



Summer Shorts+ Meet Results

Short distances plus a few longer ones

Sunday, July 21, 2024

The St. James

Springfield, VA

Sanction 104-S006

Officials

Chongchit McGovern – Referee

Heather Stevens Crampton – Starter

Jonalyn Greene – Administrative HyTek Meet Manager

ReNaye Davis – Administrative Timing System

Marcel Davis – Stroke & Turn

Brett Laplate – Stroke & Turn

Meet

Ray Novitske – Meet Director

Denise Wetzel – Assistant Meet Director

Jeff Roddin – Entries Chair

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Women 18-24 50 LC Meter Freestyle**

USMS: 25.72 # 6/19/2021 ALY TETZLOFF

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------------|-----|--------------------------------|-----------|-------------|--------|
| 1 Skopp-Cardillo, Juliana | 21 | Alexandria Masters Swimming-10 | 31.55 | 30.87 | |
| 2 Apfel, Isabel | 20 | 5C Swim Club-58 | 32.00 | 31.77 | |

Women 18-24 100 LC Meter Freestyle

USMS: 56.08 # 6/17/2021 ALY TETZLOFF

| | | | | | |
|---------------------------|----|--------------------------------|---------|---------|--|
| 1 Skopp-Cardillo, Juliana | 21 | Alexandria Masters Swimming-10 | 1:06.61 | 1:08.51 | |
| 2 Apfel, Isabel | 20 | 5C Swim Club-58 | 1:12.00 | 1:11.14 | |

Women 18-24 50 LC Meter Breaststroke

USMS: 32.92 # 8/1/2015 LAUREN GREENBERG

| | | | | | |
|-----------------|----|-----------------|-------|-------|--|
| 1 Apfel, Isabel | 20 | 5C Swim Club-58 | 45.00 | 45.59 | |
|-----------------|----|-----------------|-------|-------|--|

Women 18-24 50 LC Meter Butterfly

USMS: 27.83 # 8/4/2022 ALICIA CARDIE

| | | | | | |
|-----------------|----|-----------------|-------|-------|--|
| 1 Apfel, Isabel | 20 | 5C Swim Club-58 | 35.00 | 35.49 | |
|-----------------|----|-----------------|-------|-------|--|

Women 25-29 50 LC Meter Freestyle

WORLD: 25.42 ! 2/15/2004 Annabel KOSTEN NED

USMS: 24.83 # 8/10/2014 MADISON KENNEDY

| | | | | | |
|--------------------|----|-------------------------|-------|-------|--|
| 1 Laios, Cassandra | 28 | Freedom Aquatic Club-12 | 33.00 | 33.59 | |
|--------------------|----|-------------------------|-------|-------|--|

Women 25-29 200 LC Meter Freestyle

WORLD: 2:04.56 ! 7/10/2010 Megan JENDRICK USA

USMS: 2:02.06 # 12/2/1995 SHEILA TAORMINA

| | | | | | |
|---------------|----|-----------------------------------|---------|---------|--|
| 1 Zhang, Gina | 28 | North Carolina Masters Swimmin-13 | 2:30.00 | 2:29.97 | |
|---------------|----|-----------------------------------|---------|---------|--|

Women 25-29 400 LC Meter Freestyle

WORLD: 4:18.62 ! 6/18/2011 Sophie CASSON GBR

USMS: 4:13.03 # 12/2/1995 SHEILA TAORMINA

| | | | | | |
|----------------|----|--------------------------------|---------|---------|--|
| 1 Ricci, Alice | 25 | Germantown Maryland Masters-10 | 5:42.16 | 5:35.15 | |
|----------------|----|--------------------------------|---------|---------|--|

Women 25-29 50 LC Meter Backstroke

WORLD: 28.39 ! 8/2/2018 Emi MORONUKI USA

USMS: 28.39 # 8/2/2018 EMI MORONUKI

| | | | | | |
|--------------------|----|-------------------------|-------|-------|--|
| 1 Laios, Cassandra | 28 | Freedom Aquatic Club-12 | 35.50 | 39.28 | |
|--------------------|----|-------------------------|-------|-------|--|

Women 25-29 100 LC Meter Backstroke

WORLD: 1:01.60 ! 7/31/2018 Emi MORONUKI USA

USMS: 1:01.60 # 7/31/2018 EMI MORONUKI

| | | | | | |
|--------------------|----|-------------------------|---------|---------|--|
| 1 Laios, Cassandra | 28 | Freedom Aquatic Club-12 | 1:20.00 | 1:26.48 | |
|--------------------|----|-------------------------|---------|---------|--|

Women 25-29 200 LC Meter Backstroke

WORLD: 2:13.19 ! 7/30/2018 Emi MORONUKI USA

USMS: 2:13.19 # 7/30/2018 EMI MORONUKI

| | | | | | |
|----------------|----|--------------------------------|---------|---------|--|
| 1 Ricci, Alice | 25 | Germantown Maryland Masters-10 | 3:04.36 | 3:14.58 | |
|----------------|----|--------------------------------|---------|---------|--|

Women 25-29 50 LC Meter Breaststroke

WORLD: 31.60 ! 7/10/2010 Megan JENDRICK USA

USMS: 30.82 # 6/27/2016 KATIE MEILI

| | | | | | |
|-----------------------|----|-------------------------------|-------|-------|--|
| 1 Haywood, Che' Rel K | 25 | Virginia Masters Swim Team-12 | 38.45 | 38.40 | |
| 2 Laios, Cassandra | 28 | Freedom Aquatic Club-12 | 44.00 | 43.68 | |

2024 Potomac Valley Summer Shorts - 7/21/2024

Sanction #: 104-S006

Results - 2024 Summer Shorts

Women 25-29 100 LC Meter Breaststroke

WORLD: 1:10.56 ! 7/10/2010

USMS: 1:06.07 # 6/28/2016

Megan JENDRICK USA
KATIE MEILI

1 Haywood, Che' Rel K 25 Virginia Masters Swim Team-12 1:22.92 1:24.90

Women 25-29 50 LC Meter Butterfly

WORLD: 26.32 ! 6/16/2019

USMS: 26.78 # 8/4/2022

Masako KUROKI JPN
AI SOMA

1 Laios, Cassandra 28 Freedom Aquatic Club-12 39.00 36.99

Women 25-29 200 LC Meter IM

WORLD: 2:20.71 ! 10/2/2005

USMS: 2:14.03 # 6/29/2013

Hitomi MATSUDA JPN
JUSTINE MUELLER

1 Zhang, Gina 28 North Carolina Masters Swimmin-13 2:43.80 2:44.81

Women 30-34 50 LC Meter Freestyle

WORLD: 25.74 ! 6/6/2008

USMS: 25.57 # 8/8/2009

Martina MORAVCOVA USA
ERIKA ERNDL

1 Jimeno, Amanda 32 Poseidon Masters-12 34.87 34.45
 2 Fellenbaum, Samantha 31 North Carolina Masters Swimmin-13 33.74 35.85
 3 Dodson, Jessica 31 Poseidon Masters-12 NT 36.64
 --- Goodman, Kara 32 Alexandria Masters Swimming-10 NT NS

Women 30-34 100 LC Meter Freestyle

WORLD: 55.24 ! 7/11/2009

USMS: 54.59 # 8/5/2009

Erika ERNDL USA
ERIKA ERNDL

1 Woods, Katie 32 Reston Masters Swim Team-10 1:22.49 1:15.65
 2 Jimeno, Amanda 32 Poseidon Masters-12 1:15.59 1:16.16

Women 30-34 200 LC Meter Freestyle

WORLD: 2:02.35 ! 8/14/2019

USMS: 1:58.92 # 8/7/2009

N.JUNKRAJANG THA
ERIKA ERNDL

1 Fellenbaum, Samantha 31 North Carolina Masters Swimmin-13 2:46.46 2:47.19
 2 Woods, Katie 32 Reston Masters Swim Team-10 3:01.44 2:56.61
 3 Goodman, Kara 32 Alexandria Masters Swimming-10 NT 2:58.11

Women 30-34 400 LC Meter Freestyle

WORLD: 4:18.63 ! 7/16/2011

USMS: 4:17.52 # 8/3/2010

Dawn HECKMAN USA
DAWN HECKMAN

1 Wei, Laurie 30 Club Tribe-12 5:32.13 5:49.72
 2 Jimeno, Amanda 32 Poseidon Masters-12 NT 5:55.89
 3 Goodman, Kara 32 Alexandria Masters Swimming-10 NT 6:07.14
 4 Buzdygon, VL 31 Montgomery Ancient Mariners-10 NT 6:28.16

Women 30-34 50 LC Meter Backstroke

WORLD: 28.57 ! 8/7/2012

USMS: 28.57 # 7/8/2012

Noriko INADA USA
NORIKO INADA

1 Dodson, Jessica 31 Poseidon Masters-12 NT 42.61
 --- Rider, Erin 32 Herndon Aquatic Club-10 43.00 NS

Women 30-34 100 LC Meter Backstroke

WORLD: 1:01.78 ! 8/6/2011

USMS: 1:01.78 # 8/6/2011

Noriko INADA USA
NORIKO INADA

1 Dodson, Jessica 31 Poseidon Masters-12 NT 1:33.97
 --- Rider, Erin 32 Herndon Aquatic Club-10 1:31.50 NS

2024 Potomac Valley Summer Shorts - 7/21/2024

Sanction #: 104-S006

Results - 2024 Summer Shorts

Women 30-34 200 LC Meter Backstroke

| | | | | |
|----------------------------------|-----------------|----------------------------|------------|---------|
| WORLD: 2:17.61 ! 8/6/2009 | | Sarabeth METZGER | USA | |
| USMS: 2:17.61 # 8/6/2009 | | SARABETH METZGER | | |
| 1 | Dodson, Jessica | 31 Poseidon Masters-12 | NT | 3:21.66 |
| --- | Rider, Erin | 32 Herndon Aquatic Club-10 | 3:15.00 | NS |

Women 30-34 50 LC Meter Breaststroke

| | | | | |
|--------------------------------|----------------------|--------------------------------------|------------|-------|
| WORLD: 32.22 ! 9/3/2013 | | Nicole HEIDEMANN | GER | |
| USMS: 31.76 # 7/17/2021 | | DANIELLE HERRMANN | | |
| 1 | Woods, Katie | 32 Reston Masters Swim Team-10 | 44.39 | 43.74 |
| 2 | Fellenbaum, Samantha | 31 North Carolina Masters Swimmin-13 | 42.89 | 47.47 |
| 3 | Dodson, Jessica | 31 Poseidon Masters-12 | NT | 49.20 |
| --- | Rider, Erin | 32 Herndon Aquatic Club-10 | 47.50 | NS |

Women 30-34 100 LC Meter Breaststroke

| | | | | |
|-----------------------------------|-------------|----------------------------|------------|----|
| WORLD: 1:10.10 ! 10/3/2009 | | Hitomi MATSUDA | JPN | |
| USMS: 1:10.18 # 6/12/2021 | | DANIELLE HERRMANN | | |
| --- | Rider, Erin | 32 Herndon Aquatic Club-10 | 1:40.00 | NS |

Women 30-34 200 LC Meter Breaststroke

| | | | | |
|------------------------------------|----------------------|--------------------------------------|------------|---------|
| WORLD: 2:28.93 ! 10/17/2009 | | Hitomi MATSUDA | JPN | |
| USMS: 2:38.90 # 7/23/2017 | | MARISSA CLAPP | | |
| 1 | Fellenbaum, Samantha | 31 North Carolina Masters Swimmin-13 | 3:26.37 | 3:27.34 |

Women 30-34 50 LC Meter Butterfly

| | | | | |
|--------------------------------|----------------|--------------------------|------------|-------|
| WORLD: 27.48 ! 6/7/2008 | | Martina MORAVCOVA | USA | |
| USMS: 27.48 # 6/7/2008 | | MARTINA MORAVCOVA | | |
| 1 | Jimeno, Amanda | 32 Poseidon Masters-12 | 36.78 | 37.51 |

Women 30-34 100 LC Meter Butterfly

| | | | | |
|--------------------------------|----------------|-----------------------------------|------------|---------|
| WORLD: 58.81 ! 6/7/2008 | | Martina MORAVCOVA | USA | |
| USMS: 58.81 # 6/7/2008 | | MARTINA MORAVCOVA | | |
| 1 | Wei, Laurie | 30 Club Tribe-12 | 1:19.15 | 1:19.17 |
| 2 | Jimeno, Amanda | 32 Poseidon Masters-12 | 1:25.52 | 1:27.06 |
| 3 | Buzdygon, VL | 31 Montgomery Ancient Mariners-10 | NT | 1:37.88 |

Women 30-34 200 LC Meter IM

| | | | | |
|----------------------------------|---------------|-----------------------------------|------------|---------|
| WORLD: 2:13.89 ! 7/7/2009 | | Erika ERNDL | USA | |
| USMS: 2:13.72 # 8/8/2009 | | ERIKA ERNDL | | |
| 1 | Goodman, Kara | 32 Alexandria Masters Swimming-10 | NT | 3:24.30 |
| 2 | Buzdygon, VL | 31 Montgomery Ancient Mariners-10 | NT | 3:38.27 |

Women 35-39 50 LC Meter Freestyle

| | | | | |
|--------------------------------|--------------------|-----------------------------------|------------|-------|
| WORLD: 25.98 ! 8/8/2006 | | Dara TORRES | USA | |
| USMS: 25.52 # 6/29/2013 | | ERIKA ERNDL | | |
| 1 | Koehler, Jamie | 39 Maryland Masters-9 | 30.80 | 30.47 |
| 2 | Copeland, Brittany | 35 Alexandria Masters Swimming-10 | 35.60 | 31.79 |

Women 35-39 100 LC Meter Freestyle

| | | | | |
|---------------------------------|-----------------|-----------------------------------|------------|---------|
| WORLD: 57.38 ! 12/1/2022 | | Veronica BALSANO | PAR | |
| USMS: 55.17 # 6/25/2013 | | ERIKA ERNDL | | |
| 1 | Koehler, Jamie | 39 Maryland Masters-9 | 1:10.55 | 1:12.81 |
| 2 | Funk, Amy L | 36 Germantown Maryland Masters-10 | 1:15.00 | 1:12.88 |
| 3 | Stubert, Hannah | 35 Alexandria Masters Swimming-10 | 1:25.00 | 1:17.59 |

2024 Potomac Valley Summer Shorts - 7/21/2024

Sanction #: 104-S006

Results - 2024 Summer Shorts

Women 35-39 200 LC Meter Freestyle

WORLD: 2:05.50 ! 12/2/2022

Veronica BALSANO

PAR

USMS: 2:00.04 # 6/26/2013

ERIKA ERNDL

| | | | | | |
|---|-------------|----|--------------------------------|---------|---------|
| 1 | Funk, Amy L | 36 | Germantown Maryland Masters-10 | 2:45.00 | 2:41.81 |
|---|-------------|----|--------------------------------|---------|---------|

Women 35-39 400 LC Meter Freestyle

WORLD: 4:26.17 ! 8/10/1997

K.PIPES-NEILSEN

USA

USMS: 4:16.19 # 6/1/2012

DAWN HECKMAN

| | | | | | |
|---|-----------------|----|--------------------------------|---------|---------|
| 1 | Funk, Amy L | 36 | Germantown Maryland Masters-10 | 5:45.00 | 5:42.80 |
| 2 | Stubert, Hannah | 35 | Alexandria Masters Swimming-10 | 7:30.00 | 6:20.43 |

Women 35-39 50 LC Meter Backstroke

WORLD: 28.63 ! 8/18/2016

Noriko INADA

USA

USMS: 28.63 # 8/18/2016

NORIKO INADA

| | | | | | |
|---|-------------|----|--------------------------------|-------|-------|
| 1 | Funk, Amy L | 36 | Germantown Maryland Masters-10 | 40.00 | 39.46 |
|---|-------------|----|--------------------------------|-------|-------|

Women 35-39 100 LC Meter Backstroke

WORLD: 1:01.75 ! 8/19/2017

Noriko INADA

USA

USMS: 1:01.75 # 8/19/2017

NORIKO INADA

| | | | | | |
|---|-----------------|----|--------------------|----|---------|
| 1 | Kemmet, Caitlin | 37 | Maryland Masters-9 | NT | 1:42.34 |
|---|-----------------|----|--------------------|----|---------|

Women 35-39 200 LC Meter Backstroke

WORLD: 2:18.20 ! 8/10/1997

K.PIPES-NEILSEN

USA

USMS: 2:18.20 # 8/10/1997

K PIPES-NEILSEN

| | | | | | |
|---|-------------|----|--------------------------------|---------|---------|
| 1 | Funk, Amy L | 36 | Germantown Maryland Masters-10 | 3:10.00 | 3:08.50 |
|---|-------------|----|--------------------------------|---------|---------|

Women 35-39 50 LC Meter Breaststroke

WORLD: 31.35 ! 8/7/2022

Danielle HERRMANN

USA

USMS: 31.06 # 4/28/2022

DANIELLE HERRMANN

| | | | | | |
|---|--------------------|----|--------------------------------|-------|-------|
| 1 | Rose, Laura | 38 | Terrapin Masters-10 | 44.44 | 38.11 |
| 2 | Copeland, Brittany | 35 | Alexandria Masters Swimming-10 | 50.00 | 49.85 |

Women 35-39 100 LC Meter Breaststroke

WORLD: 1:10.47 ! 8/5/2022

Danielle HERRMANN

USA

USMS: 1:09.77 # 7/29/2022

DANIELLE HERRMANN

| | | | | | |
|---|-----------------|----|--------------------------------|---------|---------|
| 1 | Rose, Laura | 38 | Terrapin Masters-10 | 1:38.38 | 1:25.34 |
| 2 | Stubert, Hannah | 35 | Alexandria Masters Swimming-10 | 1:41.45 | 1:40.23 |

Women 35-39 200 LC Meter Breaststroke

WORLD: 2:35.40 ! 6/10/2012

Hitomi MATSUDA

JPN

USMS: 2:39.78 # 8/10/2013

KATIE GLENN

| | | | | | |
|---|-----------------|----|---------------------|---------|---------|
| 1 | Rose, Laura | 38 | Terrapin Masters-10 | 3:10.10 | 3:04.90 |
| 2 | Kemmet, Caitlin | 37 | Maryland Masters-9 | 3:35.00 | 3:49.00 |

Women 35-39 50 LC Meter Butterfly

WORLD: 27.46 ! 8/5/2014

Noriko INADA

USA

USMS: 27.46 # 8/5/2014

NORIKO INADA

| | | | | | |
|---|--------------------|----|--------------------------------|-------|-------|
| 1 | Copeland, Brittany | 35 | Alexandria Masters Swimming-10 | 43.00 | 36.04 |
|---|--------------------|----|--------------------------------|-------|-------|

Women 35-39 200 LC Meter Butterfly

WORLD: 2:20.21 ! 8/10/1997

K.PIPES-NEILSEN

USA

USMS: 2:20.21 # 8/10/1997

K PIPES-NEILSEN

| | | | | | |
|---|-----------------|----|--------------------|---------|---------|
| 1 | Kemmet, Caitlin | 37 | Maryland Masters-9 | 3:55.52 | 4:02.16 |
|---|-----------------|----|--------------------|---------|---------|

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Women 35-39 200 LC Meter IM**

WORLD: 2:21.09 ! 8/6/2022 **Danielle HERRMANN** **USA**
USMS: 2:21.09 # 8/6/2022 **DANIELLE HERRMANN**

| | | | | | |
|---|--------------------|----|--------------------------------|---------|---------|
| 1 | Copeland, Brittany | 35 | Alexandria Masters Swimming-10 | 3:00.00 | 3:12.96 |
| 2 | Kemmet, Caitlin | 37 | Maryland Masters-9 | 3:45.56 | 3:28.35 |

Women 40-44 50 LC Meter Freestyle

WORLD: 26.44 ! 11/7/2009 **Edith OTTERMANN** **RSA**
USMS: 24.25 # 7/6/2008 **DARA TORRES**

| | | | | | |
|-----|----------------------|----|----------------------|-------|-------|
| 1 | Tannehill, Jessica L | 41 | Uc12 | NT | 33.96 |
| 2 | Bailey, Kimberly | 44 | Lane 4 Swimming-10 | NT | 35.55 |
| 3 | Hufford, Ellen | 42 | Arlington Masters-10 | 43.59 | 44.61 |
| --- | Van Horn, Alaina | 43 | Lane 4 Swimming-10 | 35.25 | NS |

Women 40-44 100 LC Meter Freestyle

WORLD: 58.04 ! 6/8/2013 **Erika BRAUN** **USA**
USMS: 53.78 # 7/4/2008 **DARA TORRES**

| | | | | | |
|---|----------------------|----|----------------------|---------|---------|
| 1 | Tannehill, Jessica L | 41 | Uc12 | NT | 1:13.51 |
| 2 | Hufford, Ellen | 42 | Arlington Masters-10 | 1:29.65 | 1:35.73 |

Women 40-44 200 LC Meter Freestyle

WORLD: 2:09.28 ! 8/15/2005 **K.PIPES-NEILSEN** **USA**
USMS: 2:09.00 # 5/25/2003 **K PIPES-NEILSEN**

| | | | | | |
|-----|--------------------|----|--------------------|---------|----|
| --- | Duquette, Michelle | 42 | Lane 4 Swimming-10 | 4:12.00 | NS |
|-----|--------------------|----|--------------------|---------|----|

Women 40-44 400 LC Meter Freestyle

WORLD: 4:22.87 ! 8/13/2011 **Janet EVANS** **USA**
USMS: 4:22.87 # 8/13/2011 **JANET EVANS**

| | | | | | |
|-----|--------------------|----|--------------------------------|---------|---------|
| 1 | Taylor, Alaina | 42 | Alexandria Masters Swimming-10 | 6:45.00 | 6:16.86 |
| --- | Duquette, Michelle | 42 | Lane 4 Swimming-10 | 8:55.00 | NS |

Women 40-44 50 LC Meter Backstroke

WORLD: 29.62 ! 8/2/2018 **Noriko INADA** **USA**
USMS: 29.62 # 8/2/2018 **NORIKO INADA**

| | | | | | |
|---|------------------|----|--------------------|----|-------|
| 1 | Bailey, Kimberly | 44 | Lane 4 Swimming-10 | NT | 43.57 |
|---|------------------|----|--------------------|----|-------|

Women 40-44 100 LC Meter Backstroke

WORLD: 1:04.70 ! 7/31/2018 **Noriko INADA** **USA**
USMS: 1:04.70 # 7/31/2018 **NORIKO INADA**

| | | | | | |
|-----|----------------------|----|-----------------------------------|---------|---------|
| 1 | Tannehill, Jessica L | 41 | Uc12 | NT | 1:24.59 |
| 2 | Koch, Gretchen | 43 | Dolphins of the Desert Masters-48 | 1:45.26 | 1:48.80 |
| --- | Bailey, Kimberly | 44 | Lane 4 Swimming-10 | NT | NS |
| --- | Van Horn, Alaina | 43 | Lane 4 Swimming-10 | 1:42.19 | NS |

Women 40-44 200 LC Meter Backstroke

WORLD: 2:23.18 ! 8/6/2009 **Jody SMITH** **USA**
USMS: 2:23.18 # 8/6/2009 **JODY SMITH**

| | | | | | |
|---|----------------------|----|-----------------------------------|---------|---------|
| 1 | Tannehill, Jessica L | 41 | Uc12 | NT | 3:02.59 |
| 2 | Koch, Gretchen | 43 | Dolphins of the Desert Masters-48 | 3:36.59 | 3:57.62 |

Women 40-44 50 LC Meter Breaststroke

WORLD: 32.42 ! 9/2/2022 **Nicole HEIDEMANN** **GER**
USMS: 32.47 # 8/19/2016 **KATIE GLENN**

| | | | | | |
|---|------------------|----|-------------------------|---------|---------|
| 1 | Pierce, Jennifer | 41 | Freedom Aquatic Club-12 | 43.23 | 45.25 |
| 2 | Hufford, Ellen | 42 | Arlington Masters-10 | 1:03.28 | 1:01.78 |

2024 Potomac Valley Summer Shorts - 7/21/2024

Sanction #: 104-S006

Results - 2024 Summer Shorts

Women 40-44 200 LC Meter Breaststroke

WORLD: 2:38.44 ! 8/9/2006 S.VON DER LIPPE USA
 USMS: 2:38.44 # 8/9/2006 S VON DER LIPPE

1 Koch, Gretchen 43 Dolphins of the Desert Masters-48 3:52.31 4:06.66

Women 40-44 50 LC Meter Butterfly

WORLD: 28.36 ! 6/8/2013 Erika BRAUN USA
 USMS: 28.36 # 6/8/2013 ERIKA BRAUN

1 Pierce, Jennifer 41 Freedom Aquatic Club-12 37.43 40.84
 2 Bailey, Kimberly 44 Lane 4 Swimming-10 NT 42.65
 --- Van Horn, Alaina 43 Lane 4 Swimming-10 39.55 NS

Women 40-44 100 LC Meter Butterfly

WORLD: 1:03.36 ! 5/23/2009 S.VON DER LIPPE USA
 USMS: 1:02.47 # 6/29/2008 S VON DER LIPPE

1 Koch, Gretchen 43 Dolphins of the Desert Masters-48 1:54.06 1:51.40

Women 40-44 200 LC Meter IM

WORLD: 2:25.03 ! 8/5/2007 S.VON DER LIPPE USA
 USMS: 2:25.03 # 8/5/2007 S VON DER LIPPE

1 Tannehill, Jessica L 41 Uc12 NT 3:07.31
 2 Bailey, Kimberly 44 Lane 4 Swimming-10 NT 3:28.63
 3 Taylor, Alaina 42 Alexandria Masters Swimming-10 3:45.00 3:32.53
 4 Koch, Gretchen 43 Dolphins of the Desert Masters-48 3:45.02 3:47.47

Women 45-49 50 LC Meter Freestyle

WORLD: 26.59 ! 3/16/2011 Edith OTTERMANN RSA
 USMS: 27.09 # 8/5/2017 THOMAS\BRAUN

1 Harrar, Dana 45 The St James Masters-10 33.86 32.86
 2 Law, Amanda 49 North Carolina Masters Swimmin-13 NT 44.02

Women 45-49 100 LC Meter Freestyle

WORLD: 57.40 ! 8/8/2015 Melanie THOMAS USA
 USMS: 57.40 # 8/8/2015 MELANIE THOMAS

1 Harrar, Dana 45 The St James Masters-10 NT 1:13.37

Women 45-49 200 LC Meter Freestyle

WORLD: 2:10.09 ! 6/13/2009 K.PIPES-NEILSEN USA
 USMS: 2:10.09 # 6/13/2009 K PIPES-NEILSEN

1 Harrar, Dana 45 The St James Masters-10 NT 2:42.20
 2 Elkins, Kelly 49 Central Maryland YMCA Masters-9 2:59.58 3:12.97
 3 Law, Amanda 49 North Carolina Masters Swimmin-13 NT 3:35.58

Women 45-49 400 LC Meter Freestyle

WORLD: 4:30.64 ! 4/14/2023 Heidi GEORGE USA
 USMS: 4:30.64 # 4/14/2023 HEIDI GEORGE

1 Law, Amanda 49 North Carolina Masters Swimmin-13 NT 7:31.32

Women 45-49 50 LC Meter Backstroke

WORLD: 31.02 ! 8/18/2016 Cindy MABEE CAN
 USMS: 31.71 # 7/7/2012 JENKINS\REYNOLDS\

1 Elkins, Kelly 49 Central Maryland YMCA Masters-9 44.33 49.26
 2 Law, Amanda 49 North Carolina Masters Swimmin-13 NT 56.47

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Women 45-49 100 LC Meter Backstroke****WORLD: 1:07.04 ! 6/14/2019****Joanna CORBEN GBR****USMS: 1:07.45 # 5/19/2024****JENNIFER MIHALIK**

1 Elkins, Kelly 49 Central Maryland YMCA Masters-9 1:46.60 1:46.59

Women 45-49 50 LC Meter Breaststroke**WORLD: 33.56 ! 8/20/2017****Linley FRAME AUS****USMS: 31.92 # 4/13/2024****GABRIELLE ROSE**

1 Law, Amanda 49 North Carolina Masters Swimmin-13 51.00 51.94

Women 45-49 50 LC Meter Butterfly**WORLD: 28.40 ! 8/5/2017****Erika BRAUN USA****USMS: 28.40 # 8/5/2017****ERIKA BRAUN**

1 Harrar, Dana 45 The St James Masters-10 NT 36.68

Women 45-49 100 LC Meter Butterfly**WORLD: 1:04.96 ! 8/6/2014****Wenke SEIDER USA****USMS: 1:04.96 # 8/6/2014****WENKE SEIDER**

1 Elkins, Kelly 49 Central Maryland YMCA Masters-9 1:42.41 1:52.18

Women 45-49 200 LC Meter Butterfly**WORLD: 2:24.34 ! 6/20/2009****K.PIPES-NEILSEN USA****USMS: 2:24.34 # 6/20/2009****K PIPES-NEILSEN**

1 Elkins, Kelly 49 Central Maryland YMCA Masters-9 4:05.69 4:18.25

Women 50-54 50 LC Meter Freestyle**WORLD: 27.09 ! 6/28/2015****M.Therese FUZZATI FRA****USMS: 27.13 # 6/17/2023****ERIKA BRAUN**

--- Corlette, Sabrina 52 Alexandria Masters Swimming-10 31.94 NS

Women 50-54 100 LC Meter Freestyle**WORLD: 1:00.40 ! 8/6/2023****Erika BRAUN USA****USMS: 1:00.40 # 8/6/2023****ERIKA BRAUN**

--- Corlette, Sabrina 52 Alexandria Masters Swimming-10 1:10.75 NS

Women 50-54 200 LC Meter Freestyle**WORLD: 2:13.18 ! 8/8/2013****Jill HERNANDEZ USA****USMS: 2:13.18 # 8/8/2013****JILL HERNANDEZ**

1 Hane, Carrie 53 Lane 4 Swimming-10 3:03.00 2:56.84

Women 50-54 400 LC Meter Freestyle**WORLD: 4:40.66 ! 8/11/2013****Jill HERNANDEZ USA****USMS: 4:40.66 # 8/11/2013****JILL HERNANDEZ**

1 Hane, Carrie 53 Lane 4 Swimming-10 6:18.00 6:14.54

Women 50-54 50 LC Meter Breaststroke**WORLD: 34.18 ! 6/13/2012****Monica CORO ITA****USMS: 36.47 # 8/20/2022****ERIKA BRAUN**

1 Bistrack, Jennifer 52 Maryland Masters-9 40.78 43.44

Women 50-54 100 LC Meter Breaststroke**WORLD: 1:15.44 ! 6/4/2022****Helen GORMAN GBR****USMS: 1:21.34 # 7/8/2023****ERIKA BRAUN**

1 Bistrack, Jennifer 52 Maryland Masters-9 1:28.86 1:33.65

2024 Potomac Valley Summer Shorts - 7/21/2024

Sanction #: 104-S006

Results - 2024 Summer Shorts

Women 50-54 50 LC Meter Butterfly

WORLD: 29.08 ! 8/7/2023 Susan O'NEILL AUS
 USMS: 29.47 # 8/4/2022 ERIKA BRAUN

1 Bistrack, Jennifer 52 Maryland Masters-9 35.11 36.09
 --- Corlette, Sabrina 52 Alexandria Masters Swimming-10 36.69 NS

Women 50-54 200 LC Meter IM

WORLD: 2:31.02 ! 8/7/2016 Ellen REYNOLDS USA
 USMS: 2:31.02 # 8/7/2016 ELLEN REYNOLDS

1 Hane, Carrie 53 Lane 4 Swimming-10 3:40.00 3:34.41

Women 55-59 50 LC Meter Freestyle

WORLD: 27.94 ! 4/21/2023 Jennie BUCKNELL AUS
 USMS: 28.46 # 8/8/2019 HOLLY GREEN BLAIR

1 Wall, Janet 56 Lane 4 Swimming-10 36.00 39.07

Women 55-59 100 LC Meter Freestyle

WORLD: 1:01.87 ! 4/20/2023 Jennie BUCKNELL AUS
 USMS: 1:02.02 # 8/13/2007 VAL\VAL

1 Wall, Janet 56 Lane 4 Swimming-10 1:23.23 1:24.60

Women 55-59 200 LC Meter Freestyle

WORLD: 2:16.28 ! 8/11/2019 Ellen REYNOLDS USA
 USMS: 2:16.28 # 8/11/2019 VAL\REYNOLDS

1 Wall, Janet 56 Lane 4 Swimming-10 2:44.00 3:08.37

Women 55-59 50 LC Meter Backstroke

WORLD: 31.99 ! 8/2/2018 Holly GREEN BLAIR USA
 USMS: 31.99 # 8/2/2018 HOLLY GREEN BLAIR

--- Williams, Susan O 58 Club Tribe-12 33.61 NS

Women 55-59 100 LC Meter Backstroke

WORLD: 1:09.69 ! 8/11/2019 Holly GREEN BLAIR USA
 USMS: 1:09.69 # 8/11/2019 HOLLY GREEN BLAIR

--- Vazquez, Maria 59 North Carolina Masters Swimmin-13 1:20.89 NS
 --- Williams, Susan O 58 Club Tribe-12 1:15.72 NS

Women 55-59 200 LC Meter Backstroke

WORLD: 2:31.79 ! 5/19/2019 Ellen REYNOLDS USA
 USMS: 2:31.79 # 5/19/2019 ELLEN REYNOLDS

1 Vazquez, Maria 59 North Carolina Masters Swimmin-13 2:49.80 2:50.73

Women 55-59 50 LC Meter Butterfly

WORLD: 30.43 ! 8/7/2023 Andrea MULLER CHI
 USMS: 30.52 # 7/10/2016 LESLIE LIVINGSTON

--- Williams, Susan O 58 Club Tribe-12 31.13 NS

Women 55-59 200 LC Meter IM

WORLD: 2:31.51 ! 7/6/2019 Ellen REYNOLDS USA
 USMS: 2:31.51 # 7/6/2019 ELLEN REYNOLDS

1 Vazquez, Maria 59 North Carolina Masters Swimmin-13 2:53.74 2:53.81

Women 60-64 50 LC Meter Freestyle

WORLD: 28.84 ! 8/5/2023 Holly GREEN USA
 USMS: 28.84 # 8/5/2023 HOLLY GREEN

1 Restrepo, Marie 62 Club Tribe-12 32.00 32.53

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****(Women 60-64 50 LC Meter Freestyle)**

| | | | | | |
|-----|-----------------|----|---------------------|---------|---------|
| 2 | Rarick, Lisa | 64 | DC Water Wizards-10 | 44.00 | 44.91 |
| 3 | Donatelli, Mary | 60 | DC Water Wizards-10 | 1:01.23 | 1:01.61 |
| --- | Rider, Kara | 61 | Uc10 | 41.00 | NS |

Women 60-64 100 LC Meter Freestyle

WORLD: 1:03.83 ! 8/5/2011 Laura VAL USA
USMS: 1:03.83 # 8/5/2011 LAURA VAL

| | | | | | |
|-----|--------------------|----|------------------------|---------|---------|
| 1 | Sprietsma, Michele | 61 | Garden State Masters-7 | 2:01.00 | 1:27.14 |
| 2 | Orr, Jan | 64 | Lakeway Masters-43 | 1:47.00 | 1:33.74 |
| 3 | Rarick, Lisa | 64 | DC Water Wizards-10 | 1:40.00 | 1:40.93 |
| --- | Rider, Kara | 61 | Uc10 | 1:33.50 | NS |

Women 60-64 200 LC Meter Freestyle

WORLD: 2:21.03 ! 3/20/2019 Jenny WHITELEY AUS
USMS: 2:21.48 # 6/12/2012 LAURA VAL

| | | | | | |
|-----|-----------------------|----|---------------------------|---------|---------|
| 1 | Kuvin Kupfer, Michele | 62 | Arlington Masters-10 | 2:42.60 | 2:42.22 |
| 2 | Orr, Jan | 64 | Lakeway Masters-43 | 3:40.00 | 3:26.63 |
| 3 | Doyle, Gabrielle | 62 | DC Water Wizards-10 | 4:30.00 | 4:24.97 |
| --- | Rider, Kara | 61 | Uc10 | 3:25.00 | NS |
| --- | Merrick, Jamie | 64 | Anne Arundel Amphibians-9 | 3:15.00 | NS |

Women 60-64 400 LC Meter Freestyle

WORLD: 4:53.58 ! 6/11/2022 Lynn MARSHALL CAN
USMS: 4:59.82 # 8/12/2012 LAURA VAL

| | | | | | |
|-----|-----------------------|----|---------------------------|---------|---------|
| 1 | Kuvin Kupfer, Michele | 62 | Arlington Masters-10 | 5:40.77 | 5:42.76 |
| 2 | Merrick, Jamie | 64 | Anne Arundel Amphibians-9 | 6:35.00 | 6:52.75 |
| 3 | Orr, Jan | 64 | Lakeway Masters-43 | 7:20.00 | 7:11.27 |
| 4 | Rarick, Lisa | 64 | DC Water Wizards-10 | 8:00.00 | 7:41.81 |
| 5 | Doyle, Gabrielle | 62 | DC Water Wizards-10 | 9:00.00 | 8:54.36 |
| --- | Rider, Kara | 61 | Uc10 | 7:08.00 | NS |

Women 60-64 50 LC Meter Backstroke

WORLD: 33.38 ! 8/5/2023 Holly GREEN USA
USMS: 33.38 # 8/5/2023 HOLLY GREEN

| | | | | | |
|---|---------------------|----|-----------------------------|-------|-------|
| 1 | Restrepo, Marie | 62 | Club Tribe-12 | 39.00 | 39.12 |
| 2 | Brightwell, Kim | 64 | Reston Masters Swim Team-10 | 39.19 | 39.52 |
| 3 | Bergamini, Margaret | 61 | Maryland Masters-9 | 40.05 | 42.38 |

Women 60-64 100 LC Meter Backstroke

WORLD: 1:10.22 ! 2/28/2024 Ellen REYNOLDS USA
USMS: 1:10.22 # 2/28/2024 ELLEN REYNOLDS

| | | | | | |
|---|--------------------|----|------------------------|---------|---------|
| 1 | Sprietsma, Michele | 61 | Garden State Masters-7 | 2:17.00 | 1:38.52 |
| 2 | Doyle, Gabrielle | 62 | DC Water Wizards-10 | 2:30.00 | 2:27.10 |

Women 60-64 200 LC Meter Backstroke

WORLD: 2:30.58 ! 2/27/2024 Ellen REYNOLDS USA
USMS: 2:30.58 # 2/27/2024 ELLEN REYNOLDS

| | | | | | |
|-----|---------------------|----|-----------------------------|---------|---------|
| 1 | Brightwell, Kim | 64 | Reston Masters Swim Team-10 | 3:05.61 | 3:10.23 |
| 2 | Doyle, Gabrielle | 62 | DC Water Wizards-10 | 5:00.00 | 5:04.11 |
| --- | Bergamini, Margaret | 61 | Maryland Masters-9 | 3:20.50 | NS |

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Women 60-64 50 LC Meter Breaststroke**

WORLD: 37.43 ! 2/6/2022 **Monica CORO'** **ITA**
USMS: 39.02 # 8/19/2016 **BETH ESTEL**

| | | | | | |
|---|---------------------|----|-----------------------------|-------|-------|
| 1 | Brightwell, Kim | 64 | Reston Masters Swim Team-10 | 46.33 | 46.03 |
| 2 | Bergamini, Margaret | 61 | Maryland Masters-9 | 50.00 | 53.03 |
| 3 | Merrick, Jamie | 64 | Anne Arundel Amphibians-9 | 59.00 | 53.11 |

Women 60-64 100 LC Meter Breaststroke

WORLD: 1:23.04 ! 5/20/2022 **Moncia CORO'** **ITA**
USMS: 1:27.24 # 8/18/2016 **BETH ESTEL**

| | | | | | |
|-----|--------------------|----|---------------------------|---------|---------|
| 1 | Sprietsma, Michele | 61 | Garden State Masters-7 | 2:30.00 | 2:00.55 |
| --- | Merrick, Jamie | 64 | Anne Arundel Amphibians-9 | 2:30.00 | NS |

Women 60-64 50 LC Meter Butterfly

WORLD: 29.90 ! 8/4/2023 **Holly GREEN** **USA**
USMS: 29.90 # 8/4/2023 **HOLLY GREEN**

| | | | | | |
|---|----------------|----|---------------------------|-------|-------|
| 1 | Merrick, Jamie | 64 | Anne Arundel Amphibians-9 | 50.00 | 46.11 |
| 2 | Rarick, Lisa | 64 | DC Water Wizards-10 | 50.00 | 56.18 |

Women 60-64 100 LC Meter Butterfly

WORLD: 1:12.06 ! 8/4/2011 **Laura VAL** **USA**
USMS: 1:12.06 # 8/4/2011 **LAURA VAL**

| | | | | | |
|-----|--------------------|----|------------------------|---------|----|
| --- | Sprietsma, Michele | 61 | Garden State Masters-7 | 2:17.00 | NS |
|-----|--------------------|----|------------------------|---------|----|

Women 60-64 200 LC Meter Butterfly

WORLD: 2:41.03 ! 8/6/2011 **Laura VAL** **USA**
USMS: 2:41.03 # 8/6/2011 **LAURA VAL**

| | | | | | |
|---|---------------------|----|--------------------|---------|---------|
| 1 | Bergamini, Margaret | 61 | Maryland Masters-9 | 3:40.50 | 3:51.96 |
|---|---------------------|----|--------------------|---------|---------|

Women 60-64 200 LC Meter IM

WORLD: 2:34.27 ! 2/29/2024 **Ellen REYNOLDS** **USA**
USMS: 2:34.27 # 2/29/2024 **ELLEN REYNOLDS**

| | | | | | |
|---|-----------------|----|---------------------|---------|---------|
| 1 | Rarick, Lisa | 64 | DC Water Wizards-10 | 4:00.00 | 4:18.78 |
| 2 | Donatelli, Mary | 60 | DC Water Wizards-10 | 5:43.21 | 5:45.00 |

Women 65-69 50 LC Meter Freestyle

WORLD: 29.10 ! 8/3/2019 **Penny NOYES** **USA**
USMS: 29.10 # 8/3/2019 **PENNY NOYES**

| | | | | | |
|---|------------------|----|--------------------------------|---------|---------|
| 1 | Cardillo, Lauren | 66 | Alexandria Masters Swimming-10 | 49.31 | 51.59 |
| 2 | Gossman, Jean | 66 | DC Water Wizards-10 | 1:10.32 | 1:16.55 |

Women 65-69 100 LC Meter Freestyle

WORLD: 1:04.89 ! 7/30/2018 **Laura VAL** **USA**
USMS: 1:04.89 # 7/30/2018 **LAURA VAL**

| | | | | | |
|-----|---------------|----|---------------------|----|----|
| --- | Gossman, Jean | 66 | DC Water Wizards-10 | NT | NS |
|-----|---------------|----|---------------------|----|----|

Women 65-69 200 LC Meter Freestyle

WORLD: 2:25.29 ! 8/18/2016 **Laura VAL** **USA**
USMS: 2:25.29 # 8/18/2016 **LAURA VAL**

| | | | | | |
|---|--------------|----|---------------------|---------|---------|
| 1 | Nash, Undine | 67 | DC Water Wizards-10 | 4:49.00 | 4:50.22 |
|---|--------------|----|---------------------|---------|---------|

Women 65-69 400 LC Meter Freestyle

WORLD: 5:12.80 ! 8/10/2019 **Laura VAL** **USA**
USMS: 5:12.80 # 8/10/2019 **LAURA VAL**

| | | | | | |
|---|---------------|----|---------------------|---------|----------|
| 1 | Nash, Undine | 67 | DC Water Wizards-10 | 9:56.89 | 10:31.23 |
| 2 | Gossman, Jean | 66 | DC Water Wizards-10 | NT | 14:29.38 |

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Women 65-69 50 LC Meter Backstroke**

WORLD: 33.59 ! 8/2/2018 **Laura VAL** **USA**
USMS: 33.59 # 8/2/2018 **LAURA VAL**

1 Gossman, Jean 66 DC Water Wizards-10 1:42.66 1:42.66

Women 65-69 100 LC Meter Backstroke

WORLD: 1:14.49 ! 7/31/2018 **Laura VAL** **USA**
USMS: 1:14.49 # 7/31/2018 **LAURA VAL**

1 Nash, Undine 67 DC Water Wizards-10 2:31.47 2:17.58

--- Gossman, Jean 66 DC Water Wizards-10 NT NS

Women 65-69 200 LC Meter Backstroke

WORLD: 2:47.70 ! 8/8/2019 **Laura VAL** **USA**
USMS: 2:47.70 # 8/8/2019 **LAURA VAL**

1 Nash, Undine 67 DC Water Wizards-10 5:27.00 4:49.48

Women 65-69 50 LC Meter Breaststroke

WORLD: 39.91 ! 4/2/2023 **Jenny WHITELEY** **AUS**
USMS: 41.71 # 9/9/2023 **KAREN MAREB**

1 Cardillo, Lauren 66 Alexandria Masters Swimming-10 59.91 1:00.20

Women 65-69 100 LC Meter Breaststroke

WORLD: 1:28.18 ! 2/25/2023 **Jenney WHITELEY** **AUS**
USMS: 1:32.24 # 8/10/2019 **LO KNAPP**

1 Calobong-Pierce, Carol Lynn 67 Freedom Aquatic Club-12 1:49.22 1:50.16

Women 65-69 200 LC Meter Breaststroke

WORLD: 3:12.63 ! 6/17/2022 **Amanda HEATH** **GBR**
USMS: 3:19.03 # 8/4/2023 **KAREN MAREB**

1 Calobong-Pierce, Carol Lynn 67 Freedom Aquatic Club-12 3:54.48 3:54.37

2 Nash, Undine 67 DC Water Wizards-10 4:35.00 4:47.10

Women 65-69 200 LC Meter IM

WORLD: 2:51.52 ! 8/4/2019 **Penny NOYES** **USA**
USMS: 2:51.52 # 8/4/2019 **PENNY NOYES**

1 Calobong-Pierce, Carol Lynn 67 Freedom Aquatic Club-12 3:42.91 3:50.45

Women 70-74 50 LC Meter Freestyle

WORLD: 30.73 ! 10/9/2021 **Laura VAL** **USA**
USMS: 30.73 # 10/9/2021 **LAURA VAL**

1 Labukas, Kathy 74 DC Water Wizards-10 43.00 41.73

Women 70-74 200 LC Meter Freestyle

WORLD: 2:29.72 ! 8/14/2022 **Laura VAL** **USA**
USMS: 2:29.72 # 8/14/2022 **LAURA VAL**

--- Fleeson, Lucinda 74 DC Water Wizards-10 7:00.00 NS

Women 70-74 50 LC Meter Backstroke

WORLD: 34.65 ! 10/10/2021 **Laura VAL** **USA**
USMS: 34.65 # 10/10/2021 **LAURA VAL**

1 Fleeson, Lucinda 74 DC Water Wizards-10 1:50.00 1:32.88

Women 70-74 100 LC Meter Backstroke

WORLD: 1:16.27 ! 8/4/2023 **Laura VAL** **USA**
USMS: 1:16.27 # 8/4/2023 **LAURA VAL**

1 Boslego, Barbara 73 Virginia Masters Swim Team-12 1:45.91 1:52.77

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Women 70-74 200 LC Meter Backstroke****WORLD: 2:49.43 ! 10/8/2021****Laura VAL USA****USMS: 2:49.43 # 10/8/2021****LAURA VAL**

1 Labukas, Kathy 74 DC Water Wizards-10 4:30.00 3:56.93

Women 70-74 50 LC Meter Breaststroke**WORLD: 41.67 ! 6/22/2014****Monika SENFTLEBEN GER****USMS: 43.19 # 8/3/2018****DANA BROWN**

1 Boslego, Barbara 73 Virginia Masters Swim Team-12 52.17 52.35

Women 70-74 100 LC Meter Breaststroke**WORLD: 1:35.93 ! 10/2/2016****Nobuko YASUDA JPN****USMS: 1:36.91 # 7/31/2021****CHARLOTTE DAVIS**

1 Boslego, Barbara 73 Virginia Masters Swim Team-12 2:00.34 2:01.55

--- Fleeson, Lucinda 74 DC Water Wizards-10 4:00.00 NS

Women 70-74 200 LC Meter Breaststroke**WORLD: 3:29.25 ! 7/15/2017****Nobuko YASUDA JPN****USMS: 3:29.91 # 10/9/2021****CHARLOTTE DAVIS**

1 Boslego, Barbara 73 Virginia Masters Swim Team-12 4:26.01 4:27.80

2 Fleeson, Lucinda 74 DC Water Wizards-10 8:00.00 7:17.26

Women 70-74 200 LC Meter IM**WORLD: 3:00.96 ! 8/1/2021****Laura VAL USA****USMS: 3:00.96 # 8/1/2021****LAURA VAL**

1 Labukas, Kathy 74 DC Water Wizards-10 4:20.00 4:16.50

Women 75-79 50 LC Meter Freestyle**WORLD: 34.11 ! 10/8/2021****Diann UUSTAL USA****USMS: 34.11 # 10/8/2021****DIANN UUSTAL**

1 Bennett, Ruth 78 Reston Masters Swim Team-10 41.47 42.29

2 Hamilton, Ruth 77 DC Water Wizards-10 1:10.00 1:05.36

3 Bachman, Martha 76 Cavalier Masters-12 1:10.00 1:11.71

Women 75-79 100 LC Meter Freestyle**WORLD: 1:17.38 ! 10/9/2021****Diann UUSTAL USA****USMS: 1:17.38 # 10/9/2021****DIANN UUSTAL**

1 Bennett, Ruth 78 Reston Masters Swim Team-10 1:38.08 1:33.73

2 Hamilton, Ruth 77 DC Water Wizards-10 2:25.00 2:18.50

3 Bachman, Martha 76 Cavalier Masters-12 2:20.00 2:40.09

Women 75-79 200 LC Meter Freestyle**WORLD: 2:54.26 ! 9/27/2013****Yoshiko OSAKI JPN****USMS: 2:56.07 # 8/6/2022****DIANN UUSTAL**

1 Bennett, Ruth 78 Reston Masters Swim Team-10 3:42.22 3:30.20

2 Hamilton, Ruth 77 DC Water Wizards-10 5:00.00 5:03.90

Women 75-79 400 LC Meter Freestyle**WORLD: 6:12.25 ! 7/12/2013****Yoshiko OSAKI JPN****USMS: 6:27.04 # 8/21/2021****DIANN UUSTAL**

1 Hamilton, Ruth 77 DC Water Wizards-10 10:15.00 10:23.11

Women 75-79 50 LC Meter Backstroke**WORLD: 40.08 ! 10/9/2021****Diann UUSTAL USA****USMS: 40.08 # 10/9/2021****DIANN UUSTAL**

1 Bachman, Martha 76 Cavalier Masters-12 1:30.00 1:18.24

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Women 75-79 100 LC Meter Backstroke**

WORLD: 1:28.67 ! 10/10/2021 **Diann UUSTAL** **USA**
USMS: 1:28.67 # 10/10/2021 **DIANN UUSTAL**

1 Bachman, Martha 76 Cavalier Masters-12 2:45.00 2:58.46

Women 75-79 50 LC Meter Breaststroke

WORLD: 43.95 ! 3/6/2010 **Shoko YONEZAWA** **JPN**
USMS: 47.10 # 7/19/2014 **JOANN LEILICH**

1 Carter, Susan B 77 Virginia Masters Swim Team-12 1:04.08 1:02.55
 2 Bachman, Martha 76 Cavalier Masters-12 1:40.00 1:31.70

Women 75-79 100 LC Meter Breaststroke

WORLD: 1:38.81 ! 3/6/2010 **Shoko YONEZAWA** **JPN**
USMS: 1:42.18 # 8/15/2014 **JOANN LEILICH**

1 Carter, Susan B 77 Virginia Masters Swim Team-12 2:24.28 2:22.44

Women 80-84 50 LC Meter Freestyle

WORLD: 36.61 ! 7/15/2018 **Yoshiko OSAKI** **JPN**
USMS: 38.64 # 3/7/2009 **GAIL ROPER**

1 Schreiner, Beth 83 Virginia Masters Swim Team-12 44.62 45.84

Women 80-84 100 LC Meter Freestyle

WORLD: 1:23.16 ! 7/14/2018 **Yoshiko OSAKI** **JPN**
USMS: 1:27.55 # 3/7/2009 **GAIL ROPER**

1 Schreiner, Beth 83 Virginia Masters Swim Team-12 1:45.00 1:44.13

Women 80-84 400 LC Meter Freestyle

WORLD: 6:39.90 ! 5/5/2012 **Jane ASHER** **GBR**
USMS: 7:24.53 # 6/10/2007 **JEAN TROY**

1 Schreiner, Beth 83 Virginia Masters Swim Team-12 8:15.00 8:03.27

Men 18-24 50 LC Meter Freestyle

USMS: 21.78 # 7/1/2012 **JOSH SCHNEIDER**

1 Conaton, William 19 Virginia Tech Swim Club-58 25.50 25.91
 2 Radgowski, Emmett 20 Virginia Tech Swim Club-58 26.71 26.84
 3 Owen, Michael 20 Virginia Tech Swim Club-58 27.63 27.08
 4 Frankovich, Joseph D 24 Uc10 29.99 27.16
 5 Horton, Fabian 20 Wcu Swim Club-58 26.51 27.44
 6 Youngbar, Matthew 24 District Of Columbia Aquatics-10 30.00 28.65
 7 Toman, Will 19 University of Utah Club Swimmi-58 28.66 30.20
 8 Elliott, Stephen 23 Reston Masters Swim Team-10 29.50 30.64
 --- Smith, Tristan 22 Uc13 NT NS

Men 18-24 100 LC Meter Freestyle

USMS: 48.45 # 6/16/2021 **COLEMAN STEWART**

1 Kuhn, Samuel 24 District Of Columbia Aquatics-10 NT 59.71
 2 Radgowski, Emmett 20 Virginia Tech Swim Club-58 1:03.72 1:01.11
 3 Frankovich, Joseph D 24 Uc10 1:03.99 1:01.21
 4 Smith, Tristan 22 Uc13 NT 1:04.52

Men 18-24 200 LC Meter Freestyle

USMS: 1:52.74 # 8/16/1998 **JOE TRISTAN**

1 Owen, Michael 20 Virginia Tech Swim Club-58 2:08.84 2:14.80
 2 Horton, Fabian 20 Wcu Swim Club-58 2:13.31 2:21.46
 3 Smith, Tristan 22 Uc13 NT 2:42.11

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****(Men 18-24 200 LC Meter Freestyle)**

| | | | | | |
|---|----------------|----|-----------------------------|---------|---------|
| 4 | Yerram, Nihaal | 23 | Reston Masters Swim Team-10 | 2:57.00 | 2:58.47 |
|---|----------------|----|-----------------------------|---------|---------|

Men 18-24 400 LC Meter Freestyle**USMS: 4:04.68 # 8/13/2007 HYUN SEUNG LEE**

| | | | | | |
|---|-------------------|----|----------------------------------|---------|---------|
| 1 | Youngbar, Matthew | 24 | District Of Columbia Aquatics-10 | 4:40.00 | 4:42.16 |
| 2 | Owen, Michael | 20 | Virginia Tech Swim Club-58 | 4:41.46 | 4:51.15 |
| 3 | Yerram, Nihaal | 23 | Reston Masters Swim Team-10 | 6:01.00 | 6:10.28 |

Men 18-24 100 LC Meter Backstroke**USMS: 53.61 # 6/27/2012 EUGENE GODSOE**

| | | | | | |
|---|--------------|----|----------------------------------|----|---------|
| 1 | Kuhn, Samuel | 24 | District Of Columbia Aquatics-10 | NT | 1:11.51 |
|---|--------------|----|----------------------------------|----|---------|

Men 18-24 200 LC Meter Backstroke**USMS: 2:03.82 # 7/30/2018 TAKEHARU FUJIMORI**

| | | | | | |
|---|------------------|----|----------------------------------|---------|---------|
| 1 | Kuhn, Samuel | 24 | District Of Columbia Aquatics-10 | NT | 2:26.42 |
| 2 | Yoffe, Matthew J | 24 | Connecticut Masters-5 | 2:58.57 | 2:58.59 |
| 3 | Yerram, Nihaal | 23 | Reston Masters Swim Team-10 | 3:18.00 | 3:23.79 |

Men 18-24 50 LC Meter Breaststroke**USMS: 28.87 # 8/15/2005 DAVE ROLLINS**

| | | | | | |
|---|----------------------|----|----------------------------|-------|-------|
| 1 | Radgowski, Emmett | 20 | Virginia Tech Swim Club-58 | 33.80 | 33.48 |
| 2 | Frankovich, Joseph D | 24 | Uc10 | 38.99 | 37.18 |
| 3 | Horton, Fabian | 20 | Wcu Swim Club-58 | 36.91 | 38.08 |
| 4 | Yoffe, Matthew J | 24 | Connecticut Masters-5 | 39.19 | 40.24 |
| 5 | Smith, Tristan | 22 | Uc13 | NT | 40.66 |

Men 18-24 100 LC Meter Breaststroke**USMS: 1:00.68 # 8/25/2016 JACOB MONTAGUE**

| | | | | | |
|---|-------------------|----|----------------------------|---------|---------|
| 1 | Radgowski, Emmett | 20 | Virginia Tech Swim Club-58 | 1:14.49 | 1:16.72 |
| 2 | Owen, Michael | 20 | Virginia Tech Swim Club-58 | 1:20.41 | 1:20.90 |

Men 18-24 200 LC Meter Breaststroke**USMS: 2:11.10 # 6/29/2012 ELLIOT KEEFER**

| | | | | | |
|---|------------------|----|-----------------------|---------|---------|
| 1 | Yoffe, Matthew J | 24 | Connecticut Masters-5 | 3:20.23 | 3:19.91 |
|---|------------------|----|-----------------------|---------|---------|

Men 18-24 50 LC Meter Butterfly**USMS: 24.20 # 8/8/2014 THOMAS SHIELDS**

| | | | | | |
|---|-------------------|----|-----------------------------------|-------|-------|
| 1 | Conaton, William | 19 | Virginia Tech Swim Club-58 | 27.70 | 28.31 |
| 2 | Horton, Fabian | 20 | Wcu Swim Club-58 | 28.88 | 29.05 |
| 3 | Youngbar, Matthew | 24 | District Of Columbia Aquatics-10 | 30.00 | 29.44 |
| 4 | Elliott, Stephen | 23 | Reston Masters Swim Team-10 | 31.00 | 31.85 |
| 5 | Toman, Will | 19 | University of Utah Club Swimmi-58 | 32.15 | 33.47 |

Men 18-24 100 LC Meter Butterfly**USMS: 51.29 # 8/8/2014 THOMAS SHIELDS**

| | | | | | |
|---|-------------------|----|----------------------------------|---------|---------|
| 1 | Youngbar, Matthew | 24 | District Of Columbia Aquatics-10 | 1:04.00 | 1:05.43 |
| 2 | Elliott, Stephen | 23 | Reston Masters Swim Team-10 | NT | 1:12.94 |
| 3 | Yerram, Nihaal | 23 | Reston Masters Swim Team-10 | 2:01.00 | 2:04.48 |

Men 18-24 200 LC Meter Butterfly**USMS: 1:55.09 # 8/6/2014 THOMAS SHIELDS**

| | | | | | |
|---|-------------------|----|----------------------------------|---------|---------|
| 1 | Youngbar, Matthew | 24 | District Of Columbia Aquatics-10 | 2:20.00 | 2:26.89 |
| 2 | Yoffe, Matthew J | 24 | Connecticut Masters-5 | NT | 3:22.86 |

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 18-24 200 LC Meter IM****USMS: 2:05.80 # 6/30/2016 JACOB MONTAGUE**

| | | | | | |
|---|------------------|----|-----------------------|---------|---------|
| 1 | Horton, Fabian | 20 | Wcu Swim Club-58 | 2:34.14 | 2:41.40 |
| 2 | Yoffe, Matthew J | 24 | Connecticut Masters-5 | 2:55.23 | 2:52.18 |

Men 25-29 50 LC Meter Freestyle**WORLD: 22.30 ! 2/18/2017 A.LIUKKONEN FIN****USMS: 21.69 # 8/10/2014 NATHAN ADRIAN**

| | | | | | |
|-----|-------------------|----|-----------------------------------|-------|-------|
| 1 | Brinkley, Samuel | 27 | North Carolina Masters Swimmin-13 | 25.44 | 25.71 |
| 2 | Rinald, Kevin | 28 | Uc12 | 27.07 | 28.46 |
| 3 | Carley, Samuel | 28 | Montgomery Ancient Mariners-10 | 29.00 | 28.48 |
| 4 | Jo, Nate | 25 | District Of Columbia Aquatics-10 | 28.00 | 29.38 |
| 5 | Perillo, Henry | 27 | Arlington Masters-10 | 32.77 | 30.34 |
| 6 | Morgan, Andrew | 28 | Arlington Masters-10 | 35.03 | 36.55 |
| --- | de Xavier, Thomas | 25 | Uc10 | 25.90 | NS |

Men 25-29 100 LC Meter Freestyle**WORLD: 48.72 ! 5/26/2023 Vladislav GRINEV RUS****USMS: 47.96 # 6/27/2017 NATHAN ADRIAN**

| | | | | | |
|-----|-----------------|----|----------------------------------|---------|---------|
| 1 | Casey, Grant | 29 | District Of Columbia Aquatics-10 | 1:00.14 | 59.59 |
| 2 | Carley, Samuel | 28 | Montgomery Ancient Mariners-10 | 1:00.00 | 1:02.90 |
| 3 | Rinald, Kevin | 28 | Uc12 | 1:00.45 | 1:03.81 |
| 4 | Jo, Nate | 25 | District Of Columbia Aquatics-10 | 1:05.00 | 1:07.34 |
| --- | Miller, Austin | 29 | Montgomery Ancient Mariners-10 | 1:03.01 | NS |
| --- | Boersma, Philip | 25 | Uc10 | 1:11.63 | NS |

Men 25-29 200 LC Meter Freestyle**WORLD: 1:50.76 ! 8/16/2017 D.DURANGO ESP****USMS: 1:50.69 # 6/26/2013 ALEX WOLD**

| | | | | | |
|-----|----------------|----|--------------------------------|---------|---------|
| 1 | Rinald, Kevin | 28 | Uc12 | 2:20.15 | 2:30.91 |
| --- | Miller, Austin | 29 | Montgomery Ancient Mariners-10 | 2:30.00 | NS |

Men 25-29 400 LC Meter Freestyle**WORLD: 4:00.96 ! 6/5/2022 Alexander FEDOROV RUS****USMS: 3:55.01 # 6/28/2013 ALEX WOLD**

| | | | | | |
|---|---------------|----|------|---------|---------|
| 1 | Rinald, Kevin | 28 | Uc12 | 5:34.00 | 5:33.96 |
|---|---------------|----|------|---------|---------|

Men 25-29 50 LC Meter Backstroke**WORLD: 25.44 ! 4/3/2016 Anton BUTYMOV RUS****USMS: 26.05 # 5/22/2011 ADAM MANIA**

| | | | | | |
|---|------------------|----|-----------------------------------|-------|-------|
| 1 | Kelber, Jordan M | 27 | North Carolina Masters Swimmin-13 | 29.61 | 30.69 |
|---|------------------|----|-----------------------------------|-------|-------|

Men 25-29 100 LC Meter Backstroke**WORLD: 55.09 ! 11/21/2021 Ryota MAEJIMA JPN****USMS: 55.15 # 8/3/2011 ADAM MANIA**

| | | | | | |
|-----|------------------|----|-----------------------------------|---------|---------|
| 1 | Kelber, Jordan M | 27 | North Carolina Masters Swimmin-13 | 1:02.72 | 1:06.14 |
| --- | Kraynak, Luke | 28 | Uc08 | 1:15.82 | NS |
| --- | Miller, Austin | 29 | Montgomery Ancient Mariners-10 | 1:15.00 | NS |

Men 25-29 50 LC Meter Breaststroke**WORLD: 27.21 ! 4/18/2021 Kirill STRELNIKOV RUS****USMS: 27.83 # 8/13/2022 PAVEL ROMANOV**

| | | | | | |
|---|------------------|----|-----------------------------------|-------|-------|
| 1 | Husch, Stephen | 28 | Jersey Aquatic Center Masters-7 | 29.48 | 29.13 |
| 2 | Casey, Grant | 29 | District Of Columbia Aquatics-10 | 37.32 | 36.91 |
| 3 | Brinkley, Samuel | 27 | North Carolina Masters Swimmin-13 | 34.50 | 36.92 |

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****(Men 25-29 50 LC Meter Breaststroke)**

| | | | | | |
|---|----------------|----|----------------------|-------|-------|
| 4 | Perillo, Henry | 27 | Arlington Masters-10 | 37.19 | 39.59 |
| 5 | Morgan, Andrew | 28 | Arlington Masters-10 | 43.16 | 46.32 |

Men 25-29 100 LC Meter Breaststroke

WORLD: 1:00.39 ! 4/16/2021 Kirill STRELNIKOV RUS
USMS: 1:00.68 # 6/28/2013 BJ JOHNSON

| | | | | | |
|---|----------------|----|----------------------------------|---------|---------|
| 1 | Husch, Stephen | 28 | Jersey Aquatic Center Masters-7 | 1:07.72 | 1:06.15 |
| 2 | Casey, Grant | 29 | District Of Columbia Aquatics-10 | 1:25.34 | 1:25.69 |
| 3 | Carley, Samuel | 28 | Montgomery Ancient Mariners-10 | 1:20.00 | 1:25.82 |
| 4 | Morgan, Andrew | 28 | Arlington Masters-10 | 1:33.67 | 1:36.62 |

Men 25-29 50 LC Meter Butterfly

WORLD: 23.71 ! 8/16/2008 Kohei KAWAMOTO USA
USMS: 23.71 # 8/16/2008 KOHEI KAWAMOTO

| | | | | | |
|-----|-------------------|----|-----------------------------------|-------|-------|
| 1 | Kelber, Jordan M | 27 | North Carolina Masters Swimmin-13 | 28.66 | 28.44 |
| 2 | Brinkley, Samuel | 27 | North Carolina Masters Swimmin-13 | 28.50 | 28.49 |
| 3 | Casey, Grant | 29 | District Of Columbia Aquatics-10 | 29.59 | 28.62 |
| 4 | Morgan, Andrew | 28 | Arlington Masters-10 | 36.62 | 36.82 |
| --- | de Xavier, Thomas | 25 | Uc10 | 27.50 | NS |

Men 25-29 100 LC Meter Butterfly

WORLD: 53.09 ! 8/15/2008 Kohei KAWAMOTO USA
USMS: 51.20 # 7/2/2016 THOMAS SHIELDS

| | | | | | |
|-----|-----------------|----|----------------------------------|---------|---------|
| 1 | Kraynak, Luke | 28 | Uc08 | 1:13.05 | 1:17.32 |
| 2 | Jo, Nate | 25 | District Of Columbia Aquatics-10 | 1:25.00 | 1:25.03 |
| --- | Boersma, Philip | 25 | Uc10 | 1:14.49 | NS |

Men 25-29 200 LC Meter IM

WORLD: 2:03.62 ! 4/28/2019 Dmitrii GORBUNOV RUS
USMS: 2:04.40 # 7/14/2013 ADAM RITTER

| | | | | | |
|-----|-------------------|----|--------------------------------|---------|---------|
| 1 | Carley, Samuel | 28 | Montgomery Ancient Mariners-10 | 2:30.00 | 2:42.40 |
| 2 | Morgan, Andrew | 28 | Arlington Masters-10 | 3:20.00 | 3:17.72 |
| --- | de Xavier, Thomas | 25 | Uc10 | 2:25.20 | NS |

Men 30-34 50 LC Meter Freestyle

WORLD: 22.13 ! 7/13/2013 Roland SCHOEMAN USA
USMS: 21.55 # 8/10/2014 ANTHONY ERVIN

| | | | | | |
|---|---------------|----|--------------------------------|-------|-------|
| 1 | Tran, William | 33 | Arlington Masters-10 | 27.88 | 28.90 |
| 2 | Gill, Spencer | 32 | Montgomery Ancient Mariners-10 | 27.81 | 29.21 |

Men 30-34 400 LC Meter Freestyle

WORLD: 3:58.12 ! 7/23/2016 Darian TOWNSEND USA
USMS: 3:58.12 # 7/23/2016 DARIAN TOWNSEND

| | | | | | |
|---|---------------|----|--------------------------------|---------|---------|
| 1 | Gill, Spencer | 32 | Montgomery Ancient Mariners-10 | NT | 5:07.63 |
| 2 | Koons, Andrew | 32 | Reston Masters Swim Team-10 | 5:20.58 | 5:33.51 |

Men 30-34 50 LC Meter Backstroke

WORLD: 25.53 ! 9/24/2023 Sergey FESIKOV RUN
USMS: 24.67 # 6/29/2017 MATT GREVERS

| | | | | | |
|---|---------------|----|-----------------------------|-------|-------|
| 1 | Koons, Andrew | 32 | Reston Masters Swim Team-10 | 37.13 | 37.53 |
|---|---------------|----|-----------------------------|-------|-------|

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 30-34 100 LC Meter Backstroke**

| | | | | | | | |
|---------------|---------------|----------|------------------|------------------------|-----------------------------|---------|---------|
| WORLD: | 55.93 | ! | 7/13/2014 | Darian TOWNSEND | USA | | |
| USMS: | 52.71 | # | 6/30/2017 | MATT GREVERS | | | |
| 1 | Tran, William | | | 33 | Arlington Masters-10 | 1:09.80 | 1:10.67 |
| --- | Koons, Andrew | | | 32 | Reston Masters Swim Team-10 | 1:19.77 | NS |

Men 30-34 50 LC Meter Breaststroke

| | | | | | | | |
|---------------|---------------|----------|------------------|------------------------|----------------------|-------|-------|
| WORLD: | 27.74 | ! | 3/12/2022 | Kohhei TOMINAGA | JPN | | |
| USMS: | 27.26 | # | 6/15/2019 | BRANDON FISCHER | | | |
| 1 | Tran, William | | | 33 | Arlington Masters-10 | 37.54 | 38.36 |

Men 30-34 100 LC Meter Breaststroke

| | | | | | | | |
|---------------|----------------|----------|------------------|------------------------|--------------------------------|---------|---------|
| WORLD: | 1:01.25 | ! | 8/31/2019 | Ryo KOBAYASHI | JPN | | |
| USMS: | 59.86 | # | 6/13/2019 | BRANDON FISCHER | | | |
| 1 | Gill, Spencer | | | 32 | Montgomery Ancient Mariners-10 | 1:15.37 | 1:17.34 |

Men 30-34 200 LC Meter Breaststroke

| | | | | | | | |
|---------------|----------------|----------|------------------|--------------------------|--------------------------------|---------|---------|
| WORLD: | 2:16.79 | ! | 8/10/2023 | Shotaro SHIMAZAKI | JPN | | |
| USMS: | 2:11.91 | # | 6/14/2019 | BRANDON FISCHER | | | |
| 1 | Gill, Spencer | | | 32 | Montgomery Ancient Mariners-10 | 2:44.08 | 2:55.46 |
| 2 | Koons, Andrew | | | 32 | Reston Masters Swim Team-10 | 3:15.51 | 3:26.26 |

Men 30-34 50 LC Meter Butterfly

| | | | | | | | |
|---------------|---------------|----------|------------------|------------------------|-----------------------------|-------|-------|
| WORLD: | 23.16 | ! | 5/26/2023 | Oleg KOSTIN | RUS | | |
| USMS: | 23.26 | # | 7/13/2013 | ROLAND SCHOEMAN | | | |
| 1 | Tran, William | | | 33 | Arlington Masters-10 | 29.59 | 31.35 |
| 2 | Koons, Andrew | | | 32 | Reston Masters Swim Team-10 | 33.03 | 35.35 |

Men 30-34 200 LC Meter IM

| | | | | | | | |
|---------------|----------------|----------|------------------|------------------------|--------------------------------|---------|---------|
| WORLD: | 2:02.18 | ! | 5/22/2016 | Darian TOWNSEND | USA | | |
| USMS: | 1:59.24 | # | 8/6/2017 | RYAN LOCHTE | | | |
| 1 | Tran, William | | | 33 | Arlington Masters-10 | 2:31.29 | 2:34.61 |
| 2 | Gill, Spencer | | | 32 | Montgomery Ancient Mariners-10 | NT | 2:37.26 |

Men 35-39 100 LC Meter Freestyle

| | | | | | | | |
|---------------|--------------|----------|------------------|---------------------|----------------------|---------|---------|
| WORLD: | 50.78 | ! | 9/27/2009 | Hideaki HARA | JPN | | |
| USMS: | 51.45 | # | 10/9/2021 | ADAM RITTER | | | |
| 1 | Schmitt, Sam | | | 39 | Arlington Masters-10 | 1:03.00 | 1:05.88 |

Men 35-39 200 LC Meter Freestyle

| | | | | | | | |
|---------------|----------------|----------|------------------|---------------------|----------------------|---------|---------|
| WORLD: | 1:51.84 | ! | 8/7/2023 | Shogo HIRARA | JPN | | |
| USMS: | 1:49.23 | # | 6/14/2021 | RYAN LOCHTE | | | |
| 1 | Schmitt, Sam | | | 39 | Arlington Masters-10 | 2:10.00 | 2:26.35 |

Men 35-39 400 LC Meter Freestyle

| | | | | | | | |
|---------------|----------------|----------|------------------|--------------------------|----------------------------------|---------|---------|
| WORLD: | 4:00.78 | ! | 2/28/2024 | Irakli REVISHVILI | UAE | | |
| USMS: | 4:07.64 | # | 7/16/1995 | ROWDY GAINES | | | |
| 1 | Schmitt, Sam | | | 39 | Arlington Masters-10 | 5:00.00 | 4:56.88 |
| 2 | Koh, Ilyun | | | 38 | District Of Columbia Aquatics-10 | 6:30.00 | 7:04.46 |

Men 35-39 200 LC Meter Backstroke

| | | | | | | | |
|---------------|----------------|----------|------------------|-----------------------|----------------------|---------|---------|
| WORLD: | 2:01.71 | ! | 3/24/2024 | Junichi MORITA | JPN | | |
| USMS: | 2:07.16 | # | 7/29/2001 | RON KARNAUGH | | | |
| 1 | Schmitt, Sam | | | 39 | Arlington Masters-10 | 2:25.00 | 2:48.12 |

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 35-39 50 LC Meter Breaststroke**

WORLD: 27.83 ! 8/11/2023 **Ryouta NOMURA** **JPN**
USMS: 28.53 # 5/25/2009 **JEFF COMMINGS**

1 Koh, Ilyun 38 District Of Columbia Aquatics-10 45.00 45.67

Men 35-39 100 LC Meter Breaststroke

WORLD: 1:02.40 ! 2/11/2020 **Ryo KOBAYASHI** **JPN**
USMS: 1:02.87 # 4/14/2024 **BRANDON FISCHER**

--- Koh, Ilyun 38 District Of Columbia Aquatics-10 1:40.00 NS

Men 35-39 200 LC Meter Breaststroke

WORLD: 2:20.29 ! 6/5/2004 **Nick GILLINGHAM** **GBR**
USMS: 2:15.11 # 4/12/2024 **BRANDON FISCHER**

--- Koh, Ilyun 38 District Of Columbia Aquatics-10 3:20.00 NS

Men 35-39 100 LC Meter Butterfly

WORLD: 53.65 ! 8/2/2018 **Kohei KAWAMOTO** **USA**
USMS: 53.65 # 8/2/2018 **KOHEI KAWAMOTO**

1 Schick, Benjamin 36 Arlington Masters-10 1:03.99 1:06.64

2 Schmitt, Sam 39 Arlington Masters-10 1:10.00 1:11.11

Men 35-39 200 LC Meter Butterfly

WORLD: 2:02.54 ! 4/26/2019 **Nikolay SKVORTSOV** **RUS**
USMS: 2:04.76 # 8/1/2015 **BRENT CREAGER**

1 Schick, Benjamin 36 Arlington Masters-10 2:23.99 2:34.08

Men 35-39 200 LC Meter IM

WORLD: 2:05.65 ! 7/7/2019 **Darian TOWNSEND** **USA**
USMS: 1:58.48 # 6/17/2021 **RYAN LOCHTE**

1 Koh, Ilyun 38 District Of Columbia Aquatics-10 3:20.00 3:27.92

Men 40-44 50 LC Meter Freestyle

WORLD: 23.14 ! 8/8/2023 **Andrei KURNOSOV** **ESP**
USMS: 22.61 # 6/19/2021 **ANTHONY ERVIN**

1 Andrews, Robert 43 Lane 4 Swimming-10 29.00 28.45

2 Oak, Nikhil 40 NextWave Masters-10 28.00 29.43

3 Dreisbach, Tristan 41 Montgomery Ancient Mariners-10 30.90 32.20

4 Bautista, Antonio 43 Uc10 30.10 32.39

5 Ma, Steven 43 DC Masters-10 40.00 33.20

--- Cantwell, Andrew 43 Lane 4 Swimming-10 30.00 NS

Men 40-44 100 LC Meter Freestyle

WORLD: 50.73 ! 6/30/2023 **Filippo MAGNINI** **ITA**
USMS: 51.72 # 8/1/2010 **VLAD PYSHNENKO**

1 Oak, Nikhil 40 NextWave Masters-10 1:02.00 1:05.49

Men 40-44 400 LC Meter Freestyle

WORLD: 4:06.74 ! 7/24/2009 **Erik HOCHSTEIN** **USA**
USMS: 4:06.74 # 7/24/2009 **ERIK HOCHSTEIN**

1 Cantwell, Andrew 43 Lane 4 Swimming-10 5:45.00 5:49.79

2 Ma, Steven 43 DC Masters-10 NT 5:54.79

Men 40-44 50 LC Meter Backstroke

WORLD: 27.10 ! 4/20/2024 **Matthew CLAY** **GBR**
USMS: 27.47 # 8/23/2008 **MICHAEL ROSS**

1 Oak, Nikhil 40 NextWave Masters-10 32.00 33.34

2024 Potomac Valley Summer Shorts - 7/21/2024

Sanction #: 104-S006

Results - 2024 Summer Shorts

(Men 40-44 50 LC Meter Backstroke)

| | | | | | |
|---|-------------|----|------|---------|-------|
| 2 | Means, Mike | 42 | Uc12 | 1:00.00 | 38.08 |
|---|-------------|----|------|---------|-------|

Men 40-44 100 LC Meter Backstroke

| | | | | | |
|---------------|--------------|----------|-----------------|------------------------|------------|
| WORLD: | 58.38 | ! | 2/3/2024 | Enrico CATALANO | ITA |
|---------------|--------------|----------|-----------------|------------------------|------------|

| | | | | | |
|--------------|--------------|----------|-----------------|---------------------|--|
| USMS: | 59.08 | # | 8/7/2009 | MICHAEL ROSS | |
|--------------|--------------|----------|-----------------|---------------------|--|

| | | | | | |
|---|-------------|----|---------------------|---------|---------|
| 1 | Oak, Nikhil | 40 | NextWave Masters-10 | 1:10.00 | 1:15.44 |
|---|-------------|----|---------------------|---------|---------|

Men 40-44 200 LC Meter Backstroke

| | | | | | |
|---------------|----------------|----------|------------------|-------------------------|------------|
| WORLD: | 2:08.06 | ! | 8/13/2019 | Nicholas NECKLES | BAR |
|---------------|----------------|----------|------------------|-------------------------|------------|

| | | | | | |
|--------------|----------------|----------|------------------|-----------------------|--|
| USMS: | 2:11.13 | # | 8/16/2014 | FREDERIK HVIID | |
|--------------|----------------|----------|------------------|-----------------------|--|

| | | | | | |
|---|-------------|----|---------------------|---------|---------|
| 1 | Oak, Nikhil | 40 | NextWave Masters-10 | 2:22.00 | 2:45.23 |
|---|-------------|----|---------------------|---------|---------|

Men 40-44 50 LC Meter Breaststroke

| | | | | | |
|---------------|--------------|----------|------------------|------------------------|------------|
| WORLD: | 28.84 | ! | 9/16/2009 | Alberto MONTINI | ITA |
|---------------|--------------|----------|------------------|------------------------|------------|

| | | | | | |
|--------------|--------------|----------|------------------|----------------------|--|
| USMS: | 29.02 | # | 7/27/2014 | JEFF COMMINGS | |
|--------------|--------------|----------|------------------|----------------------|--|

| | | | | | |
|---|-------------------|----|------|-------|-------|
| 1 | Bautista, Antonio | 43 | Uc10 | 35.25 | 39.20 |
|---|-------------------|----|------|-------|-------|

Men 40-44 100 LC Meter Breaststroke

| | | | | | |
|---------------|----------------|----------|------------------|-------------------------|------------|
| WORLD: | 1:03.60 | ! | 5/20/2012 | Vladislav BRAGIN | RUS |
|---------------|----------------|----------|------------------|-------------------------|------------|

| | | | | | |
|--------------|----------------|----------|-----------------|-------------------|--|
| USMS: | 1:03.76 | # | 7/6/2012 | STEVE WEST | |
|--------------|----------------|----------|-----------------|-------------------|--|

| | | | | | |
|---|-----------------|----|--------------------|---------|---------|
| 1 | Andrews, Robert | 43 | Lane 4 Swimming-10 | 1:20.00 | 1:20.14 |
|---|-----------------|----|--------------------|---------|---------|

| | | | | | |
|---|------------|----|---------------|---------|---------|
| 2 | Ma, Steven | 43 | DC Masters-10 | 2:00.00 | 1:36.11 |
|---|------------|----|---------------|---------|---------|

| | | | | | |
|-----|------------------|----|--------------------|---------|----|
| --- | Cantwell, Andrew | 43 | Lane 4 Swimming-10 | 1:39.00 | NS |
|-----|------------------|----|--------------------|---------|----|

Men 40-44 200 LC Meter Breaststroke

| | | | | | |
|---------------|----------------|----------|------------------|-------------------|------------|
| WORLD: | 2:18.57 | ! | 7/11/2015 | Steve WEST | USA |
|---------------|----------------|----------|------------------|-------------------|------------|

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|--------------|----------------|----------|------------------|-------------------|--|
| USMS: | 2:18.57 | # | 7/11/2015 | STEVE WEST | |
|--------------|----------------|----------|------------------|-------------------|--|

| | | | | | |
|---|--------------------|----|--------------------------------|---------|---------|
| 1 | Dreisbach, Tristan | 41 | Montgomery Ancient Mariners-10 | 3:28.42 | 3:24.29 |
|---|--------------------|----|--------------------------------|---------|---------|

| | | | | | |
|---|------------------|----|--------------------|---------|---------|
| 2 | Cantwell, Andrew | 43 | Lane 4 Swimming-10 | 3:40.00 | 3:44.07 |
|---|------------------|----|--------------------|---------|---------|

Men 40-44 50 LC Meter Butterfly

| | | | | | |
|---------------|--------------|----------|-----------------|---------------------|------------|
| WORLD: | 24.11 | ! | 8/7/2023 | Andrejs DUDA | LAT |
|---------------|--------------|----------|-----------------|---------------------|------------|

| | | | | | |
|--------------|--------------|----------|-----------------|---------------------|--|
| USMS: | 25.11 | # | 6/9/2018 | JAMES ZENYUH | |
|--------------|--------------|----------|-----------------|---------------------|--|

| | | | | | |
|---|-------------|----|------|---------|-------|
| 1 | Means, Mike | 42 | Uc12 | 1:00.00 | 31.43 |
|---|-------------|----|------|---------|-------|

| | | | | | |
|---|--------------------|----|--------------------------------|-------|-------|
| 2 | Dreisbach, Tristan | 41 | Montgomery Ancient Mariners-10 | 33.37 | 33.85 |
|---|--------------------|----|--------------------------------|-------|-------|

| | | | | | |
|---|------------|----|---------------|-------|-------|
| 3 | Ma, Steven | 43 | DC Masters-10 | 48.00 | 36.25 |
|---|------------|----|---------------|-------|-------|

Men 40-44 100 LC Meter Butterfly

| | | | | | |
|---------------|--------------|----------|------------------|--------------------------|------------|
| WORLD: | 55.29 | ! | 5/20/2023 | Carlos NASCIMENTO | BRA |
|---------------|--------------|----------|------------------|--------------------------|------------|

| | | | | | |
|--------------|--------------|----------|------------------|---------------------|--|
| USMS: | 56.43 | # | 8/23/2008 | MICHAEL ROSS | |
|--------------|--------------|----------|------------------|---------------------|--|

| | | | | | |
|---|--------------------|----|--------------------------------|---------|---------|
| 1 | Dreisbach, Tristan | 41 | Montgomery Ancient Mariners-10 | 1:25.00 | 1:19.60 |
|---|--------------------|----|--------------------------------|---------|---------|

Men 40-44 200 LC Meter IM

| | | | | | |
|---------------|----------------|----------|------------------|---------------------|------------|
| WORLD: | 2:08.63 | ! | 5/27/2023 | Markus ROGAN | USA |
|---------------|----------------|----------|------------------|---------------------|------------|

| | | | | | |
|--------------|----------------|----------|------------------|---------------------|--|
| USMS: | 2:08.63 | # | 5/27/2023 | MARKUS ROGAN | |
|--------------|----------------|----------|------------------|---------------------|--|

| | | | | | |
|---|-----------------|----|--------------------|---------|---------|
| 1 | Andrews, Robert | 43 | Lane 4 Swimming-10 | 2:39.00 | 2:46.08 |
|---|-----------------|----|--------------------|---------|---------|

| | | | | | |
|---|------------|----|---------------|---------|---------|
| 2 | Ma, Steven | 43 | DC Masters-10 | 3:40.00 | 2:59.11 |
|---|------------|----|---------------|---------|---------|

| | | | | | |
|---|------------------|----|--------------------|---------|---------|
| 3 | Cantwell, Andrew | 43 | Lane 4 Swimming-10 | 3:06.00 | 3:06.51 |
|---|------------------|----|--------------------|---------|---------|

| | | | | | |
|---|-------------------|----|------|---------|---------|
| 4 | Bautista, Antonio | 43 | Uc10 | 2:30.10 | 3:10.82 |
|---|-------------------|----|------|---------|---------|

Men 45-49 50 LC Meter Freestyle

| | | | | | |
|---------------|--------------|----------|------------------|---------------------|------------|
| WORLD: | 23.55 | ! | 8/15/2019 | Hideaki HARA | JPN |
|---------------|--------------|----------|------------------|---------------------|------------|

| | | | | | |
|--------------|--------------|----------|------------------|-----------------------|--|
| USMS: | 24.12 | # | 6/23/2018 | BRIAN JACOBSON | |
|--------------|--------------|----------|------------------|-----------------------|--|

| | | | | | |
|---|-------------------|----|------|----|-------|
| 1 | Jeffress, Michael | 48 | Uc10 | NT | 27.85 |
|---|-------------------|----|------|----|-------|

2024 Potomac Valley Summer Shorts - 7/21/2024

Sanction #: 104-S006

Results - 2024 Summer Shorts

(Men 45-49 50 LC Meter Freestyle)

| | | | | | |
|-----|-------------------|----|--------------------------------|---------|-------|
| 2 | Rooney, Tim | 47 | Arlington Masters-10 | 32.00 | 31.46 |
| 3 | McCready, Matthew | 49 | Alexandria Masters Swimming-10 | 1:30.00 | 56.82 |
| --- | Merrill, Matt | 45 | Poseidon Masters-12 | 30.31 | NS |

Men 45-49 100 LC Meter Freestyle

WORLD: 52.24 ! 8/13/2019 **Hideaki HARA** **JPN**
USMS: 53.77 # 8/7/2016 **NICOLAS GRANGER**

| | | | | | |
|-----|-------------------|----|--------------------------------|---------|---------|
| 1 | Rooney, Tim | 47 | Arlington Masters-10 | 1:05.17 | 1:06.14 |
| 2 | McCready, Matthew | 49 | Alexandria Masters Swimming-10 | 3:57.00 | 2:02.46 |
| --- | Merrill, Matt | 45 | Poseidon Masters-12 | 1:06.96 | NS |

Men 45-49 200 LC Meter Freestyle

WORLD: 1:55.39 ! 11/25/2023 **R.Rocha CASTRO** **BRA**
USMS: 1:57.89 # 8/6/2009 **KEITH SWITZER**

| | | | | | |
|-----|---------------|----|---------------------|---------|----|
| --- | Merrill, Matt | 45 | Poseidon Masters-12 | 2:32.48 | NS |
|-----|---------------|----|---------------------|---------|----|

Men 45-49 400 LC Meter Freestyle

WORLD: 4:09.66 ! 11/24/2023 **R.Rocha CASTRO** **BRA**
USMS: 4:09.20 # 7/19/2008 **DENNIS BAKER**

| | | | | | |
|-----|----------------|----|--------------------------------|---------|---------|
| 1 | Lundberg, Erik | 45 | Alexandria Masters Swimming-10 | 5:20.00 | 5:08.82 |
| 2 | Rooney, Tim | 47 | Arlington Masters-10 | 5:20.00 | 5:11.95 |
| --- | Merrill, Matt | 45 | Poseidon Masters-12 | 5:48.00 | NS |

Men 45-49 50 LC Meter Backstroke

WORLD: 27.56 ! 6/4/2023 **Marcin KACZMAREK** **POL**
USMS: 27.73 # 8/4/2023 **CHUCK BARNES**

| | | | | | |
|---|-------------------|----|--------------------------------|---------|---------|
| 1 | Bell, David | 49 | Club Tribe-12 | 31.88 | 32.60 |
| 2 | McCready, Matthew | 49 | Alexandria Masters Swimming-10 | 2:02.00 | 1:09.04 |

Men 45-49 100 LC Meter Backstroke

WORLD: 59.57 ! 8/4/2023 **Chuck BARNES** **USA**
USMS: 59.57 # 8/4/2023 **CHUCK BARNES**

| | | | | | |
|-----|-------------------|----|--------------------------------|---------|---------|
| 1 | Bell, David | 49 | Club Tribe-12 | 1:10.03 | 1:10.05 |
| 2 | Lundberg, Erik | 45 | Alexandria Masters Swimming-10 | 1:30.00 | 1:19.71 |
| 3 | McCready, Matthew | 49 | Alexandria Masters Swimming-10 | 3:00.00 | 2:28.20 |
| --- | Merrill, Matt | 45 | Poseidon Masters-12 | 1:20.91 | NS |

Men 45-49 200 LC Meter Backstroke

WORLD: 2:11.56 ! 6/7/2013 **Eduardo MAROCCO** **BRA**
USMS: 2:12.67 # 8/6/2023 **CHUCK BARNES**

| | | | | | |
|---|--------------|----|-----------------------------|---------|---------|
| 1 | Dion, Thomas | 46 | Reston Masters Swim Team-10 | 2:47.99 | 2:43.87 |
|---|--------------|----|-----------------------------|---------|---------|

Men 45-49 50 LC Meter Breaststroke

WORLD: 29.22 ! 9/8/2019 **Hideaki TOGO** **JPN**
USMS: 29.29 # 8/13/2022 **JEFF COMMINGS**

| | | | | | |
|---|-------------------|----|------|----|-------|
| 1 | Jeffress, Michael | 48 | Uc10 | NT | 36.94 |
|---|-------------------|----|------|----|-------|

Men 45-49 50 LC Meter Butterfly

WORLD: 24.96 ! 3/3/2024 **Marc Kevin ALLAN** **RSA**
USMS: 25.24 # 10/10/2021 **CHUCK BARNES**

| | | | | | |
|---|----------------|----|--------------------------------|-------|-------|
| 1 | Bell, David | 49 | Club Tribe-12 | 29.23 | 29.73 |
| 2 | Lundberg, Erik | 45 | Alexandria Masters Swimming-10 | 31.00 | 31.37 |
| 3 | Rooney, Tim | 47 | Arlington Masters-10 | 37.00 | 36.68 |

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 45-49 100 LC Meter Butterfly**

WORLD: 56.75 ! 2/29/2024 **Marc ALLAN** **RSA**
USMS: 56.42 # 8/4/2002 **PAUL CARTER**

1 Bell, David 49 Club Tribe-12 1:06.38 1:07.29

Men 45-49 200 LC Meter Butterfly

WORLD: 2:06.94 ! 8/9/2006 **Dennis BAKER** **USA**
USMS: 2:04.07 # 7/19/2008 **DENNIS BAKER**

1 Dion, Thomas 46 Reston Masters Swim Team-10 2:51.99 2:50.85

Men 45-49 200 LC Meter IM

WORLD: 2:10.09 ! 8/7/2016 **Nicolas GRANGER** **USA**
USMS: 2:10.09 # 8/7/2016 **NICOLAS GRANGER**

1 Lundberg, Erik 45 Alexandria Masters Swimming-10 2:50.00 2:50.05

Men 50-54 100 LC Meter Freestyle

WORLD: 54.15 ! 6/30/2017 **Nicolas GRANGER** **FRA**
USMS: 54.18 # 8/4/2017 **NICOLAS GRANGER**

1 Getz, Noah 50 DC Water Wizards-10 1:15.00 1:35.37

Men 50-54 50 LC Meter Backstroke

WORLD: 28.20 ! 5/28/2023 **M.GROMOV-IVANOV** **RUS**
USMS: 28.58 # 7/14/2018 **RICK GOULD**

1 Getz, Noah 50 DC Water Wizards-10 50.00 58.10

Men 50-54 200 LC Meter IM

WORLD: 2:11.15 ! 8/6/2017 **Nicolas GRANGER** **USA**
USMS: 2:11.15 # 8/6/2017 **NICOLAS GRANGER**

1 Getz, Noah 50 DC Water Wizards-10 3:45.00 4:05.82

Men 55-59 50 LC Meter Freestyle

WORLD: 24.45 ! 7/19/2015 **Brent BARNES** **JPN**
USMS: 25.01 # 6/7/2009 **JACK GROSELLE**

1 Williams, Neill 56 District Of Columbia Aquatics-10 27.68 27.73
 2 Levy, Daniel 55 Fredericksburg American Family-12 27.80 28.59
 3 Ross, Mark 59 Freedom Aquatic Club-12 35.51 36.26

Men 55-59 100 LC Meter Freestyle

WORLD: 55.76 ! 4/7/2024 **Mark THOMPSON** **AUS**
USMS: 56.07 # 7/10/2015 **STEVE WOOD**

1 Levy, Daniel 55 Fredericksburg American Family-12 1:05.53 1:04.73
 2 Salazar, Luis 58 DC Water Wizards-10 1:21.21 1:14.74
 3 Mills, Edward 56 Cavalier Masters-12 1:28.96 1:28.88

Men 55-59 200 LC Meter Freestyle

WORLD: 2:04.01 ! 7/26/2009 **Michael MANN** **USA**
USMS: 2:04.01 # 7/26/2009 **MICHAEL MANN**

1 Mills, Edward 56 Cavalier Masters-12 2:57.11 3:05.94

Men 55-59 400 LC Meter Freestyle

WORLD: 4:22.49 ! 7/25/2009 **Michael MANN** **USA**
USMS: 4:22.49 # 7/25/2009 **MICHAEL MANN**

1 Salazar, Luis 58 DC Water Wizards-10 6:17.17 5:57.50
 2 Mills, Edward 56 Cavalier Masters-12 6:14.00 6:32.29

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 55-59 50 LC Meter Backstroke**

WORLD: 29.03 ! 8/20/2016 **Steve WOOD** **USA**
USMS: 29.03 # 8/20/2016 **STEVE WOOD**

| | | | | | |
|---|-----------------|----|----------------------------------|-------|-------|
| 1 | Williams, Neill | 56 | District Of Columbia Aquatics-10 | 31.68 | 31.86 |
| 2 | Ross, Mark | 59 | Freedom Aquatic Club-12 | NT | 51.16 |

Men 55-59 200 LC Meter Backstroke

WORLD: 2:20.83 ! 7/20/2019 **Rip ESSELSTYN** **USA**
USMS: 2:20.83 # 7/20/2019 **RIP ESSELSTYN**

| | | | | | |
|---|---------------|----|---------------------|---------|---------|
| 1 | Salazar, Luis | 58 | DC Water Wizards-10 | 2:58.58 | 3:00.66 |
|---|---------------|----|---------------------|---------|---------|

Men 55-59 50 LC Meter Breaststroke

WORLD: 30.02 ! 6/2/2019 **C.Arturo TRAVAINI** **ITA**
USMS: 30.56 # 8/6/2017 **DAVID GUTHRIE**

| | | | | | |
|---|-----------------|----|----------------------------------|-------|-------|
| 1 | Williams, Neill | 56 | District Of Columbia Aquatics-10 | 33.68 | 33.59 |
| 2 | Ross, Mark | 59 | Freedom Aquatic Club-12 | 46.88 | 46.19 |

Men 55-59 100 LC Meter Breaststroke

WORLD: 1:07.65 ! 8/13/2019 **C.Arturo TRAVAINI** **ITA**
USMS: 1:07.97 # 7/31/2015 **DAVID GUTHRIE**

| | | | | | |
|-----|-----------------|----|----------------------------------|---------|----|
| --- | Williams, Neill | 56 | District Of Columbia Aquatics-10 | 1:15.68 | NS |
|-----|-----------------|----|----------------------------------|---------|----|

Men 55-59 50 LC Meter Butterfly

WORLD: 26.56 ! 10/10/2021 **Steve HILTABIDDLE** **USA**
USMS: 26.56 # 10/10/2021 **STEVE HILTABIDDLE**

| | | | | | |
|---|-----------------|----|-----------------------------------|-------|-------|
| 1 | Williams, Neill | 56 | District Of Columbia Aquatics-10 | 28.88 | 28.85 |
| 2 | Levy, Daniel | 55 | Fredericksburg American Family-12 | 31.56 | 31.63 |
| 3 | Ross, Mark | 59 | Freedom Aquatic Club-12 | NT | 49.10 |

Men 55-59 100 LC Meter Butterfly

WORLD: 1:00.56 ! 8/11/2012 **Paul CARTER** **USA**
USMS: 1:00.56 # 8/11/2012 **PAUL CARTER**

| | | | | | |
|---|---------------|----|---------------------|---------|---------|
| 1 | Salazar, Luis | 58 | DC Water Wizards-10 | 1:42.42 | 1:32.72 |
|---|---------------|----|---------------------|---------|---------|

Men 55-59 200 LC Meter Butterfly

WORLD: 2:16.78 ! 8/15/2015 **Marcus MATTIOLI** **BRA**
USMS: 2:18.37 # 8/4/2017 **DAVID SIMS**

| | | | | | |
|---|---------------|----|---------------------|---------|---------|
| 1 | Salazar, Luis | 58 | DC Water Wizards-10 | 3:16.16 | 3:19.65 |
|---|---------------|----|---------------------|---------|---------|

Men 60-64 50 LC Meter Freestyle

WORLD: 24.82 ! 3/1/2024 **Calvin MAUGHAN** **RSA**
USMS: 25.23 # 8/10/2006 **RICHARD ABRAHAMS**

| | | | | | |
|---|----------------|----|-----------------------------------|-------|-------|
| 1 | Kress, Jay T | 61 | Lane 4 Swimming-10 | 30.00 | 29.94 |
| 2 | Pierotti, Greg | 60 | Dolphins of the Desert Masters-48 | 32.24 | 31.88 |
| 3 | Barron, Daniel | 61 | Fredericksburg American Family-12 | 33.00 | 35.35 |
| 4 | Holloway, Rex | 64 | Alexandria Masters Swimming-10 | 34.00 | 36.71 |

Men 60-64 100 LC Meter Freestyle

WORLD: 57.66 ! 9/4/2022 **Ahmet NAKKAS** **TUR**
USMS: 57.39 # 5/18/2024 **CALVIN MAUGHAN**

| | | | | | |
|-----|----------------|----|-----------------------------------|---------|---------|
| 1 | Evans, Brian R | 60 | Reston Masters Swim Team-10 | 1:15.00 | 1:19.56 |
| 2 | Holloway, Rex | 64 | Alexandria Masters Swimming-10 | 1:16.00 | 1:21.86 |
| 3 | Karl, Steven | 62 | Fredericksburg American Family-12 | NT | 1:26.77 |
| --- | Pierotti, Greg | 60 | Dolphins of the Desert Masters-48 | 1:15.00 | NS |

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 60-64 200 LC Meter Freestyle**

WORLD: 2:07.68 ! 8/6/2017 **Dan STEPHENSON** **USA**
USMS: 2:07.68 # 8/6/2017 **DAN STEPHENSON**

1 Holloway, Rex 64 Alexandria Masters Swimming-10 3:00.00 3:08.38

Men 60-64 400 LC Meter Freestyle

WORLD: 4:30.15 ! 6/19/2023 **J.Carlos VALLEJO** **ESP**
USMS: 4:35.36 # 2/28/2024 **FRED SCHUSTER**

1 Evans, Brian R 60 Reston Masters Swim Team-10 6:40.00 6:27.84

Men 60-64 50 LC Meter Backstroke

WORLD: 30.46 ! 3/9/2024 **Thomas DOCKHORN** **GER**
USMS: 30.59 # 8/10/2019 **JAMIE FOWLER**

1 Kress, Jay T 61 Lane 4 Swimming-10 40.00 38.61
 2 Evans, Brian R 60 Reston Masters Swim Team-10 43.00 42.91
 3 Barron, Daniel 61 Fredericksburg American Family-12 50.00 48.11

Men 60-64 100 LC Meter Backstroke

WORLD: 1:06.08 ! 8/11/2019 **Jamie FOWLER** **USA**
USMS: 1:06.08 # 8/11/2019 **JAMIE FOWLER**

1 Ingebretsen, Carl 63 Fredericksburg American Family-12 1:30.00 1:27.16
 2 Karl, Steven 62 Fredericksburg American Family-12 NT 1:49.14

Men 60-64 50 LC Meter Breaststroke

WORLD: 30.57 ! 6/30/2023 **C.Arturo TRAVAINI** **ITA**
USMS: 31.95 # 8/7/2022 **DAVID GUTHRIE**

1 Kress, Jay T 61 Lane 4 Swimming-10 40.50 42.15
 2 Evans, Brian R 60 Reston Masters Swim Team-10 45.00 46.51
 3 Karl, Steven 62 Fredericksburg American Family-12 NT 49.00
 --- Pierotti, Greg 60 Dolphins of the Desert Masters-48 45.30 NS

Men 60-64 100 LC Meter Breaststroke

WORLD: 1:09.57 ! 8/6/2023 **C.Arturo TRAVAINI** **ITA**
USMS: 1:11.64 # 8/5/2022 **DAVID GUTHRIE**

1 Karl, Steven 62 Fredericksburg American Family-12 NT 1:51.46

Men 60-64 50 LC Meter Butterfly

WORLD: 27.57 ! 6/4/2023 **David EMERSON** **GBR**
USMS: 27.85 # 8/6/2017 **TRIP HEDRICK**

1 Oliphant, Mark 62 Talbot Masters-9 35.46 33.25
 2 Kress, Jay T 61 Lane 4 Swimming-10 34.00 34.17
 3 Pierotti, Greg 60 Dolphins of the Desert Masters-48 36.15 35.60
 4 Karl, Steven 62 Fredericksburg American Family-12 NT 45.26
 5 Barron, Daniel 61 Fredericksburg American Family-12 47.00 45.95

Men 60-64 100 LC Meter Butterfly

WORLD: 1:02.00 ! 5/5/2018 **Hugo BREGMAN** **NED**
USMS: 1:03.03 # 8/15/2005 **RICHARD ABRAHAMS**

1 Oliphant, Mark 62 Talbot Masters-9 1:22.78 1:23.64

Men 60-64 200 LC Meter Butterfly

WORLD: 2:23.52 ! 5/4/2018 **Hugo BREGMAN** **NED**
USMS: 2:27.05 # 6/8/2024 **ARNALDO PEREZ**

1 Ingebretsen, Carl 63 Fredericksburg American Family-12 3:45.00 3:24.50

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 60-64 200 LC Meter IM****WORLD: 2:21.99 ! 8/17/2014 Rick COLELLA USA****USMS: 2:21.99 # 8/17/2014 RICK COLELLA**

1 Oliphant, Mark 62 Talbot Masters-9 3:00.78 3:06.94

Men 70-74 50 LC Meter Freestyle**WORLD: 27.12 ! 1/20/2023 Doug MARTIN USA****USMS: 27.12 # 1/20/2023 DOUG MARTIN**

1 Fochios, Dean 70 Wisconsin Masters Aquatic Club-20 32.00 32.19

--- Thurston, Lawrence 72 DC Water Wizards-10 59.02 NS

Men 70-74 100 LC Meter Freestyle**WORLD: 1:03.32 ! 8/8/2015 David QUIGGIN USA****USMS: 1:03.32 # 8/8/2015 DAVID QUIGGIN**

1 Fochios, Dean 70 Wisconsin Masters Aquatic Club-20 1:10.00 1:11.00

2 Thurston, Lawrence 72 DC Water Wizards-10 2:01.01 1:50.26

Men 70-74 200 LC Meter Freestyle**WORLD: 2:22.88 ! 2/11/2024 Akira HIDA JPN****USMS: 2:23.30 # 7/31/2018 FRED SCHLICHER**

1 Fochios, Dean 70 Wisconsin Masters Aquatic Club-20 2:35.00 2:38.94

Men 70-74 400 LC Meter Freestyle**WORLD: 4:57.84 ! 7/1/2023 Rick COLELLA USA****USMS: 4:57.84 # 7/1/2023 RICK COLELLA**

1 Fochios, Dean 70 Wisconsin Masters Aquatic Club-20 5:45.00 5:39.27

Men 70-74 50 LC Meter Butterfly**WORLD: 29.98 ! 10/10/2021 Lawrence DAY USA****USMS: 29.84 # 7/6/2024 FREDERICK EHMKE**

1 Blount, Marvin 73 DC Water Wizards-10 55.18 1:01.28

2 Thurston, Lawrence 72 DC Water Wizards-10 1:05.30 1:11.29

Men 70-74 100 LC Meter Butterfly**WORLD: 1:07.40 ! 10/8/2021 Lawrence DAY USA****USMS: 1:07.40 # 10/8/2021 LAWRENCE DAY**

1 Blount, Marvin 73 DC Water Wizards-10 2:15.94 2:26.43

Men 75-79 50 LC Meter Freestyle**WORLD: 29.19 ! 8/25/2019 David QUIGGIN USA****USMS: 29.19 # 8/25/2019 DAVID QUIGGIN**

1 Linder Sr, Arthur 79 DC Water Wizards-10 1:03.64 1:05.87

--- Romano, Vince 78 Club Tribe-12 43.31 NS

Men 75-79 100 LC Meter Freestyle**WORLD: 1:06.40 ! 3/3/2018 Akira FUJIMAKI JPN****USMS: 1:06.55 # 8/9/2019 RICHARD BURNS**

1 Romano, Vince 78 Club Tribe-12 1:34.34 1:42.91

Men 75-79 200 LC Meter Freestyle**WORLD: 2:25.66 ! 6/6/2009 David RADCLIFF USA****USMS: 2:25.66 # 6/6/2009 DAVID RADCLIFF**

--- Romano, Vince 78 Club Tribe-12 3:30.29 NS

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 75-79 400 LC Meter Freestyle**

WORLD: 5:17.77 ! 3/7/2009 David RADCLIFF USA
USMS: 5:17.77 # 3/7/2009 DAVID RADCLIFF

| | | | | | |
|---|----------------|----|--------------------------------|---------|---------|
| 1 | Leonard, Roger | 76 | Montgomery Ancient Mariners-10 | 7:45.00 | 7:20.61 |
| 2 | Romano, Vince | 78 | Club Tribe-12 | 7:21.85 | 8:10.59 |

Men 75-79 50 LC Meter Backstroke

WORLD: 34.45 ! 8/2/2018 Richard BURNS USA
USMS: 34.45 # 8/2/2018 RICHARD BURNS

| | | | | | |
|---|-----------------|----|--------------------------------|-------|-------|
| 1 | Wright, Stephen | 75 | Germantown Maryland Masters-10 | 42.79 | 42.68 |
|---|-----------------|----|--------------------------------|-------|-------|

Men 75-79 100 LC Meter Backstroke

WORLD: 1:17.17 ! 7/31/2018 Richard BURNS USA
USMS: 1:17.17 # 7/31/2018 RICHARD BURNS

| | | | | | |
|---|---------------------|----|--------------------------------|---------|---------|
| 1 | Wright, Stephen | 75 | Germantown Maryland Masters-10 | 1:35.01 | 1:35.50 |
| 2 | Leonard, Roger | 76 | Montgomery Ancient Mariners-10 | 1:45.00 | 1:43.78 |
| 3 | Paulson, Laurence W | 75 | Reston Masters Swim Team-10 | 2:00.00 | 1:52.10 |

Men 75-79 200 LC Meter Backstroke

WORLD: 2:50.25 ! 7/30/2018 Richard BURNS USA
USMS: 2:50.25 # 7/30/2018 RICHARD BURNS

| | | | | | |
|---|---------------------|----|--------------------------------|---------|---------|
| 1 | Wright, Stephen | 75 | Germantown Maryland Masters-10 | 3:27.39 | 3:28.52 |
| 2 | Leonard, Roger | 76 | Montgomery Ancient Mariners-10 | 3:40.00 | 3:51.94 |
| 3 | Paulson, Laurence W | 75 | Reston Masters Swim Team-10 | 4:03.09 | 4:03.00 |

Men 75-79 50 LC Meter Breaststroke

WORLD: 38.12 ! 9/2/2022 Roberto RUGGIERI ITA
USMS: 38.89 # 6/5/2016 MIKE FRESHLEY

| | | | | | |
|---|-------------------|----|---------------------|---------|---------|
| 1 | Linder Sr, Arthur | 79 | DC Water Wizards-10 | 1:13.35 | 1:16.44 |
|---|-------------------|----|---------------------|---------|---------|

Men 75-79 100 LC Meter Breaststroke

WORLD: 1:27.74 ! 8/18/2016 Mike FRESHLEY USA
USMS: 1:27.74 # 8/18/2016 MIKE FRESHLEY

| | | | | | |
|---|-------------------|----|---------------------|---------|---------|
| 1 | Linder Sr, Arthur | 79 | DC Water Wizards-10 | 2:57.50 | 2:57.95 |
|---|-------------------|----|---------------------|---------|---------|

Men 75-79 200 LC Meter Breaststroke

WORLD: 3:13.93 ! 8/21/2016 Mike FRESHLEY USA
USMS: 3:13.93 # 8/21/2016 MIKE FRESHLEY

| | | | | | |
|---|-------------------|----|---------------------|----|---------|
| 1 | Linder Sr, Arthur | 79 | DC Water Wizards-10 | NT | 6:15.21 |
|---|-------------------|----|---------------------|----|---------|

Men 75-79 100 LC Meter Butterfly

WORLD: 1:16.87 ! 7/23/2023 Fred SCHLICHER USA
USMS: 1:16.87 # 7/23/2023 FRED SCHLICHER

| | | | | | |
|---|---------------------|----|-----------------------------|---------|---------|
| 1 | Paulson, Laurence W | 75 | Reston Masters Swim Team-10 | 2:03.09 | 2:18.91 |
|---|---------------------|----|-----------------------------|---------|---------|

Men 75-79 200 LC Meter Butterfly

WORLD: 3:08.54 ! 7/22/2023 Fred SCHLICHER USA
USMS: 3:08.54 # 7/22/2023 FRED SCHLICHER

| | | | | | |
|---|---------------------|----|-----------------------------|---------|---------|
| 1 | Paulson, Laurence W | 75 | Reston Masters Swim Team-10 | 4:41.22 | 5:01.54 |
|---|---------------------|----|-----------------------------|---------|---------|

Men 75-79 200 LC Meter IM

WORLD: 2:53.12 ! 7/23/2023 Joel WILSON USA
USMS: 2:53.12 # 7/23/2023 JOEL WILSON

| | | | | | |
|---|---------------------|----|--------------------------------|---------|---------|
| 1 | Leonard, Roger | 76 | Montgomery Ancient Mariners-10 | 3:45.00 | 4:00.03 |
| 2 | Paulson, Laurence W | 75 | Reston Masters Swim Team-10 | 4:16.88 | 4:38.63 |
| 3 | Linder Sr, Arthur | 79 | DC Water Wizards-10 | NT | 7:20.94 |

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 80-84 50 LC Meter Freestyle****WORLD: 31.23 ! 3/12/2023****Akira FUJIMAKI JPN****USMS: 31.86 # 8/5/2023****RICHARD BURNS**

| | | | | | |
|---|--------------------|----|--------------------------------|-------|-------|
| 1 | Zamon, Frederick J | 82 | Patriot Masters Swim Team-10 | 38.42 | 39.18 |
| 2 | Robinson, David | 81 | Germantown Maryland Masters-10 | 38.00 | 39.78 |

Men 80-84 100 LC Meter Freestyle**WORLD: 1:08.76 ! 3/11/2023****Akira FUJIMAKI JPN****USMS: 1:11.82 # 8/23/2014****DAVID RADCLIFF**

| | | | | | |
|---|--------------------|----|------------------------------|---------|---------|
| 1 | Zamon, Frederick J | 82 | Patriot Masters Swim Team-10 | 1:37.70 | 1:36.92 |
|---|--------------------|----|------------------------------|---------|---------|

Men 80-84 50 LC Meter Backstroke**WORLD: 36.83 ! 8/4/2023****Richard BURNS USA****USMS: 36.83 # 8/4/2023****RICHARD BURNS**

| | | | | | |
|---|-----------------|----|--------------------------------|-------|-------|
| 1 | Rolston, Howard | 84 | Uc10 | 43.00 | 45.93 |
| 2 | Robinson, David | 81 | Germantown Maryland Masters-10 | 48.00 | 51.14 |

Men 80-84 100 LC Meter Backstroke**WORLD: 1:22.06 ! 8/4/2023****Richard BURNS USA****USMS: 1:22.06 # 8/4/2023****RICHARD BURNS**

| | | | | | |
|---|-----------------|----|------|---------|---------|
| 1 | Rolston, Howard | 84 | Uc10 | 1:40.00 | 1:44.12 |
|---|-----------------|----|------|---------|---------|

Men 80-84 50 LC Meter Breaststroke**WORLD: 41.68 ! 9/18/2006****Toshio TAJIMA JPN****USMS: 42.84 # 6/6/2021****MIKE FRESHLEY**

| | | | | | |
|---|-----------------|----|--------------------------------|-------|-------|
| 1 | Rolston, Howard | 84 | Uc10 | 55.00 | 50.96 |
| 2 | Robinson, David | 81 | Germantown Maryland Masters-10 | 53.00 | 55.03 |

Men 80-84 50 LC Meter Butterfly**WORLD: 34.39 ! 8/4/2023****Richard BURNS USA****USMS: 34.39 # 8/4/2023****RICHARD BURNS**

| | | | | | |
|---|--------------------|----|------------------------------|-------|-------|
| 1 | Zamon, Frederick J | 82 | Patriot Masters Swim Team-10 | 58.37 | 58.28 |
|---|--------------------|----|------------------------------|-------|-------|

Men 80-84 200 LC Meter IM**WORLD: 3:15.52 ! 6/17/2023****Richard BURNS USA****USMS: 3:15.52 # 6/17/2023****RICHARD BURNS**

| | | | | | |
|---|--------------------|----|------------------------------|---------|---------|
| 1 | Zamon, Frederick J | 82 | Patriot Masters Swim Team-10 | 4:43.97 | 4:50.68 |
|---|--------------------|----|------------------------------|---------|---------|

Men 85-89 100 LC Meter Freestyle**WORLD: 1:22.25 ! 8/6/2023****Tohru FURUKAWA JPN****USMS: 1:23.25 # 6/6/2010****FRANK PIEMME**

| | | | | | |
|---|-------------|----|-----------------------------|---------|---------|
| 1 | Nobbe, Nick | 86 | Reston Masters Swim Team-10 | 2:50.00 | 2:44.02 |
|---|-------------|----|-----------------------------|---------|---------|

Men 85-89 200 LC Meter Freestyle**WORLD: 3:03.50 ! 7/1/2017****Roberto ALBERICHE ESP****USMS: 3:07.03 # 6/26/2016****GRAHAM JOHNSTON**

| | | | | | |
|---|-------------|----|-----------------------------|---------|---------|
| 1 | Nobbe, Nick | 86 | Reston Masters Swim Team-10 | 6:00.00 | 5:35.47 |
|---|-------------|----|-----------------------------|---------|---------|

Men 85-89 50 LC Meter Backstroke**WORLD: 39.89 ! 7/18/2008****Keijiro NAKAMURA JPN****USMS: 40.50 # 8/2/2018****YOSHI OYAKAWA**

| | | | | | |
|---|-------------|----|-----------------------------|---------|---------|
| 1 | Nobbe, Nick | 86 | Reston Masters Swim Team-10 | 1:40.00 | 1:17.69 |
|---|-------------|----|-----------------------------|---------|---------|

2024 Potomac Valley Summer Shorts - 7/21/2024**Sanction #: 104-S006****Results - 2024 Summer Shorts****Men 85-89 100 LC Meter Backstroke**

WORLD: 1:31.65 ! 3/2/2008 Keijiro NAKAMURA JPN
USMS: 1:38.07 # 6/17/2017 CLARKE MITCHELL

1 Nobbe, Nick 86 Reston Masters Swim Team-10 3:20.00 2:42.00

Men 85-89 200 LC Meter Backstroke

WORLD: 3:28.59 ! 7/19/2008 Keijiro NAKAMURA JPN
USMS: 3:51.72 # 7/1/2017 CLARKE MITCHELL

--- Nobbe, Nick 86 Reston Masters Swim Team-10 6:40.00 DQ
 Shoulders past vertical toward breast

Men 90-94 50 LC Meter Freestyle

WORLD: 38.64 ! 6/24/2023 Reberto ALBERICHE ESP
USMS: 39.19 # 6/23/2003 WOODY BOWERSOCK

1 Beattie, Cal 90 Uc12 1:05.76 1:16.90

Men 90-94 100 LC Meter Freestyle

WORLD: 1:33.00 ! 6/24/2023 Roberto ALBERICHE ESP
USMS: 1:41.87 # 5/31/2014 WILLARD LAMB

1 Beattie, Cal 90 Uc12 2:30.28 2:46.07

Men 90-94 200 LC Meter Freestyle

WORLD: 3:33.64 ! 12/12/2021 Katsura SUZUKI JPN
USMS: 3:41.77 # 8/8/2013 WILLARD LAMB

1 Beattie, Cal 90 Uc12 5:31.25 5:58.31