14.55 (40.01) | |
| | 5:54.52 (39.97) | 6:34.99 (40.47) | 7:15.37 (40.38) | 7:55.16 (39.79) | |
| | 8:34.75 (39.59) | 9:14.65 (39.90) | 9:54.86 (40.21) | 10:34.92 (40.06) | |
| | 11:15.31 (40.39) | 11:55.54 (40.23) | 12:35.90 (40.36) | 13:14.16 (38.26) | |
| 2 Viellieu, Ben | 56 | CURL BURKE MASTE | 15:00.00 | 14:31.81 | 7 |
| | 40.25 | 1:21.38 (41.13) | 2:03.35 (41.97) | 2:46.00 (42.65) | |
| | 3:29.39 (43.39) | 4:13.05 (43.66) | 4:56.62 (43.57) | 5:40.50 (43.88) | |
| | 6:24.80 (44.30) | 7:08.98 (44.18) | 7:53.16 (44.18) | 8:37.34 (44.18) | |
| | 9:21.88 (44.54) | 10:06.09 (44.21) | 10:51.11 (45.02) | 11:35.75 (44.64) | |
| | 12:20.14 (44.39) | 13:04.85 (44.71) | 13:49.24 (44.39) | 14:31.81 (42.57) | |
| 3 Webb, Bob | 55 | PATRIOT MASTERS | 16:00.00 | 16:10.81 | 6 |
| | 37.08 | 1:19.87 (42.79) | 2:07.04 (47.17) | 2:58.57 (51.53) | |
| | 3:49.15 (50.58) | 5:16.25 (1:27.10) | | 6:46.52 () | |
| | 7:34.25 (47.73) | 8:21.12 (46.87) | 9:09.45 (48.33) | 9:56.88 (47.43) | |
| | 10:45.17 (48.29) | 11:32.24 (47.07) | 12:19.53 (47.29) | 13:06.47 (46.94) | |
| | 13:54.37 (47.90) | 14:41.53 (47.16) | 15:26.87 (45.34) | 16:10.81 (43.94) | |
| 4 Tupitza, Charles | 56 | WARRENTON MASTER | 17:30.00 | 16:20.25 | 5 |
| | 37.35 | 1:23.10 (45.75) | 2:10.23 (47.13) | 2:58.88 (48.65) | |
| | 3:48.68 (49.80) | 4:38.96 (50.28) | 5:28.69 (49.73) | 6:19.11 (50.42) | |
| | 7:09.26 (50.15) | 8:02.05 (52.79) | 8:50.91 (48.86) | 9:43.77 (52.86) | |
| | 10:33.70 (49.93) | 11:26.61 (52.91) | 12:18.55 (51.94) | 13:09.26 (50.71) | |
| | 13:57.53 (48.27) | 14:49.37 (51.84) | 15:38.21 (48.84) | 16:20.25 (42.04) | |
| 5 Crowe, Mike | 58 | CURL BURKE MASTE | 19:13.94 | 19:02.28 | 4 |
| | 45.25 | 1:36.23 (50.98) | 2:32.24 (56.01) | 3:30.62 (58.38) | |
| | 4:28.27 (57.65) | 5:26.99 (58.72) | 6:26.49 (59.50) | 7:24.66 (58.17) | |
| | 8:24.67 (1:00.01) | 9:23.00 (58.33) | 10:21.30 (58.30) | 11:19.87 (58.57) | |
| | 12:18.64 (58.77) | 13:16.94 (58.30) | 14:15.65 (58.71) | 15:13.40 (57.75) | |
| | 16:11.33 (57.93) | 17:09.19 (57.86) | 18:06.41 (57.22) | 19:02.28 (55.87) | |

Men 55-59 1650 Yard Freestyle

| ===== | | | | | |
|-------------------|------------------|--------------------------|------------------|------------------|--------|
| ZONE: Z 19:06.45 | | 3/29/1998 Jack Geoghegan | | | |
| NATL: ! 17:11.12 | | 5/20/2007 JIM MCCONICA | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Munson, Arthur | 58 | BINGHAMTON UNIV | 24:30.00 | 22:49.04 | 9 |
| | 33.79 | 1:12.06 (38.27) | 1:52.08 (40.02) | 2:33.05 (40.97) | |
| | 3:14.49 (41.44) | 3:55.72 (41.23) | 4:37.72 (42.00) | 5:19.92 (42.20) | |
| | 6:01.68 (41.76) | 6:43.38 (41.70) | 7:24.73 (41.35) | 8:06.61 (41.88) | |
| | 8:48.74 (42.13) | 9:30.97 (42.23) | 10:13.22 (42.25) | 10:55.93 (42.71) | |
| | 11:38.43 (42.50) | 12:21.12 (42.69) | 13:03.71 (42.59) | 13:46.59 (42.88) | |
| | 14:29.24 (42.65) | 15:11.39 (42.15) | 15:53.65 (42.26) | 16:36.35 (42.70) | |
| | 17:18.70 (42.35) | 18:01.56 (42.86) | 18:43.65 (42.09) | 19:25.75 (42.10) | |
| | 20:08.62 (42.87) | 20:50.79 (42.17) | 21:32.63 (41.84) | 22:13.32 (40.69) | |
| | 22:49.04 (35.72) | | | | |
| 2 Tipler, David | 55 | RESTON MASTERS S | 22:30.00 | 23:08.91 | 7 |
| 3 Boyle, Michael | 59 | RESTON MASTERS S | 27:00.00 | 27:05.76 | 6 |
| | 43.80 | 1:32.07 (48.27) | 2:20.33 (48.26) | 3:09.49 (49.16) | |
| | 3:58.33 (48.84) | 4:48.84 (50.51) | 5:38.32 (49.48) | 6:28.83 (50.51) | |
| | 7:18.63 (49.80) | 8:08.14 (49.51) | 8:57.76 (49.62) | 9:48.25 (50.49) | |
| | 10:38.66 (50.41) | 11:27.89 (49.23) | 12:18.68 (50.79) | 13:07.29 (48.61) | |
| | 13:57.56 (50.27) | 14:47.43 (49.87) | 15:36.99 (49.56) | 16:25.11 (48.12) | |
| | 17:15.73 (50.62) | 18:04.93 (49.20) | 18:54.40 (49.47) | 19:45.46 (51.06) | |
| | 20:35.13 (49.67) | 21:24.79 (49.66) | 22:14.95 (50.16) | 23:03.67 (48.72) | |
| | 23:53.37 (49.70) | 24:43.36 (49.99) | 25:32.54 (49.18) | 26:20.69 (48.15) | |
| | 27:05.76 (45.07) | | | | |
| -- Martin, Jack | 59 | COLONIALS 1776 | 20:00.00 | DQ | |
| 62 Did not finish | | | | | |
| | 31.44 | 1:06.32 (34.88) | 1:42.76 (36.44) | 2:18.76 (36.00) | |
| | 2:54.86 (36.10) | 3:31.74 (36.88) | 4:08.67 (36.93) | 4:45.31 (36.64) | |
| | 5:21.72 (36.41) | 5:58.31 (36.59) | 6:35.19 (36.88) | 7:11.98 (36.79) | |
| | 7:49.02 (37.04) | 8:25.70 (36.68) | 9:02.34 (36.64) | 9:39.39 (37.05) | |
| | 10:16.51 (37.12) | 10:53.47 (36.96) | 11:30.69 (37.22) | 12:08.01 (37.32) | |
| | 12:45.47 (37.46) | 13:22.91 (37.44) | 14:00.20 (37.29) | 14:37.53 (37.33) | |
| | 15:15.23 (37.70) | 15:52.88 (37.65) | 16:30.31 (37.43) | 17:08.24 (37.93) | |
| | 17:46.15 (37.91) | 18:23.89 (37.74) | 19:01.16 (37.27) | 19:35.82 (34.66) | |

Men 55-59 50 Yard Backstroke

| ===== | | | | | |
|-------------------|-----|-------------------------------|-------|--------|--------|
| ZONE: Z 27.96 | | 4/13/2008 Mark Pugliese, ANCM | | | |
| NATL: ! 26.42 | | 5/22/2010 PHILLIP DJANG | | | |
| Name | Age | Team | Seed | Finals | Points |
| ===== | | | | | |
| 1 Reider, Pete | 55 | TERRAPIN MASTERS | 28.43 | 28.17 | 9 |
| 2 Meyer, Geoffrey | 59 | COLONIALS 1776 | 29.07 | 28.69 | 7 |
| 3 Keith, Dale | 56 | COLONIALS 1776 | 28.40 | 29.03 | 6 |
| 4 Munson, Arthur | 58 | BINGHAMTON UNIV | 35.00 | 32.05 | 5 |

| | | | | | | |
|---|-----------------|----|------------------|-------|-------|---|
| 5 | Tipler, David | 55 | RESTON MASTERS S | 45.00 | 37.19 | 4 |
| 6 | Elliott, Daniel | 57 | MACHINE AQUATICS | 40.00 | 41.67 | 3 |

Men 55-59 50 Yard Backstroke

| | | | | | | |
|---------------|--------------|----------------------------|------------------|--------|--------|--|
| ===== | | | | | | |
| ZONE: Z 28.39 | | 4/2/2000 Richard Alexander | | | | |
| NATL: ! 26.42 | | 5/22/2010 PHILLIP DJANG | | | | |
| Name | Age | Team | Seed | Finals | | |
| ===== | | | | | | |
| 1 | Reider, Pete | 55 | TERRAPIN MASTERS | NT | 27.73Z | |

Men 55-59 100 Yard Backstroke

| | | | | | | |
|-----------------|------------------|-------------------------------|------------------|---------|---------|---|
| ===== | | | | | | |
| ZONE: Z 1:01.77 | | 4/13/2008 Mark Pugliese, ANCM | | | | |
| NATL: ! 57.34 | | 4/19/2009 GEOFF MYKLEBY | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Keith, Dale | 56 | COLONIALS 1776 | 1:03.00 | 1:03.28 | 9 |
| | 30.14 | | 1:03.28 (33.14) | | | |
| 2 | Meyer, Geoffrey | 59 | COLONIALS 1776 | 1:03.50 | 1:04.77 | 7 |
| | 32.33 | | 1:04.77 (32.44) | | | |
| 3 | Stroud, Michael | 55 | THOR | 1:08.80 | 1:09.15 | 6 |
| | 33.72 | | 1:09.15 (35.43) | | | |
| 4 | Dougherty, Steve | 59 | COLONIALS 1776 | 1:12.00 | 1:11.79 | 5 |
| | 35.47 | | 1:11.79 (36.32) | | | |
| 5 | Nash, Dawson | 57 | DISTRICT OF COLU | 1:18.00 | 1:18.83 | 4 |
| | 38.92 | | 1:18.83 (39.91) | | | |
| 6 | Elliott, Daniel | 57 | MACHINE AQUATICS | 1:40.00 | 1:42.58 | 3 |
| | 50.28 | | 1:42.58 (52.30) | | | |

Men 55-59 200 Yard Backstroke

| | | | | | | |
|-----------------|---------------------|-----------------------------|------------------|-----------------|-----------------|---|
| ===== | | | | | | |
| ZONE: Z 2:18.02 | | 4/25/2009 David Bright, NEM | | | | |
| NATL: ! 2:05.90 | | 5/21/2010 PHILIPP DJANG | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Meyer, Geoffrey | 59 | COLONIALS 1776 | 2:22.11 | 2:20.83 | 9 |
| | 33.85 | | 1:09.19 (35.34) | 1:45.66 (36.47) | 2:20.83 (35.17) | |
| 2 | Keith, Dale | 56 | COLONIALS 1776 | 2:18.00 | 2:23.63 | 7 |
| | 32.07 | | 1:08.24 (36.17) | 1:45.77 (37.53) | 2:23.63 (37.86) | |
| 3 | Stroud, Michael | 55 | THOR | 2:26.60 | 2:28.36 | 6 |
| | 35.81 | | 1:13.18 (37.37) | 1:51.71 (38.53) | 2:28.36 (36.65) | |
| 4 | Weir, Ken | 57 | BINGHAMTON UNIV | 2:29.90 | 2:38.90 | 5 |
| | 37.76 | | 1:17.17 (39.41) | 1:58.26 (41.09) | 2:38.90 (40.64) | |
| -- | Novitske, Ray | 55 | ALEXANDRIA MASTE | 3:15.00 | DQ | |
| | 33 No touch at turn | | | | | |
| | 53.63 | | 1:44.96 (51.33) | 2:35.83 (50.87) | DQ (47.93) | |

Men 55-59 50 Yard Breaststroke

```

=====
ZONE: Z 31.19      5/2/1999 Jack Schiltz
NATL: ! 27.81     5/4/2008 TIMOTHY SHEAD
Name              Age Team              Seed      Finals      Points
=====
1 Hemmerle, Jamie  55 COLONIALS 1776      32.60      31.34       9
2 Munson, Arthur   58 BINGHAMTON UNIV  34.00      33.17       7
3 Levenson, Steven 57 RESTON MASTERS S 33.44      33.68       6
4 Wright, Mark     57 MERRITT MARLINS  34.20      34.25       5
5 Novitske, Ray    55 ALEXANDRIA MASTE 36.60      36.68       4
6 Dearfield, Kerry 58 CURL BURKE MASTE 49.00      40.69       3
7 Nelson, Bill     58 VIRGINIA MASTERS 44.00      42.77       2
8 Boyle, Michael   59 RESTON MASTERS S 48.47      47.28       1
=====

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Men 55-59 100 Yard Breaststroke

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=====
ZONE: Z 1:08.18   5/2/1999 Jack Schiltz
NATL: ! 1:01.42   5/4/2008 TIMOTHY SHEAD
Name              Age Team              Seed      Finals      Points
=====
1 Hemmerle, Jamie  55 COLONIALS 1776      1:09.50    1:08.40     9
   32.67          1:08.40 (35.73)
2 Wright, Mark     57 MERRITT MARLINS  1:14.40    1:12.53     7
   34.30          1:12.53 (38.23)
3 Levenson, Steven 57 RESTON MASTERS S 1:13.68    1:13.74     6
   34.98          1:13.74 (38.76)
4 Dougherty, Steve 59 COLONIALS 1776      1:15.00    1:15.40     5
   36.42          1:15.40 (38.98)
5 Munson, Arthur   58 BINGHAMTON UNIV  1:14.00    1:18.29     4
   36.57          1:18.29 (41.72)
6 Stroud, Michael  55 THOR              1:17.70    1:18.44     3
   37.76          1:18.44 (40.68)
7 Martin, Jack     59 COLONIALS 1776      1:22.00    1:18.49     2
   36.72          1:18.49 (41.77)
8 Novitske, Ray    55 ALEXANDRIA MASTE 1:21.90    1:21.09     1
   38.49          1:21.09 (42.60)
9 Gondek, Paul     58 GARDEN STATE MAS 1:25.00    1:24.20
   40.18          1:24.20 (44.02)
10 Walters, Mark   58 GERMANTOWN MARYL 1:27.00    1:24.84
   40.61          1:24.84 (44.23)
11 Fanelli, Michael 56 ARENA CLUB MASTE 1:21.00    1:26.14
   39.94          1:26.14 (46.20)
12 Boyle, Michael   59 RESTON MASTERS S 1:46.91    1:43.69
   49.21          1:43.69 (54.48)
=====

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Men 55-59 200 Yard Breaststroke

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=====
ZONE: Z 2:34.07    5/7/1995 Drury Gallagher
NATL: ! 2:17.00    5/4/2008 TIMOTHY SHEAD
Name              Age Team              Seed      Finals      Points
=====
1 Hemmerle, Jamie  55 COLONIALS 1776      2:35.00    2:38.75        9
   36.77          1:17.49 (40.72)    1:58.09 (40.60)    2:38.75 (40.66)
2 Wright, Mark     57 MERRITT MARLINS    2:44.30    2:42.12        7
   36.75          1:18.41 (41.66)    2:00.65 (42.24)    2:42.12 (41.47)
3 Martin, Jack    59 COLONIALS 1776      2:50.00    2:54.31        6
   39.69          1:23.23 (43.54)    2:08.94 (45.71)    2:54.31 (45.37)
4 Munson, Arthur  58 BINGHAMTON UNIV    3:15.00    3:00.86        5
   37.81          1:23.01 (45.20)    2:11.68 (48.67)    3:00.86 (49.18)
5 Gondek, Paul    58 GARDEN STATE MAS    3:10.00    3:02.75        4
   40.38          1:26.69 (46.31)    2:14.51 (47.82)    3:02.75 (48.24)
6 Novitske, Ray   55 ALEXANDRIA MASTE    3:03.00    3:03.52        3
   41.33          1:27.57 (46.24)    2:15.95 (48.38)    3:03.52 (47.57)
7 Walters, Mark   58 GERMANTOWN MARYL    3:15.00    3:11.05        2
   42.45          1:30.94 (48.49)    2:21.13 (50.19)    3:11.05 (49.92)
8 Goldring, Michael 58 TEAM NEW YORK AQ    3:31.08    3:25.02        1
   48.45          1:41.75 (53.30)    2:34.12 (52.37)    3:25.02 (50.90)
9 Boyle, Michael  59 RESTON MASTERS S    3:55.00    3:44.06        1
   52.52          1:49.98 (57.46)    2:48.24 (58.26)    3:44.06 (55.82)
=====

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Men 55-59 50 Yard Butterfly

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=====
ZONE: Z 26.05     4/12/2008 Mark Pugliese, ANCM
NATL: ! 24.16     3/25/2007 GREG SHAW
Name              Age Team              Seed      Finals      Points
=====
1 Reider, Pete    55 TERRAPIN MASTERS    26.56     26.14        9
2 Tupitza, Charles 56 WARRENTON MASTER    29.13     29.08        7
3 Romano, Greg    55 JERSEY AREA MULT    30.50     29.28        6
4 Stroud, Michael 55 THOR                29.90     29.57        5
5 Dougherty, Steve 59 COLONIALS 1776     29.00     29.84        4
6 Dearfield, Kerry 58 CURL BURKE MASTE    30.40     30.45        3
7 Paushter, Stephen 59 BINGHAMTON UNIV    31.00     31.45        2
8 Tipler, David   55 RESTON MASTERS S    34.00     32.36        1
9 Walters, Mark   58 GERMANTOWN MARYL    31.00     32.49
10 Webb, Bob      55 PATRIOT MASTERS     33.00     33.65
11 Elliott, Daniel 57 MACHINE AQUATICS    40.00     39.38
-- Meyer, Geoffrey 59 COLONIALS 1776     27.33          DQ
   60 False start
=====

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Men 55-59 100 Yard Butterfly

=====

ZONE: Z 59.53 4/13/2008 Mark Pugliese, ANCM
 NATL: ! 54.09 3/29/2009 GREG SHAW

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|---------|---------|--------|
| 1 Hemmerle, Jamie | 55 | COLONIALS 1776 | 1:02.60 | 1:01.77 | 9 |
| | 28.94 | 1:01.77 (32.83) | | | |
| 2 Dougherty, Steve | 59 | COLONIALS 1776 | 1:05.00 | 1:08.19 | 7 |
| | 31.85 | 1:08.19 (36.34) | | | |
| 3 Walters, Mark | 58 | GERMANTOWN MARYL | 1:12.00 | 1:12.29 | 6 |
| | 34.14 | 1:12.29 (38.15) | | | |
| 4 Paushter, Stephen | 59 | BINGHAMTON UNIV | 1:18.00 | 1:15.79 | 5 |
| | 35.56 | 1:15.79 (40.23) | | | |
| 5 Edgell, Don | 58 | CURL BURKE MASTE | 1:17.05 | 1:16.14 | 4 |
| | 34.59 | 1:16.14 (41.55) | | | |

Men 55-59 200 Yard Butterfly

ZONE: Z 2:21.96 3/29/1998 Jack Geoghegan
 NATL: ! 2:03.18 5/23/2010 BRAD HORNER

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Tupitza, Charles | 56 | WARRENTON MASTER | 2:34.00 | 2:39.61 | 9 |
| | 33.55 | 1:11.95 (38.40) | 1:54.26 (42.31) | 2:39.61 (45.35) | |
| 2 Walters, Mark | 58 | GERMANTOWN MARYL | 2:55.00 | 2:53.49 | 7 |
| | 36.25 | 1:18.31 (42.06) | 2:02.73 (44.42) | 2:53.49 (50.76) | |
| 3 Nash, Dawson | 57 | DISTRICT OF COLU | 3:14.00 | 3:09.91 | 6 |
| | 38.72 | 1:24.88 (46.16) | 2:16.71 (51.83) | 3:09.91 (53.20) | |

Men 55-59 100 Yard IM

ZONE: Z 1:00.94 4/25/2010 Paul Trevisan, Colonials 1776
 NATL: ! 56.20 5/4/2008 TIMOTHY SHEAD

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|---------|---------|--------|
| 1 Meyer, Geoffrey | 59 | COLONIALS 1776 | 1:04.11 | 1:03.23 | 9 |
| | 28.49 | 1:03.23 (34.74) | | | |
| 2 Hemmerle, Jamie | 55 | COLONIALS 1776 | 1:04.00 | 1:03.95 | 7 |
| | 30.58 | 1:03.95 (33.37) | | | |
| 3 Dougherty, Steve | 59 | COLONIALS 1776 | 1:07.00 | 1:07.83 | 6 |
| | 31.88 | 1:07.83 (35.95) | | | |
| 4 Munson, Arthur | 58 | BINGHAMTON UNIV | 1:12.00 | 1:09.09 | 5 |
| | 31.36 | 1:09.09 (37.73) | | | |
| 5 Dearfield, Kerry | 58 | CURL BURKE MASTE | 1:13.00 | 1:13.55 | 4 |
| | 31.92 | 1:13.55 (41.63) | | | |
| 6 Walters, Mark | 58 | GERMANTOWN MARYL | 1:18.00 | 1:15.19 | 3 |
| | 35.21 | 1:15.19 (39.98) | | | |
| 7 Paushter, Stephen | 59 | BINGHAMTON UNIV | 1:19.00 | 1:19.35 | 2 |

| | | | | | | |
|--------------------|-------|------------------|-----------------|---------|---------|---|
| | 37.93 | | 1:19.35 (41.42) | | | |
| 8 Fanelli, Michael | 56 | ARENA CLUB MASTE | | 1:18.00 | 1:19.99 | 1 |
| | 37.91 | | 1:19.99 (42.08) | | | |
| 9 Gondek, Paul | 58 | GARDEN STATE MAS | | 1:22.00 | 1:20.86 | |
| | 39.98 | | 1:20.86 (40.88) | | | |
| 10 Novitske, Ray | 55 | ALEXANDRIA MASTE | | 1:21.30 | 1:21.31 | |
| | 38.32 | | 1:21.31 (42.99) | | | |
| 11 Elliott, Daniel | 57 | MACHINE AQUATICS | | 1:28.83 | 1:27.77 | |
| | 42.94 | | 1:27.77 (44.83) | | | |
| 12 Boyle, Michael | 59 | RESTON MASTERS S | | 1:39.00 | 1:38.78 | |
| | 50.06 | | 1:38.78 (48.72) | | | |

Men 55-59 200 Yard IM

| ===== | | | | | | |
|---------------------|---------|------------------|-----------------|-----------------|-----------------|--|
| | ZONE: Z | 2:19.27 | 5/7/1995 | Drury Gallagher | | |
| | NATL: ! | 2:04.09 | 5/4/2008 | TIMOTHY SHEAD | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Hemmerle, Jamie | 55 | COLONIALS 1776 | 2:17.00 | 2:16.49Z | 9 | |
| | 29.70 | | 1:07.75 (38.05) | 1:45.83 (38.08) | 2:16.49 (30.66) | |
| 2 Stroud, Michael | 55 | THOR | 2:24.40 | 2:25.30 | 7 | |
| | 32.10 | | 1:09.37 (37.27) | 1:52.55 (43.18) | 2:25.30 (32.75) | |
| 3 Dougherty, Steve | 59 | COLONIALS 1776 | 2:26.00 | 2:26.16 | 6 | |
| | 31.43 | | 1:09.59 (38.16) | 1:51.60 (42.01) | 2:26.16 (34.56) | |
| 4 Gondek, Paul | 58 | GARDEN STATE MAS | 2:57.00 | 2:55.63 | 5 | |
| | 37.46 | | 1:27.02 (49.56) | 2:14.47 (47.45) | 2:55.63 (41.16) | |
| 5 Walters, Mark | 58 | GERMANTOWN MARYL | 2:50.00 | 2:57.24 | 4 | |
| | 35.22 | | 1:26.84 (51.62) | 2:17.24 (50.40) | 2:57.24 (40.00) | |
| 6 Nash, Dawson | 57 | DISTRICT OF COLU | 2:58.00 | 2:57.29 | 3 | |
| | 35.97 | | 1:21.62 (45.65) | 2:16.32 (54.70) | 2:57.29 (40.97) | |
| 7 Elliott, Daniel | 57 | MACHINE AQUATICS | 3:09.94 | 3:14.73 | 2 | |
| | 42.59 | | 1:35.15 (52.56) | 2:33.13 (57.98) | 3:14.73 (41.60) | |
| 8 Goldring, Michael | 58 | TEAM NEW YORK AQ | 3:40.66 | 3:32.22 | 1 | |
| | 51.34 | | 1:48.67 (57.33) | 2:43.11 (54.44) | 3:32.22 (49.11) | |

Men 55-59 400 Yard IM

| ===== | | | | | | |
|-------------------|-----------------|----------------|-----------------|----------------------|-----------------|--|
| | ZONE: Z | 4:57.85 | 4/26/2009 | James Thornton, TPIT | | |
| | NATL: ! | 4:28.69 | 4/10/2010 | MICHAEL MANN | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 Hemmerle, Jamie | 55 | COLONIALS 1776 | 4:52.00 | 5:05.68 | 9 | |
| | 32.20 | | 1:10.09 (37.89) | 1:52.80 (42.71) | 2:34.74 (41.94) | |
| | 3:16.72 (41.98) | | 3:59.08 (42.36) | 4:33.13 (34.05) | 5:05.68 (32.55) | |

Men 60-64 50 Yard Freestyle

=====

ZONE: Z 24.32 4/13/2008 Jim Dragon, GSM
 NATL: ! 22.30 5/22/2005 RICHARD ABRAHAMS

| Name | Age Team | Seed | Finals | Points |
|--------------------|---------------------|-------|--------|--------|
| 1 Meade, Tom | 63 BINGHAMTON UNIV | 25.10 | 25.76 | 9 |
| 2 Frisch, David | 62 VIRGINIA MASTERS | 26.32 | 26.69 | 7 |
| 3 Kornblatt, Dan | 61 BINGHAMTON UNIV | 27.90 | 27.41 | 6 |
| 4 Pot, Eugene | 60 BINGHAMTON UNIV | 28.49 | 27.54 | 5 |
| 5 Terkel, Lawrence | 63 O*H*I*O MASTERS | 27.60 | 27.70 | 4 |
| 6 Wallace, Richard | 63 GARDEN STATE MAS | 29.00 | 28.13 | 3 |
| 7 Meyer, Jerry | 61 CENTRAL MARYLAND | 36.85 | 37.25 | 2 |
| 8 Rogers, Dean | 64 RESTON MASTERS S | 40.00 | 37.38 | 1 |

Men 60-64 100 Yard Freestyle

ZONE: Z 55.92 4/13/2008 Tom Meade, BUMS
 NATL: ! 49.14 5/22/2005 RICHARD ABRAHAMS

| Name | Age Team | Seed | Finals | Points |
|---------------------|-----------------------|---------|---------|--------|
| 1 Meade, Tom | 63 BINGHAMTON UNIV | 55.80 | 58.87 | 9 |
| | 28.41 58.87 (30.46) | | | |
| 2 Kornblatt, Dan | 61 BINGHAMTON UNIV | 1:00.50 | 1:00.41 | 7 |
| | 29.32 1:00.41 (31.09) | | | |
| 3 Sweeney, Paul | 60 COLONIALS 1776 | 1:02.00 | 1:00.84 | 6 |
| | 29.37 1:00.84 (31.47) | | | |
| 4 Cothren, Jack | 61 FISH MASTERS | 1:04.73 | 1:02.30 | 5 |
| | 30.37 1:02.30 (31.93) | | | |
| 5 Terkel, Lawrence | 63 O*H*I*O MASTERS | 1:03.30 | 1:02.89 | 4 |
| | 30.20 1:02.89 (32.69) | | | |
| 6 Pot, Eugene | 60 BINGHAMTON UNIV | 1:09.94 | 1:03.99 | 3 |
| | 30.22 1:03.99 (33.77) | | | |
| 7 Platt, Jay | 63 PENNYPACK AQUATI | 1:05.00 | 1:04.16 | 2 |
| | 31.68 1:04.16 (32.48) | | | |
| 8 Wallace, Richard | 63 GARDEN STATE MAS | 1:05.00 | 1:04.43 | 1 |
| | 31.86 1:04.43 (32.57) | | | |
| 9 Harrison, Steven | 61 DC MASTERS | 1:05.00 | 1:07.88 | |
| | 32.98 1:07.88 (34.90) | | | |
| 10 Kurtz, Geoff | 61 UNAT | 1:08.50 | 1:09.32 | |
| | 33.55 1:09.32 (35.77) | | | |
| 11 Timmons, Timothy | 64 PATRIOT MASTERS | 1:16.50 | 1:17.20 | |
| | 36.47 1:17.20 (40.73) | | | |

Men 60-64 200 Yard Freestyle

ZONE: Z 2:06.98 4/13/2008 Jack Zakim
 NATL: ! 1:54.14 3/29/2009 FRED SCHLICHER

| Name | Age Team | Seed | Finals | Points |
|------|----------|------|--------|--------|
|------|----------|------|--------|--------|

| | | | | | | |
|---|------------------|----|------------------|-----------------|-----------------|---|
| 1 | Sweeney, Paul | 60 | COLONIALS 1776 | 2:15.00 | 2:13.02 | 9 |
| | 31.74 | | 1:06.32 (34.58) | 1:40.23 (33.91) | 2:13.02 (32.79) | |
| 2 | Kornblatt, Dan | 61 | BINGHAMTON UNIV | 2:12.50 | 2:13.47 | 7 |
| | 30.97 | | 1:04.48 (33.51) | 1:39.37 (34.89) | 2:13.47 (34.10) | |
| 3 | Meade, Tom | 63 | BINGHAMTON UNIV | 2:12.50 | 2:16.15 | 6 |
| | 30.26 | | 1:04.68 (34.42) | 1:40.71 (36.03) | 2:16.15 (35.44) | |
| 4 | Harmon, David | 61 | MONTGOMERY ANCI | 2:22.00 | 2:19.50 | 5 |
| | 33.26 | | 1:09.42 (36.16) | 1:44.73 (35.31) | 2:19.50 (34.77) | |
| 5 | Platt, Jay | 63 | PENNYPACK AQUATI | 2:21.00 | 2:19.78 | 4 |
| | 32.57 | | 1:07.69 (35.12) | 1:44.33 (36.64) | 2:19.78 (35.45) | |
| 6 | Laughlin, Terry | 60 | ADIRONDACK MASTE | 2:25.00 | 2:20.31 | 3 |
| | 33.04 | | 1:08.93 (35.89) | 1:45.07 (36.14) | 2:20.31 (35.24) | |
| 7 | Wallace, Richard | 63 | GARDEN STATE MAS | 2:30.00 | 2:27.71 | 2 |
| | 33.92 | | 1:12.06 (38.14) | 1:51.62 (39.56) | 2:27.71 (36.09) | |
| 8 | Meyer, Jerry | 61 | CENTRAL MARYLAND | 3:16.00 | 3:09.05 | 1 |
| | 42.69 | | 1:31.88 (49.19) | 2:22.64 (50.76) | 3:09.05 (46.41) | |

Men 60-64 500 Yard Freestyle

| ZONE: Z 5:46.27 3/29/1998 David Harrison | | | | | | |
|--|-------------------|------|--------------------|-------------------|-------------------|---|
| NATL: ! 5:13.68 5/22/2010 JIM CLEMMONS | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Sweeney, Paul | 60 | COLONIALS 1776 | 6:15.00 | 6:01.98 | 9 |
| | 32.80 | | 1:08.43 (35.63) | 1:45.62 (37.19) | 2:23.01 (37.39) | |
| | 3:00.21 (37.20) | | 3:37.49 (37.28) | 4:14.43 (36.94) | 4:51.26 (36.83) | |
| | 5:27.31 (36.05) | | 6:01.98 (34.67) | | | |
| 2 | Laughlin, Terry | 60 | ADIRONDACK MASTE | 6:25.00 | 6:13.36 | 7 |
| | 34.83 | | 1:12.22 (37.39) | 1:50.28 (38.06) | 2:28.12 (37.84) | |
| | 3:05.98 (37.86) | | 3:43.98 (38.00) | 4:21.55 (37.57) | 4:59.16 (37.61) | |
| | 5:36.51 (37.35) | | 6:13.36 (36.85) | | | |
| 3 | Platt, Jay | 63 | PENNYPACK AQUATI | 6:45.00 | 6:24.13 | 6 |
| | 35.17 | | 1:12.95 (37.78) | 1:52.01 (39.06) | 2:31.54 (39.53) | |
| | 3:11.01 (39.47) | | 3:50.24 (39.23) | 4:29.51 (39.27) | 5:08.59 (39.08) | |
| | 5:47.12 (38.53) | | 6:24.13 (37.01) | | | |
| 4 | Wallace, Richard | 63 | GARDEN STATE MAS | 7:00.00 | 6:49.31 | 5 |
| | 36.70 | | 1:18.61 (41.91) | 2:01.71 (43.10) | 2:44.48 (42.77) | |
| | 3:27.24 (42.76) | | 4:09.22 (41.98) | 4:51.57 (42.35) | 5:33.52 (41.95) | |
| | 6:14.08 (40.56) | | 6:49.31 (35.23) | | | |
| 5 | Hurley, Mark | 60 | MERRITT MARLINS | 10:30.00 | 10:19.85 | 4 |
| | 44.97 | | 1:42.81 (57.84) | 2:45.36 (1:02.55) | 3:49.73 (1:04.37) | |
| | 4:53.97 (1:04.24) | | 5:58.60 (1:04.63) | 7:04.51 (1:05.91) | 8:12.43 (1:07.92) | |
| | 9:17.93 (1:05.50) | | 10:19.85 (1:01.92) | | | |

Men 60-64 1000 Yard Freestyle

ZONE: Z 12:07.48 4/21/2002 David Harrison
 NATL: ! 10:48.43 5/20/2010 JIM CLEMMONS

| Name | Age | Team | Seed | Finals | Points |
|---------------------|------------------|------------------|------------------|------------------|--------|
| 1 Sweeney, Paul | 60 | COLONIALS 1776 | 12:40.00 | 12:29.06 | 9 |
| | 33.60 | 1:10.01 (36.41) | 1:47.12 (37.11) | 2:24.66 (37.54) | |
| | 3:02.65 (37.99) | 3:40.11 (37.46) | 4:18.35 (38.24) | 4:56.19 (37.84) | |
| | 5:33.89 (37.70) | 6:12.15 (38.26) | 6:50.15 (38.00) | 7:27.91 (37.76) | |
| | 8:05.82 (37.91) | 8:43.98 (38.16) | 9:21.38 (37.40) | 10:00.13 (38.75) | |
| | 10:37.88 (37.75) | 11:15.95 (38.07) | 11:53.46 (37.51) | 12:29.06 (35.60) | |
| 2 Platt, Jay | 63 | PENNYPACK AQUATI | 13:50.00 | 13:08.48 | 7 |
| | 35.89 | 1:14.35 (38.46) | 1:53.95 (39.60) | 2:34.02 (40.07) | |
| | 3:13.78 (39.76) | 3:53.41 (39.63) | 4:32.91 (39.50) | 5:12.28 (39.37) | |
| | 5:52.11 (39.83) | 6:32.01 (39.90) | 7:11.68 (39.67) | 7:51.37 (39.69) | |
| | 8:31.09 (39.72) | 9:10.95 (39.86) | 9:50.91 (39.96) | 10:31.19 (40.28) | |
| | 11:11.32 (40.13) | 11:51.37 (40.05) | 12:31.19 (39.82) | 13:08.48 (37.29) | |
| 3 Wallace, Richard | 63 | GARDEN STATE MAS | 14:30.00 | 14:01.49 | 6 |
| | 36.76 | 1:18.80 (42.04) | 2:02.24 (43.44) | 2:45.73 (43.49) | |
| | 3:29.14 (43.41) | 4:12.25 (43.11) | 4:55.71 (43.46) | 5:38.79 (43.08) | |
| | 6:22.21 (43.42) | 7:05.35 (43.14) | 7:49.42 (44.07) | 8:33.05 (43.63) | |
| | 9:16.32 (43.27) | 9:59.54 (43.22) | 10:42.87 (43.33) | 11:25.09 (42.22) | |
| | 12:06.28 (41.19) | 12:48.06 (41.78) | 13:26.46 (38.40) | 14:01.49 (35.03) | |
| 4 Paulson, Laurence | 62 | RESTON MASTERS S | 16:00.00 | 16:06.59 | 5 |
| | 39.42 | 1:25.39 (45.97) | 2:14.13 (48.74) | 3:03.73 (49.60) | |
| | 3:52.54 (48.81) | 4:42.08 (49.54) | 5:31.17 (49.09) | 6:19.93 (48.76) | |
| | 7:09.21 (49.28) | 7:59.15 (49.94) | 8:49.51 (50.36) | 9:38.65 (49.14) | |
| | 10:27.52 (48.87) | 11:16.90 (49.38) | 12:05.70 (48.80) | 12:55.07 (49.37) | |
| | 13:44.56 (49.49) | 14:33.54 (48.98) | 15:22.28 (48.74) | 16:06.59 (44.31) | |

Men 60-64 50 Yard Backstroke

ZONE: Z 28.98 4/23/2006 Richard Alexander, GSM
 NATL: ! 26.82 5/4/2008 HUGH WILDER

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|-------|--------|--------|
| 1 Cothren, Jack | 61 | FISH MASTERS | 34.30 | 33.16 | 9 |
| 2 Kornblatt, Dan | 61 | BINGHAMTON UNIV | 33.50 | 33.31 | 7 |
| 3 Platt, Jay | 63 | PENNYPACK AQUATI | 35.80 | 34.28 | 6 |
| 4 Meade, Tom | 63 | BINGHAMTON UNIV | 33.40 | 34.36 | 5 |
| 5 Pot, Eugene | 60 | BINGHAMTON UNIV | 36.59 | 35.20 | 4 |
| 6 Meyer, Jerry | 61 | CENTRAL MARYLAND | 38.50 | 36.98 | 3 |
| 7 Paulson, Laurence | 62 | RESTON MASTERS S | 42.00 | 40.68 | 2 |

Men 60-64 100 Yard Backstroke

ZONE: Z 1:06.22 4/23/2006 Richard Alexander, GSM
 NATL: ! 59.29 5/4/2008 HUGH WILDER

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|---------|---------|--------|
| 1 Frisch, David | 62 | VIRGINIA MASTERS | 1:09.80 | 1:11.74 | 9 |
| | 34.64 | 1:11.74 (37.10) | | | |
| 2 Kornblatt, Dan | 61 | BINGHAMTON UNIV | 1:12.00 | 1:11.80 | 7 |
| | 35.13 | 1:11.80 (36.67) | | | |
| 3 Cothren, Jack | 61 | FISH MASTERS | 1:13.76 | 1:12.98 | 6 |
| | 35.71 | 1:12.98 (37.27) | | | |
| 4 Meade, Tom | 63 | BINGHAMTON UNIV | 1:12.60 | 1:14.25 | 5 |
| | 36.87 | 1:14.25 (37.38) | | | |
| 5 Platt, Jay | 63 | PENNYPACK AQUATI | 1:20.00 | 1:17.17 | 4 |
| | 38.15 | 1:17.17 (39.02) | | | |
| 6 Abbott, John | 61 | GERMANTOWN MARYL | 1:28.00 | 1:26.48 | 3 |
| | 41.26 | 1:26.48 (45.22) | | | |
| 7 Kurtz, Geoff | 61 | UNAT | 1:31.00 | 1:28.43 | 2 |
| | 43.03 | 1:28.43 (45.40) | | | |
| 8 Paulson, Laurence | 62 | RESTON MASTERS S | 1:30.00 | 1:28.97 | 1 |
| | 44.19 | 1:28.97 (44.78) | | | |

Men 60-64 200 Yard Backstroke

| Name | Age | Team | Seed | Finals | Points |
|--|-------|------------------|-----------------|-------------------|--------|
| ZONE: Z 2:36.31 4/14/1991 Roger Franks | | | | | |
| NATL: ! 2:13.13 5/10/2009 TIM BIRNIE | | | | | |
| 1 Cothren, Jack | 61 | FISH MASTERS | 2:43.37 | 2:39.49 | 9 |
| | 36.75 | 1:17.46 (40.71) | 1:59.12 (41.66) | 2:39.49 (40.37) | |
| 2 Kornblatt, Dan | 61 | BINGHAMTON UNIV | 2:59.00 | 2:43.00 | 7 |
| | 38.25 | 1:20.23 (41.98) | 2:02.86 (42.63) | 2:43.00 (40.14) | |
| 3 Platt, Jay | 63 | PENNYPACK AQUATI | 2:59.50 | 2:48.36 | 6 |
| | 39.63 | 1:22.68 (43.05) | 2:07.11 (44.43) | 2:48.36 (41.25) | |
| 4 Meyer, Jerry | 61 | CENTRAL MARYLAND | 3:07.00 | 2:53.44 | 5 |
| | 40.38 | 1:23.85 (43.47) | 2:08.20 (44.35) | 2:53.44 (45.24) | |
| 5 Laughlin, Terry | 60 | ADIRONDACK MASTE | 3:18.00 | 2:55.07 | 4 |
| | 45.36 | 1:29.37 (44.01) | 2:13.23 (43.86) | 2:55.07 (41.84) | |
| 6 Paulson, Laurence | 62 | RESTON MASTERS S | 3:10.00 | 3:09.45 | 3 |
| | 45.24 | 1:33.77 (48.53) | 2:22.89 (49.12) | 3:09.45 (46.56) | |
| 7 Abbott, John | 61 | GERMANTOWN MARYL | 3:24.00 | 3:21.77 | 2 |
| | 43.49 | 1:34.55 (51.06) | 2:30.07 (55.52) | 3:21.77 (51.70) | |
| 8 Shannon, Toby | 62 | MARYLAND MASTERS | 3:41.00 | 3:37.99 | 1 |
| | 46.29 | 1:39.63 (53.34) | 2:37.71 (58.08) | 3:37.99 (1:00.28) | |

Men 60-64 50 Yard Breaststroke

| Name | Age | Team | Seed | Finals | Points |
|---|-----|------|------|--------|--------|
| ZONE: Z 31.63 4/23/2006 Louis Kronfeld, NEM | | | | | |
| NATL: ! 29.32 5/14/2006 ROBERT STRAND | | | | | |

| | | | | | | |
|---|------------------|----|------------------|-------|-------|---|
| 1 | Mierzwa, Hank | 61 | STONEWALL MASTER | 32.60 | 33.30 | 9 |
| 2 | Frisch, David | 62 | VIRGINIA MASTERS | 32.40 | 33.42 | 7 |
| 3 | Hoffman, Charlie | 60 | TERRAPIN MASTERS | 35.29 | 35.04 | 6 |
| 4 | Pot, Eugene | 60 | BINGHAMTON UNIV | 36.97 | 35.55 | 5 |
| 5 | Sweeney, Paul | 60 | COLONIALS 1776 | 37.00 | 35.73 | 4 |
| 6 | Meade, Tom | 63 | BINGHAMTON UNIV | 34.20 | 36.51 | 3 |
| 7 | Harrison, Steven | 61 | DC MASTERS | 36.50 | 36.56 | 2 |
| 8 | Terkel, Lawrence | 63 | O*H*I*O MASTERS | 36.70 | 37.43 | 1 |
| 9 | Timmons, Timothy | 64 | PATRIOT MASTERS | 47.00 | 47.40 | |

Men 60-64 100 Yard Breaststroke

| ZONE: Z 1:10.69 4/23/2006 Jim Dragon, GSM | | | | | | |
|---|------------------|------|------------------|---------|---------|---|
| NATL: ! 1:05.17 5/22/2010 ROBERT STRAND | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Mierzwa, Hank | 61 | STONEWALL MASTER | 1:12.80 | 1:14.51 | 9 |
| | 35.20 | | 1:14.51 (39.31) | | | |
| 2 | Frisch, David | 62 | VIRGINIA MASTERS | 1:12.35 | 1:15.03 | 7 |
| | 35.10 | | 1:15.03 (39.93) | | | |
| 3 | Hoffman, Charlie | 60 | TERRAPIN MASTERS | 1:17.48 | 1:15.44 | 6 |
| | 35.70 | | 1:15.44 (39.74) | | | |
| 4 | Harrison, Steven | 61 | DC MASTERS | 1:21.50 | 1:21.73 | 5 |
| | 39.32 | | 1:21.73 (42.41) | | | |
| 5 | Terkel, Lawrence | 63 | O*H*I*O MASTERS | 1:25.00 | 1:24.27 | 4 |
| | 40.58 | | 1:24.27 (43.69) | | | |
| 6 | Abbott, John | 61 | GERMANTOWN MARYL | 1:29.00 | 1:27.81 | 3 |
| | 41.13 | | 1:27.81 (46.68) | | | |

Men 60-64 200 Yard Breaststroke

| ZONE: Z 2:40.38 4/24/2010 Hank Mierzwa, UNAT | | | | | | |
|--|--------------------------|------|-------------------|-----------------|-----------------|---|
| NATL: ! 2:24.68 5/14/2006 ROBERT STRAND | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Hoffman, Charlie | 60 | TERRAPIN MASTERS | 2:47.35 | 2:46.41 | 9 |
| | 38.40 | | 1:21.44 (43.04) | 2:03.93 (42.49) | 2:46.41 (42.48) | |
| 2 | Mierzwa, Hank | 61 | STONEWALL MASTER | 2:45.80 | 2:46.57 | 7 |
| | 36.65 | | 1:18.18 (41.53) | 2:01.77 (43.59) | 2:46.57 (44.80) | |
| 3 | Laughlin, Terry | 60 | ADIRONDACK MASTE | 3:20.00 | 3:00.13 | 6 |
| | 41.79 | | 1:28.36 (46.57) | 2:14.33 (45.97) | 3:00.13 (45.80) | |
| 4 | Paulson, Laurence | 62 | RESTON MASTERS S | 4:00.00 | 3:50.65 | 5 |
| | 52.81 | | 1:52.86 (1:00.05) | 2:52.41 (59.55) | 3:50.65 (58.24) | |
| -- | Terkel, Lawrence | 63 | O*H*I*O MASTERS | 3:18.00 | DQ | |
| | 11 Non-simultaneous arms | | | | | |
| | 43.17 | | 1:33.63 (50.46) | 2:25.36 (51.73) | DQ (50.62) | |

Men 60-64 50 Yard Butterfly

ZONE: Z 26.13 4/12/2008 Jim Dragon, GSM
 NATL: ! 24.46 5/22/2005 RICHARD ABRAHAMS

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|-------|--------|--------|
| 1 Meade, Tom | 63 | BINGHAMTON UNIV | 27.50 | 28.89 | 9 |
| 2 Sweeney, Paul | 60 | COLONIALS 1776 | 30.00 | 29.97 | 7 |
| 3 Cothren, Jack | 61 | FISH MASTERS | 30.09 | 30.25 | 6 |
| 4 Mierzwa, Hank | 61 | STONEWALL MASTER | 30.50 | 31.34 | 5 |
| 5 Pot, Eugene | 60 | BINGHAMTON UNIV | 36.49 | 33.32 | 4 |
| 6 Harrison, Steven | 61 | DC MASTERS | 33.00 | 33.77 | 3 |
| 7 Paulson, Laurence | 62 | RESTON MASTERS S | 35.00 | 34.64 | 2 |
| 8 Abbott, John | 61 | GERMANTOWN MARYL | 38.00 | 35.39 | 1 |
| 9 Platt, Jay | 63 | PENNYPACK AQUATI | 36.00 | 36.00 | |
| 10 Kurtz, Geoff | 61 | UNAT | 38.50 | 36.85 | |

Men 60-64 100 Yard Butterfly

ZONE: Z 1:00.63 4/25/2009 Kieran Kelleher, DCAC
 NATL: ! 54.92 5/22/2005 RICHARD ABRAHAMS

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|---------|---------|--------|
| 1 Sweeney, Paul | 60 | COLONIALS 1776 | 1:10.00 | 1:11.94 | 9 |
| | 33.56 | 1:11.94 (38.38) | | | |
| 2 Meade, Tom | 63 | BINGHAMTON UNIV | 1:06.60 | 1:13.30 | 7 |
| | 31.54 | 1:13.30 (41.76) | | | |
| 3 Mierzwa, Hank | 61 | STONEWALL MASTER | 1:11.90 | 1:15.54 | 6 |
| | 32.61 | 1:15.54 (42.93) | | | |
| 4 Paulson, Laurence | 62 | RESTON MASTERS S | 1:30.00 | 1:23.77 | 5 |
| | 40.34 | 1:23.77 (43.43) | | | |

Men 60-64 200 Yard Butterfly

ZONE: Z 2:54.01 4/26/1988 Ted Haartz
 NATL: ! 2:11.69 2/15/2004 ROBERT POILETMAN

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Harmon, David | 61 | MONTGOMERY ANCIE | 3:00.00 | 2:59.61 | 9 |
| | 37.37 | 1:22.61 (45.24) | 2:09.90 (47.29) | 2:59.61 (49.71) | |
| 2 Laughlin, Terry | 60 | ADIRONDACK MASTE | 3:19.85 | 3:06.35 | 7 |
| | 42.44 | 1:30.11 (47.67) | 2:18.58 (48.47) | 3:06.35 (47.77) | |
| 3 Paulson, Laurence | 62 | RESTON MASTERS S | 3:20.00 | 3:11.93 | 6 |
| | 41.55 | 1:31.82 (50.27) | 2:23.97 (52.15) | 3:11.93 (47.96) | |

Men 60-64 100 Yard IM

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=====
ZONE: Z 1:03.44 4/26/2009 Kieran Kelleher, DCAC
NATL: ! 59.18 4/17/2010 GEORGE SCHMIDT
Name Age Team Seed Finals Points
=====
1 Frisch, David 62 VIRGINIA MASTERS 1:05.50 1:07.29 9
31.54 1:07.29 (35.75)
2 Mierzwa, Hank 61 STONEWALL MASTER 1:07.40 1:10.12 7
33.38 1:10.12 (36.74)
3 Meade, Tom 63 BINGHAMTON UNIV 1:08.60 1:10.50 6
32.15 1:10.50 (38.35)
4 Cothren, Jack 61 FISH MASTERS 1:15.99 1:13.85 5
32.84 1:13.85 (41.01)
5 Pot, Eugene 60 BINGHAMTON UNIV 1:17.55 1:14.93 4
35.73 1:14.93 (39.20)
6 Harrison, Steven 61 DC MASTERS 1:17.50 1:17.21 3
37.55 1:17.21 (39.66)
7 Abbott, John 61 GERMANTOWN MARYL 1:20.00 1:18.03 2
36.94 1:18.03 (41.09)
8 Paulson, Laurence 62 RESTON MASTERS S 1:30.00 1:28.51 1
39.95 1:28.51 (48.56)
9 Rogers, Dean 64 RESTON MASTERS S 1:45.00 1:51.08
55.32 1:51.08 (55.76)
=====

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Men 60-64 200 Yard IM

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=====
ZONE: Z 2:25.70 4/24/2010 Hank Mierzwa, UNAT
NATL: ! 2:12.14 4/17/2010 GEORGE SCHMIDT
Name Age Team Seed Finals Points
=====
1 Mierzwa, Hank 61 STONEWALL MASTER 2:26.40 2:37.20 9
31.72 1:12.49 (40.77) 1:56.78 (44.29) 2:37.20 (40.42)
2 Harmon, David 61 MONTGOMERY ANCI 2:41.00 2:40.53 7
35.03 1:18.53 (43.50) 2:05.92 (47.39) 2:40.53 (34.61)
3 Laughlin, Terry 60 ADIRONDACK MASTE 3:03.95 2:52.53 6
41.14 1:28.73 (47.59) 2:15.01 (46.28) 2:52.53 (37.52)
4 Abbott, John 61 GERMANTOWN MARYL 3:10.00 3:04.36 5
37.17 1:30.94 (53.77) 2:21.70 (50.76) 3:04.36 (42.66)
5 Paulson, Laurence 62 RESTON MASTERS S 3:15.00 3:13.90 4
40.30 1:29.88 (49.58) 2:32.27 (1:02.39) 3:13.90 (41.63)
=====

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Men 60-64 400 Yard IM

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=====
ZONE: Z 5:34.50 4/25/2010 Hank Mierzwa, UNAT
NATL: ! 4:45.65 5/21/2010 JIM CLEMMONS
Name Age Team Seed Finals Points
=====
=====

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| | | | | | | |
|---|-------------------|-------------------|-------------------|-----------------|-----------------|---|
| 1 | Harmon, David | 61 | MONTGOMERY ANCIE | 5:54.00 | 5:51.89 | 9 |
| | | 37.92 | 1:21.28 (43.36) | 2:10.04 (48.76) | 2:54.60 (44.56) | |
| | | 3:46.79 (52.19) | 4:36.87 (50.08) | 5:15.61 (38.74) | 5:51.89 (36.28) | |
| 2 | Laughlin, Terry | 60 | ADIRONDACK MASTE | 6:15.00 | 5:59.29 | 7 |
| | | 43.62 | 1:32.82 (49.20) | 2:21.96 (49.14) | 3:09.04 (47.08) | |
| | | 3:57.85 (48.81) | 4:45.47 (47.62) | 5:23.58 (38.11) | 5:59.29 (35.71) | |
| 3 | Paulson, Laurence | 62 | RESTON MASTERS S | 7:00.00 | 6:51.51 | 6 |
| | | 41.09 | 1:29.55 (48.46) | 2:21.02 (51.47) | 3:11.08 (50.06) | |
| | | 4:14.42 (1:03.34) | 5:17.53 (1:03.11) | 6:07.12 (49.59) | 6:51.51 (44.39) | |

Men 65-69 50 Yard Freestyle

| ===== | | | | | | |
|---------------|------------------|--|------------------|--------|--------|---|
| ZONE: Z 24.54 | | 4/25/2010 Jim Dragon, Garden State Mas | | | | |
| NATL: ! 22.10 | | 5/23/2010 RICHARD ABRAHAMS | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Dragon, Jim | 66 | GARDEN STATE MAS | 24.80 | 25.83 | 9 |
| 2 | Amundsen, Joseph | 65 | COLONIALS 1776 | 27.74 | 27.82 | 7 |
| 3 | Sober, Harry | 68 | VIRGINIA MASTERS | 27.50 | 27.86 | 6 |
| 4 | Robinson, David | 67 | GERMANTOWN MARYL | 36.00 | 32.13 | 5 |
| 5 | Finz, Samuel | 66 | UNAT | 35.26 | 34.91 | 4 |

Men 65-69 100 Yard Freestyle

| ===== | | | | | | |
|---------------|-------------------|----------------------------|------------------|---------|---------|---|
| ZONE: Z 59.92 | | 4/13/2003 David Harrison | | | | |
| NATL: ! 49.42 | | 5/22/2010 RICHARD ABRAHAMS | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Amundsen, Joseph | 65 | COLONIALS 1776 | 1:02.05 | 1:02.33 | 9 |
| | | 30.04 | 1:02.33 (32.29) | | | |
| 2 | Sober, Harry | 68 | VIRGINIA MASTERS | 1:05.00 | 1:03.98 | 7 |
| | | 29.89 | 1:03.98 (34.09) | | | |
| 3 | Zamon, Fred | 69 | CURL BURKE MASTE | 1:12.00 | 1:12.39 | 6 |
| | | 34.04 | 1:12.39 (38.35) | | | |
| 4 | Kremzier, James | 65 | COLONIALS 1776 | 1:15.00 | 1:14.32 | 5 |
| | | 34.21 | 1:14.32 (40.11) | | | |
| 5 | Robinson, David | 67 | GERMANTOWN MARYL | 1:20.00 | 1:14.44 | 4 |
| | | 36.35 | 1:14.44 (38.09) | | | |
| 6 | Bernstein, Rich | 65 | ASPHALT GREEN MA | 1:10.00 | 1:20.41 | 3 |
| | | 38.37 | 1:20.41 (42.04) | | | |
| 7 | Hulings, Joseph | 69 | FAIRFAX COUNTY M | 1:22.00 | 1:25.43 | 2 |
| | | 40.69 | 1:25.43 (44.74) | | | |
| 8 | Pilette, Sterling | 69 | RESTON MASTERS S | 1:22.00 | 1:25.48 | 1 |
| | | 40.38 | 1:25.48 (45.10) | | | |

Men 65-69 200 Yard Freestyle

=====

ZONE: Z 2:09.58 4/13/2003 David Harrison
 NATL: ! 1:57.54 5/21/2010 RICHARD ABRAHAMS

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Amundsen, Joseph | 65 | COLONIALS 1776 | 2:29.03 | 2:31.35 | 9 |
| | 31.91 | 1:09.25 (37.34) | 1:49.13 (39.88) | 2:31.35 (42.22) | |
| 2 Bernstein, Rich | 65 | ASPHALT GREEN MA | 2:30.00 | 2:35.07 | 7 |
| | 35.48 | 1:15.42 (39.94) | 1:55.48 (40.06) | 2:35.07 (39.59) | |
| 3 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 3:06.06 | 3:02.42 | 6 |
| | 39.72 | 1:26.52 (46.80) | 2:14.49 (47.97) | 3:02.42 (47.93) | |
| 4 Hulings, Joseph | 69 | FAIRFAX COUNTY M | 3:08.00 | 3:08.67 | 5 |
| | 41.78 | 1:27.59 (45.81) | 2:18.06 (50.47) | 3:08.67 (50.61) | |

Men 65-69 500 Yard Freestyle

ZONE: Z 5:53.27 4/13/2003 David Harrison
 NATL: ! 5:37.64 5/20/2007 TOM LANDIS

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-----------------|-----------------|
| 1 Bernstein, Rich | 65 | ASPHALT GREEN MA | 6:40.00 | 6:55.88 | 9 |
| | 40.14 | 1:23.70 (43.56) | 2:06.28 (42.58) | 2:48.44 (42.16) | |
| | | 3:30.60 (42.16) | 4:12.94 (42.34) | 4:54.40 (41.46) | 5:35.91 (41.51) |
| | | 6:16.50 (40.59) | 6:55.88 (39.38) | | |
| 2 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 8:15.79 | 8:28.42 | 7 |
| | 43.84 | 1:33.46 (49.62) | 2:25.42 (51.96) | 3:17.80 (52.38) | |
| | | 4:12.03 (54.23) | 5:03.41 (51.38) | 5:54.64 (51.23) | 6:46.99 (52.35) |
| | | 7:39.18 (52.19) | 8:28.42 (49.24) | | |
| 3 Hulings, Joseph | 69 | FAIRFAX COUNTY M | 8:36.00 | 8:35.73 | 6 |
| | 43.95 | 1:33.93 (49.98) | 2:26.29 (52.36) | 3:19.04 (52.75) | |
| | | 4:12.21 (53.17) | 5:05.88 (53.67) | 5:59.17 (53.29) | 6:51.51 (52.34) |
| | | 7:44.47 (52.96) | 8:35.73 (51.26) | | |

Men 65-69 1000 Yard Freestyle

ZONE: Z 12:26.16 4/4/2004 David Harrison, 1776
 NATL: ! 11:41.40 5/20/2007 TOM LANDIS

| Name | Age | Team | Seed | Finals | Points |
|-------------------|-------|------------------|------------------|------------------|------------------|
| 1 Bernstein, Rich | 65 | ASPHALT GREEN MA | 13:38.00 | 13:52.38 | 9 |
| | 38.80 | 1:21.41 (42.61) | 2:03.43 (42.02) | 2:46.10 (42.67) | |
| | | 3:28.83 (42.73) | 4:11.24 (42.41) | 5:36.17 (42.51) | |
| | | 6:18.04 (41.87) | 6:59.63 (41.59) | 8:23.20 (41.76) | |
| | | 9:04.66 (41.46) | 9:46.74 (42.08) | 10:27.69 (40.95) | 11:08.74 (41.05) |
| | | 11:50.15 (41.41) | 12:31.93 (41.78) | 13:12.96 (41.03) | 13:52.38 (39.42) |
| 2 Davey, Michael | 66 | ALEXANDRIA MASTE | 16:30.00 | 15:49.45 | 7 |
| | 38.38 | 1:21.51 (43.13) | 2:07.77 (46.26) | 2:55.52 (47.75) | |
| | | 3:42.87 (47.35) | 4:31.09 (48.22) | 5:19.64 (48.55) | 6:08.10 (48.46) |

| | | | |
|------------------|------------------|------------------|------------------|
| 6:56.47 (48.37) | 7:45.21 (48.74) | 8:33.73 (48.52) | 9:22.37 (48.64) |
| 10:10.54 (48.17) | 10:59.12 (48.58) | 11:46.87 (47.75) | 12:34.91 (48.04) |
| 13:24.94 (50.03) | 14:14.54 (49.60) | 15:03.99 (49.45) | 15:49.45 (45.46) |

Men 65-69 1650 Yard Freestyle

```

=====
ZONE: Z 25:12.78 3/29/1998 Paul Kiell
NATL: ! 19:16.25 5/20/2007 TOM LANDIS
Name           Age Team           Seed     Finals     Points
=====
1 Hulings, Joseph 69 FAIRFAX COUNTY M 31:15.00 28:47.25      9
    44.20 1:34.54 (50.34) 2:28.51 (53.97) 3:20.86 (52.35)
    4:15.75 (54.89) 5:08.75 (53.00) 6:03.46 (54.71) 6:57.53 (54.07)
    7:50.17 (52.64) 8:43.57 (53.40) 9:36.59 (53.02) 10:29.80 (53.21)
    11:22.05 (52.25) 12:14.38 (52.33) 13:07.42 (53.04) 13:59.67 (52.25)
    14:52.54 (52.87) 15:45.04 (52.50) 16:38.03 (52.99) 17:30.34 (52.31)
    18:23.04 (52.70) 19:14.96 (51.92) 20:06.76 (51.80) 20:59.12 (52.36)
    21:50.44 (51.32) 22:42.38 (51.94) 23:34.49 (52.11) 24:27.31 (52.82)
    25:19.52 (52.21) 26:11.58 (52.06) 27:03.21 (51.63) 28:47.25 (1:44.04)
=====

```

Men 65-69 50 Yard Backstroke

```

=====
ZONE: Z 32.23 4/24/2010 Jim Dragon, Garden State Mas
NATL: ! 27.74 5/23/2010 RICHARD ABRAHAMS
Name           Age Team           Seed     Finals     Points
=====
1 Dragon, Jim 66 GARDEN STATE MAS 32.50 33.00      9
2 Sober, Harry 68 VIRGINIA MASTERS 36.00 36.30      7
3 Robinson, David 67 GERMANTOWN MARYL 45.00 40.99      6
4 Maestro, Robert 67 NORTH CAROLINA M 59.00 47.23      5
=====

```

Men 65-69 100 Yard Backstroke

```

=====
ZONE: Z 1:13.00 5/1/1994 Roger Franks
NATL: ! 1:01.04 5/10/2009 RICHARD BURNS
Name           Age Team           Seed     Finals     Points
=====
1 Roddin, Hugh 69 MONTGOMERY ANCIE 1:12.28 1:11.47Z      9
    35.31 1:11.47 (36.16)
2 Robinson, David 67 GERMANTOWN MARYL 1:35.00 1:26.58      7
    42.73 1:26.58 (43.85)
3 Hulings, Joseph 69 FAIRFAX COUNTY M 1:38.00 1:43.48      6
    50.19 1:43.48 (53.29)
=====

```

Men 65-69 200 Yard Backstroke

```

=====
ZONE: Z 2:48.82 4/15/2007 Michael Laux, CONN
=====

```

NATL: ! 2:18.14 5/10/2009 RICHARD BURNS

| Name | Age | Team | Seed | Finals | Points |
|-------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Bernstein, Rich | 65 | ASPHALT GREEN MA | 3:20.00 | 3:12.85 | 9 |
| | 47.60 | 1:36.64 (49.04) | 2:25.66 (49.02) | 3:12.85 (47.19) | |
| 2 Robinson, David | 67 | GERMANTOWN MARYL | 3:20.00 | 3:18.12 | 7 |
| | 47.02 | 1:38.37 (51.35) | 2:30.19 (51.82) | 3:18.12 (47.93) | |
| 3 Hulings, Joseph | 69 | FAIRFAX COUNTY M | 3:43.00 | 3:47.17 | 6 |
| | 53.99 | 1:51.21 (57.22) | 2:48.61 (57.40) | 3:47.17 (58.56) | |

Men 65-69 50 Yard Breaststroke

ZONE: Z 31.35 4/24/2010 Jim Dragon, Garden State Mas

NATL: ! 30.66 5/10/2009 PETER ANDERSEN

| Name | Age | Team | Seed | Finals | Points |
|---------------------|-----|------------------|-------|---------|--------|
| 1 Dragon, Jim | 66 | GARDEN STATE MAS | 31.70 | 33.34 | 9 |
| 2 Cole, Hank | 66 | COLUMBIA MASTERS | 35.50 | 36.78 | 7 |
| 3 Kremzier, James | 65 | COLONIALS 1776 | 38.00 | 39.38 | 6 |
| 4 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 43.07 | 41.84 | 5 |
| 5 Davey, Michael | 66 | ALEXANDRIA MASTE | 43.00 | 43.51 | 4 |
| 6 Finz, Samuel | 66 | UNAT | 44.70 | 45.21 | 3 |
| 7 Bernstein, Rich | 65 | ASPHALT GREEN MA | 41.00 | 45.37 | 2 |
| 8 Robinson, David | 67 | GERMANTOWN MARYL | 48.00 | 45.40 | 1 |
| 9 Pilette, Sterling | 69 | RESTON MASTERS S | 57.00 | 1:01.81 | |

Men 65-69 100 Yard Breaststroke

ZONE: Z 1:14.03 4/12/2008 Louis Kronfeld, NEM

NATL: ! 1:08.19 5/10/2009 DAVID GILDEA

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|---------|---------|--------|
| 1 Cole, Hank | 66 | COLUMBIA MASTERS | 1:16.60 | 1:19.11 | 9 |
| | 38.07 | 1:19.11 (41.04) | | | |
| 2 Kremzier, James | 65 | COLONIALS 1776 | 1:31.00 | 1:27.93 | 7 |
| | 42.01 | 1:27.93 (45.92) | | | |
| 3 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 1:30.43 | 1:28.88 | 6 |
| | 43.32 | 1:28.88 (45.56) | | | |
| 4 Bernstein, Rich | 65 | ASPHALT GREEN MA | 1:30.00 | 1:33.56 | 5 |
| | 44.19 | 1:33.56 (49.37) | | | |
| 5 Chadsey, William | 68 | RESTON MASTERS S | 1:30.00 | 1:33.76 | 4 |
| | 44.21 | 1:33.76 (49.55) | | | |

Men 65-69 200 Yard Breaststroke

ZONE: Z 2:59.44 4/15/2007 Raymond Loewe, PAFC

NATL: ! 2:35.32 5/23/2010 KENNETH FROST

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-----------------|--------|
| 1 Cole, Hank | 66 | COLUMBIA MASTERS | 2:58.50 | 2:54.99Z | 9 |
| | 40.81 | 1:24.98 (44.17) | 2:10.03 (45.05) | 2:54.99 (44.96) | |
| 2 Bernstein, Rich | 65 | ASPHALT GREEN MA | 3:10.00 | 3:17.26 | 7 |
| | 44.33 | 1:35.11 (50.78) | 2:26.31 (51.20) | 3:17.26 (50.95) | |
| 3 Chadsey, William | 68 | RESTON MASTERS S | 3:10.00 | 3:23.31 | 6 |
| | 46.52 | 1:39.51 (52.99) | 2:31.23 (51.72) | 3:23.31 (52.08) | |
| 4 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 3:22.62 | 3:24.25 | 5 |
| | 45.74 | 1:39.11 (53.37) | 2:33.82 (54.71) | 3:24.25 (50.43) | |

Men 65-69 50 Yard Butterfly

| Name | Age | Team | Seed | Finals | Points |
|--|-----|------------------|-------|---------|--------|
| ZONE: Z 25.93 4/25/2010 Jim Dragon, Garden State Mas | | | | | |
| NATL: ! 24.94 5/22/2010 RICHARD ABRAHAMS | | | | | |
| 1 Dragon, Jim | 66 | GARDEN STATE MAS | 26.40 | 27.51 | 9 |
| 2 Sober, Harry | 68 | VIRGINIA MASTERS | 33.00 | 32.57 | 7 |
| 3 Kremzier, James | 65 | COLONIALS 1776 | 35.00 | 35.36 | 6 |
| 4 Robinson, David | 67 | GERMANTOWN MARYL | 40.00 | 36.85 | 5 |
| 5 Zamon, Fred | 69 | CURL BURKE MASTE | 36.00 | 39.17 | 4 |
| 6 Pilette, Sterling | 69 | RESTON MASTERS S | 45.00 | 44.64 | 3 |
| 7 Bernstein, Rich | 65 | ASPHALT GREEN MA | 45.00 | 45.90 | 2 |
| 8 Hulings, Joseph | 69 | FAIRFAX COUNTY M | 46.30 | 1:08.83 | 1 |

Men 65-69 100 Yard Butterfly

| Name | Age | Team | Seed | Finals | Points |
|--|-------|-------------------|---------|---------|--------|
| ZONE: Z 1:14.48 5/9/1993 Joseph Kurtzman | | | | | |
| NATL: ! 56.36 5/21/2010 RICHARD ABRAHAMS | | | | | |
| 1 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 1:27.23 | 1:32.58 | 9 |
| | 42.15 | 1:32.58 (50.43) | | | |
| 2 Kremzier, James | 65 | COLONIALS 1776 | 1:30.00 | 1:36.30 | 7 |
| | 40.09 | 1:36.30 (56.21) | | | |
| 3 Hulings, Joseph | 69 | FAIRFAX COUNTY M | 2:01.00 | 2:03.86 | 6 |
| | 57.19 | 2:03.86 (1:06.67) | | | |

Men 65-69 200 Yard Butterfly

| Name | Age | Team | Seed | Finals | Points |
|--|-------|------------------|-----------------|-----------------|--------|
| ZONE: Z 2:52.98 5/9/1993 Joseph Kurtzman | | | | | |
| NATL: ! 2:23.38 2/14/2010 ROBERT POILETMAN | | | | | |
| 1 Roddin, Hugh | 69 | MONTGOMERY ANCIE | 2:48.69 | 2:47.86Z | 9 |
| | 35.53 | 1:18.22 (42.69) | 2:01.97 (43.75) | 2:47.86 (45.89) | |

| | | | | | | |
|---|------------------|----|-------------------|-------------------|-------------------|---|
| 2 | Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 3:36.03 | 3:44.21 | 7 |
| | 48.32 | | 1:48.37 (1:00.05) | 2:49.60 (1:01.23) | 3:44.21 (54.61) | |
| 3 | Davey, Michael | 66 | ALEXANDRIA MASTE | 3:40.00 | 3:57.72 | 6 |
| | 44.20 | | 1:42.77 (58.57) | 2:47.30 (1:04.53) | 3:57.72 (1:10.42) | |

Men 65-69 100 Yard IM

=====

ZONE: Z 1:12.41 4/13/2008 Harry Sober, VMST
 NATL: ! 1:00.32 5/23/2010 RICHARD ABRAHAMS

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|---------|--------|
| 1 Sober, Harry | 68 | VIRGINIA MASTERS | 1:25.00 | 1:18.63 | 9 |
| | 35.80 | | 1:18.63 (42.83) | | |
| 2 Kremzier, James | 65 | COLONIALS 1776 | 1:27.00 | 1:22.36 | 7 |
| | 38.83 | | 1:22.36 (43.53) | | |
| 3 Chadsey, William | 68 | RESTON MASTERS S | 1:30.00 | 1:25.13 | 6 |
| | 40.03 | | 1:25.13 (45.10) | | |
| 4 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 1:30.00 | 1:26.15 | 5 |
| | 41.75 | | 1:26.15 (44.40) | | |
| 5 Bernstein, Rich | 65 | ASPHALT GREEN MA | 1:22.00 | 1:26.57 | 4 |
| | 44.34 | | 1:26.57 (42.23) | | |
| 6 Robinson, David | 67 | GERMANTOWN MARYL | 1:30.00 | 1:26.79 | 3 |
| | 38.93 | | 1:26.79 (47.86) | | |

Men 65-69 200 Yard IM

=====

ZONE: Z 2:38.89 4/15/2007 Michael Laux, CONN
 NATL: ! 2:20.31 5/22/2010 RICHARD BURNS

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-------------------|-----------------|
| 1 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 3:17.67 | 3:25.49 | 9 |
| | 46.97 | | 1:43.07 (56.10) | 2:38.31 (55.24) | 3:25.49 (47.18) |
| 2 Hulings, Joseph | 69 | FAIRFAX COUNTY M | 3:54.00 | 3:37.45 | 7 |
| | 49.61 | | 1:45.49 (55.88) | 2:53.15 (1:07.66) | 3:37.45 (44.30) |
| 3 Zamon, Fred | 69 | CURL BURKE MASTE | 3:45.00 | 3:40.52 | 6 |
| | 45.80 | | 1:41.44 (55.64) | 2:49.15 (1:07.71) | 3:40.52 (51.37) |

Men 65-69 400 Yard IM

=====

ZONE: Z 5:56.71 4/13/2008 Art Wolfe, VMST
 NATL: ! 5:12.42 5/21/2010 RICHARD BURNS

| Name | Age | Team | Seed | Finals | Points |
|--------------------|-------|------------------|-----------------|-----------------|-----------------|
| 1 Bernstein, Rich | 65 | ASPHALT GREEN MA | 6:30.00 | 6:28.49 | 9 |
| | 49.09 | | 1:45.15 (56.06) | 2:35.93 (50.78) | 3:25.12 (49.19) |
| | | | 4:15.43 (50.31) | 5:06.01 (50.58) | 5:49.08 (43.07) |
| | | | | | 6:28.49 (39.41) |
| 2 Gaulrapp, Edward | 68 | VIRGINIA MASTERS | 7:11.24 | 7:14.27 | 7 |

| | | | | |
|-------------------|---------------------|-------------------|-------------------|-------------------|
| | 51.29 | 1:49.05 (57.76) | 2:47.30 (58.25) | 3:46.37 (59.07) |
| | 4:41.14 (54.77) | 5:37.47 (56.33) | 6:27.79 (50.32) | 7:14.27 (46.48) |
| 3 Hulings, Joseph | 69 FAIRFAX COUNTY M | 8:01.00 | 7:55.04 | 6 |
| | 55.75 | 2:02.79 (1:07.04) | 3:04.27 (1:01.48) | 5:09.87 (2:05.60) |
| | 6:17.46 (1:07.59) | 7:05.49 (48.03) | 7:55.04 (49.55) | |

Men 70-74 50 Yard Freestyle

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ZONE: Z 28.09 4/4/2004 Walter Lincoln, NEM
 NATL: ! 24.13 5/4/2008 JEFF FARRELL

| Name | Age Team | Seed | Finals | Points |
|------------------|---------------------|-------|--------|--------|
| 1 Hamada, Ahmed | 72 EGY MASTER | 30.00 | 29.68 | 9 |
| 2 Katz, Jerry | 72 GARDEN STATE MAS | 31.00 | 29.83 | 7 |
| 3 Pinchot, Roy | 70 GERMANTOWN MARYL | 32.00 | 31.66 | 6 |
| 4 Nobbe, Nick | 72 RESTON MASTERS S | 33.30 | 34.61 | 5 |
| 5 Gerson, Gordon | 74 RESTON MASTERS S | 45.89 | 47.70 | 4 |

Men 70-74 100 Yard Freestyle

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ZONE: Z 1:03.73 4/4/2004 Walter Lincoln, NEM
 NATL: ! 56.05 5/4/2008 JEFF FARRELL

| Name | Age Team | Seed | Finals | Points |
|-------------------|-----------------------|---------|---------|--------|
| 1 Hamada, Ahmed | 72 EGY MASTER | 1:06.75 | 1:05.23 | 9 |
| | 30.14 1:05.23 (35.09) | | | |
| 2 Rolston, Howard | 70 UNAT | 1:08.07 | 1:06.24 | 7 |
| | 32.10 1:06.24 (34.14) | | | |
| 3 Katz, Jerry | 72 GARDEN STATE MAS | 1:10.00 | 1:09.95 | 6 |
| | 32.62 1:09.95 (37.33) | | | |
| 4 Nobbe, Nick | 72 RESTON MASTERS S | 1:21.15 | 1:22.66 | 5 |
| | 39.75 1:22.66 (42.91) | | | |
| 5 Berghaus, Peter | 70 CONNECTICUT MAST | 1:31.05 | 1:23.75 | 4 |
| | 39.29 1:23.75 (44.46) | | | |
| 6 Pattie, Kenton | 71 CURL BURKE MASTE | 1:32.08 | 1:41.75 | 3 |
| | 47.69 1:41.75 (54.06) | | | |
| 7 Gerson, Gordon | 74 RESTON MASTERS S | 1:46.36 | 1:45.28 | 2 |
| | 49.30 1:45.28 (55.98) | | | |

Men 70-74 200 Yard Freestyle

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ZONE: Z 2:17.89 4/13/2008 David Harrison, 1776
 NATL: ! 2:09.57 5/20/2001 GRAHAM JOHNSTON

| Name | Age Team | Seed | Finals | Points |
|-------------------|-----------------------|-----------------|-----------------|--------|
| 1 Rolston, Howard | 70 UNAT | 2:27.53 | 2:25.98 | 9 |
| | 33.31 1:09.38 (36.07) | 1:47.62 (38.24) | 2:25.98 (38.36) | |

| | | | | | | |
|---|----------------|----|------------------|-------------------|-------------------|---|
| 2 | Hamada, Ahmed | 72 | EGY MASTER | 2:40.69 | 2:37.57 | 7 |
| | 34.21 | | 1:14.59 (40.38) | 1:58.21 (43.62) | 2:37.57 (39.36) | |
| 3 | Katz, Jerry | 72 | GARDEN STATE MAS | 2:41.00 | 2:41.36 | 6 |
| | 37.01 | | 1:17.97 (40.96) | 2:00.70 (42.73) | 2:41.36 (40.66) | |
| 4 | Nobbe, Nick | 72 | RESTON MASTERS S | 3:02.19 | 3:06.16 | 5 |
| | 45.24 | | 1:33.02 (47.78) | 2:20.47 (47.45) | 3:06.16 (45.69) | |
| 5 | Marando, Vince | 72 | MARYLAND MASTERS | 3:42.00 | 3:32.04 | 4 |
| | 48.95 | | 1:41.78 (52.83) | 2:39.51 (57.73) | 3:32.04 (52.53) | |
| 6 | Pattie, Kenton | 71 | CURL BURKE MASTE | 3:09.71 | 3:46.90 | 3 |
| | 49.66 | | 1:47.53 (57.87) | 3:46.90 (1:59.37) | | |
| 7 | Gerson, Gordon | 74 | RESTON MASTERS S | 3:49.87 | 3:55.51 | 2 |
| | 52.45 | | 1:52.13 (59.68) | 2:54.00 (1:01.87) | 3:55.51 (1:01.51) | |

Men 70-74 500 Yard Freestyle

| | | | | | | |
|--|-------------------|------|-------------------|-------------------|-------------------|---|
| ===== | | | | | | |
| ZONE: Z 6:15.86 4/12/2008 David Harrison, 1776 | | | | | | |
| NATL: ! 5:51.37 5/20/2001 GRAHAM JOHNSTON | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Rolston, Howard | 70 | UNAT | 6:49.87 | 6:48.98 | 9 |
| | 35.32 | | 1:13.39 (38.07) | 1:53.28 (39.89) | 2:33.88 (40.60) | |
| | 3:15.37 (41.49) | | 3:57.44 (42.07) | 4:40.10 (42.66) | 5:22.84 (42.74) | |
| | 6:06.56 (43.72) | | 6:48.98 (42.42) | | | |
| 2 | Hamada, Ahmed | 72 | EGY MASTER | 8:30.00 | 7:24.63 | 7 |
| | 34.78 | | 1:15.14 (40.36) | 2:00.25 (45.11) | 2:46.07 (45.82) | |
| | 3:31.91 (45.84) | | 4:19.96 (48.05) | 5:06.39 (46.43) | 7:24.58 (2:18.19) | |
| | 7:24.63 (0.05) | | | | | |
| 3 | Nobbe, Nick | 72 | RESTON MASTERS S | 7:55.00 | 8:08.08 | 6 |
| | 44.90 | | 1:34.80 (49.90) | 2:25.37 (50.57) | 3:15.60 (50.23) | |
| | 4:04.77 (49.17) | | 4:54.50 (49.73) | 5:43.54 (49.04) | 6:32.74 (49.20) | |
| | 7:21.25 (48.51) | | 8:08.08 (46.83) | | | |
| 4 | Pattie, Kenton | 71 | CURL BURKE MASTE | 9:21.46 | 9:56.75 | 5 |
| | 50.48 | | 1:48.54 (58.06) | 2:51.44 (1:02.90) | 3:52.76 (1:01.32) | |
| | 4:54.55 (1:01.79) | | 5:56.91 (1:02.36) | 6:58.32 (1:01.41) | 7:58.26 (59.94) | |
| | 8:58.14 (59.88) | | 9:56.75 (58.61) | | | |

Men 70-74 1000 Yard Freestyle

| | | | | | | |
|---|-----------------|------|------------------|------------------|------------------|---|
| ===== | | | | | | |
| ZONE: Z 12:50.23 4/11/2008 David Harrison, 1776 | | | | | | |
| NATL: ! 12:19.05 5/20/2001 GRAHAM JOHNSTON | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| ===== | | | | | | |
| 1 | Hamada, Ahmed | 72 | EGY MASTER | 19:50.00 | 15:18.06 | 9 |
| | 36.08 | | 1:18.86 (42.78) | 2:04.07 (45.21) | 2:52.23 (48.16) | |
| | 3:37.23 (45.00) | | 4:24.74 (47.51) | 5:11.06 (46.32) | 5:57.13 (46.07) | |
| | 6:45.33 (48.20) | | 7:32.33 (47.00) | 8:20.02 (47.69) | 9:07.63 (47.61) | |
| | 9:54.82 (47.19) | | 10:42.05 (47.23) | 11:28.45 (46.40) | 12:15.70 (47.25) | |

| | | | |
|--------------------|---------------------|--------------------|--------------------|
| 13:02.47 (46.77) | 13:49.32 (46.85) | 14:35.97 (46.65) | 15:18.06 (42.09) |
| 2 Nobbe, Nick | 72 RESTON MASTERS S | 16:00.00 16:27.17 | 7 |
| 1:34.41 | 2:24.94 (50.53) | | 3:16.25 () |
| 4:06.35 (50.10) | 4:56.42 (50.07) | 5:46.27 (49.85) | 6:36.39 (50.12) |
| 7:26.27 (49.88) | 8:16.06 (49.79) | 9:05.97 (49.91) | 9:55.77 (49.80) |
| 10:45.56 (49.79) | 11:34.65 (49.09) | 12:24.01 (49.36) | 13:12.99 (48.98) |
| 14:01.87 (48.88) | 14:50.82 (48.95) | 15:40.50 (49.68) | 16:27.17 (46.67) |
| 3 Gerson, Gordon | 74 RESTON MASTERS S | 18:54.04 21:19.03 | 6 |
| 57.16 | 2:00.83 (1:03.67) | 3:07.15 (1:06.32) | 4:15.95 (1:08.80) |
| 5:21.20 (1:05.25) | 6:25.82 (1:04.62) | 7:31.33 (1:05.51) | 8:36.41 (1:05.08) |
| 9:39.70 (1:03.29) | | 11:48.63 () | 12:52.88 (1:04.25) |
| 13:56.43 (1:03.55) | 15:00.74 (1:04.31) | 16:05.96 (1:05.22) | 17:09.36 (1:03.40) |
| 18:13.64 (1:04.28) | 19:16.86 (1:03.22) | 20:19.18 (1:02.32) | 21:19.03 (59.85) |

Men 70-74 1650 Yard Freestyle

| ===== | | | | |
|--|---------------------|--------------------|--------------------|--------------------|
| ZONE: Z 22:41.59 3/29/1998 Roger Franks | | | | |
| NATL: ! 20:29.18 5/20/2001 GRAHAM JOHNSTON | | | | |
| Name | Age Team | Seed | Finals | Points |
| ===== | | | | |
| 1 Pattie, Kenton | 71 CURL BURKE MASTE | 33:00.12 | 33:39.97 | 9 |
| | 50.97 | 1:48.06 (57.09) | 2:48.64 (1:00.58) | 3:50.63 (1:01.99) |
| | 4:53.31 (1:02.68) | | 6:57.15 () | 7:57.71 (1:00.56) |
| | 8:58.26 (1:00.55) | 9:59.67 (1:01.41) | 11:00.40 (1:00.73) | 12:01.86 (1:01.46) |
| | 13:03.90 (1:02.04) | 14:05.04 (1:01.14) | 15:05.32 (1:00.28) | 16:06.78 (1:01.46) |
| | 17:08.26 (1:01.48) | | 18:08.50 () | 19:10.67 (1:02.17) |
| | 20:12.46 (1:01.79) | 21:14.51 (1:02.05) | 22:15.60 (1:01.09) | 23:16.09 (1:00.49) |
| | 24:17.82 (1:01.73) | 25:20.95 (1:03.13) | 26:22.71 (1:01.76) | 27:23.52 (1:00.81) |
| | 28:24.94 (1:01.42) | 29:26.42 (1:01.48) | 30:29.60 (1:03.18) | 31:32.24 (1:02.64) |
| | 33:39.97 (2:07.73) | | | |

Men 70-74 50 Yard Backstroke

| ===== | | | | |
|---|---------------------|-------|--------|--------|
| ZONE: Z 35.62 4/21/2002 William VanPelt | | | | |
| NATL: ! 30.25 4/25/2004 YOSHI OYAKAWA | | | | |
| Name | Age Team | Seed | Finals | Points |
| ===== | | | | |
| 1 Hamada, Ahmed | 72 EGY MASTER | 40.00 | 39.43 | 9 |
| 2 Marando, Vince | 72 MARYLAND MASTERS | 48.00 | 48.27 | 7 |
| 3 Gerson, Gordon | 74 RESTON MASTERS S | 50.95 | 50.64 | 6 |
| 4 Pattie, Kenton | 71 CURL BURKE MASTE | 48.07 | 54.91 | 5 |

Men 70-74 100 Yard Backstroke

| ===== | | | | |
|---|----------|------|--------|--------|
| ZONE: Z 1:13.47 5/2/1999 Roger Franks | | | | |
| NATL: ! 1:06.83 4/25/2004 YOSHI OYAKAWA | | | | |
| Name | Age Team | Seed | Finals | Points |

| | | | | | | |
|----|--|----|-------------------|---------|---------|---|
| 1 | Hamada, Ahmed | 72 | EGY MASTER | 1:40.00 | 1:33.82 | 9 |
| | 45.15 | | 1:33.82 (48.67) | | | |
| 2 | Berghaus, Peter | 70 | CONNECTICUT MAST | 1:36.09 | 1:39.79 | 7 |
| | 50.13 | | 1:39.79 (49.66) | | | |
| 3 | Pattie, Kenton | 71 | CURL BURKE MASTE | 1:52.50 | 1:55.22 | 6 |
| | 53.62 | | 1:55.22 (1:01.60) | | | |
| 4 | Deege, Leo | 71 | UNAT | 2:10.00 | 2:17.33 | 5 |
| | 1:58.57 | | 2:17.33 (18.76) | | | |
| -- | Gerson, Gordon | 74 | RESTON MASTERS S | 1:50.09 | DQ | |
| | 35 Shoulders past vertical toward breast | | | | | |
| | 52.71 | | DQ (57.18) | | | |

Men 70-74 200 Yard Backstroke

| ZONE: Z 2:40.19 5/2/1999 Roger Franks | | | | | | |
|---|-----------------|------|-------------------|-------------------|-------------------|---|
| NATL: ! 2:28.11 5/18/2003 BURWELL JONES | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Berghaus, Peter | 70 | CONNECTICUT MAST | 3:36.20 | 3:35.13 | 9 |
| | 53.35 | | 1:47.86 (54.51) | 2:42.57 (54.71) | 3:35.13 (52.56) | |
| 2 | Marando, Vince | 72 | MARYLAND MASTERS | 3:44.00 | 3:41.29 | 7 |
| | 52.86 | | 2:46.92 (1:54.06) | 3:41.29 (54.37) | | |
| 3 | Gerson, Gordon | 74 | RESTON MASTERS S | 3:59.86 | 3:58.52 | 6 |
| | 54.57 | | 1:54.59 (1:00.02) | 2:56.39 (1:01.80) | 3:58.52 (1:02.13) | |

Men 70-74 50 Yard Breaststroke

| ZONE: Z 35.38 4/24/2010 Hans Reichelt, Wasserfreunde | | | | | | |
|--|----------------|------|------------------|--------|--------|---|
| NATL: ! 33.19 4/22/2001 JOHN KORTHEUER | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Katz, Jerry | 72 | GARDEN STATE MAS | 39.50 | 41.14 | 9 |
| 2 | Deege, Leo | 71 | UNAT | 52.00 | 49.87 | 7 |
| 3 | Gerson, Gordon | 74 | RESTON MASTERS S | 56.49 | 55.08 | 6 |

Men 70-74 100 Yard Breaststroke

| ZONE: Z 1:19.39 4/25/2010 Hans Reichelt, Wasserfreunde | | | | | | |
|--|-----------------|------|------------------|---------|---------|---|
| NATL: ! 1:15.24 4/22/2001 JOHN KORTHEUER | | | | | | |
| Name | Age | Team | Seed | Finals | Points | |
| 1 | Katz, Jerry | 72 | GARDEN STATE MAS | 1:35.80 | 1:35.09 | 9 |
| | 44.76 | | 1:35.09 (50.33) | | | |
| 2 | Berghaus, Peter | 70 | CONNECTICUT MAST | 1:34.12 | 1:39.05 | 7 |
| | 46.68 | | 1:39.05 (52.37) | | | |
| 3 | Pattie, Kenton | 71 | CURL BURKE MASTE | 2:44.20 | 2:10.56 | 6 |

| | | | | | |
|------------------|-------|-------------------|---------|---------|---|
| | 59.32 | 2:10.56 (1:11.24) | | | |
| 4 Gerson, Gordon | 74 | RESTON MASTERS S | 2:14.41 | 2:12.69 | 5 |
| | 59.82 | 2:12.69 (1:12.87) | | | |

Men 70-74 200 Yard Breaststroke

```

=====
ZONE: Z 2:55.54 4/24/2010 Hans Reichelt, Wasserfreunde
NATL: ! 2:49.47 5/3/2009 KARL WIEDAMANN
Name Age Team Seed Finals Points
=====
1 Berghaus, Peter 70 CONNECTICUT MAST 3:30.61 3:37.60 9
50.51 1:46.12 (55.61) 2:42.72 (56.60) 3:37.60 (54.88)
2 Durham, Richard 70 VIRGINIA MASTERS 3:42.00 3:54.77 7
51.12 1:51.49 (1:00.37) 2:53.09 (1:01.60) 3:54.77 (1:01.68)
3 Gerson, Gordon 74 RESTON MASTERS S 4:25.00 4:58.55 6
1:04.13 2:22.14 (1:18.01) 4:58.65 (2:36.51) 4:58.55 ( )
=====

```

Men 70-74 50 Yard Butterfly

```

=====
ZONE: Z 33.86 4/26/2009 Jerry Katz, GSM
NATL: ! 29.17 3/30/2008 DAVID COSTILL
Name Age Team Seed Finals Points
=====
1 Rolston, Howard 70 UNAT 32.97 33.44Z 9
2 Hamada, Ahmed 72 EGY MASTER 33.40 34.24 7
3 Katz, Jerry 72 GARDEN STATE MAS 35.50 35.64 6
4 Pattie, Kenton 71 CURL BURKE MASTE 59.72 1:04.72 5
=====

```

Men 70-74 100 Yard Butterfly

```

=====
ZONE: Z 1:23.28 5/9/1993 Birch Davidson
NATL: ! 1:08.12 2/9/2008 DAVID COSTILL
Name Age Team Seed Finals Points
=====
1 Hamada, Ahmed 72 EGY MASTER 1:33.95 1:29.08 9
43.21 1:29.08 (45.87)
2 Katz, Jerry 72 GARDEN STATE MAS 1:40.80 1:38.14 7
39.46 1:38.14 (58.68)
=====

```

Men 70-74 200 Yard Butterfly

```

=====
ZONE: Z 3:12.84 5/9/1993 Birch Davidson
NATL: ! 2:52.99 5/17/2002 RONALD JOHNSON
Name Age Team Seed Finals Points
=====
1 Hamada, Ahmed 72 EGY MASTER 4:10.00 3:42.67 9
48.58 2:48.41 (1:59.83) 3:42.67 (54.26) 3:42.67 ( )
=====

```

Men 70-74 100 Yard IM

```

=====
ZONE: Z 1:15.35 4/25/2010 Hans Reichelt, Wasserfreunde
NATL: ! 1:06.94 5/4/2008 JEFF FARRELL
Name Age Team Seed Finals Points
=====
1 Hamada, Ahmed 72 EGY MASTER 1:22.22 1:24.37 9
39.58 1:24.37 (44.79)
2 Pinchot, Roy 70 GERMANTOWN MARYL 1:27.00 1:27.93 7
41.32 1:27.93 (46.61)
3 Berghaus, Peter 70 CONNECTICUT MAST 1:33.66 1:34.74 6
45.31 1:34.74 (49.43)
-- Pattie, Kenton 71 CURL BURKE MASTE 1:43.70 DQ
19 No touch - breast
56.97 DQ (1:01.74)

```

Men 70-74 200 Yard IM

```

=====
ZONE: Z 2:51.62 4/20/1997 Roger Franks
NATL: ! 2:29.92 2/23/2008 DAVE COSTILL
Name Age Team Seed Finals Points
=====
1 Berghaus, Peter 70 CONNECTICUT MAST 3:25.96 3:31.74 9
51.51 1:44.35 (52.84) 2:39.77 (55.42) 3:31.74 (51.97)
2 Pattie, Kenton 71 CURL BURKE MASTE 3:54.67 4:25.91 7
1:04.48 2:06.69 (1:02.21) 3:22.82 (1:16.13) 4:25.91 (1:03.09)

```

Men 70-74 400 Yard IM

```

=====
ZONE: Z 6:16.23 5/2/1999 Roger Franks
NATL: ! 5:34.47 4/27/2003 BURWELL JONES
Name Age Team Seed Finals Points
=====
1 Berghaus, Peter 70 CONNECTICUT MAST 7:45.57 7:50.34 9
54.21 1:59.40 (1:05.19) 2:58.96 (59.56) 3:58.62 (59.66)
4:58.81 (1:00.19) 5:59.80 (1:00.99) 6:57.28 (57.48) 7:50.34 (53.06)

```

Men 75-79 50 Yard Freestyle

```

=====
ZONE: Z 31.49 4/12/1992 Harry Class
NATL: ! 26.84 5/10/2009 DAVID RADCLIFF
Name Age Team Seed Finals Points
=====
1 Maher, Owen 76 VIRGINIA MASTERS 34.00 34.52 9
2 Scott, Dick 75 VIRGINIA MASTERS 38.00 41.17 7
3 Flint, Myles 77 RESTON MASTERS S 39.26 41.27 6

```

4 Lyons, Tom 77 VIRGINIA MASTERS 41.00 53.01 5

Men 75-79 100 Yard Freestyle

=====

ZONE: Z 1:10.97 4/21/2002 Roger Franks
NATL: ! 58.68 5/10/2009 DAVID RADCLIFF

| Name | Age | Team | Seed | Finals | Points |
|----------------|-------|------------------|---------|---------|--------|
| 1 Maher, Owen | 76 | VIRGINIA MASTERS | 1:20.00 | 1:19.15 | 9 |
| | 37.54 | 1:19.15 (41.61) | | | |
| 2 Flint, Myles | 77 | RESTON MASTERS S | 1:30.76 | 1:34.28 | 7 |
| | 42.07 | 1:34.28 (52.21) | | | |

Men 75-79 200 Yard Freestyle

=====

ZONE: Z 2:29.79 4/21/2002 Roger Franks
NATL: ! 2:08.77 5/10/2009 DAVID RADCLIFF

| Name | Age | Team | Seed | Finals | Points |
|---------------|-------|------------------|-----------------|-----------------|--------|
| 1 Maher, Owen | 76 | VIRGINIA MASTERS | 3:00.00 | 3:14.28 | 9 |
| | 42.18 | 1:31.91 (49.73) | 2:23.69 (51.78) | 3:14.28 (50.59) | |

Men 75-79 1000 Yard Freestyle

=====

ZONE: Z 16:43.46 4/4/2004 Roger Franks, 1776
NATL: ! 12:20.59 5/10/2009 DAVID RADCLIFF

| Name | Age | Team | Seed | Finals | Points |
|----------------|------------------|-------------------|--------------------|--------------------|--------|
| 1 Flint, Myles | 77 | RESTON MASTERS S | 22:00.00 | 19:39.16 | 9 |
| | 52.80 | 1:50.13 (57.33) | 2:48.82 (58.69) | 3:48.45 (59.63) | |
| | 4:47.77 (59.32) | 5:47.36 (59.59) | 6:48.27 (1:00.91) | 7:48.71 (1:00.44) | |
| | 8:48.01 (59.30) | 9:48.76 (1:00.75) | 10:49.00 (1:00.24) | 11:47.97 (58.97) | |
| | 12:47.67 (59.70) | 13:47.30 (59.63) | 14:47.08 (59.78) | 15:48.17 (1:01.09) | |
| | 16:47.64 (59.47) | 17:45.33 (57.69) | 18:43.84 (58.51) | 19:39.16 (55.32) | |

Men 75-79 50 Yard Backstroke

=====

ZONE: Z 37.02 4/21/2002 Roger Franks
NATL: ! 32.11 4/19/2009 YOSHI OYAKAWA

| Name | Age | Team | Seed | Finals | Points |
|----------------|-----|------------------|-------|--------|--------|
| 1 Flint, Myles | 77 | RESTON MASTERS S | 46.96 | 47.48 | 9 |

Men 75-79 100 Yard Backstroke

=====

ZONE: Z 1:17.17 4/21/2002 Roger Franks
NATL: ! 1:08.55 4/19/2009 BURWELL JONES

| Name | Age | Team | Seed | Finals | Points |
|----------------|-------|------------------|---------|---------|--------|
| 1 Flint, Myles | 77 | RESTON MASTERS S | 1:53.00 | 1:47.07 | 9 |
| | 50.29 | 1:47.07 (56.78) | | | |

Men 75-79 200 Yard Backstroke

| Name | Age | Team | Seed | Finals | Points |
|---|-------|-------------------|-------------------|-----------------|--------|
| ZONE: Z 2:54.61 4/13/2003 Roger Franks | | | | | |
| NATL: ! 2:31.41 4/17/2010 BURWELL JONES | | | | | |
| 1 Gladfelter, David | 75 | COLONIALS 1776 | 3:55.00 | 4:03.00 | 9 |
| | 54.24 | 1:59.10 (1:04.86) | 3:04.88 (1:05.78) | 4:03.00 (58.12) | |

Men 75-79 50 Yard Breaststroke

| Name | Age | Team | Seed | Finals | Points |
|--|-----|------------------|---------|--------|--------|
| ZONE: Z 42.37 5/9/1993 Roger Chamberlain | | | | | |
| NATL: ! 35.64 4/30/2006 JOHN KORTHEUER | | | | | |
| 1 Scott, Dick | 75 | VIRGINIA MASTERS | 47.30 | 49.14 | 9 |
| 2 Lyons, Tom | 77 | VIRGINIA MASTERS | 49.23 | 51.56 | 7 |
| 3 Maher, Owen | 76 | VIRGINIA MASTERS | 1:00.00 | 53.78 | 6 |

Men 75-79 100 Yard Breaststroke

| Name | Age | Team | Seed | Finals | Points |
|--|-------|-------------------|---------|---------|--------|
| ZONE: Z 1:38.31 4/24/2005 Kenneth Flynn, DCM | | | | | |
| NATL: ! 1:22.64 4/30/2006 JOHN KORTHEUER | | | | | |
| 1 Scott, Dick | 75 | VIRGINIA MASTERS | 1:48.00 | 1:52.38 | 9 |
| | 54.01 | 1:52.38 (58.37) | | | |
| 2 Lyons, Tom | 77 | VIRGINIA MASTERS | 1:55.20 | 1:58.81 | 7 |
| | 55.56 | 1:58.81 (1:03.25) | | | |

Men 75-79 200 Yard Breaststroke

| Name | Age | Team | Seed | Finals | Points |
|--|-------|-------------------|-------------------|-------------------|--------|
| ZONE: Z 3:40.55 4/12/1992 Murray Eager | | | | | |
| NATL: ! 3:07.20 4/1/2007 RON JOHNSON | | | | | |
| 1 Scott, Dick | 75 | VIRGINIA MASTERS | 4:02.00 | 4:08.83 | 9 |
| | 56.36 | 2:00.64 (1:04.28) | 3:04.24 (1:03.60) | 4:08.83 (1:04.59) | |
| 2 Lyons, Tom | 77 | VIRGINIA MASTERS | 3:58.00 | 4:28.90 | 7 |
| | 58.87 | 2:08.37 (1:09.50) | 3:21.47 (1:13.10) | 4:28.90 (1:07.43) | |

Men 75-79 50 Yard Butterfly

```

=====
ZONE: Z 39.86 4/25/2010 Owen Maher, Virginia Masters
NATL: ! 31.33 2/19/2010 BURWELL JONES
Name Age Team Seed Finals Points
=====
1 Maher, Owen 76 VIRGINIA MASTERS 39.00 41.41 9

```

Men 75-79 100 Yard Butterfly

```

=====
ZONE: Z 1:40.58 4/2/2000 John Emanuel
NATL: ! 1:13.44 2/19/2010 BURWELL JONES
Name Age Team Seed Finals Points
=====
-- Maher, Owen 76 VIRGINIA MASTERS 1:50.00 DQ
21 Arms underwater recovery
53.13 DQ (59.56)

```

Men 75-79 100 Yard IM

```

=====
ZONE: Z 1:24.45 4/21/2002 Roger Franks
NATL: ! 1:09.94 2/13/2010 BURWELL JONES
Name Age Team Seed Finals Points
=====
1 Scott, Dick 75 VIRGINIA MASTERS 1:46.00 1:46.49 9
50.70 1:46.49 (55.79)
2 Gladfelter, David 75 COLONIALS 1776 1:45.00 1:48.82 7
54.43 1:48.82 (54.39)

```

Men 75-79 400 Yard IM

```

=====
ZONE: Z 6:49.07 4/12/1992 Norris Fluke
NATL: ! 5:49.90 4/19/2009 BURWELL JONES
Name Age Team Seed Finals Points
=====
1 Gladfelter, David 75 COLONIALS 1776 8:45.00 9:24.28 9
1:03.67 2:12.59 (1:08.92) 3:30.26 (1:17.67) 4:44.56 (1:14.30)
6:01.21 (1:16.65) 7:14.80 (1:13.59) 8:22.52 (1:07.72) 9:24.28 (1:01.76)

```

Men 80-84 50 Yard Freestyle

```

=====
ZONE: Z 32.97 4/20/1997 Robert Knapp
NATL: ! 29.25 4/10/2005 FRANK PIEMME
Name Age Team Seed Finals Points
=====
1 Manheim, Frank 80 RESTON MASTERS S 40.00 35.62 9

```

Men 80-84 50 Yard Backstroke

```

=====
ZONE: Z 40.87    4/15/2007 Roger Franks, 1776
NATL: ! 37.39   8/14/1999 RAY TAFT
Name           Age Team           Seed    Finals    Points
=====
1 Manheim, Frank    80 RESTON MASTERS S    44.00    42.14      9

```

Men 80-84 100 Yard Backstroke

```

=====
ZONE: Z 1:44.62  4/24/2005 George Melick, GSM
NATL: ! 1:24.23  4/30/2000 RAY TAFT
Name           Age Team           Seed    Finals    Points
=====
1 Manheim, Frank    80 RESTON MASTERS S    1:48.00  1:38.41Z    9
      48.06      1:38.41 (50.35)

```

Men 80-84 50 Yard Breaststroke

```

=====
ZONE: Z 46.29    5/8/1990 Dan Dotterweich
NATL: ! 40.31    3/6/2005 FRANK PIEMME
Name           Age Team           Seed    Finals    Points
=====
1 Manheim, Frank    80 RESTON MASTERS S    53.00    50.77      9

```

Men 85-89 100 Yard Freestyle

```

=====
ZONE: Z 1:36.10  4/12/1992 Gus Langner
NATL: ! 1:10.92  4/18/2010 FRANK PIEMME
Name           Age Team           Seed    Finals    Points
=====
1 Barnes, Calvin    87 VIRGINIA MASTERS    1:40.00  1:47.03      9
      51.77      1:47.03 (55.26)

```

Men 85-89 200 Yard Freestyle

```

=====
ZONE: Z 3:29.44  4/16/1989 Gus Langner
NATL: ! 2:50.54  5/8/2010 FRANK PIEMME
Name           Age Team           Seed    Finals    Points
=====
1 Barnes, Calvin    87 VIRGINIA MASTERS    3:54.00  3:44.80      9
      50.66      1:48.23 (57.57)    2:45.33 (57.10)    3:44.80 (59.47)

```

Men 85-89 500 Yard Freestyle

```

=====
ZONE: Z 10:06.01 4/24/2010 Calvin Barnes, Virginia Masters
NATL: ! 7:54.01  5/7/2010 FRANK PIEMME
Name           Age Team           Seed    Finals    Points
=====

```

```

=====
1 Barnes, Calvin      87 VIRGINIA MASTERS      9:00.00  10:13.16      9
    53.83      1:51.45 (57.62)      2:54.11 (1:02.66)      3:55.01 (1:00.90)
4:59.09 (1:04.08)      6:02.31 (1:03.22)      7:05.94 (1:03.63)      8:07.41 (1:01.47)
8:35.82 (28.41)      10:13.16 (1:37.34)

```

Men 85-89 1000 Yard Freestyle

```

=====
ZONE: Z 21:45.73      5/9/1993 Gus Langner
NATL: ! 16:28.80      5/7/2010 FRANK PIEMME
Name      Age Team      Seed      Finals      Points
=====
1 Barnes, Calvin      87 VIRGINIA MASTERS      18:00.00  20:24.94Z      9
    53.23      1:49.94 (56.71)      2:48.73 (58.79)      3:48.19 (59.46)
4:49.63 (1:01.44)      5:51.27 (1:01.64)      6:52.74 (1:01.47)      7:53.85 (1:01.11)
8:55.30 (1:01.45)      9:57.76 (1:02.46)      11:00.66 (1:02.90)      12:03.57 (1:02.91)
13:07.37 (1:03.80)      14:10.32 (1:02.95)      15:12.67 (1:02.35)      16:13.86 (1:01.19)
17:17.59 (1:03.73)      18:20.97 (1:03.38)      19:24.43 (1:03.46)      20:24.94 (1:00.51)

```

Men 85-89 200 Yard Backstroke

```

=====
ZONE: Z 4:00.11      4/24/2010 Calvin Barnes, Virginia Masters
NATL: ! 3:36.68      2/2/2008 WILLARD LAMB
Name      Age Team      Seed      Finals      Points
=====
-- Barnes, Calvin      87 VIRGINIA MASTERS      4:12.00      DQ
39 Did not finish on back
    58.54      2:01.78 (1:03.24)      3:05.36 (1:03.58)      DQ (1:02.80)

```

Women 18+ 200 Yard Freestyle Relay

```

=====
ZONE: Z 1:41.60      2006 Terrapin Masters
NATL: ! 1:36.25      5/18/2003 SAN DIEGO
K PIPES-NEILSEN, H DEFELICE, A FROGLEY, A TERRY
Team      Seed      Finals      Points
=====
1 CURL BURKE MASTERS SWIMMING, I 'B'      2:20.00  1:53.10      18
  1) Froemke, Lara W21      2) Epstein, Lindsay W27
  3) Rawson, Laurelyn W39      4) Van Horn, Alaina W30
    26.13      57.17 (31.04)      1:25.58 (28.41)      1:53.10 (27.52)
2 CURL BURKE MASTERS SWIMMING, I 'A'      2:00.00  1:54.21      14
  1) Lam, Julia W24      2) Rasch, Bettina W20
  3) Schmitt, Jacqueline W19      4) Perry, Elisabeth W24
    30.17      58.12 (27.95)      1:26.43 (28.31)      1:54.21 (27.78)
3 RESTON MASTERS SWIM TEAM 'E'      2:52.52  1:56.62      12
  1) Jones, Caylin W22      2) Basile, Kimberly W25
  3) Cardy, Andrea W31      4) Fry-Jones, Jessica W31

```


| | | | | |
|----------------------------------|-------|-------------------------|-----------------|-----------------|
| | 30.12 | 57.71 (27.59) | 1:28.59 (30.88) | 1:56.62 (28.03) |
| 4 PATRIOT MASTERS SWIM TEAM 'A' | | | 2:09.00 2:05.03 | 10 |
| 1) Yu, Melanie W29 | | 2) Garcia, Natalia W32 | | |
| 3) Cunningham, Catherine W24 | | 4) Carreño, Eliana W25 | | |
| | 28.97 | 56.66 (27.69) | 1:41.81 (45.15) | 2:05.03 (23.22) |
| 5 MERRITT MARLINS 'A' | | | NT 2:08.23 | 8 |
| 1) Kratz, Caley W25 | | 2) Boilini, Lauren W27 | | |
| 3) Cummings, Patricia W34 | | 4) Pumphrey, Katie W23 | | |
| | 29.24 | 1:07.35 (38.11) | 1:39.71 (32.36) | 2:08.23 (28.52) |
| 6 VIRGINIA MASTERS SWIM TEAM 'B' | | | NT 2:46.28 | 6 |
| 1) Stewart, Shannon W30 | | 2) Cohen, Elizabeth W29 | | |
| 3) Lotz, Ariel W38 | | 4) Nelson, Rachel W19 | | |
| | 33.42 | 1:41.05 (1:07.63) | 2:16.88 (35.83) | 2:46.28 (29.40) |

Women 18+ 400 Yard Freestyle Relay

ZONE: Z 3:47.29 4/25/2010 Reston Masters Swim Team, Reston Masters S
 J Van Erden, J Orton, J Brielmaier, J O'Reilly
 NATL: ! 3:38.39 3/29/2009 RED TIDE NYC
 K MOUGHTY, T SHPAIZER, S WAGER, K GARY

| Team | Seed | Finals | Points |
|--------------------------------------|-----------------|--------------------------|-----------------------------------|
| 1 RESTON MASTERS SWIM TEAM 'B' | 4:01.00 | 4:02.33 | 18 |
| 1) Basile, Kimberly W25 | | 2) Jones, Caylin W22 | |
| 3) Van Erden, Jayme W25 | | 4) Carlson, Jennifer W31 | |
| | 30.85 | 1:02.48 (1:02.48) | 1:33.03 (30.55) 2:06.26 (1:03.78) |
| | 2:32.95 (26.69) | 3:03.07 (56.81) | 3:32.07 (29.00) 4:02.33 (59.26) |
| 2 CURL BURKE MASTERS SWIMMING, I 'B' | 4:41.00 | 4:21.44 | 14 |
| 1) Rasch, Bettina W20 | | 2) Lam, Julia W24 | |
| 3) Schmitt, Jacqueline W19 | | 4) Perry, Elisabeth W24 | |
| | 30.09 | 1:02.44 (1:02.44) | 1:34.40 (31.96) 2:11.32 (1:08.88) |
| | 2:42.50 (31.18) | 3:17.43 (1:06.11) | 3:48.03 (30.60) 4:21.44 (1:04.01) |

Women 18+ 800 Yard Freestyle Relay

ZONE: Z 8:10.58 4/4/2004 Terrapin Masters
 NATL: ! 7:55.34 3/29/2009 RED TIDE NYC
 K MOUGHTY, S UPTON, J KELSEY, K GARY

| Team | Seed | Finals | Points |
|--------------------------------------|-----------------|-------------------------|-------------------------------------|
| 1 CURL BURKE MASTERS SWIMMING, I 'A' | 10:30.00 | 9:32.54 | 18 |
| 1) Froemke, Lara W21 | | 2) Epstein, Lindsay W27 | |
| 3) Pearson, Maryellen W29 | | 4) Van Horn, Alaina W30 | |
| | 31.96 | 1:07.76 (1:07.76) | 1:45.48 (1:45.48) 2:22.04 (2:22.04) |
| | 2:55.48 (33.44) | 3:34.04 (1:12.00) | 4:15.44 (1:53.40) 4:55.80 (2:33.76) |
| | 5:27.26 (31.46) | 6:02.25 (1:06.45) | 6:37.77 (1:41.97) 7:12.82 (2:17.02) |
| | 7:45.73 (32.91) | 8:21.41 (1:08.59) | 8:57.19 (1:44.37) 9:32.54 (2:19.72) |

Women 18+ 200 Yard Medley Relay

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ZONE: Z 1:52.97   4/23/2005 Terrapin Masters
NATL: ! 1:48.84   5/23/2010 CLEMSON
                C SEED, S CEFALU, S PORRI, L SINDALL
Team              Seed      Finals      Points
=====
1 CURL BURKE MASTERS SWIMMING, I 'A'          2:00.00   2:00.46         18
  1) Schmitt, Jacqueline W19                   2) Fuchs, Lauren W24
  3) Rasch, Bettina W20                         4) Perry, Elisabeth W24
      30.75   1:03.50 (32.75)   1:33.38 (29.88)   2:00.46 (27.08)
2 RESTON MASTERS SWIM TEAM 'E'                2:16.00   2:13.34         14
  1) Jones, Caylin W22                          2) Cardy, Andrea W31
  3) Cuccuini, Samantha W33                     4) Basile, Kimberly W25
      32.86   1:08.96 (36.10)   1:46.05 (37.09)   2:13.34 (27.29)
3 RED TIDE 'E'                                2:12.00   2:18.72         12
  1) Appleby, Heather W22                       2) Mestecky, Rowan W44
  3) Frisch, Alexandria W32                    4) Levi, Susie W36
      38.22   1:18.61 (40.39)   1:50.34 (31.73)   2:18.72 (28.38)
4 PATRIOT MASTERS SWIM TEAM 'A'              2:41.00   2:47.52         10
  1) Decarli, Carmen W71                       2) Toner, Karlin W49
  3) Carreño, Eliana W25                       4) Cunningham, Catherine W24
      58.32   1:35.81 (37.49)   2:47.52 (1:11.71)
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Women 18+ 400 Yard Medley Relay

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ZONE: Z 4:03.73   4/4/2004 Terrapin Masters
NATL: ! 4:03.73   4/4/2004 TERRAPIN
                J TEERLINK, J MARTIN, K BOWMAN, M STAKEM
Team              Seed      Finals      Points
=====
1 RESTON MASTERS SWIM TEAM 'A'                4:20.20   4:24.19         18
  1) Jones, Caylin W22                          2) Lichtblau, Jennifer W26
  3) Carlson, Jennifer W31                     4) Van Erden, Jayme W25
      33.64   1:10.16 (1:10.16)   1:44.97 (34.81)   2:23.06 (1:12.90)
      2:54.54 (31.48)   3:28.15 (1:05.09)   3:54.88 (26.73)   4:24.19 (56.04)
2 CURL BURKE MASTERS SWIMMING, I 'A'          5:30.00   4:41.94         14
  1) Schmitt, Jacqueline W19                   2) Fuchs, Lauren W24
  3) Van Horn, Alaina W30                      4) Perry, Elisabeth W24
      35.24   1:11.84 (1:11.84)   1:47.37 (35.53)   3:01.27 (1:49.43)
      3:40.11 (38.84)   4:08.86 (28.75)   4:41.94 (1:01.83)
3 CURL BURKE MASTERS SWIMMING, I 'B'          6:00.00   5:13.39         12
  1) Rawson, Laurelyn W39                      2) Pearson, Maryellen W29
  3) Rasch, Bettina W20                       4) Lam, Julia W24
      41.14   1:24.46 (1:24.46)   2:03.41 (38.95)   2:47.30 (1:22.84)
      3:22.56 (35.26)   4:06.84 (1:19.54)   4:38.07 (31.23)   5:13.39 (1:06.55)
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Women 25+ 200 Yard Freestyle Relay

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ZONE: Z 1:40.67 4/24/2010 Red Tide, Red Tide
 S Wager, K Gary, T Shpaizer, J Kelsey

NATL: ! 1:35.40 5/3/2008 SMU MASTERS
 D DIEZI, L HOLT, M CHOW, K MCCLELLAND

| Team | Seed | Finals | Points |
|--------------------------------|----------------------------|-----------------|-----------------|
| 1 WARD'S SWIM CLUB 'A' | 1:44.97 | 1:46.51 | 18 |
| 1) Williams, Susan W45 | 2) Natali, Eileen W54 | | |
| 3) Rai, Vanessa W28 | 4) Conze, Margaret W39 | | |
| 26.20 | 53.48 (27.28) | 1:21.88 (28.40) | 1:46.51 (24.63) |
| 2 RESTON MASTERS SWIM TEAM 'D' | 1:45.45 | 1:46.93 | 14 |
| 1) Van Erden, Jayme W25 | 2) Pitman, Suni W35 | | |
| 3) Lichtblau, Jennifer W26 | 4) Carlson, Jennifer W31 | | |
| 25.85 | 53.12 (27.27) | 1:20.68 (27.56) | 1:46.93 (26.25) |
| 3 RED TIDE 'A' | 1:58.00 | 1:53.87 | 12 |
| 1) Alter, Zahava W25 | 2) Greenberg, Megan W25 | | |
| 3) Levi, Susie W36 | 4) Tutschek, Elizabeth W28 | | |
| 30.64 | 1:00.41 (29.77) | 1:28.12 (27.71) | 1:53.87 (25.75) |
| 4 COLONIALS 1776 'B' | 1:53.71 | 1:54.22 | 10 |
| 1) Booth, Gretchen W40 | 2) Campbell, Tara W40 | | |
| 3) Sheckler, Erica W32 | 4) Henkel, Carrie W32 | | |
| 29.42 | 59.38 (29.96) | 1:27.46 (28.08) | 1:54.22 (26.76) |
| 5 BINGHAMTON UNIV MASTERS 'A' | 2:00.00 | 1:59.70 | 8 |
| 1) Brown, Jessica W28 | 2) Smith, Jessica W26 | | |
| 3) Tourtual, Dorothy W59 | 4) Qu, Yun W32 | | |
| 29.35 | 58.77 (29.42) | 1:33.22 (34.45) | 1:59.70 (26.48) |
| 6 RED TIDE 'B' | 2:06.00 | 2:09.06 | 6 |
| 1) Tringale, Mary-Theresa W28 | 2) Vail, Juliana W30 | | |
| 3) Cohen, Rachel W33 | 4) Fairman, Abigail W34 | | |
| 33.24 | 1:06.68 (33.44) | 1:38.84 (32.16) | 2:09.06 (30.22) |

Women 25+ 400 Yard Freestyle Relay

=====

ZONE: Z 3:39.54 4/25/2010 Red Tide, Red Tide
 J Kelsey, T Shpaizer, S Wager, K Gary

NATL: ! 3:37.75 4/14/1991 WALNUT CREEK
 C LEWIS, P ROEMER, W INGRAHM, S SHAND

| Team | Seed | Finals | Points |
|-------------------------------|-----------------------|-----------------|-----------------|
| 1 COLONIALS 1776 'A' | 4:04.88 | 4:14.49 | 18 |
| 1) Booth, Gretchen W40 | 2) Campbell, Tara W40 | | |
| 3) Sheckler, Erica W32 | 4) Henkel, Carrie W32 | | |
| | 3:15.62 () | 3:43.50 (27.88) | 4:14.49 (58.87) |
| 2 BINGHAMTON UNIV MASTERS 'A' | 4:36.00 | 4:22.83 | 14 |

| | | | | |
|---------------------------------------|----------------------------|-----------------|-------------------|--|
| 1) Tourtual, Dorothy W59 | 2) Brown, Jessica W28 | | | |
| 3) Smith, Jessica W26 | 4) Qu, Yun W32 | | | |
| 36.49 | 1:15.89 (1:15.89) | 1:46.31 (30.42) | 2:20.80 (1:04.91) | |
| 2:51.68 (30.88) | 3:25.07 (1:04.27) | 3:52.78 (27.71) | 4:22.83 (57.76) | |
| 3 RESTON MASTERS SWIM TEAM 'C' | 4:23.00 | 4:25.73 | 12 | |
| 1) Fry-Jones, Jessica W31 | 2) Lichtblau, Jennifer W26 | | | |
| 3) Cardy, Andrea W31 | 4) Cucuini, Samantha W33 | | | |
| 31.14 | 1:04.41 (1:04.41) | 1:33.45 (29.04) | 2:05.64 (1:01.23) | |
| 2:37.56 (31.92) | 3:13.22 (1:07.58) | 3:48.23 (35.01) | 4:25.73 (1:12.51) | |
| -- CURL BURKE MASTERS SWIMMING, I 'A' | 4:40.00 | | DQ | |
| 71 Early take-off swimmer #4 | | | | |
| 1) Van Horn, Alaina W30 | 2) Rawson, Laurelyn W39 | | | |
| 3) Butler, Andrea W30 | 4) Cartwright, Sara W25 | | | |
| 31.00 | 1:38.86 () | | 2:15.70 () | |
| 2:58.30 (42.60) | 3:47.57 (1:31.87) | 4:13.73 (26.16) | DQ (57.66) | |

Women 25+ 800 Yard Freestyle Relay

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ZONE: Z 8:03.09 4/24/2010 Red Tide, Red Tide
J Kelsey, T Shpaizer, S Wager, K Gary
NATL: ! 7:59.38 4/14/1996 WALNUT CREEK
P LEACH, W INGRAHAM, M GHIGGERI, S SHAND
=====
Team Seed Finals Points
=====
1 COLONIALS 1776 'A' 9:17.11 9:07.16 18
1) Henkel, Carrie W32 2) Hug, Laurie W45
3) Sheckler, Erica W32 4) Booth, Gretchen W40
31.14 1:04.40 (1:04.40) 1:38.40 (1:38.40) 2:11.76 (2:11.76)
2:42.12 (30.36) 3:16.36 (1:04.60) 3:51.64 (1:39.88) 4:25.63 (2:13.87)
4:56.03 (30.40) 5:29.84 (1:04.21) 6:06.32 (1:40.69) 6:41.84 (2:16.21)
6:58.20 (16.36) 7:15.05 (33.21) 7:52.49 (1:10.65) 9:07.16 (2:25.32)
2 BINGHAMTON UNIV MASTERS 'A' 10:15.00 9:45.72 14
1) Smith, Jessica W26 2) Brown, Jessica W28
3) Tourtual, Dorothy W59 4) Qu, Yun W32
32.32 1:08.93 (1:08.93) 1:46.57 (1:46.57) 2:21.10 (2:21.10)
2:54.83 (33.73) 3:32.30 (1:11.20) 4:11.36 (1:50.26) 4:48.17 (2:27.07)
5:26.90 (38.73) 6:08.72 (1:20.55) 6:52.26 (2:04.09) 7:34.50 (2:46.33)
8:04.64 (30.14) 8:38.60 (1:04.10) 9:13.37 (1:38.87) 9:45.72 (2:11.22)
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Women 25+ 200 Yard Medley Relay

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ZONE: Z 1:50.68 4/15/2007 Curl-Burke Swim Club
NATL: ! 1:45.01 5/4/2008 SMU
L, K MCCLELLAND, L HOLT, D DIEZI
=====
Team Seed Finals Points
=====
1 RED TIDE 'A' 1:57.00 1:53.92 18
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| | | | | |
|--------------------------------------|---|-----------------|-----------------|----|
| 1) Gary, Kristin W43 | 2) Shpaizer, Tal W28 | | | |
| 3) Tutschek, Elizabeth W28 | 4) Wager, Susan W45 | | | |
| 28.54 | 1:00.46 (31.92) | 1:28.31 (27.85) | 1:53.92 (25.61) | |
| 2 RESTON MASTERS SWIM TEAM 'D' | | 2:07.00 | 1:59.18 | 14 |
| 1) Fry-Jones, Jessica W31 | 2) Lichtblau, Jennifer W26 | | | |
| 3) Carlson, Jennifer W31 | 4) Van Erden, Jayme W25 | | | |
| 31.26 | 1:04.32 (33.06) | 1:33.61 (29.29) | 1:59.18 (25.57) | |
| 3 RED TIDE 'B' | | 2:03.00 | 2:05.93 | 12 |
| 1) Armentrout, Anna W39 | 2) Dougherty, Erin W28 | | | |
| 3) Alter, Zahava W25 | 4) Upton, Sara W35 | | | |
| 30.32 | 1:06.62 (36.30) | 1:36.74 (30.12) | 2:05.93 (29.19) | |
| 4 PATRIOT MASTERS SWIM TEAM 'A' | | 2:07.00 | 2:07.01 | 10 |
| 1) Clifford-Dicks, Barbara W44 | 2) Moy, Elaina W37 | | | |
| 3) Garcia, Natalia W32 | 4) Ward, Cheryl W44 | | | |
| 30.88 | 1:10.37 (39.49) | 1:40.68 (30.31) | 2:07.01 (26.33) | |
| 5 COLONIALS 1776 'B' | | 2:11.97 | 2:12.15 | 8 |
| 1) Booth, Gretchen W40 | 2) Sheckler, Erica W32 | | | |
| 3) Henkel, Carrie W32 | 4) Campbell, Tara W40 | | | |
| 33.00 | | 1:41.32 () | 2:12.15 (30.83) | |
| 6 CURL BURKE MASTERS SWIMMING, I 'B' | | 2:10.00 | 2:12.77 | 6 |
| 1) Van Horn, Alaina W30 | 2) Butler, Andrea W30 | | | |
| 3) Cartwright, Sara W25 | 4) Rawson, Laurelyn W39 | | | |
| 33.28 | 1:17.95 (44.67) | 1:44.43 (26.48) | 2:12.77 (28.34) | |
| 7 BINGHAMTON UNIV MASTERS 'A' | | 2:18.00 | 2:14.29 | 4 |
| 1) Smith, Jessica W26 | 2) Qu, Yun W32 | | | |
| 3) Brown, Jessica W28 | 4) Tourtual, Dorothy W59 | | | |
| 34.85 | 1:09.63 (34.78) | 1:40.92 (31.29) | 2:14.29 (33.37) | |
| 8 RED TIDE 'C' | | 2:40.00 | 2:24.17 | 2 |
| 1) Vail, Juliana W30 | 2) Tringale, Mary-Theresa W28 | | | |
| 3) Greenberg, Megan W25 | 4) Fairman, Abigail W34 | | | |
| 36.99 | 1:19.48 (42.49) | 1:54.01 (34.53) | 2:24.17 (30.16) | |
| -- RED TIDE 'D' | | 3:05.00 | DQ | |
| 70 Stroke Infraction swimmer #1: | 34 Delay initiating arm pull at turn - back | | | |
| 1) Colby, Laura W53 | 2) Yamashita, Miki W44 | | | |
| 3) Vasileva, Mariya W32 | 4) Charles, Barbara W66 | | | |
| 42.66 | | 2:13.74 () | DQ (39.32) | |

Women 25+ 400 Yard Medley Relay

| | | | |
|--|---------------------|-----------------------|--------|
| ===== | | | |
| ZONE: Z | 4:09.62 | 2007 Curl-Burke | |
| NATL: ! | 4:02.73 | 3/30/2008 SMU MASTERS | |
| L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, M CHOW | | | |
| Team | Seed | Finals | Points |
| ===== | | | |
| 1 RED TIDE 'A' | 4:05.00 | 4:21.34 | 18 |
| 1) Gary, Kristin W43 | 2) Upton, Sara W35 | | |
| 3) Shpaizer, Tal W28 | 4) Wager, Susan W45 | | |

| | | | | |
|--------------------------------|-----------------|-------------------|--------------------------|-------------------|
| | 29.70 | 1:00.07 (1:00.07) | 1:39.90 (39.83) | 2:25.16 (1:25.09) |
| | 2:53.40 (28.24) | 3:26.28 (1:01.12) | 3:52.97 (26.69) | 4:21.34 (55.06) |
| 2 RESTON MASTERS SWIM TEAM 'B' | | | 4:45.45 | 4:47.73 14 |
| 1) Fry-Jones, Jessica W31 | | | 2) Cardy, Andrea W31 | |
| 3) Basile, Kimberly W25 | | | 4) Dawson, Mandy W48 | |
| | 34.18 | 1:10.78 (1:10.78) | 1:48.73 (37.95) | 2:31.76 (1:20.98) |
| | 3:03.84 (32.08) | 3:39.16 (1:07.40) | 4:10.66 (31.50) | 4:47.73 (1:08.57) |
| 3 BINGHAMTON UNIV MASTERS 'A' | | | 5:20.00 | 5:10.60 12 |
| 1) Brown, Jessica W28 | | | 2) Qu, Yun W32 | |
| 3) Smith, Jessica W26 | | | 4) Tourtual, Dorothy W59 | |
| | 37.86 | 1:18.52 (1:18.52) | 1:55.11 (36.59) | 2:36.83 (1:18.31) |
| | 3:11.42 (34.59) | 3:53.14 (1:16.31) | 4:30.04 (36.90) | 5:10.60 (1:17.46) |

Women 35+ 200 Yard Freestyle Relay

| | | | | |
|---------------------------------|--|-----------------|--------------------------|-----------------|
| ===== | | | | |
| | ZONE: Z | 1:46.45 | 2001 Metro | |
| | NATL: ! | 1:36.90 | 5/18/2003 ROCKY MTN | |
| | A PETTIS SCOTT, K GARNIER, S VON DER LIPPE, C SAPP | | | |
| Team | | Seed | Finals | Points |
| ===== | | | | |
| 1 QUEST MASTERS SWIM TEAM 'A' | | 1:58.00 | 1:53.63 | 18 |
| 1) Buscaglia, Caycee W46 | | | 2) Hunter, Dee W45 | |
| 3) Cleary, Kelly W47 | | | 4) Jacobson, Kristan W38 | |
| | 28.55 | 58.17 (29.62) | 1:25.63 (27.46) | 1:53.63 (28.00) |
| 2 PATRIOT MASTERS SWIM TEAM 'B' | | 1:54.00 | 1:54.28 | 14 |
| 1) Livingston, Leslie W49 | | | 2) Ward, Cheryl W44 | |
| 3) Clifford-Dicks, Barbara W44 | | | 4) Toner, Karlin W49 | |
| | 26.90 | 53.38 (26.48) | 1:21.64 (28.26) | 1:54.28 (32.64) |
| 3 RED TIDE 'C' | | 2:12.00 | 2:20.58 | 12 |
| 1) Charles, Barbara W66 | | | 2) Colby, Laura W53 | |
| 3) Yamashita, Miki W44 | | | 4) Mestecky, Rowan W44 | |
| | 36.84 | 1:14.72 (37.88) | 1:40.83 (26.11) | 2:20.58 (39.75) |
| 4 RESTON MASTERS SWIM TEAM 'C' | | 2:17.17 | 2:23.51 | 10 |
| 1) Katsaros, Sheryl W41 | | | 2) Pohnert, Annie W43 | |
| 3) Dawson, Mandy W48 | | | 4) Swanson, Aurora W38 | |
| | 29.40 | 1:20.85 (51.45) | 2:23.51 (1:02.66) | |

Women 35+ 800 Yard Freestyle Relay

| | | | | |
|--------------------------------|--|----------|-------------------------|--------|
| ===== | | | | |
| | ZONE: Z | 8:37.23 | 2002 Virginia | |
| | NATL: ! | 8:00.23 | 4/27/2003 SAN DIEGO | |
| | B KNIGHT, K PIPES-NEILSEN, J COOVER, C KRATTLI | | | |
| Team | | Seed | Finals | Points |
| ===== | | | | |
| 1 RESTON MASTERS SWIM TEAM 'B' | | 10:15.15 | 10:03.78 | 18 |
| 1) Pitman, Suni W35 | | | 2) Swanson, Aurora W38 | |
| 3) Wymelenberg, Lynn W55 | | | 4) Katsaros, Sheryl W41 | |

| | | | | |
|-----------------|-------|-------------------|-------------------|--------------------|
| | 32.09 | 1:07.21 (1:07.21) | 1:43.71 (1:43.71) | 2:22.04 (2:22.04) |
| 2:56.01 (33.97) | | 3:36.23 (1:14.19) | 4:18.87 (1:56.83) | 5:00.01 (2:37.97) |
| 5:34.50 (34.49) | | 6:15.48 (1:15.47) | 6:57.28 (1:57.27) | 7:37.19 (2:37.18) |
| 8:11.45 (34.26) | | 8:49.05 (1:11.86) | 9:26.94 (1:49.75) | 10:03.78 (2:26.59) |

Women 35+ 200 Yard Medley Relay

=====

ZONE: Z 1:58.26 2000 Colonials 1776
 NATL: ! 1:48.55 5/14/2006 COLORADO
 S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

| Team | Seed | Finals | Points |
|--------------------------------|--------------------------|-----------------|-----------------|
| 1 QUEST MASTERS SWIM TEAM 'A' | NT | 2:11.83 | 18 |
| 1) Buscaglia, Caycee W46 | 2) Jacobson, Kristan W38 | | |
| 3) Cleary, Kelly W47 | 4) Hunter, Dee W45 | | |
| 31.79 | 1:10.14 (38.35) | 1:42.42 (32.28) | 2:11.83 (29.41) |
| 2 RESTON MASTERS SWIM TEAM 'C' | 2:35.00 | 2:35.03 | 14 |
| 1) Swanson, Aurora W38 | 2) Pohnert, Annie W43 | | |
| 3) Pitman, Suni W35 | 4) Katsaros, Sheryl W41 | | |
| 35.36 | 1:30.68 (55.32) | 2:04.39 (33.71) | 2:35.03 (30.64) |

Women 35+ 400 Yard Medley Relay

=====

ZONE: Z 4:15.70 2000 Colonials 1776
 NATL: ! 4:07.99 4/27/2003 SAN DIEGO
 K PIPES-NIELSEN, C KRATTLI, J COOVER, B KNIGHT

| Team | Seed | Finals | Points |
|---------------------------------|----------------------|-----------------|-------------------|
| 1 PATRIOT MASTERS SWIM TEAM 'A' | 4:39.00 | 4:39.80 | 18 |
| 1) Clifford-Dicks, Barbara W44 | 2) Toner, Karlin W49 | | |
| 3) Livingston, Leslie W49 | 4) Ward, Cheryl W44 | | |
| 32.58 | 1:06.88 (1:06.88) | 1:46.83 (39.95) | 2:34.28 (1:27.40) |
| 3:04.28 (30.00) | 3:39.26 (1:04.98) | 4:07.73 (28.47) | 4:39.80 (1:00.54) |

Women 45+ 200 Yard Freestyle Relay

=====

ZONE: Z 1:51.84 2003 Virginia
 NATL: ! 1:42.11 5/22/2010 NORTH CAROLINA
 E NOWAK, F MCEACHRAN, C SOUTHER, S WALSH

| Team | Seed | Finals | Points |
|--------------------------------|------------------------|-----------------|-----------------|
| 1 COLONIALS 1776 'A' | 1:56.37 | 1:54.27 | 18 |
| 1) Swanson, Vibeke W49 | 2) Bright, Janet W55 | | |
| 3) Hug, Laurie W45 | 4) Jordan, Tammy W51 | | |
| 27.64 | 56.19 (28.55) | 1:25.20 (29.01) | 1:54.27 (29.07) |
| 2 RESTON MASTERS SWIM TEAM 'A' | 1:54.54 | 1:56.91 | 14 |
| 1) Johnson, Mindy W47 | 2) Moyer, Michelle W48 | | |

| | |
|--------------------------------|---------------------------------|
| 3) Brightwell, Kim W51 | 4) Hajost, Cynthia W51 |
| 28.97 1:00.38 (31.41) | 1:27.83 (27.45) 1:56.91 (29.08) |
| 3 RESTON MASTERS SWIM TEAM 'B' | 2:44.44 2:43.77 12 |
| 1) Hajost, Rosemary W78 | 2) Manheim, Lucy W68 |
| 3) Casey, Sheila W54 | 4) Wymelenberg, Lynn W55 |
| 54.04 1:37.27 (43.23) | 2:43.77 (1:06.50) |

Women 45+ 400 Yard Freestyle Relay

=====

ZONE: Z 4:21.22 4/26/2009 Curl-Burke Swim Club
 NATL: ! 3:55.16 4/7/2002 NEM
 J FELDMANN, J LUKER, G WETTACH, J HIRSTY

| Team | Seed | Finals | Points |
|--------------------------------|------------------------|-------------------|-------------------|
| 1 RESTON MASTERS SWIM TEAM 'A' | 4:19.00 | 4:19.78Z | 18 |
| 1) Hyland, Cynthia W50 | 2) Brightwell, Kim W51 | | |
| 3) Hajost, Cynthia W51 | 4) Johnson, Mindy W47 | | |
| 33.35 1:09.03 (1:09.03) | 1:39.77 (30.74) | 2:12.34 (1:03.31) | |
| 2:44.11 (31.77) | 3:17.54 (1:05.20) | 3:47.51 (29.97) | 4:19.78 (1:02.24) |

Women 45+ 800 Yard Freestyle Relay

=====

ZONE: Z 9:42.96 1993 DC Masters
 NATL: ! 8:39.13 4/13/2008 WALNUT CREEK
 M CURRAN, L VIDAL, L SULLIVAN, C O'BRIEN

| Team | Seed | Finals | Points |
|--------------------------------|------------------------|-------------------|-------------------|
| 1 RESTON MASTERS SWIM TEAM 'A' | 10:05.05 | 9:45.99 | 18 |
| 1) Brightwell, Kim W51 | 2) Johnson, Mindy W47 | | |
| 3) Moyer, Michelle W48 | 4) Hajost, Cynthia W51 | | |
| 32.68 1:07.78 (1:07.78) | 1:44.29 (1:44.29) | 2:18.73 (2:18.73) | |
| 2:52.16 (33.43) | 3:29.78 (1:11.05) | 4:09.43 (1:50.70) | 4:48.36 (2:29.63) |
| 5:24.03 (35.67) | 6:02.99 (1:14.63) | 6:42.97 (1:54.61) | 7:21.56 (2:33.20) |
| 7:54.40 (32.84) | 8:31.45 (1:09.89) | 9:09.56 (1:48.00) | 9:45.99 (2:24.43) |

Women 45+ 200 Yard Medley Relay

=====

ZONE: Z 2:11.68 4/13/2008 Reston Masters Swim Team
 NATL: ! 1:53.31 5/23/2010 NORTH CAROLINA
 S WALSH, E NOWAK, C SOUTHER, F MCEACHRAN

| Team | Seed | Finals | Points |
|--------------------------------|----------------------|-----------------|--------|
| 1 COLONIALS 1776 'A' | 1:59.00 | 2:09.98Z | 18 |
| 1) Keisling, Christine W54 | 2) Jordan, Tammy W51 | | |
| 3) Swanson, Vibeke W49 | 4) Hug, Laurie W45 | | |
| 30.90 1:09.77 (38.87) | 1:40.41 (30.64) | 2:09.98 (29.57) | |
| 2 RESTON MASTERS SWIM TEAM 'F' | 2:11.00 | 2:15.63 | 14 |

| | | | | |
|--------------------------------------|---------------------------|-----------------|-------------------|----|
| 1) Hajost, Cynthia W51 | 2) Brightwell, Kim W51 | | | |
| 3) Hyland, Cynthia W50 | 4) Johnson, Mindy W47 | | | |
| 36.05 | 1:13.30 (37.25) | 1:47.42 (34.12) | 2:15.63 (28.21) | |
| 3 RESTON MASTERS SWIM TEAM 'A' | | 2:31.00 | 2:24.77 | 12 |
| 1) Moyer, Michelle W48 | 2) Dawson, Mandy W48 | | | |
| 3) Casey, Sheila W54 | 4) Wymelenberg, Lynn W55 | | | |
| 38.43 | 1:19.06 (40.63) | 1:56.14 (37.08) | 2:24.77 (28.63) | |
| 4 RESTON MASTERS SWIM TEAM 'B' | | 3:25.00 | 3:34.98 | 10 |
| 1) Hajost, Rosemary W78 | 2) Manheim, Lucy W68 | | | |
| 3) Li, Eileen W50 | 4) McGuire, Elizabeth W54 | | | |
| 1:05.02 | 2:08.76 (1:03.74) | 2:27.88 (19.12) | 3:34.98 (1:07.10) | |
| 5 NORTH CAROLINA MASTERS SWIMMIN 'A' | | 4:00.00 | 4:03.58 | 8 |
| 1) Klein, Judith W77 | 2) Sireuil, Elissa W49 | | | |
| 3) Sundel, Nanci W45 | 4) Sprung, Priscilla W70 | | | |
| 1:10.06 | 2:11.12 (1:01.06) | 2:38.05 (26.93) | 4:03.58 (1:25.53) | |

Women 45+ 400 Yard Medley Relay

| | | | | |
|----------------------------------|--------------------------------|-----------------|-------------------|------------|
| ===== | | | | |
| ZONE: Z | 4:57.56 | 1997 Colonials | 1776 | |
| NATL: ! | 4:12.53 | 4/11/2010 | OREGON | |
| | | V JENKINS, C | CRABBE, A | DELMAGE, K |
| | | ANDRUS-HUGHES | | |
| Team | | Seed | Finals | Points |
| ===== | | | | |
| 1 COLONIALS 1776 'A' | | 4:37.21 | 4:48.10Z | 18 |
| 1) Swanson, Vibeke W49 | 2) Bright, Janet W55 | | | |
| 3) Hug, Laurie W45 | 4) McCormick, Betsy W54 | | | |
| 32.76 | 1:07.08 (1:07.08) | 1:44.60 (37.52) | 2:27.83 (1:20.75) | |
| 3:00.00 (32.17) | 3:38.27 (1:10.44) | 4:11.88 (33.61) | 4:48.10 (1:09.83) | |
| 2 VIRGINIA MASTERS SWIM TEAM 'A' | | NT | 5:27.98 | 14 |
| 1) Page, Kathryn W62 | 2) Bennett, Lisa W54 | | | |
| 3) Braaten, Kitten W55 | 4) Loftus-Charley, Shirley W59 | | | |
| 47.30 | 1:37.52 (1:37.52) | 2:13.05 (35.53) | 2:53.52 (1:16.00) | |
| 3:34.23 (40.71) | 4:22.29 (1:28.77) | 4:53.47 (31.18) | 5:27.98 (1:05.69) | |

Women 65+ 200 Yard Freestyle Relay

| | | | | |
|----------------------------------|------------------------|-----------------|-----------------|--------------|
| ===== | | | | |
| ZONE: Z | 2:20.56 | 2008 Virginia | | |
| NATL: ! | 2:17.20 | 5/22/2010 | VIRGINIA | |
| | | B DURRANT, I | HLAVACEK, B | SCHREINER, B |
| | | ZAREMSKI | | |
| Team | | Seed | Finals | Points |
| ===== | | | | |
| 1 VIRGINIA MASTERS SWIM TEAM 'A' | | NT | 2:29.19 | 18 |
| 1) Detrick, Johnnie W75 | 2) Schreiner, Beth W70 | | | |
| 3) Walker, Laura W73 | 4) Durrant, Betsy W69 | | | |
| 37.71 | 1:11.34 (33.63) | 1:50.60 (39.26) | 2:29.19 (38.59) | |

Women 65+ 800 Yard Freestyle Relay

=====

ZONE: Z 12:03.97 2008 Virginia
 NATL: ! 12:03.97 4/13/2008 VIRGINIA
 B DURRANT, I HLAVACEK, B ZAREMSKI, B SCHREINER

| Team | Seed | Finals | Points |
|----------------------------------|------------------------|--------------------|--------------------|
| 1 VIRGINIA MASTERS SWIM TEAM 'A' | NT | 13:00.31 | 18 |
| 1) Detrick, Johnnie W75 | 2) Schreiner, Beth W70 | | |
| 3) Martin, Judy W68 | 4) Durrant, Betsy W69 | | |
| 44.64 | 1:35.05 (1:35.05) | 2:26.60 (2:26.60) | 3:15.76 (3:15.76) |
| 3:55.27 (39.51) | 4:40.20 (1:24.44) | 5:26.28 (2:10.52) | 6:09.51 (2:53.75) |
| 7:00.66 (51.15) | 7:56.57 (1:47.06) | 8:56.32 (2:46.81) | 9:54.57 (3:45.06) |
| 10:37.29 (42.72) | 11:24.23 (1:29.66) | 12:11.41 (2:16.84) | 13:00.31 (3:05.74) |

Men 18+ 200 Yard Freestyle Relay

=====

ZONE: Z 1:26.42 1991 TA "A"
 NATL: ! 1:18.32 5/22/2010 NORTH CAROLINA
 N BRUNELLI, C JONES, N WESTBY, J SKUBA

| Team | Seed | Finals | Points |
|--------------------------------------|----------------------------|-----------------|-----------------|
| 1 RED TIDE 'A' | 1:35.00 | 1:34.72 | 18 |
| 1) Goodman, Robert M42 | 2) Hernandez, Nicholas M23 | | |
| 3) Rozwadowski, Amir M32 | 4) Werner, Scott M32 | | |
| 25.66 | 50.03 (24.37) | 1:12.50 (22.47) | 1:34.72 (22.22) |
| 2 STONEWALL MASTERS 'A' | 1:36.01 | 1:35.15 | 14 |
| 1) Geissinger, John M24 | 2) Mierzwa, Hank M61 | | |
| 3) De Hart, Pieter M32 | 4) Ginder, Michael M26 | | |
| 22.12 | 51.15 (29.03) | 1:13.75 (22.60) | 1:35.15 (21.40) |
| 3 DISTRICT OF COLUMBIA AQUATICS 'A' | 1:58.50 | 1:55.02 | 12 |
| 1) St Clair, Travis M32 | 2) Linderman, Ross M34 | | |
| 3) Happell, Thomas M22 | 4) Nash, Dawson M57 | | |
| 29.97 | 54.64 (24.67) | 1:25.17 (30.53) | 1:55.02 (29.85) |
| 4 CURL BURKE MASTERS SWIMMING, I 'B' | 3:00.00 | 2:07.00 | 10 |
| 1) Dantas-McCutcheon, Matt M22 | 2) Viellieu, Ben M56 | | |
| 3) Ruckstuhl, Mark M43 | 4) Dearfield, Kerry M58 | | |
| 25.34 | 1:12.23 (46.89) | 1:33.54 (21.31) | 2:07.00 (33.46) |
| -- UNAT 'A' | 1:32.00 | X1:29.83 | |
| 1) Ogren, Theodore M23 | 2) Rodino, Damian M24 | | |
| 3) David, Ryan M23 | 4) Fisher, Kevin M27 | | |
| 22.49 | 45.77 (23.28) | 1:07.55 (21.78) | 1:29.83 (22.28) |

Men 18+ 400 Yard Freestyle Relay

=====

ZONE: Z 3:15.05 1993 Colonials 1776
 NATL: ! 3:05.05 4/16/2010 WMAC
 A BELTON, C GRAVENGOOD, D DICKINSON, A MANIA

| Team | Seed | Finals | Points |
|-------------------------|------------------------|-----------------|-------------------|
| 1 STONEWALL MASTERS 'A' | 3:37.03 | 3:32.89 | 18 |
| 1) Geissinger, John M24 | 2) Mierzwa, Hank M61 | | |
| 3) De Hart, Pieter M32 | 4) Ginder, Michael M26 | | |
| 23.92 | 48.42 (48.42) | 1:19.16 (30.74) | 1:54.95 (1:06.53) |
| 2:18.64 (23.69) | 2:45.00 (50.05) | 3:07.53 (22.53) | 3:32.89 (47.89) |

Men 18+ 800 Yard Freestyle Relay

ZONE: Z 7:12.63 1996 Trigger
 NATL: ! 7:05.96 4/4/2004 DAM
 M CALLAGHAN, Z LEMKE, M ROPER, A NONAKA

| Team | Seed | Finals | Points |
|--------------------------------------|--------------------------------|-------------------|-------------------|
| 1 STONEWALL MASTERS 'A' | 8:35.08 | 8:21.28 | 18 |
| 1) Geissinger, John M24 | 2) Mierzwa, Hank M61 | | |
| 3) De Hart, Pieter M32 | 4) Ginder, Michael M26 | | |
| 27.55 | 58.41 (58.41) | 1:29.18 (1:29.18) | 1:58.95 (1:58.95) |
| 2:30.88 (31.93) | 3:08.07 (1:09.12) | 3:47.47 (1:48.52) | 4:26.89 (2:27.94) |
| 4:54.02 (27.13) | 5:23.77 (56.88) | 5:54.84 (1:27.95) | 6:26.88 (1:59.99) |
| 6:52.01 (25.13) | 7:21.24 (54.36) | 7:51.23 (1:24.35) | 8:21.28 (1:54.40) |
| 2 CURL BURKE MASTERS SWIMMING, I 'A' | 10:00.00 | 8:39.39 | 14 |
| 1) di Filippo, Mario M34 | 2) Dantas-McCutcheon, Matt M22 | | |
| 3) Chung, Jason M30 | 4) Hegna, Jon M32 | | |
| 30.14 | 1:02.75 (1:02.75) | 1:35.88 (1:35.88) | 2:07.46 (2:07.46) |
| 2:36.16 (28.70) | 3:10.92 (1:03.46) | 3:47.30 (1:39.84) | 4:22.89 (2:15.43) |
| 4:41.42 (18.53) | 5:21.93 (59.04) | 5:55.30 (1:32.41) | 6:28.22 (2:05.33) |
| 6:58.48 (30.26) | 7:33.48 (1:05.26) | 8:06.86 (1:38.64) | 8:39.39 (2:11.17) |
| 3 DISTRICT OF COLUMBIA AQUATICS 'A' | 9:40.04 | 9:30.61 | 12 |
| 1) Crowe, John M33 | 2) Linderman, Ross M34 | | |
| 3) Happell, Thomas M22 | 4) Nash, Dawson M57 | | |
| 32.21 | 1:06.22 (1:06.22) | 1:40.69 (1:40.69) | 2:14.51 (2:14.51) |
| 2:44.24 (29.73) | 3:16.59 (1:02.08) | 3:49.57 (1:35.06) | 4:22.05 (2:07.54) |
| 4:56.41 (34.36) | 5:32.81 (1:10.76) | 6:11.28 (1:49.23) | 6:50.24 (2:28.19) |
| 7:25.59 (35.35) | 8:06.06 (1:15.82) | 8:48.78 (1:58.54) | 9:30.61 (2:40.37) |

Men 18+ 200 Yard Medley Relay

ZONE: Z 1:39.21 1991 Connecticut
 NATL: ! 1:30.47 5/23/2010 GEORGIA
 N COPELAND, S JOYCE, P VERHOEF, P BUREN

| Team | Seed | Finals | Points |
|-------------------------|------------------------|---------|--------|
| 1 STONEWALL MASTERS 'A' | 1:42.01 | 1:44.86 | 18 |
| 1) Ginder, Michael M26 | 2) Mierzwa, Hank M61 | | |
| 3) Geissinger, John M24 | 4) De Hart, Pieter M32 | | |

| | | | | |
|----------------------------|-------|-------------------------|-----------------|-----------------|
| | 24.69 | 58.07 (33.38) | 1:22.49 (24.42) | 1:44.86 (22.37) |
| 2 RED TIDE 'A' | | | 3:00.00 1:57.68 | 14 |
| 1) Goodman, Robert M42 | | 2) Neyland, Spencer M45 | | |
| 3) Hernandez, Nicholas M23 | | 4) Uprichard, David M45 | | |
| | 30.84 | 1:04.15 (33.31) | 1:30.85 (26.70) | 1:57.68 (26.83) |

Men 18+ 400 Yard Medley Relay

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ZONE: Z 3:39.04 4/24/2005 Terrapin Masters
NATL: ! 3:29.49 4/18/2010 MICHIGAN
K DOAK, P SAUCEDO, A MULL, A SCHMITT
=====
Team Seed Finals Points
=====
1 STONEWALL MASTERS 'A' 4:01.04 4:00.54 18
1) Ginder, Michael M26 2) Mierzwa, Hank M61
3) Geissinger, John M24 4) De Hart, Pieter M32
27.47 56.60 (56.60) 1:32.70 (36.10) 2:13.73 (1:17.13)
2:39.86 (26.13) 3:09.28 (55.55) 3:33.30 (24.02) 4:00.54 (51.26)
2 CURL BURKE MASTERS SWIMMING, I 'A' 5:00.05 4:27.83 14
1) Gallagher, Jose-Luis M34 2) Chung, Jason M30
3) Dantas-McCutcheon, Matt M22 4) Hegna, Jon M32
27.96 58.56 (58.56) 1:36.82 (38.26) 2:19.70 (1:21.14)
2:50.34 (30.64) 3:25.06 (1:05.36) 3:54.67 (29.61) 4:27.83 (1:02.77)

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Men 25+ 200 Yard Freestyle Relay

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ZONE: Z 1:27.32 2001 Metro
NATL: ! 1:21.82 5/22/2010 CLEMSON AQUATIC
L ASTI, B MACLENNAN, B HERRINGTON, A SCHEERHORN
=====
Team Seed Finals Points
=====
1 VIRGINIA MASTERS SWIM TEAM 'B' NT 1:30.64 18
1) McGraw, Paul M29 2) Clear, Kirk M43
3) Barley, Adam M29 4) Rhodes, Scott M27
23.13 46.51 (23.38) 1:09.34 (22.83) 1:30.64 (21.30)
2 WARD'S SWIM CLUB 'A' 1:30.71 1:33.53 14
1) Bassler, Christopher M29 2) Garner, Sam M25
3) Cicmil, Boris M29 4) Kaufman-O'Reilly, Nicholas M27
24.08 47.77 (23.69) 1:11.15 (23.38) 1:33.53 (22.38)
3 CURL BURKE MASTERS SWIMMING, I 'A' 2:10.00 1:34.24 12
1) di Filippo, Mario M34 2) Chung, Jason M30
3) Hegna, Jon M32 4) Gallagher, Jose-Luis M34
23.96 47.26 (23.30) 1:11.30 (24.04) 1:34.24 (22.94)
4 DISTRICT OF COLUMBIA AQUATICS 'B' 1:39.50 1:37.22 10
1) Koch, Gregory M28 2) Richard, Jean-Philippe M34
3) Moon, WonKee M36 4) Williams, Neill M43
25.38 49.64 (24.26) 1:13.94 (24.30) 1:37.22 (23.28)

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| | | | | | |
|---|---------------------------------|---------------|-------------------------------|-----------------|---|
| 5 | RESTON MASTERS SWIM TEAM 'E' | | 1:40.40 | 1:40.68 | 8 |
| | 1) Thomasian, Aram M25 | | 2) Shultz, Scott M28 | | |
| | 3) Panayotov, Vladimir M26 | | 4) Orton, Adam M29 | | |
| | 26.06 | 50.34 (24.28) | 1:16.11 (25.77) | 1:40.68 (24.57) | |
| 6 | NATIONAL CAPITAL YMCA 'A' | | 1:40.09 | 1:42.09 | 6 |
| | 1) Nakahodo, Sidney M35 | | 2) Gonzales, Francisco M38 | | |
| | 3) Lee, Peter M40 | | 4) Sanchez Torrente, Luis M30 | | |
| | 25.53 | 49.55 (24.02) | 1:18.35 (28.80) | 1:42.09 (23.74) | |
| 7 | SUNFISH MASTERS 'A' | | 1:45.30 | 1:42.78 | 4 |
| | 1) Stone, Jonathan M29 | | 2) Cyganiewicz, John M42 | | |
| | 3) Goins, Todd M49 | | 4) Shattuck, Drew M42 | | |
| | 26.40 | 52.60 (26.20) | 1:18.58 (25.98) | 1:42.78 (24.20) | |
| 8 | WARRENTON MASTERS SWIM TEAM 'A' | | 1:46.00 | 1:43.94 | 2 |
| | 1) Worst, Jeremy M48 | | 2) Lai, V. M29 | | |
| | 3) Iten, Christian M27 | | 4) Tupitza, Charles M56 | | |
| | 27.01 | 52.42 (25.41) | 1:17.80 (25.38) | 1:43.94 (26.14) | |
| 9 | RED TIDE 'B' | | 1:40.00 | 1:45.04 | |
| | 1) Ching, Reid M33 | | 2) Galtier, Georges M37 | | |
| | 3) Rosencrantz, Michael M40 | | 4) Neyland, Spencer M45 | | |
| | 25.03 | 50.81 (25.78) | 1:19.14 (28.33) | 1:45.04 (25.90) | |

Men 25+ 400 Yard Freestyle Relay

| | | | | | |
|-------|--|-------------------|-----------------------------------|-----------------|--|
| ===== | | | | | |
| | ZONE: Z 3:15.72 | 1998 Garden State | | | |
| | NATL: ! 3:07.43 | 4/11/2010 TXLA | | | |
| | T BLESSING, M VAROZZA, B BAILEY, M MENEZES | | | | |
| | Team | Seed | Finals | Points | |
| | ===== | | | | |
| 1 | WARD'S SWIM CLUB 'A' | 3:26.11 | 3:25.06 | 18 | |
| | 1) Garner, Sam M25 | | 2) Bassler, Christopher M29 | | |
| | 3) Conze, Dietrich M39 | | 4) Kaufman-O'Reilly, Nicholas M27 | | |
| | 24.67 | 50.50 (50.50) | 1:15.90 (25.40) | 1:43.89 (53.39) | |
| | 2:07.85 (23.96) | 2:34.50 (50.61) | 2:58.36 (23.86) | 3:25.06 (50.56) | |
| 2 | TERRAPIN MASTERS 'A' | 3:38.00 | 3:40.00 | 14 | |
| | 1) Strahota, Jeffrey M30 | | 2) Shipp, Bill M50 | | |
| | 3) Goodison, Michael M39 | | 4) Doane, Michael M40 | | |
| | 26.17 | 54.53 (54.53) | 1:21.57 (27.04) | 1:51.50 (56.97) | |
| | 2:17.22 (25.72) | 2:46.45 (54.95) | 3:11.67 (25.22) | 3:40.00 (53.55) | |
| 3 | CURL BURKE MASTERS SWIMMING, I 'A' | 3:50.00 | 3:41.22 | 12 | |
| | 1) di Filippo, Mario M34 | | 2) Hegna, Jon M32 | | |
| | 3) Chung, Jason M30 | | 4) Gallagher, Jose-Luis M34 | | |
| | 26.22 | 54.22 (54.22) | 1:20.44 (26.22) | 1:50.02 (55.80) | |
| | 2:17.40 (27.38) | 2:46.56 (56.54) | 3:13.44 (26.88) | 3:41.22 (54.66) | |
| 4 | RESTON MASTERS SWIM TEAM 'B' | 3:42.42 | 3:43.30 | 10 | |
| | 1) Orton, Adam M29 | | 2) Watson, Jason M32 | | |
| | 3) Panayotov, Vladimir M26 | | 4) Shultz, Scott M28 | | |
| | 26.02 | 53.52 (53.52) | 1:22.30 (28.78) | 1:53.19 (59.67) | |

| | | | | |
|-------------------------------------|-----------------|-------------------------------|-----------------|-------------------|
| | 2:19.87 (26.68) | 2:49.10 (55.91) | 3:14.71 (25.61) | 3:43.30 (54.20) |
| 5 WARRENTON MASTERS SWIM TEAM 'A' | | | 3:40.00 3:44.63 | 8 |
| 1) Tupitza, Charles M56 | | 2) Lai, V. M29 | | |
| 3) Iten, Christian M27 | | 4) Worst, Jeremy M48 | | |
| | 26.57 | 55.51 (55.51) | 1:22.02 (26.51) | 1:52.25 (56.74) |
| | 2:18.65 (26.40) | 2:48.73 (56.48) | 3:16.10 (27.37) | 3:44.63 (55.90) |
| 6 DISTRICT OF COLUMBIA AQUATICS 'A' | | | 3:54.00 3:50.28 | 6 |
| 1) Tustin, John M34 | | 2) Crowe, John M33 | | |
| 3) Linderman, Ross M34 | | 4) Richard, Jean-Philippe M34 | | |
| | 28.53 | 59.88 (59.88) | 1:30.32 (30.44) | 2:02.39 (1:02.51) |
| | 2:28.54 (26.15) | 2:57.16 (54.77) | 3:22.85 (25.69) | 3:50.28 (53.12) |
| -- COLONIALS 1776 'C' | | | 3:39.25 | DQ |
| 71 Early take-off swimmer #3 | | | | |
| 1) Campbell, Steve M40 | | 2) Henkel, David M31 | | |
| 3) Hegna, Ryan M30 | | 4) Reshetar, Richard M25 | | |
| | 25.10 | 53.05 (53.05) | 1:18.52 (25.47) | 1:47.73 (54.68) |
| | 2:12.88 (25.15) | 2:40.29 (52.56) | 3:03.68 (23.39) | DQ (49.06) |

Men 25+ 800 Yard Freestyle Relay

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ZONE: Z 7:14.89 1991 Empire
 NATL: ! 7:00.25 4/17/1994 SANTA CLARA
 S MARINIUK, F MORTENSEN, M MOORE, J CHRISTENSEN

| Team | Seed | Finals | Points |
|-------------------------------------|-----------------|-------------------------------|-------------------|
| ===== | ===== | ===== | ===== |
| 1 COLONIALS 1776 'A' | 7:50.75 | 7:55.76 | 18 |
| 1) Patterson, Thomas M33 | | 2) Hegna, Ryan M30 | |
| 3) Henkel, David M31 | | 4) Reshetar, Richard M25 | |
| | 29.05 | 59.73 (59.73) | 1:31.42 (1:31.42) |
| | 2:29.57 (26.43) | 2:58.79 (55.65) | 3:29.68 (1:26.54) |
| | 4:28.12 (27.97) | 4:59.53 (59.38) | 5:31.32 (1:31.17) |
| | 6:28.51 (24.83) | 6:56.79 (53.11) | 7:26.39 (1:22.71) |
| | | | 7:55.76 (1:52.08) |
| 2 DISTRICT OF COLUMBIA AQUATICS 'B' | 8:15.04 | 8:00.28 | 14 |
| 1) Koch, Gregory M28 | | 2) Richard, Jean-Philippe M34 | |
| 3) Quinones, Enrique M47 | | 4) Moon, WonKee M36 | |
| | 28.35 | 58.71 (58.71) | 1:29.24 (1:29.24) |
| | 2:27.16 (28.23) | 2:58.07 (59.14) | 3:29.52 (1:30.59) |
| | 4:28.40 (27.17) | 4:59.31 (58.08) | 5:30.89 (1:29.66) |
| | 6:28.00 (26.39) | 6:57.28 (55.67) | 7:28.17 (1:26.56) |
| | | | 8:00.28 (1:58.67) |
| 3 WARRENTON MASTERS SWIM TEAM 'A' | 8:50.00 | 8:48.29 | 12 |
| 1) Worst, Jeremy M48 | | 2) Iten, Christian M27 | |
| 3) Tupitza, Charles M56 | | 4) Lai, V. M29 | |
| | 29.23 | 1:02.01 (1:02.01) | 1:37.84 (1:37.84) |
| | 2:45.02 (30.39) | 3:19.57 (1:04.94) | 3:54.50 (1:39.87) |
| | 4:55.70 (29.22) | 5:29.28 (1:02.80) | 6:05.67 (1:39.19) |
| | 7:08.56 (27.81) | 7:41.23 (1:00.48) | 8:14.43 (1:33.68) |
| | | | 8:48.29 (2:07.54) |

Men 25+ 200 Yard Medley Relay

ZONE: Z 1:35.91 1999 Ancient Mariners
 NATL: ! 1:31.43 5/23/2010 CLEMSON

J JOHNSON, B MAC LENNAN, L ASTI, A SCHEERHORN

| Team | Seed | Finals | Points |
|--------------------------------------|----------------------------|-----------------|--------|
| 1 RED TIDE 'C' | 3:00.00 | 1:41.25 | 18 |
| 1) Werner, Scott M32 | 2) Nagy, Joe M30 | | |
| 3) Thompson, Thayer M36 | 4) Rozwadowski, Amir M32 | | |
| 26.42 52.83 (26.41) | 1:18.68 (25.85) | 1:41.25 (22.57) | |
| 2 VIRGINIA MASTERS SWIM TEAM 'A' | 1:42.80 | 1:41.78 | 14 |
| 1) Clear, Kirk M43 | 2) McGraw, Paul M29 | | |
| 3) Barley, Adam M29 | 4) Rhodes, Scott M27 | | |
| 27.55 56.43 (28.88) | 1:20.64 (24.21) | 1:41.78 (21.14) | |
| 3 WARD'S SWIM CLUB 'A' | 1:46.91 | 1:43.18 | 12 |
| 1) Bassler, Christopher M29 | 2) Garner, Sam M25 | | |
| 3) Kaufman-O'Reilly, Nicholas M27 | 4) Conze, Dietrich M39 | | |
| 27.66 56.01 (28.35) | 1:20.61 (24.60) | 1:43.18 (22.57) | |
| 4 CURL BURKE MASTERS SWIMMING, I 'A' | 1:50.00 | 1:45.43 | 10 |
| 1) Gallagher, Jose-Luis M34 | 2) Chung, Jason M30 | | |
| 3) di Filippo, Mario M34 | 4) Hegna, Jon M32 | | |
| 25.84 54.26 (28.42) | 1:21.76 (27.50) | 1:45.43 (23.67) | |
| 5 RESTON MASTERS SWIM TEAM 'E' | 2:02.02 | 1:49.64 | 8 |
| 1) Flanzer, Andrew M28 | 2) Panayotov, Vladimir M26 | | |
| 3) Orton, Adam M29 | 4) Shultz, Scott M28 | | |
| 29.26 59.51 (30.25) | 1:24.94 (25.43) | 1:49.64 (24.70) | |
| 6 COLONIALS 1776 'A' | 1:47.90 | 1:49.86 | 6 |
| 1) Henkel, David M31 | 2) Patterson, Thomas M33 | | |
| 3) Hegna, Ryan M30 | 4) Reshetar, Richard M25 | | |
| 28.77 1:01.74 (32.97) | 1:27.30 (25.56) | 1:49.86 (22.56) | |
| 7 ALEXANDRIA MASTERS SWIMMING 'A' | 2:00.00 | 1:51.96 | 4 |
| 1) Burnett, Andrew M28 | 2) Novitske, Ray M55 | | |
| 3) Lebeau, Charles M27 | 4) Jent, Daniel M33 | | |
| 26.52 1:02.33 (35.81) | 1:29.78 (27.45) | 1:51.96 (22.18) | |
| 8 MERRITT MARLINS 'A' | 2:15.00 | 1:54.06 | 2 |
| 1) Methric, Tim M33 | 2) Wright, Mark M57 | | |
| 3) McGough, Tim M53 | 4) Joubert, Kevin M38 | | |
| 28.78 1:02.39 (33.61) | 1:29.02 (26.63) | 1:54.06 (25.04) | |
| 9 SUNFISH MASTERS 'A' | NT | 1:56.86 | |
| 1) Stone, Jonathan M29 | 2) Goins, Todd M49 | | |
| 3) Cyganiewicz, John M42 | 4) Shattuck, Drew M42 | | |
| 31.81 1:03.00 (31.19) | 1:30.40 (27.40) | 1:56.86 (26.46) | |
| 10 WARRENTON MASTERS SWIM TEAM 'A' | 1:57.00 | 2:02.36 | |
| 1) Lai, V. M29 | 2) Worst, Jeremy M48 | | |
| 3) Tupitza, Charles M56 | 4) Iten, Christian M27 | | |
| 33.61 1:07.68 (34.07) | 1:37.84 (30.16) | 2:02.36 (24.52) | |

11 RED TIDE 'B' 3:10.00 2:03.31
 1) Dew, Stephen M33 2) Ching, Reid M33
 3) Galtier, Georges M37 4) Rosencrantz, Michael M40
 34.21 1:06.32 (32.11) 1:35.44 (29.12) 2:03.31 (27.87)
 12 DISTRICT OF COLUMBIA AQUATICS 'B' 2:06.00 2:09.19
 1) Tustin, John M34 2) Linderman, Ross M34
 3) Newsome, Mike M40 4) Bezerra, Andre M39
 31.36 1:08.56 (37.20) 1:43.12 (34.56) 2:09.19 (26.07)

Men 25+ 400 Yard Medley Relay

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ZONE: Z 3:30.45 1999 Ancient Mariners
 NATL: ! 3:27.13 3/12/2000 ANCM
 J CLAY BRITT, W DICKS, J RODDIN, M FELL

| Team | Seed | Finals | Points |
|-----------------------------------|----------------------------|-------------------|-------------------|
| 1 COLONIALS 1776 'A' | 4:08.50 | 4:06.10 | 18 |
| 1) Henkel, David M31 | 2) Patterson, Thomas M33 | | |
| 3) Reshetar, Richard M25 | 4) Hegna, Ryan M30 | | |
| 31.01 1:03.91 (1:03.91) | 1:37.14 (33.23) | 2:14.64 (1:10.73) | |
| 2:40.11 (25.47) | 3:12.62 (57.98) | 3:38.51 (25.89) | 4:06.10 (53.48) |
| 2 RESTON MASTERS SWIM TEAM 'A' | 4:01.01 | 4:07.16 | 14 |
| 1) Orton, Adam M29 | 2) Panayotov, Vladimir M26 | | |
| 3) Watson, Jason M32 | 4) Shultz, Scott M28 | | |
| 29.78 1:00.70 (1:00.70) | 1:32.79 (32.09) | 2:08.19 (1:07.49) | |
| 2:38.35 (30.16) | 3:12.71 (1:04.52) | 3:38.28 (25.57) | 4:07.16 (54.45) |
| 3 WARRENTON MASTERS SWIM TEAM 'A' | 4:40.40 | 4:41.57 | 12 |
| 1) Lai, V. M29 | 2) Tupitza, Charles M56 | | |
| 3) Worst, Jeremy M48 | 4) Iten, Christian M27 | | |
| 35.01 1:14.53 (1:14.53) | 1:33.09 (18.56) | 1:54.62 (40.09) | |
| 2:40.28 (45.66) | 3:11.00 (1:16.38) | 3:45.39 (34.39) | 4:41.57 (1:30.57) |

Men 35+ 200 Yard Freestyle Relay

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ZONE: Z 1:28.05 4/25/2009 Jersey Area Masters
 NATL: ! 1:23.32 5/29/2010 LONGHORN
 T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

| Team | Seed | Finals | Points |
|------------------------|--------------------------|-----------------|--------|
| 1 TERRAPIN MASTERS 'A' | 1:44.00 | 1:37.67 | 18 |
| 1) Doane, Michael M40 | 2) Shipp, Bill M50 | | |
| 3) Reider, Pete M55 | 4) Goodison, Michael M39 | | |
| 23.34 49.55 (26.21) | 1:13.49 (23.94) | 1:37.67 (24.18) | |
| 2 COLONIALS 1776 'C' | 1:41.27 | 1:40.50 | 14 |
| 1) Rees, Greg M41 | 2) Campbell, Steve M40 | | |
| 3) Young, Harris M43 | 4) Wexler, Wayne M44 | | |
| 23.17 49.24 (26.07) | 1:16.55 (27.31) | 1:40.50 (23.95) | |

| | | | |
|--------------------------------|------------------------|-----------------|-----------------|
| 3 RESTON MASTERS SWIM TEAM 'D' | 1:45.45 | 1:47.64 | 12 |
| 1) Waltman, Michael M41 | 2) Carlson, John M39 | | |
| 3) Cascio, David M48 | 4) Pohnert, Steven M41 | | |
| 26.06 | 51.58 (25.52) | 1:20.19 (28.61) | 1:47.64 (27.45) |

Men 35+ 400 Yard Freestyle Relay

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ZONE: Z 3:15.40 4/26/2009 Jersey Area Masters
NATL: ! 3:06.12 5/29/2010 LONGHORN
T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN
Team Seed Finals Points
=====
1 RESTON MASTERS SWIM TEAM 'D' 3:55.55 3:56.30 18
1) Evans, Brian M46 2) Pohnert, Steven M41
3) Carlson, John M39 4) Waltman, Michael M41
29.47 1:01.94 (1:01.94) 1:30.77 (28.83) 2:02.22 (1:00.28)
2:31.00 (28.78) 3:01.43 (59.21) 3:27.58 (26.15) 3:56.30 (54.87)
2 DISTRICT OF COLUMBIA AQUATICS 'B' 4:03.00 3:57.34 14
1) Moon, WonKee M36 2) Newsome, Mike M40
3) Pesce, Ed M43 4) Bezerra, Andre M39
26.78 55.18 (55.18) 1:24.55 (29.37) 1:56.00 (1:00.82)
2:26.86 (30.86) 3:00.01 (1:04.01) 3:27.82 (27.81) 3:57.34 (57.33)

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Men 35+ 800 Yard Freestyle Relay

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=====
ZONE: Z 7:09.04 2001 Badger
NATL: ! 6:56.69 5/4/2007 TEAM TYR
D WAGNER, S HUBBARD, C BEACH, E HOCHSTEIN
Team Seed Finals Points
=====
1 RESTON MASTERS SWIM TEAM 'C' 8:35.35 8:37.24 18
1) Cascio, David M48 2) Carlson, John M39
3) Pohnert, Steven M41 4) Waltman, Michael M41
30.46 1:03.99 (1:03.99) 1:39.49 (1:39.49) 2:15.34 (2:15.34)
2:45.27 (29.93) 3:18.75 (1:03.41) 3:54.11 (1:38.77) 4:28.27 (2:12.93)
4:57.62 (29.35) 5:29.55 (1:01.28) 6:02.14 (1:33.87) 6:34.89 (2:06.62)
7:02.70 (27.81) 7:33.32 (58.43) 8:05.22 (1:30.33) 8:37.24 (2:02.35)
2 GERMANTOWN MARYLAND MASTERS 'A' 10:20.00 10:27.71 14
1) Lewis, Monte M35 2) Walters, Mark M58
3) Golden, Scott M47 4) Robinson, David M67
33.18 1:11.42 (1:11.42) 1:52.00 (1:52.00) 2:31.34 (2:31.34)
3:07.64 (36.30) 3:48.79 (1:17.45) 4:30.39 (1:59.05) 5:10.00 (2:38.66)
5:45.24 (35.24) 6:23.01 (1:13.01) 6:59.93 (1:49.93) 7:34.64 (2:24.64)
8:14.39 (39.75) 8:59.71 (1:25.07) 9:45.75 (2:11.11) 10:27.71 (2:53.07)

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Men 35+ 200 Yard Medley Relay

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ZONE: Z 1:41.88 1994 Colonials 1776
 NATL: ! 1:34.16 5/10/2009 LONGHORN

T BLESSING, T BARTEE, B BAILEY, M VAROZZA

| Team | Seed | Finals | Points |
|-------------------------------------|---------------------------|-----------------|--------|
| 1 TERRAPIN MASTERS 'A' | 1:46.00 | 1:46.36 | 18 |
| 1) Reider, Pete M55 | 2) Doane, Michael M40 | | |
| 3) Goodison, Michael M39 | 4) Shipp, Bill M50 | | |
| 27.73 55.93 (28.20) | 1:21.03 (25.10) | 1:46.36 (25.33) | |
| 2 DISTRICT OF COLUMBIA AQUATICS 'A' | 1:53.50 | 1:49.00 | 14 |
| 1) Williams, Neill M43 | 2) Cunningham, Jose E M54 | | |
| 3) Mead, Jeffrey M54 | 4) Moon, WonKee M36 | | |
| 26.90 57.12 (30.22) | 1:24.80 (27.68) | 1:49.00 (24.20) | |
| 3 PATRIOT MASTERS SWIM TEAM 'A' | 2:00.00 | 2:00.38 | 12 |
| 1) von Loewe, Pete M40 | 2) Sandi, Gustavo M38 | | |
| 3) Webb, Bob M55 | 4) Pitchford, Barth M52 | | |
| 26.37 55.76 (29.39) | 1:29.15 (33.39) | 2:00.38 (31.23) | |
| 4 RESTON MASTERS SWIM TEAM 'D' | 2:12.12 | 2:07.32 | 10 |
| 1) Pohnert, Steven M41 | 2) Nakazawa, Muraji M54 | | |
| 3) Waltman, Michael M41 | 4) Carlson, John M39 | | |
| 34.36 1:10.06 (35.70) | 1:40.86 (30.80) | 2:07.32 (26.46) | |

Men 35+ 400 Yard Medley Relay

ZONE: Z 3:48.99 2001 Badger
 NATL: ! 3:28.46 3/5/2009 LONGHORN AQU.

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

| Team | Seed | Finals | Points |
|--------------------------------------|---------------------------|-------------------|--------|
| 1 DISTRICT OF COLUMBIA AQUATICS 'A' | 4:10.50 | 4:17.96 | 18 |
| 1) Williams, Neill M43 | 2) Cunningham, Jose E M54 | | |
| 3) Rumble, Wilson M50 | 4) Mead, Jeffrey M54 | | |
| 28.95 59.48 (59.48) | 1:32.95 (33.47) | 2:09.85 (1:10.37) | |
| 2:41.77 (31.92) 3:20.39 (1:10.54) | 3:47.75 (27.36) | 4:17.96 (57.57) | |
| 2 PATRIOT MASTERS SWIM TEAM 'A' | 4:47.00 | 4:28.70 | 14 |
| 1) von Loewe, Pete M40 | 2) Sandi, Gustavo M38 | | |
| 3) Lisann, Eric M51 | 4) Weidner, Bob M54 | | |
| 30.18 1:01.22 (1:01.22) | 1:33.61 (32.39) | 2:10.41 (1:09.19) | |
| 2:29.52 (19.11) 3:21.13 (1:10.72) | 3:52.35 (31.22) | 4:28.70 (1:07.57) | |

Men 45+ 200 Yard Freestyle Relay

ZONE: Z 1:35.96 2008 Binghamton U
 NATL: ! 1:27.70 5/4/2008 ARIZONA

JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

| Team | Seed | Finals | Points |
|------|------|--------|--------|
|------|------|--------|--------|

| | | | | | |
|---|-------------------------------|-----------------|------------------------------|-----------------|----|
| 1 | DISTRICT OF COLUMBIA AQUATICS | 'C' | 1:43.50 | 1:45.56 | 18 |
| | 1) Cunningham, Jose E M54 | | 2) Mead, Jeffrey M54 | | |
| | 3) Rumble, Wilson M50 | | 4) Quinones, Enrique M47 | | |
| | 25.54 | 55.50 (29.96) | 1:20.69 (25.19) | 1:45.56 (24.87) | |
| 2 | BINGHAMTON UNIV MASTERS | 'A' | 1:49.50 | 1:46.76 | 14 |
| | 1) Meade, Tom M63 | | 2) Kristek, Steven M52 | | |
| | 3) West, John M50 | | 4) Caudrillier, Francois M48 | | |
| | 26.09 | 53.00 (26.91) | 1:22.45 (29.45) | 1:46.76 (24.31) | |
| 3 | COLONIALS 1776 | 'A' | 1:53.50 | 1:46.85 | 12 |
| | 1) Majeske, Andrew M50 | | 2) Schultz, Ward M53 | | |
| | 3) Dougherty, Rick M54 | | 4) Manieri, Pete M54 | | |
| | 25.96 | 52.14 (26.18) | 1:19.70 (27.56) | 1:46.85 (27.15) | |
| 4 | PATRIOT MASTERS SWIM TEAM | 'A' | 1:54.00 | 1:56.52 | 10 |
| | 1) Gandee, Brad M56 | | 2) Lisann, Eric M51 | | |
| | 3) Webb, Bob M55 | | 4) Pitchford, Barth M52 | | |
| | 25.84 | 55.01 (29.17) | 1:24.95 (29.94) | 1:56.52 (31.57) | |
| 5 | RESTON MASTERS SWIM TEAM | 'C' | 2:25.25 | 2:17.11 | 8 |
| | 1) Nakazawa, Muraji M54 | | 2) Vurdelja, David M45 | | |
| | 3) Flint, Myles M77 | | 4) Jay, Mike M49 | | |
| | 30.85 | 1:07.36 (36.51) | 1:49.95 (42.59) | 2:17.11 (27.16) | |

Men 45+ 400 Yard Freestyle Relay

| | | | | | |
|---------|------------------------------|-------------------|---|-------------------|----|
| ===== | | | | | |
| ZONE: Z | | 3:35.09 | 4/13/2008 Binghamton Univ Masters Swimmi | | |
| NATL: ! | | 3:18.25 | 5/7/2010 WILDCAT ALUM | | |
| | | | A JAEGER, T HARVILL, M VOLZING, D CUNNIFF | | |
| Team | Seed | Finals | Points | | |
| ===== | | | | | |
| 1 | COLONIALS 1776 | 'B' | 3:52.50 | 4:02.84 | 18 |
| | 1) Majeske, Andrew M50 | | 2) Sweeney, Paul M60 | | |
| | 3) Manieri, Pete M54 | | 4) Schultz, Ward M53 | | |
| | 27.92 | 57.64 (57.64) | 1:26.45 (28.81) | 1:58.22 (1:00.58) | |
| | 2:27.51 (29.29) | 3:00.22 (1:02.00) | 3:29.81 (29.59) | 4:02.84 (1:02.62) | |
| 2 | BINGHAMTON UNIV MASTERS | 'B' | 4:02.00 | 4:03.47 | 14 |
| | 1) Caudrillier, Francois M48 | | 2) Kristek, Steven M52 | | |
| | 3) Weir, Ken M57 | | 4) Meade, Tom M63 | | |
| | 27.33 | 56.62 (56.62) | 1:24.61 (27.99) | 1:55.84 (59.22) | |
| | 2:28.08 (32.24) | 3:01.49 (1:05.65) | 3:31.32 (29.83) | 4:03.47 (1:01.98) | |
| 3 | GERMANTOWN MARYLAND MASTERS | 'A' | 4:39.00 | 4:27.49 | 12 |
| | 1) Golden, Scott M47 | | 2) Robinson, David M67 | | |
| | 3) Wunderlich, Karl M45 | | 4) Pinchot, Roy M70 | | |
| | 28.42 | 1:00.25 (1:00.25) | 1:36.44 (36.19) | 2:16.49 (1:16.24) | |
| | 2:44.40 (27.91) | 3:14.61 (58.12) | 3:47.76 (33.15) | 4:27.49 (1:12.88) | |
| 4 | RESTON MASTERS SWIM TEAM | 'C' | 4:45.45 | 4:38.17 | 10 |
| | 1) Hong, Chun M50 | | 2) Jay, Mike M49 | | |
| | 3) Vurdelja, David M45 | | 4) Moyer, Steven M53 | | |
| | 30.64 | 1:05.63 (1:05.63) | 1:35.24 (29.61) | 2:09.77 (1:04.14) | |

2:47.28 (37.51) 3:29.10 (1:19.33) 4:01.37 (32.27) 4:38.17 (1:09.07)

Men 45+ 800 Yard Freestyle Relay

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ZONE: Z 8:04.45          2008 Binghamton U
NATL: ! 7:22.85        5/8/2010 WILDCAT ALUM
                        A JAEGER, S TRIMBLE, M VOLZING, D CUNNIFF
Team                    Seed      Finals      Points
=====
1 RESTON MASTERS SWIM TEAM 'B'          10:40.40   10:40.47      18
  1) Levenson, Steven M57                2) Vurdelja, David M45
  3) Jay, Mike M49                        4) Boyle, Michael M59
      31.82   1:06.78 (1:06.78)   1:42.45 (1:42.45)   2:16.78 (2:16.78)
  2:58.91 (42.13)   3:47.51 (1:30.73)   4:38.01 (2:21.23)   5:23.86 (3:07.08)
  5:55.41 (31.55)   6:33.23 (1:09.37)   7:11.45 (1:47.59)   7:48.80 (2:24.94)
  8:28.43 (39.63)   9:12.71 (1:23.91)   9:57.64 (2:08.84)  10:40.47 (2:51.67)
2 VIRGINIA MASTERS SWIM TEAM 'A'          NT      11:42.18      14
  1) Gaulrapp, Edward M68                2) Romo, Robert M52
  3) Dunleavy, Bill M49                  4) Swiger, Bud M54
      41.74   1:32.58 (1:32.58)   2:23.30 (2:23.30)   3:12.37 (3:12.37)
  3:45.31 (32.94)   4:23.28 (1:10.91)   5:02.37 (1:50.00)   5:39.69 (2:27.32)
  6:21.28 (41.59)   7:11.52 (1:31.83)   8:03.57 (2:23.88)   8:53.30 (3:13.61)
  9:32.26 (38.96)  10:15.76 (1:22.46)  10:59.99 (2:06.69)  11:42.18 (2:48.88)
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Men 45+ 200 Yard Medley Relay

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ZONE: Z 1:49.94          1997 Empire
NATL: ! 1:36.56        5/23/2010 GEORGIA
                        E ERICSON, C WEISSMAN, B BUGG, M ELLISON
Team                    Seed      Finals      Points
=====
1 BINGHAMTON UNIV MASTERS 'B'          2:03.00   2:02.77      18
  1) Weir, Ken M57                        2) Kristek, Steven M52
  3) Meade, Tom M63                        4) Caudrillier, Francois M48
      35.23   1:08.39 (33.16)   1:37.36 (28.97)   2:02.77 (25.41)
2 RESTON MASTERS SWIM TEAM 'C'          2:21.21   2:11.11      14
  1) Evans, Brian M46                    2) Hong, Chun M50
  3) Jay, Mike M49                        4) Moyer, Steven M53
      34.22   1:12.46 (38.24)   1:40.99 (28.53)   2:11.11 (30.12)
3 NORTH CAROLINA MASTERS SWIMMIN 'A'    3:45.00   3:36.59      12
  1) Maestro, Robert M67                2) Klein, William M82
  3) Klein, Jonathan M53                4) Hohausser, Herman M70
      2:23.97 ( )   3:02.51 (38.54)   3:36.59 (34.08)
-- COLONIALS 1776 'B'                    2:03.50   DQ
  71 Early take-off swimmer #4
  1) Majeske, Andrew M50                2) Manieri, Pete M54
  3) Schultz, Ward M53                  4) Kremzier, James M65
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30.60 1:06.98 (36.38) 1:37.54 (30.56) DQ (29.36)

Men 45+ 400 Yard Medley Relay

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ZONE: Z 4:06.60 2001 Metro
NATL: ! 3:38.41 4/10/2010 TXLA
N BREAZEALE, D GUTHRIE, A RASMUSSEN, M STINCHCOMBE

| Team | Seed | Finals | Points |
|-----------------------------------|-----------------|------------------------------|--------|
| 1 BINGHAMTON UNIV MASTERS 'A' | 4:48.00 | 4:39.40 | 18 |
| 1) West, John M50 | | 2) Caudrillier, Francois M48 | |
| 3) Kristek, Steven M52 | | 4) Meade, Tom M63 | |
| 37.74 1:16.47 (1:16.47) | 1:51.71 (35.24) | 2:31.55 (1:15.08) | |
| 3:02.35 (30.80) 3:37.06 (1:05.51) | 4:06.64 (29.58) | 4:39.40 (1:02.34) | |
| 2 VIRGINIA MASTERS SWIM TEAM 'A' | NT | 5:49.19 | 14 |
| 1) Gaulrapp, Edward M68 | | 2) Romo, Robert M52 | |
| 3) Swiger, Bud M54 | | 4) Nelson, Bill M58 | |
| 51.11 1:43.38 (1:43.38) | 2:20.93 (37.55) | 3:03.60 (1:20.22) | |
| 3:45.95 (42.35) 4:37.11 (1:33.51) | 5:10.43 (33.32) | 5:49.19 (1:12.08) | |

Men 55+ 200 Yard Freestyle Relay

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ZONE: Z 1:44.30 2008 Binghamton U
NATL: ! 1:32.18 4/11/2009 OREGON
M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

| Team | Seed | Finals | Points |
|--------------------------------|-----------------|-------------------------|--------|
| 1 COLONIALS 1776 'A' | 1:47.85 | 1:44.01Z | 18 |
| 1) Keith, Dale M56 | | 2) Meyer, Geoffrey M59 | |
| 3) Martin, Jack M59 | | 4) Thornton, Jim M58 | |
| 25.91 52.10 (26.19) | 1:18.36 (26.26) | 1:44.01 (25.65) | |
| 2 BINGHAMTON UNIV MASTERS 'B' | 1:53.00 | 1:53.48 | 14 |
| 1) Kornblatt, Dan M61 | | 2) Pot, Eugene M60 | |
| 3) Paushter, Stephen M59 | | 4) Munson, Arthur M58 | |
| 28.53 56.53 (28.00) | 1:26.91 (30.38) | 1:53.48 (26.57) | |
| 3 COLONIALS 1776 'B' | 1:51.50 | 1:53.89 | 12 |
| 1) Amundsen, Joseph M65 | | 2) Kremzier, James M65 | |
| 3) Dougherty, Steve M59 | | 4) Sweeney, Paul M60 | |
| 27.57 57.98 (30.41) | 1:26.36 (28.38) | 1:53.89 (27.53) | |
| 4 RESTON MASTERS SWIM TEAM 'B' | 2:15.15 | 2:03.48 | 10 |
| 1) Boyle, Michael M59 | | 2) Levenson, Steven M57 | |
| 3) Paulson, Laurence M62 | | 4) Tipler, David M55 | |
| 33.43 1:03.42 (29.99) | 1:35.45 (32.03) | 2:03.48 (28.03) | |

Men 55+ 400 Yard Freestyle Relay

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ZONE: Z 3:45.71 4/25/2010 Colonials 1776, Colonials 1776

J Martin, S Dougherty, G Meyer, P Trevisan
 NATL: ! 3:33.75 5/18/2008 GOLD COAST
 T SHEAD, G SCHMIDT, J FERRAZ, D QUIGGIN

| Team | Seed | Finals | Points |
|--------------------------------|--------------------------|-----------------|-------------------|
| 1 COLONIALS 1776 'A' | 3:46.85 | 3:43.13Z | 18 |
| 1) Thornton, Jim M58 | 2) Meyer, Geoffrey M59 | | |
| 3) Hemmerle, Jamie M55 | 4) Keith, Dale M56 | | |
| 26.06 | 53.88 (53.88) | 1:20.80 (26.92) | 1:50.23 (56.35) |
| 2:17.41 (27.18) | 2:46.30 (56.07) | 3:12.92 (26.62) | 3:43.13 (56.83) |
| 2 BINGHAMTON UNIV MASTERS 'A' | 4:19.00 | 4:25.54 | 14 |
| 1) Kornblatt, Dan M61 | 2) Paushter, Stephen M59 | | |
| 3) Pot, Eugene M60 | 4) Munson, Arthur M58 | | |
| 30.71 | 1:02.95 (1:02.95) | 1:36.19 (33.24) | 2:11.84 (1:08.89) |
| 2:45.03 (33.19) | 3:21.41 (1:09.57) | 3:51.86 (30.45) | 4:25.54 (1:04.13) |
| 3 RESTON MASTERS SWIM TEAM 'E' | 4:51.51 | 5:13.97 | 12 |
| 1) Rogers, Dean M64 | 2) Paulson, Laurence M62 | | |
| 3) Boyle, Michael M59 | 4) Levenson, Steven M57 | | |
| 45.09 | 1:36.01 (1:36.01) | 2:12.61 (36.60) | 2:50.78 (1:14.77) |
| 3:29.07 (38.29) | 4:10.25 (1:19.47) | 4:41.22 (30.97) | 5:13.97 (1:03.72) |

Men 55+ 800 Yard Freestyle Relay

ZONE: Z 8:59.48 2008 Pennypack
 NATL: ! 8:09.52 5/8/2010 VENTURA
 JIM MCCONCIA, HUBIE KERNS, JOHN DERR, GLENN GRUBER

| Team | Seed | Finals | Points |
|-------------------------------|--------------------------|-------------------|--------------------|
| 1 COLONIALS 1776 'B' | 8:12.75 | 8:13.77Z | 18 |
| 1) Hemmerle, Jamie M55 | 2) Martin, Jack M59 | | |
| 3) Keith, Dale M56 | 4) Thornton, Jim M58 | | |
| 28.83 | 59.86 (59.86) | 1:30.95 (1:30.95) | 2:01.96 (2:01.96) |
| 2:20.57 (18.61) | 3:02.08 (1:00.12) | 3:36.04 (1:34.08) | 4:10.56 (2:08.60) |
| 4:38.48 (27.92) | 5:10.39 (59.83) | 5:42.98 (1:32.42) | 6:15.73 (2:05.17) |
| 6:42.53 (26.80) | 7:12.34 (56.61) | 7:43.28 (1:27.55) | 8:13.77 (1:58.04) |
| 2 BINGHAMTON UNIV MASTERS 'A' | 10:00.02 | 10:09.09 | 14 |
| 1) Meade, Tom M63 | 2) Paushter, Stephen M59 | | |
| 3) Pot, Eugene M60 | 4) Kornblatt, Dan M61 | | |
| 32.24 | 1:09.37 (1:09.37) | 1:46.57 (1:46.57) | 2:22.41 (2:22.41) |
| 2:49.13 (26.72) | 3:41.22 (1:18.81) | 4:23.01 (2:00.60) | 5:02.43 (2:40.02) |
| 5:37.99 (35.56) | 6:17.66 (1:15.23) | 6:59.67 (1:57.24) | 7:40.79 (2:38.36) |
| 8:13.00 (32.21) | 8:51.17 (1:10.38) | 9:30.44 (1:49.65) | 10:09.09 (2:28.30) |

Men 55+ 200 Yard Medley Relay

ZONE: Z 1:54.44 4/25/2010 Colonials 1776, Colonials 1776
 G Meyer, S Dougherty, P Sweeney, P Trevisan

NATL: ! 1:45.32 4/11/2009 OREGON

W EDWARDS, A STARK, L PHILBRICK, M TENNANT

| Team | Seed | Finals | Points |
|---|-------------------------|-----------------|--------|
| 1 COLONIALS 1776 'C' | 1:51.00 | 1:52.98Z | 18 |
| 1) Keith, Dale M56 | 2) Hemmerle, Jamie M55 | | |
| 3) Meyer, Geoffrey M59 | 4) Thornton, Jim M58 | | |
| 29.74 1:01.09 (31.35) | 1:28.67 (27.58) | 1:52.98 (24.31) | |
| 2 COLONIALS 1776 'D' | 2:06.55 | 2:06.32 | 14 |
| 1) Dougherty, Steve M59 | 2) Martin, Jack M59 | | |
| 3) Sweeney, Paul M60 | 4) Amundsen, Joseph M65 | | |
| 33.56 1:08.49 (34.93) | 1:38.74 (30.25) | 2:06.32 (27.58) | |
| 3 BINGHAMTON UNIV MASTERS 'A' | 2:06.00 | 2:06.78 | 12 |
| 1) Kornblatt, Dan M61 | 2) Pot, Eugene M60 | | |
| 3) Paushter, Stephen M59 | 4) Munson, Arthur M58 | | |
| 33.84 1:08.94 (35.10) | 1:40.78 (31.84) | 2:06.78 (26.00) | |
| 4 GERMANTOWN MARYLAND MASTERS 'A' | NT | 2:23.41 | 10 |
| 1) Robinson, David M67 | 2) Abbott, John M61 | | |
| 3) Walters, Mark M58 | 4) Pinchot, Roy M70 | | |
| 40.87 1:19.68 (38.81) | 1:51.98 (32.30) | 2:23.41 (31.43) | |
| -- RESTON MASTERS SWIM TEAM 'B' | 2:58.58 | DQ | |
| 70 Stroke Infraction swimmer #1: 32 Not on back off wall - back | | | |
| 1) Rogers, Dean M64 | 2) Levenson, Steven M57 | | |
| 3) Paulson, Laurence M62 | 4) Boyle, Michael M59 | | |
| 52.09 1:27.03 (34.94) | 2:01.77 (34.74) | DQ (34.84) | |

Men 55+ 400 Yard Medley Relay

ZONE: Z 4:25.05 2007 Pennypack

NATL: ! 4:05.90 4/22/2007 VENTURA

J MCCONICA, H KERNS, J DERR, G GRUBER

| Team | Seed | Finals | Points |
|-----------------------------------|-------------------------|-------------------|--------|
| 1 COLONIALS 1776 'B' | 4:18.50 | 4:19.39Z | 18 |
| 1) Meyer, Geoffrey M59 | 2) Hemmerle, Jamie M55 | | |
| 3) Dougherty, Steve M59 | 4) Thornton, Jim M58 | | |
| 31.88 1:04.06 (1:04.06) | 1:23.26 (19.20) | 2:14.45 (1:10.39) | |
| 2:45.46 (31.01) 3:22.17 (1:07.72) | 3:49.23 (27.06) | 4:19.39 (57.22) | |
| 2 BINGHAMTON UNIV MASTERS 'B' | 5:10.00 | 5:09.72 | 14 |
| 1) Kornblatt, Dan M61 | 2) Munson, Arthur M58 | | |
| 3) Paushter, Stephen M59 | 4) Pot, Eugene M60 | | |
| 37.66 1:15.70 (1:15.70) | 1:51.31 (35.61) | 2:33.48 (1:17.78) | |
| 3:12.16 (38.68) 3:59.94 (1:26.46) | 4:33.26 (33.32) | 5:09.72 (1:09.78) | |
| 3 RESTON MASTERS SWIM TEAM 'B' | 5:20.20 | 5:25.10 | 12 |
| 1) Levenson, Steven M57 | 2) Chadsey, William M68 | | |
| 3) Paulson, Laurence M62 | 4) Tipler, David M55 | | |
| 37.63 1:16.81 (1:16.81) | 2:02.54 (45.73) | 2:52.63 (1:35.82) | |

3:11.59 (18.96) 3:30.19 (37.56) 4:17.43 (47.24) 5:25.10 (1:54.91)

Men 65+ 200 Yard Freestyle Relay

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ZONE: Z 2:08.57 1993 Colonials 1776
NATL: ! 1:40.07 5/10/2009 SAN DIEGO
M FRESHLEY, P ANDERSEN, V VAN BAALEN, K LODWIG

| Team | Seed | Finals | Points |
|--------------------------------|-----------------|-------------------------|-----------------|
| 1 RESTON MASTERS SWIM TEAM 'A' | 2:42.42 | 2:21.64 | 18 |
| 1) Pilette, Sterling M69 | | 2) Nobbe, Nick M72 | |
| 3) Manheim, Frank M80 | | 4) Chadsey, William M68 | |
| 34.85 | 1:11.25 (36.40) | 1:46.18 (34.93) | 2:21.64 (35.46) |

Men 65+ 400 Yard Freestyle Relay

=====

ZONE: Z 4:26.84 4/13/2008 Virginia Masters Swim Team
NATL: ! 4:03.39 4/16/2010 GOLD COAST
D QUIGGIN, C CAVANAUGH, D BROWN, J FERRAZ

| Team | Seed | Finals | Points |
|--------------------------------|-------------------|-------------------------|-------------------|
| 1 RESTON MASTERS SWIM TEAM 'A' | 6:06.05 | 6:22.02 | 18 |
| 1) Nobbe, Nick M72 | | 2) Chadsey, William M68 | |
| 3) Flint, Myles M77 | | 4) Gerson, Gordon M74 | |
| 44.88 | 1:31.94 (1:31.94) | 2:10.05 (38.11) | 2:50.79 (1:18.85) |
| 3:34.16 (43.37) | 4:26.34 (1:35.55) | 5:21.50 (55.16) | 6:22.02 (1:55.68) |

Men 65+ 800 Yard Freestyle Relay

=====

ZONE: Z 11:13.00 1993 Colonials 1776
NATL: ! 9:45.84 5/2/2004 OREGON
D RADCLIFF, G THAYER, B LAKE, D WEICK

| Team | Seed | Finals | Points |
|--------------------------------|--------------------|-----------------------|--------------------|
| 1 RESTON MASTERS SWIM TEAM 'A' | 13:20.20 | 13:59.03 | 18 |
| 1) Flint, Myles M77 | | 2) Gerson, Gordon M74 | |
| 3) Pilette, Sterling M69 | | 4) Nobbe, Nick M72 | |
| 46.27 | 1:41.88 (1:41.88) | 2:39.64 (2:39.64) | 3:37.52 (3:37.52) |
| 4:29.87 (52.35) | 5:27.61 (1:50.09) | 6:27.42 (2:49.90) | 7:24.95 (3:47.43) |
| 7:46.49 (21.54) | 8:07.71 (42.76) | 8:57.97 (1:33.02) | 9:53.08 (2:28.13) |
| 10:45.77 (52.69) | 11:30.94 (1:37.86) | 12:20.81 (2:27.73) | 13:59.03 (4:05.95) |

Men 65+ 200 Yard Medley Relay

=====

ZONE: Z 2:20.10 4/13/2008 Virginia Masters Swim Team
NATL: ! 1:51.58 5/10/2009 SAN DIEGO
V VAN BAALEN, P ANDERSEN, K LODWIG, M FRESHLEY

| Team | Seed | Finals | Points |
|--------------------------------|-------------------------|-----------------|-----------------|
| 1 RESTON MASTERS SWIM TEAM 'A' | 3:02.02 | 3:13.61 | 18 |
| 1) Manheim, Frank M80 | 2) Chadsey, William M68 | | |
| 3) Nobbe, Nick M72 | 4) Gerson, Gordon M74 | | |
| 43.62 | 1:27.93 (44.31) | 2:23.22 (55.29) | 3:13.61 (50.39) |

Men 75+ 200 Yard Freestyle Relay

ZONE: Z 3:14.55 1993 Colonials 1776
 NATL: ! 2:05.89 4/26/2009 SAN DIEGO
 FRANK TANNER, TOM MITCHELL, KEN KIMBALL, BOB BEST

| Team | Seed | Finals | Points |
|----------------------------------|--------------------|-----------------|-----------------|
| 1 VIRGINIA MASTERS SWIM TEAM 'A' | NT | 3:03.29Z | 18 |
| 1) Barnes, Calvin M87 | 2) Scott, Dick M75 | | |
| 3) Maher, Owen M76 | 4) Lyons, Tom M77 | | |
| 51.80 | 1:32.46 (40.66) | 2:08.95 (36.49) | 3:03.29 (54.34) |

Mixed 18+ 200 Yard Freestyle Relay

ZONE: Z 1:29.36 4/15/2007 Curl-Burke Swim Club
 NATL: ! 1:29.18 5/21/2010 AUBURN
 R HUGHEY, C HUGHEY, A HUGHEY, E EWING

| Team | Seed | Finals | Points |
|--------------------------------------|---------------------------|-----------------|-----------------|
| 1 RED TIDE 'A' | 1:45.00 | 1:45.02 | 18 |
| 1) Hernandez, Nicholas M23 | 2) Frisch, Alexandria W32 | | |
| 3) Levi, Susie W36 | 4) Jaffe, Matthew M38 | | |
| 25.47 | 53.43 (27.96) | 1:21.18 (27.75) | 1:45.02 (23.84) |
| 2 NAVAL ACADEMY AQUATIC CLUB 'A' | 1:52.00 | 1:47.25 | 14 |
| 1) Redford, Gabrielle W44 | 2) Bach, Jeffrey M47 | | |
| 3) Lung, Nicole W22 | 4) Sedberry, Trevor M26 | | |
| 26.75 | 55.00 (28.25) | 1:23.19 (28.19) | 1:47.25 (24.06) |
| 3 CURL BURKE MASTERS SWIMMING, I 'B' | 2:20.00 | 1:52.10 | 12 |
| 1) Edgell, Don M58 | 2) Chung, Jason M30 | | |
| 3) Rawson, Laurelyn W39 | 4) Perry, Elisabeth W24 | | |
| 28.98 | 55.33 (26.35) | 1:24.67 (29.34) | 1:52.10 (27.43) |
| 4 WARD'S SWIM CLUB 'C' | NT | 1:54.39 | 10 |
| 1) Dean, Robert M34 | 2) Cauley, Dawn W33 | | |
| 3) Ebmeier, Sarah W24 | 4) Hahs, Brian M28 | | |
| 26.32 | 58.57 (32.25) | 1:29.06 (30.49) | 1:54.39 (25.33) |
| 5 RED TIDE 'B' | 1:56.00 | 1:54.97 | 8 |
| 1) Galtier, Georges M37 | 2) Appleby, Heather W22 | | |
| 3) Neyland, Spencer M45 | 4) Greenberg, Megan W25 | | |
| 26.34 | 59.22 (32.88) | 1:25.35 (26.13) | 1:54.97 (29.62) |
| -- VIRGINIA MASTERS SWIM TEAM 'A' | 1:41.02 | DQ | |

71 Early take-off swimmer #2

| | | | |
|-----------------------|---------------|---------------------|------------|
| 1) Russo, Claire W27 | | 2) Clear, Kirk M43 | |
| 3) Nelson, Rachel W19 | | 4) Barley, Adam M29 | |
| 27.50 | 50.82 (23.32) | 1:16.21 (25.39) | DQ (22.74) |

Mixed 18+ 400 Yard Freestyle Relay

ZONE: Z 3:33.61 4/22/2006 Curl-Burke Swim Club

NATL: ! 3:25.12 4/7/2002 NEM

P CADWELL, J STOKES, E WANG, J EADDY

| Team | Seed | Finals | Points |
|---------------------------------------|-------------------|--------------------------------|-------------------|
| 1 RESTON MASTERS SWIM TEAM 'B' | 3:50.50 | 3:53.27 | 18 |
| 1) Orton, David M33 | | 2) Basile, Kimberly W25 | |
| 3) Jones, Caylin W22 | | 4) Panayotov, Vladimir M26 | |
| 25.93 | 53.74 (53.74) | 1:22.21 (28.47) | 1:53.01 (59.27) |
| 2:23.27 (30.26) | 2:57.45 (1:04.44) | 3:24.46 (27.01) | 3:53.27 (55.82) |
| 2 DISTRICT OF COLUMBIA AQUATICS 'A' | 4:02.50 | 3:56.07 | 14 |
| 1) Moon, WonKee M36 | | 2) Hemady, Noura W24 | |
| 3) Warren-Shriner, Lindsey W22 | | 4) Mead, Jeffrey M54 | |
| 26.59 | 55.06 (55.06) | 1:24.55 (29.49) | 1:57.60 (1:02.54) |
| 2:27.46 (29.86) | 3:00.06 (1:02.46) | 3:26.90 (26.84) | 3:56.07 (56.01) |
| 3 CURL BURKE MASTERS SWIMMING, I 'B' | 5:00.00 | 4:12.94 | 12 |
| 1) Schmitt, Jacqueline W19 | | 2) Jones, Mark M48 | |
| 3) Rasch, Bettina W20 | | 4) Dantas-McCutcheon, Matt M22 | |
| 32.61 | 1:07.88 (1:07.88) | 1:35.16 (27.28) | 2:04.69 (56.81) |
| 2:37.07 (32.38) | 3:14.24 (1:09.55) | 3:41.33 (27.09) | 4:12.94 (58.70) |
| 4 PATRIOT MASTERS SWIM TEAM 'A' | 4:47.00 | 4:47.04 | 10 |
| 1) Weidner, Bob M54 | | 2) Yu, Melanie W29 | |
| 3) Webb, Bob M55 | | 4) Cunningham, Catherine W24 | |
| 32.77 | 1:08.68 (1:08.68) | 1:39.30 (30.62) | 2:13.77 (1:05.09) |
| 2:46.66 (32.89) | 3:22.74 (1:08.97) | 4:47.04 (1:24.30) | |
| -- CURL BURKE MASTERS SWIMMING, I 'C' | 5:00.00 | DQ | |
| 71 Early take-off swimmer #3 | | | |
| 1) Perry, Elisabeth W24 | | 2) Ruckstuhl, Mark M43 | |
| 3) Zamon, Fred M69 | | 4) Froemke, Lara W21 | |
| 29.40 | 1:02.72 (1:02.72) | 1:35.14 (32.42) | 2:49.12 (1:46.40) |
| 3:29.70 (40.58) | 4:01.28 (1:12.16) | | |

Mixed 18+ 800 Yard Freestyle Relay

ZONE: Z 7:54.89 2002 Colonials 1776

NATL: ! 7:39.06 4/7/2002 NEM

D DORNAUS, J STOKES, A DEVITO, J EADDY

| Team | Seed | Finals | Points |
|--------------------------------|---------|---------|--------|
| 1 RESTON MASTERS SWIM TEAM 'C' | 9:15.00 | 9:04.79 | 18 |

| | |
|--------------------------------------|---|
| 1) Watson, Jason M32 | 2) Spanhak, Karl M31 |
| 3) Jones, Caylin W22 | 4) Basile, Kimberly W25 |
| 31.46 1:05.23 (1:05.23) | 1:40.09 (1:40.09) 2:15.04 (2:15.04) |
| 2:45.22 (30.18) | 3:19.74 (1:04.70) 3:57.20 (1:42.16) 4:35.65 (2:20.61) |
| 5:07.77 (32.12) | 5:43.36 (1:07.71) 6:20.42 (1:44.77) 6:56.52 (2:20.87) |
| 7:27.01 (30.49) | 8:00.51 (1:03.99) 8:33.88 (1:37.36) 9:04.79 (2:08.27) |
| 2 CURL BURKE MASTERS SWIMMING, I 'A' | 12:00.00 12:02.47 14 |
| 1) Pattie, Kenton M71 | 2) McAlevy, Mary Grace W46 |
| 3) Rasch, Bettina W20 | 4) Viellieu, Ben M56 |

Mixed 18+ 200 Yard Medley Relay

| | | | |
|--|-------------------------------|-----------------|--------|
| ===== | | | |
| ZONE: Z 1:40.03 4/14/2007 Curl-Burke Swim Club | | | |
| NATL: ! 1:39.26 4/16/2010 WMAC | | | |
| A MANIA, J CONNORS, L NEWPORT, C GRAVENGOOD | | | |
| Team | Seed | Finals | Points |
| ===== | | | |
| 1 DISTRICT OF COLUMBIA AQUATICS 'A' | 2:01.50 | 1:59.23 | 18 |
| 1) Hemady, Noura W24 | 2) Richard, Jean-Philippe M34 | | |
| 3) Koch, Gregory M28 | 4) Hewitt, Sara W30 | | |
| 33.68 1:04.04 (30.36) | 1:30.29 (26.25) | 1:59.23 (28.94) | |
| 2 CURL BURKE MASTERS SWIMMING, I 'B' | 2:30.00 | 2:02.11 | 14 |
| 1) Dantas-McCutcheon, Matt M22 | 2) Fuchs, Lauren W24 | | |
| 3) Rasch, Bettina W20 | 4) Dearfield, Kerry M58 | | |
| 30.26 1:02.98 (32.72) | 1:36.02 (33.04) | 2:02.11 (26.09) | |
| 3 WARD'S SWIM CLUB 'C' | 2:12.69 | 2:10.66 | 12 |
| 1) Cromarty, Lindsay W30 | 2) Cauley, Dawn W33 | | |
| 3) Pasten, Jorge M22 | 4) Dean, Robert M34 | | |
| 36.15 1:15.70 (39.55) | 1:45.09 (29.39) | 2:10.66 (25.57) | |
| 4 PATRIOT MASTERS SWIM TEAM 'A' | 2:37.00 | 2:38.52 | 10 |
| 1) Timmons, Timothy M64 | 2) Cunningham, Catherine W24 | | |
| 3) Pitchford, Barth M52 | 4) Yu, Melanie W29 | | |
| 40.92 1:32.56 (51.64) | 2:09.06 (36.50) | 2:38.52 (29.46) | |
| -- TERRAPIN MASTERS 'A' | 1:54.00 | DQ | |
| 79 Not enough swimmers | | | |
| 1) Grover, Mollie W30 | 2) Goodison, Michael M39 | | |
| 3) | 4) Ellis, Andrew M42 | | |
| 31.45 59.56 (28.11) | 1:32.50 (32.94) | DQ (24.61) | |
| -- MERRITT MARLINS 'A' | NT | DQ | |
| 70 Stroke Infraction swimmer #3: 23 One hand touch - fly | | | |
| 1) Methric, Tim M33 | 2) Pumphrey, Katie W23 | | |
| 3) Boilini, Lauren W27 | 4) Young, Buck M29 | | |
| 28.52 1:08.32 (39.80) | 1:56.38 (48.06) | | |

Mixed 25+ 200 Yard Freestyle Relay

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ZONE: Z 1:34.48 4/26/2009 Curl-Burke Swim Club

NATL: ! 1:29.40 5/21/1990 S. CAL AQUATIC
 C PONTHER, D GRANER, K BUSH, P MCCLAFFERTY

| Team | Seed | Finals | Points |
|-------------------------------------|-----------------------------------|-----------------|-----------------|
| 1 WARD'S SWIM CLUB 'A' | 1:39.71 | 1:35.82 | 18 |
| 1) Conze, Margaret W39 | 2) Williams, Susan W45 | | |
| 3) Conze, Dietrich M39 | 4) Kaufman-O'Reilly, Nicholas M27 | | |
| 25.07 | 51.34 (26.27) | 1:14.09 (22.75) | 1:35.82 (21.73) |
| 2 RED TIDE 'A' | 1:36.00 | 1:36.24 | 14 |
| 1) Thompson, Thayer M36 | 2) Tutschek, Elizabeth W28 | | |
| 3) Wager, Susan W45 | 4) Rozwadowski, Amir M32 | | |
| 23.59 | 49.11 (25.52) | 1:13.99 (24.88) | 1:36.24 (22.25) |
| 3 COLONIALS 1776 'A' | 1:50.55 | 1:40.50 | 12 |
| 1) Reshetar, Richard M25 | 2) Sheckler, Erica W32 | | |
| 3) Henkel, Carrie W32 | 4) Henkel, David M31 | | |
| 22.86 | 50.42 (27.56) | 1:16.42 (26.00) | 1:40.50 (24.08) |
| 4 DISTRICT OF COLUMBIA AQUATICS 'A' | 1:47.90 | 1:43.89 | 10 |
| 1) Moon, WonKee M36 | 2) Stakem, Meredith W29 | | |
| 3) Hewitt, Sara W30 | 4) Mead, Jeffrey M54 | | |
| 24.91 | 50.53 (25.62) | 1:19.21 (28.68) | 1:43.89 (24.68) |
| 5 TERRAPIN MASTERS 'A' | 1:40.00 | 1:46.47 | 8 |
| 1) Grover, Mollie W30 | 2) Strahota, Jeffrey M30 | | |
| 3) Galan, Juliana W27 | 4) Shipp, Bill M50 | | |
| 26.93 | 51.83 (24.90) | 1:20.88 (29.05) | 1:46.47 (25.59) |
| 6 BINGHAMTON UNIV MASTERS 'A' | 1:54.00 | 1:49.54 | 6 |
| 1) Paushter, Stephen M59 | 2) Smith, Jessica W26 | | |
| 3) Brown, Jessica W28 | 4) Caudrillier, Francois M48 | | |
| 28.72 | 57.85 (29.13) | 1:25.87 (28.02) | 1:49.54 (23.67) |
| 7 RESTON MASTERS SWIM TEAM 'A' | 1:54.00 | 1:49.67 | 4 |
| 1) Flanzer, Andrew M28 | 2) Shultz, Scott M28 | | |
| 3) Lichtblau, Jennifer W26 | 4) Cucuini, Samantha W33 | | |
| 24.85 | 51.20 (26.35) | 1:19.09 (27.89) | 1:49.67 (30.58) |
| 8 WARD'S SWIM CLUB 'B' | 1:54.35 | 1:50.54 | 2 |
| 1) Bassler, Christopher M29 | 2) Rai, Vanessa W28 | | |
| 3) Cromarty, Lindsay W30 | 4) Garner, Sam M25 | | |
| 23.97 | 52.76 (28.79) | 1:25.42 (32.66) | 1:50.54 (25.12) |
| 9 PATRIOT MASTERS SWIM TEAM 'B' | 1:57.00 | 1:53.21 | |
| 1) Sandi, Gustavo M38 | 2) Webb, Bob M55 | | |
| 3) Garcia, Natalia W32 | 4) Carreño, Eliana W25 | | |
| 26.11 | 56.10 (29.99) | 1:24.06 (27.96) | 1:53.21 (29.15) |

Mixed 25+ 400 Yard Freestyle Relay

ZONE: Z 3:24.32 4/24/2010 Red Tide, Red Tide
 K Gary, S Wager, D Lippin, N Werner
 NATL: ! 3:24.32 4/24/2010 RED TIDE
 K GARY, S WAGER, D LIPPIN, N WERNER

| Team | Seed | Finals | Points |
|--------------------------------------|--------------------------|-------------------|-------------------|
| 1 RED TIDE 'B' | 3:27.00 | 3:28.40 | 18 |
| 1) Rozwadowski, Amir M32 | 2) Wager, Susan W45 | | |
| 3) Gary, Kristin W43 | 4) Werner, Scott M32 | | |
| 24.38 | 50.25 (50.25) | 1:16.45 (26.20) | 1:44.80 (54.55) |
| 2:11.35 (26.55) | 2:40.27 (55.47) | 3:03.50 (23.23) | 3:28.40 (48.13) |
| 2 WARD'S SWIM CLUB 'A' | 3:24.54 | 3:35.42 | 14 |
| 1) Bassler, Christopher M29 | 2) Williams, Susan W45 | | |
| 3) Conze, Margaret W39 | 4) Conze, Dietrich M39 | | |
| 25.96 | 53.30 (53.30) | 1:19.65 (26.35) | 1:49.48 (56.18) |
| 2:15.95 (26.47) | 2:45.16 (55.68) | 3:08.90 (23.74) | 3:35.42 (50.26) |
| 3 RESTON MASTERS SWIM TEAM 'A' | 3:39.39 | 3:40.82 | 12 |
| 1) Orton, Adam M29 | 2) Shultz, Scott M28 | | |
| 3) Van Erden, Jayme W25 | 4) Carlson, Jennifer W31 | | |
| 25.47 | 52.82 (52.82) | 1:18.09 (25.27) | 1:46.79 (53.97) |
| 2:13.72 (26.93) | 2:42.90 (56.11) | 3:10.93 (28.03) | 3:40.82 (57.92) |
| 4 COLONIALS 1776 'A' | 4:03.10 | 3:53.08 | 10 |
| 1) Henkel, Carrie W32 | 2) Sheckler, Erica W32 | | |
| 3) Henkel, David M31 | 4) Patterson, Thomas M33 | | |
| 29.04 | 59.77 (59.77) | 1:29.18 (29.41) | 2:00.97 (1:01.20) |
| 2:27.25 (26.28) | 2:55.82 (54.85) | 3:22.94 (27.12) | 3:53.08 (57.26) |
| 5 WARRENTON MASTERS SWIM TEAM 'A' | 4:15.00 | 4:05.69 | 8 |
| 1) Lai, V. M29 | 2) Whitney, Kami W33 | | |
| 3) Voskuhl, Karri W26 | 4) Iten, Christian M27 | | |
| | 2:01.31 () | | |
| 2:11.07 () | 2:33.32 () | 3:36.06 (1:02.74) | 4:05.69 (1:32.37) |
| 6 CURL BURKE MASTERS SWIMMING, I 'A' | 5:00.00 | 4:07.81 | 6 |
| 1) di Filippo, Mario M34 | 2) Van Horn, Alaina W30 | | |
| 3) Pearson, Maryellen W29 | 4) Hegna, Jon M32 | | |
| 25.47 | 53.91 (53.91) | 1:23.25 (29.34) | 1:55.40 (1:01.49) |
| 2:27.92 (32.52) | 3:05.81 (1:10.41) | 3:35.40 (29.59) | 4:07.81 (1:02.00) |
| 7 RESTON MASTERS SWIM TEAM 'F' | 4:14.14 | 4:11.85 | 4 |
| 1) Watson, Jason M32 | 2) Cardy, Andrea W31 | | |
| 3) Lichtblau, Jennifer W26 | 4) Spanhak, Karl M31 | | |
| 29.07 | 1:00.77 (1:00.77) | 1:31.84 (31.07) | 2:08.91 (1:08.14) |
| 2:37.89 (28.98) | 3:09.54 (1:00.63) | 3:38.58 (29.04) | 4:11.85 (1:02.31) |
| 8 BINGHAMTON UNIV MASTERS 'A' | 4:40.00 | 4:13.82 | 2 |
| 1) Losinger, Matt M38 | 2) West, John M50 | | |
| 3) Brown, Jessica W28 | 4) Smith, Jessica W26 | | |
| 29.30 | 1:01.32 (1:01.32) | 1:32.82 (31.50) | 2:06.98 (1:05.66) |
| 2:37.42 (30.44) | 3:10.17 (1:03.19) | 3:40.65 (30.48) | 4:13.82 (1:03.65) |

Mixed 25+ 800 Yard Freestyle Relay

ZONE: Z 7:40.50 1999 Colonials 1776
 NATL: ! 7:25.46 4/4/2004 ILLINOIS MSTR

J RIDGE, N DAY, P ELDER, M KELLER

| Team | Seed | Finals | Points |
|-------------------------------------|-------------------------------|-------------------|-------------------|
| 1 DISTRICT OF COLUMBIA AQUATICS 'A' | 9:15.00 | 8:55.39 | 18 |
| 1) Stakem, Meredith W29 | 2) Hewitt, Sara W30 | | |
| 3) Crowe, John M33 | 4) Richard, Jean-Philippe M34 | | |
| 30.07 | 1:03.23 (1:03.23) | 1:36.94 (1:36.94) | 2:09.41 (2:09.41) |
| 2:40.86 (31.45) | 3:17.67 (1:08.26) | 3:57.43 (1:48.02) | 4:40.14 (2:30.73) |
| 5:10.52 (30.38) | 5:44.48 (1:04.34) | 6:18.88 (1:38.74) | 6:53.47 (2:13.33) |
| 7:20.84 (27.37) | 7:51.24 (57.77) | 8:23.55 (1:30.08) | 8:55.39 (2:01.92) |
| 2 MERRITT MARLINS 'A' | 9:40.00 | 9:04.12 | 14 |
| 1) Kratz, Caley W25 | 2) Cummings, Patricia W34 | | |
| 3) Joubert, Kevin M38 | 4) Methric, Tim M33 | | |
| 31.76 | 1:07.08 (1:07.08) | 1:43.70 (1:43.70) | 2:20.23 (2:20.23) |
| 2:53.78 (33.55) | 3:33.83 (1:13.60) | 4:16.49 (1:56.26) | 4:59.03 (2:38.80) |
| 5:27.38 (28.35) | 5:58.74 (59.71) | 6:30.61 (1:31.58) | 7:02.13 (2:03.10) |
| 7:28.77 (26.64) | 7:59.46 (57.33) | 8:31.69 (1:29.56) | 9:04.12 (2:01.99) |
| 3 BINGHAMTON UNIV MASTERS 'A' | 10:00.00 | 9:19.65 | 12 |
| 1) West, John M50 | 2) Smith, Jessica W26 | | |
| 3) Weir, Ken M57 | 4) Qu, Yun W32 | | |
| 31.89 | 1:08.05 (1:08.05) | 1:45.85 (1:45.85) | 2:23.54 (2:23.54) |
| 2:54.92 (31.38) | 3:29.78 (1:06.24) | 4:06.09 (1:42.55) | 4:41.10 (2:17.56) |
| 5:14.54 (33.44) | 5:51.01 (1:09.91) | 6:29.27 (1:48.17) | 7:05.84 (2:24.74) |
| 7:34.88 (29.04) | 8:07.78 (1:01.94) | 8:43.26 (1:37.42) | 9:19.65 (2:13.81) |

Mixed 25+ 200 Yard Medley Relay

| Team | Seed | Finals | Points |
|--|-----------------------------|-------------------------------------|-----------------|
| ===== | | | |
| ZONE: Z | 1:45.82 | 4/25/2009 Patriot Masters Swim Team | |
| NATL: ! | 1:38.22 | 5/4/2008 CURL-BURKE | |
| S PETERSON, J BETTS, W LISCINSKY, L LAUWAERT | | | |
| Team | Seed | Finals | Points |
| ===== | | | |
| 1 PATRIOT MASTERS SWIM TEAM 'B' | 1:59.00 | 1:52.36 | 18 |
| 1) Ward, Cheryl W44 | 2) Sandi, Gustavo M38 | | |
| 3) Garcia, Natalia W32 | 4) von Loewe, Pete M40 | | |
| 30.96 | 1:00.77 (29.81) | 1:30.46 (29.69) | 1:52.36 (21.90) |
| 2 RED TIDE 'A' | 1:53.00 | 1:55.96 | 14 |
| 1) Shpaizer, Tal W28 | 2) Rosencrantz, Michael M40 | | |
| 3) Ching, Reid M33 | 4) Tutschek, Elizabeth W28 | | |
| 28.85 | 1:03.14 (34.29) | 1:30.60 (27.46) | 1:55.96 (25.36) |
| 3 WARD'S SWIM CLUB 'B' | 1:54.79 | 1:56.69 | 12 |
| 1) Rai, Vanessa W28 | 2) Bassler, Christopher M29 | | |
| 3) Cicmil, Boris M29 | 4) Natali, Eileen W54 | | |
| 34.49 | 1:04.88 (30.39) | 1:29.65 (24.77) | 1:56.69 (27.04) |
| 4 CURL BURKE MASTERS SWIMMING, I 'A' | 2:30.00 | 2:01.73 | 10 |
| 1) Gallagher, Jose-Luis M34 | 2) Pearson, Maryellen W29 | | |
| 3) Van Horn, Alaina W30 | 4) Hegna, Jon M32 | | |

| | | | | | |
|-----------------------------------|-------|-----------------|--------------------------|-----------------|--|
| | 26.10 | 1:00.58 (34.48) | 1:31.14 (30.56) | 2:01.73 (30.59) | |
| 5 RESTON MASTERS SWIM TEAM 'F' | | | 2:05.05 2:04.69 | 8 | |
| 1) Orton, Jill W30 | | | 2) Orton, Adam M29 | | |
| 3) Orton, David M33 | | | 4) Orton, Karolina W30 | | |
| | 33.57 | 1:05.41 (31.84) | 1:33.08 (27.67) | 2:04.69 (31.61) | |
| 6 WARRENTON MASTERS SWIM TEAM 'A' | | | 2:15.00 2:07.31 | 6 | |
| 1) Lai, V. M29 | | | 2) Voskuhl, Karri W26 | | |
| 3) Whitney, Kami W33 | | | 4) Iten, Christian M27 | | |
| | 33.02 | 1:10.74 (37.72) | 1:42.65 (31.91) | 2:07.31 (24.66) | |
| 7 BINGHAMTON UNIV MASTERS 'A' | | | 2:25.00 2:10.35 | 4 | |
| 1) Kornblatt, Dan M61 | | | 2) Kristek, Steven M52 | | |
| 3) Qu, Yun W32 | | | 4) Tourtual, Dorothy W59 | | |
| | 33.54 | 1:08.90 (35.36) | 1:36.24 (27.34) | 2:10.35 (34.11) | |
| 8 RESTON MASTERS SWIM TEAM 'E' | | | 2:15.15 2:14.12 | 2 | |
| 1) Fry-Jones, Jessica W31 | | | 2) Cucuini, Samantha W33 | | |
| 3) Thomasian, Aram M25 | | | 4) Pohnert, Steven M41 | | |
| | 32.36 | 1:17.86 (45.50) | 1:45.27 (27.41) | 2:14.12 (28.85) | |
| -- WARD'S SWIM CLUB 'A' | | | 1:48.31 DQ | | |
| 71 Early take-off swimmer #2 | | | | | |
| 1) Williams, Susan W45 | | | 2) Garner, Sam M25 | | |
| 3) Kaufman-O'Reilly, Nicholas M27 | | | 4) Conze, Margaret W39 | | |
| | 27.91 | 57.44 (29.53) | 1:23.01 (25.57) | | |

Mixed 25+ 400 Yard Medley Relay

| | | | | | |
|-------|------------------------------|-----------------|--|-------------------|-------------------|
| ===== | | | | | |
| | ZONE: Z | 3:45.13 | 4/25/2010 Red Tide, Red Tide | | |
| | | | K Gary, N Werner, T Shpaizer, D Lippin | | |
| | NATL: ! | 3:45.13 | 4/25/2010 RED TIDE | | |
| | | | K GARY, N WERNER, T SHPAIZER, D LIPPIN | | |
| | Team | | Seed | Finals | Points |
| ===== | | | | | |
| 1 | RED TIDE 'A' | | 3:45.00 | 3:46.67 | 18 |
| | 1) Gary, Kristin W43 | | 2) Werner, Scott M32 | | |
| | 3) Shpaizer, Tal W28 | | 4) Rozwadowski, Amir M32 | | |
| | | 28.76 | 58.99 (58.99) | 1:26.10 (27.11) | 1:56.87 (57.88) |
| | | 2:24.59 (27.72) | 2:57.51 (1:00.64) | 3:20.42 (22.91) | 3:46.67 (49.16) |
| 2 | RESTON MASTERS SWIM TEAM 'A' | | 4:15.00 | 4:07.66 | 14 |
| | 1) Orton, Adam M29 | | 2) Panayotov, Vladimir M26 | | |
| | 3) Carlson, Jennifer W31 | | 4) Van Erden, Jayme W25 | | |
| | | 28.43 | 57.90 (57.90) | 1:28.22 (30.32) | 2:03.60 (1:05.70) |
| | | 2:33.93 (30.33) | 3:10.33 (1:06.73) | 3:37.56 (27.23) | 4:07.66 (57.33) |
| 3 | BINGHAMTON UNIV MASTERS 'A' | | 4:33.00 | 4:15.67 | 12 |
| | 1) Kristek, Steven M52 | | 2) Losinger, Matt M38 | | |
| | 3) Qu, Yun W32 | | 4) Brown, Jessica W28 | | |
| | | 32.45 | 1:05.89 (1:05.89) | 1:36.60 (30.71) | 2:12.07 (1:06.18) |
| | | 2:40.78 (28.71) | 3:13.90 (1:01.83) | 4:15.67 (1:01.77) | |
| 4 | WARD'S SWIM CLUB 'A' | | 4:14.69 | 4:19.14 | 10 |

| | | | | | |
|-------------------------------------|-------------------------|-----------------|-------------------|---|--|
| 1) Hahs, Brian M28 | 2) Garner, Sam M25 | | | | |
| 3) Rai, Vanessa W28 | 4) Natali, Eileen W54 | | | | |
| 31.91 | 1:05.39 (1:05.39) | 1:35.96 (30.57) | 2:11.09 (1:05.70) | | |
| 2:41.96 (30.87) | 3:18.22 (1:07.13) | 3:46.59 (28.37) | 4:19.14 (1:00.92) | | |
| 5 RED TIDE 'B' | | 4:21.00 | 4:23.71 | 8 | |
| 1) Armentrout, Anna W39 | 2) Dougherty, Erin W28 | | | | |
| 3) Ching, Reid M33 | 4) Uprichard, David M45 | | | | |
| 31.40 | 1:03.92 (1:03.92) | 1:40.85 (36.93) | 2:23.25 (1:19.33) | | |
| 2:52.41 (29.16) | 3:24.42 (1:01.17) | 3:52.59 (28.17) | 4:23.71 (59.29) | | |
| 6 DISTRICT OF COLUMBIA AQUATICS 'A' | | 4:31.00 | 4:36.13 | 6 | |
| 1) Tustin, John M34 | 2) Stakem, Meredith W29 | | | | |
| 3) Koch, Gregory M28 | 4) Hewitt, Sara W30 | | | | |
| 32.40 | 1:08.08 (1:08.08) | 1:47.46 (39.38) | 2:31.07 (1:22.99) | | |
| 2:57.76 (26.69) | 3:30.32 (59.25) | 4:02.10 (31.78) | 4:36.13 (1:05.81) | | |
| 7 RESTON MASTERS SWIM TEAM 'D' | | 4:40.00 | 4:37.53 | 4 | |
| 1) Fry-Jones, Jessica W31 | 2) Cardy, Andrea W31 | | | | |
| 3) Carlson, John M39 | 4) Cascio, David M48 | | | | |
| 34.37 | 1:10.93 (1:10.93) | 1:49.02 (38.09) | 2:30.87 (1:19.94) | | |
| 3:01.04 (30.17) | 3:34.28 (1:03.41) | 4:04.75 (30.47) | 4:37.53 (1:03.25) | | |

Mixed 35+ 200 Yard Freestyle Relay

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ZONE: Z 1:36.19 1998 Colonials 1776
 NATL: ! 1:30.17 4/25/2004 ROCKY MTN
 K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

| Team | Seed | Finals | Points |
|----------------------------------|-------------------------|-------------------|-----------------|
| ===== | | | |
| 1 PATRIOT MASTERS SWIM TEAM 'C' | 1:46.00 | 1:47.93 | 18 |
| 1) von Loewe, Pete M40 | 2) Pitchford, Barth M52 | | |
| 3) Ward, Cheryl W44 | 4) Moy, Elaina W37 | | |
| 22.24 | 52.82 (30.58) | 1:19.00 (26.18) | 1:47.93 (28.93) |
| 2 VIRGINIA MASTERS SWIM TEAM 'B' | NT | 2:10.18 | 14 |
| 1) Lotz, Ariel W38 | 2) Dunleavy, Bill M49 | | |
| 3) Moore, Alison W40 | 4) Nelson, Bill M58 | | |
| 35.98 | 54.77 (18.79) | 1:40.28 (45.51) | 2:10.18 (29.90) |
| 3 RESTON MASTERS SWIM TEAM 'D' | 2:45.00 | 2:43.38 | 12 |
| 1) Vurdelja, David M45 | 2) Pohnert, Annie W43 | | |
| 3) Li, Eileen W50 | 4) Boyle, Michael M59 | | |
| 35.88 | 1:29.14 (53.26) | 2:43.38 (1:14.24) | |

Mixed 35+ 400 Yard Freestyle Relay

=====

ZONE: Z 3:36.79 1997 Colonials 1776
 NATL: ! 3:28.42 3/15/2008 VIRGINIA
 S SUMMERLIN, J JOHN, C JOHN, D SUMMERLIN

| Team | Seed | Finals | Points |
|-------|------|--------|--------|
| ===== | | | |

| | | | | |
|--------------------------------|-----------------|------------------------|-----------------|-------------------|
| 1 RED TIDE 'A' | | 3:56.00 | 3:56.22 | 18 |
| 1) Galtier, Georges M37 | | 2) Levi, Susie W36 | | |
| 3) Armentrout, Anna W39 | | 4) Goodman, Robert M42 | | |
| | 27.87 | 59.34 (59.34) | 1:29.56 (30.22) | 2:02.96 (1:03.62) |
| | 2:30.26 (27.30) | 3:00.74 (57.78) | 3:27.64 (26.90) | 3:56.22 (55.48) |
| 2 RESTON MASTERS SWIM TEAM 'E' | | 3:58.58 | 3:56.80 | 14 |
| 1) Waltman, Michael M41 | | 2) Pitman, Suni W35 | | |
| 3) Katsaros, Sheryl W41 | | 4) Carlson, John M39 | | |
| | 27.24 | 55.74 (55.74) | 1:24.54 (28.80) | 1:56.34 (1:00.60) |
| | 2:26.45 (30.11) | 2:58.82 (1:02.48) | 3:27.27 (28.45) | 3:56.80 (57.98) |

Mixed 35+ 200 Yard Medley Relay

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ZONE: Z 1:48.50 1987 Colonials 1776
 NATL: ! 1:39.85 5/22/2010 COLORADO
 S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

| Team | | Seed | Finals | Points |
|----------------------------------|-------|----------------------------|-----------------|-------------------|
| 1 COLONIALS 1776 'A' | | 2:16.00 | 2:12.40 | 18 |
| 1) Dougherty, Rick M54 | | 2) Keisling, Christine W54 | | |
| 3) Wexler, Wayne M44 | | 4) Watts, Sue W56 | | |
| | 33.66 | 1:14.02 (40.36) | 1:41.20 (27.18) | 2:12.40 (31.20) |
| 2 VIRGINIA MASTERS SWIM TEAM 'B' | | NT | 2:19.53 | 14 |
| 1) Moore, Alison W40 | | 2) Lotz, Ariel W38 | | |
| 3) Clear, Kirk M43 | | 4) Dunleavy, Bill M49 | | |
| | 33.89 | 1:18.52 (44.63) | 1:44.31 (25.79) | 2:19.53 (35.22) |
| 3 RESTON MASTERS SWIM TEAM 'D' | | 2:58.58 | 2:51.06 | 12 |
| 1) Vurdelja, David M45 | | 2) Pohnert, Annie W43 | | |
| 3) Swanson, Aurora W38 | | 4) Nobbe, Nick M72 | | |
| | 43.96 | 59.56 (15.60) | 1:38.15 (38.59) | 2:51.06 (1:12.91) |

Mixed 35+ 400 Yard Medley Relay

=====

ZONE: Z 4:00.75 1997 Colonials 1776
 NATL: ! 3:48.70 4/19/2009 WALNUT CREEK
 D SANTOS, R SANTOS, A ZAMANIAN, D BOATWRIGHT

| Team | | Seed | Finals | Points |
|--------------------------------|-----------------|-----------------------------|-----------------|-------------------|
| 1 RESTON MASTERS SWIM TEAM 'C' | | 4:40.01 | 4:38.96 | 18 |
| 1) Katsaros, Sheryl W41 | | 2) Pitman, Suni W35 | | |
| 3) Pohnert, Steven M41 | | 4) Waltman, Michael M41 | | |
| | 37.00 | 1:15.87 (1:15.87) | 1:53.93 (38.06) | 2:36.28 (1:20.41) |
| | 3:07.91 (31.63) | 3:44.24 (1:07.96) | 4:10.66 (26.42) | 4:38.96 (54.72) |
| 2 RED TIDE 'A' | | 4:29.00 | 4:43.19 | 14 |
| 1) Mestecky, Rowan W44 | | 2) Rosencrantz, Michael M40 | | |
| 3) Goodman, Robert M42 | | 4) Upton, Sara W35 | | |
| | 39.75 | 1:21.01 (1:21.01) | 1:55.28 (34.27) | 2:34.92 (1:13.91) |

3:04.47 (29.55) 3:40.04 (1:05.12) 4:43.19 (1:03.15)

Mixed 45+ 200 Yard Freestyle Relay

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ZONE: Z 1:45.56 4/3/2004 Fairfax County Masters
NATL: ! 1:34.48 5/4/2008 ARIZONA
J SMITH, M BAILEY, S ROLLINS, P SMITH

| Team | Seed | Finals | Points |
|--------------------------------------|-------------------------|-------------------|--------|
| 1 COLONIALS 1776 'B' | 1:54.86 | 1:52.09 | 18 |
| 1) Hug, Laurie W45 | 2) Dougherty, Steve M59 | | |
| 3) Swanson, Vibeke W49 | 4) Sweeney, Paul M60 | | |
| 28.85 56.94 (28.09) | 1:24.47 (27.53) | 1:52.09 (27.62) | |
| 2 RESTON MASTERS SWIM TEAM 'B' | 2:02.00 | 1:55.00 | 14 |
| 1) Johnson, Mindy W47 | 2) Dawson, Mandy W48 | | |
| 3) Hong, Chun M50 | 4) Jay, Mike M49 | | |
| 28.55 59.15 (30.60) | 1:29.46 (30.31) | 1:55.00 (25.54) | |
| 3 RESTON MASTERS SWIM TEAM 'C' | 2:06.00 | 2:09.13 | 12 |
| 1) Nakazawa, Muraji M54 | 2) Casey, Sheila W54 | | |
| 3) McGuire, Elizabeth W54 | 4) Tipler, David M55 | | |
| 29.52 1:03.00 (33.48) | 1:40.22 (37.22) | 2:09.13 (28.91) | |
| 4 NORTH CAROLINA MASTERS SWIMMIN 'A' | 2:25.00 | 2:20.76 | 10 |
| 1) Sundel, Nanci W45 | 2) Klein, William M82 | | |
| 3) Sireuil, Elissa W49 | 4) Klein, Jonathan M53 | | |
| 31.38 48.44 (17.06) | 1:20.29 (31.85) | 2:20.76 (1:00.47) | |

Mixed 45+ 400 Yard Freestyle Relay

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ZONE: Z 4:03.93 4/4/2004 Virginia Masters SwimTeam
NATL: ! 3:34.92 4/13/2008 WALNUT CREEK
G REMMERT, L VIDAL, C MCNAMARA, D BOATWIGHT

| Team | Seed | Finals | Points |
|-----------------------------------|--------------------------|-------------------|--------|
| 1 RESTON MASTERS SWIM TEAM 'C' | 4:15.15 | 4:10.73 | 18 |
| 1) Levenson, Steven M57 | 2) Brightwell, Kim W51 | | |
| 3) Hajost, Cynthia W51 | 4) Jay, Mike M49 | | |
| 29.78 1:01.66 (1:01.66) | 1:32.44 (30.78) | 2:04.47 (1:02.81) | |
| 2:37.28 (32.81) 3:09.89 (1:05.42) | 3:38.01 (28.12) | 4:10.73 (1:00.84) | |
| 2 RESTON MASTERS SWIM TEAM 'D' | 4:24.24 | 4:33.28 | 14 |
| 1) Johnson, Mindy W47 | 2) Paulson, Laurence M62 | | |
| 3) Moyer, Michelle W48 | 4) Moyer, Steven M53 | | |
| 30.67 1:04.32 (1:04.32) | 1:38.85 (34.53) | 2:16.06 (1:11.74) | |
| 2:32.20 (16.14) 2:49.08 (33.02) | 3:25.80 (36.72) | 4:33.28 (1:44.20) | |
| 3 VIRGINIA MASTERS SWIM TEAM 'B' | NT | 4:59.93 | 12 |
| 1) Romo, Robert M52 | 2) Page, Kathryn W62 | | |
| 3) Braaten, Kitten W55 | 4) Swiger, Bud M54 | | |
| 30.24 1:03.02 (1:03.02) | 1:44.11 (41.09) | 2:28.36 (1:25.34) | |

3:04.52 (36.16) 3:43.96 (1:15.60) 4:20.39 (36.43) 4:59.93 (1:15.97)

Mixed 45+ 800 Yard Freestyle Relay

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=====
ZONE: Z 8:48.91          1999 DC Masters
NATL: ! 7:51.33        4/17/2009 WALNUT CREEK
                        D BOATWRIGHT, C O'BRIEN, M CURRAN, B GOTHBERG
=====
Team                               Seed      Finals      Points
=====
1 COLONIALS 1776 'A'                8:32.77    8:30.46Z    18
  1) Hug, Laurie W45                2) Swanson, Vibeke W49
  3) Sweeney, Paul M60              4) Thornton, Jim M58
      29.77  1:02.15 (1:02.15)  1:35.12 (1:35.12)  2:07.76 (2:07.76)
  2:37.62 (29.86)  3:11.26 (1:03.50)  3:45.36 (1:37.60)  4:18.96 (2:11.20)
  4:38.70 (19.74)  5:24.10 (1:05.14)  5:58.43 (1:39.47)  6:31.39 (2:12.43)
  6:59.66 (28.27)  7:30.31 (58.92)   8:01.21 (1:29.82)  8:30.46 (1:59.07)
2 RESTON MASTERS SWIM TEAM 'B'      9:45.00    9:47.13     14
  1) Moyer, Steven M53              2) Moyer, Michelle W48
  3) Hajost, Cynthia W51            4) Cascio, David M48
      34.47  1:12.98 (1:12.98)  1:52.91 (1:52.91)  2:32.42 (2:32.42)
  2:50.34 (17.92)  3:07.74 (35.32)   3:46.89 (1:14.47)  4:27.17 (1:54.75)
  5:06.43 (39.26)  5:39.53 (1:12.36)  6:17.70 (1:50.53)  6:55.55 (2:28.38)
  7:31.18 (35.63)  8:03.06 (1:07.51)  8:36.81 (1:41.26)  9:47.13 (2:51.58)
3 VIRGINIA MASTERS SWIM TEAM 'A'    NT        10:03.33    12
  1) Braaten, Kitten W55            2) Loftus-Charley, Shirley W59
  3) Swiger, Bud M54                4) Romo, Robert M52
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Mixed 45+ 200 Yard Medley Relay

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=====
ZONE: Z 1:58.45          1999 Maryland
NATL: ! 1:44.02        5/4/2008 ARIZONA
                        J SMITH, G MILLS, S ROLLINS, M BAILEY
=====
Team                               Seed      Finals      Points
=====
1 PATRIOT MASTERS SWIM TEAM 'C'     2:01.00    2:04.27     18
  1) Livingston, Leslie W49         2) Toner, Karlin W49
  3) Lisann, Eric M51               4) Weidner, Bob M54
      28.29  1:06.60 (38.31)  1:35.69 (29.09)  2:04.27 (28.58)
2 RESTON MASTERS SWIM TEAM 'C'      2:25.25    2:26.81     14
  1) Nakazawa, Muraji M54           2) Dawson, Mandy W48
  3) Casey, Sheila W54              4) Tipler, David M55
      43.29  1:23.52 (40.23)  1:59.83 (36.31)  2:26.81 (26.98)
3 RED TIDE 'B'                      2:20.00    2:32.59     12
  1) Colby, Laura W53               2) Neyland, Spencer M45
  3) Charles, Barbara W66           4) Uprichard, David M45
      41.18  1:12.80 (31.62)  2:05.65 (52.85)  2:32.59 (26.94)
4 VIRGINIA MASTERS SWIM TEAM 'C'    NT        2:54.31     10
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| | | | |
|-----------------------|---------------------------|-----------------|-----------------|
| 1) Durrant, Betsy W69 | 2) Nelson, Bill M58 | | |
| 3) Swiger, Bud M54 | 4) Worrell, Christine W50 | | |
| 48.17 | 1:30.68 (42.51) | 2:10.27 (39.59) | 2:54.31 (44.04) |

Mixed 45+ 400 Yard Medley Relay

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=====
ZONE: Z 4:28.24      2002 Virginia
NATL: ! 4:00.80     5/2/2004 OREGON
                K, P ALLENDER, C CRABBE, M TENNANT
Team              Seed      Finals      Points
=====
1 RESTON MASTERS SWIM TEAM 'B'          4:45.00    4:43.59      18
  1) Brightwell, Kim W51                2) Levenson, Steven M57
  3) Hyland, Cynthia W50                4) Evans, Brian M46
      34.63                                1:45.87 ( )      2:25.81 ( )
  3:01.55 (35.74)  3:42.09 (1:16.28)  4:11.21 (29.12)  4:43.59 (1:01.50)
2 VIRGINIA MASTERS SWIM TEAM 'A'          NT      5:26.96      14
  1) Braaten, Kitten W55                2) Romo, Robert M52
  3) Swiger, Bud M54                    4) Loftus-Charley, Shirley W59
      44.23    1:29.85 (1:29.85)    2:07.54 (37.69)  2:50.15 (1:20.30)
                4:20.79 (1:30.64)    4:52.97 (32.18)  5:26.96 (1:06.17)
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Mixed 55+ 200 Yard Freestyle Relay

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=====
ZONE: Z 2:01.83      1990 New England
NATL: ! 1:42.86     5/21/2010 PNA
                A BELL, C DAVIS, D GLASSMAN, D GRAHAM
Team              Seed      Finals      Points
=====
1 RESTON MASTERS SWIM TEAM 'E'          2:35.00    2:39.79      18
  1) Brisk, Diane W55                    2) Chadsey, William M68
  3) Gerson, Gordon M74                  4) Wymelenberg, Lynn W55
      42.35    1:17.98 (35.63)    2:06.98 (49.00)  2:39.79 (32.81)
=====

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Mixed 55+ 800 Yard Freestyle Relay

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=====
ZONE: Z 9:35.98      4/3/2004 DC Masters
NATL: ! 8:54.85     4/19/2009 TAM
                R BURNS, K FROST, L VAL, L SHOENBERGER
Team              Seed      Finals      Points
=====
1 RESTON MASTERS SWIM TEAM 'A'          11:45.45   13:22.39      18
  1) Brisk, Diane W55                    2) Paulson, Laurence M62
  3) Rogers, Dean M64                    4) Wymelenberg, Lynn W55
      46.27    1:41.08 (1:41.08)    2:44.89 (2:44.89)  3:48.25 (3:48.25)
  4:07.31 (19.06)  4:28.15 (39.90)    5:14.48 (1:26.23)  6:02.55 (2:14.30)
  6:47.87 (45.32)  7:40.80 (1:38.25)  8:40.50 (2:37.95)
=====

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11:13.96 () 11:57.34 () 12:40.28 () 13:22.39 ()

Mixed 55+ 200 Yard Medley Relay

=====

ZONE: Z 2:16.14 1987 New England
NATL: ! 1:56.64 5/10/2009 TAMALPAIS
R BURNS, K FROST, L VAL, J EISENMAN

| Team | Seed | Finals | Points |
|--------------------------------|-----------------|-----------------------|-----------------|
| 1 RESTON MASTERS SWIM TEAM 'B' | 2:55.55 | 2:54.72 | 18 |
| 1) Flint, Myles M77 | | 2) Boyle, Michael M59 | |
| 3) Wymelenberg, Lynn W55 | | 4) Brisk, Diane W55 | |
| 48.56 | 1:35.74 (47.18) | 2:11.74 (36.00) | 2:54.72 (42.98) |

Mixed 65+ 200 Yard Freestyle Relay

=====

ZONE: Z 2:11.52 4/25/2010 Virginia Masters Swim Team, Virginia Master
E Gaulrapp, B Durrant, B Schreiner, H Sober
NATL: ! 1:53.76 5/10/2009 OREGON
JOY WARD, ROBERT SMITH, BARBARA FRID, TOM LANDIS

| Team | Seed | Finals | Points |
|--------------------------------------|-------------------|------------------------|-----------------|
| 1 RESTON MASTERS SWIM TEAM 'A' | 2:55.00 | 2:59.19 | 18 |
| 1) Hajost, Rosemary W78 | | 2) Manheim, Lucy W68 | |
| 3) Flint, Myles M77 | | 4) Nobbe, Nick M72 | |
| 53.60 | 1:35.82 (42.22) | 2:17.19 (41.37) | 2:59.19 (42.00) |
| 2 NORTH CAROLINA MASTERS SWIMMIN 'B' | 4:10.00 | 3:51.98 | 14 |
| 1) Sprung, Priscilla W70 | | 2) Klein, Judith W77 | |
| 3) Hohausner, Herman M70 | | 4) Maestro, Robert M67 | |
| 1:04.66 | 3:51.98 (2:47.32) | | |

Mixed 65+ 400 Yard Freestyle Relay

=====

ZONE: Z 4:36.77 4/12/2008 Virginia Masters Swim Team
NATL: ! 4:36.77 4/13/2008 VIRGINIA
H SOBER, J DETRICK, A WOLFE, B SCHREINER

| Team | Seed | Finals | Points |
|----------------------------------|-------------------|----------------------|-------------------|
| 1 VIRGINIA MASTERS SWIM TEAM 'A' | NT | 5:38.03 | 18 |
| 1) Gaulrapp, Edward M68 | | 2) Walker, Laura W73 | |
| 3) Durrant, Betsy W69 | | 4) Maher, Owen M76 | |
| 39.63 | 1:22.51 (1:22.51) | 2:04.28 (41.77) | 2:51.29 (1:28.78) |
| 3:31.57 (40.28) | 4:16.09 (1:24.80) | 4:55.12 (39.03) | 5:38.03 (1:21.94) |

Mixed 65+ 200 Yard Medley Relay

=====

ZONE: Z 2:29.78 1987 Connecticut

NATL: ! 2:06.22 5/10/2009 SAN DIEGO

B JORDAN, P ANDERSEN, K LODWIG, J MARR

| Team | Seed | Finals | Points |
|----------------------------------|-------------------------|-----------------|--------|
| 1 VIRGINIA MASTERS SWIM TEAM 'A' | NT | 2:43.88 | 18 |
| 1) Martin, Judy W68 | 2) Detrick, Johnnie W75 | | |
| 3) Gaulrapp, Edward M68 | 4) Sober, Harry M68 | | |
| 48.31 1:35.87 (47.56) | 2:15.49 (39.62) | 2:43.88 (28.39) | |
| 2 RESTON MASTERS SWIM TEAM 'A' | 3:05.05 | 3:15.23 | 14 |
| 1) Hajost, Rosemary W78 | 2) Chadsey, William M68 | | |
| 3) Pilette, Sterling M69 | 4) Manheim, Lucy W68 | | |
| 1:15.77 1:48.53 (32.76) | 2:32.94 (44.41) | 3:15.23 (42.29) | |

Mixed 65+ 400 Yard Medley Relay

ZONE: Z 5:23.62 4/13/2008 Virginia Masters Swim Team

NATL: ! 5:20.49 4/1/2007 SAN DIEGO

B JORDAN, B BEST, M FRESHLEY, G CLIFFORD

| Team | Seed | Finals | Points |
|-----------------------------------|-----------------------|-------------------|--------|
| 1 VIRGINIA MASTERS SWIM TEAM 'B' | NT | 6:12.97 | 18 |
| 1) Martin, Judy W68 | 2) Durrant, Betsy W69 | | |
| 3) Gaulrapp, Edward M68 | 4) Sober, Harry M68 | | |
| 50.98 1:46.80 (1:46.80) | 2:35.92 (49.12) | 3:31.31 (1:44.51) | |
| 4:12.62 (41.31) 5:04.42 (1:33.11) | 5:36.68 (32.26) | 6:12.97 (1:08.55) | |