

2021 Jim McDonnell Lake Swims
EVENT DATE: 09/26/2021
SANCTION NUMBER: #101-W001
SANCTIONING LSMC: Potomac Valley LSMC
SPONSORING ORG: Reston Masters Swim Team
EVENT DIRECTOR: Laurence Paulson (laurence.paulson@gmail.com)
LOCATION: Lake Audubon, Reston, VA

One Mile CAT I - Official Results

Age Group: F25-29	Age	Team	USMS#	Official Time	Gender	Overall
1 Cunningham, Katherine	28	OEVT		29:13	4	11

Age Group: F30-34	Age	Team	USMS#	Official Time	Gender	Overall
1 Major, Melanie	32	UC09	091D-12B76	36:21	11	27

Age Group: F35-39	Age	Team	USMS#	Official Time	Gender	Overall
1 Shepherd, Stefani	38	AFMS	121P-7SJKX	26:55	3	6
2 Latimer, Rebecca	39	VMST		31:15	8	21
3 Henochowicz, Anne	37	GERM	101P-0809X	36:44	12	30
4 Wells, Patrisha	39	OCCS	1214-2W448	59:13	16	43

Age Group: F40-44	Age	Team	USMS#	Official Time	Gender	Overall
1 Tacheny, Erin	43	OEVT		35:36	10	26

Age Group: F45-49	Age	Team	USMS#	Official Time	Gender	Overall
1 Roddin, Julie	45	ANCM	101T-037AZ	25:20	1	3

Age Group: F50-54	Age	Team	USMS#	Official Time	Gender	Overall
1 Dalton, Wendy	50	ETM	1218-H9NY3	31:00	6	18
2 Fontana, Virginia Marie	50	OEVT		42:43	15	38

Age Group: F55-59	Age	Team	USMS#	Official Time	Gender	Overall
1 Jaeger, Debbie	59	VMST	121J-02HUT	30:13	5	15
2 Shuford, Carol	55	UC10	1010-039UF	31:01	7	19
3 Welc, Gina	57	L4S	101G-037ZD	33:51	9	23
4 Adams, Allyson	57	UC10	1011-01VT9	41:24	13	35
5 Necheles, Anna	56	OEVT		42:32	14	37

Age Group: F70-74	Age	Team	USMS#	Official Time	Gender	Overall
1 Loftus-Charley, Shirley	70	VMST	121G-WATER	26:02	2	5

Age Group: M25-29		Age	Team	USMS#	Official Time	Gender	Overall
1	Louis, Matthew	28	OEVT		30:42	12	17
2	Meil, Quinton	28	FINS	081K-9H10C	37:02	19	31
3	Patel, Harsh	26	OEVT		41:06	22	34

Age Group: M40-44		Age	Team	USMS#	Official Time	Gender	Overall
1	Kaplan, Jordan	43	OEVT		25:17	2	2
2	Stone, Jonathan	40	OCCS	121N-039V2	28:14	4	7
3	Dragon, Charlie	41	OEVT		36:32	18	29
4	Thotakura, Krishna	44	RMST	101B-2ZYRA	45:05	25	40

Age Group: M45-49		Age	Team	USMS#	Official Time	Gender	Overall
1	Cohen, Allan	49	MARY	0918-01V6G	25:47	3	4
2	Dragon, Anthony	45	UC10	1016-0375J	29:42	9	13
3	Kralik, Jeff	46	UC12	121A-EJEC5	30:04	10	14

Age Group: M50-54		Age	Team	USMS#	Official Time	Gender	Overall
1	Davis, Brian	50	L4S	1014-0371W	23:23	1	1
2	Daly, James	50	VMST	121D-0AZWY	29:09	7	10
3	Wainwright, Mark	54	FBST	101H-039WR	31:04	13	20
4	Rossi, Edward	53	OEVT		34:30	15	24
5	Ryan, Dennis	52	OEVT		47:38	27	42

Age Group: M55-59		Age	Team	USMS#	Official Time	Gender	Overall
1	Grilliot, Gary	57	OEVT		42:27	23	36
2	Hopkins, Jeffrey	57	DVM	101W-90ADD	44:05	24	39

Age Group: M60-64		Age	Team	USMS#	Official Time	Gender	Overall
1	Watson, Jon	64	RWW	101X-0944F	28:21	5	8
2	Lockman, Andy	60	UC12	121G-CATT2	28:56	6	9
3	Scoggin, Sam	60	RMST	101W-038PR	30:35	11	16
4	Marx, Richard	62	VMST	121N-06RHB	40:30	20	32

Age Group: M65-69		Age	Team	USMS#	Official Time	Gender	Overall
1	Pick, Daniel	65	JCCN	1013-0368J	29:19	8	12
2	Tenhour, Stuart	67	OEVT		34:37	16	25
3	Hartke, Paul	67	OEVT		36:23	17	28
4	Stites, Rob	67	RMST	101C-4RDNJ	46:33	26	41

Age Group: M70-74		Age	Team	USMS#	Official Time	Gender	Overall
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1	Mason, John	71	PEAK	091R-01V9W	33:21	14	22
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Age Group: M75-79

	Age	Team	USMS#	Official Time	Gender	Overall	
1	Breese, David	75	UC10	101B-037BF	40:35	21	33

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One Mile CAT II - Official Results

Age Group: F30-34		Age	Team	USMS#	Official Time	Gender	Overall
1	Mcwhorter, Allyce	32	OEVT		26:48	1	8

Age Group: F40-44		Age	Team	USMS#	Official Time	Gender	Overall
1	Cantell, Linda	42	OEVT		33:40	9	30
2	Stroiney, Debra	42	OEVT		41:44	11	38

Age Group: F45-49		Age	Team	USMS#	Official Time	Gender	Overall
1	Lake, Michelle	45	OEVT		27:46	2	10
2	Mcmahan, Stephanie	45	OEVT		32:40	7	28
3	Bogges, Wendi	49	BAM1	121D-084JX	33:45	10	31

Age Group: F50-54		Age	Team	USMS#	Official Time	Gender	Overall
1	Wilcox, Mary	54	OEVT		32:04	6	26
2	Peters, Dollie	54	PEAK	091F-5D8HD	43:23	13	41

Age Group: F55-59		Age	Team	USMS#	Official Time	Gender	Overall
1	Mcalevy, Mary Grace	57	L4S	101T-0653X	29:53	3	18
2	Nunn, Patricia	58	OEVT		33:20	8	29
3	Spiller, Vanessa	56	OEVT		42:14	12	40

Age Group: F65-69		Age	Team	USMS#	Official Time	Gender	Overall
1	Maline, Beth	68	OEVT		29:56	4	19
2	Hichak, Barbara	67	VMST	1216-0AD30	30:29	5	22

Age Group: M25-29		Age	Team	USMS#	Official Time	Gender	Overall
1	Hayes, James	27	OEVT		22:50	3	3

Age Group: M30-34		Age	Team	USMS#	Official Time	Gender	Overall
1	Nagel, Robert	32	OEVT		29:05	13	15

Age Group: M35-39		Age	Team	USMS#	Official Time	Gender	Overall
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1	Crosnicker, Mark	38	UC10	101P-0BAMG	22:17	2	2
2	Shepherd, Joshua	39	AFMS	1219-09YHH	23:47	4	4
3	Kovacs, Andrew	35	OEVT		40:47	27	37

Age Group: M40-44 **Age** **Team** **USMS#** **Official Time** **Gender** **Overall**

1	Orton, Adam	40	RMST	101A-05W6K	24:33	5	5
2	Bryson, Parkin	43	OEVT		25:21	7	7
3	Pareja, David	44	HAYS	081V-ZF28M	31:51	19	24
4	Mahoney, Devin	41	OEVT		42:13	28	39

Age Group: M45-49 **Age** **Team** **USMS#** **Official Time** **Gender** **Overall**

1	Kowalewski, Matt	47	OEVT		29:04	12	14
2	Woodall, Jeff	49	UC12	121G-037DU	29:34	15	17
3	Cassidy, Scott	45	OEVT		29:59	16	20
4	Brody, Loren	46	OEVT		32:18	21	27
5	Mcmahan, Chuck	45	OEVT		43:38	30	43

Age Group: M50-54 **Age** **Team** **USMS#** **Official Time** **Gender** **Overall**

1	Dewing, Craig	51	MARY	091B-03747	21:46	1	1
2	Oreilly, Keith	53	UC09	091H-062DP	28:41	10	12

Age Group: M55-59 **Age** **Team** **USMS#** **Official Time** **Gender** **Overall**

1	Crosby, Jim	57	OEVT		24:56	6	6
2	Belanich, James	55	OEVT		34:30	23	33

Age Group: M60-64 **Age** **Team** **USMS#** **Official Time** **Gender** **Overall**

1	Nelson, Greg	61	GERM	101F-06VF3	27:06	8	9
2	Willett, Michael	63	OEVT		28:08	9	11
3	Williams, Thomas	64	L4S	101D-037KP	28:54	11	13
4	Cura, Michael	61	OEVT		29:33	14	16
5	Carrillo, Antonio	60	OEVT		30:18	17	21
6	Bockman, Richard	64	L4S	1019-069WC	38:44	26	36

Age Group: M65-69 **Age** **Team** **USMS#** **Official Time** **Gender** **Overall**

1	Maline, Joseph	69	OEVT		30:57	18	23
2	Campbell, Andrew	68	ANCM	1015-DRACC	35:53	25	35

Age Group: M70-74 **Age** **Team** **USMS#** **Official Time** **Gender** **Overall**

1	Shub, Daniel	72	OEVT		31:52	20	25
2	Caywood, William	71	OEVT		35:20	24	34

3	Kasimer, Joseph	71	UC10	1012-0362B	43:24	29	42
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Age Group: M75-79

	Age	Team	USMS#	Official Time	Gender	Overall
1	Leimkuhler, James	76	OEV	34:22	22	32

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LOCATION: Lake Audubon, Reston, VA

Two Mile CAT I - Official Results

Age Group: F18-24		Age	Team	USMS#	Official Time	Gender	Overall
1	Eng, Kathryn	24	OEVT		58:36	6	20

Age Group: F25-29		Age	Team	USMS#	Official Time	Gender	Overall
1	Opferman, Alexis	26	OEVT		1:10:24	19	46

Age Group: F30-34		Age	Team	USMS#	Official Time	Gender	Overall
1	Talkington, Erin	33	DCRP	101X-0951A	59:17	7	23

Age Group: F35-39		Age	Team	USMS#	Official Time	Gender	Overall
1	Lockhart, Stephanie	38	OEVT		52:26	3	8
2	Pierce, Jennifer	38	OEVT		1:01:26	12	32
3	Latimer, Rebecca	39	VMST		1:01:54	13	33
4	Fabian, Jennifer	38	OEVT		1:02:10	14	34

Age Group: F40-44		Age	Team	USMS#	Official Time	Gender	Overall
1	Chin, Lisa	40	GERM	101R-0757M	48:35	1	3
2	Tacheny, Erin	43	OEVT		1:17:43	21	53

Age Group: F45-49		Age	Team	USMS#	Official Time	Gender	Overall
1	Collins, Maryann	49	MARY	0910-01VE0	1:02:31	15	35
2	Maguire, Colleen	48	UC12	121N-KNNBP	1:13:32	20	49
3	Mcmahan, Stephanie	45	OEVT		1:18:27	22	54

Age Group: F50-54		Age	Team	USMS#	Official Time	Gender	Overall
1	Desousa, Juliette-Marie	51	DCRP	101P-0372V	57:06	5	17
2	Teitelbaum, Vanessa	50	L4S	1014-02XDH	1:00:21	9	28
3	Fontana, Virginia Marie	50	OEVT		1:30:11	23	56

Age Group: F55-59		Age	Team	USMS#	Official Time	Gender	Overall
1	Stickevers, Lisa	58	L4S	1011-09ZPY	52:09	2	7
2	Schaffer, Robyn	59	MARY	091Z-01V5H	59:25	8	25

3	Shuford, Carol	55	UC10	1010-039UF	1:09:55	17	44
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Age Group: F60-64	Age	Team	USMS#	Official Time	Gender	Overall
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1	Billingsley, Julie	63	L4S	1014-0365G	1:00:43	11	30
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2	Calobong-Pierce, Carol	64	UC12	121P-OBAGB	1:06:35	16	42
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Age Group: F65-69	Age	Team	USMS#	Official Time	Gender	Overall
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1	Mattson, Janice	69	UC09	0998-04REE	1:00:35	10	29
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2	Maline, Beth	68	OEVT		1:10:11	18	45
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Age Group: F70-74	Age	Team	USMS#	Official Time	Gender	Overall
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1	Loftus-Charley, Shirley	70	VMST	121G-WATER	52:30	4	9
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Age Group: M25-29	Age	Team	USMS#	Official Time	Gender	Overall
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1	Hayes, James	27	OEVT		47:47	1	1
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Age Group: M35-39	Age	Team	USMS#	Official Time	Gender	Overall
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1	Linsley, Matthew	36	FFH	111E-0AVGF	1:05:55	25	40
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Age Group: M40-44	Age	Team	USMS#	Official Time	Gender	Overall
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1	Kaplan, Jordan	43	OEVT		50:15	3	4
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2	Stone, Jonathan	40	OCCS	121N-039V2	55:15	10	14
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3	Bryson, Parkin	43	OEVT		59:21	17	24
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Age Group: M45-49	Age	Team	USMS#	Official Time	Gender	Overall
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1	Bower, Matthew	46	L4S	101V-0B3FY	50:15	4	5
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2	Cohen, Allan	49	MARY	0918-01V6G	50:46	5	6
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3	Beelaert, Jeff	45	OEVT		52:34	6	10
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4	Mccarthy, Mike	45	ARMS	1017-M49G8	55:17	11	15
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5	Joubert, Kevin	49	MERR	091Z-01VD7	59:00	16	22
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6	Kralik, Jeff	46	UC12	121A-EJEC5	1:02:59	21	36
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Age Group: M50-54	Age	Team	USMS#	Official Time	Gender	Overall
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1	Davis, Brian	50	L4S	1014-0371W	47:48	2	2
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2	Geiszler, Andrew	53	L4S	101B-0369W	53:30	7	11
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3	Breza, Paul	54			54:06	8	12
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4	Breza, Scott	50		091Z-01VP0	57:17	13	18
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5	Breen, Jeffrey	54	OEVT		59:54	19	27
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6	Siegel, Marc	51	OEVT		1:05:16	24	39
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7	Mclearn, Douglas	52	L4S	101B-0860S	1:07:15	27	43
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8	Male, Timothy	51	OEVT		1:15:58	30	50
9	Ross, Steven	52	OEVT		1:16:25	31	51
10	Lotz, Robin	50	UC12	121S-06PZ7	1:17:12	32	52

Age Group: M55-59

		Age	Team	USMS#	Official Time	Gender	Overall
1	Decosse, Philip	59	L4S	101W-099EN	54:41	9	13
2	Sloan, Jonathan	59	UC09	0996-06XV5	1:00:59	20	31
3	Steiner, Joe	58	UC10	101C-09JRM	1:03:24	22	37
4	Moffatt, Van	57	UC12	1215-06R75	1:11:45	28	47

Age Group: M60-64

		Age	Team	USMS#	Official Time	Gender	Overall
1	Stickevers, Ken	60	L4S	101K-036C7	56:25	12	16
2	Watson, Jon	64	RWW	101X-0944F	59:36	18	26
3	Charles, Cleveland	62	OEVT		1:03:58	23	38
4	Rudin, Andrew	64	UC12	1212-0366F	1:12:20	29	48
5	Wood, Jonathan	61	UC12	1215-036CS	1:25:15	33	55

Age Group: M65-69

		Age	Team	USMS#	Official Time	Gender	Overall
1	Hahne, Reg	68	COLU	091S-01VTA	57:34	14	19
2	Mandour, Saleh	67	MERR	0913-04RGD	58:39	15	21

Age Group: M70-74

		Age	Team	USMS#	Official Time	Gender	Overall
1	Post, John	74	VMST	1213-02HK0	1:06:35	26	41

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LOCATION: Lake Audubon, Reston, VA

Two Mile CAT II - Official Results

Age Group: F25-29		Age	Team	USMS#	Official Time	Gender	Overall
1	Granger, Madison	27	1693	1216-3Z3NW	52:08	1	9
Age Group: F30-34		Age	Team	USMS#	Official Time	Gender	Overall
1	Mcwhorter, Allyce	32	OEVT		53:56	2	11
Age Group: F40-44		Age	Team	USMS#	Official Time	Gender	Overall
1	Di Silvio, Francesca	40	DCRP	101K-0381W	54:14	3	12
Age Group: F45-49		Age	Team	USMS#	Official Time	Gender	Overall
1	Han, Kristina	48	OEVT		59:52	5	16
Age Group: F50-54		Age	Team	USMS#	Official Time	Gender	Overall
1	Marx, Melissa	51	OEVT		1:10:12	6	25
Age Group: F55-59		Age	Team	USMS#	Official Time	Gender	Overall
1	Weinbach, Gretchen	57	OEVT		59:23	4	15
2	Nunn, Patricia	58	OEVT		1:10:47	7	27
Age Group: M18-24		Age	Team	USMS#	Official Time	Gender	Overall
1	Crosby, James	22	OEVT		43:35	1	1
Age Group: M30-34		Age	Team	USMS#	Official Time	Gender	Overall
1	Clark, Kempsey	31	GERM	101G-07WV8	47:36	5	5
2	Shapiro, Theo	34	OEVT		48:08	6	6
3	Devens, James	30	OEVT		1:12:47	22	29
Age Group: M40-44		Age	Team	USMS#	Official Time	Gender	Overall
1	Krajewski, Thomas	43	GMUP	101E-0076T	45:04	3	3
Age Group: M45-49		Age	Team	USMS#	Official Time	Gender	Overall
1	Weinstein, Joe	46	DCRP	101D-9D5X4	1:00:07	12	17
2	Kowalewski, Matt	47	OEVT		1:01:35	14	19

Age Group: M50-54		Age	Team	USMS#	Official Time	Gender	Overall
1	Dewing, Craig	51	MARY	091B-03747	43:42	2	2
2	Hyde, Brad	51	OEVT		45:57	4	4
3	Oreilly, Keith	53	UC09	091H-062DP	1:00:08	13	18

Age Group: M55-59		Age	Team	USMS#	Official Time	Gender	Overall
1	Peckham, Michael	56	OEVT		51:53	8	8

Age Group: M60-64		Age	Team	USMS#	Official Time	Gender	Overall
1	Nelson, Greg	61	GERM	101F-06VF3	55:39	10	13
2	Volkers, Steven	60	ANCM	101H-084N9	55:42	11	14
3	Johnson, William	61	OEVT		1:04:16	16	21
4	Kanner, Alan	62	OEVT		1:09:47	18	23
5	Laughlin, Alexander	62	OEVT		1:17:11	26	33
6	Defranco, Laurence	62	DCTC	1011-95CN1	1:22:44	27	34
7	Kennedy, Edward	64	ORVT		1:27:45	28	35

Age Group: M65-69		Age	Team	USMS#	Official Time	Gender	Overall
1	Fallon, Frank	66	UC10	101H-05TAT	48:53	7	7
2	Mcmullin, Joseph	66	DCM	101W-0367V	53:39	9	10
3	Isbister, John	68	COLU	094K-01Vfy	1:01:41	15	20
4	Campbell, Andrew	68	ANCM	1015-DRACC	1:13:22	23	30

Age Group: M70-74		Age	Team	USMS#	Official Time	Gender	Overall
1	Shub, Daniel	72	OEVT		1:06:51	17	22
2	Caywood, William	71	OEVT		1:10:05	19	24

Age Group: M75-79		Age	Team	USMS#	Official Time	Gender	Overall
1	Leimkuhler, James	76	OEVT		1:10:33	20	26
2	Medoff, Neil	78	OEVT		1:11:47	21	28
3	Snowwhite, Larry	75	RMST	1013-036NF	1:14:54	24	31
4	Lowe, Jet	75	MERR	091M-03751	1:16:20	25	32
5	Pilette, Sterling	79	RMST	1019-036G0	1:28:26	29	36