

Colonies Zone Short Course Yards Championship

April 13 - 15, 2018

Hosted by: Patriot Masters & George Mason University Swimming & Diving
Fairfax, Virginia

Sanctioned by Potomac Valley LMSC for USMS, INC. # 108-S002

MEET DIRECTOR:	Cheryl Ward – 14307 Summer Tree Rd, Apt H, Centreville, VA 20121 cherylaward@yahoo.com	
REFEREE:	Jack Neill	Mike Rubin
OFFICIALS:	Robert Stevens	Courtney Johnston
	Paul Jampole	John Kost
	Scott Witkin	Carolyn Kotarski
	Jan Van Nimwegen	Tukkie McMillan
	Bentley Andrews	
HY-TEK:	Jim Thompson	Bob Brofft

USMS RECORDS BROKEN

Women 65-69

Melinda Wolff () – 50 Breast 37.33

Men 20-24

Lucas Bureau (Club Tribe) – 100 IM 49.23

Men 40-44

James Zenyuh (Riptide Masters) – 50 Fly 22.60

Women 25+

Gabrielle Mizerak, Victoria Maqueda, Katie Grier, Sara Shaner (Club Tribe) – 400 Free Relay 3:36.62

Men 18+

Lucas Bureau, James Henderson, Austin Glass, Andrew Greenhalgh (Club Tribe) – 800 Free Relay 6:53.52

Men 75+

Harry Sober, Ed Gaulrapp, Randolph Wise, Ken Novell (Virginia Masters) – 400 Free Relay 4:53.92

Mixed 18+

Sidney Glass, Laura Schwartz, Austin Glass, Katie Grier – 400 Medley Relay 3:41.42

Mixed 18+

Andrew Greenhalgh, Emily Ryczek, James Henderson, Anna Wujciak – 800 Free Relay 7:21.24

Mixed 75+

Beth Schreiner, Laura Walker, Ed Gaulrapp, Ken Novell – 200 Free Relay 2:26.97

Total number of swimmers in the meet: 456

Licensed to George Mason University HY-TEK's MEET MANAGER 6.0 4/22/2018
2018 COLONIES ZONE SCY CHAMPIONSHIP, Sanction #: 108-S002
George Mason University, Fairfax, VA
Team Rankings - Through Event 56

Combined Team Scores - Small Team

Place	Team		Points
1	SPRING VALLEY YMCA MASTERS	SVY	545
2	CENTRAL BUCKS FAMILY YMCA	CBFY	520
3	LANDSHARK MASTERS	LASH	273
4	FINS AQUATICS CLUB	FINS	226
5	GARDEN STATE MASTERS	GSM	186
6	FREEDOM AQUATIC CLUB	FAC	169
7	ROCHESTER AREA MASTERS SWIMMIN	ROCH	156
8	WARRENTON FAUQUIER AQUATIC CLU	WFAC	137
9	GOLD COAST MASTERS	GOLD	118
10	RIPTIDE MASTERS	RIPM	117
11	CENTRAL MARYLAND YMCA MASTERS	CMYM	98
12	UC09	UC09	79
13	ASPHALT GREEN MASTERS	AGUA	71
14	MASTERS AQUATICS AT SPRING HIL	MASH	68.5
15	UC04	UC04	63
16	SANTA CRUZ MASTERS AQUATICS	CRUZ	55
17	MARYLAND MASTERS	MARY	54
18	SPORT & HEALTH TSUNAMI MASTERS	NAMI	51
19	BEARCAT MASTERS	BCTM	50

19	E TEAM	ETM	50
21	UC08	UC08	49
22	UC02	UC02	43
23	COLUMBIA MASTERS SWIM TEAM	COLU	41
24	MAINE MASTERS SWIM CLUB	MESC	39
25	TEAM NEW YORK AQUATICS	TNYA	33
25	MONOCACY AQUATIC CLUB MASTERS	MACM	33
27	WOODLANDS MASTERS SWIM TEAM	WMST	32
28	DUMPSTER FISH	DFSH	29
29	CONNECTICUT MASTERS	CONN	27
29	LIFE TIME SWIM DELAWARE VALLEY	LTDV	27
29	BERKELEY (NJ) AQUATIC MASTERS	BERK	27
32	HANOVER YMCA SR. STINGRAYS	HAYS	25
33	PEDDIE AQUATIC ASSOCIATION	PAA	18
34	NEW ENGLAND MASTERS SWIM CLUB	NEM	16
34	TIDE SWIMMING	TIDE	16
34	DC MASTERS	DCM	16
34	FREDRICKSBURG AMERICAN FAMILY	FAFF	16
38	TEAM AMERICA	TA	14
38	WARRENTON MASTERS SWIM TEAM	WAVA	14
40	WARRIOR TEAM CONSIDINE	WTC	11
41	UC06	UC06	9
42	BINGHAMTON UNIV MASTERS	BUMS	8
43	FLYING FISH HEADS	FFH	5
44	UC07	UC07	3

Combined Team Scores - Medium Team

Place	Team		Points
=====			
1	COLONIALS 1776	1776	943
2	PATRIOT MASTERS SWIM TEAM	GMUP	510
3	DISTRICT OF COLUMBIA AQUATICS	DCAC	375
4	MERRITT MARLINS	MERR	298.5
5	MONTGOMERY ANCIENT MARINERS	ANCM	296
6	UMAC-TERRAPIN MASTERS	UMAC	280
7	UC10	UC10	217
8	GERMANTOWN MARYLAND MASTERS	GERM	203
9	ARLINGTON MASTERS	ARMS	177
10	UC12	UC12	97

Combined Team Scores - Large Team

Place	Team		Points
=====			

1 CLUB TRIBE	1693	1545
2 RESTON MASTERS SWIM TEAM	RMST	1249
3 VIRGINIA MASTERS SWIM TEAM	VMST	1054
4 LANE 4 SWIMMING	L4S	822
5 ALEXANDRIA MASTERS SWIMMING	ALEX	699

Licensed to George Mason University

HY-TEK's MEET MANAGER 6.0 4/22/2018 04:00 PM

2018 COLONIES ZONE SCY CHAMPIONSHIP, Sanction #: 108-S002

George Mason University, Fairfax, VA

Results

Women 18-24 50 Yard Freestyle

=====					
ZONE: Z 23.96		4/13/2003 Petra Adamkova			
NATL: ! 22.21		1/31/2015 VANDERPOOL-WALLAC			
Name	Age	Club	Seed	Finals	Points
=====					
1 Hernandez, Grace	22	FINS AQUATICS CL	25.50	24.14	9
2 Ryczek, Emily	24	CLUB TRIBE	26.00	24.95	7
3 Greene, Eva	24	UC10	30.00	25.33	6
4 Halner, Kristina	23	CENTRAL BUCKS FA	26.75	27.37	5
5 Enright, Schuyler	22	ALEXANDRIA MASTE	31.32	30.87	4

Women 18-24 100 Yard Freestyle

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ZONE: Z 51.99		4/11/2015 Harumi Katsuyama, Lane 4 Swimming			
NATL: ! 48.18		12/6/2014 KATIE MEILI			
Name	Age	Club	Seed	Finals	Points
=====					
1 Wujciak, Anna	23	CLUB TRIBE	56.78	53.46	9
	25.78	53.46 (27.68)			
2 Ryczek, Emily	24	CLUB TRIBE	55.00	53.67	7
	25.53	53.67 (28.14)			
3 Moyer, Caroline	23	LIFE TIME SWIM D	56.68	56.58	6
	26.85	56.58 (29.73)			
4 Halner, Kristina	23	CENTRAL BUCKS FA	57.61	58.50	5
	28.26	58.50 (30.24)			
5 Olbum, Orly	23	UC10	1:01.08	1:02.01	4
	29.35	1:02.01 (32.66)			
6 Dickhudt, Mackenzie	23	CLUB TRIBE	1:05.07	1:02.15	3
	29.83	1:02.15 (32.32)			
7 Enright, Schuyler	22	ALEXANDRIA MASTE	1:35.00	1:07.86	2

	32.34	1:07.86 (35.52)			
8 Romero, Sharon		23 RESTON MASTERS S	1:11.87	1:09.78	1
	32.63	1:09.78 (37.15)			

Women 18-24 200 Yard Freestyle

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ZONE: Z 1:54.63 4/10/2016 Gabrielle Mizerak, Club Tribe Alumn
NATL: ! 1:43.28 11/8/2009 DANA VOLLMER
Name Age Club Seed Finals Points
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1 Ryczek, Emily 24 CLUB TRIBE 1:58.00 1:58.61 9
 27.19 56.95 (29.76) 1:27.47 (30.52) 1:58.61 (31.14)
2 Halner, Kristina 23 CENTRAL BUCKS FA NT 2:07.23 7
 28.86 1:00.28 (31.42) 1:33.81 (33.53) 2:07.23 (33.42)
3 Olbum, Orly 23 UC10 2:15.00 2:15.08 6
 30.92 1:05.00 (34.08) 1:40.08 (35.08) 2:15.08 (35.00)
4 Sours, Kate 19 LANE 4 SWIMMING 2:50.08 2:49.99 5
 39.93 1:22.48 (42.55) 2:05.65 (43.17) 2:49.99 (44.34)
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Women 18-24 200 Yard Freestyle Time Trial

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ZONE: Z 1:55.38 4/4/2004 Kelly Bowman
NATL: ! 1:43.28 11/8/2009 DANA VOLLMER
Name Age Club Seed Finals
=====
- Time Trial
1 Wujciak, Anna 23 CLUB TRIBE NT 1:56.80
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Women 18-24 500 Yard Freestyle

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ZONE: Z 5:12.23 4/4/2004 Kelly Bowman, TERR
NATL: ! 4:49.97 10/25/2003 JESSICA FOSCHI
Name Age Club Seed Finals Points
=====
1 Olbum, Orly 23 UC10 6:02.00 5:49.64 9
 31.44 1:06.31 (34.87) 1:41.93 (35.62) 2:17.63 (35.70)
 2:53.40 (35.77) 3:29.32 (35.92) 4:04.28 (34.96) 4:39.33 (35.05)
 5:14.63 (35.30) 5:49.64 (35.01)
2 Halner, Kristina 23 CENTRAL BUCKS FA 6:00.00 5:51.68 7
 32.04 1:06.07 (34.03) 1:40.98 (34.91) 2:16.84 (35.86)
 2:53.00 (36.16) 3:28.91 (35.91) 4:04.88 (35.97) 4:40.68 (35.80)
 5:16.64 (35.96) 5:51.68 (35.04)
3 Bade, Marian 23 ALEXANDRIA MASTE 6:00.00 5:53.58 6
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	31.50	1:05.99 (34.49)	1:41.28 (35.29)	2:16.70 (35.42)
	2:52.77 (36.07)	3:29.21 (36.44)	4:05.61 (36.40)	4:42.34 (36.73)
	5:18.44 (36.10)	5:53.58 (35.14)		
4 Sours, Kate		19 LANE 4 SWIMMING	7:32.63	7:30.83 5
	40.69	1:23.16 (42.47)	2:06.99 (43.83)	2:52.20 (45.21)
	3:38.50 (46.30)	4:24.96 (46.46)	5:11.84 (46.88)	5:59.15 (47.31)
	6:46.64 (47.49)	7:30.83 (44.19)		

Women 18-24 1000 Yard Freestyle

=====				
	ZONE: Z 10:52.83	4/8/2016 Kaley Gregory, UC12		
	NATL: ! 10:12.42	3/31/2012 LUANE ROWE		
Name	Age Club	Seed	Finals	Points
=====				
1 Olbum, Orly	23 UC10	11:55.00	11:53.21	9
	31.80	1:06.32 (34.52)	1:42.13 (35.81)	2:18.11 (35.98)
	2:54.16 (36.05)	3:30.30 (36.14)	4:06.59 (36.29)	4:42.90 (36.31)
	5:19.10 (36.20)	5:55.05 (35.95)	6:31.07 (36.02)	7:07.45 (36.38)
	7:43.15 (35.70)	8:19.23 (36.08)	8:54.88 (35.65)	9:30.96 (36.08)
	10:07.06 (36.10)	10:42.85 (35.79)	11:18.21 (35.36)	11:53.21 (35.00)
2 Halner, Kristina	23 CENTRAL BUCKS FA	13:30.00	12:38.80	7
	33.55	1:10.44 (36.89)	1:47.86 (37.42)	2:25.78 (37.92)
	3:03.95 (38.17)	3:42.43 (38.48)	4:21.17 (38.74)	5:00.09 (38.92)
	5:39.36 (39.27)	6:17.91 (38.55)	6:56.31 (38.40)	7:34.85 (38.54)
	8:13.59 (38.74)	8:51.92 (38.33)	9:30.21 (38.29)	10:08.56 (38.35)
	10:46.77 (38.21)	11:24.63 (37.86)	12:02.35 (37.72)	12:38.80 (36.45)
3 Sours, Kate	19 LANE 4 SWIMMING	16:00.00	15:35.11	6
	41.44	1:26.78 (45.34)	2:12.36 (45.58)	2:58.64 (46.28)
	3:45.00 (46.36)	4:33.09 (48.09)	5:20.50 (47.41)	6:07.96 (47.46)
	6:55.23 (47.27)	7:42.62 (47.39)	8:30.53 (47.91)	9:17.30 (46.77)
	10:04.71 (47.41)	10:52.43 (47.72)	11:40.35 (47.92)	12:28.24 (47.89)
	13:16.39 (48.15)	14:04.07 (47.68)	14:50.43 (46.36)	15:35.11 (44.68)

Women 18-24 1650 Yard Freestyle

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	ZONE: Z 18:41.96	4/23/2006 Eliz. Schlicher, NBAC		
	NATL: ! 16:53.46	5/4/2017 GENEVIEVE MILLER		
Name	Age Club	Seed	Finals	Points
=====				
1 Bade, Marian	23 ALEXANDRIA MASTE	21:40.00	20:45.59	9
	34.43	1:11.56 (37.13)	1:49.18 (37.62)	2:27.76 (38.58)
	3:06.19 (38.43)	3:44.54 (38.35)	4:23.09 (38.55)	5:01.15 (38.06)
	5:39.62 (38.47)	6:18.29 (38.67)	6:56.46 (38.17)	7:34.56 (38.10)

8:12.57 (38.01)	8:50.50 (37.93)	9:28.64 (38.14)	10:06.67 (38.03)
10:44.78 (38.11)	11:22.60 (37.82)	12:00.65 (38.05)	12:38.80 (38.15)
13:16.84 (38.04)	13:54.63 (37.79)	14:32.57 (37.94)	15:10.03 (37.46)
15:47.85 (37.82)	16:25.38 (37.53)	17:02.69 (37.31)	17:40.28 (37.59)
18:17.75 (37.47)	18:55.53 (37.78)	19:32.69 (37.16)	20:09.56 (36.87)
20:45.59 (36.03)			

Women 18-24 50 Yard Backstroke

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ZONE: Z 27.46 4/10/2016 Gabrielle Miserak, Club Tribe Alumn
NATL: ! 26.15 2/4/2017 FELICIA LEE
Name Age Club Seed Finals Points
=====
1 Greene, Eva 24 UC10 30.00 27.97 9
2 Reiffenberger, Megan 23 PATRIOT MASTERS 30.00 32.21 7
3 Halner, Kristina 23 CENTRAL BUCKS FA 34.00 33.02 6
4 Romero, Sharon 23 RESTON MASTERS S 37.00 39.91 5
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Women 18-24 50 Yard Backstroke Time Trial

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ZONE: Z 27.60 4/23/2006 Stacy Peterson
NATL: ! 26.15 2/4/2017 FELICIA LEE
Name Age Club Seed Finals
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- Time Trial
3 Wujciak, Anna 23 CLUB TRIBE NT 28.93
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Women 18-24 100 Yard Backstroke

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ZONE: Z 56.80 4/17/2011 Kellyanne Tomasula, 1776
NATL: ! 55.90 5/23/2010 EMILE EWING
Name Age Club Seed Finals Points
=====
1 Reiffenberger, Megan 23 PATRIOT MASTERS 1:04.00 1:09.28 9
33.27 1:09.28 (36.01)
2 Romero, Sharon 23 RESTON MASTERS S 1:21.18 1:23.23 7
40.50 1:23.23 (42.73)
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Women 18-24 200 Yard Backstroke

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ZONE: Z 2:02.91 4/17/2011 Kellyanne Tomasula, 1776
NATL: ! 1:59.22 4/30/2000 SARA SCHWEITZER
Name Age Club Seed Finals Points
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1	Wujciak, Anna	23	CLUB TRIBE	2:19.08	2:14.13	9
	32.36	1:05.92	(33.56)	1:39.77	(33.85)	2:14.13 (34.36)
2	Reiffenberger, Megan	23	PATRIOT MASTERS	2:25.00	2:29.05	7
	34.92	1:12.72	(37.80)	2:29.05	(1:16.33)	

Women 18-24 50 Yard Breaststroke

ZONE: Z 30.06 4/13/2003 Petra Adamkova						
NATL: ! 27.76 12/5/2014 KATIE MEILI						
Name	Age	Club	Seed	Finals	Points	
1	Moyer, Caroline	23	LIFE TIME SWIM D	31.20	31.01	9
2	Dickhudt, Mackenzie	23	CLUB TRIBE	38.09	36.23	7
3	Halner, Kristina	23	CENTRAL BUCKS FA	35.00	40.28	6
4	Enright, Schuyler	22	ALEXANDRIA MASTE	55.00	45.12	5

Women 18-24 100 Yard Breaststroke

ZONE: Z 1:06.88 4/4/2004 Jillian Martin, TERR						
NATL: ! 58.71 12/5/2014 KATIE MEILI						
Name	Age	Club	Seed	Finals	Points	
1	Schwartz, Laura	23	CLUB TRIBE	1:08.00	1:07.05	9
	31.53	1:07.05	(35.52)			
2	Rosenburg, Kaleigh	22	PATRIOT MASTERS	1:12.99	1:07.36	7
	32.91	1:07.36	(34.45)			
3	Olbum, Orly	23	UC10	1:19.66	1:20.30	6
	37.64	1:20.30	(42.66)			

Women 18-24 200 Yard Breaststroke

ZONE: Z 2:33.18 4/17/2011 Lauren Fuchs, CUBU						
NATL: ! 2:06.59 12/6/2014 MICAH LAWRENCE						
Name	Age	Club	Seed	Finals	Points	
1	Schwartz, Laura	23	CLUB TRIBE	2:24.00	2:24.53Z	9
	32.78	1:08.95	(36.17)	1:46.68	(37.73)	2:24.53 (37.85)
2	Moyer, Caroline	23	LIFE TIME SWIM D	2:27.70	2:25.58Z	7
	33.48	1:10.83	(37.35)	1:48.40	(37.57)	2:25.58 (37.18)
3	Rosenburg, Kaleigh	22	PATRIOT MASTERS	2:40.99	2:30.98Z	6
	34.26	1:12.12	(37.86)	1:50.57	(38.45)	2:30.98 (40.41)

Women 18-24 50 Yard Butterfly

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ZONE: Z 25.56    4/9/2016 Gabrielle Mizerak, Club Tribe Alumn
NATL: ! 24.54   11/8/2009 DANA VOLLMER
Name           Age Club           Seed    Finals Points
=====
1 Olbum, Orly      23 UC10             30.89    30.13    9
2 Halner, Kristina 23 CENTRAL BUCKS FA 30.00    30.62    7
3 Dickhudt, Mackenzie 23 CLUB TRIBE      34.56    32.13    6
4 Romero, Sharon   23 RESTON MASTERS S 35.92    34.25    5
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Women 18-24 100 Yard Butterfly

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ZONE: Z 57.38    4/12/2015 Harumi Katsuyama, Lane 4 Swimming
NATL: ! 52.30   11/8/2009 DANA VOLLMER
Name           Age Club           Seed    Finals Points
=====
1 Hernandez, Grace  22 FINS AQUATICS CL 1:06.00    58.80    9
   28.10           58.80 (30.70)
2 Halner, Kristina  23 CENTRAL BUCKS FA 1:07.75    1:11.17    7
   32.48           1:11.17 (38.69)
3 Romero, Sharon    23 RESTON MASTERS S 1:28.50    1:22.61    6
   37.27           1:22.61 (45.34)
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Women 18-24 100 Yard IM

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ZONE: Z 59.90    4/15/2012 Kellyanne Tomasula, Colonials 1776
NATL: ! 53.02   12/21/2014 KATIE MEILI
Name           Age Club           Seed    Finals Points
=====
1 Schwartz, Laura   23 CLUB TRIBE      1:03.00    59.66Z    9
   27.79           59.66 (31.87)
2 Rosenburg, Kaleigh 22 PATRIOT MASTERS 1:06.99    1:00.76    7
   28.60           1:00.76 (32.16)
3 Greene, Eva       24 UC10            1:10.00    1:04.77    6
   29.18           1:04.77 (35.59)
4 Wujciak, Anna     23 CLUB TRIBE      1:05.89    1:05.37    5
   29.44           1:05.37 (35.93)
5 Halner, Kristina  23 CENTRAL BUCKS FA 1:30.00    1:09.18    4
   32.22           1:09.18 (36.96)
6 Reiffenberger, Megan 23 PATRIOT MASTERS 1:11.00    1:11.55    3
7 Romero, Sharon    23 RESTON MASTERS S 1:21.67    1:18.03    2
   36.66           1:18.03 (41.37)
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Women 18-24 200 Yard IM

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ZONE: Z 2:14.25 4/25/2009 Erika Norris, CUBU
NATL: ! 1:54.20 12/4/2014 KATIE MEILI
Name Age Club Seed Finals Points
=====
1 Schwartz, Laura 23 CLUB TRIBE 2:10.00 2:09.53Z 9
    27.30 1:00.03 (32.73) 1:37.75 (37.72) 2:09.53 (31.78)
2 Rosenberg, Kaleigh 22 PATRIOT MASTERS 2:24.99 2:14.82 7
    29.07 1:02.92 (33.85) 1:40.88 (37.96) 2:14.82 (33.94)
3 Reiffenberger, Megan 23 PATRIOT MASTERS 2:40.00 2:33.77 6
    33.39 1:10.78 (37.39) 1:56.93 (46.15) 2:33.77 (36.84)
4 Romero, Sharon 23 RESTON MASTERS S 3:00.00 2:51.09 5
    36.34 1:20.82 (44.48) 2:11.38 (50.56) 2:51.09 (39.71)
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Women 18-24 400 Yard IM

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ZONE: Z 4:42.00 4/21/2013 Andrea Staub, Hanover YMCA Sr.
NATL: ! 4:21.82 1/28/2012 KATHERINE MILLS
Name Age Club Seed Finals Points
=====
1 Shaw, Margaret 23 FINS AQUATICS CL 5:00.00 4:57.19 9
    31.89 1:09.74 (37.85) 1:47.01 (37.27) 2:23.55 (36.54)
    3:07.18 (43.63) 3:51.33 (44.15) 4:24.54 (33.21) 4:57.19 (32.65)
2 Bade, Marian 23 ALEXANDRIA MASTE 5:41.59 5:31.73 7
    33.54 1:14.39 (40.85) 2:00.41 (46.02) 2:45.58 (45.17)
    3:31.12 (45.54) 4:16.93 (45.81) 4:55.27 (38.34) 5:31.73 (36.46)
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Women 25-29 50 Yard Freestyle Time Trial

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ZONE: Z 23.16 4/24/2005 Petra Martin
NATL: ! 22.62 1/25/2014 MADISON KENNEDY
Name Age Club Seed Finals
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- Time Trial
1 Mizerak, Gabrielle 26 CLUB TRIBE NT 24.80
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Women 25-29 50 Yard Freestyle

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ZONE: Z 23.16 4/24/2005 Petra Martin, TERR
NATL: ! 22.62 1/25/2014 MADISON KENNEDY
Name Age Club Seed Finals Points
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1	Macedonia, Anna	28	ALEXANDRIA MASTE	25.00	24.45	9
2	Shaner, Sara	26	CLUB TRIBE	25.15	24.66	7
3	Maqueda, Victoria	25	CLUB TRIBE	28.27	26.93	6
4	Mahaney, Melanie	27	SPRING VALLEY YM	40.00	27.20	5
5	Minzenmayer, Ellen	29	CLUB TRIBE	28.12	27.58	4
6	Duarte, Ana	28	ARLINGTON MASTER	28.32	27.90	3
7	Keesler, Missy	27	BINGHAMTON UNIV	29.00	29.26	2
8	Talty, Leah	29	UC04	30.51	29.97	1

Women 25-29 100 Yard Freestyle

ZONE: Z 52.00		4/8/2017 Marina Falcone, Club Tribe			
NATL: ! 49.18		2/24/2013 KIM VANDENBERG			
Name	Age	Club	Seed	Finals	Points
1 Mizerak, Gabrielle	26	CLUB TRIBE	52.83	52.65	9
	25.28	52.65 (27.37)			
2 Maqueda, Victoria	25	CLUB TRIBE	1:01.81	57.25	7
	27.30	57.25 (29.95)			
3 Mahaney, Melanie	27	SPRING VALLEY YM	59.00	58.88	6
	28.43	58.88 (30.45)			
4 Wallace, Devon	27	VIRGINIA MASTERS	1:01.00	1:00.77	5
	28.87	1:00.77 (31.90)			
5 Talty, Leah	29	UC04	1:08.47	1:05.50	4
	31.47	1:05.50 (34.03)			

Women 25-29 100 Yard Freestyle Time Trial

ZONE: Z 53.31		4/23/2006 Kelly Bowman			
NATL: ! 49.18		2/24/2013 KIM VANDENBERG			
Name	Age	Club	Seed	Finals	
- Time Trial					
1 Mizerak, Gabrielle	26	CLUB TRIBE	NT	53.81	
3 Geroni, Deidre	27	VIRGINIA MASTERS	NT	58.51	

Women 25-29 200 Yard Freestyle

ZONE: Z 1:52.76		4/9/2017 Marina Falcone, Club Tribe Alumn			
NATL: ! 1:48.80		5/20/2001 LIMIN LIU			
Name	Age	Club	Seed	Finals	Points

1 Mahaney, Melanie	27 SPRING VALLEY YM	2:09.00	2:07.61	9
29.35	1:00.98 (31.63)	1:34.07 (33.09)	2:07.61 (33.54)	
2 Schwartz, Carleigh	28 ARLINGTON MASTER	2:12.08	2:08.38	7
29.71	1:01.86 (32.15)	1:34.84 (32.98)	2:08.38 (33.54)	
3 Talty, Leah	29 UC04	2:29.73	2:26.26	6
33.99	1:10.83 (36.84)	1:48.65 (37.82)	2:26.26 (37.61)	

Women 25-29 500 Yard Freestyle

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ZONE: Z 5:12.74 4/20/2013 Katie Gilmore, Alexandria Maste
 NATL: ! 4:49.88 1/3/1996 SHEILA TAORMINA

Name	Age Club	Seed	Finals	Points
1 Randolph, Courtney	26 UMAC-TERRAPIN MA	5:21.90	5:13.56	9
28.74	1:00.12 (31.38)	1:31.70 (31.58)	2:03.56 (31.86)	
2:35.26 (31.70)	3:07.20 (31.94)	3:38.84 (31.64)	4:10.66 (31.82)	
4:42.50 (31.84)	5:13.56 (31.06)			
2 Mahaney, Melanie	27 SPRING VALLEY YM	9:00.00	5:43.62	7
30.35	1:03.79 (33.44)	1:38.57 (34.78)	2:13.65 (35.08)	
2:48.99 (35.34)	3:24.33 (35.34)	3:59.53 (35.20)	4:34.91 (35.38)	
5:09.95 (35.04)	5:43.62 (33.67)			
3 Schwartz, Carleigh	28 ARLINGTON MASTER	5:52.41	5:58.64	6
31.50	1:05.95 (34.45)	1:41.28 (35.33)	2:17.46 (36.18)	
2:53.41 (35.95)	3:29.94 (36.53)	4:06.61 (36.67)	4:43.97 (37.36)	
5:21.87 (37.90)	5:58.64 (36.77)			
4 Talty, Leah	29 UC04	6:52.47	6:44.39	5
35.60	1:14.46 (38.86)	1:54.80 (40.34)	2:36.23 (41.43)	
3:18.21 (41.98)	3:59.97 (41.76)	4:42.54 (42.57)	5:24.23 (41.69)	
6:06.35 (42.12)	6:44.39 (38.04)			

Women 25-29 1000 Yard Freestyle

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ZONE: Z 10:34.30 4/19/2013 Katie Gilmore, Alexandria Maste
 NATL: ! 10:10.67 2/3/2017 HANNAH SAIZ

Name	Age Club	Seed	Finals	Points
1 Mahaney, Melanie	27 SPRING VALLEY YM	12:00.00	11:44.26	9
32.16	1:07.01 (34.85)	1:42.61 (35.60)	2:18.15 (35.54)	
2:53.85 (35.70)	3:29.31 (35.46)	4:05.03 (35.72)	4:40.81 (35.78)	
5:16.20 (35.39)	5:51.39 (35.19)	6:26.73 (35.34)	7:02.03 (35.30)	
7:37.33 (35.30)	8:12.69 (35.36)	8:48.23 (35.54)	9:24.11 (35.88)	
9:59.86 (35.75)	10:35.48 (35.62)	11:10.64 (35.16)	11:44.26 (33.62)	
2 Hoffmann, Caroline	27 LANE 4 SWIMMING	20:00.00	25:51.77	7

1:08.03 2:22.54 (1:14.51)
 6:25.98 () 7:47.14 (1:21.16) 9:22.62 (1:35.48) 11:58.25 (2:35.63)
 13:14.99 (1:16.74) 15:49.56 () 18:25.61 (2:36.05)
 19:40.58 () 22:09.93 (2:29.35)
 24:39.22 (2:29.29) 25:51.77 (1:12.55)

Women 25-29 50 Yard Backstroke

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ZONE: Z 27.51 4/25/2009 Stacy Peterson, CUBU
 NATL: ! 25.26 5/22/2010 TANICA JAMISON

Name	Age	Club	Seed	Finals	Points
1 Macedonia, Anna	28	ALEXANDRIA MASTE	28.00	27.35Z	9
2 Mizerak, Gabrielle	26	CLUB TRIBE	26.73	28.11	7
3 Geroni, Deidre	27	VIRGINIA MASTERS	31.36	29.65	6
4 Mahaney, Melanie	27	SPRING VALLEY YM	31.00	31.12	5
5 Keesler, Missy	27	BINGHAMTON UNIV	32.00	32.06	4

Women 25-29 50 Yard Backstroke Time Trial

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ZONE: Z 28.15 4/15/2007 Stacy Peterson
 NATL: ! 25.26 5/22/2010 TANICA JAMISON

Name	Age	Club	Seed	Finals
- Time Trial				
2 Mizerak, Gabrielle	26	CLUB TRIBE	NT	28.84

Women 25-29 100 Yard Backstroke

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ZONE: Z 59.56 4/15/2007 Stacey Peterson, CUBU
 NATL: ! 54.06 5/23/2010 TANICA JAMISON

Name	Age	Club	Seed	Finals	Points
1 Macedonia, Anna	28	ALEXANDRIA MASTE	59.00	58.87Z	9
	28.56	58.87 (30.31)			
2 Geroni, Deidre	27	VIRGINIA MASTERS	1:06.11	1:02.67	7
	30.59	1:02.67 (32.08)			
3 Mahaney, Melanie	27	SPRING VALLEY YM	1:08.50	1:06.85	6
	32.40	1:06.85 (34.45)			

Women 25-29 200 Yard Backstroke

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ZONE: Z 2:08.40 4/25/2009 Alyssa Lengle, ARMS

NATL: ! 1:56.87 2/28/2015 F PELLEGRINI

Name	Age	Club	Seed	Finals	Points
1 Mahaney, Melanie	27	SPRING VALLEY YM	2:25.00	2:24.98	9
	33.58	1:10.22 (36.64)	1:48.42 (38.20)	2:24.98 (36.56)	

Women 25-29 50 Yard Breaststroke

ZONE: Z 30.03 4/24/2005 Petra Martin, TERR

NATL: ! 27.10 4/30/2016 KATIE MEILI

Name	Age	Club	Seed	Finals	Points
1 Maqueda, Victoria	25	CLUB TRIBE	33.40	31.30	9
2 Shaner, Sara	26	CLUB TRIBE	33.10	32.73	7
3 Minzenmayer, Ellen	29	CLUB TRIBE	34.10	32.91	6
4 Wallace, Devon	27	VIRGINIA MASTERS	38.00	38.81	5
5 Talty, Leah	29	UC04	40.35	39.97	4

Women 25-29 100 Yard Breaststroke

ZONE: Z 1:08.30 4/25/2010 Jen Brielmaier, Reston Masters S

NATL: ! 59.58 2/6/2010 MEGAN JENDRICK

Name	Age	Club	Seed	Finals	Points
1 Maqueda, Victoria	25	CLUB TRIBE	1:13.13	1:09.27	9
	32.29	1:09.27 (36.98)			
2 Letendre, Denise	29	VIRGINIA MASTERS	1:09.46	1:09.85	7
	33.25	1:09.85 (36.60)			
3 Minzenmayer, Ellen	29	CLUB TRIBE	1:13.76	1:11.47	6
	34.47	1:11.47 (37.00)			
4 Barrett, Rachelle	29	PATRIOT MASTERS	1:20.00	1:15.92	5
	36.17	1:15.92 (39.75)			
5 Talty, Leah	29	UC04	1:34.90	1:28.84	4
	42.33	1:28.84 (46.51)			

Women 25-29 200 Yard Breaststroke

ZONE: Z 2:28.92 4/9/2016 Rachel Ripley, Asphalt Green Ma

NATL: ! 2:09.05 2/6/2010 MEGAN JENDRICK

Name	Age	Club	Seed	Finals	Points
1 Letendre, Denise	29	VIRGINIA MASTERS	2:28.96	2:28.64Z	9
	33.89	1:11.55 (37.66)	1:49.75 (38.20)	2:28.64 (38.89)	

2	Minzenmayer, Ellen	29	CLUB TRIBE	2:40.36	2:34.13	7
	34.24	1:12.72	(38.48)	1:53.20	(40.48)	2:34.13 (40.93)
3	Maqueda, Victoria	25	CLUB TRIBE	2:40.00	2:36.07	6
	34.37	1:12.87	(38.50)	1:52.14	(39.27)	2:36.07 (43.93)

Women 25-29 50 Yard Butterfly

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ZONE: Z 25.83 4/24/2005 Petra Martin, TERR
 NATL: ! 24.19 4/28/2017 DANIELLE HERRMANN

Name	Age	Club	Seed	Finals	Points
1 Mizerak, Gabrielle	26	CLUB TRIBE	25.53	25.89	9
2 Geroni, Deidre	27	VIRGINIA MASTERS	27.21	27.39	7
3 Shaner, Sara	26	CLUB TRIBE	28.10	28.40	6
4 Wallace, Devon	27	VIRGINIA MASTERS	36.00	32.34	5

Women 25-29 100 Yard Butterfly

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ZONE: Z 57.58 4/6/2014 Jessica Koltz, Reston Masters S
 NATL: ! 53.20 4/24/2015 AMANDA SIMS

Name	Age	Club	Seed	Finals	Points
1 Geroni, Deidre	27	VIRGINIA MASTERS	59.55	59.95	9
	28.19	59.95 (31.76)			

Women 25-29 200 Yard Butterfly

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ZONE: Z 2:09.97 4/5/2014 Denise Letendre, Virginia Masters
 NATL: ! 1:57.48 12/2/2017 HANNAH SAIZ

Name	Age	Club	Seed	Finals	Points
1 Letendre, Denise	29	VIRGINIA MASTERS	2:09.97	2:10.73	9
	29.25	1:02.03 (32.78)	1:35.93 (33.90)	2:10.73 (34.80)	
2 Geroni, Deidre	27	VIRGINIA MASTERS	2:14.89	2:12.80	7
	29.49	1:02.34 (32.85)	1:36.60 (34.26)	2:12.80 (36.20)	

Women 25-29 100 Yard IM

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ZONE: Z 59.53 4/24/2005 Petra Martin, TERR
 NATL: ! 54.40 4/29/2017 DANIELLE HERRMANN

Name	Age	Club	Seed	Finals	Points
1 Mizerak, Gabrielle	26	CLUB TRIBE	59.49	1:01.22	9

	27.15	1:01.22 (34.07)			
2	Randolph, Courtney	26 UMAC-TERRAPIN MA	1:03.07	1:01.69	7
	28.35	1:01.69 (33.34)			
3	Shaner, Sara	26 CLUB TRIBE	1:03.40	1:02.11	6
	29.38	1:02.11 (32.73)			
4	Maqueda, Victoria	25 CLUB TRIBE	1:08.39	1:05.87	5
	31.50	1:05.87 (34.37)			
5	Schwartz, Carleigh	28 ARLINGTON MASTER	1:10.47	1:09.61	4
	33.15	1:09.61 (36.46)			
6	Barrett, Rachelle	29 PATRIOT MASTERS	1:18.00	1:09.74	3
	33.38	1:09.74 (36.36)			
7	Keesler, Missy	27 BINGHAMTON UNIV	1:15.00	1:11.36	2
	32.40	1:11.36 (38.96)			

Women 25-29 200 Yard IM

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ZONE: Z 2:10.22 4/9/2016 Rachel Ripley, Asphalt Green Ma
 NATL: ! 1:57.56 12/5/2013 JUSTINE MUELLER

Name	Age	Club	Seed	Finals	Points
1	Randolph, Courtney	26 UMAC-TERRAPIN MA	2:10.50	2:10.47	9
	28.85	1:01.87 (33.02)	1:40.10 (38.23)	2:10.47 (30.37)	
2	Letendre, Denise	29 VIRGINIA MASTERS	2:11.79	2:13.06	7
	29.10	1:02.58 (33.48)	1:41.17 (38.59)	2:13.06 (31.89)	
3	Schwartz, Carleigh	28 ARLINGTON MASTER	2:31.02	2:30.99	6
	32.21	1:10.90 (38.69)	1:55.48 (44.58)	2:30.99 (35.51)	
4	Wallace, Devon	27 VIRGINIA MASTERS	2:40.00	2:38.53	5
	33.05	1:14.70 (41.65)	2:02.66 (47.96)	2:38.53 (35.87)	

Women 25-29 400 Yard IM

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ZONE: Z 4:40.26 4/6/2014 Denise Letendre, Virginia Masters
 NATL: ! 4:19.02 2/22/2013 JUSTINE MUELLER

Name	Age	Club	Seed	Finals	Points
1	Randolph, Courtney	26 UMAC-TERRAPIN MA	4:45.52	4:35.31Z	9
	29.96	1:03.46 (33.50)	1:38.90 (35.44)	2:13.64 (34.74)	
	2:53.11 (39.47)	3:33.01 (39.90)	4:04.92 (31.91)	4:35.31 (30.39)	
2	Letendre, Denise	29 VIRGINIA MASTERS	4:40.26	4:37.98Z	7
	29.65	1:03.09 (33.44)	1:39.32 (36.23)	2:14.96 (35.64)	
	2:54.09 (39.13)	3:33.39 (39.30)	4:05.95 (32.56)	4:37.98 (32.03)	

Women 30-34 50 Yard Freestyle

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ZONE: Z 24.04 4/26/2009 Petra Martin, GMUP

NATL: ! 22.48 11/29/2012 ERIKA ERNDL

Name	Age Club	Seed	Finals	Points
1 Masson, Carina	31 UC12	26.10	26.30	9
2 Greenawalt, Anne	33 DUMPSTER FISH	26.89	26.36	7
3 Greene, Shannon	32 CLUB TRIBE	26.90	27.08	6
4 Aepli, Lauren	30 ALEXANDRIA MASTE	29.24	28.25	5
5 Bofinger, Sarah	31 LANE 4 SWIMMING	27.21	29.17	4
6 Keylon, Rachel	30 ALEXANDRIA MASTE	30.12	29.39	3
7 Stranzl, Colleen	31 LANE 4 SWIMMING	32.09	31.15	2
8 Mathey Lambeth, Alison	33 ARLINGTON MASTER	30.00	31.84	1
9 Majola, Ignatia	31 WARRENTON FAUQUI	45.00	36.51	

Women 30-34 100 Yard Freestyle

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ZONE: Z 52.34 4/25/2009 Petra Martin, GMUP

NATL: ! 48.03 2/23/2013 ERIKA ERNDL

Name	Age Club	Seed	Finals	Points
1 Greenawalt, Anne	33 DUMPSTER FISH	58.35	55.94	9
26.58	55.94 (29.36)			
2 McWilliams, Katie	34 ALEXANDRIA MASTE	57.19	57.17	7
28.11	57.17 (29.06)			
3 Chialastri, Kate	30 FINS AQUATICS CL	1:02.88	58.68	6
28.56	58.68 (30.12)			
4 Aepli, Lauren	30 ALEXANDRIA MASTE	1:02.01	1:01.37	5
29.21	1:01.37 (32.16)			
5 Stranzl, Colleen	31 LANE 4 SWIMMING	1:09.58	1:09.00	4
33.51	1:09.00 (35.49)			

Women 30-34 200 Yard Freestyle

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ZONE: Z 1:55.16 4/6/2014 Katie McWilliams, Alexandria Maste

NATL: ! 1:43.46 11/30/2012 ERIKA ERNDL

Name	Age Club	Seed	Finals	Points
1 McWilliams, Katie	34 ALEXANDRIA MASTE	2:04.97	2:02.45	9
28.67	59.75 (31.08)	1:31.11 (31.36)	2:02.45 (31.34)	
2 Greenawalt, Anne	33 DUMPSTER FISH	2:06.79	2:02.73	7
28.19	58.99 (30.80)	1:30.44 (31.45)	2:02.73 (32.29)	
3 Greene, Shannon	32 CLUB TRIBE	2:05.34	2:04.63	6

	28.81	59.79 (30.98)	1:31.92 (32.13)	2:04.63 (32.71)	
4 Masson, Carina		31 UC12	2:05.00	2:06.82	5
	28.42	59.36 (30.94)	1:32.71 (33.35)	2:06.82 (34.11)	
5 Aepli, Lauren		30 ALEXANDRIA MASTE	2:18.06	2:14.66	4
	30.80	1:04.79 (33.99)	1:39.78 (34.99)	2:14.66 (34.88)	
6 Keylon, Rachel		30 ALEXANDRIA MASTE	2:27.54	2:24.38	3
	32.76	1:08.74 (35.98)	1:46.43 (37.69)	2:24.38 (37.95)	
7 Plimpton, Hannah		32 COLONIALS 1776	2:35.99	2:35.95	2
	35.66	1:15.61 (39.95)	1:56.04 (40.43)	2:35.95 (39.91)	
8 Majola, Ignatia		31 WARRENTON FAUQUI	3:54.00	3:35.22	1
	46.19	1:41.04 (54.85)	3:35.22 (1:54.18)		

Women 30-34 500 Yard Freestyle

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	ZONE: Z	5:11.06	4/2/2000 Laurie Hug		
	NATL: !	4:46.92	4/14/2012 DAWN HECKMAN		
Name	Age	Club	Seed	Finals	Points
=====					
1 McWilliams, Katie	34	ALEXANDRIA MASTE	5:36.12	5:30.80	9
	29.42	1:01.61 (32.19)	1:34.59 (32.98)	2:08.49 (33.90)	
	2:42.33 (33.84)	3:16.80 (34.47)	3:51.13 (34.33)	4:24.70 (33.57)	
	4:57.95 (33.25)	5:30.80 (32.85)			
2 Greene, Shannon	32	CLUB TRIBE	5:28.53	5:34.56	7
	30.43	1:02.94 (32.51)	1:36.22 (33.28)	2:10.42 (34.20)	
	2:43.96 (33.54)	3:17.82 (33.86)	3:51.67 (33.85)	4:25.88 (34.21)	
	5:00.38 (34.50)	5:34.56 (34.18)			
3 Greenawalt, Anne	33	DUMPSTER FISH	5:45.37	5:36.59	6
	28.71	1:00.41 (31.70)	1:34.46 (34.05)	2:09.20 (34.74)	
	2:43.05 (33.85)	3:17.45 (34.40)	3:52.16 (34.71)	4:27.51 (35.35)	
	5:02.53 (35.02)	5:36.59 (34.06)			
4 Gauzens, Stephanie	34	ALEXANDRIA MASTE	5:41.34	5:49.78	5
	30.64	1:04.15 (33.51)	1:38.61 (34.46)	2:13.99 (35.38)	
	2:49.58 (35.59)	3:25.39 (35.81)	4:01.40 (36.01)	4:37.56 (36.16)	
	5:14.21 (36.65)	5:49.78 (35.57)			
5 Plimpton, Hannah	32	COLONIALS 1776	7:05.05	6:56.95	4
	37.33	1:18.65 (41.32)	2:02.11 (43.46)	2:46.33 (44.22)	
	3:29.82 (43.49)	4:11.94 (42.12)	4:53.70 (41.76)	5:36.80 (43.10)	
	6:17.71 (40.91)	6:56.95 (39.24)			
6 DeVito, Christina	33	FREEDOM AQUATIC	7:10.07	7:14.33	3
	38.57	1:20.52 (41.95)	2:04.21 (43.69)	2:49.50 (45.29)	
	3:34.38 (44.88)	4:19.51 (45.13)	5:03.87 (44.36)	5:48.40 (44.53)	
	6:32.72 (44.32)	7:14.33 (41.61)			

Women 30-34 1000 Yard Freestyle

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ZONE: Z 10:32.92    4/2/2000 Laurie Hug
NATL: ! 9:51.93    4/15/2012 DAWN HECKMAN
Name              Age Club              Seed      Finals Points
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1 Greene, Shannon  32 CLUB TRIBE        11:18.21  11:50.16    9
    30.28          1:02.98 (32.70)    1:36.27 (33.29)    2:09.80 (33.53)
    2:43.24 (33.44)  3:16.90 (33.66)    3:50.95 (34.05)    4:24.94 (33.99)
    4:59.21 (34.27)  5:33.62 (34.41)    6:08.12 (34.50)    6:42.79 (34.67)
    7:21.02 (38.23)  8:17.32 (56.30)    8:52.38 (35.06)    9:27.90 (35.52)
    10:03.42 (35.52) 10:38.95 (35.53)   11:14.61 (35.66)   11:50.16 (35.55)
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Women 30-34 1650 Yard Freestyle

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ZONE: Z 17:27.45    4/2/2000 Laurie Hug
NATL: ! 17:07.52    5/23/1993 KAREN BURTON
Name              Age Club              Seed      Finals Points
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1 Aepli, Lauren   30 ALEXANDRIA MASTE  21:07.15  21:31.27    9
    33.99          1:11.10 (37.11)    1:49.53 (38.43)    2:27.81 (38.28)
    3:06.63 (38.82)  3:45.46 (38.83)    4:24.29 (38.83)    5:03.74 (39.45)
    5:42.91 (39.17)  6:22.34 (39.43)    7:00.94 (38.60)    7:39.77 (38.83)
    8:18.42 (38.65)  8:57.93 (39.51)    9:36.78 (38.85)    10:16.56 (39.78)
    10:56.58 (40.02) 11:36.41 (39.83)   12:16.48 (40.07)   12:56.45 (39.97)
    13:35.93 (39.48) 14:16.36 (40.43)   14:56.27 (39.91)   15:36.08 (39.81)
    16:15.75 (39.67) 16:54.82 (39.07)   17:34.38 (39.56)   18:14.00 (39.62)
    18:53.28 (39.28) 19:33.39 (40.11)   20:12.92 (39.53)   20:52.67 (39.75)
    21:31.27 (38.60)
2 Goldberg, Marci  33 LANE 4 SWIMMING  26:35.15  25:28.34    7
    41.04          1:26.61 (45.57)    2:12.59 (45.98)    2:58.63 (46.04)
    3:44.35 (45.72)  4:30.58 (46.23)    5:16.79 (46.21)    6:02.86 (46.07)
    6:48.95 (46.09)  7:35.26 (46.31)    8:21.77 (46.51)    9:08.41 (46.64)
    9:55.45 (47.04) 10:42.46 (47.01)   11:29.76 (47.30)   12:15.93 (46.17)
    13:02.86 (46.93) 13:49.62 (46.76)   14:36.22 (46.60)   15:23.11 (46.89)
    16:10.07 (46.96) 16:56.92 (46.85)   17:43.84 (46.92)   18:31.13 (47.29)
    19:18.30 (47.17) 20:05.70 (47.40)   20:52.70 (47.00)   21:39.56 (46.86)
    22:25.87 (46.31) 23:13.01 (47.14)   23:58.78 (45.77)   24:44.44 (45.66)
    25:28.34 (43.90)
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Women 30-34 50 Yard Backstroke

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ZONE: Z 28.15      5/1/1994 Liz Hobbs
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NATL: ! 24.96 5/1/2011 NORIKO INADA

Name	Age Club	Seed	Finals	Points
1 Masson, Carina	31 UC12	29.48	29.48	9
2 Aepli, Lauren	30 ALEXANDRIA MASTE	32.24	31.41	7
3 Mathey Lambeth, Alison	33 ARLINGTON MASTER	35.00	35.43	6
4 DeVito, Christina	33 FREEDOM AQUATIC	45.87	44.45	5

Women 30-34 100 Yard Backstroke

ZONE: Z 1:00.05 5/9/1993 Zena Herrmann

NATL: ! 54.60 4/30/2011 NORIKO INADA

Name	Age Club	Seed	Finals	Points
1 Long, Uliana	32 MERRITT MARLINS	1:13.80	1:12.80	9
	35.03 1:12.80 (37.77)			
2 Keylon, Rachel	30 ALEXANDRIA MASTE	1:16.41	1:16.33	7
	36.63 1:16.33 (39.70)			

Women 30-34 200 Yard Backstroke

ZONE: Z 2:07.61 5/9/1993 Zena Herrmann

NATL: ! 1:59.93 2/19/1996 K PIPES-NEILSEN

Name	Age Club	Seed	Finals	Points
1 Gauzens, Stephanie	34 ALEXANDRIA MASTE	2:24.67	2:28.41	9
	35.02 1:12.06 (37.04) 1:50.48 (38.42)		2:28.41 (37.93)	
2 Long, Uliana	32 MERRITT MARLINS	2:43.48	2:40.13	7
	36.73 1:16.88 (40.15) 1:59.21 (42.33)		2:40.13 (40.92)	
3 Plimpton, Hannah	32 COLONIALS 1776	2:59.59	2:51.90	6
	42.07 1:25.80 (43.73) 2:09.56 (43.76)		2:51.90 (42.34)	

Women 30-34 50 Yard Breaststroke

ZONE: Z 29.62 4/25/2009 Petra Martin, GMUP

NATL: ! 28.48 5/4/2008 KATIE MCCLELLAND

Name	Age Club	Seed	Finals	Points
1 Geskos, Evangeline	34 PATRIOT MASTERS	33.28	33.44	9
2 Stranzl, Colleen	31 LANE 4 SWIMMING	36.99	37.13	7
3 Long, Uliana	32 MERRITT MARLINS	39.62	38.05	6
4 Pierce, Jennifer	34 UC12	45.00	39.61	5
5 Plimpton, Hannah	32 COLONIALS 1776	39.90	39.76	4

6 DeVito, Christina 33 FREEDOM AQUATIC 46.95 45.60 3

Women 30-34 100 Yard Breaststroke

=====

ZONE: Z 1:10.00 4/13/2003 Cheryl Conlin
NATL: ! 1:02.08 5/4/2008 KATIE MCCLELLAND

Name	Age	Club	Seed	Finals	Points
1 Geskos, Evangeline	34	PATRIOT MASTERS	1:12.53	1:13.03	9
	34.38	1:13.03 (38.65)			
2 Chialastri, Kate	30	FINS AQUATICS CL	1:16.65	1:16.44	7
	36.29	1:16.44 (40.15)			
3 Stranzl, Colleen	31	LANE 4 SWIMMING	1:22.55	1:20.89	6
	37.92	1:20.89 (42.97)			
4 Long, Uliana	32	MERRITT MARLINS	1:25.25	1:24.80	5
5 DeVito, Christina	33	FREEDOM AQUATIC	1:50.00	1:39.18	4
	48.03	1:39.18 (51.15)			

Women 30-34 200 Yard Breaststroke

=====

ZONE: Z 2:33.28 4/22/2001 Belinda Martin
NATL: ! 2:15.99 1/20/2013 ERIKA ERNDL

Name	Age	Club	Seed	Finals	Points
1 Geskos, Evangeline	34	PATRIOT MASTERS	2:30.00	2:39.44	9
	35.00	1:14.56 (39.56) 1:56.77 (42.21)		2:39.44 (42.67)	

Women 30-34 50 Yard Butterfly

=====

ZONE: Z 26.43 4/26/2009 Petra Martin, GMUP
NATL: ! 24.18 4/15/2000 ANGEL MARTINO

Name	Age	Club	Seed	Finals	Points
1 Chialastri, Kate	30	FINS AQUATICS CL	30.00	28.65	9
2 Geskos, Evangeline	34	PATRIOT MASTERS	28.51	29.15	7
3 Aepli, Lauren	30	ALEXANDRIA MASTE	30.14	29.92	6
4 Stranzl, Colleen	31	LANE 4 SWIMMING	32.85	32.76	5
5 Long, Uliana	32	MERRITT MARLINS	32.53	32.87	4
6 Pierce, Jennifer	34	UC12	45.20	33.22	3
7 Plimpton, Hannah	32	COLONIALS 1776	37.38	36.35	2

Women 30-34 100 Yard Butterfly

=====

ZONE: Z 59.11 4/15/2012 Yun Qu, Binghamton Univ

NATL: ! 55.01 5/16/1999 ANGEL MARTINO

Name	Age	Club	Seed	Finals	Points
1 Masson, Carina	31	UC12	1:02.85	1:01.24	9
29.42		1:01.24 (31.82)			
2 Chialastri, Kate	30	FINS AQUATICS CL	1:03.00	1:02.18	7
29.05		1:02.18 (33.13)			
3 Geskos, Evangeline	34	PATRIOT MASTERS	1:03.75	1:05.57	6
29.82		1:05.57 (35.75)			
4 Greene, Shannon	32	CLUB TRIBE	1:04.92	1:06.23	5
30.86		1:06.23 (35.37)			
5 Bofinger, Sarah	31	LANE 4 SWIMMING	1:08.26	1:11.16	4
33.13		1:11.16 (38.03)			

Women 30-34 200 Yard Butterfly

ZONE: Z 2:11.83 4/14/2012 Yun Qu, Binghamton Univ

NATL: ! 2:03.46 5/12/1996 K PIPES-NEILSEN

Name	Age	Club	Seed	Finals	Points
1 Greene, Shannon	32	CLUB TRIBE	2:21.11	2:24.70	9
31.30		1:06.58 (35.28)	1:43.94 (37.36)	2:24.70 (40.76)	

Women 30-34 100 Yard IM

ZONE: Z 1:02.24 4/14/1991 Tray Rossa

NATL: ! 57.01 4/15/2000 ANGEL MARTINO

Name	Age	Club	Seed	Finals	Points
1 Geskos, Evangeline	34	PATRIOT MASTERS	1:06.24	1:06.43	9
31.10		1:06.43 (35.33)			
2 Chialastri, Kate	30	FINS AQUATICS CL	1:08.00	1:07.27	7
30.65		1:07.27 (36.62)			
3 Bofinger, Sarah	31	LANE 4 SWIMMING	1:11.85	1:13.06	6
34.05		1:13.06 (39.01)			
4 Stranzl, Colleen	31	LANE 4 SWIMMING	1:16.17	1:15.73	5
35.89		1:15.73 (39.84)			
5 Plimpton, Hannah	32	COLONIALS 1776	1:18.26	1:20.08	4
39.06		1:20.08 (41.02)			
6 DeVito, Christina	33	FREEDOM AQUATIC	1:31.13	1:28.46	3
43.10		1:28.46 (45.36)			

Women 30-34 200 Yard IM

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=====
ZONE: Z 2:13.54    5/9/1993 Zena Herrmann
NATL: ! 1:58.80   3/11/2009 ERIKA ERNDL
Name              Age Club              Seed      Finals Points
=====
1 Chialastri, Kate      30 FINS AQUATICS CL    2:30.00   2:24.53    9
    29.42             1:06.41 (36.99)      1:50.02 (43.61)   2:24.53 (34.51)
2 Keylon, Rachel       30 ALEXANDRIA MASTE    2:55.66   2:50.26    7
    38.97             1:19.65 (40.68)      2:10.29 (50.64)   2:50.26 (39.97)
3 DeVito, Christina    33 FREEDOM AQUATIC     3:30.00   3:20.89    6
    43.82             1:40.20 (56.38)      2:37.86 (57.66)   3:20.89 (43.03)
=====

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Women 35-39 50 Yard Freestyle

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=====
ZONE: Z 24.11     4/9/2017 Katie Grier, Club Tribe
NATL: ! 22.34    2/25/2007 DARA TORRES
Name              Age Club              Seed      Finals Points
=====
1 Grier, Katie        39 CLUB TRIBE          24.02     24.23     9
2 Gass, Krista        39 CLUB TRIBE          26.51     26.08     7
3 Fox, Amy            35 ALEXANDRIA MASTE    27.50     27.58     6
4 Roberts, Cynthia   37 LANDSHARK MASTER    29.00     27.73     5
5 Jakubchak, Lindsey 35 ALEXANDRIA MASTE    29.42     28.50     4
6 Jullien, Kate       39 ALEXANDRIA MASTE    37.00     33.19     3
7 Lovett, Lindsay    39 CLUB TRIBE          34.51     34.48     2
8 Bozeman, Lesley    36 LANE 4 SWIMMING     34.34     34.98     1
9 Hufford, Ellen     35 ARLINGTON MASTER    37.62     36.79
10 Fu, Angela         38 UMAC-TERRAPIN MA    38.52     40.42
=====

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Women 35-39 100 Yard Freestyle

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=====
ZONE: Z 52.47     4/9/2016 Katie Grier, Club Tribe Alumn
NATL: ! 49.72    2/25/2007 DARA TORRES
Name              Age Club              Seed      Finals Points
=====
1 Grier, Katie        39 CLUB TRIBE          52.15     51.91Z    9
    24.47             51.91 (27.44)
2 Grover, Mollie      37 UMAC-TERRAPIN MA    54.86     54.62     7
    26.74             54.62 (27.88)
3 Gass, Krista        39 CLUB TRIBE          1:00.23   58.20     6
    27.48             58.20 (30.72)
4 Roberts, Cynthia   37 LANDSHARK MASTER    1:01.92   1:00.97    5
=====

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	28.81	1:00.97 (32.16)			
5 Taylor, Alaina		36 ALEXANDRIA MASTE	1:10.00	1:08.98	4
	33.24	1:08.98 (35.74)			
6 Bozeman, Lesley		36 LANE 4 SWIMMING	1:17.33	1:17.07	3
	36.73	1:17.07 (40.34)			
7 Herbein, Orsolya		39 UC09	1:19.29	1:20.48	2
	37.43	1:20.48 (43.05)			
8 Hufford, Ellen		35 ARLINGTON MASTER	1:18.95	1:21.71	1
	40.30	1:21.71 (41.41)			
9 Fu, Angela		38 UMAC-TERRAPIN MA	1:28.73	1:31.89	
	41.56	1:31.89 (50.33)			

Women 35-39 200 Yard Freestyle

=====					
	ZONE: Z	1:57.03	4/22/2001	Andrea Luallen	
	NATL: !	1:51.55	5/3/1997	K PIPES-NEILSEN	
Name		Age	Club	Seed	Finals Points
=====					
1 Fox, Amy		35	ALEXANDRIA MASTE	2:15.87	2:12.66 9
	30.55	1:03.38 (32.83)	1:37.53 (34.15)		2:12.66 (35.13)
2 Roberts, Cynthia		37	LANDSHARK MASTER	2:19.00	2:13.84 7
	30.83	1:05.24 (34.41)	1:40.30 (35.06)		2:13.84 (33.54)
3 Hufford, Ellen		35	ARLINGTON MASTER	2:56.13	2:53.83 6
	42.36	1:27.58 (45.22)	2:13.38 (45.80)		2:53.83 (40.45)
4 Duquette, Michelle		35	LANE 4 SWIMMING	3:40.00	3:37.58 5
	50.20	1:45.11 (54.91)	2:43.30 (58.19)		3:37.58 (54.28)

Women 35-39 500 Yard Freestyle

=====					
	ZONE: Z	5:11.87	4/21/2002	Laurie Hug	
	NATL: !	4:56.09	5/3/1997	K PIPES-NEILSEN	
Name		Age	Club	Seed	Finals Points
=====					
1 Boris, Stephanie		38	SPRING VALLEY YM	6:30.00	6:30.37 9
	33.24	1:10.41 (37.17)	1:49.44 (39.03)		2:28.91 (39.47)
	3:09.03 (40.12)	3:49.02 (39.99)	4:30.04 (41.02)		5:10.72 (40.68)
	5:51.45 (40.73)	6:30.37 (38.92)			
2 Taylor, Alaina		36	ALEXANDRIA MASTE	7:00.00	6:35.56 7
	35.66	1:14.40 (38.74)	1:53.87 (39.47)		2:34.25 (40.38)
	3:15.07 (40.82)	3:55.98 (40.91)	4:36.85 (40.87)		5:17.05 (40.20)
	5:56.78 (39.73)	6:35.56 (38.78)			
3 Duquette, Michelle		35	LANE 4 SWIMMING	9:25.00	9:37.96 6
	49.47	1:46.07 (56.60)			3:46.24 ()

4:46.91 (1:00.67) 5:47.80 (1:00.89) 6:48.58 (1:00.78)
 8:45.93 () 9:37.96 (52.03)

Women 35-39 1650 Yard Freestyle

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=====
ZONE: Z 17:45.08 4/22/2001 Laurie Hug
NATL: ! 16:46.85 11/15/2014 HEIDI GEORGE
Name Age Club Seed Finals Points
=====
1 Roberts, Cynthia 37 LANDSHARK MASTER 22:00.00 20:30.21 9
  32.09 1:09.84 (37.75) 1:47.48 (37.64) 2:25.73 (38.25)
  3:03.86 (38.13) 3:42.11 (38.25) 4:20.00 (37.89) 4:58.39 (38.39)
  5:36.51 (38.12) 6:14.42 (37.91) 6:52.27 (37.85) 7:29.49 (37.22)
  8:07.40 (37.91) 8:44.71 (37.31) 9:21.96 (37.25) 9:59.20 (37.24)
  10:37.00 (37.80) 11:14.49 (37.49) 11:52.01 (37.52) 12:29.38 (37.37)
  13:06.89 (37.51) 13:44.22 (37.33) 14:21.51 (37.29) 14:58.87 (37.36)
  15:36.50 (37.63) 16:13.71 (37.21) 16:51.11 (37.40) 17:28.29 (37.18)
  18:05.39 (37.10) 18:42.42 (37.03) 19:19.07 (36.65) 19:55.30 (36.23)
  20:30.21 (34.91)
2 Taylor, Alaina 36 ALEXANDRIA MASTE 23:30.00 22:39.92 7
  37.54 1:19.30 (41.76) 2:01.51 (42.21) 2:44.43 (42.92)
  3:26.75 (42.32) 4:09.18 (42.43) 4:51.47 (42.29) 5:33.74 (42.27)
  6:15.66 (41.92) 6:57.81 (42.15) 7:39.59 (41.78) 8:21.30 (41.71)
  9:02.93 (41.63) 9:44.68 (41.75) 10:26.19 (41.51) 11:07.91 (41.72)
  11:49.24 (41.33) 12:30.69 (41.45) 13:12.12 (41.43) 13:53.51 (41.39)
  14:34.42 (40.91) 15:15.27 (40.85) 15:56.47 (41.20) 16:37.16 (40.69)
  17:17.73 (40.57) 17:58.34 (40.61) 18:38.91 (40.57) 19:19.81 (40.90)
  19:59.98 (40.17) 20:40.14 (40.16) 21:20.30 (40.16) 22:00.84 (40.54)
  22:39.92 (39.08)
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Women 35-39 50 Yard Backstroke

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=====
ZONE: Z 27.81 4/9/2017 Katie Grier, Club Tribe Alumn
NATL: ! 24.71 4/29/2017 NORIKO INADA
Name Age Club Seed Finals Points
=====
1 Grover, Mollie 37 UMAC-TERRAPIN MA 29.11 29.27 9
2 Boris, Stephanie 38 SPRING VALLEY YM 33.26 32.01 7
3 Lovett, Lindsay 39 CLUB TRIBE 42.35 42.21 6
4 Fu, Angela 38 UMAC-TERRAPIN MA 55.26 52.25 5
=====
  
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Women 35-39 50 Yard Backstroke Time Trial

=====

ZONE: Z 28.55 4/21/2002 Susan Williams

NATL: ! 24.71 4/29/2017 NORIKO INADA

Name	Age	Club	Seed	Finals
=====				
- Time Trial				
1 Grier, Katie	39	CLUB TRIBE	NT	28.42Z
6 Lovett, Lindsay	39	CLUB TRIBE	NT	42.04

Women 35-39 100 Yard Backstroke

ZONE: Z 59.32 5/2/1999 Vibeke Swanson

NATL: ! 53.58 4/30/2017 NORIKO INADA

Name	Age	Club	Seed	Finals	Points
=====					
1 Grier, Katie	39	CLUB TRIBE	1:00.54	1:01.17	9
	29.55	1:01.17 (31.62)			
2 Grover, Mollie	37	UMAC-TERRAPIN MA	1:00.80	1:01.34	7
	30.64	1:01.34 (30.70)			
3 Boris, Stephanie	38	SPRING VALLEY YM	1:13.00	1:10.45	6
	34.68	1:10.45 (35.77)			
4 Roberts, Cynthia	37	LANDSHARK MASTER	1:14.27	1:13.34	5
	35.97	1:13.34 (37.37)			

Women 35-39 200 Yard Backstroke

ZONE: Z 2:11.86 4/22/2001 Vibeke Swanson

NATL: ! 2:00.54 3/14/1998 K PIPES-NEILSEN

Name	Age	Club	Seed	Finals	Points
=====					
1 Grover, Mollie	37	UMAC-TERRAPIN MA	2:09.89	2:09.32Z	9
	31.56	1:04.38 (32.82)	1:37.05 (32.67)	2:09.32 (32.27)	
2 Boris, Stephanie	38	SPRING VALLEY YM	2:38.91	2:42.48	7
	38.01	1:18.19 (40.18)	2:00.41 (42.22)	2:42.48 (42.07)	

Women 35-39 50 Yard Breaststroke

ZONE: Z 31.56 4/9/2016 Kristen Harris, Club Tribe Alumn

NATL: ! 28.51 5/2/2014 KATIE GLENN

Name	Age	Club	Seed	Finals	Points
=====					
1 Gass, Krista	39	CLUB TRIBE	35.13	33.60	9
2 Jakubchak, Lindsey	35	ALEXANDRIA MASTE	35.06	34.07	7
3 Bozeman, Lesley	36	LANE 4 SWIMMING	43.15	42.07	6

4	Herbein, Orsolya	39 UC09	42.75	42.36	5
5	Hufford, Ellen	35 ARLINGTON MASTER	52.17	52.60	4
6	Fu, Angela	38 UMAC-TERRAPIN MA	52.14	54.58	3

Women 35-39 100 Yard Breaststroke

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=====
ZONE: Z 1:09.80 4/10/2016 Kristen Harris, Club Tribe Alumn
NATL: ! 1:01.88 4/25/2015 KATIE GLENN
Name Age Club Seed Finals Points
=====
1 Gass, Krista 39 CLUB TRIBE 1:18.47 1:16.07 9
35.47 1:16.07 (40.60)
2 Bozeman, Lesley 36 LANE 4 SWIMMING 1:38.70 1:33.12 7
44.85 1:33.12 (48.27)

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Women 35-39 200 Yard Breaststroke

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=====
ZONE: Z 2:33.76 4/24/2005 Cheryl Conlin, VMST
NATL: ! 2:17.51 4/26/2015 KATIE GLENN
Name Age Club Seed Finals Points
=====
1 Bozeman, Lesley 36 LANE 4 SWIMMING 3:20.00 3:26.61 9
47.77 1:41.07 (53.30) 2:33.97 (52.90) 3:26.61 (52.64)

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Women 35-39 50 Yard Butterfly

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=====
ZONE: Z 26.26 4/8/2017 Katie Grier, Club Tribe
NATL: ! 25.04 4/28/2017 NORIKO INADA
Name Age Club Seed Finals Points
=====
1 Grier, Katie 39 CLUB TRIBE 26.00 26.85 9
2 Gass, Krista 39 CLUB TRIBE 30.69 28.33 7
3 Jakubchak, Lindsey 35 ALEXANDRIA MASTE 30.42 29.25 6
4 Roberts, Cynthia 37 LANDSHARK MASTER 30.52 29.91 5
5 Hufford, Ellen 35 ARLINGTON MASTER 43.64 42.85 4

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Women 35-39 100 Yard Butterfly

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=====
ZONE: Z 59.38 5/2/1999 Beth Baker
NATL: ! 55.78 5/18/2003 S VON DER LIPPE
Name Age Club Seed Finals Points
=====
1 Roberts, Cynthia 37 LANDSHARK MASTER 1:07.00 1:07.58 9

```

31.64 1:07.58 (35.94)

Women 35-39 100 Yard IM

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=====
ZONE: Z 1:01.43 5/2/1999 Beth Baker
NATL: ! 57.25 4/29/2017 GABRIELLE CHANG
Name Age Club Seed Finals Points
=====
1 Gass, Krista 39 CLUB TRIBE 1:09.02 1:05.48 9
30.67 1:05.48 (34.81)
2 Jakubchak, Lindsey 35 ALEXANDRIA MASTE 1:08.42 1:07.13 7
31.57 1:07.13 (35.56)
3 Roberts, Cynthia 37 LANDSHARK MASTER 1:18.00 1:10.59 6
33.13 1:10.59 (37.46)
4 Boris, Stephanie 38 SPRING VALLEY YM 1:12.31 1:10.69 5
32.05 1:10.69 (38.64)
5 Bozeman, Lesley 36 LANE 4 SWIMMING 1:30.00 1:28.14 4
42.88 1:28.14 (45.26)
6 Fu, Angela 38 UMAC-TERRAPIN MA 1:50.37 1:53.28 3
51.93 1:53.28 (1:01.35)
-- Jullien, Kate 39 ALEXANDRIA MASTE 2:40.00 DQ
Shoulders past vertical toward breast - back
38.88 DQ (46.78)
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Women 35-39 200 Yard IM

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=====
ZONE: Z 2:13.08 5/2/1999 Beth Baker
NATL: ! 2:05.24 3/14/1998 K PIPES-NEILSEN
Name Age Club Seed Finals Points
=====
1 Jakubchak, Lindsey 35 ALEXANDRIA MASTE 2:26.33 2:24.46 9
31.72 1:09.59 (37.87) 1:51.07 (41.48) 2:24.46 (33.39)
2 Roberts, Cynthia 37 LANDSHARK MASTER 2:33.57 2:37.27 7
31.40 1:13.49 (42.09) 2:00.92 (47.43) 2:37.27 (36.35)
3 Boris, Stephanie 38 SPRING VALLEY YM 2:38.30 2:44.05 6
34.64 1:15.58 (40.94) 2:06.64 (51.06) 2:44.05 (37.41)
=====
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Women 35-39 400 Yard IM

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=====
ZONE: Z 4:37.56 5/2/1999 Vibeke Swanson
NATL: ! 4:24.18 3/14/1998 K PIPES-NEILSEN
Name Age Club Seed Finals Points
=====
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1 Jakubchak, Lindsey	35 ALEXANDRIA MASTE	5:30.42	5:10.94	9
32.72	1:10.60 (37.88)	1:50.61 (40.01)	2:30.84 (40.23)	
3:15.14 (44.30)	4:01.08 (45.94)	4:36.49 (35.41)	5:10.94 (34.45)	

Women 40-44 50 Yard Freestyle

=====

ZONE: Z 24.84 4/15/2012 Michelle Chow, Dallas Aquatic M
 NATL: ! 21.91 4/15/2007 DARA TORRES

Name	Age Club	Seed	Finals	Points
1 Krause, Mary Kay	40 LANDSHARK MASTER	27.21	26.61	9
2 Choe, Michele	40 CLUB TRIBE	27.40	27.01	7
3 Messenlehner, Carina	42 LANDSHARK MASTER	27.79	27.50	6
4 Deaton, Rebecca	42 E TEAM	28.50	28.42	5
5 Woodrick, Lynn	42 MASTERS AQUATICS	30.00	29.43	4
6 Algera, Bonnie	41 FREEDOM AQUATIC	29.78	29.68	3
7 Skidmore, Joanne	43 SPORT & HEALTH T	55.00	40.25	2

Women 40-44 100 Yard Freestyle Time Trial

=====

ZONE: Z 55.91 4/20/1997 Jacki Hirsty
 NATL: ! 48.34 4/15/2007 DARA TORRES

Name	Age Club	Seed	Finals
- Time Trial			
2 Krause, Mary Kay	40 LANDSHARK MASTER	NT	57.99

Women 40-44 100 Yard Freestyle

=====

ZONE: Z 54.52 4/24/2010 Susan Wager, Red Tide
 NATL: ! 48.34 4/15/2007 DARA TORRES

Name	Age Club	Seed	Finals	Points
1 Krause, Mary Kay	40 LANDSHARK MASTER	58.46	57.66	9
27.66	57.66 (30.00)			
2 Choe, Michele	40 CLUB TRIBE	1:02.00	1:00.47	7
28.19	1:00.47 (32.28)			
3 Messenlehner, Carina	42 LANDSHARK MASTER	1:03.00	1:01.01	6
28.38	1:01.01 (32.63)			
4 Adams, Anne-Marie	41 LANE 4 SWIMMING	1:02.99	1:01.41	5
29.71	1:01.41 (31.70)			
5 Roddin, Julie	41 MONTGOMERY ANCIE	1:02.48	1:02.33	4
30.33	1:02.33 (32.00)			

6	Algera, Bonnie	41	FREEDOM AQUATIC	1:06.51	1:06.12	3
	31.28		1:06.12 (34.84)			
7	Hopkins, Joanne	41	CENTRAL BUCKS FA	1:08.00	1:07.71	2
	32.69		1:07.71 (35.02)			

Women 40-44 200 Yard Freestyle Time Trial

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=====
ZONE: Z 1:58.53 4/21/2002 Vibeke Swanson
NATL: ! 1:51.06 12/22/2002 K PIPES-NEILSEN
Name Age Club Seed Finals
=====
- Time Trial
1 Krause, Mary Kay 40 LANDSHARK MASTER NT 2:06.96
2 Shapiro, Margaret 41 RESTON MASTERS S NT 2:12.95

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Women 40-44 200 Yard Freestyle

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=====
ZONE: Z 1:57.72 4/25/2010 Kristin Gary, Red Tide
NATL: ! 1:51.06 12/22/2002 K PIPES-NEILSEN
Name Age Club Seed Finals Points
=====
1 Krause, Mary Kay 40 LANDSHARK MASTER 2:09.40 2:05.27 9
29.80 1:00.96 (31.16) 1:32.38 (31.42) 2:05.27 (32.89)
2 Roddin, Julie 41 MONTGOMERY ANCIE 2:10.18 2:11.67 7
31.23 1:04.92 (33.69) 1:39.01 (34.09) 2:11.67 (32.66)
3 Lovett, Mandy 43 LANDSHARK MASTER 2:34.39 2:28.77 6
34.28 1:11.73 (37.45) 1:49.85 (38.12) 2:28.77 (38.92)

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Women 40-44 500 Yard Freestyle

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=====
ZONE: Z 5:20.75 4/25/2009 Laurie Hug, 1776
NATL: ! 4:58.98 10/5/2002 K PIPES-NEILSEN
Name Age Club Seed Finals Points
=====
1 Krause, Mary Kay 40 LANDSHARK MASTER 5:45.00 5:37.98 9
31.06 1:04.31 (33.25) 1:37.86 (33.55) 2:12.24 (34.38)
2:46.90 (34.66) 3:21.34 (34.44) 3:56.29 (34.95) 4:30.57 (34.28)
5:04.95 (34.38) 5:37.98 (33.03)
2 Roddin, Julie 41 MONTGOMERY ANCIE 5:35.98 5:42.42 7
31.14 1:04.73 (33.59) 1:39.20 (34.47) 2:13.86 (34.66)
2:48.71 (34.85) 3:23.79 (35.08) 3:58.74 (34.95) 4:33.66 (34.92)
5:08.65 (34.99) 5:42.42 (33.77)
3 Lovett, Mandy 43 LANDSHARK MASTER 6:41.67 6:36.80 6

```

	34.77	1:12.45 (37.68)	1:51.75 (39.30)	2:32.10 (40.35)
	3:12.20 (40.10)	3:53.06 (40.86)	4:34.46 (41.40)	5:15.31 (40.85)
	5:56.77 (41.46)	6:36.80 (40.03)		
4 Hopkins, Joanne		41 CENTRAL BUCKS FA	6:40.00	6:48.70 5
	35.51	1:15.97 (40.46)	1:58.21 (42.24)	2:41.04 (42.83)
	3:23.16 (42.12)	4:05.51 (42.35)	4:47.16 (41.65)	5:28.76 (41.60)
	6:09.22 (40.46)	6:48.70 (39.48)		

Women 40-44 1000 Yard Freestyle Time Trial

```

=====
ZONE: Z 10:57.76 4/11/2008 Laurie Hug, 1776-DV
NATL: ! 10:20.45 12/21/2003 K PIPES-NEILSEN
Name Age Club Seed Finals
=====
- Time Trial
1 Roddin, Julie 41 MONTGOMERY ANCIE NT 11:42.65

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Women 40-44 1650 Yard Freestyle

```

=====
ZONE: Z 18:00.35 4/15/2007 Laurie Hug, 1776
NATL: ! 17:12.04 11/5/2016 HEIDI GEORGE
Name Age Club Seed Finals Points
=====
1 Roddin, Julie 41 MONTGOMERY ANCIE 19:16.91 19:25.92 9
31.60 1:05.41 (33.81) 1:40.12 (34.71) 2:14.97 (34.85)
2:50.22 (35.25) 3:25.54 (35.32) 4:00.79 (35.25) 4:35.97 (35.18)
5:11.64 (35.67) 5:46.95 (35.31) 6:22.63 (35.68) 6:58.36 (35.73)
7:33.69 (35.33) 8:09.26 (35.57) 8:44.81 (35.55) 9:20.42 (35.61)
9:55.97 (35.55) 10:31.49 (35.52) 11:07.02 (35.53) 11:42.65 (35.63)
12:18.24 (35.59) 12:53.99 (35.75) 13:29.71 (35.72) 14:05.53 (35.82)
14:41.45 (35.92) 15:17.39 (35.94) 15:53.34 (35.95) 16:29.02 (35.68)
17:05.01 (35.99) 17:40.97 (35.96) 18:16.78 (35.81) 18:52.19 (35.41)
19:25.92 (33.73)

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Women 40-44 50 Yard Backstroke

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=====
ZONE: Z 27.69 4/24/2010 Kristin Gary, Red Tide
NATL: ! 26.12 5/1/2011 SHERI HART
Name Age Club Seed Finals Points
=====
1 Choe, Michele 40 CLUB TRIBE 33.10 32.54 9
2 Messenlehner, Carina 42 LANDSHARK MASTER 33.50 33.61 7
3 Woodrick, Lynn 42 MASTERS AQUATICS 38.00 37.97 6

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Women 40-44 50 Yard Backstroke Time Trial

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=====
      ZONE: Z 28.72   4/21/2002 L. VanPelt-Diller
      NATL: ! 26.12   5/1/2011 SHERI HART
Name           Age Club           Seed     Finals
=====
- Time Trial
4 Krause, Mary Kay           40 LANDSHARK MASTER           NT     31.48
  
```

Women 40-44 100 Yard Backstroke

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=====
      ZONE: Z 58.33   4/25/2010 Kristin Gary, Red Tide
      NATL: ! 56.03   4/30/2011 SHERI HART
Name           Age Club           Seed     Finals Points
=====
1 Roddin, Julie           41 MONTGOMERY ANCIE           1:07.49   1:09.80    9
   35.49   1:09.80 (34.31)
  
```

Women 40-44 100 Yard Backstroke Time Trial

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=====
      ZONE: Z 58.87   4/23/2006 K. Pipes-Neilsen
      NATL: ! 56.03   4/30/2011 SHERI HART
Name           Age Club           Seed     Finals
=====
- Time Trial
1 Krause, Mary Kay           40 LANDSHARK MASTER           NT     1:06.51
  
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Women 40-44 200 Yard Backstroke

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=====
      ZONE: Z 2:04.43  4/24/2010 Kristin Gary, Red Tide
      NATL: ! 2:04.43  4/24/2010 KRISTIN GARY
Name           Age Club           Seed     Finals Points
=====
1 Krause, Mary Kay           40 LANDSHARK MASTER           2:25.93   2:21.85    9
   34.50   1:10.63 (36.13)   1:46.78 (36.15)   2:21.85 (35.07)
2 Roddin, Julie           41 MONTGOMERY ANCIE           2:22.06   2:26.00    7
   35.42   1:12.15 (36.73)   1:49.53 (37.38)   2:26.00 (36.47)
3 Shapiro, Margaret         41 RESTON MASTERS S           2:34.75   2:36.24    6
   37.18   1:15.95 (38.77)   1:55.88 (39.93)   2:36.24 (40.36)
  
```

Women 40-44 50 Yard Breaststroke

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ZONE: Z 31.34 4/8/2017 Kristen Harris, Club Tribe

NATL: ! 29.24 2/28/2010 S VON DER LIPPE

Name	Age	Club	Seed	Finals	Points
1 Deaton, Rebecca	42	E TEAM	36.00	36.19	9
2 Messenlehner, Carina	42	LANDSHARK MASTER	38.09	38.64	7
3 Lovett, Mandy	43	LANDSHARK MASTER	41.85	39.16	6

Women 40-44 100 Yard Breaststroke

ZONE: Z 1:09.86 4/9/2017 Kristen Harris, Club Tribe

NATL: ! 1:03.00 5/4/2008 S VON DER LIPPE

Name	Age	Club	Seed	Finals	Points
1 Deaton, Rebecca	42	E TEAM	1:18.00	1:18.20	9
	36.72	1:18.20 (41.48)			
2 Lovett, Mandy	43	LANDSHARK MASTER	1:28.79	1:24.61	7
	39.95	1:24.61 (44.66)			
3 Algera, Bonnie	41	FREEDOM AQUATIC	1:26.46	1:26.92	6
	40.68	1:26.92 (46.24)			

Women 40-44 200 Yard Breaststroke

ZONE: Z 2:32.09 4/8/2017 Kristen Harris, Club Tribe

NATL: ! 2:17.06 5/14/2006 S VON DER LIPPE

Name	Age	Club	Seed	Finals	Points
1 Deaton, Rebecca	42	E TEAM	2:48.00	2:49.72	9
	37.91	1:20.32 (42.41)	2:04.78 (44.46)	2:49.72 (44.94)	
2 Lovett, Mandy	43	LANDSHARK MASTER	3:07.66	3:01.48	7
	42.15	1:26.79 (44.64)	2:13.26 (46.47)	3:01.48 (48.22)	

Women 40-44 50 Yard Butterfly

ZONE: Z 26.72 4/20/2013 Margaret Conze, Montgomery Ancie

NATL: ! 25.14 5/10/2009 S VON DER LIPPE

Name	Age	Club	Seed	Finals	Points
1 Choe, Michele	40	CLUB TRIBE	30.50	29.07	9
2 Adams, Anne-Marie	41	LANE 4 SWIMMING	27.99	29.80	7
3 Messenlehner, Carina	42	LANDSHARK MASTER	29.87	29.94	6
4 Hopkins, Joanne	41	CENTRAL BUCKS FA	37.00	38.03	5

Women 40-44 100 Yard Butterfly

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=====
ZONE: Z 59.12 4/23/2006 K. Pipes-Neilsen, SDSM
NATL: ! 54.83 5/10/2009 S VON DER LIPPE
Name Age Club Seed Finals Points
=====
1 Lovett, Mandy 43 LANDSHARK MASTER 1:30.00 1:27.83 9
42.19 1:27.83 (45.64)

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Women 40-44 100 Yard IM

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=====
ZONE: Z 59.62 4/23/2006 K. Pipes-Neilsen, SDSM
NATL: ! 57.95 4/28/2012 ERIKA BRAUN
Name Age Club Seed Finals Points
=====
1 Krause, Mary Kay 40 LANDSHARK MASTER 1:07.27 1:07.15 9
31.50 1:07.15 (35.65)
2 Messenlehner, Carina 42 LANDSHARK MASTER 1:10.75 1:11.32 7
33.16 1:11.32 (38.16)
3 Woodrick, Lynn 42 MASTERS AQUATICS 1:15.00 1:17.22 6
36.72 1:17.22 (40.50)
4 Algera, Bonnie 41 FREEDOM AQUATIC 1:18.27 1:17.35 5
37.08 1:17.35 (40.27)

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Women 40-44 200 Yard IM

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=====
ZONE: Z 2:11.32 4/23/2006 K. Pipes-Neilsen, SDSM
NATL: ! 2:04.85 5/4/2008 S VON DER LIPPE
Name Age Club Seed Finals Points
=====
1 Krause, Mary Kay 40 LANDSHARK MASTER 2:25.06 2:23.57 9
31.53 1:07.76 (36.23) 1:51.00 (43.24) 2:23.57 (32.57)
2 Shapiro, Margaret 41 RESTON MASTERS S 2:29.54 2:33.24 7
32.56 1:10.86 (38.30) 1:57.16 (46.30) 2:33.24 (36.08)
3 Hopkins, Joanne 41 CENTRAL BUCKS FA 3:00.00 2:50.77 6
39.30 1:23.66 (44.36) 2:12.47 (48.81) 2:50.77 (38.30)
4 Algera, Bonnie 41 FREEDOM AQUATIC 2:59.27 2:54.12 5
37.36 1:24.55 (47.19) 2:15.17 (50.62) 2:54.12 (38.95)

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Women 45-49 50 Yard Freestyle

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=====
ZONE: Z 24.20 4/15/2012 Fall Willeboordse, Bearcat Masters
NATL: ! 23.80 4/8/2017 ERIKA BRAUN

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Name	Age Club	Seed	Finals	Points
1 Booth, Gretchen	47 CENTRAL BUCKS FA	26.32	26.94	9
2 Bass, Amy	47 RESTON MASTERS S	28.04	27.41	7
3 Krause, Dori	49 LANE 4 SWIMMING	28.73	27.85	6
4 Cantilina, Amy	49 RIPTIDE MASTERS	28.43	28.49	5
5 Sauvage, Marie	48 RESTON MASTERS S	28.00	29.11	4
6 Walters, Suzanne	47 LANE 4 SWIMMING	31.38	31.89	3
7 Lehr, Sandra	47 WARRENTON FAUQUI	36.00	34.24	2

Women 45-49 100 Yard Freestyle

Name	Age Club	Seed	Finals	Points
ZONE: Z 52.66 4/14/2012 Fall Willeboordse, Bearcat Masters				
NATL: ! 51.99 4/9/2017 ERIKA BRAUN				
1 Booth, Gretchen	47 CENTRAL BUCKS FA	59.27	59.18	9
	28.51		59.18 (30.67)	
2 Davidson, Michelle	47 GARDEN STATE MAS	1:20.00	1:02.61	7
	29.61		1:02.61 (33.00)	
3 Bass, Amy	47 RESTON MASTERS S	1:05.33	1:02.71	6
	29.43		1:02.71 (33.28)	
4 Krause, Dori	49 LANE 4 SWIMMING	1:12.18	1:03.66	5
	29.18		1:03.66 (34.48)	
5 Sauvage, Marie	48 RESTON MASTERS S	1:03.00	1:05.07	4
	31.30		1:05.07 (33.77)	

Women 45-49 200 Yard Freestyle

Name	Age Club	Seed	Finals	Points
ZONE: Z 2:04.12 5/2/1999 Jacki Hirsty				
NATL: ! 1:53.28 12/16/2007 K PIPES-NEILSEN				
1 Gianniny, Dana	48 ROCHESTER AREA M	2:07.03	2:07.86	9
	30.10		1:02.49 (32.39) 1:35.58 (33.09) 2:07.86 (32.28)	
2 Davidson, Michelle	47 GARDEN STATE MAS	2:15.95	2:13.37	7
	30.87		1:04.90 (34.03) 1:39.15 (34.25) 2:13.37 (34.22)	
3 Cantilina, Amy	49 RIPTIDE MASTERS	2:14.94	2:18.14	6
	31.65		1:05.97 (34.32) 1:41.89 (35.92) 2:18.14 (36.25)	
4 Bass, Amy	47 RESTON MASTERS S	2:30.73	2:22.75	5
	32.25		1:07.96 (35.71) 1:45.75 (37.79) 2:22.75 (37.00)	
5 Ihrig, Ylva	48 LANE 4 SWIMMING	2:26.00	2:22.97	4

33.45 1:09.03 (35.58) 1:46.35 (37.32) 2:22.97 (36.62)

Women 45-49 500 Yard Freestyle

=====

ZONE: Z 5:23.32 4/14/2012 Laurie Hug, Colonials 1776
NATL: ! 5:04.13 4/11/2009 K PIPES-NEILSEN

Name	Age	Club	Seed	Finals	Points
1 Gianniny, Dana	48	ROCHESTER AREA M	5:31.06	5:31.35	9
	30.83	1:04.34 (33.51)	1:38.33 (33.99)	2:12.09 (33.76)	
	2:45.94 (33.85)	3:19.57 (33.63)	3:53.13 (33.56)	4:26.38 (33.25)	
	4:59.43 (33.05)	5:31.35 (31.92)			
2 Ihrig, Ylva	48	LANE 4 SWIMMING	6:24.79	6:27.22	7
	34.55	1:11.97 (37.42)	1:50.64 (38.67)	2:30.09 (39.45)	
	3:09.98 (39.89)	3:49.94 (39.96)	4:29.93 (39.99)	5:10.20 (40.27)	
	5:49.97 (39.77)	6:27.22 (37.25)			
3 Postma, Terri	48	GERMANTOWN MARYL	8:00.00	7:01.75	6
	37.56	1:18.76 (41.20)	2:00.81 (42.05)	2:43.53 (42.72)	
	3:26.93 (43.40)	4:10.35 (43.42)	4:53.01 (42.66)	5:36.72 (43.71)	
	6:20.16 (43.44)	7:01.75 (41.59)			

Women 45-49 1000 Yard Freestyle

=====

ZONE: Z 10:57.88 4/17/2011 Laurie Hug, 1776
NATL: ! 10:32.91 4/19/2009 K PIPES-NEILSEN

Name	Age	Club	Seed	Finals	Points
1 Booth, Gretchen	47	CENTRAL BUCKS FA	13:30.00	12:48.04	9
	34.02	1:11.48 (37.46)	1:49.80 (38.32)	2:28.55 (38.75)	
	3:07.33 (38.78)	3:46.50 (39.17)	4:25.46 (38.96)	5:04.61 (39.15)	
	5:43.18 (38.57)	6:22.23 (39.05)	7:00.87 (38.64)	7:40.11 (39.24)	
	8:18.84 (38.73)	8:58.26 (39.42)	9:37.48 (39.22)	10:16.34 (38.86)	
	10:55.01 (38.67)	11:33.70 (38.69)	12:12.08 (38.38)	12:48.04 (35.96)	
2 Ihrig, Ylva	48	LANE 4 SWIMMING	13:50.00	13:17.36	7
	35.58	1:13.91 (38.33)	1:53.33 (39.42)	2:33.36 (40.03)	
	3:13.77 (40.41)	3:54.72 (40.95)	4:35.91 (41.19)	5:16.46 (40.55)	
	5:57.15 (40.69)	6:37.83 (40.68)	7:18.44 (40.61)	7:59.05 (40.61)	
	8:39.35 (40.30)	9:19.42 (40.07)	9:59.56 (40.14)	10:40.02 (40.46)	
	11:20.22 (40.20)	12:00.58 (40.36)	12:40.08 (39.50)	13:17.36 (37.28)	

Women 45-49 1650 Yard Freestyle

=====

ZONE: Z 18:09.22 4/17/2011 Laurie Hug, 1776

NATL: ! 17:39.79 4/8/2016 ALISON ZAMANIAN

Name	Age Club	Seed	Finals	Points
1 Tromble, Katherine	45 LANE 4 SWIMMING	27:00.00	28:29.01	9
43.32	1:32.19 (48.87)	2:22.47 (50.28)	3:12.81 (50.34)	
4:04.35 (51.54)	4:55.75 (51.40)	5:47.35 (51.60)	6:38.93 (51.58)	
7:29.56 (50.63)	8:21.22 (51.66)	9:12.98 (51.76)	10:05.74 (52.76)	
10:58.75 (53.01)	11:51.27 (52.52)	12:43.22 (51.95)	13:35.80 (52.58)	
14:27.50 (51.70)	15:20.84 (53.34)	16:12.78 (51.94)	17:05.19 (52.41)	
17:58.07 (52.88)	18:50.02 (51.95)	19:42.52 (52.50)	20:34.66 (52.14)	
21:26.08 (51.42)	22:18.96 (52.88)	23:13.06 (54.10)	24:06.59 (53.53)	
24:58.76 (52.17)	25:51.55 (52.79)	26:46.52 (54.97)	28:29.01 (1:42.49)	

Women 45-49 50 Yard Backstroke

ZONE: Z 27.61 4/21/2013 Susan Williams, Montgomery Ancie

NATL: ! 27.35 12/21/2008 K PIPES-NEILSEN

Name	Age Club	Seed	Finals	Points
1 Booth, Gretchen	47 CENTRAL BUCKS FA	29.30	29.37	9
2 Davidson, Michelle	47 GARDEN STATE MAS	30.29	30.35	7
3 Cantilina, Amy	49 RIPTIDE MASTERS	33.31	33.95	6
4 Gianniny, Dana	48 ROCHESTER AREA M	33.95	34.50	5
5 Lehr, Sandra	47 WARRENTON FAUQUI	45.00	40.14	4

Women 45-49 100 Yard Backstroke

ZONE: Z 58.46 4/14/2012 Fall Willeboordse, Bearcat Masters

NATL: ! 57.83 5/23/2010 ELLEN REYNOLDS

Name	Age Club	Seed	Finals	Points
1 Booth, Gretchen	47 CENTRAL BUCKS FA	1:04.27	1:03.27	9
30.89	1:03.27 (32.38)			
2 Davidson, Michelle	47 GARDEN STATE MAS	1:05.09	1:05.01	7
31.50	1:05.01 (33.51)			
3 Gianniny, Dana	48 ROCHESTER AREA M	1:12.96	1:11.91	6
35.40	1:11.91 (36.51)			
4 Gregory, Barbie	49 VIRGINIA MASTERS	1:15.64	1:14.59	5
36.97	1:14.59 (37.62)			

Women 45-49 200 Yard Backstroke

ZONE: Z 2:15.03 4/15/2007 Vibeke Swanson, 1776

NATL: ! 2:04.65 4/19/2009 K PIPES-NEILSEN

Name	Age	Club	Seed	Finals	Points
1 Davidson, Michelle	47	GARDEN STATE MAS	2:21.47	2:22.14	9
	33.22	1:08.72 (35.50)	1:45.29 (36.57)	2:22.14 (36.85)	
2 Pellegrini, Traci	48	COLUMBIA MASTERS	2:29.30	2:27.25	7
	34.66	1:11.77 (37.11)	1:50.20 (38.43)	2:27.25 (37.05)	
3 Gianniny, Dana	48	ROCHESTER AREA M	2:33.00	2:31.20	6
	36.66	1:15.30 (38.64)	1:54.47 (39.17)	2:31.20 (36.73)	
4 Cantilina, Amy	49	RIPTIDE MASTERS	2:33.76	2:31.74	5
	37.30	1:15.92 (38.62)	1:54.55 (38.63)	2:31.74 (37.19)	

Women 45-49 50 Yard Breaststroke

ZONE: Z 32.24 4/20/2013 Fall Willeboordse, Bearcat Masters

NATL: ! 30.17 5/20/2007 CAROLINE KRATTLI

Name	Age	Club	Seed	Finals	Points
1 Layton, Katie	45	PATRIOT MASTERS	34.93	37.81	9
2 Postma, Terri	48	GERMANTOWN MARYL	38.00	38.13	7
3 Ihrig, Ylva	48	LANE 4 SWIMMING	41.87	41.74	6

Women 45-49 100 Yard Breaststroke

ZONE: Z 1:12.86 4/21/2013 Lisa Groves, Machine Aquatics

NATL: ! 1:05.85 3/27/2011 S VON DER LIPPE

Name	Age	Club	Seed	Finals	Points
1 Lehr, Sandra	47	WARRENTON FAUQUI	1:45.00	1:40.20	9
	46.92	1:40.20 (53.28)			

Women 45-49 200 Yard Breaststroke

ZONE: Z 2:42.01 4/5/2014 Lisa Groves, Riptide Masters

NATL: ! 2:22.76 5/1/2011 S VON DER LIPPE

Name	Age	Club	Seed	Finals	Points
1 Pellegrini, Traci	48	COLUMBIA MASTERS	2:44.20	2:41.10Z	9
	37.11	1:17.34 (40.23)	1:59.19 (41.85)	2:41.10 (41.91)	

Women 45-49 50 Yard Butterfly

ZONE: Z 25.96 4/20/2013 Susan Williams, Montgomery Ancie

NATL: ! 25.64 4/9/2017 ERIKA BRAUN

Name	Age Club	Seed	Finals	Points
1 Davidson, Michelle	47 GARDEN STATE MAS	30.19	30.49	9
2 Booth, Gretchen	47 CENTRAL BUCKS FA	30.00	30.71	7
3 Bass, Amy	47 RESTON MASTERS S	33.00	31.30	6
4 Gregory, Barbie	49 VIRGINIA MASTERS	31.22	31.83	5
5 Gianniny, Dana	48 ROCHESTER AREA M	34.00	32.22	4
6 Krause, Dori	49 LANE 4 SWIMMING	35.67	32.25	3
7 Sauvage, Marie	48 RESTON MASTERS S	31.50	32.27	2
8 Layton, Katie	45 PATRIOT MASTERS	31.31	33.77	1
9 Ihrig, Ylva	48 LANE 4 SWIMMING	35.17	35.38	

Women 45-49 100 Yard Butterfly

ZONE: Z 59.28 4/15/2012 Fall Willeboordse, Bearcat Masters

NATL: ! 56.97 5/1/2011 S VON DER LIPPE

Name	Age Club	Seed	Finals	Points
1 Sauvage, Marie	48 RESTON MASTERS S	1:16.00	1:17.65	9
	36.94 1:17.65 (40.71)			

Women 45-49 100 Yard Butterfly Time Trial

ZONE: Z 1:05.54 4/13/2008 Leslie Livingston, GMUP-PV

NATL: ! 56.97 5/1/2011 S VON DER LIPPE

Name	Age Club	Seed	Finals
- Time Trial			
1 Pellegrini, Traci	48 COLUMBIA MASTERS	NT	1:07.51

Women 45-49 200 Yard Butterfly

ZONE: Z 2:18.52 4/17/2011 Laurie Hug, 1776

NATL: ! 2:07.39 12/26/2008 K PIPES-NEILSEN

Name	Age Club	Seed	Finals	Points
1 Davidson, Michelle	47 GARDEN STATE MAS	2:35.00	2:34.19	9
	33.55 1:13.27 (39.72)	1:53.75 (40.48)	2:34.19 (40.44)	
2 Gianniny, Dana	48 ROCHESTER AREA M	2:36.26	2:36.03	7
	34.34 1:14.69 (40.35)	1:55.80 (41.11)	2:36.03 (40.23)	

Women 45-49 100 Yard IM

=====

ZONE: Z 59.81 4/15/2012 Fall Willeboordse, Bearcat Masters

NATL: ! 59.39 4/28/2012 FALL WILLEBOORDSE

Name	Age	Club	Seed	Finals	Points
1 Booth, Gretchen	47	CENTRAL BUCKS FA	1:06.02	1:06.64	9
	29.94	1:06.64 (36.70)			
2 Pellegrini, Traci	48	COLUMBIA MASTERS	1:07.45	1:07.23	7
	32.10	1:07.23 (35.13)			
3 Davidson, Michelle	47	GARDEN STATE MAS	1:10.59	1:09.77	6
	31.08	1:09.77 (38.69)			
4 Gianniny, Dana	48	ROCHESTER AREA M	1:11.04	1:11.48	5
	34.43	1:11.48 (37.05)			
5 Sauvage, Marie	48	RESTON MASTERS S	1:18.00	1:17.11	4
	35.31	1:17.11 (41.80)			
6 Walters, Suzanne	47	LANE 4 SWIMMING	1:22.33	1:24.23	3
	40.20	1:24.23 (44.03)			

Women 45-49 200 Yard IM

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ZONE: Z 2:15.19 4/15/2007 Vibeke Swanson, 1776

NATL: ! 2:07.26 12/16/2007 K PIPES-NEILSEN

Name	Age	Club	Seed	Finals	Points
1 Pellegrini, Traci	48	COLUMBIA MASTERS	2:26.00	2:23.94	9
	30.79	1:08.06 (37.27)	1:50.04 (41.98)	2:23.94 (33.90)	
2 Davidson, Michelle	47	GARDEN STATE MAS	2:30.00	2:29.98	7
	31.05	1:06.37 (35.32)	1:54.84 (48.47)	2:29.98 (35.14)	
3 Gregory, Barbie	49	VIRGINIA MASTERS	2:31.09	2:38.13	6
	33.35	1:13.38 (40.03)	2:00.20 (46.82)	2:38.13 (37.93)	

Women 45-49 400 Yard IM

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ZONE: Z 4:49.51 4/15/2007 Vibeke Swanson, 1776

NATL: ! 4:32.87 12/26/2009 K PIPES-NEILSEN

Name	Age	Club	Seed	Finals	Points
1 Pellegrini, Traci	48	COLUMBIA MASTERS	5:09.00	5:12.36	9
	31.15	1:07.51 (36.36)	1:47.89 (40.38)	2:28.57 (40.68)	
	3:13.08 (44.51)	3:57.91 (44.83)	4:35.26 (37.35)	5:12.36 (37.10)	
2 Gianniny, Dana	48	ROCHESTER AREA M	5:17.70	5:20.40	7
	35.78	1:16.54 (40.76)	1:57.13 (40.59)	2:38.50 (41.37)	
	3:24.67 (46.17)	4:12.60 (47.93)	4:46.39 (33.79)	5:20.40 (34.01)	

Women 50-54 50 Yard Freestyle

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=====
      ZONE: Z 24.84   4/10/2016 Fall Willeboordse, Bearcat Masters
      NATL: ! 24.53   3/18/2016 FALL WILLEBOORDSE
Name           Age Club           Seed     Finals Points
=====
 1 Willeboordse, Fall      52 BEARCAT MASTERS      25.25     25.38     9
 2 Groves, Lisa           53 RESTON MASTERS S     27.76     28.90     7
 3 Johnson, Mindy         54 RESTON MASTERS S     29.00     28.95     6
 4 McNamara, Beth         52 RESTON MASTERS S     30.16     29.89     5
 5 Thompson, Kim          54 PATRIOT MASTERS      31.44     30.84     4
 6 Wetzel, Denise         52 LANE 4 SWIMMING      31.29     31.41     3
 7 Sickenberger, Phyllis  54 RESTON MASTERS S     38.00     34.15     2
 8 Bershok, Rhonda        53 ALEXANDRIA MASTE     35.50     34.48     1
 9 Cameron, Terri         53 FREEDOM AQUATIC      35.01     34.49
10 Mallon, Barbara        51 GERMANTOWN MARYL     35.99     35.48
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Women 50-54 100 Yard Freestyle

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      ZONE: Z 54.51   4/9/2016 Fall Willeboordse, Bearcat Masters
      NATL: ! 53.60   4/29/2016 FALL WILLEBOORDSE
Name           Age Club           Seed     Finals Points
=====
 1 Willeboordse, Fall      52 BEARCAT MASTERS      55.25     55.29     9
    26.16           55.29 (29.13)
 2 Johnson, Mindy         54 RESTON MASTERS S     1:04.00    1:02.99     7
    30.17           1:02.99 (32.82)
 3 McNamara, Beth         52 RESTON MASTERS S     1:08.24    1:07.21     6
    32.16           1:07.21 (35.05)
 4 Thompson, Kim          54 PATRIOT MASTERS      1:08.91    1:08.27     5
    32.78           1:08.27 (35.49)
 5 Gainor, Cathy          50 MONTGOMERY ANCIE     1:10.00    1:10.50     4
    34.38           1:10.50 (36.12)
 6 Sadowski, Susan        51 CENTRAL BUCKS FA     1:10.00    1:11.71     3
    34.54           1:11.71 (37.17)
 7 Shuford, Carol         51 LANE 4 SWIMMING      1:14.00    1:14.44     2
    35.78           1:14.44 (38.66)
 8 Cameron, Terri         53 FREEDOM AQUATIC      1:17.54    1:15.78     1
    37.09           1:15.78 (38.69)
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Women 50-54 200 Yard Freestyle

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ZONE: Z 2:05.65 4/12/2015 Kelly Parker Palace, Virginia Masters

NATL: ! 1:58.34 4/10/2016 ELLEN REYNOLDS

Name	Age	Club	Seed	Finals	Points
1 Hug, Laurie	52	COLONIALS 1776	2:09.02	2:10.79	9
30.99	1:04.07 (33.08)		1:37.56 (33.49)	2:10.79 (33.23)	
2 Saucy, Stephanie	54	COLONIALS 1776	2:15.34	2:16.26	7
32.09	1:06.33 (34.24)		1:41.66 (35.33)	2:16.26 (34.60)	
3 Johnson, Mindy	54	RESTON MASTERS S	2:20.00	2:23.12	6
32.05	1:08.36 (36.31)		1:46.16 (37.80)	2:23.12 (36.96)	
4 Becker, Marlene	53	LANE 4 SWIMMING	2:35.00	2:27.24	5
34.94	1:12.54 (37.60)		1:50.22 (37.68)	2:27.24 (37.02)	
5 Thompson, Kim	54	PATRIOT MASTERS	2:34.02	2:31.31	4
33.68	1:11.52 (37.84)		1:51.78 (40.26)	2:31.31 (39.53)	
6 McNamara, Beth	52	RESTON MASTERS S	2:35.01	2:32.89	3
34.31	1:12.84 (38.53)		1:53.69 (40.85)	2:32.89 (39.20)	
7 Bershok, Rhonda	53	ALEXANDRIA MASTE	2:56.00	2:52.33	2
37.96	1:21.95 (43.99)		2:07.50 (45.55)	2:52.33 (44.83)	
8 Cameron, Terri	53	FREEDOM AQUATIC	3:07.38	2:55.83	1
40.01	1:24.03 (44.02)		2:10.77 (46.74)	2:55.83 (45.06)	

Women 50-54 500 Yard Freestyle

ZONE: Z 5:32.11 4/8/2017 Laurie Hug, Colonials 1776

NATL: ! 5:14.56 5/12/2013 JILL HERNANDEZ

Name	Age	Club	Seed	Finals	Points
1 Hug, Laurie	52	COLONIALS 1776	5:40.45	5:37.23	9
31.25	1:04.98 (33.73)		1:39.29 (34.31)	2:13.74 (34.45)	
2:48.01 (34.27)	3:21.82 (33.81)		3:56.13 (34.31)	4:30.58 (34.45)	
5:04.62 (34.04)	5:37.23 (32.61)				
2 Uppstrom, Noreen	53	COLONIALS 1776	6:42.39	6:30.64	7
35.01	1:12.98 (37.97)		1:52.05 (39.07)	2:32.04 (39.99)	
3:12.40 (40.36)	3:52.14 (39.74)		4:32.44 (40.30)	5:12.73 (40.29)	
5:52.99 (40.26)	6:30.64 (37.65)				
3 Becker, Marlene	53	LANE 4 SWIMMING	6:45.00	6:32.44	6
36.10	1:14.85 (38.75)		1:54.64 (39.79)	2:35.17 (40.53)	
3:15.49 (40.32)	3:55.67 (40.18)		4:35.42 (39.75)	5:14.98 (39.56)	
5:53.96 (38.98)	6:32.44 (38.48)				
4 Gainor, Cathy	50	MONTGOMERY ANCIE	6:40.00	6:37.02	5
37.38	1:17.49 (40.11)		1:57.69 (40.20)	2:37.77 (40.08)	
3:17.83 (40.06)	3:57.85 (40.02)		4:38.20 (40.35)	5:18.77 (40.57)	
5:58.79 (40.02)	6:37.02 (38.23)				

5 Shuford, Carol	51 LANE 4 SWIMMING	7:10.00	7:00.71	4
38.61	1:20.61 (42.00)	2:03.83 (43.22)	2:46.82 (42.99)	
3:29.89 (43.07)	4:11.48 (41.59)	4:54.29 (42.81)	5:37.10 (42.81)	
6:19.33 (42.23)	7:00.71 (41.38)			
6 Sadowski, Susan	51 CENTRAL BUCKS FA	7:00.00	7:19.20	3
38.34	1:20.55 (42.21)	2:04.29 (43.74)	2:49.13 (44.84)	
3:33.89 (44.76)	4:19.71 (45.82)	5:05.26 (45.55)	5:50.99 (45.73)	
7:19.20 (1:28.21)				

Women 50-54 1000 Yard Freestyle

=====				
ZONE: Z 11:14.62		4/9/2017 Laurie Hug, 1776		
NATL: ! 10:58.56		4/23/2015 JILL HERNANDEZ		
Name	Age Club	Seed	Finals	Points
=====				
1 Hug, Laurie	52 COLONIALS 1776	11:33.11	11:30.73	9
31.71	1:06.12 (34.41)	1:40.88 (34.76)	2:15.56 (34.68)	
2:50.06 (34.50)	3:24.55 (34.49)	3:59.37 (34.82)	4:33.89 (34.52)	
5:08.73 (34.84)	5:43.33 (34.60)	6:18.31 (34.98)	6:53.35 (35.04)	
7:28.22 (34.87)	8:03.16 (34.94)	8:38.26 (35.10)	9:12.81 (34.55)	
9:47.72 (34.91)	10:22.26 (34.54)	10:56.91 (34.65)	11:30.73 (33.82)	
2 Becker, Marlene	53 LANE 4 SWIMMING	14:05.00	13:24.66	7
37.13	1:17.04 (39.91)	1:57.20 (40.16)	2:37.77 (40.57)	
3:18.75 (40.98)	3:59.54 (40.79)	4:40.67 (41.13)	5:21.32 (40.65)	
6:01.96 (40.64)	6:42.54 (40.58)	7:22.77 (40.23)	8:03.07 (40.30)	
8:43.36 (40.29)	9:24.02 (40.66)	10:04.39 (40.37)	10:44.70 (40.31)	
11:24.72 (40.02)	12:04.93 (40.21)	12:45.14 (40.21)	13:24.66 (39.52)	
3 Dewing, Maria	54 RIPTIDE MASTERS	15:40.00	16:06.03	6
41.00	1:27.52 (46.52)	2:17.79 (50.27)	3:05.21 (47.42)	
3:52.95 (47.74)	4:41.32 (48.37)	5:30.49 (49.17)	6:22.99 (52.50)	
7:11.63 (48.64)	8:00.69 (49.06)	8:49.64 (48.95)	9:38.80 (49.16)	
10:28.36 (49.56)	11:17.42 (49.06)	12:06.57 (49.15)	12:55.29 (48.72)	
13:44.01 (48.72)	14:33.34 (49.33)	15:20.58 (47.24)	16:06.03 (45.45)	

Women 50-54 1650 Yard Freestyle

=====				
ZONE: Z 18:37.93		4/7/2017 Laurie Hug, Colonials 1776		
NATL: ! 18:16.49		4/23/2015 C PETERSEN		
Name	Age Club	Seed	Finals	Points
=====				
1 Saucy, Stephanie	54 COLONIALS 1776	20:27.75	20:45.50	9
33.27	1:09.47 (36.20)	1:46.31 (36.84)	2:24.09 (37.78)	
3:01.63 (37.54)	3:39.66 (38.03)	4:17.19 (37.53)	4:54.75 (37.56)	

5:32.42 (37.67)	6:10.26 (37.84)	6:47.55 (37.29)	7:25.23 (37.68)
8:03.02 (37.79)	8:40.72 (37.70)	9:18.32 (37.60)	9:56.29 (37.97)
10:33.94 (37.65)	11:12.05 (38.11)	11:50.10 (38.05)	12:28.42 (38.32)
13:06.53 (38.11)	13:44.87 (38.34)	14:23.20 (38.33)	15:01.12 (37.92)
15:39.04 (37.92)	16:16.98 (37.94)	16:55.11 (38.13)	17:33.42 (38.31)
18:11.86 (38.44)	18:50.51 (38.65)	19:29.51 (39.00)	20:08.39 (38.88)
20:45.50 (37.11)			

2 Gainor, Cathy	50 MONTGOMERY ANCIE	23:00.00	22:45.57	7
38.65	1:20.59 (41.94)	2:02.50 (41.91)	2:44.61 (42.11)	
3:26.98 (42.37)	4:09.11 (42.13)	4:51.20 (42.09)	5:33.18 (41.98)	
6:15.02 (41.84)	6:56.81 (41.79)	7:38.15 (41.34)	8:19.62 (41.47)	
9:00.83 (41.21)	9:42.11 (41.28)	10:23.65 (41.54)	11:04.93 (41.28)	
11:46.32 (41.39)	12:28.17 (41.85)	13:09.74 (41.57)	13:51.37 (41.63)	
14:32.93 (41.56)	15:14.40 (41.47)	15:55.91 (41.51)	16:37.15 (41.24)	
17:18.52 (41.37)	17:59.80 (41.28)	18:41.14 (41.34)	19:22.62 (41.48)	
20:04.27 (41.65)	20:45.46 (41.19)	21:25.93 (40.47)	22:06.26 (40.33)	
22:45.57 (39.31)				

3 Shuford, Carol	51 LANE 4 SWIMMING	27:00.00	24:27.52	6
39.45	1:21.38 (41.93)	2:05.06 (43.68)	2:50.41 (45.35)	
3:35.47 (45.06)	4:20.25 (44.78)	5:05.33 (45.08)	5:50.62 (45.29)	
6:36.20 (45.58)	7:20.25 (44.05)	8:04.42 (44.17)	8:48.54 (44.12)	
9:33.65 (45.11)	10:19.84 (46.19)	11:04.81 (44.97)	11:50.87 (46.06)	
12:36.06 (45.19)	13:21.39 (45.33)	14:06.35 (44.96)	14:51.72 (45.37)	
15:36.67 (44.95)	16:20.04 (43.37)	17:04.70 (44.66)	17:49.03 (44.33)	
18:34.47 (45.44)	19:20.16 (45.69)	20:04.07 (43.91)	20:48.85 (44.78)	
21:33.06 (44.21)	22:17.81 (44.75)	23:02.50 (44.69)	23:46.30 (43.80)	
24:27.52 (41.22)				

4 McGhee, Karen	54 ALEXANDRIA MASTE	28:00.00	26:29.73	5
41.80	1:27.35 (45.55)	2:14.34 (46.99)	3:02.16 (47.82)	
3:50.14 (47.98)	4:38.68 (48.54)	5:27.40 (48.72)	6:16.24 (48.84)	
7:04.65 (48.41)	7:53.53 (48.88)	8:42.62 (49.09)	9:31.13 (48.51)	
10:20.42 (49.29)	11:09.43 (49.01)	11:58.59 (49.16)	12:47.16 (48.57)	
13:35.62 (48.46)	14:23.87 (48.25)	15:12.50 (48.63)	16:01.47 (48.97)	
16:50.27 (48.80)	17:39.03 (48.76)	18:27.64 (48.61)	19:16.72 (49.08)	
20:05.82 (49.10)	20:53.62 (47.80)	21:42.20 (48.58)	22:30.89 (48.69)	
23:18.74 (47.85)	24:07.75 (49.01)	24:55.56 (47.81)	25:44.17 (48.61)	
26:29.73 (45.56)				

5 Welc, Gina	53 LANE 4 SWIMMING	27:58.00	26:57.48	4
44.65	1:32.85 (48.20)	2:21.94 (49.09)	3:11.40 (49.46)	
4:00.91 (49.51)	4:50.83 (49.92)	5:40.66 (49.83)	6:30.49 (49.83)	
7:20.78 (50.29)	8:10.62 (49.84)	9:00.52 (49.90)	9:49.82 (49.30)	
10:39.23 (49.41)	11:29.09 (49.86)	12:18.47 (49.38)	13:07.44 (48.97)	
13:56.61 (49.17)	14:45.60 (48.99)	15:34.25 (48.65)	16:22.69 (48.44)	

17:11.56 (48.87)	18:00.89 (49.33)	18:49.89 (49.00)	19:38.88 (48.99)
20:28.27 (49.39)	21:16.43 (48.16)	22:05.26 (48.83)	22:53.96 (48.70)
23:42.29 (48.33)	24:31.03 (48.74)	25:20.02 (48.99)	26:08.83 (48.81)
26:57.48 (48.65)			
6 Bouchard, Rosemarie	54 LANE 4 SWIMMING	28:00.00	27:21.51 3
41.95	1:28.60 (46.65)	2:17.51 (48.91)	3:07.20 (49.69)
3:57.32 (50.12)	4:47.35 (50.03)	5:37.29 (49.94)	6:27.31 (50.02)
7:17.26 (49.95)	8:07.58 (50.32)	8:57.22 (49.64)	9:47.30 (50.08)
10:37.38 (50.08)	11:27.37 (49.99)	12:17.07 (49.70)	13:07.05 (49.98)
13:57.16 (50.11)	14:47.28 (50.12)	15:37.02 (49.74)	16:27.29 (50.27)
17:17.71 (50.42)	18:08.13 (50.42)	18:58.73 (50.60)	19:49.01 (50.28)
20:39.50 (50.49)	21:30.55 (51.05)	22:21.28 (50.73)	23:11.56 (50.28)
24:02.54 (50.98)	24:54.04 (51.50)	25:43.78 (49.74)	27:21.51 (1:37.73)
7 Newcomb, Anna	54 UC12	29:00.00	28:34.47 2
42.92	1:29.86 (46.94)	2:19.38 (49.52)	3:10.33 (50.95)
4:01.53 (51.20)	4:53.05 (51.52)	5:44.45 (51.40)	6:36.62 (52.17)
7:29.07 (52.45)	8:20.78 (51.71)	9:12.64 (51.86)	10:05.52 (52.88)
10:58.32 (52.80)	11:50.40 (52.08)	12:42.92 (52.52)	13:35.23 (52.31)
14:27.45 (52.22)	15:19.78 (52.33)	16:13.16 (53.38)	17:06.02 (52.86)
18:00.19 (54.17)	18:53.45 (53.26)	19:46.00 (52.55)	20:38.28 (52.28)
21:30.35 (52.07)	22:21.60 (51.25)	23:16.01 (54.41)	24:11.31 (55.30)
25:03.20 (51.89)	25:56.30 (53.10)	26:49.56 (53.26)	27:42.14 (52.58)
28:34.47 (52.33)			
8 Petersen, Kris	53 LANE 4 SWIMMING	32:00.00	29:08.83 1
48.63	1:39.92 (51.29)	2:32.48 (52.56)	3:26.79 (54.31)
4:18.40 (51.61)	5:11.64 (53.24)	6:05.40 (53.76)	6:59.80 (54.40)
7:55.05 (55.25)	8:48.47 (53.42)	9:42.61 (54.14)	10:35.75 (53.14)
11:29.72 (53.97)	12:23.22 (53.50)	13:15.70 (52.48)	14:09.69 (53.99)
15:03.14 (53.45)	15:55.79 (52.65)	16:49.37 (53.58)	17:43.17 (53.80)
18:35.57 (52.40)	19:29.15 (53.58)	20:22.50 (53.35)	21:15.24 (52.74)
22:07.84 (52.60)	23:01.14 (53.30)	23:53.09 (51.95)	24:47.04 (53.95)
25:40.28 (53.24)	26:32.40 (52.12)	27:25.68 (53.28)	28:18.08 (52.40)
29:08.83 (50.75)			
9 Bowman, Branka	52 LANE 4 SWIMMING	32:00.00	30:39.59
44.95	1:36.79 (51.84)	2:31.33 (54.54)	3:26.94 (55.61)
4:22.69 (55.75)	5:18.10 (55.41)	6:14.57 (56.47)	7:10.93 (56.36)
8:05.99 (55.06)	9:00.54 (54.55)	9:56.35 (55.81)	10:52.30 (55.95)
11:47.95 (55.65)	12:42.70 (54.75)	13:38.87 (56.17)	14:34.53 (55.66)
15:30.97 (56.44)	16:26.18 (55.21)	17:21.76 (55.58)	18:18.67 (56.91)
19:15.29 (56.62)	20:13.26 (57.97)	21:09.51 (56.25)	22:06.88 (57.37)
23:02.77 (55.89)	23:59.43 (56.66)	24:55.74 (56.31)	25:54.53 (58.79)
26:51.99 (57.46)	27:48.62 (56.63)	28:45.16 (56.54)	29:42.53 (57.37)
30:39.59 (57.06)			

10	Sumption, Donna	54	LANE 4 SWIMMING	34:00.00	34:41.59
	54.30	1:54.71	(1:00.41)	2:59.35	(1:04.64)
	5:05.25	(1:02.41)	6:09.16	(1:03.91)	7:11.44
	9:18.19	(1:03.99)	10:22.13	(1:03.94)	11:24.41
	13:29.85	(1:03.38)	14:32.29	(1:02.44)	15:36.72
	17:44.22	(1:03.13)	18:48.40	(1:04.18)	19:53.03
	22:01.96	(1:04.87)	23:06.26	(1:04.30)	24:10.28
	26:17.12	(1:02.15)	27:20.33	(1:03.21)	28:25.98
	30:34.73	(1:04.88)	31:38.19	(1:03.46)	32:40.81
	34:41.59	(59.40)			
11	Christopher, Jody	52	LANE 4 SWIMMING	36:00.00	38:36.87
	57.97	2:04.61	(1:06.64)	3:15.00	(1:10.39)
	5:31.05	(1:07.20)	6:36.79	(1:05.74)	7:44.52
	10:00.82	(1:07.07)	11:10.05	(1:09.23)	12:17.21
	14:35.82	(1:10.58)	15:44.15	(1:08.33)	16:54.22
	19:14.22	(1:10.52)	20:24.80	(1:10.58)	21:34.99
	23:51.52	(1:08.73)	25:02.67	(1:11.15)	26:12.35
	28:35.32	(1:12.21)	29:50.58	(1:15.26)	31:03.65
	33:38.38	(1:17.05)	34:52.51	(1:14.13)	36:11.62

Women 50-54 50 Yard Backstroke

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=====
ZONE: Z 27.27 4/21/2013 Leslie Livingston, GMUP
NATL: ! 27.04 5/10/2013 LESLIE LIVINGSTON
=====
Name Age Club Seed Finals Points
=====
1 Williams, Susan 52 LANE 4 SWIMMING 28.66 28.34 9
2 Willeboordse, Fall 52 BEARCAT MASTERS 29.25 29.20 7
3 Saucy, Stephanie 54 COLONIALS 1776 31.89 32.35 6
4 Uppstrom, Noreen 53 COLONIALS 1776 32.82 34.75 5
5 Mallon, Barbara 51 GERMANTOWN MARYL 42.85 42.15 4
6 Greenfield Sheehe, Heath 51 RESTON MASTERS S 55.00 51.79 3
=====

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Women 50-54 100 Yard Backstroke

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=====
ZONE: Z 1:02.11 4/20/2013 Leslie Livingston, GMUP
NATL: ! 59.19 3/18/2016 FALL WILLEBOORDSE
=====
Name Age Club Seed Finals Points
=====
1 Willeboordse, Fall 52 BEARCAT MASTERS 1:03.00 1:02.36 9
30.46 1:02.36 (31.90)
2 Saucy, Stephanie 54 COLONIALS 1776 1:07.39 1:09.00 7
33.96 1:09.00 (35.04)
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3	Jin, Yimin	53 MASTERS AQUATICS	1:20.00	1:15.33	6
	36.14	1:15.33 (39.19)			
4	Wetzel, Denise	52 LANE 4 SWIMMING	1:23.70	1:17.31	5
	36.47	1:17.31 (40.84)			
5	Uppstrom, Noreen	53 COLONIALS 1776	1:18.91	1:17.60	4
	37.60	1:17.60 (40.00)			
6	Cameron, Terri	53 FREEDOM AQUATIC	1:35.19	1:28.60	3
	43.71	1:28.60 (44.89)			

Women 50-54 200 Yard Backstroke

=====

ZONE: Z 2:21.72 4/21/2013 Vibeke Swanson, Colonials 1776
 NATL: ! 2:07.51 11/22/2014 ELLEN REYNOLDS

Name	Age Club	Seed	Finals Points
1 Hug, Laurie	52 COLONIALS 1776	2:29.22	2:26.07 9
	35.28	1:11.45 (36.17) 1:48.73 (37.28)	2:26.07 (37.34)
2 Saucy, Stephanie	54 COLONIALS 1776	2:26.19	2:29.19 7
	34.75	1:11.89 (37.14) 1:50.58 (38.69)	2:29.19 (38.61)
3 Uppstrom, Noreen	53 COLONIALS 1776	2:45.77	2:41.78 6
	37.72	1:17.60 (39.88) 1:59.30 (41.70)	2:41.78 (42.48)

Women 50-54 50 Yard Breaststroke

=====

ZONE: Z 34.06 4/11/2015 Leslie Livingston, Rockwall Aquatic
 NATL: ! 32.37 5/21/2010 BRIGITTE HEUER

Name	Age Club	Seed	Finals Points
1 Groves, Lisa	53 RESTON MASTERS S	34.76	35.52 9
2 Kalibat, Rebecca	54 GARDEN STATE MAS	37.90	37.14 7
3 Wetzel, Denise	52 LANE 4 SWIMMING	42.92	39.95 6
4 Sadowski, Susan	51 CENTRAL BUCKS FA	38.00	42.71 5
5 Bershok, Rhonda	53 ALEXANDRIA MASTE	44.00	42.96 4
6 McNamara, Beth	52 RESTON MASTERS S	44.81	44.01 3

Women 50-54 100 Yard Breaststroke

=====

ZONE: Z 1:09.87 4/10/2016 Fall Willeboordse, Bearcat Masters
 NATL: ! 1:09.21 2/18/2012 CAROLINE KRATTLI

Name	Age Club	Seed	Finals Points
1 Groves, Lisa	53 RESTON MASTERS S	1:17.24	1:18.51 9
	36.65	1:18.51 (41.86)	

2 Kalibat, Rebecca	54 GARDEN STATE MAS	1:21.90	1:21.17	7
38.37	1:21.17 (42.80)			
3 Wetzels, Denise	52 LANE 4 SWIMMING	1:32.91	1:26.82	6
41.99	1:26.82 (44.83)			
4 Bershok, Rhonda	53 ALEXANDRIA MASTE	1:38.50	1:34.59	5
44.92	1:34.59 (49.67)			
5 Cameron, Terri	53 FREEDOM AQUATIC	1:50.96	1:45.99	4
50.46	1:45.99 (55.53)			

Women 50-54 200 Yard Breaststroke

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ZONE: Z 2:43.75 4/8/2017 Laurie Hug, Colonials 1776
 NATL: ! 2:29.92 2/20/2012 CAROLINE KRATTLI

Name	Age Club	Seed	Finals	Points
1 Hug, Laurie	52 COLONIALS 1776	2:49.42	2:48.99	9
38.70	1:21.63 (42.93)	2:05.20 (43.57)	2:48.99 (43.79)	
2 Groves, Lisa	53 RESTON MASTERS S	2:52.64	2:54.19	7
38.70	1:22.96 (44.26)	2:08.10 (45.14)	2:54.19 (46.09)	
3 Kalibat, Rebecca	54 GARDEN STATE MAS	3:00.00	2:55.13	6
39.93	1:24.26 (44.33)	2:09.80 (45.54)	2:55.13 (45.33)	
4 Bershok, Rhonda	53 ALEXANDRIA MASTE	3:33.68	3:28.98	5
46.90	1:41.20 (54.30)	2:35.82 (54.62)	3:28.98 (53.16)	

Women 50-54 50 Yard Butterfly

=====

ZONE: Z 25.90 4/20/2013 Leslie Livingston, Patriot Masters
 NATL: ! 25.70 5/11/2013 LESLIE LIVINGSTON

Name	Age Club	Seed	Finals	Points
1 Williams, Susan	52 LANE 4 SWIMMING	26.80	26.94	9
2 Willeboordse, Fall	52 BEARCAT MASTERS	27.25	27.40	7
3 Johnson, Mindy	54 RESTON MASTERS S	33.00	32.27	6
4 Wetzels, Denise	52 LANE 4 SWIMMING	33.84	33.58	5
5 Uppstrom, Noreen	53 COLONIALS 1776	36.84	35.90	4
6 Gainor, Cathy	50 MONTGOMERY ANCIE	37.00	36.85	3
7 Cameron, Terri	53 FREEDOM AQUATIC	45.51	43.15	2
8 Shuford, Carol	51 LANE 4 SWIMMING	50.00	46.14	1

Women 50-54 100 Yard Butterfly Time Trial

=====

ZONE: Z 1:08.25 4/13/2008 Katherine Branch, NEM-NE
 NATL: ! 1:00.17 5/12/2013 JILL HERNANDEZ

Name	Age Club	Seed	Finals
- Time Trial			
1 Hug, Laurie	52 COLONIALS 1776	NT	1:08.20Z

Women 50-54 100 Yard Butterfly

Name	Age Club	Seed	Finals	Points
ZONE: Z 1:00.81 4/21/2013 Leslie Livingston, Patriot Masters				
NATL: ! 1:00.17 5/12/2013 JILL HERNANDEZ				
1 Willeboordse, Fall	52 BEARCAT MASTERS	1:03.00	1:02.26	9
	29.09 1:02.26 (33.17)			
2 Wetzels, Denise	52 LANE 4 SWIMMING	1:30.00	1:20.02	7
	36.63 1:20.02 (43.39)			
3 Bershok, Rhonda	53 ALEXANDRIA MASTE	1:58.00	1:43.22	6
	48.34 1:43.22 (54.88)			
4 Greenfield Sheehe, Heath	51 RESTON MASTERS S	2:55.00	1:51.86	5
	52.15 1:51.86 (59.71)			

Women 50-54 200 Yard Butterfly

Name	Age Club	Seed	Finals	Points
ZONE: Z 2:20.77 4/8/2017 Laurie Hug, Colonials 1776				
NATL: ! 2:15.18 5/17/2002 LAURA VAL				
1 Hug, Laurie	52 COLONIALS 1776	2:25.22	2:28.49	9
	32.78 1:10.37 (37.59)	1:49.29 (38.92)	2:28.49 (39.20)	

Women 50-54 100 Yard IM

Name	Age Club	Seed	Finals	Points
ZONE: Z 1:01.41 4/10/2016 Fall Willeboordse, Bearcat Masters				
NATL: ! 1:01.28 4/29/2016 FALL WILLEBOORDSE				
1 Williams, Susan	52 LANE 4 SWIMMING	1:04.00	1:04.28	9
	28.47 1:04.28 (35.81)			
2 Groves, Lisa	53 RESTON MASTERS S	1:10.44	1:12.08	7
	34.11 1:12.08 (37.97)			
3 Uppstrom, Noreen	53 COLONIALS 1776	1:15.31	1:15.29	6
	35.23 1:15.29 (40.06)			
4 Wetzels, Denise	52 LANE 4 SWIMMING	1:22.38	1:16.39	5
	35.36 1:16.39 (41.03)			

5	McNamara, Beth	52	RESTON MASTERS S	1:28.34	1:26.08	4
	41.10		1:26.08 (44.98)			
6	Dewing, Maria	54	RIPTIDE MASTERS	1:26.52	1:29.86	3
	42.48		1:29.86 (47.38)			
7	Mallon, Barbara	51	GERMANTOWN MARYL	1:31.31	1:31.15	2
	43.80		1:31.15 (47.35)			

Women 50-54 200 Yard IM

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ZONE: Z 2:15.51		4/9/2016 Fall Willeboordse, Bearcat Masters			
NATL: ! 2:13.16		5/10/2015 ELLEN REYNOLDS			
Name	Age	Club	Seed	Finals	Points
=====					
1	Hug, Laurie	52	COLONIALS 1776	2:28.22	2:27.25 9
	31.96		1:09.98 (38.02)	1:53.46 (43.48)	2:27.25 (33.79)
2	Saucy, Stephanie	54	COLONIALS 1776	2:33.80	2:36.06 7
	33.03		1:11.76 (38.73)	1:59.06 (47.30)	2:36.06 (37.00)
3	Kalibat, Rebecca	54	GARDEN STATE MAS	2:44.80	2:37.07 6
	35.05		1:16.56 (41.51)	2:00.69 (44.13)	2:37.07 (36.38)
4	Shuford, Carol	51	LANE 4 SWIMMING	3:30.00	3:28.55 5
	49.12		1:45.56 (56.44)	2:47.50 (1:01.94)	3:28.55 (41.05)

Women 50-54 400 Yard IM

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ZONE: Z 4:59.57		4/9/2017 Laurie Hug, Colonials 1776			
NATL: ! 4:43.11		4/9/2016 ELLEN REYNOLDS			
Name	Age	Club	Seed	Finals	Points
=====					
1	Hug, Laurie	52	COLONIALS 1776	5:08.05	5:08.27 9
	31.74		1:08.20 (36.46)	1:51.42 (43.22)	2:32.31 (40.89)
	3:15.74 (43.43)		4:00.36 (44.62)	4:34.20 (33.84)	5:08.27 (34.07)
2	Kalibat, Rebecca	54	GARDEN STATE MAS	5:52.56	5:48.40 7
	36.72		1:22.28 (45.56)	2:07.14 (44.86)	2:51.44 (44.30)
	3:39.57 (48.13)		4:28.11 (48.54)	5:08.26 (40.15)	5:48.40 (40.14)

Women 55-59 50 Yard Freestyle

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ZONE: Z 27.03		5/8/1990 Jane Bruner			
NATL: ! 25.16		4/8/2017 SUE WALSH			
Name	Age	Club	Seed	Finals	Points
=====					
1	Restrepo, Marie	55	CLUB TRIBE	28.33	28.45 9
2	Brightwell, Kim	58	RESTON MASTERS S	30.71	29.65 7

3 Emanuel, Florence	55 RIPTIDE MASTERS	33.00	30.09	6
4 Dawson, Mandy	55 RESTON MASTERS S	29.71	30.78	5
5 Goldberg, Hillary	58 E TEAM	34.87	33.84	4
6 Frost, Holly	58 LANE 4 SWIMMING	43.38	38.16	3
7 Kidd, Sally	56 RESTON MASTERS S	48.00	47.52	2

Women 55-59 100 Yard Freestyle

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ZONE: Z	1:02.32	4/8/2017 Vibeke Swanson, Colonials 1776			
NATL: !	54.72	5/4/2008 LAURA VAL			
Name	Age	Club	Seed	Finals	Points
=====					
1 Swanson, Vibeke	56	COLONIALS 1776	1:04.40	1:04.11	9
	30.48	1:04.11 (33.63)			
2 Norris, Kate	57	MERRITT MARLINS	1:07.15	1:07.01	7
	31.45	1:07.01 (35.56)			
3 Emanuel, Florence	55	RIPTIDE MASTERS	1:08.00	1:07.23	6
	32.33	1:07.23 (34.90)			
4 Weil, Wendy	59	MASTERS AQUATICS	1:06.00	1:07.25	5
	32.73	1:07.25 (34.52)			
5 Dawson, Mandy	55	RESTON MASTERS S	1:06.00	1:08.05	4
	31.68	1:08.05 (36.37)			
6 Miller, Patricia	57	VIRGINIA MASTERS	1:07.63	1:09.62	3
	33.35	1:09.62 (36.27)			
7 Kidd, Sally	56	RESTON MASTERS S	1:48.00	1:42.27	2
	48.14	1:42.27 (54.13)			

Women 55-59 200 Yard Freestyle

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ZONE: Z	2:19.58	4/10/2016 Kim Brightwell, Reston Masters S			
NATL: !	1:57.90	4/30/2017 KARLYN PIPES			
Name	Age	Club	Seed	Finals	Points
=====					
1 Emanuel, Florence	55	RIPTIDE MASTERS	2:36.00	2:31.27	9
	34.13	1:11.01 (36.88) 1:50.50 (39.49)		2:31.27 (40.77)	
2 Speer, Nancy	55	VIRGINIA MASTERS	2:42.16	2:33.41	7
	34.49	1:13.41 (38.92) 1:53.28 (39.87)		2:33.41 (40.13)	
3 Dawson, Mandy	55	RESTON MASTERS S	2:30.00	2:33.91	6
	32.81	1:10.64 (37.83) 2:33.91 (1:23.27)			
4 Schaffer, Robyn	55	MARYLAND MASTERS	2:32.49	2:37.08	5
	36.42	1:15.52 (39.10) 1:55.86 (40.34)		2:37.08 (41.22)	
5 Brown, Ann	55	MERRITT MARLINS	2:40.00	2:41.39	4
	37.81	1:18.49 (40.68) 2:00.56 (42.07)		2:41.39 (40.83)	

Women 55-59 500 Yard Freestyle

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ZONE: Z 5:54.39 4/17/2011 Shirley Loftus-Charley, VMST
NATL: ! 5:20.68 4/29/2017 JILL HERNANDEZ
Name Age Club Seed Finals Points
=====
1 Jaeger, Debbie 55 VIRGINIA MASTERS 7:05.37 6:52.37 9
    36.92 1:18.17 (41.25) 2:00.22 (42.05) 2:42.01 (41.79)
    3:23.97 (41.96) 4:05.53 (41.56) 4:47.56 (42.03) 5:29.45 (41.89)
    6:11.68 (42.23) 6:52.37 (40.69)
2 Brown, Ann 55 MERRITT MARLINS 6:55.00 6:52.44 7
    37.47 1:18.66 (41.19) 2:00.61 (41.95) 2:43.03 (42.42)
    3:24.78 (41.75) 4:07.06 (42.28) 4:48.66 (41.60) 5:30.22 (41.56)
    6:11.54 (41.32) 6:52.44 (40.90)
3 Moyer, Michelle 55 RESTON MASTERS S 7:30.00 7:02.45 6
    38.86 1:21.38 (42.52) 2:04.42 (43.04) 2:47.25 (42.83)
    3:30.19 (42.94) 4:13.16 (42.97) 4:55.61 (42.45) 5:37.93 (42.32)
    6:20.57 (42.64) 7:02.45 (41.88)
4 Flynn, Merri 58 RESTON MASTERS S 8:35.00 7:55.91 5
    42.38 1:29.30 (46.92) 2:18.24 (48.94) 3:07.17 (48.93)
    3:55.64 (48.47) 4:44.83 (49.19) 5:32.80 (47.97) 6:21.17 (48.37)
    7:10.14 (48.97) 7:55.91 (45.77)
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Women 55-59 1000 Yard Freestyle

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ZONE: Z 11:49.98 4/17/2011 Shirley Loftus-Charley, VMST
NATL: ! 11:19.85 2/5/2017 K PARKER PALACE
Name Age Club Seed Finals Points
=====
1 Swanson, Vibeke 56 COLONIALS 1776 12:12.12 12:41.74 9
    32.99 1:09.75 (36.76) 1:48.12 (38.37) 2:26.52 (38.40)
    3:04.97 (38.45) 3:43.71 (38.74) 4:22.37 (38.66) 5:00.74 (38.37)
    5:39.22 (38.48) 6:17.70 (38.48) 6:56.37 (38.67) 7:35.40 (39.03)
    8:14.42 (39.02) 8:52.93 (38.51) 9:32.00 (39.07) 10:10.25 (38.25)
    10:49.02 (38.77) 11:27.71 (38.69) 12:05.90 (38.19) 12:41.74 (35.84)
2 Burke, Barbara 56 COLONIALS 1776 13:19.33 13:22.61 7
    34.49 1:12.31 (37.82) 1:51.76 (39.45) 2:31.44 (39.68)
    3:11.28 (39.84) 3:51.95 (40.67) 4:32.43 (40.48) 5:13.39 (40.96)
    5:54.64 (41.25) 6:35.71 (41.07) 7:16.32 (40.61) 7:57.33 (41.01)
    8:38.13 (40.80) 9:19.02 (40.89) 9:59.56 (40.54) 10:40.33 (40.77)
    11:21.40 (41.07) 12:02.74 (41.34) 12:43.33 (40.59) 13:22.61 (39.28)
3 Dawson, Mandy 55 RESTON MASTERS S 13:44.02 14:02.80 6
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	35.63	1:14.76 (39.13)	1:56.99 (42.23)	2:39.56 (42.57)
	3:22.51 (42.95)	4:04.87 (42.36)	4:47.62 (42.75)	5:31.37 (43.75)
	6:15.41 (44.04)	6:58.03 (42.62)	7:41.43 (43.40)	8:24.41 (42.98)
	9:07.06 (42.65)	9:50.85 (43.79)	10:33.33 (42.48)	11:15.29 (41.96)
	11:57.44 (42.15)	12:39.78 (42.34)	13:21.84 (42.06)	14:02.80 (40.96)
4 Sturm, Shari		57 MASTERS AQUATICS	15:30.00	14:48.98 5
	42.28	1:26.30 (44.02)	2:11.06 (44.76)	2:55.81 (44.75)
	3:40.89 (45.08)	4:25.76 (44.87)	5:10.46 (44.70)	5:55.27 (44.81)
	6:39.52 (44.25)	7:23.81 (44.29)	8:08.47 (44.66)	8:53.36 (44.89)
	9:37.86 (44.50)	10:22.64 (44.78)	11:07.31 (44.67)	11:52.07 (44.76)
	12:37.32 (45.25)	13:22.28 (44.96)	14:06.66 (44.38)	14:48.98 (42.32)

Women 55-59 1650 Yard Freestyle

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ZONE: Z 21:12.59 4/10/2015 Cynthia Hajost, Reston Masters S
 NATL: ! 18:56.04 4/16/2010 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Landers, Denise	56 WARRENTON FAUQUI	23:00.00	20:57.48Z	9
	35.37	1:13.05 (37.68)	1:51.49 (38.44)	2:29.65 (38.16)
	3:08.10 (38.45)	3:46.41 (38.31)	4:24.80 (38.39)	5:02.71 (37.91)
	5:40.52 (37.81)	6:18.54 (38.02)	6:56.85 (38.31)	7:35.08 (38.23)
	8:13.08 (38.00)	8:51.06 (37.98)	9:29.13 (38.07)	10:07.22 (38.09)
	10:45.08 (37.86)	11:23.30 (38.22)	12:01.41 (38.11)	12:39.36 (37.95)
	13:17.24 (37.88)	13:55.61 (38.37)	14:33.76 (38.15)	15:11.88 (38.12)
	15:50.02 (38.14)	16:28.36 (38.34)	17:06.41 (38.05)	17:44.60 (38.19)
	18:22.84 (38.24)	19:01.75 (38.91)	19:40.65 (38.90)	20:19.85 (39.20)
	20:57.48 (37.63)			
2 Brown, Ann	55 MERRITT MARLINS	23:38.00	23:36.02	7
	39.21	1:21.47 (42.26)	2:06.08 (44.61)	2:49.19 (43.11)
	3:32.77 (43.58)	4:16.23 (43.46)	5:00.12 (43.89)	5:43.77 (43.65)
	6:26.90 (43.13)	7:10.07 (43.17)	7:52.77 (42.70)	8:35.51 (42.74)
	9:18.27 (42.76)	10:00.83 (42.56)	10:44.16 (43.33)	11:26.51 (42.35)
	12:10.23 (43.72)	12:52.88 (42.65)	13:35.94 (43.06)	14:18.91 (42.97)
	15:02.20 (43.29)	15:44.94 (42.74)	16:28.59 (43.65)	17:11.46 (42.87)
	17:54.33 (42.87)	18:37.91 (43.58)	19:20.68 (42.77)	20:04.51 (43.83)
	20:47.17 (42.66)	21:29.97 (42.80)	22:12.64 (42.67)	22:55.64 (43.00)
	23:36.02 (40.38)			
3 Moyer, Michelle	55 RESTON MASTERS S	23:18.66	23:43.48	6
	38.18	1:20.04 (41.86)	2:02.99 (42.95)	2:45.71 (42.72)
	3:29.05 (43.34)	4:12.15 (43.10)	4:55.15 (43.00)	5:37.72 (42.57)
	6:20.71 (42.99)	7:03.21 (42.50)	7:46.11 (42.90)	8:29.44 (43.33)
	9:12.49 (43.05)	9:56.19 (43.70)	10:39.42 (43.23)	11:22.99 (43.57)

12:06.17 (43.18)	12:49.75 (43.58)	13:32.78 (43.03)	14:17.11 (44.33)
15:00.68 (43.57)	15:43.67 (42.99)	16:27.15 (43.48)	17:10.88 (43.73)
17:54.66 (43.78)	18:38.18 (43.52)	19:22.28 (44.10)	20:06.34 (44.06)
20:50.12 (43.78)	21:33.94 (43.82)	22:17.53 (43.59)	23:00.92 (43.39)
23:43.48 (42.56)			
4 Flynn, Merri	58 RESTON MASTERS S	27:30.00	27:01.99 5
43.77	1:31.98 (48.21)	2:21.24 (49.26)	3:10.29 (49.05)
3:58.92 (48.63)	4:48.06 (49.14)	5:37.96 (49.90)	6:27.55 (49.59)
7:17.20 (49.65)	8:06.67 (49.47)	8:55.87 (49.20)	9:46.02 (50.15)
10:35.89 (49.87)	11:25.86 (49.97)	12:15.86 (50.00)	13:05.33 (49.47)
13:55.03 (49.70)	14:45.34 (50.31)	15:34.64 (49.30)	16:24.44 (49.80)
17:14.27 (49.83)	18:03.24 (48.97)	18:52.76 (49.52)	19:42.38 (49.62)
20:31.59 (49.21)	21:21.01 (49.42)	22:10.35 (49.34)	22:59.87 (49.52)
23:49.55 (49.68)	24:38.54 (48.99)	25:27.52 (48.98)	26:16.33 (48.81)
27:01.99 (45.66)			
5 Johns, Jean	57 UC10	32:00.00	28:43.11 4
	1:30.54 ()	2:20.00 (49.46)	3:11.29 (51.29)
4:02.10 (50.81)	4:55.26 (53.16)	5:48.11 (52.85)	6:42.11 (54.00)
7:35.07 (52.96)	8:29.45 (54.38)	9:22.56 (53.11)	10:15.66 (53.10)
11:09.51 (53.85)	12:02.34 (52.83)	12:55.39 (53.05)	13:48.19 (52.80)
14:39.86 (51.67)	15:32.23 (52.37)	16:26.87 (54.64)	17:20.09 (53.22)
18:12.89 (52.80)	19:05.57 (52.68)	19:58.77 (53.20)	20:51.89 (53.12)
21:45.76 (53.87)	22:38.21 (52.45)	23:30.43 (52.22)	24:23.42 (52.99)
25:16.40 (52.98)	26:09.90 (53.50)	27:03.39 (53.49)	27:54.92 (51.53)
28:43.11 (48.19)			
6 Crnic, Maggie	56 LANE 4 SWIMMING	29:00.00	29:01.16 3
48.89	1:40.64 (51.75)	2:33.06 (52.42)	3:26.18 (53.12)
4:20.31 (54.13)	5:13.84 (53.53)	6:07.32 (53.48)	7:00.69 (53.37)
7:53.90 (53.21)	8:47.40 (53.50)	9:40.90 (53.50)	10:34.63 (53.73)
11:27.19 (52.56)	12:20.94 (53.75)	13:13.93 (52.99)	14:07.57 (53.64)
15:01.72 (54.15)	15:55.64 (53.92)	16:49.36 (53.72)	17:44.03 (54.67)
18:37.07 (53.04)	19:30.05 (52.98)	20:22.78 (52.73)	21:16.02 (53.24)
22:08.28 (52.26)	23:00.91 (52.63)	23:53.27 (52.36)	24:46.14 (52.87)
25:38.97 (52.83)	26:31.09 (52.12)	27:21.74 (50.65)	28:12.24 (50.50)
29:01.16 (48.92)			
7 Hart, Ellen	56 UC12	35:00.00	31:50.18 2
54.56	1:51.29 (56.73)	2:48.26 (56.97)	3:45.25 (56.99)
4:42.22 (56.97)	5:39.34 (57.12)	6:36.68 (57.34)	7:34.01 (57.33)
8:31.49 (57.48)	9:28.64 (57.15)	10:26.17 (57.53)	11:22.48 (56.31)
12:20.20 (57.72)	13:18.59 (58.39)	14:16.25 (57.66)	15:14.82 (58.57)
16:12.78 (57.96)	17:11.33 (58.55)	18:10.87 (59.54)	19:09.49 (58.62)
20:07.00 (57.51)	21:05.59 (58.59)	22:03.84 (58.25)	23:02.21 (58.37)
24:01.07 (58.86)	24:59.67 (58.60)	25:58.65 (58.98)	26:57.27 (58.62)

	27:55.97 (58.70)	28:55.50 (59.53)	29:54.25 (58.75)	30:55.31 (1:01.06)
	31:50.18 (54.87)			
8 Woodward, Shirley	56 LANE 4 SWIMMING	33:43.00	32:15.60	1
	51.80	1:47.09 (55.29)	2:43.79 (56.70)	3:41.66 (57.87)
	4:41.72 (1:00.06)	5:40.17 (58.45)	6:36.52 (56.35)	7:33.87 (57.35)
	8:32.89 (59.02)	9:30.00 (57.11)	10:29.62 (59.62)	11:26.74 (57.12)
	12:25.25 (58.51)	13:23.51 (58.26)	14:21.62 (58.11)	15:21.55 (59.93)
	16:20.34 (58.79)	17:19.01 (58.67)	18:19.82 (1:00.81)	19:20.22 (1:00.40)
	20:19.93 (59.71)	21:20.08 (1:00.15)	22:18.03 (57.95)	23:17.80 (59.77)
	24:17.48 (59.68)	25:17.58 (1:00.10)	26:18.06 (1:00.48)	27:18.55 (1:00.49)
	28:17.45 (58.90)	29:18.70 (1:01.25)	30:17.72 (59.02)	31:17.87 (1:00.15)
	32:15.60 (57.73)			
9 Kidd, Sally	56 RESTON MASTERS S	38:30.00	33:49.22	
	50.58	2:53.23 ()	3:55.93 (1:02.70)	
	4:57.66 (1:01.73)	6:00.27 (1:02.61)	7:03.46 (1:03.19)	8:06.33 (1:02.87)
	9:08.38 (1:02.05)	10:10.98 (1:02.60)	11:12.46 (1:01.48)	12:13.91 (1:01.45)
	13:16.39 (1:02.48)	14:18.14 (1:01.75)	15:20.01 (1:01.87)	16:21.61 (1:01.60)
	17:22.95 (1:01.34)	18:23.99 (1:01.04)	19:25.11 (1:01.12)	20:27.31 (1:02.20)
	21:28.96 (1:01.65)	22:31.46 (1:02.50)	23:33.61 (1:02.15)	24:36.19 (1:02.58)
	25:37.64 (1:01.45)	26:39.65 (1:02.01)	27:41.07 (1:01.42)	28:43.56 (1:02.49)
	29:45.50 (1:01.94)	30:47.61 (1:02.11)	31:50.56 (1:02.95)	32:51.85 (1:01.29)
	33:49.22 (57.37)			
10 Smith, Tamara	59 LANE 4 SWIMMING	33:10.00	34:17.87	
	57.66	1:56.39 (58.73)	2:58.12 (1:01.73)	3:58.37 (1:00.25)
	5:00.41 (1:02.04)	6:03.86 (1:03.45)	7:05.19 (1:01.33)	8:08.02 (1:02.83)
	9:10.47 (1:02.45)	10:13.17 (1:02.70)	11:16.17 (1:03.00)	12:19.84 (1:03.67)
	13:23.00 (1:03.16)	14:25.18 (1:02.18)	15:28.72 (1:03.54)	16:31.17 (1:02.45)
	17:34.84 (1:03.67)	18:38.09 (1:03.25)	19:40.40 (1:02.31)	20:42.42 (1:02.02)
	21:43.66 (1:01.24)	22:44.84 (1:01.18)	23:46.91 (1:02.07)	24:50.02 (1:03.11)
	25:53.40 (1:03.38)	26:56.84 (1:03.44)	27:59.99 (1:03.15)	29:03.38 (1:03.39)
	30:06.84 (1:03.46)	31:08.96 (1:02.12)	32:12.98 (1:04.02)	34:17.87 (2:04.89)

Women 55-59 50 Yard Backstroke

```

=====
ZONE: Z 31.03 4/10/2016 Kim Brightwell, Reston Masters S
NATL: ! 28.14 10/30/2016 LESLIE LIVINGSTON
=====
Name Age Club Seed Finals Points
=====
1 Brightwell, Kim 58 RESTON MASTERS S 32.78 32.48 9
2 Swanson, Vibeke 56 COLONIALS 1776 33.33 32.50 7
3 Restrepo, Marie 55 CLUB TRIBE 34.00 35.06 6
4 Goldberg, Hillary 58 E TEAM 42.91 41.10 5
5 Kidd, Sally 56 RESTON MASTERS S 58.00 58.41 4
=====

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Women 55-59 100 Yard Backstroke Time Trial

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=====
ZONE: Z 1:14.98 4/15/2007 Denise Kirwan
NATL: ! 1:00.80 4/30/2017 KARLYN PIPES
Name Age Club Seed Finals
=====
- Time Trial
1 Swanson, Vibeke 56 COLONIALS 1776 NT 1:09.39Z
2 Restrepo, Marie 55 CLUB TRIBE NT 1:14.44Z
    
```

Women 55-59 100 Yard Backstroke

```

=====
ZONE: Z 1:08.59 4/9/2017 Vibeke Swanson, 1776
NATL: ! 1:00.80 4/30/2017 KARLYN PIPES
Name Age Club Seed Finals Points
=====
1 Swanson, Vibeke 56 COLONIALS 1776 1:09.90 1:09.58 9
   33.90 1:09.58 (35.68)
2 Brightwell, Kim 58 RESTON MASTERS S 1:10.91 1:12.15 7
   35.91 1:12.15 (36.24)
3 Restrepo, Marie 55 CLUB TRIBE 1:13.62 1:14.08 6
   36.09 1:14.08 (37.99)
4 Jaeger, Debbie 55 VIRGINIA MASTERS 1:22.23 1:20.07 5
   39.16 1:20.07 (40.91)
5 Norris, Kate 57 MERRITT MARLINS 1:25.49 1:22.11 4
   40.26 1:22.11 (41.85)
6 Goldberg, Hillary 58 E TEAM 1:32.36 1:30.11 3
   43.41 1:30.11 (46.70)
7 Moyer, Michelle 55 RESTON MASTERS S 1:40.00 1:32.09 2
   46.47 1:32.09 (45.62)
8 Kidd, Sally 56 RESTON MASTERS S 2:30.00 2:08.86 1
   1:00.32 2:08.86 (1:08.54)
    
```

Women 55-59 200 Yard Backstroke

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=====
ZONE: Z 2:29.03 4/9/2017 Vibeke Swanson, Colonials 1776
NATL: ! 2:11.29 4/28/2017 KARLYN PIPES
Name Age Club Seed Finals Points
=====
1 Swanson, Vibeke 56 COLONIALS 1776 2:33.23 2:32.33 9
   35.98 1:14.21 (38.23) 1:53.63 (39.42) 2:32.33 (38.70)
    
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Women 55-59 50 Yard Breaststroke

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=====
      ZONE: Z 35.79   4/11/2015 Kim Brightwell, Reston Masters S
      NATL: ! 32.13   4/30/2017 CAROLINE KRATTLI
Name           Age Club           Seed     Finals Points
=====
  1 Dwyer, Cecelia      56 MASTERS AQUATICS    39.20     37.16     9
  2 Miller, Patricia    57 VIRGINIA MASTERS    38.08     37.18     7
  3 Restrepo, Marie     55 CLUB TRIBE         37.68     38.36     6
  4 Brightwell, Kim     58 RESTON MASTERS S    37.69     38.59     5
  5 Dawson, Mandy       55 RESTON MASTERS S    40.44     41.77     4
  6 Flynn, Merri        58 RESTON MASTERS S    42.39     44.31     3
  7 Frost, Holly        58 LANE 4 SWIMMING     55.35     52.77     2
=====

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Women 55-59 100 Yard Breaststroke

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=====
      ZONE: Z 1:19.05   4/9/2017 Jenny Cook, UC06
      NATL: ! 1:10.55   4/28/2017 CAROLINE KRATTLI
Name           Age Club           Seed     Finals Points
=====
  1 Swanson, Vibeke     56 COLONIALS 1776     1:24.43   1:20.51     9
     39.57   1:20.51 (40.94)
  2 Miller, Patricia    57 VIRGINIA MASTERS    1:21.46   1:21.37     7
     39.39   1:21.37 (41.98)
  3 Restrepo, Marie     55 CLUB TRIBE         1:25.06   1:23.53     6
     39.05   1:23.53 (44.48)
  4 Speer, Nancy        55 VIRGINIA MASTERS    1:27.18   1:31.53     5
     43.45   1:31.53 (48.08)
  5 Schaffer, Robyn     55 MARYLAND MASTERS    1:26.02   1:31.62     4
     44.22   1:31.62 (47.40)
=====

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Women 55-59 200 Yard Breaststroke

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=====
      ZONE: Z 2:51.46   4/8/2017 Vibeke Swanson, Colonials 1776
      NATL: ! 2:40.19   5/10/2009 CATHERINE KOHN
Name           Age Club           Seed     Finals Points
=====
  1 Swanson, Vibeke     56 COLONIALS 1776     2:57.52   2:51.27Z     9
     39.73   1:22.66 (42.93)   2:07.03 (44.37)   2:51.27 (44.24)
  2 Miller, Patricia    57 VIRGINIA MASTERS    2:57.60   2:56.91     7
     41.38   1:26.02 (44.64)   2:11.88 (45.86)   2:56.91 (45.03)
  3 Speer, Nancy        55 VIRGINIA MASTERS    3:10.20   3:14.76     6
     45.09   1:34.69 (49.60)   2:25.21 (50.52)   3:14.76 (49.55)
=====

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Women 55-59 50 Yard Butterfly

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=====
ZONE: Z 30.74    4/8/2017 Kim Brightwell, Reston Masters S
NATL: ! 27.04   10/30/2016 LESLIE LIVINGSTON
Name           Age Club           Seed     Finals Points
=====
1 Burke, Barbara      56 COLONIALS 1776     31.84     32.11     9
2 Restrepo, Marie    55 CLUB TRIBE     32.24     32.41     7
3 Brightwell, Kim    58 RESTON MASTERS S 31.55     32.93     6
4 Norris, Kate       57 MERRITT MARLINS 39.50     34.79     4.5
4 Weil, Wendy        59 MASTERS AQUATICS 36.00     34.79     4.5
6 Dawson, Mandy      55 RESTON MASTERS S 34.44     35.56     3
7 Flynn, Merri       58 RESTON MASTERS S 43.00     44.59     2
8 Brown, Ann         55 MERRITT MARLINS 42.00     44.77     1
9 Frost, Holly       58 LANE 4 SWIMMING 51.67     46.51
=====

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Women 55-59 100 Yard Butterfly

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=====
ZONE: Z 1:09.68  4/21/2013 Jeanne Lappin, Germantown Maryl
NATL: ! 1:00.41  4/29/2017 KARLYN PIPES
Name           Age Club           Seed     Finals Points
=====
1 Dawson, Mandy      55 RESTON MASTERS S 1:46.00   1:27.14     9
    40.47          1:27.14 (46.67)
=====

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Women 55-59 200 Yard Butterfly

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=====
ZONE: Z 2:38.25  4/20/2013 Jeanne Lappin, Germantown Maryl
NATL: ! 2:16.28  5/10/2009 LAURA VAL
Name           Age Club           Seed     Finals Points
=====
1 Burke, Barbara      56 COLONIALS 1776     2:54.69   2:57.89     9
    38.22          1:22.63 (44.41)  2:10.68 (48.05)  2:57.89 (47.21)
=====

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Women 55-59 100 Yard IM

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=====
ZONE: Z 1:09.37  4/10/2016 Kim Brightwell, Reston Masters S
NATL: ! 1:02.34  4/29/2017 KARLYN PIPES
Name           Age Club           Seed     Finals Points
=====
1 Swanson, Vibeke    56 COLONIALS 1776     1:14.14   1:10.80     9
    33.96          1:10.80 (36.84)
=====

```

2 Restrepo, Marie	55 CLUB TRIBE	1:13.77	1:12.50	7
33.46	1:12.50 (39.04)			
3 Brightwell, Kim	58 RESTON MASTERS S	1:12.37	1:14.30	6
33.48	1:14.30 (40.82)			
4 Burke, Barbara	56 COLONIALS 1776	1:13.63	1:15.53	5
36.35	1:15.53 (39.18)			
5 Miller, Patricia	57 VIRGINIA MASTERS	1:19.59	1:18.46	4
39.61	1:18.46 (38.85)			
6 Brown, Ann	55 MERRITT MARLINS	1:33.00	1:29.13	3
41.68	1:29.13 (47.45)			
7 Frost, Holly	58 LANE 4 SWIMMING	1:43.94	1:39.61	2
46.16	1:39.61 (53.45)			
8 Kidd, Sally	56 RESTON MASTERS S	2:39.00	2:05.72	1
1:00.81	2:05.72 (1:04.91)			

Women 55-59 200 Yard IM

=====

ZONE: Z 2:31.35 4/8/2017 Vibeke Swanson, Colonials 1776
 NATL: ! 2:15.70 4/28/2017 JILL HERNANDEZ

Name	Age Club	Seed	Finals	Points
1 Swanson, Vibeke	56 COLONIALS 1776	2:32.32	2:34.24	9
36.02	1:12.95 (36.93)	1:58.79 (45.84)	2:34.24 (35.45)	
2 Burke, Barbara	56 COLONIALS 1776	2:42.03	2:44.33	7
35.39	1:20.32 (44.93)	2:07.57 (47.25)	2:44.33 (36.76)	
3 Norris, Kate	57 MERRITT MARLINS	2:50.05	2:53.40	6
36.37	1:21.72 (45.35)	2:53.40 (1:31.68)		
4 Speer, Nancy	55 VIRGINIA MASTERS	3:22.18	3:00.22	5
40.35	1:28.17 (47.82)	2:19.22 (51.05)	3:00.22 (41.00)	

Women 55-59 400 Yard IM

=====

ZONE: Z 5:29.09 4/25/2010 Shirley Loftus-Charley, Virginia Masters
 NATL: ! 4:49.56 4/30/2017 JILL HERNANDEZ

Name	Age Club	Seed	Finals	Points
1 Burke, Barbara	56 COLONIALS 1776	5:44.50	5:56.80	9
38.02	1:24.20 (46.18)	2:12.35 (48.15)	3:00.20 (47.85)	
3:47.96 (47.76)	4:37.72 (49.76)	5:18.16 (40.44)	5:56.80 (38.64)	

Women 60-64 50 Yard Freestyle

=====

ZONE: Z 28.09 4/12/2015 Melinda Wolff, Colonials 1776

NATL: ! 26.28 3/17/2018 NOYES\NOYES

Name	Age Club	Seed	Finals	Points
1 Bowdring, Katherine	60 ALEXANDRIA MASTE	32.00	31.14	9
2 Watts, Sue	63 COLONIALS 1776	32.59	32.44	7
3 Figenshu, Susan	63 COLONIALS 1776	34.46	32.82	6
4 Shell, Ellen	64 CLUB TRIBE	40.00	34.38	5
5 Adams, Blanca	60 WARRENTON FAUQUI	35.37	35.27	4

Women 60-64 100 Yard Freestyle

ZONE: Z 1:03.63 4/11/2015 Nancy Steadman Martin, Garden State Mas
NATL: ! 56.45 4/29/2012 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Watts, Sue	63 COLONIALS 1776	1:10.53	1:10.57	9
	34.11 1:10.57 (36.46)			
2 Bowdring, Katherine	60 ALEXANDRIA MASTE	1:15.00	1:11.29	7
	33.76 1:11.29 (37.53)			
3 Figenshu, Susan	63 COLONIALS 1776	1:20.00	1:13.65	6
	34.52 1:13.65 (39.13)			

Women 60-64 200 Yard Freestyle

ZONE: Z 2:15.58 4/12/2015 Nancy Steadman Martin, Garden State Mas
NATL: ! 2:05.75 5/22/2016 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Watts, Sue	63 COLONIALS 1776	2:34.95	2:36.27	9
	36.95 1:16.94 (39.99) 1:57.71 (40.77)		2:36.27 (38.56)	
2 Figenshu, Susan	63 COLONIALS 1776	3:00.00	2:57.40	7
	39.34 1:24.22 (44.88) 2:12.34 (48.12)		2:57.40 (45.06)	
3 Foley, Linda	63 MONTGOMERY ANCIE	3:15.00	3:12.32	6
	44.13 1:33.49 (49.36) 3:12.32 (1:38.83)			

Women 60-64 500 Yard Freestyle

ZONE: Z 5:59.61 4/11/2015 Nancy Steadman Martin, Garden State Mas
NATL: ! 5:39.00 1/26/2014 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Watts, Sue	63 COLONIALS 1776	6:49.34	7:02.67	9
	38.74 1:20.75 (42.01) 2:03.49 (42.74)		2:46.61 (43.12)	

3:30.06 (43.45) 4:13.43 (43.37) 4:56.49 (43.06) 5:39.61 (43.12)
 6:22.59 (42.98) 7:02.67 (40.08)

Women 60-64 1000 Yard Freestyle

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=====
ZONE: Z 12:22.20      4/8/2016 Shirley Loftus-Charley, Virginia Masters
NATL: ! 11:41.77      3/30/2012 LAURA VAL
Name                      Age Club                      Seed                      Finals Points
=====
1 Ball, Nancy                      62 FREDRICKSBURG AM                      19:54.49                      19:39.66                      9
                      51.20                      1:47.62 (56.42)                      2:46.81 (59.19)                      3:46.23 (59.42)
                      4:46.04 (59.81)                      5:47.00 (1:00.96)                      6:47.00 (1:00.00)                      7:47.08 (1:00.08)
                      8:45.65 (58.57)                      9:45.27 (59.62)                      10:44.83 (59.56)                      11:47.11 (1:02.28)
                      12:45.91 (58.80)                      13:47.53 (1:01.62)                      14:47.27 (59.74)                      15:44.63 (57.36)
                      16:45.15 (1:00.52)                      17:45.24 (1:00.09)                      18:46.15 (1:00.91)                      19:39.66 (53.51)
2 Slaughter, Jodie                      61 UC10                      25:00.30                      24:06.51                      7
                      1:00.50                      2:11.40 (1:10.90)                      3:26.15 (1:14.75)                      4:41.52 (1:15.37)
                      5:55.61 (1:14.09)                      7:11.26 (1:15.65)                      8:24.68 (1:13.42)                      9:37.24 (1:12.56)
                      10:49.75 (1:12.51)                      12:03.62 (1:13.87)                      13:14.70 (1:11.08)                      14:29.27 (1:14.57)
                      15:43.78 (1:14.51)                      16:56.37 (1:12.59)                      18:10.99 (1:14.62)                      19:22.18 (1:11.19)
                      20:34.76 (1:12.58)                      21:47.67 (1:12.91)                      23:00.35 (1:12.68)                      24:06.51 (1:06.16)
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Women 60-64 1650 Yard Freestyle

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=====
ZONE: Z 20:30.03      4/10/2015 Nancy Steadman Martin, Garden State Mas
NATL: ! 19:43.99      3/30/2012 LAURA VAL
Name                      Age Club                      Seed                      Finals Points
=====
1 Watts, Sue                      63 COLONIALS 1776                      24:25.90                      24:10.26                      9
                      39.46                      1:23.12 (43.66)                      2:07.85 (44.73)                      2:53.02 (45.17)
                      3:37.94 (44.92)                      4:22.97 (45.03)                      5:07.20 (44.23)                      5:51.64 (44.44)
                      6:36.32 (44.68)                      7:20.76 (44.44)                      8:05.03 (44.27)                      8:49.11 (44.08)
                      9:33.63 (44.52)                      10:17.86 (44.23)                      11:02.20 (44.34)                      11:46.55 (44.35)
                      12:31.01 (44.46)                      13:15.15 (44.14)                      13:59.09 (43.94)                      14:43.27 (44.18)
                      15:27.38 (44.11)                      16:11.71 (44.33)                      16:56.24 (44.53)                      17:40.09 (43.85)
                      18:24.03 (43.94)                      19:07.97 (43.94)                      19:52.17 (44.20)                      20:36.72 (44.55)
                      21:20.91 (44.19)                      22:04.81 (43.90)                      22:47.98 (43.17)                      23:30.76 (42.78)
                      24:10.26 (39.50)
2 Calobong-Pierce, Carol L                      60 FREEDOM AQUATIC                      26:28.10                      25:45.60                      7
                      38.25                      1:22.82 (44.57)                      2:10.15 (47.33)                      2:58.49 (48.34)
                      3:46.21 (47.72)                      4:33.55 (47.34)                      5:21.03 (47.48)                      6:08.41 (47.38)
                      6:56.00 (47.59)                      7:43.73 (47.73)                      8:31.35 (47.62)                      9:18.32 (46.97)
                      10:04.86 (46.54)                      10:51.92 (47.06)                      11:39.09 (47.17)                      12:26.62 (47.53)
=====
  
```

13:13.78 (47.16)	14:00.82 (47.04)	14:47.77 (46.95)	15:34.94 (47.17)
16:22.10 (47.16)	17:09.14 (47.04)	17:56.35 (47.21)	18:43.64 (47.29)
19:30.89 (47.25)	20:18.06 (47.17)	21:05.33 (47.27)	21:52.09 (46.76)
22:39.19 (47.10)	23:26.97 (47.78)	24:13.77 (46.80)	25:45.60 (1:31.83)
3 Stewart, Linda	60 LANE 4 SWIMMING	42:45.00	42:24.78 6
1:04.08	2:18.31 (1:14.23)	3:36.28 (1:17.97)	4:52.72 (1:16.44)
6:09.73 (1:17.01)	8:39.16 (2:29.43)	9:55.97 (1:16.81)	11:13.54 (1:17.57)
	12:28.97 ()	13:45.19 (1:16.22)	15:00.97 (1:15.78)
16:17.04 (1:16.07)	17:36.38 (1:19.34)	18:57.94 (1:21.56)	20:12.64 (1:14.70)
21:28.97 (1:16.33)	22:47.27 (1:18.30)	24:06.68 (1:19.41)	25:24.90 (1:18.22)
26:42.91 (1:18.01)	28:00.04 (1:17.13)	29:16.16 (1:16.12)	30:34.62 (1:18.46)
31:51.48 (1:16.86)	33:11.94 (1:20.46)	34:30.74 (1:18.80)	35:49.97 (1:19.23)
37:11.37 (1:21.40)		39:50.41 ()	41:10.63 (1:20.22)
42:24.78 (1:14.15)			

Women 60-64 50 Yard Backstroke

```
=====
```

ZONE: Z 32.43	4/9/2017 Joan Pfinsgraff, Maryland Masters			
NATL: ! 29.58	4/26/2015 LAURA VAL			
Name	Age Club	Seed	Finals	Points
=====				
1 Watts, Sue	63 COLONIALS 1776	37.33	37.85	9
2 Shell, Ellen	64 CLUB TRIBE	43.00	38.74	7
3 Figenshu, Susan	63 COLONIALS 1776	40.00	38.85	6
4 Duquette, Bobbe	64 LANE 4 SWIMMING	48.65	50.61	5

Women 60-64 100 Yard Backstroke

```
=====
```

ZONE: Z 1:10.39	4/11/2015 Joan Pfinsgraff, Terrapin Masters			
NATL: ! 1:03.72	5/12/2013 LAURA VAL			
Name	Age Club	Seed	Finals	Points
=====				
1 Figenshu, Susan	63 COLONIALS 1776	1:28.40	1:25.20	9
	41.59 1:25.20 (43.61)			
2 Auer, Margie	60 LANE 4 SWIMMING	1:29.26	1:29.31	7
	44.34 1:29.31 (44.97)			

Women 60-64 200 Yard Backstroke

```
=====
```

ZONE: Z 2:29.39	4/9/2017 Joan Pfinsgraff, Maryland Masters			
NATL: ! 2:21.44	5/11/2013 LAURA VAL			
Name	Age Club	Seed	Finals	Points
=====				

1 Foley, Linda 63 MONTGOMERY ANCIE 3:24.66 3:39.16 9
 51.13 1:45.38 (54.25) 2:42.49 (57.11) 3:39.16 (56.67)

Women 60-64 50 Yard Breaststroke

```
=====
ZONE: Z 36.77    4/20/2013 Melinda Wolff, Colonials 1776
NATL: ! 33.79    5/7/2017 MELINDA MANN
Name                    Age Club                    Seed            Finals Points
=====
```

Name	Age	Club	Seed	Finals	Points
1 Calobong-Pierce, Carol L	60	FREEDOM AQUATIC	47.75	43.45	9
2 Duquette, Bobbe	64	LANE 4 SWIMMING	49.63	52.17	7

Women 60-64 100 Yard Breaststroke

```
=====
ZONE: Z 1:19.00    4/21/2013 Melinda Wolff, Colonials 1776
NATL: ! 1:16.55    5/6/2017 MELINDA MANN
Name                    Age Club                    Seed            Finals Points
=====
```

Name	Age	Club	Seed	Finals	Points
1 Adams, Blanca	60	WARRENTON FAUQUI	1:39.48	1:38.41	9
	45.89	1:38.41 (52.52)			

Women 60-64 50 Yard Butterfly

```
=====
ZONE: Z 32.07    4/11/2015 Melinda Wolff, Colonials 1776
NATL: ! 29.14    5/11/2013 CHARLOTTE DAVIS
Name                    Age Club                    Seed            Finals Points
=====
```

Name	Age	Club	Seed	Finals	Points
1 Figenshu, Susan	63	COLONIALS 1776	36.39	35.08	9
2 Auer, Margie	60	LANE 4 SWIMMING	40.93	40.84	7
3 Calobong-Pierce, Carol L	60	FREEDOM AQUATIC	45.88	41.20	6

Women 60-64 200 Yard Butterfly

```
=====
ZONE: Z 2:43.12    4/11/2015 Nancy Steadman Martin, Garden State Mas
NATL: ! 2:24.30    5/10/2013 LAURA VAL
Name                    Age Club                    Seed            Finals Points
=====
```

Name	Age	Club	Seed	Finals	Points
1 Auer, Margie	60	LANE 4 SWIMMING	3:19.93	3:23.25	9
	44.82	1:36.10 (51.28) 2:30.28 (54.18)		3:23.25 (52.97)	

Women 60-64 100 Yard IM

```
=====
ZONE: Z 1:14.02    4/12/2015 Nancy Steadman Martin, Garden State Mas
```

NATL: ! 1:07.08 5/17/2015 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Adams, Blanca	60 WARRENTON FAUQUI	1:26.00	1:32.36	9
	43.53 1:32.36 (48.83)			

Women 65-69 50 Yard Freestyle Time Trial

ZONE: Z 31.33 5/1/1994 Clara Walker

NATL: ! 26.73 4/30/2017 LAURA VAL

Name	Age Club	Seed	Finals
- Time Trial			
2 Wolff, Melinda	65 COLONIALS 1776	NT	29.34Z

Women 65-69 50 Yard Freestyle

ZONE: Z 31.08 4/26/2009 Beth Schreiner, VMST

NATL: ! 26.73 4/30/2017 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Wolff, Melinda	65 COLONIALS 1776	29.48	28.91Z	9
2 Tartt, Judith	69 WARRENTON FAUQUI	40.00	39.31	7
3 Thackston, Patricia	66 E TEAM	46.11	47.32	6

Women 65-69 100 Yard Freestyle

ZONE: Z 1:07.58 4/8/2017 Shirley Loftus-Charley, Virginia Masters

NATL: ! 58.21 4/28/2017 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Wolff, Melinda	65 COLONIALS 1776	1:07.16	1:06.27Z	9
	31.62 1:06.27 (34.65)			
2 Barry, Marcia	69 VIRGINIA MASTERS	1:15.00	1:14.52	7
	36.16 1:14.52 (38.36)			

Women 65-69 200 Yard Freestyle

ZONE: Z 2:25.05 4/9/2017 Shirley Loftus-Charley, Virginia Masters

NATL: ! 2:09.22 3/11/2017 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Barry, Marcia	69 VIRGINIA MASTERS	2:46.55	2:43.76	9

37.05 1:17.88 (40.83) 2:00.70 (42.82) 2:43.76 (43.06)

Women 65-69 500 Yard Freestyle

=====

ZONE: Z 6:57.63 5/9/1993 Clara Walker
NATL: ! 5:52.39 5/21/2017 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Barry, Marcia	69 VIRGINIA MASTERS	7:10.88	7:03.21	9
37.78	1:19.74 (41.96)	2:02.55 (42.81)	2:45.40 (42.85)	
3:28.50 (43.10)	4:11.81 (43.31)	4:55.43 (43.62)	5:38.80 (43.37)	
6:22.29 (43.49)	7:03.21 (40.92)			

Women 65-69 1000 Yard Freestyle

=====

ZONE: Z 12:44.58 4/7/2017 Shirley Loftus-Charley, Virginia Masters
NATL: ! 11:59.50 4/9/2017 LAURA VAL

Name	Age Club	Seed	Finals	Points
1 Barry, Marcia	69 VIRGINIA MASTERS	14:20.99	14:19.46	9
37.88	1:19.47 (41.59)	2:02.57 (43.10)	2:46.20 (43.63)	
3:29.98 (43.78)	4:13.65 (43.67)	4:57.10 (43.45)	5:40.67 (43.57)	
6:24.16 (43.49)	7:07.76 (43.60)	7:51.14 (43.38)	8:34.41 (43.27)	
9:17.91 (43.50)	10:01.36 (43.45)	10:44.58 (43.22)	11:27.95 (43.37)	
12:11.55 (43.60)	12:54.89 (43.34)	13:38.42 (43.53)	14:19.46 (41.04)	
2 Lim-Sharpe, Judy	67 MONTGOMERY ANCIE	17:06.00	15:58.85	7
43.09	1:29.65 (46.56)	2:17.51 (47.86)	3:05.96 (48.45)	
3:54.75 (48.79)	4:43.80 (49.05)	5:32.12 (48.32)	6:20.80 (48.68)	
7:09.14 (48.34)	7:57.42 (48.28)	8:45.75 (48.33)	9:34.13 (48.38)	
10:22.76 (48.63)	11:11.13 (48.37)	11:59.60 (48.47)	12:48.20 (48.60)	
13:36.52 (48.32)	14:24.40 (47.88)	15:12.14 (47.74)	15:58.85 (46.71)	

Women 65-69 1650 Yard Freestyle

=====

ZONE: Z 23:55.07 5/1/1994 Clara Walker
NATL: ! 20:43.29 11/12/2016 S LOFTUS-CHARLEY

Name	Age Club	Seed	Finals	Points
1 Craffey, Joan	65 UC06	22:30.00	22:54.57Z	9
37.88	1:18.52 (40.64)	2:00.25 (41.73)	2:42.02 (41.77)	
3:23.56 (41.54)	4:05.97 (42.41)	4:47.77 (41.80)	5:29.96 (42.19)	
6:12.11 (42.15)	6:54.65 (42.54)	7:36.51 (41.86)	8:18.83 (42.32)	
9:01.34 (42.51)	9:43.77 (42.43)	10:26.11 (42.34)	11:08.21 (42.10)	

11:50.39 (42.18)	12:32.36 (41.97)	13:14.50 (42.14)	13:56.56 (42.06)
14:38.90 (42.34)	15:21.19 (42.29)	16:03.75 (42.56)	16:45.75 (42.00)
17:27.90 (42.15)	18:09.63 (41.73)	18:51.15 (41.52)	19:32.74 (41.59)
20:13.70 (40.96)	20:54.95 (41.25)	21:36.10 (41.15)	22:16.20 (40.10)
22:54.57 (38.37)			
2 Wagner, Cheryl	65 UMAC-TERRAPIN MA	28:00.00	29:08.72 7
47.23	1:40.06 (52.83)	2:32.91 (52.85)	3:27.15 (54.24)
4:20.57 (53.42)	5:14.27 (53.70)	6:06.78 (52.51)	6:59.75 (52.97)
7:53.05 (53.30)	8:45.73 (52.68)	9:39.23 (53.50)	10:32.40 (53.17)
11:26.07 (53.67)	12:18.67 (52.60)	13:12.18 (53.51)	14:05.12 (52.94)
14:59.13 (54.01)	15:52.74 (53.61)	16:46.33 (53.59)	17:39.22 (52.89)
18:32.93 (53.71)	19:26.62 (53.69)	20:20.70 (54.08)	21:13.85 (53.15)
22:07.29 (53.44)	23:00.09 (52.80)	23:53.17 (53.08)	24:46.22 (53.05)
25:39.27 (53.05)	26:32.52 (53.25)	27:25.67 (53.15)	28:18.10 (52.43)
29:08.72 (50.62)			

Women 65-69 50 Yard Backstroke

```
=====
ZONE: Z 32.49 4/12/2015 Cecilia Mccloskey, Colonials 1776
NATL: ! 30.39 4/29/2017 LAURA VAL
Name Age Club Seed Finals Points
=====
```

1 Kirwan, Denise	66 RESTON MASTERS S	38.00	38.29	9
2 Tartt, Judith	69 WARRENTON FAUQUI	49.00	48.92	7

Women 65-69 50 Yard Backstroke Time Trial

```
=====
ZONE: Z 39.45 4/13/2003 Nancy Brown
NATL: ! 30.39 4/29/2017 LAURA VAL
Name Age Club Seed Finals
=====
```

- Time Trial			
5 Wolff, Melinda	65 COLONIALS 1776	NT	36.77Z

Women 65-69 100 Yard Backstroke

```
=====
ZONE: Z 1:10.15 4/11/2015 Cecilia Mccloskey, Colonials 1776
NATL: ! 1:06.48 4/30/2017 LAURA VAL
Name Age Club Seed Finals Points
=====
```

1 Kirwan, Denise	66 RESTON MASTERS S	1:20.00	1:20.54	9
39.62	1:20.54 (40.92)			
2 Barry, Marcia	69 VIRGINIA MASTERS	1:29.77	1:27.42	7

Women 65-69 200 Yard Backstroke

```

=====
ZONE: Z 2:35.00 4/12/2015 Cecilia Mccloskey, Colonials 1776
NATL: ! 2:27.76 4/28/2017 LAURA VAL
Name Age Club Seed Finals Points
=====
1 Kirwan, Denise 66 RESTON MASTERS S 2:52.00 2:52.71 9
41.83 1:25.50 (43.67) 2:09.99 (44.49) 2:52.71 (42.72)

```

Women 65-69 50 Yard Breaststroke

```

=====
ZONE: Z 38.59 4/4/2004 Joann Leilich, VMST
NATL: ! 37.49 4/30/2017 CHARLOTTE DAVIS
Name Age Club Seed Finals Points
=====
1 Wolff, Melinda 65 COLONIALS 1776 38.14 37.33! 9
2 Kirwan, Denise 66 RESTON MASTERS S 43.00 41.08 7

```

Women 65-69 100 Yard Breaststroke

```

=====
ZONE: Z 1:24.51 4/4/2004 Joann Leilich, VMST
NATL: ! 1:20.27 4/28/2017 CHARLOTTE DAVIS
Name Age Club Seed Finals Points
=====
1 Wolff, Melinda 65 COLONIALS 1776 1:23.94 1:23.04Z 9
38.68 1:23.04 (44.36)
2 Kirwan, Denise 66 RESTON MASTERS S 1:29.00 1:30.07 7
42.58 1:30.07 (47.49)
-- Thackston, Patricia 66 E TEAM 2:30.00 DQ
One hand touch
1:10.22 DQ (1:21.10)

```

Women 65-69 50 Yard Butterfly

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=====
ZONE: Z 32.41 4/11/2015 Cecilia Mccloskey, Colonials 1776
NATL: ! 29.58 3/19/2017 LAURA VAL
Name Age Club Seed Finals Points
=====
1 Wolff, Melinda 65 COLONIALS 1776 33.36 32.87 9

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Women 65-69 100 Yard IM

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=====
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ZONE: Z 1:12.22 4/12/2015 Cecilia Mccloskey, Colonials 1776

NATL: ! 1:09.44 2/4/2017 LAURA VAL

Name	Age	Club	Seed	Finals	Points
1 Wolff, Melinda	65	COLONIALS 1776	1:17.68	1:15.76	9
	37.13	1:15.76 (38.63)			
2 Kirwan, Denise	66	RESTON MASTERS S	1:20.00	1:20.48	7
	38.40	1:20.48 (42.08)			

Women 70-74 50 Yard Freestyle

ZONE: Z 32.12 4/17/2011 Beth Schreiner, VMST

NATL: ! 29.60 4/30/2017 DIANN UUSTAL

Name	Age	Club	Seed	Finals	Points
1 Lyttle, Ann	70	VIRGINIA MASTERS	33.08	33.17	9
2 Bennett, Ruth	71	RESTON MASTERS S	35.28	36.67	7
3 Ammons, Patricia	71	WARRENTON FAUQUI	42.50	41.94	6
4 Zalkind, Julie	71	ARLINGTON MASTER	51.18	59.68	5

Women 70-74 100 Yard Freestyle

ZONE: Z 1:13.89 4/23/2006 Nancy Brown, MARY

NATL: ! 1:06.41 5/7/2017 DIANN UUSTAL

Name	Age	Club	Seed	Finals	Points
1 Lyttle, Ann	70	VIRGINIA MASTERS	1:12.08	1:12.64Z	9
	34.32	1:12.64 (38.32)			
2 Bennett, Ruth	71	RESTON MASTERS S	1:22.36	1:21.21	7
	38.91	1:21.21 (42.30)			
3 Andrews, Lynne	70	GERMANTOWN MARYL	1:27.00	1:28.20	6
	41.91	1:28.20 (46.29)			

Women 70-74 200 Yard Freestyle

ZONE: Z 2:47.81 4/17/2011 Beth Schreiner, VMST

NATL: ! 2:29.53 5/5/2017 DIANN UUSTAL

Name	Age	Club	Seed	Finals	Points
1 Lyttle, Ann	70	VIRGINIA MASTERS	2:43.80	2:39.48Z	9
	37.30	1:17.97 (40.67)	1:58.87 (40.90)	2:39.48 (40.61)	
2 Bennett, Ruth	71	RESTON MASTERS S	2:56.20	2:54.42	7
	40.24	1:24.56 (44.32)	2:10.27 (45.71)	2:54.42 (44.15)	

Women 70-74 500 Yard Freestyle

```

=====
ZONE: Z 7:34.77 4/17/2011 Beth Schreiner, VMST
NATL: ! 6:46.78 4/25/2004 LAVELLE STOINOFF
Name Age Club Seed Finals Points
=====
1 Bennett, Ruth 71 RESTON MASTERS S 7:58.10 7:53.98 9
    42.73 1:29.91 (47.18) 2:18.55 (48.64) 3:07.11 (48.56)
    3:54.89 (47.78) 4:43.07 (48.18) 5:30.75 (47.68) 6:19.34 (48.59)
    7:07.11 (47.77) 7:53.98 (46.87)

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Women 70-74 1650 Yard Freestyle

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=====
ZONE: Z 28:19.91 4/20/1997 Petey Smith
NATL: ! 23:45.69 3/28/2004 LAVELLE STOINOFF
Name Age Club Seed Finals Points
=====
1 Johnston, Jennifer 70 LANE 4 SWIMMING 52:49.00 52:19.64 9
    1:23.13 2:54.53 (1:31.40) 4:28.13 (1:33.60) 6:06.98 (1:38.85)
    7:41.49 (1:34.51) 9:16.12 (1:34.63) 10:50.74 (1:34.62) 12:23.67 (1:32.93)
    13:57.85 (1:34.18) 15:32.94 (1:35.09) 17:06.10 (1:33.16) 18:39.65 (1:33.55)
    20:14.27 (1:34.62) 21:48.58 (1:34.31) 23:23.79 (1:35.21) 25:00.55 (1:36.76)
    26:35.19 (1:34.64) 28:11.99 (1:36.80) 29:49.13 (1:37.14) 31:28.52 (1:39.39)
    33:05.55 (1:37.03) 34:41.70 (1:36.15) 36:18.96 (1:37.26) 37:55.19 (1:36.23)
    39:32.34 (1:37.15) 41:07.96 (1:35.62) 42:45.47 (1:37.51) 44:22.57 (1:37.10)
    45:59.96 (1:37.39) 47:35.68 (1:35.72) 49:11.89 (1:36.21) 50:48.24 (1:36.35)
    52:19.64 (1:31.40)

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Women 70-74 50 Yard Backstroke

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=====
ZONE: Z 39.48 4/23/2006 Nancy Brown, MARY
NATL: ! 34.77 4/29/2017 DIANN UUSTAL
Name Age Club Seed Finals Points
=====
1 Ammons, Patricia 71 WARRENTON FAUQUI 56.00 50.66 9
2 Zalkind, Julie 71 ARLINGTON MASTER 58.92 58.99 7

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Women 70-74 100 Yard Backstroke

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=====
ZONE: Z 1:23.67 4/23/2006 Nancy Brown, MARY
NATL: ! 1:17.27 4/30/2017 DIANN UUSTAL
Name Age Club Seed Finals Points
=====

```

1	Andrews, Lynne	70	GERMANTOWN MARYL	1:36.00	1:40.66	9
	46.84		1:40.66 (53.82)			
2	Zalkind, Julie	71	ARLINGTON MASTER	2:09.38	2:07.57	7
	59.95		2:07.57 (1:07.62)			
3	Johnston, Jennifer	70	LANE 4 SWIMMING	3:33.74	3:30.90	6
	1:42.77		3:30.90 (1:48.13)			

Women 70-74 200 Yard Backstroke

ZONE: Z 3:11.90 3/29/1998 Doris Steadman						
NATL: ! 2:47.52 4/28/2017 DIANN UUSTAL						
	Name		Age Club		Seed	Finals Points
1	Johnston, Jennifer	70	LANE 4 SWIMMING	7:09.32	7:18.32	9
	1:46.28		3:38.84 (1:52.56)	7:18.32 (3:39.48)		

Women 70-74 100 Yard Breaststroke

ZONE: Z 1:41.85 4/23/2006 Johnnie Detrick, VMST						
NATL: ! 1:26.77 4/29/2011 JOANN LEILICH						
	Name		Age Club		Seed	Finals Points
1	Pettijohn, Margot	71	MONTGOMERY ANCIE	1:29.44	1:31.27Z	9
	44.59		1:31.27 (46.68)			
2	Johnston, Jennifer	70	LANE 4 SWIMMING	4:04.90	4:07.87	7
	1:59.93		4:07.87 (2:07.94)			

Women 70-74 200 Yard Breaststroke

ZONE: Z 3:47.11 4/13/2008 Johnnie Detrick, VMST						
NATL: ! 3:07.28 2/2/2009 JOANN LEILICH						
	Name		Age Club		Seed	Finals Points
1	Pettijohn, Margot	71	MONTGOMERY ANCIE	3:14.85	3:18.26Z	9
	45.72		1:35.87 (50.15)	2:27.20 (51.33)	3:18.26 (51.06)	
2	Johnston, Jennifer	70	LANE 4 SWIMMING	7:58.49	8:20.95	7
	2:00.17		4:06.19 (2:06.02)	6:16.43 (2:10.24)	8:20.95 (2:04.52)	

Women 70-74 100 Yard Butterfly

ZONE: Z 1:38.98 4/24/2010 Lucille Griffin, Virginia Masters						
NATL: ! 1:23.83 9/17/2016 MARGOT PETTIJOHN						

Name	Age Club	Seed	Finals	Points
1 Pettijohn, Margot	71 MONTGOMERY ANCIE	1:29.25	1:27.60Z	9
41.11	1:27.60 (46.49)			

Women 70-74 100 Yard IM

Name	Age Club	Seed	Finals	Points
ZONE: Z 1:26.07 4/23/2006 Nancy Brown, MARY				
NATL: ! 1:15.29 4/29/2017 DIANN UUSTAL				
1 Pettijohn, Margot	71 MONTGOMERY ANCIE	1:25.91	1:25.11Z	9
40.41	1:25.11 (44.70)			
2 Johnston, Jennifer	70 LANE 4 SWIMMING	3:49.72	3:50.90	7
2:04.33	3:50.90 (1:46.57)			

Women 70-74 200 Yard IM

Name	Age Club	Seed	Finals	Points
ZONE: Z 3:10.13 4/23/2006 Nancy Brown, MARY				
NATL: ! 2:51.31 5/7/2017 DIANN UUSTAL				
1 Pettijohn, Margot	71 MONTGOMERY ANCIE	3:03.41	3:05.22Z	9
41.55	1:29.56 (48.01)	2:20.83 (51.27)	3:05.22 (44.39)	

Women 75-79 50 Yard Freestyle

Name	Age Club	Seed	Finals	Points
ZONE: Z 35.17 4/10/2016 Beth Schreiner, Virginia Masters				
NATL: ! 33.87 4/3/2005 GAIL ROPER				
1 Schreiner, Beth	77 VIRGINIA MASTERS	35.71	37.55	9
2 Leilich, Joann	79 WOODLANDS MASTER	40.00	41.24	7
3 Hannam, Karen	77 LANE 4 SWIMMING	58.28	1:09.32	6

Women 75-79 100 Yard Freestyle

Name	Age Club	Seed	Finals	Points
ZONE: Z 1:17.32 4/17/2011 Johnnie Detrick, VMST				
NATL: ! 1:16.23 4/24/2005 GAIL ROPER				
1 Schreiner, Beth	77 VIRGINIA MASTERS	1:22.65	1:21.87	9
39.59	1:21.87 (42.28)			

2 Manheim, Lucy	75 RESTON MASTERS S	1:45.00	1:41.94	7
49.37	1:41.94 (52.57)			
3 Hannam, Karen	77 LANE 4 SWIMMING	2:06.21	2:31.50	6
1:11.95	2:31.50 (1:19.55)			

Women 75-79 200 Yard Freestyle

=====				
ZONE: Z 2:59.85		4/10/2016 Beth Schreiner, Virginia Masters		
NATL: ! 2:53.05		3/8/2009 RONNIE KAMPHAUSEN		
Name	Age Club	Seed	Finals	Points
=====				
1 Schreiner, Beth	77 VIRGINIA MASTERS	3:00.23	3:06.52	9
43.17	1:31.07 (47.90)	3:06.52 (1:35.45)		
2 Leilich, Joann	79 WOODLANDS MASTER	3:17.76	3:17.87	7
46.29	1:38.21 (51.92)	2:29.93 (51.72)	3:17.87 (47.94)	

Women 75-79 1000 Yard Freestyle

=====				
ZONE: Z 19:54.95		4/15/2007 Lesley Francis, MARY		
NATL: ! 15:47.72		3/18/2009 RONNIE KAMPHAUSEN		
Name	Age Club	Seed	Finals	Points
=====				
1 Manheim, Lucy	75 RESTON MASTERS S	20:49.52	20:38.37	9
57.93	1:59.03 (1:01.10)	3:01.55 (1:02.52)	4:04.26 (1:02.71)	
6:09.79 (2:05.53)		7:11.79 ()	8:15.30 (1:03.51)	
9:18.18 (1:02.88)	10:19.32 (1:01.14)	11:21.54 (1:02.22)	13:26.43 (2:04.89)	
	14:30.96 ()	16:33.81 (2:02.85)		
	18:38.81 ()	19:37.66 (58.85)	20:38.37 (1:00.71)	

Women 75-79 1650 Yard Freestyle

=====				
ZONE: Z 35:00.06		4/20/1997 Billie A. Burrill		
NATL: ! 26:47.55		4/1/2017 SARAH KOPSKY		
Name	Age Club	Seed	Finals	Points
=====				
1 Hannam, Karen	77 LANE 4 SWIMMING	42:25.85	43:49.44	9
1:14.92	2:38.37 (1:23.45)	4:01.00 (1:22.63)	5:23.72 (1:22.72)	
6:44.57 (1:20.85)		9:28.06 ()	10:51.23 (1:23.17)	
12:15.15 (1:23.92)	13:39.21 (1:24.06)	15:02.17 (1:22.96)	16:27.06 (1:24.89)	
17:51.37 (1:24.31)	19:15.58 (1:24.21)	20:39.54 (1:23.96)		
22:02.43 ()	23:26.35 (1:23.92)	24:48.97 (1:22.62)	26:11.48 (1:22.51)	
27:32.91 (1:21.43)	28:55.80 (1:22.89)	30:17.44 (1:21.64)	31:37.08 (1:19.64)	
32:58.81 (1:21.73)	34:19.43 (1:20.62)	35:40.15 (1:20.72)	37:01.54 (1:21.39)	

38:23.93 (1:22.39) 39:47.07 (1:23.14) 41:08.67 (1:21.60) 42:28.95 (1:20.28)
 43:49.44 (1:20.49)

Women 75-79 50 Yard Backstroke

```

=====
ZONE: Z 43.32 4/10/2016 Beth Schreiner, Virginia Masters
NATL: ! 40.25 4/30/2000 DORIS STEADMAN
Name Age Club Seed Finals Points
=====
1 Schreiner, Beth 77 VIRGINIA MASTERS 43.94 45.03 9
2 Hannam, Karen 77 LANE 4 SWIMMING 1:13.13 1:23.28 7
  
```

Women 75-79 100 Yard Backstroke

```

=====
ZONE: Z 1:36.73 4/9/2016 Beth Schreiner, Virginia Masters
NATL: ! 1:27.70 4/15/2011 NANCY BROWN
Name Age Club Seed Finals Points
=====
1 Schreiner, Beth 77 VIRGINIA MASTERS 1:40.20 1:38.71 9
    48.71 1:38.71 (50.00)
2 Manheim, Lucy 75 RESTON MASTERS S 2:05.00 2:07.94 7
  
```

Women 75-79 50 Yard Breaststroke

```

=====
ZONE: Z 48.35 4/17/2011 Johnnie Detrick, VMST
NATL: ! 41.53 4/13/2014 JOANN LEILICH
Name Age Club Seed Finals Points
=====
1 Hannam, Karen 77 LANE 4 SWIMMING 1:03.90 1:21.47 9
  
```

Women 75-79 100 Yard Breaststroke

```

=====
ZONE: Z 2:02.07 5/8/1990 Margaret Hubbard
NATL: ! 1:29.24 4/11/2014 JOANN LEILICH
Name Age Club Seed Finals Points
=====
1 Leilich, Joann 79 WOODLANDS MASTER 1:35.52 1:37.18Z 9
    47.97 1:37.18 (49.21)
2 Hannam, Karen 77 LANE 4 SWIMMING 2:23.94 2:53.25 7
    1:25.52 2:53.25 (1:27.73)
  
```

Women 75-79 200 Yard Breaststroke

=====

ZONE: Z 3:16.31 4/5/2014 Joann Leilich, Woodlands Master

NATL: ! 3:16.31 4/5/2014 JOANN LEILICH

Name	Age Club	Seed	Finals	Points
1 Hannam, Karen	77 LANE 4 SWIMMING	5:13.49	6:19.21	9
	1:32.05 3:11.60 (1:39.55) 4:48.51 (1:36.91)		6:19.21 (1:30.70)	

Women 75-79 50 Yard Butterfly

ZONE: Z 53.53 4/17/2011 Johnnie Detrick, VMST

NATL: ! 38.05 4/26/2015 MARY ANN CASE

Name	Age Club	Seed	Finals	Points
1 Hannam, Karen	77 LANE 4 SWIMMING	1:14.28	1:33.16	9

Women 75-79 100 Yard Butterfly

ZONE: Z 2:33.03 5/2/1999 Mary Wixted

NATL: ! 1:35.55 4/24/2015 MARY ANN CASE

Name	Age Club	Seed	Finals	Points
1 Hannam, Karen	77 LANE 4 SWIMMING	2:45.32	3:34.03	9
	1:31.55 3:34.03 (2:02.48)			

Women 75-79 100 Yard IM

ZONE: Z 1:51.25 4/21/2013 Laura Walker, Virginia Masters

NATL: ! 1:27.31 4/24/2005 GAIL ROPER

Name	Age Club	Seed	Finals	Points
1 Leilich, Joann	79 WOODLANDS MASTER	1:37.69	1:42.40Z	9
	52.62 1:42.40 (49.78)			
2 Hannam, Karen	77 LANE 4 SWIMMING	2:27.98	2:53.35	7
	1:25.37 2:53.35 (1:27.98)			
-- Manheim, Lucy	75 RESTON MASTERS S	2:25.00	DQ	
Other - breast				
	1:19.18 DQ (1:22.20)			

Women 75-79 200 Yard IM

ZONE: Z 3:21.72 4/5/2014 Joann Leilich, Woodlands Master

NATL: ! 3:18.40 4/24/2005 GAIL ROPER

Name	Age Club	Seed	Finals	Points
------	----------	------	--------	--------

```

=====
1 Hannam, Karen          77 LANE 4 SWIMMING      5:18.69    6:12.57    9
      1:36.20   3:19.77 (1:43.57)  4:52.43 (1:32.66)  6:12.57 (1:20.14)

```

Women 80-84 50 Yard Freestyle

```

=====
      ZONE: Z 42.48    4/13/2003 Jeanne Merryman
      NATL: ! 34.20   12/13/2015 JOHNNIE DETRICK
Name          Age Club          Seed    Finals Points
=====
1 Walker, Laura          80 VIRGINIA MASTERS    50.78    44.60    9

```

Women 80-84 100 Yard Freestyle

```

=====
      ZONE: Z 1:34.75   4/9/2016 Nancy Brown, Maryland Masters
      NATL: ! 1:22.34  12/13/2015 JOHNNIE DETRICK
Name          Age Club          Seed    Finals Points
=====
1 Walker, Laura          80 VIRGINIA MASTERS    1:49.00   1:38.31    9
      47.03    1:38.31 (51.28)

```

Women 80-84 50 Yard Backstroke

```

=====
      ZONE: Z 47.66    4/10/2016 Nancy Brown, Maryland Masters
      NATL: ! 43.57    4/19/2009 BETTY LORENZI
Name          Age Club          Seed    Finals Points
=====
1 Walker, Laura          80 VIRGINIA MASTERS    58.80    51.63    9

```

Women 80-84 100 Yard Backstroke

```

=====
      ZONE: Z 1:43.32   4/9/2016 Nancy Brown, Maryland Masters
      NATL: ! 1:32.37   4/19/2009 BETTY LORENZI
Name          Age Club          Seed    Finals Points
=====
1 Walker, Laura          80 VIRGINIA MASTERS    2:10.65   1:52.31    9
      54.62    1:52.31 (57.69)

```

Women 80-84 200 Yard Backstroke

```

=====
      ZONE: Z 3:44.08   4/10/2016 Nancy Brown, Maryland Masters
      NATL: ! 3:26.72   4/19/2009 BETTY LORENZI
Name          Age Club          Seed    Finals Points

```

```

=====
1 Walker, Laura          80 VIRGINIA MASTERS      4:15.74    4:01.30    9
    56.08    1:56.98 (1:00.90)    3:00.50 (1:03.52)    4:01.30 (1:00.80)
=====

```

Women 80-84 100 Yard IM

```

=====
    ZONE: Z 1:49.72    4/10/2016 Nancy Brown, Maryland Masters
    NATL: ! 1:42.51    4/29/2016 JOHNNIE DETRICK
Name          Age Club          Seed      Finals Points
=====
1 Walker, Laura          80 VIRGINIA MASTERS      2:20.25    2:09.77    9
    1:00.54    2:09.77 (1:09.23)
=====

```

Men 18-24 50 Yard Freestyle

```

=====
    ZONE: Z 21.02    4/25/2010 Yannick Van Heers, Terrapin Masters
    NATL: ! 19.36    4/28/2012 JOSH SCHNEIDER
Name          Age Club          Seed      Finals Points
=====
1 Littles, Jonathan     24 PATRIOT MASTERS      22.50     21.73     9
2 Henderson, James     23 CLUB TRIBE          22.53     22.13     7
3 Greenhalgh, Andrew   22 CLUB TRIBE          22.80     22.51     6
4 Fisher, Alex         23 LANE 4 SWIMMING     23.23     23.03     5
5 Frederick, Aaron     24 ARLINGTON MASTER    23.51     23.86     4
6 Rinald, Kevin        21 UC10                24.15     24.24     3
7 Dreier, Nate         23 SPORT & HEALTH T    24.36     24.52     2
8 Maj, Christopher     24 FINS AQUATICS CL    25.91     25.17     1
9 Lukacsy, Brian       23 CLUB TRIBE          25.85     25.40
10 Shinaishin, Omar    18 FREEDOM AQUATIC    28.38     28.31
11 Veatch, Richard     23 LANE 4 SWIMMING     29.96     28.97
=====

```

Men 18-24 50 Yard Freestyle Time Trial

```

=====
    ZONE: Z 21.04    4/15/2007 Geoffrey Meyer Jr
    NATL: ! 19.36    4/28/2012 JOSH SCHNEIDER
Name          Age Club          Seed      Finals
=====
- Time Trial
1 Bureau, Lucas        23 CLUB TRIBE          NT        20.24Z
5 Head, Carter         24 CLUB TRIBE          NT        23.06
=====

```

Men 18-24 100 Yard Freestyle Time Trial

```

=====

```

ZONE: Z 44.96 4/23/2006 William Liscinsky

NATL: ! 42.59 12/1/2012 EUGENE GODSOE

Name	Age	Club	Seed	Finals
1 Greenhalgh, Andrew	22	CLUB TRIBE	NT	47.36
3 Henderson, James	23	CLUB TRIBE	NT	48.16

Men 18-24 100 Yard Freestyle

ZONE: Z 44.96 4/23/2006 William Liscinsky, CUBU

NATL: ! 42.59 12/1/2012 EUGENE GODSOE

Name	Age	Club	Seed	Finals	Points
1 Bureau, Lucas	23	CLUB TRIBE	45.45	43.97Z	9
	21.02	43.97 (22.95)			
2 Littles, Jonathan	24	PATRIOT MASTERS	48.70	47.64	7
	22.99	47.64 (24.65)			
3 Franklin, Ryan	21	MONOCACY AQUATIC	50.50	51.33	6
	24.29	51.33 (27.04)			
4 Maj, Christopher	24	FINS AQUATICS CL	56.31	53.26	5
	25.95	53.26 (27.31)			
5 Dreier, Nate	23	SPORT & HEALTH T	53.50	54.34	4
	25.80	54.34 (28.54)			
6 Rinald, Kevin	21	UC10	54.01	54.67	3
	25.76	54.67 (28.91)			
7 Guminski, Timothy	24	UC08	56.00	57.53	2
	26.65	57.53 (30.88)			

Men 18-24 200 Yard Freestyle

ZONE: Z 1:42.51 4/15/2007 Geoffrey Meyer Jr, PAFC

NATL: ! 1:35.02 11/8/2009 ANDY GRANT

Name	Age	Club	Seed	Finals	Points
1 Frederick, Aaron	24	ARLINGTON MASTER	1:53.55	1:55.12	9
	26.27	54.51 (28.24)	1:24.56 (30.05)	1:55.12 (30.56)	
2 Maj, Christopher	24	FINS AQUATICS CL	2:12.14	1:58.43	7
	27.58	56.74 (29.16)	1:27.38 (30.64)	1:58.43 (31.05)	
3 Rinald, Kevin	21	UC10	2:10.01	2:09.04	6
	27.46	59.06 (31.60)	1:33.27 (34.21)	2:09.04 (35.77)	
4 Magd, Basem	24	UC09	2:20.00	2:18.58	5
	29.95	1:05.56 (35.61)	1:42.34 (36.78)	2:18.58 (36.24)	

Men 18-24 200 Yard Freestyle Time Trial

```

=====
      ZONE: Z 1:42.51   4/15/2007 Geoffrey Meyer Jr
      NATL: ! 1:35.02   11/8/2009 ANDY GRANT
Name           Age Club           Seed     Finals
=====
- Time Trial
1 Bureau, Lucas      23 CLUB TRIBE           NT     1:39.93Z
2 Greenhalgh, Andrew 22 CLUB TRIBE           NT     1:40.71Z
    
```

Men 18-24 500 Yard Freestyle

```

=====
      ZONE: Z 4:53.48   5/5/1996 Paul Franco
      NATL: ! 4:24.81   1/24/2010 ANDY GRANT
Name           Age Club           Seed     Finals Points
=====
1 Greenhalgh, Andrew 22 CLUB TRIBE           4:19.66   4:29.09Z   9
    24.76           51.18 (26.42)         1:17.95 (26.77)         1:44.91 (26.96)
    2:11.96 (27.05)   2:38.69 (26.73)         3:05.65 (26.96)         3:33.17 (27.52)
    4:01.07 (27.90)   4:29.09 (28.02)
2 Gordon, Joshua    22 PATRIOT MASTERS       5:46.15   5:42.80   7
    30.70           1:04.28 (33.58)         1:38.40 (34.12)         2:12.83 (34.43)
    2:47.33 (34.50)   3:22.27 (34.94)         3:57.22 (34.95)         4:32.45 (35.23)
    5:07.72 (35.27)   5:42.80 (35.08)
3 Dreier, Nate      23 SPORT & HEALTH T     5:15.00   5:56.24   6
    28.47           1:00.31 (31.84)         1:33.86 (33.55)         2:09.82 (35.96)
    2:46.48 (36.66)   3:23.97 (37.49)         4:02.57 (38.60)         4:41.41 (38.84)
    5:19.87 (38.46)   5:56.24 (36.37)
4 Shinaishin, Omar  18 FREEDOM AQUATIC       6:00.00   6:27.31   5
    32.02           1:08.19 (36.17)         1:46.94 (38.75)         2:26.57 (39.63)
    3:06.86 (40.29)   3:47.30 (40.44)         4:27.85 (40.55)         5:08.04 (40.19)
    5:48.41 (40.37)   6:27.31 (38.90)
    
```

Men 18-24 1000 Yard Freestyle

```

=====
      ZONE: Z 10:32.60  4/23/2010 Christopher Stickle, UNAT
      NATL: ! 9:01.26  2/13/2010 JP ARNOLD
Name           Age Club           Seed     Finals Points
=====
1 Head, Carter      24 CLUB TRIBE          10:30.00  10:38.45   9
    26.64           55.87 (29.23)         1:26.14 (30.27)         1:57.08 (30.94)
    2:28.30 (31.22)   2:59.51 (31.21)         3:31.45 (31.94)         4:03.23 (31.78)
    4:35.14 (31.91)   5:07.54 (32.40)         5:39.79 (32.25)         6:12.92 (33.13)
    
```

6:46.17 (33.25) 7:19.79 (33.62) 7:53.31 (33.52) 8:26.90 (33.59)
 9:00.79 (33.89) 9:34.20 (33.41) 10:07.21 (33.01) 10:38.45 (31.24)

Men 18-24 1650 Yard Freestyle

```

=====
ZONE: Z 18:02.67    4/23/2006 Pete Murphy, 1776
NATL: ! 15:48.70    3/27/2010 ANDREW MUELLER
Name                    Age Club                    Seed                    Finals Points
=====
1 Gordon, Joshua            22 PATRIOT MASTERS            19:34.56            19:30.37            9
                    31.25            1:05.14 (33.89)            1:39.96 (34.82)            2:14.68 (34.72)
                    2:49.61 (34.93)            3:24.93 (35.32)            3:59.96 (35.03)            4:35.52 (35.56)
                    5:11.03 (35.51)            5:46.64 (35.61)            6:22.37 (35.73)            6:58.13 (35.76)
                    7:33.43 (35.30)            8:09.11 (35.68)            8:44.55 (35.44)            9:20.32 (35.77)
                    9:55.94 (35.62)            10:31.68 (35.74)            11:07.29 (35.61)            11:43.03 (35.74)
                    12:18.71 (35.68)            12:54.83 (36.12)            13:31.25 (36.42)            14:07.41 (36.16)
                    14:43.38 (35.97)            15:19.68 (36.30)            15:55.92 (36.24)            16:31.93 (36.01)
                    17:07.81 (35.88)            17:43.72 (35.91)            18:19.65 (35.93)            18:56.01 (36.36)
                    19:30.37 (34.36)
2 Dreier, Nate                    23 SPORT & HEALTH T            26:00.00            20:49.73            7
                    30.41            1:04.69 (34.28)            1:40.70 (36.01)            2:17.70 (37.00)
                    2:54.90 (37.20)            3:32.65 (37.75)            4:10.78 (38.13)            4:49.52 (38.74)
                    5:27.07 (37.55)            6:05.64 (38.57)            6:43.95 (38.31)            7:22.51 (38.56)
                    8:01.15 (38.64)            8:39.74 (38.59)            9:17.64 (37.90)            9:56.95 (39.31)
                    10:35.30 (38.35)            11:14.06 (38.76)            11:52.76 (38.70)            12:32.08 (39.32)
                    13:10.97 (38.89)            13:49.37 (38.40)            14:27.65 (38.28)            15:06.89 (39.24)
                    15:45.57 (38.68)            16:24.23 (38.66)            17:03.18 (38.95)            17:43.14 (39.96)
                    18:21.79 (38.65)            19:01.22 (39.43)            19:40.77 (39.55)            20:19.23 (38.46)
                    20:49.73 (30.50)
=====
  
```

Men 18-24 50 Yard Backstroke Time Trial

```

=====
ZONE: Z 23.22    4/15/2007 Chris Gibson
NATL: ! 22.33    5/10/2013 ANDREW ELLIOTT
Name                    Age Club                    Seed                    Finals
=====
- Time Trial
1 Glass, Austin            23 CLUB TRIBE                    NT                    24.22
2 Henderson, James            23 CLUB TRIBE                    NT                    24.78
=====
  
```

Men 18-24 50 Yard Backstroke

```

=====
ZONE: Z 23.22    4/15/2007 Chris Gibson, CUBU
=====
  
```

NATL: ! 22.33 5/10/2013 ANDREW ELLIOTT

Name	Age Club	Seed	Finals	Points
1 Henderson, James	23 CLUB TRIBE	24.81	24.48	9
2 Lukacsy, Brian	23 CLUB TRIBE	30.26	30.51	7
3 Veatch, Richard	23 LANE 4 SWIMMING	35.64	35.03	6

Men 18-24 100 Yard Backstroke

ZONE: Z 49.19 4/15/2007 Chris Gibson, CUBU

NATL: ! 45.36 11/30/2012 EUGENE GODSOE

Name	Age Club	Seed	Finals	Points
1 Henderson, James	23 CLUB TRIBE	53.12	52.17	9
	25.62 52.17 (26.55)			
2 Glass, Austin	23 CLUB TRIBE	55.50	52.76	7
	25.46 52.76 (27.30)			
3 Fisher, Alex	23 LANE 4 SWIMMING	1:00.29	57.88	6
	28.09 57.88 (29.79)			

Men 18-24 50 Yard Breaststroke

ZONE: Z 25.32 4/23/2006 William Liscinsky, CUBU

NATL: ! 24.53 2/1/2015 ROSTYSLAV FEDYNA

Name	Age Club	Seed	Finals	Points
1 Fisher, Alex	23 LANE 4 SWIMMING	28.11	26.48	9
2 Franklin, Ryan	21 MONOCACY AQUATIC	30.00	29.74	7
3 Guminski, Timothy	24 UC08	31.43	31.71	6
4 Veatch, Richard	23 LANE 4 SWIMMING	36.36	35.81	5

Men 18-24 100 Yard Breaststroke

ZONE: Z 56.37 4/23/2006 William Liscinsky, CUBU

NATL: ! 52.63 2/3/2018 JOSH PRENOT

Name	Age Club	Seed	Finals	Points
1 Fisher, Alex	23 LANE 4 SWIMMING	1:02.68	59.31	9
	27.06 59.31 (32.25)			
2 Greenhalgh, Andrew	22 CLUB TRIBE	1:05.00	1:04.49	7
	30.68 1:04.49 (33.81)			
3 Frederick, Aaron	24 ARLINGTON MASTER	1:04.44	1:05.17	6
	30.71 1:05.17 (34.46)			

4 Rinald, Kevin	21 UC10	1:16.38	1:13.55	5
33.92	1:13.55 (39.63)			
5 Shinaishin, Omar	18 FREEDOM AQUATIC	1:19.14	1:22.74	4
38.84	1:22.74 (43.90)			

Men 18-24 200 Yard Breaststroke

=====

ZONE: Z 2:08.32 4/20/1997 Robert Butcher
 NATL: ! 1:57.33 5/12/2013 ELLIOT KEEFER

Name	Age Club	Seed	Finals	Points
1 Head, Carter	24 CLUB TRIBE	2:17.10	2:14.27	9
30.44	1:03.74 (33.30)	1:38.19 (34.45)	2:14.27 (36.08)	

Men 18-24 50 Yard Butterfly

=====

ZONE: Z 22.40 4/11/2015 Nathan Destree, UC12
 NATL: ! 21.13 4/26/2015 HENRIK LINDAU

Name	Age Club	Seed	Finals	Points
1 Bureau, Lucas	23 CLUB TRIBE	22.22	21.95Z	9
2 Littles, Jonathan	24 PATRIOT MASTERS	25.00	24.13	7
3 Bechtold, Leander	22 ARLINGTON MASTER	25.00	24.96	6
4 Greenhalgh, Andrew	22 CLUB TRIBE	26.00	25.01	5
5 Franklin, Ryan	21 MONOCACY AQUATIC	25.50	25.88	4
6 Dreier, Nate	23 SPORT & HEALTH T	27.31	27.84	3
7 Magd, Basem	24 UC09	30.47	27.86	2
8 Rinald, Kevin	21 UC10	30.00	27.92	1
9 Veatch, Richard	23 LANE 4 SWIMMING	31.56	30.82	
10 Shinaishin, Omar	18 FREEDOM AQUATIC	32.81	33.16	

Men 18-24 100 Yard Butterfly

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ZONE: Z 49.92 4/12/2015 Nathan Destree, UC12
 NATL: ! 46.65 11/30/2012 EUGENE GODSOE

Name	Age Club	Seed	Finals	Points
1 Bureau, Lucas	23 CLUB TRIBE	50.50	47.41Z	9
21.99	47.41 (25.42)			
2 Chestnut, Eric	24 PATRIOT MASTERS	53.50	52.01	7
24.36	52.01 (27.65)			
3 Magd, Basem	24 UC09	1:05.74	1:02.99	6
28.78	1:02.99 (34.21)			

Men 18-24 200 Yard Butterfly

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=====
      ZONE: Z 1:58.91    4/5/2014 John Guiffre, Arlington Master
      NATL: ! 1:48.74    3/19/2017 MICKEY MOWRY
Name           Age Club           Seed     Finals Points
=====
  1 Chestnut, Eric      24 PATRIOT MASTERS      1:59.00    1:59.24    9
      27.02           57.01 (29.99)    1:27.76 (30.75)    1:59.24 (31.48)
  2 Magd, Basem        24 UC09                 2:33.51    2:31.81    7
      30.93           1:07.97 (37.04)    1:48.98 (41.01)    2:31.81 (42.83)
=====

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Men 18-24 100 Yard IM

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=====
      ZONE: Z 50.72    4/23/2006 William Liscinsky, CUBU
      NATL: ! 49.52    4/25/2015 COLIN BABCOCK
Name           Age Club           Seed     Finals Points
=====
  1 Bureau, Lucas      23 CLUB TRIBE          52.52     49.23!    9
      22.80           49.23 (26.43)
  2 Fisher, Alex       23 LANE 4 SWIMMING     58.02     54.96    7
      26.19           54.96 (28.77)
  3 Dreier, Nate       23 SPORT & HEALTH T    1:00.00    1:03.98    6
      29.55           1:03.98 (34.43)
  4 Shinaishin, Omar   18 FREEDOM AQUATIC    1:15.00    1:12.40    5
      33.77           1:12.40 (38.63)
  5 Veatch, Richard    23 LANE 4 SWIMMING     1:14.14    1:13.34    4
      33.31           1:13.34 (40.03)
-- Bechtold, Leander  22 ARLINGTON MASTER    57.00     DQ
    Butterfly kick - breast
      25.74           DQ (29.87)
=====

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Men 18-24 200 Yard IM

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=====
      ZONE: Z 1:56.71    4/15/2007 Geoffrey Meyer Jr, PAFC
      NATL: ! 1:49.30    4/26/2015 COLIN BABCOCK
Name           Age Club           Seed     Finals Points
=====
  1 Bechtold, Leander  22 ARLINGTON MASTER    2:03.00    2:01.03    9
      25.75           57.36 (31.61)    1:32.40 (35.04)    2:01.03 (28.63)
  2 Guminski, Timothy  24 UC08                2:14.00    2:18.14    7
      27.57           1:04.79 (37.22)    1:43.43 (38.64)    2:18.14 (34.71)
  3 Maj, Christopher   24 FINS AQUATICS CL    2:20.00    2:21.39    6
=====

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	31.21	1:08.00 (36.79)	1:50.17 (42.17)	2:21.39 (31.22)
4 Rinald, Kevin		21 UC10	2:30.68	5
	29.67	1:08.29 (38.62)	1:52.46 (44.17)	2:26.64 (34.18)

Men 18-24 400 Yard IM

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=====
ZONE: Z 4:17.87    4/6/2014 John Guiffre, Arlington Master
NATL: ! 3:50.12   2/13/2010 RUSSELL PAYNE
Name              Age Club              Seed      Finals Points
=====
1 Head, Carter    24 CLUB TRIBE         4:40.00   4:21.27   9
                26.66                57.05 (30.39)  1:30.72 (33.67)  2:04.60 (33.88)
                2:42.04 (37.44)     3:20.17 (38.13)  3:51.12 (30.95)  4:21.27 (30.15)

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Men 25-29 50 Yard Freestyle

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=====
ZONE: Z 20.49     4/6/2014 Jarryd Botha, UC10-10
NATL: ! 18.67    12/20/2014 BOUSQUET\ADRIAN
Name              Age Club              Seed      Finals Points
=====
1 Fay, Christopher 29 CLUB TRIBE         21.70     21.57     9
2 McHenry, Scott   26 ALEXANDRIA MASTE   21.21     21.71     7
3 Chestnut, Michael 26 PATRIOT MASTERS    21.50     22.12     6
4 Compton, Taylor  29 LANE 4 SWIMMING    22.30     22.32     5
5 Shu, Jack        25 ARLINGTON MASTER   22.91     22.90     4
6 Deal, Fred       29 FINS AQUATICS CL   23.58     23.19     3
7 Wyatt, Haydon    27 MERRITT MARLINS    24.50     23.20     2
8 Snyder, Scott    29 VIRGINIA MASTERS   25.00     23.64     1
9 VanRoden, Jack  27 MERRITT MARLINS    23.43     23.71
10 Stamps, Nathan  26 CLUB TRIBE         23.50     23.73
11 Kendall, Cody   29 PATRIOT MASTERS    23.71     23.99
12 Kuldell, Philip 25 TIDE SWIMMING      24.61     24.58
13 Salazar, Lawrence 27 TIDE SWIMMING     34.00     26.29
14 Connell, Allan  28 MERRITT MARLINS    27.56     26.52
15 Kraus, Andrew   26 FLYING FISH HEAD   28.01     26.92
16 Gartner, Kenneth 28 ALEXANDRIA MASTE   37.00     28.17

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Men 25-29 50 Yard Freestyle Time Trial

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=====
ZONE: Z 21.18     5/2/1999 David Lawson
NATL: ! 18.67    12/20/2014 BOUSQUET\ADRIAN
Name              Age Club              Seed      Finals
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- Time Trial
 6 Snyder, Scott 29 VIRGINIA MASTERS NT 23.31

Men 25-29 100 Yard Freestyle

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=====
      ZONE: Z 45.53      4/8/2017 Gallagher/ Loughran/Liscinsky, 1693/FXCM/CUBU
      NATL: ! 41.13      5/3/2014 NATHAN ADRIAN
Name                    Age Club                    Seed                    Finals Points
=====
  1 Glass, Sidney                    26 CLUB TRIBE                    48.00                    47.32      9
                      22.57                    47.32 (24.75)
  2 Fay, Christopher                    29 CLUB TRIBE                    48.50                    48.17      7
                      22.52                    48.17 (25.65)
  3 Compton, Taylor                    29 LANE 4 SWIMMING                    49.93                    50.04      6
                      23.74                    50.04 (26.30)
  4 Deal, Fred                    29 FINS AQUATICS CL                    57.00                    50.70      5
                      24.15                    50.70 (26.55)
  5 VanRoden, Jack                    27 MERRITT MARLINS                    52.98                    52.71      4
                      25.17                    52.71 (27.54)
  6 Snyder, Scott                    29 VIRGINIA MASTERS                    57.00                    52.78      3
                      24.64                    52.78 (28.14)
  7 Laplante, Brett                    29 UMAC-TERRAPIN MA                    55.00                    53.11      2
                      25.57                    53.11 (27.54)
  8 Walker, Adam                    27 CENTRAL MARYLAND                    52.72                    53.59      1
                      25.87                    53.59 (27.72)
  9 Kendall, Cody                    29 PATRIOT MASTERS                    54.18                    54.26
                      25.86                    54.26 (28.40)
 10 Xu, Tim                    27 PATRIOT MASTERS                    56.32                    54.82
                      26.04                    54.82 (28.78)
 11 Fitts, Marcus                    29 DISTRICT OF COLU                    57.87                    54.97
                      26.27                    54.97 (28.70)
 12 Stamps, Nathan                    26 CLUB TRIBE                    50.00                    55.20
                      25.33                    55.20 (29.87)
 13 Koons, Andrew                    25 RESTON MASTERS S                    55.01                    55.81
                      26.93                    55.81 (28.88)
 14 Moyer, Matthew                    28 LIFE TIME SWIM D                    55.06                    55.93
                      26.28                    55.93 (29.65)
 15 Dawson, Logan                    27 DISTRICT OF COLU                    56.50                    56.51
                      27.21                    56.51 (29.30)
 16 Kuldell, Philip                    25 TIDE SWIMMING                    59.99                    56.79
                      26.72                    56.79 (30.07)
 17 Connell, Allan                    28 MERRITT MARLINS                    55.89                    58.59
                      27.49                    58.59 (31.10)
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18 Kraus, Andrew	26 FLYING FISH HEAD	1:09.06	59.40
27.87	59.40 (31.53)		
19 Salazar, Lawrence	27 TIDE SWIMMING	1:10.00	1:01.15
29.23	1:01.15 (31.92)		
20 Gartner, Kenneth	28 ALEXANDRIA MASTE	1:22.00	1:06.07
32.09	1:06.07 (33.98)		
21 Parker, Alexander	25 LANE 4 SWIMMING	1:05.90	1:08.66

Men 25-29 100 Yard Freestyle Time Trial

=====

ZONE: Z 45.61 4/15/2007 William Liscinsky
 NATL: ! 41.13 5/3/2014 NATHAN ADRIAN

Name	Age Club	Seed	Finals
=====			
- Time Trial			
2 McHenry, Scott	26 ALEXANDRIA MASTE	NT	47.84

Men 25-29 200 Yard Freestyle Time Trial

=====

ZONE: Z 1:41.97 4/22/2001 Marc Grabish
 NATL: ! 1:31.93 12/6/2013 DARIAN TOWNSEND

Name	Age Club	Seed	Finals
=====			
1 McHenry, Scott	26 ALEXANDRIA MASTE	NT	1:44.96

Men 25-29 200 Yard Freestyle

=====

ZONE: Z 1:41.97 4/22/2001 Marc Grabish
 NATL: ! 1:31.93 12/6/2013 DARIAN TOWNSEND

Name	Age Club	Seed	Finals	Points
=====				
1 Guiffre, John	28 UC02	1:46.48	1:46.16	9
24.48	51.15 (26.67)	1:18.39 (27.24)	1:46.16 (27.77)	
2 Shu, Jack	25 ARLINGTON MASTER	1:52.28	1:54.54	7
27.75	56.07 (28.32)	1:24.41 (28.34)	1:54.54 (30.13)	
3 Laplante, Brett	29 UMAC-TERRAPIN MA	2:00.00	1:58.84	6
26.34	55.12 (28.78)	1:26.19 (31.07)	1:58.84 (32.65)	
4 VanRoden, Jack	27 MERRITT MARLINS	2:01.43	2:01.20	5
28.05	59.34 (31.29)	1:31.20 (31.86)	2:01.20 (30.00)	
5 Compton, Taylor	29 LANE 4 SWIMMING	1:58.36	2:01.96	4
26.61	57.59 (30.98)	1:29.72 (32.13)	2:01.96 (32.24)	
6 Wyatt, Haydon	27 MERRITT MARLINS	2:05.00	2:02.90	3
27.22	57.83 (30.61)	1:30.45 (32.62)	2:02.90 (32.45)	

7 Kuldell, Philip	25 TIDE SWIMMING	2:10.50	2:04.75	2
28.37	1:00.03 (31.66)	1:32.13 (32.10)	2:04.75 (32.62)	
8 Kraus, Andrew	26 FLYING FISH HEAD	2:30.00	2:12.84	1
29.84	1:03.31 (33.47)	1:37.96 (34.65)	2:12.84 (34.88)	
9 Salazar, Lawrence	27 TIDE SWIMMING	2:30.00	2:16.60	
31.32	1:06.30 (34.98)	1:41.86 (35.56)	2:16.60 (34.74)	

Men 25-29 500 Yard Freestyle

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ZONE: Z	4:39.22	4/12/1992	Bruce Hayes		
NATL: !	4:20.82	4/17/2010	ANDY GRANT		

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Name	Age	Club	Seed	Finals	Points
1 Koons, Andrew	25	RESTON MASTERS S	5:26.46	5:34.53	9
30.38	1:03.76 (33.38)	1:38.06 (34.30)	2:12.26 (34.20)		
2:46.19 (33.93)	3:19.72 (33.53)	3:53.71 (33.99)	4:27.83 (34.12)		
5:01.67 (33.84)	5:34.53 (32.86)				
2 Dawson, Logan	27	DISTRICT OF COLU	5:45.00	5:58.46	7
31.93	1:06.39 (34.46)	1:41.98 (35.59)	2:18.27 (36.29)		
2:54.86 (36.59)	3:30.97 (36.11)	4:07.67 (36.70)	4:44.78 (37.11)		
5:21.88 (37.10)	5:58.46 (36.58)				

Men 25-29 1000 Yard Freestyle

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ZONE: Z	9:55.05	4/14/1991	Steve Fisher		
NATL: !	9:19.61	3/15/2014	TOBIAS WORK		

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Name	Age	Club	Seed	Finals	Points
1 Koons, Andrew	25	RESTON MASTERS S	11:14.00	11:32.77	9
30.70	1:03.91 (33.21)	1:38.07 (34.16)	2:12.39 (34.32)		
2:46.64 (34.25)	3:21.75 (35.11)	3:56.74 (34.99)	4:31.84 (35.10)		
5:07.27 (35.43)	5:42.89 (35.62)	6:17.93 (35.04)	6:53.35 (35.42)		
7:28.74 (35.39)	8:04.26 (35.52)	8:39.66 (35.40)	9:15.06 (35.40)		
9:50.63 (35.57)	10:25.65 (35.02)	10:59.80 (34.15)	11:32.77 (32.97)		

Men 25-29 50 Yard Backstroke Time Trial

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ZONE: Z	23.71	4/15/2007	William Liscinsky		
NATL: !	21.46	4/16/2010	ADAM MANIA		

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Name	Age	Club	Seed	Finals
- Time Trial				
1 Glass, Sidney	26	CLUB TRIBE	NT	23.60Z

Men 25-29 50 Yard Backstroke

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=====
ZONE: Z 23.28    4/6/2014 Jarryd Botha, UC10-10
NATL: ! 21.46   4/16/2010 ADAM MANIA
Name           Age Club           Seed    Finals Points
=====
1 Shu, Jack    25 ARLINGTON MASTER  26.04   26.78    9
2 Laplante, Brett 29 UMAC-TERRAPIN MA 30.00   28.73    7
3 Connell, Allan 28 MERRITT MARLINS  28.17   29.90    6
4 Wyatt, Haydon 27 MERRITT MARLINS  30.50   30.01    5
5 Stamps, Nathan 26 CLUB TRIBE      25.00   30.17    4
6 Kuldell, Philip 25 TIDE SWIMMING   30.69   30.56    3
7 Kraus, Andrew 26 FLYING FISH HEAD 33.95   32.64    2
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Men 25-29 100 Yard Backstroke

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=====
ZONE: Z 50.56    4/5/2014 Jarryd Botha, UC10-10
NATL: ! 45.95   4/15/2010 ADAM MANIA
Name           Age Club           Seed    Finals Points
=====
1 Glass, Sidney  26 CLUB TRIBE      54.50   52.24    9
    25.23          52.24 (27.01)
2 McHenry, Scott 26 ALEXANDRIA MASTE 57.00   55.44    7
    26.73          55.44 (28.71)
3 VanRoden, Jack 27 MERRITT MARLINS  1:02.28  1:03.44    6
    30.50          1:03.44 (32.94)
4 Connell, Allan 28 MERRITT MARLINS  1:02.00  1:03.86    5
    30.63          1:03.86 (33.23)
5 Moyer, Matthew 28 LIFE TIME SWIM D 1:08.05  1:08.67    4
    33.16          1:08.67 (35.51)
6 Salazar, Lawrence 27 TIDE SWIMMING  1:25.00  1:09.61    3
    33.54          1:09.61 (36.07)
7 Kraus, Andrew 26 FLYING FISH HEAD 1:20.00  1:11.71    2
    34.24          1:11.71 (37.47)
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Men 25-29 100 Yard Backstroke Time Trial

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ZONE: Z 52.28    4/22/2001 Peter Hezky
NATL: ! 45.95   4/15/2010 ADAM MANIA
Name           Age Club           Seed    Finals
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- Time Trial
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1 Glass, Sidney 26 CLUB TRIBE NT 51.63Z

Men 25-29 50 Yard Breaststroke

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ZONE: Z 25.23 4/15/2007 William Liscinsky, CUBU
NATL: ! 23.87 5/21/2010 MARK GANGLOFF

Name	Age	Club	Seed	Finals	Points
1 Fay, Christopher	29	CLUB TRIBE	27.01	27.20	9
2 Stamps, Nathan	26	CLUB TRIBE	26.00	31.93	7
3 Connell, Allan	28	MERRITT MARLINS	32.09	35.15	6
4 Parker, Alexander	25	LANE 4 SWIMMING	40.00	40.67	5

Men 25-29 100 Yard Breaststroke

=====

ZONE: Z 56.76 4/25/2010 William Liscinsky, Curl-Burke Swim
NATL: ! 51.57 4/25/2015 MARCUS TITUS

Name	Age	Club	Seed	Finals	Points
1 McHenry, Scott	26	ALEXANDRIA MASTE	57.97	59.75	9
	27.94	59.75 (31.81)			
2 Wolfe, Ryan	25	PATRIOT MASTERS	59.67	1:01.15	7
	28.71	1:01.15 (32.44)			
3 Fay, Christopher	29	CLUB TRIBE	1:05.21	1:01.74	6
	28.17	1:01.74 (33.57)			
4 Maguire, Andrew	29	UC10	1:05.00	1:03.79	5
	29.44	1:03.79 (34.35)			
5 Xu, Tim	27	PATRIOT MASTERS	1:11.03	1:08.12	4
	32.14	1:08.12 (35.98)			
6 VanRoden, Jack	27	MERRITT MARLINS	1:12.48	1:10.08	3
	32.90	1:10.08 (37.18)			
7 Salazar, Lawrence	27	TIDE SWIMMING	1:30.00	1:15.69	2
	36.16	1:15.69 (39.53)			
8 Connell, Allan	28	MERRITT MARLINS	1:12.38	1:16.02	1
	35.49	1:16.02 (40.53)			

Men 25-29 200 Yard Breaststroke

=====

ZONE: Z 2:07.48 4/23/2006 Ethan Bassett, CUBU
NATL: ! 1:53.04 12/21/2013 BJ JOHNSON

Name	Age	Club	Seed	Finals	Points
1 Wolfe, Ryan	25	PATRIOT MASTERS	2:09.53	2:11.30	9

	29.22	1:01.60 (32.38)	1:35.91 (34.31)	2:11.30 (35.39)	
2 Walker, Adam		27 CENTRAL MARYLAND	2:19.71	2:18.08	7
	31.53	1:05.69 (34.16)	1:41.53 (35.84)	2:18.08 (36.55)	
3 Fitts, Marcus		29 DISTRICT OF COLU	3:00.00	2:41.94	6
	36.66	1:17.43 (40.77)	1:59.60 (42.17)	2:41.94 (42.34)	
4 Koons, Andrew		25 RESTON MASTERS S	2:42.15	2:42.49	5
	37.16	1:19.33 (42.17)	2:01.23 (41.90)	2:42.49 (41.26)	

Men 25-29 50 Yard Butterfly

=====

ZONE: Z 22.24 4/5/2014 Jarryd Botha, UC10-10
 NATL: ! 21.11 11/30/2012 DAVIS TARWATER

Name	Age	Club	Seed	Finals	Points
1 Snyder, Scott	29	VIRGINIA MASTERS	26.00	25.20	9
2 Deal, Fred	29	FINS AQUATICS CL	26.03	25.53	7
3 VanRoden, Jack	27	MERRITT MARLINS	25.84	26.03	6
4 Stamps, Nathan	26	CLUB TRIBE	25.00	26.75	5
5 Laplante, Brett	29	UMAC-TERRAPIN MA	28.00	26.80	4
6 Kuldell, Philip	25	TIDE SWIMMING	27.71	27.18	3
7 Kendall, Cody	29	PATRIOT MASTERS	26.81	27.52	2
8 Moyer, Matthew	28	LIFE TIME SWIM D	27.67	27.92	1
9 Salazar, Lawrence	27	TIDE SWIMMING	40.00	28.49	
10 Dawson, Logan	27	DISTRICT OF COLU	28.00	28.75	
11 Connell, Allan	28	MERRITT MARLINS	28.39	28.88	
12 Kraus, Andrew	26	FLYING FISH HEAD	36.00	29.00	
13 Gartner, Kenneth	28	ALEXANDRIA MASTE	40.00	31.46	

Men 25-29 100 Yard Butterfly

=====

ZONE: Z 49.79 4/6/2014 Jarryd Botha, UC10-10
 NATL: ! 45.32 11/30/2012 DAVIS TARWATER

Name	Age	Club	Seed	Finals	Points
1 Guiffre, John	28	UC02	52.52	53.09	9
	24.40	53.09 (28.69)			
2 Xu, Tim	27	PATRIOT MASTERS	1:00.71	59.38	7
	27.32	59.38 (32.06)			
3 Laplante, Brett	29	UMAC-TERRAPIN MA	1:00.00	1:00.28	6
	28.02	1:00.28 (32.26)			
4 Hoang, Ryan	25	ARLINGTON MASTER	1:08.00	1:07.04	5
	31.95	1:07.04 (35.09)			

Men 25-29 200 Yard Butterfly

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ZONE: Z 1:53.82    4/2/2000 Curtis Sawin
NATL: ! 1:47.62   5/20/2007 ERIK SCALISE
Name              Age Club              Seed      Finals Points
=====
1 Guiffre, John   28 UC02                1:58.91   2:02.10   9
                26.93                57.15 (30.22)  1:28.78 (31.63)  2:02.10 (33.32)
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Men 25-29 100 Yard IM

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=====
ZONE: Z 50.51    4/15/2007 William Liscinsky, CUBU
NATL: ! 47.77   5/3/2014 DARIAN TOWNSEND
Name              Age Club              Seed      Finals Points
=====
1 Glass, Sidney   26 CLUB TRIBE         54.50     53.37     9
                23.80                53.37 (29.57)
2 Wolfe, Ryan     25 PATRIOT MASTERS    56.97     56.01     7
                26.85                56.01 (29.16)
3 Deal, Fred      29 FINS AQUATICS CL  1:00.73   59.10     6
                27.48                59.10 (31.62)
4 VanRoden, Jack  27 MERRITT MARLINS    1:00.34   1:00.53   5
                27.89                1:00.53 (32.64)
5 Maguire, Andrew 29 UC10              1:08.00   1:02.23   4
                28.79                1:02.23 (33.44)
6 Connell, Allan  28 MERRITT MARLINS    1:00.34   1:05.67   3
                30.39                1:05.67 (35.28)
7 Salazar, Lawrence 27 TIDE SWIMMING     1:25.00   1:08.09   2
                32.01                1:08.09 (36.08)
8 Kendall, Cody   29 PATRIOT MASTERS    1:12.00   1:10.51   1
                31.15                1:10.51 (39.36)
9 Hoang, Ryan     25 ARLINGTON MASTER   1:10.00   1:10.64
                32.65                1:10.64 (37.99)
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Men 25-29 200 Yard IM

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=====
ZONE: Z 1:55.03    4/4/2004 Frank Byskov, VMST
NATL: ! 1:41.79   12/21/2013 DARIAN TOWNSEND
Name              Age Club              Seed      Finals Points
=====
1 Guiffre, John   28 UC02                2:00.84   2:01.25   9
                25.56                57.99 (32.43)  1:34.38 (36.39)  2:01.25 (26.87)
2 Walker, Adam    27 CENTRAL MARYLAND   2:13.86   2:08.48   7
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	28.16	1:01.81 (33.65)	1:38.78 (36.97)	2:08.48 (29.70)	
3 Laplante, Brett		29 UMAC-TERRAPIN MA	2:15.62	2:12.22	6
	28.11	1:01.28 (33.17)	1:40.91 (39.63)	2:12.22 (31.31)	
4 Xu, Tim		27 PATRIOT MASTERS	2:17.46	2:15.54	5
	28.76	1:04.34 (35.58)	1:43.33 (38.99)	2:15.54 (32.21)	
5 VanRoden, Jack		27 MERRITT MARLINS	2:20.00	2:19.34	4
	27.30	1:02.79 (35.49)	1:44.95 (42.16)	2:19.34 (34.39)	
6 Koons, Andrew		25 RESTON MASTERS S	2:18.09	2:20.77	3
	30.94	1:06.63 (35.69)	1:48.34 (41.71)	2:20.77 (32.43)	
7 Connell, Allan		28 MERRITT MARLINS	2:20.00	2:25.48	2
	30.59	1:05.73 (35.14)	1:50.00 (44.27)	2:25.48 (35.48)	
8 Kuldell, Philip		25 TIDE SWIMMING	2:30.46	2:26.53	1
	29.59	1:08.10 (38.51)	1:55.19 (47.09)	2:26.53 (31.34)	
9 Salazar, Lawrence		27 TIDE SWIMMING	2:50.00	2:26.67	
	31.43	1:10.20 (38.77)	1:52.67 (42.47)	2:26.67 (34.00)	

Men 25-29 400 Yard IM

=====

ZONE: Z 4:07.19 4/22/2001 Peter Hezky
 NATL: ! 3:41.85 12/20/2013 DARIAN TOWNSEND

Name	Age	Club	Seed	Finals	Points
1 Duval, Marcus	26	FINS AQUATICS CL	4:15.00	4:10.17	9
	26.79	56.73 (29.94)	1:29.97 (33.24)	2:02.18 (32.21)	
	2:37.64 (35.46)	3:14.10 (36.46)	3:42.34 (28.24)	4:10.17 (27.83)	
2 Guiffre, John	28	UC02	4:14.72	4:18.47	7
	27.49	57.10 (29.61)	1:31.04 (33.94)	2:04.80 (33.76)	
	2:42.35 (37.55)	3:20.39 (38.04)	3:49.74 (29.35)	4:18.47 (28.73)	

Men 30-34 50 Yard Freestyle

=====

ZONE: Z 20.91 4/15/2012 Terrence Fenningham, UNAT
 NATL: ! 19.33 5/3/2014 ERVIN\ERVIN

Name	Age	Club	Seed	Finals	Points
1 Gallagher, Kevin	30	CLUB TRIBE	21.01	20.65Z	9
2 Corcoran, Ryan	30	FINS AQUATICS CL	21.80	21.73	7
3 Loughran, Kyle	30	CLUB TRIBE	21.50	21.85	6
4 Bulakul, Sirin	30	CLUB TRIBE	22.50	22.09	5
5 McCafferty, Jacob	33	ALEXANDRIA MASTE	22.50	22.52	4
6 Kirby, Devin	30	MERRITT MARLINS	22.00	22.74	3
7 Laiti, Patrick	32	UC12	23.35	23.35	2
8 Wolfred, Drew	30	LANE 4 SWIMMING	23.00	23.70	1

9	Tikhonoff, Jonathan	31 UC10	24.21	24.11
10	Miller, Michael	32 FINS AQUATICS CL	23.73	24.30
11	Holmes, Jonathan	30 UC08	24.50	24.34
12	Crosnicker, Mark	34 UC10	24.50	24.49
13	Summers, Dan	31 ARLINGTON MASTER	23.90	24.50
14	Weinbaum, David	32 UC09	25.18	24.81
15	Taylor, Tim	31 ALEXANDRIA MASTE	25.44	25.46

Men 30-34 50 Yard Freestyle Time Trial

=====

ZONE: Z 21.83 3/29/1998 Billy Barr
 NATL: ! 19.33 5/3/2014 ERVIN\ERVIN

Name	Age Club	Seed	Finals
=====			
- Time Trial			
2	Gallagher, Kevin 30 CLUB TRIBE	NT	21.01Z
4	Elsaesser, Evan 33 CLUB TRIBE	NT	22.71

Men 30-34 100 Yard Freestyle Time Trial

=====

ZONE: Z 47.40 4/23/2006 Troy Johnson
 NATL: ! 42.75 12/21/2014 DARIAN TOWNSEND

Name	Age Club	Seed	Finals
=====			
4	Bulakul, Sirin 30 CLUB TRIBE	NT	49.50
5	Elsaesser, Evan 33 CLUB TRIBE	NT	50.49

Men 30-34 100 Yard Freestyle

=====

ZONE: Z 46.38 4/13/2008 Troy Johnson, VMST
 NATL: ! 42.75 12/21/2014 DARIAN TOWNSEND

Name	Age Club	Seed	Finals	Points
=====				
1	Gallagher, Kevin 30 CLUB TRIBE	46.39	45.67Z	9
	21.68 45.67 (23.99)			
2	Loughran, Kyle 30 CLUB TRIBE	47.50	47.83	7
	23.07 47.83 (24.76)			
3	Bulakul, Sirin 30 CLUB TRIBE	49.50	48.59	6
	23.38 48.59 (25.21)			
4	McCafferty, Jacob 33 ALEXANDRIA MASTE	51.00	49.57	5
	23.60 49.57 (25.97)			
5	Wolfred, Drew 30 LANE 4 SWIMMING	52.00	51.32	4
	24.84 51.32 (26.48)			

6	Tikhonoff, Jonathan	31 UC10	52.41	51.94	3
	25.00	51.94 (26.94)			
7	Weinbaum, David	32 UC09	54.48	53.36	2
	25.37	53.36 (27.99)			
8	Miller, Michael	32 FINS AQUATICS CL	53.20	53.63	1
	25.11	53.63 (28.52)			
9	Crosnicker, Mark	34 UC10	55.00	54.82	
	25.87	54.82 (28.95)			
10	Oloughlin, Jonathan	34 UMAC-TERRAPIN MA	55.27	55.86	
	26.70	55.86 (29.16)			
11	Marquet, Louis	31 ARLINGTON MASTER	59.66	1:02.76	
	29.60	1:02.76 (33.16)			

Men 30-34 200 Yard Freestyle

=====					
ZONE: Z 1:43.00		4/21/2013 Michael Bazylewicz, Fairfax County M			
NATL: ! 1:34.00		12/19/2014 DARIAN TOWNSEND			
Name	Age	Club	Seed	Finals	Points
=====					
1	Wolfred, Drew	30 LANE 4 SWIMMING	1:55.00	1:53.99	9
	25.90	54.22 (28.32)	1:23.85 (29.63)	1:53.99 (30.14)	
2	Miller, Michael	32 FINS AQUATICS CL	1:57.44	1:58.84	7
	27.41	57.54 (30.13)	1:28.44 (30.90)	1:58.84 (30.40)	
3	Weinbaum, David	32 UC09	2:10.74	2:01.22	6
	26.17	55.47 (29.30)	1:27.10 (31.63)	2:01.22 (34.12)	
4	Crosnicker, Mark	34 UC10	1:59.00	2:06.38	5
	28.02	59.59 (31.57)	1:32.64 (33.05)	2:06.38 (33.74)	

Men 30-34 500 Yard Freestyle

=====					
ZONE: Z 4:44.06		4/20/2013 Michael Bazylewicz, Fairfax County M			
NATL: ! 4:29.49		2/25/1996 MATTHEW CETLINSKI			
Name	Age	Club	Seed	Finals	Points
=====					
1	Schmitt, Sam	32 ARLINGTON MASTER	5:27.45	5:23.49	9
	29.33	1:01.00 (31.67)	1:34.10 (33.10)	2:07.09 (32.99)	
	2:39.82 (32.73)	3:12.35 (32.53)	3:45.06 (32.71)	4:18.13 (33.07)	
	4:51.23 (33.10)	5:23.49 (32.26)			
2	Oloughlin, Jonathan	34 UMAC-TERRAPIN MA	5:34.97	5:34.08	7
	30.00	1:03.16 (33.16)	1:37.15 (33.99)	2:11.46 (34.31)	
	2:45.51 (34.05)	3:19.49 (33.98)	3:53.47 (33.98)	4:27.76 (34.29)	
	5:01.69 (33.93)	5:34.08 (32.39)			
3	Weinbaum, David	32 UC09	6:10.00	5:43.95	6

	29.73	1:01.90 (32.17)	1:35.00 (33.10)	2:08.96 (33.96)
	2:43.51 (34.55)	3:18.57 (35.06)	3:54.42 (35.85)	4:31.10 (36.68)
	5:08.11 (37.01)	5:43.95 (35.84)		
4 Crosnicker, Mark		34 UC10	5:45.00	6:08.68 5
	30.61	1:05.52 (34.91)	1:40.73 (35.21)	2:17.07 (36.34)
	2:54.47 (37.40)	3:32.72 (38.25)	4:11.68 (38.96)	4:51.66 (39.98)
	5:30.78 (39.12)	6:08.68 (37.90)		

Men 30-34 1000 Yard Freestyle

=====

ZONE: Z 10:12.02 4/13/2012 Stephen Michaels, Binghamton Univ
 NATL: ! 9:26.93 3/23/2003 JOSHUA WOODRUFF

Name	Age Club	Seed	Finals	Points
1 Tikhonoff, Jonathan	31 UC10	10:56.00	11:03.96	9
	27.61	58.90 (31.29)	1:31.63 (32.73)	2:04.70 (33.07)
	2:38.05 (33.35)	3:11.37 (33.32)	3:45.03 (33.66)	4:18.86 (33.83)
	4:52.67 (33.81)	5:26.68 (34.01)	6:00.45 (33.77)	6:34.28 (33.83)
	7:08.23 (33.95)	7:42.25 (34.02)	8:16.13 (33.88)	8:50.09 (33.96)
	9:24.51 (34.42)	9:58.38 (33.87)	10:31.97 (33.59)	11:03.96 (31.99)

Men 30-34 1650 Yard Freestyle

=====

ZONE: Z 16:46.56 4/16/1989 James Kegley
 NATL: ! 15:51.57 5/12/1996 JEFF ERWIN

Name	Age Club	Seed	Finals	Points
1 Crosnicker, Mark	34 UC10	22:30.00	21:20.79	9
	30.91	1:05.32 (34.41)	1:41.69 (36.37)	2:18.84 (37.15)
	2:56.68 (37.84)	3:35.08 (38.40)	4:13.60 (38.52)	4:52.74 (39.14)
	5:31.29 (38.55)	6:10.57 (39.28)	6:49.94 (39.37)	7:28.97 (39.03)
	8:08.62 (39.65)	8:48.65 (40.03)	9:28.09 (39.44)	10:07.98 (39.89)
	10:47.93 (39.95)	11:27.69 (39.76)	12:07.53 (39.84)	12:46.92 (39.39)
	13:26.13 (39.21)	14:05.62 (39.49)	14:44.98 (39.36)	15:24.42 (39.44)
	16:04.67 (40.25)	16:44.67 (40.00)	17:24.52 (39.85)	18:04.36 (39.84)
	18:44.20 (39.84)	19:24.16 (39.96)	20:03.67 (39.51)	20:43.22 (39.55)
	21:20.79 (37.57)			

Men 30-34 50 Yard Backstroke

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ZONE: Z 24.35 4/23/2006 Troy Johnson, VMST
 NATL: ! 21.51 4/26/2015 MATT GREVERS

Name	Age Club	Seed	Finals	Points
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1	Bulakul, Sirin	30	CLUB TRIBE	26.50	25.77	9
2	McCafferty, Jacob	33	ALEXANDRIA MASTE	26.00	25.92	7
3	Donohue, Matthew	32	MONOCACY AQUATIC	27.50	27.66	6
4	Miller, Michael	32	FINS AQUATICS CL	27.69	28.28	5
5	Tikhonoff, Jonathan	31	UC10	28.12	28.64	4
6	Taylor, Tim	31	ALEXANDRIA MASTE	28.21	29.64	3
7	Weinbaum, David	32	UC09	29.50	29.87	2
8	Crosnicker, Mark	34	UC10	28.00	30.36	1
9	Folgar, Javier	32	SPORT & HEALTH T	36.00	35.89	

Men 30-34 100 Yard Backstroke

ZONE: Z 51.93 4/20/2013 Michael Bazylewicz, Fairfax County M						
NATL: ! 46.34 12/21/2013 ADAM MANIA						
Name	Age	Club	Seed	Finals	Points	
1	Elsaesser, Evan	33	CLUB TRIBE	56.60	56.19	9
	26.79		56.19 (29.40)			
2	Tikhonoff, Jonathan	31	UC10	59.57	59.43	7
	29.17		59.43 (30.26)			
3	Wolfred, Drew	30	LANE 4 SWIMMING	1:05.00	59.77	6
	29.34		59.77 (30.43)			
4	Miller, Michael	32	FINS AQUATICS CL	1:00.31	1:00.95	5
	28.70		1:00.95 (32.25)			

Men 30-34 100 Yard Backstroke Time Trial

ZONE: Z 54.60 4/14/1991 Rick Reynolds						
NATL: ! 46.34 12/21/2013 ADAM MANIA						
Name	Age	Club	Seed	Finals	Points	
- Time Trial						
2	Bulakul, Sirin	30	CLUB TRIBE	NT	57.46	

Men 30-34 200 Yard Backstroke

ZONE: Z 1:51.42 4/21/2013 Michael Bazylewicz, Fairfax County M						
NATL: ! 1:43.73 12/21/2014 ADAM MANIA						
Name	Age	Club	Seed	Finals	Points	
1	Miller, Michael	32	FINS AQUATICS CL	2:17.46	2:14.91	9
	31.17		1:05.19 (34.02)	1:40.64 (35.45)	2:14.91 (34.27)	

Men 30-34 50 Yard Breaststroke

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ZONE: Z 26.54 4/17/2011 Joe Nagy, Red Tide
NATL: ! 24.35 4/24/2015 MATT GREVERS
Name Age Club Seed Finals Points
=====
1 Tikhonoff, Jonathan 31 UC10 30.31 30.21 9
2 Taylor, Tim 31 ALEXANDRIA MASTE 31.89 32.31 7
3 Keyes, Brett 34 UC10 29.87 33.86 6
4 Folgar, Javier 32 SPORT & HEALTH T 38.00 36.16 5
5 Thomasian, Aram 32 RESTON MASTERS S 45.00 36.94 4
6 Marquet, Louis 31 ARLINGTON MASTER 43.00 37.06 3
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Men 30-34 100 Yard Breaststroke

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ZONE: Z 57.93 4/17/2011 Joe Nagy, REDT
NATL: ! 53.44 4/29/2011 ED MOSES
Name Age Club Seed Finals Points
=====
1 Tikhonoff, Jonathan 31 UC10 1:05.67 1:04.77 9
   30.64 1:04.77 (34.13)
2 Laiti, Patrick 32 UC12 1:05.20 1:06.40 7
   30.58 1:06.40 (35.82)
3 Summers, Dan 31 ARLINGTON MASTER 1:08.66 1:09.56 6
   32.80 1:09.56 (36.76)
4 Folgar, Javier 32 SPORT & HEALTH T 1:25.00 1:22.69 5
   38.91 1:22.69 (43.78)
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Men 30-34 200 Yard Breaststroke

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=====
ZONE: Z 2:07.04 4/17/2011 Scott Werner, Red Tide
NATL: ! 1:56.02 5/1/2011 ED MOSES
Name Age Club Seed Finals Points
=====
1 Folgar, Javier 32 SPORT & HEALTH T 3:05.00 3:03.14 9
   40.60 1:27.04 (46.44) 2:14.80 (47.76) 3:03.14 (48.34)
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Men 30-34 50 Yard Butterfly

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ZONE: Z 22.73 4/14/2012 Terrence Fenningham, UNAT
NATL: ! 21.11 4/26/2015 MATT GREVERS
Name Age Club Seed Finals Points
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1	Bulakul, Sirin	30	CLUB TRIBE	24.00	23.64	9
2	Elsaesser, Evan	33	CLUB TRIBE	23.71	23.67	7
3	Gallagher, Kevin	30	CLUB TRIBE	22.99	23.72	6
4	McCafferty, Jacob	33	ALEXANDRIA MASTE	25.00	24.44	5
5	Tikhonoff, Jonathan	31	UC10	25.55	25.36	4
6	Wolfred, Drew	30	LANE 4 SWIMMING	25.50	25.87	3
7	Weinbaum, David	32	UC09	29.00	27.26	2
8	Taylor, Tim	31	ALEXANDRIA MASTE	26.47	27.79	1
9	Keyes, Brett	34	UC10	27.69	29.86	
10	Folgar, Javier	32	SPORT & HEALTH T	36.00	38.37	

Men 30-34 100 Yard Butterfly

ZONE: Z 51.08 4/13/2003 Curtis Sawin						
NATL: ! 47.28 12/20/2013 ADAM MANIA						
Name	Age	Club	Seed	Finals	Points	
1	Elsaesser, Evan	33	CLUB TRIBE	53.04	52.53	9
	24.61		52.53 (27.92)			
2	Tikhonoff, Jonathan	31	UC10	54.94	55.71	7
	26.42		55.71 (29.29)			
3	Donohue, Matthew	32	MONOCACY AQUATIC	58.00	56.52	6
	26.74		56.52 (29.78)			
4	Wolfred, Drew	30	LANE 4 SWIMMING	59.00	58.62	5
	27.66		58.62 (30.96)			

Men 30-34 200 Yard Butterfly

ZONE: Z 1:56.82 4/11/2015 Gregory Danner, Fairport Area Sw						
NATL: ! 1:45.01 4/12/2015 DARIAN TOWNSEND						
Name	Age	Club	Seed	Finals	Points	
1	Schmitt, Sam	32	ARLINGTON MASTER	2:13.00	2:10.77	9
	28.80		1:01.40 (32.60) 1:35.74 (34.34)		2:10.77 (35.03)	

Men 30-34 100 Yard IM

ZONE: Z 53.61 4/15/2012 Terrence Fenningham, UNAT						
NATL: ! 47.71 4/29/2017 RYAN LOCHTE						
Name	Age	Club	Seed	Finals	Points	
1	Gallagher, Kevin	30	CLUB TRIBE	55.90	52.94Z	9

	24.24	52.94 (28.70)			
2 McCafferty, Jacob		33 ALEXANDRIA MASTE	56.00	56.12	7
	25.54	56.12 (30.58)			
3 Bulakul, Sirin		30 CLUB TRIBE	56.50	56.40	6
	25.69	56.40 (30.71)			
4 Tikhonoff, Jonathan		31 UC10	58.65	58.71	5
	27.36	58.71 (31.35)			
5 Donohue, Matthew		32 MONOCACY AQUATIC	1:03.00	59.95	4
	26.31	59.95 (33.64)			
6 Kirby, Devin		30 MERRITT MARLINS	1:00.00	59.98	3
	26.54	59.98 (33.44)			
7 Summers, Dan		31 ARLINGTON MASTER	1:02.72	1:03.25	2
	30.23	1:03.25 (33.02)			
8 Oloughlin, Jonathan		34 UMAC-TERRAPIN MA	1:05.96	1:05.97	1
	31.05	1:05.97 (34.92)			
9 Folgar, Javier		32 SPORT & HEALTH T	1:17.00	1:14.59	
	36.83	1:14.59 (37.76)			

Men 35-39 50 Yard Freestyle

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ZONE: Z 21.05 4/23/2006 Michael Ross, NEM
 NATL: ! 20.14 5/4/2008 JOSH DAVIS

Name	Age	Club	Seed	Finals	Points
1 Krajewski, Thomas	39	PATRIOT MASTERS	22.83	23.46	9
2 Lesnewsky, Erik	35	CLUB TRIBE	24.13	23.99	7
3 Hegna, Ryan	37	CENTRAL BUCKS FA	23.84	24.16	6
4 Dryburgh, Andrew	37	SPRING VALLEY YM	24.50	24.29	5
5 Strahota, Jeffrey	37	UMAC-TERRAPIN MA	25.52	24.52	4
6 Gass, Kraig	38	CLUB TRIBE	25.15	25.16	3
7 Gwilliam, Glenn	39	RESTON MASTERS S	26.91	26.27	2
8 Hanford, Jeremy	36	RESTON MASTERS S	27.00	26.38	1

Men 35-39 100 Yard Freestyle

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ZONE: Z 45.54 4/23/2006 Michael Ross, NEM
 NATL: ! 44.24 4/20/2009 VLAD PYSHNENKO

Name	Age	Club	Seed	Finals	Points
1 Bellamy, Robert	36	MARYLAND MASTERS	48.00	48.41	9
	22.71	48.41 (25.70)			
2 Helfers, Edward	35	UC09	50.50	50.53	7
	24.70	50.53 (25.83)			

3 Barrett, Patrick	37 DISTRICT OF COLU	56.10	52.55	6
24.66	52.55 (27.89)			
4 Hegna, Ryan	37 CENTRAL BUCKS FA	53.00	53.00	5
25.01	53.00 (27.99)			
5 Lesnewsky, Erik	35 CLUB TRIBE	54.13	53.24	4
26.02	53.24 (27.22)			
6 Hanford, Jeremy	36 RESTON MASTERS S	1:03.00	59.31	3
28.28	59.31 (31.03)			
7 Gwilliam, Glenn	39 RESTON MASTERS S	1:01.37	1:00.11	2
29.35	1:00.11 (30.76)			

Men 35-39 200 Yard Freestyle

=====				
ZONE: Z 1:39.90		4/24/2005 Michael Ross, NEM		
NATL: ! 1:36.56		5/4/2008 JOSH DAVIS		
Name	Age Club	Seed	Finals	Points
=====				
1 Bellamy, Robert	36 MARYLAND MASTERS	1:46.00	1:46.41	9
25.10	52.07 (26.97)	1:18.88 (26.81)	1:46.41 (27.53)	
2 Hegna, Ryan	37 CENTRAL BUCKS FA	1:55.55	1:58.07	7
26.52	56.04 (29.52)	1:26.94 (30.90)	1:58.07 (31.13)	
3 Dryburgh, Andrew	37 SPRING VALLEY YM	2:00.00	2:11.76	6
30.25	1:04.16 (33.91)	1:38.45 (34.29)	2:11.76 (33.31)	
4 DeZago, Christopher	35 MERRITT MARLINS	NT	2:12.31	5
29.70	1:03.03 (33.33)	1:38.09 (35.06)	2:12.31 (34.22)	

Men 35-39 500 Yard Freestyle

=====				
ZONE: Z 4:43.62		4/25/2009 Mark Matheson, NIAG		
NATL: ! 4:33.97		5/17/2002 RONALD KARNAUGH		
Name	Age Club	Seed	Finals	Points
=====				
1 Denrich, David	38 TEAM NEW YORK AQ	5:13.49	5:23.29	9
28.50	59.72 (31.22)	1:31.52 (31.80)	2:03.83 (32.31)	
2:36.64 (32.81)	3:09.93 (33.29)	3:43.12 (33.19)	4:16.56 (33.44)	
4:50.46 (33.90)	5:23.29 (32.83)			
2 Hegna, Ryan	37 CENTRAL BUCKS FA	5:26.00	5:30.87	7
27.94	59.01 (31.07)	1:31.86 (32.85)	2:05.19 (33.33)	
2:39.01 (33.82)	3:13.16 (34.15)	3:47.50 (34.34)	4:22.28 (34.78)	
4:56.92 (34.64)	5:30.87 (33.95)			
3 Dryburgh, Andrew	37 SPRING VALLEY YM	5:45.00	5:37.00	6
29.96	1:03.59 (33.63)	1:37.84 (34.25)	2:12.32 (34.48)	
2:47.17 (34.85)	3:22.57 (35.40)	3:56.89 (34.32)	4:31.25 (34.36)	

5:04.87 (33.62)	5:37.00 (32.13)			
4 Boris, Joseph	38 SPRING VALLEY YM	5:32.79	5:45.59	5
30.86	1:05.72 (34.86)	1:41.25 (35.53)	2:16.31 (35.06)	
2:51.79 (35.48)	3:27.30 (35.51)	4:02.98 (35.68)	4:38.11 (35.13)	
5:12.59 (34.48)	5:45.59 (33.00)			
5 Gwilliam, Glenn	39 RESTON MASTERS S	6:43.16	6:28.24	4
33.91	1:10.98 (37.07)	1:49.66 (38.68)	2:29.56 (39.90)	
3:11.62 (42.06)	3:51.49 (39.87)	4:30.82 (39.33)	5:10.82 (40.00)	
5:51.27 (40.45)	6:28.24 (36.97)			

Men 35-39 1000 Yard Freestyle

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ZONE: Z 9:50.85 4/13/2012 Frederik Hviid, Germantown Maryl
 NATL: ! 9:27.97 5/20/2010 ERIC CHRISTENSEN

Name	Age Club	Seed	Finals	Points
1 Denrich, David	38 TEAM NEW YORK AQ	11:15.25	10:56.43	9
28.87	1:00.73 (31.86)	1:33.25 (32.52)	2:05.88 (32.63)	
2:38.26 (32.38)	3:11.13 (32.87)	3:44.00 (32.87)	4:16.91 (32.91)	
4:50.01 (33.10)	5:23.30 (33.29)	5:56.67 (33.37)	6:29.92 (33.25)	
7:02.93 (33.01)	7:36.27 (33.34)	8:09.77 (33.50)	8:43.09 (33.32)	
9:16.31 (33.22)	9:49.77 (33.46)	10:23.04 (33.27)	10:56.43 (33.39)	
2 Boris, Joseph	38 SPRING VALLEY YM	11:24.18	11:59.19	7
30.91	1:04.56 (33.65)	1:39.54 (34.98)	2:15.18 (35.64)	
2:50.82 (35.64)	3:26.97 (36.15)	4:03.04 (36.07)	4:39.15 (36.11)	
5:15.77 (36.62)	5:52.61 (36.84)	6:29.50 (36.89)	7:06.20 (36.70)	
7:43.12 (36.92)	8:19.86 (36.74)	8:56.60 (36.74)	9:33.91 (37.31)	
10:10.82 (36.91)	10:47.65 (36.83)	11:24.04 (36.39)	11:59.19 (35.15)	
3 Dryburgh, Andrew	37 SPRING VALLEY YM	12:00.00	12:02.58	6
33.71	1:09.75 (36.04)	1:45.49 (35.74)	2:21.66 (36.17)	
2:57.78 (36.12)	3:34.13 (36.35)	4:10.72 (36.59)	4:47.10 (36.38)	
5:23.94 (36.84)	6:00.83 (36.89)	6:37.93 (37.10)	7:14.70 (36.77)	
7:51.49 (36.79)	8:28.30 (36.81)	9:04.97 (36.67)	9:40.87 (35.90)	
10:16.11 (35.24)	10:52.33 (36.22)	11:28.22 (35.89)	12:02.58 (34.36)	

Men 35-39 1650 Yard Freestyle

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ZONE: Z 16:25.58 4/19/2013 Frederik Hviid, Germantown Maryl
 NATL: ! 15:53.88 5/18/2003 JEFF ERWIN

Name	Age Club	Seed	Finals	Points
1 Takeguchi, Kevin	39 LANE 4 SWIMMING	34:44.14	35:48.08	9
53.43	1:51.05 (57.62)	2:49.45 (58.40)	4:00.28 (1:10.83)	

5:06.71 (1:06.43) 6:10.80 (1:04.09) 7:14.60 (1:03.80) 8:21.22 (1:06.62)
 9:29.89 (1:08.67) 10:42.22 (1:12.33) 11:49.16 (1:06.94) 12:55.26 (1:06.10)
 14:08.16 (1:12.90) 16:25.74 () 17:29.25 (1:03.51)
 18:31.47 (1:02.22) 19:37.49 (1:06.02) 20:39.43 (1:01.94) 21:44.66 (1:05.23)
 22:47.81 (1:03.15) 23:54.36 (1:06.55) 24:58.65 (1:04.29) 26:02.04 (1:03.39)
 27:06.82 (1:04.78) 28:24.69 (1:17.87) 29:28.98 (1:04.29) 30:35.75 (1:06.77)
 31:38.42 (1:02.67) 32:41.32 (1:02.90) 33:42.04 (1:00.72) 34:45.92 (1:03.88)
 35:48.08 (1:02.16)

Men 35-39 50 Yard Backstroke

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=====
ZONE: Z 23.06 4/23/2006 Michael Ross, NEM
NATL: ! 22.62 4/29/2017 JEFF NATALIZIO
Name Age Club Seed Finals Points
=====
1 Krajewski, Thomas 39 PATRIOT MASTERS 26.62 26.84 9
2 Lesnewsky, Erik 35 CLUB TRIBE 27.97 28.75 7
3 Hegna, Ryan 37 CENTRAL BUCKS FA 29.55 29.23 6
4 Strahota, Jeffrey 37 UMAC-TERRAPIN MA 29.92 29.31 5
5 Gass, Kraig 38 CLUB TRIBE 29.78 29.46 4
  
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Men 35-39 100 Yard Backstroke

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=====
ZONE: Z 49.62 4/24/2005 Michael Ross, NEM
NATL: ! 47.86 4/30/2017 JEFF NATALIZIO
Name Age Club Seed Finals Points
=====
1 Barrett, Patrick 37 DISTRICT OF COLU 1:02.10 1:00.36 9
    29.34 1:00.36 (31.02)
2 Gass, Kraig 38 CLUB TRIBE 1:06.90 1:03.45 7
    31.08 1:03.45 (32.37)
3 Hegna, Ryan 37 CENTRAL BUCKS FA 1:15.00 1:06.33 6
    32.44 1:06.33 (33.89)
  
```

Men 35-39 200 Yard Backstroke

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=====
ZONE: Z 1:52.89 4/24/2005 Michael Ross, NEM
NATL: ! 1:47.72 5/4/2008 JOSH DAVIS
Name Age Club Seed Finals Points
=====
1 Boris, Joseph 38 SPRING VALLEY YM 2:26.19 2:29.74 9
    35.51 1:13.08 (37.57) 1:51.72 (38.64) 2:29.74 (38.02)
  
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Men 35-39 50 Yard Breaststroke

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=====
      ZONE: Z 26.29   4/22/2001 Wally Dicks
      NATL: ! 25.35   5/21/2010 STEVE WEST
Name           Age Club           Seed     Finals Points
=====
  1 Hegna, Ryan      37 CENTRAL BUCKS FA    35.00     31.21     9
  2 Dryburgh, Andrew 37 SPRING VALLEY YM    32.00     31.36     7
  3 Hanford, Jeremy  36 RESTON MASTERS S    34.91     32.45     6
=====

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Men 35-39 100 Yard Breaststroke

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=====
      ZONE: Z 55.84   4/22/2001 Wally Dicks
      NATL: ! 54.98   3/28/2015 JAMES SHEEHAN
Name           Age Club           Seed     Finals Points
=====
  1 Williams, Stuart  37 PATRIOT MASTERS    1:06.00    1:05.22     9
    30.48      1:05.22 (34.74)
  2 Hegna, Ryan      37 CENTRAL BUCKS FA    1:10.55    1:10.11     7
    33.01      1:10.11 (37.10)
  3 Hanford, Jeremy  36 RESTON MASTERS S    1:12.27    1:10.42     6
    33.51      1:10.42 (36.91)
  4 DeZago, Christopher 35 MERRITT MARLINS    1:30.00    1:21.74     5
    38.75      1:21.74 (42.99)
=====

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Men 35-39 200 Yard Breaststroke

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=====
      ZONE: Z 2:06.40  4/22/2001 Wally Dicks
      NATL: ! 1:59.23 12/16/2001 RON KARNAUGH
Name           Age Club           Seed     Finals Points
=====
  1 Helpers, Edward   35 UC09            2:25.11    2:17.61     9
    31.46      1:06.40 (34.94)    1:41.67 (35.27)    2:17.61 (35.94)
  2 Hanford, Jeremy   36 RESTON MASTERS S  2:43.82    2:38.39     7
    33.90      1:13.48 (39.58)    1:55.77 (42.29)    2:38.39 (42.62)
  3 Boris, Joseph     38 SPRING VALLEY YM  2:38.02    2:40.90     6
    36.99      1:17.74 (40.75)    1:59.87 (42.13)    2:40.90 (41.03)
=====

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Men 35-39 50 Yard Butterfly

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=====
      ZONE: Z 22.86   4/23/2006 Michael Ross, NEM
      NATL: ! 22.05   1/20/2018 MATTHEW MARSHALL
Name           Age Club           Seed     Finals Points
=====

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1	Helfers, Edward	35	UC09	25.00	24.91	9
2	Hegna, Ryan	37	CENTRAL BUCKS FA	25.60	25.86	7
3	Lesnewsky, Erik	35	CLUB TRIBE	25.94	26.30	6
4	Gass, Kraig	38	CLUB TRIBE	26.98	26.82	5
5	Dryburgh, Andrew	37	SPRING VALLEY YM	26.42	27.56	4
6	Gwilliam, Glenn	39	RESTON MASTERS S	30.86	31.13	3

Men 35-39 100 Yard Butterfly

ZONE: Z 50.06 4/23/2006 Michael Ross, NEM

NATL: ! 49.02 4/29/2017 MARIO MARSHALL

Name	Age	Club	Seed	Finals	Points
1 Williams, Stuart	37	PATRIOT MASTERS	57.00	56.56	9
	26.19	56.56 (30.37)			
2 Strahota, Jeffrey	37	UMAC-TERRAPIN MA	59.95	59.35	7
	27.20	59.35 (32.15)			
3 Dryburgh, Andrew	37	SPRING VALLEY YM	59.50	1:00.38	6
	28.44	1:00.38 (31.94)			
4 Gass, Kraig	38	CLUB TRIBE	1:01.10	1:00.40	5
	28.49	1:00.40 (31.91)			

Men 35-39 200 Yard Butterfly

ZONE: Z 1:52.21 5/9/1993 Bill Specht

NATL: ! 1:50.74 5/16/1999 BOBBY PATTEN

Name	Age	Club	Seed	Finals	Points
1 Denrich, David	38	TEAM NEW YORK AQ	2:18.85	2:16.78	9
	29.71	1:02.75 (33.04) 1:38.56 (35.81)		2:16.78 (38.22)	
2 Dryburgh, Andrew	37	SPRING VALLEY YM	2:20.00	2:18.97	7
	31.32	1:06.19 (34.87) 1:41.75 (35.56)		2:18.97 (37.22)	
3 Gass, Kraig	38	CLUB TRIBE	2:21.30	2:26.85	6
	29.64	1:04.37 (34.73) 1:42.05 (37.68)		2:26.85 (44.80)	

Men 35-39 100 Yard IM

ZONE: Z 53.98 4/13/2008 Jeffrey Roddin, ANCM

NATL: ! 49.01 4/29/2017 JEFF NATALIZIO

Name	Age	Club	Seed	Finals	Points
1 Hegna, Ryan	37	CENTRAL BUCKS FA	1:05.55	1:00.58	9

	28.10	1:00.58 (32.48)			
2	Lesnewsky, Erik	35 CLUB TRIBE	59.57	1:00.97	7
3	Strahota, Jeffrey	37 UMAC-TERRAPIN MA	1:01.01	1:01.31	6
	27.81	1:01.31 (33.50)			
4	Gass, Kraig	38 CLUB TRIBE	1:09.36	1:05.13	5
	27.87	1:05.13 (37.26)			
5	Boris, Joseph	38 SPRING VALLEY YM	1:06.41	1:06.56	4
	32.09	1:06.56 (34.47)			
6	Hanford, Jeremy	36 RESTON MASTERS S	1:11.67	1:07.77	3
	32.36	1:07.77 (35.41)			
7	Gwilliam, Glenn	39 RESTON MASTERS S	1:11.44	1:08.18	2
	31.73	1:08.18 (36.45)			
8	DeZago, Christopher	35 MERRITT MARLINS	1:25.00	1:11.77	1
	32.90	1:11.77 (38.87)			

Men 35-39 200 Yard IM

=====

ZONE: Z 1:58.94 4/15/2007 Jeffrey Roddin, ANCM
 NATL: ! 1:48.74 12/22/2002 RONALD KARNAUGH

Name	Age	Club	Seed	Finals	Points
1	Helfers, Edward	35 UC09	2:04.20	2:01.87	9
	25.97	57.97 (32.00)	1:33.52 (35.55)	2:01.87 (28.35)	
2	Boris, Joseph	38 SPRING VALLEY YM	2:18.97	2:22.91	7
	31.65	1:09.37 (37.72)	1:50.12 (40.75)	2:22.91 (32.79)	

Men 35-39 400 Yard IM

=====

ZONE: Z 4:25.68 4/22/2001 Danilo Vicioso
 NATL: ! 3:56.76 12/16/2001 RON KARNAUGH

Name	Age	Club	Seed	Finals	Points
1	Williams, Stuart	37 PATRIOT MASTERS	4:45.00	4:46.23	9
	28.12	1:01.42 (33.30)	1:40.15 (38.73)	2:18.91 (38.76)	
	2:59.42 (40.51)	3:40.80 (41.38)	4:14.40 (33.60)	4:46.23 (31.83)	
2	Boris, Joseph	38 SPRING VALLEY YM	5:02.70	5:07.78	7
	33.54	1:12.66 (39.12)	1:53.42 (40.76)	2:33.72 (40.30)	
	3:16.13 (42.41)	3:58.77 (42.64)	4:34.04 (35.27)	5:07.78 (33.74)	

Men 40-44 50 Yard Freestyle Time Trial

=====

ZONE: Z 21.78 4/21/2002 Michael Fell
 NATL: ! 20.67 12/20/2014 JOSH DAVIS

Name	Age Club	Seed	Finals
=====			
- Time Trial			
3 Zenyuh, James	41 RIPTIDE MASTERS	NT	21.77Z
7 Williams, Rich	42 CLUB TRIBE	NT	23.45

Men 40-44 50 Yard Freestyle

Name	Age Club	Seed	Finals	Points
=====				
ZONE: Z 20.84 4/26/2009 Michael Ross, MESC				
NATL: ! 20.67 12/20/2014 JOSH DAVIS				
1 Lovett, Michael	40 CLUB TRIBE	23.06	23.20	9
2 Bower, Matthew	43 LANE 4 SWIMMING	24.90	23.52	7
3 Maholchic, Adrian	41 CLUB TRIBE	24.36	24.21	6
4 Baldwin, Craig	43 RESTON MASTERS S	24.19	24.51	5
5 Houchins, Bradford	40 SPRING VALLEY YM	25.00	25.01	4
6 Mucker, Vincent	40 PATRIOT MASTERS	25.00	25.41	3
7 Kidd, Michael	44 ALEXANDRIA MASTE	28.90	26.31	2
8 Vannier, David	41 UC10	35.00	28.78	1
9 Chun, Yang	44 ARLINGTON MASTER	31.13	31.53	
10 Casstevens, Wade	44 SPORT & HEALTH T	33.81	33.00	

Men 40-44 100 Yard Freestyle Time Trial

Name	Age Club	Seed	Finals
=====			
ZONE: Z 47.63 4/21/2002 Michael Fell			
NATL: ! 45.15 5/3/2014 JOSH DAVIS			
- Time Trial			
8 Rockwell, John	43 CLUB TRIBE	NT	55.51

Men 40-44 100 Yard Freestyle

Name	Age Club	Seed	Finals	Points
=====				
ZONE: Z 45.61 4/25/2009 Michael Ross, MESC				
NATL: ! 45.15 5/3/2014 JOSH DAVIS				
1 Zenyuh, James	41 RIPTIDE MASTERS	48.35	48.48	9
	22.73 48.48 (25.75)			
2 Bower, Matthew	43 LANE 4 SWIMMING	54.31	52.48	7
	25.28 52.48 (27.20)			
3 Baldwin, Craig	43 RESTON MASTERS S	52.95	52.93	6

4	Grasha, Eric	25.33	52.93 (27.60)	42 DISTRICT OF COLU	53.45	53.42	5
5	Jent, Daniel	25.65	53.42 (27.77)	40 ALEXANDRIA MASTE	53.19	53.76	4
6	Houchins, Bradford	25.48	53.76 (28.28)	40 SPRING VALLEY YM	58.00	57.22	3
7	Mucker, Vincent	27.32	57.22 (29.90)	40 PATRIOT MASTERS	58.50	59.20	2
8	Martin, Morgan	27.73	59.20 (31.47)	42 LANE 4 SWIMMING	1:03.00	1:02.12	1
9	Casstevens, Wade	28.32	1:02.12 (33.80)	44 SPORT & HEALTH T	1:18.31	1:16.08	
		36.40	1:16.08 (39.68)				

Men 40-44 200 Yard Freestyle

=====							
ZONE: Z		1:47.76	4/26/2009 William Segal, JAM				
NATL: !		1:38.23	4/24/2015 JOSH DAVIS				
Name	Age	Club	Seed	Finals	Points		
=====							
1	Jent, Daniel	40 ALEXANDRIA MASTE	1:56.06	2:00.61	9		
	27.51	57.95 (30.44)	1:28.65 (30.70)	2:00.61	(31.96)		
2	Woodworth, Scott	41 LANE 4 SWIMMING	1:56.82	2:01.54	7		
	28.16	58.36 (30.20)	1:29.66 (31.30)	2:01.54	(31.88)		
3	Romack, Dave	40 UMAC-TERRAPIN MA	1:57.67	2:01.61	6		
	27.23	57.33 (30.10)	1:29.29 (31.96)	2:01.61	(32.32)		
4	Dragon, Tony	41 UC10	2:08.77	2:08.60	5		
	29.42	1:01.45 (32.03)	1:35.04 (33.59)	2:08.60	(33.56)		
5	Hanneschlager, Michael	43 UC10	2:37.40	2:17.63	4		
	29.55	1:03.49 (33.94)	1:40.76 (37.27)	2:17.63	(36.87)		
6	Chun, Yang	44 ARLINGTON MASTER	2:40.43	2:33.89	3		
	34.14	1:11.96 (37.82)	1:53.53 (41.57)	2:33.89	(40.36)		
7	Zenyuh, James	41 RIPTIDE MASTERS	3:00.00	2:36.44	2		
	21.77	1:12.89 (51.12)	1:55.56 (42.67)	2:36.44	(40.88)		

Men 40-44 500 Yard Freestyle

=====							
ZONE: Z		4:46.18	4/12/2008 Chris Stevenson, VMST				
NATL: !		4:33.36	4/25/2015 JOSH DAVIS				
Name	Age	Club	Seed	Finals	Points		
=====							
1	Jent, Daniel	40 ALEXANDRIA MASTE	5:33.60	5:42.07	9		
	29.31	1:01.94 (32.63)	1:36.66 (34.72)	2:11.68	(35.02)		

	2:46.94 (35.26)	3:22.17 (35.23)	3:57.70 (35.53)	4:33.06 (35.36)
	5:08.32 (35.26)	5:42.07 (33.75)		
2 Dean, Nathan		43 LANE 4 SWIMMING	5:42.94	5:49.48 7
	29.52	1:02.08 (32.56)	1:35.64 (33.56)	2:10.09 (34.45)
	2:45.06 (34.97)	3:20.70 (35.64)	3:57.17 (36.47)	4:34.48 (37.31)
	5:12.11 (37.63)	5:49.48 (37.37)		
3 Dragon, Tony		41 UC10	5:58.31	6:04.08 6
	34.59	1:09.71 (35.12)	1:45.74 (36.03)	2:22.03 (36.29)
	2:58.28 (36.25)	3:34.99 (36.71)	4:12.34 (37.35)	4:50.02 (37.68)
	5:27.64 (37.62)	6:04.08 (36.44)		
4 Hanneschlager, Michael		43 UC10	6:18.60	6:22.13 5
	32.91	1:08.35 (35.44)	1:46.17 (37.82)	2:24.05 (37.88)
	3:01.96 (37.91)	3:40.15 (38.19)	4:19.93 (39.78)	5:00.37 (40.44)
	5:40.98 (40.61)	6:22.13 (41.15)		
5 Martin, Morgan		42 LANE 4 SWIMMING	6:35.00	6:26.64 4
	31.43	1:06.57 (35.14)	1:44.74 (38.17)	2:24.67 (39.93)
	3:04.88 (40.21)	3:45.32 (40.44)	4:26.16 (40.84)	5:05.43 (39.27)
	5:45.99 (40.56)	6:26.64 (40.65)		
6 Ahlgren, Kyle		42 CLUB TRIBE	8:00.00	7:31.48 3
	44.15	1:30.49 (46.34)	2:15.27 (44.78)	3:01.19 (45.92)
	3:46.63 (45.44)	4:31.94 (45.31)	5:17.36 (45.42)	6:02.95 (45.59)
	6:47.64 (44.69)	7:31.48 (43.84)		

Men 40-44 1000 Yard Freestyle

=====

ZONE: Z 10:19.02 4/24/2009 Rob Jones, UNAT

NATL: ! 9:32.66 5/7/2010 ALEX KOSTICH

Name	Age Club	Seed	Finals	Points
1 Bower, Matthew	43 LANE 4 SWIMMING	11:20.00	11:01.45	9
	27.73	58.11 (30.38)	1:29.37 (31.26)	2:01.35 (31.98)
	2:33.52 (32.17)	3:06.04 (32.52)	3:38.93 (32.89)	4:11.93 (33.00)
	4:44.96 (33.03)	5:18.52 (33.56)	5:51.94 (33.42)	6:25.90 (33.96)
	7:00.20 (34.30)	7:34.87 (34.67)	8:09.83 (34.96)	8:44.57 (34.74)
	9:19.02 (34.45)	9:53.49 (34.47)	10:27.98 (34.49)	11:01.45 (33.47)
2 Houchins, Bradford	40 SPRING VALLEY YM	14:00.00	12:21.02	7
	31.79	1:07.41 (35.62)	1:44.82 (37.41)	2:22.00 (37.18)
	2:59.15 (37.15)	3:37.09 (37.94)	4:14.62 (37.53)	4:53.00 (38.38)
	5:31.28 (38.28)	6:08.08 (36.80)	6:45.80 (37.72)	7:23.99 (38.19)
	8:01.86 (37.87)	8:40.06 (38.20)	9:18.21 (38.15)	9:56.43 (38.22)
	10:33.93 (37.50)	11:09.91 (35.98)	11:45.81 (35.90)	12:21.02 (35.21)
3 Ahlgren, Kyle	42 CLUB TRIBE	16:30.00	15:36.26	6
	43.83	1:31.26 (47.43)	2:18.27 (47.01)	3:05.62 (47.35)

3:53.28 (47.66)	4:40.43 (47.15)	5:27.90 (47.47)	6:15.47 (47.57)
7:03.05 (47.58)	7:51.10 (48.05)	8:38.35 (47.25)	9:25.67 (47.32)
10:12.67 (47.00)	10:59.73 (47.06)	11:47.06 (47.33)	12:34.01 (46.95)
13:20.86 (46.85)	14:05.79 (44.93)	14:51.92 (46.13)	15:36.26 (44.34)

Men 40-44 50 Yard Backstroke

ZONE: Z 22.77 4/25/2009 Michael Ross, MESC
 NATL: ! 22.77 4/26/2009 MICHAEL ROSS

Name	Age Club	Seed	Finals	Points
1 Zenyuh, James	41 RIPTIDE MASTERS	23.57	23.25	9
2 Bell, David	42 SANTA CRUZ MASTE	25.99	25.78	7
3 Rockwell, John	43 CLUB TRIBE	28.05	28.22	6
4 Baldwin, Craig	43 RESTON MASTERS S	28.99	28.60	5

Men 40-44 100 Yard Backstroke

ZONE: Z 48.49 4/26/2009 Michael Ross, MESC
 NATL: ! 48.49 4/26/2009 MICHAEL ROSS

Name	Age Club	Seed	Finals	Points
1 Zenyuh, James	41 RIPTIDE MASTERS	1:45.00	51.25	9
24.67	51.25 (26.58)			
2 Bell, David	42 SANTA CRUZ MASTE	1:13.00	56.84	7
27.13	56.84 (29.71)			
3 Rockwell, John	43 CLUB TRIBE	1:00.06	59.25	6
28.80	59.25 (30.45)			
4 Woodworth, Scott	41 LANE 4 SWIMMING	58.56	59.90	5
28.94	59.90 (30.96)			
5 Baldwin, Craig	43 RESTON MASTERS S	1:01.93	1:02.64	4
29.87	1:02.64 (32.77)			
6 Romack, Dave	40 UMAC-TERRAPIN MA	1:00.06	1:02.67	3
30.19	1:02.67 (32.48)			
7 Grasha, Eric	42 DISTRICT OF COLU	1:02.20	1:03.48	2
30.91	1:03.48 (32.57)			

Men 40-44 200 Yard Backstroke

ZONE: Z 1:53.29 4/12/2008 Chris Stevenson, VMST
 NATL: ! 1:50.09 5/4/2008 MICHAEL ROSS

Name	Age Club	Seed	Finals	Points
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1	Bell, David	42	SANTA CRUZ MASTE	2:06.99	2:06.17	9	
	28.86	1:00.80	(31.94)	1:33.88	(33.08)	2:06.17	(32.29)
2	Romack, Dave	40	UMAC-TERRAPIN MA	2:09.32	2:14.19	7	
	31.84	1:05.73	(33.89)	1:39.88	(34.15)	2:14.19	(34.31)
3	Woodworth, Scott	41	LANE 4 SWIMMING	2:13.08	2:14.63	6	
	31.78	1:05.54	(33.76)	1:40.25	(34.71)	2:14.63	(34.38)

Men 40-44 50 Yard Breaststroke

=====

ZONE: Z 27.42 5/2/1999 Benn Doyle
 NATL: ! 25.02 3/12/2016 JARROD MARRS

Name	Age	Club	Seed	Finals	Points	
1	Williams, Rich	42	CLUB TRIBE	28.43	29.04	9
2	Houchins, Bradford	40	SPRING VALLEY YM	30.50	29.38	7
3	Bower, Matthew	43	LANE 4 SWIMMING	31.18	29.60	6
4	Kidd, Michael	44	ALEXANDRIA MASTE	34.00	30.47	5
5	McNelis, Michael	42	UC04	30.99	30.99	4
6	Moon, WonKee	43	DISTRICT OF COLU	32.00	31.00	3
7	Bingaman, Cory	43	ALEXANDRIA MASTE	31.50	31.18	2
8	Grasha, Eric	42	DISTRICT OF COLU	35.71	34.90	1
9	Casstevens, Wade	44	SPORT & HEALTH T	41.87	41.01	

Men 40-44 100 Yard Breaststroke

=====

ZONE: Z 58.39 4/26/2009 Jim Tuchler, CUBU
 NATL: ! 55.37 4/25/2015 JEFF COMMINGS

Name	Age	Club	Seed	Finals	Points	
1	Williams, Rich	42	CLUB TRIBE	1:03.59	1:04.58	9
	30.10	1:04.58	(34.48)			
2	Houchins, Bradford	40	SPRING VALLEY YM	1:06.00	1:04.91	7
	30.23	1:04.91	(34.68)			
3	Bower, Matthew	43	LANE 4 SWIMMING	1:09.25	1:07.10	6
	30.73	1:07.10	(36.37)			
4	McNelis, Michael	42	UC04	1:09.11	1:07.35	5
	31.96	1:07.35	(35.39)			
5	Kidd, Michael	44	ALEXANDRIA MASTE	1:10.21	1:07.94	4
	31.28	1:07.94	(36.66)			
6	Moon, WonKee	43	DISTRICT OF COLU	1:11.11	1:08.73	3
	32.08	1:08.73	(36.65)			
7	Casstevens, Wade	44	SPORT & HEALTH T	1:32.02	1:28.64	2
	41.16	1:28.64	(47.48)			

Men 40-44 200 Yard Breaststroke

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=====
ZONE: Z 2:08.34 4/25/2009 Jim Tuchler, CUBU
NATL: ! 2:00.53 5/3/2014 STEVE WEST
Name Age Club Seed Finals Points
=====
1 Williams, Rich 42 CLUB TRIBE 2:23.41 2:26.84 9
32.88 1:10.20 (37.32) 1:48.37 (38.17) 2:26.84 (38.47)
2 McNelis, Michael 42 UC04 2:27.39 2:26.96 7
32.98 1:11.32 (38.34) 1:49.13 (37.81) 2:26.96 (37.83)
3 Moon, WonKee 43 DISTRICT OF COLU 2:31.00 2:29.78 6
33.53 1:11.47 (37.94) 1:50.59 (39.12) 2:29.78 (39.19)
4 Houchins, Bradford 40 SPRING VALLEY YM 2:35.00 2:35.91 5
34.07 1:12.35 (38.28) 1:54.36 (42.01) 2:35.91 (41.55)
=====

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Men 40-44 50 Yard Butterfly

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=====
ZONE: Z 22.61 4/26/2009 Michael Ross, MESC
NATL: ! 22.61 4/26/2009 MICHAEL ROSS
Name Age Club Seed Finals Points
=====
1 Zenyuh, James 41 RIPTIDE MASTERS 22.75 22.60Z 9
2 Bell, David 42 SANTA CRUZ MASTE 25.99 24.67 7
3 Lovett, Michael 40 CLUB TRIBE 24.70 24.80 6
4 Baldwin, Craig 43 RESTON MASTERS S 26.87 26.68 5
5 Bower, Matthew 43 LANE 4 SWIMMING 27.33 26.70 4
6 Grasha, Eric 42 DISTRICT OF COLU 26.62 26.80 3
7 Hastings, Corey 42 ALEXANDRIA MASTE 26.98 27.36 2
8 Woodworth, Scott 41 LANE 4 SWIMMING 28.00 27.47 1
9 Rockwell, John 43 CLUB TRIBE 27.71 27.63
=====

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Men 40-44 100 Yard Butterfly

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=====
ZONE: Z 51.41 4/9/2017 James Zenyuh, Riptide Masters
NATL: ! 49.27 5/4/2008 MICHAEL ROSS
Name Age Club Seed Finals Points
=====
1 Zenyuh, James 41 RIPTIDE MASTERS 51.41 50.75Z 9
23.14 50.75 (27.61)
2 Dean, Nathan 43 LANE 4 SWIMMING 1:01.80 1:03.09 7
28.71 1:03.09 (34.38)
3 Hastings, Corey 42 ALEXANDRIA MASTE 1:05.55 1:05.78 6
=====

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	29.46	1:05.78 (36.32)			
4 McNelis, Michael		42 UC04	1:06.47	1:05.82	5
	30.62	1:05.82 (35.20)			

Men 40-44 200 Yard Butterfly

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ZONE: Z 1:57.61 4/12/2008 Chris Stevenson, VMST					
NATL: ! 1:50.61 4/14/2002 DENNIS BAKER					
Name	Age	Club	Seed	Finals	Points
=====					
1 McNelis, Michael	42	UC04	2:24.09	2:23.11	9
	30.18	1:05.70 (35.52)	1:43.14 (37.44)	2:23.11 (39.97)	
2 Romack, Dave	40	UMAC-TERRAPIN MA	2:24.47	2:31.25	7
	30.98	1:06.91 (35.93)	1:46.81 (39.90)	2:31.25 (44.44)	
3 Hastings, Corey	42	ALEXANDRIA MASTE	3:20.00	2:47.43	6
	38.97	1:21.71 (42.74)	2:04.19 (42.48)	2:47.43 (43.24)	

Men 40-44 100 Yard IM

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ZONE: Z 53.51 4/26/2009 Jim Tuchler					
NATL: ! 51.07 4/25/2015 JEFF COMMINGS					
Name	Age	Club	Seed	Finals	Points
=====					
1 Zenyuh, James	41	RIPTIDE MASTERS	55.04	54.82	9
	23.61	54.82 (31.21)			
2 Lovett, Michael	40	CLUB TRIBE	54.70	57.14	7
	25.67	57.14 (31.47)			
3 Bell, David	42	SANTA CRUZ MASTE	58.99	57.59	6
	26.08	57.59 (31.51)			
4 Rockwell, John	43	CLUB TRIBE	59.79	59.01	5
	27.06	59.01 (31.95)			
5 Bower, Matthew	43	LANE 4 SWIMMING	1:02.49	59.37	4
	27.56	59.37 (31.81)			
6 Baldwin, Craig	43	RESTON MASTERS S	59.37	1:00.84	3
	27.88	1:00.84 (32.96)			
7 Moon, WonKee	43	DISTRICT OF COLU	1:03.00	1:02.61	2
	29.48	1:02.61 (33.13)			
8 Maholchic, Adrian	41	CLUB TRIBE	1:03.74	1:04.10	1
	28.92	1:04.10 (35.18)			
9 Houchins, Bradford	40	SPRING VALLEY YM	1:10.00	1:04.77	
	32.41	1:04.77 (32.36)			

Men 40-44 200 Yard IM

=====

ZONE: Z 1:51.85 4/25/2009 Michael Ross, MESC

NATL: ! 1:51.85 4/26/2009 MICHAEL ROSS

Name	Age	Club	Seed	Finals	Points
1 Rockwell, John	43	CLUB TRIBE	2:12.57	2:11.59	9
27.77	1:01.28 (33.51)		1:40.09 (38.81)	2:11.59 (31.50)	
2 Romack, Dave	40	UMAC-TERRAPIN MA	2:10.63	2:16.33	7
29.43	1:03.37 (33.94)		1:44.04 (40.67)	2:16.33 (32.29)	
3 Moon, WonKee	43	DISTRICT OF COLU	2:22.22	2:17.15	6
30.32	1:05.76 (35.44)		1:45.62 (39.86)	2:17.15 (31.53)	

Men 40-44 400 Yard IM

=====

ZONE: Z 4:18.94 4/26/2009 Jim Tuchler, CUBU

NATL: ! 4:01.87 4/19/2009 ROQUE SANTOS

Name	Age	Club	Seed	Finals	Points
1 McNelis, Michael	42	UC04	4:52.84	4:49.17	9
31.78	1:08.52 (36.74)		1:46.08 (37.56)	2:23.11 (37.03)	
3:03.38 (40.27)	3:44.05 (40.67)		4:16.66 (32.61)	4:49.17 (32.51)	
2 Romack, Dave	40	UMAC-TERRAPIN MA	4:44.10	4:51.04	7
30.65	1:06.48 (35.83)		1:42.47 (35.99)	2:19.17 (36.70)	
3:01.78 (42.61)	3:43.92 (42.14)		4:17.81 (33.89)	4:51.04 (33.23)	
3 Rockwell, John	43	CLUB TRIBE	4:49.96	5:00.99	6
29.77	1:04.59 (34.82)		1:43.45 (38.86)	2:23.12 (39.67)	
3:04.46 (41.34)	3:47.95 (43.49)		4:25.14 (37.19)	5:00.99 (35.85)	
4 Jent, Daniel	40	ALEXANDRIA MASTE	5:10.48	5:26.27	5
31.52	1:07.91 (36.39)		1:49.45 (41.54)	2:32.11 (42.66)	
3:23.46 (51.35)	4:13.04 (49.58)		4:50.10 (37.06)	5:26.27 (36.17)	
-- Ahlgren, Kyle	42	CLUB TRIBE	7:30.00	DQ	
Multiple strokes - back					
45.47	1:38.00 (52.53)		2:27.55 (49.55)	3:16.78 (49.23)	
4:14.88 (58.10)	5:13.50 (58.62)		5:59.61 (46.11)	DQ (42.42)	

Men 45-49 50 Yard Freestyle

=====

ZONE: Z 22.00 4/9/2017 Jeremy Gross, Spring Valley YM

NATL: ! 21.06 5/21/2010 RICHARD HUGHEY

Name	Age	Club	Seed	Finals	Points
1 Gross, Jeremy	46	SPRING VALLEY YM	22.00	21.95Z	9
2 Rees, Greg	48	SPRING VALLEY YM	23.45	23.00	7

3	Ruckdeschel, Jonathan	49	CENTRAL MARYLAND	23.52	23.54	6
4	O'Leary, Shawn	47	MAINE MASTERS SW	23.37	23.56	5
5	Sangmeister, Gary	47	SPRING VALLEY YM	23.50	23.66	4
6	Harbourt, Cliff	45	SANTA CRUZ MASTE	24.16	24.29	3
7	Gambale, Michael	46	CENTRAL BUCKS FA	24.60	24.58	2
8	Joubert, Kevin	45	MERRITT MARLINS	29.00	26.37	1
9	Canaday, Brent	47	CENTRAL MARYLAND	32.00	29.34	
10	Coleman, Wisdom	49	UC12	32.29	31.98	

Men 45-49 100 Yard Freestyle

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=====
      ZONE: Z 47.99    4/9/2016 Michael Ross, Maine Masters Sw
      NATL: ! 46.21   4/26/2015 NICOLAS GRANGER
=====
Name           Age Club           Seed    Finals Points
=====
1 Gross, Jeremy      46 SPRING VALLEY YM    49.75    48.91    9
    23.53          48.91 (25.38)
2 Rees, Greg         48 SPRING VALLEY YM    51.85    50.85    7
    24.13          50.85 (26.72)
3 O'Leary, Shawn     47 MAINE MASTERS SW    52.84    52.71    6
    24.84          52.71 (27.87)
4 Sangmeister, Gary 47 SPRING VALLEY YM    53.10    53.25    5
    25.30          53.25 (27.95)
5 Ruckdeschel, Jonathan 49 CENTRAL MARYLAND    53.50    53.75    4
    25.00          53.75 (28.75)
6 Harbourt, Cliff    45 SANTA CRUZ MASTE    53.28    54.53    3
    26.02          54.53 (28.51)
7 Gambale, Michael   46 CENTRAL BUCKS FA    54.90    55.22    2
    26.46          55.22 (28.76)
8 Grill, Michael     49 LANE 4 SWIMMING     58.00    57.14    1
    26.72          57.14 (30.42)
9 Kroberger, Christopher 49 UC07              58.00    57.43
    26.83          57.43 (30.60)
10 Joubert, Kevin    45 MERRITT MARLINS     58.50    58.54
    28.91          58.54 (29.63)
11 Canaday, Brent    47 CENTRAL MARYLAND    1:05.74  1:05.92
    31.87          1:05.92 (34.05)
12 Amezcua, David    49 DISTRICT OF COLU    1:10.00  1:09.99
    33.32          1:09.99 (36.67)
13 Wynes, Anthony    48 RESTON MASTERS S    1:13.96  1:14.07
    36.31          1:14.07 (37.76)
14 Coleman, Wisdom   49 UC12              1:15.62  1:20.04
    38.03          1:20.04 (42.01)
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Men 45-49 200 Yard Freestyle

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=====
      ZONE: Z 1:48.05   4/25/2010 William Segal, Jersey Area Mult
      NATL: ! 1:41.69   5/21/2010 DAVID SIMS
Name           Age Club           Seed           Finals Points
=====
 1 Gross, Jeremy      46 SPRING VALLEY YM    1:51.90        1:51.29     9
    24.65            52.09 (27.44)        1:21.16 (29.07)    1:51.29 (30.13)
 2 Earle, Daniel      46 CLUB TRIBE          2:02.26        2:00.93     7
    28.77            59.02 (30.25)        1:29.96 (30.94)    2:00.93 (30.97)
 3 Harbourt, Cliff    45 SANTA CRUZ MASTE    2:02.28        2:01.71     6
    28.41            59.09 (30.68)        1:30.41 (31.32)    2:01.71 (31.30)
 4 Gambale, Michael   46 CENTRAL BUCKS FA    1:56.00        2:01.92     5
    27.78            58.79 (31.01)        1:30.56 (31.77)    2:01.92 (31.36)
 5 Ruckdeschel, Jonathan 49 CENTRAL MARYLAND    2:03.50        2:04.30     4
    27.28            58.18 (30.90)        1:30.57 (32.39)    2:04.30 (33.73)
 6 Joubert, Kevin     45 MERRITT MARLINS     2:10.00        2:08.73     3
    29.71            1:02.12 (32.41)       1:35.62 (33.50)    2:08.73 (33.11)
 7 Reynolds, Sean     49 CENTRAL BUCKS FA    2:09.85        2:10.72     2
    29.06            1:01.60 (32.54)       1:36.51 (34.91)    2:10.72 (34.21)
 8 Jacobson, Michael  49 CENTRAL MARYLAND    2:14.43        2:15.66     1
    30.50            1:02.97 (32.47)       1:38.14 (35.17)    2:15.66 (37.52)
 9 Irwin, Christopher 49 MASTERS AQUATICS    3:58.00        2:32.04
    33.57            1:11.57 (38.00)       1:52.32 (40.75)    2:32.04 (39.72)
10 Wynes, Anthony     48 RESTON MASTERS S    2:43.29        2:45.71
    36.75            1:17.62 (40.87)       2:45.71 (1:28.09)
=====

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Men 45-49 500 Yard Freestyle

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=====
      ZONE: Z 4:51.53   4/25/2009 Neil Brophy, NIAG
      NATL: ! 4:39.10   5/20/2007 DENNIS BAKER
Name           Age Club           Seed           Finals Points
=====
 1 Earle, Daniel      46 CLUB TRIBE          6:08.54        5:37.16     9
    30.93            1:04.49 (33.56)       1:37.89 (33.40)    2:11.52 (33.63)
    2:45.63 (34.11)    3:19.91 (34.28)       3:54.72 (34.81)    4:29.05 (34.33)
    5:03.45 (34.40)    5:37.16 (33.71)
 2 Gambale, Michael   46 CENTRAL BUCKS FA    5:30.00        5:39.42     7
    29.74            1:02.82 (33.08)       1:36.65 (33.83)    2:10.92 (34.27)
    2:45.64 (34.72)    3:20.27 (34.63)       3:55.23 (34.96)    4:29.80 (34.57)
    5:04.24 (34.44)    5:39.42 (35.18)
 3 Joubert, Kevin     45 MERRITT MARLINS     6:00.00        5:57.20     6
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	32.08	1:07.38 (35.30)	1:43.49 (36.11)	2:20.05 (36.56)
	2:56.52 (36.47)	3:33.23 (36.71)	4:10.18 (36.95)	4:46.79 (36.61)
	5:22.85 (36.06)	5:57.20 (34.35)		
4 Reynolds, Sean		49 CENTRAL BUCKS FA	6:13.00	6:05.95 5
	30.94	1:06.58 (35.64)	1:42.42 (35.84)	2:19.69 (37.27)
	2:57.54 (37.85)	3:35.62 (38.08)	4:13.71 (38.09)	4:51.14 (37.43)
	5:29.23 (38.09)	6:05.95 (36.72)		
5 Wynes, Anthony		48 RESTON MASTERS S	7:05.07	7:15.83 4
	39.46	1:21.61 (42.15)	2:05.71 (44.10)	2:49.78 (44.07)
	3:34.53 (44.75)	4:19.52 (44.99)	5:04.53 (45.01)	5:49.22 (44.69)
	6:33.09 (43.87)	7:15.83 (42.74)		

Men 45-49 1000 Yard Freestyle

=====

ZONE: Z 9:58.64 4/24/2009 Neil Brophy, NIAG
 NATL: ! 9:43.93 5/20/2010 KEITH SWITZER

Name	Age Club	Seed	Finals	Points
1 Earle, Daniel	46 CLUB TRIBE	12:01.76	12:13.32	9
	31.97	1:06.88 (34.91)	1:42.64 (35.76)	2:18.56 (35.92)
	2:54.61 (36.05)	3:30.63 (36.02)	4:07.21 (36.58)	4:43.99 (36.78)
	5:20.58 (36.59)	5:57.36 (36.78)	6:33.99 (36.63)	7:10.79 (36.80)
	7:47.60 (36.81)	8:24.80 (37.20)	9:02.75 (37.95)	9:41.23 (38.48)
	10:19.18 (37.95)	10:57.64 (38.46)	11:36.16 (38.52)	12:13.32 (37.16)
2 Reynolds, Sean	49 CENTRAL BUCKS FA	12:38.85	12:27.35	7
	31.94	1:07.62 (35.68)	1:45.07 (37.45)	2:23.08 (38.01)
	3:01.15 (38.07)	3:38.95 (37.80)	4:16.61 (37.66)	4:54.49 (37.88)
	5:32.34 (37.85)	6:10.37 (38.03)	6:48.61 (38.24)	7:27.05 (38.44)
	8:05.50 (38.45)	8:43.70 (38.20)	9:21.98 (38.28)	10:00.00 (38.02)
	10:37.70 (37.70)	11:15.23 (37.53)	11:52.39 (37.16)	12:27.35 (34.96)

Men 45-49 1650 Yard Freestyle

=====

ZONE: Z 18:08.53 4/21/2002 John Hudson
 NATL: ! 16:08.05 5/20/2010 JEFF ERWIN

Name	Age Club	Seed	Finals	Points
1 Gambale, Michael	46 CENTRAL BUCKS FA	19:00.00	20:12.19	9
	29.83	1:02.83 (33.00)	1:37.97 (35.14)	2:13.74 (35.77)
	2:49.30 (35.56)	3:25.12 (35.82)	4:01.01 (35.89)	4:37.23 (36.22)
	5:13.64 (36.41)	5:50.32 (36.68)	6:26.35 (36.03)	7:02.52 (36.17)
	7:39.52 (37.00)	8:16.10 (36.58)	8:52.57 (36.47)	9:29.48 (36.91)
	10:07.51 (38.03)	10:45.77 (38.26)	11:23.61 (37.84)	12:01.56 (37.95)

12:39.45 (37.89)	13:17.00 (37.55)	13:54.50 (37.50)	14:32.29 (37.79)
15:10.63 (38.34)	15:48.99 (38.36)	16:26.67 (37.68)	17:05.15 (38.48)
17:43.31 (38.16)	18:21.98 (38.67)	18:59.65 (37.67)	19:36.78 (37.13)
20:12.19 (35.41)			
2 Joubert, Kevin	45 MERRITT MARLINS	20:30.00	20:44.06 7
31.93	1:07.52 (35.59)	1:44.55 (37.03)	2:21.89 (37.34)
3:00.12 (38.23)	3:38.14 (38.02)	4:16.22 (38.08)	4:53.96 (37.74)
5:32.33 (38.37)	6:10.64 (38.31)	6:49.38 (38.74)	7:27.67 (38.29)
8:05.31 (37.64)	8:43.59 (38.28)	9:21.37 (37.78)	9:59.39 (38.02)
10:37.50 (38.11)	11:15.67 (38.17)	11:53.93 (38.26)	12:33.09 (39.16)
13:11.23 (38.14)	13:49.32 (38.09)	14:27.66 (38.34)	15:05.74 (38.08)
15:43.73 (37.99)	16:21.98 (38.25)	16:59.71 (37.73)	17:37.91 (38.20)
18:15.30 (37.39)	18:52.45 (37.15)	19:29.60 (37.15)	20:07.30 (37.70)
20:44.06 (36.76)			
3 Stiglitz, David	48 LANE 4 SWIMMING	32:45.82	32:33.51 6
53.68	1:49.87 (56.19)		
	5:43.87 ()	6:44.38 (1:00.51)	
8:43.70 ()	9:43.64 (59.94)	10:43.93 (1:00.29)	11:43.84 (59.91)
12:43.91 (1:00.07)	13:44.03 (1:00.12)	14:43.84 (59.81)	15:44.49 (1:00.65)
	17:43.97 ()	18:43.02 (59.05)	19:42.65 (59.63)
20:43.32 (1:00.67)		22:43.34 ()	
	25:42.81 ()	26:42.14 (59.33)	
28:41.12 ()	29:40.52 (59.40)	30:40.22 (59.70)	31:38.21 (57.99)
32:33.51 (55.30)			

Men 45-49 50 Yard Backstroke Time Trial

=====				
ZONE: Z 25.06		4/23/2006 Clay Britt		
NATL: ! 23.58		4/26/2015 MICHAEL ROSS		
Name	Age	Club	Seed	Finals
=====				
- Time Trial				
1 Earle, Daniel	46	CLUB TRIBE	NT	29.55

Men 45-49 50 Yard Backstroke

=====				
ZONE: Z 24.18		4/10/2016 Michael Ross, Maine Masters Sw		
NATL: ! 23.58		4/26/2015 MICHAEL ROSS		
Name	Age	Club	Seed	Finals Points
=====				
1 Rees, Greg	48	SPRING VALLEY YM	25.95	25.89 9
2 O'Leary, Shawn	47	MAINE MASTERS SW	31.22	29.09 7
3 Earle, Daniel	46	CLUB TRIBE	30.09	29.58 6

4 Grill, Michael	49 LANE 4 SWIMMING	30.00	30.52	5
5 Jacobson, Michael	49 CENTRAL MARYLAND	31.20	31.38	4
6 Gambale, Michael	46 CENTRAL BUCKS FA	31.00	32.15	3
7 Tomson, Farol	46 GERMANTOWN MARYL	33.00	32.55	2
8 Joubert, Kevin	45 MERRITT MARLINS	34.00	33.45	1

Men 45-49 100 Yard Backstroke

=====

ZONE: Z 52.03 4/9/2016 Michael Ross, Maine Masters Sw
 NATL: ! 51.55 4/30/2011 CHRIS STEVENSON

Name	Age Club	Seed	Finals	Points
1 Rees, Greg	48 SPRING VALLEY YM	57.40	57.48	9
	27.45 57.48 (30.03)			
2 Earle, Daniel	46 CLUB TRIBE	1:01.57	1:04.05	7
	31.44 1:04.05 (32.61)			
3 Grill, Michael	49 LANE 4 SWIMMING	1:08.00	1:05.59	6
	32.20 1:05.59 (33.39)			
4 Ruckdeschel, Jonathan	49 CENTRAL MARYLAND	1:05.54	1:07.97	5
	32.74 1:07.97 (35.23)			
5 Joubert, Kevin	45 MERRITT MARLINS	1:16.00	1:17.15	4
	38.27 1:17.15 (38.88)			

Men 45-49 200 Yard Backstroke

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ZONE: Z 2:06.85 5/2/1999 Paul Feters
 NATL: ! 1:53.97 5/13/2011 GRANGER\SAEGER

Name	Age Club	Seed	Finals	Points
1 Rees, Greg	48 SPRING VALLEY YM	2:18.15	2:18.95	9
	33.08 1:09.16 (36.08) 1:45.69 (36.53)		2:18.95 (33.26)	
2 Earle, Daniel	46 CLUB TRIBE	2:17.33	2:25.80	7
	1:11.91 () 1:48.41 (36.50)		2:25.80 (37.39)	
3 Jacobson, Michael	49 CENTRAL MARYLAND	2:28.50	2:30.22	6
	35.49 1:12.83 (37.34) 1:52.04 (39.21)		2:30.22 (38.18)	
4 Tomson, Farol	46 GERMANTOWN MARYL	2:35.78	2:40.91	5
	35.79 1:58.94 ()		2:40.91 (41.97)	
5 Reynolds, Sean	49 CENTRAL BUCKS FA	2:50.50	2:48.80	4
	40.36 1:22.02 (41.66) 2:07.00 (44.98)		2:48.80 (41.80)	
6 Wynes, Anthony	48 RESTON MASTERS S	3:11.65	3:14.40	3
	47.51 1:35.40 (47.89) 2:26.75 (51.35)		3:14.40 (47.65)	

Men 45-49 50 Yard Breaststroke

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ZONE: Z 28.09 4/9/2016 Neill Williams, District Of Colu

NATL: ! 26.05 4/30/2017 STEVE WEST

Name	Age Club	Seed	Finals	Points
1 Goodison, Michael	46 UMAC-TERRAPIN MA	29.49	29.05	9
2 Gross, Jeremy	46 SPRING VALLEY YM	30.50	29.17	7
3 Sangmeister, Gary	47 SPRING VALLEY YM	29.90	29.44	6
4 Rees, Greg	48 SPRING VALLEY YM	32.75	31.33	5
5 Canaday, Brent	47 CENTRAL MARYLAND	36.06	34.83	4
6 Amezcua, David	49 DISTRICT OF COLU	34.24	35.44	3
7 Reynolds, Sean	49 CENTRAL BUCKS FA	34.08	35.45	2
8 Coleman, Wisdom	49 UC12	43.47	45.16	1

Men 45-49 100 Yard Breaststroke

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ZONE: Z 1:00.59 4/26/2009 Jon Blank, NCMS

NATL: ! 56.30 4/28/2017 STEVE WEST

Name	Age Club	Seed	Finals	Points
1 Sangmeister, Gary	47 SPRING VALLEY YM	1:06.90	1:05.55	9
30.07	1:05.55 (35.48)			
2 Goodison, Michael	46 UMAC-TERRAPIN MA	1:03.33	1:05.68	7
31.05	1:05.68 (34.63)			
3 Canaday, Brent	47 CENTRAL MARYLAND	1:18.56	1:17.72	6
36.24	1:17.72 (41.48)			
4 Reynolds, Sean	49 CENTRAL BUCKS FA	1:16.63	1:20.83	5
37.10	1:20.83 (43.73)			
5 Amezcua, David	49 DISTRICT OF COLU	1:20.32	1:20.91	4
38.16	1:20.91 (42.75)			
6 Coleman, Wisdom	49 UC12	1:41.36	1:41.15	3
45.86	1:41.15 (55.29)			

Men 45-49 200 Yard Breaststroke

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ZONE: Z 2:17.87 4/25/2009 Jon Blank, NCMS

NATL: ! 2:02.42 4/29/2017 STEVE WEST

Name	Age Club	Seed	Finals	Points
1 Goodison, Michael	46 UMAC-TERRAPIN MA	2:22.22	2:25.90	9
32.07	1:08.62 (36.55)	1:47.27 (38.65)	2:25.90 (38.63)	
2 Canaday, Brent	47 CENTRAL MARYLAND	2:50.00	2:55.84	7
37.86	1:21.41 (43.55)	2:08.30 (46.89)	2:55.84 (47.54)	

3	Amezcuca, David	49	DISTRICT OF COLU	2:47.60	2:56.01	6
	39.34		1:24.52 (45.18)	2:12.09 (47.57)	2:56.01 (43.92)	
4	Reynolds, Sean	49	CENTRAL BUCKS FA	2:59.14	2:56.18	5
	38.08		1:24.20 (46.12)	2:11.50 (47.30)	2:56.18 (44.68)	
5	Wynes, Anthony	48	RESTON MASTERS S	3:14.58	3:22.71	4
	46.46		1:36.62 (50.16)	2:29.22 (52.60)	3:22.71 (53.49)	

Men 45-49 50 Yard Butterfly

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ZONE: Z 23.75 4/8/2017 Jeremy Gross, Spring Valley YM
 NATL: ! 22.67 5/4/2008 PAUL SMITH

Name	Age	Club	Seed	Finals	Points	
1	Gross, Jeremy	46	SPRING VALLEY YM	23.99	23.55Z	9
2	Rees, Greg	48	SPRING VALLEY YM	25.15	24.21	7
3	Sangmeister, Gary	47	SPRING VALLEY YM	25.30	25.48	6
4	O'Leary, Shawn	47	MAINE MASTERS SW	25.20	25.62	5
5	Gambale, Michael	46	CENTRAL BUCKS FA	25.83	26.26	4
6	Kroberger, Christopher	49	UC07	28.00	26.46	3
7	Harbourt, Cliff	45	SANTA CRUZ MASTE	26.24	26.74	2
8	Ruckdeschel, Jonathan	49	CENTRAL MARYLAND	26.65	26.85	1
9	Grill, Michael	49	LANE 4 SWIMMING	28.00	29.49	
10	Joubert, Kevin	45	MERRITT MARLINS	30.00	30.11	

Men 45-49 50 Yard Butterfly Time Trial

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ZONE: Z 24.60 4/12/2008 Mark Michael, ANCM-PV
 NATL: ! 22.67 5/4/2008 PAUL SMITH

Name	Age	Club	Seed	Finals
-	Time Trial			
1	Roddin, Jeffrey	49	MONTGOMERY ANCIE	NT 24.60Z

Men 45-49 100 Yard Butterfly

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ZONE: Z 52.58 4/25/2009 Scott Carpenter, JAM
 NATL: ! 50.90 5/21/2010 DAVID SIMS

Name	Age	Club	Seed	Finals	Points	
1	Roddin, Jeffrey	49	MONTGOMERY ANCIE	54.06	53.62	9
	24.60		53.62 (29.02)			
2	Gross, Jeremy	46	SPRING VALLEY YM	54.44	55.11	7
	25.73		55.11 (29.38)			

3	O'Leary, Shawn	47	MAINE MASTERS SW	58.20	59.90	6
	27.70		59.90 (32.20)			
4	Harbourt, Cliff	45	SANTA CRUZ MASTE	1:00.52	1:00.69	5
	29.13		1:00.69 (31.56)			
5	Ruckdeschel, Jonathan	49	CENTRAL MARYLAND	1:04.20	1:01.47	4
	28.52		1:01.47 (32.95)			
6	Gambale, Michael	46	CENTRAL BUCKS FA	59.00	1:01.53	3
	28.68		1:01.53 (32.85)			
7	Amezcuca, David	49	DISTRICT OF COLU	1:18.91	1:25.98	2
	36.44		1:25.98 (49.54)			

Men 45-49 200 Yard Butterfly

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ZONE: Z 1:59.22 4/26/2009 Michael Schmidt, MESC
 NATL: ! 1:50.73 12/6/2008 DENNIS BAKER

Name	Age	Club	Seed	Finals	Points
1 Roddin, Jeffrey	49	MONTGOMERY ANCIE	2:04.00	2:05.52	9
	27.93	59.36 (31.43)	1:32.05 (32.69)	2:05.52 (33.47)	
2 Wynes, Anthony	48	RESTON MASTERS S	3:45.00	3:35.64	7
	48.96	1:44.62 (55.66)	2:40.97 (56.35)	3:35.64 (54.67)	

Men 45-49 100 Yard IM

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ZONE: Z 54.88 4/12/2015 Jeffrey Roddin, Montgomery Ancie
 NATL: ! 52.14 5/23/2010 RICHARD HUGHEY

Name	Age	Club	Seed	Finals	Points
1 Roddin, Jeffrey	49	MONTGOMERY ANCIE	55.45	55.96	9
	25.64	55.96 (30.32)			
2 Rees, Greg	48	SPRING VALLEY YM	58.85	58.47	7
	25.60	58.47 (32.87)			
3 Goodison, Michael	46	UMAC-TERRAPIN MA	1:01.01	1:00.02	6
	28.77	1:00.02 (31.25)			
4 Sangmeister, Gary	47	SPRING VALLEY YM	59.95	1:00.04	5
	27.92	1:00.04 (32.12)			
5 O'Leary, Shawn	47	MAINE MASTERS SW	1:00.34	1:01.86	4
	27.93	1:01.86 (33.93)			
6 Grill, Michael	49	LANE 4 SWIMMING	1:10.00	1:06.21	3
	30.17	1:06.21 (36.04)			
7 Tomson, Farol	46	GERMANTOWN MARYL	1:06.10	1:10.04	2
	31.39	1:10.04 (38.65)			
8 Amezcuca, David	49	DISTRICT OF COLU	1:12.59	1:15.78	1

34.99 1:15.78 (40.79)

Men 45-49 200 Yard IM

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ZONE: Z 2:02.31 4/11/2015 Jeffrey Roddin, Montgomery Ancie
NATL: ! 1:51.44 4/26/2015 NICOLAS GRANGER

Name	Age	Club	Seed	Finals	Points
1 Roddin, Jeffrey	49	MONTGOMERY ANCIE	2:03.44	2:03.47	9
	26.40	58.61 (32.21)	1:33.75 (35.14)	2:03.47 (29.72)	
2 Goodison, Michael	46	UMAC-TERRAPIN MA	2:15.15	2:14.85	7
	27.88	1:04.79 (36.91)	1:42.41 (37.62)	2:14.85 (32.44)	
3 O'Leary, Shawn	47	MAINE MASTERS SW	2:20.22	2:19.34	6
	26.24	1:03.03 (36.79)	1:45.71 (42.68)	2:19.34 (33.63)	
4 Ruckdeschel, Jonathan	49	CENTRAL MARYLAND	2:23.70	2:20.00	5
	28.53	1:04.94 (36.41)	1:46.32 (41.38)	2:20.00 (33.68)	
5 Tomson, Farol	46	GERMANTOWN MARYL	2:30.00	2:37.69	4
	30.22	1:10.75 (40.53)	2:00.83 (50.08)	2:37.69 (36.86)	

Men 45-49 400 Yard IM

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ZONE: Z 4:24.92 4/12/2015 Jerome Frentsos, Maryland Masters
NATL: ! 4:01.32 4/24/2015 NICOLAS GRANGER

Name	Age	Club	Seed	Finals	Points
1 Joubert, Kevin	45	MERRITT MARLINS	5:27.00	5:42.78	9
	37.06	1:19.18 (42.12)	2:03.23 (44.05)	2:47.94 (44.71)	
	3:35.09 (47.15)	4:27.07 (51.98)	5:05.92 (38.85)	5:42.78 (36.86)	
2 Reynolds, Sean	49	CENTRAL BUCKS FA	6:00.00	5:54.42	7
	35.14	1:18.82 (43.68)	2:09.56 (50.74)	3:00.82 (51.26)	
	3:50.49 (49.67)	4:41.27 (50.78)	5:20.55 (39.28)	5:54.42 (33.87)	
3 Wynes, Anthony	48	RESTON MASTERS S	6:39.11	6:39.37	6
	48.02	1:43.21 (55.19)	2:34.97 (51.76)	3:26.14 (51.17)	
	4:18.65 (52.51)	5:13.52 (54.87)	5:57.72 (44.20)	6:39.37 (41.65)	
4 Amezcua, David	49	DISTRICT OF COLU	7:40.00	6:40.02	5
	42.94	1:32.86 (49.92)	2:30.04 (57.18)	3:26.60 (56.56)	
	4:19.92 (53.32)	5:11.52 (51.60)	5:56.44 (44.92)	6:40.02 (43.58)	

Men 50-54 50 Yard Freestyle

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ZONE: Z 22.03 4/13/2003 Paul Trevisan
NATL: ! 21.36 4/29/2011 ROWDY GAINES

Name	Age	Club	Seed	Finals	Points
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1	Dearstyne, Lou	50	CONNECTICUT MAST	22.69	22.30	9
2	Hiltabiddle, Steve	51	COLONIALS 1776	22.90	22.31	7
3	Harris, Gregory	54	VIRGINIA MASTERS	23.24	22.94	6
4	Williams, Neill	50	DISTRICT OF COLU	23.52	23.96	5
5	Eliot, Doug	53	RESTON MASTERS S	26.47	26.93	4
6	Toy, Raymond	51	CENTRAL MARYLAND	29.44	29.24	3
7	Shinaishin, Ahmed	50	FREEDOM AQUATIC	29.95	29.44	2

Men 50-54 100 Yard Freestyle

ZONE: Z 49.28 4/24/2005 Paul Trevisan, 1776
 NATL: ! 46.59 5/10/2009 ROWDY GAINES

Name	Age	Club	Seed	Finals	Points
1 Dearstyne, Lou	50	CONNECTICUT MAST	49.75	49.47	9
	23.60	49.47 (25.87)			
2 Harris, Gregory	54	VIRGINIA MASTERS	51.11	50.65	7
	24.16	50.65 (26.49)			
3 Ellis, Brian	50	LANE 4 SWIMMING	58.65	57.52	6
	27.38	57.52 (30.14)			
4 Thompson, Jeffery	53	FREEDOM AQUATIC	59.38	59.39	5
	28.68	59.39 (30.71)			
5 Wells, Ernie	54	LANE 4 SWIMMING	1:03.00	1:00.14	4
	28.92	1:00.14 (31.22)			
6 Czander, Eric	52	DISTRICT OF COLU	1:02.00	1:00.19	3
	28.86	1:00.19 (31.33)			
7 Eliot, Doug	53	RESTON MASTERS S	58.68	1:00.31	2
	28.59	1:00.31 (31.72)			
8 Golden, Scott	54	GERMANTOWN MARYL	1:02.00	1:01.71	1
	28.95	1:01.71 (32.76)			
9 Toy, Raymond	51	CENTRAL MARYLAND	1:04.87	1:04.64	
	31.22	1:04.64 (33.42)			
10 Bamford, Sherman	53	VIRGINIA MASTERS	1:55.00	1:37.90	
	46.81	1:37.90 (51.09)			

Men 50-54 100 Yard Freestyle Time Trial

ZONE: Z 49.28 4/24/2005 Paul Trevisan
 NATL: ! 46.59 5/10/2009 ROWDY GAINES

Name	Age	Club	Seed	Finals
- Time Trial				

6 Hiltabiddle, Steve	51 COLONIALS 1776	NT	50.52
7 Williams, Neill	50 DISTRICT OF COLU	NT	54.29

Men 50-54 200 Yard Freestyle

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ZONE: Z 1:52.67 4/24/2005 Bradford Gandee, UNAT
NATL: ! 1:43.76 5/10/2009 ROWDY GAINES
Name Age Club Seed Finals Points
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1 Dearstyne, Lou 50 CONNECTICUT MAST 1:52.62 1:49.90Z 9
    24.58 51.97 (27.39) 1:19.93 (27.96) 1:49.90 (29.97)
2 Harris, Gregory 54 VIRGINIA MASTERS 1:55.97 1:56.42 7
    27.20 57.13 (29.93) 1:26.85 (29.72) 1:56.42 (29.57)
3 House, Christopher 54 LANE 4 SWIMMING 2:05.00 2:03.49 6
    29.17 1:00.43 (31.26) 1:31.88 (31.45) 2:03.49 (31.61)
4 Osinovsky, Alex 54 RESTON MASTERS S 2:36.00 2:34.50 5
    32.58 1:10.15 (37.57) 2:34.50 (1:24.35)
5 Shinaishin, Ahmed 50 FREEDOM AQUATIC 2:30.00 2:34.55 4
    33.94 1:13.72 (39.78) 1:54.67 (40.95) 2:34.55 (39.88)
6 Kenny, Phillip 51 MASTERS AQUATICS 3:00.00 2:50.24 3
    38.39 1:22.41 (44.02) 2:07.71 (45.30) 2:50.24 (42.53)
7 Hiltabiddle, Steve 51 COLONIALS 1776 3:30.00 2:51.84 2
    24.30 50.52 (26.22) 2:51.84 (2:01.32)
8 Segmuller, Hermann 52 FREEDOM AQUATIC 4:00.00 3:27.68 1
    42.27 1:33.68 (51.41) 2:32.80 (59.12) 3:27.68 (54.88)

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Men 50-54 500 Yard Freestyle

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ZONE: Z 5:07.41 4/23/2006 Bradford Gandee, UNAT
NATL: ! 4:47.57 5/20/2001 JIM MCCONICA
Name Age Club Seed Finals Points
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1 Dever, Frederick 52 DISTRICT OF COLU 5:42.15 5:51.98 9
    31.42 1:05.81 (34.39) 1:41.05 (35.24) 2:16.75 (35.70)
    2:53.38 (36.63) 3:29.11 (35.73) 4:05.31 (36.20) 4:41.02 (35.71)
    5:17.36 (36.34) 5:51.98 (34.62)
2 Thompson, Jeffery 53 FREEDOM AQUATIC 6:30.00 6:18.86 7
    32.43 1:08.54 (36.11) 1:46.94 (38.40) 2:26.26 (39.32)
    3:06.21 (39.95) 3:45.31 (39.10) 4:24.34 (39.03) 5:02.88 (38.54)
    5:42.20 (39.32) 6:18.86 (36.66)

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Men 50-54 1000 Yard Freestyle

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ZONE: Z 10:36.39 4/10/2016 Rob Jones, UC12

NATL: ! 9:55.84 4/6/2013 KEITH SWITZER

Name	Age Club	Seed	Finals	Points
1 Eliot, Doug	53 RESTON MASTERS S	12:27.23	12:38.25	9
33.11	1:08.89 (35.78)	1:45.17 (36.28)	2:22.23 (37.06)	
2:59.15 (36.92)	3:36.73 (37.58)	4:14.71 (37.98)	4:53.09 (38.38)	
5:31.79 (38.70)	6:10.63 (38.84)	6:49.34 (38.71)	7:28.36 (39.02)	
8:07.37 (39.01)	8:46.57 (39.20)	9:25.67 (39.10)	10:04.67 (39.00)	
10:43.33 (38.66)	11:22.25 (38.92)	12:01.19 (38.94)	12:38.25 (37.06)	
2 Brown, Ray	54 FREDRICKSBURG AM	14:59.49	16:16.48	7
36.90	1:17.29 (40.39)	2:00.87 (43.58)	2:48.43 (47.56)	
3:39.48 (51.05)	4:28.91 (49.43)	5:18.28 (49.37)	6:13.27 (54.99)	
	7:04.38 ()	7:56.84 (52.46)	8:48.61 (51.77)	
9:39.78 (51.17)	10:29.99 (50.21)	11:20.25 (50.26)	13:51.72 (2:31.47)	
14:41.27 (49.55)	15:30.11 (48.84)	16:16.48 (46.37)		
3 Segmuller, Hermann	52 FREEDOM AQUATIC	21:30.00	19:13.49	6
45.25	1:39.28 (54.03)	2:37.24 (57.96)	3:34.18 (56.94)	
4:31.02 (56.84)	5:27.79 (56.77)	6:27.60 (59.81)	7:27.27 (59.67)	
8:26.30 (59.03)	9:23.83 (57.53)	10:24.94 (1:01.11)	11:23.40 (58.46)	
12:22.54 (59.14)	13:22.23 (59.69)	14:22.14 (59.91)	15:20.94 (58.80)	
16:21.88 (1:00.94)	17:21.27 (59.39)	18:20.74 (59.47)	19:13.49 (52.75)	

Men 50-54 1650 Yard Freestyle

ZONE: Z 17:41.21 4/8/2016 Rob Jones, UC12

NATL: ! 16:28.77 4/23/2015 JEFF ERWIN

Name	Age Club	Seed	Finals	Points
1 Landers, Rich	54 WARRENTON FAUQUI	26:00.00	24:01.16	9
40.45			2:53.70 ()	
3:39.10 (45.40)	4:23.36 (44.26)	5:07.30 (43.94)		
6:36.27 ()	7:20.85 (44.58)	8:04.93 (44.08)	8:50.19 (45.26)	
9:34.69 (44.50)	10:18.42 (43.73)	11:01.67 (43.25)	11:46.28 (44.61)	
12:30.00 (43.72)	13:13.87 (43.87)	13:57.77 (43.90)	14:41.51 (43.74)	
15:25.45 (43.94)	16:09.93 (44.48)	16:54.59 (44.66)	17:38.16 (43.57)	
18:21.69 (43.53)	19:06.30 (44.61)	19:50.62 (44.32)	20:34.10 (43.48)	
21:15.85 (41.75)	21:54.97 (39.12)	22:35.75 (40.78)	24:01.16 (1:25.41)	
2 Esteve, Sebastian	53 UC12	37:00.00	31:46.58	7
52.05	1:47.10 (55.05)	2:43.75 (56.65)	3:41.81 (58.06)	
4:39.84 (58.03)	5:37.75 (57.91)	6:36.11 (58.36)	7:35.26 (59.15)	
8:33.61 (58.35)	9:30.83 (57.22)	10:30.23 (59.40)	11:27.57 (57.34)	
12:25.98 (58.41)	13:24.79 (58.81)	14:23.23 (58.44)	15:20.56 (57.33)	

16:18.98 (58.42)	17:17.89 (58.91)	18:17.51 (59.62)	19:15.23 (57.72)
20:13.06 (57.83)	21:11.11 (58.05)	22:08.13 (57.02)	23:06.01 (57.88)
24:04.37 (58.36)	25:01.84 (57.47)	26:00.33 (58.49)	26:58.44 (58.11)
27:56.85 (58.41)	28:56.11 (59.26)	29:54.09 (57.98)	30:52.52 (58.43)
31:46.58 (54.06)			

Men 50-54 50 Yard Backstroke

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ZONE: Z 25.24 4/15/2012 Clay Britt, Montgomery Ancie
NATL: ! 24.57 5/4/2014 FRITZ BEDFORD
Name Age Club Seed Finals Points
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1 Hiltabiddle, Steve 51 COLONIALS 1776 27.50 27.06 9
2 Evans, Jeffrey 52 SPRING VALLEY YM 26.80 27.09 7
3 Eliot, Doug 53 RESTON MASTERS S 31.25 32.23 6
4 Toy, Raymond 51 CENTRAL MARYLAND 36.09 36.75 5
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Men 50-54 50 Yard Backstroke Time Trial

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ZONE: Z 27.54 5/2/1999 Bob Kolonkowski
NATL: ! 24.57 5/4/2014 FRITZ BEDFORD
Name Age Club Seed Finals
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- Time Trial
1 Williams, Neill 50 DISTRICT OF COLU NT 27.03Z
2 Harris, Gregory 54 VIRGINIA MASTERS NT 28.53
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Men 50-54 100 Yard Backstroke

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ZONE: Z 53.77 4/14/2012 Clay Britt, Montgomery Ancie
NATL: ! 52.72 3/21/2015 FRITZ BEDFORD
Name Age Club Seed Finals Points
=====
1 Evans, Jeffrey 52 SPRING VALLEY YM 57.50 58.12 9
28.48 58.12 (29.64)
2 Williams, Neill 50 DISTRICT OF COLU 59.22 58.82 7
28.70 58.82 (30.12)
3 Hiltabiddle, Steve 51 COLONIALS 1776 1:02.86 1:03.23 6
30.31 1:03.23 (32.92)
4 House, Christopher 54 LANE 4 SWIMMING 1:06.00 1:05.20 5
32.40 1:05.20 (32.80)
5 Czander, Eric 52 DISTRICT OF COLU 1:10.00 1:09.33 4
34.38 1:09.33 (34.95)
=====

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6	Thompson, Jeffery	53	FREEDOM AQUATIC	1:10.56	1:12.56	3
	35.40		1:12.56 (37.16)			
7	Toy, Raymond	51	CENTRAL MARYLAND	1:23.98	1:26.22	2
	41.44		1:26.22 (44.78)			
8	Bamford, Sherman	53	VIRGINIA MASTERS	2:12.00	2:00.76	1
	58.90		2:00.76 (1:01.86)			

Men 50-54 200 Yard Backstroke

=====

ZONE: Z 2:04.91 4/17/2011 Clay Britt, ANCM
 NATL: ! 1:59.04 4/25/2015 JIM TUCHLER

Name	Age	Club	Seed	Finals	Points
1 House, Christopher	54	LANE 4 SWIMMING	2:20.00	2:21.12	9
	32.76	1:07.37 (34.61)	1:43.43 (36.06)	2:21.12 (37.69)	

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Men 50-54 50 Yard Breaststroke

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ZONE: Z 27.96 4/20/2013 Wally Dicks, Montgomery Ancie
 NATL: ! 26.45 3/30/2014 DAVID GUTHRIE

Name	Age	Club	Seed	Finals	Points
1 Williams, Neill	50	DISTRICT OF COLU	28.68	28.10	9
2 Harris, Gregory	54	VIRGINIA MASTERS	1:28.64	28.83	7
3 Thompson, Jeffery	53	FREEDOM AQUATIC	36.51	39.21	6
4 Bamford, Sherman	53	VIRGINIA MASTERS	1:15.00	1:01.24	5

=====

Men 50-54 100 Yard Breaststroke

=====

ZONE: Z 1:02.71 4/10/2016 Greg Harris, Virginia Masters
 NATL: ! 58.41 3/29/2014 DAVID GUTHRIE

Name	Age	Club	Seed	Finals	Points
1 Williams, Neill	50	DISTRICT OF COLU	1:02.82	1:02.07Z	9
	29.03	1:02.07 (33.04)			
2 Harris, Gregory	54	VIRGINIA MASTERS	1:02.71	1:02.93	7
	29.77	1:02.93 (33.16)			
3 Frentsos, Jerome	52	DISTRICT OF COLU	1:03.85	1:04.62	6
	31.07	1:04.62 (33.55)			
4 Osinovsky, Alex	54	RESTON MASTERS S	1:10.00	1:25.54	5
5 Shinaishin, Ahmed	50	FREEDOM AQUATIC	1:34.96	1:33.89	4
	44.19	1:33.89 (49.70)			

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Men 50-54 200 Yard Breaststroke

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=====
      ZONE: Z 2:18.34   4/24/2010 Benn Doyle, Garden State Mas
      NATL: ! 2:07.25   3/30/2014 DAVID GUTHRIE
Name           Age Club           Seed     Finals Points
=====
  1 Harris, Gregory      54 VIRGINIA MASTERS      2:23.17     2:20.62     9
      31.93      1:07.36 (35.43)      1:43.80 (36.44)     2:20.62 (36.82)
  2 Thompson, Jeffery    53 FREEDOM AQUATIC      2:30.00     2:52.76     7
      37.92      1:22.04 (44.12)     2:08.08 (46.04)     2:52.76 (44.68)
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Men 50-54 50 Yard Butterfly

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=====
      ZONE: Z 24.24    4/15/2007 Donald Graham, PNA
      NATL: ! 23.19   4/25/2004 TRIP HEDRICK
Name           Age Club           Seed     Finals Points
=====
  1 Hiltabiddle, Steve   51 COLONIALS 1776      24.60      24.14Z     9
  2 Williams, Neill     50 DISTRICT OF COLU    25.10      25.02     7
  3 Evans, Jeffrey      52 SPRING VALLEY YM    24.90      25.17     6
  4 Ellis, Brian        50 LANE 4 SWIMMING     27.52      27.77     5
  5 King, Stephen       53 MASTERS AQUATICS    27.94      27.95     4
  6 Dever, Frederick    52 DISTRICT OF COLU    27.19      28.22     3
  7 Golden, Scott       54 GERMANTOWN MARYL    29.00      29.55     2
  8 Eliot, Doug         53 RESTON MASTERS S    30.62      31.20     1
  9 Czander, Eric       52 DISTRICT OF COLU    32.00      31.49
 10 Toy, Raymond        51 CENTRAL MARYLAND    32.48      32.46
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Men 50-54 100 Yard Butterfly

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=====
      ZONE: Z 55.19    4/24/2005 Jim O'Connor, MARY
      NATL: ! 51.73   5/12/2013 DAVID SIMS
Name           Age Club           Seed     Finals Points
=====
  1 Hiltabiddle, Steve   51 COLONIALS 1776      55.50      55.81     9
      26.14      55.81 (29.67)
  2 Frentsos, Jerome    52 DISTRICT OF COLU    55.65      56.42     7
      26.74      56.42 (29.68)
  3 Evans, Jeffrey      52 SPRING VALLEY YM    55.80      56.49     6
      26.46      56.49 (30.03)
  4 Ellis, Brian        50 LANE 4 SWIMMING     1:02.63     1:02.96     5
      29.02      1:02.96 (33.94)
  5 Golden, Scott       54 GERMANTOWN MARYL    1:08.00     1:05.88     4
=====

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31.32 1:05.88 (34.56)

Men 50-54 200 Yard Butterfly

=====

ZONE: Z 2:02.75 4/24/2005 Jim O'Connor, MARY
NATL: ! 1:58.49 4/29/2016 DAVID SIMS

Name	Age	Club	Seed	Finals	Points
1 Hiltabiddle, Steve	51	COLONIALS 1776	2:20.00	2:18.61	9
	29.80	1:04.46 (34.66)	1:40.98 (36.52)	2:18.61 (37.63)	
2 Dever, Frederick	52	DISTRICT OF COLU	2:19.40	2:22.42	7
	31.72	1:06.56 (34.84)	1:43.24 (36.68)	2:22.42 (39.18)	
3 King, Stephen	53	MASTERS AQUATICS	2:38.25	2:34.41	6
	35.04	1:14.30 (39.26)	1:54.07 (39.77)	2:34.41 (40.34)	

Men 50-54 100 Yard IM

=====

ZONE: Z 55.06 4/15/2012 Clay Britt, Montgomery Ancie
NATL: ! 53.60 4/29/2017 MIKE IRVIN

Name	Age	Club	Seed	Finals	Points
1 Williams, Neill	50	DISTRICT OF COLU	57.40	56.75	9
	26.29	56.75 (30.46)			
2 Frentsos, Jerome	52	DISTRICT OF COLU	56.46	57.70	7
3 Hiltabiddle, Steve	51	COLONIALS 1776	59.00	58.09	6
	26.82	58.09 (31.27)			
4 Harris, Gregory	54	VIRGINIA MASTERS	58.29	58.23	5
	26.91	58.23 (31.32)			
5 Evans, Jeffrey	52	SPRING VALLEY YM	57.80	58.67	4
	26.59	58.67 (32.08)			
6 Ellis, Brian	50	LANE 4 SWIMMING	1:05.65	1:05.77	3
	31.07	1:05.77 (34.70)			
7 Toy, Raymond	51	CENTRAL MARYLAND	1:19.55	1:18.39	2
	36.89	1:18.39 (41.50)			
8 Bamford, Sherman	53	VIRGINIA MASTERS	2:12.00	1:48.06	1

Men 50-54 200 Yard IM

=====

ZONE: Z 2:07.91 4/8/2017 Jeffrey Evans, Spring Valley YM
NATL: ! 1:58.19 3/11/2017 MIKE IRVIN

Name	Age	Club	Seed	Finals	Points
1 Harris, Gregory	54	VIRGINIA MASTERS	2:11.69	2:08.10	9

	28.97	1:01.30 (32.33)	1:38.47 (37.17)	2:08.10 (29.63)	
2 Evans, Jeffrey		52 SPRING VALLEY YM	2:07.90	2:09.23	7
	26.86	59.57 (32.71)	1:37.88 (38.31)	2:09.23 (31.35)	
3 Hiltabiddle, Steve		51 COLONIALS 1776	2:20.00	2:16.12	6
	27.68	1:04.91 (37.23)	1:44.88 (39.97)	2:16.12 (31.24)	
4 House, Christopher		54 LANE 4 SWIMMING	2:21.00	2:20.20	5
	30.20	1:04.59 (34.39)	1:46.70 (42.11)	2:20.20 (33.50)	
5 Ellis, Brian		50 LANE 4 SWIMMING	2:23.21	2:24.16	4
	29.34	1:07.72 (38.38)	1:50.05 (42.33)	2:24.16 (34.11)	
6 Czander, Eric		52 DISTRICT OF COLU	2:26.00	2:25.53	3
	32.74	1:10.12 (37.38)	1:52.21 (42.09)	2:25.53 (33.32)	
7 Wells, Ernie		54 LANE 4 SWIMMING	2:40.00	2:31.93	2
	31.47	1:12.22 (40.75)	1:58.55 (46.33)	2:31.93 (33.38)	

Men 50-54 400 Yard IM

=====

ZONE: Z 4:42.34 4/10/2016 Emad Elshafei, UMAC-Terrapin Ma
 NATL: ! 4:16.57 5/2/2014 DARREN PHELAN

Name	Age	Club	Seed	Finals	Points
1 Wells, Ernie	54	LANE 4 SWIMMING	6:00.00	5:27.65	9
	32.88	1:10.05 (37.17)	1:54.16 (44.11)	2:39.02 (44.86)	
	3:27.02 (48.00)	4:15.38 (48.36)	4:52.61 (37.23)	5:27.65 (35.04)	
-- Segmuller, Hermann	52	FREEDOM AQUATIC	8:30.00	DQ	
	50.29	1:53.72 (1:03.43)	3:10.29 (1:16.57)	4:26.58 (1:16.29)	
	5:53.63 (1:27.05)	7:14.22 (1:20.59)	8:11.30 (57.08)	DQ (53.85)	

Men 55-59 50 Yard Freestyle Time Trial

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ZONE: Z 24.13 4/22/2001 Richard Arluck
 NATL: ! 21.82 4/30/2000 RICHARD ABRAHAMS

Name	Age	Club	Seed	Finals
- Time Trial				
8 Chenault, Robert	55	VIRGINIA MASTERS	NT	27.34

Men 55-59 50 Yard Freestyle

=====

ZONE: Z 22.24 4/25/2010 Paul Trevisan, Colonials 1776
 NATL: ! 21.82 4/30/2000 RICHARD ABRAHAMS

Name	Age	Club	Seed	Finals	Points
1 Frentsos, Matthew	55	DISTRICT OF COLU	26.77	25.09	9

2	Laiti, Chris	57	TEAM AMERICA	26.50	25.46	7
3	Bales, Paul	59	ALEXANDRIA MASTE	26.53	26.05	6
4	McComas, Tom	56	WARRIOR TEAM CON	27.50	26.67	5
5	Chenault, Robert	55	VIRGINIA MASTERS	30.00	27.18	4
6	Shipp, Bill	57	UMAC-TERRAPIN MA	26.50	27.36	3
7	Grecco, Paul	57	PATRIOT MASTERS	26.80	27.63	2
8	Linehan, Sean	57	LANE 4 SWIMMING	30.00	29.37	1
9	Sickenberger, William	58	RESTON MASTERS S	30.00	29.99	
10	Considine, Brian	57	UC12	32.44	30.58	
11	McGowan, Thomas	56	UC12	30.60	31.50	

Men 55-59 100 Yard Freestyle

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ZONE: Z 50.24 4/24/2010 Paul Trevisan, Colonials 1776
 NATL: ! 48.37 4/30/2000 RICHARD ABRAHAMS

Name	Age	Club	Seed	Finals	Points	
1	Jones, Mark	55	PATRIOT MASTERS	57.50	58.87	9
	28.27		58.87 (30.60)			
2	Shipp, Bill	57	UMAC-TERRAPIN MA	58.80	59.56	7
	28.94		59.56 (30.62)			
3	Clark, Ted	55	MASTERS AQUATICS	59.00	1:00.00	6
	28.97		1:00.00 (31.03)			
4	Moreland, Michael	55	ROCHESTER AREA M	1:01.01	1:00.30	5
	29.13		1:00.30 (31.17)			
5	Sickenberger, William	58	RESTON MASTERS S	1:10.00	1:08.85	4
	33.11		1:08.85 (35.74)			
6	Massonneau, Christopher	59	DISTRICT OF COLU	1:09.30	1:10.91	3
	34.15		1:10.91 (36.76)			

Men 55-59 200 Yard Freestyle

=====

ZONE: Z 1:54.89 4/25/2010 James Thornton, Team Pittsburgh
 NATL: ! 1:48.79 4/10/2010 MICHAEL MANN

Name	Age	Club	Seed	Finals	Points	
1	Reilly, Jeff	56	COLONIALS 1776	2:06.06	2:07.15	9
	30.12		1:01.97 (31.85) 1:34.78 (32.81)		2:07.15 (32.37)	
2	Shipp, Bill	57	UMAC-TERRAPIN MA	2:10.00	2:08.66	7
	30.65		1:04.15 (33.50) 1:36.80 (32.65)		2:08.66 (31.86)	
3	Bales, Paul	59	ALEXANDRIA MASTE	2:12.00	2:10.46	6
	29.69		1:01.90 (32.21) 1:35.73 (33.83)		2:10.46 (34.73)	
4	Moreland, Michael	55	ROCHESTER AREA M	2:11.56	2:11.90	5

	29.54	1:01.86 (32.32)	1:36.64 (34.78)	2:11.90 (35.26)	
5 Raful, Mitchell		56 RESTON MASTERS S	3:30.00	3:10.28	4
	42.03	1:29.40 (47.37)	2:19.54 (50.14)	3:10.28 (50.74)	

Men 55-59 500 Yard Freestyle

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=====
ZONE: Z 5:23.18 4/24/2010 James Thornton, Team Pittsburgh
NATL: ! 4:56.82 4/11/2010 MICHAEL MANN
Name Age Club Seed Finals Points
=====
1 Reilly, Jeff 56 COLONIALS 1776 5:35.50 5:44.76 9
    32.81 1:07.35 (34.54) 1:41.96 (34.61) 2:16.78 (34.82)
    2:51.78 (35.00) 3:26.85 (35.07) 4:01.91 (35.06) 4:36.78 (34.87)
    5:11.27 (34.49) 5:44.76 (33.49)
2 Shipp, Bill 57 UMAC-TERRAPIN MA 5:45.00 5:48.93 7
    31.39 1:06.15 (34.76) 1:42.12 (35.97) 2:18.04 (35.92)
    2:54.08 (36.04) 3:29.91 (35.83) 4:04.24 (34.33) 4:39.35 (35.11)
    5:14.88 (35.53) 5:48.93 (34.05)
3 Moreland, Michael 55 ROCHESTER AREA M 5:52.59 5:54.53 6
    31.75 1:05.87 (34.12) 1:41.15 (35.28) 2:16.82 (35.67)
    2:52.95 (36.13) 3:29.35 (36.40) 4:06.05 (36.70) 4:42.69 (36.64)
    5:18.99 (36.30) 5:54.53 (35.54)
4 Junta, Donald 55 PATRIOT MASTERS 7:21.61 7:22.13 5
    39.89 1:24.75 (44.86) 2:09.93 (45.18) 2:55.18 (45.25)
    3:41.03 (45.85) 4:27.09 (46.06) 5:11.45 (44.36) 5:55.61 (44.16)
    6:39.48 (43.87) 7:22.13 (42.65)

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Men 55-59 1000 Yard Freestyle

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=====
ZONE: Z 11:22.39 4/23/2010 James Thornton, Team Pittsburgh
NATL: ! 10:07.36 5/14/2006 JIM MC CONICA
Name Age Club Seed Finals Points
=====
1 Reilly, Jeff 56 COLONIALS 1776 11:33.50 11:43.25 9
    33.52 1:09.25 (35.73) 1:44.83 (35.58) 2:20.52 (35.69)
    2:56.15 (35.63) 3:31.85 (35.70) 4:07.35 (35.50) 4:42.70 (35.35)
    5:18.40 (35.70) 5:53.80 (35.40) 6:29.18 (35.38) 7:04.62 (35.44)
    7:40.15 (35.53) 8:15.69 (35.54) 8:51.23 (35.54) 9:26.42 (35.19)
    10:01.64 (35.22) 10:36.32 (34.68) 11:10.25 (33.93) 11:43.25 (33.00)
2 Moreland, Michael 55 ROCHESTER AREA M 12:06.37 12:13.68 7
    31.68 1:05.67 (33.99) 1:41.20 (35.53) 2:16.85 (35.65)
    2:52.67 (35.82) 3:29.05 (36.38) 4:05.47 (36.42) 4:42.47 (37.00)
    5:19.55 (37.08) 5:56.64 (37.09) 6:34.23 (37.59) 7:11.80 (37.57)

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7:49.72 (37.92)	8:27.73 (38.01)	9:05.62 (37.89)	9:43.29 (37.67)
10:20.93 (37.64)	10:58.89 (37.96)	11:36.94 (38.05)	12:13.68 (36.74)

Men 55-59 1650 Yard Freestyle

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=====
ZONE: Z 18:46.55 4/10/2015 Jerry De Muro, Lane 4 Swimming
NATL: ! 17:11.12 5/20/2007 JIM MC CONICA
Name Age Club Seed Finals Points
=====
1 Scoggin, Sam 57 RESTON MASTERS S 20:52.77 21:16.45 9
 34.08 1:11.16 (37.08) 1:49.31 (38.15) 2:28.02 (38.71)
 3:06.57 (38.55) 3:45.75 (39.18) 4:25.04 (39.29) 5:04.13 (39.09)
 5:42.70 (38.57) 6:21.02 (38.32) 6:59.41 (38.39) 7:38.05 (38.64)
 8:17.01 (38.96) 8:56.05 (39.04) 9:35.30 (39.25) 10:14.77 (39.47)
10:53.72 (38.95) 11:33.02 (39.30) 12:11.81 (38.79) 12:51.03 (39.22)
13:29.95 (38.92) 14:09.04 (39.09) 14:48.26 (39.22) 15:27.37 (39.11)
16:06.32 (38.95) 16:45.32 (39.00) 17:24.41 (39.09) 18:03.70 (39.29)
18:42.63 (38.93) 19:21.45 (38.82) 19:59.82 (38.37) 20:38.64 (38.82)
21:16.45 (37.81)
2 Harwit-Whewell, Stephen 57 WARRENTON MASTER 24:30.00 24:16.63 7
 39.55 1:23.19 (43.64) 2:06.34 (43.15) 2:50.00 (43.66)
 3:33.49 (43.49) 4:17.41 (43.92) 5:01.48 (44.07) 5:45.27 (43.79)
 6:28.96 (43.69) 7:12.68 (43.72) 7:56.93 (44.25) 8:41.02 (44.09)
 9:24.94 (43.92) 10:09.13 (44.19) 10:53.35 (44.22) 11:37.57 (44.22)
12:21.85 (44.28) 13:06.84 (44.99) 13:51.50 (44.66) 14:36.06 (44.56)
15:20.90 (44.84) 16:05.25 (44.35) 16:50.70 (45.45) 17:35.15 (44.45)
18:19.85 (44.70) 19:04.75 (44.90) 19:49.92 (45.17) 20:35.24 (45.32)
21:20.29 (45.05) 22:06.08 (45.79) 22:50.48 (44.40) 23:33.15 (42.67)
24:16.63 (43.48)
3 Junta, Donald 55 PATRIOT MASTERS 24:38.00 24:30.08 6
 40.88 1:25.32 (44.44) 2:11.14 (45.82) 2:55.67 (44.53)
 3:39.50 (43.83) 4:23.53 (44.03) 5:08.32 (44.79) 5:52.61 (44.29)
 6:37.59 (44.98) 7:21.57 (43.98) 8:05.73 (44.16) 8:51.06 (45.33)
 9:35.29 (44.23) 10:19.88 (44.59) 11:04.07 (44.19) 11:48.66 (44.59)
12:33.26 (44.60) 13:17.72 (44.46) 14:02.31 (44.59) 14:47.38 (45.07)
15:32.19 (44.81) 16:16.40 (44.21) 17:01.72 (45.32) 17:47.04 (45.32)
18:32.04 (45.00) 19:17.16 (45.12) 20:02.28 (45.12) 20:47.66 (45.38)
21:32.16 (44.50) 22:17.39 (45.23) 23:02.27 (44.88) 23:46.66 (44.39)
24:30.08 (43.42)
4 Sickenberger, William 58 RESTON MASTERS S 59:59.00 25:20.65 5
 37.30 1:19.47 (42.17) 2:04.78 (45.31) 2:50.98 (46.20)
 3:37.76 (46.78) 4:24.46 (46.70) 5:10.78 (46.32) 5:58.34 (47.56)
 6:44.79 (46.45) 7:32.13 (47.34) 8:17.92 (45.79) 9:04.63 (46.71)

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9:51.20 (46.57)	10:37.99 (46.79)	11:24.54 (46.55)	12:11.80 (47.26)
12:57.86 (46.06)	13:44.70 (46.84)	14:31.74 (47.04)	15:18.55 (46.81)
16:05.34 (46.79)	16:52.04 (46.70)	17:39.02 (46.98)	18:25.67 (46.65)
19:12.42 (46.75)	19:58.79 (46.37)	20:45.27 (46.48)	21:33.84 (48.57)
22:18.99 (45.15)	23:05.93 (46.94)	23:52.16 (46.23)	24:38.83 (46.67)
25:20.65 (41.82)			

5 Raful, Mitchell 56 RESTON MASTERS S 29:00.00 29:25.82 4

44.32	1:32.62 (48.30)	2:23.59 (50.97)	3:15.67 (52.08)
4:06.55 (50.88)	5:00.15 (53.60)	5:53.55 (53.40)	6:47.11 (53.56)
7:40.65 (53.54)	8:34.20 (53.55)	9:27.84 (53.64)	10:22.66 (54.82)
11:15.75 (53.09)	12:11.51 (55.76)	13:04.60 (53.09)	13:58.27 (53.67)
14:52.73 (54.46)	15:46.38 (53.65)	16:39.67 (53.29)	17:34.34 (54.67)
18:29.94 (55.60)	19:25.77 (55.83)	20:20.04 (54.27)	21:14.70 (54.66)
22:11.20 (56.50)	23:05.11 (53.91)	23:58.51 (53.40)	24:53.70 (55.19)
25:47.92 (54.22)	26:42.14 (54.22)	27:36.62 (54.48)	28:31.05 (54.43)
29:25.82 (54.77)			

6 Khorshide, Sam 59 LANE 4 SWIMMING 28:22.72 30:05.59 3

48.75	1:40.71 (51.96)	2:34.22 (53.51)	3:30.05 (55.83)
4:24.63 (54.58)	5:20.10 (55.47)	6:16.22 (56.12)	7:12.94 (56.72)
8:08.47 (55.53)	9:03.63 (55.16)	10:00.29 (56.66)	10:55.39 (55.10)
11:51.11 (55.72)	12:47.20 (56.09)	13:43.95 (56.75)	14:38.74 (54.79)
15:34.21 (55.47)	16:29.51 (55.30)	17:24.62 (55.11)	18:19.62 (55.00)
19:13.58 (53.96)	20:07.55 (53.97)	21:03.85 (56.30)	21:58.73 (54.88)
22:53.29 (54.56)	23:47.32 (54.03)	24:42.15 (54.83)	25:36.33 (54.18)
26:31.21 (54.88)	27:25.59 (54.38)	28:20.31 (54.72)	29:13.81 (53.50)
30:05.59 (51.78)			

Men 55-59 50 Yard Backstroke

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ZONE: Z 27.73 4/17/2011 Pete Reider, TERR
 NATL: ! 25.66 4/10/2016 STEVE WOOD

Name	Age Club	Seed	Finals	Points
1 Moreland, Michael	55 ROCHESTER AREA M	31.36	31.19	9
2 Laiti, Chris	57 TEAM AMERICA	31.00	31.31	7
3 Grecco, Paul	57 PATRIOT MASTERS	32.00	33.51	6
4 Considine, Brian	57 UC12	39.00	35.98	5
5 Linehan, Sean	57 LANE 4 SWIMMING	39.00	37.14	4

Men 55-59 100 Yard Backstroke

=====

ZONE: Z 1:01.77 4/13/2008 Mark Pugliese, ANCM
 NATL: ! 53.81 2/25/2017 STEVE WOOD

Name	Age	Club	Seed	Finals	Points
1 Moreland, Michael	55	ROCHESTER AREA M	1:07.04	1:08.11	9
	33.49	1:08.11 (34.62)			
2 Massonneau, Christopher	59	DISTRICT OF COLU	1:23.23	1:28.00	7
	43.44	1:28.00 (44.56)			

Men 55-59 200 Yard Backstroke

Name	Age	Club	Seed	Finals	Points
ZONE: Z 2:18.02 4/25/2009 David Bright, NEM					
NATL: ! 2:03.14 3/31/2012 TOM BARTON					
1 Moreland, Michael	55	ROCHESTER AREA M	2:24.44	2:25.82	9
	34.10	1:10.97 (36.87) 1:48.64 (37.67)		2:25.82 (37.18)	

Men 55-59 50 Yard Breaststroke

Name	Age	Club	Seed	Finals	Points
ZONE: Z 29.15 4/11/2015 Gregory Oxley, Colonials 1776					
NATL: ! 27.59 3/26/2017 DAVID GUTHRIE					
1 Chenault, Robert	55	VIRGINIA MASTERS	34.00	30.58	9
2 Hellmann, Ralph	56	UC12	30.60	30.70	7
3 Grecco, Paul	57	PATRIOT MASTERS	33.07	33.74	6
4 Collins, Michael	55	MARYLAND MASTERS	36.13	35.14	5
5 Romo, Robert	59	VIRGINIA MASTERS	36.50	35.54	4

Men 55-59 100 Yard Breaststroke

Name	Age	Club	Seed	Finals	Points
ZONE: Z 1:04.36 4/12/2015 Gregory Oxley, Colonials 1776					
NATL: ! 1:00.13 3/26/2017 DAVID GUTHRIE					
1 Hellmann, Ralph	56	UC12	1:08.25	1:08.53	9
	32.73	1:08.53 (35.80)			
2 Frentsos, Matthew	55	DISTRICT OF COLU	1:07.77	1:09.86	7
	33.04	1:09.86 (36.82)			
3 Chenault, Robert	55	VIRGINIA MASTERS	1:20.00	1:11.17	6
	33.68	1:11.17 (37.49)			
4 Shipp, Bill	57	UMAC-TERRAPIN MA	1:19.00	1:19.43	5
	36.91	1:19.43 (42.52)			
5 Collins, Michael	55	MARYLAND MASTERS	1:16.00	1:20.47	4

	37.91	1:20.47 (42.56)			
6 McGowan, Thomas		56 UC12	1:33.00	1:31.63	3
	43.71	1:31.63 (47.92)			

Men 55-59 200 Yard Breaststroke

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=====
ZONE: Z 2:33.72 4/14/2012 Jose E Cunningham, District Of Colu
NATL: ! 2:11.95 4/10/2016 DAVID GUTHRIE
Name Age Club Seed Finals Points
=====
1 Chenault, Robert 55 VIRGINIA MASTERS 2:55.00 2:33.69Z 9
35.56 1:15.80 (40.24) 1:56.18 (40.38) 2:33.69 (37.51)
2 Collins, Michael 55 MARYLAND MASTERS 2:45.00 2:54.18 7
39.29 1:24.39 (45.10) 2:10.46 (46.07) 2:54.18 (43.72)
3 Romo, Robert 59 VIRGINIA MASTERS 3:09.00 3:10.74 6
42.50 1:31.21 (48.71) 2:21.35 (50.14) 3:10.74 (49.39)
=====

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Men 55-59 50 Yard Butterfly

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=====
ZONE: Z 26.05 4/12/2008 Mark Pugliese, ANCM
NATL: ! 24.00 5/1/2016 BRUCE KONE
Name Age Club Seed Finals Points
=====
1 Hellmann, Ralph 56 UC12 27.00 27.08 9
2 Chenault, Robert 55 VIRGINIA MASTERS 30.00 28.58 7
3 Bales, Paul 59 ALEXANDRIA MASTE 28.83 28.71 6
4 Reilly, Jeff 56 COLONIALS 1776 27.27 29.55 5
5 Clark, Ted 55 MASTERS AQUATICS 30.00 30.02 4
6 Shipp, Bill 57 UMAC-TERRAPIN MA 29.80 30.54 3
7 Grecco, Paul 57 PATRIOT MASTERS 29.61 30.55 2
8 Romo, Robert 59 VIRGINIA MASTERS 31.50 31.49 1
9 Considine, Brian 57 UC12 38.00 33.07
10 Linehan, Sean 57 LANE 4 SWIMMING 34.00 34.62
11 Massonneau, Christopher 59 DISTRICT OF COLU 33.33 35.07
12 Junta, Donald 55 PATRIOT MASTERS 41.44 43.27
13 Raful, Mitchell 56 RESTON MASTERS S 1:10.00 46.26
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Men 55-59 100 Yard Butterfly

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=====
ZONE: Z 59.53 4/13/2008 Mark Pugliese, ANCM
NATL: ! 53.90 5/12/2013 PAUL CARTER
Name Age Club Seed Finals Points
=====

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1 Collins, Michael	55 MARYLAND MASTERS	1:15.00	1:16.47	9
33.64	1:16.47 (42.83)			
2 Junta, Donald	55 PATRIOT MASTERS	1:37.26	1:54.23	7
50.27	1:54.23 (1:03.96)			

Men 55-59 200 Yard Butterfly

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=====
ZONE: Z 2:21.96 3/29/1998 Jack Geoghegan
NATL: ! 2:03.18 5/23/2010 BRAD HORNER
Name Age Club Seed Finals Points
=====
1 Reilly, Jeff 56 COLONIALS 1776 2:33.10 2:42.56 9
35.01 1:14.56 (39.55) 1:55.98 (41.42) 2:42.56 (46.58)
-- Raful, Mitchell 56 RESTON MASTERS S 4:15.00 DQ
One hand touch
49.62 1:54.36 (1:04.74) 3:11.05 (1:16.69) DQ (1:22.57)

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Men 55-59 100 Yard IM

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=====
ZONE: Z 1:00.94 4/25/2010 Paul Trevisan, Colonials 1776
NATL: ! 55.85 4/9/2016 STEVE WOOD
Name Age Club Seed Finals Points
=====
1 Frentsos, Matthew 55 DISTRICT OF COLU 1:03.77 1:01.74 9
28.34 1:01.74 (33.40)
2 Chenault, Robert 55 VIRGINIA MASTERS 1:12.00 1:05.54 7
31.29 1:05.54 (34.25)
3 McComas, Tom 56 WARRIOR TEAM CON 1:08.41 1:05.58 6
30.80 1:05.58 (34.78)
4 Jones, Mark 55 PATRIOT MASTERS 1:07.50 1:05.79 5
31.46 1:05.79 (34.33)
5 Moreland, Michael 55 ROCHESTER AREA M 1:10.00 1:09.30 4
30.82 1:09.30 (38.48)
6 Grecco, Paul 57 PATRIOT MASTERS 1:06.13 1:09.85 3
31.79 1:09.85 (38.06)
7 Collins, Michael 55 MARYLAND MASTERS 1:12.00 1:12.91 2
33.94 1:12.91 (38.97)
8 Arnold, Scott 58 FREEDOM AQUATIC 1:27.00 1:21.30 1
36.75 1:21.30 (44.55)
9 McGowan, Thomas 56 UC12 1:19.87 1:21.96
37.93 1:21.96 (44.03)

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Men 55-59 200 Yard IM


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=====
ZONE: Z 2:16.49 4/17/2011 Jamie Hemmerle, 1776
NATL: ! 2:04.09 5/4/2008 TIMOTHY SHEAD
Name Age Club Seed Finals Points
=====
1 Jones, Mark 55 PATRIOT MASTERS 2:24.00 2:22.27 9
30.85 1:10.06 (39.21) 1:50.15 (40.09) 2:22.27 (32.12)
2 Chenault, Robert 55 VIRGINIA MASTERS 2:44.00 2:26.28 7
32.29 1:12.97 (40.68) 1:52.27 (39.30) 2:26.28 (34.01)
3 Bales, Paul 59 ALEXANDRIA MASTE 2:30.00 2:34.98 6
32.42 1:12.51 (40.09) 1:58.09 (45.58) 2:34.98 (36.89)

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Men 55-59 400 Yard IM

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=====
ZONE: Z 4:53.50 4/21/2013 Robert Kannegieser, Fins Aquatics Cl
NATL: ! 4:28.66 5/2/2014 JIM SAUER
Name Age Club Seed Finals Points
=====
1 Jones, Mark 55 PATRIOT MASTERS 5:08.00 5:01.08 9
32.56 1:09.44 (36.88) 1:49.87 (40.43) 2:29.68 (39.81)
3:11.54 (41.86) 3:54.07 (42.53) 4:27.97 (33.90) 5:01.08 (33.11)
2 Junta, Donald 55 PATRIOT MASTERS 7:23.38 7:32.63 7
52.25 1:58.80 (1:06.55) 3:03.21 (1:04.41) 4:08.28 (1:05.07)
5:06.99 (58.71) 6:06.40 (59.41) 6:49.38 (42.98) 7:32.63 (43.25)

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Men 60-64 50 Yard Freestyle

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=====
ZONE: Z 24.32 4/13/2008 Jim Dragon, GSM
NATL: ! 22.30 5/22/2005 RICHARD ABRAHAMS
Name Age Club Seed Finals Points
=====
1 Crossland, Jerry 61 CENTRAL BUCKS FA 26.50 25.47 9
2 Slater, Douglas 60 CLUB TRIBE 24.90 26.02 7
3 Schlapo, James 62 UC08 27.35 26.87 6

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Men 60-64 100 Yard Freestyle

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=====
ZONE: Z 54.02 4/20/2013 James Thornton, Colonials 1776
NATL: ! 49.14 5/22/2005 RICHARD ABRAHAMS
Name Age Club Seed Finals Points
=====
1 Slater, Douglas 60 CLUB TRIBE 56.00 54.14 9
25.78 54.14 (28.36)

```

2	Crossland, Jerry	61	CENTRAL BUCKS FA	57.00	55.86	7
	26.49		55.86 (29.37)			
3	Keyser, Brian	61	COLONIALS 1776	58.50	1:01.40	6
	29.54		1:01.40 (31.86)			
4	Schlapo, James	62	UC08	1:02.12	1:01.44	5
	27.50		1:01.44 (33.94)			
5	Rickard, Alan	61	RIPTIDE MASTERS	1:01.89	1:02.63	4
	29.58		1:02.63 (33.05)			
6	Denes, Thomas	60	MONTGOMERY ANCIE	1:03.00	1:03.05	3
	30.01		1:03.05 (33.04)			
7	Burgess, Douglas	61	MERRITT MARLINS	1:07.67	1:08.60	2
	33.48		1:08.60 (35.12)			
8	Mandour, Saleh	64	MERRITT MARLINS	1:12.00	1:09.96	1

Men 60-64 200 Yard Freestyle

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ZONE: Z 1:58.43		4/21/2013 James Thornton, Colonials 1776				
NATL: ! 1:51.08		4/24/2015 RICK COLELLA				
Name	Age	Club	Seed	Finals	Points	
=====						
1	Crossland, Jerry	61	CENTRAL BUCKS FA	2:09.00	2:08.10	9
	29.21		1:00.80 (31.59)	1:34.05 (33.25)	2:08.10 (34.05)	

Men 60-64 500 Yard Freestyle

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ZONE: Z 5:32.86		4/20/2013 James Thornton, Colonials 1776				
NATL: ! 5:11.17		4/29/2012 JIM MC CONICA				
Name	Age	Club	Seed	Finals	Points	
=====						
1	Gibson, Christopher	62	PEDDIE AQUATIC A	5:35.00	5:42.81	9
	31.05		1:05.20 (34.15)	1:40.39 (35.19)	2:15.97 (35.58)	
	2:51.55 (35.58)		3:27.10 (35.55)	4:02.09 (34.99)	4:36.68 (34.59)	
	5:10.37 (33.69)		5:42.81 (32.44)			
2	Denes, Thomas	60	MONTGOMERY ANCIE	6:30.00	6:27.91	7
	34.82		1:13.08 (38.26)	1:51.91 (38.83)	2:31.40 (39.49)	
	3:10.55 (39.15)		3:49.83 (39.28)	4:29.26 (39.43)	5:08.88 (39.62)	
	5:48.77 (39.89)		6:27.91 (39.14)			
3	Mandour, Saleh	64	MERRITT MARLINS	7:04.00	7:03.89	6
	36.36		1:17.74 (41.38)	2:02.16 (44.42)	2:45.91 (43.75)	
	3:31.19 (45.28)		4:14.83 (43.64)	4:58.40 (43.57)	5:41.44 (43.04)	
	6:24.13 (42.69)		7:03.89 (39.76)			
4	Moyer, Steven	60	RESTON MASTERS S	8:00.00	7:06.76	5
	37.58		1:19.71 (42.13)	2:03.81 (44.10)	2:48.05 (44.24)	

3:32.24 (44.19) 4:16.14 (43.90) 4:59.97 (43.83) 5:43.35 (43.38)
 6:25.76 (42.41) 7:06.76 (41.00)

Men 60-64 1000 Yard Freestyle

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=====
ZONE: Z 12:07.48    4/21/2002 David Harrison
NATL: ! 10:42.16    4/23/2015 MICHAEL MANN
Name                    Age Club                    Seed                    Finals Points
=====
1 De Muro, Jerry            62 LANE 4 SWIMMING            10:55.00            11:20.87Z    9
   31.13            1:04.70 (33.57)            1:38.39 (33.69)            2:12.76 (34.37)
   2:46.81 (34.05)            3:21.33 (34.52)            3:55.81 (34.48)            4:29.96 (34.15)
   5:04.08 (34.12)            5:38.36 (34.28)            6:12.72 (34.36)            6:47.26 (34.54)
   7:21.54 (34.28)            7:56.03 (34.49)            8:30.29 (34.26)            9:04.80 (34.51)
   9:39.25 (34.45)            10:13.53 (34.28)            10:47.85 (34.32)            11:20.87 (33.02)
2 Kannegieser, Robert            60 FINS AQUATICS CL            11:25.61            11:38.54Z    7
   31.77            1:06.85 (35.08)            1:41.82 (34.97)            2:17.41 (35.59)
   2:52.92 (35.51)            3:28.52 (35.60)            4:04.05 (35.53)            4:39.52 (35.47)
   5:14.67 (35.15)            5:50.04 (35.37)            6:25.23 (35.19)            7:00.60 (35.37)
   7:35.68 (35.08)            8:10.64 (34.96)            8:45.96 (35.32)            9:21.17 (35.21)
   9:55.83 (34.66)            10:30.58 (34.75)            11:04.98 (34.40)            11:38.54 (33.56)
3 Crossland, Jerry            61 CENTRAL BUCKS FA            13:30.00            12:46.97    6
   33.79            1:10.12 (36.33)            1:47.82 (37.70)            2:25.93 (38.11)
   3:04.24 (38.31)            3:42.86 (38.62)            4:21.20 (38.34)            4:59.08 (37.88)
   5:37.58 (38.50)            6:16.12 (38.54)            6:55.10 (38.98)            7:33.79 (38.69)
   8:13.08 (39.29)            8:52.21 (39.13)            9:31.70 (39.49)            10:11.08 (39.38)
  10:50.71 (39.63)            11:29.90 (39.19)            12:09.00 (39.10)            12:46.97 (37.97)
4 Moyer, Steven            60 RESTON MASTERS S            16:00.00            14:52.09    5
   39.60            1:23.09 (43.49)            2:08.29 (45.20)            2:53.68 (45.39)
   3:38.80 (45.12)            4:23.66 (44.86)            5:09.90 (46.24)            5:54.66 (44.76)
   6:39.94 (45.28)            7:26.28 (46.34)            8:10.30 (44.02)            8:55.36 (45.06)
   9:41.49 (46.13)            10:25.43 (43.94)            11:11.41 (45.98)            11:55.99 (44.58)
  12:40.40 (44.41)            13:23.51 (43.11)            14:09.40 (45.89)            14:52.09 (42.69)
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Men 60-64 1650 Yard Freestyle

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=====
ZONE: Z 20:01.66    5/2/1999 David Harrison
NATL: ! 17:59.55    5/20/2010 JIM CLEMMONS
Name                    Age Club                    Seed                    Finals Points
=====
1 Gibson, Christopher            62 PEDDIE AQUATIC A            19:29.00            20:15.23    9
   31.95            1:07.76 (35.81)            1:45.06 (37.30)            2:22.78 (37.72)
=====
  
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3:00.82 (38.04)	3:38.56 (37.74)	4:16.11 (37.55)	4:54.16 (38.05)
5:31.78 (37.62)	6:09.37 (37.59)	6:46.58 (37.21)	7:24.29 (37.71)
8:01.39 (37.10)	8:38.51 (37.12)	9:15.67 (37.16)	9:53.32 (37.65)
10:30.28 (36.96)	11:07.89 (37.61)	11:44.96 (37.07)	12:22.25 (37.29)
12:59.71 (37.46)	13:37.12 (37.41)	14:14.58 (37.46)	14:51.78 (37.20)
15:29.16 (37.38)	16:05.72 (36.56)	16:42.70 (36.98)	17:20.11 (37.41)
17:56.56 (36.45)	18:32.63 (36.07)	19:08.56 (35.93)	19:42.52 (33.96)
20:15.23 (32.71)			

2 Tupitza, Charles 63 WARRENTON MASTER 29:59.00 29:55.32 7

43.61	1:33.55 (49.94)	2:27.00 (53.45)	3:20.97 (53.97)
4:15.44 (54.47)	6:05.15 (1:49.71)		6:59.53 ()
7:54.40 (54.87)	8:50.42 (56.02)	9:46.14 (55.72)	10:41.23 (55.09)
11:36.51 (55.28)	12:32.48 (55.97)	13:28.35 (55.87)	14:24.19 (55.84)
15:20.55 (56.36)	16:14.96 (54.41)	17:11.34 (56.38)	18:07.91 (56.57)
19:03.03 (55.12)	19:58.77 (55.74)	20:54.54 (55.77)	21:49.77 (55.23)
22:45.09 (55.32)	23:39.90 (54.81)	24:35.09 (55.19)	25:30.41 (55.32)
26:26.13 (55.72)	27:21.19 (55.06)	28:15.71 (54.52)	29:08.79 (53.08)
29:55.32 (46.53)			

Men 60-64 50 Yard Backstroke Time Trial

=====

ZONE: Z 28.98 4/23/2006 Richard Alexander
 NATL: ! 26.70 4/29/2017 PHILIPP DJANG

Name	Age Club	Seed	Finals
- Time Trial			
1 Slater, Douglas	60 CLUB TRIBE	NT	28.24Z

Men 60-64 50 Yard Backstroke

=====

ZONE: Z 28.98 4/23/2006 Richard Alexander, GSM
 NATL: ! 26.70 4/29/2017 PHILIPP DJANG

Name	Age Club	Seed	Finals	Points
1 Slater, Douglas	60 CLUB TRIBE	29.50	28.02Z	9
2 Crossland, Jerry	61 CENTRAL BUCKS FA	31.80	30.29	7
3 Schlapo, James	62 UC08	37.88	36.44	6

Men 60-64 100 Yard Backstroke Time Trial

=====

ZONE: Z 1:06.22 4/23/2006 Richard Alexander
 NATL: ! 57.46 4/30/2016 TOM BARTON

Name	Age Club	Seed	Finals
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- Time Trial

3 Slater, Douglas 60 CLUB TRIBE NT 1:00.67Z

Men 60-64 100 Yard Backstroke

=====

ZONE: Z 1:03.68 4/20/2013 Geoffrey Meyer, Colonials 1776

NATL: ! 57.46 4/30/2016 TOM BARTON

Name	Age	Club	Seed	Finals	Points
1 Slater, Douglas	60	CLUB TRIBE	1:03.90	1:00.29Z	9
	29.34	1:00.29 (30.95)			
2 Crossland, Jerry	61	CENTRAL BUCKS FA	1:07.00	1:03.80	7
	31.06	1:03.80 (32.74)			
3 Burgess, Douglas	61	MERRITT MARLINS	1:27.88	1:28.93	6
	43.04	1:28.93 (45.89)			

Men 60-64 200 Yard Backstroke

=====

ZONE: Z 2:23.07 4/15/2012 Richard Bober, North Carolina M

NATL: ! 2:07.91 5/1/2016 TOM BARTON

Name	Age	Club	Seed	Finals	Points
1 Slater, Douglas	60	CLUB TRIBE	2:22.00	2:14.89Z	9
	30.92	1:05.50 (34.58)	1:40.86 (35.36)	2:14.89 (34.03)	
2 Moyer, Steven	60	RESTON MASTERS S	4:10.00	3:24.08	7
	48.93	1:41.55 (52.62)	2:33.68 (52.13)	3:24.08 (50.40)	

Men 60-64 50 Yard Breaststroke

=====

ZONE: Z 31.63 4/23/2006 Louis Kronfeld, NEM

NATL: ! 28.30 2/11/2018 BRUCE KONE

Name	Age	Club	Seed	Finals	Points
1 Keyser, Brian	61	COLONIALS 1776	30.98	31.51Z	9
2 Nishimura, Koji	60	ARLINGTON MASTER	32.00	31.53Z	7
3 Van Horn, Larry	64	GARDEN STATE MAS	38.79	40.41	6
4 Denes, Thomas	60	MONTGOMERY ANCIE	50.00	41.71	5
5 Burgess, Douglas	61	MERRITT MARLINS	46.39	47.73	4

Men 60-64 100 Yard Breaststroke

=====

ZONE: Z 1:10.26 4/6/2014 Berry Hamilton, Longhorn Aquatic

NATL: ! 1:02.61 5/2/2014 RICK COLELLA

Name	Age	Club	Seed	Finals	Points
1 Keyser, Brian	61	COLONIALS 1776	1:09.04	1:09.83Z	9
	32.54	1:09.83 (37.29)			
2 Cheney, David	60	MONTGOMERY ANCIE	1:16.88	1:18.27	7
	38.30	1:18.27 (39.97)			

Men 60-64 200 Yard Breaststroke

ZONE: Z 2:38.50 4/5/2014 Berry Hamilton, Longhorn Aquatic

NATL: ! 2:16.71 5/3/2014 RICK COLELLA

Name	Age	Club	Seed	Finals	Points
1 Keyser, Brian	61	COLONIALS 1776	2:36.77	2:38.75	9
	34.80	1:14.58 (39.78)	1:56.23 (41.65)	2:38.75 (42.52)	
2 Kannegieser, Robert	60	FINS AQUATICS CL	2:45.00	2:38.93	7
	37.77	1:18.20 (40.43)	1:58.97 (40.77)	2:38.93 (39.96)	
3 Van Horn, Larry	64	GARDEN STATE MAS	3:21.74	3:20.27	6
	45.72	1:37.06 (51.34)	2:29.64 (52.58)	3:20.27 (50.63)	

Men 60-64 50 Yard Butterfly

ZONE: Z 26.13 4/12/2008 Jim Dragon, GSM

NATL: ! 24.36 2/10/2018 BRUCE KONE

Name	Age	Club	Seed	Finals	Points
1 Slater, Douglas	60	CLUB TRIBE	28.00	27.30	9
2 Crossland, Jerry	61	CENTRAL BUCKS FA	30.00	28.33	7
3 Cheney, David	60	MONTGOMERY ANCIE	28.12	28.57	6
4 Mandour, Saleh	64	MERRITT MARLINS	33.00	32.09	5
5 Denes, Thomas	60	MONTGOMERY ANCIE	32.00	32.70	4
6 Burgess, Douglas	61	MERRITT MARLINS	36.08	38.85	3
7 Van Horn, Larry	64	GARDEN STATE MAS	39.35	42.50	2

Men 60-64 100 Yard Butterfly

ZONE: Z 1:00.63 4/25/2009 Kieran Kelleher, DCAC

NATL: ! 54.92 5/22/2005 RICHARD ABRAHAMS

Name	Age	Club	Seed	Finals	Points
1 Kannegieser, Robert	60	FINS AQUATICS CL	1:02.32	1:02.38	9
	29.39	1:02.38 (32.99)			

2 Cheney, David 60 MONTGOMERY ANCIE 1:04.00 1:03.44 7
 31.34 1:03.44 (32.10)

Men 60-64 200 Yard Butterfly

```
=====
      ZONE: Z 2:34.84      4/9/2016 John Chambers, Chelsea Piers Ma
      NATL: ! 2:07.49      4/30/2017 JIM SAUER
      Name                    Age Club                    Seed            Finals Points
=====
```

Name	Age	Club	Seed	Finals	Points
1 Kannegieser, Robert	60	FINS AQUATICS CL	2:36.17	2:26.29Z	9
	31.30	1:07.52 (36.22)	1:46.40 (38.88)	2:26.29	(39.89)
2 Cheney, David	60	MONTGOMERY ANCIE	2:24.26	2:30.94Z	7
	34.60	1:11.57 (36.97)	1:50.79 (39.22)	2:30.94	(40.15)

Men 60-64 100 Yard IM

```
=====
      ZONE: Z 1:02.78      4/12/2015 Ed McCleskey, Montgomery Ancie
      NATL: ! 57.23        5/11/2013 RICK COLELLA
      Name                    Age Club                    Seed            Finals Points
=====
```

Name	Age	Club	Seed	Finals	Points
1 Slater, Douglas	60	CLUB TRIBE	1:05.00	1:00.09Z	9
	27.51	1:00.09 (32.58)			
2 Kannegieser, Robert	60	FINS AQUATICS CL	1:05.18	1:04.42	7
	29.67	1:04.42 (34.75)			
3 Crossland, Jerry	61	CENTRAL BUCKS FA	1:08.00	1:07.35	6
	30.88	1:07.35 (36.47)			
4 Keyser, Brian	61	COLONIALS 1776	1:06.64	1:08.83	5
	33.69	1:08.83 (35.14)			
5 Cheney, David	60	MONTGOMERY ANCIE	1:08.65	1:09.21	4
	32.85	1:09.21 (36.36)			

Men 60-64 200 Yard IM

```
=====
      ZONE: Z 2:22.04      4/5/2014 Berry Hamilton, Longhorn Aquatic
      NATL: ! 2:03.26      5/4/2014 RICK COLELLA
      Name                    Age Club                    Seed            Finals Points
=====
```

Name	Age	Club	Seed	Finals	Points
1 Kannegieser, Robert	60	FINS AQUATICS CL	2:21.12	2:19.80Z	9
	28.99	1:04.67 (35.68)	1:46.89 (42.22)	2:19.80	(32.91)
2 Cheney, David	60	MONTGOMERY ANCIE	2:29.57	2:32.56	7
	31.36	1:14.04 (42.68)	1:58.86 (44.82)	2:32.56	(33.70)
3 Keyser, Brian	61	COLONIALS 1776	2:31.51	2:32.77	6
	33.75	1:15.35 (41.60)	1:56.40 (41.05)	2:32.77	(36.37)

6 Levine, Steven	31.95	65 BERKELEY (NJ) AQ	1:07.08	1:11.63	3
		1:11.63 (39.68)			
7 Miller, Jim	34.75	67 VIRGINIA MASTERS	1:12.00	1:12.50	2
		1:12.50 (37.75)			
8 Nelson, Bill	35.15	65 VIRGINIA MASTERS	1:15.00	1:13.97	1
		1:13.97 (38.82)			
9 Belfit, Scott	47.10	66 VIRGINIA MASTERS	1:36.00	1:28.92	
		1:28.92 (41.82)			

Men 65-69 200 Yard Freestyle

=====

ZONE: Z 2:09.58 4/13/2003 David Harrison
 NATL: ! 1:52.57 4/30/2017 RICK COLELLA

Name	Age	Club	Seed	Finals	Points
1 Franz, Craig	32.77	65 DISTRICT OF COLU	2:22.00	2:19.66	9
		1:08.85 (36.08)	1:45.74 (36.89)	2:19.66 (33.92)	
2 Ryan, James	32.84	65 GARDEN STATE MAS	2:20.83	2:21.08	7
		1:08.30 (35.46)	1:44.77 (36.47)	2:21.08 (36.31)	
3 Edgell, Don	35.53	65 LANE 4 SWIMMING	2:27.56	2:35.26	6
		1:15.20 (39.67)	1:55.41 (40.21)	2:35.26 (39.85)	
4 Walters, Mark	37.27	65 GERMANTOWN MARYL	2:38.69	2:42.24	5
		1:17.89 (40.62)	2:00.47 (42.58)	2:42.24 (41.77)	
5 Levine, Steven	36.96	65 BERKELEY (NJ) AQ	2:38.30	2:46.35	4
		1:19.20 (42.24)	2:03.71 (44.51)	2:46.35 (42.64)	
6 Miller, Jim	39.19	67 VIRGINIA MASTERS	2:42.00	2:48.03	3
		1:22.01 (42.82)	2:06.24 (44.23)	2:48.03 (41.79)	
7 Belfit, Scott	42.90	66 VIRGINIA MASTERS	3:46.00	3:06.86	2
		1:30.83 (47.93)	2:20.15 (49.32)	3:06.86 (46.71)	
8 Nelson, Bill	37.78	65 VIRGINIA MASTERS	2:54.00	3:10.70	1
		1:27.13 (49.35)	2:22.09 (54.96)	3:10.70 (48.61)	

Men 65-69 500 Yard Freestyle

=====

ZONE: Z 5:53.27 4/13/2003 David Harrison
 NATL: ! 5:05.44 4/9/2017 RICK COLELLA

Name	Age	Club	Seed	Finals	Points
1 Ryan, James	35.38	65 GARDEN STATE MAS	6:10.09	6:15.82	9
		1:12.28 (36.90)	1:49.80 (37.52)	2:27.67 (37.87)	
		3:05.94 (38.27)	3:44.47 (38.53)	4:22.23 (37.76)	5:00.49 (38.26)
		5:38.79 (38.30)	6:15.82 (37.03)		
2 Franz, Craig		65 DISTRICT OF COLU	6:28.00	6:17.65	7

	33.71	1:10.68 (36.97)	1:48.51 (37.83)	2:26.99 (38.48)
	3:05.58 (38.59)	3:44.49 (38.91)	4:23.67 (39.18)	5:02.77 (39.10)
	5:41.18 (38.41)	6:17.65 (36.47)		
3 Levine, Steven		65 BERKELEY (NJ) AQ	7:15.00	7:11.46 6
	38.38	1:23.65 (45.27)	2:09.18 (45.53)	2:53.95 (44.77)
	3:38.40 (44.45)	4:21.73 (43.33)	5:06.04 (44.31)	5:48.27 (42.23)
	6:31.60 (43.33)	7:11.46 (39.86)		
4 Belfit, Scott		66 VIRGINIA MASTERS	9:36.00	8:11.95 5
	44.07	1:31.32 (47.25)	2:21.52 (50.20)	3:12.50 (50.98)
	4:03.59 (51.09)	4:52.10 (48.51)	5:41.22 (49.12)	6:33.49 (52.27)
	7:22.92 (49.43)	8:11.95 (49.03)		

Men 65-69 500 Yard Freestyle Time Trial

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=====
ZONE: Z 5:53.27 4/13/2003 David Harrison
NATL: ! 5:05.44 4/9/2017 RICK COLELLA
Name Age Club Seed Finals
=====
- Time Trial
1 Ryan, James 65 GARDEN STATE MAS NT 6:21.47

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Men 65-69 1000 Yard Freestyle

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=====
ZONE: Z 12:26.16 4/4/2004 David Harrison, 1776
NATL: ! 11:23.13 4/16/2016 JIM MC CONICA
Name Age Club Seed Finals Points
=====
1 Levine, Steven 65 BERKELEY (NJ) AQ 14:48.12 14:25.98 9
40.00 1:24.58 (44.58) 2:10.42 (45.84) 2:57.04 (46.62)
3:41.90 (44.86) 4:28.02 (46.12) 5:13.19 (45.17) 5:58.20 (45.01)
6:43.99 (45.79) 7:30.21 (46.22) 8:16.39 (46.18) 9:02.74 (46.35)
9:48.91 (46.17) 10:36.28 (47.37) 11:23.61 (47.33) 12:10.27 (46.66)
12:56.35 (46.08) 13:41.95 (45.60) 14:25.98 (44.03)
2 Paulson, Laurence 69 RESTON MASTERS S 16:17.19 20:55.78 7
48.54 1:53.38 (1:04.84) 3:01.16 (1:07.78) 4:11.00 (1:09.84)
5:17.72 (1:06.72) 6:17.68 (59.96) 7:16.29 (58.61) 8:15.50 (59.21)
9:13.37 (57.87) 10:14.12 (1:00.75) 11:30.67 (1:16.55) 12:44.20 (1:13.53)
13:57.57 (1:13.37) 15:11.11 (1:13.54) 16:25.20 (1:14.09) 17:19.36 (54.16)
18:13.65 (54.29) 19:09.79 (56.14) 20:05.21 (55.42) 20:55.78 (50.57)

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Men 65-69 1000 Yard Freestyle Time Trial

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=====
ZONE: Z 12:26.16 4/4/2004 David Harrison

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NATL: ! 11:23.13 4/16/2016 JIM MC CONICA

Name	Age Club	Seed	Finals
=====			
- Time Trial			
1 Ryan, James	65 GARDEN STATE MAS	NT	12:53.96

Men 65-69 1650 Yard Freestyle

ZONE: Z 23:03.74 4/13/2012 Rich Bernstein, Asphalt Green Ma

NATL: ! 19:07.81 4/23/2015 JIM CLEMMONS

Name	Age Club	Seed	Finals	Points
=====				
1 Ryan, James	65 GARDEN STATE MAS	21:12.59	21:26.41Z	9
35.06	1:12.76 (37.70)	1:50.40 (37.64)	2:28.46 (38.06)	
3:06.77 (38.31)	3:45.09 (38.32)	4:24.35 (39.26)	5:03.61 (39.26)	
5:42.70 (39.09)	6:21.47 (38.77)	7:00.73 (39.26)	7:39.83 (39.10)	
8:19.01 (39.18)	8:58.23 (39.22)	9:37.46 (39.23)	10:16.97 (39.51)	
10:56.06 (39.09)	11:35.03 (38.97)	12:14.36 (39.33)	12:53.96 (39.60)	
13:33.07 (39.11)	14:12.56 (39.49)	14:52.12 (39.56)	15:31.61 (39.49)	
16:11.28 (39.67)	16:51.37 (40.09)	17:30.77 (39.40)	18:10.49 (39.72)	
18:50.02 (39.53)	19:29.44 (39.42)	20:09.01 (39.57)	20:48.14 (39.13)	
21:26.41 (38.27)				
2 Franz, Craig	65 DISTRICT OF COLU	23:30.00	21:40.46Z	7
34.69	1:12.30 (37.61)	1:51.44 (39.14)	2:30.85 (39.41)	
3:10.48 (39.63)	3:49.83 (39.35)	4:29.24 (39.41)	5:08.61 (39.37)	
5:48.09 (39.48)	6:27.97 (39.88)	7:07.58 (39.61)	7:47.18 (39.60)	
8:26.49 (39.31)	9:06.44 (39.95)	9:46.98 (40.54)	10:26.50 (39.52)	
11:06.43 (39.93)	11:46.32 (39.89)	12:25.95 (39.63)	13:05.42 (39.47)	
13:44.99 (39.57)	14:24.03 (39.04)	15:03.66 (39.63)	15:43.67 (40.01)	
16:23.52 (39.85)	17:03.84 (40.32)	17:43.49 (39.65)	18:23.29 (39.80)	
19:03.29 (40.00)	19:43.34 (40.05)	20:23.13 (39.79)	21:03.48 (40.35)	
21:40.46 (36.98)				
3 Tharp, Louis	67 TEAM NEW YORK AQ	29:04.45	26:08.03	6
42.05	1:28.58 (46.53)	2:16.45 (47.87)	3:04.09 (47.64)	
3:52.43 (48.34)	4:40.55 (48.12)	5:28.02 (47.47)	6:15.63 (47.61)	
7:03.83 (48.20)	7:51.96 (48.13)	8:39.98 (48.02)	9:27.18 (47.20)	
10:14.38 (47.20)	11:01.85 (47.47)	11:50.27 (48.42)	12:38.57 (48.30)	
13:27.09 (48.52)	14:15.34 (48.25)	15:04.04 (48.70)	15:51.71 (47.67)	
16:39.10 (47.39)	17:26.92 (47.82)	18:14.29 (47.37)	19:01.76 (47.47)	
19:50.17 (48.41)	20:38.48 (48.31)	21:26.92 (48.44)	22:15.30 (48.38)	
23:02.88 (47.58)	23:50.31 (47.43)	24:37.29 (46.98)	25:23.86 (46.57)	
26:08.03 (44.17)				
4 Griffith, Lee	69 RIPTIDE MASTERS	30:00.00	28:40.30	5

41.26	1:27.03 (45.77)	2:16.86 (49.83)	3:09.72 (52.86)
4:03.00 (53.28)	4:56.11 (53.11)	5:49.15 (53.04)	6:42.17 (53.02)
7:35.68 (53.51)	8:29.51 (53.83)	9:22.00 (52.49)	10:15.24 (53.24)
11:08.73 (53.49)	12:02.21 (53.48)	12:54.00 (51.79)	13:46.40 (52.40)
14:38.91 (52.51)	15:31.45 (52.54)	16:23.87 (52.42)	17:16.48 (52.61)
18:08.93 (52.45)	19:01.73 (52.80)	19:54.38 (52.65)	20:47.37 (52.99)
21:40.93 (53.56)	22:34.38 (53.45)	23:28.02 (53.64)	24:21.29 (53.27)
25:14.82 (53.53)	26:07.63 (52.81)	27:00.60 (52.97)	27:52.77 (52.17)
28:40.30 (47.53)			

Men 65-69 50 Yard Backstroke

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ZONE: Z 32.23 4/24/2010 Jim Dragon, Garden State Mas
 NATL: ! 27.74 5/23/2010 RICHARD ABRAHAMS

Name	Age Club	Seed	Finals	Points
1 Meyer, Geoffrey	66 COLONIALS 1776	32.50	30.20Z	9
2 Wright, Stephen	68 GERMANTOWN MARYL	36.00	35.64	7
3 Miller, Jim	67 VIRGINIA MASTERS	39.00	40.49	6
4 Paulson, Laurence	69 RESTON MASTERS S	43.20	44.28	5

Men 65-69 100 Yard Backstroke

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ZONE: Z 1:11.47 4/17/2011 Hugh Roddin, ANCM
 NATL: ! 59.62 5/12/2013 HUGH WILDER

Name	Age Club	Seed	Finals	Points
1 Meyer, Geoffrey	66 COLONIALS 1776	1:09.50	1:07.00Z	9
	33.17 1:07.00 (33.83)			
2 Wright, Stephen	68 GERMANTOWN MARYL	1:20.00	1:20.11	7
	38.91 1:20.11 (41.20)			
3 Miller, Jim	67 VIRGINIA MASTERS	1:26.00	1:30.24	6
	44.51 1:30.24 (45.73)			
4 Paulson, Laurence	69 RESTON MASTERS S	1:33.01	1:39.55	5
	49.37 1:39.55 (50.18)			

Men 65-69 200 Yard Backstroke

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ZONE: Z 2:37.81 4/9/2017 Jon Rysdon, Reston Masters S
 NATL: ! 2:15.61 1/14/2018 LAWRENCE DAY

Name	Age Club	Seed	Finals	Points
1 Meyer, Geoffrey	66 COLONIALS 1776	2:36.50	2:33.09Z	9

	36.89	1:15.63 (38.74)	1:55.17 (39.54)	2:33.09 (37.92)
2 Wright, Stephen		68 GERMANTOWN MARYL	2:54.00	2:54.06 7
	39.73	1:23.27 (43.54)	2:09.07 (45.80)	2:54.06 (44.99)
3 Paulson, Laurence		69 RESTON MASTERS S	3:15.18	3:33.37 6
	49.74	1:44.85 (55.11)	2:40.62 (55.77)	3:33.37 (52.75)
4 Boyle, Michael		66 GERMANTOWN MARYL	4:00.00	4:01.88 5
	58.15	1:59.32 (1:01.17)	3:02.35 (1:03.03)	4:01.88 (59.53)

Men 65-69 50 Yard Breaststroke

=====

ZONE: Z 31.35 4/24/2010 Jim Dragon, Garden State Mas
 NATL: ! 29.10 4/8/2017 RICK COLELLA

Name	Age	Club	Seed	Finals	Points
1 Dougherty, Stephen	66	COLONIALS 1776	36.10	36.62	9
2 Ryan, James	65	GARDEN STATE MAS	43.58	39.45	7
3 Haddan, Barry	67	DISTRICT OF COLU	39.80	39.47	6
4 Gianniny, Bruce	67	ROCHESTER AREA M	45.00	43.01	5
5 Nelson, Bill	65	VIRGINIA MASTERS	48.00	47.24	4

Men 65-69 100 Yard Breaststroke

=====

ZONE: Z 1:14.03 4/12/2008 Louis Kronfeld, NEM
 NATL: ! 1:02.75 4/28/2017 RICK COLELLA

Name	Age	Club	Seed	Finals	Points
1 Dougherty, Stephen	66	COLONIALS 1776	1:20.27	1:19.21	9
	37.66	1:19.21 (41.55)			
2 Morrow, Dan	68	MONTGOMERY ANCIE	1:19.00	1:20.83	7
	38.31	1:20.83 (42.52)			
3 Haddan, Barry	67	DISTRICT OF COLU	1:26.00	1:31.46	6
4 Gondek, Paul	65	UC08	1:33.00	1:32.06	5
	43.80	1:32.06 (48.26)			

Men 65-69 200 Yard Breaststroke

=====

ZONE: Z 2:50.63 4/8/2017 Stephen Dougherty, Colonials 1776
 NATL: ! 2:16.70 4/29/2017 RICK COLELLA

Name	Age	Club	Seed	Finals	Points
1 Dougherty, Stephen	66	COLONIALS 1776	2:57.00	2:56.21	9
	40.02	1:23.89 (43.87)	2:09.40 (45.51)	2:56.21 (46.81)	
2 Walters, Mark	65	GERMANTOWN MARYL	3:27.10	3:14.67	7

3 Gondek, Paul	43.42	1:33.05 (49.63)	2:23.96 (50.91)	3:14.67 (50.71)
		65 UC08	3:20.00	3:16.48 6
4 Haddan, Barry	44.14	1:33.26 (49.12)	2:23.94 (50.68)	3:16.48 (52.54)
		67 DISTRICT OF COLU	3:19.00	3:29.55 5
5 Boyle, Michael	41.80	1:31.21 (49.41)	3:29.55 (1:58.34)	
		66 GERMANTOWN MARYL	3:44.08	4:27.41 4
6 Paulson, Laurence	1:02.13	2:10.29 (1:08.16)	3:20.90 (1:10.61)	4:27.41 (1:06.51)
		69 RESTON MASTERS S	3:58.62	4:28.82 3
	1:01.13	2:10.33 (1:09.20)	3:20.14 (1:09.81)	4:28.82 (1:08.68)

Men 65-69 50 Yard Butterfly

=====					
ZONE: Z 25.93		4/25/2010 Jim Dragon, Garden State Mas			
NATL: ! 24.94		5/22/2010 RICHARD ABRAHAMS			
Name	Age	Club	Seed	Finals	Points
=====					
1 Meyer, Geoffrey	66	COLONIALS 1776	32.50	29.66	9
2 Walters, Mark	65	GERMANTOWN MARYL	31.82	32.64	7
3 Gianniny, Bruce	67	ROCHESTER AREA M	34.00	32.72	6
4 Paulson, Laurence	69	RESTON MASTERS S	36.42	43.48	5

Men 65-69 100 Yard Butterfly

=====					
ZONE: Z 1:12.52		4/9/2017 Stephen Dougherty, Colonials 1776			
NATL: ! 56.36		5/21/2010 RICHARD ABRAHAMS			
Name	Age	Club	Seed	Finals	Points
=====					
1 Walters, Mark	65	GERMANTOWN MARYL	1:16.05	1:16.14	9
	33.87	1:16.14 (42.27)			
2 Paulson, Laurence	69	RESTON MASTERS S	1:27.72	1:45.46	7
	49.19	1:45.46 (56.27)			

Men 65-69 200 Yard Butterfly

=====					
ZONE: Z 2:47.86		4/17/2011 Hugh Roddin, ANCM			
NATL: ! 2:08.94		4/9/2017 RICK COLELLA			
Name	Age	Club	Seed	Finals	Points
=====					
1 Walters, Mark	65	GERMANTOWN MARYL	3:06.00	3:04.27	9
	36.40	1:21.35 (44.95)	2:11.96 (50.61)	3:04.27 (52.31)	
2 Paulson, Laurence	69	RESTON MASTERS S	3:19.41	4:02.19	7
	51.03	1:53.98 (1:02.95)	3:02.73 (1:08.75)	4:02.19 (59.46)	

Men 65-69 100 Yard IM

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=====
      ZONE: Z 1:10.57    4/9/2017 Stephen Dougherty, Colonials 1776
      NATL: !  57.45    4/29/2017 RICK COLELLA
Name           Age Club           Seed     Finals Points
=====
 1 Meyer, Geoffrey      66 COLONIALS 1776      1:10.50    1:06.90Z    9
    30.68      1:06.90 (36.22)
 2 Dougherty, Stephen   66 COLONIALS 1776      1:11.00    1:12.59    7
    33.81      1:12.59 (38.78)
 3 Gianniny, Bruce      67 ROCHESTER AREA M    1:20.00    1:17.16    6
    35.65      1:17.16 (41.51)
 4 Walters, Mark        65 GERMANTOWN MARYL    1:18.68    1:21.53    5
    38.17      1:21.53 (43.36)
 5 Morrow, Dan         68 MONTGOMERY ANCIE    1:19.00    1:21.57    4
    41.01      1:21.57 (40.56)
 6 Haddan, Barry        67 DISTRICT OF COLU    1:25.00    1:22.44    3
    38.75      1:22.44 (43.69)
 7 Ryan, James          65 GARDEN STATE MAS    1:31.51    1:22.48    2
    40.13      1:22.48 (42.35)
 8 Edgell, Don          65 LANE 4 SWIMMING     1:30.00    1:25.42    1
    40.19      1:25.42 (45.23)
 9 Gondek, Paul         65 UC08                1:31.00    1:30.86
    45.05      1:30.86 (45.81)
10 Paulson, Laurence    69 RESTON MASTERS S    1:31.95    1:40.78
    43.38      1:40.78 (57.40)
11 Boyle, Michael       66 GERMANTOWN MARYL    1:38.24    1:52.78
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Men 65-69 200 Yard IM

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=====
      ZONE: Z 2:33.77    4/8/2017 Stephen Dougherty, Colonials 1776
      NATL: ! 2:03.63    4/28/2017 RICK COLELLA
Name           Age Club           Seed     Finals Points
=====
 1 Dougherty, Stephen   66 COLONIALS 1776      2:39.00    2:39.78    9
    35.33      1:15.45 (40.12)  2:39.78 (1:24.33)
 2 Walters, Mark        65 GERMANTOWN MARYL    2:59.50    3:02.94    7
    35.86      1:28.06 (52.20)  2:20.51 (52.45)  3:02.94 (42.43)
 3 Gondek, Paul         65 UC08                3:22.00    3:28.58    6
    49.48      1:45.78 (56.30)  2:38.85 (53.07)  3:28.58 (49.73)
 4 Paulson, Laurence    69 RESTON MASTERS S    3:17.90    3:41.21    5
    1:41.41 ( )  2:55.52 (1:14.11)  3:41.21 (45.69)
 5 Boyle, Michael       66 GERMANTOWN MARYL    4:23.21    4:34.98    4
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1:01.98 2:14.38 (1:12.40) 3:37.39 (1:23.01) 4:34.98 (57.59)

Men 65-69 400 Yard IM

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=====
ZONE: Z 5:56.71 4/13/2008 Art Wolfe, VMST
NATL: ! 4:32.37 4/8/2017 RICK COLELLA
Name Age Club Seed Finals Points
=====
1 Morrow, Dan 68 MONTGOMERY ANCIE 6:20.00 6:37.34 9
2:32.67 ( ) 3:26.22 (53.55)
4:15.11 (48.89) 5:54.90 ( ) 6:37.34 (42.44)
2 Paulson, Laurence 69 RESTON MASTERS S 6:51.83 7:58.79 7
1:52.86 ( ) 2:50.28 (57.42) 3:46.40 (56.12)
5:02.13 (1:15.73) 6:18.42 (1:16.29) 7:58.79 (1:40.37)
=====
```

Men 70-74 50 Yard Freestyle

```
=====
ZONE: Z 26.15 4/12/2015 Jim Dragon, Garden State Mas
NATL: ! 24.13 5/4/2008 JEFF FARRELL
Name Age Club Seed Finals Points
=====
1 Dragon, Jim 73 GARDEN STATE MAS 26.85 27.05 9
2 Walters, Dan 72 ROCHESTER AREA M 30.73 31.79 7
3 Kremzier, James 71 COLONIALS 1776 36.00 34.50 6
=====
```

Men 70-74 100 Yard Freestyle

```
=====
ZONE: Z 1:03.73 4/4/2004 Walter Lincoln, NEM
NATL: ! 54.58 4/26/2015 RICHARD ABRAHAMS
Name Age Club Seed Finals Points
=====
1 Leonard, Roger 70 MONTGOMERY ANCIE 1:09.64 1:09.33 9
33.37 1:09.33 (35.96)
2 Lowe, Jet 71 MERRITT MARLINS 1:16.00 1:16.27 7
36.44 1:16.27 (39.83)
3 Frogley, Christopher 74 VIRGINIA MASTERS 1:20.76 1:23.67 6
40.74 1:23.67 (42.93)
=====
```

Men 70-74 200 Yard Freestyle

```
=====
ZONE: Z 2:17.89 4/13/2008 David Harrison, 1776
NATL: ! 2:06.63 5/8/2015 DAVID QUIGGIN
Name Age Club Seed Finals Points
=====
```



```

=====
1 Leonard, Roger          70 MONTGOMERY ANCIE      2:35.00    2:38.04    9
    35.46    1:15.62 (40.16)    1:56.86 (41.24)    2:38.04 (41.18)
2 Bernstein, Rich        72 ASPHALT GREEN MA      2:45.00    2:46.02    7
    40.04    1:23.04 (43.00)    2:05.58 (42.54)    2:46.02 (40.44)
3 Frogley, Christopher   74 VIRGINIA MASTERS      3:10.33    3:13.47    6
    44.10    1:32.86 (48.76)    2:23.67 (50.81)    3:13.47 (49.80)
=====

```

Men 70-74 500 Yard Freestyle

```

=====
ZONE: Z 6:15.86    4/12/2008 David Harrison, 1776
NATL: ! 5:48.21    5/9/2015 DAVID QUIGGIN
Name              Age Club              Seed      Finals Points
=====
1 Bernstein, Rich  72 ASPHALT GREEN MA    6:55.00    6:59.87    9
    38.26    1:19.41 (41.15)    2:01.35 (41.94)    2:43.89 (42.54)
    3:26.93 (43.04)    4:10.26 (43.33)    4:53.24 (42.98)    5:36.12 (42.88)
    6:18.62 (42.50)    6:59.87 (41.25)
2 Lowe, Jet        71 MERRITT MARLINS     9:10.00    8:28.39    7
    42.41    1:30.60 (48.19)    2:21.81 (51.21)    3:15.22 (53.41)
    4:09.57 (54.35)    5:02.25 (52.68)    5:56.00 (53.75)    6:48.98 (52.98)
    7:41.68 (52.70)    8:28.39 (46.71)
3 Frogley, Christopher 74 VIRGINIA MASTERS    8:56.85    9:13.12    6
    48.10    1:39.75 (51.65)    2:35.07 (55.32)    3:30.25 (55.18)
    4:25.97 (55.72)    5:23.89 (57.92)    6:20.43 (56.54)    7:18.59 (58.16)
    8:16.77 (58.18)    9:13.12 (56.35)
=====

```

Men 70-74 500 Yard Freestyle Time Trial

```

=====
ZONE: Z 6:15.86    4/12/2008 David Harrison, 1776-DV
NATL: ! 5:48.21    5/9/2015 DAVID QUIGGIN
Name              Age Club              Seed      Finals
=====
- Time Trial
1 Bernstein, Rich  72 ASPHALT GREEN MA    NT        7:03.71
=====

```

Men 70-74 1000 Yard Freestyle Time Trial

```

=====
ZONE: Z 12:50.23   4/11/2008 David Harrison, 1776-DV
NATL: ! 12:09.40   5/7/2015 DAVID QUIGGIN
Name              Age Club              Seed      Finals
=====
2 Bernstein, Rich  72 ASPHALT GREEN MA    NT        14:11.29
=====

```

Men 70-74 1650 Yard Freestyle

```

=====
      ZONE: Z 22:41.59   3/29/1998 Roger Franks
      NATL: ! 20:29.18   5/20/2001 GRAHAM JOHNSTON
Name           Age Club           Seed      Finals Points
=====
  1 Bernstein, Rich      72 ASPHALT GREEN MA    23:35.00   23:25.59    9
      38.43      1:20.22 (41.79)      2:03.14 (42.92)      2:46.14 (43.00)
      3:28.98 (42.84)  4:12.28 (43.30)      4:55.36 (43.08)      5:38.13 (42.77)
      6:20.76 (42.63)  7:03.71 (42.95)      7:46.32 (42.61)      8:29.13 (42.81)
      9:11.89 (42.76)  9:54.65 (42.76)     10:37.63 (42.98)     11:20.16 (42.53)
     12:02.74 (42.58) 12:45.93 (43.19)     13:28.38 (42.45)     14:11.29 (42.91)
     14:53.91 (42.62) 15:36.88 (42.97)     16:19.51 (42.63)     17:02.17 (42.66)
     17:44.92 (42.75) 18:27.74 (42.82)     19:10.55 (42.81)     19:53.16 (42.61)
     20:35.98 (42.82) 21:18.68 (42.70)     22:01.40 (42.72)     22:44.55 (43.15)
     23:25.59 (41.04)
  2 Lowe, Jet           71 MERRITT MARLINS     30:00.00   28:55.25    7
      44.98      1:35.60 (50.62)      2:29.13 (53.53)      3:21.85 (52.72)
      4:15.92 (54.07)  6:01.69 (1:45.77)      6:54.72 ( )
      7:48.75 (54.03)      9:36.18 ( )
      11:22.53 ( )      12:16.10 (53.57)      14:03.76 ( )
     14:58.25 (54.49)      17:37.83 ( )
     18:31.63 (53.80)     19:25.00 (53.37)     20:17.23 (52.23)     21:09.58 (52.35)
      22:56.89 ( )      23:49.27 (52.38)     24:41.14 (51.87)
      26:25.38 ( )      27:17.95 (52.57)     28:07.72 (49.77)
     28:55.25 (47.53)
  3 Breese, David      71 UC10                32:00.00   30:56.95    6
      52.91      1:47.30 (54.39)      2:42.19 (54.89)      3:37.55 (55.36)
      4:32.77 (55.22)  5:29.69 (56.92)      6:26.49 (56.80)      7:21.95 (55.46)
      8:17.61 (55.66)  9:15.19 (57.58)     10:12.05 (56.86)     11:08.01 (55.96)
     12:04.47 (56.46) 12:58.38 (53.91)     13:55.98 (57.60)     14:53.11 (57.13)
     15:48.68 (55.57) 16:45.50 (56.82)     17:42.05 (56.55)     18:37.29 (55.24)
     19:33.79 (56.50) 20:29.59 (55.80)     21:28.11 (58.52)     22:25.57 (57.46)
     23:22.55 (56.98) 24:19.84 (57.29)     25:16.02 (56.18)     26:13.02 (57.00)
     27:10.78 (57.76) 28:08.75 (57.97)     29:05.05 (56.30)     30:02.34 (57.29)
     30:56.95 (54.61)
=====

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Men 70-74 50 Yard Backstroke

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=====
      ZONE: Z 33.75      4/21/2013 John Snooks, New England Mast
      NATL: ! 29.72     4/26/2015 RICHARD BURNS
Name           Age Club           Seed      Finals Points
=====

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1	Dragon, Jim	73	GARDEN STATE MAS	33.91	34.89	9
2	Kremzier, James	71	COLONIALS 1776	50.00	53.85	7

Men 70-74 100 Yard Backstroke

ZONE: Z 1:13.47 5/2/1999 Roger Franks						
NATL: ! 1:05.42 4/24/2015 RICHARD BURNS						
Name	Age	Club	Seed	Finals	Points	
1	Leonard, Roger	70	MONTGOMERY ANCIE	1:22.34	1:22.76	9
	40.98		1:22.76 (41.78)			
2	Bernstein, Rich	72	ASPHALT GREEN MA	1:35.00	1:30.52	7
	45.31		1:30.52 (45.21)			

Men 70-74 200 Yard Backstroke

ZONE: Z 2:40.19 5/2/1999 Roger Franks						
NATL: ! 2:23.68 5/2/2014 RICHARD BURNS						
Name	Age	Club	Seed	Finals	Points	
1	Leonard, Roger	70	MONTGOMERY ANCIE	2:58.00	3:00.93	9
	44.56		1:31.27 (46.71) 2:18.02 (46.75)		3:00.93 (42.91)	
2	Bernstein, Rich	72	ASPHALT GREEN MA	3:15.00	3:13.27	7
	47.09		1:37.15 (50.06) 2:25.30 (48.15)		3:13.27 (47.97)	

Men 70-74 50 Yard Breaststroke

ZONE: Z 33.58 4/11/2015 Jim Dragon, Garden State Mas						
NATL: ! 31.70 4/30/2016 ROBERT STRAND						
Name	Age	Club	Seed	Finals	Points	
1	Greger, Ronald	73	GERMANTOWN MARYL	45.00	43.23	9
2	Kremzier, James	71	COLONIALS 1776	45.00	43.63	7
3	Lowe, Jet	71	MERRITT MARLINS	44.00	43.87	6
4	Walters, Dan	72	ROCHESTER AREA M	41.89	44.10	5
5	Frogley, Christopher	74	VIRGINIA MASTERS	47.20	48.64	4

Men 70-74 100 Yard Breaststroke

ZONE: Z 1:19.39 4/25/2010 Hans Reichelt, Wasserfreunde						
NATL: ! 1:09.47 5/1/2016 ROBERT STRAND						
Name	Age	Club	Seed	Finals	Points	

1 Leonard, Roger	70 MONTGOMERY ANCIE	1:26.36	1:25.96	9
41.55	1:25.96 (44.41)			
2 Bernstein, Rich	72 ASPHALT GREEN MA	1:40.00	1:38.40	7
47.54	1:38.40 (50.86)			
3 Kremzier, James	71 COLONIALS 1776	1:38.00	1:41.11	6
47.53	1:41.11 (53.58)			

Men 70-74 200 Yard Breaststroke

ZONE: Z 2:55.54 4/24/2010 Hans Reichelt, Wasserfreunde				
NATL: ! 2:35.66 4/29/2016 ROBERT STRAND				
Name	Age Club	Seed	Finals	Points
1 Bernstein, Rich	72 ASPHALT GREEN MA	3:20.00	3:20.87	9
45.54	1:35.27 (49.73)	2:27.71 (52.44)	3:20.87 (53.16)	
2 Greger, Ronald	73 GERMANTOWN MARYL	3:40.00	3:37.82	7
48.80	1:44.68 (55.88)	2:41.92 (57.24)	3:37.82 (55.90)	
3 Kremzier, James	71 COLONIALS 1776	3:45.00	3:59.49	6
51.98	1:54.17 (1:02.19)	3:59.49 (2:05.32)		

Men 70-74 50 Yard Butterfly

ZONE: Z 28.27 4/11/2015 Jim Dragon, Garden State Mas				
NATL: ! 26.92 4/26/2015 RICHARD ABRAHAMS				
Name	Age Club	Seed	Finals	Points
1 Dragon, Jim	73 GARDEN STATE MAS	29.02	28.79	9
2 Kremzier, James	71 COLONIALS 1776	41.00	45.63	7

Men 70-74 100 Yard IM

ZONE: Z 1:15.35 4/25/2010 Hans Reichelt, Wasserfreunde				
NATL: ! 1:04.77 4/29/2017 ANDREW MCPHERSON				
Name	Age Club	Seed	Finals	Points
1 Kremzier, James	71 COLONIALS 1776	1:38.00	1:41.52	9
50.06	1:41.52 (51.46)			

Men 70-74 200 Yard IM

ZONE: Z 2:51.62 4/20/1997 Roger Franks				
NATL: ! 2:26.42 4/30/2016 ROBERT STRAND				

Name	Age	Club	Seed	Finals	Points
1 Leonard, Roger	70	MONTGOMERY ANCIE	2:50.00	3:00.96	9
	42.28	1:28.68 (46.40)	2:20.06 (51.38)	3:00.96 (40.90)	
2 Bernstein, Rich	72	ASPHALT GREEN MA	3:20.00	3:11.32	7
	53.09	1:40.09 (47.00)	2:31.00 (50.91)	3:11.32 (40.32)	

Men 70-74 400 Yard IM

Name	Age	Club	Seed	Finals	Points
ZONE: Z 6:16.23 5/2/1999 Roger Franks					
NATL: ! 5:28.47 6/5/2017 DOUGLAS SPRINGER					
1 Bernstein, Rich	72	ASPHALT GREEN MA	6:35.00	6:49.02	9
	54.61	1:57.12 (1:02.51)	2:48.38 (51.26)	3:38.66 (50.28)	
	4:30.74 (52.08)	5:24.43 (53.69)	6:07.71 (43.28)	6:49.02 (41.31)	

Men 75-79 50 Yard Freestyle

Name	Age	Club	Seed	Finals	Points
ZONE: Z 30.46 4/12/2015 Ahmed Hamada, Gold Coast Maste					
NATL: ! 25.58 3/4/2012 JEFF FARRELL					
1 Sober, Harry	75	VIRGINIA MASTERS	29.00	28.89Z	9
2 Novell, Ken	75	VIRGINIA MASTERS	29.59	30.11Z	7
3 Hamada, Ahmed	79	GOLD COAST MASTE	32.00	32.06	6
4 Pilette, Sterling	76	RESTON MASTERS S	40.00	37.63	5
5 Shay, Barry	77	DC MASTERS	38.15	40.79	4
6 Hendrick, John	75	HANOVER YMCA SR.	46.00	41.65	3
7 Hatchette, Michael	77	NEW ENGLAND MAST	45.00	45.53	2
8 Nobbe, Nick	79	RESTON MASTERS S	44.00	46.74	1
9 Horne, David	75	WARRENTON FAUQUI	1:25.00	1:06.55	

Men 75-79 100 Yard Freestyle

Name	Age	Club	Seed	Finals	Points
ZONE: Z 1:08.17 4/5/2014 Ahmed Hamada, Gold Coast Maste					
NATL: ! 58.68 5/10/2009 DAVID RADCLIFF					
1 Sober, Harry	75	VIRGINIA MASTERS	1:06.02	1:04.67Z	9
	30.39	1:04.67 (34.28)			
2 Novell, Ken	75	VIRGINIA MASTERS	1:05.39	1:07.75Z	7
	32.56	1:07.75 (35.19)			

3	Hamada, Ahmed	79	GOLD COAST MASTE	1:09.79	1:13.16	6
	34.64		1:13.16 (38.52)			
4	Tulenko, Tom	75	COLONIALS 1776	1:18.00	1:18.56	5
	38.39		1:18.56 (40.17)			
5	Pilette, Sterling	76	RESTON MASTERS S	1:26.00	1:29.00	4
	44.80		1:29.00 (44.20)			
6	Shay, Barry	77	DC MASTERS	1:27.87	1:35.34	3
	45.57		1:35.34 (49.77)			
7	Nobbe, Nick	79	RESTON MASTERS S	1:43.00	1:45.89	2
	51.50		1:45.89 (54.39)			

Men 75-79 200 Yard Freestyle

=====						
ZONE: Z		2:29.42	4/10/2016 Howard Rolston, Gold Coast Maste			
NATL: !		2:08.77	5/10/2009 DAVID RADCLIFF			
Name	Age	Club	Seed	Finals	Points	
=====						
1	Rolston, Howard	77	GOLD COAST MASTE	2:40.00	2:34.49	9
	35.43		1:14.16 (38.73)	1:54.61 (40.45)	2:34.49 (39.88)	
2	Novell, Ken	75	VIRGINIA MASTERS	2:50.01	2:40.56	7
	35.69		1:16.37 (40.68)	1:58.72 (42.35)	2:40.56 (41.84)	
3	Hamada, Ahmed	79	GOLD COAST MASTE	2:48.98	2:46.13	6
	36.47		1:18.89 (42.42)	2:05.06 (46.17)	2:46.13 (41.07)	
4	Gaulrapp, Edward	75	VIRGINIA MASTERS	3:30.00	3:19.89	5
	45.93		1:36.46 (50.53)	2:28.67 (52.21)	3:19.89 (51.22)	
5	Shay, Barry	77	DC MASTERS	3:17.57	3:28.44	4
	47.07		1:41.07 (54.00)	2:35.49 (54.42)	3:28.44 (52.95)	
6	Hendrick, John	75	HANOVER YMCA SR.	3:28.00	3:34.75	3
	45.76		1:39.37 (53.61)	3:34.75 (1:55.38)		
7	Pilette, Sterling	76	RESTON MASTERS S	3:15.00	3:42.38	2
	44.61		1:40.95 (56.34)	2:43.57 (1:02.62)	3:42.38 (58.81)	
8	Nobbe, Nick	79	RESTON MASTERS S	3:35.00	3:45.87	1
	52.60		1:51.30 (58.70)	2:49.70 (58.40)	3:45.87 (56.17)	

Men 75-79 500 Yard Freestyle

=====						
ZONE: Z		6:43.59	4/21/2002 Roger Franks			
NATL: !		6:03.87	5/8/2010 DAVID RADCLIFF			
Name	Age	Club	Seed	Finals	Points	
=====						
1	Hamada, Ahmed	79	GOLD COAST MASTE	7:54.10	7:59.95	9
	37.75		1:24.81 (47.06)	2:14.20 (49.39)	3:05.23 (51.03)	
	3:56.01 (50.78)		4:48.38 (52.37)	5:39.03 (50.65)	6:27.30 (48.27)	

7:17.07 (49.77)	7:59.95 (42.88)			
2 Tulenko, Tom	75 COLONIALS 1776	8:00.00	8:03.15	7
41.83	1:28.70 (46.87)	2:19.25 (50.55)	3:09.38 (50.13)	
3:59.69 (50.31)	4:49.73 (50.04)	5:39.66 (49.93)	6:29.56 (49.90)	
7:18.18 (48.62)	8:03.15 (44.97)			
3 Gaulrapp, Edward	75 VIRGINIA MASTERS	9:10.00	9:14.88	6
46.40	1:42.37 (55.97)	2:40.12 (57.75)	3:35.80 (55.68)	
4:33.43 (57.63)	5:31.02 (57.59)	6:26.51 (55.49)	7:24.40 (57.89)	
8:19.63 (55.23)	9:14.88 (55.25)			
4 Shay, Barry	77 DC MASTERS	9:12.50	9:21.62	5
51.35	1:48.84 (57.49)	2:46.70 (57.86)	3:44.80 (58.10)	
4:43.03 (58.23)	5:40.67 (57.64)	6:39.16 (58.49)	7:35.77 (56.61)	
8:29.71 (53.94)	9:21.62 (51.91)			
5 Nobbe, Nick	79 RESTON MASTERS S	9:30.00	9:57.53	4
55.49	1:57.18 (1:01.69)	2:59.74 (1:02.56)	4:00.93 (1:01.19)	
5:00.79 (59.86)	6:00.16 (59.37)	7:00.70 (1:00.54)	8:01.59 (1:00.89)	
9:01.40 (59.81)	9:57.53 (56.13)			

Men 75-79 1000 Yard Freestyle

=====

ZONE: Z 15:11.04 4/4/2014 Ahmed Hamada, Gold Coast Maste

NATL: ! 12:20.59 5/10/2009 DAVID RADCLIFF

Name	Age Club	Seed	Finals	Points
1 Tulenko, Tom	75 COLONIALS 1776	16:15.00	16:39.34	9
43.43	1:31.55 (48.12)	2:22.61 (51.06)	3:14.67 (52.06)	
4:05.80 (51.13)	4:57.72 (51.92)	5:49.83 (52.11)	6:41.14 (51.31)	
7:31.60 (50.46)	8:22.63 (51.03)	9:13.41 (50.78)	10:04.38 (50.97)	
10:54.84 (50.46)	11:45.18 (50.34)	12:35.72 (50.54)	13:26.01 (50.29)	
14:15.95 (49.94)	15:04.56 (48.61)	15:53.36 (48.80)	16:39.34 (45.98)	
2 Gaulrapp, Edward	75 VIRGINIA MASTERS	18:00.00	17:27.12	7
47.05	1:40.00 (52.95)	2:34.98 (54.98)	3:31.77 (56.79)	
4:26.27 (54.50)	5:22.16 (55.89)	6:19.68 (57.52)	7:15.48 (55.80)	
8:11.53 (56.05)	9:09.39 (57.86)	10:04.26 (54.87)	11:01.77 (57.51)	
11:56.33 (54.56)	12:52.52 (56.19)	13:49.06 (56.54)	14:44.71 (55.65)	
15:39.92 (55.21)	16:34.08 (54.16)	17:27.08 (53.00)	17:27.12 (0.04)	
3 Nobbe, Nick	79 RESTON MASTERS S	19:00.00	19:57.80	6
56.34	1:57.75 (1:01.41)	2:59.36 (1:01.61)	4:01.01 (1:01.65)	
5:01.93 (1:00.92)	6:03.34 (1:01.41)	7:03.96 (1:00.62)	8:03.64 (59.68)	
9:03.55 (59.91)	10:02.97 (59.42)	11:03.16 (1:00.19)	12:02.29 (59.13)	
13:01.57 (59.28)	14:01.06 (59.49)	15:01.09 (1:00.03)	16:01.24 (1:00.15)	
17:00.79 (59.55)	18:00.55 (59.76)	19:00.54 (59.99)	19:57.80 (57.26)	

Men 75-79 1650 Yard Freestyle

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=====
ZONE: Z 23:50.03 4/21/2002 Roger Franks
NATL: ! 20:25.49 5/10/2009 DAVID RADCLIFF
Name Age Club Seed Finals Points
=====
1 Hamada, Ahmed 79 GOLD COAST MASTE 27:10.30 27:58.27 9
    41.36 1:29.28 (47.92) 2:23.45 (54.17) 3:16.36 (52.91)
    4:10.49 (54.13) 5:03.32 (52.83) 5:57.74 (54.42) 6:49.95 (52.21)
    7:42.51 (52.56) 8:36.11 (53.60) 9:28.72 (52.61) 10:20.68 (51.96)
    11:12.91 (52.23) 12:06.70 (53.79) 12:57.94 (51.24) 13:50.49 (52.55)
    14:41.90 (51.41) 15:33.33 (51.43) 16:25.83 (52.50) 17:17.78 (51.95)
    18:07.97 (50.19) 18:57.20 (49.23) 19:47.82 (50.62) 20:39.97 (52.15)
    21:30.20 (50.23) 22:19.75 (49.55) 23:10.84 (51.09) 24:00.33 (49.49)
    24:50.74 (50.41) 26:26.25 ( ) 27:16.30 (50.05)
    27:58.27 (41.97)
2 Kelleher, Joseph 76 VIRGINIA MASTERS 33:00.00 34:15.47 7
    53.02 1:56.07 (1:03.05) 3:01.29 (1:05.22) 4:06.54 (1:05.25)
    5:09.96 (1:03.42) 6:14.53 (1:04.57) 7:18.58 (1:04.05) 8:22.23 (1:03.65)
    9:26.01 (1:03.78) 10:28.28 (1:02.27) 11:31.87 (1:03.59) 12:35.30 (1:03.43)
    13:38.47 (1:03.17) 14:41.75 (1:03.28) 15:44.35 (1:02.60) 16:47.26 (1:02.91)
    17:51.34 (1:04.08) 18:53.58 (1:02.24) 19:55.56 (1:01.98) 20:57.59 (1:02.03)
    21:59.83 (1:02.24) 23:02.77 (1:02.94) 24:02.51 (59.74) 25:05.14 (1:02.63)
    26:06.93 (1:01.79) 27:08.88 (1:01.95) 28:10.02 (1:01.14) 29:11.36 (1:01.34)
    30:12.06 (1:00.70) 31:13.86 (1:01.80) 32:13.74 (59.88) 33:14.61 (1:00.87)
    34:15.47 (1:00.86)
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Men 75-79 50 Yard Backstroke

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ZONE: Z 36.38 4/9/2017 Howard Rolston, Gold Coast Maste
NATL: ! 32.11 4/19/2009 YOSHI OYAKAWA
Name Age Club Seed Finals Points
=====
1 Rolston, Howard 77 GOLD COAST MASTE 36.38 35.98Z 9
2 Sober, Harry 75 VIRGINIA MASTERS 36.00 36.23Z 7
3 Hamada, Ahmed 79 GOLD COAST MASTE 40.58 43.63 6
4 Hendrick, John 75 HANOVER YMCA SR. 1:04.00 50.25 5
5 Hatchette, Michael 77 NEW ENGLAND MAST 1:06.00 1:03.43 4
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Men 75-79 100 Yard Backstroke

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ZONE: Z 1:17.17 4/21/2002 Roger Franks
NATL: ! 1:08.55 4/19/2009 BURWELL JONES
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Name	Age	Club	Seed	Finals	Points
1 Rolston, Howard	77	GOLD COAST MASTE	1:17.36	1:18.58	9
	38.06	1:18.58 (40.52)			
2 Novell, Ken	75	VIRGINIA MASTERS	1:26.21	1:27.68	7
	42.93	1:27.68 (44.75)			
3 Gaulrapp, Edward	75	VIRGINIA MASTERS	1:50.00	1:52.87	6
	54.76	1:52.87 (58.11)			

Men 75-79 200 Yard Backstroke

Name	Age	Club	Seed	Finals	Points
ZONE: Z 2:54.61 4/13/2003 Roger Franks					
NATL: ! 2:31.41 4/17/2010 BURWELL JONES					
1 Gaulrapp, Edward	75	VIRGINIA MASTERS	4:00.00	3:51.34	9
	53.95	1:52.42 (58.47) 2:52.25 (59.83)		3:51.34 (59.09)	
2 Hendrick, John	75	HANOVER YMCA SR.	4:32.00	3:53.46	7
	51.74	3:53.46 (3:01.72)			

Men 75-79 50 Yard Breaststroke

Name	Age	Club	Seed	Finals	Points
ZONE: Z 40.92 4/5/2014 Jerry Katz, Garden State Mas					
NATL: ! 34.58 3/5/2017 MIKE FRESHLEY					
1 Pilette, Sterling	76	RESTON MASTERS S	58.00	1:12.58	9

Men 75-79 100 Yard Breaststroke

Name	Age	Club	Seed	Finals	Points
ZONE: Z 1:37.14 4/12/2015 Louis Diamond, Montgomery Ancie					
NATL: ! 1:16.74 9/18/2016 MIKE FRESHLEY					
1 Gaulrapp, Edward	75	VIRGINIA MASTERS	1:50.00	1:45.48	9
	48.81	1:45.48 (56.67)			
2 Hendrick, John	75	HANOVER YMCA SR.	2:29.00	2:20.76	7
	1:06.43	2:20.76 (1:14.33)			
3 Hatchette, Michael	77	NEW ENGLAND MAST	2:30.00	2:46.15	6
	1:15.09	2:46.15 (1:31.06)			

Men 75-79 200 Yard Breaststroke

ZONE: Z 3:20.49 4/8/2017 Raymond Loewe, UC08

NATL: ! 2:45.33 4/29/2016 MIKE FRESHLEY

Name	Age	Club	Seed	Finals	Points
1 Gaulrapp, Edward	75	VIRGINIA MASTERS	3:50.00	3:45.81	9
	51.89	1:50.16 (58.27)	2:48.61 (58.45)	3:45.81 (57.20)	

Men 75-79 50 Yard Butterfly

ZONE: Z 34.41 4/8/2017 Howard Rolston, Gold Coast Maste

NATL: ! 28.99 1/14/2017 MIKE FRESHLEY

Name	Age	Club	Seed	Finals	Points
1 Sober, Harry	75	VIRGINIA MASTERS	33.60	33.48Z	9
2 Wise, Randolph	76	VIRGINIA MASTERS	34.00	35.64	7
3 Rolston, Howard	77	GOLD COAST MASTE	35.00	36.01	6
4 Novell, Ken	75	VIRGINIA MASTERS	36.73	36.54	5
5 Hamada, Ahmed	79	GOLD COAST MASTE	39.10	38.68	4
6 Pilette, Sterling	76	RESTON MASTERS S	46.00	54.77	3

Men 75-79 100 Yard Butterfly

ZONE: Z 1:29.57 4/6/2014 Ahmed Hamada, Gold Coast Maste

NATL: ! 1:12.71 4/17/2011 DAVID COSTILL

Name	Age	Club	Seed	Finals	Points
1 Hamada, Ahmed	79	GOLD COAST MASTE	1:39.54	1:37.42	9
2 Gaulrapp, Edward	75	VIRGINIA MASTERS	1:45.00	1:48.52	7
	50.16	1:48.52 (58.36)			

Men 75-79 200 Yard Butterfly

ZONE: Z 3:36.42 4/5/2014 Ahmed Hamada, Gold Coast Maste

NATL: ! 2:58.65 4/2/2016 MIKE FRESHLEY

Name	Age	Club	Seed	Finals	Points
1 Hamada, Ahmed	79	GOLD COAST MASTE	3:49.50	3:43.03	9
			2:40.05 ()	3:43.03 (1:02.98)	
2 Gaulrapp, Edward	75	VIRGINIA MASTERS	3:50.00	3:57.02	7
	52.36	1:52.76 (1:00.40)	2:56.37 (1:03.61)	3:57.02 (1:00.65)	

Men 75-79 100 Yard IM

ZONE: Z 1:18.91 4/9/2017 Howard Rolston, Gold Coast Maste
 NATL: ! 1:08.68 9/18/2016 MIKE FRESHLEY

Name	Age	Club	Seed	Finals	Points
1 Sober, Harry	75	VIRGINIA MASTERS	1:20.50	1:19.78	9
	34.48	1:19.78 (45.30)			
2 Wise, Randolph	76	VIRGINIA MASTERS	1:24.00	1:24.34	7
	38.94	1:24.34 (45.40)			
3 Novell, Ken	75	VIRGINIA MASTERS	1:23.42	1:24.55	6
	40.49	1:24.55 (44.06)			
4 Hamada, Ahmed	79	GOLD COAST MASTE	1:24.39	1:29.40	5
	43.46	1:29.40 (45.94)			
5 Hatchette, Michael	77	NEW ENGLAND MAST	2:24.00	2:26.50	4
	1:13.02	2:26.50 (1:13.48)			

Men 75-79 200 Yard IM

ZONE: Z 2:53.87 4/9/2016 Howard Rolston, Gold Coast Maste
 NATL: ! 2:35.67 4/30/2016 MIKE FRESHLEY

Name	Age	Club	Seed	Finals	Points
1 Rolston, Howard	77	GOLD COAST MASTE	3:00.00	2:59.32	9
	36.59	1:21.22 (44.63) 2:16.07 (54.85)		2:59.32 (43.25)	
2 Hamada, Ahmed	79	GOLD COAST MASTE	3:28.88	3:21.75	7
	45.24	1:37.80 (52.56) 2:40.46 (1:02.66)		3:21.75 (41.29)	
3 Gaulrapp, Edward	75	VIRGINIA MASTERS	3:40.00	3:38.27	6
	49.69	1:46.32 (56.63) 2:45.73 (59.41)		3:38.27 (52.54)	

Men 75-79 400 Yard IM

ZONE: Z 6:49.07 4/12/1992 Norris Fluke
 NATL: ! 5:43.80 4/15/2016 MIKE FRESHLEY

Name	Age	Club	Seed	Finals	Points
1 Gaulrapp, Edward	75	VIRGINIA MASTERS	8:00.00	7:37.23	9
	51.83	1:52.61 (1:00.78) 2:52.42 (59.81)		3:52.08 (59.66)	
	4:53.42 (1:01.34)	5:54.77 (1:01.35) 6:46.94 (52.17)		7:37.23 (50.29)	

Women 18+ 200 Yard Freestyle Relay

ZONE: Z 1:41.60 2006 Terrapin Masters
 NATL: ! 1:35.66 4/30/2016 CLUB TRIBE ALUM
 G MIZERAK, S SHANER, C HURTUBISE, K GRIER

Club	Seed	Finals Points
1 PATRIOT MASTERS SWIM TEAM 'A'	2:01.00	1:54.25 18
1) Rosenburg, Kaleigh W22	2) Reiffenberger, Megan W23	
3) Layton, Katie W45	4) Thompson, Kim W54	
26.31 55.48 (29.17)	1:23.98 (28.50)	1:54.25 (30.27)
2 CENTRAL BUCKS FAMILY YMCA 'A'	2:15.00	2:02.13 14
1) Halner, Kristina W23	2) Hopkins, Joanne W41	
3) Sadowski, Susan W51	4) Booth, Gretchen W47	
28.23 59.91 (31.68)	1:35.30 (35.39)	2:02.13 (26.83)
3 RESTON MASTERS SWIM TEAM 'D'	2:08.08	2:05.61 12
1) Shapiro, Margaret W41	2) Romero, Sharon W23	
3) Sickenberger, Phyllis W54	4) McNamara, Beth W52	
28.67 1:00.18 (31.51)	1:34.96 (34.78)	2:05.61 (30.65)

Women 18+ 400 Yard Freestyle Relay

ZONE: Z 3:35.45 4/10/2016 Club Tribe Alumni, Club Tribe Alumn
C Hurtubise, K Grier, G Mizerak, S Shaner
NATL: ! 3:35.45 4/10/2016 CLUB TRIBE ALUM
C HURTUBISE, K GRIER, G MIZERAK, S SHANER

Club	Seed	Finals Points
1 ALEXANDRIA MASTERS SWIMMING 'A'	4:32.01	4:45.56 18
1) Keylon, Rachel W30	2) Bershok, Rhonda W53	
3) Bowdring, Katherine W60	4) Enright, Schuyler W22	
31.84 1:07.12 (1:07.12)	1:43.89 (36.77)	2:24.57 (1:17.45)
2:59.01 (34.44) 3:37.37 (1:12.80)	4:09.67 (32.30)	4:45.56 (1:08.19)
2 RESTON MASTERS SWIM TEAM 'D'	5:05.05	5:18.94 14
1) Greenfield Sheehe, Heather W51	2) Romero, Sharon W23	
3) McNamara, Beth W52	4) Sickenberger, Phyllis W54	
43.46 1:32.03 (1:32.03)	2:07.39 (35.36)	2:47.57 (1:15.54)
3:21.48 (33.91) 3:58.81 (1:11.24)	4:36.21 (37.40)	5:18.94 (1:20.13)

Women 18+ 800 Yard Freestyle Relay

ZONE: Z 8:10.58 4/4/2004 Terrapin Masters
NATL: ! 7:55.34 3/29/2009 RED TIDE OF NYC
K MOUGHTY, S UPTON, J KELSEY, K GARY

Club	Seed	Finals Points
1 CLUB TRIBE 'A'	7:59.75	8:01.73Z 18
1) Wujciak, Anna W23	2) Schwartz, Laura W23	

3) Ryczek, Emily W24	27.16	56.66 (56.66)	1:26.83 (1:26.83)	1:56.80 (1:56.80)
	2:12.44 (15.64)			3:56.36 (1:59.56)
	4:23.73 (27.37)	4:54.32 (57.96)	5:25.66 (1:29.30)	5:56.79 (2:00.43)
	6:25.85 (29.06)	6:57.05 (1:00.26)	7:29.36 (1:32.57)	8:01.73 (2:04.94)
2 ALEXANDRIA MASTERS SWIMMING 'A'			8:33.76	8:42.67 14
1) Jakubchak, Lindsey W35				
3) Bade, Marian W23	29.70	1:01.88 (1:01.88)	1:35.20 (1:35.20)	2:08.65 (2:08.65)
	2:38.51 (29.86)	3:11.37 (1:02.72)	3:45.81 (1:37.16)	4:20.40 (2:11.75)
	4:50.83 (30.43)	5:25.02 (1:04.62)	6:00.21 (1:39.81)	6:35.07 (2:14.67)
	7:03.61 (28.54)	7:35.59 (1:00.52)	8:08.89 (1:33.82)	8:42.67 (2:07.60)
3 CENTRAL BUCKS FAMILY YMCA 'A'			9:00.00	9:45.81 12
1) Hopkins, Joanne W41				
3) Booth, Gretchen W47	33.07	1:11.32 (1:11.32)	1:52.29 (1:52.29)	2:31.98 (2:31.98)
	3:07.78 (35.80)	3:48.66 (1:16.68)		5:14.62 (2:42.64)
	5:45.41 (30.79)	6:19.99 (1:05.37)	6:56.36 (1:41.74)	7:32.97 (2:18.35)
	8:03.15 (30.18)	8:36.72 (1:03.75)	9:10.78 (1:37.81)	9:45.81 (2:12.84)
4 RESTON MASTERS SWIM TEAM 'A'			10:45.45	10:30.10 10
1) Shapiro, Margaret W41				
3) Sickenberger, Phyllis W54	31.02	1:04.60 (1:04.60)	1:38.71 (1:38.71)	2:12.95 (2:12.95)
	2:49.45 (36.50)	3:31.87 (1:18.92)	4:15.54 (2:02.59)	4:55.25 (2:42.30)
	5:35.29 (40.04)	6:18.62 (1:23.37)	7:04.79 (2:09.54)	7:51.42 (2:56.17)
	8:26.22 (34.80)	9:06.21 (1:14.79)	9:47.95 (1:56.53)	10:30.10 (2:38.68)

Women 18+ 200 Yard Medley Relay

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ZONE: Z 1:52.97 4/23/2005 Terrapin Masters
NATL: ! 1:45.34 4/24/2015 THE OLYMPIC CLU
A SENKO, K MCGRAW, K KASTES, K MURPHY
Club Seed Finals Points
=====
1 CLUB TRIBE 'A' 1:52.00 1:52.82Z 18
1) Wujciak, Anna W23 2) Schwartz, Laura W23
3) Gass, Krista W39 4) Ryczek, Emily W24
28.93 59.65 (30.72) 1:28.18 (28.53) 1:52.82 (24.64)
2 RESTON MASTERS SWIM TEAM 'D' 2:46.46 2:47.88 14
1) Greenfield Sheehe, Heather W51 2) McNamara, Beth W52
3) Romero, Sharon W23 4) Sickenberger, Phyllis W54
51.52 1:36.18 (44.66) 2:10.71 (34.53) 2:47.88 (37.17)
-- PATRIOT MASTERS SWIM TEAM 'A' 2:08.00 DQ

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Stroke Infraction swimmer #4: Other - Misc

1) Reiffenberger, Megan W23	2) Rosenberg, Kaleigh W22		
3) Geskos, Evangeline W34	4) Barrett, Rachelle W29		
34.99	1:03.91 (28.92)	1:33.05 (29.14)	DQ (28.56)

Women 18+ 400 Yard Medley Relay

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ZONE: Z 4:03.73 4/4/2004 Terrapin Masters
 NATL: ! 3:56.63 4/8/2017 MARCIA'S ENTHUS
 T CHOY, P YAMAUCHI, A SIMS, C BREED

Club	Seed	Finals	Points
1 CENTRAL BUCKS FAMILY YMCA 'A'	6:00.00	5:14.94	18
1) Booth, Gretchen W47		2) Sadowski, Susan W51	
3) Halner, Kristina W23		4) Hopkins, Joanne W41	
	33.90 1:09.74 (1:09.74)	1:57.02 (47.28)	2:54.31 (1:44.57)
	3:23.30 (28.99) 5:14.94 (2:20.63)		

Women 25+ 200 Yard Freestyle Relay

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ZONE: Z 1:40.67 4/24/2010 Red Tide
 S Wager, K Gary, T Shpaizer, J Kelsey
 NATL: ! 1:35.01 4/25/2015 THE OLYMPIC CLU
 O'DONNELL-MCCARTH, K KASTES, M GILL, K RAATZ

Club	Seed	Finals	Points
1 CLUB TRIBE 'A'	1:41.25	1:38.28Z	18
1) Mizerak, Gabrielle W26		2) Shaner, Sara W26	
3) Gass, Krista W39		4) Grier, Katie W39	
	24.80 49.09 (24.29)	1:14.50 (25.41)	1:38.28 (23.78)
2 VIRGINIA MASTERS SWIM TEAM 'A'	1:58.00	1:53.80	14
1) Letendre, Denise W29		2) Wallace, Devon W27	
3) Geroni, Deidre W27		4) Jaeger, Debbie W55	
	26.41 55.43 (29.02)	1:22.01 (26.58)	1:53.80 (31.79)
3 COLONIALS 1776 'A'	2:00.02	2:05.99	12
1) Figenshu, Susan W63		2) Plimpton, Hannah W32	
3) Saucy, Stephanie W54		4) Uppstrom, Noreen W53	
	33.05 1:05.09 (32.04)	1:34.38 (29.29)	2:05.99 (31.61)
4 ALEXANDRIA MASTERS SWIMMING 'A'	2:06.35	2:06.53	10
1) Aepli, Lauren W30		2) Bershok, Rhonda W53	
3) Bowdring, Katherine W60		4) Keylon, Rachel W30	
	28.56 1:03.46 (34.90)	1:36.38 (32.92)	2:06.53 (30.15)

Women 25+ 400 Yard Freestyle Relay

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ZONE: Z 3:38.21    4/9/2017 Club Tribe, Club Tribe
                K Grier, S Greene, M Falcone, S Shaner
NATL: ! 3:37.75   4/14/1991 WALNUT CREEK MA
                C LEWIS, P ROEMER, W INGRAHAM, S SHAND
Club              Seed      Finals Points
=====
1 CLUB TRIBE 'A'              3:37.50    3:36.62!  18
  1) Mizerak, Gabrielle W26      2) Maqueda, Victoria W25
  3) Grier, Katie W39             4) Shaner, Sara W26
      25.65      53.81 (53.81)    1:20.89 (27.08)    1:51.51 (57.70)
  2:16.44 (24.93)    2:43.72 (52.21)    3:08.96 (25.24)    3:36.62 (52.90)
2 ALEXANDRIA MASTERS SWIMMING 'B' 3:59.44    4:03.36   14
  1) Gauzens, Stephanie W34      2) Aepli, Lauren W30
  3) Jakubchak, Lindsey W35     4) Fox, Amy W35
      28.89      1:00.22 (1:00.22)    1:29.36 (29.14)    2:02.17 (1:01.95)
  2:31.19 (29.02)    3:02.82 (1:00.65)    3:31.63 (28.81)    4:03.36 (1:00.54)
3 VIRGINIA MASTERS SWIM TEAM 'A' 4:07.00    4:20.66   12
  1) Geroni, Deidre W27         2) Letendre, Denise W29
  3) Lyttle, Ann W70           4) Speer, Nancy W55
      28.05      58.51 (58.51)    1:25.82 (27.31)    1:56.03 (57.52)
  2:30.36 (34.33)    3:07.34 (1:11.31)    3:24.17 (16.83)    4:20.66 (1:13.32)
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Women 25+ 800 Yard Freestyle Relay

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ZONE: Z 8:03.09    4/24/2010 Red Tide
                J Kelsey, T Shpaizer, S Wager, K Gary
NATL: ! 7:43.29   2/23/2013 RED TIDE OF NYC
                B O'CONNOR, W SPRAGUE, K GARY, K VANDENBERG
Club              Seed      Finals Points
=====
1 VIRGINIA MASTERS SWIM TEAM 'A' 9:00.00    9:23.37   18
  1) Letendre, Denise W29      2) Gregory, Barbie W49
  3) Wallace, Devon W27       4) Barry, Marcia W69
      27.98      59.01 (59.01)    1:31.78 (1:31.78)    2:05.17 (2:05.17)
  2:41.92 (36.75)    3:22.38 (1:17.21)    4:04.37 (1:59.20)    4:45.49 (2:40.32)
  5:17.92 (32.43)    5:53.57 (1:08.08)    6:30.29 (1:44.80)    7:06.75 (2:21.26)
  7:38.74 (31.99)    8:13.44 (1:06.69)    8:49.08 (1:42.33)    9:23.37 (2:16.62)
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Women 25+ 200 Yard Medley Relay

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ZONE: Z 1:50.68    4/15/2007 Curl-Burke Swim Club
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NATL: ! 1:45.01 5/4/2008 SOUTHERN METHOD

L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, D DIEZI

Club	Seed	Finals	Points
1 CLUB TRIBE 'B'	1:58.50	1:57.62	18
1) Mizerak, Gabrielle W26	2) Minzenmayer, Ellen W29		
3) Choe, Michele W40	4) Greene, Shannon W32		
28.84	1:01.54 (32.70)	1:30.73 (29.19)	1:57.62 (26.89)
2 CLUB TRIBE 'C'	2:18.25	2:13.76	14
1) Lovett, Lindsay W39	2) Restrepo, Marie W55		
3) Grier, Katie W39	4) Shaner, Sara W26		
42.04	1:19.71 (37.67)	1:47.86 (28.15)	2:13.76 (25.90)
3 ALEXANDRIA MASTERS SWIMMING 'A'	2:15.78	2:14.82	12
1) Aepli, Lauren W30	2) Bershok, Rhonda W53		
3) Jakubchak, Lindsey W35	4) Keylon, Rachel W30		
31.56	1:15.40 (43.84)	1:44.95 (29.55)	2:14.82 (29.87)
4 COLONIALS 1776 'A'	2:13.12	2:17.67	10
1) Saucy, Stephanie W54	2) Plimpton, Hannah W32		
3) Figenshu, Susan W63	4) Hug, Laurie W52		
33.09	1:12.51 (39.42)	1:48.57 (36.06)	2:17.67 (29.10)

Women 25+ 400 Yard Medley Relay

ZONE: Z 4:00.63 4/8/2017 Club Tribe, Club Tribe
A Czaplicki, K Harris, M Falcone, K Grier
NATL: ! 4:00.63 4/8/2017 CLUB TRIBE
A CZAPLICKI, K HARRIS, M FALCONE, K GRIER

Club	Seed	Finals	Points
1 ALEXANDRIA MASTERS SWIMMING 'A'	4:27.39	4:20.91	18
1) Macedonia, Anna W28	2) Jakubchak, Lindsey W35		
3) Gauzens, Stephanie W34	4) McWilliams, Katie W34		
28.86	59.38 (59.38)	1:34.91 (35.53)	2:15.65 (1:16.27)
2:47.24 (31.59)	3:23.34 (1:07.69)	3:50.51 (27.17)	4:20.91 (57.57)
2 CLUB TRIBE 'A'	4:43.25	4:33.60	14
1) Restrepo, Marie W55	2) Maqueda, Victoria W25		
3) Choe, Michele W40	4) Minzenmayer, Ellen W29		
36.23	1:14.44 (1:14.44)	1:47.38 (32.94)	2:24.63 (1:10.19)
2:55.81 (31.18)	3:33.52 (1:08.89)	4:02.13 (28.61)	4:33.60 (1:00.08)
3 VIRGINIA MASTERS SWIM TEAM 'A'	4:50.00	4:36.91	12
1) Gregory, Barbie W49	2) Letendre, Denise W29		
3) Geroni, Deidre W27	4) Wallace, Devon W27		
37.40	1:16.50 (1:16.50)	1:50.09 (33.59)	2:28.68 (1:12.18)

2:57.46 (28.78) 3:30.11 (1:01.43) 4:00.40 (30.29) 4:36.91 (1:06.80)
 4 ALEXANDRIA MASTERS SWIMMING 'B' 5:00.50 5:18.55 10
 1) Keylon, Rachel W30 2) Bershok, Rhonda W53
 3) Aepli, Lauren W30 4) Bowdring, Katherine W60
 36.90 1:17.49 (1:17.49) 2:01.33 (43.84) 2:49.95 (1:32.46)
 3:24.72 (34.77) 4:40.56 () 5:18.55 ()

Women 35+ 400 Yard Freestyle Relay

=====

ZONE: Z 3:55.51 2000 Colonials 1776
 NATL: ! 3:34.28 3/29/2014 NORTH CAROLINA
 K LINDAUER, J STRINGER, A UHL, E BRAUN

Club	Seed	Finals	Points
1 LANDSHARK MASTERS 'A'	4:40.00	4:07.32	18
1) Krause, Mary Kay W40			
2) Lovett, Mandy W43			
3) Messenlehner, Carina W42			
4) Roberts, Cynthia W37			
28.17 57.99 (57.99) 1:30.13 (32.14)		2:04.85 (1:06.86)	
2:33.88 (29.03) 3:06.11 (1:01.26) 3:35.51 (29.40)		4:07.32 (1:01.21)	
2 RESTON MASTERS SWIM TEAM 'C'	4:21.21	4:26.49	14
1) Shapiro, Margaret W41			
2) Kirwan, Denise W66			
3) Sauvage, Marie W48			
4) Bass, Amy W47			
29.84 1:02.01 (1:02.01) 1:36.10 (34.09)		2:14.38 (1:12.37)	
2:47.85 (33.47) 3:25.28 (1:10.90) 3:52.91 (27.63)		4:26.49 (1:01.21)	

Women 35+ 800 Yard Freestyle Relay

=====

ZONE: Z 8:37.23 2002 Virginia
 NATL: ! 7:58.40 1/31/2015 NCMS
 E BRAUN, J STRINGER, A UHL, K LINDAUER

Club	Seed	Finals	Points
1 LANDSHARK MASTERS 'A'	10:00.00	9:08.43	18
1) Krause, Mary Kay W40			
2) Lovett, Mandy W43			
3) Messenlehner, Carina W42			
4) Roberts, Cynthia W37			
29.83 1:02.13 (1:02.13) 1:35.00 (1:35.00)		2:06.96 (2:06.96)	
2:40.69 (33.73) 3:17.68 (1:10.72) 3:56.33 (1:49.37)		4:34.92 (2:27.96)	
5:04.92 (30.00) 5:39.65 (1:04.73) 6:16.55 (1:41.63)		6:54.11 (2:19.19)	
7:24.43 (30.32) 7:59.99 (1:05.88) 8:35.37 (1:41.26)		9:08.43 (2:14.32)	

Women 35+ 200 Yard Medley Relay

=====

ZONE: Z 1:58.26 2000 Colonials 1776

NATL: ! 1:48.55 5/14/2006 COLORADO MASTER

S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

Club	Seed	Finals	Points
1 LANDSHARK MASTERS 'A'	2:10.00	2:08.07	18
1) Krause, Mary Kay W40			
2) Lovett, Mandy W43			
3) Messenlehner, Carina W42			
4) Roberts, Cynthia W37			
31.48 1:10.37 (38.89) 1:40.58 (30.21)		2:08.07 (27.49)	
2 RESTON MASTERS SWIM TEAM 'C'	2:31.31	2:21.60	14
1) Shapiro, Margaret W41			
2) Kirwan, Denise W66			
3) Sauvage, Marie W48			
4) Bass, Amy W47			
34.92 1:16.56 (41.64) 1:53.75 (37.19)		2:21.60 (27.85)	

Women 35+ 400 Yard Medley Relay

ZONE: Z 4:15.70 2000 Colonials 1776

NATL: ! 4:04.48 2/1/2015 NCMS

J STRINGER, K LINDAUER, A UHL, E BRAUN

Club	Seed	Finals	Points
1 LANDSHARK MASTERS 'A'	4:45.00	4:48.01	18
1) Krause, Mary Kay W40			
2) Lovett, Mandy W43			
3) Roberts, Cynthia W37			
4) Messenlehner, Carina W42			
32.70 1:06.51 (1:06.51) 1:47.21 (40.70)		2:33.47 (1:26.96)	
3:05.32 (31.85) 3:42.77 (1:09.30) 4:12.97 (30.20)		4:48.01 (1:05.24)	

Women 45+ 200 Yard Freestyle Relay

ZONE: Z 1:51.84 2003 Virginia

NATL: ! 1:40.44 4/30/2011 COLORADO MASTER

K GARNIER, C SAPPEY, A SCOTT-KUBE, S VON DER LIPPE

Club	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'C'	1:58.58	1:54.47	18
1) Sauvage, Marie W48			
2) Johnson, Mindy W54			
3) Bass, Amy W47			
4) Groves, Lisa W53			
29.65 58.57 (28.92) 1:26.11 (27.54)		1:54.47 (28.36)	

Women 45+ 400 Yard Freestyle Relay

ZONE: Z 4:13.71 4/12/2015 Reston Masters Swim Team, Reston Masters S

K Brightwell, L Groves, M Johnson, M Dawson

NATL: ! 3:53.33 5/9/2015 SARASOTA YMCA

S BUXTON, L CARMICHAEL, J TAFUTO, S TAORMINA

Club	Seed	Finals	Points
1 COLONIALS 1776 'A'	4:20.24	4:23.12	18
1) Saucy, Stephanie W54	2) Swanson, Vibeke W56		
3) Hug, Laurie W52	4) Uppstrom, Noreen W53		
30.92 1:04.85 (1:04.85)	1:35.72 (30.87)	2:09.64 (1:04.79)	
2:40.76 (31.12) 3:15.21 (1:05.57)	3:48.27 (33.06)	4:23.12 (1:07.91)	
2 RESTON MASTERS SWIM TEAM 'B'	4:33.33	4:30.31	14
1) Brightwell, Kim W58	2) Groves, Lisa W53		
3) Johnson, Mindy W54	4) Dawson, Mandy W55		
32.37 1:08.04 (1:08.04)	1:40.25 (32.21)	2:15.55 (1:07.51)	
2:47.22 (31.67) 3:21.29 (1:05.74)	3:53.04 (31.75)	4:30.31 (1:09.02)	
3 WARRENTON FAUQUIER AQUATIC CLU 'A'	5:36.00	5:25.64	12
1) Landers, Denise W56	2) Ammons, Patricia W71		
3) Adams, Blanca W60	4) Lehr, Sandra W47		
32.49 1:06.41 (1:06.41)	1:54.44 (48.03)	2:50.56 (1:44.15)	
3:27.21 (36.65) 4:09.44 (1:18.88)	4:45.21 (35.77)	5:25.64 (1:16.20)	

Women 45+ 800 Yard Freestyle Relay

ZONE: Z 9:19.05 4/8/2017 Colonials 1776, Colonials 1776
 S Saucy, V Swanson, B Burke, L Hug
 NATL: ! 8:39.13 4/13/2008 WALNUT CREEK MA
 M CURRAN, L VIDAL, L SULLIVAN, C O'BRIEN

Club	Seed	Finals	Points
1 COLONIALS 1776 'A'	9:22.29	9:25.08	18
1) Swanson, Vibeke W56	2) Saucy, Stephanie W54		
3) Burke, Barbara W56	4) Hug, Laurie W52		
32.65 1:09.17 (1:09.17)	1:46.84 (1:46.84)	2:23.37 (2:23.37)	
2:41.07 (17.70)	3:29.97 (1:06.60)		
5:15.23 ()	5:53.56 ()	6:32.63 ()	7:11.31 ()
7:41.94 (30.63) 8:16.52 (1:05.21)	8:51.75 (1:40.44)	9:25.08 (2:13.77)	
2 RESTON MASTERS SWIM TEAM 'B'	10:27.27	9:57.10	14
1) Groves, Lisa W53	2) Sauvage, Marie W48		
3) Johnson, Mindy W54	4) Bass, Amy W47		
33.30 1:11.09 (1:11.09)	1:50.55 (1:50.55)	2:29.43 (2:29.43)	
3:05.48 (36.05) 3:45.28 (1:15.85)	4:25.56 (1:56.13)	5:05.01 (2:35.58)	
5:38.67 (33.66) 6:15.59 (1:10.58)	6:53.82 (1:48.81)	7:31.95 (2:26.94)	
8:04.20 (32.25) 8:40.06 (1:08.11)	9:18.12 (1:46.17)	9:57.10 (2:25.15)	

Women 45+ 200 Yard Medley Relay

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ZONE: Z 2:03.64 4/15/2012 Patriot Masters Swim Team
 B Clifford-Dicks, K Toner, L Livingston, C Ward

NATL: ! 1:52.93 5/1/2011 COLORADO MASTER
 C SAPPEY, K CROUCH, S VON DER LIPPE, A SCOTT-KUBE

Club Seed Finals Points

=====

1 RESTON MASTERS SWIM TEAM 'B' 2:22.22 2:15.74 18
 1) Brightwell, Kim W58 2) Groves, Lisa W53
 3) Johnson, Mindy W54 4) Dawson, Mandy W55
 33.38 1:10.01 (36.63) 1:44.49 (34.48) 2:15.74 (31.25)

Women 45+ 400 Yard Medley Relay

=====

ZONE: Z 4:41.88 4/11/2015 Reston Masters Swim Team
 K Brightwell, L Groves, M Johnson, M Dawson

NATL: ! 4:12.53 4/11/2010 OREGON REIGN MA
 V JENKINS, C CRABBE, A DELMAGE, K ANDRUS-HUGHES

Club Seed Finals Points

=====

1 COLONIALS 1776 'A' 4:48.44 4:57.59 18
 1) Saucy, Stephanie W54 2) Swanson, Vibeke W56
 3) Hug, Laurie W52 4) Uppstrom, Noreen W53
 34.39 1:10.12 (1:10.12) 1:49.85 (39.73) 2:42.05 (1:31.93)
 3:04.93 (22.88) 3:45.39 (1:03.34) 4:57.59 (1:12.20)

Women 55+ 200 Yard Freestyle Relay

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ZONE: Z 2:02.14 4/11/2015 Colonials 1776
 M Wolff, S Watts, S Figenshu, C Mccloskey

NATL: ! 1:45.60 4/29/2017 PALM BEACH MAST
 K PIPES, E JONES, K TREIBLE SLATON, C WENZEL

Club Seed Finals Points

=====

1 COLONIALS 1776 'B' 2:05.02 2:00.30Z 18
 1) Wolff, Melinda W65 2) Burke, Barbara W56
 3) Watts, Sue W63 4) Swanson, Vibeke W56
 29.34 58.91 (29.57) 1:30.50 (31.59) 2:00.30 (29.80)

2 RESTON MASTERS SWIM TEAM 'B' 2:04.04 2:08.59 14
 1) Moyer, Michelle W55 2) Dawson, Mandy W55
 3) Brightwell, Kim W58 4) Kirwan, Denise W66
 34.75 1:06.30 (31.55) 1:36.43 (30.13) 2:08.59 (32.16)

3 RESTON MASTERS SWIM TEAM 'A' 3:03.03 2:47.42 12

1) Bennett, Ruth W71	2) Kidd, Sally W56		
3) Manheim, Lucy W75	4) Flynn, Merri W58		
37.90	1:23.14 (45.24)	2:09.56 (46.42)	2:47.42 (37.86)

Women 55+ 400 Yard Freestyle Relay

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ZONE: Z 4:42.36      1997 DC Masters
NATL: ! 4:04.74    2/13/2016 UCLA BRUIN MAST
                J HIRSTY, C CIRAULO, J COOK, V HIBBEN
Club                Seed      Finals Points
=====
1 RESTON MASTERS SWIM TEAM 'A'                6:12.12    6:13.87    18
  1) Manheim, Lucy W75                2) Kidd, Sally W56
  3) Flynn, Merri W58                4) Bennett, Ruth W71
      47.06    1:43.32 (1:43.32)    2:32.22 (48.90)    3:28.00 (1:44.68)
  4:06.68 (38.68)    4:49.94 (1:21.94)    5:29.75 (39.81)    6:13.87 (1:23.93)
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Women 55+ 800 Yard Freestyle Relay

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ZONE: Z 10:38.43    1997 DC Masters
NATL: ! 9:04.47    4/28/2013 UCLA BRUIN MAST
                V HIBBEN, K EINSIDLER, C CIRAULO, J COOK
Club                Seed      Finals Points
=====
1 RESTON MASTERS SWIM TEAM 'A'                11:31.31   11:10.63   18
  1) Moyer, Michelle W55                2) Dawson, Mandy W55
  3) Flynn, Merri W58                4) Kirwan, Denise W66
      37.60    1:19.18 (1:19.18)    2:02.10 (2:02.10)    2:43.95 (2:43.95)
  3:18.54 (34.59)    3:57.93 (1:13.98)    4:39.12 (1:55.17)    5:19.47 (2:35.52)
  6:01.01 (41.54)    6:48.42 (1:28.95)    7:37.66 (2:18.19)    8:24.33 (3:04.86)
  9:00.80 (36.47)    9:43.44 (1:19.11)   10:27.59 (2:03.26)   11:10.63 (2:46.30)
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Women 55+ 200 Yard Medley Relay

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ZONE: Z 2:17.75    4/12/2015 Colonials 1776, Colonials 1776
                C Mccloskey, M Wolff, S Figenshu, S Watts
NATL: ! 1:59.24    4/29/2017 PALM BEACH MAST
                K PIPES, C WENZEL, E JONES, K TREIBLE SLATON
Club                Seed      Finals Points
=====
1 COLONIALS 1776 'B'                2:15.22    2:19.10    18
  1) Wolff, Melinda W65                2) Swanson, Vibeke W56
  3) Burke, Barbara W56                4) Watts, Sue W63
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	36.77		1:47.82 ()	2:19.10 (31.28)
2 WARRENTON FAUQUIER AQUATIC CLU 'A'			3:05.00	3:02.23 14
1) Tartt, Judith W69		2) Adams, Blanca W60		
3) Landers, Denise W56		4) Ammons, Patricia W71		
	53.08	1:45.77 (52.69)	3:02.23 (1:16.46)	
3 RESTON MASTERS SWIM TEAM 'A'			3:15.15	3:20.13 12
1) Manheim, Lucy W75		2) Kidd, Sally W56		
3) Flynn, Merri W58		4) Bennett, Ruth W71		
	58.78	2:00.55 (1:01.77)	2:48.83 (48.28)	3:20.13 (31.30)

Women 55+ 400 Yard Medley Relay

=====				
	ZONE: Z 5:14.80	1997 DC Masters		
	NATL: ! 4:38.48	4/26/2013 UCLA BRUIN MAST		
		K EINSIDLER, J COOK, C CIRAULO, V HIBBEN		
Club		Seed	Finals	Points
=====				
1 VIRGINIA MASTERS SWIM TEAM 'B'		5:10.10	5:46.19	18
1) Barry, Marcia W69		2) Speer, Nancy W55		
3) Miller, Patricia W57		4) Jaeger, Debbie W55		
	43.30	1:27.81 (1:27.81)	2:11.73 (43.92)	3:00.90 (1:33.09)
	3:41.75 (40.85)	4:32.46 (1:31.56)	5:07.74 (35.28)	5:46.19 (1:13.73)

Men 18+ 200 Yard Freestyle Relay

=====				
	ZONE: Z 1:26.42	1991 TA "A"		
	NATL: ! 1:18.32	5/22/2010 NORTH CAROLINA		
		N BRUNELLI, C JONES, N WESTBY, J SKUBA		
Club		Seed	Finals	Points
=====				
1 PATRIOT MASTERS SWIM TEAM 'A'		1:38.00	1:36.79	18
1) Xu, Tim M27		2) Mucker, Vincent M40		
3) Kendall, Cody M29		4) Littles, Jonathan M24		
	26.19	51.31 (25.12)	1:14.92 (23.61)	1:36.79 (21.87)

Men 18+ 400 Yard Freestyle Relay

=====				
	ZONE: Z 3:15.05	1993 Colonials 1776		
	NATL: ! 3:01.60	2/13/2016 GOLDEN ROAD AQU		
		M MARSHALL, N KORTH, M JABEN, T COX		
Club		Seed	Finals	Points
=====				
1 CLUB TRIBE 'A'		3:03.00	3:04.86Z	18

1) Greenhalgh, Andrew M22	2) Bureau, Lucas M23			
3) Loughran, Kyle M30	4) Gallagher, Kevin M30			
23.08	47.36 (47.36)	1:08.01 (20.65)	1:31.91 (44.55)	
1:54.36 (22.45)	2:19.44 (47.53)	2:40.82 (21.38)	3:04.86 (45.42)	

Men 18+ 800 Yard Freestyle Relay

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ZONE: Z 7:12.63 1996 Trigger
 NATL: ! 7:05.96 4/4/2004 DAVIS AQUATIC M
 M CALLAGHAN, Z LEMKE, M ROPER, A NONAKA

Club	Seed	Finals Points
1 CLUB TRIBE 'A'	7:05.50	6:53.52! 18
1) Bureau, Lucas M23	2) Henderson, James M23	
3) Glass, Austin M23	4) Greenhalgh, Andrew M22	
23.12	48.21 (48.21)	1:14.10 (1:14.10)
1:39.93 (1:39.93)		1:39.93 (1:39.93)
2:31.22 (51.29)		2:58.49 (1:18.56)
3:24.93 (1:45.00)		3:24.93 (1:45.00)
3:49.25 (24.32)	4:15.76 (50.83)	4:43.80 (1:18.87)
5:12.85 (1:47.92)		5:12.85 (1:47.92)
5:36.45 (23.60)	6:01.98 (49.13)	6:27.79 (1:14.94)
		6:53.52 (1:40.67)

Men 18+ 200 Yard Medley Relay

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ZONE: Z 1:39.21 1991 Connecticut
 NATL: ! 1:26.71 5/2/2014 THE OLYMPIC CLU
 A SAETA, N KOON, N ADRIAN, A ERVIN

Club	Seed	Finals Points
1 CLUB TRIBE 'A'	1:35.50	1:36.73Z 18
1) Henderson, James M23	2) Head, Carter M24	
3) Glass, Austin M23	4) Bureau, Lucas M23	
24.78	52.75 (27.97)	1:16.21 (23.46)
1:36.73 (20.52)		1:36.73 (20.52)
2 PATRIOT MASTERS SWIM TEAM 'A'	1:42.00	1:37.27Z 14
1) Chestnut, Eric M24	2) Wolfe, Ryan M25	
3) Littles, Jonathan M24	4) Chestnut, Michael M26	
25.02	52.37 (27.35)	1:15.89 (23.52)
1:37.27 (21.38)		1:37.27 (21.38)
3 CLUB TRIBE 'D'	1:53.75	1:55.54 12
1) Earle, Daniel M46	2) Stamps, Nathan M26	
3) Rockwell, John M43	4) Lukacsy, Brian M23	
29.55	1:02.45 (32.90)	1:30.52 (28.07)
1:55.54 (25.02)		1:55.54 (25.02)
4 FREEDOM AQUATIC CLUB 'A'	2:44.00	2:30.29 10
1) Shinaishin, Omar M18	2) Shinaishin, Ahmed M50	
3) Segmuller, Hermann M52	4) Arnold, Scott M58	
34.56	1:15.94 (41.38)	2:02.60 (46.66)
2:30.29 (27.69)		2:30.29 (27.69)

Men 18+ 400 Yard Medley Relay

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ZONE: Z 3:39.04   4/24/2005 Terrapin Masters
NATL: ! 3:24.55   4/2/2016 ARIZONA MASTERS
                D ADALSTEINSSON, D KNITTLE, B CREAGER, Z DALBY
Club              Seed      Finals Points
=====
1 CLUB TRIBE 'B'              3:59.25      3:58.49   18
  1) Slater, Douglas M60          2) Head, Carter M24
  3) Gass, Kraig M38              4) Stamps, Nathan M26
      29.60   1:00.67 (1:00.67)   1:29.12 (28.45)   2:01.79 (1:01.12)
  2:29.28 (27.49)   3:03.92 (1:02.13)   3:29.53 (25.61)   3:58.49 (54.57)
2 PATRIOT MASTERS SWIM TEAM 'A'  4:12.00      4:11.87   14
  1) Jones, Mark M55              2) Wolfe, Ryan M25
  3) Xu, Tim M27                  4) Gordon, Joshua M22
      34.84   1:10.43 (1:10.43)   1:38.26 (27.83)   2:10.26 (59.83)
  2:26.01 (15.75)   3:09.86 (59.60)   3:39.27 (29.41)   4:11.87 (1:02.01)
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Men 25+ 200 Yard Freestyle Relay

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ZONE: Z 1:26.34   4/8/2017 Club Tribe / FXCM
NATL: ! 1:20.22   4/30/2016 THE OLYMPIC CLU
                J LEOPOLD, S GREENWOOD, K FERGUSON, A SAETA
Club              Seed      Finals Points
=====
1 CLUB TRIBE 'A'              1:25.75      1:24.75Z  18
  1) Gallagher, Kevin M30         2) Loughran, Kyle M30
  3) Fay, Christopher M29         4) Glass, Sidney M26
      21.01   42.32 (21.31)   1:03.49 (21.17)   1:24.75 (21.26)
2 ALEXANDRIA MASTERS SWIMMING 'A'  1:30.55      1:31.96   14
  1) McHenry, Scott M26           2) Jent, Daniel M40
  3) Brado, Matthew M38          4) McCafferty, Jacob M33
      21.80   45.75 (23.95)   1:10.02 (24.27)   1:31.96 (21.94)
3 DISTRICT OF COLUMBIA AQUATICS 'A'  1:38.00      1:43.09   12
  1) Barrett, Patrick M37        2) Moon, WonKee M43
  3) Dawson, Logan M27           4) Fitts, Marcus M29
      25.61   50.75 (25.14)   1:16.95 (26.20)   1:43.09 (26.14)
4 RESTON MASTERS SWIM TEAM 'C'      1:48.48      1:47.11   10
  1) Baldwin, Craig M43           2) Hanford, Jeremy M36
  3) Thomasian, Aram M32         4) Koons, Andrew M25
      24.66   51.59 (26.93)   1:20.97 (29.38)   1:47.11 (26.14)
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Men 25+ 400 Yard Freestyle Relay

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ZONE: Z 3:09.74    4/21/2013 Fairfax County Masters
                M Bazylewicz, M Veintimilla, K Loughran, S Bulakul
NATL: ! 3:06.20   4/10/2011 ILLINOIS MASTER
                D KINSELLA, T CARLSON, V ALLEGRA, D SIMS
Club              Seed      Finals Points
=====
1 ALEXANDRIA MASTERS SWIMMING 'A'              3:29.33    3:33.64   18
  1) McHenry, Scott M26                2) Bingaman, Cory M43
  3) Taylor, Tim M31                    4) Jent, Daniel M40
      23.42      48.03 (48.03)    1:14.42 (26.39)    1:43.10 (55.07)
  2:10.01 (26.91)    2:39.74 (56.64)    3:04.83 (25.09)    3:33.64 (53.90)
2 UMAC-TERRAPIN MASTERS 'A'                  3:45.00    3:40.01   14
  1) Oloughlin, Jonathan M34            2) Romack, Dave M40
  3) Strahota, Jeffrey M37              4) Laplante, Brett M29
      26.75      56.59 (56.59)    1:23.06 (26.47)    1:52.29 (55.70)
  2:18.18 (25.89)    2:46.43 (54.14)    3:11.96 (25.53)    3:40.01 (53.58)
3 MERRITT MARLINS 'A'                      4:00.00    3:42.16   12
  1) Joubert, Kevin M45                 2) Kirby, Devin M30
  3) DeZago, Christopher M35            4) Wyatt, Haydon M27
      28.51      57.96 (57.96)    1:25.17 (27.21)    1:56.10 (58.14)
  2:21.48 (25.38)    2:49.79 (53.69)    3:13.53 (23.74)    3:42.16 (52.37)
4 PATRIOT MASTERS SWIM TEAM 'A'             3:55.00    3:55.06   10
  1) Jones, Mark M55                    2) Mucker, Vincent M40
  3) Xu, Tim M27                        4) Grecco, Paul M57
      28.27      58.60 (58.60)    1:25.83 (27.23)    1:57.14 (58.54)
  2:26.32 (29.18)    2:59.46 (1:02.32)  3:25.87 (26.41)    3:55.06 (55.60)
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Men 25+ 800 Yard Freestyle Relay

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ZONE: Z 7:14.89    1991 Empire
NATL: ! 6:56.28   3/22/2014 NEW ENGLAND SWI
                T WORK, D MORAN, E NILSSON, M EMMONS
Club              Seed      Finals Points
=====
1 ALEXANDRIA MASTERS SWIMMING 'A'              7:38.03    7:55.84   18
  1) McHenry, Scott M26                2) Bingaman, Cory M43
  3) Jent, Daniel M40                  4) Brado, Matthew M38
      24.51      51.84 (51.84)    1:19.33 (1:19.33)    1:46.86 (1:46.86)
  2:14.83 (27.97)    2:45.25 (58.39)    3:16.96 (1:30.10)    3:49.46 (2:02.60)
  4:16.60 (27.14)    4:47.95 (58.49)    5:20.02 (1:30.56)
      6:20.67 ( )      6:51.22 ( )      7:22.83 ( )      7:55.84 ( )
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2 UMAC-TERRAPIN MASTERS 'A'			8:00.00	8:07.85	14
1) Oloughlin, Jonathan M34					
2) Goodison, Michael M46					
3) Laplante, Brett M29					
4) Romack, Dave M40					
	27.90	59.52 (59.52)	1:32.41 (1:32.41)	2:05.57 (2:05.57)	
	2:33.13 (27.56)	3:04.83 (59.26)	3:37.32 (1:31.75)	4:09.36 (2:03.79)	
	4:35.84 (26.48)	5:04.63 (55.27)	5:34.74 (1:25.38)	6:06.21 (1:56.85)	
	6:22.70 (16.49)	7:02.98 (56.77)	7:35.06 (1:28.85)	8:07.85 (2:01.64)	
3 MERRITT MARLINS 'A'			7:05.50	9:40.18	12
1) Burgess, Douglas M61					
2) Joubert, Kevin M45					
3) Connell, Allan M28					
4) VanRoden, Jack M27					
	36.42	1:20.32 (1:20.32)	2:09.65 (2:09.65)	2:54.20 (2:54.20)	
	3:24.47 (30.27)	3:59.98 (1:05.78)	4:37.62 (1:43.42)	5:14.60 (2:20.40)	
	5:45.90 (31.30)	6:20.78 (1:06.18)	6:56.68 (1:42.08)	7:32.72 (2:18.12)	
	7:59.86 (27.14)	8:32.27 (59.55)	9:06.03 (1:33.31)	9:40.18 (2:07.46)	

Men 25+ 200 Yard Medley Relay

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ZONE: Z 1:35.91 1999 Ancient Mariners
 NATL: ! 1:27.81 4/29/2017 GOLDEN ROAD AQU
 R LOCHTE, M ALEXANDROV, T COX, L PECHMANN

Club	Seed	Finals	Points
1 CLUB TRIBE 'B'	1:36.00	1:34.71Z	18
1) Glass, Sidney M26			
2) Fay, Christopher M29			
3) Elsaesser, Evan M33			
4) Bulakul, Sirin M30			
	24.09	50.58 (26.49)	1:13.32 (22.74)
			1:34.71 (21.39)
2 ALEXANDRIA MASTERS SWIMMING 'A'	1:43.49	1:43.65	14
1) McCafferty, Jacob M33			
2) McHenry, Scott M26			
3) Hastings, Corey M42			
4) Jent, Daniel M40			
	25.76	52.68 (26.92)	1:20.17 (27.49)
			1:43.65 (23.48)
3 PATRIOT MASTERS SWIM TEAM 'B'	1:52.00	1:48.50	12
1) Krajewski, Thomas M39			
2) Williams, Stuart M37			
3) Jones, Mark M55			
4) Kendall, Cody M29			
	27.04	56.29 (29.25)	1:24.90 (28.61)
			1:48.50 (23.60)
4 VIRGINIA MASTERS SWIM TEAM 'A'	1:56.56	1:57.74	10
1) Harris, Gregory M54			
2) Chenault, Robert M55			
3) Snyder, Scott M29			
4) Nelson, Bill M65			
	28.53	59.94 (31.41)	1:57.74 (57.80)

Men 25+ 400 Yard Medley Relay

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ZONE: Z 3:30.45 1999 Ancient Mariners
 NATL: ! 3:25.49 4/21/2012 ILLINOIS MASTER

C CUNNICK, T CARLSON, J CHILES, V ALLEGRA

Club	Seed	Finals	Points
1 CLUB TRIBE 'A'	3:44.75	3:45.52	18
1) Bulakul, Sirin M30	2) Williams, Rich M42		
3) Elsaesser, Evan M33	4) Lovett, Michael M40		
27.63	57.59 (57.59)	1:27.26 (29.67)	2:01.27 (1:03.68)
2:25.48 (24.21)	2:54.37 (53.10)	3:18.54 (24.17)	3:45.52 (51.15)
2 DISTRICT OF COLUMBIA AQUATICS 'A'	4:10.00	4:01.20	14
1) Barrett, Patrick M37	2) Williams, Neill M50		
3) Dawson, Logan M27	4) Fitts, Marcus M29		
29.08	1:00.10 (1:00.10)	1:29.93 (29.83)	2:02.63 (1:02.53)
2:31.68 (29.05)	3:06.58 (1:03.95)	3:32.38 (25.80)	4:01.20 (54.62)
3 RESTON MASTERS SWIM TEAM 'B'	4:31.31	4:21.07	12
1) Baldwin, Craig M43	2) Hanford, Jeremy M36		
3) Thomasian, Aram M32	4) Koons, Andrew M25		
31.98	1:06.17 (1:06.17)	1:39.46 (33.29)	2:17.17 (1:11.00)
2:47.33 (30.16)	3:23.90 (1:06.73)	3:50.83 (26.93)	4:21.07 (57.17)

Men 35+ 200 Yard Freestyle Relay

ZONE: Z 1:28.05 4/25/2009 Jersey Area Masters
 NATL: ! 1:23.32 5/29/2010 LONGHORN AQUATI
 T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

Club	Seed	Finals	Points
1 CENTRAL BUCKS FAMILY YMCA 'A'	1:45.00	1:43.56	18
1) Crossland, Jerry M61	2) Reynolds, Sean M49		
3) Hegna, Ryan M37	4) Gambale, Michael M46		
26.66	53.64 (26.98)	1:18.86 (25.22)	1:43.56 (24.70)
2 DISTRICT OF COLUMBIA AQUATICS 'B'	1:39.00	1:45.32	14
1) Grasha, Eric M42	2) Czander, Eric M52		
3) Dever, Frederick M52	4) Williams, Neill M50		
25.17	52.69 (27.52)	1:20.91 (28.22)	1:45.32 (24.41)
3 RESTON MASTERS SWIM TEAM 'B'	1:59.59	2:14.99	12
1) Eliot, Doug M53	2) Evans, Brian M53		
3) Wynes, Anthony M48	4) Gwilliam, Glenn M39		
27.52	1:13.82 (46.30)	1:29.33 (15.51)	2:14.99 (45.66)

Men 35+ 400 Yard Freestyle Relay

ZONE: Z 3:15.40 4/26/2009 Jersey Area Masters
 NATL: ! 3:06.12 5/30/2010 LONGHORN AQUATI

T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

Club	Seed	Finals	Points
1 CLUB TRIBE 'B'	3:39.75	3:38.62	18
1) Rockwell, John M43	2) Gass, Kraig M38		
3) Earle, Daniel M46	4) Lesnewsky, Erik M35		
26.77	55.51 (55.51)	1:20.69 (25.18)	1:50.22 (54.71)
2:17.04 (26.82)	2:45.39 (55.17)	3:11.06 (25.67)	3:38.62 (53.23)
2 LANE 4 SWIMMING 'A'	3:45.00	3:42.48	14
1) Woodworth, Scott M41	2) House, Christopher M54		
3) Bower, Matthew M43	4) Ellis, Brian M50		
27.38	56.71 (56.71)	1:24.38 (27.67)	1:53.34 (56.63)
2:18.19 (24.85)	2:45.42 (52.08)	3:12.17 (26.75)	3:42.48 (57.06)
3 CENTRAL BUCKS FAMILY YMCA 'A'	3:45.01	3:45.55	12
1) Gambale, Michael M46	2) Crossland, Jerry M61		
3) Reynolds, Sean M49	4) Hegna, Ryan M37		
27.85	56.70 (56.70)	1:23.70 (27.00)	1:52.90 (56.20)
2:20.23 (27.33)	2:51.72 (58.82)	3:16.88 (25.16)	3:45.55 (53.83)
4 SPRING VALLEY YMCA MASTERS 'A'	NT	3:46.72	10
1) Sangmeister, Gary M47	2) Gross, Jeremy M46		
3) Boris, Joseph M38	4) Houchins, Bradford M40		
26.05	54.65 (54.65)	1:20.82 (26.17)	1:49.65 (55.00)
2:18.12 (28.47)	2:49.46 (59.81)	3:17.15 (27.69)	3:46.72 (57.26)
5 RESTON MASTERS SWIM TEAM 'C'	4:02.02	3:51.57	8
1) Baldwin, Craig M43	2) Hanford, Jeremy M36		
3) Gwilliam, Glenn M39	4) Eliot, Doug M53		
26.25	53.50 (53.50)	1:21.21 (27.71)	1:51.95 (58.45)
2:20.55 (28.60)	2:51.13 (59.18)	3:20.15 (29.02)	3:51.57 (1:00.44)

Men 35+ 800 Yard Freestyle Relay

ZONE: Z 7:09.04 2001 Badger
 NATL: ! 6:56.69 5/4/2007 TEAM TYR
 D WEGNER, S HUBBARD, C BEACH, E HOCHSTEIN

Club	Seed	Finals	Points
1 CLUB TRIBE 'B'	8:02.25	8:16.59	18
1) Gass, Kraig M38	2) Rockwell, John M43		
3) Lesnewsky, Erik M35	4) Earle, Daniel M46		
29.39	1:00.55 (1:00.55)	1:33.13 (1:33.13)	2:06.77 (2:06.77)
2:33.99 (27.22)	3:04.61 (57.84)	3:37.06 (1:30.29)	4:09.55 (2:02.78)
4:37.44 (27.89)	5:09.11 (59.56)	5:41.40 (1:31.85)	6:42.41 (2:32.86)
7:13.52 (31.11)	7:45.10 (1:02.69)	8:16.59 (1:34.18)	

2 SPRING VALLEY YMCA MASTERS 'A'				NT	8:28.62	14
1) Gross, Jeremy M46				2) Houchins, Bradford M40		
3) Boris, Joseph M38				4) Dryburgh, Andrew M37		
	27.67	58.06 (58.06)	1:29.89 (1:29.89)		2:01.35 (2:01.35)	
	2:31.08 (29.73)	3:04.82 (1:03.47)	3:40.22 (1:38.87)		4:13.84 (2:12.49)	
	4:43.36 (29.52)	5:16.42 (1:02.58)	5:50.43 (1:36.59)		6:23.04 (2:09.20)	
	6:50.82 (27.78)	7:22.57 (59.53)	7:55.52 (1:32.48)		8:28.62 (2:05.58)	
3 CENTRAL BUCKS FAMILY YMCA 'A'				8:40.00	8:44.25	12
1) Reynolds, Sean M49				2) Hegna, Ryan M37		
3) Gambale, Michael M46				4) Crossland, Jerry M61		
	30.70	1:05.19 (1:05.19)	1:41.14 (1:41.14)		2:14.75 (2:14.75)	
	2:43.33 (28.58)	3:15.02 (1:00.27)	3:49.24 (1:34.49)		4:24.33 (2:09.58)	
	4:53.29 (28.96)	5:26.04 (1:01.71)	5:59.61 (1:35.28)		6:33.37 (2:09.04)	
	7:03.83 (30.46)	7:36.91 (1:03.54)	8:10.89 (1:37.52)		8:44.25 (2:10.88)	
4 RESTON MASTERS SWIM TEAM 'A'				9:41.41	11:05.87	10
1) Eliot, Doug M53				2) Evans, Brian M53		
3) Wynes, Anthony M48				4) Gwilliam, Glenn M39		
	31.91	1:06.84 (1:06.84)	1:42.36 (1:42.36)		2:17.50 (2:17.50)	
	3:04.61 (47.11)	3:59.05 (1:41.55)	4:56.36 (2:38.86)		5:49.45 (3:31.95)	
	6:27.30 (37.85)	7:09.32 (1:19.87)	7:52.98 (2:03.53)			
	9:10.06 ()	9:47.60 ()	11:05.87 ()			

Men 35+ 200 Yard Medley Relay

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ZONE: Z 1:41.88 1994 Colonials 1776

NATL: ! 1:34.16 5/10/2009 LONGHORN AQUATI

T BLESSING, T BARTEE, B BAILEY, M VAROZZA

Club			Seed	Finals	Points
1 LANE 4 SWIMMING 'A'			1:46.00	1:53.51	18
1) Woodworth, Scott M41				2) Bower, Matthew M43	
3) Ellis, Brian M50				4) House, Christopher M54	
	29.13	59.36 (30.23)	1:27.01 (27.65)		1:53.51 (26.50)
2 RESTON MASTERS SWIM TEAM 'C'			2:02.05	1:58.15	14
1) Baldwin, Craig M43				2) Hanford, Jeremy M36	
3) Gwilliam, Glenn M39				4) Eliot, Doug M53	
	28.72	1:01.21 (32.49)	1:31.77 (30.56)		1:58.15 (26.38)
3 CENTRAL BUCKS FAMILY YMCA 'A'			NT	2:01.50	12
1) Crossland, Jerry M61				2) Reynolds, Sean M49	
3) Gambale, Michael M46				4) Hegna, Ryan M37	
	32.32	1:07.85 (35.53)	1:36.23 (28.38)		2:01.50 (25.27)
-- CLUB TRIBE 'C'			NT	DQ	

Stroke Infraction swimmer #2: Butterfly kick - breast

- | | |
|------------------------|--|
| 1) Slater, Douglas M60 | 2) Williams, Rich M42 |
| 3) Lovett, Michael M40 | 4) Maholchic, Adrian M41 |
| 28.02 | 56.12 (28.10) 1:19.79 (23.67) DQ (23.49) |

Men 35+ 400 Yard Medley Relay

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ZONE: Z 3:45.77 4/8/2017 Club Tribe, Club Tribe
 J Rockwell, R Williams, M Nilson, M Lovett

NATL: ! 3:28.46 3/5/2009 LONGHORN AQUATI
 A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

Club	Seed	Finals	Points
1 LANE 4 SWIMMING 'A'	4:10.00	4:11.08	18
1) Grill, Michael M49	2) Bower, Matthew M43		
3) Ellis, Brian M50	4) House, Christopher M54		
32.24 1:05.79 (1:05.79)	1:36.59 (30.80)	2:12.62 (1:06.83)	
2:40.96 (28.34) 3:14.69 (1:02.07)	3:42.75 (28.06)	4:11.08 (56.39)	
2 DISTRICT OF COLUMBIA AQUATICS 'B'	4:15.00	4:14.19	14
1) Czander, Eric M52	2) Moon, WonKee M43		
3) Dever, Frederick M52	4) Grasha, Eric M42		
34.65 1:10.45 (1:10.45)	1:41.38 (30.93)	2:16.67 (1:06.22)	
2:46.32 (29.65) 3:20.35 (1:03.68)	3:45.95 (25.60)	4:14.19 (53.84)	
3 CENTRAL BUCKS FAMILY YMCA 'A'	4:30.00	4:23.74	12
1) Crossland, Jerry M61	2) Hegna, Ryan M37		
3) Gambale, Michael M46	4) Reynolds, Sean M49		
32.70 1:06.16 (1:06.16)	1:39.48 (33.32)	2:18.01 (1:11.85)	
2:47.46 (29.45) 3:23.73 (1:05.72)	3:52.43 (28.70)	4:23.74 (1:00.01)	

Men 45+ 200 Yard Freestyle Relay

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ZONE: Z 1:32.95 4/8/2017 Spring Valley YMCA Masters, Spring Valley Y
 J Gross, G Sangmeister, J Evans, J McGuire

NATL: ! 1:27.70 5/4/2008 ARIZONA MASTERS
 JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

Club	Seed	Finals	Points
1 SPRING VALLEY YMCA MASTERS 'A'	1:32.00	1:32.30Z	18
1) Gross, Jeremy M46	2) Sangmeister, Gary M47		
3) Evans, Jeffrey M52	4) Rees, Greg M48		
22.60 46.20 (23.60)	1:09.48 (23.28)	1:32.30 (22.82)	
2 VIRGINIA MASTERS SWIM TEAM 'A'	1:50.00	1:55.41	14
1) Belfit, Scott M66	2) Harris, Gregory M54		
3) Chenault, Robert M55	4) Romo, Robert M59		

	35.10	58.80 (23.70)	1:26.63 (27.83)	1:55.41 (28.78)
3 DISTRICT OF COLUMBIA AQUATICS 'C'			2:01.00	2:07.74 12
1) Massonneau, Christopher M59		2) Franz, Craig M65		
3) Haddan, Barry M67		4) Amezcua, David M49		
	35.70	1:02.99 (27.29)	1:20.03 (17.04)	2:07.74 (47.71)

Men 45+ 400 Yard Freestyle Relay

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ZONE: Z 3:35.09 4/13/2008 Binghamton Univ Masters Swimm
NATL: ! 3:18.25 5/7/2010 WILDCAT ALUMNI
A JAEGER, T HARVILL, M VOLZING, D CUNNIFF
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Club Seed Finals Points
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1 DISTRICT OF COLUMBIA AQUATICS 'A' 4:06.00 4:30.98 18
1) Williams, Neill M50 2) Franz, Craig M65
3) Haddan, Barry M67 4) Amezcua, David M49
26.06 54.29 (54.29) 1:26.39 (32.10) 1:59.49 (1:05.20)
2:34.42 (34.93) 3:17.51 (1:18.02) 3:51.50 (33.99) 4:30.98 (1:13.47)
2 GERMANTOWN MARYLAND MASTERS 'A' 4:55.00 5:05.03 14
1) Tomson, Farol M46 2) Wright, Stephen M68
3) Boyle, Michael M66 4) Walters, Mark M65
29.52 1:04.61 (1:04.61) 1:38.58 (33.97) 2:16.53 (1:11.92)
2:59.43 (42.90) 3:45.86 (1:29.33) 4:23.80 (37.94) 5:05.03 (1:19.17)
3 RESTON MASTERS SWIM TEAM 'B' 5:52.52 5:26.54 12
1) Sickenberger, William M58 2) Osinovsky, Alex M54
3) Wynes, Anthony M48 4) Nobbe, Nick M79
34.38 1:11.31 (1:11.31)
2:58.15 ( ) 3:38.78 ( ) 4:31.51 (52.73) 5:26.54 (1:47.76)

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Men 45+ 200 Yard Medley Relay

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ZONE: Z 1:44.79 4/9/2017 Spring Valley YMCA Masters, Spring Valley Y
J Evans, G Sangmeister, J Gross, J McGuire
NATL: ! 1:36.56 5/23/2010 GEORGIA MASTERS
E ERICSON, C WEISSMAN, B BUGG, M ELLISON
=====
Club Seed Finals Points
=====
1 SPRING VALLEY YMCA MASTERS 'A' 1:43.00 1:42.32Z 18
1) Rees, Greg M48 2) Sangmeister, Gary M47
3) Evans, Jeffrey M52 4) Gross, Jeremy M46
27.77 55.50 (27.73) 1:20.13 (24.63) 1:42.32 (22.19)
2 CENTRAL MARYLAND YMCA MASTERS 'A' 2:08.54 2:03.02 14
1) Jacobson, Michael M49 2) Canaday, Brent M47

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3) Ruckdeschel, Jonathan M49	4) Toy, Raymond M51			
31.34	1:06.11 (34.77)	1:32.88 (26.77)	2:03.02 (30.14)	
3 DISTRICT OF COLUMBIA AQUATICS 'A'		2:15.00	2:12.83	12
1) Williams, Neill M50	2) Amezcua, David M49			
3) Haddan, Barry M67	4) Franz, Craig M65			
27.03	1:04.03 (37.00)	1:42.73 (38.70)	2:12.83 (30.10)	
4 RESTON MASTERS SWIM TEAM 'B'		2:52.52	2:40.64	10
1) Sickenberger, William M58	2) Osinovsky, Alex M54			
3) Wynes, Anthony M48	4) Pilette, Sterling M76			
	1:20.29 ()	1:40.43 (20.14)	2:40.64 (1:00.21)	

Men 45+ 400 Yard Medley Relay

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ZONE: Z 4:06.43 4/9/2016 Spring Valley YMCA Masters				
G Rees, G Sangmeister, J Evans, J McGuire				
NATL: ! 3:38.41 4/10/2010 TEXAS LONGHORN				
N BREAZEALE, D GUTHRIE, A RASMUSSEN, M STINCHCOMBE				
Club		Seed	Finals	Points
=====				
1 SPRING VALLEY YMCA MASTERS 'A'		NT	4:07.73	18
1) Rees, Greg M48	2) Sangmeister, Gary M47			
3) Evans, Jeffrey M52	4) Gross, Jeremy M46			
31.37	1:04.20 (1:04.20)	1:36.65 (32.45)	2:13.43 (1:09.23)	
2:41.67 (28.24)	3:13.01 (59.58)	3:39.33 (26.32)	4:07.73 (54.72)	
2 VIRGINIA MASTERS SWIM TEAM 'A'		4:35.00	5:06.13	14
1) Miller, Jim M67	2) Chenault, Robert M55			
3) Harris, Gregory M54	4) Frogley, Christopher M74			
44.56	1:29.94 (1:29.94)	2:03.52 (33.58)	2:39.37 (1:09.43)	
3:09.12 (29.75)	3:45.32 (1:05.95)	4:24.48 (39.16)	5:06.13 (1:20.81)	
3 DISTRICT OF COLUMBIA AQUATICS 'C'		NT	5:30.36	12
1) Massonneau, Christopher M59	2) Amezcua, David M49			
3) Haddan, Barry M67	4) Franz, Craig M65			
42.86	1:25.92 (1:25.92)	2:03.72 (37.80)	2:46.80 (1:20.88)	
3:28.91 (42.11)	4:23.56 (1:36.76)	4:55.87 (32.31)	5:30.36 (1:06.80)	

Men 55+ 200 Yard Freestyle Relay

=====				
ZONE: Z 1:42.82 4/5/2014 Colonials 1776				
D Keith, G Meyer, T Steel, J Thornton				
NATL: ! 1:32.18 4/11/2009 OREGON MASTERS				
M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK				
Club		Seed	Finals	Points
=====				

1 COLONIALS 1776 'A' 1:48.00 1:53.54 18
 1) Reilly, Jeff M56 2) Dougherty, Stephen M66
 3) Meyer, Geoffrey M66 4) Keyser, Brian M61
 28.64 59.50 (30.86) 1:26.71 (27.21) 1:53.54 (26.83)
 2 RESTON MASTERS SWIM TEAM 'A' 2:05.05 2:16.20 14
 1) Moyer, Steven M60 2) Sickenberger, William M58
 3) Paulson, Laurence M69 4) Raful, Mitchell M56
 1:02.18 () 2:16.20 (1:14.02)

Men 55+ 400 Yard Freestyle Relay

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ZONE: Z 3:43.13 4/17/2011 Colonials 1776
 J Martin, S Dougherty, G Meyer, P Trevisan
 NATL: ! 3:28.26 3/28/2015 CMS
 K ANDERSON, M MANN, C PETERSEN, G SCOTT

Club	Seed	Finals Points
1 RESTON MASTERS SWIM TEAM 'A'	6:33.33	5:41.55 18
1) Moyer, Steven M60	2) Pilette, Sterling M76	
3) Paulson, Laurence M69	4) Raful, Mitchell M56	
34.36 1:12.75 (1:12.75)	1:57.21 (44.46)	2:46.12 (1:33.37)
3:26.68 (40.56) 4:12.15 (1:26.03)	4:28.02 (15.87)	5:41.55 (1:29.40)

Men 55+ 200 Yard Medley Relay

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ZONE: Z 1:52.98 4/17/2011 Colonials 1776
 G Meyer, S Dougherty, P Sweeney, P Trevisan
 NATL: ! 1:45.32 4/11/2009 OREGON MASTERS
 W EDWARDS, A STARK, L PHILBRICK, M TENNANT

Club	Seed	Finals Points
1 RESTON MASTERS SWIM TEAM 'A'	3:02.02	3:19.28 18
1) Moyer, Steven M60	2) Paulson, Laurence M69	
3) Raful, Mitchell M56	4) Nobbe, Nick M79	
43.70 1:43.48 (59.78)	2:49.62 (1:06.14)	3:19.28 (29.66)

Men 55+ 400 Yard Medley Relay

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ZONE: Z 4:19.39 4/17/2011 Colonials 1776
 NATL: ! 3:57.13 3/28/2015 CMS
 C PETERSEN, G SCOTT, M MANN, K ANDERSON

Club	Seed	Finals Points
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1 RESTON MASTERS SWIM TEAM 'A' 5:31.31 6:36.57 18
 1) Moyer, Steven M60 2) Sickenberger, William M58
 3) Paulson, Laurence M69 4) Raful, Mitchell M56
 45.85 1:38.45 (1:38.45) 3:19.39 (1:40.94)
 5:49.11 () 6:36.57 ()

Men 65+ 400 Yard Medley Relay

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ZONE: Z 5:01.35 4/13/2008 Virginia Masters Swim Team
 NATL: ! 4:21.08 4/17/2016 VENTURA COUNTY
 J MC CONICA, B ROLLINS, H KERNS, G GRUBER

Club	Seed	Finals	Points
1 GERMANTOWN MARYLAND MASTERS 'A'	5:45.00	5:48.71	18
1) Wright, Stephen M68	2) Greger, Ronald M73		
3) Walters, Mark M65	4) Boyle, Michael M66		
38.70 1:19.39 (1:19.39)	2:07.57 (48.18)	2:57.17 (1:37.78)	
3:14.14 (16.97)	3:34.28 (37.11)	4:17.54 (43.26)	5:48.71 (2:14.43)

Men 75+ 200 Yard Freestyle Relay

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ZONE: Z 3:03.29 4/17/2011 VMST
 NATL: ! 1:57.74 4/11/2014 GOLD COAST MAST
 A MORROW, D MCINTYRE, A HAMADA, D PAINTER

Club	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'B'	2:15.00	2:07.86Z	18
1) Sober, Harry M75	2) Gaulrapp, Edward M75		
3) Novell, Ken M75	4) Wise, Randolph M76		
29.11 1:05.44 (36.33)	1:35.17 (29.73)	2:07.86 (32.69)	

Men 75+ 400 Yard Freestyle Relay

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NATL: ! 4:57.61 5/3/2008 ILLINOIS MASTER
 W LEENGRAN, F LEHMAN, S MULLINS, T BANFIELD

Club	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'A'	4:56.00	4:53.92!	18
1) Sober, Harry M75	2) Gaulrapp, Edward M75		
3) Wise, Randolph M76	4) Novell, Ken M75		
31.93 1:07.70 (1:07.70)	1:45.64 (37.94)	2:27.19 (1:19.49)	
3:04.62 (37.43)	3:42.76 (1:15.57)	4:16.23 (33.47)	4:53.92 (1:11.16)

Men 75+ 200 Yard Medley Relay

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NATL: ! 2:17.11 4/12/2014 SARASOTA Y SHAR
          B JONES, M SANGUILY, J SMITH, T VERTH
Club              Seed      Finals Points
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1 VIRGINIA MASTERS SWIM TEAM 'B'              2:17.00      2:23.92   18
  1) Sober, Harry M75                2) Gaulrapp, Edward M75
  3) Wise, Randolph M76              4) Novell, Ken M75
          38.52      1:20.40 (41.88)      1:53.78 (33.38)      2:23.92 (30.14)
  
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Men 75+ 400 Yard Medley Relay

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NATL: ! 5:49.57 4/18/2010 WALNUT CREEK MA
          D BROWN, N STUPFEL, S MORNER, R MAYO
Club              Seed      Finals Points
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1 VIRGINIA MASTERS SWIM TEAM 'B'              NT          6:42.67   18
  1) Sober, Harry M75                2) Gaulrapp, Edward M75
  3) Novell, Ken M75                 4) Wise, Randolph M76
          43.51      1:32.74 (1:32.74)      2:23.17 (50.43)      3:21.67 (1:48.93)
  4:14.89 (53.22)      5:16.87 (1:55.20)      6:42.67 (1:25.80)
  
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Mixed 18+ 200 Yard Freestyle Relay

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ZONE: Z 1:29.36 4/15/2007 Curl-Burke Swim Club
NATL: ! 1:24.76 5/2/2014 THE OLYMPIC CLU
          N ADRIAN, K RAATZ, K KASTES, A ERVIN
Club              Seed      Finals Points
=====
1 CLUB TRIBE 'A'              1:27.75      1:29.21Z  18
  1) Bureau, Lucas M23                2) Shaner, Sara W26
  3) Gallagher, Kevin M30            4) Mizerak, Gabrielle W26
          20.24      44.38 (24.14)      1:04.91 (20.53)      1:29.21 (24.30)
2 CENTRAL BUCKS FAMILY YMCA 'A'              1:42.00      1:43.10   14
  1) Gambale, Michael M46              2) Booth, Gretchen W47
  3) Halner, Kristina W23             4) Hegna, Ryan M37
          25.11      52.26 (27.15)      1:19.76 (27.50)      1:43.10 (23.34)
3 ARLINGTON MASTERS 'A'              2:15.00      1:47.83   12
  1) Shu, Jack M25                    2) Duarte, Ana W28
  3) Mathey Lambeth, Alison W33       4) Frederick, Aaron M24
          32.53      55.68 (23.15)      1:24.30 (28.62)      1:47.83 (23.53)
  
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4 CLUB TRIBE 'D'			1:51.75	1:50.38	10
1) Head, Carter M24			2) Davidson, Julia W41		
3) Lovett, Lindsay W39			4) Lesnewsky, Erik M35		
	23.06	52.37 (29.31)	1:25.84 (33.47)	1:50.38 (24.54)	
5 RESTON MASTERS SWIM TEAM 'C'			2:39.39	2:16.53	8
1) Kidd, Sally W56			2) Wynes, Anthony M48		
3) Romero, Sharon W23			4) Koons, Andrew M25		
	46.94	1:19.99 (33.05)	1:51.48 (31.49)	2:16.53 (25.05)	

Mixed 18+ 400 Yard Freestyle Relay

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ZONE: Z 3:30.48 4/9/2016 Fins Aquatics Club, Fins Aquatics Cl
W Kimball, H Mohorn, K Chialastri, J Acquaviva

NATL: ! 3:14.92 4/29/2016 CLUB TRIBE ALUM
K GALLAGHER, K LOUGHRAN, K GRIER, G MIZERAK

Club			Seed	Finals	Points
1 CLUB TRIBE 'A'			3:33.50	3:27.67Z	18
1) Henderson, James M23			2) Wujciak, Anna W23		
3) Greene, Shannon W32			4) Gallagher, Kevin M30		
	23.24	48.16 (48.16)	1:13.91 (25.75)	1:41.94 (53.78)	
	2:09.85 (27.91)	2:40.61 (58.67)	3:02.78 (22.17)	3:27.67 (47.06)	
2 ALEXANDRIA MASTERS SWIMMING 'A'			3:35.00	3:31.64	14
1) McHenry, Scott M26			2) Bade, Marian W23		
3) Macedonia, Anna W28			4) McCafferty, Jacob M33		
	22.72	47.84 (47.84)	1:16.78 (28.94)	1:48.52 (1:00.68)	
	2:13.77 (25.25)	2:42.37 (53.85)	3:05.72 (23.35)	3:31.64 (49.27)	
3 CENTRAL BUCKS FAMILY YMCA 'A'			4:00.00	3:47.65	12
1) Halner, Kristina W23			2) Booth, Gretchen W47		
3) Hegna, Ryan M37			4) Gambale, Michael M46		
	28.17	58.70 (58.70)	1:26.81 (28.11)	1:57.89 (59.19)	
	2:23.48 (25.59)	2:51.32 (53.43)	3:18.05 (26.73)	3:47.65 (56.33)	
4 CLUB TRIBE 'C'			3:59.25	3:48.33	10
1) Elsaesser, Evan M33			2) Restrepo, Marie W55		
3) Head, Carter M24			4) Dickhudt, Mackenzie W23		
	24.48	50.49 (50.49)	1:20.00 (29.51)	1:55.26 (1:04.77)	
	2:19.05 (23.79)	2:45.17 (49.91)	3:15.23 (30.06)	3:48.33 (1:03.16)	

Mixed 18+ 800 Yard Freestyle Relay

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ZONE: Z 7:54.89 2002 Colonials 1776

NATL: ! 7:32.95 3/30/2003 NEW ENGLAND MAS
R LORENZ, P WORLAND, J EADDY, J STOKES

Club	Seed	Finals Points
1 CLUB TRIBE 'A'	7:27.50	7:21.24! 18
1) Greenhalgh, Andrew M22	2) Ryczek, Emily W24	
3) Henderson, James M23	4) Wujciak, Anna W23	
23.96	49.34 (49.34)	1:15.01 (1:15.01)
2:07.66 (26.95)	2:37.64 (56.93)	3:08.17 (1:27.46)
4:03.18 (23.86)	4:30.43 (51.11)	4:58.29 (1:18.97)
5:52.26 (26.59)	6:21.87 (56.20)	6:51.52 (1:25.85)
		7:21.24 (1:55.57)
2 FINS AQUATICS CLUB 'A'	7:40.00	7:28.75! 14
1) Duval, Marcus M26	2) Shaw, Margaret W23	
3) Hernandez, Grace W22	4) Corcoran, Ryan M30	
25.35	52.59 (52.59)	1:20.18 (1:20.18)
2:14.73 (26.95)	2:45.02 (57.24)	3:16.04 (1:28.26)
4:13.34 (26.42)	4:42.36 (55.44)	5:11.66 (1:24.74)
6:04.83 (24.22)	6:32.80 (52.19)	7:01.54 (1:20.93)
		7:28.75 (1:48.14)
3 ALEXANDRIA MASTERS SWIMMING 'B'	8:06.00	8:08.37 12
1) McHenry, Scott M26	2) Bade, Marian W23	
3) McWilliams, Katie W34	4) Bingaman, Cory M43	
23.95	50.50 (50.50)	1:17.33 (1:17.33)
2:14.81 (29.85)	2:48.59 (1:03.63)	3:23.19 (1:38.23)
4:26.25 (28.43)	4:58.01 (1:00.19)	5:30.37 (1:32.55)
6:29.91 (27.16)	7:01.27 (58.52)	7:33.94 (1:31.19)
		8:08.37 (2:05.62)
4 CENTRAL BUCKS FAMILY YMCA 'A'	8:45.00	8:57.02 10
1) Halner, Kristina W23	2) Booth, Gretchen W47	
3) Gambale, Michael M46	4) Hegna, Ryan M37	
28.79	1:01.04 (1:01.04)	1:35.46 (1:35.46)
2:40.17 (30.23)	3:15.41 (1:05.47)	3:52.52 (1:42.58)
4:59.88 (30.72)	5:34.41 (1:05.25)	6:09.48 (1:40.32)
7:14.17 (29.19)	7:47.85 (1:02.87)	8:22.63 (1:37.65)
		8:57.02 (2:12.04)

Mixed 18+ 200 Yard Medley Relay

Club	Seed	Finals Points
ZONE: Z 1:40.03	4/14/2007 Curl-Burke Swim Club	
NATL: ! 1:35.89	4/30/2016 THE OLYMPIC CLU	
	A SAETA, C BABCOCK, A SENKO, M STIPE	
1 CLUB TRIBE 'A'	1:44.50	1:40.68 18
1) Glass, Austin M23	2) Schwartz, Laura W23	
3) Bureau, Lucas M23	4) Ryczek, Emily W24	
24.22	54.42 (30.20)	1:16.25 (21.83)
		1:40.68 (24.43)
2 PATRIOT MASTERS SWIM TEAM 'A'	1:53.00	1:48.16 14

1) Reiffenberger, Megan W23	2) Rosenberg, Kaleigh W22			
3) Chestnut, Eric M24	4) Littles, Jonathan M24			
31.78	1:02.67 (30.89)	1:26.44 (23.77)	1:48.16 (21.72)	
3 CENTRAL BUCKS FAMILY YMCA 'A'		1:50.00	1:57.12	12
1) Booth, Gretchen W47	2) Hegna, Ryan M37			
3) Gambale, Michael M46	4) Halner, Kristina W23			
29.66	1:02.62 (32.96)	1:30.14 (27.52)	1:57.12 (26.98)	
4 ALEXANDRIA MASTERS SWIMMING 'A'		2:08.28	2:10.06	10
1) Taylor, Tim M31	2) Taylor, Alaina W36			
3) Bales, Paul M59	4) Enright, Schuyler W22			
31.39	1:11.78 (40.39)	1:40.60 (28.82)	2:10.06 (29.46)	
5 FREEDOM AQUATIC CLUB 'A'		2:21.00	2:19.00	8
1) Cameron, Terri W53	2) Shinaishin, Omar M18			
3) Algera, Bonnie W41	4) Thompson, Jeffery M53			
39.93	1:18.04 (38.11)	1:52.52 (34.48)	2:19.00 (26.48)	
6 RESTON MASTERS SWIM TEAM 'C'		2:55.55	3:04.29	6
1) Kidd, Sally W56	2) Wynes, Anthony M48			
3) Romero, Sharon W23	4) Nobbe, Nick M79			
	1:41.26 ()	2:15.11 (33.85)	3:04.29 (49.18)	

Mixed 18+ 400 Yard Medley Relay

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ZONE: Z 3:51.34 2001 Metro

NATL: ! 3:41.63 1/14/2018 MICHIGAN MASTER

 M KLUEH, P ASCHAN, A HELANDER, A WOODS

Club	Seed	Finals	Points
=====	=====	=====	=====
1 CLUB TRIBE 'A'	3:43.00	3:41.42!	18
1) Glass, Sidney M26	2) Schwartz, Laura W23		
3) Glass, Austin M23	4) Grier, Katie W39		
25.05	51.63 (51.63)	1:22.50 (30.87)	1:57.22 (1:05.59)
2:21.13 (23.91)	2:49.27 (52.05)	3:13.95 (24.68)	3:41.42 (52.15)
2 PATRIOT MASTERS SWIM TEAM 'B'	4:20.99	4:04.10	14
1) Rosenberg, Kaleigh W22	2) Barrett, Rachelle W29		
3) Littles, Jonathan M24	4) Krajewski, Thomas M39		
30.50	1:02.17 (1:02.17)	1:37.52 (35.35)	2:17.84 (1:15.67)
2:43.33 (25.49)	3:12.53 (54.69)	3:35.88 (23.35)	4:04.10 (51.57)
3 CENTRAL BUCKS FAMILY YMCA 'A'	4:25.00	4:13.87	12
1) Booth, Gretchen W47	2) Hegna, Ryan M37		
3) Gambale, Michael M46	4) Halner, Kristina W23		
31.59	1:05.14 (1:05.14)	1:37.01 (31.87)	2:13.55 (1:08.41)
2:41.80 (28.25)	3:15.38 (1:01.83)	3:42.94 (27.56)	4:13.87 (58.49)
4 PATRIOT MASTERS SWIM TEAM 'A'	4:20.00	4:27.65	10

1) Reiffenberger, Megan W23	2) Chestnut, Michael M26
3) Grecco, Paul M57	4) Thompson, Kim W54
32.55 1:08.52 (1:08.52)	1:34.77 (26.25) 2:06.52 (58.00)
2:37.90 (31.38) 3:18.62 (1:12.10)	3:51.51 (32.89) 4:27.65 (1:09.03)

Mixed 25+ 200 Yard Freestyle Relay

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ZONE: Z 1:34.48 4/26/2009 Curl-Burke Swim Club
 NATL: ! 1:27.70 4/28/2017 THE OLYMPIC CLU
 M BALLENGER, K RAATZ, M MARSHALL, S GREENWOOD

Club	Seed	Finals	Points
1 CLUB TRIBE 'B'	1:39.75	1:37.86	18
1) Elsaesser, Evan M33	2) Restrepo, Marie W55		
3) Minzenmayer, Ellen W29	4) Fay, Christopher M29		
22.71 50.31 (27.60)	1:16.87 (26.56)	1:37.86 (20.99)	
2 VIRGINIA MASTERS SWIM TEAM 'A'	1:43.50	1:38.11	14
1) Snyder, Scott M29	2) Letendre, Denise W29		
3) Geroni, Deidre W27	4) Harris, Gregory M54		
23.31 49.48 (26.17)	1:15.19 (25.71)	1:38.11 (22.92)	
3 ALEXANDRIA MASTERS SWIMMING 'A'	1:43.87	1:42.57	12
1) McHenry, Scott M26	2) Bowdring, Katherine W60		
3) McWilliams, Katie W34	4) Jent, Daniel M40		
21.91 52.31 (30.40)	1:19.12 (26.81)	1:42.57 (23.45)	
4 MERRITT MARLINS 'A'	2:00.00	1:54.22	10
1) Long, Uliana W32	2) Brown, Ann W55		
3) Connell, Allan M28	4) VanRoden, Jack M27		
26.77 56.81 (30.04)	1:30.84 (34.03)	1:54.22 (23.38)	
5 SPRING VALLEY YMCA MASTERS 'A'	1:55.00	1:58.96	8
1) Mahaney, Melanie W27	2) Boris, Stephanie W38		
3) Dryburgh, Andrew M37	4) Boris, Joseph M38		
31.06 1:02.07 (31.01)	1:29.16 (27.09)	1:58.96 (29.80)	

Mixed 25+ 400 Yard Freestyle Relay

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ZONE: Z 3:19.84 4/8/2017 Club Tribe, Club Tribe
 M Falcone, K Loughran, S Shaner, K Gallagher
 NATL: ! 3:16.12 4/29/2016 THE OLYMPIC CLU
 A SAETA, O'DONNELL-MCCARTH, K KASTES, C BURCKLE

Club	Seed	Finals	Points
1 CLUB TRIBE 'B'	3:43.50	3:36.30	18
1) Bulakul, Sirin M30	2) Minzenmayer, Ellen W29		

3) Choe, Michele W40	24.38	49.50 (49.50)	1:17.34 (27.84)	1:48.42 (58.92)
	2:16.32 (27.90)	2:48.39 (59.97)	3:11.09 (22.70)	3:36.30 (47.91)
2 ALEXANDRIA MASTERS SWIMMING 'B'			3:42.99	3:45.72 14
1) Jent, Daniel M40				
3) McWilliams, Katie W34	25.40	53.84 (53.84)	1:21.76 (27.92)	1:52.53 (58.69)
	2:19.60 (27.07)	2:49.21 (56.68)	3:15.51 (26.30)	3:45.72 (56.51)
3 SPRING VALLEY YMCA MASTERS 'A'			NT	4:00.49 12
1) Mahaney, Melanie W27				
3) Boris, Joseph M38	28.46	59.33 (59.33)	1:30.39 (31.06)	
	2:33.24 ()	3:04.46 ()	3:31.40 (26.94)	4:00.49 (56.03)
4 RESTON MASTERS SWIM TEAM 'D'			4:23.23	4:32.93 10
1) Koons, Andrew M25				
3) McNamara, Beth W52	31.79	1:04.34 (1:04.34)	1:42.20 (37.86)	
	2:58.13 ()	3:36.90 ()	4:03.62 (26.72)	4:32.93 (56.03)

Mixed 25+ 800 Yard Freestyle Relay

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ZONE: Z 7:20.49    4/9/2017 Club Tribe, Club Tribe
                M Falcone, K Grier, L Robbins, K Gallagher
NATL: ! 7:20.49    4/9/2017 CLUB TRIBE
                M FALCONE, K GRIER, L ROBBINS, K GALLAGHER

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Club	Seed	Finals	Points
1 SPRING VALLEY YMCA MASTERS 'A'	NT	9:32.11	18
1) Mahaney, Melanie W27			
3) Evans, Jeffrey M52			
	32.52	1:07.53 (1:07.53)	1:43.38 (1:43.38)
	2:54.05 (35.19)	3:32.93 (1:14.07)	4:13.09 (1:54.23)
	5:25.23 (31.12)	6:00.22 (1:06.11)	6:36.06 (1:41.95)
	7:44.11 (32.37)	8:20.22 (1:08.48)	8:56.53 (1:44.79)
2 RESTON MASTERS SWIM TEAM 'B'	9:26.26	10:03.03	14
1) Koons, Andrew M25			
3) McNamara, Beth W52	28.50	59.00 (59.00)	1:30.72 (1:30.72)
	2:33.39 (31.02)	3:07.26 (1:04.89)	3:44.47 (1:42.10)
	4:58.52 (36.62)	5:39.82 (1:17.92)	6:23.03 (2:01.13)
	7:43.74 (38.28)	8:27.14 (1:21.68)	9:14.16 (2:08.70)
			10:03.03 (2:57.57)

Mixed 25+ 200 Yard Medley Relay

ZONE: Z 1:45.69 4/5/2014 Lane 4 Swimming
 M Bazylewicz, L Fuchs, M Conze, K Loughran
 NATL: ! 1:35.20 4/26/2015 ARIZONA MASTERS
 M GREVERS, A GREVERS, T DEBERRY, C VORRASI

Club	Seed	Finals	Points
1 CLUB TRIBE 'B'	1:44.75	1:39.63Z	18
1) Glass, Sidney M26	2) Fay, Christopher M29		
3) Mizerak, Gabrielle W26	4) Shaner, Sara W26		
23.60 50.14 (26.54)	1:15.67 (25.53)	1:39.63 (23.96)	
2 ALEXANDRIA MASTERS SWIMMING 'B'	1:52.67	1:51.81	14
1) Aepli, Lauren W30	2) McHenry, Scott M26		
3) Jakubchak, Lindsey W35	4) Jent, Daniel M40		
31.29 58.93 (27.64)	1:27.93 (29.00)	1:51.81 (23.88)	
3 SPRING VALLEY YMCA MASTERS 'A'	1:55.00	1:54.88	12
1) Mahaney, Melanie W27	2) Houchins, Bradford M40		
3) Dryburgh, Andrew M37	4) Boris, Stephanie W38		
30.94 1:00.02 (29.08)	1:27.22 (27.20)	1:54.88 (27.66)	
4 CLUB TRIBE 'D'	1:57.25	1:56.45	10
1) Slater, Douglas M60	2) Maqueda, Victoria W25		
3) Lesnewsky, Erik M35	4) Davidson, Julia W41		
28.24 1:00.47 (32.23)	1:56.45 (55.98)		
5 MERRITT MARLINS 'A'	2:20.00	2:05.98	8
1) Connell, Allan M28	2) Long, Uliana W32		
3) Norris, Kate W57	4) VanRoden, Jack M27		
29.56 1:08.03 (38.47)	1:43.17 (35.14)	2:05.98 (22.81)	

Mixed 25+ 400 Yard Medley Relay

ZONE: Z 3:45.13 4/25/2010 Red Tide
 K Gary, N Werner, T Shpaizer, D Lippin
 NATL: ! 3:45.13 4/25/2010 RED TIDE OF NYC
 K GARY, N WERNER, T SHPAIZER, D LIPPIN

Club	Seed	Finals	Points
1 CLUB TRIBE 'B'	4:02.50	4:01.02	18
1) Bulakul, Sirin M30	2) Maqueda, Victoria W25		
3) Greene, Shannon W32	4) Loughran, Kyle M30		
27.60 57.46 (57.46)	1:29.58 (32.12)	2:07.38 (1:09.92)	
2:37.31 (29.93) 3:12.69 (1:05.31)	3:35.86 (23.17)	4:01.02 (48.33)	
2 ALEXANDRIA MASTERS SWIMMING 'A'	4:07.99	4:04.58	14
1) McCafferty, Jacob M33	2) Taylor, Tim M31		

3) Gauzens, Stephanie W34	4) Macedonia, Anna W28			
27.15	55.89 (55.89)	1:28.24 (32.35)	2:05.44 (1:09.55)	
2:36.03 (30.59)	3:11.27 (1:05.83)	3:36.14 (24.87)	4:04.58 (53.31)	
3 SPRING VALLEY YMCA MASTERS 'A'		NT	4:55.34	12
1) Mahaney, Melanie W27	2) Houchins, Bradford M40			
3) Dryburgh, Andrew M37	4) Boris, Stephanie W38			
38.78	1:19.29 (1:19.29)	1:57.67 (38.38)	2:38.74 (1:19.45)	
3:10.21 (31.47)	3:45.93 (1:07.19)	4:19.04 (33.11)	4:55.34 (1:09.41)	

Mixed 35+ 200 Yard Freestyle Relay

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=====
ZONE: Z 1:34.00 4/10/2016 Club Tribe Alumni
          C Hurtubise, R Williams, M Lovett, K Grier
NATL: ! 1:30.17 4/25/2004 ROCKY MOUNTAIN
          K GARNIER, S VON DER LIPPE, J SMITH, P SMITH
Club              Seed      Finals Points
=====
1 CLUB TRIBE 'C'              1:39.50      1:38.21   18
  1) Williams, Rich M42          2) Lovett, Michael M40
  3) Choe, Michele W40          4) Gass, Krista W39
      23.45      45.89 (22.44)      1:12.61 (26.72)      1:38.21 (25.60)
2 ALEXANDRIA MASTERS SWIMMING 'B'      2:03.40      1:58.21   14
  1) Bales, Paul M59            2) Jullien, Kate W39
  3) Bershok, Rhonda W53       4) Bingaman, Cory M43
      26.21      59.60 (33.39)      1:15.76 (16.16)      1:58.21 (42.45)
3 FREEDOM AQUATIC CLUB 'A'      2:03.00      2:01.08   12
  1) Cameron, Terri W53         2) Shinaishin, Ahmed M50
  3) Algera, Bonnie W41        4) Arnold, Scott M58
      33.88      1:04.05 (30.17)      1:33.43 (29.38)      2:01.08 (27.65)
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Mixed 35+ 400 Yard Freestyle Relay

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ZONE: Z 3:36.79 1997 Colonials 1776
NATL: ! 3:26.42 4/29/2016 NORTH CAROLINA
          H STEWART, E BRAUN, K LINDAUER, V FLETCHER
Club              Seed      Finals Points
=====
1 RESTON MASTERS SWIM TEAM 'C'      4:18.18      4:06.43   18
  1) Shapiro, Margaret W41       2) Johnson, Mindy W54
  3) Gwilliam, Glenn M39        4) Baldwin, Craig M43
      29.92      1:02.48 (1:02.48)      1:33.39 (30.91)      2:07.21 (1:04.73)
      2:37.38 (30.17)      3:10.07 (1:02.86)      3:37.21 (27.14)      4:06.43 (56.36)
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Mixed 35+ 800 Yard Freestyle Relay

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=====
ZONE: Z 7:52.32      1997 Colonials 1776
NATL: ! 7:24.36    4/17/2005 ILLINOIS MASTER
                L DILLMANN, J RIDGE, R KURZA, M KELLER
Club              Seed      Finals Points
=====
1 ALEXANDRIA MASTERS SWIMMING 'A'          8:08.27    8:23.87   18
  1) Brado, Matthew M38                    2) Fox, Amy W35
  3) Jakubchak, Lindsey W35                4) Jent, Daniel M40
      28.12      58.65 (58.65)    1:30.48 (1:30.48)    2:02.95 (2:02.95)
2:32.90 (29.95)  3:04.88 (1:01.93)  3:38.73 (1:35.78)  4:13.19 (2:10.24)
4:42.61 (29.42)  5:15.06 (1:01.87)  5:48.69 (1:35.50)  6:22.27 (2:09.08)
6:49.90 (27.63)  7:20.53 (58.26)   7:52.34 (1:30.07)  8:23.87 (2:01.60)
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Mixed 35+ 200 Yard Medley Relay

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=====
ZONE: Z 1:45.00    4/20/2013 Montgomery Ancient Mariners
                S Williams, W Dicks, M Conze, D Conze
NATL: ! 1:39.85   5/22/2010 COLORADO MASTER
                S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY
Club              Seed      Finals Points
=====
1 CLUB TRIBE 'C'          1:47.00    1:45.59   18
  1) Grier, Katie W39                2) Williams, Rich M42
  3) Lovett, Michael M40             4) Gass, Krista W39
      28.42      56.61 (28.19)    1:20.29 (23.68)    1:45.59 (25.30)
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Mixed 35+ 400 Yard Medley Relay

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=====
ZONE: Z 4:00.75      1997 Colonials 1776
NATL: ! 3:48.70    4/19/2009 WALNUT CREEK MA
                D SANTOS, R SANTOS, A ZAMANIAN, D BOATWRIGHT
Club              Seed      Finals Points
=====
1 RESTON MASTERS SWIM TEAM 'B'          4:42.42    4:45.59   18
  1) Shapiro, Margaret W41            2) Baldwin, Craig M43
  3) Gwilliam, Glenn M39              4) Johnson, Mindy W54
      35.21    1:12.46 (1:12.46)    1:44.26 (31.80)    2:19.76 (1:07.30)
2:53.77 (34.01)  3:38.35 (1:18.59)    3:54.12 (15.77)    4:45.59 (1:07.24)
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Mixed 45+ 200 Yard Freestyle Relay

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ZONE: Z 1:41.19 4/9/2017 Spring Valley YMCA Masters, Spring Valley Y
 J Della Guardia, G Sangmeister, T Henion, J Gross
 NATL: ! 1:34.48 5/4/2008 ARIZONA MASTERS
 J SMITH, M BAILEY, S ROLLINS, P SMITH

Club	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'B'	2:33.33	2:09.57	18
1) Groves, Lisa W53	2) Osinovsky, Alex M54		
3) Sickenberger, Phyllis W54	4) Paulson, Laurence M69		
30.75 1:01.22 (30.47)	1:35.39 (34.17)	2:09.57 (34.18)	
2 VIRGINIA MASTERS SWIM TEAM 'B'	2:05.00	2:13.65	14
1) Chenault, Robert M55	2) Miller, Patricia W57		
3) Speer, Nancy W55	4) Bamford, Sherman M53		
27.34 59.30 (31.96)	1:32.54 (33.24)	2:13.65 (41.11)	
3 WARRENTON FAUQUIER AQUATIC CLU 'A'	3:06.00	2:40.33	12
1) Horne, David M75	2) Lehr, Sandra W47		
3) Landers, Rich M54	4) Landers, Denise W56		
1:36.82 ()	2:09.02 (32.20)	2:40.33 (31.31)	

Mixed 45+ 400 Yard Freestyle Relay

ZONE: Z 4:03.93 4/4/2004 Virginia Masters SwimTeam
 NATL: ! 3:33.66 4/29/2016 NEW YORK ATHLET
 C BLAZE, T GLEASON, S WAGER, K GARY

Club	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'B'	4:21.21	4:17.04	18
1) Sauvage, Marie W48	2) Bass, Amy W47		
3) Eliot, Doug M53	4) Scoggin, Sam M57		
31.56 1:10.84 (1:10.84)	3:43.03 (31.86)	1:36.01 (25.17)	
3:11.17 (1:35.16)		4:17.04 (1:05.87)	

Mixed 45+ 800 Yard Freestyle Relay

ZONE: Z 8:30.46 4/17/2011 Colonials 1776
 NATL: ! 7:51.33 4/17/2009 WALNUT CREEK MA
 D BOATWRIGHT, C O'BRIEN, M CURRAN, B GOTHBERG

Club	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'A'	9:55.55	9:50.11	18
1) Sauvage, Marie W48	2) Bass, Amy W47		
3) Eliot, Doug M53	4) Sickenberger, William M58		
34.64 1:13.71 (1:13.71)	1:54.31 (1:54.31)	2:34.66 (2:34.66)	

3:06.47 (31.81)		3:42.17 (1:07.51)		
5:29.44 ()	6:03.49 ()	6:39.87 ()	7:15.66 ()	
7:51.05 (35.39)	8:31.85 (1:16.19)	9:11.93 (1:56.27)	9:50.11 (2:34.45)	
2 WARRENTON FAUQUIER AQUATIC CLU 'A'				
		12:10.00	12:55.60	14
1) Horne, David M75		2) Lehr, Sandra W47		
3) Landers, Rich M54		4) Landers, Denise W56		
1:08.31		3:43.36 (3:43.36)	5:08.20 (5:08.20)	
5:42.39 (34.19)	6:24.61 (1:16.41)	7:08.68 (2:00.48)	7:52.80 (2:44.60)	
8:29.40 (36.60)	9:09.04 (1:16.24)	9:51.48 (1:58.68)	10:30.29 (2:37.49)	
11:04.13 (33.84)	11:40.42 (1:10.13)	12:17.84 (1:47.55)	12:55.60 (2:25.31)	

Mixed 45+ 200 Yard Medley Relay

=====

ZONE: Z 1:54.82 4/8/2017 Spring Valley YMCA Masters, Spring Valley Y
 J Della Guardia, G Sangmeister, J Gross, T Henion

NATL: ! 1:44.02 5/4/2008 ARIZONA MASTERS
 J SMITH, G MILLS, S ROLLINS, M BAILEY

Club	Seed	Finals	Points
=====			
1 PATRIOT MASTERS SWIM TEAM 'B'	2:09.00	2:09.53	18
1) Grecco, Paul M57		2) Layton, Katie W45	
3) Jones, Mark M55		4) Thompson, Kim W54	
32.53	1:09.87 (37.34)	1:38.88 (29.01)	2:09.53 (30.65)
2 GERMANTOWN MARYLAND MASTERS 'A'	2:18.00	2:25.54	14
1) Andrews, Lynne W70		2) Postma, Terri W48	
3) Golden, Scott M54		4) Wright, Stephen M68	
	1:23.77 ()	1:53.53 (29.76)	2:25.54 (32.01)
3 RESTON MASTERS SWIM TEAM 'B'	2:22.22	2:35.03	12
1) Moyer, Michelle W55		2) Sickenberger, Phyllis W54	
3) Scoggin, Sam M57		4) Sickenberger, William M58	
43.69	1:27.68 (43.99)	2:03.66 (35.98)	2:35.03 (31.37)
-- MASTERS AQUATICS AT SPRING HIL 'A'	2:30.00	DQ	
Other			
1) Jin, Yimin W53		2) Weil, Wendy W59	
3) Dwyer, Cecelia W56		4) Clark, Ted M55	
36.13	1:14.58 (38.45)	1:49.94 (35.36)	DQ (26.30)

Mixed 55+ 200 Yard Freestyle Relay

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ZONE: Z 2:01.83 1990 New England

NATL: ! 1:38.64 4/9/2017 NORTH CAROLINA
 F MCEACHRAN, N CLARK, S WALSH, J KLEIN

Club	Seed	Finals	Points
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=====
1 COLONIALS 1776 'A'                                2:04.02    2:12.14    18
  1) Figenshu, Susan W63                            2) Kremzier, James M71
  3) Dougherty, Stephen M66                         4) Burke, Barbara W56
      34.91    1:11.64 (36.73)    1:41.99 (30.35)    2:12.14 (30.15)
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Mixed 55+ 400 Yard Freestyle Relay

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=====
ZONE: Z 4:26.21    4/4/2004 DC Masters
NATL: ! 3:48.60    4/1/2012 PLANO WETCATS
T BARTON, J GOODING, L MORRISON, K MACCURDY
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Club	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'A'	NT	4:41.74	18
1) Chenault, Robert M55	2) Speer, Nancy W55		
3) Miller, Jim M67	4) Lyttle, Ann W70		
29.85	1:01.21 (1:01.21)	1:35.83 (34.62)	2:14.15 (1:12.94)
2:49.84 (35.69)	3:29.22 (1:15.07)	4:04.20 (34.98)	4:41.74 (1:12.52)
2 MERRITT MARLINS 'A'	5:00.00	5:03.43	14
1) Lowe, Jet M71	2) Brown, Ann W55		
3) Burgess, Douglas M61	4) Norris, Kate W57		
38.18	1:57.95 ()		2:38.82 ()
3:12.95 (34.13)	3:52.78 (1:13.96)	4:25.77 (32.99)	5:03.43 (1:10.65)
3 RESTON MASTERS SWIM TEAM 'A'	4:51.51	5:13.51	12
1) Flynn, Merri W58	2) Moyer, Michelle W55		
3) Moyer, Steven M60	4) Raful, Mitchell M56		
40.05	1:22.30 (1:22.30)	1:59.35 (37.05)	2:39.30 (1:17.00)
3:12.91 (33.61)	3:48.61 (1:09.31)	5:13.51 (1:24.90)	

Mixed 55+ 800 Yard Freestyle Relay

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=====
ZONE: Z 9:35.98    4/3/2004 DC Masters
NATL: ! 8:34.48    4/21/2013 UCLA BRUIN MAST
B MAGIT, J COOK, P O'KEEFFE, V HIBBEN
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Club	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'A'	12:30.00	11:12.18	18
1) Belfit, Scott M66	2) Barry, Marcia W69		
3) Miller, Jim M67	4) Miller, Patricia W57		
42.38	1:30.14 (1:30.14)	2:19.43 (2:19.43)	3:05.61 (3:05.61)
3:43.56 (37.95)	4:25.79 (1:20.18)	5:08.89 (2:03.28)	5:51.19 (2:45.58)
6:29.54 (38.35)	7:12.59 (1:21.40)	7:56.03 (2:04.84)	8:38.33 (2:47.14)
9:14.01 (35.68)	9:53.31 (1:14.98)	10:33.02 (1:54.69)	11:12.18 (2:33.85)

Mixed 55+ 200 Yard Medley Relay

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=====
ZONE: Z 2:15.04    4/8/2017 Colonials 1776, Colonials 1776
                   V Swanson, B Burke, S Dougherty, T Tulenko
NATL: ! 1:50.70   4/8/2017 NORTH CAROLINA
                   F MCEACHRAN, N VESTAL, J KLEIN, S WALSH
Club                Seed      Finals Points
=====
1 VIRGINIA MASTERS SWIM TEAM 'B'                NT      2:12.79Z  18
  1) Jaeger, Debbie W55                2) Miller, Patricia W57
  3) Chenault, Robert M55              4) Romo, Robert M59
      37.76    1:15.01 (37.25)    1:43.94 (28.93)    2:12.79 (28.85)
2 COLONIALS 1776 'A'                2:15.12    2:21.25  14
  1) Swanson, Vibeke W56                2) Burke, Barbara W56
  3) Reilly, Jeff M56                  4) Kremzier, James M71
      33.47    1:11.12 (37.65)    2:21.25 (1:10.13)
  
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Mixed 55+ 400 Yard Medley Relay

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ZONE: Z 5:04.64    1995 DC Masters
NATL: ! 4:17.57   3/31/2012 PLANO WETCATS
                   T BARTON, K MACCURDY, J GOODING, L MORRISON
Club                Seed      Finals Points
=====
1 COLONIALS 1776 'A'                4:36.34    4:39.92Z  18
  1) Swanson, Vibeke W56                2) Keyser, Brian M61
  3) Reilly, Jeff M56                  4) Burke, Barbara W56
      33.86    1:09.39 (1:09.39)    1:44.24 (34.85)    2:23.93 (1:14.54)
      2:56.52 (32.59)    3:32.28 (1:08.35)    4:04.57 (32.29)    4:39.92 (1:07.64)
2 VIRGINIA MASTERS SWIM TEAM 'A'        4:55.00    5:22.96  14
  1) Barry, Marcia W69                2) Speer, Nancy W55
  3) Chenault, Robert M55              4) Novell, Ken M75
      43.45                2:12.55 ( )        3:01.05 ( )
      3:34.11 (33.06)    4:12.52 (1:11.47)    4:45.54 (33.02)    5:22.96 (1:10.44)
-- RESTON MASTERS SWIM TEAM 'A'        5:36.36    DQ
  Stroke Infraction swimmer #3: Non-simultaneous arms - fly
  1) Moyer, Steven M60                2) Dawson, Mandy W55
  3) Raful, Mitchell M56              4) Flynn, Merri W58
      43.52    1:31.04 (1:31.04)    2:13.38 (42.34)    3:02.76 (1:31.72)
      3:54.29 (51.53)    5:10.81 (2:08.05)    5:49.25 (38.44)    DQ (1:20.99)
  
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Mixed 65+ 200 Yard Freestyle Relay

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ZONE: Z 2:10.43 4/12/2015 Colonials 1776
 T Tulenko, C Mccloskey, N Puckett, J Amundsen

NATL: ! 1:49.23 4/28/2017 PUGET SOUND MAS
 C DAVIS, S PREISSLER, W HAYES, R COLELLA

Club	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'C'	2:15.00	2:14.56	18
1) Frogley, Christopher M74	2) Barry, Marcia W69		
3) Lyttle, Ann W70	4) Miller, Jim M67		
35.62 1:10.28 (34.66)	1:42.63 (32.35)	2:14.56 (31.93)	
2 RESTON MASTERS SWIM TEAM 'A'	2:55.55	2:46.10	14
1) Manheim, Lucy W75	2) Pilette, Sterling M76		
3) Nobbe, Nick M79	4) Bennett, Ruth W71		
46.61 1:23.61 (37.00)	2:09.01 (45.40)	2:46.10 (37.09)	

Mixed 65+ 200 Yard Medley Relay

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ZONE: Z 2:29.78 1987 Connecticut

NATL: ! 2:04.19 4/30/2017 PUGET SOUND MAS
 S PREISSLER, R COLELLA, C DAVIS, W HAYES

Club	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'A'	2:52.52	3:25.31	18
1) Manheim, Lucy W75	2) Pilette, Sterling M76		
3) Paulson, Laurence M69	4) Bennett, Ruth W71		
55.54 2:06.36 (1:10.82)	3:25.31 (1:18.95)		

Mixed 75+ 200 Yard Freestyle Relay

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ZONE: Z 3:26.91 4/25/2010 Virginia Masters Swim Team
 L Francis, O Maher, C Barnes, S Henley

NATL: ! 2:28.52 1/22/2017 ARIZONA MASTERS
 A WORTH, K MCKINNEY, C GOODMAN, J FRITZ

Club	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'D'	2:28.00	2:26.97!	18
1) Schreiner, Beth W77	2) Walker, Laura W80		
3) Gaulrapp, Edward M75	4) Novell, Ken M75		
37.00 1:20.25 (43.25)	1:56.75 (36.50)	2:26.97 (30.22)	

Mixed 75+ 200 Yard Medley Relay

=====

ZONE: Z 3:44.47 4/24/2010 Virginia Masters Swim Team

S Henley, T Lyons, O Maher, L Francis

NATL: ! 2:46.58 5/10/2009 WALNUT CREEK MA

D BROWN, N STUPFEL, J ALEXANDER, D MONROE

Club	Seed	Finals	Points
=====	=====	=====	=====
1 VIRGINIA MASTERS SWIM TEAM 'A'	NT	2:51.39Z	18
1) Walker, Laura W80	2) Gaulrapp, Edward M75		
3) Wise, Randolph M76	4) Schreiner, Beth W77		
53.77	1:37.45 (43.68)	2:13.31 (35.86)	2:51.39 (38.08)