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HY-TEK's MEET MANAGER 5.0 2/9/2014 07:55 PM

2014 VMST David Gregg III Memorial Meet, Sanction #: 124-S002

Richmond VA -- Feb 8-9, 2014 -- 25Y Course

Results

Women 18-24 50 Yard Freestyle

Name	Age Club	Finals
1 Nelson, Rachel A	22 VMST-VA	24.29
2 Bechard, Sarah A	23 BAM1-VA	26.02
3 Shepard, Megan	23 VMST-VA	37.08

Women 18-24 100 Yard Freestyle

Name	Age Club	Finals
1 Nelson, Rachel A	22 VMST-VA	53.09
25.17	53.09 (27.92)	
2 Brink, Opal E	19 QMST-VA	1:01.90
29.95	1:01.90 (31.95)	
3 Cline, Victoria E	21 UC12-VA	1:08.63
32.31	1:08.63 (36.32)	

Women 18-24 200 Yard Freestyle

Name	Age Club	Finals
-- Cline, Victoria E	21 UC12-VA	DQ

Women 18-24 500 Yard Freestyle

Name	Age Club	Finals
1 Brink, Opal E	19 QMST-VA	6:10.42
32.56	1:08.26 (35.70)	1:45.53 (37.27)
3:01.63 (38.29)	3:39.40 (37.77)	4:17.75 (38.35)
5:34.74 (38.46)	6:10.42 (35.68)	2:23.34 (37.81)
		4:56.28 (38.53)
2 Cline, Victoria E	21 UC12-VA	7:13.35
35.07	1:14.18 (39.11)	1:56.21 (42.03)
3:25.39 (45.31)	4:11.78 (46.39)	2:40.08 (43.87)
6:31.42 (45.61)	7:13.35 (41.93)	4:58.47 (46.69)
		5:45.81 (47.34)
3 Shepard, Megan	23 VMST-VA	8:50.17
1:02.28	1:55.32 (53.04)	2:52.73 (57.41)
4:35.78 (51.53)	5:29.99 (54.21)	3:44.25 (51.52)
		7:11.98 (50.18)

8:03.65 (51.67) 8:50.17 (46.52)

Women 18-24 1000 Yard Freestyle

Name	Age Club	Finals
1 Brink, Opal E	19 QMST-VA	12:54.61
33.92	1:11.63 (37.71)	1:50.00 (38.37)
2:29.08 (39.08)	3:07.84 (38.76)	3:47.10 (39.26)
4:25.99 (38.89)	5:05.68 (39.69)	6:24.71 (39.25)
7:03.73 (39.02)	7:43.13 (39.40)	8:22.53 (39.40)
9:02.27 (39.74)	9:42.50 (40.23)	10:22.11 (39.61)
11:01.42 (39.31)	11:41.07 (39.65)	12:19.59 (38.52)
12:54.61 (35.02)	21 UC12-VA	15:25.25
2 Cline, Victoria E	21 UC12-VA	15:25.25
33.31	1:12.57 (39.26)	1:56.20 (43.63)
2:42.21 (46.01)	3:30.22 (48.01)	4:17.31 (47.09)
5:06.18 (48.87)	5:52.70 (46.52)	6:40.66 (47.96)
7:28.80 (48.14)	8:16.60 (47.80)	9:04.10 (47.50)
9:52.08 (47.98)	10:41.24 (49.16)	11:29.23 (47.99)
12:16.98 (47.75)	13:05.37 (48.39)	13:52.00 (46.63)
14:40.64 (48.64)		15:25.25 (44.61)

Women 18-24 50 Yard Backstroke

Name	Age Club	Finals
1 Brink, Opal E	19 QMST-VA	31.68

Women 18-24 100 Yard Backstroke

Name	Age Club	Finals
1 Brink, Opal E	19 QMST-VA	1:07.91
33.68	1:07.91 (34.23)	

Women 18-24 200 Yard Backstroke

Name	Age Club	Finals
1 Brink, Opal E	19 QMST-VA	2:26.72
35.54	1:12.12 (36.58)	1:49.60 (37.48)
2:26.72 (37.12)		

Women 18-24 100 Yard Breaststroke

Name	Age Club	Finals
1 Shepard, Megan	23 VMST-VA	1:59.19
56.64	1:59.19 (1:02.55)	

Women 18-24 200 Yard Breaststroke

Name	Age Club	Finals
1 Shepard, Megan	23 VMST-VA	4:17.73

Women 18-24 50 Yard Butterfly

Name	Age Club	Finals
1 Bechard, Sarah A	23 BAM1-VA	27.62
2 Shepard, Megan	23 VMST-VA	45.16

Women 18-24 100 Yard Butterfly

Name	Age Club	Finals
1 Nelson, Rachel A	22 VMST-VA	57.74
	26.95	57.74 (30.79)
2 Bechard, Sarah A	23 BAM1-VA	1:01.26
	29.13	1:01.26 (32.13)

Women 18-24 100 Yard IM

Name	Age Club	Finals
1 Bechard, Sarah A	23 BAM1-VA	1:05.71
	30.12	1:05.71 (35.59)
2 Shepard, Megan	23 VMST-VA	1:39.63
	46.16	1:39.63 (53.47)

Women 18-24 200 Yard IM

Name	Age Club	Finals
1 Brink, Opal E	19 QMST-VA	2:37.49
	33.36	1:10.63 (37.27) 2:01.19 (50.56) 2:37.49 (36.30)
-- Shepard, Megan	23 VMST-VA	DQ
	58.09	1:53.28 (55.19) 2:57.90 (1:04.62) DQ (48.10)

Women 25-29 50 Yard Freestyle

Name	Age Club	Finals
1 Clair, Sarah V	29 UC12-VA	27.75
2 Mazur, Ann M	28 UC12-VA	29.23
3 Zakhour, Randa K	29 POWM-VA	35.20

Women 25-29 100 Yard Freestyle

Name	Age	Club	Finals
1 Henderson, Lissa B	25	UC12-VA	59.00
2 Clair, Sarah V	29	UC12-VA	59.66
	28.36	59.66 (31.30)	
3 Lowd, Kristin A	27	UC12-VA	1:00.62
	28.86	1:00.62 (31.76)	
4 Aepli, Lauren E	26	VMST-VA	1:01.81
	29.27	1:01.81 (32.54)	
5 Zakhour, Randa K	29	POWM-VA	1:19.62
	38.87	1:19.62 (40.75)	

Women 25-29 200 Yard Freestyle

Name	Age	Club	Finals
1 Letendre, Denise M	25	VMST-VA	2:04.29
	28.57	1:00.13 (31.56)	1:32.01 (31.88)
			2:04.29 (32.28)
2 Mazur, Ann M	28	UC12-VA	2:21.45
	31.72	1:08.15 (36.43)	1:45.06 (36.91)
			2:21.45 (36.39)
3 Dudley, Mariah V	26	VMST-VA	2:21.72
	34.02	1:09.05 (35.03)	1:45.37 (36.32)
			2:21.72 (36.35)
4 Brockett, Samone E	25	POWM-VA	2:23.32
	33.57	1:09.62 (36.05)	1:46.37 (36.75)
			2:23.32 (36.95)

Women 25-29 1000 Yard Freestyle

Name	Age	Club	Finals
1 Mazur, Ann M	28	UC12-VA	12:40.29
	32.22	1:08.74 (36.52)	1:46.38 (37.64)
			2:24.13 (37.75)
	3:02.65 (38.52)	3:41.20 (38.55)	4:19.95 (38.75)
			4:59.36 (39.41)
	5:38.42 (39.06)	6:17.35 (38.93)	6:56.51 (39.16)
			7:35.73 (39.22)
	8:14.64 (38.91)	8:53.66 (39.02)	9:32.55 (38.89)
			10:11.14 (38.59)
	10:49.49 (38.35)	11:28.20 (38.71)	12:05.88 (37.68)
			12:40.29 (34.41)

Women 25-29 1650 Yard Freestyle

Name	Age	Club	Finals
1 Dudley, Mariah V	26	VMST-VA	22:00.95
	36.06	1:16.18 (40.12)	1:56.38 (40.20)
			2:35.48 (39.10)
	3:14.23 (38.75)	3:53.63 (39.40)	4:33.57 (39.94)
			5:13.33 (39.76)
	5:53.62 (40.29)	6:33.32 (39.70)	7:13.03 (39.71)
			7:52.46 (39.43)
	8:32.32 (39.86)	9:12.13 (39.81)	9:52.05 (39.92)
			10:32.16 (40.11)

11:12.38 (40.22)	11:52.52 (40.14)	12:32.80 (40.28)	13:13.63 (40.83)
13:54.09 (40.46)	14:35.27 (41.18)	15:16.05 (40.78)	15:57.02 (40.97)
16:38.13 (41.11)	17:18.92 (40.79)	17:59.39 (40.47)	18:39.98 (40.59)
19:19.99 (40.01)	20:00.85 (40.86)	20:41.00 (40.15)	21:21.51 (40.51)
22:00.95 (39.44)			
2 Brockett, Samone E	25 POWM-VA		22:07.42
36.91	1:17.02 (40.11)	1:57.24 (40.22)	2:37.48 (40.24)
3:17.24 (39.76)	3:56.92 (39.68)	4:37.21 (40.29)	5:17.76 (40.55)
5:58.37 (40.61)	6:38.99 (40.62)	7:19.75 (40.76)	8:00.13 (40.38)
8:40.42 (40.29)	9:20.48 (40.06)	10:00.72 (40.24)	10:41.10 (40.38)
11:21.80 (40.70)	12:01.65 (39.85)	12:42.52 (40.87)	13:22.88 (40.36)
14:03.77 (40.89)	14:44.30 (40.53)	15:24.80 (40.50)	16:05.50 (40.70)
16:46.47 (40.97)	17:27.57 (41.10)	18:07.38 (39.81)	18:47.39 (40.01)
19:27.99 (40.60)	20:07.95 (39.96)	20:48.06 (40.11)	21:28.27 (40.21)
22:07.42 (39.15)			

Women 25-29 50 Yard Backstroke

Name	Age Club	Finals
1 Dudley, Mariah V	26 VMST-VA	36.56

Women 25-29 100 Yard Backstroke

Name	Age Club	Finals
1 Lowd, Kristin A	27 UC12-VA	1:10.66
34.10	1:10.66 (36.56)	
2 Aepli, Lauren E	26 VMST-VA	1:10.79
34.35	1:10.79 (36.44)	
3 Zakhour, Randa K	29 POWM-VA	1:39.57
48.45	1:39.57 (51.12)	

Women 25-29 200 Yard Backstroke

Name	Age Club	Finals
1 Mazur, Ann M	28 UC12-VA	2:41.65
37.20	1:18.16 (40.96)	2:00.63 (42.47)
		2:41.65 (41.02)
2 Dudley, Mariah V	26 VMST-VA	2:42.62
39.89	1:21.22 (41.33)	2:02.75 (41.53)
		2:42.62 (39.87)

Women 25-29 100 Yard Breaststroke

Name	Age Club	Finals
1 Mercer, Erika	27 UC12-VA	1:17.11

	36.86	1:17.11 (40.25)	
2 Clair, Sarah V		29 UC12-VA	1:18.95
	37.85	1:18.95 (41.10)	
3 Aepli, Lauren E		26 VMST-VA	1:22.29
	39.23	1:22.29 (43.06)	

Women 25-29 200 Yard Breaststroke

Name	Age	Club	Finals
1 Letendre, Denise M	25	VMST-VA	2:35.25
	35.64	1:15.13 (39.49)	1:55.31 (40.18) 2:35.25 (39.94)

Women 25-29 50 Yard Butterfly

Name	Age	Club	Finals
1 Dudley, Mariah V	26	VMST-VA	32.29
2 Bowman, Betsy	29	VMST-VA	33.51

Women 25-29 100 Yard Butterfly

Name	Age	Club	Finals
1 Mazur, Ann M	28	UC12-VA	1:15.74
	35.07	1:15.74 (40.67)	

Women 25-29 200 Yard Butterfly

Name	Age	Club	Finals
1 Letendre, Denise M	25	VMST-VA	2:14.36
	30.06	1:04.24 (34.18)	1:39.12 (34.88) 2:14.36 (35.24)
2 Bowman, Betsy	29	VMST-VA	2:43.18
	35.67	1:16.75 (41.08)	1:59.70 (42.95) 2:43.18 (43.48)

Women 25-29 100 Yard IM

Name	Age	Club	Finals
1 Henderson, Lissa B	25	UC12-VA	1:07.07
	30.79	1:07.07 (36.28)	
2 Aepli, Lauren E	26	VMST-VA	1:10.74
	31.98	1:10.74 (38.76)	

Women 25-29 200 Yard IM

Name	Age	Club	Finals	
1 Letendre, Denise M	25	VMST-VA	2:17.97	
	29.81	1:04.38 (34.57)	1:44.99 (40.61)	2:17.97 (32.98)
2 Mercer, Erika	27	UC12-VA	2:28.19	
	32.27	1:10.88 (38.61)	1:53.55 (42.67)	2:28.19 (34.64)
3 Aepli, Lauren E	26	VMST-VA	2:36.47	
	33.13	1:12.96 (39.83)	1:59.08 (46.12)	2:36.47 (37.39)
4 Bowman, Betsy	29	VMST-VA	2:42.23	
	39.09		2:11.86 ()	2:42.23 (30.37)

Women 25-29 400 Yard IM

Name	Age	Club	Finals	
1 Letendre, Denise M	25	VMST-VA	4:44.68	
	29.80	1:03.83 (34.03)	1:40.77 (36.94)	2:16.74 (35.97)
		2:57.46 (40.72)	3:38.19 (40.73)	4:12.00 (33.81)
				4:44.68 (32.68)

Women 30-34 50 Yard Freestyle

Name	Age	Club	Finals
1 Strobl, Lori C	33	POWM-VA	26.41
2 Jamison, Jackie M	33	CPYM-VA	29.43
3 Andres, Tess	32	POWM-VA	30.71
4 Wilson, Carrie R	30	QMST-VA	30.99

Women 30-34 100 Yard Freestyle

Name	Age	Club	Finals
1 Wilson, Carrie R	30	QMST-VA	1:06.31
	31.56	1:06.31 (34.75)	

Women 30-34 200 Yard Freestyle

Name	Age	Club	Finals	
1 Russo, Claire C	30	VMST-VA	2:09.15	
	30.30	1:03.06 (32.76)	1:36.50 (33.44)	2:09.15 (32.65)

Women 30-34 500 Yard Freestyle

Name	Age	Club	Finals
1 Russo, Claire C	30	VMST-VA	5:42.16

	31.62	1:06.29 (34.67)	1:41.11 (34.82)	2:16.28 (35.17)
	2:51.07 (34.79)	3:25.85 (34.78)	4:00.48 (34.63)	4:35.28 (34.80)
	5:09.43 (34.15)	5:42.16 (32.73)		
2 Wilson, Carrie R		30 QMST-VA		6:18.88
	33.30	1:10.77 (37.47)	1:48.98 (38.21)	2:27.51 (38.53)
	3:05.95 (38.44)	3:44.25 (38.30)	4:22.79 (38.54)	5:01.74 (38.95)
	5:40.76 (39.02)	6:18.88 (38.12)		

Women 30-34 1000 Yard Freestyle

Name	Age	Club	Finals	
1 Wilson, Carrie R	30	QMST-VA	12:53.90	
	33.59	1:10.68 (37.09)	1:49.00 (38.32)	2:27.47 (38.47)
	3:06.77 (39.30)	3:45.84 (39.07)	4:24.84 (39.00)	5:04.14 (39.30)
	5:43.18 (39.04)	6:22.33 (39.15)	7:01.36 (39.03)	7:40.54 (39.18)
	8:19.84 (39.30)	8:58.93 (39.09)	9:37.90 (38.97)	10:17.03 (39.13)
	10:56.24 (39.21)	11:35.78 (39.54)	12:15.13 (39.35)	12:53.90 (38.77)

Women 30-34 50 Yard Backstroke

Name	Age	Club	Finals
1 Russo, Claire C	30	VMST-VA	32.45

Women 30-34 100 Yard Backstroke

Name	Age	Club	Finals
1 Andres, Tess	32	POWM-VA	1:16.28
	37.30	1:16.28 (38.98)	

Women 30-34 200 Yard Backstroke

Name	Age	Club	Finals	
1 Andres, Tess	32	POWM-VA	2:42.66	
	38.73	1:19.61 (40.88)	2:02.51 (42.90)	2:42.66 (40.15)

Women 30-34 50 Yard Breaststroke

Name	Age	Club	Finals
1 Russo, Claire C	30	VMST-VA	33.05
2 Strobl, Lori C	33	POWM-VA	35.86
3 Wilson, Carrie R	30	QMST-VA	40.95
4 Glasgow, Ginny Ann	34	POWM-VA	41.02

Women 30-34 100 Yard Breaststroke

Name	Age	Club	Finals
1 Russo, Claire C	30	VMST-VA	1:11.74
	33.65	1:11.74 (38.09)	

Women 30-34 200 Yard Breaststroke

Name	Age	Club	Finals
1 Russo, Claire C	30	VMST-VA	2:36.67
	35.75	1:16.33 (40.58) 1:56.40 (40.07)	2:36.67 (40.27)

Women 30-34 50 Yard Butterfly

Name	Age	Club	Finals
1 Strobl, Lori C	33	POWM-VA	29.21
2 Jamison, Jackie M	33	CPYM-VA	30.10
3 Glasgow, Ginny Ann	34	POWM-VA	33.58

Women 30-34 100 Yard IM

Name	Age	Club	Finals
1 Glasgow, Ginny Ann	34	POWM-VA	1:17.62
	36.86	1:17.62 (40.76)	
2 Wilson, Carrie R	30	QMST-VA	1:19.12
	37.61	1:19.12 (41.51)	
3 Andres, Tess	32	POWM-VA	1:19.83
	38.18	1:19.83 (41.65)	

Women 30-34 200 Yard IM

Name	Age	Club	Finals
1 Russo, Claire C	30	VMST-VA	2:22.62
	31.23	1:07.45 (36.22) 1:48.38 (40.93)	2:22.62 (34.24)

Women 35-39 50 Yard Freestyle

Name	Age	Club	Finals
1 Harris, Kristen	37	UC12-VA	29.39
2 Miller, Melissa L	36	CPYM-VA	33.04

Women 35-39 50 Yard Freestyle Novice

Name	Age Club	Finals
1 Wyatt, Louise J	36 CPYM-VA	49.28

Women 35-39 100 Yard Freestyle

Name	Age Club	Finals
1 Joslin, Danielle	35 POWM-VA	1:03.14
	30.63	1:03.14 (32.51)
2 Miller, Melissa L	36 CPYM-VA	1:13.94
	34.46	1:13.94 (39.48)

Women 35-39 1000 Yard Freestyle

Name	Age Club	Finals
1 Sullivan, Shannon D	38 NCYM-PV	13:14.49
	37.53	1:17.51 (39.98) 1:57.72 (40.21) 2:38.18 (40.46)
	3:18.21 (40.03)	3:58.33 (40.12) 4:38.44 (40.11) 5:18.62 (40.18)
	5:58.63 (40.01)	6:38.50 (39.87) 7:18.31 (39.81) 7:58.19 (39.88)
	8:37.80 (39.61)	9:17.49 (39.69) 9:57.16 (39.67) 10:36.75 (39.59)
	11:16.38 (39.63)	11:56.22 (39.84) 12:35.55 (39.33) 13:14.49 (38.94)

Women 35-39 1650 Yard Freestyle

Name	Age Club	Finals
1 Trom, Kelsey A	35 POWM-VA	22:30.64
	37.17	1:16.34 (39.17) 1:55.58 (39.24) 2:35.62 (40.04)
	3:15.34 (39.72)	3:55.22 (39.88) 4:35.04 (39.82) 5:15.70 (40.66)
	5:55.98 (40.28)	6:36.65 (40.67) 7:17.62 (40.97) 7:58.66 (41.04)
	10:01.74 (2:03.08)	10:43.25 (41.51) 11:24.02 (40.77) 12:05.46 (41.44)
	12:46.99 (41.53)	13:27.99 (41.00) 14:09.09 (41.10) 14:50.20 (41.11)
	15:31.92 (41.72)	16:13.66 (41.74) 16:54.25 (40.59) 17:35.93 (41.68)
	18:16.97 (41.04)	18:58.45 (41.48) 19:39.74 (41.29) 20:20.69 (40.95)
	21:02.05 (41.36)	21:43.30 (41.25) 22:24.39 (41.09) 22:30.64 (6.25)

Women 35-39 50 Yard Backstroke

Name	Age Club	Finals
-- Miller, Melissa L	36 CPYM-VA	DQ

Women 35-39 100 Yard Backstroke

Name	Age	Club	Finals
1 Joslin, Danielle	35	POWM-VA	1:15.07
	36.95	1:15.07 (38.12)	
2 Sullivan, Shannon D	38	NCYM-PV	1:16.32
	37.99	1:16.32 (38.33)	

Women 35-39 200 Yard Backstroke

Name	Age	Club	Finals
1 Sullivan, Shannon D	38	NCYM-PV	2:34.62
	38.27	1:17.24 (38.97)	1:56.17 (38.93) 2:34.62 (38.45)
2 Trom, Kelsey A	35	POWM-VA	2:43.83
	39.20	1:20.64 (41.44)	2:02.58 (41.94) 2:43.83 (41.25)

Women 35-39 50 Yard Breaststroke

Name	Age	Club	Finals
1 Harris, Kristen	37	UC12-VA	35.47
2 Deaton, Rebecca A	38	CPYM-VA	36.02

Women 35-39 100 Yard Breaststroke

Name	Age	Club	Finals
1 Harris, Kristen	37	UC12-VA	1:18.21
	38.26	1:18.21 (39.95)	
2 Deaton, Rebecca A	38	CPYM-VA	1:20.29
	37.75	1:20.29 (42.54)	
3 Sullivan, Shannon D	38	NCYM-PV	1:27.57
	42.18	1:27.57 (45.39)	

Women 35-39 200 Yard Breaststroke

Name	Age	Club	Finals
1 Moosman, Deanne L	35	STON-VA	2:42.76
			2:00.38 () 2:42.76 (42.38)
2 Deaton, Rebecca A	38	CPYM-VA	2:54.10
	39.38	1:23.01 (43.63)	2:08.54 (45.53) 2:54.10 (45.56)
3 Sullivan, Shannon D	38	NCYM-PV	3:02.88

Women 35-39 50 Yard Butterfly

Name	Age Club	Finals
1 Miller, Melissa L	36 CPYM-VA	38.60
2 Sena, Erica J	39 MAC-VA	50.00

Women 35-39 50 Yard Butterfly Novice

Name	Age Club	Finals
-- Wyatt, Louise J	36 CPYM-VA	DQ

Women 35-39 200 Yard Butterfly

Name	Age Club	Finals
1 Sullivan, Shannon D	38 NCYM-PV	2:58.61
40.32	1:25.91 (45.59)	2:12.70 (46.79)
		2:58.61 (45.91)

Women 35-39 100 Yard IM

Name	Age Club	Finals
1 Joslin, Danielle	35 POWM-VA	1:13.86
34.58	1:13.86 (39.28)	
2 Sullivan, Shannon D	38 NCYM-PV	1:18.32
37.85	1:18.32 (40.47)	
3 Miller, Melissa L	36 CPYM-VA	1:31.25
43.92	1:31.25 (47.33)	
4 Sena, Erica J	39 MAC-VA	1:47.32
49.35	1:47.32 (57.97)	

Women 35-39 200 Yard IM

Name	Age Club	Finals
1 Moosman, Deanne L	35 STON-VA	2:23.46
30.90	1:07.70 (36.80)	1:49.32 (41.62)
		2:23.46 (34.14)
2 Sullivan, Shannon D	38 NCYM-PV	2:44.51
39.73	1:20.39 (40.66)	2:06.96 (46.57)
		2:44.51 (37.55)
3 Wyatt, Louise J	36 CPYM-VA	4:18.26
52.32	3:13.54 (2:21.22)	4:18.26 (1:04.72)

Women 35-39 400 Yard IM

Name	Age Club	Finals
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1 Moosman, Deanne L	35 STON-VA		5:06.13
32.40	1:09.02 (36.62)	1:48.13 (39.11)	2:26.42 (38.29)
3:10.15 (43.73)	3:55.95 (45.80)	4:32.19 (36.24)	5:06.13 (33.94)
2 Sullivan, Shannon D	38 NCYM-PV		5:33.35
39.56	1:23.89 (44.33)	2:04.40 (40.51)	2:44.20 (39.80)
3:30.27 (46.07)	4:16.78 (46.51)	4:55.68 (38.90)	5:33.35 (37.67)

Women 40-44 50 Yard Freestyle

Name	Age Club	Finals
1 McConnell Norman, Amy C	41 POWM-VA	30.40

Women 40-44 100 Yard Freestyle

Name	Age Club	Finals
1 McConnell Norman, Amy C	41 POWM-VA	1:07.62
31.50	1:07.62 (36.12)	
2 Dalton, Alicia	44 QMST-VA	1:09.77
32.44	1:09.77 (37.33)	
3 Maly, Cleary	43 QMST-VA	1:20.19
37.74	1:20.19 (42.45)	

Women 40-44 500 Yard Freestyle

Name	Age Club	Finals
1 Dalton, Alicia	44 QMST-VA	7:00.28
35.67	1:14.62 (38.95)	1:56.31 (41.69)
3:22.28 (43.78)	4:06.63 (44.35)	4:50.11 (43.48)
6:19.20 (44.14)	7:00.28 (41.08)	2:38.50 (42.19)
		5:35.06 (44.95)

Women 40-44 1000 Yard Freestyle

Name	Age Club	Finals
1 Dalton, Alicia	44 QMST-VA	14:25.86
36.65	1:16.89 (40.24)	1:58.69 (41.80)
3:24.14 (42.84)	4:07.85 (43.71)	4:51.79 (43.94)
6:20.80 (44.60)	7:05.45 (44.65)	7:50.28 (44.83)
9:19.12 (44.53)	10:03.68 (44.56)	10:48.74 (45.06)
12:17.39 (43.86)	13:01.27 (43.88)	13:44.62 (43.35)
		11:33.53 (44.79)
		14:25.86 (41.24)
2 Maly, Cleary	43 QMST-VA	17:04.84
42.27	1:30.19 (47.92)	2:20.73 (50.54)
4:03.83 (51.87)	4:56.02 (52.19)	5:46.61 (50.59)
7:31.96 (53.12)	8:24.19 (52.23)	9:16.33 (52.14)
		3:11.96 (51.23)
		6:38.84 (52.23)
		10:08.09 (51.76)

11:00.85 (52.76)	11:54.13 (53.28)	12:47.74 (53.61)	13:41.36 (53.62)
14:34.36 (53.00)	15:26.76 (52.40)	16:17.83 (51.07)	17:04.84 (47.01)

Women 40-44 50 Yard Backstroke

Name	Age Club	Finals
1 Dalton, Alicia	44 QMST-VA	39.26
2 Maly, Cleary	43 QMST-VA	43.80

Women 40-44 50 Yard Breaststroke

Name	Age Club	Finals
1 Norrgard, Karen	42 MAC-VA	39.25
2 McConnell Norman, Amy C	41 POWM-VA	39.27

Women 40-44 100 Yard Breaststroke

Name	Age Club	Finals
1 Norrgard, Karen	42 MAC-VA	1:23.66
	39.79	1:23.66 (43.87)
2 McConnell Norman, Amy C	41 POWM-VA	1:25.66
	40.57	1:25.66 (45.09)

Women 40-44 50 Yard Butterfly

Name	Age Club	Finals
1 Dalton, Alicia	44 QMST-VA	34.47

Women 40-44 50 Yard Butterfly Novice

Name	Age Club	Finals
1 Norrgard, Karen	42 MAC-VA	32.03

Women 40-44 100 Yard Butterfly

Name	Age Club	Finals
1 Dalton, Alicia	44 QMST-VA	1:20.10
	36.53	1:20.10 (43.57)

Women 40-44 100 Yard IM

Name	Age Club	Finals
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Name	Age	Club	Finals
1 Norrgard, Karen		42 MAC-VA	1:16.02
	36.47	1:16.02 (39.55)	
2 McConnell Norman, Amy C		41 POWM-VA	1:20.03
	39.05	1:20.03 (40.98)	
3 Dalton, Alicia		44 QMST-VA	1:23.43
4 Maly, Cleary		43 QMST-VA	1:34.69
	44.54	1:34.69 (50.15)	

Women 40-44 200 Yard IM

Name	Age	Club	Finals
1 Dalton, Alicia		44 QMST-VA	2:55.19

Women 45-49 50 Yard Freestyle

Name	Age	Club	Finals
1 Krongaard, Kim M		48 VMST-VA	30.11
2 Howard, Amy		49 QMST-VA	32.55

Women 45-49 100 Yard Freestyle

Name	Age	Club	Finals
1 Phillips, Alice W		48 POWM-VA	1:00.72
	29.96	1:00.72 (30.76)	
2 Hollings, Charlotte		49 VMST-VA	1:01.78
	29.84	1:01.78 (31.94)	
3 Ryan, Elizabeth C		45 BAM1-VA	1:07.60
	31.84	1:07.60 (35.76)	
4 Cook, Amy H		46 MAC-VA	1:10.08
	33.71	1:10.08 (36.37)	
5 Witt, Cherie A		49 CPYM-VA	1:10.96
	33.53	1:10.96 (37.43)	
6 Howard, Amy		49 QMST-VA	1:12.35
	35.28	1:12.35 (37.07)	

Women 45-49 200 Yard Freestyle

Name	Age	Club	Finals
1 Phillips, Alice W		48 POWM-VA	2:12.84
	31.93	1:05.73 (33.80)	1:39.62 (33.89) 2:12.84 (33.22)
2 Hollings, Charlotte		49 VMST-VA	2:13.09

	31.12	1:04.83 (33.71)	1:39.37 (34.54)	2:13.09 (33.72)
3 Gregory, Barbie J	45 POWM-VA			2:23.28
	33.03	1:08.68 (35.65)	1:45.70 (37.02)	2:23.28 (37.58)
4 Howard, Amy	49 QMST-VA			2:36.48
	37.86	1:18.55 (40.69)	1:58.83 (40.28)	2:36.48 (37.65)
5 Cook, Amy H	46 MAC-VA			2:37.21
	36.08	1:16.00 (39.92)	1:56.94 (40.94)	2:37.21 (40.27)

Women 45-49 500 Yard Freestyle

Name	Age	Club	Finals	
1 Hollings, Charlotte	49	VMST-VA	5:51.31	
	31.76	1:06.07 (34.31)	1:41.26 (35.19)	2:16.86 (35.60)
	2:52.67 (35.81)	3:28.45 (35.78)	4:05.14 (36.69)	4:41.37 (36.23)
	5:16.76 (35.39)	5:51.31 (34.55)		
2 Phillips, Alice W	48	POWM-VA	5:54.14	
	32.93	1:08.65 (35.72)	1:44.57 (35.92)	2:20.44 (35.87)
	2:56.08 (35.64)	3:31.78 (35.70)	4:07.53 (35.75)	4:43.16 (35.63)
	5:19.18 (36.02)	5:54.14 (34.96)		
3 Franklin, Rebecca L	45	CPYM-VA	6:15.32	
	33.77	1:10.81 (37.04)	1:48.40 (37.59)	2:26.16 (37.76)
	3:04.14 (37.98)	3:42.22 (38.08)	4:20.45 (38.23)	4:58.87 (38.42)
	5:37.40 (38.53)	6:15.32 (37.92)		
4 Gregory, Barbie J	45	POWM-VA	6:21.69	
	34.23	1:11.41 (37.18)	1:49.80 (38.39)	2:28.56 (38.76)
	3:07.79 (39.23)	3:46.95 (39.16)	4:25.85 (38.90)	5:04.51 (38.66)
	5:43.36 (38.85)	6:21.69 (38.33)		
5 Howard, Amy	49	QMST-VA	6:48.15	
	37.74	1:18.05 (40.31)	1:59.24 (41.19)	2:40.64 (41.40)
	3:22.12 (41.48)	4:03.51 (41.39)	4:44.92 (41.41)	5:26.42 (41.50)
	6:07.60 (41.18)	6:48.15 (40.55)		
6 Witt, Cherie A	49	CPYM-VA	6:50.63	
	36.09	1:15.83 (39.74)	1:56.93 (41.10)	2:38.57 (41.64)
	3:20.70 (42.13)	4:02.99 (42.29)	4:45.07 (42.08)	5:27.26 (42.19)
	6:09.42 (42.16)	6:50.63 (41.21)		
7 Frick, Amy E	47	POWM-VA	7:39.29	
	42.07	1:26.51 (44.44)	2:12.49 (45.98)	2:58.93 (46.44)
	3:45.22 (46.29)	4:31.45 (46.23)	5:18.72 (47.27)	6:06.67 (47.95)
	6:53.81 (47.14)	7:39.29 (45.48)		
8 Ratcliffe, Nicola	47	CPYM-VA	8:03.73	
	1:31.24	2:19.58 (48.34)		3:08.47 ()
	8:03.73 (4:55.26)			

Women 45-49 1000 Yard Freestyle

Name	Age	Club	Finals	
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1 Franklin, Rebecca L	45 CPYM-VA			12:42.41
34.31	1:11.39 (37.08)	1:49.30 (37.91)	2:27.66 (38.36)	
3:06.13 (38.47)	3:44.49 (38.36)	4:22.97 (38.48)	5:01.44 (38.47)	
5:39.92 (38.48)	6:18.53 (38.61)	6:57.13 (38.60)	7:35.71 (38.58)	
8:14.24 (38.53)	8:52.60 (38.36)	9:30.78 (38.18)	10:09.33 (38.55)	
10:47.85 (38.52)	11:26.63 (38.78)	12:05.24 (38.61)	12:42.41 (37.17)	
2 Howard, Amy	49 QMST-VA			13:54.14
38.27	1:18.71 (40.44)	2:00.38 (41.67)	2:41.86 (41.48)	
3:23.03 (41.17)	4:04.52 (41.49)	4:46.35 (41.83)	5:28.45 (42.10)	
6:10.30 (41.85)	6:52.44 (42.14)	7:34.93 (42.49)	8:17.15 (42.22)	
9:00.19 (43.04)	9:43.07 (42.88)	10:25.16 (42.09)	11:07.68 (42.52)	
11:49.63 (41.95)	12:31.36 (41.73)	13:13.13 (41.77)	13:54.14 (41.01)	
3 Frick, Amy E	47 POWM-VA			15:24.02
41.64	1:25.51 (43.87)	2:10.16 (44.65)	2:55.69 (45.53)	
3:41.76 (46.07)	4:27.89 (46.13)	5:14.63 (46.74)	6:01.68 (47.05)	
6:49.02 (47.34)	7:36.16 (47.14)	8:23.24 (47.08)	9:10.68 (47.44)	
9:58.07 (47.39)	10:45.83 (47.76)	11:33.23 (47.40)	12:21.05 (47.82)	
13:07.71 (46.66)	13:54.28 (46.57)	14:40.26 (45.98)	15:24.02 (43.76)	

Women 45-49 50 Yard Backstroke

Name	Age Club	Finals
1 Ryan, Elizabeth C	45 BAM1-VA	34.95
2 Howard, Amy	49 QMST-VA	36.75
3 Witt, Cherie A	49 CPYM-VA	37.67

Women 45-49 100 Yard Backstroke

Name	Age Club	Finals
1 Ryan, Elizabeth C	45 BAM1-VA	1:17.54
37.49	1:17.54 (40.05)	
2 Howard, Amy	49 QMST-VA	1:18.29
39.09	1:18.29 (39.20)	

Women 45-49 200 Yard Backstroke

Name	Age Club	Finals
1 Howard, Amy	49 QMST-VA	2:43.18
39.95	1:21.84 (41.89)	2:02.82 (40.98)
2 Hollings, Charlotte	49 VMST-VA	2:43.65
40.12	1:21.00 (40.88)	2:02.81 (41.81)
		2:43.65 (40.84)

Women 45-49 50 Yard Breaststroke

Name	Age Club	Finals
1 Witt, Cherie A	49 CPYM-VA	41.52
2 Cook, Amy H	46 MAC-VA	42.12

Women 45-49 100 Yard Breaststroke

Name	Age Club	Finals
1 Cook, Amy H	46 MAC-VA	1:30.51
	43.31 1:30.51 (47.20)	

Women 45-49 200 Yard Breaststroke

Name	Age Club	Finals
1 Franklin, Rebecca L	45 CPYM-VA	3:04.13
	41.78 1:28.91 (47.13) 2:16.39 (47.48)	3:04.13 (47.74)
2 Witt, Cherie A	49 CPYM-VA	3:04.18

Women 45-49 50 Yard Butterfly

Name	Age Club	Finals
1 Gregory, Barbie J	45 POWM-VA	33.05
2 Witt, Cherie A	49 CPYM-VA	35.57
3 Krongaard, Kim M	48 VMST-VA	35.71

Women 45-49 100 Yard Butterfly

Name	Age Club	Finals
1 Phillips, Alice W	48 POWM-VA	1:11.12
	33.35 1:11.12 (37.77)	
2 Gregory, Barbie J	45 POWM-VA	1:15.32
	35.09 1:15.32 (40.23)	
3 Hollings, Charlotte	49 VMST-VA	1:17.53
	35.61 1:17.53 (41.92)	

Women 45-49 100 Yard IM

Name	Age Club	Finals
1 Hollings, Charlotte	49 VMST-VA	1:13.44
	35.58 1:13.44 (37.86)	
2 Gregory, Barbie J	45 POWM-VA	1:14.43

	34.86	1:14.43 (39.57)	
3 Ryan, Elizabeth C		45 BAM1-VA	1:17.63
	35.48	1:17.63 (42.15)	
4 Franklin, Rebecca L		45 CPYM-VA	1:18.76
	37.15	1:18.76 (41.61)	
5 Witt, Cherie A		49 CPYM-VA	1:20.39
	37.87	1:20.39 (42.52)	
6 Cook, Amy H		46 MAC-VA	1:21.59
	39.25	1:21.59 (42.34)	

Women 45-49 200 Yard IM

Name	Age	Club	Finals
1 Phillips, Alice W	48	POWM-VA	2:29.90
	32.13	1:12.59 (40.46)	1:55.66 (43.07) 2:29.90 (34.24)
2 Gregory, Barbie J	45	POWM-VA	2:38.98
3 Hollings, Charlotte	49	VMST-VA	2:41.18
	35.55	1:17.71 (42.16)	2:05.59 (47.88) 2:41.18 (35.59)
4 Franklin, Rebecca L	45	CPYM-VA	2:48.04
	38.38	1:20.73 (42.35)	2:10.37 (49.64) 2:48.04 (37.67)
5 Witt, Cherie A	49	CPYM-VA	2:57.59
6 Ratcliffe, Nicola	47	CPYM-VA	3:36.30

Women 45-49 400 Yard IM

Name	Age	Club	Finals
1 Hollings, Charlotte	49	VMST-VA	5:41.96
	39.21	1:24.58 (45.37)	2:08.17 (43.59) 2:50.62 (42.45)
	3:39.04 (48.42)	4:28.83 (49.79)	5:06.08 (37.25) 5:41.96 (35.88)

Women 50-54 50 Yard Freestyle Novice

Name	Age	Club	Finals
1 Alexander, Susan	51	POWM-VA	41.53
1 Goodloe, Beth	50	POWM-VA	42.83
2 Broner, Wanda S	50	VMST-VA	2:26.56

Women 50-54 50 Yard Freestyle

Name	Age	Club	Finals
1 Osmun, Maybeth	54	VMST-VA	30.44
2 Justis, Sallee	54	POWM-VA	56.72

Women 50-54 100 Yard Freestyle

Name	Age	Club	Finals
1 Osmun, Maybeth	54	VMST-VA	1:09.56
	32.45	1:09.56 (37.11)	

Women 50-54 50 Yard Backstroke Novice

Name	Age	Club	Finals
1 Goodloe, Beth	50	POWM-VA	45.64
1 Justis, Sallee	54	POWM-VA	1:05.35
2 Broner, Wanda S	50	VMST-VA	2:12.03

Women 50-54 50 Yard Backstroke

Name	Age	Club	Finals
1 Van Horn Pate, Val R	51	VMST-VA	32.30

Women 50-54 100 Yard Backstroke

Name	Age	Club	Finals
1 Van Horn Pate, Val R	51	VMST-VA	1:11.31
	33.91	1:11.31 (37.40)	

Women 50-54 50 Yard Breaststroke Novice

Name	Age	Club	Finals
1 Alexander, Susan	51	POWM-VA	54.25
2 Justis, Sallee	54	POWM-VA	1:01.79

Women 50-54 200 Yard IM

Name	Age	Club	Finals
1 Van Horn Pate, Val R	51	VMST-VA	2:34.16
	32.36	1:09.96 (37.60) 1:57.93 (47.97)	2:34.16 (36.23)

Women 55-59 50 Yard Freestyle

Name	Age	Club	Finals
1 Hunt, Elizabeth A	56	UC12-VA	36.47

Women 55-59 200 Yard Freestyle

Name	Age	Club	Finals	
1 Braaten, Kitten	58	VMST-VA	2:50.30	
	40.03	1:23.31 (43.28)	2:07.05 (43.74)	2:50.30 (43.25)

Women 55-59 1000 Yard Freestyle

Name	Age	Club	Finals	
1 Braaten, Kitten	58	VMST-VA	14:35.73	
	40.94	1:24.45 (43.51)	2:08.52 (44.07)	2:52.80 (44.28)
	3:37.06 (44.26)	4:21.07 (44.01)	5:04.76 (43.69)	5:48.60 (43.84)
	6:32.30 (43.70)	7:16.12 (43.82)	8:00.05 (43.93)	8:44.11 (44.06)
	9:28.09 (43.98)	10:12.62 (44.53)	10:56.84 (44.22)	11:41.01 (44.17)
	12:25.13 (44.12)	13:09.01 (43.88)	13:53.15 (44.14)	14:35.73 (42.58)

Women 55-59 50 Yard Backstroke Novice

Name	Age	Club	Finals
1 Hunt, Elizabeth A	56	UC12-VA	49.61

Women 55-59 200 Yard Backstroke

Name	Age	Club	Finals	
1 Braaten, Kitten	58	VMST-VA	3:16.48	
	47.03	1:36.74 (49.71)	2:26.93 (50.19)	3:16.48 (49.55)

Women 55-59 50 Yard Breaststroke

Name	Age	Club	Finals
1 Hunt, Elizabeth A	56	UC12-VA	48.92

Women 55-59 100 Yard Butterfly

Name	Age	Club	Finals
1 Braaten, Kitten	58	VMST-VA	1:33.62
	43.54	1:33.62 (50.08)	

Women 55-59 200 Yard Butterfly

Name	Age	Club	Finals
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Name	Age Club	Finals
1 Braaten, Kitten	58 VMST-VA	3:17.87

Women 60-64 50 Yard Freestyle

Name	Age Club	Finals
1 Doswell, Kathleen M	64 POWM-VA	53.67

Women 60-64 100 Yard Freestyle

Name	Age Club	Finals
1 Doswell, Kathleen M	64 POWM-VA	2:02.86
	58.93 2:02.86 (1:03.93)	

Women 60-64 500 Yard Freestyle

Name	Age Club	Finals
1 Boslego, Barbara E	62 VMST-VA	7:24.89
	39.42 1:22.57 (43.15) 2:06.97 (44.40) 2:52.12 (45.15)	
	3:37.28 (45.16) 4:23.02 (45.74) 5:09.18 (46.16) 5:55.75 (46.57)	
	6:41.69 (45.94) 7:24.89 (43.20)	

Women 60-64 1000 Yard Freestyle

Name	Age Club	Finals
1 Cox, Pearl B	64 EXCL-SE	16:43.10
	46.07 1:36.75 (50.68) 2:27.89 (51.14) 3:19.45 (51.56)	
	4:11.27 (51.82) 5:02.94 (51.67) 5:54.52 (51.58) 6:45.35 (50.83)	
	7:35.49 (50.14) 8:26.61 (51.12) 9:16.72 (50.11) 10:07.05 (50.33)	
	10:56.81 (49.76) 11:46.85 (50.04) 12:37.13 (50.28) 13:26.98 (49.85)	
	14:17.20 (50.22) 15:07.20 (50.00) 15:56.65 (49.45) 16:43.10 (46.45)	

Women 60-64 1650 Yard Freestyle

Name	Age Club	Finals
1 Loftus-Charley, Shirley	62 VMST-VA	20:47.23
	34.70 1:11.82 (37.12) 1:49.65 (37.83) 2:27.31 (37.66)	
	3:05.23 (37.92) 3:43.15 (37.92) 4:21.13 (37.98) 4:59.23 (38.10)	
	5:37.35 (38.12) 6:15.84 (38.49) 6:53.69 (37.85) 7:31.57 (37.88)	
	8:10.39 (38.82) 8:48.26 (37.87) 9:26.45 (38.19) 10:04.38 (37.93)	
	10:42.36 (37.98) 11:20.20 (37.84) 11:58.49 (38.29) 12:36.25 (37.76)	

13:13.82 (37.57)	13:51.48 (37.66)	14:29.37 (37.89)	15:07.20 (37.83)
15:44.82 (37.62)	16:22.85 (38.03)	17:00.89 (38.04)	17:38.96 (38.07)
18:16.81 (37.85)	18:54.91 (38.10)	19:32.73 (37.82)	20:10.61 (37.88)
20:47.23 (36.62)			

Women 60-64 200 Yard Backstroke

Name	Age	Club	Finals
1 Loftus-Charley, Shirley	62	VMST-VA	2:44.83
	41.03	1:22.07 (41.04)	2:03.84 (41.77) 2:44.83 (40.99)

Women 60-64 50 Yard Breaststroke

Name	Age	Club	Finals
1 Boslego, Barbara E	62	VMST-VA	41.91
2 Loftus-Charley, Shirley	62	VMST-VA	42.47

Women 60-64 100 Yard Breaststroke

Name	Age	Club	Finals
1 Loftus-Charley, Shirley	62	VMST-VA	1:29.20
	42.95	1:29.20 (46.25)	
2 Boslego, Barbara E	62	VMST-VA	1:30.59
	43.90	1:30.59 (46.69)	

Women 60-64 200 Yard Breaststroke

Name	Age	Club	Finals
1 Loftus-Charley, Shirley	62	VMST-VA	3:08.50
	42.89	1:29.75 (46.86)	2:19.24 (49.49) 3:08.50 (49.26)
2 Boslego, Barbara E	62	VMST-VA	3:15.56
	43.80	1:32.37 (48.57)	2:23.78 (51.41) 3:15.56 (51.78)

Women 60-64 50 Yard Butterfly

Name	Age	Club	Finals
1 Loftus-Charley, Shirley	62	VMST-VA	35.36

Women 60-64 100 Yard IM

Name	Age	Club	Finals
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1 Loftus-Charley, Shirley	62 VMST-VA	1:18.85
	37.79 1:18.85 (41.06)	
2 Funkhouser, Donna L	64 VMST-VA	2:29.66
	1:08.20 2:29.66 (1:21.46)	

Women 60-64 200 Yard IM

Name	Age Club	Finals
1 Loftus-Charley, Shirley	62 VMST-VA	2:41.80

Women 65-69 50 Yard Freestyle Novice

Name	Age Club	Finals
1 Larson, Nan P	66 VMST-VA	36.56
2 Faux, Nancy	66 POWM-VA	53.47

Women 65-69 100 Yard Freestyle

Name	Age Club	Finals
1 Bennett, Ruth R	67 UC10-PV	1:22.80
	39.19 1:22.80 (43.61)	

Women 65-69 200 Yard Freestyle

Name	Age Club	Finals
1 Bennett, Ruth R	67 UC10-PV	3:00.20
	41.91 1:27.99 (46.08) 2:14.08 (46.09)	3:00.20 (46.12)

Women 65-69 500 Yard Freestyle

Name	Age Club	Finals
1 Bennett, Ruth R	67 UC10-PV	7:50.70
	42.66 1:29.45 (46.79) 2:16.79 (47.34)	3:04.59 (47.80)
	3:52.40 (47.81) 4:40.18 (47.78) 5:27.41 (47.23)	6:15.28 (47.87)
	7:03.33 (48.05) 7:50.70 (47.37)	

Women 65-69 1650 Yard Freestyle

Name	Age Club	Finals
1 Johnston, Jennifer G	66 L4S-PV	45:48.45
	1:20.65 2:42.85 (1:22.20) 4:05.85 (1:23.00)	5:28.70 (1:22.85)

6:51.98 (1:23.28)	8:14.86 (1:22.88)	9:38.98 (1:24.12)	11:02.32 (1:23.34)
12:25.37 (1:23.05)	13:47.21 (1:21.84)	15:10.50 (1:23.29)	16:32.75 (1:22.25)
17:57.08 (1:24.33)	19:20.93 (1:23.85)	20:45.03 (1:24.10)	22:09.89 (1:24.86)
23:33.66 (1:23.77)	24:56.39 (1:22.73)	26:19.99 (1:23.60)	27:43.13 (1:23.14)
29:06.99 (1:23.86)	30:32.05 (1:25.06)	31:54.99 (1:22.94)	33:18.97 (1:23.98)
34:43.11 (1:24.14)	36:08.70 (1:25.59)	37:33.16 (1:24.46)	38:57.04 (1:23.88)
40:20.55 (1:23.51)	41:43.26 (1:22.71)	43:07.41 (1:24.15)	44:30.16 (1:22.75)
45:48.45 (1:18.29)			

Women 65-69 50 Yard Backstroke Novice

Name	Age Club	Finals
1 Larson, Nan P	66 VMST-VA	44.22
2 Faux, Nancy	66 POWM-VA	1:05.58

Women 65-69 200 Yard Backstroke

Name	Age Club	Finals
1 Johnston, Jennifer G	66 L4S-PV	6:39.44
	1:38.70 3:20.64 (1:41.94)	6:39.44 (3:18.80)

Women 65-69 50 Yard Breaststroke Novice

Name	Age Club	Finals
1 Larson, Nan P	66 VMST-VA	51.13

Women 70-74 100 Yard Freestyle

Name	Age Club	Finals
1 Durrant, Betsy	72 VMST-VA	1:30.89
	42.96 1:30.89 (47.93)	

Women 70-74 200 Yard Freestyle

Name	Age Club	Finals
1 Durrant, Betsy	72 VMST-VA	3:16.13
	44.06 1:33.90 (49.84)	2:25.29 (51.39) 3:16.13 (50.84)

Women 70-74 50 Yard Breaststroke

Name	Age Club	Finals
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1 Durrant, Betsy 72 VMST-VA 56.03

Women 75-79 100 Yard Freestyle

Name	Age Club	Finals
1 Detrick, Johnnie	78 VMST-VA	1:22.33

Women 75-79 200 Yard Freestyle

Name	Age Club	Finals
1 Detrick, Johnnie	78 VMST-VA	3:16.62
	1:35.03 2:26.28 (51.25)	3:16.62 (50.34)

Women 75-79 500 Yard Freestyle

Name	Age Club	Finals
1 Detrick, Johnnie	78 VMST-VA	8:50.77
	45.71 1:35.91 (50.20)	2:29.98 (54.07) 3:25.83 (55.85)
	4:20.70 (54.87) 5:15.04 (54.34)	6:08.74 (53.70) 7:04.30 (55.56)
	7:59.25 (54.95) 8:50.77 (51.52)	

Women 75-79 50 Yard Breaststroke

Name	Age Club	Finals
1 Detrick, Johnnie	78 VMST-VA	49.53

Women 75-79 100 Yard Breaststroke

Name	Age Club	Finals
1 Detrick, Johnnie	78 VMST-VA	1:49.57
	52.10 1:49.57 (57.47)	

Women 75-79 200 Yard Breaststroke

Name	Age Club	Finals
1 Detrick, Johnnie	78 VMST-VA	3:57.00

Women 85-89 50 Yard Backstroke

Name	Age Club	Finals
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	25.10	52.58 (27.48)	
5 Hunt, Thomas D		21 UC12-VA	54.93
	26.10	54.93 (28.83)	

Men 18-24 50 Yard Backstroke

Name	Age	Club	Finals
1 Glass, Sidney L	22	BAM1-VA	24.69
2 Hunt, Thomas D	21	UC12-VA	28.25

Men 18-24 100 Yard Backstroke

Name	Age	Club	Finals
1 Glass, Sidney L	22	BAM1-VA	53.81
	26.14	53.81 (27.67)	

Men 18-24 200 Yard Backstroke

Name	Age	Club	Finals
1 Glass, Sidney L	22	BAM1-VA	1:58.29
	26.96	57.72 (30.76)	1:28.30 (30.58) 1:58.29 (29.99)

Men 18-24 50 Yard Breaststroke

Name	Age	Club	Finals
1 Enoch, William C	23	QMST-VA	29.53
2 McGuire, Daniel P	22	L4S-PV	30.12
3 Hunt, Thomas D	21	UC12-VA	31.72

Men 18-24 50 Yard Butterfly

Name	Age	Club	Finals
1 McGuire, Daniel P	22	L4S-PV	25.94
2 Enoch, William C	23	QMST-VA	27.00

Men 18-24 100 Yard Butterfly

Name	Age	Club	Finals
1 Archer, Charles Q	24	QMST-VA	57.20
	26.92	57.20 (30.28)	

Men 18-24 100 Yard IM

Name	Age	Club	Finals
1 Glass, Sidney L	22	BAM1-VA	54.99
	24.72	54.99 (30.27)	
2 Enoch, William C	23	QMST-VA	1:00.05
	28.13	1:00.05 (31.92)	
3 Hunt, Thomas D	21	UC12-VA	1:01.41
	27.98	1:01.41 (33.43)	
4 McGuire, Daniel P	22	L4S-PV	1:02.04
	29.41	1:02.04 (32.63)	

Men 18-24 200 Yard IM

Name	Age	Club	Finals
1 Enoch, William C	23	QMST-VA	2:11.31
	27.31	1:00.84 (33.53)	1:38.75 (37.91) 2:11.31 (32.56)

Men 25-29 50 Yard Freestyle Novice

Name	Age	Club	Finals
1 Hicks, Mike J	26	UC12-VA	27.72

Men 25-29 200 Yard IM

Name	Age	Club	Finals
1 Hogan, John	25	VMST-VA	2:06.78

Men 25-29 400 Yard IM

Name	Age	Club	Finals
1 Hogan, John	25	VMST-VA	4:29.64
	26.93	58.04 (31.11)	1:33.91 (35.87) 2:09.07 (35.16)
	2:48.84 (39.77)	3:28.68 (39.84)	3:59.50 (30.82) 4:29.64 (30.14)

Men 30-34 50 Yard Freestyle

Name	Age	Club	Finals
1 Cheatham, Josh	32	UC12-VA	25.59
2 Mautte, Kevin	30	UC12-VA	23.33

Men 30-34 100 Yard Freestyle

Name	Age	Club	Finals
1 Mautte, Kevin	30	UC12-VA	52.49
	24.21	52.49 (28.28)	
2 Cheatham, Josh	32	UC12-VA	56.55
	26.75	56.55 (29.80)	

Men 30-34 500 Yard Freestyle

Name	Age	Club	Finals
1 Limkemann, Eric S	32	POWM-VA	5:00.33
	27.32	57.28 (29.96)	1:27.63 (30.35)
	2:28.59 (30.88)	2:59.04 (30.45)	3:29.97 (30.93)
	4:31.07 (30.60)	5:00.33 (29.26)	4:00.47 (30.50)

Men 30-34 1650 Yard Freestyle

Name	Age	Club	Finals
1 Limkemann, Eric S	32	POWM-VA	17:01.05
	28.64	59.21 (30.57)	1:30.42 (31.21)
	2:33.15 (31.35)	3:04.29 (31.14)	3:35.52 (31.23)
	4:37.90 (31.22)	5:09.27 (31.37)	5:40.41 (31.14)
	6:42.55 (31.28)	7:13.94 (31.39)	7:45.66 (31.72)
	8:47.70 (30.92)	9:18.88 (31.18)	9:49.91 (31.03)
	10:52.25 (31.05)	11:23.24 (30.99)	11:54.33 (31.09)
	12:56.05 (30.95)	13:27.18 (31.13)	13:57.91 (30.73)
	14:59.46 (30.92)	15:30.75 (31.29)	14:28.54 (30.63)
	17:01.05 (29.62)		16:31.43 (30.22)

Men 30-34 50 Yard Backstroke

Name	Age	Club	Finals
1 Cheatham, Josh	32	UC12-VA	31.34

Men 30-34 200 Yard Backstroke

Name	Age	Club	Finals
1 Kaplan, Jonathan	34	VMST-VA	2:02.68
	29.25	59.81 (30.56)	1:31.09 (31.28)
			2:02.68 (31.59)

Men 30-34 100 Yard Butterfly

Name	Age	Club	Finals
1 Kaplan, Jonathan	34	VMST-VA	57.33
	26.76	57.33 (30.57)	

Men 30-34 100 Yard IM

Name	Age	Club	Finals
1 Kaplan, Jonathan	34	VMST-VA	57.71
	26.76	57.71 (30.95)	

Men 30-34 400 Yard IM

Name	Age	Club	Finals
1 Kaplan, Jonathan	34	VMST-VA	4:26.52
	28.24	1:01.14 (32.90)	1:35.80 (34.66)
	2:46.46 (37.21)	3:24.25 (37.79)	3:55.78 (31.53)
			2:09.25 (33.45)
			4:26.52 (30.74)

Men 35-39 50 Yard Freestyle

Name	Age	Club	Finals
1 Bradley, Ryan	39	BAM1-VA	22.32
2 Jewell, William L	35	POWM-VA	23.31
3 Domson, Greg	39	VMST-VA	25.97

Men 35-39 100 Yard Freestyle

Name	Age	Club	Finals
1 Jewell, William L	35	POWM-VA	51.82
	24.42	51.82 (27.40)	
2 Gosline, Michael R	35	QMST-VA	54.27
	25.28	54.27 (28.99)	
3 Domson, Greg	39	VMST-VA	57.35
	26.80	57.35 (30.55)	
4 Richardson, Kevin E	37	VMST-VA	1:01.53
	30.52	1:01.53 (31.01)	

Men 35-39 200 Yard Freestyle

Name	Age	Club	Finals
1 De Hart, Pieter A	35	STON-VA	1:55.67

	26.24	55.44 (29.20)	1:25.66 (30.22)	1:55.67 (30.01)
2 Richardson, Kevin E		37 VMST-VA		2:12.94
	30.82	1:04.53 (33.71)	1:39.28 (34.75)	2:12.94 (33.66)
3 Ahlgren, Kyle R		38 NCYM-PV		2:30.77
	35.57	1:14.23 (38.66)	1:53.54 (39.31)	2:30.77 (37.23)

Men 35-39 500 Yard Freestyle

Name	Age	Club	Finals	
1 Ahlgren, Kyle R	38	NCYM-PV	6:38.63	
	37.05	1:17.59 (40.54)	1:58.04 (40.45)	2:38.64 (40.60)
	3:19.24 (40.60)	3:59.32 (40.08)	4:39.90 (40.58)	5:20.53 (40.63)
	6:00.43 (39.90)	6:38.63 (38.20)		

Men 35-39 1000 Yard Freestyle

Name	Age	Club	Finals	
1 Ahlgren, Kyle R	38	NCYM-PV	13:36.15	
	37.94	1:19.08 (41.14)	2:00.34 (41.26)	2:41.60 (41.26)
	3:22.70 (41.10)	4:04.28 (41.58)	4:45.85 (41.57)	5:26.82 (40.97)
	6:08.01 (41.19)	6:49.20 (41.19)	7:30.15 (40.95)	8:11.32 (41.17)
	8:52.36 (41.04)	9:33.74 (41.38)	10:15.14 (41.40)	10:56.25 (41.11)
	11:37.28 (41.03)	12:18.08 (40.80)	12:58.01 (39.93)	13:36.15 (38.14)

Men 35-39 50 Yard Backstroke

Name	Age	Club	Finals
1 Bradley, Ryan	39	BAM1-VA	25.16
2 De Hart, Pieter A	35	STON-VA	28.57
3 Rowe, Bryce W	37	POWM-VA	30.36
4 Domson, Greg	39	VMST-VA	32.57

Men 35-39 100 Yard Backstroke

Name	Age	Club	Finals
1 Bradley, Ryan	39	BAM1-VA	55.35
	26.92	55.35 (28.43)	

Men 35-39 200 Yard Backstroke

Name	Age	Club	Finals
1 Ahlgren, Kyle R	38	NCYM-PV	2:53.26

42.00 1:25.90 (43.90) 2:10.76 (44.86) 2:53.26 (42.50)

Men 35-39 50 Yard Breaststroke

Name	Age Club	Finals
1 Williams, Rich	38 UC12-VA	31.68
2 Richardson, Kevin E	37 VMST-VA	36.04

Men 35-39 100 Yard Breaststroke

Name	Age Club	Finals
1 De Hart, Pieter A	35 STON-VA	1:07.95
32.12	1:07.95 (35.83)	
2 Richardson, Kevin E	37 VMST-VA	1:18.55
37.45	1:18.55 (41.10)	

Men 35-39 50 Yard Butterfly

Name	Age Club	Finals
1 Bradley, Ryan	39 BAM1-VA	23.94
2 De Hart, Pieter A	35 STON-VA	25.85
3 Williams, Rich	38 UC12-VA	27.94
4 Rowe, Bryce W	37 POWM-VA	28.04

Men 35-39 100 Yard Butterfly

Name	Age Club	Finals
1 Gosline, Michael R	35 QMST-VA	58.92
27.63	58.92 (31.29)	

Men 35-39 200 Yard Butterfly

Name	Age Club	Finals
1 Bradley, Ryan	39 BAM1-VA	2:03.30
26.96	58.02 (31.06)	1:29.94 (31.92) 2:03.30 (33.36)

Men 35-39 100 Yard IM

Name	Age Club	Finals
1 Williams, Rich	38 UC12-VA	1:05.01
30.23	1:05.01 (34.78)	

2 Rowe, Bryce W	37 POWM-VA	1:07.60
31.28	1:07.60 (36.32)	

Men 35-39 200 Yard IM

Name	Age Club	Finals
1 Ahlgren, Kyle R	38 NCYM-PV	2:57.55

Men 35-39 400 Yard IM

Name	Age Club	Finals
1 De Hart, Pieter A	35 STON-VA	4:39.73
27.48	1:00.27 (32.79)	1:36.85 (36.58) 2:12.95 (36.10)
2:53.88 (40.93)	3:35.26 (41.38)	4:07.10 (31.84) 4:39.73 (32.63)

Men 40-44 50 Yard Freestyle

Name	Age Club	Finals
1 Holsten, Brent	42 VMST-VA	22.91
2 Flamm, Brian J	40 CPYM-VA	24.46

Men 40-44 100 Yard Freestyle

Name	Age Club	Finals
1 Holsten, Brent	42 VMST-VA	50.69
23.88	50.69 (26.81)	
2 Perez, Tomas	44 UC12-VA	53.55
24.90	53.55 (28.65)	

Men 40-44 500 Yard Freestyle

Name	Age Club	Finals
1 Burr, Cameron A	44 CPYM-VA	6:24.61
34.46	1:11.63 (37.17)	1:49.54 (37.91) 2:27.93 (38.39)
3:07.13 (39.20)	3:46.42 (39.29)	4:26.20 (39.78) 5:06.14 (39.94)
5:45.95 (39.81)	6:24.61 (38.66)	

Men 40-44 50 Yard Breaststroke

Name	Age Club	Finals
1 Flamm, Brian J	40 CPYM-VA	31.18

Men 40-44 100 Yard Breaststroke

Name	Age	Club	Finals
1 Peluso, Jay	42	POWM-VA	1:04.62
	31.18	1:04.62 (33.44)	

Men 40-44 200 Yard Breaststroke

Name	Age	Club	Finals
1 Burr, Cameron A	44	CPYM-VA	2:41.22
	37.35	1:18.70 (41.35)	1:59.63 (40.93) 2:41.22 (41.59)

Men 40-44 50 Yard Butterfly

Name	Age	Club	Finals
1 Flamm, Brian J	40	CPYM-VA	27.27

Men 40-44 100 Yard Butterfly

Name	Age	Club	Finals
1 Peluso, Jay	42	POWM-VA	56.29
	27.08	56.29 (29.21)	

Men 40-44 100 Yard IM

Name	Age	Club	Finals
1 Holsten, Brent	42	VMST-VA	1:01.90
	28.38	1:01.90 (33.52)	

Men 40-44 200 Yard IM

Name	Age	Club	Finals
1 Peluso, Jay	42	POWM-VA	2:07.08

Men 45-49 50 Yard Freestyle

Name	Age	Club	Finals
1 Domson, Paul	45	UC10-PV	25.13
2 Raggio, Randy	45	VMST-VA	25.41

3 Clear, Kirk W 46 VMST-VA 25.62

Men 45-49 100 Yard Freestyle

Name	Age	Club	Finals
1 Raggio, Randy	45	VMST-VA	55.32
26.56	55.32	(28.76)	
2 Sushkoff, George A	48	VMST-VA	59.33
28.35	59.33	(30.98)	
3 Sax, William C	45	GMUP-PV	1:00.91
29.19	1:00.91	(31.72)	

Men 45-49 200 Yard Freestyle

Name	Age	Club	Finals
1 Holland, Dave	46	VMST-VA	2:04.12
29.41	1:00.60	(31.19)	1:32.51 (31.91) 2:04.12 (31.61)
2 Sax, William C	45	GMUP-PV	2:09.95
29.97	1:03.38	(33.41)	1:36.78 (33.40) 2:09.95 (33.17)
3 Bradley, Patrick J	47	STON-VA	2:33.21
34.07	1:12.30	(38.23)	1:52.81 (40.51) 2:33.21 (40.40)

Men 45-49 500 Yard Freestyle

Name	Age	Club	Finals
1 Sax, William C	45	GMUP-PV	5:40.61
30.55	1:04.78	(34.23)	1:40.10 (35.32) 2:15.39 (35.29)
2:49.58 (34.19)	3:24.45	(34.87)	3:59.13 (34.68) 4:33.25 (34.12)
5:07.51 (34.26)	5:40.61	(33.10)	
2 Cockrell, Charles E	45	VMST-VA	6:06.80
33.68	1:10.09	(36.41)	1:46.91 (36.82) 2:23.89 (36.98)
3:00.91 (37.02)	3:38.57	(37.66)	4:16.29 (37.72) 4:53.92 (37.63)
5:31.01 (37.09)	6:06.80	(35.79)	

Men 45-49 1000 Yard Freestyle

Name	Age	Club	Finals
1 Sax, William C	45	GMUP-PV	11:44.51
31.43	1:06.52	(35.09)	1:41.48 (34.96) 2:16.92 (35.44)
2:51.70 (34.78)	3:26.50	(34.80)	4:01.34 (34.84) 4:36.89 (35.55)
5:11.90 (35.01)	5:47.50	(35.60)	6:22.42 (34.92) 6:59.03 (36.61)
7:34.55 (35.52)	8:10.18	(35.63)	8:46.14 (35.96) 9:22.34 (36.20)
9:58.13 (35.79)	10:34.22	(36.09)	11:10.07 (35.85) 11:44.51 (34.44)

Men 45-49 50 Yard Backstroke

Name	Age	Club	Finals
1 Clear, Kirk W	46	VMST-VA	29.12
2 Domson, Paul	45	UC10-PV	33.18

Men 45-49 100 Yard Backstroke

Name	Age	Club	Finals
1 Sushkoff, George A	48	VMST-VA	1:08.08
	33.24	1:08.08 (34.84)	
2 Domson, Paul	45	UC10-PV	1:12.56
	33.74	1:12.56 (38.82)	

Men 45-49 50 Yard Breaststroke

Name	Age	Club	Finals
1 Cockrell, Charles E	45	VMST-VA	33.26
2 Bradley, Patrick J	47	STON-VA	37.20

Men 45-49 100 Yard Breaststroke

Name	Age	Club	Finals
1 Holland, Dave	46	VMST-VA	1:10.91
	33.70	1:10.91 (37.21)	
2 Cockrell, Charles E	45	VMST-VA	1:12.60
	34.25	1:12.60 (38.35)	
3 Bradley, Patrick J	47	STON-VA	1:21.65
	38.75	1:21.65 (42.90)	

Men 45-49 200 Yard Breaststroke

Name	Age	Club	Finals
1 Cockrell, Charles E	45	VMST-VA	2:38.64
	36.11	1:16.58 (40.47)	1:57.77 (41.19) 2:38.64 (40.87)

Men 45-49 50 Yard Butterfly

Name	Age	Club	Finals
1 Clear, Kirk W	46	VMST-VA	28.32

2 Sax, William C 45 GMUP-PV 30.28

Men 45-49 100 Yard Butterfly

Name	Age	Club	Finals
1 Raggio, Randy	45	VMST-VA	1:03.65
	30.34	1:03.65 (33.31)	
2 Sax, William C	45	GMUP-PV	1:06.05
	30.31	1:06.05 (35.74)	

Men 45-49 200 Yard Butterfly

Name	Age	Club	Finals
1 Holland, Dave	46	VMST-VA	2:08.69
	29.15	1:02.13 (32.98)	1:35.09 (32.96) 2:08.69 (33.60)
2 Raggio, Randy	45	VMST-VA	2:20.32
3 Sax, William C	45	GMUP-PV	2:26.36
	32.35	1:09.46 (37.11)	1:48.08 (38.62) 2:26.36 (38.28)

Men 45-49 200 Yard IM

Name	Age	Club	Finals
1 Sushkoff, George A	48	VMST-VA	2:24.73
	32.10	1:10.59 (38.49)	1:52.10 (41.51) 2:24.73 (32.63)
2 Cockrell, Charles E	45	VMST-VA	2:28.51
3 Bradley, Patrick J	47	STON-VA	2:46.41
	36.50	1:20.19 (43.69)	2:05.39 (45.20) 2:46.41 (41.02)

Men 45-49 400 Yard IM

Name	Age	Club	Finals
1 Holland, Dave	46	VMST-VA	4:34.52
	29.04	1:01.56 (32.52)	1:37.49 (35.93) 2:12.79 (35.30)
	2:52.08 (39.29)	3:31.18 (39.10)	4:03.87 (32.69) 4:34.52 (30.65)

Men 50-54 50 Yard Freestyle

Name	Age	Club	Finals
1 Farmer, John B	50	UC12-VA	28.28

Men 50-54 100 Yard Freestyle

Name	Age	Club	Finals
1 Harris, Gregory	50	VMST-VA	52.84
	24.99	52.84 (27.85)	
2 Fellowes, David	50	VMST-VA	59.17
	28.69	59.17 (30.48)	

Men 50-54 1650 Yard Freestyle

Name	Age	Club	Finals
1 Harris, Gregory	50	VMST-VA	19:46.93
	30.00	1:03.12 (33.12)	1:37.49 (34.37)
	2:48.51 (35.45)	3:24.57 (36.06)	4:01.27 (36.70)
	5:13.98 (36.36)	5:50.27 (36.29)	6:26.83 (36.56)
	7:40.41 (36.76)	8:16.79 (36.38)	8:53.58 (36.79)
	10:07.11 (36.73)	10:43.90 (36.79)	11:20.51 (36.61)
	12:34.31 (36.80)	13:10.75 (36.44)	13:47.14 (36.39)
	15:00.09 (36.47)	15:36.87 (36.78)	16:13.68 (36.81)
	17:28.06 (36.67)	18:03.92 (35.86)	18:39.91 (35.99)
	19:46.93 (32.46)		2:13.06 (35.57)
			4:37.62 (36.35)
			7:03.65 (36.82)
			9:30.38 (36.80)
			11:57.51 (37.00)
			14:23.62 (36.48)
			16:51.39 (37.71)
			19:14.47 (34.56)
2 Fellowes, David	50	VMST-VA	21:05.14
	32.23	1:07.14 (34.91)	1:43.53 (36.39)
	2:58.66 (37.72)	3:36.70 (38.04)	4:15.61 (38.91)
	7:29.43 (1:56.70)	8:46.59 (1:17.16)	13:58.28 (5:11.69)
	20:31.35 (1:57.44)	21:05.27 (33.92)	18:33.91 (4:35.63)
			21:05.14 ()

Men 50-54 50 Yard Backstroke

Name	Age	Club	Finals
1 Farmer, John B	50	UC12-VA	38.24

Men 50-54 100 Yard Backstroke

Name	Age	Club	Finals
1 Harris, Gregory	50	VMST-VA	1:05.70
	32.10	1:05.70 (33.60)	

Men 50-54 50 Yard Breaststroke

Name	Age	Club	Finals
1 Farmer, John B	50	UC12-VA	36.06
2 Miladin, Jeff	52	VMST-VA	39.24

Men 50-54 100 Yard Breaststroke

Name	Age	Club	Finals
1 Harris, Gregory	50	VMST-VA	1:09.38
	33.20	1:09.38 (36.18)	
-- Miladin, Jeff	52	VMST-VA	DQ
	40.36	DQ (43.92)	

Men 50-54 200 Yard Breaststroke

Name	Age	Club	Finals
1 Miladin, Jeff	52	VMST-VA	3:01.86
	42.47	1:27.90 (45.43)	2:14.59 (46.69) 3:01.86 (47.27)

Men 50-54 50 Yard Butterfly

Name	Age	Club	Finals
1 Farmer, John B	50	UC12-VA	34.48

Men 50-54 100 Yard Butterfly

Name	Age	Club	Finals
1 Harris, Gregory	50	VMST-VA	1:12.77
	32.80	1:12.77 (39.97)	

Men 50-54 100 Yard IM

Name	Age	Club	Finals
1 Harris, Gregory	50	VMST-VA	1:01.94
	28.42	1:01.94 (33.52)	
2 Farmer, John B	50	UC12-VA	1:17.46
	37.55	1:17.46 (39.91)	
-- Miladin, Jeff	52	VMST-VA	DQ
	39.85	DQ (40.96)	

Men 50-54 200 Yard IM

Name	Age	Club	Finals
1 Harris, Gregory	50	VMST-VA	2:14.43
2 Ratcliffe, John M	50	CPYM-VA	3:31.16
	46.67	1:42.80 (56.13)	3:31.16 (1:48.36)

Men 55-59 50 Yard Freestyle Novice

Name	Age Club	Finals
1 Gary, William E	55 BAM1-VA	31.18
2 Basso, Randy M	59 UC12-VA	31.47

Men 55-59 50 Yard Freestyle

Name	Age Club	Finals
1 Wood, William M	56 VMST-VA	26.68
2 Jones, Ralph L	56 UC12-VA	30.25
3 Cummings, Dean J	58 UC12-VA	39.36
4 Lasrado, David G	56 URMS-VA	46.23

Men 55-59 100 Yard Freestyle

Name	Age Club	Finals
1 Wood, William M	56 VMST-VA	1:00.51
29.00	1:00.51 (31.51)	
2 Jones, Ralph L	56 UC12-VA	1:04.59
31.60	1:04.59 (32.99)	
3 Gary, William E	55 BAM1-VA	1:12.17
34.43	1:12.17 (37.74)	
4 Cummings, Dean J	58 UC12-VA	1:32.58
44.43	1:32.58 (48.15)	
5 Lasrado, David G	56 URMS-VA	1:43.73
47.72	1:43.73 (56.01)	

Men 55-59 200 Yard Freestyle

Name	Age Club	Finals
1 Lasrado, David G	56 URMS-VA	4:07.47
52.60	1:53.47 (1:00.87)	3:00.26 (1:06.79)
		4:07.47 (1:07.21)

Men 55-59 500 Yard Freestyle

Name	Age Club	Finals
1 Wood, William M	56 VMST-VA	6:22.37
34.05	1:11.41 (37.36)	1:49.94 (38.53)
3:06.45 (38.40)	3:45.53 (39.08)	2:28.05 (38.11)
5:43.95 (39.43)	6:22.37 (38.42)	4:24.52 (38.99)
		5:04.52 (40.00)

2 Jones, Ralph L	56 UC12-VA	6:39.19
33.44	1:11.11 (37.67)	2:33.01 (1:21.90)
3:56.50 (41.82)	4:38.08 (41.58)	6:01.15 (1:23.07)
6:39.19 ()		3:14.68 (41.67)
		6:39.19 (38.04)

Men 55-59 1650 Yard Freestyle

Name	Age Club	Finals
1 McFarland, Jim	55 VMST-VA	19:57.50
32.31	1:07.25 (34.94)	1:42.93 (35.68)
2:55.37 (36.22)	3:31.92 (36.55)	4:08.58 (36.66)
5:22.56 (36.93)	5:59.78 (37.22)	6:36.91 (37.13)
7:50.31 (36.85)	8:27.12 (36.81)	9:04.13 (37.01)
10:18.15 (37.18)	10:55.17 (37.02)	11:32.28 (37.11)
12:45.57 (37.63)	13:21.99 (36.42)	13:58.39 (36.40)
15:11.00 (36.94)	15:47.28 (36.28)	16:23.85 (36.57)
17:36.69 (36.13)	18:12.98 (36.29)	18:48.84 (35.86)
19:57.50 (33.72)		2:19.15 (36.22)
		4:45.63 (37.05)
		7:13.46 (36.55)
		9:40.97 (36.84)
		12:07.94 (35.66)
		14:34.06 (35.67)
		17:00.56 (36.71)
		19:23.78 (34.94)
2 Jones, Ralph L	56 UC12-VA	22:29.76
33.96	1:11.21 (37.25)	1:50.63 (39.42)
3:11.87 (41.14)	3:52.53 (40.66)	4:34.34 (41.81)
5:58.31 (41.88)	6:40.25 (41.94)	7:21.54 (41.29)
8:44.95 (42.24)	9:25.98 (41.03)	10:07.42 (41.44)
11:30.50 (41.27)	12:11.79 (41.29)	12:53.37 (41.58)
14:15.80 (41.23)	14:57.67 (41.87)	15:39.03 (41.36)
17:02.10 (41.13)	17:43.63 (41.53)	18:24.39 (40.76)
19:46.77 (40.73)	20:28.30 (41.53)	21:09.93 (41.63)
22:29.76 (38.88)		2:30.73 (40.10)
		5:16.43 (42.09)
		8:02.71 (41.17)
		10:49.23 (41.81)
		13:34.57 (41.20)
		16:20.97 (41.94)
		19:06.04 (41.65)
		21:50.88 (40.95)

Men 55-59 50 Yard Backstroke Novice

Name	Age Club	Finals
1 Basso, Randy M	59 UC12-VA	38.23

Men 55-59 50 Yard Backstroke

Name	Age Club	Finals
1 Lasrado, David G	56 URMS-VA	58.15

Men 55-59 100 Yard Backstroke

Name	Age Club	Finals
1 Jones, Ralph L	56 UC12-VA	1:26.04

	42.67	1:26.04 (43.37)		
2 Cummings, Dean J		58 UC12-VA		2:06.47
	59.64	2:06.47 (1:06.83)		

Men 55-59 200 Yard Backstroke

Name	Age	Club	Finals	
1 Swiger, Ralph B	57	VMST-VA		3:18.58
	49.52	1:40.36 (50.84)	2:30.48 (50.12)	3:18.58 (48.10)

Men 55-59 50 Yard Breaststroke Novice

Name	Age	Club	Finals
1 Basso, Randy M	59	UC12-VA	38.01
2 Gary, William E	55	BAM1-VA	42.03

Men 55-59 100 Yard Breaststroke

Name	Age	Club	Finals
1 Swiger, Ralph B	57	VMST-VA	1:35.98
	44.81	1:35.98 (51.17)	

Men 55-59 200 Yard Breaststroke

Name	Age	Club	Finals	
1 Swiger, Ralph B	57	VMST-VA		3:31.04
	47.54	1:41.33 (53.79)	2:36.74 (55.41)	3:31.04 (54.30)

Men 55-59 50 Yard Butterfly Novice

Name	Age	Club	Finals
1 Basso, Randy M	59	UC12-VA	35.00

Men 55-59 50 Yard Butterfly

Name	Age	Club	Finals
1 Swiger, Ralph B	57	VMST-VA	43.22

Men 55-59 100 Yard Butterfly

Name	Age	Club	Finals
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1 Jones, Ralph L          56 UC12-VA          1:25.54
    39.56          1:25.54 (45.98)

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Men 55-59 200 Yard Butterfly

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Name                      Age Club                      Finals
=====
1 Swiger, Ralph B        57 VMST-VA                      3:42.07
    49.67          1:47.40 (57.73)    3:42.07 (1:54.67)

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Men 55-59 100 Yard IM

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=====
Name                      Age Club                      Finals
=====
1 Basso, Randy M        59 UC12-VA                      1:18.76
    37.55          1:18.76 (41.21)
2 Swiger, Ralph B        57 VMST-VA                      1:31.35
    45.11          1:31.35 (46.24)

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Men 55-59 200 Yard IM

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=====
Name                      Age Club                      Finals
=====
1 Jones, Ralph L        56 UC12-VA                      2:56.90
    36.91          1:20.57 (43.66)    2:19.29 (58.72)    2:56.90 (37.61)
2 Swiger, Ralph B        57 VMST-VA                      3:21.27
    45.53          1:39.97 (54.44)    2:36.51 (56.54)    3:21.27 (44.76)

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Men 55-59 400 Yard IM

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=====
Name                      Age Club                      Finals
=====
1 Swiger, Ralph B        57 VMST-VA                      7:00.90
    48.26          1:45.76 (57.50)    2:41.66 (55.90)    3:34.87 (53.21)
    4:32.04 (57.17)    5:29.21 (57.17)    6:18.39 (49.18)    7:00.90 (42.51)

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Men 60-64 50 Yard Freestyle

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Name                      Age Club                      Finals
=====
1 Bryson, Gene R        64 MAC-VA                      35.51

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Men 60-64 100 Yard Freestyle

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Name                      Age Club                      Finals
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1 Murphy, John F 60 URMS-VA 1:04.75
 30.75 1:04.75 (34.00)

Men 60-64 1000 Yard Freestyle

Name	Age	Club	Finals			
1 Eckes, David D	63	UC12-VA	21:50.59			
	52.54	1:53.51 (1:00.97)	3:00.83 (1:07.32)	4:08.68 (1:07.85)		
	5:15.29 (1:06.61)	6:23.11 (1:07.82)	7:29.98 (1:06.87)	8:36.23 (1:06.25)		
	9:43.04 (1:06.81)	10:49.90 (1:06.86)	11:56.24 (1:06.34)	13:02.88 (1:06.64)		
	14:08.11 (1:05.23)	15:13.07 (1:04.96)	16:19.00 (1:05.93)	17:25.28 (1:06.28)		
	18:30.73 (1:05.45)	19:36.89 (1:06.16)	20:43.70 (1:06.81)	21:50.59 (1:06.89)		

Men 60-64 1650 Yard Freestyle

Name	Age	Club	Finals
1 Eckes, David D	63	UC12-VA	36:10.44

Men 60-64 50 Yard Backstroke

Name	Age	Club	Finals
1 Murphy, John F	60	URMS-VA	36.41

Men 60-64 100 Yard Backstroke

Name	Age	Club	Finals
1 Murphy, John F	60	URMS-VA	1:23.13
	39.20	1:23.13 (43.93)	

Men 60-64 50 Yard Breaststroke

Name	Age	Club	Finals
1 Funkhouser, Raymond C	63	VMST-VA	45.74

Men 60-64 100 Yard Breaststroke

Name	Age	Club	Finals
1 Funkhouser, Raymond C	63	VMST-VA	1:40.37
	47.00	1:40.37 (53.37)	

Men 60-64 100 Yard IM

Name	Age	Club	Finals
1 Murphy, John F	60	URMS-VA	1:20.71
	36.86	1:20.71 (43.85)	
2 Funkhouser, Raymond C	63	VMST-VA	1:39.34
	48.40	1:39.34 (50.94)	
3 Bryson, Gene R	64	MAC-VA	1:41.84
	43.02	1:41.84 (58.82)	

Men 60-64 200 Yard IM

Name	Age	Club	Finals
1 Murphy, John F	60	URMS-VA	3:00.76
	38.40	1:25.51 (47.11) 2:22.40 (56.89)	3:00.76 (38.36)

Men 65-69 50 Yard Freestyle

Name	Age	Club	Finals
1 Holswade, Hank C	67	VMST-VA	27.38
2 Culhane, Kevin V	67	ALEX-PV	27.78

Men 65-69 100 Yard Freestyle

Name	Age	Club	Finals
1 Holswade, Hank C	67	VMST-VA	1:01.26
	29.36	1:01.26 (31.90)	
2 Macionis, Bob	65	UC12-VA	1:03.89
	31.34	1:03.89 (32.55)	
3 Katz-Hyman, Tsvi H	65	UC12-VA	1:28.91
	40.24	1:28.91 (48.67)	

Men 65-69 200 Yard Freestyle

Name	Age	Club	Finals
1 Katz-Hyman, Tsvi H	65	UC12-VA	3:13.69
	41.20	1:29.37 (48.17) 2:21.56 (52.19)	3:13.69 (52.13)

Men 65-69 500 Yard Freestyle

Name	Age	Club	Finals
1 Wallace, Richard J	66	GSM-NJ	6:52.29

	36.25	1:17.98 (41.73)	2:01.25 (43.27)	2:44.24 (42.99)
3:27.44 (43.20)		4:09.75 (42.31)	4:52.58 (42.83)	5:34.61 (42.03)
6:15.95 (41.34)		6:52.29 (36.34)		

Men 65-69 1000 Yard Freestyle

Name	Age Club	Finals			
1 Wallace, Richard J	66 GSM-NJ	14:06.68			
	37.67	1:20.11 (42.44)	2:03.83 (43.72)	2:47.10 (43.27)	
	3:30.87 (43.77)	4:14.72 (43.85)	4:58.13 (43.41)	5:41.45 (43.32)	
	6:24.48 (43.03)	7:08.08 (43.60)	7:51.11 (43.03)	8:33.83 (42.72)	
	9:16.78 (42.95)	9:59.74 (42.96)	10:42.32 (42.58)	11:24.90 (42.58)	
	12:07.18 (42.28)	12:49.30 (42.12)	13:30.23 (40.93)	14:06.68 (36.45)	

Men 65-69 1650 Yard Freestyle

Name	Age Club	Finals			
1 Katz-Hyman, Tsvi H	65 UC12-VA	28:47.04			
	43.83	1:31.57 (47.74)	2:21.84 (50.27)	3:13.39 (51.55)	
	4:04.74 (51.35)	4:55.99 (51.25)	5:47.74 (51.75)	6:39.54 (51.80)	
	7:32.53 (52.99)	8:24.78 (52.25)	9:16.84 (52.06)	10:07.62 (50.78)	
	10:59.47 (51.85)	11:52.24 (52.77)	12:44.12 (51.88)	13:36.02 (51.90)	
	14:27.37 (51.35)	15:18.70 (51.33)	16:11.38 (52.68)	17:04.23 (52.85)	
	17:56.68 (52.45)	18:49.09 (52.41)	19:43.25 (54.16)	20:39.23 (55.98)	
	21:33.97 (54.74)	22:27.99 (54.02)	23:21.28 (53.29)	24:14.43 (53.15)	
	25:08.36 (53.93)	26:05.26 (56.90)	27:00.70 (55.44)	27:56.15 (55.45)	
	28:47.04 (50.89)				

Men 65-69 50 Yard Backstroke

Name	Age Club	Finals
1 Culhane, Kevin V	67 ALEX-PV	37.36

Men 65-69 100 Yard Backstroke

Name	Age Club	Finals
1 Holswade, Hank C	67 VMST-VA	1:16.65
	37.98	1:16.65 (38.67)

Men 65-69 50 Yard Breaststroke

Name	Age Club	Finals
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1 Culhane, Kevin V	67 ALEX-PV	37.26
2 Katz-Hyman, Tsvi H	65 UC12-VA	45.04

Men 65-69 100 Yard Breaststroke

Name	Age Club	Finals
1 Katz-Hyman, Tsvi H	65 UC12-VA	1:39.95
	46.02 1:39.95 (53.93)	

Men 65-69 200 Yard Breaststroke

Name	Age Club	Finals
1 Katz-Hyman, Tsvi H	65 UC12-VA	3:54.22
	47.45 1:44.83 (57.38) 2:50.75 (1:05.92)	3:54.22 (1:03.47)

Men 70-74 100 Yard Freestyle

Name	Age Club	Finals
1 Brundage, Warner F	70 VMST-VA	1:11.33
	34.59 1:11.33 (36.74)	
2 Miller, Frank H	72 VMST-VA	1:41.06
	48.40 1:41.06 (52.66)	

Men 70-74 200 Yard Freestyle

Name	Age Club	Finals
1 Miller, Frank H	72 VMST-VA	3:43.76
	50.84 1:50.00 (59.16) 2:48.95 (58.95)	3:43.76 (54.81)

Men 70-74 1000 Yard Freestyle

Name	Age Club	Finals
1 Miller, Frank H	72 VMST-VA	19:57.06
	51.53 1:50.80 (59.27) 2:50.42 (59.62)	3:50.14 (59.72)
	4:50.65 (1:00.51) 5:50.62 (59.97)	7:54.79 (1:02.06)
	8:56.80 (1:02.01) 9:56.66 (59.86)	11:58.82 (1:01.97)
	12:59.63 (1:00.81) 13:59.60 (59.97)	16:01.44 (59.27)
	17:01.65 (1:00.21) 18:01.82 (1:00.17)	19:57.06 (55.94)

Men 70-74 1650 Yard Freestyle

Name	Age Club	Finals
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Name	Age	Club	Finals
1 Kelleher, Joseph M	72	VMST-VA	32:38.23
	49.38	1:47.28 (57.90)	2:45.85 (58.57) 3:42.97 (57.12)
	4:42.50 (59.53)	5:41.93 (59.43)	6:41.09 (59.16) 7:39.82 (58.73)
	8:39.06 (59.24)	9:38.96 (59.90)	10:37.21 (58.25) 11:37.46 (1:00.25)
	12:37.57 (1:00.11)	13:36.79 (59.22)	14:36.46 (59.67) 15:35.75 (59.29)
	16:35.86 (1:00.11)	17:36.24 (1:00.38)	18:36.05 (59.81) 19:35.66 (59.61)
	20:35.43 (59.77)	21:36.29 (1:00.86)	22:36.32 (1:00.03) 23:36.45 (1:00.13)
	24:36.86 (1:00.41)	25:37.67 (1:00.81)	26:38.21 (1:00.54) 27:38.49 (1:00.28)
	28:40.32 (1:01.83)	29:40.58 (1:00.26)	30:41.41 (1:00.83) 31:42.25 (1:00.84)
	32:38.23 (55.98)		

Men 70-74 200 Yard Backstroke

Name	Age	Club	Finals
1 Brundage, Warner F	70	VMST-VA	3:00.68
	42.36	1:27.44 (45.08)	2:13.32 (45.88) 3:00.68 (47.36)

Men 70-74 50 Yard Breaststroke

Name	Age	Club	Finals
1 Brundage, Warner F	70	VMST-VA	41.77
2 Miller, Frank H	72	VMST-VA	53.72

Men 70-74 200 Yard Breaststroke

Name	Age	Club	Finals
1 Miller, Frank H	72	VMST-VA	4:41.47
	1:01.98	2:15.37 (1:13.39)	3:30.73 (1:15.36) 4:41.47 (1:10.74)

Men 70-74 100 Yard IM

Name	Age	Club	Finals
1 Brundage, Warner F	70	VMST-VA	1:21.49
	38.19	1:21.49 (43.30)	
2 Miller, Frank H	72	VMST-VA	2:04.43

Men 70-74 200 Yard IM

Name	Age	Club	Finals
1 Brundage, Warner F	70	VMST-VA	3:00.91
	37.89	1:25.15 (47.26)	2:18.93 (53.78) 3:00.91 (41.98)

Men 75-79 50 Yard Breaststroke

Name	Age	Club	Finals
1 Scott, Richard A	78	VMST-VA	54.06

Men 75-79 100 Yard Breaststroke

Name	Age	Club	Finals
1 Scott, Richard A	78	VMST-VA	2:01.09
	55.12	2:01.09 (1:05.97)	

Men 75-79 200 Yard Breaststroke

Name	Age	Club	Finals
1 Scott, Richard A	78	VMST-VA	4:23.68
	1:00.26	2:07.50 (1:07.24)	3:18.58 (1:11.08)
			4:23.68 (1:05.10)

Men 75-79 200 Yard Butterfly

Name	Age	Club	Finals
1 Scott, Richard A	78	VMST-VA	6:21.59
	1:22.71	3:08.85 (1:46.14)	4:49.61 (1:40.76)
			6:21.59 (1:31.98)

Men 75-79 100 Yard IM

Name	Age	Club	Finals
-- Scott, Richard A	78	VMST-VA	DQ
	57.28	DQ (1:02.33)	

Men 75-79 400 Yard IM

Name	Age	Club	Finals
1 Scott, Richard A	78	VMST-VA	9:47.18
	1:16.25	2:48.49 (1:32.24)	3:57.58 (1:09.09)
	6:20.95 (1:16.83)	7:34.46 (1:13.51)	8:42.40 (1:07.94)
			9:47.18 (1:04.78)

Men 80-84 50 Yard Breaststroke

Name	Age	Club	Finals
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1 Lyons, Thomas F 80 VMST-VA 1:06.25

Men 80-84 100 Yard Breaststroke

Name	Age Club	Finals
1 Lyons, Thomas F	80 VMST-VA	2:28.81
	1:08.82 2:28.81 (1:19.99)	

Women 25+ 200 Yard Medley Relay

Club	Finals
1 Peluso Open Water Masters-VA 'A'	2:10.00
1) Joslin, Danielle W35	2) Phillips, Alice W W48
3) Glasgow, Ginny Ann W34	4) Strobl, Lori C W33
33.68 1:15.01 (41.33)	1:43.78 (28.77) 2:10.00 (26.22)
2 Crozet Parc YMCA Masters-VA 'A'	2:12.93
1) Jamison, Jackie M W33	2) Deaton, Rebecca A W38
3) Witt, Cherie A W49	4) Franklin, Rebecca L W45
38.00 1:13.74 (35.74)	1:43.49 (29.75) 2:12.93 (29.44)

Women 45+ 200 Yard Freestyle Relay

Club	Finals
1 Peluso Open Water Masters-VA 'A'	3:12.63
1) Alexander, Susan W51	2) Faux, Nancy W66
3) Justis, Sallee W54	4) Goodloe, Beth W50
43.75 1:33.86 (50.11)	1:49.77 (15.91) 3:12.63 (1:22.86)

Women 45+ 200 Yard Medley Relay

Club	Finals
1 Virginia Masters Swim Team-VA 'A'	2:24.40
1) Van Horn Pate, Val R W51	2) Hollings, Charlotte W49
3) Braaten, Kitten W58	4) Loftus-Charley, Shirley A W62
32.70 1:11.39 (38.69)	1:52.25 (40.86) 2:24.40 (32.15)

Men 45+ 200 Yard Medley Relay

Club	Finals
1 Virginia Masters Swim Team-VA 'A'	2:09.07
1) Fellowes, David M50	2) Miladin, Jeff M52
3) Wood, William M M56	4) Holswade, Hank C M67

31.27 1:10.14 (38.87) 1:41.76 (31.62) 2:09.07 (27.31)

Mixed 18+ 200 Yard Freestyle Relay

Club		Finals	
1	Burkwood Aquatics Masters-VA 'A'	1:42.45	
1)	Glass, Sidney L M22	2)	Ryan, Elizabeth C W45
3)	Bechard, Sarah A W23	4)	Bradley, Ryan M39
	22.35 53.08 (30.73)	1:19.17 (26.09)	1:42.45 (23.28)

Mixed 18+ 200 Yard Medley Relay

Club		Finals	
1	Quest Masters Swim Team-VA 'A'	1:56.95	
1)	Brink, Opal E W19	2)	Enoch, William C M23
3)	Gosline, Michael R M35	4)	Wilson, Carrie R W30
	31.94 1:01.80 (29.86)	1:26.99 (25.19)	1:56.95 (29.96)

Mixed 25+ 200 Yard Medley Relay

Club		Finals	
1	Virginia Masters Swim Team-VA 'A'	1:56.63	
1)	Kaplan, Jonathan M34	2)	Russo, Claire C W30
3)	Van Horn Pate, Val R W51	4)	Raggio, Randy M45
	27.27 1:00.41 (33.14)	1:31.66 (31.25)	1:56.63 (24.97)

Mixed 35+ 200 Yard Freestyle Relay

Club		Finals	
1	Peluso Open Water Masters-VA 'A'	2:12.62	
1)	Doswell, Kathleen M W64	2)	Rowe, Bryce W M37
3)	Gregory, Barbie J W45	4)	Peluso, Jay M42
	53.10 1:18.35 (25.25)	1:48.77 (30.42)	2:12.62 (23.85)