

**RESULTS
DC MASTERS**



**LONG COURSE COMPETITION
JUNE 18, 1994**

OAK MARR RECREATION CENTER

Sanctioned by Potomac Valley LMSC for USMS, Inc. # 104-007

RESULTS
 JUMP START CHALLENGE - 06/18/94 Sanction 104-007
 OAK MARR RECREATION CENTER
 OAKTON, VA - LONG COURSE METERS

Meet Managers - John Calvert 301-951-6462 & Barbara Frid 703-550-7314

Ages 25 Through 29						
Women 50 Free						
1	1032	NANCY BUCHHOLZ	27	UNAT	29.58	-
2	1047	HEATHER GREENFIELD	27	FXCM	35.88	-
Women 100 Free						
1	1032	NANCY BUCHHOLZ	27	UNAT	1:04.84	-
2	1073	AMY BYRD	27	FXCM	1:19.35	-
3	1047	HEATHER GREENFIELD	27	FXCM	1:22.21	-
Women 200 Free						
1	1034	MOLLIE MC GROARTY	25	TERR	3:02.17	-
Women 400 Free						
1	1043	CAROLYN GRAVES	29	UNAT	5:04.52	-
Women 50 Back						
1	1032	NANCY BUCHHOLZ	27	UNAT	36.13	-
Women 100 Back						
1	1032	NANCY BUCHHOLZ	27	UNAT	1:18.65	-
2	1073	AMY BYRD	27	FXCM	1:32.68	-
Women 100 Breast						
1	1065	LAUREN BARTON	27	FXCM	1:37.32	-
Women 200 Breast						
1	1065	LAUREN BARTON	27	FXCM	3:27.58	-
2	1034	MOLLIE MC GROARTY	25	TERR	3:43.95	-
Women 50 Fly						
1	1043	CAROLYN GRAVES	29	UNAT	32.27	-
2	1047	HEATHER GREENFIELD	27	FXCM	42.22	-
Women 100 Fly						
1	1043	CAROLYN GRAVES	29	UNAT	1:14.08	-
Women 200 IM						
1	1043	CAROLYN GRAVES	29	UNAT	2:46.92	-
2	1065	LAUREN BARTON	27	FXCM	3:07.76	-
3	1034	MOLLIE MC GROARTY	25	TERR	3:27.55	-
4	1047	HEATHER GREENFIELD	27	FXCM	3:38.55	-
Women 400 IM						
1	1065	LAUREN BARTON	27	FXCM	6:58.08	-
Ages 30 Through 34						
Women 100 Free						
1	1082	LAURIE KOVACH	31	UNAT	1:12.19	-
2	1005	CLAIRE ANDERSON	31	FXCM	1:21.22	-
Women 200 Free						
1	1005	CLAIRE ANDERSON	31	FXCM	3:08.80	-
Women 400 Free						
1	1005	CLAIRE ANDERSON	31	FXCM	6:58.84	-
Women 50 Back						
1	1059	JENNIFER GITTINS	32	FXCM	39.94	-
2	1014	DEBORAH MORRIN	31	TERR	48.74	-
Women 100 Back						
1	1059	JENNIFER GITTINS	32	FXCM	1:28.34	-
2	1014	DEBORAH MORRIN	31	TERR	1:45.50	-
Women 200 Back						
1	1059	JENNIFER GITTINS	32	FXCM	3:09.86	-
Women 50 Breast						
1	1014	DEBORAH MORRIN	31	TERR	47.36	-
Women 100 Breast						
1	1014	DEBORAH MORRIN	31	TERR	1:42.94	-
Women 200 Breast						
1	1014	DEBORAH MORRIN	31	TERR	3:34.18	-
Women 50 Fly						
1	1082	LAURIE KOVACH	31	UNAT	35.31	-
Women 200 IM						
1	1082	LAURIE KOVACH	31	UNAT	3:12.92	-
-	1059	JENNIFER GITTINS	32	FXCM	DQ	-
Ages 35 Through 39						
Women 50 Free						
1	1056	SHARON STILES	37	FXCM	31.00	-
2	1015	SUSAN BLEISTEIN	36	VMST	46.23	-
Women 100 Free						
1	1056	SHARON STILES	37	FXCM	1:09.29	-
Women 200 Free						
1	1056	SHARON STILES	37	FXCM	2:35.79	-
Women 400 Free						
1	1056	SHARON STILES	37	FXCM	5:41.67	-

Women 100	Back						
1	1039	ELIZABETH SHANKLIN	37	MARY	1:29.05	-	
Women 200	Back						
1	1039	ELIZABETH SHANKLIN	37	MARY	3:03.67	-	
Women 50	Breast						
1	1056	SHARON STILES	37	FXCM	40.13	-	
2	1039	ELIZABETH SHANKLIN	37	MARY	45.51	-	
Women 100	Breast						
1	1039	ELIZABETH SHANKLIN	37	MARY	1:38.72	-	
Women 50	Fly						
1	1015	SUSAN BLEISTEIN	36	VMST	46.49	-	
Women 100	Fly						
1	1015	SUSAN BLEISTEIN	36	VMST	1:58.40	-	
Ages 40 Through 44							
Women 100	Free						
1	1079	MORGAN KULLA	42	UNAT	1:22.87	-	
Women 100	Back						
1	1079	MORGAN KULLA	42	UNAT	1:37.76	-	
Women 200	Back						
1	1079	MORGAN KULLA	42	UNAT	3:28.21	-	
Women 200	IM						
1	1079	MORGAN KULLA	42	UNAT	3:26.55	-	
Ages 45 Through 49							
Women 50	Free						
1	1037	RUTH BENNETT	47	DCM	35.46	-	
Women 100	Free						
1	1037	RUTH BENNETT	47	DCM	1:20.51	-	
2	1081	MAUREEN LINDSEY	47	DCM	1:34.31	-	
Women 400	Free						
1	1055	ANN LYTTLE	46	DCM	5:34.26	-	
Women 50	Back						
1	1077	ANDREA HAINES	46	DCM	43.41	-	
Women 100	Back						
1	1077	ANDREA HAINES	46	DCM	1:33.80	-	
Women 200	Back						
1	1077	ANDREA HAINES	46	DCM	3:20.08	-	
Women 50	Breast						
1	1037	RUTH BENNETT	47	DCM	49.79	-	
Women 50	Fly						
1	1081	MAUREEN LINDSEY	47	DCM	1:01.92	-	
Ages 50 Through 54							
Women 400	Free						
1	1048	BARBARA FRID	52	DCM	6:14.11	-	
2	1027	KAREN HANNAM	53	DCM	8:28.05	-	
Women 50	Back						
1	1048	BARBARA FRID	52	DCM	41.64	-	
Women 100	Back						
1	1048	BARBARA FRID	52	DCM	1:33.44	-	
Women 50	Breast						
1	1048	BARBARA FRID	52	DCM	46.12	-	
Women 100	Breast						
1	1027	KAREN HANNAM	53	DCM	2:08.91	-	
Women 200	Breast						
1	1027	KAREN HANNAM	53	DCM	4:26.49	-	
Women 200	IM						
1	1027	KAREN HANNAM	53	DCM	4:30.21	-	
Women 400	IM						
1	1027	KAREN HANNAM	53	DCM	9:21.19	-	
Ages 55 Through 59							
Women 400	Free						
1	1011	JOANN LEILICH	55	DCM	6:36.49	-	
Women 100	Breast						
1	1011	JOANN LEILICH	55	DCM	1:33.29	-	
Ages 60 Through 64							
Women 50	Free						
1	1003	LUCY BROWN	63	DCM	1:03.18	-	
Women 100	Free						
1	1003	LUCY BROWN	63	DCM	2:27.11	-	
Women 200	Free						
1	1003	LUCY BROWN	63	DCM	5:28.16	-	
Women 400	Free						
1	1003	LUCY BROWN	63	DCM	11:24.13	-	
Women 50	Back						
1	1033	BETTY GRIFFIN	63	DCM	1:06.94	-	

Women 100	Back						
1	1033	BETTY GRIFFIN	63	DCM		2:25.42	-
Women 50	Breast						
1	1033	BETTY GRIFFIN	63	DCM		1:24.30	-
Ages 65 Through 69							
Women 50	Free						
1	1007	JEAN TROY	66	C1776		39.42	-
2	1042	ESTHER YALOWITZ	69	DCM		58.94	-
Women 100	Free						
1	1007	JEAN TROY	66	C1776		1:28.16	-
2	1042	ESTHER YALOWITZ	69	DCM		2:15.95	-
Women 200	Free						
1	1007	JEAN TROY	66	C1776		3:12.19	-
Women 50	Back						
1	1042	ESTHER YALOWITZ	69	DCM		1:07.13	-
Women 100	Back						
1	1042	ESTHER YALOWITZ	69	DCM		2:28.47	-
Women 50	Breast						
1	1007	JEAN TROY	66	C1776		56.24	-
Women 50	Fly						
1	1007	JEAN TROY	66	C1776		50.60	-
Ages 70 Through 74							
Women 50	Free						
1	1008	JANE ROSSELL	72	MARY		54.62	-
Women 100	Free						
1	1008	JANE ROSSELL	72	MARY		2:02.28	-
Women 200	Free						
1	1008	JANE ROSSELL	72	MARY		4:20.86	-
Women 400	Free						
1	1008	JANE ROSSELL	72	MARY		9:15.65	-
Women 50	Fly						
1	1008	JANE ROSSELL	72	MARY		1:11.68	-
Ages 75 Through 79							
Women 50	Free						
1	1018	ANNE WALKER	78	DCM		49.30	-
2	1020	MARY LATHRAM	78	DCM		1:04.37	-
Women 400	Free						
1	1018	ANNE WALKER	78	DCM		9:06.82	-
2	1020	MARY LATHRAM	78	DCM		11:10.83	-
Women 50	Back						
1	1018	ANNE WALKER	78	DCM		53.91	-
2	1020	MARY LATHRAM	78	DCM		1:07.97	-
Women 100	Back						
1	1018	ANNE WALKER	78	DCM		2:01.74	-
2	1020	MARY LATHRAM	78	DCM		2:27.21	-
Women 200	Back						
1	1018	ANNE WALKER	78	DCM		4:23.12	-
2	1020	MARY LATHRAM	78	DCM		5:22.83	-
Ages 19 Through 24							
Men 50	Free						
1	1053	CHARLES FLEMING	22	UNAT		30.17	-
Men 100	Free						
1	1053	CHARLES FLEMING	22	UNAT		1:09.19	-
Men 50	Fly						
1	1053	CHARLES FLEMING	22	UNAT		31.97	-
Men 100	Fly						
1	1053	CHARLES FLEMING	22	UNAT		1:27.81	-
Ages 25 Through 29							
Men 50	Free						
1	1072	BRIAN ELLIS	26	FXCM		27.84	-
2	1044	BRIAN GRAVES	25	UNAT		31.45	-
Men 100	Free						
1	1044	BRIAN GRAVES	25	UNAT		1:12.49	-
Men 200	Free						
1	1009	EMAD ELSHAFEI	28	TERR		2:11.17	-
2	1044	BRIAN GRAVES	25	UNAT		2:53.08	-
Men 400	Free						
1	1023	JEFFREY RODDIN	25	ANCM		4:38.38	-
2	1062	ANDREW GEISZLER	25	FXCM		5:01.39	-
3	1072	BRIAN ELLIS	26	FXCM		5:11.89	-
Men 50	Breast						
1	1044	BRIAN GRAVES	25	UNAT		44.67	-
Men 100	Breast						
1	1062	ANDREW GEISZLER	25	FXCM		1:20.36	-

Men 200	Breast						
1	1009	EMAD ELSHAFEI	28	TERR	2:51.60	-	
2	1062	ANDREW GEISZLER	25	FXCM	2:56.52	-	
Men 100	Fly						
1	1023	JEFFREY RODDIN	25	ANCM	1:00.11	-	
2	1072	BRIAN ELLIS	26	FXCM	1:07.12	-	
Men 200	Fly						
1	1072	BRIAN ELLIS	26	FXCM	2:35.76	-	
Men 200	IM						
1	1023	JEFFREY RODDIN	25	ANCM	2:19.78	-	
2	1009	EMAD ELSHAFEI	28	TERR	2:22.06	-	
Men 400	IM						
1	1009	EMAD ELSHAFEI	28	TERR	5:08.74	-	
Ages 30 Through 34							
Men 50	Free						
1	1058	MIKE TRIAU	34	ANCM	27.28	-	
Men 100	Free						
1	1058	MIKE TRIAU	34	ANCM	1:01.87	-	
Men 50	Back						
1	1025	J CLAY BRITT	33	ANCM	28.86	-	
Men 100	Back						
1	1025	J CLAY BRITT	33	ANCM	1:00.68	-	
Men 50	Breast						
-	1058	MIKE TRIAU	34	ANCM	DQ	-	
Men 200	Breast						
1	1031	JAMES ACKER	34	MARY	3:05.62	-	
Men 400	IM						
1	1031	JAMES ACKER	34	MARY	6:03.49	-	
Ages 35 Through 39							
Men 50	Free						
1	1035	EDWARD WEST	36	DCM	27.59	-	
2	1080	J.W. HORNSBY	37	FXCM	33.16	-	
3	1041	JOHN BERNSTEN	35	BAC	35.20	-	
Men 100	Free						
1	1080	J.W. HORNSBY	37	FXCM	1:17.38	-	
2	1041	JOHN BERNSTEN	35	BAC	1:20.76	-	
Men 200	Free						
1	1041	JOHN BERNSTEN	35	BAC	3:13.25	-	
Men 400	Free						
1	1026	THOMAS DENES	36	ANCM	5:08.13	-	
2	1041	JOHN BERNSTEN	35	BAC	7:24.13	-	
Men 50	Breast						
1	1041	JOHN BERNSTEN	35	BAC	46.77	-	
Men 50	Fly						
1	1026	THOMAS DENES	36	ANCM	31.37	-	
2	1080	J.W. HORNSBY	37	FXCM	40.85	-	
Men 100	Fly						
1	1026	THOMAS DENES	36	ANCM	1:10.44	-	
Men 200	Fly						
1	1026	THOMAS DENES	36	ANCM	2:40.83	-	
Men 200	IM						
1	1026	THOMAS DENES	36	ANCM	2:51.62	-	
Ages 40 Through 44							
Men 50	Free						
1	1016	PETER GRABER	40	C1776	30.48	-	
2	1046	DAVID HARMON	44	ANCM	31.00	-	
Men 100	Free						
1	1030	ROBERT BROFFT	44	UNAT	1:09.35	-	
2	1046	DAVID HARMON	44	ANCM	1:10.63	-	
3	1016	PETER GRABER	40	C1776	1:10.69	-	
Men 200	Free						
1	1046	DAVID HARMON	44	ANCM	2:51.00	-	
Men 400	Free						
1	1046	DAVID HARMON	44	ANCM	6:09.76	-	
Men 50	Back						
1	1030	ROBERT BROFFT	44	UNAT	36.20	-	
Men 50	Breast						
1	1019	ANTON GANEV	44	DCM	38.04	-	
2	1016	PETER GRABER	40	C1776	38.40	-	
3	1030	ROBERT BROFFT	44	UNAT	40.69	-	
Men 100	Breast						
1	1019	ANTON GANEV	44	DCM	1:25.09	-	
2	1074	BARRY HADDAN	43	DCAC	1:30.42	-	
3	1016	PETER GRABER	40	C1776	1:30.54	-	
Men 200	Breast						
1	1074	BARRY HADDAN	43	DCAC	3:15.33	-	
-	1019	ANTON GANEV	44	DCM	DQ	-	

Men 50	Fly						
1	1030	ROBERT BROFFT	44	UNAT	32.97	-	
2	1016	PETER GRABER	40	C1776	33.19	-	
Men 100	Fly						
1	1074	BARRY HADDAN	43	DCAC	1:40.33	-	
Men 200	IM						
1	1019	ANTON GANEV	44	DCM	3:07.07	-	
2	1074	BARRY HADDAN	43	DCAC	3:09.89	-	
Men 400	IM						
1	1074	BARRY HADDAN	43	DCAC	6:41.34	-	
2	1019	ANTON GANEV	44	DCM	6:54.16	-	

Ages 45 Through 49

Men 50	Free						
1	1054	BRUCE SMITH	48	UNAT	30.91	-	
Men 100	Free						
1	1061	NICK OLMOS-LAU	48	DCM	1:22.55	-	
Men 400	Free						
1	1010	STEPHEN HOGAN	45	DCM	6:04.18	-	
2	1061	NICK OLMOS-LAU	48	DCM	6:19.02	-	
Men 50	Back						
1	1054	BRUCE SMITH	48	UNAT	39.02	-	
2	1002	L CLAY BEALL	47	DCM	39.63	-	
3	1010	STEPHEN HOGAN	45	DCM	40.64	-	
Men 100	Back						
1	1002	L CLAY BEALL	47	DCM	1:26.83	-	
2	1061	NICK OLMOS-LAU	48	DCM	1:33.40	-	
Men 200	Back						
1	1010	STEPHEN HOGAN	45	DCM	3:06.14	-	
Men 50	Breast						
1	1054	BRUCE SMITH	48	UNAT	41.81	-	
Men 100	Breast						
1	1078	WILLIAM KNOWLTON	47	FXCM	1:43.94	-	
Men 200	Breast						
1	1054	BRUCE SMITH	48	UNAT	3:24.41	-	
2	1078	WILLIAM KNOWLTON	47	FXCM	3:46.28	-	

Ages 50 Through 54

Men 50	Free						
1	1070	KENNETH NOVELL	52	VMST	29.95	-	
2	1050	THOM BURGESS	51	DCM	32.17	-	
Men 100	Free						
1	1070	KENNETH NOVELL	52	VMST	1:08.47	-	
Men 400	Free						
1	1050	THOM BURGESS	51	DCM	5:51.58	-	
Men 50	Breast						
1	1063	WALTER MEARES	50	DCRP	39.20	-	
-	1050	THOM BURGESS	51	DCM	DQ	-	
Men 100	Breast						
1	1063	WALTER MEARES	50	DCRP	1:28.38	-	
2	1050	THOM BURGESS	51	DCM	1:31.23	-	
Men 200	Breast						
1	1063	WALTER MEARES	50	DCRP	3:14.92	-	
2	1050	THOM BURGESS	51	DCM	3:18.30	-	
Men 50	Fly						
1	1070	KENNETH NOVELL	52	VMST	32.33	-	
2	1038	ROBERT BENNETT	50	DCM	32.36	-	
Men 100	Fly						
1	1070	KENNETH NOVELL	52	VMST	1:32.02	-	
Men 200	IM						
1	1038	ROBERT BENNETT	50	DCM	3:04.87	-	

Ages 55 Through 59

Men 50	Free						
1	1021	DONALD WALTER	58	DCM	44.65	-	
Men 100	Free						
1	1052	LEE BETTIS	56	DCM	1:13.29	-	
2	1021	DONALD WALTER	58	DCM	1:37.65	-	
Men 200	Free						
1	1052	LEE BETTIS	56	DCM	2:46.48	-	
2	1021	DONALD WALTER	58	DCM	3:37.41	-	
Men 400	Free						
1	1021	DONALD WALTER	58	DCM	7:30.74	-	
Men 50	Back						
1	1045	CHUCK WILMORE	59	VMST	44.21	-	
Men 100	Back						
1	1052	LEE BETTIS	56	DCM	1:25.45	-	
2	1045	CHUCK WILMORE	59	VMST	1:35.60	-	
Men 50	Breast						
1	1045	CHUCK WILMORE	59	VMST	46.31	-	

Men 100	Breast						
1	1045	CHUCK WILMORE	59	VMST	1:46.83	-	
Ages 60 Through 64							
Men 50	Free						
1	1057	ROLAND KUNIHOLM	64	UNAT	42.65	-	
Men 100	Free						
1	1057	ROLAND KUNIHOLM	64	UNAT	1:38.10	-	
Men 200	Free						
1	1022	JOHN PADAN	61	UMCY	3:35.51	-	
Men 50	Back						
1	1051	ART MAYER	62	C1776	41.62	-	
Men 100	Back						
1	1051	ART MAYER	62	C1776	1:38.89	-	
Men 200	Back						
1	1051	ART MAYER	62	C1776	3:48.70	-	
2	1022	JOHN PADAN	61	UMCY	3:52.60	-	
Men 50	Fly						
1	1057	ROLAND KUNIHOLM	64	UNAT	47.13	-	
Men 200	IM						
1	1057	ROLAND KUNIHOLM	64	UNAT	4:01.82	-	
Ages 65 Through 69							
Men 200	Free						
1	1069	ROGER FRANKS	67	C1776	3:01.29	-	
Men 100	Back						
1	1069	ROGER FRANKS	67	C1776	1:26.66	-	
Men 50	Breast						
1	1069	ROGER FRANKS	67	C1776	50.87	-	
Men 200	IM						
1	1069	ROGER FRANKS	67	C1776	3:34.78	-	
Ages 75 Through 79							
Men 400	Free						
1	1006	SIDNEY SAPERSTEIN	77	DCM	11:58.61	-	
Men 50	Back						
1	1004	NORRIS FLUKE	77	MARY	46.08	-	
Men 100	Back						
1	1004	NORRIS FLUKE	77	MARY	1:40.27	-	
2	1006	SIDNEY SAPERSTEIN	77	DCM	2:41.50	-	
Men 200	Back						
1	1004	NORRIS FLUKE	77	MARY	3:40.61	-	
2	1006	SIDNEY SAPERSTEIN	77	DCM	5:23.10	-	
Men 100	Breast						
1	1006	SIDNEY SAPERSTEIN	77	DCM	3:41.93	-	
Men 200	IM						
-	1004	NORRIS FLUKE	77	MARY	DQ	-	
Men 400	IM						
1	1004	NORRIS FLUKE	77	MARY	8:16.18	-	
Ages 80 Through 84							
Men 50	Free						
1	1049	DAVID MC AFEE	84	DCM	45.47	-	
2	1028	BERT KASSELL	81	DCM	46.35	-	
3	1001	J RAY O'CONNELL	82	FXCM	1:04.03	-	
Men 100	Free						
1	1049	DAVID MC AFEE	84	DCM	1:46.14	-	
2	1028	BERT KASSELL	81	DCM	2:03.68	-	
3	1001	J RAY O'CONNELL	82	FXCM	2:27.38	-	
Men 200	Free						
1	1049	DAVID MC AFEE	84	DCM	4:04.04	-	
Men 400	Free						
1	1049	DAVID MC AFEE	84	DCM	8:36.43	-	
Men 50	Back						
1	1028	BERT KASSELL	81	DCM	1:17.66	-	
Men 50	Breast						
1	1001	J RAY O'CONNELL	82	FXCM	1:52.60	-	
Men 100	Breast						
1	1001	J RAY O'CONNELL	82	FXCM	4:03.89	-	