

Virginia Masters Swim Meet

Results - Nov 2, 2019

Women 18-24 50 SC Meter Butterfly

NATL: 28.37 N 12/5/2009 MEG GILL

VA: 33.81 V 11/8/2008 Kristin Stiff

1 Ricci, Alice 20 MARY 31.64

Women 25-29 100 SC Meter Freestyle

NATL: 55.06 N 12/1/2017 L IBANEZ LOPEZ

VA: 1:02.84 V 11/7/2015 Denise Letendre

1 Clary, Emily 26 SRVA 1:07.82

32.32 1:07.82

2 Shepard, Megan 29 VMST 1:39.51

46.83 1:39.51

Women 25-29 400 SC Meter Freestyle

NATL: 4:24.18 N 3/31/1996 SHEILA TAORMINA

VA: 4:40.36 V 12/10/2010 Kate Hibbard

1 Clary, Emily 26 SRVA 5:16.07

35.30 1:13.78 1:53.20 2:33.47

3:13.92 3:54.60 4:35.40 5:16.07

2 Martin, Victoria L 25 CAFC 6:20.12

41.97 1:29.30 2:17.10 3:05.74

3:54.76 4:43.74 5:32.51 6:20.12

Women 25-29 800 SC Meter Freestyle

NATL: 8:51.18 N 3/31/1996 SHEILA TAORMINA

VA: 9:51.34 V 12/12/2014 Denise Letendre

1 Clary, Emily 26 SRVA 10:59.92

36.34 1:15.60 1:56.17 2:37.86

3:19.69 4:01.46 4:43.27 5:25.16

6:07.29 6:49.43 7:31.45 8:13.80

8:55.76 9:37.49 10:19.15 10:59.92

2 Martin, Victoria L 25 CAFC 13:14.31

41.01 1:28.16 2:16.28 3:04.43

3:53.80 4:43.69 5:34.26 6:24.67

7:15.39 8:06.90 8:57.67 9:48.85

10:40.15 11:31.84 12:23.89 13:14.31

Women 25-29 1500 SC Meter Freestyle

NATL:16:36.07 N 3/31/1996 SHEILA TAORMINA

VA:19:29.01 V 11/2/2013 Sarah Anderson

1 Martin, Victoria L 25 CAFC 24:07.84

43.17 1:29.73 2:17.07

3:53.30

9:34.69

10:24.15 11:12.81 12:01.62 12:50.07

13:38.81 14:28.12 15:17.18 16:06.40

16:55.05 17:44.84 18:32.99 19:22.09 24:07.84

Women 25-29 50 SC Meter Backstroke

NATL: 28.40 N 11/18/2018 MARINA SPADONI

VA: 31.77 V 3/20/2010 Kate Hibbard

1 Shepard, Megan 29 VMST 54.12

Women 25-29 100 SC Meter Breaststroke

NATL: 1:10.04 N 4/15/2012 MEGAN JENDRICK

VA: 1:18.47 V 3/25/2017 Denise Letendre

1 Martin, Victoria L 25 CAFC 1:44.41

49.01 1:44.41

Women 25-29 200 SC Meter Breaststroke

NATL: 2:29.80 N 4/14/2012 MEGAN JENDRICK

VA: 2:44.46 V 6/4/2015 Denise Letendre

1 Martin, Victoria L 25 CAFC 3:48.86

51.40 1:49.21 2:48.98 3:48.86

2 Shepard, Megan 29 VMST 4:48.20

1:03.62 2:17.15 3:34.33 4:48.20

Women 25-29 50 SC Meter Butterfly

NATL: 26.31 N 10/11/2015 CLAIRE DONAHUE

VA: 29.17 V 3/5/2016 Gabrielle Mizerak

1 Shepard, Megan 29 VMST 50.88

Women 25-29 100 SC Meter Butterfly

NATL: 58.11 N 12/12/2015 CLAIRE DONAHUE

VA: 1:06.11 V 3/3/2018 Deidre Geroni

1 Shepard, Megan 29 VMST 1:58.72

51.81 1:58.72

Women 25-29 100 SC Meter IM

NATL: 1:03.41 N 1/23/2011 MEGAN JENDRICK

VA: 1:10.18 V 11/7/2009 Lucy Carrig

1 Martin, Victoria L 25 CAFC 1:42.84

52.07 1:42.84

Women 25-29 200 SC Meter IM

NATL: 2:21.79 N 12/12/1998 WENKE HANSEN

VA: 2:25.63 V 3/5/2016 Denise Letendre

1 Shepard, Megan 29 VMST 3:57.84

55.07 1:54.54 3:06.01 3:57.84

Women 30-34 50 SC Meter Freestyle

NATL: 25.69 N 11/10/2012 ERIKA ERNDL

VA: 28.37 V 1/1/1995 Beth Scheimann

1 Bochner, Elizabeth 30 JAMM 33.55

Women 30-34 100 SC Meter Freestyle

NATL: 54.75 N 10/13/2012 ERIKA ERNDL

VA: 1:02.66 V 12/31/1995 Beth Scheimann

1 Bochner, Elizabeth 30 JAMM 1:13.14

35.32 1:13.14

Women 30-34 200 SC Meter Freestyle

NATL: 2:04.64 N 12/15/1996 K PIPES-NEILSEN

VA: 2:22.73 V 1/1/1995 Beth Scheimann

1 Letendre, Denise 31 VMST 2:17.97V

31.99 1:07.16 1:42.24 2:17.97

2 Bochner, Elizabeth 30 JAMM 2:38.27

37.16 1:17.04 1:58.25 2:38.27

3 Letendre, Claire 34 VMST 2:38.58

37.26 1:17.34 1:58.55 2:38.58

Women 30-34 400 SC Meter Freestyle

NATL: 4:17.82 N 12/4/2011 DAWN HECKMAN

VA: 4:54.54 V 11/5/2011 Maura Bolger

1 Letendre, Claire 34 VMST 5:47.10

38.46 1:20.76 2:04.17 2:48.13

3:32.59 4:17.47 5:02.17 5:47.10

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Women 30-34 100 SC Meter Backstroke

NATL: 59.53 N 11/22/2009 NORIKO INADA

VA: 1:14.37 V 11/7/2009 Elizabeth Graf

1	Letendre, Denise	31	VMST	1:12.60V
	35.16	1:12.60		

Women 30-34 200 SC Meter Backstroke

NATL: 2:12.47 N 11/22/2008 L OBERSTAR-BROWN

VA: 2:29.70 V 3/3/2018 Denise Letendre

1	Letendre, Claire	34	VMST	2:58.46
	42.19	1:27.14	2:12.28	2:58.46

Women 30-34 100 SC Meter Butterfly

NATL: 1:00.34 N 10/13/2012 ERIKA ERNDL

VA: 1:10.59 V 10/11/1989 Lisa Bennett

1	Letendre, Denise	31	VMST	1:08.56V
	32.46	1:08.56		

Women 30-34 100 SC Meter IM

NATL: 1:02.52 N 10/13/2012 ERIKA ERNDL

VA: 1:11.08 V 12/7/2002 Cheryl Conlin

1	Letendre, Denise	31	VMST	1:11.33
	33.33	1:11.33		

Women 40-44 50 SC Meter Freestyle

NATL: 26.02 N 12/14/2014 ERIKA BRAUN

VA: 27.61 V 4/6/2002 Beth Baker

1	Grier, Katie	41	1693	27.92
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Women 40-44 200 SC Meter Freestyle

NATL: 2:05.26 N 12/14/2003 K PIPES-NEILSEN

VA: 2:17.69 V 5/6/2011 Ana Paula Grilo

1	Krause, Mary Kay	42	LASH	2:23.91
	33.85	1:10.11	1:46.94	2:23.91

Women 40-44 1500 SC Meter Freestyle

NATL:16:50.92 N 12/1/2017 HEIDI GEORGE

VA:23:20.09 V 11/4/2017 Anna Parker

1	Krause, Mary Kay	42	LASH	19:40.96
	36.44	1:14.84	1:54.32	2:33.73
	3:12.54	3:52.60	4:32.21	5:12.08
	5:52.02	6:31.73	7:11.63	7:51.12
	8:30.46	9:10.06	9:49.25	10:29.11
	11:08.60	11:48.32	12:27.85	13:07.45
	13:46.92	14:26.48	15:06.66	15:46.72
	16:26.65	17:06.15	17:45.42	18:24.93
	19:03.71	19:40.96		
2	Lovett, Mandy	44	LASH	23:11.16
	41.36	1:25.72	2:11.74	2:57.58
	3:43.69	4:30.51	5:16.52	6:03.14
	6:49.43	7:35.53	8:21.86	9:08.41
	9:55.34	10:41.54	11:28.14	12:14.99
	13:01.37	13:48.24	14:35.63	15:22.51
	16:09.23	16:56.25	17:43.44	18:30.70
	19:17.23	20:04.39	20:51.39	21:38.91
	22:25.75	23:11.16		

Women 40-44 100 SC Meter Backstroke

NATL: 1:03.48 N 10/29/2011 SHERI HART

VA: 1:07.92 V 12/8/2001 Beth Baker

1	Krause, Mary Kay	42	LASH	1:14.50
	36.47	1:14.50		

Women 40-44 200 SC Meter Backstroke

NATL: 2:19.06 N 12/4/2009 JODY SMITH

VA: 2:25.78 V 12/8/2001 Beth Baker

1	Krause, Mary Kay	42	LASH	2:40.05
	38.91	1:19.31	2:00.32	2:40.05

Women 40-44 100 SC Meter Breaststroke

NATL: 1:09.95 N 12/5/2015 CYNTHIA LEWIS

VA: 1:21.69 V 3/20/2004 Patricia Powis

1	Lovett, Mandy	44	LASH	1:36.59
	45.53	1:36.59		

Women 40-44 200 SC Meter Breaststroke

NATL: 2:32.37 N 11/16/2008 S VON DER LIPPE

VA: 3:03.94 V 2000 Patricia Powis

1	Lovett, Mandy	44	LASH	3:21.70
	48.20	1:39.58	2:31.10	3:21.70

Women 40-44 50 SC Meter Butterfly

NATL: 28.19 N 3/16/2013 ERIKA BRAUN

VA: 29.68 V 3/31/2001 Beth Baker

1	Grier, Katie	41	1693	31.13
2	Robbins, Emily	40	NERD	35.81

Women 40-44 100 SC Meter IM

NATL: 1:04.19 N 10/10/2015 LISA BLACKBURN

VA: 1:08.98 V 12/8/2001 Beth Baker

1	Robbins, Emily	40	NERD	1:26.74
	37.13	1:26.74		

Women 45-49 50 SC Meter Freestyle

NATL: 26.29 N 10/13/2018 ERIKA BRAUN

VA: 33.24 V 10/10/1998 Kathy Wheeler

1	Hardy, Mary	46	ETM	34.65
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Women 45-49 1500 SC Meter Freestyle

NATL:17:22.01 N 1/24/2015 ALISON ZAMANIAN

VA:20:18.52 V 11/7/2009 Charlotte Hollings

1	Parker, Anna K	45	UC12	22:45.01
	41.11	1:25.80	2:12.73	3:00.16
	3:48.09	4:35.51	5:22.95	6:10.14
	6:57.87	7:45.02	8:32.13	9:19.38
	10:06.00	10:53.01	11:40.15	12:27.18
	13:14.26	14:01.33	14:48.59	15:36.09
	16:23.32	17:10.94	17:58.29	18:45.47
	19:32.65	20:20.43	21:06.77	21:54.22
	22:41.84	22:45.01		

Women 45-49 50 SC Meter Backstroke

NATL: 30.58 N 12/2/2007 K PIPES-NEILSEN

VA: 38.74 V 3/15/2008 Debbie Jaeger

1	Hardy, Mary	46	ETM	41.33
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Women 45-49 50 SC Meter Butterfly

NATL: 28.60 N 4/2/2017 ERIKA BRAUN

VA: 33.65 V 11/6/2010 Alice Phillips

1 Hardy, Mary 46 ETM 40.58

Women 50-54 50 SC Meter Freestyle

NATL: 27.67 N 3/15/2014 SUE WALSH

VA: 29.71 V 12/11/2009 Lisa Bennett

1 Chadwick, Teresa 54 VMST 1:01.41

2 Nicholls, Victoria 53 VMST 1:03.48

Women 50-54 50 SC Meter Backstroke

NATL: 30.27 N 12/13/2015 LESLIE LIVINGSTON

VA: 37.00 V 5/20/2011 Kelly Parker Palace

1 Chadwick, Teresa 54 VMST 1:14.74

Women 50-54 50 SC Meter Breaststroke

NATL: 36.31 N 11/22/2015 CAROLINE KRATTLI

VA: 36.99 V 12/11/2009 Lisa Bennett

1 Nicholls, Victoria 53 VMST 1:34.10

Women 55-59 50 SC Meter Freestyle

NATL: 27.81 N 3/5/2016 LESLIE LIVINGSTON

VA: 31.21 V 11/12/2016 Kelly Parker Palace

1 Zhang, Ying 56 VMST 34.33

2 Johnson, Jenny 55 UC12 36.51

3 Dickens, Susan R 58 VMST 38.30

4 Pellegrin, Katharina 56 NERD 44.87

Women 55-59 100 SC Meter Freestyle

NATL: 1:00.61 N 1/20/2017 KARLYN PIPES

VA: 1:05.96 V 11/12/2016 Kelly Parker Palace

1 Zhang, Ying 56 VMST 1:15.99

37.63 1:15.99

2 Dickens, Susan R 58 VMST 1:26.04

40.06 1:26.04

3 Pellegrin, Katharina 56 NERD 1:47.15

51.22 1:47.15

Women 55-59 200 SC Meter Freestyle

NATL: 2:13.89 N 4/22/2017 KARLYN PIPES

VA: 2:18.32 V 11/12/2016 Kelly Parker Palace

1 Speer, Nancy 57 VMST 2:50.75

38.27 1:20.71 2:05.86 2:50.75

2 Pellegrin, Katharina 56 NERD 3:46.33

49.22 1:47.10 2:48.09 3:46.33

Women 55-59 400 SC Meter Freestyle

NATL: 4:42.97 N 10/4/2009 LAURA VAL

VA: 4:56.22 V 11/12/2016 Kelly Parker Palace

1 Dore, Mary 56 NCMS 5:16.31

36.50 1:15.52 1:55.82 2:36.29

3:16.35 3:56.69 4:37.14 5:16.31

2 Pellegrin, Katharina 56 NERD 8:27.88

51.74 1:54.10 2:59.88 4:06.79

5:11.47 6:19.31 7:23.03 8:27.88

Women 55-59 1500 SC Meter Freestyle

NATL:18:43.73 N 1/16/2010 LAURA VAL

VA:19:00.59 V 11/12/2016 Kelly Parker Palace

1 Dore, Mary 56 NCMS 20:47.13

38.90 1:21.24 2:03.57 2:45.92

3:28.05 4:10.22 4:52.30 5:34.66

6:16.76 6:59.17 7:40.82 8:23.00

9:04.99 9:47.18 10:29.03 11:10.90

11:52.65 12:34.89 13:16.60 13:57.78

14:39.39 15:20.12 16:02.14 16:43.47

17:24.78 18:05.75 18:46.94 19:27.95

20:08.68 20:47.13

2 Dickens, Susan R 58 VMST 24:44.06

43.32 1:31.99 2:21.44

3:11.53 4:02.31 4:52.07

5:42.22 6:31.02 7:20.35

8:09.25 8:58.24 9:46.87 10:36.68

11:26.29 12:16.09 13:05.70

13:55.42 14:44.96 15:34.74

16:24.60 17:14.28 18:03.98

18:54.76 19:45.45 20:35.62 24:44.06

Women 55-59 100 SC Meter Backstroke

NATL: 1:08.33 N 1/20/2017 KARLYN PIPES

VA: 1:21.72 V 3/3/2018 Marie Restrepo

1 Zhang, Ying 56 VMST 1:26.26

42.80 1:26.26

Women 55-59 50 SC Meter Breaststroke

NATL: 36.47 N 11/5/2017 CAROLINE KRATTLI

VA: 40.49 V 11/5/2011 Lisa Bennett

1 Zhang, Ying 56 VMST 45.38

Women 55-59 100 SC Meter Breaststroke

NATL: 1:21.18 N 11/18/2017 CAROLINE KRATTLI

VA: 1:28.43 V 11/5/2011 Lisa Bennett

1 Speer, Nancy 57 VMST 1:43.85

49.66 1:43.85

Women 55-59 50 SC Meter Butterfly

NATL: 29.39 N 3/5/2016 LESLIE LIVINGSTON

VA: 37.13 V 3/20/2010 Shirley Loftus-Charley

1 Zhang, Ying 56 VMST 37.00V

2 Johnson, Jenny 55 UC12 49.01

Women 55-59 100 SC Meter IM

NATL: 1:09.08 N 1/21/2017 KARLYN PIPES

VA: 1:21.01 V 11/12/2016 Kelly Parker Palace

1 Speer, Nancy 57 VMST 1:34.49

44.98 1:34.49

Women 55-59 400 SC Meter IM

NATL: 5:25.71 N 4/23/2017 KARLYN PIPES

VA: 5:58.09 V 11/6/2010 Shirley Loftus-Charley

1 Dore, Mary 56 NCMS 6:27.66

41.89 1:29.37 2:23.36 3:15.48

4:11.85 5:08.34 5:48.64 6:27.66

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Women 60-64 50 SC Meter Freestyle

NATL: 29.23 N 12/7/2013 LAURA VAL

VA: 33.70 V 3/19/2011 Shirley Loftus-Charley

1	Kelley, Gail	61	NERD	38.24
2	Cobb, Dianne	64	VMST	39.13
3	Morgan, Kathleen	64	YOBX	45.45
4	Ricker, Karen L	61	TMAS	46.53
5	Schirmer, Jenny	60	TIDE	46.84

Women 60-64 100 SC Meter Freestyle

NATL: 1:03.48 N 12/5/2014 LAURA VAL

VA: 1:09.44 V 11/18/2012 Shirley Loftus-Charley

1	Kelley, Gail	61	NERD	1:21.68
				40.17 1:21.68
2	Morgan, Kathleen	64	YOBX	1:40.72
				47.48 1:40.72
3	Schirmer, Jenny	60	TIDE	1:44.17
				50.61 1:44.17
4	Ricker, Karen L	61	TMAS	1:48.00
				51.72 1:48.00

Women 60-64 200 SC Meter Freestyle

NATL: 2:20.16 N 12/4/2011 LAURA VAL

VA: 2:31.02 V 3/17/2012 Shirley Loftus-Charley

1	Morgan, Kathleen	64	YOBX	3:37.73
				48.96 1:43.93 2:41.17 3:37.73

Women 60-64 400 SC Meter Freestyle

NATL: 4:53.24 N 8/24/2013 LAURA VAL

VA: 5:17.88 V 11/5/2011 Shirley Loftus-Charley

1	Morgan, Kathleen	64	YOBX	7:34.92
				49.04 1:44.74 2:42.62 3:41.43
				4:39.93 5:38.62 6:38.03 7:34.92
2	Schirmer, Jenny	60	TIDE	8:05.09
				55.92 1:57.12 2:58.04 3:59.52
				5:01.35 6:02.83 7:04.49 8:05.09

Women 60-64 1500 SC Meter Freestyle

NATL:19:38.63 N 1/15/2011 LAURA VAL

VA:19:59.92 V 11/5/2011 Shirley Loftus-Charley

1	Wainwright, Joanne	64	NCMS	24:47.68
				45.93 1:35.63 2:25.34
				3:14.96 4:04.96 4:54.94
				5:44.76 6:34.25 7:23.61
				8:13.39 9:03.62 9:53.57 10:43.08
				11:32.85 12:22.74 13:12.79
				14:02.45 14:52.00 15:41.95
				16:32.23 17:21.74 18:11.92
				19:01.94 19:52.37 20:41.97 24:47.68

Women 60-64 100 SC Meter Backstroke

NATL: 1:12.39 N 10/13/2018 BONNIE BILICH

VA: 1:27.00 V 12/4/2011 Shirley Loftus-Charley

1	Kelley, Gail	61	NERD	1:32.63
				45.31 1:32.63

Women 60-64 200 SC Meter Backstroke

NATL: 2:35.84 N 10/14/2018 BONNIE BILICH

VA: 3:00.78 V 3/17/2012 Shirley Loftus-Charley

1	Wainwright, Joanne	64	NCMS	3:25.54
				50.63 1:42.99 2:35.37 3:25.54

Women 60-64 50 SC Meter Breaststroke

NATL: 38.87 N 12/4/2016 COLETTE CRABBE

VA: 44.95 V 11/18/2012 Shirley Loftus-Charley

1	Cobb, Dianne	64	VMST	53.15
2	Morgan, Kathleen	64	YOBX	1:07.61

Women 60-64 100 SC Meter IM

NATL: 1:15.07 N 10/6/2013 LAURA VAL

VA: 1:24.67 V 11/5/2011 Shirley Loftus-Charley

1	Kelley, Gail	61	NERD	1:35.28
				46.21 1:35.28

Women 60-64 200 SC Meter IM

NATL: 2:41.53 N 12/6/2013 LAURA VAL

VA: 2:52.64 V 3/19/2011 Shirley Loftus-Charley

1	Wainwright, Joanne	64	NCMS	3:30.70
				47.26 1:42.48 2:45.13 3:30.70

Women 65-69 50 SC Meter Freestyle

NATL: 29.30 N 11/19/2016 LAURA VAL

VA: 34.07 V 3/21/2009 Beth Schreiner

1	Loftus-Charley, Shirley A	68	VMST	35.30
2	Luchsinger, Donna	68	VMST	50.04

Women 65-69 100 SC Meter Freestyle

NATL: 1:04.40 N 12/1/2017 LAURA VAL

VA: 1:14.11 V 3/5/2016 Shirley Loftus-Charley

1	Amick, Beverly O	65	NCMS	1:19.76
				37.85 1:19.76

Women 65-69 200 SC Meter Freestyle

NATL: 2:23.26 N 11/18/2017 LAURA VAL

VA: 2:35.21 V 7/21/2016 Shirley Loftus-Charley

1	Tourtual, Dorothy	68	ETM	2:54.15
				40.26 1:24.04 2:09.49 2:54.15

Women 65-69 800 SC Meter Freestyle

NATL:10:34.67 N 1/30/2016 LAURA VAL

VA:10:55.71 V 7/21/2016 Shirley Loftus-Charley

1	Tourtual, Dorothy	68	ETM	12:37.56
				41.24 1:27.08 2:14.76 3:03.11
				3:51.23 4:39.82 5:28.31 6:16.69
				7:04.74 7:53.05 8:40.79 9:28.65
				10:16.62 11:04.62 11:52.29 12:37.56

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Women 65-69 1500 SC Meter Freestyle

NATL: 20:21.61 N 1/30/2016 LAURA VAL

VA: 20:37.63 V 7/21/2016 Shirley Loftus-Charley

1	Loftus-Charley, Shirley A	68	VMST	21:15.29
	39.22	1:21.12	2:03.51	2:46.09
	3:29.03	4:11.85	4:54.92	5:37.75
	6:20.68	7:03.69	7:46.44	8:29.36
	9:12.38	9:55.17	10:38.17	11:20.80
	12:03.64	12:46.36	13:28.96	14:11.70
	14:54.37	15:36.85	16:19.42	17:01.84
	17:44.28	18:26.83	19:09.10	19:51.34
	20:33.84	21:15.29		

Women 65-69 100 SC Meter Backstroke

NATL: 1:13.08 N 12/1/2018 LAURA VAL

VA: 1:28.20 V 12/3/2016 Shirley Loftus-Charley

1	Loftus-Charley, Shirley A	68	VMST	1:30.52
	44.73	1:30.52		
2	Amick, Beverly O	65	NCMS	1:31.44
	44.54	1:31.44		
3	Boslego, Barbara	68	VMST	1:48.81
	53.38	1:48.81		

Women 65-69 200 SC Meter Backstroke

NATL: 2:42.87 N 12/1/2017 LAURA VAL

VA: 3:06.96 V 7/21/2016 Shirley Loftus-Charley

1	Loftus-Charley, Shirley A	68	VMST	3:08.73
	45.46	1:33.14	2:21.25	3:08.73
2	Amick, Beverly O	65	NCMS	3:17.97
	46.51	1:36.09	2:27.16	3:17.97
3	Tourtual, Dorothy	68	ETM	3:18.20
	46.29	1:36.17	2:27.58	3:18.20

Women 65-69 50 SC Meter Breaststroke

NATL: 41.55 N 4/13/2019 LO KNAPP

VA: 42.35 V 4/9/2005 Joann Leilich

1	Merena, Elizabeth	67	CHEL	48.41
2	Boslego, Barbara	68	VMST	53.15

Women 65-69 100 SC Meter Breaststroke

NATL: 1:29.76 N 4/13/2019 LO KNAPP

VA: 1:32.37 V 3/20/2004 Joann Leilich

1	Loftus-Charley, Shirley A	68	VMST	1:41.62
	49.13	1:41.62		
2	Merena, Elizabeth	67	CHEL	1:48.42
	52.58	1:48.42		

Women 65-69 50 SC Meter Butterfly

NATL: 33.06 N 11/19/2017 LAURA VAL

VA: 39.35 V 7/21/2016 Shirley Loftus-Charley

1	Amick, Beverly O	65	NCMS	39.04
2	Loftus-Charley, Shirley A	68	VMST	39.70

Women 65-69 100 SC Meter IM

NATL: 1:16.53 N 10/13/2019 LAURA VAL

VA: 1:28.00 V 1/17/2016 Shirley Loftus-Charley

1	Amick, Beverly O	65	NCMS	1:31.57
	41.97	1:31.57		

Women 70-74 200 SC Meter Freestyle

NATL: 2:43.60 N 11/20/2016 DIANN UUSTAL

VA: 2:58.56 V 11/3/2018 Marcia Barry

1	Barry, Marcia	71	VMST	3:03.39
	42.60	1:28.63	2:16.59	3:03.39

Women 70-74 1500 SC Meter Freestyle

NATL: 23:39.90 N 11/3/2018 MARCIA BARRY

VA: 23:39.90 V 11/3/2018 Marcia Barry

1	Barry, Marcia	71	VMST	24:12.92
	43.03	1:29.76	2:17.67	
	3:06.24	3:54.42	4:42.87	
	5:31.77	6:20.83	7:09.39	
	7:58.14	8:47.25	9:35.99	10:24.38
		11:13.57	12:02.16	12:51.36
		13:40.78	14:29.36	15:18.34
		16:07.63	16:56.07	17:44.86
	18:33.57	19:22.69	20:11.14	24:12.92

Women 70-74 50 SC Meter Backstroke

NATL: 38.21 N 12/11/2016 DIANN UUSTAL

VA: 45.69 V 11/3/2018 Marcia Barry

1	Barry, Marcia	71	VMST	47.24
2	Medley, Marianne	70	UC12	1:24.37

Women 70-74 100 SC Meter Backstroke

NATL: 1:22.75 N 12/11/2016 DIANN UUSTAL

VA: 1:39.66 V 12/1/2018 Marcia Barry

1	Barry, Marcia	71	VMST	1:40.23
	49.58	1:40.23		

Women 70-74 200 SC Meter Backstroke

NATL: 3:04.82 N 10/28/2017 DIANN UUSTAL

VA: 3:25.89 V 11/3/2018 Marcia Barry

1	Barry, Marcia	71	VMST	3:27.55
	51.36	1:44.61	2:37.31	3:27.55

Women 70-74 50 SC Meter Breaststroke

NATL: 44.22 N 11/13/2011 JOANN LEILICH

VA: 52.07 V 5/11/2005 Johnnie Detrick

--- Medley, Marianne 70 UC12 DQ

Women 75-79 50 SC Meter Freestyle

NATL: 37.24 N 12/12/2004 GAIL ROPER

VA: 37.33 V 3/19/2011 Johnnie Detrick

1	Hanna, Sandra	79	VMST	1:13.65
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Women 75-79 50 SC Meter Backstroke

NATL: 44.76 N 11/7/1999 DORIS STEADMAN

VA: 49.94 V 3/3/2018 Beth Schreiner

1	Hanna, Sandra	79	VMST	1:14.72
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Women 75-79 50 SC Meter Breaststroke

NATL: 46.20 N 3/15/2014 JOANN LEILICH

VA: 51.86 V 3/19/2011 Johnnie Detrick

1	Marens, Susan	77	VMST	1:01.73
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Women 75-79 200 SC Meter Breaststroke

NATL: 3:36.56 N 3/15/2014 JOANN LEILICH

VA: 4:09.87 V 11/6/2010 Johnnie Detrick

1	Marens, Susan	77	VMST	4:59.66
	1:10.91	2:27.20	3:44.77	4:59.66

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Women 75-79 100 SC Meter IM

NATL: 1:38.11 N 12/12/2004 GAIL ROPER

VA: 1:48.05 V 3/19/2011 Johnnie Detrick

1	Marens, Susan	77	VMST	2:22.09
				1:11.27 2:22.09

Women 80-84 50 SC Meter Freestyle

NATL: 38.03 N 1/25/2009 GAIL ROPER

VA: 39.21 V 3/5/2016 Johnnie Detrick

1	Walker, Laura	82	VMST	49.39
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Women 80-84 100 SC Meter Freestyle

NATL: 1:26.23 N 1/25/2009 GAIL ROPER

VA: 1:32.76 V 3/5/2016 Johnnie Detrick

1	Walker, Laura	82	VMST	1:52.52
				53.55 1:52.52

Women 80-84 50 SC Meter Backstroke

NATL: 50.03 N 10/13/2002 MARGERY MEYER

VA: 58.20 V 11/3/2018 Laura Walker

1	Walker, Laura	82	VMST	57.91V
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Women 80-84 100 SC Meter Backstroke

NATL: 1:50.61 N 12/1/2007 BETTY LORENZI

VA: 2:02.35 V 11/3/2018 Laura Walker

1	Walker, Laura	82	VMST	2:08.99
				1:03.23 2:08.99

Women 80-84 200 SC Meter Backstroke

NATL: 3:59.15 N 11/22/2009 NANCY KINNEY

VA: 4:28.45 V 11/4/2017 Laura Walker

1	Walker, Laura	82	VMST	4:36.35
				1:05.58 2:15.48 3:25.83 4:36.35

Women 90-94 50 SC Meter Freestyle

NATL: 53.46 N 11/4/2017 JEAN TROY

VA: 1:12.37 V 11/3/2012 Marianna Berkley

1	Meredith, Jeanne	91	VMST	1:12.00V
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Men 18-24 50 SC Meter Freestyle

NATL: 21.38 N 12/11/2005 NICK BRUNELLI

VA: 22.36 V 9/22/2018 Lewis Burras

1	Burton, Logan	24	TIDE	23.73
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Men 18-24 50 SC Meter Breaststroke

NATL: 27.83 N 11/21/2009 GREGOR PLEVELJ

VA: 31.31 V 11/7/2015 Christopher Scott

1	Temple, Austin	23	TIDE	29.42V
2	Burton, Logan	24	TIDE	30.17V

Men 18-24 100 SC Meter Breaststroke

NATL: 59.96 N 11/18/2017 THIBAUT CAPITAINE

VA: 1:08.28 V 11/7/2015 Christopher Scott

1	Temple, Austin	23	TIDE	1:04.04V
				29.77 1:04.04
2	Dean, Deion	23	TIDE	1:06.92V
				30.12 1:06.92

Men 18-24 50 SC Meter Butterfly

NATL: 23.96 N 11/6/2016 RUNAR BORGEN

VA: 24.68 V 9/22/2018 Lewis Burras

1	Burton, Logan	24	TIDE	24.70
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2	Temple, Austin	23	TIDE	26.49
3	Dean, Deion	23	TIDE	28.01

Men 18-24 100 SC Meter Butterfly

NATL: 52.25 N 10/29/2011 EUGENE GODSOE

VA: 58.51 V 11/5/2016 Adam Kalish

1	Perez, Ricky	23	WMAC	57.09
				26.69 57.09

Men 25-29 50 SC Meter Freestyle

NATL: 21.37 N 11/15/2014 CESAR CIELO

VA: 23.46 V 3/5/2016 Kevin Gallagher

1	Henderson, James A	25	1693	25.64
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Men 25-29 100 SC Meter Freestyle

NATL: 47.43 N 11/16/2014 CESAR CIELO

VA: 52.73 V 3/20/2004 Troy Johnson

1	Scott, Christopher A	28	NERD	55.71
				26.59 55.71

Men 25-29 1500 SC Meter Freestyle

NATL:15:41.81 N 12/14/1997 ALEX KOSTICH

VA:19:25.76 V 11/5/2011 Craig Charley

1	Scott, Christopher A	28	NERD	17:45.70V
				31.85 1:06.08 1:40.98 2:16.08
				2:51.08 3:26.33 4:01.63 4:36.87
				5:12.12 5:47.45 6:22.83 6:58.42
				7:34.43 8:10.22 8:45.94 9:21.94
				9:57.77 10:34.10 11:10.58 11:46.75
				12:22.83 12:58.94 13:34.77 14:10.81
				14:47.01 15:23.29 15:59.59 16:36.00
				17:12.22 17:45.70

Men 25-29 50 SC Meter Backstroke

NATL: 24.55 N 11/3/2013 DARIAN TOWNSEND

VA: 27.49 V 11/5/2011 Kevin Mukri

1	Henderson, James A	25	1693	27.92
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Men 25-29 100 SC Meter Butterfly

NATL: 52.45 N 11/3/2013 DARIAN TOWNSEND

VA: 58.03 V 1/1/1994 Neill Williams

1	Scott, Christopher A	28	NERD	1:02.68
				28.79 1:02.68

Men 30-34 50 SC Meter Freestyle

NATL: 21.91 N 11/13/2016 DARIAN TOWNSEND

VA: 23.45 V 3/15/2008 Troy Johnson

1	Bochner, William	30	SCSC	26.21
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Men 30-34 100 SC Meter Freestyle

NATL: 48.08 N 9/27/2014 DARIAN TOWNSEND

VA: 52.23 V 3/24/2007 Troy Johnson

1	Bochner, William	30	SCSC	58.53
				27.56 58.53

Men 30-34 50 SC Meter Breaststroke

NATL: 28.01 N 12/7/2008 JEFF COMMINGS

VA: 29.94 V 11/3/2018 Martin Kata

1	Cieslak, Warren	32	UC12	31.98
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Men 30-34 50 SC Meter Butterfly

NATL: 24.37 N 12/5/2015 MILORAD CAVIC

VA: 25.96 V 12/2/2017 Warren Cieslak

1	Cieslak, Warren	32	UC12	26.94
2	Bochner, William	30	SCSC	28.38

Men 35-39 100 SC Meter Backstroke

NATL: 55.95 N 12/5/2004 MICHAEL ROSS

VA: 1:01.56 V 1/1/2000 Chris Stevenson

1	Harris, Samuel	37	NERD	1:06.82
				32.50 1:06.82

Men 35-39 200 SC Meter Breaststroke

NATL: 2:15.64 N 12/4/2011 STEVE WEST

VA: 2:47.58 V 2000 Patrick Ryan

1	Robbins, Michael W	39	NERD	2:56.93
				38.61 1:22.80 2:09.31 2:56.93

Men 35-39 50 SC Meter Butterfly

NATL: 23.12 N 11/18/2018 ROLAND SCHOEMAN

VA: 25.57 V 11/7/2009 Michael Picotte

1	Harris, Samuel	37	NERD	28.69
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Men 35-39 100 SC Meter IM

NATL: 56.36 N 12/2/2012 GLENN COUNTS

VA: 1:03.16 V 12/31/1997 John Tudor

1	Harris, Samuel	37	NERD	1:08.10
				31.04 1:08.10
2	Robbins, Michael W	39	NERD	1:11.49
				32.67 1:11.49

Men 40-44 50 SC Meter Freestyle

NATL: 23.13 N 8/15/2013 BRIAN JACOBSON

VA: 24.40 V 1/1/1997 John Tudor

1	Williams, Matthew	40	VMST	25.96
2	Driscoll, Keith	44	1693	29.69

Men 40-44 100 SC Meter Freestyle

NATL: 50.43 N 12/6/2008 MICHAEL ROSS

VA: 53.97 V 1/1/1997 John Tudor

1	Bengtson, Jon	42	NERD	1:01.59
				29.11 1:01.59
2	Driscoll, Keith	44	1693	1:05.27
				30.55 1:05.27

Men 40-44 200 SC Meter Freestyle

NATL: 1:50.08 N 12/6/2008 MICHAEL ROSS

VA: 2:03.56 V 11/4/2006 Chris Stevenson

1	Scharver, Christopher	43	VMST	2:22.61
				30.12 1:05.33 1:43.47 2:22.61
2	Adkins, Dana	42	1693	2:33.01
				33.43 1:10.94 1:51.81 2:33.01

Men 40-44 400 SC Meter Freestyle

NATL: 4:01.32 N 10/4/2009 ERIK HOCHSTEIN

VA: 4:17.35 V 10/27/2007 Chris Stevenson

1	Scharver, Christopher	43	VMST	5:12.37
				32.69 1:09.26 1:48.07 2:28.27
				3:09.54 3:50.71 4:31.94 5:12.37

2	Rodriguez, Jason	40	TIDE	5:36.35
				37.30 1:18.54 2:01.10 2:44.40
				3:27.80 4:10.91 4:53.74 5:36.35
3	Ahlgren, Kyle R	44	1693	5:41.76
				41.15 1:25.36 2:08.51 2:51.65
				3:34.78 4:17.84 5:00.58 5:41.76

Men 40-44 800 SC Meter Freestyle

NATL: 8:21.78 N 12/4/2011 ALEX KOSTICH

VA: 9:25.10 V 12/5/2008 Dave Holland

1	Rodriguez, Jason	40	TIDE	11:48.20
				37.61 1:20.80 2:05.71 2:50.64
				3:35.55 4:20.41 5:05.37 5:50.09
				6:34.85 7:19.77 8:04.88 8:50.03
				9:35.61 10:20.86 11:05.68 11:48.20

Men 40-44 1500 SC Meter Freestyle

NATL:16:09.32 N 12/4/2009 MIKE SHAFFER

VA:17:53.15 V 12/5/2008 Dave Holland

1	Scharver, Christopher	43	VMST	20:42.86
				34.77 1:13.52 1:53.17 2:33.44
				3:14.76 3:55.86 4:38.15 5:20.26
				6:02.27 6:44.56 7:26.91 8:09.10
				8:51.90 9:34.18 10:16.40 10:58.45
				11:39.60 12:22.10 13:04.29 13:46.31
				14:27.74 15:09.28 15:51.68 16:33.82
				17:16.23 17:58.61 18:40.63 19:22.46
				20:03.22 20:42.86
2	Ahlgren, Kyle R	44	1693	21:40.24
				41.23 1:26.01 2:10.69 2:55.40
				3:38.37 4:21.16 5:04.20 5:47.37
				6:30.77 7:14.37 7:57.97 8:41.71
				9:25.43 10:08.92 10:52.32 11:35.27
				12:18.50 13:02.08 13:45.51 14:28.95
				15:12.34 15:55.87 16:39.03 17:22.62
				18:06.34 18:50.24 19:33.30 20:16.41
				20:58.90 21:40.24

Men 40-44 100 SC Meter Backstroke

NATL: 54.85 N 12/7/2008 MICHAEL ROSS

VA: 55.90 V 12/5/2008 Chris Stevenson

1	Bengtson, Jon	42	NERD	1:10.66
				33.51 1:10.66

Men 40-44 200 SC Meter Backstroke

NATL: 2:03.84 N 12/14/2008 MICHAEL ROSS

VA: 2:04.96 V 12/5/2008 Chris Stevenson

1	Ahlgren, Kyle R	44	1693	2:53.10
				42.45 1:26.58 2:10.65 2:53.10

Men 40-44 50 SC Meter Breaststroke

NATL: 28.21 N 11/17/2018 JEFF COMMINGS

VA: 32.45 V 12/1/2018 Rich Williams

1	Scharver, Christopher	43	VMST	35.14
2	Williams, Rich	44	1693	36.11
3	Adkins, Dana	42	1693	40.71

Men 40-44 50 SC Meter Butterfly

NATL: 24.91 N 12/6/2008 MICHAEL ROSS

VA: 26.99 V 1/1/1997 John Tudor

1	Williams, Rich	44	1693	30.62
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(Men 40-44 50 SC Meter Butterfly)

2 Driscoll, Keith 44 1693 32.92

Men 40-44 100 SC Meter IM

NATL: 57.19 N 11/16/2014 JEFF COMMINGS

VA: 1:01.79 V 1/1/1997 John Tudor

1 Adkins, Dana 42 1693 1:18.58
37.23 1:18.58**Men 40-44 400 SC Meter IM**

NATL: 4:30.68 N 10/10/2014 ERIC CHRISTENSEN

VA: 5:03.86 V 12/10/2010 Dave Holland

1 Ahlgren, Kyle R 44 1693 6:25.22
46.35 1:37.99 2:23.89 3:07.90
4:05.05 5:01.53 5:43.98 6:25.22**Men 45-49 50 SC Meter Freestyle**

NATL: 23.58 N 11/13/2016 SIPHIWE BALEKA

VA: 25.92 V 5/16/2008 David Malsbury

1 Walter, Joseph 48 NCMS 27.85
2 Schneider, Chris 48 NERD 29.07**Men 45-49 100 SC Meter Freestyle**

NATL: 52.54 N 12/2/2007 PAUL SMITH

VA: 54.77 V 12/10/2010 Chris Stevenson

1 Gill, Thomas 48 1693 1:07.95
32.48 1:07.95**Men 45-49 400 SC Meter Freestyle**

NATL: 4:09.19 N 11/1/2009 KEITH SWITZER

VA: 4:16.19 V 12/1/2012 Chris Stevenson

1 Walter, Joseph 48 NCMS 4:38.44
30.39 1:03.23 1:37.31 2:12.20
2:47.78 3:24.35 4:01.64 4:38.44**Men 45-49 1500 SC Meter Freestyle**

NATL:16:37.25 N 10/15/2011 KEITH SWITZER

VA:19:22.93 V 5/4/2007 Jim McFarland

1 Pardo, Robert 46 NCMS 19:48.08
36.18 1:14.75 1:53.48 2:32.54
3:11.72 3:51.21 4:30.75 5:10.45
5:50.24 6:29.66 7:09.30 7:48.63
8:28.04 9:07.48 9:47.08 10:26.90
11:06.33 11:46.07 12:26.07 13:05.90
13:45.96 14:25.93 15:06.03 15:46.42
16:26.89 17:07.22 17:47.49 18:28.09
19:08.78 19:48.08**Men 45-49 50 SC Meter Butterfly**

NATL: 25.74 N 12/13/2009 FRITZ BEDFORD

VA: 25.78 V 12/11/2009 Chris Stevenson

1 Gill, Thomas 48 1693 33.65

Men 45-49 100 SC Meter IM

NATL: 1:00.09 N 11/13/2016 SIPHIWE BALEKA

VA: 1:02.18 V 3/20/2010 Chris Stevenson

1 Gill, Thomas 48 1693 1:18.63
37.11 1:18.63**Men 50-54 50 SC Meter Freestyle**

NATL: 23.38 N 10/18/2009 ROWDY GAINES

VA: 25.47 V 11/7/2015 Gregory Harris

1 Gill, Bill 52 TIDE 32.81

Men 50-54 100 SC Meter Freestyle

NATL: 51.61 N 10/17/2009 ROWDY GAINES

VA: 56.67 V 7/21/2016 Gregory Harris

1 Frentsos, Jerome 54 DCAC 58.05
28.32 58.05
2 Gill, Bill 52 TIDE 1:18.26
36.27 1:18.26**Men 50-54 50 SC Meter Butterfly**

NATL: 25.74 N 12/8/2018 STEVE HILTABIDDLE

VA: 28.98 V 11/7/2015 Gregory Harris

1 Lynch, Ted 50 1693 31.77
2 Gill, Bill 52 TIDE 43.54**Men 50-54 100 SC Meter Butterfly**

NATL: 57.29 N 12/2/2007 PAUL CARTER

VA: 1:10.06 V 11/5/2016 Gregory Harris

1 Frentsos, Jerome 54 DCAC 1:05.19
29.99 1:05.19**Men 50-54 200 SC Meter Butterfly**

NATL: 2:10.52 N 5/21/2016 MIKE SHAFFER

VA: 2:45.20 V 8/21/2004 Jeffrey Krongaard

1 Frentsos, Jerome 54 DCAC 2:28.79
32.68 1:09.92 1:49.33 2:28.79**Men 50-54 200 SC Meter IM**

NATL: 2:12.85 N 5/17/2015 JEROME FRENTSOS

VA: 2:25.23 V 12/5/2015 Gregory Harris

1 Frentsos, Jerome 54 DCAC 2:20.43
30.79 1:06.57 1:47.24 2:20.43
2 Lynch, Ted 50 1693 2:41.38
33.50 1:16.38 2:05.40 2:41.38**Men 50-54 400 SC Meter IM**

NATL: 4:45.15 N 5/18/2015 JEROME FRENTSOS

VA: 5:22.50 V 7/21/2016 Gregory Harris

1 Frentsos, Jerome 54 DCAC 5:11.58
32.01 1:08.74 1:47.91 2:27.20
3:11.58 3:57.02 4:34.41 5:11.58**Men 55-59 50 SC Meter Freestyle**

NATL: 24.66 N 10/10/2015 STEVE WOOD

VA: 25.66 V 10/12/2018 Gregory Harris

1 Harris, Gregory 56 VMST 26.30
2 Beristain, Nahum 58 TIDE 30.70
3 Barron, Daniel 56 FAFF 36.08
4 Arthur, Patrick 57 UC12 43.47**Men 55-59 100 SC Meter Freestyle**

NATL: 54.50 N 4/5/2009 JACK GROSELLE

VA: 55.78 V 10/12/2018 Gregory Harris

1 Beristain, Nahum 58 TIDE 1:08.37
32.47 1:08.37
2 Barron, Daniel 56 FAFF 1:26.53
41.63 1:26.53

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Men 55-59 200 SC Meter Freestyle

NATL: 1:59.08 N 11/21/2009 MICHAEL MANN

VA: 2:09.84 V 10/12/2018 Gregory Harris

1 Gardner, Kenneth	57 VMST	3:27.44
45.58	1:39.73	2:35.51 3:27.44

Men 55-59 400 SC Meter Freestyle

NATL: 4:16.03 N 11/22/2009 MICHAEL MANN

VA: 4:27.63 V 3/3/2018 Len Gushe

1 Shea, Mark	55 VMST	5:37.02
38.47	1:19.27	2:00.91 2:43.58
3:26.10	4:09.46	4:53.56 5:37.02
2 McLeod, Gregor	59 NERD	5:40.24
35.94	1:15.00	1:56.29 2:39.31
3:23.06	4:08.07	4:55.59 5:40.24
3 Gardner, Kenneth	57 VMST	7:42.38
47.34	1:42.88	2:42.45 3:41.33
4:41.87	5:41.11	6:42.65 7:42.38

Men 55-59 800 SC Meter Freestyle

NATL: 8:51.34 N 11/21/2009 MICHAEL MANN

VA: 9:20.54 V 3/17/2018 Len Gushe

1 Shea, Mark	55 VMST	11:41.76
41.37	1:25.37	2:09.99 2:54.19
3:38.25	4:23.77	5:53.14 6:37.15
7:20.82	8:04.79	8:48.44 9:32.10
10:16.12	10:59.85	11:55.02 11:41.76

Men 55-59 1500 SC Meter Freestyle

NATL: 17:14.15 N 10/2/2005 JIM MC CONICA

VA: 20:15.83 V 11/3/2018 Jorge Cortina

1 Smith, Stratton	55 NCMS	19:37.82
36.17	1:14.56	1:53.37 2:32.69
3:12.20	3:51.54	4:31.33 5:11.05
5:50.43	6:30.16	7:09.93 7:49.59
8:29.33	9:08.83	9:48.27 10:27.47
11:06.68	11:46.41	12:25.40 13:04.60
13:44.48	14:23.90	15:03.57 15:43.37
16:22.65	17:01.96	17:41.36 18:20.75
18:59.62	19:37.82	

Men 55-59 50 SC Meter Backstroke

NATL: 27.62 N 10/10/2015 STEVE WOOD

VA: 30.50 V 3/3/2018 Len Gushe

1 Barron, Daniel	56 FAFF	49.43
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Men 55-59 100 SC Meter Backstroke

NATL: 1:00.78 N 10/20/2018 FRITZ BEDFORD

VA: 1:03.74 V 11/30/2018 Len Gushe

1 Harris, Gregory	56 VMST	1:11.06
35.33	1:11.06	

Men 55-59 50 SC Meter Breaststroke

NATL: 30.37 N 12/17/2016 DAVID GUTHRIE

VA: 32.13 V 11/3/2018 Gregory Harris

1 Harris, Gregory	56 VMST	32.28
2 Arthur, Patrick	57 UC12	50.48

Men 55-59 100 SC Meter Breaststroke

NATL: 1:06.80 N 12/18/2016 DAVID GUTHRIE

VA: 1:10.32 V 10/12/2018 Gregory Harris

1 Barron, Daniel	56 FAFF	2:27.78
1:09.93	2:27.78	

Men 55-59 50 SC Meter Butterfly

NATL: 26.55 N 10/20/2018 FRITZ BEDFORD

VA: 28.90 V 10/12/2018 Gregory Harris

1 Harris, Gregory	56 VMST	29.61
2 Beristain, Nahum	58 TIDE	33.52
3 Barron, Daniel	56 FAFF	49.75

Men 55-59 100 SC Meter Butterfly

NATL: 1:00.10 N 12/1/2017 DAVID SIMS

VA: 1:07.52 V 10/12/2018 Len Gushe

1 McLeod, Gregor	59 NERD	1:15.92
34.04	1:15.92	

Men 55-59 100 SC Meter IM

NATL: 1:01.76 N 10/10/2015 STEVE WOOD

VA: 1:04.09 V 3/3/2018 Gregory Harris

1 Harris, Gregory	56 VMST	1:06.64
31.19	1:06.64	
2 Barron, Daniel	56 FAFF	1:56.92
47.86	1:56.92	

Men 55-59 200 SC Meter IM

NATL: 2:16.44 N 11/22/2009 MICHAEL MANN

VA: 2:23.97 V 10/12/2018 Gregory Harris

1 Beristain, Nahum	58 TIDE	2:51.15
35.08	1:18.01	2:06.91 2:51.15

Men 55-59 400 SC Meter IM

NATL: 4:51.97 N 11/21/2009 MICHAEL MANN

VA: 5:03.37 V 3/17/2018 Len Gushe

1 Smith, Stratton	55 NCMS	5:41.41
37.37	1:19.25	2:03.56 2:46.00
3:36.57	4:26.46	5:04.56 5:41.41

Men 60-64 50 SC Meter Freestyle

NATL: 24.90 N 12/3/2006 RICHARD ABRAHAMAS

VA: 28.34 V 11/6/2010 Scott Kauffman

1 Cortina, Jorge	60 VMST	28.36
2 Plough, Robert	63 UC13	30.44
3 Gay, Kent	61 NYMS	30.71
4 McFarland, Jim	61 VMST	31.83
5 Moore, Jonathan	61 NERD	32.03
6 Cowling, Frank H	60 UC12	32.45
7 Bailey, Steve	61 TIDE	33.58
8 Radam, Robert	63 NERD	34.02
9 Donlan, John	64 YOBY	34.34
10 Speer, David	60 VMST	54.69

Men 60-64 100 SC Meter Freestyle

NATL: 55.87 N 5/17/2014 JACK GROSELLE

VA: 1:04.20 V 11/3/2018 Douglas Slater

1 Plough, Robert	63 UC13	1:07.23
32.65	1:07.23	
2 Gay, Kent	61 NYMS	1:11.08
34.68	1:11.08	

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(Men 60-64 100 SC Meter Freestyle)

3	Cowling, Frank H	60	UC12	1:15.34
	36.15	1:15.34		
4	Bailey, Steve	61	TIDE	1:16.53
	36.95	1:16.53		
5	Donlan, John	64	YOBX	1:18.71
	38.93	1:18.71		
6	Stone, Bryan	63	VMST	1:28.46
	41.39	1:28.46		

Men 60-64 200 SC Meter Freestyle

NATL: 2:01.65 N 11/21/2015 RICK COLELLA

VA: 2:12.18 V 5/23/2005 John Calvert

1	McFarland, Jim	61	VMST	2:33.53
	35.54	1:14.27	1:53.81	2:33.53
2	Trivette, Robert P	63	YOBX	2:39.14
	37.07	1:17.41	1:58.47	2:39.14
3	Cowling, Frank H	60	UC12	2:51.23
	37.38	1:19.58	2:06.83	2:51.23
4	Donlan, John	64	YOBX	3:12.60
	45.08	1:34.49	2:26.09	3:12.60

Men 60-64 400 SC Meter Freestyle

NATL: 4:29.92 N 12/2/2017 DAN STEPHENSON

VA: 4:43.69 V 5/23/2005 John Calvert

1	McFarland, Jim	61	VMST	5:28.46
	38.26	1:19.08	2:00.61	2:42.57
	3:24.13	4:05.72	4:47.31	5:28.46
2	Saks, Mitch	61	VMST	5:53.95
	42.60	1:27.24	2:11.86	2:56.39
	3:41.23	4:25.76	5:10.36	5:53.95
3	Bailey, Steve	61	TIDE	6:07.26
	40.05	1:25.06	2:12.65	3:00.07
	3:46.94	4:34.33	5:22.12	6:07.26

Men 60-64 1500 SC Meter Freestyle

NATL:17:53.29 N 11/30/2018 ANDREW BRAY

VA:21:06.39 V 11/5/2016 William Throne

1	Cortina, Jorge	60	VMST	20:46.35V
	37.72	1:18.09	1:59.12	2:40.45
	3:22.18	4:03.67	4:44.87	5:25.98
	6:07.21	6:48.71	7:29.99	8:11.62
	8:53.38	9:35.17	10:16.84	10:58.41
	11:40.40	12:22.64	13:04.69	13:46.73
	14:29.28	15:11.45	15:53.81	16:36.49
	17:18.68	18:00.61	18:42.79	19:24.78
	20:06.56	20:46.35		
2	Saks, Mitch	61	VMST	23:00.73
	42.70	1:28.03	2:14.15	3:00.31
	3:45.77	4:31.68	5:17.35	6:03.31
	6:49.03	7:35.17	8:21.53	9:07.88
	9:54.00	10:40.19	11:26.66	12:12.76
	12:59.43	13:45.90	14:32.37	15:18.65
	16:05.27	16:51.70	17:38.41	18:25.19
	19:11.39	19:57.30	20:43.47	21:30.05
	22:16.20	23:00.73		

Men 60-64 50 SC Meter Backstroke

NATL: 29.64 N 3/29/2014 PHILIPP DJANG

VA: 33.91 V 11/3/2018 Douglas Slater

1	Trivette, Robert P	63	YOBX	38.04
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Men 60-64 100 SC Meter Backstroke

NATL: 1:04.13 N 11/13/2016 TOM BARTON

VA: 1:15.84 V 11/3/2018 Douglas Slater

1	Trivette, Robert P	63	YOBX	1:20.08
	38.71	1:20.08		
2	Plough, Robert	63	UC13	1:21.70
	1:21.62	1:21.70		
3	Stone, Bryan	63	VMST	1:49.35
	52.51	1:49.35		

Men 60-64 200 SC Meter Backstroke

NATL: 2:20.38 N 11/12/2016 TOM BARTON

VA: 2:30.96 V 5/23/2005 John Calvert

1	Trivette, Robert P	63	YOBX	2:54.44
	41.91	1:26.08	2:10.50	2:54.44
2	Swiger, Ralph B	63	VMST	4:08.24
	1:01.09	2:03.64	3:06.02	4:08.24

Men 60-64 50 SC Meter Breaststroke

NATL: 31.51 N 11/21/2015 RICK COLELLA

VA: 38.56 V 11/27/2006 Warner Brundage

1	Neubauer, Kenneth	61	UC12	37.91V
2	Stone, Bryan	63	VMST	51.24

Men 60-64 100 SC Meter Breaststroke

NATL: 1:09.92 N 11/21/2015 RICK COLELLA

VA: 1:25.88 V 11/27/2006 Warner Brundage

1	Neubauer, Kenneth	61	UC12	1:24.24V
	40.49	1:24.24		
2	Trivette, Robert P	63	YOBX	1:36.33
	45.98	1:36.33		

Men 60-64 200 SC Meter Breaststroke

NATL: 2:37.61 N 11/13/2011 RICK COLELLA

VA: 3:08.22 V 11/27/2006 Warner Brundage

1	Neubauer, Kenneth	61	UC12	3:06.21V
	43.97	1:31.23	2:18.81	3:06.21
2	Swiger, Ralph B	63	VMST	4:22.41
	58.92	2:05.85	3:14.99	4:22.41

Men 60-64 50 SC Meter Butterfly

NATL: 27.40 N 5/25/2019 BRUCE KONE

VA: 31.48 V 11/6/2010 Scott Kauffman

1	Plough, Robert	63	UC13	33.61
2	Bailey, Steve	61	TIDE	39.50
3	Stone, Bryan	63	VMST	51.89

Men 60-64 100 SC Meter Butterfly

NATL: 1:03.76 N 12/3/2006 RICH ABRAHAMS

VA: 1:14.55 V 3/17/2012 John Mccorkle

1	Stone, Bryan	63	VMST	1:57.64
	53.33	1:57.64		
2	Swiger, Ralph B	63	VMST	2:15.16
	1:05.36	2:15.16		

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Men 60-64 200 SC Meter Butterfly

NATL: 2:23.29 N 11/22/2015 RICK COLELLA

VA: 3:13.57 V 2000 William Irwin

1	Swiger, Ralph B	63	VMST	4:57.08
	1:10.55	2:29.26	3:46.88	4:57.08

Men 60-64 100 SC Meter IM

NATL: 1:04.23 N 3/21/2015 RICK COLELLA

VA: 1:15.21 V 11/3/2018 Douglas Slater

1	Cortina, Jorge	60	VMST	1:16.02
	36.06	1:16.02		
2	Radam, Robert	63	NERD	1:29.85
	42.75	1:29.85		
3	Cowling, Frank H	60	UC12	1:32.80
	41.70	1:32.80		
4	Stone, Bryan	63	VMST	1:46.20
	50.23	1:46.20		

Men 60-64 200 SC Meter IM

NATL: 2:19.96 N 3/21/2015 RICK COLELLA

VA: 2:30.48 V 5/23/2005 John Calvert

1	Swiger, Ralph B	63	VMST	4:13.45
	1:01.35	2:06.30	3:15.67	4:13.45

Men 60-64 400 SC Meter IM

NATL: 5:04.54 N 11/13/2011 RICK COLELLA

VA: 6:03.63 V 12/2/2016 William Throne

1	Swiger, Ralph B	63	VMST	9:05.47
	1:06.71	2:18.48	3:30.14	4:38.10
	5:52.03	7:04.05	8:04.17	9:05.47

Men 65-69 50 SC Meter Freestyle

NATL: 25.42 N 3/3/2018 DOUG MARTIN

VA: 30.15 V 11/4/2017 Craig Bauer

1	Nelson, Bill L	66	VMST	38.95
2	Belfit, Scott	68	VMST	39.86
3	Miller, Jamie	65	NCMS	50.81

Men 65-69 100 SC Meter Freestyle

NATL: 57.78 N 5/26/2019 JACK GROSELLE

VA: 1:07.84 V 11/4/2017 Craig Bauer

1	Hill, Harvey F	65	TIDE	1:21.02
	39.79	1:21.02		
2	Nelson, Bill L	66	VMST	1:31.66
	42.60	1:31.66		
3	Belfit, Scott	68	VMST	1:34.23
	44.74	1:34.23		
4	Miller, Jamie	65	NCMS	2:00.75
	55.88	2:00.75		

Men 65-69 200 SC Meter Freestyle

NATL: 2:07.56 N 11/19/2016 RICK COLELLA

VA: 2:42.76 V 3/21/2009 Warner Brundage

1	Hill, Harvey F	65	TIDE	3:03.06
	43.91	1:30.34	2:17.77	3:03.06
2	Belfit, Scott	68	VMST	3:23.92
	46.99	1:40.46	2:33.39	3:23.92

Men 65-69 400 SC Meter Freestyle

NATL: 4:27.91 N 11/19/2017 RICK COLELLA

VA: 5:57.52 V 12/5/2008 Warner Brundage

1	Belfit, Scott	68	VMST	7:18.32
	49.70	1:45.12	2:41.22	3:36.59
	4:31.51	5:26.92	6:22.80	7:18.32

Men 65-69 1500 SC Meter Freestyle

NATL:18:53.75 N 4/2/2015 JIM MC CONICA

VA:27:07.53 V 11/3/2018 Wes Burwell

1	Burwell, Wes	66	SHYM	26:13.28V
	45.51	1:36.15	2:26.89	
	3:19.37	4:12.49	5:04.90	
	5:57.17	6:51.82	7:44.74	
	8:37.62	9:31.38	10:23.46	11:16.72
		12:09.66	13:02.09	13:55.12
		14:47.84	15:39.93	16:32.97
		17:24.19	18:17.65	19:10.01
	20:03.06	20:56.49	21:49.46	26:13.28

Men 65-69 100 SC Meter Backstroke

NATL: 1:07.69 N 12/1/2012 HUGH WILDER

VA: 1:29.26 V 11/7/2009 Warner Brundage

1	Hill, Harvey F	65	TIDE	1:31.47
	46.11	1:31.47		

Men 65-69 200 SC Meter Backstroke

NATL: 2:31.16 N 3/17/2018 LAWRENCE DAY

VA: 3:09.17 V 11/7/2009 Warner Brundage

1	Hill, Harvey F	65	TIDE	3:15.64
	48.46	1:37.92	2:27.83	3:15.64

Men 65-69 50 SC Meter Breaststroke

NATL: 32.50 N 11/20/2016 RICK COLELLA

VA: 40.15 V 11/4/2017 Craig Bauer

1	Nelson, Bill L	66	VMST	52.45
2	Miller, Jamie	65	NCMS	58.12

Men 65-69 100 SC Meter Breaststroke

NATL: 1:13.16 N 11/19/2016 RICK COLELLA

VA: 1:29.03 V 12/5/2008 Warner Brundage

1	Miller, Jamie	65	NCMS	2:22.90
	1:06.16	2:22.90		

Men 65-69 50 SC Meter Butterfly

NATL: 28.65 N 3/3/2018 DOUG MARTIN

VA: 36.33 V 12/8/2007 Gabe Kuzman

1	Miller, Jamie	65	NCMS	1:05.91
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Men 65-69 100 SC Meter IM

NATL: 1:05.43 N 11/19/2016 RICK COLELLA

VA: 1:21.36 V 12/5/2009 Warner Brundage

1	Miller, Jamie	65	NCMS	2:31.61
	1:13.83	2:31.61		

Men 70-74 50 SC Meter Freestyle

NATL: 26.88 N 10/10/2015 RICHARD ABRAHAMS

VA: 34.80 V 11/2/2013 Randy Wise

1	Whiteway, Roger	73	VMST	36.77
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Men 70-74 100 SC Meter Freestyle

NATL: 1:01.70 N 5/17/2015 RICHARD ABRAHAMS

VA: 1:17.50 V 3/15/2014 Warner Brundage

1 Slaughter, James	74 VMST	1:39.16
49.00	1:39.16	

Men 70-74 200 SC Meter Freestyle

NATL: 2:19.63 N 11/17/2018 DAN KIRKLAND

VA: 2:51.30 V 12/7/2013 Warner Brundage

1 Slaughter, James	74 VMST	3:39.50
49.97	1:44.18	2:41.40
		3:39.50

Men 70-74 400 SC Meter Freestyle

NATL: 4:56.95 N 11/18/2018 DAN KIRKLAND

VA: 6:16.15 V 11/8/2014 Warner Brundage

1 Slaughter, James	74 VMST	7:49.09
54.13	1:52.38	2:51.63
4:52.06	5:52.02	6:52.13
		7:49.09

Men 70-74 1500 SC Meter Freestyle

NATL:19:46.94 N 1/13/2019 DAN KIRKLAND

VA:26:52.19 V 7/21/2016 James Slaughter

1 Cothren, Jack	70 BUMS	25:28.19
43.31	1:31.87	2:21.48
3:11.77	4:01.90	4:52.03
5:42.12	6:30.73	7:22.96
8:14.16	9:05.39	9:56.52
	11:38.93	12:30.40
	14:13.59	15:04.85
	16:48.68	17:40.97
		18:33.17
19:25.03	20:17.49	21:10.63
		25:28.19

Men 70-74 50 SC Meter Breaststroke

NATL: 35.97 N 3/6/2016 ROBERT STRAND

VA: 43.87 V 12/7/2013 Terry Gernstein

1 Whiteway, Roger	73 VMST	49.23
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Men 70-74 100 SC Meter Breaststroke

NATL: 1:19.04 N 5/21/2016 DOUGLAS SPRINGER

VA: 1:41.31 V 12/7/2013 Terry Gernstein

1 Whiteway, Roger	73 VMST	1:51.60
52.14	1:51.60	

Men 70-74 200 SC Meter Breaststroke

NATL: 2:55.87 N 3/5/2016 ROBERT STRAND

VA: 3:52.82 V 3/17/2012 Edward Gaulrapp

1 Slaughter, James	74 VMST	5:11.53
1:16.21	2:34.93	3:53.51
		5:11.53

Men 75-79 50 SC Meter Freestyle

NATL: 28.93 N 10/13/2019 DAVID QUIGGIN

VA: 37.41 V 5/8/2010 Owen Maher

1 Wise, Randolph	77 VMST	39.11
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Men 75-79 100 SC Meter Freestyle

NATL: 1:04.80 N 10/13/2019 DAVID QUIGGIN

VA: 1:29.29 V 5/11/2006 Charles Erwin

1 Frogley, Christopher	76 VMST	1:42.93
48.59	1:42.93	

Men 75-79 200 SC Meter Freestyle

NATL: 2:26.94 N 10/12/2019 DAVID QUIGGIN

VA: 3:07.23 V 11/3/2018 Warner Brundage

1 Frogley, Christopher	76 VMST	3:56.11
52.48	1:51.45	2:53.70
		3:56.11

Men 75-79 400 SC Meter Freestyle

NATL: 5:15.10 N 4/18/2009 DAVID RADCLIFF

VA: 6:43.00 V 5/11/2006 Charles Erwin

1 Frogley, Christopher	76 VMST	9:48.13
56.79	2:01.25	3:08.15
5:22.07	6:29.79	7:36.82
		9:48.13

Men 75-79 50 SC Meter Breaststroke

NATL: 38.35 N 7/24/2016 MIKE FRESHLEY

VA: 46.13 V 9/30/2017 Terry Gernstein

1 Frogley, Christopher	76 VMST	1:00.57
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Men 75-79 50 SC Meter Butterfly

NATL: 32.41 N 12/1/2018 RICHARD BURNS

VA: 46.14 V 11/6/2010 Owen Maher

1 Wise, Randolph	77 VMST	41.99V
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Men 80-84 50 SC Meter Freestyle

NATL: 31.25 N 12/2/2017 JEFF FARRELL

VA: 46.73 V 3/30/2019 David Nicholas

1 Russ, Carl	84 VMST	1:01.60
2 Ramaekers Jr., Frank	80 UC12	1:23.76

Men 80-84 100 SC Meter Freestyle

NATL: 1:11.26 N 9/27/2014 DAVID RADCLIFF

VA: 1:44.18 V 3/30/2019 David Nicholas

1 Russ, Carl	84 VMST	2:29.94
		1:11.73
		2:29.94

Men 80-84 200 SC Meter Freestyle

NATL: 2:38.25 N 9/28/2014 DAVID RADCLIFF

VA: 3:53.19 V 11/4/2006 Calvin Barnes

1 Ramaekers Jr., Frank	80 UC12	6:37.71
3:18.36	5:01.18	6:36.93
		6:37.71

Men 80-84 50 SC Meter Backstroke

NATL: 37.82 N 11/15/2014 YOSHI OYAKAWA

VA: 50.71 V 5/13/2004 Calvin Barnes

1 Russ, Carl	84 VMST	1:08.69
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Men 80-84 100 SC Meter Backstroke

NATL: 1:23.24 N 11/11/2017 DAVID COSTILL

VA: 1:52.94 V 5/13/2004 Calvin Barnes

1 Russ, Carl	84 VMST	2:26.36
		1:11.83
		2:26.36

Men 85-89 100 SC Meter Backstroke

NATL: 1:32.98 N 12/2/2017 CLARKE MITCHELL

VA: 2:12.42 V 11/6/2010 Calvin Barnes

1 Newbury, Alfred	85 VMST	2:26.71
		1:12.03
		2:26.71

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Men 85-89 200 SC Meter Backstroke

NATL: 3:49.41 N 10/11/2019 CLARKE MITCHELL

VA: 4:33.11 V 11/6/2010 Calvin Barnes

1 Newbury, Alfred	85 VMST	5:07.69
1:10.44	2:28.47	3:47.66 5:07.69

Women 160-199 400 SC Meter Medley Relay

NATL: 4:43.31 N 12/15/1998 SAN DIEGO SWIM MASTER

K PIPES-NEILSEN, C KRATTLI, B DUNBAR, B KNIGHT

1 VMST	C	6:23.02
1) Zhang, Ying W56	2) Cobb, Dianne W64	
3) Shepard, Megan W29	4) Letendre, Denise W31	
41.57	1:23.61	2:15.78 3:16.00
4:09.98	5:13.64	5:46.06 6:23.02

Women 200-239 800 SC Meter Freestyle Relay

NATL: 9:29.43 N 12/6/2013 UCLA BRUIN MASTERS

V HIBBEN, C CIRAULO, L DODD, E STEBBINS

1 VMST	C	11:48.55
1) Dickens, Susan R W58	2) Cobb, Dianne W64	
3) Speer, Nancy W57	4) Letendre, Denise W31	
40.65	1:27.98	2:18.04 3:07.75
3:53.67	4:45.51	5:37.29 6:27.11
7:06.12	7:50.66	8:36.08 9:20.37
9:53.37	10:30.25	11:09.31 11:48.55

Women 240-279 200 SC Meter Freestyle Relay

NATL: 2:02.15 N 3/5/2016 UCLA

J HIRSTY, C CIRAULO, J COOK, V HIBBEN

VA: 2:44.66 V 12/5/2008 VMST

J Martin, B Durrant, L Walker, A Meehan

1 VMST	A	2:34.10V
1) Loftus-Charley, Shirley A W	2) Barry, Marcia W71	
3) Letendre, Claire W34	4) Boslego, Barbara W68	
35.85	1:16.49	1:52.68 2:34.10

Women 400 SC Meter Freestyle Relay

NATL: 4:30.74 N 3/6/2016 UCLA

J HIRSTY, C CIRAULO, J COOK, V HIBBEN

VA: 6:12.59 V 12/5/2008 VMST

B Durrant, J Martin, L Walker, A Meehan

1 VMST	A	5:39.95V
1) Barry, Marcia W71	2) Letendre, Claire W34	
3) Boslego, Barbara W68	4) Loftus-Charley, Shirley A W	
41.87	1:26.46	2:05.37 2:48.25
3:31.86	4:22.44	4:59.94 5:39.95

Women 240-279 800 SC Meter Freestyle Relay

NATL:10:25.22 N 11/8/2015 NORTH TEXAS LONESTARS

K HENDERSON, L MORRISON, H ERNST, J HIRSTY

VA:11:41.12 V 11/3/2018 VMST

S Loftus-Charley, S Dickens, N Speer, M Barry

1 VMST	A	12:05.14
1) Loftus-Charley, Shirley A W	2) Letendre, Claire W34	
3) Boslego, Barbara W68	4) Barry, Marcia W71	
37.75	1:18.63	2:00.20 2:41.14
3:19.45	4:02.42	4:47.00 5:30.77
6:16.60	7:10.00	8:05.51 8:58.60
9:42.03	10:29.45	11:17.77 12:05.14

Women 240-279 200 SC Meter Medley Relay

NATL: 2:19.60 N 11/14/2015 NORTH TEXAS LONESTARS

M BAILEY, K MACCUDY, L MORRISON, C MCKELVEY

VA: 3:12.89 V 11/8/2008 VMST

J Martin, B Boslego, I Hlavacek, L Walker

1 VMST	A	2:55.31V
1) Barry, Marcia W71	2) Boslego, Barbara W68	
3) Loftus-Charley, Shirley A W	4) Letendre, Claire W34	
46.11	1:39.72	2:23.20
2:55.31		

Women 240-279 400 SC Meter Medley Relay

NATL: 5:12.09 N 11/10/2018 OREGON MASTERS

K ANDRUS-HUGHES, C CRABBE, L WORDEN, A DELMAGE

1 VMST	A	6:39.33
1) Barry, Marcia W71	2) Boslego, Barbara W68	
3) Loftus-Charley, Shirley A W	4) Letendre, Claire W34	
50.31	1:42.90	2:40.02 3:45.14
4:28.05	5:55.57	6:39.42 6:39.33

Women 320-359 200 SC Meter Freestyle Relay

NATL: 3:25.71 N 10/13/2002 FLORIDA MAVERICK MAST

J TROY, K SCHIMPF, G ZINT, F CARR

VA: 3:35.14 V 11/7/2015 VMST

L Walker, T Sokolik, J Meredith, M Barry

1 VMST	B	4:10.42
1) Hanna, Sandra W79	2) Meredith, Jeanne W91	
3) Marens, Susan W77	4) Walker, Laura W82	
1:12.53	2:24.46	3:21.06 4:10.42

Men 160-199 200 SC Meter Freestyle Relay

NATL: 1:35.44 N 11/16/2008 LONGHORN AQUATICS

T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE

VA: 1:49.86 V 11/3/2018 1693

D Slater, A Maholchic, M Lovett, R Williams

1 1693	A	1:58.81
1) Adkins, Dana M42	2) Driscoll, Keith M44	
3) Gill, Thomas M48	4) Lynch, Ted M50	
30.12	59.17	1:29.98 1:58.81

Men 160-199 200 SC Meter Medley Relay

NATL: 1:45.13 N 11/16/2008 LONGHORN AQUATICS

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

VA: 2:09.62 V 11/18/2012 VMST

K Clear, S Gomez, S Joseph, W Duncan

1 1693	A	2:03.52V
1) Henderson, James A M25	2) Williams, Rich M44	
3) Lynch, Ted M50	4) Driscoll, Keith M44	
28.36	1:03.85	2:03.70
2:03.52		

Men 200-239 400 SC Meter Medley Relay

NATL: 3:59.68 N 12/2/2012 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

1 VMST	D	5:48.54
1) Scharver, Christopher M43	2) Whiteway, Roger M73	
3) Harris, Gregory M56	4) Saks, Mitch M61	
37.85	1:20.07	2:12.19 3:13.87
3:48.49	4:29.62	5:06.70 5:48.54

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Results - Nov 2, 2019**

Men 240-279 200 SC Meter Freestyle Relay

NATL: 1:43.21 N 10/14/2012 BLU FROG TEAM

R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOHLKEN

VA: 2:33.30 V 2000 VMST

C Dorman, C Russ, F Sullivan, C Barnes

1 VMST	C	2:35.20
1) Cortina, Jorge M60	2) Stone, Bryan M63	
3) Swiger, Ralph B M63	4) Gardner, Kenneth M57	
29.77	1:08.86	1:31.96 2:35.20

Men 240-279 800 SC Meter Freestyle Relay

NATL: 8:50.43 N 12/4/2015 VENTURA COUNTY MASTE

J MC CONICA, G GRUBER, M BLATT, M SHAFFER

VA:11:34.47 V 11/3/2018 VMST

V Mickunas, M Saks, J McFarland, K Murray

1 VMST	B	13:04.91
1) Cortina, Jorge M60	2) Slaughter, James M74	
3) Swiger, Ralph B M63	4) Stone, Bryan M63	
36.78	1:16.51	1:56.51 2:35.71
3:23.71	4:18.09	5:16.64 6:12.97
7:02.02	7:55.66	8:49.47 9:42.27
10:24.51	11:18.77	12:14.55 13:04.91

Men 240-279 200 SC Meter Medley Relay

NATL: 1:54.15 N 11/10/2018 RICE AQUATIC MASTERS

J YARID, D GUTHRIE, J FIELDS, B WILLIAMS

VA: 3:06.38 V 2000 VMST

F Sullivan, N Rainer, D Sedberry, C Barnes

1 VMST	C	3:33.45
1) Stone, Bryan M63	2) Slaughter, James M74	
3) Swiger, Ralph B M63	4) Frogley, Christopher M76	
49.98	1:50.95	2:51.68
3:33.45		

Men 400 SC Meter Freestyle Relay

NATL: 4:21.85 N 10/11/2015 GOLD COAST MASTERS

L CHILDS, J SODERSTROM, K LODWIG, D QUIGGIN

VA: 6:57.85 V 11/3/2018 VMST

C Russ, J Slaughter, R Swiger, B Stone

1 VMST	B	6:55.09V
1) Russ, Carl M84	2) Slaughter, James M74	
3) Swiger, Ralph B M63	4) Stone, Bryan M63	
21.95	1:05.01	2:20.82 3:07.65
3:55.52	4:41.48	5:31.18 6:55.09

Men 280-319 400 SC Meter Medley Relay

NATL: 4:59.48 N 5/25/2019 VENTURA COUNTY MASTE

S HECK, H KERNS, G GRUBER, B ROLLINS

VA: 8:06.27 V 11/3/2018 VMST

A Newbury, J Slaughter, R Swiger, B Stone

1 VMST	B	8:18.90
1) Newbury, Alfred M85	2) Stone, Bryan M63	
3) Swiger, Ralph B M63	4) Slaughter, James M74	
1:14.92	2:34.75	3:01.51 3:25.76
3:50.10	4:30.28	4:52.77 8:18.90

Men 320-359 200 SC Meter Freestyle Relay

NATL: 2:25.21 N 12/3/2006 SAN DIEGO SWIM MASTER

F PIEMME, J SCHMIDT, D WEBSTER, K KIMBALL

1 VMST	D	3:31.44
1) Newbury, Alfred M85	2) Russ, Carl M84	
3) Wise, Randolph M77	4) Frogley, Christopher M76	
1:08.28	2:09.97	2:49.91 3:31.44

Mixed 160-199 200 SC Meter Freestyle Relay

NATL: 1:42.03 N 11/22/2009 COLORADO MASTERS SWIM

R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN

VA: 2:11.17 V 12/12/2014 FAC

T Goins, M Fontana, S Thoresen, E McDonald

1 NERD	A	2:12.11
1) Pellegrin, Katharina W56	2) McLeod, Gregor M59	
3) Scott, Christopher A M28	4) Schneider, Chris M48	
47.22	1:16.80	1:42.60 2:12.11

Mixed 200-239 200 SC Meter Medley Relay

NATL: 1:57.65 N 10/10/2012 BLU FROG TEAM

S HART, D CHANCE, M MIDDLETON, R ABRAHAMS

VA: 2:05.35 V 3/20/2010 VMST

C Stevenson, L Bennett, D Holland, S Loftus-Charle

1 NERD	A	2:59.84
1) Kelley, Gail W61	2) Harris, Samuel M37	
3) Pellegrin, Katharina W56	4) Radam, Robert M63	
44.83	1:21.16	
3:00.17	2:59.84	

Mixed 280-319 200 SC Meter Medley Relay

NATL: 2:22.04 N 9/27/2015 TAMALPAIS AQUATIC MASTERS

L VAL, K FROST, R BURNS, N RIDOUT

VA: 3:04.34 V 3/25/2017 VMST

B Schreiner, B Boslego, J Davis, J Miller

1 VMST	B	3:37.33
1) Walker, Laura W82	2) Nelson, Bill L M66	
3) Marens, Susan W77	4) Belfit, Scott M68	
1:00.15	1:53.85	3:01.98
3:37.33		