

CO-HOSTED BY DCAC/DCRP  
 EAST POTOMAC PARK POOL (HAINS POINT)

Final Results

July 23, 1995  
 50 meters

Womyn's 19-24

100 Meter Freestyle

- 1 Uta Virkus 20 Fairfax Masters 01:13.98
- 2 Almée Guignon 23 Unattached 01:17.99
- 3 Amy Wisnesky 22 Fairfax Masters 01:18.21

200 Meter Freestyle

- 1 Bethany Williston 24 Nat Cap YMCA 02:25.11

400 Meter Freestyle

- 1 Bethany Williston 24 Nat Cap YMCA 05:04.95
- 2 Almée Guignon 23 Unattached 06:07.58

100 Meter Backstroke

- 1 Uta Virkus 20 Fairfax Masters 01:28.37
- 2 Almée Guignon 23 Unattached 01:29.20
- 3 Amy Wisnesky 22 Fairfax Masters 01:34.31

200 Meter Backstroke

- 1 Uta Virkus 20 Fairfax Masters 03:11.41

200 Meter Breaststroke

- 1 Bethany Williston 24 Nat Cap YMCA 03:06.98

200 Meter Butterfly

- 1 Bethany Williston 24 Nat Cap YMCA 02:54.75

200 Meter IM

- 1 Almée Guignon 23 Unattached 03:03.96

Womyn's 25-29

100 Meter Freestyle

- 1 S. Montgomery 26 Fairfax Masters 01:15.59

400 Meter Freestyle

- 1 S. Montgomery 26 Fairfax Masters 05:58.47

100 Meter Backstroke

- 1 Meredith Gardner 25 DCRP 01:25.06
- 2 Susan Kizer 29 DCAC 01:27.10
- 3 Sheila Walsh 25 DCAC 01:31.06

200 Meter Backstroke

- 1 S. Montgomery 26 Fairfax Masters 03:16.83

100 Meter Breaststroke

- 1 Sheila Walsh 25 DCAC 01:34.66
- 2 Susan Kizer 29 DCAC 01:40.61

Womyn's 25-29 (Continued)

200 Meter Breaststroke

- 1 Sheila Walsh 25 DCAC 03:17.95

200 Meter IM

- 1 Sheila Walsh 25 DCAC 03:01.02
- 2 Meredith Gardner 25 DCRP 03:10.26
- 3 Susan Kizer 29 DCAC 03:11.17
- 4 Kirsten Sylvester 29 Ari Agless 03:32.56

Womyn's 30-34

100 Meter Freestyle

- 1 M. McLaughlin 31 Reston Masters 01:07.03

200 Meter Freestyle

- 1 M. McLaughlin 31 Reston Masters 02:30.85
- 2 Kay Herrera 30 Unattached 02:58.62

400 Meter Freestyle

- 1 Kay Herrera 30 Unattached 06:13.94
- 2 Ivonne Martinez 31 DCAC 08:17.79

100 Meter Backstroke

- 1 Deborah Morrin 32 Terp Masters 01:41.80
- 2 Susan Williams 31 DCRP 02:07.46

200 Meter Backstroke

- 1 Penny Bates 33 Reston Masters 03:03.41

100 Meter Breaststroke

- 1 Marcia Cushing 32 DCAC 01:30.81
- 2 Penny Bates 33 Reston Masters 01:33.50
- 3 Deborah Morrin 32 Terp Masters 01:37.78
- 4 Susan Williams 31 DCRP 02:02.12

200 Meter Breaststroke

- 1 Marcia Cushing 32 DCAC 03:18.59
- 2 Deborah Morrin 32 Terp Masters 03:29.89

200 Meter IM

- 1 Marcia Cushing 32 DCAC 03:05.93
- 2 Ivonne Martinez 31 DCAC 04:27.11

Womyn's 35-39

100 Meter Freestyle

- 1 Katherine Branch 38 MD Masters 01:08.51
- 2 Cynthia Matthews 35 Reston Masters 01:12.06
- 3 Cheryl Bruner 36 DC Masters 01:14.47
- 4 Julie D'Ambrosia 39 DC Masters 01:16.19

Womyn's 35-39 (Continued)

100 Meter Freestyle (Continued)

- 5 Lisa Geuss 36 Fairfax Masters 01:20.25

200 Meter Freestyle

- 1 Katherine Branch 38 MD Masters 02:25.48
- 2 Cynthia Matthews 35 Reston Masters 02:38.78
- 3 Julie D'Ambrosia 39 DC Masters 02:48.42
- 4 Cheryl Bruner 36 DC Masters 02:54.46

400 Meter Freestyle

- 1 Katherine Branch 38 MD Masters 05:08.94
- 2 Cynthia Matthews 35 Reston Masters 05:35.69
- 3 Julie D'Ambrosia 39 DC Masters 05:52.44
- 4 Margaret Morris 36 DCAC 05:58.82
- 5 Cheryl Bruner 36 DC Masters 06:07.96
- 6 E. Shanklin-Shelby 38 MD Masters 06:26.63

100 Meter Backstroke

- 1 Lisa Geuss 36 Fairfax Masters 01:40.44

200 Meter Backstroke

- 1 Katherine Branch 38 MD Masters 02:44.83
- 2 E. Shanklin-Shelby 38 MD Masters 03:05.50

100 Meter Breaststroke

- 1 E. Shanklin-Shelby 38 MD Masters 01:41.41

200 Meter Breaststroke

- 1 E. Shanklin-Shelby 38 MD Masters 03:28.39

100 Meter Butterfly

- 1 Katherine Branch 38 MD Masters 01:18.10
- 2 Julie D'Ambrosia 39 DC Masters 01:21.98
- 3 Margaret Morris 36 DCAC 01:26.86

200 Meter IM

- 1 Julie D'Ambrosia 39 DC Masters 03:08.15
- 2 Amy Cooley 38 Germantown 03:13.88
- 3 Cheryl Bruner 36 DC Masters 03:31.17
- 4 Lisa Geuss 36 Fairfax Masters 03:33.97

Womyn's 40-44

100 Meter Freestyle

- 1 Denise Kirwan 43 DC Masters 01:10.85

200 Meter Freestyle

- 1 Denise Kirwan 43 DC Masters 02:41.09
- 2 Connie Meek 44 DCAC 03:14.74

100 Meter Backstroke

- 1 Denise Kirwan 43 DC Masters 01:26.42

## Final Results

## Womyn's 40-44 (Continued)

## 200 Meter Backstroke

1 Hartzell Stringer 42 Wildcat Master 03:29.30

## 100 Meter Breaststroke

1 Hartzell Stringer 42 Wildcat Master 01:58.22

## 200 Meter Breaststroke

1 Hartzell Stringer 42 Wildcat Master 03:55.27

## 200 Meter Butterfly

DQ Hartzell Stringer 42 Wildcat Master

## 400 Meter IM

1 Hartzell Stringer 42 Wildcat Master 07:36.99

## Womyn's 45-49

## 100 Meter Freestyle

1 Ann Lyttle 47 DC Masters 01:12.52  
2 Ruth Bennett 48 DC Masters 01:20.98  
3 Carol Galbraith 45 DCAC 01:22.39  
4 Maureen George 48 DC Masters 01:33.22

## 200 Meter Freestyle

1 Ann Lyttle 47 DC Masters 02:39.12  
2 Ruth Bennett 48 DC Masters 03:02.07  
3 Carol Galbraith 45 DCAC 03:09.29  
4 Maureen George 48 DC Masters 03:32.51

## 400 Meter Freestyle

1 Ann Lyttle 47 DC Masters 05:38.28  
2 Ruth Bennett 48 DC Masters 06:14.25  
3 Margot Pettijohn 48 Anc Mariners 06:44.14

## 100 Meter Backstroke

1 Carol Galbraith 45 DCAC 01:40.14  
2 M. Conomos 45 DC Masters 02:52.47

## 200 Meter Backstroke

1 M. Conomos 45 DC Masters 05:45.28

## 100 Meter Breaststroke

1 Margot Pettijohn 48 Anc Mariners 01:38.66

## 100 Meter Butterfly

1 M. Conomos 45 DC Masters 02:55.79

## 200 Meter Butterfly

1 M. Conomos 45 DC Masters 03:39.94

## Womyn's 45-49 (Continued)

## 200 Meter IM

1 Margot Pettijohn 48 Anc Mariners 03:25.17  
DQ M. Conomos 45 DC Masters

## Womyn's 50-54

## 100 Meter Breaststroke

1 Barbara Frid 53 DC Masters 01:42.69

## Womyn's 55-59

## 100 Meter Freestyle

1 Renate Fischetti 57 Bethesda-CC Y 01:40.56  
2 Karen Hannam 55 DC Masters 01:53.59

## 200 Meter Freestyle

1 Karen Hannam 55 DC Masters 04:12.42

## 400 Meter Freestyle

1 Karen Hannam 55 DC Masters 09:05.88

## 100 Meter Butterfly

1 Renate Fischetti 57 Bethesda-CC Y 02:19.03

## 200 Meter IM

1 Renate Fischetti 57 Bethesda-CC Y 04:19.85  
2 Karen Hannam 55 DC Masters 04:36.92

## Womyn's 60-64

## 100 Meter Freestyle

1 Lucy Brown 64 DC Masters 02:26.62

## 200 Meter Freestyle

1 Lucy Brown 64 DC Masters 05:20.38

## 400 Meter Freestyle

1 Lucy Brown 64 DC Masters 11:13.92

## 100 Meter Breaststroke

1 Jayne Bruner 61 DC Masters 01:42.82

## Womyn's 70-74

## 100 Meter Freestyle

1 Esther Yalowitz 70 Unattached 02:09.67

## 200 Meter Freestyle

1 Esther Yalowitz 70 Unattached 04:39.54

## 400 Meter Freestyle

1 Esther Yalowitz 70 Unattached 09:44.48

## 100 Meter Backstroke

1 Esther Yalowitz 70 Unattached 02:32.42

## 200 Meter Backstroke

1 Esther Yalowitz 70 Unattached 05:12.34

## Men's 19-24

## 100 Meter Freestyle

1 Andrew Willett 24 TNYA 01:09.14

## 200 Meter Freestyle

1 Jason Klugman 24 DCAC 02:21.12  
2 Andrew Willett 24 TNYA 02:43.91

## 400 Meter Freestyle

1 Jason Klugman 24 DCAC 04:57.78

## 100 Meter Backstroke

1 Gary Armstrong 24 DCAC 01:15.39  
2 Jason Klugman 24 DCAC 01:25.96

## 200 Meter Backstroke

1 Bryan Kandrath 23 DCAC 02:41.79

## 100 Meter Breaststroke

1 Bryan Kandrath 23 DCAC 01:17.94  
2 Andrew Willett 24 TNYA 01:34.60

## 200 Meter IM

1 Andrew Willett 24 TNYA 03:02.42

## Men's 25-29

## 100 Meter Freestyle

1 Jeffrey Roddin 26 Anc Mariners 00:59.40  
2 Sean West 26 Fairfax Masters 00:59.62  
3 John Speer 25 TNYA 01:00.02  
4 Brian Ellis 27 Fairfax Masters 01:00.85

## District of Columbia Long Course Invitational Final Results

### Men's 25-29 (Continued)

#### 100 Meter Freestyle (Continued)

5	Bruce Bornfleth	28	DCAC	01:02.04
6	David McNear	26	DCAC	01:03.16
7	Matthew Betmalek	28	TNYA	01:07.36
8	Robert Hammond	25	TNYA	01:08.29
9	Richard Veith	29	TNYA	01:09.19
10	Michael Flynn	25	DCAC	01:09.44
11	Andrew Velthaus	28	DCAC	01:12.82
12	Erik Oppers	29	DCAC	01:17.60
13	Shane Perry	25	DCAC	01:17.65

#### 200 Meter Freestyle

1	Neil Williams	27	DCAC	02:12.94
2	John Speer	25	TNYA	02:21.63
3	Robert Hammond	25	TNYA	02:40.35

#### 400 Meter Freestyle

1	Brady Phillips	27	DCAC	05:42.36
2	James Robles	29	Philly Pins	05:51.15

#### 100 Meter Backstroke

1	David McNear	26	DCAC	01:12.24
2	Sean West	26	Fairfax Masters	01:16.07
3	Brian Ellis	27	Fairfax Masters	01:16.10
4	Michael Flynn	25	DCAC	01:27.68
5	Andrew Velthaus	28	DCAC	01:38.02

#### 200 Meter Backstroke

1	Neil Williams	27	DCAC	02:30.30
2	David McNear	26	DCAC	02:35.54

#### 100 Meter Breaststroke

1	Bruce Bornfleth	28	DCAC	01:17.34
2	Sean West	26	Fairfax Masters	01:19.35
3	Andrew Gelszler	26	Fairfax Masters	01:19.62
4	Glen Mliker	28	DCAC	01:22.10
5	Richard Veith	29	TNYA	01:28.44
6	Brady Phillips	27	DCAC	01:28.73
7	Michael Flynn	25	DCAC	01:32.63
8	Matthew Betmalek	28	TNYA	01:34.02
9	Michael Myers	26	A2QUA	01:34.97
10	Erik Oppers	29	DCAC	01:35.51

#### 200 Meter Breaststroke

1	Bruce Bornfleth	28	DCAC	02:54.13
2	Andrew Gelszler	26	Fairfax Masters	03:03.61
3	Michael Myers	26	A2QUA	03:38.65

#### 100 Meter Butterfly

1	Neil Williams	27	DCAC	01:01.50
2	Brian Ellis	27	Fairfax Masters	01:05.90
3	Bruce Bornfleth	28	DCAC	01:07.59
4	John Speer	25	TNYA	01:11.52
5	Robert Hammond	25	TNYA	01:15.20
6	Shane Perry	25	DCAC	01:37.63

#### 200 Meter Butterfly

1	Brian Ellis	27	Fairfax Masters	02:34.30
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### Men's 25-29 (Continued)

#### 200 Meter IM

1	Jeffrey Rocklin	26	Anc Mariners	02:23.83
2	Andrew Gelszler	26	Fairfax Masters	02:45.46
3	Glen Mliker	28	DCAC	02:49.49
4	Brady Phillips	27	DCAC	03:02.13
5	James Robles	29	Philly Pins	03:06.27
6	Andrew Velthaus	28	DCAC	03:08.72
7	Shane Perry	25	DCAC	03:28.07
8	Michael Myers	26	A2QUA	03:37.81

#### 400 Meter IM

1	Michael Myers	26	A2QUA	08:17.06
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### Men's 30-34

#### 100 Meter Freestyle

1	David Michaels	32	DCAC	00:57.49
2	Peter Garrett	34	DCAC	01:00.93
3	Brian Cahill	30	Philly Pins	01:06.81
4	Scott Herbst	30	DCAC	01:08.61
5	Robert Stofferson	33	DCAC	01:10.87
6	Patrick Kinella	31	TNYA	01:13.56
7	Edward Guede	33	DCAC	01:20.50
8	Joel Ginsberg	32	DCAC	01:23.16

#### 200 Meter Freestyle

1	David Michaels	32	DCAC	02:10.31
2	Peter Garrett	34	DCAC	02:16.50
3	Brian Cahill	30	Philly Pins	02:33.31
4	Kelby Ragan	32	DCAC	03:10.90

#### 400 Meter Freestyle

1	Erik Klein	31	DCAC	04:39.67
2	David Coray	32	DCAC	05:03.84
3	Jay Mitchell	34	DCAC	05:57.66
4	Kelby Ragan	32	DCAC	06:41.23

#### 100 Meter Backstroke

1	David Greer	30	DCAC	01:08.87
2	Tom Gittins	33	Fairfax Masters	01:14.00
3	David Coray	32	DCAC	01:21.34
4	Jay Mitchell	34	DCAC	01:32.40

#### 200 Meter Backstroke

1	Tom Gittins	33	Fairfax Masters	02:49.52
2	Jay Mitchell	34	DCAC	03:11.60

#### 100 Meter Breaststroke

1	Tim MacDonald	31	DCAC	01:16.64
2	Tom Spinelli	34	DCAC	01:34.11
3	Vincent Wijaya	31	DCAC	01:40.44
4	Edward Guede	33	DCAC	01:44.69

#### 200 Meter Breaststroke

1	Tim MacDonald	31	DCAC	02:51.86
2	Edward Guede	33	DCAC	04:04.47

### Men's 30-34 (Continued)

#### 100 Meter Butterfly

1	Erik Klein	31	DCAC	01:02.87
2	David Coray	32	DCAC	01:10.45
3	Tom Spinelli	34	DCAC	01:19.37
4	Robert Stofferson	33	DCAC	01:21.09
5	Patrick Kinella	31	TNYA	01:28.88

#### 200 Meter IM

1	Dean Dellbirds	32	DCAC	02:35.50
2	David Greer	30	DCAC	02:36.08

#### 400 Meter IM

1	Tim MacDonald	31	DCAC	05:42.11
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### Men's 35-39

#### 100 Meter Freestyle

1	Joel Cunningham	39	DCAC	01:01.85
2	John Cigler	35	Philly Pins	01:02.74
3	Buck Broker	39	TNYA	01:06.88
4	Paul Fortoul	37	TNYA	01:08.49
5	Frederick Johnson	35	DCAC	01:09.27
6	Bill Fox	35	Philly Pins	01:13.07
7	William Martin	35	VA Masters	01:13.91
8	Dirck Bondi	37	A2QUA	01:19.26
9	Rob Studer	37	DCAC	01:21.88

#### 200 Meter Freestyle

1	Leo Espinosa	35	DCAC	02:16.72
2	Buck Broker	39	TNYA	02:32.62
3	Frederick Johnson	35	DCAC	02:35.82
4	Paul Fortoul	37	TNYA	02:35.84

#### 400 Meter Freestyle

1	Matt Clark	38	TNYA	04:38.21
2	Leo Espinosa	35	DCAC	04:52.34
3	Buck Broker	39	TNYA	05:26.79
4	Paul Fortoul	37	TNYA	05:37.77
5	Peter Beard	35	DCAC	05:48.18

#### 100 Meter Backstroke

1	Roger Shockey	37	Philly Pins	01:26.99
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#### 100 Meter Breaststroke

1	Leo Espinosa	35	DCAC	01:19.01
2	Peter Beard	35	DCAC	01:24.22
3	Roger Shockey	37	Philly Pins	01:27.81
4	William Martin	35	VA Masters	01:30.88
5	Bill Fox	35	Philly Pins	01:37.35

#### 200 Meter Breaststroke

1	Leo Espinosa	35	DCAC	02:56.17
2	Peter Beard	35	DCAC	03:05.77

**District of Columbia Long Course Invitational  
Final Results**

**Men's 35-39 (Continued)**

*100 Meter Butterfly*

1	José Cunningham	39 DCAC	01:07.92
2	Thomas Dence	37 Anc Mariners	01:10.40
3	Paul Fortoul	37 TNYA	01:13.13
4	Frederick Johnson	35 DCAC	01:23.78
5	William Martin	35 VA Masters	01:24.50
6	Bill Fox	35 Philly Fins	01:38.87

*200 Meter Butterfly*

1	Paul Fortoul	37 TNYA	03:03.14
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*200 Meter IM*

1	Matt Clark	38 TNYA	02:24.66
2	José Cunningham	39 DCAC	02:43.62
3	John Cigler	35 Philly Fins	02:42.60
4	Thomas Dence	37 Anc Mariners	02:54.40
5	William Martin	35 VA Masters	03:00.86

*400 Meter IM*

1	Matt Clark	38 TNYA	05:19.57
2	Thomas Dence	37 Anc Mariners	06:11.27

**Men's 40-44**

*100 Meter Freestyle*

1	Joseph Svatos	40 DC Masters	01:05.31
2	Charles Carson	41 TNYA	01:09.72
3	Tony MacDonald	42 DCAC	01:11.25
4	Brennan Murphy	40 TNYA	01:11.75
5	Mark Walters	42 Germantown	01:12.31
6	Ernie Melcher	44 Philly Fins	01:15.61
7	Luke Tighe	43 Philly Fins	01:15.86
8	Jim Godfrey	40 DCAC	01:37.59

*200 Meter Freestyle*

1	Charles Carson	41 TNYA	02:28.32
2	Doug Wilson	44 DCAC	02:32.72
3	Brennan Murphy	40 TNYA	02:46.45

*400 Meter Freestyle*

1	Brennan Murphy	40 TNYA	05:53.62
2	Ernie Melcher	44 Philly Fins	06:23.96

*100 Meter Backstroke*

1	Charles Carson	41 TNYA	01:20.31
2	Luke Tighe	43 Philly Fins	01:25.77
3	Ernie Melcher	44 Philly Fins	01:37.61

*200 Meter Backstroke*

1	Luke Tighe	43 Philly Fins	03:16.50
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*100 Meter Breaststroke*

1	Jack Markey	42 DCAC	01:26.97
2	Barry Haddan	44 DCAC	01:29.68

**Men's 40-44 (Continued)**

*100 Meter Breaststroke (Continued)*

3	Tony MacDonald	42 DCAC	01:31.89
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*200 Meter Breaststroke*

1	Barry Haddan	44 DCAC	03:16.18
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*100 Meter Butterfly*

1	Doug Wilson	44 DCAC	01:11.35
2	Joseph Svatos	40 DC Masters	01:11.75
3	Mark Walters	42 Germantown	01:15.07
4	Charles Riley	41 TNYA	01:15.80
5	Jay Moench	40 TNYA	01:35.12

*200 Meter Butterfly*

1	Doug Wilson	44 DCAC	02:44.95
2	Mark Walters	42 Germantown	02:57.04

*200 Meter IM*

1	Joseph Svatos	40 DC Masters	02:46.88
2	Charles Riley	41 TNYA	02:50.45
3	Mark Walters	42 Germantown	03:02.58
4	Brennan Murphy	40 TNYA	03:12.61

*400 Meter IM*

1	Charles Carson	41 TNYA	06:01.70
2	Charles Riley	41 TNYA	06:26.23
3	Barry Haddan	44 DCAC	06:33.68
4	Brennan Murphy	40 TNYA	07:03.28

**Men's 45-49**

*100 Meter Freestyle*

1	Joseph Guignon	49 Unattached	01:09.70
2	Frank Shaforth	45 DC Masters	01:10.77
3	George Heavey	48 Fairfax Masters	01:14.65
4	Ken Beier	45 DCAC	01:14.82

*200 Meter Freestyle*

1	Ken Beier	45 DCAC	02:43.95
2	George Heavey	48 Fairfax Masters	02:53.67

*400 Meter Freestyle*

1	Ken Beier	45 DCAC	05:53.41
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*100 Meter Backstroke*

1	Joseph Guignon	49 Unattached	01:16.63
2	Frank Shaforth	45 DC Masters	01:22.30
3	Jim Marks	45 DCAC	01:45.05

*200 Meter Backstroke*

1	Joseph Guignon	49 Unattached	02:44.68
2	Ken Beier	45 DCAC	03:40.39
3	Jim Marks	45 DCAC	03:45.02

**Men's 45-49 (Continued)**

*100 Meter Breaststroke*

1	Frank Shaforth	45 DC Masters	01:31.20
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*200 Meter IM*

1	Joseph Guignon	49 Unattached	02:50.66
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**Men's 50-54**

*100 Meter Freestyle*

1	Walter Meares	52 DCRP	01:12.20
2	Bill Donovan	51 DCAC	01:38.28
3	Bruce Murrie	50 DCAC	01:57.08

*200 Meter Freestyle*

1	Walter Meares	52 DCRP	02:43.86
2	Bill Donovan	51 DCAC	03:57.22
3	Robert Abramson	52 DCAC	05:14.29

*100 Meter Breaststroke*

1	Bruce Murrie	50 DCAC	02:31.50
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**Men's 55-59**

*100 Meter Freestyle*

1	Jack Bertram	55 VA Masters	01:31.31
2	Robert Parke	57 DC Masters	01:34.69
3	Bill Fisher	57 Unattached	01:42.05

*200 Meter Freestyle*

1	Robert Parke	57 DC Masters	03:36.79
2	Bill Fisher	57 Unattached	03:40.71

*400 Meter Freestyle*

1	Robert Parke	57 DC Masters	07:36.22
2	Bill Fisher	57 Unattached	07:39.57
3	Jack Bertram	55 VA Masters	07:55.04

*100 Meter Backstroke*

1	Jack Bertram	55 VA Masters	01:45.65
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*100 Meter Breaststroke*

1	Jack Bertram	55 VA Masters	01:51.05
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*200 Meter IM*

DC	Jack Bertram	55 VA Masters	
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**Men's 70-74**

*100 Meter Backstroke*

1 Sam Foster 70 Colonials 1776 01:47.61

*200 Meter Backstroke*

1 Sam Foster 70 Colonials 1776 03:51.57

**Womyn's Relays - 120-159**

*400 Meter Freestyle Relay*

1 DCAC C DC Aquatics Club Marianne Haegell 32 05:51.27  
 Marcia Cushing 32  
 Ivonne Martinez 31  
 Margaret Morris 36

*800 Meter Freestyle Relay*

1 RSMF Reston Masters Cynthia Hyland 35 10:26.71  
 Cynthia Matthews 35  
 Penny Bates 33  
 Mindy McLaughlin 31

*400 Meter Medley Relay*

1 Reston Masters Reston Masters Cynthia Hyland 35 05:34.00  
 Penny Bates 33  
 Mindy McLaughlin 31  
 Cynthia Matthews 35

**Womyn's Relays - 210-279**

*NR*  
*400 Meter Freestyle Relay*  
 1 DC Masters DC Masters Anne Walker 79 06:01.01 \*  
 Ruth Bennett 48  
 Jayne Bruner 61  
 Barbara Frid 53

*NR*  
*800 Meter Freestyle Relay*  
 1 DC Masters DC Masters Anne Walker 79 13:01.42 \*  
 Barbara Frid 53  
 Jayne Bruner 61  
 Ann Lytle 47

*NR*  
*400 Meter Medley Relay*  
 1 DC Masters DC Masters Anne Walker 79 06:33.68 \*  
 Joann Lellich 56  
 Jayne Bruner 61  
 Ann Lytle 47  
 \*NAT'L RECORD.

**Men's Relays - 100-119**

*400 Meter Freestyle Relay*

1 TNYA B TNYA Matthew Betmalek 28 04:28.59  
 Matt Clark 38  
 Andrew Willett 24  
 Robert Hammond 25  
 2 DCAC D DCAC Brady Phillips 27 04:44.55  
 Michael Flynn 25  
 William Clemson 28  
 Andrew Velthaus 28

Men's Relays - 100-159 (Continued)

800 Meter Freestyle Relay				
1	DCAC B	DCAC	Bryan Kundrath 23 Brady Phillips 27 Jason Klugman 24 David Greer 30	10:21.20
200 Meter Medley Relay				
1	DCAC C	DCAC	David Greer 30 Glenn Mlaker 28 David Conroy 32 Jason Klugman 24	02:13.41
400 Meter Medley Relay				
1	DCAC A	DCAC	David McNear 26 Neil Williams 27 Erik Kjellin 31 David Michaels 32	04:27.08
2	DCAC C	DCAC	Bryan Kundrath 23 Bruce Borruffeth 28 Robert Stofferson 33 Scott Gammans 31	05:05.05
3	TNYA A	TNYA	Richard Veith 29 Matthew Betunalek 28 Robert Hanumond 25 John Chapko 28	05:22.56

Men's Relays - 170-199

400 Meter Freestyle Relay				
1	DCAC B	DCAC	Jason Klugman 24 Erik Kjellin 31 David Michaels 32 Jose Cunningham 39	04:06.06
2	TNYA A	TNYA	John Chapko 28 John Speer 25 Richard Veith 29 Buck Broker 39	04:21.72
3	DCAC B	DCAC	Scott Gammans 31 Leo Espinosa 35 Tim MacDonald 31 Dean Delibirtis 32	04:22.26
4	DCAC G	DCAC	Neil Williams 27 Peter Beard 35 Scott Herbst 30 Joel Ginsberg 32	04:40.75
5	Fins	Philly Fins	Ernie Melcher 44 Brian Cahill 30 Luke Tighe 43 Roger Shockey 37	04:46.94

Men's Relays - 170 - 199 (Continued)

800 Meter Freestyle Relay				
1	DCAC A	DCAC	David Michaels 32 Erik Kjellin 31 Peter Garrett 34 Scott Brinitzer 32	09:00.07
2	TNYA	TNYA	Buck Broker 39 Charles Riky 41 John Speer 25 Charles Cannon 41	10:09.20
200 Meter Medley Relay				
1	DCAC B	DCAC	Jay Mitchell 34 Charlie McManus 39 Robert Stofferson 33 Scott Herbst 30	02:30.86
2	Fins A.C.	Philly Fins	Ernie Melcher 44 John Cigler 35 Bill Fox 35 James Rohles 29	02:32.46
400 Meter Medley Relay				
1	DCAC G	DCAC	Jay Mitchell 34 Jim Laffey 31 Tom Spinelli 34 Scott Herbst 30	05:47.92

Men's Relays - 160-199

400 Meter Freestyle Relay				
1	DCAC F	DCAC	Frederick Johnson 35 Tony MacDonald 42 Jim Marks 45 Jim Godfrey 40	05:06.93
200 Meter Medley Relay				
1	DCAC B	DCAC	Jose Cunningham 39 Barry Hadden 44 Doug Wilson 44 Jack Markey 42	02:23.56
400 Meter Medley Relay				
1	DCAC E	DCAC	Barry Hadden 44 Tony MacDonald 42 Doug Wilson 44 Jim Marks 45	05:45.76

## Men's Relays - 200-239

## 400 Meter Freestyle Relay

1	DCAC A	DCAC	Bruce Murrie	50	07:57.07
			Hal Ponder	54	
			Robert Abramson	52	
			Bill Donovan	51	

## 800 Meter Freestyle Relay

1	DCAC B	DCAC	Hal Ponder	54	19:06.00
			Robert Abramson	52	
			Bill Donovan	51	
			Bruce Murrie	50	

## Mixed Relays - 100-119

## 400 Meter Medley Relay

1	DCAC B	DCAC	Shelia Walsh	25	05:23.26
			Gary Armstrong	24	
			David Greer	30	
			Susan Kizer	29	

## Mixed Relays - 120-159

## 200 Meter Medley Relay

1	DCAC A	DCAC	Marianne Haegell	32	02:24.97
			Dean Dellbirtle	32	
			Margaret Morris	36	
			Tom Spinelli	34	

## 400 Meter Medley Relay

1	DCAC F	DCAC	Dean Dellbirtle	32	05:14.81
			Tim MacDonald	31	
			Margaret Morris	36	
			Marianne Haegell	32	

## Mixed Relays - 160-199

## 800 Meter Freestyle Relay

1	DCAC D	DCAC	Peter Beard	35	12:01.89
			Connie Meck	44	
			Carol Galbraith	45	
			Tony MacDonald	42	

## 400 Meter Medley Relay

1	DCAC D	DCAC	Carol Galbraith	45	06:07.51
			Ken Beler	45	
			Jay Flette	39	
			Connie Meck	44	

## Final Team Standings

1	District of Columbia Aquatics Club (DCAC)	809
2	DC Masters	295
3	Terri New York Aquatics (TNYA)	206
4	Fairfax County Masters	131
5	Unattached	111
6	Philly Fins	75
7	Reston Masters	69
8	Maryland Masters	55
9	Montgomery Ancient Mariners	52
10	DCRP	33
11	Virginia Masters	32
12	National Capital YMCA	28
12	Wildcat Masters	28
13	Bethesda Chevy-Chase YMCA	21
14	Germantown Masters	20
15	Terrapin Masters	16
16	Colonials 1776	14
17	A2QUA	11
18	Arlington Ageless Masters	2