

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 1 Women 25-29 200 SC Meter Freestyle

NATL: 1:59.78 N 3/31/1996 SHEILA TAORMINA
 SOLSTICE: 2:12.57 12/7/2019 Courtney Randolph

Terrapin Masters

Name	Age	Team	Seed Time	Finals Time	Points
1 Randolph, Courtney	28	Terrapin Masters-10	2:11.92	2:12.57	6
			31.07 1:04.49 (33.42)	1:38.49 (34.00)	
2 Waldman, Alanna	28	Swim Fort Lauderdale-50	2:30.00	2:28.26	4
			34.97 1:12.82 (37.85)	1:51.35 (38.53)	
			2:28.26 (36.91)		

Event 1 Women 35-39 200 SC Meter Freestyle

NATL: 2:03.56 N 12/14/1997 K PIPES-NEILSEN
 SOLSTICE: 2:22.15 12/7/2019 Mollie Grover

Terrapin Masters

Name	Age	Team	Seed Time	Finals Time	Points
1 Grover, Mollie	38	Terrapin Masters-10	2:16.30	2:22.15	6
			33.02 1:09.00 (35.98)	1:45.85 (36.85)	
2 Chin, Lisa	38	Germantown Maryland Masters-10	2:38.00	2:27.38	4
			34.24 1:11.32 (37.08)	1:49.99 (38.67)	
3 Huang, Ivy	39	Germantown Maryland Masters-10	2:36.00	2:38.75	3
			35.27 1:15.16 (39.89)	1:57.01 (41.85)	
4 Henochowicz, Anne	35	Germantown Maryland Masters-10	3:24.60	3:28.44	2
			47.63 1:40.41 (52.78)	2:34.04 (53.63)	
			3:28.44 (54.40)		

Event 1 Women 40-44 200 SC Meter Freestyle

NATL: 2:05.26 N 12/14/2003 K PIPES-NEILSEN
 SOLSTICE: 2:14.99 12/2/2017 Janel Lobur

Name	Age	Team	Seed Time	Finals Time	Points
1 Haugan, Anne Grete G	40	Fina	2:25.85	2:25.25	6
			33.56 1:10.15 (36.59)	1:47.66 (37.51)	
2 Shapiro, Margaret	43	Reston Masters Swim Team-10	2:24.15	2:29.59	4
			33.76 1:10.54 (36.78)	1:49.42 (38.88)	
3 Roddin, Julie	43	Montgomery Ancient Mariners-10	2:26.86	2:34.36	3
			35.88 1:14.94 (39.06)	1:54.79 (39.85)	
4 Pellow, Lydia R	40	Uc12-12	3:10.00	3:10.39	2
			42.76 1:30.18 (47.42)	2:21.72 (51.54)	
			3:10.39 (48.67)		

Event 1 Women 45-49 200 SC Meter Freestyle

NATL: 2:05.94 N 12/2/2007 K PIPES-NEILSEN
 SOLSTICE: 2:16.56 12/3/2016 Margaret G Conze

Name	Age	Team	Seed Time	Finals Time	Points
1 Bancroft, Caren	49	Germantown Maryland Masters-10	2:53.79	2:52.47	6
			37.92 1:20.78 (42.86)	2:52.47 (1:31.69)	
2 Fink, Joan	49	Merritt Marlins-9	3:20.00	3:21.74	4
			44.96 1:36.41 (51.45)	2:28.97 (52.56)	
			3:21.74 (52.77)		

Event 1 Women 50-54 200 SC Meter Freestyle

NATL: 2:10.72 N 12/6/2009 S HEIM-BOWEN
 SOLSTICE: 2:36.57 12/1/2018 Kim Dustin

Name	Age	Team	Seed Time	Finals Time	Points
1 Spear, Elizabeth	54	Germantown Maryland Masters-10	2:52.30	2:57.24	6
			41.04 1:24.89 (43.85)	2:57.24 (1:32.35)	

Event 1 Women 55-59 200 SC Meter Freestyle

NATL: 2:14.45 N 11/21/2009 LAURA VAL
 SOLSTICE: 2:38.52 12/7/2019 Fay V Lachney

Alexandria Maste

Name	Age	Team	Seed Time	Finals Time	Points
1 Lachney, Fay V	58	Alexandria Masters Swimming-10	2:39.37	2:38.52	6
			36.57 1:16.33 (39.76)	1:57.57 (41.24)	
2 Lyons, Judy L	55	Germantown Maryland Masters-10	2:58.00	2:52.68	4
			38.26 1:20.43 (42.17)	2:06.66 (46.23)	
3 Brown, Ann	57	Merritt Marlins-9	3:12.00	3:00.10	3
			42.01 1:27.94 (45.93)	3:00.10 (1:32.16)	

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 1 Women 65-69 200 SC Meter Freestyle

NATL:		2:25.41	N	1/30/2016	LAURA VAL			
SOLSTICE:		2:38.62		12/2/2017	Shirley A Loftus-			
1	Pfinsgraff, Joan	65		Maryland Masters-9	2:43.00	2:43.43		6
		37.13		1:17.46 (40.33)	2:00.16 (42.70)	2:43.43 (43.27)		
2	Yochelson, Deborah	65		Montgomery Ancient Mariners-10	4:20.00	3:49.96		4
		52.62		1:51.64 (59.02)	2:51.73 (1:00.09)	3:49.96 (58.23)		

Event 1 Women 70-74 200 SC Meter Freestyle

NATL:		2:43.60	N	11/20/2016	DIANN UUSTAL			
SOLSTICE:		3:00.70		12/7/2019	Marcia Barry		Virginia Masters	
1	Barry, Marcia	71		Virginia Masters Swim Team-12	3:03.99	3:00.70		6
		42.70		1:28.45 (45.75)	2:15.21 (46.76)	3:00.70 (45.49)		

Event 1 Men 25-29 200 SC Meter Freestyle

NATL:		1:44.90	N	11/3/2013	DARIAN TOWNSEND			
SOLSTICE:		2:03.52		12/6/2014	Peter Galan			
1	Prince, Bryan	28		Club Tribe-12	3:00.00	3:17.43		6

Event 1 Men 35-39 200 SC Meter Freestyle

NATL:		1:51.31	N	12/14/2003	ERIK HOCHSTEIN			
SOLSTICE:		1:58.68		12/7/2019	Bryan Rivera		Germantown Maryl	
1	Rivera, Bryan	35		Germantown Maryland Masters-10	2:00.81	1:58.68		6
		27.46		57.65 (30.19)	1:28.16 (30.51)	1:58.68 (30.52)		
2	Shaw, Chris	37		Club Tribe-12	3:00.00	2:58.37		4
		39.98		1:26.11 (46.13)	2:14.30 (48.19)	2:58.37 (44.07)		

Event 1 Men 40-44 200 SC Meter Freestyle

NATL:		1:50.08	N	12/6/2008	MICHAEL ROSS			
SOLSTICE:		2:00.94		12/3/2016	Frederik C Hviid			
1	Hunter, Andy	41		Fina	2:03.50	2:10.95		6
		28.34		1:00.58 (32.24)	1:35.26 (34.68)	2:10.95 (35.69)		
2	Paushter, Matthew	40		Germantown Maryland Masters-10	2:14.70	2:12.68		4
		30.20		1:03.65 (33.45)	1:38.32 (34.67)	2:12.68 (34.36)		
3	Ahlgren, Kyle	44		Club Tribe-12	2:38.31	2:28.69		3
		35.32		1:13.17 (37.85)	1:51.59 (38.42)	2:28.69 (37.10)		

Event 1 Men 45-49 200 SC Meter Freestyle

NATL:		1:56.00	N	12/2/2007	PAUL SMITH			
SOLSTICE:		2:05.80		12/7/2013	Michael P Lee			
1	Joubert, Kevin	47		Merritt Marlins-9	2:29.23	2:28.73		6
		35.13		1:13.62 (38.49)	1:52.70 (39.08)	2:28.73 (36.03)		
2	Moses, Todd	45		Montgomery Ancient Mariners-10	3:15.00	3:19.29		4
		47.09		1:37.68 (50.59)	2:28.81 (51.13)	3:19.29 (50.48)		

Event 1 Men 50-54 200 SC Meter Freestyle

NATL:		1:54.61	N	10/14/2011	ROWDY GAINES			
SOLSTICE:		2:06.91		12/7/2019	Jerome Frentsos		District Of Colu	
1	Frentsos, Jerome	54		District Of Columbia Aquatics-10	2:10.00	2:06.91		6
		29.29		1:00.97 (31.68)	2:06.91 (1:05.94)			
2	Wunderlich, Karl	54		Germantown Maryland Masters-10	2:36.37	2:28.58		4
		34.17		1:12.40 (38.23)	1:51.17 (38.77)	2:28.58 (37.41)		

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 1 Men 55-59 200 SC Meter Freestyle

NATL:		1:59.08	N	11/21/2009	MICHAEL MANN		
SOLSTICE:		2:10.05		12/1/2018	Gregory Harris		
1	Aboubakr, Ashraf A	57	Merritt Marlins-9	2:50.00	2:51.40	6	
		38.22	1:21.46 (43.24)	2:51.40 (1:29.94)			
2	Bloom, Scott	56	District Of Columbia Aquatics-10	2:45.00	2:54.63	4	
		38.24	2:10.19 ()	2:54.63 (44.44)			
3	Broderick, Tom	59	Reston Masters Swim Team-10	3:07.00	3:00.81	3	
		42.72	1:27.88 (45.16)	2:15.49 (47.61)	3:00.81 (45.32)		
4	Johnson, Peter	58	Montgomery Ancient Mariners-10	3:00.00	3:09.10	2	
		42.18	1:31.14 (48.96)	2:20.72 (49.58)	3:09.10 (48.38)		

Event 1 Men 60-64 200 SC Meter Freestyle

NATL:		2:01.65	N	11/21/2015	RICK COLELLA		
SOLSTICE:		2:26.18		12/2/2017	Tim McGough		
1	Denes, Thomas	62	Montgomery Ancient Mariners-10	2:35.00	2:42.97	6	
		37.08	1:18.26 (41.18)	2:00.67 (42.41)	2:42.97 (42.30)		
2	Rickard, Alan	62	Riptide Masters-10	2:45.00	2:47.16	4	
		38.53	1:21.39 (42.86)	2:05.43 (44.04)	2:47.16 (41.73)		

Event 1 Men 65-69 200 SC Meter Freestyle

NATL:		2:14.82	N	9/18/2016	TIM BRODERICK		
SOLSTICE:		2:42.49		12/2/2017	David C Harmon		
1	Mandour, Saleh	65	Merritt Marlins-9	2:54.20	2:57.29	6	
		41.66	1:26.76 (45.10)	2:57.29 (1:30.53)			

Event 1 Men 70-74 200 SC Meter Freestyle

NATL:		2:22.60	N	10/12/2014	DAVID QUIGGIN		
SOLSTICE:		2:46.80		12/7/2019	David Harmon		
1	Harmon, David	70	Montgomery Ancient Mariners-10	2:47.18	2:46.80	6	
		40.07	1:23.23 (43.16)	2:04.92 (41.69)	2:46.80 (41.88)		
2	Romano, Vince	73	Club Tribe-12	3:30.41	3:30.05	4	
		44.32	1:37.92 (53.60)	2:35.99 (58.07)	3:30.05 (54.06)		
3	Berliner, Mitchell P	71	DC Masters-10	3:57.36	4:01.46	3	
		55.58	1:58.25 (1:02.67)	3:02.30 (1:04.05)	4:01.46 (59.16)		

Event 1 Men 75-79 200 SC Meter Freestyle

NATL:		2:27.53	N	4/18/2009	DAVID RADCLIFF		
SOLSTICE:		3:38.29		12/5/2015	Barry P Shay		
1	Frogley, Christopher	76	Virginia Masters Swim Team-12	3:58.00	3:39.23	6	
		51.35	1:46.38 (55.03)	2:43.28 (56.90)	3:39.23 (55.95)		
2	Shay, Barry	79	DC Masters-10	3:58.59	3:56.00	4	
		52.06	1:52.42 (1:00.36)	3:56.00 (2:03.58)			

Event 2 Women 18-24 100 SC Meter Breaststroke

NATL:		1:08.89	N	12/10/1995	BEATA KASZUBA		
SOLSTICE:		1:23.62		12/2/2017	Erin Yang		
1	Kisker, Olivia	23	District Of Columbia Aquatics-10	1:20.00	1:42.24	6	
		47.08	1:42.24 (55.16)				

Event 2 Women 25-29 100 SC Meter Breaststroke

NATL:		1:10.04	N	4/15/2012	MEGAN JENDRICK		
SOLSTICE:		1:24.13		12/5/2015	Megen T Donovan		
1	DiBartolomeo, Renae	29	District Of Columbia Aquatics-10	1:25.99	1:26.88	6	
		41.57	1:26.88 (45.31)				

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

(Event 2 Women 25-29 100 SC Meter Breaststroke)

2	Crnogorcevic, Milena	25	Terrapin Masters-10	1:32.00	1:32.59	4
	43.14		1:32.59 (49.45)			

Event 2 Women 30-34 100 SC Meter Breaststroke

	NATL:	1:10.00	N	12/10/2000	WENKE HANSEN	
	SOLSTICE:	1:20.61		12/1/2018	Ellen Minzenmayer	
1	Rose, Laura	33	Terrapin Masters-10	1:19.00	1:26.71	6
	42.04		1:26.71 (44.67)			

Event 2 Women 35-39 100 SC Meter Breaststroke

	NATL:	1:09.41	N	12/6/2014	CYNTHIA LEWIS	
	SOLSTICE:	1:19.92		12/5/2015	Kristen S Harris	
1	Geskos, Evangeline	36	Patriot Masters Swim Team-10	1:21.44	1:20.14	6
	37.48		1:20.14 (42.66)			
2	Stakem, Meredith	38	District Of Columbia Aquatics-10	1:32.83	1:29.28	4
	42.98		1:29.28 (46.30)			
3	Bozeman, Lesley	37	Lane 4 Swimming-10	1:48.00	1:50.77	3
	53.33		1:50.77 (57.44)			
4	Goldberg, Marci	35	Lane 4 Swimming-10	1:50.00	1:54.07	2
	56.19		1:54.07 (57.88)			

Event 2 Women 40-44 100 SC Meter Breaststroke

	NATL:	1:09.95	N	12/5/2015	CYNTHIA LEWIS	
	SOLSTICE:	1:18.07		12/7/2019	Kristen Harris	
					Club Tribe	
1	Harris, Kristen	43	Club Tribe-12	1:23.00	1:18.07	6
	37.00		1:18.07 (41.07)			
2	Shapiro, Margaret	43	Reston Masters Swim Team-10	1:31.22	1:31.27	4
	43.22		1:31.27 (48.05)			

Event 2 Women 45-49 100 SC Meter Breaststroke

	NATL:	1:13.30	N	10/10/2010	S VON DER LIPPE	
	SOLSTICE:	1:24.34		12/6/2014	Lisa Groves	
1	Schneider, Johanna	46	Germantown Maryland Masters-10	1:32.25	1:31.58	6
	44.49		1:31.58 (47.09)			

Event 2 Women 50-54 100 SC Meter Breaststroke

	NATL:	1:19.23	N	5/18/2014	CORRIN POPPS	
	SOLSTICE:	1:25.94		12/5/2015	Lisa J Groves	
1	Wetzel, Denise	54	Reston Masters Swim Team-10	1:35.00	1:32.19	6
	44.85		1:32.19 (47.34)			
2	Mallon, Barbara	52	Germantown Maryland Masters-10	1:55.00	1:50.27	4
	52.94		1:50.27 (57.33)			

Event 2 Women 55-59 100 SC Meter Breaststroke

	NATL:	1:23.22	N	12/13/2014	CHRIS WENZEL	
	SOLSTICE:	1:35.10		12/2/2017	Kim M Brightwell	
1	Bargeski, Juie	56	Montgomery Ancient Mariners-10	2:05.20	1:55.94	6
	53.26		1:55.94 (1:02.68)			
2	Sugg, Stephanie A	56	Montgomery Ancient Mariners-10	2:35.00	2:27.34	4

Event 2 Women 65-69 100 SC Meter Breaststroke

	NATL:	1:32.37	N	3/20/2004	JOANN LEILICH	
	SOLSTICE:	1:34.42		12/2/2017	Kathleen Lewis	
1	Merena, Elizabeth	67	Chelsea Piers Fitness Ny/Bk-6	1:47.85	1:47.87	6
	51.19		1:47.87 (56.68)			

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

(Event 2 Women 65-69 100 SC Meter Breaststroke)

2	Yochelson, Deborah	65	Montgomery Ancient Mariners-10	2:14.49	2:18.18	4
	1:04.95		2:18.18 (1:13.23)			

Event 2 Women 70-74 100 SC Meter Breaststroke

NATL: 1:37.20 N 3/21/2009		JOANN LEILICH				
SOLSTICE: 1:36.93 12/3/2016		Margot K Pettijoh				
1	Andrews, Lynne	72	Germantown Maryland Masters-10	2:20.00	2:14.10	6

Event 2 Men 25-29 100 SC Meter Breaststroke

NATL: 59.21 N 11/23/2013		EETU KARVONEN				
SOLSTICE: 1:05.41 12/7/2013		David Montgomery				
1	Prince, Bryan	28	Club Tribe-12	1:50.00	1:55.40	6

Event 2 Men 30-34 100 SC Meter Breaststroke

NATL: 1:00.81 N 10/8/2011		ED MOSES				
SOLSTICE: 1:09.42 12/2/2017		Warren R Cieslak				
1	George, Jason	32	Germantown Maryland Masters-10	1:24.56	1:24.12	6
	40.65		1:24.12 (43.47)			

Event 2 Men 40-44 100 SC Meter Breaststroke

NATL: 1:01.42 N 12/6/2014		STEVE WEST				
SOLSTICE: 1:12.65 12/3/2016		Michael R Goodiso				
1	Dowell, Noah	41	Terrapin Masters-10	1:24.99	1:21.45	6
	38.63		1:21.45 (42.82)			

Event 2 Men 45-49 100 SC Meter Breaststroke

NATL: 1:04.39 N 10/12/2013		TODD TORRES				
SOLSTICE: 1:09.39 12/7/2019		John T Landreth				
					Kenyon Masters	
1	Landreth, John T	49	Kenyon Masters-17	1:12.30	1:09.39	6
	32.30		1:09.39 (37.09)			
2	Goodison, Michael	47	Terrapin Masters-10	1:15.01	1:12.74	4
	33.91		1:12.74 (38.83)			
3	Baldwin, Craig	45	Reston Masters Swim Team-10	1:20.36	1:14.80	3
	35.39		1:14.80 (39.41)			
4	Sandi, Gustavo	47	Germantown Maryland Masters-10	1:20.00	1:20.51	2
	38.53		1:20.51 (41.98)			

Event 2 Men 50-54 100 SC Meter Breaststroke

NATL: 1:04.54 N 12/7/2013		DAVID GUTHRIE				
SOLSTICE: 1:21.94 12/6/2014		Jay Kress				
1	Blitz, Daniel	52	Germantown Maryland Masters-10	1:30.00	1:27.85	6
	41.41		1:27.85 (46.44)			
---	Miller, John J	51	Germantown Maryland Masters-10	1:45.00	DNF	

Event 2 Men 55-59 100 SC Meter Breaststroke

NATL: 1:07.25 N 11/7/2015		DAVID GUTHRIE				
SOLSTICE: 1:09.87 12/7/2019		Gregory Harris				
					Virginia Masters	
1	Harris, Gregory	56	Virginia Masters Swim Team-12	1:12.32	1:09.87	6
	32.35		1:09.87 (37.52)			

Event 2 Men 60-64 100 SC Meter Breaststroke

NATL: 1:09.92 N 11/21/2015		RICK COLELLA				
SOLSTICE: 1:27.70 12/7/2013		Don Morrow				
1	Luo, Gang	60	Uc10-10	1:38.51	1:35.67	6

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

(Event 2 Men 60-64 100 SC Meter Breaststroke)

2	Salcetti, Charlie	64	Uc10-10	1:38.58	1:37.91	4
	47.07		1:37.91 (50.84)			

Event 2 Men 65-69 100 SC Meter Breaststroke

NATL:	1:15.84	N	12/1/2012	ROBERT STRAND
-------	---------	---	-----------	---------------

SOLSTICE:	1:27.29		12/6/2014	Dan Morrow
-----------	---------	--	-----------	------------

1	Boyle, Michael	68	Germantown Maryland Masters-10	2:06.71	2:21.60	6
	1:08.35		2:21.60 (1:13.25)			

Event 2 Men 75-79 100 SC Meter Breaststroke

NATL:	1:25.38	N	7/22/2016	MIKE FRESHLEY
-------	---------	---	-----------	---------------

SOLSTICE:	1:39.56		12/7/2019	Henry Cole
-----------	---------	--	-----------	------------

Maryland Masters

1	Cole, Henry	75	Maryland Masters-9	1:38.00	1:39.56	6
	48.05		1:39.56 (51.51)			
2	Greger, Ronald	75	Germantown Maryland Masters-10	1:55.00	1:52.48	4
	54.90		1:52.48 (57.58)			
3	Hillman, James R	75	Swim Kentucky Masters-41	2:00.00	1:53.15	3
	55.12		1:53.15 (58.03)			

Event 3 Women 50-54 200 SC Meter Butterfly

NATL:	2:32.29	N	12/9/2012	KARLYN PIPES
-------	---------	---	-----------	--------------

SOLSTICE:	3:07.12		12/7/2013	Claire de Boer
-----------	---------	--	-----------	----------------

1	Gainor, Cathy	52	Montgomery Ancient Mariners-10	3:40.00	3:18.29	6
	44.08		1:32.52 (48.44)	3:18.29 (1:45.77)		

Event 3 Women 65-69 200 SC Meter Butterfly

NATL:	2:45.20	N	9/18/2016	LAURA VAL
-------	---------	---	-----------	-----------

SOLSTICE:	3:09.71		12/7/2019	Shirley A Loftus-Charley
-----------	---------	--	-----------	--------------------------

Virginia Masters

1	Loftus-Charley, Shirley A	68	Virginia Masters Swim Team-12	3:15.00	3:09.71	6
	42.94		1:30.81 (47.87)	3:09.71 (1:38.90)		

Event 3 Men 45-49 200 SC Meter Butterfly

NATL:	2:06.40	N	11/19/2006	DENNIS BAKER
-------	---------	---	------------	--------------

SOLSTICE:	2:45.16		12/7/2013	Scott Schutzmeist
-----------	---------	--	-----------	-------------------

1	Main, Bryan	46	Germantown Maryland Masters-10	3:15.00	3:07.68	6
	36.38		1:23.26 (46.88)	2:15.41 (52.15)	3:07.68 (52.27)	

Event 4 Women 40-44 50 SC Meter Backstroke

NATL:	30.02	N	10/14/2012	SHERI HART
-------	-------	---	------------	------------

SOLSTICE:	32.55		12/1/2018	Katie Grier
-----------	-------	--	-----------	-------------

1	Haugan, Anne Grete G	40	Fina	34.51	35.94	6
2	Pellow, Lydia R	40	Uc12-12	1:00.00	47.50	4

Event 4 Women 45-49 50 SC Meter Backstroke

NATL:	30.58	N	12/2/2007	K PIPES-NEILSEN
-------	-------	---	-----------	-----------------

SOLSTICE:	30.70		12/7/2013	Susan Williams
-----------	-------	--	-----------	----------------

1	Johnson, Bonnie W	49	Montgomery Ancient Mariners-10	51.73	52.64	6
2	Koscielny, Nugent	46	E Team-12	41.87	53.47	4

Event 4 Women 50-54 50 SC Meter Backstroke

NATL:	30.27	N	12/13/2015	LESLIE LIVINGSTON
-------	-------	---	------------	-------------------

SOLSTICE:	33.62		12/7/2019	Fall Willeboordse
-----------	-------	--	-----------	-------------------

Club Tribe

1	Willeboordse, Fall	53	Club Tribe-12	32.00	33.62	6
2	Schwab, Amy	51	SwimRVA Hammerheads-12	1:30.00	1:02.22	4

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 4 Women 55-59 50 SC Meter Backstroke

NATL:	30.12	N	3/5/2016	LESLIE LIVINGSTON			
SOLSTICE:	35.64		12/1/2018	Kim M Brightwell			
1	Restrepo, Marie		57	Club Tribe-12	37.74	36.89	6

Event 4 Women 60-64 50 SC Meter Backstroke

NATL:	33.01	N	12/8/2013	LAURA VAL			
SOLSTICE:	36.31		12/2/2017	Joan L Pfinsgraff			
1	Noonan Sturm, Chris		60	Germantown Maryland Masters-10	1:00.84	1:03.73	6

Event 4 Women 70-74 50 SC Meter Backstroke

NATL:	38.90	N	3/5/2016	DIANN UUSTAL			
SOLSTICE:	44.84		12/7/2019	Marcia Barry		Virginia Masters	
1	Barry, Marcia		71	Virginia Masters Swim Team-12	47.99	44.84	6
2	Andrews, Lynne		72	Germantown Maryland Masters-10	48.39	52.29	4

Event 4 Women 75-79 50 SC Meter Backstroke

NATL:	44.76	N	11/7/1999	DORIS STEADMAN			
SOLSTICE:	1:01.64		12/1/2018	Lucy M Manheim			
1	Manheim, Lucy		77	Reston Masters Swim Team-10	1:00.10	1:07.32	6
2	Carter, Linda		77	Germantown Maryland Masters-10	1:05.00	1:08.69	4

Event 4 Men 25-29 50 SC Meter Backstroke

NATL:	24.55	N	11/3/2013	DARIAN TOWNSEND			
SOLSTICE:	31.68		12/2/2017	Brett C Laplante			
1	Clark, Kempsey		29	Germantown Maryland Masters-10	35.00	36.09	6
2	Prince, Bryan		28	Club Tribe-12	57.00	56.22	4

Event 4 Men 30-34 50 SC Meter Backstroke

NATL:	24.81	N	10/24/2009	DERYA BUYUKUNCU			
SOLSTICE:	29.03		12/7/2013	Adam Orton			
1	Laplante, Brett		31	Terrapin Masters-10	30.03	31.32	6

Event 4 Men 45-49 50 SC Meter Backstroke

NATL:	27.02	N	12/12/2009	CHRIS STEVENSON			
SOLSTICE:	30.20		12/5/2015	Anthony S Higgins			
1	Mirt, Chad		46	Alexandria Masters Swimming-10	31.71	32.42	6

Event 4 Men 50-54 50 SC Meter Backstroke

NATL:	26.69	N	10/24/2015	FRITZ BEDFORD			
SOLSTICE:	28.84		12/6/2014	Clay Britt			
1	Higgins, Anthony		50	Germantown Maryland Masters-10	30.20	30.24	6
2	Katz, Harold		51	Germantown Maryland Masters-10	43.57	47.37	4

Event 4 Men 55-59 50 SC Meter Backstroke

NATL:	27.62	N	10/10/2015	STEVE WOOD			
SOLSTICE:	30.27		12/3/2016	Clay Britt			
1	Bloom, Scott		56	District Of Columbia Aquatics-10	40.00	43.12	6

Event 4 Men 60-64 50 SC Meter Backstroke

NATL:	29.64	N	3/29/2014	PHILIPP DJANG			
SOLSTICE:	34.64		12/7/2013	Jeffrey Bryan			
1	Denes, Thomas		62	Montgomery Ancient Mariners-10	42.00	39.39	6
2	Massonneau, Christopher		61	Club Tribe-12	42.43	42.33	4

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 4 Men 70-74 50 SC Meter Backstroke

NATL: 33.51 N 12/8/2013 RICHARD BURNS

SOLSTICE: 40.94 12/1/2018 Kevin Culhane

1 Burke, Anthony 71 Uc12-12 52.68 51.55 6

Event 4 Men 75-79 50 SC Meter Backstroke

NATL: 35.51 N 11/16/2008 YOSHI OYAKAWA

SOLSTICE: 39.25 12/5/2015 Howard Rolston

1 Hillman, James R 75 Swim Kentucky Masters-41 52.00 50.11 6

Event 5 Women 25-29 100 SC Meter IM

NATL: 1:03.41 N 1/23/2011 MEGAN JENDRICK

SOLSTICE: 1:10.67 12/1/2018 Courtney Randolph

1 DiBartolomeo, Renae 29 District Of Columbia Aquatics-10 1:17.09 1:17.98 6
37.01 1:17.98 (40.97)2 Romero, Sharon 25 Reston Masters Swim Team-10 1:29.37 1:28.68 4
41.94 1:28.68 (46.74)**Event 5 Women 35-39 100 SC Meter IM**

NATL: 1:04.61 N 11/22/2009 SHERI HART

SOLSTICE: 1:16.86 12/1/2018 Krista Gass

1 Bozeman, Lesley 37 Lane 4 Swimming-10 1:40.00 1:42.94 6
51.94 1:42.94 (51.00)**Event 5 Women 40-44 100 SC Meter IM**

NATL: 1:04.19 N 10/10/2015 LISA BLACKBURN

SOLSTICE: 1:10.85 12/1/2018 Janel Lobur

1 Hassett, Dorota 42 Germantown Maryland Masters-10 1:19.00 1:17.67 6
36.21 1:17.67 (41.46)2 Shapiro, Margaret 43 Reston Masters Swim Team-10 1:19.53 1:19.40 4
37.93 1:19.40 (41.47)3 Pellow, Lydia R 40 Uc12-12 2:10.00 1:44.98 3
49.11 1:44.98 (55.87)**Event 5 Women 45-49 100 SC Meter IM**

NATL: 1:05.75 N 12/12/2009 K PIPES-NEILSEN

SOLSTICE: 1:18.65 12/7/2013 Denise Noznesky

1 Fink, Joan 49 Merritt Marlins-9 1:50.00 1:49.45 6

2 Johnson, Bonnie W 49 Montgomery Ancient Mariners-10 1:53.67 1:53.90 4

Event 5 Women 50-54 100 SC Meter IM

NATL: 1:09.68 N 2/18/2012 KARLYN PIPES

SOLSTICE: 1:11.00 12/3/2016 Susan O Williams

1 Spear, Elizabeth 54 Germantown Maryland Masters-10 1:33.58 1:37.15 6
47.04 1:37.15 (50.11)

2 Mallon, Barbara 52 Germantown Maryland Masters-10 1:47.00 1:43.61 4

Event 5 Women 55-59 100 SC Meter IM

NATL: 1:12.90 N 10/11/2009 LAURA VAL

SOLSTICE: 1:24.82 12/2/2017 Marie Restrepo

1 Brown, Ann 57 Merritt Marlins-9 1:52.00 1:43.90 6
47.66 1:43.90 (56.24)2 Karp, Julie 57 Merritt Marlins-9 2:10.00 2:03.95 4
1:00.28 2:03.95 (1:03.67)

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 5 Women 60-64 100 SC Meter IM

NATL: 1:15.07 N 10/6/2013		LAURA VAL				
SOLSTICE: 1:20.45 12/5/2015		Jeanne L Lappin				
1	Chandler, Patricia	62	Merritt Marlins-9	1:50.00	1:52.88	6
2	Foley, Linda	64	Montgomery Ancient Mariners-10	1:55.00	1:59.71	4
	57.17		1:59.71 (1:02.54)			

Event 5 Women 75-79 100 SC Meter IM

NATL: 1:38.11 N 12/12/2004		GAIL ROPER				
SOLSTICE: 2:34.96 12/2/2017		Lucy M Manheim				
1	Manheim, Lucy	77	Reston Masters Swim Team-10	2:26.89	2:39.31	6

Event 5 Men 18-24 100 SC Meter IM

NATL: 55.71 N 10/29/2011		EUGENE GODSOE				
SOLSTICE: 1:00.92 12/3/2016		Scott M McHenry				
1	Westbrooks, Francis	19	Germantown Maryland Masters-10	1:20.00	1:11.58	6
	31.00		1:11.58 (40.58)			

Event 5 Men 25-29 100 SC Meter IM

NATL: 53.47 N 11/3/2013		DARIAN TOWNSEND				
SOLSTICE: 1:03.90 12/1/2018		Christoph Berger				
1	Prince, Bryan	28	Club Tribe-12	1:32.00	1:52.92	6

Event 5 Men 35-39 100 SC Meter IM

NATL: 56.36 N 12/2/2012		GLENN COUNTS				
SOLSTICE: 1:02.30 12/7/2013		Blake Holden				
1	Oloughlin, Jonathan	36	Terrapin Masters-10	1:13.00	1:16.32	6
	36.47		1:16.32 (39.85)			
2	Hunter, Alvaro	39	Hammerhead Aquatics-50	1:49.93	1:37.35	4
	49.46		1:37.35 (47.89)			

Event 5 Men 40-44 100 SC Meter IM

NATL: 57.19 N 11/16/2014		JEFF COMMINGS				
SOLSTICE: 1:09.37 12/2/2017		Matthew G Bower				
1	Maholchic, Adrian	42	Club Tribe-12	1:10.00	1:13.17	6
	35.57		1:13.17 (37.60)			
2	Gwilliam, Glenn	41	Reston Masters Swim Team-10	1:20.19	1:23.49	4
	38.56		1:23.49 (44.93)			
3	Matthews, Chad	42	Germantown Maryland Masters-10	1:22.85	1:23.76	3
	38.94		1:23.76 (44.82)			

Event 5 Men 45-49 100 SC Meter IM

NATL: 1:00.14 N 11/22/2009		ANDERS RASMUSSEN				
SOLSTICE: 1:02.43 12/1/2018		Jeffrey H Roddin				
1	Landreth, John T	49	Kenyon Masters-17	1:04.60	1:03.13	6
	29.58		1:03.13 (33.55)			
2	Goodison, Michael	47	Terrapin Masters-10	1:08.74	1:07.87	4
	32.44		1:07.87 (35.43)			
3	Jackson, Scott	45	Germantown Maryland Masters-10	1:20.17	1:17.97	3
	34.23		1:17.97 (43.74)			
4	Joubert, Kevin	47	Merritt Marlins-9	1:24.00	1:26.37	2
	42.12		1:26.37 (44.25)			

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 5 Men 50-54 100 SC Meter IM

	NATL:	1:00.96	N	12/8/2012	DAVID SIMS			
	SOLSTICE:	1:03.33		12/7/2019	Jerome Frentsos		District Of Colu	
1	Frentsos, Jerome			54	District Of Columbia Aquatics-10	1:05.00	1:03.33	6
		29.77						
							1:03.33 (33.56)	
2	Tingstrom, Michael			52	Club Tribe-12	1:12.25	1:15.14	4
3	Blitz, Daniel			52	Germantown Maryland Masters-10	1:24.00	1:20.10	3
		38.18						
							1:20.10 (41.92)	
4	Toy, Raymond			52	Central Maryland YMCA Masters-9	1:30.37	1:29.43	2
		42.52						
							1:29.43 (46.91)	

Event 5 Men 55-59 100 SC Meter IM

	NATL:	1:01.76	N	10/10/2015	STEVE WOOD			
	SOLSTICE:	1:06.92		12/7/2019	Gregory Harris		Virginia Masters	
1	Harris, Gregory			56	Virginia Masters Swim Team-12	1:05.99	1:06.92	6
		32.16						
							1:06.92 (34.76)	
2	Bloom, Scott			56	District Of Columbia Aquatics-10	1:25.00	1:29.04	4
		41.19						
							1:29.04 (47.85)	
3	Broderick, Tom			59	Reston Masters Swim Team-10	1:42.00	1:35.70	3
		48.68						
							1:35.70 (47.02)	
4	Johnson, Peter			58	Montgomery Ancient Mariners-10	1:35.00	1:36.41	2
		49.30						
							1:36.41 (47.11)	

Event 5 Men 60-64 100 SC Meter IM

	NATL:	1:04.23	N	3/21/2015	RICK COLELLA			
	SOLSTICE:	1:10.54		12/6/2014	Ed McCleskey			
1	McGough, Tim			62	Merritt Marlins-9	1:15.00	1:15.39	6
		34.20						
							1:15.39 (41.19)	

Event 5 Men 65-69 100 SC Meter IM

	NATL:	1:09.90	N	5/18/2014	HUBIE KERNS			
	SOLSTICE:	1:27.33		12/2/2017	David C Harmon			
1	Boyle, Michael			68	Germantown Maryland Masters-10	2:00.97	2:22.73	6
		1:12.56						
							2:22.73 (1:10.17)	

Event 6 Women 18-24 100 SC Meter Freestyle

	NATL:	55.86	N	11/21/2010	J BECKBERGER			
	SOLSTICE:	58.36		12/6/2014	Harumi Katsuyama			
1	Kisker, Olivia			23	District Of Columbia Aquatics-10	1:10.00	1:24.17	6
		39.79						
							1:24.17 (44.38)	

Event 6 Women 35-39 100 SC Meter Freestyle

	NATL:	54.95	N	12/3/2006	DARA TORRES			
	SOLSTICE:	1:01.22		12/2/2017	Katie Grier			
1	Huang, Ivy			39	Germantown Maryland Masters-10	1:14.00	1:13.99	6

Event 6 Women 40-44 100 SC Meter Freestyle

	NATL:	57.08	N	12/14/2014	ERIKA BRAUN			
	SOLSTICE:	1:08.87		12/7/2019	Margaret Shapiro		Reston Masters S	
1	Shapiro, Margaret			43	Reston Masters Swim Team-10	1:07.11	1:08.87	6
		33.16						
							1:08.87 (35.71)	
2	Pellow, Lydia R			40	Uc12-12	1:30.00	1:29.21	4
		42.55						
							1:29.21 (46.66)	
3	van Iersel, Miranda			44	Terrapin Masters-10	1:35.48	1:34.31	3

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 6 Women 45-49 100 SC Meter Freestyle

NATL:		58.61	N	12/2/2007	K PIPES-NEILSEN			
SOLSTICE:		1:03.68		12/2/2017	Rosie H Sheppard			
1	Bancroft, Caren			49	Germantown Maryland Masters-10	1:15.97	1:15.22	6
		36.04					1:15.22 (39.18)	
2	Koscielny, Nugent			46	E Team-12	1:29.92	1:41.36	4

Event 6 Women 50-54 100 SC Meter Freestyle

NATL:		1:01.41	N	9/27/2014	ELLEN REYNOLDS			
SOLSTICE:		1:03.47		12/7/2019	Fall Willeboordse			
					Club Tribe			
1	Willeboordse, Fall			53	Club Tribe-12	1:01.00	1:03.47	6
		30.14					1:03.47 (33.33)	
2	Spear, Elizabeth			54	Germantown Maryland Masters-10	1:21.12	1:22.22	4
		39.15					1:22.22 (43.07)	

Event 6 Women 55-59 100 SC Meter Freestyle

NATL:		1:01.33	N	12/4/2009	LAURA VAL			
SOLSTICE:		1:13.66		12/7/2019	Fay V Lachney			
					Alexandria Maste			
1	Lachney, Fay V			58	Alexandria Masters Swimming-10	1:13.84	1:13.66	6

Event 6 Women 65-69 100 SC Meter Freestyle

NATL:		1:06.86	N	10/8/2016	LAURA VAL			
SOLSTICE:		1:14.53		12/7/2019	Shirley A Loftus-Charley			
					Virginia Masters			
1	Loftus-Charley, Shirley A			68	Virginia Masters Swim Team-12	1:16.00	1:14.53	6
		36.57					1:14.53 (37.96)	
2	Pfinsgraff, Joan			65	Maryland Masters-9	1:18.00	1:14.91	4
		36.16					1:14.91 (38.75)	

Event 6 Women 75-79 100 SC Meter Freestyle

NATL:		1:24.31	N	10/15/2005	GAIL ROPER			
SOLSTICE:		1:56.10		12/1/2018	Lucy M Manheim			
1	Carter, Linda			77	Germantown Maryland Masters-10	2:10.00	2:19.38	6

Event 6 Men 18-24 100 SC Meter Freestyle

NATL:		48.00	N	12/11/2005	NICK BRUNELLI			
SOLSTICE:		51.47		12/2/2017	Kevin Mastracci			
1	Chavez, Joshua			22	Reston Masters Swim Team-10	58.00	57.36	6
		27.12					57.36 (30.24)	

Event 6 Men 35-39 100 SC Meter Freestyle

NATL:		50.72	N	11/6/2009	MICHAEL PICOTTE			
SOLSTICE:		57.96		12/6/2014	Dominik Van Der V			
1	Oloughlin, Jonathan			36	Terrapin Masters-10	1:02.00	1:04.81	6
		30.64					1:04.81 (34.17)	
2	Shaw, Chris			37	Club Tribe-12	1:10.00	1:18.90	4
3	Hunter, Alvaro			39	Hammerhead Aquatics-50	1:23.14	1:23.42	3
		41.97					1:23.42 (41.45)	

Event 6 Men 40-44 100 SC Meter Freestyle

NATL:		50.43	N	12/6/2008	MICHAEL ROSS			
SOLSTICE:		59.23		12/1/2018	Craig M Baldwin			
1	Paushter, Matthew			40	Germantown Maryland Masters-10	1:00.18	59.98	6
		28.99					59.98 (30.99)	
2	Dowell, Noah			41	Terrapin Masters-10	1:08.49	1:07.76	4
		32.72					1:07.76 (35.04)	
3	Gwilliam, Glenn			41	Reston Masters Swim Team-10	1:09.02	1:12.58	3
		34.85					1:12.58 (37.73)	

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

(Event 6 Men 40-44 100 SC Meter Freestyle)

4	Evangelista, Carlo Alberto	44	Fina	1:10.00	1:16.02	2
	35.58		1:16.02 (40.44)			

Event 6 Men 45-49 100 SC Meter Freestyle

	NATL:	52.54	N	12/2/2007	PAUL SMITH	
	SOLSTICE:	55.90		12/7/2013	Michael P Lee	
1	Joubert, Kevin	47	Merritt Marlins-9	1:11.00	1:07.04	6
2	DeVight, John	46	Riptide Masters-10	1:15.00	1:14.20	4

Event 6 Men 50-54 100 SC Meter Freestyle

	NATL:	51.61	N	10/17/2009	ROWDY GAINES	
	SOLSTICE:	58.79		12/7/2019	Anthony Higgins	Germantown Maryl
1	Higgins, Anthony	50	Germantown Maryland Masters-10	58.50	58.79	6
	27.77		58.79 (31.02)			
2	Wunderlich, Karl	54	Germantown Maryland Masters-10	1:04.73	1:04.78	4
	31.15		1:04.78 (33.63)			
3	Miller, John J	51	Germantown Maryland Masters-10	1:12.00	1:12.77	3
4	Katz, Harold	51	Germantown Maryland Masters-10	1:30.00	1:29.75	2
	40.22		1:29.75 (49.53)			

Event 6 Men 55-59 100 SC Meter Freestyle

	NATL:	54.50	N	4/5/2009	JACK GROSELLE	
	SOLSTICE:	1:06.11		12/7/2013	Keith Wilson	
1	Golden, Scott	56	Germantown Maryland Masters-10	1:10.00	1:08.88	6
	32.42		1:08.88 (36.46)			
2	Aboubakr, Ashraf A	57	Merritt Marlins-9	1:15.00	1:17.85	4

Event 6 Men 60-64 100 SC Meter Freestyle

	NATL:	55.87	N	5/17/2014	JACK GROSELLE	
	SOLSTICE:	59.17		12/7/2013	Paul Trevisan	
1	Rickard, Alan	62	Riptide Masters-10	1:09.99	1:10.17	6
	32.95		1:10.17 (37.22)			

Event 6 Men 70-74 100 SC Meter Freestyle

	NATL:	1:01.70	N	5/17/2015	RICHARD ABRAHAMS	
	SOLSTICE:	1:14.77		12/7/2019	David Harmon	Montgomery Ancie
1	Harmon, David	70	Montgomery Ancient Mariners-10	1:13.66	1:14.77	6
2	Romano, Vince	73	Club Tribe-12	1:32.87	1:34.33	4
	43.80		1:34.33 (50.53)			

Event 6 Men 75-79 100 SC Meter Freestyle

	NATL:	1:05.13	N	4/19/2009	DAVID RADCLIFF	
	SOLSTICE:	1:37.29		12/7/2019	Christopher Frogley	Virginia Masters
1	Frogley, Christopher	76	Virginia Masters Swim Team-12	1:45.00	1:37.29	6
	45.90		1:37.29 (51.39)			
2	Shay, Barry	79	DC Masters-10	1:45.35	1:47.83	4
	51.12		1:47.83 (56.71)			

Event 7 Women 25-29 50 SC Meter Butterfly

	NATL:	26.31	N	10/11/2015	CLAIRE DONAHUE	
	SOLSTICE:	30.67		12/5/2015	Erica Kao	
1	Randolph, Courtney	28	Terrapin Masters-10	31.51	30.88	6
2	Waldman, Alanna	28	Swim Fort Lauderdale-50	33.30	33.22	4
3	Romero, Sharon	25	Reston Masters Swim Team-10	40.47	39.40	3

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 7 Women 30-34 50 SC Meter Butterfly

NATL: 27.89 N 12/10/2011		NORIKO INADA				
SOLSTICE: 31.45 12/5/2015		Mollie K Grover				
1	Rose, Laura	33	Terrapin Masters-10	33.72	34.05	6

Event 7 Women 35-39 50 SC Meter Butterfly

NATL: 27.45 N 11/1/2015		NORIKO INADA				
SOLSTICE: 31.61 12/3/2016		Mollie K Grover				
1	Stakem, Meredith	38	District Of Columbia Aquatics-10	32.99	31.65	6
2	Grover, Mollie	38	Terrapin Masters-10	31.60	33.42	4
3	Chin, Lisa	38	Germantown Maryland Masters-10	43.00	34.10	3
4	Huang, Ivy	39	Germantown Maryland Masters-10	36.00	41.09	2

Event 7 Women 45-49 50 SC Meter Butterfly

NATL: 28.84 N 10/10/2010		S VON DER LIPPE				
SOLSTICE: 30.13 12/7/2013		Susan Williams				
1	Bass, Amy	49	Reston Masters Swim Team-10	34.27	34.10	6
2	Johnson, Bonnie W	49	Montgomery Ancient Mariners-10	56.69	57.19	4

Event 7 Women 50-54 50 SC Meter Butterfly

NATL: 29.25 N 3/16/2013		LESLIE LIVINGSTON				
SOLSTICE: 30.17 12/7/2019		Susan O Williams			Club Tribe	
1	Williams, Susan O	53	Club Tribe-12	33.00	30.17	6

Event 7 Women 55-59 50 SC Meter Butterfly

NATL: 29.39 N 3/5/2016		LESLIE LIVINGSTON				
SOLSTICE: 35.21 12/7/2013		Jeanne Lappin				
1	Brown, Ann	57	Merritt Marlins-9	51.94	45.98	6

Event 7 Women 60-64 50 SC Meter Butterfly

NATL: 32.42 N 10/6/2013		LAURA VAL				
SOLSTICE: 35.48 12/5/2015		Jeanne L Lappin				
1	Chandler, Patricia	62	Merritt Marlins-9	46.00	47.34	6

Event 7 Men 18-24 50 SC Meter Butterfly

NATL: 24.33 N 12/6/2014		TONY COX				
SOLSTICE: 28.30 12/3/2016		Jonathan R Parker				
1	Westbrooks, Francis	19	Germantown Maryland Masters-10	34.00	29.76	6

Event 7 Men 25-29 50 SC Meter Butterfly

NATL: 23.53 N 11/24/2013		DARIAN TOWNSEND				
SOLSTICE: 28.12 12/2/2017		Josh Klotz				
1	Clark, Kempsey	29	Germantown Maryland Masters-10	40.18	35.34	6

Event 7 Men 30-34 50 SC Meter Butterfly

NATL: 24.37 N 12/5/2015		MILORAD CAVIC				
SOLSTICE: 25.96 12/2/2017		Warren R Cieslak				
1	George, Jason	32	Germantown Maryland Masters-10	33.55	32.80	6

Event 7 Men 35-39 50 SC Meter Butterfly

NATL: 24.87 N 12/1/2012		GLENN COUNTS				
SOLSTICE: 27.19 12/5/2015		Michael Lovett				
1	Strahota, Jeffrey R	39	Terrapin Masters-10	30.03	30.68	6

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 7 Men 40-44 50 SC Meter Butterfly

NATL:		24.91	N	12/6/2008	MICHAEL ROSS				
SOLSTICE:		25.62		12/1/2018	James Zenyuh				
1	Maholchic, Adrian	42	Club Tribe-12		30.52	29.93		6	
2	Matthews, Chad	42	Germantown Maryland Masters-10		33.28	34.29		4	

Event 7 Men 45-49 50 SC Meter Butterfly

NATL:		25.74	N	12/13/2009	FRITZ BEDFORD				
SOLSTICE:		26.89		12/7/2001	Neill Williams				
1	Landreth, John T	49	Kenyon Masters-17		27.89	27.28		6	
2	Doane, Michael	49	Terrapin Masters-10		27.99	27.73		4	
3	Jackson, Scott	45	Germantown Maryland Masters-10		33.00	34.40		3	
4	Main, Bryan	46	Germantown Maryland Masters-10		36.00	35.39		2	

Event 7 Men 50-54 50 SC Meter Butterfly

NATL:		25.98	N	3/5/2016	STEVE HILTABIDDLE				
SOLSTICE:		29.26		12/6/2014	Scott Schutzmeist				
1	Tingstrom, Michael	52	Club Tribe-12		30.13	30.55		6	
2	Miller, John J	51	Germantown Maryland Masters-10		38.00	36.14		4	
3	Toy, Raymond	52	Central Maryland YMCA Masters-9		37.79	36.61		3	

Event 7 Men 55-59 50 SC Meter Butterfly

NATL:		26.67	N	10/11/2015	STEVE WOOD				
SOLSTICE:		29.06		12/1/2018	Gregory Harris				
1	Bloom, Scott	56	District Of Columbia Aquatics-10		37.00	39.34		6	

Event 7 Men 60-64 50 SC Meter Butterfly

NATL:		27.53	N	10/25/2014	DONALD GRAHAM				
SOLSTICE:		30.01		12/6/2014	Ed McCleskey				
1	Denes, Thomas	62	Montgomery Ancient Mariners-10		37.00	36.23		6	
2	Massonneau, Christopher	61	Club Tribe-12		36.72	37.58		4	
3	Luo, Gang	60	Uc10-10		44.78	47.83		3	

Event 7 Men 65-69 50 SC Meter Butterfly

NATL:		28.99	N	12/4/2010	RICHARD ABRAHAMS				
SOLSTICE:		34.43		12/5/2015	Charles L Hoffman				
1	Mandour, Saleh	65	Merritt Marlins-9		35.67	35.15		6	
2	Walters, Mark	67	Germantown Maryland Masters-10		35.95	37.56		4	

Event 8 Women 18-24 50 SC Meter Breaststroke

NATL:		32.09	N	12/10/1995	BEATA KASZUBA				
SOLSTICE:		38.18		12/5/2015	Danielle Schuller				
1	Kisker, Olivia	23	District Of Columbia Aquatics-10		37.00	47.57		6	

Event 8 Women 25-29 50 SC Meter Breaststroke

NATL:		31.87	N	11/21/2010	MEGAN JENDRICK				
SOLSTICE:		37.69		12/3/2016	Courtney M Randol				
1	DiBartolomeo, Renae	29	District Of Columbia Aquatics-10		38.74	39.56		6	
2	Crnogorcevic, Milena	25	Terrapin Masters-10		39.16	42.90		4	

Event 8 Women 30-34 50 SC Meter Breaststroke

NATL:		32.17	N	12/4/2011	HANNAH CALDAS				
SOLSTICE:		37.32		12/1/2018	Ellen Minzenmayer				
1	Rose, Laura	33	Terrapin Masters-10		39.46	40.94		6	

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 8 Women 35-39 50 SC Meter Breaststroke

NATL:	32.48	N	10/10/2015	KATIE GLENN			
SOLSTICE:	36.12		12/5/2015	Kristen S Harris			
1	Geskos, Evangeline		36	Patriot Masters Swim Team-10	36.60	36.79	6
2	Bozeman, Lesley		37	Lane 4 Swimming-10	49.00	51.12	4

Event 8 Women 40-44 50 SC Meter Breaststroke

NATL:	32.29	N	11/22/2009	S VON DER LIPPE			
SOLSTICE:	35.46		12/7/2019	Kristen Harris			
				Club Tribe			
1	Harris, Kristen		43	Club Tribe-12	38.00	35.46	6
2	van Iersel, Miranda		44	Terrapin Masters-10	52.03	53.03	4

Event 8 Women 45-49 50 SC Meter Breaststroke

NATL:	33.82	N	10/10/2010	S VON DER LIPPE			
SOLSTICE:	38.42		12/2/2017	Rosie H Sheppard			
1	Fink, Joan		49	Merritt Marlins-9	57.00	55.48	6

Event 8 Women 50-54 50 SC Meter Breaststroke

NATL:	36.31	N	11/22/2015	CAROLINE KRATTLI			
SOLSTICE:	38.95		12/5/2015	Lisa J Groves			
1	Schwab, Amy		51	SwimRVA Hammerheads-12	1:30.00	1:12.08	6

Event 8 Women 55-59 50 SC Meter Breaststroke

NATL:	38.30	N	12/14/2014	CHRIS WENZEL			
SOLSTICE:	43.35		12/5/2015	Amy B Cooley			
1	Karp, Julie		57	Merritt Marlins-9	1:04.00	1:01.54	6
2	Sugg, Stephanie A		56	Montgomery Ancient Mariners-10	1:18.58	1:10.96	4

Event 8 Women 65-69 50 SC Meter Breaststroke

NATL:	42.02	N	11/12/2011	DIANN UUSTAL			
SOLSTICE:	42.38		12/2/2017	Kathleen Lewis			
1	Loftus-Charley, Shirley A		68	Virginia Masters Swim Team-12	48.00	47.28	6
2	Merena, Elizabeth		67	Chelsea Piers Fitness Ny/Bk-6	47.77	47.55	4

Event 8 Women 70-74 50 SC Meter Breaststroke

NATL:	44.22	N	11/13/2011	JOANN LEILICH			
SOLSTICE:	1:00.01		12/7/2019	Lynne Andrews			
				Germantown Maryl			
1	Andrews, Lynne		72	Germantown Maryland Masters-10	1:01.11	1:00.01	6

Event 8 Men 18-24 50 SC Meter Breaststroke

NATL:	27.83	N	11/21/2009	GREGOR PLEVELJ			
SOLSTICE:	30.55		12/3/2016	Scott M McHenry			
1	Vasquez, Harold		22	Patriot Masters Swim Team-10	32.53	31.60	6

Event 8 Men 25-29 50 SC Meter Breaststroke

NATL:	27.31	N	11/23/2013	EETU KARVONEN			
SOLSTICE:	30.04		12/2/2017	Scott M McHenry			
1	Clark, Kempsey		29	Germantown Maryland Masters-10	42.00	41.66	6

Event 8 Men 35-39 50 SC Meter Breaststroke

NATL:	27.79	N	12/6/2009	JEFF COMMINGS			
SOLSTICE:	29.96		12/7/2013	Blake Holden			
1	Strahota, Jeffrey R		39	Terrapin Masters-10	36.63	37.90	6
2	Hunter, Alvaro		39	Hammerhead Aquatics-50	44.96	44.34	4

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 8 Men 45-49 50 SC Meter Breaststroke

NATL:	28.88	N	10/12/2013	TODD TORRES			
SOLSTICE:	31.84		12/5/2015	Michael P Doane			
1	Goodison, Michael		47	Terrapin Masters-10	33.24	32.89	6
2	Doane, Michael		49	Terrapin Masters-10	32.50	33.16	4
3	Sandi, Gustavo		47	Germantown Maryland Masters-10	35.00	33.58	3
4	Joubert, Kevin		47	Merritt Marlins-9	36.00	40.07	2
5	Moses, Todd		45	Montgomery Ancient Mariners-10	35.00	49.31	1

Event 8 Men 55-59 50 SC Meter Breaststroke

NATL:	30.41	N	11/8/2015	DAVID GUTHRIE			
SOLSTICE:	35.04		12/3/2016	Ying WuShanley			
1	Broderick, Tom		59	Reston Masters Swim Team-10	44.00	44.25	6
2	Johnson, Peter		58	Montgomery Ancient Mariners-10	45.00	47.85	4

Event 8 Men 60-64 50 SC Meter Breaststroke

NATL:	31.51	N	11/21/2015	RICK COLELLA			
SOLSTICE:	38.63		12/1/2018	David W Cheney			
1	Salcetti, Charlie		64	Uc10-10	41.97	41.95	6

Event 8 Men 70-74 50 SC Meter Breaststroke

NATL:	35.97	N	3/6/2016	ROBERT STRAND			
SOLSTICE:	41.70		12/6/2014	Henry Cole			
1	Burke, Anthony		71	Uc12-12	55.00	57.85	6

Event 8 Men 75-79 50 SC Meter Breaststroke

NATL:	38.35	N	7/24/2016	MIKE FRESHLEY			
SOLSTICE:	44.97		12/7/2019	Henry Cole			
				Maryland Masters			
1	Cole, Henry		75	Maryland Masters-9	47.00	44.97	6
2	Greger, Ronald		75	Germantown Maryland Masters-10	45.00	47.94	4
3	Frogley, Christopher		76	Virginia Masters Swim Team-12	59.00	1:00.22	3

Event 9 Women 25-29 100 SC Meter Backstroke

NATL:	1:02.89	N	11/15/2014	ERIN CAMPBELL			
SOLSTICE:	1:09.00		12/7/2019	Courtney Randolph			
				Terrapin Masters			
1	Randolph, Courtney		28	Terrapin Masters-10	1:07.38	1:09.00	6
	34.45					1:09.00 (34.55)	

Event 9 Women 40-44 100 SC Meter Backstroke

NATL:	1:03.48	N	10/29/2011	SHERI HART			
SOLSTICE:	1:11.61		12/7/2019	Janel Lobur			
				UC09			
1	Lobur, Janel		42	Uc09-9	1:13.00	1:11.61	6
	34.92					1:11.61 (36.69)	

Event 9 Women 45-49 100 SC Meter Backstroke

NATL:	1:04.79	N	5/16/2009	K PIPES-NEILSEN			
SOLSTICE:	1:11.38		12/5/2015	Susan O Williams			
1	Johnson, Bonnie W		49	Montgomery Ancient Mariners-10	1:50.00	1:57.43	6
	57.60					1:57.43 (59.83)	

Event 9 Women 50-54 100 SC Meter Backstroke

NATL:	1:05.89	N	3/8/2014	ELLEN REYNOLDS			
SOLSTICE:	1:19.27		12/6/2014	Kim Brightwell			
1	Wetzel, Denise		54	Reston Masters Swim Team-10	1:22.00	1:22.81	6
	39.87					1:22.81 (42.94)	

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

(Event 9 Women 50-54 100 SC Meter Backstroke)

2	Gainor, Cathy	52	Montgomery Ancient Mariners-10	1:40.00	1:39.27	4
	49.79		1:39.27 (49.48)			

Event 9 Women 60-64 100 SC Meter Backstroke

	NATL:	1:12.72	N	12/7/2013	LAURA VAL	
	SOLSTICE:	1:16.91		12/1/2018	Joan L Pfinsgraff	
1	Foley, Linda	64	Montgomery Ancient Mariners-10	1:45.49	1:49.55	6
	53.29		1:49.55 (56.26)			

Event 9 Women 70-74 100 SC Meter Backstroke

	NATL:	1:24.93	N	10/22/2016	DIANN UUSTAL	
	SOLSTICE:	1:38.44		12/7/2019	Marcia Barry	Virginia Masters
1	Barry, Marcia	71	Virginia Masters Swim Team-12	1:42.55	1:38.44	6
	49.15		1:38.44 (49.29)			

Event 9 Women 75-79 100 SC Meter Backstroke

	NATL:	1:36.90	N	3/19/2011	NANCY BROWN	
	SOLSTICE:	2:13.91		12/2/2017	Lucy M Manheim	
1	Manheim, Lucy	77	Reston Masters Swim Team-10	2:09.83	2:27.12	6
	1:14.01		2:27.12 (1:13.11)			

Event 9 Men 30-34 100 SC Meter Backstroke

	NATL:	52.68	N	10/24/2009	DERYA BUYUKUNCU	
	SOLSTICE:	1:01.39		12/3/2016	Scott Hensley	
1	Laplante, Brett	31	Terrapin Masters-10	1:05.01	1:08.91	6
	34.09		1:08.91 (34.82)			

Event 9 Men 45-49 100 SC Meter Backstroke

	NATL:	57.00	N	12/13/2009	CHRIS STEVENSON	
	SOLSTICE:	1:04.95		12/5/2015	Anthony S Higgins	
1	Mirt, Chad	46	Alexandria Masters Swimming-10	1:07.69	1:10.06	6
	34.03		1:10.06 (36.03)			
2	Baldwin, Craig	45	Reston Masters Swim Team-10	1:15.34	1:12.96	4
	34.90		1:12.96 (38.06)			

Event 9 Men 50-54 100 SC Meter Backstroke

	NATL:	58.47	N	10/24/2015	FRITZ BEDFORD	
	SOLSTICE:	1:02.64		12/6/2014	Clay Britt	
1	Higgins, Anthony	50	Germantown Maryland Masters-10	1:04.52	1:05.15	6
	32.24		1:05.15 (32.91)			
2	Blitz, Daniel	52	Germantown Maryland Masters-10	1:22.00	1:22.67	4
	40.28		1:22.67 (42.39)			
3	Miller, John J	51	Germantown Maryland Masters-10	1:45.00	1:44.29	3
	50.74		1:44.29 (53.55)			

Event 9 Men 55-59 100 SC Meter Backstroke

	NATL:	1:00.84	N	10/10/2015	STEVE WOOD	
	SOLSTICE:	1:08.87		12/7/2019	Gregory Harris	Virginia Masters
1	Harris, Gregory	56	Virginia Masters Swim Team-12	1:11.06	1:08.87	6

Event 9 Men 60-64 100 SC Meter Backstroke

	NATL:	1:05.62	N	3/29/2014	PHILIPP DJANG	
	SOLSTICE:	1:13.68		12/2/2017	Tim McGough	
1	McGough, Tim	62	Merritt Marlins-9	1:16.00	1:16.08	6
	37.10		1:16.08 (38.98)			

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

(Event 9 Men 60-64 100 SC Meter Backstroke)

2	Massonneau, Christopher	61	Club Tribe-12	1:32.98	1:34.30	4
	46.81		1:34.30 (47.49)			

Event 9 Men 65-69 100 SC Meter Backstroke

	NATL:	1:07.69	N	12/1/2012	HUGH WILDER	
	SOLSTICE:	1:18.50		12/2/2017	Buster Yonych	
1	Boyle, Michael	68	Germantown Maryland Masters-10	2:01.40	2:13.89	6
	1:06.78		2:13.89 (1:07.11)			

Event 10 Women 18-24 400 SC Meter Freestyle

	NATL:	4:19.91	N	12/4/2010	MARINA FALCONE	
	SOLSTICE:	5:38.25		12/7/2019	Alice Ricci	Maryland Masters
1	Ricci, Alice	20	Maryland Masters-9	6:15.46	5:38.25	6
	37.56		1:20.68 (43.12)	2:04.35 (43.67)	2:48.05 (43.70)	
	3:31.67 (43.62)		4:15.08 (43.41)	4:58.00 (42.92)	5:38.25 (40.25)	

Event 10 Women 35-39 400 SC Meter Freestyle

	NATL:	4:22.56	N	12/12/1999	K PIPES-NEILSEN	
	SOLSTICE:	5:13.08		12/7/2019	Lisa Chin	Germantown Maryl
1	Chin, Lisa	38	Germantown Maryland Masters-10	5:30.00	5:13.08	6
	34.80		1:12.98 (38.18)	1:52.43 (39.45)	2:32.36 (39.93)	
	3:12.24 (39.88)		3:52.70 (40.46)	4:33.18 (40.48)	5:13.08 (39.90)	
2	Goldberg, Marci	35	Lane 4 Swimming-10	7:15.00	7:11.37	4
	1:44.94		2:39.90 (54.96)	3:34.42 (54.52)	4:29.36 (54.94)	
	5:24.08 (54.72)		6:18.40 (54.32)	7:11.37 (52.97)		
3	Henochowicz, Anne	35	Germantown Maryland Masters-10	6:49.20	7:27.32	3
	50.03		1:45.42 (55.39)	2:42.95 (57.53)	3:40.77 (57.82)	
			4:38.56 ()	5:37.04 (58.48)	7:27.32 (1:50.28)	

Event 10 Women 40-44 400 SC Meter Freestyle

	NATL:	4:21.75	N	12/14/2003	K PIPES-NEILSEN	
	SOLSTICE:	4:56.57		12/7/2019	Julie Roddin	Montgomery Ancie
1	Roddin, Julie	43	Montgomery Ancient Mariners-10	4:58.73	4:56.57	6
	33.22		1:09.28 (36.06)	1:46.35 (37.07)	2:24.45 (38.10)	
	3:02.60 (38.15)		3:40.84 (38.24)	4:19.31 (38.47)	4:56.57 (37.26)	
2	Pellow, Lydia R	40	Uc12-12	6:40.00	6:53.67	4
	45.13		1:35.50 (50.37)	2:29.40 (53.90)	3:21.86 (52.46)	
			4:15.35 ()	6:53.67 (2:38.32)		

Event 10 Women 50-54 400 SC Meter Freestyle

	NATL:	4:35.54	N	12/5/2009	S HEIM-BOWEN	
	SOLSTICE:	5:40.62		12/7/2019	Kathy A Haerian	Meadowbrook Swim
1	Haerian, Kathy A	51	Meadowbrook Swim Club Masters-9	6:00.00	5:40.62	6
	39.52		1:22.41 (42.89)	2:05.64 (43.23)	2:48.75 (43.11)	
	3:32.07 (43.32)		4:15.37 (43.30)	4:58.21 (42.84)	5:40.62 (42.41)	

Event 10 Women 55-59 400 SC Meter Freestyle

	NATL:	4:42.97	N	10/4/2009	LAURA VAL	
	SOLSTICE:	5:32.07		12/7/2019	Fay V Lachney	Alexandria Maste
1	Lachney, Fay V	58	Alexandria Masters Swimming-10	5:47.16	5:32.07	6
	37.94		1:18.84 (40.90)	2:42.76 ()		
	3:24.78 (42.02)		4:07.42 (42.64)	4:50.23 (42.81)	5:32.07 (41.84)	
2	Bargeski, Juie	56	Montgomery Ancient Mariners-10	6:50.20	6:42.24	4
	37.34		1:26.92 (49.58)	2:18.83 (51.91)	3:10.63 (51.80)	
	4:03.18 (52.55)		4:56.60 (53.42)	6:42.24 (1:45.64)		

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 10 Women 65-69 400 SC Meter Freestyle

	NATL:	5:06.74	N	1/30/2016	LAURA VAL			
	SOLSTICE:	5:33.65		12/7/2019	Shirley A Loftus-Charley	Virginia Masters		
1	Loftus-Charley, Shirley A			68	Virginia Masters Swim Team-12	5:40.00	5:33.65	6
		38.45		1:20.10 (41.65)	2:01.85 (41.75)	2:43.88 (42.03)		
		3:25.86 (41.98)		4:08.12 (42.26)	5:33.65 (1:25.53)			

Event 10 Women 70-74 400 SC Meter Freestyle

	NATL:	6:08.25	N	12/13/2015	KATHY SLIFER			
	SOLSTICE:	6:15.36		12/7/2019	Marcia Barry	Virginia Masters		
1	Barry, Marcia			71	Virginia Masters Swim Team-12	6:20.00	6:15.36	6
		31.67		1:18.38 (46.71)	2:06.06 (47.68)	2:53.97 (47.91)		
		3:41.72 (47.75)		4:29.80 (48.08)	5:17.52 (47.72)	6:15.36 (57.84)		

Event 10 Men 30-34 400 SC Meter Freestyle

	NATL:	3:57.47	N	10/4/2009	TAMAS KEREKJARTO			
	SOLSTICE:	5:22.94		12/7/2019	Jason George	Germantown Maryl		
1	George, Jason			32	Germantown Maryland Masters-10	5:23.25	5:22.94	6
		36.26		1:16.41 (40.15)	1:57.11 (40.70)	2:38.44 (41.33)		
		3:20.13 (41.69)		4:01.43 (41.30)	4:42.78 (41.35)	5:22.94 (40.16)		

Event 10 Men 35-39 400 SC Meter Freestyle

	NATL:	3:57.77	N	12/14/2003	ERIK HOCHSTEIN			
	SOLSTICE:	4:18.08		12/7/2019	Bryan Rivera	Germantown Maryl		
1	Rivera, Bryan			35	Germantown Maryland Masters-10	4:13.93	4:18.08	6
		28.96		1:00.84 (31.88)	1:33.11 (32.27)			
		3:13.17 ()		3:46.15 (32.98)	4:18.55 (32.40)	4:18.08 ()		

Event 10 Men 40-44 400 SC Meter Freestyle

	NATL:	4:01.32	N	10/4/2009	ERIK HOCHSTEIN			
	SOLSTICE:	4:43.73		12/7/2019	Matthew Paushter	Germantown Maryl		
1	Paushter, Matthew			40	Germantown Maryland Masters-10	4:49.68	4:43.73	6
		32.05		1:08.04 (35.99)	1:44.37 (36.33)	2:21.00 (36.63)		
		2:57.34 (36.34)		3:33.55 (36.21)	4:09.48 (35.93)	4:43.73 (34.25)		
2	Ahlgren, Kyle			44	Club Tribe-12	5:29.45	5:12.63	4
		37.28		1:16.90 (39.62)	1:56.74 (39.84)	2:36.33 (39.59)		
		3:16.12 (39.79)		3:55.86 (39.74)	4:35.15 (39.29)	5:12.63 (37.48)		

Event 10 Men 45-49 400 SC Meter Freestyle

	NATL:	4:09.19	N	11/1/2009	KEITH SWITZER			
	SOLSTICE:	7:24.92		12/7/2019	Todd Moses	Montgomery Ancie		
1	Moses, Todd			45	Montgomery Ancient Mariners-10	7:15.00	7:24.92	6
		1:44.28		2:42.28 (58.00)	3:40.50 (58.22)	4:37.51 (57.01)		
		5:34.07 (56.56)		6:30.68 (56.61)	7:24.92 (54.24)			

Event 10 Men 60-64 400 SC Meter Freestyle

	NATL:	4:35.15	N	2/2/2014	JACK GROSELLE			
	SOLSTICE:	6:12.34		12/7/2019	Alan Rickard	Riptide Masters		
1	Rickard, Alan			62	Riptide Masters-10	5:55.00	6:12.34	6
		40.17		1:25.90 (45.73)	2:14.17 (48.27)	3:03.01 (48.84)		
		3:51.65 (48.64)		4:38.42 (46.77)	5:26.12 (47.70)	6:12.34 (46.22)		

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 10 Men 70-74 400 SC Meter Freestyle

NATL: 5:05.47 N 12/14/2014		DAVID QUIGGIN				
SOLSTICE: 7:44.37 12/7/2019		Vince Romano		Club Tribe		
1	Romano, Vince	73	Club Tribe-12	7:18.00	7:44.37	6
	47.41	1:44.81 (57.40)	2:46.13 (1:01.32)	3:48.47 (1:02.34)		
		4:49.15 ()	7:44.37 (2:55.22)			
2	Berliner, Mitchell P	71	DC Masters-10	8:00.00	8:21.54	4
	2:01.42	3:07.52 (1:06.10)	4:09.45 (1:01.93)	5:12.17 (1:02.72)		
	6:14.86 (1:02.69)	7:19.76 (1:04.90)	8:21.54 (1:01.78)			

Event 10 Men 75-79 400 SC Meter Freestyle

NATL: 5:15.10 N 4/18/2009		DAVID RADCLIFF				
SOLSTICE: 8:18.00 12/7/2019		Barry Shay		DC Masters		
1	Shay, Barry	79	DC Masters-10	NT	8:18.00	6
	1:06.25	2:10.32 (1:04.07)	3:14.35 (1:04.03)	4:16.85 (1:02.50)		
	5:19.55 (1:02.70)	6:21.60 (1:02.05)	8:18.00 (1:56.40)			

Event 11 Mixed 160-199 200 SC Meter Freestyle Relay

NATL: 1:42.03 N 11/22/2009		COLORADO MASTERS SWIMMING			
SOLSTICE: 1:52.51 12/1/2018		R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN			
		Club Tribe			
		R Williams, K Grier, K Gass, K Gass			
1	Germantown Maryland Masters-1	A	2:00.00	1:54.79	12
	1) Chin, Lisa W38	2) Hassett, Dorota W42	3) Higgins, Anthony M50	4) Paushter, Matthew M40	
	31.39	1:01.14 (29.75)	1:27.83 (26.69)	1:54.79 (26.96)	
2	Germantown Maryland Masters-1	B	3:00.00	2:15.98	8
	1) Huang, Ivy W39	2) Katz, Harold M51	3) Matthews, Chad M42	4) Schneider, Johanna W46	
	33.27	1:09.74 (36.47)	1:41.11 (31.37)	2:15.98 (34.87)	
3	Germantown Maryland Masters-1	C	3:00.00	2:26.14	6
	1) Blitz, Daniel M52	2) Henochowicz, Anne W35	3) Main, Bryan M46	4) Postma, Terri W50	
	32.56	1:18.00 (45.44)	1:50.94 (32.94)	2:26.14 (35.20)	

Event 11 Mixed 200-239 200 SC Meter Freestyle Relay

NATL: 1:46.08 N 3/15/2014		N CAROLINA MASTERS SWIMMING			
SOLSTICE: 2:05.89 12/5/2015		ERIKA BRAUN, SUE WALSH, JON BLANK, JONATHAN KLEIN			
		Germantown Mary			
		S Golden, D Dombay, A Cooley, A Higgins			
1	Germantown Maryland Masters-1	A	3:00.00	2:06.93	12
	1) Bancroft, Caren W49	2) Dombay, Denise W53	3) Golden, Scott M56	4) Jackson, Scott M45	
	33.72	1:08.28 (34.56)	1:37.97 (29.69)	2:06.93 (28.96)	
2	Reston Masters Swim Team-10	A	2:30.30	2:30.79	8
	1) Romero, Sharon W25	2) Manheim, Lucy W77	3) Broderick, Tom M59	4) Gwilliam, Glenn M41	
	35.54	1:29.75 (54.21)	1:59.65 (29.90)	2:30.79 (31.14)	

Event 11 Mixed 240-279 200 SC Meter Freestyle Relay

NATL: 1:52.68 N 11/14/2015		NORTH TEXAS LONESTARS			
SOLSTICE: 2:24.91 12/1/2018		DOUG MARTIN, TOM BARTON, C MCKELVEY, LYNN MORRISON			
		Germantown Mary			
		S Golden, M Bartlett, S Wright, D Dombay			
1	Merritt Marlins-9	A	NT	2:26.89	12
	1) Chandler, Patricia W62	2) Brown, Ann W57	3) Mandour, Saleh M65	4) McGough, Tim M62	
	41.76	1:21.53 (39.77)	1:56.74 (35.21)	2:26.89 (30.15)	
2	Germantown Maryland Masters-1	A	3:00.00	2:42.84	8
	1) Andrews, Lynne W72	2) Boyle, Michael M68	3) Mallon, Barbara W52	4) Miller, John J M51	
	43.02	1:30.12 (47.10)	2:42.84 (1:12.72)		

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 12 Women 120-159 200 SC Meter Freestyle Relay

NATL: 1:51.99 N 11/13/2011 RED TIDE OF NYC

K MOUGHTY, N JO, K GARY, S WAGER

SOLSTICE: 2:05.86 12/2/2017 Germantown Mary

D Dombay, J Carswell, S Greenwald, D Hassett

1	Terrapin Masters-10	A	NT	2:06.29	12
	1) Randolph, Courtney W28	2) Crnogorcevic, Milena W25	3) Grover, Mollie W38	4) Rose, Laura W33	
	29.05	1:05.10 (36.05)	1:34.12 (29.02)	2:06.29 (32.17)	

Event 12 Women 240-279 200 SC Meter Freestyle Relay

NATL: 2:02.15 N 3/5/2016 UCLA

J HIRSTY, C CIRAULO, J COOK, V HIBBEN

SOLSTICE: 2:58.27 12/2/2017 Montgomery Anci

B Johnson, M Pettijohn, E Rose, M Pastel

1	Montgomery Ancient Mariners-1	A	4:30.00	3:16.61	12
	1) Sugg, Stephanie A W56	2) Yochelson, Deborah W65	3) Bargeski, Juie W56	4) Foley, Linda W64	
		1:50.85 ()	2:33.49 (42.64)	3:16.61 (43.12)	
2	Germantown Maryland Masters-1	A	3:00.00	3:24.92	8
	1) Carter, Linda W77	2) Lynch, Susan C W53	3) Noonan Sturm, Chris W60	4) Spear, Elizabeth W54	
		2:46.77 ()	3:24.92 (38.15)		

Event 13 Men 100-119 200 SC Meter Freestyle Relay

NATL: 1:31.58 N 12/6/2015 GOLDEN ROAD AQUATICS

M MARSHALL, N KORTH, A ACEINO, I SERRANO

SOLSTICE: 1:55.71 12/7/2019 Germantown Maryland Masters Germantown Maryl

F Westbrook, J George, K Clark, B Rivera

1	Germantown Maryland Masters-1	B	2:00.00	1:55.71	12
	1) Westbrook, Francis M19	2) George, Jason M32	3) Clark, Kempsey M29	4) Rivera, Bryan M35	
	28.29	1:00.95 (32.66)	1:30.64 (29.69)	1:55.71 (25.07)	

Event 13 Men 120-159 200 SC Meter Freestyle Relay

NATL: 1:32.97 N 10/24/2009 SOUTHERN CAL AQUATIC MASTERS

M CORNUE, M MCGINNIS, P FORD, D WEGNER

SOLSTICE: 1:48.63 12/7/2013 Germantown Mary

Van Der Veen, Barnes, Smink, Hviid

1	Terrapin Masters-10	A	NT	1:53.65	12
	1) Dowell, Noah M41	2) Laplante, Brett M31	3) Goodison, Michael M47	4) Oloughlin, Jonathan M36	
	32.07	58.39 (26.32)	1:25.92 (27.53)	1:53.65 (27.73)	

Event 13 Men 160-199 200 SC Meter Freestyle Relay

NATL: 1:35.44 N 11/16/2008 LONGHORN AQUATICS

T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE

SOLSTICE: 1:49.85 12/2/2017 UMAC-Terrapin M

M Doane, J Strahota, M Goodison, J OLoughlin

1	Club Tribe-12	A	2:01.50	2:01.10	12
	1) Tingstrom, Michael M52	2) Shaw, Chris M37	3) Massonneau, Christopher M61	4) Maholchic, Adrian M42	
	27.49	59.05 (31.56)	1:33.65 (34.60)	2:01.10 (27.45)	

Event 13 Men 200-239 200 SC Meter Freestyle Relay

NATL: 1:38.79 N 10/16/2010 BLU FROG TEAM

A GAINES, K SWITZER, M MIDDLETON, S WEISS

SOLSTICE: 1:55.15 12/7/2019 Germantown Maryland Masters Germantown Maryl

S Golden, G Sandi, K Wunderlich, A Higgins

1	Germantown Maryland Masters-1	A	2:00.00	1:55.15	12
	1) Golden, Scott M56	2) Sandi, Gustavo M47	3) Wunderlich, Karl M54	4) Higgins, Anthony M50	
	30.70	59.59 (28.89)	1:28.49 (28.90)	1:55.15 (26.66)	

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 14 Mixed 160-199 200 SC Meter Medley Relay

NATL: 1:53.38 N 11/21/2009 COLORADO MASTERS SWIMMING

S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS

SOLSTICE: 2:08.48 12/7/2013 Germantown Mast

Hviid, Van Der Veen, Lappin, Noznesky

1	Reston Masters Swim Team-10	A	2:18.18	2:11.54	12
	1) Wetzel, Denise W54	2) Baldwin, Craig M45	3) Bass, Amy W49	4) Chavez, Joshua M22	
	38.14	1:11.85 (33.71)	1:45.41 (33.56)	2:11.54 (26.13)	
2	Germantown Maryland Masters-1	A	2:30.00	2:29.27	8
	1) Matthews, Chad M42	2) Schneider, Johanna W46	3) Paushter, Matthew M40	4) Huang, Ivy W39	
	40.81	1:23.92 (43.11)	1:54.46 (30.54)	2:29.27 (34.81)	

Event 14 Mixed 200-239 200 SC Meter Medley Relay

NATL: 1:57.65 N 10/10/2012 BLU FROG TEAM

S HART, D CHANCE, M MIDDLETON, R ABRAHAMS

SOLSTICE: 2:10.13 12/3/2016 Lane 4 Swimming

S Williams, J Kress, M Conze, S Linehan

1	Germantown Maryland Masters-1	A	4:00.00	2:49.45	12
	1) Blitz, Daniel M52	2) Spear, Elizabeth W54	3) Bancroft, Caren W49	4) Katz, Harold M51	
	38.17	1:26.01 (47.84)	2:09.33 (43.32)	2:49.45 (40.12)	
2	Merritt Marlins-9	A	NT	3:05.00	8
	1) Fink, Joan W49	2) Karp, Julie W57	3) Joubert, Kevin M47	4) Aboubakr, Ashraf A M57	
		2:30.71 ()	3:05.00 (34.29)		

Event 14 Mixed 280-319 200 SC Meter Medley Relay

NATL: 2:22.04 N 9/27/2015 TAMALPAIS AQUATIC MASTERS

L VAL, K FROST, R BURNS, N RIDOUT

SOLSTICE: 3:08.45 12/2/2017 Montgomery Anci

M Greer, K Hinga, M Pettijohn, M Pastel

1	Germantown Maryland Masters-1	A	4:00.00	3:35.75	12
	1) Andrews, Lynne W72	2) Boyle, Michael M68	3) Walters, Mark M67	4) Carter, Linda W77	
	53.72	3:35.75 (2:42.03)			

Event 15 Women 160-199 200 SC Meter Medley Relay

NATL: 2:06.09 N 10/5/2003 SAN DIEGO SWIM MASTERS

K PIPES-NEILSEN, C KRATTLI, J COOVER, V DAVIDSON

SOLSTICE: 2:28.29 12/3/2016 Germantown Mary

D Hassett, T Postma, J Carswell, L Chin

1	Germantown Maryland Masters-1	A	2:30.00	2:30.88	12
	1) Hassett, Dorota W42	2) Postma, Terri W50	3) Chin, Lisa W38	4) Dombay, Denise W53	
	37.61	1:21.21 (43.60)	1:56.73 (35.52)	2:30.88 (34.15)	

Event 15 Women 200-239 200 SC Meter Medley Relay

NATL: 2:13.25 N 11/7/2015 North Texas Lonestars

S STONE, L MIZE, M REA, L MORRISON

SOLSTICE: 2:09.11 12/7/2019 Club Tribe Club Tribe

F Willeboordse, K Harris, S Williams, M Restrepo

1	Club Tribe-12	A	2:13.00	2:09.11 N	12
	1) Willeboordse, Fall W53	2) Harris, Kristen W43	3) Williams, Susan O W53	4) Restrepo, Marie W57	
	33.25	1:08.80 (35.55)	1:38.94 (30.14)	2:09.11 (30.17)	
2	Montgomery Ancient Mariners-1	A	5:00.00	3:32.12	8
	1) Foley, Linda W64	2) Yochelson, Deborah W65	3) Johnson, Bonnie W W49	4) Bargeski, Juie W56	
	53.81	1:54.14 (1:00.33)	3:06.77 (1:12.63)	3:32.12 (25.35)	

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 16 Men 100-119 200 SC Meter Medley Relay

NATL: 1:40.44 N 12/5/2015

GOLDEN ROAD AQUATICS

D COLUPAEV, N KORTH, M MARSHALL, N POPOV

SOLSTICE: 2:10.73 12/7/2019

Germantown Maryland Masters

Germantown Maryl

F Westbrooks, J George, B Rivera, K Clark

1	Germantown Maryland Masters-1	A		2:30.00	2:10.73	12
	1) Westbrooks, Francis M19	2) George, Jason M32	3) Rivera, Bryan M35	4) Clark, Kempsey M29		
	34.34	1:13.04 (38.70)	1:41.17 (28.13)	2:10.73 (29.56)		

Event 16 Men 200-239 200 SC Meter Medley Relay

NATL: 1:49.42 N 12/1/2012

LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

SOLSTICE: 2:05.55 12/1/2018

Germantown Mary

A Higgins, G Sandi, S Golden, K Wunderlich

1	Germantown Maryland Masters-1	A		2:02.52	2:06.16	12
	1) Higgins, Anthony M50	2) Sandi, Gustavo M47	3) Golden, Scott M56	4) Wunderlich, Karl M54		
	31.17	1:05.04 (33.87)	1:37.20 (32.16)	2:06.16 (28.96)		

Event 16 Men 240-279 200 SC Meter Medley Relay

NATL: 2:00.56 N 3/21/2015

NORTH CAROLINA MASTERS SWIMMIN

J KLEIN, N VESTAL, D GILCHRIST, P TREVISAN

SOLSTICE: 2:25.27 12/6/2014

Germantown Mary

J Farrell, R Greger, S Golden, M Walters

1	Germantown Maryland Masters-1	A		4:00.00	2:48.08	12
	1) Thomas, Dan M62	2) Greger, Ronald M75	3) Main, Bryan M46	4) Robinson, David M76		
	43.47	1:32.69 (49.22)	2:08.72 (36.03)	2:48.08 (39.36)		

Event 17 Mixed 200-239 500 SC Meter Freestyle Crescendo Relay

SOLSTICE: 6:21.02 12/7/2019

Montgomery Ancient Mariners

Montgomery Ancie

J Roddin, T Moses, P Johnson, B Johnson

1	Montgomery Ancient Mariners-1	A		7:30.00	6:21.02	
	1) Roddin, Julie W43	2) Moses, Todd M45	3) Johnson, Peter M58	4) Johnson, Bonnie W W49		
	34.26	1:10.81 (36.55)	1:48.34 (37.53)	3:09.11 (1:20.77)		
	4:01.44 (52.33)	4:55.09 (53.65)	5:35.05 (39.96)	6:21.02 (45.97)		

Event 18 Women 25-29 200 SC Meter IM

NATL: 2:21.79 N 12/12/1998

WENKE HANSEN

SOLSTICE: 3:00.79 12/6/2014

Anna Paulsen

1	Romero, Sharon	25	Reston Masters Swim Team-10	3:17.09	3:22.61	6
	44.39		3:22.61 (2:38.22)			

Event 18 Women 40-44 200 SC Meter IM

NATL: 2:19.21 N 12/2/2007

S VON DER LIPPE

SOLSTICE: 2:32.91 12/2/2017

Janel Lobur

1	Shapiro, Margaret	43	Reston Masters Swim Team-10	2:48.64	2:51.01	6
	37.77		1:22.57 (44.80)	2:11.48 (48.91)	2:51.01 (39.53)	

Event 18 Women 50-54 200 SC Meter IM

NATL: 2:28.64 N 9/28/2014

ELLEN REYNOLDS

SOLSTICE: 3:12.39 12/7/2019

Cathy Gainor

Montgomery Ancie

1	Gainor, Cathy	52	Montgomery Ancient Mariners-10	3:10.00	3:12.39	6
	42.59		1:35.20 (52.61)	2:29.93 (54.73)	3:12.39 (42.46)	

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 18 Men 35-39 200 SC Meter IM

NATL:		2:03.29	N	12/8/2002	RONALD KARNAUGH	
SOLSTICE:		2:28.83		12/3/2016	Carlos J Asarta P	
1	Hanford, Jeremy	37	Reston Masters Swim Team-10	2:55.00	2:53.16	6
		36.08	2:10.53 (1:34.45)	2:53.16 (42.63)		

Event 18 Men 40-44 200 SC Meter IM

NATL:		2:05.46	N	12/4/2009	ROQUE SANTOS	
SOLSTICE:		2:31.20		12/6/2014	Michael Goodison	
1	Dowell, Noah	41	Terrapin Masters-10	2:51.68	2:49.79	6
		34.76	1:21.65 (46.89)	2:09.28 (47.63)	2:49.79 (40.51)	

Event 18 Men 45-49 200 SC Meter IM

NATL:		2:09.71	N	3/20/2010	JEROME FRENTSOS	
SOLSTICE:		2:24.26		12/5/2015	Michael P Lee	
1	Baldwin, Craig	45	Reston Masters Swim Team-10	2:36.32	2:30.64	6
		31.48	1:10.55 (39.07)	1:55.23 (44.68)	2:30.64 (35.41)	
2	Jackson, Scott	45	Germantown Maryland Masters-10	2:50.00	2:56.54	4
		37.66	1:21.07 (43.41)	2:13.19 (52.12)	2:56.54 (43.35)	
3	Main, Bryan	46	Germantown Maryland Masters-10	2:55.00	2:57.60	3
		37.87	1:25.62 (47.75)	2:18.42 (52.80)	2:57.60 (39.18)	

Event 18 Men 50-54 200 SC Meter IM

NATL:		2:12.85	N	5/17/2015	JEROME FRENTSOS	
SOLSTICE:		2:20.26		12/7/2019	Jerome Frentsos	
					District Of Colu	
1	Frentsos, Jerome	54	District Of Columbia Aquatics-10	2:20.00	2:20.26	6
		29.99	1:05.82 (35.83)	1:46.67 (40.85)	2:20.26 (33.59)	

Event 18 Men 55-59 200 SC Meter IM

NATL:		2:16.44	N	11/22/2009	MICHAEL MANN	
SOLSTICE:		2:30.23		12/7/2019	Gregory Harris	
					Virginia Masters	
1	Harris, Gregory	56	Virginia Masters Swim Team-12	2:27.97	2:30.23	6
		30.72	1:10.45 (39.73)	1:55.15 (44.70)	2:30.23 (35.08)	
2	Aboubakr, Ashraf A	57	Merritt Marlins-9	3:30.00	3:21.09	4
		46.31	1:37.78 (51.47)	2:40.46 (1:02.68)	3:21.09 (40.63)	

Event 19 Women 18-24 50 SC Meter Freestyle

NATL:		25.58	N	11/20/2010	J BECKBERGER	
SOLSTICE:		26.44		12/6/2014	Harumi Katsuyama	
1	Kisker, Olivia	23	District Of Columbia Aquatics-10	35.00	37.85	6

Event 19 Women 25-29 50 SC Meter Freestyle

NATL:		25.97	N	10/25/2014	MADISON KENNEDY	
SOLSTICE:		28.37		12/5/2015	Ashley Sippel	
1	Waldman, Alanna	28	Swim Fort Lauderdale-50	32.19	31.54	6
2	Crnogorcevic, Milena	25	Terrapin Masters-10	35.39	35.85	4

Event 19 Women 30-34 50 SC Meter Freestyle

NATL:		25.69	N	11/10/2012	ERIKA ERNDL	
SOLSTICE:		29.01		12/5/2015	Mollie K Grover	
1	Rose, Laura	33	Terrapin Masters-10	30.34	31.87	6

Event 19 Women 35-39 50 SC Meter Freestyle

NATL:		25.10	N	12/3/2006	DARA TORRES	
SOLSTICE:		28.68		12/7/2019	Meredith Stakem	
					District Of Colu	
1	Stakem, Meredith	38	District Of Columbia Aquatics-10	28.41	28.68	6
2	Geskos, Evangeline	36	Patriot Masters Swim Team-10	29.43	29.84	4

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

(Event 19 Women 35-39 50 SC Meter Freestyle)

3	Bozeman, Lesley	37	Lane 4 Swimming-10	39.00	37.77	3
---	-----------------	----	--------------------	-------	-------	---

Event 19 Women 40-44 50 SC Meter Freestyle

NATL:	26.02	N	12/14/2014	ERIKA BRAUN
-------	-------	---	------------	-------------

SOLSTICE:	29.87		12/2/2017	Dorota M Hassett
-----------	-------	--	-----------	------------------

1	Hassett, Dorota	42	Germantown Maryland Masters-10	30.50	30.20	6
---	-----------------	----	--------------------------------	-------	-------	---

2	van Iersel, Miranda	44	Terrapin Masters-10	43.27	43.17	4
---	---------------------	----	---------------------	-------	-------	---

Event 19 Women 45-49 50 SC Meter Freestyle

NATL:	26.59	N	12/8/2013	FALL WILLEBOORDSE
-------	-------	---	-----------	-------------------

SOLSTICE:	29.29		12/5/2015	Lisa O Rapuano
-----------	-------	--	-----------	----------------

1	Bass, Amy	49	Reston Masters Swim Team-10	32.00	30.32	6
---	-----------	----	-----------------------------	-------	-------	---

2	Bancroft, Caren	49	Germantown Maryland Masters-10	33.47	34.05	4
---	-----------------	----	--------------------------------	-------	-------	---

3	Koscielny, Nugent	46	E Team-12	41.87	43.33	3
---	-------------------	----	-----------	-------	-------	---

Event 19 Women 50-54 50 SC Meter Freestyle

NATL:	27.67	N	3/15/2014	SUE WALSH
-------	-------	---	-----------	-----------

SOLSTICE:	28.51		12/7/2019	Fall Willeboordse
-----------	-------	--	-----------	-------------------

1	Willeboordse, Fall	53	Club Tribe-12	28.00	28.51	6
---	--------------------	----	---------------	-------	-------	---

2	Williams, Susan O	53	Club Tribe-12	29.50	29.08	4
---	-------------------	----	---------------	-------	-------	---

3	Mallon, Barbara	52	Germantown Maryland Masters-10	42.00	40.14	3
---	-----------------	----	--------------------------------	-------	-------	---

4	Schwab, Amy	51	SwimRVA Hammerheads-12	58.00	51.63	2
---	-------------	----	------------------------	-------	-------	---

5	Lynch, Susan C	53	Germantown Maryland Masters-10	54.00	52.36	1
---	----------------	----	--------------------------------	-------	-------	---

Event 19 Women 55-59 50 SC Meter Freestyle

NATL:	27.81	N	3/5/2016	LESLIE LIVINGSTON
-------	-------	---	----------	-------------------

SOLSTICE:	30.35		12/7/2019	Marie Restrepo
-----------	-------	--	-----------	----------------

1	Restrepo, Marie	57	Club Tribe-12	31.95	30.35	6
---	-----------------	----	---------------	-------	-------	---

2	Karp, Julie	57	Merritt Marlins-9	56.00	51.49	4
---	-------------	----	-------------------	-------	-------	---

3	Sugg, Stephanie A	56	Montgomery Ancient Mariners-10	1:14.16	1:07.86	3
---	-------------------	----	--------------------------------	---------	---------	---

Event 19 Women 60-64 50 SC Meter Freestyle

NATL:	29.23	N	12/7/2013	LAURA VAL
-------	-------	---	-----------	-----------

SOLSTICE:	33.82		12/3/2016	Amy B Cooley
-----------	-------	--	-----------	--------------

1	Chandler, Patricia	62	Merritt Marlins-9	40.00	41.66	6
---	--------------------	----	-------------------	-------	-------	---

2	Noonan Sturm, Chris	60	Germantown Maryland Masters-10	45.67	50.29	4
---	---------------------	----	--------------------------------	-------	-------	---

Event 19 Women 65-69 50 SC Meter Freestyle

NATL:	30.79	N	11/21/2015	CHARLOTTE DAVIS
-------	-------	---	------------	-----------------

SOLSTICE:	34.39		12/3/2016	Shirley A Loftus-
-----------	-------	--	-----------	-------------------

1	Merena, Elizabeth	67	Chelsea Piers Fitness Ny/Bk-6	38.00	38.63	6
---	-------------------	----	-------------------------------	-------	-------	---

2	Yochelson, Deborah	65	Montgomery Ancient Mariners-10	49.23	48.02	4
---	--------------------	----	--------------------------------	-------	-------	---

Event 19 Women 75-79 50 SC Meter Freestyle

NATL:	37.24	N	12/12/2004	GAIL ROPER
-------	-------	---	------------	------------

SOLSTICE:	52.97		12/2/2017	Lucy M Manheim
-----------	-------	--	-----------	----------------

1	Manheim, Lucy	77	Reston Masters Swim Team-10	51.24	53.61	6
---	---------------	----	-----------------------------	-------	-------	---

2	Carter, Linda	77	Germantown Maryland Masters-10	1:05.00	1:01.59	4
---	---------------	----	--------------------------------	---------	---------	---

Event 19 Men 18-24 50 SC Meter Freestyle

NATL:	21.38	N	12/11/2005	NICK BRUNELLI
-------	-------	---	------------	---------------

SOLSTICE:	23.45		12/2/2017	Kevin Mastracci
-----------	-------	--	-----------	-----------------

1	Westbrooks, Francis	19	Germantown Maryland Masters-10	30.00	28.56	6
---	---------------------	----	--------------------------------	-------	-------	---

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 19 Men 25-29 50 SC Meter Freestyle

NATL:	21.37	N	11/15/2014	CESAR CIELO				
SOLSTICE:	24.27		12/2/2017	Scott M McHenry				
1	Clark, Kempsey		29	Germantown Maryland Masters-10	30.10		30.61	6

Event 19 Men 35-39 50 SC Meter Freestyle

NATL:	22.73	N	12/5/2009	FELIPE DELGADO				
SOLSTICE:	27.24		12/7/2013	Andrew Barnes				
1	Strahota, Jeffrey R		39	Terrapin Masters-10	27.72		28.71	6
2	Shaw, Chris		37	Club Tribe-12	30.00		33.83	4

Event 19 Men 40-44 50 SC Meter Freestyle

NATL:	23.13	N	8/15/2013	BRIAN JACOBSON				
SOLSTICE:	25.11		12/7/2013	Michael Doane				
1	Maholchic, Adrian		42	Club Tribe-12	26.81		27.13	6
2	Gwilliam, Glenn		41	Reston Masters Swim Team-10	29.89		30.43	4
3	Evangelista, Carlo Alberto		44	Fina	33.30		32.35	3

Event 19 Men 45-49 50 SC Meter Freestyle

NATL:	23.65	N	12/1/2012	MATTHEW BIONDI				
SOLSTICE:	24.89		12/7/2013	Michael Lee				
1	Doane, Michael		49	Terrapin Masters-10	25.99		25.98	6
2	Joubert, Kevin		47	Merritt Marlins-9	30.01		30.09	4
3	DeVight, John		46	Riptide Masters-10	33.00		33.44	3
4	Jones, Freddie R		45	Texas Ford Aquatics Masters-26	51.02		44.78	2

Event 19 Men 50-54 50 SC Meter Freestyle

NATL:	23.38	N	10/18/2009	ROWDY GAINES				
SOLSTICE:	28.00		12/2/2017	Kirk W Clear				
1	Tingstrom, Michael		52	Club Tribe-12	27.02		28.02	6
2	Wunderlich, Karl		54	Germantown Maryland Masters-10	28.48		28.98	4
3	Toy, Raymond		52	Central Maryland YMCA Masters-9	32.32		32.49	3

Event 19 Men 55-59 50 SC Meter Freestyle

NATL:	24.66	N	10/10/2015	STEVE WOOD				
SOLSTICE:	28.61		12/5/2015	Chris J Laiti				
1	Golden, Scott		56	Germantown Maryland Masters-10	30.50		30.52	6
2	Aboubakr, Ashraf A		57	Merritt Marlins-9	33.00		33.59	4

Event 19 Men 60-64 50 SC Meter Freestyle

NATL:	24.90	N	12/3/2006	RICHARD ABRAHAMS				
SOLSTICE:	26.15		12/7/2013	Paul Trevisan				
1	Denes, Thomas		62	Montgomery Ancient Mariners-10	31.00		30.91	6
2	Massonneau, Christopher		61	Club Tribe-12	33.51		36.43	4
3	Luo, Gang		60	Uc10-10	38.50		39.44	3

Event 19 Men 70-74 50 SC Meter Freestyle

NATL:	26.88	N	10/10/2015	RICHARD ABRAHAMS				
SOLSTICE:	34.16		12/7/2019	David Harmon			Montgomery Ancie	
1	Harmon, David		70	Montgomery Ancient Mariners-10	33.12		34.16	6
2	Berliner, Mitchell P		71	DC Masters-10	36.63		40.14	4
3	Burke, Anthony		71	Uc12-12	42.00		42.94	3

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 19 Men 75-79 50 SC Meter Freestyle

NATL:		29.93	N	9/25/2016	MIKE FRESHLEY			
SOLSTICE:		38.09		12/1/2018	David L Robinson			
1	Greger, Ronald			75	Germantown Maryland Masters-10	44.00	43.42	6
2	Shay, Barry			79	DC Masters-10	44.80	48.20	4

Event 20 Women 40-44 200 SC Meter Backstroke

NATL:		2:19.06	N	12/4/2009	JODY SMITH			
SOLSTICE:		2:32.60		12/7/2019	Janel Lobur	UC09		
1	Lobur, Janel			42	Uc09-9	2:41.00	2:32.60	6
		36.44				1:14.33 (37.89)	1:53.21 (38.88)	2:32.60 (39.39)
2	Roddin, Julie			43	Montgomery Ancient Mariners-10	2:37.33	2:40.11	4
		37.95				1:17.55 (39.60)	1:58.81 (41.26)	2:40.11 (41.30)

Event 20 Women 50-54 200 SC Meter Backstroke

NATL:		2:22.37	N	3/8/2014	ELLEN REYNOLDS			
SOLSTICE:		2:59.36		12/7/2019	Kathy A Haerian	Meadowbrook Swim		
1	Haerian, Kathy A			51	Meadowbrook Swim Club Masters-9	2:55.00	2:59.36	6
		44.03				1:28.99 (44.96)	2:14.45 (45.46)	2:59.36 (44.91)
2	Wetzel, Denise			54	Reston Masters Swim Team-10	3:03.00	3:03.29	4
		42.63				1:30.70 (48.07)	2:18.22 (47.52)	3:03.29 (45.07)

Event 20 Women 60-64 200 SC Meter Backstroke

NATL:		2:40.04	N	11/21/2015	LAURA VAL			
SOLSTICE:		3:02.00		12/2/2017	Joan P Craffey			
1	Foley, Linda			64	Montgomery Ancient Mariners-10	3:50.84	4:00.21	6
		54.48				1:55.35 (1:00.87)	2:57.83 (1:02.48)	4:00.21 (1:02.38)

Event 20 Women 75-79 200 SC Meter Backstroke

NATL:		3:34.09	N	3/19/2011	NANCY BROWN			
SOLSTICE:		5:04.33		12/7/2019	Lucy Manheim	Reston Masters S		
1	Manheim, Lucy			77	Reston Masters Swim Team-10	4:51.50	5:04.33	6
		1:13.77				2:32.78 (1:19.01)	3:50.40 (1:17.62)	5:04.33 (1:13.93)

Event 20 Men 40-44 200 SC Meter Backstroke

NATL:		2:03.84	N	12/14/2008	MICHAEL ROSS			
SOLSTICE:		2:09.81		12/3/2016	Frederik C Hviid			
1	Ahlgren, Kyle			44	Club Tribe-12	2:55.84	2:48.03	6
		41.09				1:23.15 (42.06)	2:05.66 (42.51)	2:48.03 (42.37)

Event 20 Men 50-54 200 SC Meter Backstroke

NATL:		2:11.84	N	12/4/2009	JAMIE FOWLER			
SOLSTICE:		2:22.20		12/7/2019	Anthony Higgins	Germantown Maryl		
1	Higgins, Anthony			50	Germantown Maryland Masters-10	2:22.30	2:22.20	6
		34.00				1:09.94 (35.94)	1:46.46 (36.52)	2:22.20 (35.74)
2	Blitz, Daniel			52	Germantown Maryland Masters-10	2:55.00	3:03.47	4
		41.66				1:27.44 (45.78)	2:15.85 (48.41)	3:03.47 (47.62)

Event 20 Men 60-64 200 SC Meter Backstroke

NATL:		2:26.30	N	3/30/2014	PHILIPP DJANG			
SOLSTICE:		2:43.57		12/1/2018	Tim McGough			
1	McGough, Tim			62	Merritt Marlins-9	2:50.00	2:49.77	6
		40.56				1:22.89 (42.33)	2:06.39 (43.50)	2:49.77 (43.38)

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 22 Women 45-49 200 SC Meter Breaststroke

NATL: 2:38.00 N 11/21/2010 S VON DER LIPPE

SOLSTICE: 3:15.41 12/5/2015 Sheila A Walsh

1	Schneider, Johanna	46	Germantown Maryland Masters-10	3:16.04	3:22.22	6
	46.41	1:38.71 (52.30)	2:31.63 (52.92)	3:22.22 (50.59)		

Event 22 Women 50-54 200 SC Meter Breaststroke

NATL: 2:52.57 N 5/19/2014 CORRIN POPPS

SOLSTICE: 3:36.00 12/7/2019 Kathy A Haerian

Meadowbrook Swim

1	Haerian, Kathy A	51	Meadowbrook Swim Club Masters-9	3:20.00	3:36.00	6
	51.10	1:46.48 (55.38)	2:41.70 (55.22)	3:36.00 (54.30)		

Event 22 Women 55-59 200 SC Meter Breaststroke

NATL: 3:02.37 N 10/31/2009 CATHERINE KOHN

SOLSTICE: 3:35.69 12/7/2013 Karen Cosgrove

1	Weigand, Elizabeth	57	Reston Masters Swim Team-10	6:00.00	4:18.78	6
	55.18	2:01.59 (1:06.41)	3:10.66 (1:09.07)	4:18.78 (1:08.12)		

Event 22 Women 65-69 200 SC Meter Breaststroke

NATL: 3:17.44 N 3/20/2004 JOANN LEILICH

SOLSTICE: 3:35.87 12/7/2019 Shirley A Loftus-Charley

Virginia Masters

1	Loftus-Charley, Shirley A	68	Virginia Masters Swim Team-12	3:40.00	3:35.87	6
	49.46	1:44.46 (55.00)	2:41.24 (56.78)	3:35.87 (54.63)		
2	Merena, Elizabeth	67	Chelsea Piers Fitness Ny/Bk-6	4:08.50	4:00.78	4
	57.33	2:00.11 (1:02.78)	3:02.95 (1:02.84)	4:00.78 (57.83)		

Event 22 Men 30-34 200 SC Meter Breaststroke

NATL: 2:17.56 N 12/12/1999 ROQUE SANTOS

SOLSTICE: 2:33.05 12/3/2016 Cejih J Yung

1	George, Jason	32	Germantown Maryland Masters-10	2:57.49	2:58.71	6
	40.40	1:25.65 (45.25)	2:12.12 (46.47)	2:58.71 (46.59)		

Event 22 Men 35-39 200 SC Meter Breaststroke

NATL: 2:15.64 N 12/4/2011 STEVE WEST

SOLSTICE: 2:26.91 12/7/2013 Blake Holden

1	Hanford, Jeremy	37	Reston Masters Swim Team-10	2:56.51	2:55.17	6
	38.90	1:22.81 (43.91)	2:09.20 (46.39)	2:55.17 (45.97)		

Event 22 Men 45-49 200 SC Meter Breaststroke

NATL: 2:22.68 N 6/22/2008 GLENN MILLS

SOLSTICE: 2:41.82 12/2/2017 Michael R Goodiso

1	Baldwin, Craig	45	Reston Masters Swim Team-10	2:47.01	2:44.75	6
	37.34	1:18.83 (41.49)	2:01.44 (42.61)	2:44.75 (43.31)		

Event 22 Men 55-59 200 SC Meter Breaststroke

NATL: 2:27.00 N 11/8/2015 DAVID GUTHRIE

SOLSTICE: 2:49.07 12/7/2019 Gregory Harris

Virginia Masters

1	Harris, Gregory	56	Virginia Masters Swim Team-12	2:41.92	2:49.07	6
	37.65	1:20.54 (42.89)	2:05.69 (45.15)	2:49.07 (43.38)		

Event 22 Men 60-64 200 SC Meter Breaststroke

NATL: 2:37.61 N 11/13/2011 RICK COLELLA

SOLSTICE: 3:15.04 12/7/2013 Dan Morrow

1	Luo, Gang	60	Uc10-10	3:33.25	3:35.51	6
	51.61	1:46.56 (54.95)	2:42.00 (55.44)	3:35.51 (53.51)		

7th Annual Solstice SCM Meet - 12/7/2019

Results - Solstice

Event 22 Men 75-79 200 SC Meter Breaststroke

NATL: 3:06.82 N 7/23/2016		MIKE FRESHLEY				
SOLSTICE: 3:41.80 12/7/2019		Henry Cole		Maryland Masters		
1	Cole, Henry	75	Maryland Masters-9	3:47.00	3:41.80	6
	50.25	1:46.39 (56.14)	2:44.36 (57.97)	3:41.80 (57.44)		
2	Greger, Ronald	75	Germantown Maryland Masters-10	3:47.63	4:11.29	4
	58.14	2:01.68 (1:03.54)	3:07.45 (1:05.77)	4:11.29 (1:03.84)		
3	Robinson, David	76	Germantown Maryland Masters-10	4:45.00	4:26.43	3
	58.46	2:07.54 (1:09.08)	3:19.00 (1:11.46)	4:26.43 (1:07.43)		

Event 23 Mixed 120-159 800 SC Meter Freestyle Relay

NATL: 8:25.57 N 11/30/2012		NOVAQUATICS MASTERS				
SOLSTICE: 9:53.38 12/7/2019		Reston Masters Swim Team		Reston Masters S		
		C Baldwin, M Shapiro, A Bass, J Chavez				
1	Reston Masters Swim Team-10	A		9:25.25	9:53.38	12
	1) Baldwin, Craig M45	2) Shapiro, Margaret W43	3) Bass, Amy W49	4) Chavez, Joshua M22		
	32.12	1:08.35 (1:08.35)	1:45.96 (1:45.96)	2:23.55 (2:23.55)		
	2:59.44 (35.89)			4:54.81 (2:31.26)		
	5:29.48 (34.67)	6:09.38 (1:14.57)	6:52.36 (1:57.55)	7:34.76 (2:39.95)		
	8:05.42 (30.66)	8:40.41 (1:05.65)	9:17.03 (1:42.27)	9:53.38 (2:18.62)		
2	Reston Masters Swim Team-10	B		NT	11:37.79	8
	1) Hanford, Jeremy M37	2) Romero, Sharon W25	3) Wetzel, Denise W54	4) Gwilliam, Glenn M41		
	36.09	1:18.82 (1:18.82)	2:04.27 (2:04.27)	2:48.99 (2:48.99)		
	3:30.35 (41.36)	4:17.60 (1:28.61)	5:07.13 (2:18.14)	5:50.63 (3:01.64)		
	6:29.03 (38.40)	7:12.81 (1:22.18)	7:59.54 (2:08.91)	8:47.33 (2:56.70)		
	9:22.84 (35.51)	10:08.56 (1:21.23)	10:54.25 (2:06.92)	11:37.79 (2:50.46)		

Event 23 Mixed 200-239 800 SC Meter Freestyle Relay

NATL: 8:36.91 N 10/11/2015		ILLINOIS MASTERS				
SOLSTICE: 11:16.74 12/7/2019		Germantown Maryland Masters		Germantown Maryl		
		C Bancroft, J Schneider, D Blitz, K Wunderlich				
1	Germantown Maryland Masters-1	A		11:00.00	11:16.74	12
	1) Bancroft, Caren W49	2) Schneider, Johanna W46	3) Blitz, Daniel M52	4) Wunderlich, Karl M54		
	36.76	1:19.97 (1:19.97)	2:08.25 (2:08.25)	2:58.03 (2:58.03)		
	3:38.49 (40.46)	4:23.96 (1:25.93)	5:11.26 (2:13.23)	5:56.94 (2:58.91)		
	6:33.60 (36.66)	7:13.75 (1:16.81)	7:56.20 (1:59.26)	8:38.42 (2:41.48)		
	9:14.19 (35.77)	9:55.55 (1:17.13)	10:36.95 (1:58.53)	11:16.74 (2:38.32)		

Event 24 Women 160-199 800 SC Meter Freestyle Relay

NATL: 8:56.55 N 12/13/2009		RED TIDE OF NYC				
SOLSTICE: 10:46.61 12/1/2018		Germantown Mary				
		D Dombay, J Schneider, D Hassett, L Chin				
1	Germantown Maryland Masters-1	A		10:46.61	10:51.90	12
	1) Hassett, Dorota W42	2) Dombay, Denise W53	3) Postma, Terri W50	4) Chin, Lisa W38		
	33.48	1:11.54 (1:11.54)	1:52.24 (1:52.24)	2:33.36 (2:33.36)		
	3:09.80 (36.44)	3:50.50 (1:17.14)	4:33.90 (2:00.54)			
	5:56.36 ()	6:42.50 ()	7:31.27 ()	8:20.41 ()		
	8:55.46 (35.05)	9:34.20 (1:13.79)	10:14.39 (1:53.98)	10:51.90 (2:31.49)		