

Annual Albatross Open - 3/18/2023
Kennedy-Shriver Aquatic Center, North Bethesda MD, S#: PVLMSC 103-S001
Meet Dir. - Kara Permisohn (kpermisohn@minkoff.com)
Results - Albatross Open

Women 18-24 50 SC Meter Freestyle

NATL: 25.58 N 11/20/2010 J BECKBERGER
 MEET: 28.45 M 3/27/1999 Antje Flamich

Name	Age	Team	Seed Time	Finals Time	Points
--- Geddes, Helen	23	Club Tribe	30.00	NS	

Women 18-24 200 SC Meter Freestyle

NATL: 2:03.39 N 12/6/2009 ALEXANDRA LEE
 MEET: 2:14.45 M 2/29/2020 Olivia Heeb-Wade **E Team**

1 Caragine, Cassandra	24	Arlington Masters	3:05.00	3:20.28	6
	42.08	1:33.39 (51.31)	2:27.62 (54.23)	3:20.28 (52.66)	

Women 18-24 50 SC Meter Backstroke

NATL: 29.69 N 12/10/2000 PAIGE FRANCIS
 MEET: 31.65 M 3/21/2015 Gabrielle Mizerak **Club Tribe Alumn**

1 Geddes, Helen	23	Club Tribe	34.00	35.30	6
2 Ricci, Alice	24	Germantown Maryland Masters	40.56	39.81	4

Women 18-24 100 SC Meter Backstroke

NATL: 59.45 N 11/21/2009 PETRA KLOSOVA
 MEET: 1:09.96 M 3/27/1999 Antje Flamich

1 Caragine, Cassandra	24	Arlington Masters	1:40.00	1:45.18	6
	50.97	1:45.18 (54.21)			

Women 18-24 200 SC Meter Backstroke

NATL: 2:18.11 N 10/25/2014 MARINA NASCIMENTO
 MEET: 2:33.66 M 3/25/1995 Jeri Ramsbottom

1 Ricci, Alice	24	Germantown Maryland Masters	3:04.36	2:57.15	6
	41.57	1:26.91 (45.34)	2:12.59 (45.68)	2:57.15 (44.56)	

Women 18-24 50 SC Meter Breaststroke

NATL: 32.09 N 12/10/1995 BEATA KASZUBA
 MEET: 35.28 M 3/26/1994 Becky Wood

1 Gaddis, Xonzy	23	District Of Columbia Aquatics	37.81	39.25	6
2 Geddes, Helen	23	Club Tribe	40.00	40.32	4

Women 18-24 100 SC Meter Breaststroke

NATL: 1:08.89 N 12/10/1995 BEATA KASZUBA
 MEET: 1:18.47 M 3/26/1994 Becky Wood

1 Gaddis, Xonzy	23	District Of Columbia Aquatics	1:21.28	1:29.13	6
	41.15	1:29.13 (47.98)			
2 Caragine, Cassandra	24	Arlington Masters	1:50.00	1:58.93	4
	55.19	1:58.93 (1:03.74)			

Women 18-24 100 SC Meter Butterfly

NATL: 1:01.22 N 10/29/2011 KATHERINE MILLS
 MEET: 1:07.19 M 3/21/2015 Gabrielle Mizerak **Club Tribe Alumn**

1 Ricci, Alice	24	Germantown Maryland Masters	1:22.60	1:20.31	6
	38.52	1:20.31 (41.79)			

Women 18-24 100 SC Meter IM

NATL: 1:01.74 N 12/6/2009 KARA DENBY
 MEET: 1:10.36 M 3/20/2010 Brie McDowell

1 Gaddis, Xonzy	23	District Of Columbia Aquatics	1:22.45	1:18.92	6
	37.04	1:18.92 (41.88)			

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Women 18-24 200 SC Meter IM

NATL: 2:17.43 N 12/12/2020 DESTINY NELSON

MEET: 2:37.87 M 3/27/1993 Tracey Crilly

1	Caragine, Cassandra	24	Arlington Masters	3:50.00	3:38.80	6
	49.43	1:43.12 (53.69)	2:47.91 (1:04.79)	3:38.80 (50.89)		

Women 25-29 50 SC Meter Freestyle

WORLD: 25.00 W 2/27/2020 M.LETANG FRA

NATL: 25.52 N 12/2/2017 L IBANEZ LOPEZ

MEET: 27.66 M 4/12/1997 Dori L Kauffman

1	Caragine, Crystal	27	Arlington Masters	38.00	39.21	6
---	Smith, Hannah-Catherine	27	Arlington Masters	40.00	NS	

Women 25-29 100 SC Meter Freestyle

WORLD: 54.44 W 11/16/2019 Yayoi MATSUMOTO JPN

NATL: 55.06 N 12/1/2017 L IBANEZ LOPEZ

MEET: 1:00.09 M 4/9/2005 Kelly Bowman

1	Wei, Laurie	29	Lane 4 Swimming	1:10.00	1:11.62	6
	34.77	1:11.62 (36.85)				
2	Van Minde, Hannah	28	Montgomery Ancient Mariners	1:15.00	1:15.01	4
	35.00	1:15.01 (40.01)				
3	Caragine, Crystal	27	Arlington Masters	1:24.86	1:25.46	3
	40.78	1:25.46 (44.68)				

Women 25-29 200 SC Meter Freestyle

WORLD: 1:59.39 W 12/3/2017 L.IBANEZ LOPEZ USA

NATL: 1:59.39 N 12/3/2017 L IBANEZ LOPEZ

MEET: 2:11.40 M 4/9/2005 Kelly Bowman

1	Coggins, Emma	27	Germantown Maryland Masters	2:50.00	2:36.09	6
	36.11	1:15.50 (39.39)	1:56.17 (40.67)	2:36.09 (39.92)		
2	Caragine, Crystal	27	Arlington Masters	3:00.00	3:06.71	4
	44.02	1:30.97 (46.95)	2:19.13 (48.16)	3:06.71 (47.58)		

Women 25-29 400 SC Meter Freestyle

WORLD: 4:15.74 W 10/27/2013 Sophie CASSON GBR

NATL: 4:24.18 N 3/31/1996 SHEILA TAORMINA

MEET: 4:39.88 M 3/25/1995 Jane A Kleine

1	Wei, Laurie	29	Lane 4 Swimming	5:30.00	5:22.72	6
	35.36	1:15.34 (39.98)	1:56.29 (40.95)	2:37.38 (41.09)		
	3:19.50 (42.12)	4:00.99 (41.49)	4:42.57 (41.58)	5:22.72 (40.15)		
2	Coggins, Emma	27	Germantown Maryland Masters	6:00.00	5:37.80	4
	39.43	1:22.26 (42.83)	2:05.15 (42.89)	2:47.39 (42.24)		
	3:29.39 (42.00)	4:12.49 (43.10)	4:55.35 (42.86)	5:37.80 (42.45)		

Women 25-29 50 SC Meter Backstroke

WORLD: 27.88 W 6/14/2015 Yurie OGA JPN

NATL: 28.40 N 11/18/2018 MARINA SPADONI

MEET: 32.49 M 4/12/1997 Jeri Ramsbottom

1	Singh, Ramita	26	District Of Columbia Aquatics	NT	36.99	6
2	Coggins, Emma	27	Germantown Maryland Masters	50.00	37.14	4
3	Van Minde, Hannah	28	Montgomery Ancient Mariners	38.00	39.22	3

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Women 25-29 100 SC Meter Backstroke

WORLD:		1:00.63	W	5/10/2015	Yurie OGA	JPN		
NATL:		1:01.76	N	11/18/2018	MARINA SPADONI			
MEET:		1:07.86	M	3/20/2010	Kate Hibbard			
1	Singh, Ramita			26	District Of Columbia Aquatics	NT	1:24.03	6
		40.76					1:24.03 (43.27)	
2	Van Minde, Hannah			28	Montgomery Ancient Mariners	1:21.00	1:25.67	4
		40.60					1:25.67 (45.07)	

Women 25-29 50 SC Meter Breaststroke

WORLD:		30.50	W	6/8/2014	Petra CHOCOVA	CZE		
NATL:		31.87	N	11/21/2010	MEGAN JENDRICK			
MEET:		36.72	M	3/23/1996	Cheryl Conlin			
---	Smith, Hannah-Catherine			27	Arlington Masters	50.00	NS	

Women 25-29 50 SC Meter Butterfly

WORLD:		26.14	W	1/19/2018	Elinore DE JONG	NED		
NATL:		26.31	N	10/11/2015	CLAIRE DONAHUE			
MEET:		29.17	M	3/5/2016	Gabrielle Mizerak	Club Tribe Alumn		
1	Wei, Laurie			29	Lane 4 Swimming	35.00	34.41	6
2	Coggins, Emma			27	Germantown Maryland Masters	50.00	35.95	4

Women 25-29 100 SC Meter Butterfly

WORLD:		58.11	W	12/12/2015	Claire DONAHUE	USA		
NATL:		58.11	N	12/12/2015	CLAIRE DONAHUE			
MEET:		1:06.11	M	3/3/2018	Deidre Geroni	Virginia Masters		
1	Wei, Laurie			29	Lane 4 Swimming	1:15.00	1:15.82	6
		36.20					1:15.82 (39.62)	

Women 25-29 200 SC Meter IM

WORLD:		2:17.17	W	4/23/2006	Hitomi MATSUDA	JPN		
NATL:		2:21.79	N	12/12/1998	WENKE HANSEN			
MEET:		2:25.63	M	3/5/2016	Denise Letendre	Virginia Masters		
1	Caragine, Crystal			27	Arlington Masters	3:50.00	3:43.23	6
		53.74					1:52.84 (59.10) 2:56.35 (1:03.51) 3:43.23 (46.88)	

Women 30-34 50 SC Meter Freestyle

WORLD:		25.17	W	11/29/2014	S.KNIAGININA	RUS		
NATL:		25.69	N	11/10/2012	ERIKA ERNDL			
MEET:		26.35	M	4/2/2022	Theresa Michalak	UC12 -12		
1	Caron, Hannah			32	North Carolina Masters Swimmin	27.75	26.10 M	6
2	Woods, Katie			31	Reston Masters Swim Team	39.37	35.97	4

Women 30-34 100 SC Meter Freestyle

WORLD:		54.75	W	10/13/2012	Erika ERNDL	USA		
NATL:		54.75	N	10/13/2012	ERIKA ERNDL			
MEET:		58.56	M	3/16/2013	Ruth Jones			
1	Jung, Rachel			30	Germantown Maryland Masters	1:18.00	1:15.40	6
		35.88					1:15.40 (39.52)	
2	Garcia, Angelica			33	Lane 4 Swimming	1:25.00	1:18.42	4
		35.95					1:18.42 (42.47)	
3	Woods, Katie			31	Reston Masters Swim Team	1:24.27	1:19.53	3
		36.02					1:19.53 (43.51)	

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Women 30-34 200 SC Meter Freestyle

WORLD: 2:00.73		W	11/14/2018	Veronica BALSANO	BRA		
NATL: 2:04.64		N	12/15/1996	K PIPES-NEILSEN			
MEET: 2:13.86		M	3/29/2003	Amy K Weiss			
1	Jung, Rachel		30	Germantown Maryland Masters	2:43.32	2:46.40	6
	37.87		1:20.36 (42.49)	2:04.25 (43.89)	2:46.40 (42.15)		

Women 30-34 400 SC Meter Freestyle

WORLD: 4:14.56		W	10/28/2017	Sophie CASSON	GBR		
NATL: 4:17.82		N	12/4/2011	DAWN HECKMAN			
MEET: 4:38.76		M	4/4/1998	Jane A West			
1	Lunardi, Alexandra		32	Montgomery Ancient Mariners	5:30.00	5:34.78	6
	37.16		1:18.27 (41.11)	2:00.43 (42.16)	2:43.28 (42.85)		
	3:26.49 (43.21)		4:10.00 (43.51)	4:53.23 (43.23)	5:34.78 (41.55)		

Women 30-34 50 SC Meter Breaststroke

WORLD: 31.35		W	11/29/2015	Nicole HEIDEMANN	GER		
NATL: 32.17		N	12/4/2011	HANNAH CALDAS			
MEET: 33.18		M	4/2/2022	Theresa Michalak	UC12 -12		
1	Carter, Rachel		33	Montgomery Ancient Mariners	39.00	40.51	6
2	Woods, Katie		31	Reston Masters Swim Team	48.14	43.81	4

Women 30-34 100 SC Meter Breaststroke

WORLD: 1:06.98		W	4/17/2010	Hitomi MATSUDA	JPN		
NATL: 1:10.00		N	12/10/2000	WENKE HANSEN			
MEET: 1:19.68		M	4/6/2002	Cheryl Conlin			
1	Carter, Rachel		33	Montgomery Ancient Mariners	1:26.00	1:27.72	6
	41.23		1:27.72 (46.49)				
2	Lunardi, Alexandra		32	Montgomery Ancient Mariners	1:35.00	1:33.41	4
	43.90		1:33.41 (49.51)				
3	Jung, Rachel		30	Germantown Maryland Masters	1:30.00	1:36.17	3
	45.49		1:36.17 (50.68)				
4	Woods, Katie		31	Reston Masters Swim Team	1:46.36	1:40.76	2
	46.95		1:40.76 (53.81)				

Women 30-34 200 SC Meter Breaststroke

WORLD: 2:26.96		W	4/18/2009	Hitomi MATSUDA	JPN		
NATL: 2:30.65		N	12/10/2000	WENKE HANSEN			
MEET: 2:43.75		M	3/3/2018	Denise Letendre	Virginia Masters		
1	Seward, Stephanie		31	Reston Masters Swim Team	NT	3:20.43	6
	47.22		1:39.33 (52.11)	2:29.49 (50.16)	3:20.43 (50.94)		

Women 30-34 50 SC Meter Butterfly

WORLD: 27.08		W	1/10/2016	Yuka KATO	JPN		
NATL: 27.89		N	12/10/2011	NORIKO INADA			
MEET: 28.48		M	4/2/2022	Gabrielle Mizerak	Club Tribe-12		
1	Caron, Hannah		32	North Carolina Masters Swimmin	29.41	27.53 N	6
2	Seward, Stephanie		31	Reston Masters Swim Team	NT	36.41	4
3	Garcia, Angelica		33	Lane 4 Swimming	40.00	40.42	3
4	Jung, Rachel		30	Germantown Maryland Masters	40.00	43.72	2
---	McCorkle, Dara		34	Reston Masters Swim Team	NT	NS	

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Women 30-34 100 SC Meter IM

WORLD: 1:02.52		W	10/13/2012	Erika ERNDL		USA		
NATL: 1:02.52		N	10/13/2012	ERIKA ERNDL				
MEET: 1:02.89		M	4/2/2022	Theresa Michalak		UC12 -12		
1	Caron, Hannah		32	North Carolina Masters Swimmin	1:06.60		1:03.37	6
	29.14			1:03.37 (34.23)				
2	Carter, Rachel		33	Montgomery Ancient Mariners	1:21.00		1:20.54	4
	37.64			1:20.54 (42.90)				
3	Garcia, Angelica		33	Lane 4 Swimming	1:45.00		1:31.44	3
	42.18			1:31.44 (49.26)				

Women 30-34 200 SC Meter IM

WORLD: 2:13.41		W	11/14/2009	Hitomi MATSUDA		JPN		
NATL: 2:18.79		N	12/7/1996	K PIPES-NEILSEN				
MEET: 2:27.86		M	3/3/2018	Denise Letendre		Virginia Masters		
1	Lunardi, Alexandra		32	Montgomery Ancient Mariners	3:00.00		3:00.54	6
	38.85			1:26.44 (47.59)	2:18.21 (51.77)		3:00.54 (42.33)	
2	Seward, Stephanie		31	Reston Masters Swim Team	NT		3:00.73	4
	41.94			1:31.53 (49.59)	2:18.77 (47.24)		3:00.73 (41.96)	

Women 35-39 50 SC Meter Freestyle

WORLD: 25.10		W	12/3/2006	Dara TORRES		USA		
NATL: 25.10		N	12/3/2006	DARA TORRES				
MEET: 27.17		M	3/25/2000	Beth O Baker				
---	Young, Kathleen		39	Montgomery Ancient Mariners	45.00		NS	
---	Taylor, Sharon		38	North Carolina Masters Swimmin	29.52		NS	

Women 35-39 100 SC Meter Freestyle

WORLD: 54.95		W	12/3/2006	Dara TORRES		USA		
NATL: 54.95		N	12/3/2006	DARA TORRES				
MEET: 1:01.39		M	3/24/2007	Margaret Conze				
1	Niemiec, Angela		39	Montgomery Ancient Mariners	1:09.00		1:11.32	6
	34.71			1:11.32 (36.61)				

Women 35-39 50 SC Meter Backstroke

WORLD: 27.63		W	11/13/2016	Noriko INADA		USA		
NATL: 27.63		N	11/13/2016	NORIKO INADA				
MEET: 32.02		M	3/25/2000	Beth O Baker				
1	Niemiec, Angela		39	Montgomery Ancient Mariners	36.00		36.16	6
---	Young, Kathleen		39	Montgomery Ancient Mariners	1:00.00		NS	
---	O'Connor, Mallory		37	District Of Columbia Aquatics	36.00		NS	

Women 35-39 100 SC Meter Backstroke

WORLD: 1:00.43		W	11/19/2017	Noriko INADA		USA		
NATL: 1:00.43		N	11/19/2017	NORIKO INADA				
MEET: 1:09.92		M	4/6/2002	Susan O Williams				
1	Niemiec, Angela		39	Montgomery Ancient Mariners	1:16.00		1:20.48	6
	39.12			1:20.48 (41.36)				

Women 35-39 50 SC Meter Breaststroke

WORLD: 31.25		W	10/8/2022	Danielle HERRMANN		USA		
NATL: 31.25		N	10/8/2022	DANIELLE HERRMANN				
MEET: 36.24		M	4/2/2022	Evangeline Geskos		Reston Masters S		
1	Taylor, Sharon		38	North Carolina Masters Swimmin	33.42		33.45 M	6

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2	Bofinger, Sarah	37	Lane 4 Swimming	41.42	42.26	4
3	Wagner, Katie	37	Montgomery Ancient Mariners	45.00	42.84	3
---	Young, Kathleen	39	Montgomery Ancient Mariners	1:00.00	NS	

Women 35-39 100 SC Meter Breaststroke

WORLD: 1:08.59 W 10/8/2022 Danielle HERRMANN USA
NATL: 1:08.59 N 10/8/2022 DANIELLE HERRMANN
MEET: 1:19.49 M 3/20/2004 Cheryl Conlin

1	Taylor, Sharon	38	North Carolina Masters Swimmin	1:12.31	1:12.90 M	6
	34.97		1:12.90 (37.93)			
2	Bofinger, Sarah	37	Lane 4 Swimming	1:32.22	1:34.45	4
	44.48		1:34.45 (49.97)			
3	Wagner, Katie	37	Montgomery Ancient Mariners	1:30.00	1:35.07	3
	44.70		1:35.07 (50.37)			

Women 35-39 200 SC Meter Breaststroke

WORLD: 2:30.63 W 3/10/2012 Hitomi MATSUDA JPN
NATL: 2:32.68 N 10/9/2022 DANIELLE HERRMANN
MEET: 2:52.86 M 3/20/2004 Cheryl Conlin

1	Bofinger, Sarah	37	Lane 4 Swimming	3:28.53	3:22.16	6
	45.43		1:36.37 (50.94) 2:29.31 (52.94) 3:22.16 (52.85)			
---	Taylor, Sharon	38	North Carolina Masters Swimmin	2:41.57	NS	

Women 35-39 50 SC Meter Butterfly

WORLD: 27.29 W 10/8/2022 Danielle HERRMANN USA
NATL: 27.29 N 10/8/2022 DANIELLE HERRMANN
MEET: 30.02 M 3/24/2007 Margaret Conze

1	Goldberg, Marci	39	Montgomery Ancient Mariners	55.45	48.94	6
---	O'Connor, Mallory	37	District Of Columbia Aquatics	41.00	NS	

Women 35-39 100 SC Meter Butterfly

WORLD: 1:01.31 W 7/25/2021 C.ATHAYDE BRA
NATL: 1:01.98 N 10/9/2022 DANIELLE HERRMANN
MEET: 1:05.31 M 3/25/2000 Beth O Baker

1	Goldberg, Marci	39	Montgomery Ancient Mariners	1:55.15	1:45.96	6
	50.82		1:45.96 (55.14)			

Women 35-39 200 SC Meter Butterfly

WORLD: 2:14.46 W 7/24/2021 C.ATHAYDE BRA
NATL: 2:18.41 N 12/14/1997 K PIPES-NEILSEN
MEET: 2:31.50 M 3/27/1993 Maria Velikonja

1	Goldberg, Marci	39	Montgomery Ancient Mariners	3:50.00	3:42.99	6
	51.54		1:48.41 (56.87) 2:46.32 (57.91) 3:42.99 (56.67)			

Women 35-39 100 SC Meter IM

WORLD: 1:03.17 W 3/10/2012 Hitomi MATSUDA JPN
NATL: 1:03.94 N 10/9/2022 DANIELLE HERRMANN
MEET: 1:08.23 M 3/25/2000 Beth O Baker

1	Wagner, Katie	37	Montgomery Ancient Mariners	1:20.00	1:29.06	6
	43.14		1:29.06 (45.92)			
2	Goldberg, Marci	39	Montgomery Ancient Mariners	1:55.25	1:47.29	4
	52.54		1:47.29 (54.75)			
---	Young, Kathleen	39	Montgomery Ancient Mariners	1:50.00	NS	

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(Women 35-39 100 SC Meter IM)

--- O'Connor, Mallory 37 District Of Columbia Aquatics 1:35.00 NS

Women 40-44 50 SC Meter Freestyle

WORLD: 26.02 W 12/14/2014 Erika BRAUN USA
NATL: 26.02 N 12/14/2014 ERIKA BRAUN
MEET: 26.07 M 3/15/2014 Erika Braun

1	Stakem, Meredith	42	District Of Columbia Aquatics	27.64	27.59	6
2	Faulcon, Gabrielle	43	DC Water Wizards	40.00	39.58	4
3	Hufford, Ellen	41	Arlington Masters	42.27	41.61	3

Women 40-44 100 SC Meter Freestyle

WORLD: 57.08 W 12/14/2014 Erika BRAUN USA
NATL: 57.08 N 12/14/2014 ERIKA BRAUN
MEET: 57.58 M 3/16/2014 Erika Braun

1	Stakem, Meredith	42	District Of Columbia Aquatics	1:01.93	1:01.79	6
				29.41	1:01.79 (32.38)	
2	Grover, Mollie	42	Terrapin Masters	1:03.37	1:02.99	4
				30.89	1:02.99 (32.10)	
3	Hufford, Ellen	41	Arlington Masters	1:32.85	1:33.33	3
				43.39	1:33.33 (49.94)	

Women 40-44 200 SC Meter Freestyle

WORLD: 2:05.26 W 12/14/2003 K.PIPES-NEILSEN USA
NATL: 2:05.26 N 12/14/2003 K PIPES-NEILSEN
MEET: 2:20.70 M 3/15/2008 Alice Phillips

1	Chin, Lisa	42	Germantown Maryland Masters	2:30.00	2:26.01	6
				34.64	1:11.31 (36.67) 1:49.11 (37.80) 2:26.01 (36.90)	
2	Miller, Allison	40	Arlington Masters	2:47.97	2:45.39	4
				39.21	1:21.02 (41.81) 2:03.83 (42.81) 2:45.39 (41.56)	
---	Hufford, Ellen	41	Arlington Masters	3:17.34	NS	

Women 40-44 400 SC Meter Freestyle

WORLD: 4:21.75 W 12/14/2003 K.PIPES-NEILSEN USA
NATL: 4:21.75 N 12/14/2003 K PIPES-NEILSEN
MEET: 4:58.73 M 3/3/2018 Julie Roddin Montgomery Ancie

1	Chin, Lisa	42	Germantown Maryland Masters	5:30.00	5:04.04	6
				35.11	1:13.23 (38.12) 1:52.23 (39.00) 2:30.84 (38.61)	
				3:09.31 (38.47)	3:47.74 (38.43) 4:26.14 (38.40) 5:04.04 (37.90)	

Women 40-44 50 SC Meter Backstroke

WORLD: 28.86 W 1/14/2017 Raakel LUOTO FIN
NATL: 30.02 N 10/14/2012 SHERI HART
MEET: 32.19 M 4/1/2006 Susan Williams

1	Faulcon, Gabrielle	43	DC Water Wizards	44.19	43.98	6
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Women 40-44 200 SC Meter Backstroke

WORLD: 2:17.28 W 5/27/2018 Kana MORIHISA JPN
NATL: 2:17.29 N 12/4/2021 JENNIFER MIHALIK
MEET: 2:28.79 M 3/21/2015 Tobi Limke Eagle Swim Team

--- Holland, Irish 43 North Carolina Masters Swimmin 2:36.84 NS

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Women 40-44 50 SC Meter Breaststroke

WORLD: 32.16 W 12/2/2018 Katie GLENN USA
NATL: 32.16 N 12/2/2018 KATIE GLENN
MEET: 34.67 M 3/15/2014 Erika Braun

1 Faulcon, Gabrielle 43 DC Water Wizards 51.00 49.91 6

Women 40-44 100 SC Meter Breaststroke

WORLD: 1:09.95 W 12/5/2015 Cynthia LEWIS USA
NATL: 1:09.95 N 12/5/2015 CYNTHIA LEWIS
MEET: 1:21.69 M 3/20/2004 Patricia M Powis

1 Miller, Allison 40 Arlington Masters 1:35.60 1:34.64 6
 44.91 1:34.64 (49.73)

Women 40-44 200 SC Meter Breaststroke

WORLD: 2:32.37 W 11/16/2008 S.VON DER LIPPE USA
NATL: 2:32.37 N 11/16/2008 S VON DER LIPPE
MEET: 2:56.07 M 2/29/2020 Irish Holland North Carolina M

1 Miller, Allison 40 Arlington Masters 3:21.58 3:19.39 6
 44.81 1:34.34 (49.53) 2:26.00 (51.66) 3:19.39 (53.39)

--- Holland, Irish 43 North Carolina Masters Swimmin 2:56.07 NS

Women 40-44 50 SC Meter Butterfly

WORLD: 28.19 W 3/16/2013 Erika BRAUN USA
NATL: 28.19 N 3/16/2013 ERIKA BRAUN
MEET: 28.19 M 3/16/2013 Erika Braun

1 Grover, Mollie 42 Terrapin Masters 31.87 32.20 6
 2 Hufford, Ellen 41 Arlington Masters 49.41 49.61 4

Women 40-44 100 SC Meter Butterfly

WORLD: 1:01.70 W 11/21/2009 S.VON DER LIPPE USA
NATL: 1:01.70 N 11/21/2009 S VON DER LIPPE
MEET: 1:05.49 M 3/31/2001 Beth O Baker

1 Holland, Irish 43 North Carolina Masters Swimmin NT 1:10.27 6
 33.43 1:10.27 (36.84)

Women 40-44 200 SC Meter Butterfly

WORLD: 2:20.66 W 11/19/2006 S.VON DER LIPPE USA
NATL: 2:20.66 N 11/19/2006 S VON DER LIPPE
MEET: 2:26.15 M 3/31/2001 Beth O Baker

--- Holland, Irish 43 North Carolina Masters Swimmin 2:34.02 NS

Women 40-44 100 SC Meter IM

WORLD: 1:04.19 W 10/10/2015 Lisa BLACKBURN USA
NATL: 1:04.19 N 10/10/2015 LISA BLACKBURN
MEET: 1:09.20 M 3/31/2001 Beth O Baker

1 Faulcon, Gabrielle 43 DC Water Wizards 1:40.00 1:39.26 6
 46.26 1:39.26 (53.00)

Women 45-49 50 SC Meter Freestyle

WORLD: 26.29 W 10/13/2018 Erika BRAUN USA
NATL: 26.29 N 10/13/2018 ERIKA BRAUN
MEET: 27.07 M 3/25/2017 Erika Braun North Carolina M

1 Chafos, Cheryl 48 Montgomery Ancient Mariners 40.00 36.81 6
 2 Pinilla, Jennifer 46 Potomac Marlin Masters 53.84 59.59 4

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Women 45-49 100 SC Meter Freestyle

WORLD: 57.89 W 12/9/2018		Erika BRAUN		USA		
NATL: 57.89 N 12/9/2018		ERIKA BRAUN				
MEET: 59.18 M 2/29/2020		Erika Braun		North Carolina M		
1	Dewey, Alison	49	Montgomery Ancient Mariners	1:18.13	1:13.52	6
	35.13		1:13.52 (38.39)			
2	Chafos, Cheryl	48	Montgomery Ancient Mariners	1:30.00	1:26.39	4
	41.49		1:26.39 (44.90)			
3	Pelter, Sarah	47	Montgomery Ancient Mariners	1:49.63	1:44.23	3
	48.43		1:44.23 (55.80)			

Women 45-49 200 SC Meter Freestyle

WORLD: 2:05.94 W 12/2/2007		K.PIPES-NEILSEN		USA		
NATL: 2:05.94 N 12/2/2007		K PIPES-NEILSEN				
MEET: 2:16.41 M 3/25/2017		Margaret Conze		Lane 4 Swimming		
1	Dewey, Alison	49	Montgomery Ancient Mariners	3:00.00	2:48.50	6
	39.06		1:20.88 (41.82)	2:05.28 (44.40)	2:48.50 (43.22)	
2	Anthony, Sheelagh	46	Potomac Marlin Masters	3:20.00	3:44.14	4
	51.19		1:47.56 (56.37)	2:47.06 (59.50)	3:44.14 (57.08)	

Women 45-49 400 SC Meter Freestyle

WORLD: 4:24.86 W 8/1/2021		Heidi GEORGE		USA		
NATL: 4:24.86 N 8/1/2021		HEIDI GEORGE				
MEET: 4:57.81 M 4/6/2002		Katherine A Branc				
1	Carswell, Jenny	49	Germantown Maryland Masters	5:30.00	5:28.23	6
	39.14		1:20.88 (41.74)	2:03.50 (42.62)	2:46.01 (42.51)	
	3:27.71 (41.70)		4:09.06 (41.35)	4:49.12 (40.06)	5:28.23 (39.11)	

Women 45-49 50 SC Meter Backstroke

WORLD: 29.52 W 1/11/2020		Raakel LUOTO		FIN		
NATL: 30.58 N 12/2/2007		K PIPES-NEILSEN				
MEET: 30.76 M 3/15/2014		Susan Williams				
1	Limke, Tobi	48	Central Maryland YMCA Masters	38.54	37.57	6
2	Pinilla, Jennifer	46	Potomac Marlin Masters	1:03.00	1:04.59	4

Women 45-49 100 SC Meter Backstroke

WORLD: 1:04.46 W 2/27/2009		K.PIPES-NEILSEN		FRA		
NATL: 1:04.79 N 5/16/2009		K PIPES-NEILSEN				
MEET: 1:08.38 M 3/15/2014		Susan Williams				
1	Limke, Tobi	48	Central Maryland YMCA Masters	1:27.32	1:21.11	6
	39.83		1:21.11 (41.28)			

Women 45-49 200 SC Meter Backstroke

WORLD: 2:18.15 W 2/26/2009		K.PIPES-NEILSEN		FRA		
NATL: 2:18.95 N 5/15/2009		K PIPES-NEILSEN				
MEET: 2:32.74 M 4/1/2006		Lisa Van Pelt-Dil				
1	Limke, Tobi	48	Central Maryland YMCA Masters	3:10.79	2:58.42	6
	41.59		1:25.76 (44.17)	2:12.40 (46.64)	2:58.42 (46.02)	
2	Padilla, Michylle	47	DC Water Wizards	3:32.00	4:33.02	4
	1:06.29		2:14.65 (1:08.36)	4:33.02 (2:18.37)		

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Women 45-49 50 SC Meter Breaststroke

WORLD:	33.01	W	7/16/2017	Linley FRAME	AUS			
NATL:	33.82	N	10/10/2010	S VON DER LIPPE				
MEET:	35.44	M	2/29/2020	Erika Braun	North Carolina M			
1	Dewey, Alison		49	Montgomery Ancient Mariners	49.60	45.90		6
2	Pattison, Andrea		48	Reston Masters Swim Team	44.93	46.77		4
3	Chafos, Cheryl		48	Montgomery Ancient Mariners	51.00	49.41		3
4	Anthony, Sheelagh		46	Potomac Marlin Masters	52.50	51.48		2
5	Pelter, Sarah		47	Montgomery Ancient Mariners	1:03.04	1:01.18		1
6	Pinilla, Jennifer		46	Potomac Marlin Masters	1:28.80	1:18.66		

Women 45-49 100 SC Meter Breaststroke

WORLD:	1:10.63	W	7/16/2017	Linley FRAME	AUS		
NATL:	1:12.93	N	3/26/2017	LISA BLACKBURN			
MEET:	1:24.08	M	3/15/2014	Lisa Groves			
---	Pattison, Andrea		48	Reston Masters Swim Team	1:37.66		NS

Women 45-49 200 SC Meter Breaststroke

WORLD:	2:34.77	W	12/2/2022	Gabrielle ROSE	USA		
NATL:	2:34.77	N	12/2/2022	GABRIELLE ROSE			
MEET:	2:50.98	M	3/30/2019	Sara Dunn	North Carolina M		
1	Padilla, Michylle		47	DC Water Wizards	3:30.00	4:23.71	6
				59.32 2:05.65 (1:06.33) 3:15.04 (1:09.39) 4:23.71 (1:08.67)			
---	Pattison, Andrea		48	Reston Masters Swim Team	3:29.30		DQ
	Non-simultaneous arms			51.89 () DQ (3:29.84)			

Women 45-49 200 SC Meter Butterfly

WORLD:	2:23.18	W	12/13/2009	K.PIPES-NEILSEN	USA		
NATL:	2:23.18	N	12/13/2009	K PIPES-NEILSEN			
MEET:	2:36.88	M	3/17/2012	Laurie Hug			
1	Carswell, Jenny		49	Germantown Maryland Masters	3:10.00	3:03.92	6
				43.24 1:31.64 (48.40) 2:17.60 (45.96) 3:03.92 (46.32)			

Women 45-49 100 SC Meter IM

WORLD:	1:05.61	W	2/26/2009	K.PIPES-NEILSEN	FRA		
NATL:	1:05.75	N	12/12/2009	K PIPES-NEILSEN			
MEET:	1:14.62	M	3/3/2018	Traci Pellegrini	Columbia Masters		
1	Pelter, Sarah		47	Montgomery Ancient Mariners	2:12.00	2:05.07	6
				1:02.12 2:05.07 (1:02.95)			

Women 45-49 200 SC Meter IM

WORLD:	2:19.30	W	12/2/2022	Gabrielle ROSE	USA		
NATL:	2:19.30	N	12/2/2022	GABRIELLE ROSE			
MEET:	2:38.78	M	3/17/2012	Laurie Hug			
1	Padilla, Michylle		47	DC Water Wizards	3:30.00	4:24.21	6
				59.29 2:10.86 (1:11.57) 3:22.71 (1:11.85) 4:24.21 (1:01.50)			

Women 50-54 50 SC Meter Freestyle

WORLD:	26.27	W	3/27/2015	M.Therese FUZZATI	FRA		
NATL:	26.73	N	10/15/2022	ERIKA BRAUN			
MEET:	27.56	M	3/15/2014	Sue Walsh			
1	Braun, Erika		51	North Carolina Masters Swimmin	26.29	26.88M	6
2	Amezquita, Sandra		52	Uc12	NT	34.11	4

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3	Topper-Greco, Rachel	54	Germantown Maryland Masters	38.53	37.59	3
4	Yoo, Lilit	51	Potomac Marlin Masters	48.00	48.81	2
5	Bryant, Vinet	50	Elite Rays Swim Club	1:30.00	1:02.82	1
---	Bass, Amy	53	Reston Masters Swim Team	32.00	NS	

Women 50-54 100 SC Meter Freestyle**WORLD: 58.44 W 5/21/2022 Erika BRAUN USA****NATL: 58.44 N 5/21/2022 ERIKA BRAUN****MEET: 1:03.10 M 2/29/2020 Fall Willeboordse Club Tribe Alumn**

1	Cantilina, Amy	54	Uc10	1:02.65	1:11.72	6
	33.17		1:11.72 (38.55)			
2	Bass, Amy	53	Reston Masters Swim Team	1:10.00	1:12.95	4
	34.45		1:12.95 (38.50)			
3	Yoo, Lilit	51	Potomac Marlin Masters	1:40.00	1:55.88	3
	51.22		1:55.88 (1:04.66)			

Women 50-54 200 SC Meter Freestyle**WORLD: 2:10.72 W 12/6/2009 S.HEIM-BOWEN USA****NATL: 2:10.72 N 12/6/2009 S HEIM-BOWEN****MEET: 2:19.73 M 3/19/2011 Kelly Parker Pala**

1	Braun, Erika	51	North Carolina Masters Swimmin	2:30.00	2:12.95 M	6
	30.33		1:03.90 (33.57)	1:38.24 (34.34)	2:12.95 (34.71)	
2	Bass, Amy	53	Reston Masters Swim Team	2:40.00	2:41.21	4
	37.13		1:17.73 (40.60)	1:59.95 (42.22)	2:41.21 (41.26)	

Women 50-54 50 SC Meter Backstroke**WORLD: 30.27 W 12/13/2015 Leslie LIVINGSTON USA****NATL: 30.27 N 12/13/2015 LESLIE LIVINGSTON****MEET: 30.58 M 3/19/2011 Leslie Livingston**

1	Cantilina, Amy	54	Uc10	32.94	37.75	6
2	Topper-Greco, Rachel	54	Germantown Maryland Masters	45.59	43.73	4
3	Bryant, Vinet	50	Elite Rays Swim Club	1:30.00	1:19.46	3

Women 50-54 100 SC Meter Backstroke**WORLD: 1:05.89 W 3/8/2014 Ellen REYNOLDS USA****NATL: 1:05.89 N 3/8/2014 ELLEN REYNOLDS****MEET: 1:08.85 M 3/17/2012 Leslie Livingston**

1	Cantilina, Amy	54	Uc10	1:15.00	1:24.12	6
	40.81		1:24.12 (43.31)			

Women 50-54 50 SC Meter Breaststroke**WORLD: 33.96 W 11/24/2012 Monica CORO ITA****NATL: 35.49 N 12/4/2022 SARA DUNN****MEET: 36.87 M 3/15/2014 Leslie Livingston**

1	Braun, Erika	51	North Carolina Masters Swimmin	1:15.00	35.14 N	6
2	Yoo, Lilit	51	Potomac Marlin Masters	1:02.00	1:03.36	4

Women 50-54 50 SC Meter Butterfly**WORLD: 29.14 W 10/16/2022 Erika BRAUN USA****NATL: 29.14 N 10/16/2022 ERIKA BRAUN****MEET: 29.25 M 3/16/2013 Leslie Livingston**

1	Bass, Amy	53	Reston Masters Swim Team	35.00	35.73	6
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---	Topper-Greco, Rachel	54	Germantown Maryland Masters	45.92		NS
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Women 50-54 100 SC Meter Butterfly

WORLD:	1:06.38	W	9/25/2022	Yuriko IKEDA	JPN
NATL:	1:07.72	N	12/4/2022	ERIKA BRAUN	
MEET:	1:17.03	M	3/15/2008	Jeanne Lappin	

1	Braun, Erika	51	North Carolina Masters Swimmin	1:15.00	1:08.10 M	6
	31.27		1:08.10 (36.83)			

Women 50-54 200 SC Meter Butterfly

WORLD:	2:28.08	W	5/8/2011	Lynn MARSHALL	CAN
NATL:	2:32.29	N	12/9/2012	KARLYN PIPES	
MEET:	2:41.85	M	3/21/2015	Laurie Hug	Colonials 1776

1	Amezquita, Sandra	52	Uc12	3:30.00	3:12.88	6
	45.65		1:35.72 (50.07)	2:25.71 (49.99)	3:12.88 (47.17)	

Women 50-54 100 SC Meter IM

WORLD:	1:07.04	W	10/15/2022	Erika BRAUN	USA
NATL:	1:07.04	N	10/15/2022	ERIKA BRAUN	
MEET:	1:18.13	M	4/2/2022	Traci Pellegrini	Terrapin Masters

1	Topper-Greco, Rachel	54	Germantown Maryland Masters	1:38.66	1:39.21	6
	45.29		1:39.21 (53.92)			
2	Bryant, Vinet	50	Elite Rays Swim Club	2:30.00	4:14.62	4

Women 50-54 200 SC Meter IM

WORLD:	2:27.39	W	11/17/2018	Ellen REYNOLDS	USA
NATL:	2:27.39	N	11/17/2018	ELLEN REYNOLDS	
MEET:	2:51.49	M	3/25/2017	Denise Dombay	Germantown Maryl

1	Cantilina, Amy	54	Uc10	2:40.00	3:03.32	6
	40.11		1:26.31 (46.20)	2:21.74 (55.43)	3:03.32 (41.58)	

Women 55-59 50 SC Meter Freestyle

WORLD:	27.42	W	3/10/2022	M.FUZZATI	FRA
NATL:	27.81	N	3/5/2016	LESLIE LIVINGSTON	
MEET:	27.81	M	3/5/2016	Leslie Livingston	Rockwall Aquatic

1	Guay-Berry, Patricia	59	Germantown Maryland Masters	NT	36.08	6
2	Larin, Kathryn	58	Montgomery Ancient Mariners	39.00	36.25	4
3	Thomas, Beverly	55	Elite Rays Swim Club	1:45.00	46.16	3
4	Wojciechowski, Dawn	56	Alexandria Masters Swimming	54.00	51.62	2
---	Malmierca-Borrillo, Montse	56	Elite Rays Swim Club	NT	NS	
---	Gearhart, Judy	58	Germantown Maryland Masters	36.19	NS	

Women 55-59 100 SC Meter Freestyle

WORLD:	1:00.61	W	1/20/2017	Karlyn PIPES	USA
NATL:	1:00.61	N	1/20/2017	KARLYN PIPES	
MEET:	1:08.48	M	3/30/2019	Mary Dore	North Carolina M

1	Grace, Michelle	59	Germantown Maryland Masters	1:18.46	1:17.89	6
	36.13		1:17.89 (41.76)			
2	Guay-Berry, Patricia	59	Germantown Maryland Masters	NT	1:19.45	4
	37.05		1:19.45 (42.40)			
3	Larin, Kathryn	58	Montgomery Ancient Mariners	1:23.00	1:21.11	3
	39.05		1:21.11 (42.06)			

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4	Wojciechowski, Dawn	56	Alexandria Masters Swimming	1:54.00	1:55.40	2
	56.23	1:55.40 (59.17)				
5	Donatelli, Mary	59	DC Water Wizards	2:13.20	2:08.85	1
	1:01.79	2:08.85 (1:07.06)				
---	Lipstreuer, Marilyn	57	Freedom Aquatic Club	1:12.00	NS	

Women 55-59 200 SC Meter Freestyle

	WORLD: 2:13.58	W 2/28/2016	Lynn MARSHALL		CAN	
	NATL: 2:12.03	N 12/8/2019	ELLEN REYNOLDS			
	MEET: 2:29.52	M 3/30/2019	Mary Dore		North Carolina M	
1	Dawson, Deborah	55	District Of Columbia Aquatics	2:22.66	2:23.99 M	6
	34.19	1:11.27 (37.08)	1:48.33 (37.06)	2:23.99 (35.66)		
2	Grace, Michelle	59	Germantown Maryland Masters	2:55.02	2:53.64	4
	40.36	1:24.63 (44.27)	2:10.02 (45.39)	2:53.64 (43.62)		
3	Larin, Kathryn	58	Montgomery Ancient Mariners	3:02.00	3:01.32	3
	42.58	1:28.50 (45.92)	2:15.45 (46.95)	3:01.32 (45.87)		
4	Donatelli, Mary	59	DC Water Wizards	4:44.09	4:35.75	2
---	Lipstreuer, Marilyn	57	Freedom Aquatic Club	2:47.00	NS	

Women 55-59 400 SC Meter Freestyle

	WORLD: 4:37.35	W 1/23/2016	Lynn MARSHALL		CAN	
	NATL: 4:42.97	N 10/4/2009	LAURA VAL			
	MEET: 5:49.38	M 3/20/2004	Ann B Lyttle			
1	Gainor, Cathy	56	Montgomery Ancient Mariners	5:54.00	5:52.66	6
	42.53	1:27.67 (45.14)	2:12.65 (44.98)	2:57.33 (44.68)		
	3:41.64 (44.31)	4:25.69 (44.05)	5:09.71 (44.02)	5:52.66 (42.95)		
2	Carlow, Tami	56	Uc12	7:00.00	6:09.96	4
	39.80	1:23.92 (44.12)	2:10.38 (46.46)	2:57.51 (47.13)		
	3:45.02 (47.51)	4:33.69 (48.67)	5:22.31 (48.62)	6:09.96 (47.65)		
---	Lipstreuer, Marilyn	57	Freedom Aquatic Club	5:58.00	NS	

Women 55-59 50 SC Meter Backstroke

	WORLD: 30.12	W 3/5/2016	Leslie LIVINGSTON		USA	
	NATL: 30.12	N 3/5/2016	LESLIE LIVINGSTON			
	MEET: 30.12	M 3/5/2016	Leslie Livingston		Rockwall Aquatic	
1	Williams, Susan	57	Club Tribe	32.43	33.06	6
2	Carlow, Tami	56	Uc12	45.00	39.28	4
3	Guay-Berry, Patricia	59	Germantown Maryland Masters	NT	44.41	3
4	Malmierca-Borrallo, Montse	56	Elite Rays Swim Club	NT	58.37	2

Women 55-59 200 SC Meter Backstroke

	WORLD: 2:25.27	W 12/8/2019	Ellen REYNOLDS		USA	
	NATL: 2:25.27	N 12/8/2019	ELLEN REYNOLDS			
	MEET: 2:47.77	M 2/29/2020	Stephanie Saucy		Colonials 1776	
1	Elshafei, Donna	59	Terrapin Masters	3:37.00	3:26.46	6
	49.23	1:42.09 (52.86)	2:36.20 (54.11)	3:26.46 (50.26)		
2	Donatelli, Mary	59	DC Water Wizards	5:20.01	4:53.38	4
	1:07.82	2:22.21 (1:14.39)	3:38.79 (1:16.58)	4:53.38 (1:14.59)		

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Women 55-59 50 SC Meter Breaststroke

WORLD:	35.15	W	4/9/2017	Monica CORO	ITA		
NATL:	36.47	N	11/5/2017	CAROLINE KRATTLI			
MEET:	41.45	M	3/19/2011	Amy Cooley			
1	Gillman, Regina		57	Reston Masters Swim Team	49.95	48.24	6
---	Greenfield, Heather		57	Reston Masters Swim Team	55.70	NS	

Women 55-59 100 SC Meter Breaststroke

WORLD:	1:17.36	W	1/26/2019	Marzena KULIS	ITA		
NATL:	1:21.18	N	11/18/2017	CAROLINE KRATTLI			
MEET:	1:30.35	M	3/19/2011	Amy Cooley			
1	Dawson, Deborah		55	District Of Columbia Aquatics	1:26.72	1:28.94 M	6
	43.25			1:28.94 (45.69)			
2	Gearhart, Judy		58	Germantown Maryland Masters	1:37.58	1:38.38	4
	46.70			1:38.38 (51.68)			
---	Gillman, Regina		57	Reston Masters Swim Team	1:56.55	NS	

Women 55-59 200 SC Meter Breaststroke

WORLD:	2:46.91	W	1/27/2019	Marzena KULIS	ITA		
NATL:	3:00.66	N	3/16/2019	CORRIN BUCK			
MEET:	3:14.71	M	4/12/1997	Joann Leilich			
1	Dawson, Deborah		55	District Of Columbia Aquatics	3:12.66	3:12.92 M	6
	45.94			1:34.65 (48.71)	2:23.71 (49.06)	3:12.92 (49.21)	
2	Gillman, Regina		57	Reston Masters Swim Team	3:42.00	3:44.58	4
	52.09			1:49.31 (57.22)	2:46.28 (56.97)	3:44.58 (58.30)	
3	Elshafei, Donna		59	Terrapin Masters	4:02.00	3:52.78	3
	55.34			1:56.23 (1:00.89)	2:55.64 (59.41)	3:52.78 (57.14)	
4	Meiran, Karen		58	Lane 4 Swimming	4:05.08	4:07.79	2
	55.89			1:58.22 (1:02.33)	3:02.65 (1:04.43)	4:07.79 (1:05.14)	
---	Greenfield, Heather		57	Reston Masters Swim Team	4:45.00	NS	

Women 55-59 50 SC Meter Butterfly

WORLD:	29.39	W	3/5/2016	Leslie LIVINGSTON	USA		
NATL:	29.39	N	3/5/2016	LESLIE LIVINGSTON			
MEET:	29.39	M	3/5/2016	Leslie Livingston	Rockwall Aquatic		
1	Guay-Berry, Patricia		59	Germantown Maryland Masters	NT	45.44	6
2	Meiran, Karen		58	Lane 4 Swimming	50.00	50.08	4
---	Williams, Susan		57	Club Tribe	30.81	NS	
---	Greenfield, Heather		57	Reston Masters Swim Team	54.30	NS	

Women 55-59 100 SC Meter IM

WORLD:	1:09.08	W	1/21/2017	Karlyn PIPES	USA		
NATL:	1:09.08	N	1/21/2017	KARLYN PIPES			
MEET:	1:21.22	M	3/20/2010	Shirley Loftus-Ch			
1	Gainor, Cathy		56	Montgomery Ancient Mariners	1:32.00	1:33.52	6
	46.76			1:33.52 (46.76)			
---	Gillman, Regina		57	Reston Masters Swim Team	1:51.00	NS	
---	Greenfield, Heather		57	Reston Masters Swim Team	1:54.03	NS	
---	Lipstreuier, Marilyn		57	Freedom Aquatic Club	1:28.00	NS	
---	Grace, Michelle		59	Germantown Maryland Masters	2:00.00	NS	

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Women 55-59 200 SC Meter IM

WORLD: 2:27.78 W 1/24/2019 Ellen REYNOLDS USA
NATL: 2:27.78 N 11/24/2019 ELLEN REYNOLDS
MEET: 2:50.40 M 4/2/2022 Laurie Hug Colonials 1776

1	Gearhart, Judy	58	Germantown Maryland Masters	3:17.48	3:19.35	6
	42.50	1:36.71 (54.21)	2:31.53 (54.82)	3:19.35 (47.82)		

Women 60-64 50 SC Meter Freestyle

WORLD: 28.50 W 5/26/2018 Jenny WHITELEY AUS
NATL: 29.23 N 12/7/2019 VAL\GRANGER
MEET: 33.99 M 3/15/2014 Barbara Protzman

1	Jaeger, Debbie	61	Virginia Masters Swim Team	35.89	35.68	6
2	Katt, Jennifer	64	Alexandria Masters Swimming	45.00	43.00	4
3	Brown, Terry	64	Alexandria Masters Swimming	45.15	44.28	3
4	Finucan Clarkson, Karen	63	Montgomery Ancient Mariners	1:00.00	47.28	2
5	Kaiser, Cheryl	64	Germantown Maryland Masters	58.72	56.61	1

Women 60-64 100 SC Meter Freestyle

WORLD: 1:02.60 W 10/13/2018 Jenny WHITELEY AUS
NATL: 1:03.48 N 12/5/2014 LAURA VAL
MEET: 1:09.97 M 3/19/2011 Shirley Loftus-Ch

1	Brown, Terry	64	Alexandria Masters Swimming	1:50.00	1:41.47	6
	48.46	1:41.47 (53.01)				
2	Weigand, Elizabeth	61	Reston Masters Swim Team	1:48.33	1:55.17	4
	47.96	1:55.17 (1:07.21)				
3	Kaiser, Cheryl	64	Germantown Maryland Masters	1:57.43	1:57.17	3
	56.65	1:57.17 (1:00.52)				
4	Sugg, Stephanie	60	Montgomery Ancient Mariners	2:32.86	2:41.63	2

Women 60-64 400 SC Meter Freestyle

WORLD: 4:48.80 W 3/19/2022 Lynn MARSHALL CAN
NATL: 4:53.24 N 8/24/2013 LAURA VAL
MEET: 5:51.27 M 3/20/2010 Ann Lyttle

1	Doyle, Gabrielle	61	DC Water Wizards	9:00.00	8:51.52	6
	1:05.99	2:11.65 (1:05.66)	3:18.46 (1:06.81)	4:26.03 (1:07.57)		
	5:32.09 (1:06.06)	6:39.10 (1:07.01)	7:45.41 (1:06.31)	8:51.52 (1:06.11)		
---	Henning, Heidi	63	Lane 4 Swimming	5:49.60	NS	

Women 60-64 50 SC Meter Backstroke

WORLD: 32.91 W 4/23/2022 Karlyn PIPES USA
NATL: 32.91 N 4/23/2022 KARLYN PIPES
MEET: 35.93 M 2/29/2020 Kim Brightwell Reston Masters S

1	Brightwell, Kim	63	Reston Masters Swim Team	37.64	37.65	6
2	Henning, Heidi	63	Lane 4 Swimming	39.65	38.09	4
3	Doyle, Gabrielle	61	DC Water Wizards	1:18.13	1:09.23	3

Women 60-64 100 SC Meter Backstroke

WORLD: 1:12.39 W 10/13/2018 Bonnie BILICH USA
NATL: 1:12.39 N 10/13/2018 BONNIE BILICH
MEET: 1:18.09 M 3/3/2018 Joan Pfnisgraff Maryland Masters

1	Henning, Heidi	63	Lane 4 Swimming	1:26.71	1:24.91	6
	41.47	1:24.91 (43.44)				
2	Doyle, Gabrielle	61	DC Water Wizards	2:28.00	2:28.16	4
	1:12.82	2:28.16 (1:15.34)				

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Women 60-64 200 SC Meter Backstroke

WORLD: 2:34.31 W 4/24/2022		Karlyn PIPES		USA		
NATL: 2:34.31 N 8/24/2022		KARLYN PIPES				
MEET: 2:50.76 M 3/3/2018		Joan Pfinsgraff		Maryland Masters		
1	Henning, Heidi	63	Lane 4 Swimming	3:04.56	2:59.60	6
	42.23	1:28.03 (45.80)	2:15.01 (46.98)	2:59.60 (44.59)		
2	Jaeger, Debbie	61	Virginia Masters Swim Team	3:21.31	3:19.55	4
	47.13	1:37.03 (49.90)	2:28.36 (51.33)	3:19.55 (51.19)		
3	Doyle, Gabrielle	61	DC Water Wizards	5:06.00	4:56.05	3
	1:14.54	2:30.59 (1:16.05)	3:43.15 (1:12.56)	4:56.05 (1:12.90)		

Women 60-64 50 SC Meter Breaststroke

WORLD: 37.08 W 5/26/2018		Jenny WHITELEY		AUS		
NATL: 38.87 N 12/4/2016		COLETTE CRABBE				
MEET: 41.35 M 3/25/2000		Joann Leilich				
1	Brightwell, Kim	63	Reston Masters Swim Team	45.32	43.02	6
2	Miller, Patricia	62	Virginia Masters Swim Team	42.22	43.22	4
3	Jaeger, Debbie	61	Virginia Masters Swim Team	52.69	51.28	3
4	Weigand, Elizabeth	61	Reston Masters Swim Team	52.89	53.15	2
5	Finucan Clarkson, Karen	63	Montgomery Ancient Mariners	1:15.00	57.49	1
6	Sugg, Stephanie	60	Montgomery Ancient Mariners	1:16.68	1:19.69	

Women 60-64 100 SC Meter Breaststroke

WORLD: 1:20.50 W 5/26/2018		Jenny WHITELEY		AUS		
NATL: 1:24.39 N 12/3/2016		COLETTE CRABBE				
MEET: 1:30.58 M 3/25/2000		Joann Leilich				
1	Miller, Patricia	62	Virginia Masters Swim Team	1:35.02	1:35.75	6
2	Weigand, Elizabeth	61	Reston Masters Swim Team	1:55.44	2:08.03	4
	57.62	2:08.03 (1:10.41)				
3	Sugg, Stephanie	60	Montgomery Ancient Mariners	2:48.10	2:53.08	3

Women 60-64 200 SC Meter Breaststroke

WORLD: 2:57.05 W 5/26/2018		Jenny WHITELEY		AUS		
NATL: 3:04.70 N 12/4/2016		LO KNAPP				
MEET: 3:18.25 M 3/31/2001		Joann Leilich				
1	Burke, Barbara	62	Colonials 1776	3:28.05	3:26.04	6
	48.11	1:40.32 (52.21)	2:34.94 (54.62)	3:26.04 (51.10)		

Women 60-64 50 SC Meter Butterfly

WORLD: 31.24 W 12/7/2019		Traci GRANGER		USA		
NATL: 31.24 N 12/7/2019		TRACI GRANGER				
MEET: 35.19 M 3/5/2016		Jeanne Lappin		Germantown Maryl		
1	Brightwell, Kim	63	Reston Masters Swim Team	38.27	37.84	6

Women 60-64 100 SC Meter Butterfly

WORLD: 1:10.97 W 4/23/2022		Karlyn PIPES		USA		
NATL: 1:10.97 N 4/23/2022		KARLYN PIPES				
MEET: 1:17.07 M 3/21/2015		Jeanne Lappin		Germantown Maryl		
1	Burke, Barbara	62	Colonials 1776	1:24.53	1:22.87	6
	38.26	1:22.87 (44.61)				

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Women 60-64 200 SC Meter Butterfly

WORLD:		2:41.25	W	12/3/2011	Laura VAL	USA		
NATL:		2:41.25	N	12/3/2011	LAURA VAL			
MEET:		2:52.43	M	3/21/2015	Jeanne Lappin	Germantown Maryl		
1	Burke, Barbara	44.33		1:35.61 (51.28)	62 Colonials 1776	3:20.63	3:16.87	6
						2:27.62 (52.01)	3:16.87 (49.25)	

Women 60-64 100 SC Meter IM

WORLD:		1:12.08	W	4/24/2022	Karlyn PIPES	USA		
NATL:		1:12.08	N	4/24/2022	KARLYN PIPES			
MEET:		1:24.82	M	3/3/2018	Jeanne Lappin	Germantown Maryl		
1	Brightwell, Kim	40.04		1:25.49 (45.45)	63 Reston Masters Swim Team	1:32.24	1:25.49	6
2	Miller, Patricia	44.08		1:29.10 (45.02)	62 Virginia Masters Swim Team	1:31.25	1:29.10	4
---	Weigand, Elizabeth	1:00.26		DQ (1:00.78)	61 Reston Masters Swim Team	1:54.79	DQ	
	Other - Misc							

Women 60-64 200 SC Meter IM

WORLD:		2:36.81	W	10/13/2018	Jenny WHITELEY	AUS		
NATL:		2:41.53	N	12/6/2013	LAURA VAL			
MEET:		2:52.64	M	3/19/2011	Shirley Loftus-Ch			
1	Burke, Barbara	40.94		1:30.38 (49.44)	62 Colonials 1776	3:02.77	3:04.86	6
						2:23.05 (52.67)	3:04.86 (41.81)	
2	Miller, Patricia	44.17		1:36.68 (52.51)	62 Virginia Masters Swim Team	3:13.67	3:13.18	4
						3:13.18 (1:36.50)		

Women 65-69 50 SC Meter Freestyle

WORLD:		29.30	W	11/19/2016	Laura VAL	USA		
NATL:		29.30	N	11/19/2016	LAURA VAL			
MEET:		32.35	M	3/19/2011	Diann Uustal			
1	Gossman, Jean				65 DC Water Wizards	1:18.58	1:17.83	6
---	Cardillo, Lauren				65 Alexandria Masters Swimming	50.00	NS	

Women 65-69 100 SC Meter Freestyle

WORLD:		1:04.40	W	12/1/2017	Laura VAL	USA		
NATL:		1:04.40	N	12/1/2017	LAURA VAL			
MEET:		1:14.11	M	3/5/2016	Shirley Loftus-Charley	Virginia Masters		
1	Yochelson, Deborah	50.97		1:48.06 (57.09)	69 Montgomery Ancient Mariners	1:50.45	1:48.06	6
---	Greer, Mary				65 DC Water Wizards	2:00.00	NS	

Women 65-69 200 SC Meter Freestyle

WORLD:		2:23.26	W	11/18/2017	Laura VAL	USA		
NATL:		2:23.26	N	11/18/2017	LAURA VAL			
MEET:		2:38.98	M	3/25/2017	Cecilia McCloskey	Colonials 1776		
1	Stoecker, Sally	51.92		1:52.99 (1:01.07)	69 DC Water Wizards	3:34.10	4:03.48	6
						2:59.25 (1:06.26)	4:03.48 (1:04.23)	
2	Greer, Mary				65 DC Water Wizards	4:00.00	5:28.24	4

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Women 65-69 400 SC Meter Freestyle

WORLD: 5:02.08 W 9/24/2017		Laura VAL	USA			
NATL: 5:02.08 N 9/24/2017		LAURA VAL				
MEET: 5:24.44 M 3/5/2016		Shirley Loftus-Charley	Virginia Masters			
1	Crouse, Jeanne	67	Montgomery Ancient Mariners	8:01.42	7:49.92	6
	51.60	1:50.67 (59.07)	2:51.66 (1:00.99)	3:52.18 (1:00.52)		
	4:52.56 (1:00.38)	5:52.30 (59.74)	6:52.72 (1:00.42)	7:49.92 (57.20)		
2	Yochelson, Deborah	69	Montgomery Ancient Mariners	8:20.00	7:58.94	4
	50.85	1:51.08 (1:00.23)	2:51.47 (1:00.39)	3:53.35 (1:01.88)		
	4:54.99 (1:01.64)	5:56.91 (1:01.92)	6:59.36 (1:02.45)	7:58.94 (59.58)		

Women 65-69 50 SC Meter Backstroke

WORLD: 33.41 W 9/22/2019		Laura VAL	USA			
NATL: 33.41 N 9/22/2019		LAURA VAL				
MEET: 35.58 M 3/19/2011		Diann Uustal				
1	Nash, Undine	66	DC Water Wizards	1:01.61	1:00.88	6
2	Greer, Mary	65	DC Water Wizards	1:00.00	1:14.30	4
3	Gossman, Jean	65	DC Water Wizards	1:40.32	1:39.11	3

Women 65-69 100 SC Meter Backstroke

WORLD: 1:13.08 W 12/1/2018		Laura VAL	USA			
NATL: 1:13.08 N 12/1/2018		LAURA VAL				
MEET: 1:17.99 M 3/30/2019		Joan Pfingraff	Maryland Masters			
1	Nash, Undine	66	DC Water Wizards	2:31.47	2:20.50	6
	1:08.46	2:20.50 (1:12.04)				

Women 65-69 50 SC Meter Breaststroke

WORLD: 38.90 W 11/28/2021		Dagmar FRESE	GER			
NATL: 41.16 N 12/3/2022		MELINDA MANN				
MEET: 42.35 M 4/9/2005		Joann Leilich				
1	Nash, Undine	66	DC Water Wizards	55.97	56.74	6
2	Yochelson, Deborah	69	Montgomery Ancient Mariners	1:04.28	1:03.38	4
3	Gossman, Jean	65	DC Water Wizards	1:58.64	2:07.45	3
---	Cardillo, Lauren	65	Alexandria Masters Swimming	55.00	NS	

Women 65-69 100 SC Meter Breaststroke

WORLD: 1:28.03 W 12/3/2022		Amanda HEATH	GBR			
NATL: 1:28.94 N 11/12/2022		COLETTE CRABBE				
MEET: 1:32.37 M 3/20/2004		Joann Leilich				
1	Nash, Undine	66	DC Water Wizards	2:13.11	2:05.72	6
	1:02.90	2:05.72 (1:02.82)				

Women 65-69 50 SC Meter Butterfly

WORLD: 32.57 W 11/23/2019		Penny NOYES	USA			
NATL: 32.57 N 11/23/2019		PENNY NOYES				
MEET: 35.52 M 3/16/2013		Diann Uustal				
1	Crouse, Jeanne	67	Montgomery Ancient Mariners	52.47	53.44	6
2	Greer, Mary	65	DC Water Wizards	1:30.00	1:21.23	4

Women 65-69 100 SC Meter Butterfly

WORLD: 1:13.47 W 12/8/2019		Laura VAL	USA			
NATL: 1:13.47 N 12/8/2019		LAURA VAL				
MEET: 1:21.13 M 3/5/2016		Cecilia McCloskey	Colonials 1776			
---	Lappin, Jeanne	68	Germantown Maryland Masters	1:24.00	NS	

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Women 65-69 100 SC Meter IM

WORLD:		1:15.65	W	11/23/2019	Penny NOYES	USA		
NATL:		1:15.65	N	11/23/2019	PENNY NOYES			
MEET:		1:21.17	M	3/25/2017	Cecilia McCloskey	Colonials 1776		
1	Crouse, Jeanne	67	Montgomery Ancient Mariners	1:59.58	1:57.25			6
	56.15	1:57.25 (1:01.10)						

Women 65-69 200 SC Meter IM

WORLD:		2:46.04	W	12/6/2019	Laura VAL	USA		
NATL:		2:46.04	N	12/6/2019	LAURA VAL			
MEET:		3:03.67	M	2/29/2020	Jeanne Lappin	Germantown Maryl		
---	Lappin, Jeanne	68	Germantown Maryland Masters	3:08.00		NS		

Women 70-74 50 SC Meter Freestyle

WORLD:		30.55	W	12/3/2022	Laura VAL	USA		
NATL:		30.55	N	12/3/2022	LAURA VAL			
MEET:		35.66	M	3/19/2011	Beth Schreiner			
1	Labukas, Kathy	73	DC Water Wizards	44.03	44.30			6

Women 70-74 100 SC Meter Freestyle

WORLD:		1:06.61	W	12/2/2022	Laura VAL	USA		
NATL:		1:06.61	N	12/2/2022	LAURA VAL			
MEET:		1:13.13	M	3/5/2016	Diann Uustal	New England Mast		
1	Labukas, Kathy	73	DC Water Wizards	1:36.36	1:35.56			6
	45.14	1:35.56 (50.42)						
2	Eisenberg, Ruth	70	DC Water Wizards	2:40.00	2:34.55			4

Women 70-74 200 SC Meter Freestyle

WORLD:		2:27.89	W	10/9/2022	Laura VAL	USA		
NATL:		2:27.89	N	10/9/2022	LAURA VAL			
MEET:		2:59.10	M	3/30/2019	Ann Lyttle	Virginia Masters		
1	He, Kaixin	73	DC Water Wizards	4:33.93	4:13.33			6
2	Eisenberg, Ruth	70	DC Water Wizards	5:15.00	5:19.84			4

Women 70-74 400 SC Meter Freestyle

WORLD:		5:28.76	W	2/2/2020	Charlotte DAVIS	USA		
NATL:		5:28.76	N	2/2/2020	CHARLOTTE DAVIS			
MEET:		6:33.48	M	4/1/2006	Nancy Brown			
1	Loftus-Charley, Shirley	72	Cavalier Masters	5:40.00	5:41.53 M			6
	38.45	1:20.84 (42.39)	2:04.03 (43.19)	2:47.44 (43.41)				
	3:30.79 (43.35)	4:14.42 (43.63)	5:41.53 (1:27.11)					

Women 70-74 50 SC Meter Backstroke

WORLD:		33.80	W	12/4/2022	Laura VAL	USA		
NATL:		33.80	N	12/4/2022	LAURA VAL			
MEET:		36.68	M	2/29/2020	Cecilia McCloskey			
1	Labukas, Kathy	73	DC Water Wizards	51.48	51.49			6

Women 70-74 200 SC Meter Backstroke

WORLD:		2:47.56	W	10/17/2021	Laura VAL	USA		
NATL:		2:47.56	N	10/17/2021	LAURA VAL			
MEET:		3:13.88	M	4/2/2022	Shirley Loftus-Charley	E Team		
1	Loftus-Charley, Shirley	72	Cavalier Masters	3:25.00	3:11.17 M			6
	44.98	1:33.27 (48.29)	2:22.45 (49.18)	3:11.17 (48.72)				

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2	He, Kaixin	73	DC Water Wizards	4:53.53	4:51.55	4
	1:07.71	2:21.20 (1:13.49)	4:51.55 (2:30.35)			

Women 70-74 50 SC Meter Breaststroke

WORLD:	42.80	W	2/27/2005	Shoko YONEZAWA	JPN
NATL:	43.64	N	10/15/2022	KATHLEEN LEWIS	
MEET:	44.32	M	3/21/2009	Joann Leilich	

---	Boslego, Barbara	72	Virginia Masters Swim Team	50.37	NS
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Women 70-74 200 SC Meter Breaststroke

WORLD:	3:24.57	W	1/21/2017	Nobuko YASUDA	JPN
NATL:	3:25.76	N	3/21/2009	JOANN LEILICH	
MEET:	3:25.76	M	3/21/2009	Joann Leilich	

---	He, Kaixin	73	DC Water Wizards	4:47.89	DQ
	One hand touch				
	1:02.84	2:13.27 (1:10.43)	DQ (2:21.74)		

Women 70-74 100 SC Meter Butterfly

WORLD:	1:15.46	W	10/17/2021	Laura VAL	USA
NATL:	1:15.46	N	10/17/2021	LAURA VAL	
MEET:	1:19.98	M	2/29/2020	Cecilia McCloskey	Swim Fort Lauder

1	Loftus-Charley, Shirley	72	Cavalier Masters	1:35.00	1:32.77	6
	43.77	1:32.77 (49.00)				

Women 70-74 100 SC Meter IM

WORLD:	1:18.81	W	12/4/2022	Laura VAL	USA
NATL:	1:18.81	N	12/4/2022	LAURA VAL	
MEET:	1:21.09	M	2/29/2020	Cecilia McCloskey	Swim Fort Lauder

1	He, Kaixin	73	DC Water Wizards	2:18.42	2:12.02	6
	1:09.07	2:12.02 (1:02.95)				

---	Labukas, Kathy	73	DC Water Wizards	2:05.00	DQ
	Not towards breast off wall - breast				
	55.05	DQ (1:02.04)			

---	Boslego, Barbara	72	Virginia Masters Swim Team	1:45.20	NS
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Women 70-74 200 SC Meter IM

WORLD:	2:52.19	W	10/16/2021	Laura VAL	USA
NATL:	2:52.19	N	10/16/2021	LAURA VAL	
MEET:	2:55.56	M	2/29/2020	Cecilia McCloskey	Swim Fort Lauder

1	Loftus-Charley, Shirley	72	Cavalier Masters	3:25.00	3:12.12	6
	41.73	1:32.04 (50.31)	2:30.38 (58.34)	3:12.12 (41.74)		

Women 75-79 50 SC Meter Freestyle

WORLD:	34.04	W	10/15/2022	Diann UUSTAL	USA
NATL:	34.04	N	10/15/2022	DIANN UUSTAL	
MEET:	37.33	M	3/19/2011	Johnnie Detrick	

1	Uustal, Diann	77	Sarasota Sharks Masters	35.64	34.33 M	6
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---	Campbell, Valerie	76	Freedom Aquatic Club	1:09.20	NS
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Women 75-79 100 SC Meter Freestyle

WORLD: 1:15.87		W	10/17/2021	Diann UUSTAL	USA		
NATL: 1:15.87		N	10/17/2021	DIANN UUSTAL			
MEET: 1:28.71		M	3/17/2012	Johnnie Detrick			
1	Bennett, Ruth	77	Reston Masters Swim Team	1:30.60	1:34.32	6	
	45.14		1:34.32 (49.18)				
2	Campbell, Valerie	76	Freedom Aquatic Club	2:46.81	2:40.21	4	

Women 75-79 200 SC Meter Freestyle

WORLD: 2:51.46		W	10/14/2022	Diann UUSTAL	USA		
NATL: 2:51.46		N	10/14/2022	DIANN UUSTAL			
MEET: 3:18.90		M	4/2/2022	Ruth Bennett	UC10-10		
1	Bennett, Ruth	77	Reston Masters Swim Team	3:14.98	3:28.94	6	
	46.29		1:39.42 (53.13)	2:34.20 (54.78)	3:28.94 (54.74)		
2	Bell Vanderhoof, Yvonne	75	DC Water Wizards	9:23.36	8:03.36	4	

Women 75-79 400 SC Meter Freestyle

WORLD: 6:08.74		W	4/19/2015	Yoshiko OSAKI	JPN		
NATL: 6:17.67		N	11/13/2021	CAROLYN BOAK			
1	Bell Vanderhoof, Yvonne	75	DC Water Wizards	18:50.10	17:16.40	6	
	1:56.72		4:08.78 (2:12.06)	6:30.52 (2:21.74)	8:48.59 (2:18.07)		
	10:59.26 (2:10.67)		13:12.35 (2:13.09)	15:18.61 (2:06.26)	17:16.40 (1:57.79)		

Women 75-79 50 SC Meter Backstroke

WORLD: 39.01		W	7/21/2019	Clary MUNNS	AUS		
NATL: 40.02		N	10/15/2022	DIANN UUSTAL			
MEET: 45.19		M	3/19/2011	Nancy Brown			
1	Uustal, Diann	77	Sarasota Sharks Masters	41.02	40.00 N	6	
2	Campbell, Valerie	76	Freedom Aquatic Club	1:28.22	1:23.23	4	

Women 75-79 100 SC Meter Backstroke

WORLD: 1:26.40		W	10/15/2022	Diann UUSTAL	USA		
NATL: 1:26.40		N	10/15/2022	DIANN UUSTAL			
MEET: 1:36.90		M	3/19/2011	Nancy Brown			
1	Uustal, Diann	77	Sarasota Sharks Masters	1:28.80	1:26.90 M	6	
	41.81		1:26.90 (45.09)				
2	Baiornos, Karyn	75	DC Water Wizards	2:10.00	2:09.50	4	
	1:06.16		2:09.50 (1:03.34)				
3	Campbell, Valerie	76	Freedom Aquatic Club	3:07.05	2:56.12	3	
	1:27.48		2:56.12 (1:28.64)				

Women 75-79 200 SC Meter Backstroke

WORLD: 3:10.53		W	10/17/2021	Diann UUSTAL	USA		
NATL: 3:10.53		N	10/17/2021	DIANN UUSTAL			
MEET: 3:34.09		M	3/19/2011	Nancy Brown			
---	Uustal, Diann	77	Sarasota Sharks Masters	3:14.00	NS		

Women 75-79 50 SC Meter Breaststroke

WORLD: 43.79		W	2/14/2010	Shoko YONEZAWA	JPN		
NATL: 46.20		N	3/15/2014	JOANN LEILICH			
MEET: 46.20		M	3/15/2014	Joann Leilich			
1	Carter, Susan	76	Virginia Masters Swim Team	1:05.94	1:02.61	6	

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Women 75-79 100 SC Meter Breaststroke

WORLD: 1:36.48		W	3/21/2010	Shoko YONEZAWA	JPN		
NATL: 1:40.82		N	3/15/2014	JOANN LEILICH			
MEET: 1:40.82		M	3/15/2014	Joann Leilich			
1	Baiorunos, Karyn	75	DC Water Wizards	2:30.00	2:20.70	6	
	1:10.74		2:20.70 (1:09.96)				
---	Carter, Susan	76	Virginia Masters Swim Team	2:26.45	NS		

Women 75-79 200 SC Meter Breaststroke

WORLD: 3:33.03		W	4/17/2010	Shoko YONEZAWA	JPN		
NATL: 3:36.56		N	3/15/2014	JOANN LEILICH			
MEET: 3:36.56		M	3/15/2014	Joann Leilich			
1	Bell Vanderhoof, Yvonne	75	DC Water Wizards	9:17.62	8:36.17	6	
	4:10.17 ()		6:22.62 (2:12.45)	8:36.17 (2:13.55)			

Women 75-79 100 SC Meter IM

WORLD: 1:27.96		W	5/25/2019	Clary MUNNS	AUS		
NATL: 1:29.53		N	11/5/2022	DIANN UUSTAL			
MEET: 1:42.98		M	3/21/2015	Joann Leilich	Woodlands Master		
1	Baiorunos, Karyn	75	DC Water Wizards	2:10.00	2:11.71	6	

Women 75-79 200 SC Meter IM

WORLD: 3:15.24		W	11/13/2022	Kira MAKAROVA	RUS		
NATL: 3:32.91		N	11/13/2021	CAROLYN BOAK			
MEET: 3:40.89		M	3/21/2015	Joann Leilich	Woodlands Master		
1	Baiorunos, Karyn	75	DC Water Wizards	4:40.00	4:53.34	6	
	1:15.01		2:29.99 (1:14.98)	3:44.10 (1:14.11)	4:53.34 (1:09.24)		

Women 80-84 50 SC Meter Freestyle

WORLD: 36.08		W	5/20/2018	Yoshiko OSAKI	JPN		
NATL: 38.03		N	1/25/2009	GAIL ROPER			
MEET: 39.21		M	3/5/2016	Johnnie Detrick	Virginia Masters		
1	Manheim, Lucy	81	Reston Masters Swim Team	53.61	56.55	6	
2	Carter, Linda	81	Germantown Maryland Masters	1:05.00	1:05.68	4	
---	Schreiner, Beth	82	Virginia Masters Swim Team	43.00	NS		

Women 80-84 100 SC Meter Freestyle

WORLD: 1:21.29		W	5/20/2018	Yoshiko OSAKI	JPN		
NATL: 1:26.23		N	1/25/2009	GAIL ROPER			
MEET: 1:32.76		M	3/5/2016	Johnnie Detrick	Virginia Masters		
1	Schreiner, Beth	82	Virginia Masters Swim Team	1:41.15	1:42.23	6	
	48.75		1:42.23 (53.48)				
2	Carter, Linda	81	Germantown Maryland Masters	2:18.00	2:30.98	4	
	1:11.43		2:30.98 (1:19.55)				

Women 80-84 200 SC Meter Freestyle

WORLD: 3:00.43		W	2/10/2018	Yoshiko OSAKI	JPN		
NATL: 3:18.57		N	1/25/2009	GAIL ROPER			
MEET: 3:26.52		M	3/24/2007	Jean Troy			
1	Schreiner, Beth	82	Virginia Masters Swim Team	3:45.00	3:46.23	6	

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Women 80-84 50 SC Meter Backstroke

WORLD:	43.76	W	5/15/2022	Satoko TAKEUJI		JPN	
NATL:	48.91	N	12/10/2022	JOY WARD			
MEET:	56.16	M	3/20/2004	Sarah T Allnutt			
1	Schreiner, Beth			82 Virginia Masters Swim Team	54.00	55.33	M 6
2	Manheim, Lucy			81 Reston Masters Swim Team	1:05.30	1:07.07	4
3	Carter, Linda			81 Germantown Maryland Masters	1:10.00	1:11.79	3

Women 80-84 100 SC Meter Backstroke

WORLD:	1:40.82	W	5/26/2019	Yoshiko OSAKI		JPN	
NATL:	1:46.73	N	11/12/2022	JOY WARD			
MEET:	2:07.19	M	4/4/1998	Anne I Walker			
1	Manheim, Lucy			81 Reston Masters Swim Team	2:20.00	2:16.97	6
	1:05.58					2:16.97 (1:11.39)	
2	Carter, Linda			81 Germantown Maryland Masters	2:30.00	2:41.17	4
	1:17.38					2:41.17 (1:23.79)	

Women 80-84 100 SC Meter IM

WORLD:	1:38.45	W	1/20/2018	Yoshiko OSAKI		JPN	
NATL:	1:44.95	N	5/16/2009	GAIL ROPER			
MEET:	1:55.68	M	3/21/2015	Johnnie Detrick		Virginia Masters	
---	Manheim, Lucy			81 Reston Masters Swim Team	2:35.13	DQ	
	Non-simultaneous arms - fly						
	1:27.88					DQ (1:27.21)	

Men 18-24 50 SC Meter Freestyle

NATL:	21.38	N	12/11/2005	NICK BRUNELLI			
MEET:	23.47	M	3/5/2016	Joshua Heller		UC10-10	
1	Asbacher, Tyler			19 Montgomery Ancient Mariners	30.79	32.01	6
---	Brukx, Peter			23 New York Athletic Club	23.90	NS	
---	Wells, Connor			22 Uc10	28.00	NS	

Men 18-24 100 SC Meter Freestyle

NATL:	48.00	N	12/11/2005	NICK BRUNELLI			
MEET:	54.23	M	4/2/2022	Jack Ham		Reston Masters S	
1	Liu, Alexander			22 Lane 4 Swimming	1:05.52	1:02.92	6
	30.88					1:02.92 (32.04)	
2	Wells, Connor			22 Uc10	1:05.50	1:05.37	4
	30.42					1:05.37 (34.95)	

Men 18-24 50 SC Meter Backstroke

NATL:	25.22	N	10/30/2022	EMILIO PEREZ			
MEET:	25.38	M	3/17/2012	Josh Hafkin			
1	Asbacher, Tyler			19 Montgomery Ancient Mariners	38.85	35.47	6

Men 18-24 100 SC Meter Backstroke

NATL:	51.91	N	10/29/2011	EUGENE GODSOE			
MEET:	56.79	M	3/17/2012	Josh Hafkin			
1	Liu, Alexander			22 Lane 4 Swimming	1:12.69	1:11.22	6
	34.51					1:11.22 (36.71)	
2	Asbacher, Tyler			19 Montgomery Ancient Mariners	1:13.64	1:15.84	4
	36.61					1:15.84 (39.23)	

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Men 18-24 200 SC Meter Backstroke

NATL: 1:54.74 N 10/6/2019 P BOLANOS

MEET: 2:31.04 M 4/1/2006 Brian Hahs

1	Asbacher, Tyler	19	Montgomery Ancient Mariners	2:40.41	2:53.32	6
	39.67	1:22.36 (42.69)	2:08.14 (45.78)	2:53.32 (45.18)		

Men 18-24 50 SC Meter Breaststroke

NATL: 27.83 N 11/21/2009 GREGOR PLEVELJ

MEET: 30.31 M 4/12/1997 Robert Butcher

1	Liu, Alexander	22	Lane 4 Swimming	36.25	35.32	6
2	Wells, Connor	22	Uc10	36.22	39.08	4
3	Luu, Rome	23	Germantown Maryland Masters	45.00	42.59	3

Men 18-24 100 SC Meter Breaststroke

NATL: 59.96 N 11/18/2017 THIBAUT CAPITAINE

MEET: 1:06.29 M 4/12/1997 Robert Butcher

1	Luu, Rome	23	Germantown Maryland Masters	1:40.00	1:40.74	6
	46.63	1:40.74 (54.11)				

Men 18-24 50 SC Meter Butterfly

NATL: 23.96 N 11/6/2016 RUNAR BORGEN

MEET: 27.02 M 4/2/2022 Jack Ham

---	Brukx, Peter	23	New York Athletic Club	25.35	Reston Masters S	NS
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Men 18-24 100 SC Meter Butterfly

NATL: 52.25 N 10/29/2011 EUGENE GODSOE

MEET: 56.22 M 4/2/2022 Nick McClure

1	Brukx, Peter	23	New York Athletic Club	57.49	Germantown Maryl	57.86	6
	26.25	57.86 (31.61)					

Men 18-24 100 SC Meter IM

NATL: 55.71 N 10/29/2011 EUGENE GODSOE

MEET: 1:01.24 M 4/2/2022 Jack Ham

1	Luu, Rome	23	Germantown Maryland Masters	1:30.00	Reston Masters S	1:33.26	6
	42.32	1:33.26 (50.94)					
---	Brukx, Peter	23	New York Athletic Club	1:03.49		NS	
---	Wells, Connor	22	Uc10	1:10.00		NS	

Men 25-29 50 SC Meter Freestyle

WORLD: 21.28 W 11/20/2021 Ryan HELD

NATL: 21.28 N 11/20/2021 RYAN HELD

MEET: 23.15 M 3/21/2015 Kevin Gallagher

1	Tu, Thomas	25	Germantown Maryland Masters	27.00	USA	26.15	6
2	Wang, Max	27	Alexandria Masters Swimming	35.00		31.80	4
---	Healey, Matthew	25	Club Tribe	24.45	Team Swim Spray	NS	

Men 25-29 100 SC Meter Freestyle

WORLD: 47.43 W 11/16/2014 Cesar CIELO

NATL: 47.43 N 11/16/2014 CESAR CIELO

MEET: 52.73 M 3/20/2004 Troy D Johnson

1	Dibadj, Bryce	28	Montgomery Ancient Mariners	58.00	USA	57.06	6
	26.77	57.06 (30.29)					
2	Tu, Thomas	25	Germantown Maryland Masters	1:00.00		1:00.49	4
	27.54	1:00.49 (32.95)					

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3	Perillo, Henry	26	Arlington Masters	1:05.00	1:04.53	3
	30.02		1:04.53 (34.51)			
4	Wang, Max	27	Alexandria Masters Swimming	1:20.00	1:10.93	2
	34.06		1:10.93 (36.87)			

Men 25-29 200 SC Meter Freestyle

WORLD: 1:44.90 W 11/3/2013 Darian TOWNSEND USA
NATL: 1:44.90 N 11/3/2013 DARIAN TOWNSEND
MEET: 1:56.99 M 3/17/2012 Bryan Rivera

1	Kirchner, Wynne	28	Montgomery Ancient Mariners	2:39.90	2:18.49	6
	31.94		1:06.73 (34.79) 1:42.23 (35.50) 2:18.49 (36.26)			

Men 25-29 50 SC Meter Breaststroke

WORLD: 26.99 W 10/29/2017 Lawrence PALMER GBR
NATL: 27.31 N 11/23/2013 EETU KARVONEN
MEET: 29.57 M 3/15/2014 Jarryd Botha

1	Ross, Marques	27	DC Water Wizards	36.99	34.43	6
2	Kirchner, Wynne	28	Montgomery Ancient Mariners	36.42	35.39	4
3	Tu, Thomas	25	Germantown Maryland Masters	34.94	35.66	3

Men 25-29 100 SC Meter Breaststroke

WORLD: 58.14 W 11/28/2021 Shotaro SHIMAZAKI JPN
NATL: 59.21 N 11/23/2013 EETU KARVONEN
MEET: 1:08.37 M 3/23/1996 Michael Bagshaw

1	Dibadj, Bryce	28	Montgomery Ancient Mariners	1:08.00	1:08.55	6
	31.51		1:08.55 (37.04)			
2	Ross, Marques	27	DC Water Wizards	1:19.99	1:18.64	4
	37.67		1:18.64 (40.97)			
3	Perillo, Henry	26	Arlington Masters	1:15.00	1:23.08	3
	38.80		1:23.08 (44.28)			

Men 25-29 50 SC Meter Butterfly

WORLD: 23.15 W 11/21/2021 Ryan HELD USA
NATL: 23.15 N 11/21/2021 RYAN HELD
MEET: 26.12 M 3/20/2004 Troy D Johnson

1	Kirchner, Wynne	28	Montgomery Ancient Mariners	38.93	30.78	6
2	Wang, Max	27	Alexandria Masters Swimming	40.00	37.24	4
---	Healey, Matthew	25	Club Tribe	27.41	NS	

Men 25-29 100 SC Meter Butterfly

WORLD: 51.38 W 10/29/2021 Adam BARRETT GBR
NATL: 52.45 N 11/3/2013 DARIAN TOWNSEND
MEET: 57.99 M 4/1/2006 Matthew Zuiderhof

---	Kettlewell-Sltes, Sam	26	Club Tribe	57.48	NS	
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Men 25-29 100 SC Meter IM

WORLD: 52.78 W 11/21/2021 Ryan HELD USA
NATL: 52.78 N 11/21/2021 RYAN HELD
MEET: 1:00.03 M 3/3/2018 Scott McHenry Alexandria Maste

1	Ross, Marques	27	DC Water Wizards	1:14.49	1:10.94	6
	34.64		1:10.94 (36.30)			
2	Perillo, Henry	26	Arlington Masters	1:10.00	1:15.91	4
	35.01		1:15.91 (40.90)			

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(Men 25-29 100 SC Meter IM)

--- Kettlewell-Sites, Sam 26 Club Tribe 1:03.48 NS

Men 25-29 200 SC Meter IM

WORLD: 1:58.91 W 10/4/2020 Ken KUWAYAMA JPN
NATL: 1:59.79 N 10/13/2013 ADAM RITTER
MEET: 2:12.26 M 3/20/2004 Frank Byskov

1	Kirchner, Wynne	28	Montgomery Ancient Mariners	3:03.50	2:31.61	6
	32.07	1:12.07 (40.00)	1:54.82 (42.75)	2:31.61 (36.79)		
2	Ross, Marques	27	DC Water Wizards	2:51.99	2:40.94	4
	33.33	1:18.42 (45.09)	2:02.31 (43.89)	2:40.94 (38.63)		

Men 30-34 50 SC Meter Freestyle

WORLD: 21.53 W 12/5/2021 FROSA MESSIAS BRA
NATL: 21.91 N 11/13/2016 DARIAN TOWNSEND
MEET: 23.45 M 3/15/2008 Troy Johnson

1	Clark, Kempsey	33	Germantown Maryland Masters	29.98	29.97	6
2	Pasco, Ernesto	32	Montgomery Ancient Mariners	40.00	31.62	4

Men 30-34 100 SC Meter Freestyle

WORLD: 47.29 W 11/27/2015 Evgeniy LAGUNOV RUS
NATL: 48.08 N 9/27/2014 DARIAN TOWNSEND
MEET: 52.23 M 3/24/2007 Troy Johnson

1	De Jesus, Jose	30	Terrapin Masters	55.28	56.83	6
	26.30	56.83 (30.53)				
2	Tran, William	32	Arlington Masters	1:01.28	1:00.02	4
	29.25	1:00.02 (30.77)				
3	Piceno, Carlo	32	Montgomery Ancient Mariners	1:15.00	1:03.74	3
	30.56	1:03.74 (33.18)				
4	Clark, Kempsey	33	Germantown Maryland Masters	1:03.59	1:04.64	2
	30.75	1:04.64 (33.89)				
5	Pasco, Ernesto	32	Montgomery Ancient Mariners	1:35.00	1:15.68	1
	34.73	1:15.68 (40.95)				

Men 30-34 200 SC Meter Freestyle

WORLD: 1:46.12 W 9/27/2014 Darian TOWNSEND USA
NATL: 1:46.12 N 9/27/2014 DARIAN TOWNSEND
MEET: 2:01.03 M 4/1/2006 Troy Johnson

1	Jurkiewicz, Crosby	33	Uc10	2:15.46	2:13.63	6
	31.92	1:06.37 (34.45)	1:40.15 (33.78)	2:13.63 (33.48)		
2	Piceno, Carlo	32	Montgomery Ancient Mariners	2:50.00	2:23.68	4
	33.02	1:09.54 (36.52)	1:46.56 (37.02)	2:23.68 (37.12)		

Men 30-34 50 SC Meter Backstroke

WORLD: 23.86 W 5/7/2017 Nelson SILVA Jr. BRA
NATL: 24.75 N 11/12/2016 DARIAN TOWNSEND
MEET: 29.29 M 3/15/2014 Adam Barley

1	Pasco, Ernesto	32	Montgomery Ancient Mariners	50.00	40.65	6
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Men 30-34 100 SC Meter Backstroke

WORLD: 52.13 W 2/13/2022		Junichi MORITA				JPN	
NATL: 52.68 N 10/24/2009		DERYA BUYUKUNCU					
MEET: 1:00.00 M 3/26/1994		J Clay Britt					
1	Tran, William	32	Arlington Masters	1:06.73	1:07.49		6
	32.85		1:07.49 (34.64)				
2	Clark, Kempsey	33	Germantown Maryland Masters	1:12.00	1:14.36		4
	35.85		1:14.36 (38.51)				

Men 30-34 50 SC Meter Breaststroke

WORLD: 26.72 W 5/5/2018		Felipe LIMA				BRA	
NATL: 27.60 N 10/8/2022		BRANDON FISCHER					
MEET: 29.87 M 3/21/2009		Blake Holden					
1	De Jesus, Jose	30	Terrapin Masters	30.48	30.96		6
2	Wolfe, Ryan	30	Patriot Masters Swim Team	32.00	33.75		4

Men 30-34 100 SC Meter Breaststroke

WORLD: 59.10 W 11/28/2021		Kohhei TOMINAGA				JPN	
NATL: 59.42 N 10/8/2022		BRANDON FISCHER					
MEET: 1:04.81 M 3/21/2009		Blake Holden					
1	Wolfe, Ryan	30	Patriot Masters Swim Team	1:11.00	1:13.94		6
	34.91		1:13.94 (39.03)				

Men 30-34 200 SC Meter Breaststroke

WORLD: 2:11.17 W 11/13/2021		Dmitrii GORBUNOV				RUS	
NATL: 2:11.44 N 10/9/2022		BRANDON FISCHER					
MEET: 2:23.31 M 3/21/2009		Blake Holden					
1	Jurkiewicz, Crosby	33	Uc10	2:45.00	2:44.61		6
	38.15		1:20.04 (41.89)	2:02.25 (42.21)	2:44.61 (42.36)		
2	Steinhilber, Will	30	Potomac Marlin Masters	2:45.00	3:09.79		4
	37.87		1:22.22 (44.35)	2:15.32 (53.10)	3:09.79 (54.47)		

Men 30-34 50 SC Meter Butterfly

WORLD: 22.87 W 5/16/2009		Thomas RUPPRATH				GER	
NATL: 24.14 N 12/14/2019		DREW MODROV					
MEET: 26.02 M 3/24/2007		Troy Johnson					
1	Piceno, Carlo	32	Montgomery Ancient Mariners	36.00	32.32		6
---	Steinhilber, Will	30	Potomac Marlin Masters	31.00	NS		

Men 30-34 100 SC Meter Butterfly

WORLD: 52.40 W 4/16/2022		Ko FUKAYA				JPN	
NATL: 52.81 N 11/15/2014		DARIAN TOWNSEND					
MEET: 57.47 M 3/25/2000		Jeffrey H Roddin					
1	Steinhilber, Will	30	Potomac Marlin Masters	1:04.00	1:08.76		6
	30.13		1:08.76 (38.63)				

Men 30-34 200 SC Meter Butterfly

WORLD: 1:53.56 W 11/25/2017		Nikolay SKVORTSOV				RUS	
NATL: 1:57.41 N 9/24/2016		DARIAN TOWNSEND					
MEET: 2:12.51 M 3/25/2000		Jeffrey H Roddin					
1	Jurkiewicz, Crosby	33	Uc10	2:29.41	2:24.49		6
	33.02		1:10.48 (37.46)	1:47.59 (37.11)	2:24.49 (36.90)		

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Men 30-34 100 SC Meter IM

WORLD:		53.28	W	11/13/2016	Darian TOWNSEND	USA		
NATL:		53.28	N	11/13/2016	DARIAN TOWNSEND			
MEET:		1:01.02	M	4/2/2022	Sidney Glass	Club Tribe-12		
1	Tran, William	32	Arlington Masters	1:07.80	1:08.09		6	
		32.11	1:08.09 (35.98)					
2	Wolfe, Ryan	30	Patriot Masters Swim Team	1:05.00	1:09.35		4	
		33.93	1:09.35 (35.42)					

Men 30-34 200 SC Meter IM

WORLD:		1:56.96	W	11/13/2016	Darian TOWNSEND	USA		
NATL:		1:56.96	N	11/13/2016	DARIAN TOWNSEND			
MEET:		2:14.53	M	3/15/2014	Adam Barley			
1	Steinhilber, Will	30	Potomac Marlin Masters	2:28.00	2:47.41		6	
		31.57	1:15.97 (44.40)	2:04.66 (48.69)	2:47.41 (42.75)			

Men 35-39 50 SC Meter Freestyle

WORLD:		21.53	W	10/27/2007	Mark FOSTER	GBR		
NATL:		21.81	N	9/22/2018	ROLAND SCHOEMAN			
MEET:		24.05	M	3/25/2000	Michael A Fell			
1	Bulakul, Sirin	35	Club Tribe	24.91	24.43		6	
2	Culliton, Todd	35	Germantown Maryland Masters	NT	26.95		4	
3	Russell, John	39	Montgomery Ancient Mariners	33.83	32.65		3	

Men 35-39 100 SC Meter Freestyle

WORLD:		47.70	W	11/18/2018	Roland SCHOEMAN	USA		
NATL:		47.70	N	11/18/2018	ROLAND SCHOEMAN			
MEET:		53.06	M	3/25/2000	Michael A Fell			
1	Bulakul, Sirin	35	Club Tribe	55.00	55.34		6	
		26.50	55.34 (28.84)					
2	Taylor, Tim	36	Alexandria Masters Swimming	1:04.94	1:06.23		4	
		31.81	1:06.23 (34.42)					
---	Ko, John	37	Lane 4 Swimming	1:12.00	DQ			
	False start							
		30.29	DQ (34.45)					

Men 35-39 50 SC Meter Backstroke

WORLD:		24.48	W	11/27/2021	Stefano RAZETO	GER		
NATL:		25.57	N	10/27/2019	DARIAN TOWNSEND			
MEET:		26.84	M	3/23/1996	J Clay Britt			
1	Bulakul, Sirin	35	Club Tribe	29.00	29.26		6	
2	Ko, John	37	Lane 4 Swimming	38.00	33.36		4	

Men 35-39 100 SC Meter Backstroke

WORLD:		54.60	W	3/19/2022	Takashi TAKEMOTO	JPN		
NATL:		54.66	N	10/26/2019	DARIAN TOWNSEND			
MEET:		58.25	M	3/23/1996	J Clay Britt			
1	Ko, John	37	Lane 4 Swimming	1:23.00	1:15.75		6	
		36.34	1:15.75 (39.41)					

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Men 35-39 50 SC Meter Breaststroke

WORLD:	26.66	W	11/17/2018	Roland SCHOEMAN		USA		
NATL:	26.66	N	11/17/2018	ROLAND SCHOEMAN				
MEET:	28.82	M	4/4/1998	Wally C Dicks				
1	Culliton, Todd		35	Germantown Maryland Masters		NT	36.48	6

Men 35-39 50 SC Meter Butterfly

WORLD:	23.12	W	11/18/2018	Roland SCHOEMAN		USA		
NATL:	23.12	N	11/18/2018	ROLAND SCHOEMAN				
MEET:	26.35	M	3/25/2000	J Clay Britt				
1	Bulakul, Sirin		35	Club Tribe		26.85	26.87	6
2	Schick, Benjamin		35	Arlington Masters		30.00	29.84	4
3	Russell, John		39	Montgomery Ancient Mariners		34.73	33.74	3

Men 35-39 100 SC Meter Butterfly

WORLD:	52.78	W	1/18/2020	Takuya HASEGAWA		JPN		
NATL:	54.27	N	12/4/2011	IGOR MARCHENKO				
MEET:	58.59	M	3/24/2007	Jeffrey Roddin				
1	Schick, Benjamin		35	Arlington Masters		1:10.00	1:05.47	6
	31.16			1:05.47 (34.31)				

Men 35-39 200 SC Meter Butterfly

WORLD:	2:02.98	W	11/15/2014	Brent CREAGER		USA		
NATL:	2:02.98	N	11/15/2014	BRENT CREAGER				
MEET:	2:15.49	M	3/5/2016	Adam Barley		Tidewater Aquati		
1	Schick, Benjamin		35	Arlington Masters		2:15.00	2:24.82	6
	32.27			1:08.98 (36.71)		1:46.83 (37.85)	2:24.82 (37.99)	

Men 35-39 100 SC Meter IM

WORLD:	54.90	W	12/4/2021	Benjamin HOCKIN		PAR		
NATL:	54.91	N	10/27/2019	DARIAN TOWNSEND				
MEET:	59.11	M	3/25/2000	Jerome A Frentsos				
1	Taylor, Tim		36	Alexandria Masters Swimming		1:12.92	1:14.70	6
	33.74			1:14.70 (40.96)				
2	Russell, John		39	Montgomery Ancient Mariners		1:20.00	1:25.49	4
	37.86			1:25.49 (47.63)				

Men 40-44 50 SC Meter Freestyle

WORLD:	22.67	W	11/12/2022	Andrey KURNOSOV		RUS		
NATL:	23.13	N	8/15/2013	BRIAN JACOBSON				
MEET:	24.51	M	4/6/2002	Michael A Fell				
1	Fisher, Kevin		40	Uc10		27.25	26.26	6
2	Andrews, Robert		42	Lane 4 Swimming		27.08	26.92	4
---	Harris, Akeem		41	Central Maryland YMCA Masters		31.76	NS	
---	Fenwick, Darren		44	District Of Columbia Aquatics		45.00	NS	
---	Paushter, Matthew		44	Germantown Maryland Masters		28.85	NS	

Men 40-44 100 SC Meter Freestyle

WORLD:	49.64	W	6/4/2017	Hideaki HARA		JPN		
NATL:	50.43	N	12/6/2008	MICHAEL ROSS				
MEET:	54.02	M	4/6/2002	Michael A Fell				
1	Lundberg, Erik		44	Alexandria Masters Swimming		58.97	59.76	6
	28.30			59.76 (31.46)				

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(Men 40-44 100 SC Meter Freestyle)

2	Fenwick, Darren	44	District Of Columbia Aquatics	1:35.00	1:15.87	4
	35.59		1:15.87 (40.28)			
---	Harris, Akeem	41	Central Maryland YMCA Masters	1:13.03	NS	
---	Atteberry, Jeffrey	42	District Of Columbia Aquatics	1:03.69	NS	

Men 40-44 200 SC Meter Freestyle

WORLD: 1:50.08 W 12/6/2008 Michael ROSS USA
NATL: 1:50.08 N 12/6/2008 MICHAEL ROSS
MEET: 2:00.90 M 3/16/2013 Daniel Bellin

1	Helfers, Edward	41	Terrapin Masters	2:04.27	2:03.36	6
	28.85		1:00.25 (31.40) 1:31.98 (31.73) 2:03.36 (31.38)			
2	Paushter, Matthew	44	Germantown Maryland Masters	2:17.63	2:16.95	4
	32.13		1:07.40 (35.27) 1:43.30 (35.90) 2:16.95 (33.65)			
3	Strahota, Jeffrey	43	Terrapin Masters	2:12.12	2:18.44	3
	32.50		1:07.87 (35.37) 1:43.53 (35.66) 2:18.44 (34.91)			
4	Atteberry, Jeffrey	42	District Of Columbia Aquatics	2:17.56	2:18.84	2
	31.72		1:06.95 (35.23) 1:43.32 (36.37) 2:18.84 (35.52)			
5	Fenwick, Darren	44	District Of Columbia Aquatics	3:35.00	3:01.90	1

Men 40-44 400 SC Meter Freestyle

WORLD: 4:00.67 W 11/7/2004 Kai DITZEL GER
NATL: 4:01.32 N 10/4/2009 ERIK HOCHSTEIN
MEET: 4:40.47 M 4/12/1997 Daniel Pick

---	Cervelloni, Joel	44	Arlington Masters	8:30.00	NS	
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Men 40-44 50 SC Meter Breaststroke

WORLD: 28.06 W 5/12/2019 Ryosuke IMAI JPN
NATL: 28.21 N 11/17/2018 JEFF COMMINGS
MEET: 29.92 M 3/24/2007 Wally Dicks

1	Andrews, Robert	42	Lane 4 Swimming	35.00	33.38	6
2	Tubbs, Kelley	43	DC Water Wizards	35.01	46.08	4
---	Harris, Akeem	41	Central Maryland YMCA Masters	41.67	NS	

Men 40-44 100 SC Meter Breaststroke

WORLD: 1:01.42 W 12/6/2014 Steve WEST USA
NATL: 1:01.42 N 12/6/2014 STEVE WEST
MEET: 1:05.98 M 3/24/2007 Wally Dicks

1	Helfers, Edward	41	Terrapin Masters	1:15.00	1:11.40	6
	33.30		1:11.40 (38.10)			
2	Dreisbach, Tristan	40	Montgomery Ancient Mariners	1:28.23	1:31.58	4
	44.22		1:31.58 (47.36)			
3	Tubbs, Kelley	43	DC Water Wizards	1:28.02	1:43.53	3
	50.85		1:43.53 (52.68)			

Men 40-44 50 SC Meter Butterfly

WORLD: 24.14 W 3/16/2014 Lars FROLANDER SWE
NATL: 24.91 N 12/6/2008 MICHAEL ROSS
MEET: 26.70 M 3/30/2019 Scott Dallamura North Carolina M

1	Fisher, Kevin	40	Uc10	28.25	27.50	6
2	Lundberg, Erik	44	Alexandria Masters Swimming	29.79	30.16	4

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Men 40-44 100 SC Meter Butterfly

WORLD:		53.81	W	3/15/2014	Lars FROLANDER		SWE	
NATL:		55.82	N	12/14/2008	MICHAEL ROSS			
MEET:		59.71	M	3/20/2010	Jeffrey Roddin			
1	Helfers, Edward	41	Terrapin Masters	1:01.59	1:00.79			6
	28.10		1:00.79 (32.69)					
2	Strahota, Jeffrey	43	Terrapin Masters	1:08.01	1:09.53			4
	31.77		1:09.53 (37.76)					
3	Paushter, Matthew	44	Germantown Maryland Masters	1:11.04	1:11.64			3
	33.40		1:11.64 (38.24)					
4	Dreisbach, Tristan	40	Montgomery Ancient Mariners	1:15.41	1:17.61			2
	38.15		1:17.61 (39.46)					

Men 40-44 200 SC Meter Butterfly

WORLD:		2:02.97	W	10/11/1998	William SPECHT		USA	
NATL:		2:02.97	N	10/11/1998	WILLIAM SPECHT			
MEET:		2:15.29	M	3/15/2008	Dave Holland			
1	Atteberry, Jeffrey	42	District Of Columbia Aquatics	2:48.92	2:45.07			6
	35.56		1:17.66 (42.10)	2:01.74 (44.08)	2:45.07 (43.33)			

Men 40-44 100 SC Meter IM

WORLD:		56.91	W	6/2/2019	Takashi NISHIYAMA		JPN	
NATL:		57.19	N	11/16/2014	JEFF COMMINGS			
MEET:		1:00.54	M	3/31/2001	J Clay Britt			
1	Andrews, Robert	42	Lane 4 Swimming	1:11.00	1:12.74			6
	33.68		1:12.74 (39.06)					
2	Strahota, Jeffrey	43	Terrapin Masters	1:10.11	1:13.24			4
	33.17		1:13.24 (40.07)					
3	Dreisbach, Tristan	40	Montgomery Ancient Mariners	1:21.42	1:21.76			3
	39.15		1:21.76 (42.61)					
---	Paushter, Matthew	44	Germantown Maryland Masters	1:12.50	DQ			
	Shoulders past vertical toward breast - back							
	34.91		DQ (38.49)					

Men 40-44 200 SC Meter IM

WORLD:		2:03.45	W	12/2/2022	Markus ROGAN		USA	
NATL:		2:03.45	N	12/2/2022	MARKUS ROGAN			
MEET:		2:21.42	M	3/21/2009	Emad Elshafei			
1	Lundberg, Erik	44	Alexandria Masters Swimming	2:35.40	2:33.49			6
	33.34		1:16.47 (43.13)	2:00.23 (43.76)	2:33.49 (33.26)			
2	Strahota, Jeffrey	43	Terrapin Masters	2:35.32	2:38.32			4
	32.06		1:14.37 (42.31)	2:01.96 (47.59)	2:38.32 (36.36)			
3	Dreisbach, Tristan	40	Montgomery Ancient Mariners	2:54.53	3:00.71			3
	36.79		1:26.78 (49.99)	2:19.18 (52.40)	3:00.71 (41.53)			

Men 45-49 50 SC Meter Freestyle

WORLD:		22.85	W	6/2/2019	Hideaki HARA		JPN	
NATL:		23.58	N	11/13/2016	SIPHIWE BALEKA			
MEET:		24.82	M	3/29/2003	Gregory L Oxley			
1	Jackson, Ryan	49	Montgomery Ancient Mariners	34.00	29.69			6
2	Matthews, Chad	46	Germantown Maryland Masters	31.86	31.45			4
---	Gwilliam, Glenn	45	Reston Masters Swim Team	29.89	NS			
---	Bell, David	48	Club Tribe	26.99	NS			

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(Men 45-49 50 SC Meter Freestyle)

--- Moon, WonKee 49 District Of Columbia Aquatics 28.11 NS

Men 45-49 100 SC Meter Freestyle

WORLD: 49.99 W 6/2/2019 Hideaki HARA JPN
NATL: 52.54 N 12/2/2007 PAUL SMITH
MEET: 55.84 M 3/17/2012 Steve Hiltabiddle

1	Moon, WonKee	49	District Of Columbia Aquatics	1:05.55	1:02.45	6
	29.99			1:02.45 (32.46)		
2	Rooney, Tim	46	Arlington Masters	1:03.12	1:02.92	4
	30.60			1:02.92 (32.32)		
3	Jackson, Ryan	49	Montgomery Ancient Mariners	1:10.00	1:04.33	3
	30.82			1:04.33 (33.51)		
4	Butler, Aaron	47	DC Water Wizards	1:05.00	1:06.11	2
	32.28			1:06.11 (33.83)		
5	Matthews, Chad	46	Germantown Maryland Masters	1:23.00	1:11.65	1
	33.77			1:11.65 (37.88)		

Men 45-49 200 SC Meter Freestyle

WORLD: 1:52.87 W 3/9/2012 Nicolas GRANGER FRA
NATL: 1:56.00 N 12/2/2007 PAUL SMITH
MEET: 2:07.29 M 3/30/2019 Craig Baldwin NZL

1	Ahlgren, Kyle	48	Club Tribe	2:50.00	2:47.81	6
	40.20			1:22.70 (42.50)	2:05.74 (43.04)	2:47.81 (42.07)

Men 45-49 400 SC Meter Freestyle

WORLD: 4:03.10 W 4/18/2015 Fabio CALMASINI ITA
NATL: 4:09.19 N 11/1/2009 KEITH SWITZER
MEET: 4:35.73 M 3/15/2008 Adam Spector

1	Dion, Thomas	45	Reston Masters Swim Team	4:41.75	4:35.68M	6
	32.42			1:07.76 (35.34)	1:42.71 (34.95)	2:18.08 (35.37)
	2:53.25 (35.17)			3:27.81 (34.56)	4:02.02 (34.21)	4:35.68 (33.66)

Men 45-49 50 SC Meter Backstroke

WORLD: 26.23 W 3/20/2021 Aleksandr SHILIN RUS
NATL: 27.02 N 12/12/2009 CHRIS STEVENSON
MEET: 27.98 M 3/21/2009 J Clay Britt

1	McMeekin, Matthew	45	Montgomery Ancient Mariners	3:20.00	1:25.71	6
---	Tustin, John	47	District Of Columbia Aquatics	35.00	NS	

Men 45-49 100 SC Meter Backstroke

WORLD: 57.00 W 12/13/2009 Chris STEVENSON USA
NATL: 57.00 N 12/13/2009 CHRIS STEVENSON
MEET: 58.33 M 3/21/2009 Chris Stevenson

1	Jackson, Ryan	49	Montgomery Ancient Mariners	1:20.00	1:13.93	6
	35.53			1:13.93 (38.40)		
2	Butler, Aaron	47	DC Water Wizards	1:20.00	1:20.42	4
	38.80			1:20.42 (41.62)		
---	Tustin, John	47	District Of Columbia Aquatics	1:18.00	NS	

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Men 45-49 200 SC Meter Backstroke

WORLD:	2:05.54	W	12/12/2009	Chris STEVENSON	USA		
NATL:	2:05.54	N	12/12/2009	CHRIS STEVENSON			
MEET:	2:09.05	M	3/21/2009	Chris Stevenson			
---	Ahlgren, Kyle		48	Club Tribe		3:08.00	DQ
	Delay initiating turn						
	44.58		1:30.56 (45.98)	2:16.37 (45.81)		DQ (44.06)	

Men 45-49 50 SC Meter Breaststroke

WORLD:	28.65	W	10/26/2019	Jeff COMMINGS	USA		
NATL:	28.65	N	10/26/2019	JEFF COMMINGS			
MEET:	30.06	M	3/21/2009	Wally Dicks			
1	Moon, WonKee		49	District Of Columbia Aquatics		36.36	34.84
							6

Men 45-49 50 SC Meter Butterfly

WORLD:	24.38	W	3/19/2017	Eiji NOMURA	JPN		
NATL:	25.44	N	12/10/2022	CHUCK BARNES			
MEET:	26.38	M	3/17/2012	Steve Hiltabiddle			
1	Bell, David		48	Club Tribe		28.45	28.51
							6
2	Streatfeild, Jeremy		45	Bethesda Chevy Chase YMCA		29.88	29.51
							4
3	McMeekin, Matthew		45	Montgomery Ancient Mariners		1:11.10	1:19.82
							3
---	Tustin, John		47	District Of Columbia Aquatics		33.00	NS
---	Dallamura, Scott		45	North Carolina Masters Swimmin		26.70	NS

Men 45-49 100 SC Meter Butterfly

WORLD:	55.07	W	3/18/2018	Eiji NOMURA	JPN		
NATL:	57.00	N	12/10/2022	CHUCK BARNES			
MEET:	58.26	M	3/21/2009	Chris Stevenson			
1	Streatfeild, Jeremy		45	Bethesda Chevy Chase YMCA		1:10.48	1:09.08
	31.80		1:09.08 (37.28)				6
2	McMeekin, Matthew		45	Montgomery Ancient Mariners		2:47.70	3:12.40
	1:25.80		3:12.40 (1:46.60)				4
---	Dallamura, Scott		45	North Carolina Masters Swimmin		1:00.01	NS

Men 45-49 200 SC Meter Butterfly

WORLD:	2:05.00	W	1/19/2020	Eiji NOMURA	JPN		
NATL:	2:06.40	N	11/19/2006	DENNIS BAKER			
MEET:	2:18.78	M	3/15/2014	Dave Holland			
1	McMeekin, Matthew		45	Montgomery Ancient Mariners		6:23.47	7:23.35
	1:32.53		3:30.38 (1:57.85)	5:26.31 (1:55.93)		7:23.35 (1:57.04)	6

Men 45-49 100 SC Meter IM

WORLD:	57.68	W	3/9/2012	Nicolas GRANGER	FRA		
NATL:	58.18	N	11/21/2021	JEFF COMMINGS			
MEET:	1:00.44	M	3/20/2010	Jerome Frentsos			
1	Bell, David		48	Club Tribe		1:05.99	1:05.39
	30.85		1:05.39 (34.54)				6
2	Moon, WonKee		49	District Of Columbia Aquatics		1:12.11	1:10.67
	34.14		1:10.67 (36.53)				4
3	Gwilliam, Glenn		45	Reston Masters Swim Team		1:20.23	1:17.71
	38.06		1:17.71 (39.65)				3
4	Matthews, Chad		46	Germantown Maryland Masters		1:30.00	1:29.15
	42.46		1:29.15 (46.69)				2

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Men 45-49 200 SC Meter IM

WORLD: 2:04.64		W	3/8/2012	Nicolas GRANGER		FRA	
NATL: 2:09.71		N	3/20/2010	JEROME FRENTSOS			
MEET: 2:09.71		M	3/20/2010	Jerome Frentsos			
1	Rooney, Tim		46	Arlington Masters	2:39.91	2:41.43	6
	35.37		1:17.15 (41.78)		2:41.43 (37.49)		
2	Butler, Aaron		47	DC Water Wizards	2:52.00	3:05.33	4
	37.31		1:21.89 (44.58)		3:05.33 (44.22)		

Men 50-54 50 SC Meter Freestyle

WORLD: 23.36		W	5/28/2022	Chris FYDLER		AUS	
NATL: 23.38		N	10/18/2009	ROWDY GAINES			
MEET: 24.78		M	3/25/2017	Steve Hiltabiddle		UC08-8	
1	Gorman, Darren		52	Uc10	31.00	28.19	6
2	Dickinson, Derek		53	Montgomery Ancient Mariners	29.00	29.40	4
3	Mc Caffrey, John		54	Montgomery Ancient Mariners	29.50	30.01	3
4	Hjelle, Mark		53	Montgomery Ancient Mariners	29.85	30.07	2
5	Record, Ian		52	Montgomery Ancient Mariners	31.00	30.30	1

Men 50-54 100 SC Meter Freestyle

WORLD: 51.49		W	3/26/2017	Nicolas GRANGER		FRA	
NATL: 51.61		N	10/17/2009	ROWDY GAINES			
MEET: 55.49		M	3/29/2003	Paul T Trevisan			
1	Filbeck, David		50	Montgomery Ancient Mariners	1:15.00	1:03.84	6
	31.06		1:03.84 (32.78)				
2	Egan, Christopher		50	District Of Columbia Aquatics	58.22	1:04.79	4
	30.43		1:04.79 (34.36)				
3	Hjelle, Mark		53	Montgomery Ancient Mariners	1:05.14	1:05.99	3
	31.52		1:05.99 (34.47)				
4	Sokol, Robert		53	DC Water Wizards	1:11.00	1:11.44	2
	35.34		1:11.44 (36.10)				
5	Solares, Santiago		50	Terrapin Masters	1:10.77	1:12.34	1
	33.76		1:12.34 (38.58)				
6	Santy, Ross		53	Bethesda Chevy Chase YMCA	1:28.50	1:14.92	
	35.71		1:14.92 (39.21)				
7	Ossi, Gabriel		50	Montgomery Ancient Mariners	1:22.00	1:15.62	
	36.25		1:15.62 (39.37)				

Men 50-54 200 SC Meter Freestyle

WORLD: 1:54.61		W	10/14/2011	Rowdy GAINES		USA	
NATL: 1:54.61		N	10/14/2011	ROWDY GAINES			
MEET: 2:04.73		M	4/1/2006	Bradford Gandee			
1	Main, Bryan		50	Germantown Maryland Masters	2:33.00	2:34.10	6
	33.78		1:12.95 (39.17)		1:54.55 (41.60)	2:34.10 (39.55)	
2	Sokol, Robert		53	DC Water Wizards	2:40.00	2:42.64	4
	37.95		1:19.42 (41.47)		2:02.11 (42.69)	2:42.64 (40.53)	

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Men 50-54 400 SC Meter Freestyle

WORLD: 4:04.48		W	1/29/2017	Nicolas GRANGER	FRA		
NATL: 4:07.99		N	12/10/2000	JIM MCCONICA			
MEET: 4:46.03		M	3/3/2018	Emad Elshafei	UMAC-Terrapin Ma		
1	Main, Bryan	50	Germantown Maryland Masters	5:20.00	5:32.64	6	
	36.47	1:18.12 (41.65)	2:00.52 (42.40)	2:43.58 (43.06)			
	3:26.94 (43.36)	4:10.40 (43.46)	4:52.94 (42.54)	5:32.64 (39.70)			
2	Sokol, Robert	53	DC Water Wizards	5:40.00	5:59.08	4	
	41.13	1:25.58 (44.45)	2:11.52 (45.94)	2:57.69 (46.17)			
	3:44.08 (46.39)	4:30.08 (46.00)	5:16.26 (46.18)	5:59.08 (42.82)			

Men 50-54 50 SC Meter Backstroke

WORLD: 26.69		W	10/24/2015	Fritz BEDFORD	USA		
NATL: 26.69		N	10/24/2015	FRITZ BEDFORD			
MEET: 28.75		M	3/19/2011	Clay Britt			
1	Mirt, Chad	50	Club Tribe	33.00	33.11	6	
2	Record, Ian	52	Montgomery Ancient Mariners	34.00	34.42	4	
3	Hjelle, Mark	53	Montgomery Ancient Mariners	36.69	36.79	3	
4	Mc Caffrey, John	54	Montgomery Ancient Mariners	38.00	38.21	2	
5	Daly, James	52	Virginia Masters Swim Team	40.00	39.40	1	
6	Dickinson, Derek	53	Montgomery Ancient Mariners	36.00	39.51		

Men 50-54 100 SC Meter Backstroke

WORLD: 57.95		W	3/25/2017	Nicolas GRANGER	FRA		
NATL: 58.47		N	10/24/2015	FRITZ BEDFORD			
MEET: 1:01.99		M	3/19/2011	Clay Britt			
1	Mirt, Chad	50	Club Tribe	1:11.00	1:11.77	6	
	34.42	1:11.77 (37.35)					
2	Egan, Christopher	50	District Of Columbia Aquatics	1:07.56	1:15.11	4	
	36.86	1:15.11 (38.25)					
3	Filbeck, David	50	Montgomery Ancient Mariners	1:35.00	1:24.21	3	
	42.12	1:24.21 (42.09)					
4	Ossi, Gabriel	50	Montgomery Ancient Mariners	NT	1:34.57	2	
	46.65	1:34.57 (47.92)					

Men 50-54 200 SC Meter Backstroke

WORLD: 2:07.13		W	5/6/2017	Nicolas GRANGER	FRA		
NATL: 2:11.84		N	12/4/2009	JAMIE FOWLER			
MEET: 2:22.30		M	3/30/2019	Anthony Higgins	Germantown Maryl		
1	Main, Bryan	50	Germantown Maryland Masters	NT	3:07.79	6	
	44.75	1:33.86 (49.11)	2:21.45 (47.59)	3:07.79 (46.34)			

Men 50-54 50 SC Meter Breaststroke

WORLD: 29.71		W	4/9/2017	C.Arturo TRAVAINI	ITA		
NATL: 29.84		N	12/8/2013	DAVID GUTHRIE			
MEET: 31.64		M	3/16/2013	Jon Blank			
1	Sandi, Gustavo	51	Germantown Maryland Masters	35.00	34.35	6	
2	Gorman, Darren	52	Uc10	38.00	35.69	4	
3	Mello, James	52	Sea Devil Swimming Masters	42.39	39.97	3	
4	Santy, Ross	53	Bethesda Chevy Chase YMCA	42.54	41.83	2	
5	Daly, James	52	Virginia Masters Swim Team	48.00	44.42	1	

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Men 50-54 100 SC Meter Breaststroke

WORLD: 1:04.28 W 5/6/2017		Nicolas GRANGER	FRA	
NATL: 1:04.54 N 12/7/2013		DAVID GUTHRIE		
MEET: 1:10.14 M 3/30/2019		Neill Williams	District Of Colu	
1	Santy, Ross	53 Bethesda Chevy Chase YMCA	1:30.67	1:33.26
	44.91	1:33.26 (48.35)		6
---	Sandi, Gustavo	51 Germantown Maryland Masters	1:20.00	NS

Men 50-54 200 SC Meter Breaststroke

WORLD: 2:19.36 W 3/23/2018		Nicolas GRANGER	FRA	
NATL: 2:21.65 N 12/8/2013		DAVID GUTHRIE		
MEET: 2:41.83 M 4/2/2022		David Dunson	North Carolina M	
1	Mello, James	52 Sea Devil Swimming Masters	3:49.59	3:28.95
	47.14	1:39.96 (52.82) 2:34.90 (54.94)	3:28.95 (54.05)	6

Men 50-54 50 SC Meter Butterfly

WORLD: 24.96 W 11/27/2022		Eiji NOMURA	JPN	
NATL: 25.74 N 12/8/2018		STEVE HILTABIDDLE		
MEET: 26.07 M 3/5/2016		Steve Hiltabiddle	Colonials 1776	
1	Filbeck, David	50 Montgomery Ancient Mariners	40.00	33.84
2	Hjelle, Mark	53 Montgomery Ancient Mariners	34.84	34.20

Men 50-54 100 SC Meter Butterfly

WORLD: 55.85 W 1/15/2022		Eiji NOMURA	JPN	
NATL: 57.29 N 12/2/2007		PAUL CARTER		
MEET: 59.98 M 3/5/2016		Steve Hiltabiddle	Colonials 1776	
1	Roddin, Jeffrey	54 Montgomery Ancient Mariners	1:00.80	1:01.45
	28.41	1:01.45 (33.04)		6
2	Daly, James	52 Virginia Masters Swim Team	1:18.00	1:22.64
	39.97	1:22.64 (42.67)		4

Men 50-54 200 SC Meter Butterfly

WORLD: 2:07.89 W 1/16/2022		Eiji NOMURA	JPN	
NATL: 2:10.52 N 5/21/2016		MIKE SHAFFER		
MEET: 2:19.56 M 3/20/2004		John M Craig		
1	Mello, James	52 Sea Devil Swimming Masters	2:59.59	3:12.78
	44.82	1:33.00 (48.18) 2:23.10 (50.10)	3:12.78 (49.68)	6
2	Solares, Santiago	50 Terrapin Masters	3:02.31	3:14.26
	43.58	1:32.50 (48.92) 2:24.14 (51.64)	3:14.26 (50.12)	4

Men 50-54 100 SC Meter IM

WORLD: 57.69 W 3/24/2017		Nicolas GRANGER	FRA	
NATL: 1:00.57 N 12/10/2016		SCOTT HEBER		
MEET: 1:01.61 M 3/3/2018		Jerome Frentsos	District Of Colu	
1	Roddin, Jeffrey	54 Montgomery Ancient Mariners	1:02.80	1:03.90
	29.76	1:03.90 (34.14)		6
2	Egan, Christopher	50 District Of Columbia Aquatics	1:07.85	1:15.67
	37.11	1:15.67 (38.56)		4
3	Mello, James	52 Sea Devil Swimming Masters	1:19.43	1:18.87
	37.23	1:18.87 (41.64)		3
4	Daly, James	52 Virginia Masters Swim Team	1:26.00	1:24.57
	40.20	1:24.57 (44.37)		2
5	Santy, Ross	53 Bethesda Chevy Chase YMCA	1:26.44	1:26.68
	42.65	1:26.68 (44.03)		1

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(Men 50-54 100 SC Meter IM)

6	Sokol, Robert	53	DC Water Wizards	1:28.00	1:29.48	
	42.75	1:29.48 (46.73)				

Men 50-54 200 SC Meter IM

WORLD: 2:06.38 W 1/28/2018		Nicolas GRANGER				FRA
NATL: 2:12.85 N 5/17/2015		JEROME FRENTSOS				
MEET: 2:13.82 M 3/3/2018		Jerome Frentsos				District Of Colu
1	Roddin, Jeffrey	54	Montgomery Ancient Mariners	2:22.00	2:22.58	6
	29.91	1:08.04 (38.13)	1:49.17 (41.13)	2:22.58 (33.41)		
2	Main, Bryan	50	Germantown Maryland Masters	2:55.00	2:56.32	4
	36.57	1:24.22 (47.65)	2:17.89 (53.67)	2:56.32 (38.43)		
3	Solares, Santiago	50	Terrapin Masters	2:58.72	3:19.08	3
	40.63	1:34.76 (54.13)	2:41.05 (1:06.29)	3:19.08 (38.03)		

Men 55-59 50 SC Meter Freestyle

WORLD: 24.37 W 3/23/2019		Calvin MAUGHAN				SWE
NATL: 24.66 N 10/10/2015		STEVE WOOD				
MEET: 24.70 M 4/1/2006		Paul Trevisan				
1	Williams, Neill	55	District Of Columbia Aquatics	26.60	26.22	6
2	Ledger, Clark	58	Las Vegas Masters	28.11	28.19	4
3	Wunderlich, Karl	58	Germantown Maryland Masters	29.50	29.19	3
4	Humbert, George	55	Montgomery Ancient Mariners	29.00	30.13	2
5	Lucas, James	56	Bethesda Chevy Chase YMCA	32.00	31.42	1

Men 55-59 100 SC Meter Freestyle

WORLD: 54.32 W 3/23/2019		Calvin MAUGHAN				SWE
NATL: 54.50 N 4/5/2009		JACK GROSELLE				
MEET: 55.12 M 4/1/2006		Paul Trevisan				
1	Ledger, Clark	58	Las Vegas Masters	1:01.99	1:02.63	6
	29.85	1:02.63 (32.78)				
2	Wunderlich, Karl	58	Germantown Maryland Masters	1:06.50	1:05.53	4
	31.99	1:05.53 (33.54)				
3	Humbert, George	55	Montgomery Ancient Mariners	1:06.00	1:06.00	3
	32.25	1:06.00 (33.75)				
4	Covino, Daniel	55	Montgomery Ancient Mariners	1:10.00	1:08.08	2
	31.64	1:08.08 (36.44)				
5	Lucas, James	56	Bethesda Chevy Chase YMCA	1:12.00	1:11.34	1
	35.11	1:11.34 (36.23)				

Men 55-59 200 SC Meter Freestyle

WORLD: 1:59.08 W 11/21/2009		Michael MANN				USA
NATL: 1:59.08 N 11/21/2009		MICHAEL MANN				
MEET: 2:13.04 M 3/19/2011		James Thornton				
1	Ledger, Clark	58	Las Vegas Masters	2:20.99	2:20.43	6
	32.56	1:07.84 (35.28)	1:44.20 (36.36)	2:20.43 (36.23)		
2	Ellis, Brian	56	Lane 4 Swimming	2:21.35	2:29.30	4
	33.51	1:10.42 (36.91)	1:49.49 (39.07)	2:29.30 (39.81)		
3	Wunderlich, Karl	58	Germantown Maryland Masters	2:33.00	2:30.34	3
	34.54	1:13.06 (38.52)	1:52.54 (39.48)	2:30.34 (37.80)		
4	Lucas, James	56	Bethesda Chevy Chase YMCA	2:50.00	2:40.42	2
	38.32	1:19.27 (40.95)	2:00.82 (41.55)	2:40.42 (39.60)		

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Men 55-59 400 SC Meter Freestyle

WORLD: 4:16.03 W 11/22/2009 Michael MANN		USA
NATL: 4:16.03 N 11/22/2009 MICHAEL MANN		
MEET: 4:27.63 M 3/3/2018 Len Gushe		UC12 -12
1	Blitz, Daniel	56 Germantown Maryland Masters 5:20.00 5:42.10 6
	38.19 1:19.54 (41.35) 2:03.05 (43.51) 2:47.72 (44.67)	
	3:31.58 (43.86) 4:16.07 (44.49) 4:59.65 (43.58) 5:42.10 (42.45)	

Men 55-59 50 SC Meter Backstroke

WORLD: 27.86 W 12/9/2018 Fritz BEDFORD		USA
NATL: 27.62 N 10/10/2015 STEVE WOOD		
MEET: 29.16 M 3/3/2018 Clay Britt		Montgomery Ancie
1	Phillips, Carr	58 District Of Columbia Aquatics 33.17 31.50 6

Men 55-59 100 SC Meter Backstroke

WORLD: 1:00.78 W 10/20/2018 Fritz BEDFORD		USA
NATL: 1:00.78 N 10/20/2018 FRITZ BEDFORD		
MEET: 1:03.86 M 3/3/2018 Clay Britt		Montgomery Ancie
1	Phillips, Carr	58 District Of Columbia Aquatics 1:10.01 1:08.28 6
	33.07 1:08.28 (35.21)	
2	Elshafei, Emad	57 Terrapin Masters 1:11.00 1:10.16 4
	34.63 1:10.16 (35.53)	
3	Czander, Eric	58 District Of Columbia Aquatics 1:25.00 1:20.34 3
	39.68 1:20.34 (40.66)	
4	Humbert, George	55 Montgomery Ancient Mariners 1:25.00 1:20.77 2
	40.17 1:20.77 (40.60)	
5	Blitz, Daniel	56 Germantown Maryland Masters 1:23.00 1:22.77 1
	40.15 1:22.77 (42.62)	

Men 55-59 200 SC Meter Backstroke

WORLD: 2:15.37 W 12/2/2018 Len GUSHE		USA
NATL: 2:15.37 N 12/2/2018 LEN GUSHE		
MEET: 2:20.06 M 3/3/2018 Len Gushe		UC12 -12
1	Phillips, Carr	58 District Of Columbia Aquatics 2:36.26 2:35.93 6
	36.31 1:15.59 (39.28) 1:56.02 (40.43) 2:35.93 (39.91)	
2	Salazar, Luis	57 DC Water Wizards 2:56.28 2:56.26 4
	41.24 1:26.20 (44.96) 2:11.83 (45.63) 2:56.26 (44.43)	

Men 55-59 50 SC Meter Breaststroke

WORLD: 29.22 W 2/9/2020 C.Arturo TRAVAINI		ITA
NATL: 30.37 N 12/17/2016 DAVID GUTHRIE		
MEET: 32.46 M 3/30/2019 Gregory Harris		Virginia Masters
1	Williams, Neill	55 District Of Columbia Aquatics 32.48 31.86 M 6
2	Elshafei, Emad	57 Terrapin Masters 36.84 36.52 4
3	Cockrell, Charles	55 District Of Columbia Aquatics 38.00 38.69 3
4	Dubin, Jeffrey	57 Montgomery Ancient Mariners 42.00 41.66 2

Men 55-59 100 SC Meter Breaststroke

WORLD: 1:04.26 W 2/16/2019 C.Arturo TRAVAINI		ITA
NATL: 1:06.80 N 12/18/2016 DAVID GUTHRIE		
MEET: 1:10.41 M 3/3/2018 Gregory Harris		Virginia Masters
1	Cockrell, Charles	55 District Of Columbia Aquatics 1:25.00 1:24.61 6
	40.24 1:24.61 (44.37)	

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2	Dubin, Jeffrey	57	Montgomery Ancient Mariners	1:33.00	1:29.87	4
	43.86				1:29.87 (46.01)	
3	Blitz, Daniel	56	Germantown Maryland Masters	1:35.00	1:30.54	3
	42.66				1:30.54 (47.88)	

Men 55-59 200 SC Meter Breaststroke

WORLD: 2:22.91 W 4/21/2018 C.Arturo TRAVAINI				ITA		
NATL: 2:27.00 N 11/8/2015 DAVID GUTHRIE						
MEET: 2:35.92 M 3/3/2018 Gregory Harris				Virginia Masters		
1	Elshafei, Emad	57	Terrapin Masters	2:59.00	2:52.32	6
	42.14				1:25.39 (43.25)	
					2:10.17 (44.78)	
					2:52.32 (42.15)	
2	Cockrell, Charles	55	District Of Columbia Aquatics	3:05.00	3:06.43	4
	42.71				1:31.60 (48.89)	
					2:18.71 (47.11)	
					3:06.43 (47.72)	
3	Dubin, Jeffrey	57	Montgomery Ancient Mariners	3:30.00	3:19.59	3
	48.07				1:38.59 (50.52)	
					2:30.07 (51.48)	
					3:19.59 (49.52)	
4	Salazar, Luis	57	DC Water Wizards	3:29.13	3:26.01	2
	48.19				1:41.09 (52.90)	
					2:33.57 (52.48)	
					3:26.01 (52.44)	
---	Williams, Neill	55	District Of Columbia Aquatics	2:46.76		NS

Men 55-59 50 SC Meter Butterfly

WORLD: 26.43 W 12/12/2021 Steve HILTABIDDLE				USA		
NATL: 26.43 N 12/12/2021 STEVE HILTABIDDLE						
MEET: 26.96 M 4/2/2022 Steve Hiltabiddle				Colonials 1776		
1	Phillips, Carr	58	District Of Columbia Aquatics	30.36	29.35	6
2	Ellis, Brian	56	Lane 4 Swimming	31.36	33.19	4
3	Covino, Daniel	55	Montgomery Ancient Mariners	50.00	38.73	3

Men 55-59 100 SC Meter Butterfly

WORLD: 59.80 W 4/1/2013 Dan THOMPSON				CAN		
NATL: 1:00.10 N 12/1/2017 DAVID SIMS						
MEET: 1:00.75 M 4/2/2022 Steve Hiltabiddle				Colonials 1776		
1	Salazar, Luis	57	DC Water Wizards	1:32.54	1:25.79	6
	41.76				1:25.79 (44.03)	

Men 55-59 100 SC Meter IM

WORLD: 1:01.28 W 12/4/2021 Jerome FRENTSOS				USA		
NATL: 1:01.28 N 12/4/2021 JEROME FRENTSOS						
MEET: 1:01.65 M 2/29/2020 Jerome Frentsos				District Of Colu		
1	Williams, Neill	55	District Of Columbia Aquatics	1:05.03	1:04.02	6
	29.90				1:04.02 (34.12)	
2	Elshafei, Emad	57	Terrapin Masters	1:11.99	1:10.92	4
	33.23				1:10.92 (37.69)	
3	Ledger, Clark	58	Las Vegas Masters	1:12.98	1:11.13	3
	34.10				1:11.13 (37.03)	
4	Humbert, George	55	Montgomery Ancient Mariners	1:17.00	1:17.76	2
	38.81				1:17.76 (38.95)	
5	Ellis, Brian	56	Lane 4 Swimming	1:11.65	1:18.00	1
	36.70				1:18.00 (41.30)	
6	Czander, Eric	58	District Of Columbia Aquatics	1:19.00	1:18.76	
	38.27				1:18.76 (40.49)	
7	Wunderlich, Karl	58	Germantown Maryland Masters	1:20.00	1:19.27	
	38.41				1:19.27 (40.86)	

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8	Cockrell, Charles	55	District Of Columbia Aquatics	1:21.00	1:21.47	
	39.27		1:21.47 (42.20)			

Men 55-59 200 SC Meter IM

WORLD: 2:14.60 W 2/29/2020 Jerome FRENTSOS USA						
NATL: 2:14.60 N 2/29/2020 JEROME FRENTSOS						
MEET: 2:14.60 M 2/29/2020 Jerome Frentsos District Of Colu						
1	Czander, Eric	58	District Of Columbia Aquatics	2:50.00	2:51.99	6
	38.13		1:22.12 (43.99) 2:11.05 (48.93) 2:51.99 (40.94)			
2	Blitz, Daniel	56	Germantown Maryland Masters	2:55.00	2:57.12	4
	39.43		1:24.52 (45.09) 2:15.90 (51.38) 2:57.12 (41.22)			
3	Salazar, Luis	57	DC Water Wizards	2:59.36	3:10.30	3
	42.98		1:30.64 (47.66) 2:28.88 (58.24) 3:10.30 (41.42)			

Men 60-64 50 SC Meter Freestyle

WORLD: 24.90 W 12/3/2006 Richard ABRAHAMS USA						
NATL: 24.90 N 12/3/2006 RICHARD ABRAHAMS						
MEET: 25.40 M 3/19/2011 Paul Trevisan						
1	Clark, Ted	60	Masters Aquatics At Spring Hil	31.50	30.32	6
2	Golden, Scott	60	Germantown Maryland Masters	30.75	30.75	4
3	Luo, Gang	64	Germantown Maryland Masters	38.50	39.25	3
---	Fallick, David	60	Montgomery Ancient Mariners	32.00	NS	

Men 60-64 100 SC Meter Freestyle

WORLD: 55.87 W 5/17/2014 Jack GROSELLE USA						
NATL: 55.87 N 5/17/2014 JACK GROSELLE						
MEET: 57.61 M 3/17/2012 Paul Trevisan						
1	Kress, Jay	60	Club Tribe	1:05.00	1:03.92	6
	29.57		1:03.92 (34.35)			
2	House, Christopher	60	Lane 4 Swimming	1:10.00	1:07.58	4
	32.90		1:07.58 (34.68)			
3	Clark, Ted	60	Masters Aquatics At Spring Hil	1:09.00	1:10.81	3
	33.80		1:10.81 (37.01)			
4	Prokopowicz, Gregory	60	Montgomery Ancient Mariners	1:25.00	1:15.56	2
	34.56		1:15.56 (41.00)			
---	Fallick, David	60	Montgomery Ancient Mariners	1:11.50	NS	

Men 60-64 200 SC Meter Freestyle

WORLD: 2:01.65 W 11/21/2015 Rick COLELLA USA						
NATL: 2:01.65 N 11/21/2015 RICK COLELLA						
MEET: 2:12.59 M 3/17/2012 James Thornton						
1	House, Christopher	60	Lane 4 Swimming	2:25.00	2:25.28	6
	33.86		1:09.12 (35.26) 1:46.47 (37.35) 2:25.28 (38.81)			
2	Golden, Scott	60	Germantown Maryland Masters	2:45.00	2:41.02	4
	37.02		1:18.82 (41.80) 2:01.59 (42.77) 2:41.02 (39.43)			
3	Clark, Ted	60	Masters Aquatics At Spring Hil	2:40.60	2:43.11	3
	38.07		1:21.45 (43.38) 2:04.45 (43.00) 2:43.11 (38.66)			
4	Prokopowicz, Gregory	60	Montgomery Ancient Mariners	3:00.00	2:50.05	2
	39.79		1:22.49 (42.70) 2:07.06 (44.57) 2:50.05 (42.99)			

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Men 60-64 400 SC Meter Freestyle

WORLD:		4:27.57	W	10/15/2022	Arnoldo PEREZ	PUR		
NATL:		4:29.92	N	12/2/2017	DAN STEPHENSON			
MEET:		4:48.72	M	3/17/2012	James Thornton			
1	Gushe, Len			60	Uc12	4:39.00	4:39.40 M	6
		33.87		1:10.08 (36.21)	1:45.57 (35.49)	2:20.92 (35.35)		
		2:55.95 (35.03)		3:30.88 (34.93)	4:05.57 (34.69)	4:39.40 (33.83)		
2	Broderick, Tom			63	Reston Masters Swim Team	6:30.00	6:22.01	4
		43.21		1:29.74 (46.53)	2:19.05 (49.31)	3:08.13 (49.08)		
		3:57.27 (49.14)		4:46.34 (49.07)	6:22.01 (1:35.67)			

Men 60-64 50 SC Meter Backstroke

WORLD:		29.44	W	12/7/2019	Jamie FOWLER	USA		
NATL:		29.44	N	12/7/2019	JAMIE FOWLER			
MEET:		29.89	M	3/3/2018	Bruce Kone	Rice Aquatic Mas		
1	Gushe, Len			60	Uc12	31.90	31.60	6
2	Kress, Jay			60	Club Tribe	36.00	34.81	4

Men 60-64 100 SC Meter Backstroke

WORLD:		1:03.15	W	12/7/2019	Jamie FOWLER	USA		
NATL:		1:03.15	N	12/7/2019	JAMIE FOWLER			
MEET:		1:06.96	M	2/29/2020	Jonathan Klein	North Carolina M		
1	Gushe, Len			60	Uc12	1:06.00	1:06.55 M	6
		32.98		1:06.55 (33.57)				
2	Kress, Jay			60	Club Tribe	1:18.00	1:18.21	4
		38.63		1:18.21 (39.58)				
3	Broderick, Tom			63	Reston Masters Swim Team	2:00.00	1:53.40	3
		57.81		1:53.40 (55.59)				

Men 60-64 200 SC Meter Backstroke

WORLD:		2:17.15	W	12/8/2019	Jamie FOWLER	USA		
NATL:		2:17.15	N	12/8/2019	JAMIE FOWLER			
MEET:		2:32.62	M	3/3/2018	Jonathan Klein	North Carolina M		
1	Gushe, Len			60	Uc12	2:24.00	2:24.00 M	6
		35.63		1:12.04 (36.41)	1:48.12 (36.08)	2:24.00 (35.88)		
2	House, Christopher			60	Lane 4 Swimming	2:40.00	2:46.23	4
		39.79		1:21.48 (41.69)	2:03.92 (42.44)	2:46.23 (42.31)		

Men 60-64 50 SC Meter Breaststroke

WORLD:		31.51	W	11/21/2015	Rick COLELLA	USA		
NATL:		31.51	N	11/21/2015	RICK COLELLA			
MEET:		32.98	M	3/3/2018	Bruce Kone	Rice Aquatic Mas		
1	Kress, Jay			60	Club Tribe	39.50	38.86	6
2	Luo, Gang			64	Germantown Maryland Masters	44.37	46.10	4
---	Fallick, David			60	Montgomery Ancient Mariners	45.00	NS	

Men 60-64 100 SC Meter Breaststroke

WORLD:		1:08.24	W	11/13/2022	David GUTHRIE	USA		
NATL:		1:08.24	N	11/13/2022	DAVID GUTHRIE			
MEET:		1:11.19	M	3/21/2015	Rick Colella	Puget Sound Mast		
1	Broderick, Tom			63	Reston Masters Swim Team	1:40.00	1:39.27	6
		48.39		1:39.27 (50.88)				
2	Luo, Gang			64	Germantown Maryland Masters	1:35.67	1:43.49	4
		50.90		1:43.49 (52.59)				

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(Men 60-64 100 SC Meter Breaststroke)

--- Frentsos, Matthew 61 District Of Columbia Aquatics 1:20.31 NS

Men 60-64 200 SC Meter Breaststroke

WORLD: 2:32.34 W 7/31/2021 David GUTHRIE USA

NATL: 2:32.34 N 7/31/2021 DAVID GUTHRIE

MEET: 3:02.30 M 4/2/2022 Ying WuShanley UC08-8

1 Luo, Gang 64 Germantown Maryland Masters 3:34.93 3:40.43 6
 52.17 1:48.34 (56.17) 2:45.01 (56.67) 3:40.43 (55.42)

Men 60-64 50 SC Meter Butterfly

WORLD: 26.78 W 5/13/2017 Dan THOMPSON CAN

NATL: 27.40 N 5/25/2019 BRUCE KONE

MEET: 27.57 M 3/3/2018 Bruce Kone Rice Aquatic Mas

1 Golden, Scott 60 Germantown Maryland Masters 33.50 32.89 6

Men 60-64 100 SC Meter Butterfly

WORLD: 1:00.20 W 5/23/2016 Dan THOMPSON CAN

NATL: 1:03.38 N 12/12/2020 MIKE LAMONICA

MEET: 1:05.70 M 3/15/2014 Donald Graham

1 Golden, Scott 60 Germantown Maryland Masters 1:17.00 1:15.89 6
 34.61 1:15.89 (41.28)

Men 60-64 100 SC Meter IM

WORLD: 1:04.23 W 3/21/2015 Rick COLELLA USA

NATL: 1:04.23 N 3/21/2015 RICK COLELLA

MEET: 1:04.23 M 3/21/2015 Rick Colella Puget Sound Mast

--- Frentsos, Matthew 61 District Of Columbia Aquatics 1:10.53 NS

Men 60-64 200 SC Meter IM

WORLD: 2:19.96 W 3/21/2015 Rick COLELLA USA

NATL: 2:19.96 N 3/21/2015 RICK COLELLA

MEET: 2:19.96 M 3/21/2015 Rick Colella Puget Sound Mast

1 Broderick, Tom 63 Reston Masters Swim Team 3:45.00 3:29.37 6
 46.74 1:48.39 (1:01.65) 2:42.77 (54.38) 3:29.37 (46.60)

Men 65-69 50 SC Meter Freestyle

WORLD: 25.42 W 3/3/2018 Doug MARTIN USA

NATL: 25.42 N 3/3/2018 DOUG MARTIN

MEET: 26.68 M 3/5/2016 Paul Trevisan North Carolina M

1 Loman, Jeffrey 66 Montgomery Ancient Mariners 36.00 39.94 6

--- Gande, Brad 69 Uc10 30.00 NS

Men 65-69 100 SC Meter Freestyle

WORLD: 57.78 W 5/26/2019 Jack GROSELLE USA

NATL: 57.78 N 5/26/2019 JACK GROSELLE

MEET: 59.94 M 3/3/2018 James Thornton Colonials 1776

1 Gande, Brad 69 Uc10 1:06.00 1:06.98 6
 32.75 1:06.98 (34.23)

2 Loman, Jeffrey 66 Montgomery Ancient Mariners 1:30.00 1:30.19 4
 41.62 1:30.19 (48.57)

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Men 65-69 200 SC Meter Freestyle

WORLD: 2:07.46 W 10/2/2022 Dan STEPHENSON		USA
NATL: 2:07.46 N 10/2/2022 DAN STEPHENSON		
MEET: 2:09.08 M 4/2/2022 Dan Stephenson		Rose Bowl Master
1 Loman, Jeffrey	66 Montgomery Ancient Mariners	3:30.00 3:32.98 6
	45.69 1:38.84 (53.15) 3:32.98 (1:54.14)	
--- Gandee, Brad	69 Uc10	2:35.00 NS

Men 65-69 400 SC Meter Freestyle

WORLD: 4:27.91 W 11/19/2017 Rick COLELLA		USA
NATL: 4:27.91 N 11/19/2017 RICK COLELLA		
MEET: 4:53.91 M 3/3/2018 James Thornton		Colonials 1776
1 Chambers, John	68 Agua Masters	5:00.00 5:01.82 6
	34.82 1:12.36 (37.54) 1:50.98 (38.62) 2:29.73 (38.75)	
	3:07.96 (38.23) 3:46.12 (38.16) 4:24.24 (38.12) 5:01.82 (37.58)	
--- Gandee, Brad	69 Uc10	5:20.00 NS

Men 65-69 50 SC Meter Backstroke

WORLD: 30.34 W 12/2/2012 Hugh WILDER		USA
NATL: 30.34 N 12/2/2012 HUGH WILDER		
MEET: 32.61 M 4/2/2022 Jonathan Klein		North Carolina M
1 Klein, Jonathan	66 North Carolina Masters Swimmin	32.10 32.13 M 6
2 Denes, Thomas	66 Montgomery Ancient Mariners	41.00 40.66 4

Men 65-69 100 SC Meter Backstroke

WORLD: 1:07.09 W 11/12/2022 Jonathan KLEIN		USA
NATL: 1:07.09 N 11/12/2022 JONATHAN KLEIN		
MEET: 1:08.36 M 4/2/2022 Jonathan Klein		North Carolina M
1 Denes, Thomas	66 Montgomery Ancient Mariners	1:28.00 1:26.01 6
	42.24 1:26.01 (43.77)	
--- Klein, Jonathan	66 North Carolina Masters Swimmin	1:07.09 NS

Men 65-69 200 SC Meter Backstroke

WORLD: 2:28.43 W 4/2/2022 Dan STEPHENSON		USA
NATL: 2:28.43 N 4/2/2022 DAN STEPHENSON		
MEET: 2:28.43 M 4/2/2022 Dan Stephenson		Rose Bowl Master
--- Klein, Jonathan	66 North Carolina Masters Swimmin	2:33.00 NS

Men 65-69 50 SC Meter Breaststroke

WORLD: 32.50 W 11/20/2016 Rick COLELLA		USA
NATL: 32.50 N 11/20/2016 RICK COLELLA		
MEET: 36.26 M 3/21/2009 Jim Dragon		
1 Vandegriff, James	67 Montgomery Ancient Mariners	41.50 44.69 6

Men 65-69 100 SC Meter Breaststroke

WORLD: 1:11.82 W 11/24/2019 Rick COLELLA		USA
NATL: 1:11.82 N 11/24/2019 RICK COLELLA		
MEET: 1:24.87 M 3/5/2016 Stephen Dougherty		Colonials 1776
1 Wushanley, Ying	65 Germantown Maryland Masters	1:21.50 1:22.54 M 6
	39.48 1:22.54 (43.06)	

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Men 65-69 200 SC Meter Breaststroke

WORLD: 2:36.85 W 11/19/2017 Rick COLELLA		USA				
NATL: 2:36.85 N 11/19/2017 RICK COLELLA						
MEET: 3:08.69 M 3/5/2016 Stephen Dougherty		Colonials 1776				
1	Wushanley, Ying	65	Germantown Maryland Masters	3:05.50	3:05.63 M	6
	41.30	1:27.24 (45.94)	2:15.90 (48.66)	3:05.63 (49.73)		

Men 65-69 100 SC Meter Butterfly

WORLD: 1:05.37 W 7/22/2016 Lawrence DAY		USA				
NATL: 1:05.37 N 7/22/2016 LAWRENCE DAY						
MEET: 1:08.35 M 3/30/2019 John Craig		Connecticut Mast				
1	Chambers, John	68	Agua Masters	1:15.00	1:15.86	6
	36.46	1:15.86 (39.40)				

Men 65-69 200 SC Meter Butterfly

WORLD: 2:25.35 W 11/18/2017 Rick COLELLA		USA				
NATL: 2:25.35 N 11/18/2017 RICK COLELLA						
MEET: 2:41.88 M 2/29/2020 John Chambers		Chelsea Piers fi				
1	Chambers, John	68	Agua Masters	2:50.00	2:49.28	6
	37.32	1:19.14 (41.82)	2:03.51 (44.37)	2:49.28 (45.77)		

Men 65-69 100 SC Meter IM

WORLD: 1:05.43 W 11/19/2016 Rick COLELLA		USA				
NATL: 1:05.43 N 11/19/2016 RICK COLELLA						
MEET: 1:13.58 M 3/3/2018 Edwin McCleskey		Stanford Masters				
1	Denes, Thomas	66	Montgomery Ancient Mariners	1:28.00	1:25.42	6
	39.87	1:25.42 (45.55)				
2	Vandegriff, James	67	Montgomery Ancient Mariners	1:25.30	1:33.28	4
	44.42	1:33.28 (48.86)				

Men 70-74 50 SC Meter Freestyle

WORLD: 26.88 W 10/10/2015 Richard ABRAHAMS		USA				
NATL: 26.88 N 10/10/2015 RICHARD ABRAHAMS						
MEET: 29.64 M 4/2/2022 James Thornton		Colonials 1776				
1	Bradford, Bruce	74	DC Water Wizards	39.01	36.34	6
2	Hinga, Kenneth	74	Montgomery Ancient Mariners	38.00	38.66	4
3	Blount, Marvin	72	DC Water Wizards	40.41	39.17	3
4	Miller, Jim	73	Virginia Masters Swim Team	38.85	40.14	2
5	Adler, Paul	70	Montgomery Ancient Mariners	45.00	49.65	1
---	Franz, Craig	70	District Of Columbia Aquatics	40.00	NS	
---	Martin, Doug	70	Little Rock Masters	NT	NS	
---	Cockburn, Alistair	70	Uc14	31.50	NS	

Men 70-74 100 SC Meter Freestyle

WORLD: 1:01.70 W 5/17/2015 Richard ABRAHAMS		USA				
NATL: 1:01.70 N 1/22/2023 ABRAHAMS\WILLIAMS						
MEET: 1:13.83 M 3/17/2012 Howard Rolston						
1	Franz, Craig	70	District Of Columbia Aquatics	1:15.00	1:13.83 M	6
	35.36	1:13.83 (38.47)				
2	Bradford, Bruce	74	DC Water Wizards	1:32.85	1:23.94	4
	38.79	1:23.94 (45.15)				
3	Hinga, Kenneth	74	Montgomery Ancient Mariners	1:28.87	1:31.25	3
	42.38	1:31.25 (48.87)				

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(Men 70-74 100 SC Meter Freestyle)

4	Miller, Jim	73	Virginia Masters Swim Team	1:32.10	1:33.31	2
	43.74		1:33.31 (49.57)			
5	Martin, Doug	70	Little Rock Masters	NT	1:43.90	1
	27.59		1:43.90 (1:16.31)			
6	Thurston, Lawrence	71	DC Water Wizards	1:59.25	1:47.64	
	52.82		1:47.64 (54.82)			
7	Adler, Paul	70	Montgomery Ancient Mariners	1:55.00	1:55.85	
	55.35		1:55.85 (1:00.50)			

Men 70-74 200 SC Meter Freestyle

WORLD: 2:10.97 W 12/4/2021 Rick COLELLA USA						
NATL: 2:10.97 N 12/4/2021 RICK COLELLA						
MEET: 2:24.51 M 4/2/2022 James Thornton Colonials 1776						
1	Franz, Craig	70	District Of Columbia Aquatics	2:40.00	2:41.43	6
	37.80		1:18.77 (40.97) 2:00.58 (41.81) 2:41.43 (40.85)			
2	Thurston, Lawrence	71	DC Water Wizards	3:15.25	4:15.40	4
	55.15		2:02.39 (1:07.24) 3:12.66 (1:10.27) 4:15.40 (1:02.74)			

Men 70-74 400 SC Meter Freestyle

WORLD: 4:46.78 W 1/30/2022 Rick COLELLA USA						
NATL: 4:46.78 N 1/30/2022 RICK COLELLA						
MEET: 5:56.09 M 2/29/2020 David Harmon Montgomery Ancie						
1	Franz, Craig	70	District Of Columbia Aquatics	5:35.00	5:47.91 M	6
	38.82		1:21.52 (42.70) 2:06.62 (45.10) 2:51.47 (44.85)			
	3:35.85 (44.38)		4:20.35 (44.50) 5:04.57 (44.22) 5:47.91 (43.34)			

Men 70-74 50 SC Meter Backstroke

WORLD: 33.09 W 12/3/2017 Hugh WILDER USA						
NATL: 32.57 N 1/21/2023 BRUCE WILLIAMS						
MEET: 36.73 M 3/15/2014 Jack Iliff						
1	Cockburn, Alistair	70	Uc14	34.50	33.54 M	6
2	Miller, Jim	73	Virginia Masters Swim Team	49.10	52.20	4

Men 70-74 100 SC Meter Backstroke

WORLD: 1:11.49 W 11/13/2021 Lawrence DAY USA						
NATL: 1:11.49 N 11/13/2021 LAWRENCE DAY						
MEET: 1:21.00 M 3/15/2014 Jack Iliff						
1	Miller, Jim	73	Virginia Masters Swim Team	1:44.52	1:52.77	6
	54.97		1:52.77 (57.80)			
2	Boyle, Michael	72	Germantown Maryland Masters	2:06.93	2:25.19	4
	1:10.56		2:25.19 (1:14.63)			

Men 70-74 200 SC Meter Backstroke

WORLD: 2:34.96 W 11/14/2021 Lawrence DAY USA						
NATL: 2:34.96 N 11/14/2021 LAWRENCE DAY						
MEET: 3:16.18 M 2/29/2020 Steve Wright Germantown Maryl						
1	McCorkle, John	72	Virginia Masters Swim Team	NT	3:21.07	6
	46.95		1:37.28 (50.33) 2:29.40 (52.12) 3:21.07 (51.67)			
2	Boyle, Michael	72	Germantown Maryland Masters	4:35.90	5:07.30	4
	1:15.54		2:31.89 (1:16.35) 3:50.08 (1:18.19) 5:07.30 (1:17.22)			

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Men 70-74 50 SC Meter Breaststroke

WORLD:	33.54	W	12/4/2021	Rick COLELLA		USA		
NATL:	33.54	N	12/4/2021	RICK COLELLA				
MEET:	41.03	M	3/30/2019	Dan Morrow			Montgomery Ancie	
1	Walters, Mark		71	Germantown Maryland Masters	47.00		46.43	6
2	Bradford, Bruce		74	DC Water Wizards	52.34		49.37	4
3	Hinga, Kenneth		74	Montgomery Ancient Mariners	55.00		54.35	3
4	Adler, Paul		70	Montgomery Ancient Mariners	1:00.00		1:00.20	2

Men 70-74 100 SC Meter Breaststroke

WORLD:	1:13.04	W	12/4/2021	Rick COLELLA		USA		
NATL:	1:13.04	N	12/4/2021	RICK COLELLA				
MEET:	1:30.85	M	3/30/2019	Dan Morrow			Montgomery Ancie	
1	Adler, Paul		70	Montgomery Ancient Mariners	2:20.00		2:18.41	6
					1:04.92		2:18.41 (1:13.49)	

Men 70-74 200 SC Meter Breaststroke

WORLD:	2:55.87	W	3/5/2016	Robert STRAND		USA		
NATL:	2:55.87	N	3/5/2016	ROBERT STRAND				
MEET:	3:15.22	M	3/15/2014	Henry Cole				
1	McCorkle, John		72	Virginia Masters Swim Team	NT		3:33.50	6
					48.92		1:41.46 (52.54) 3:33.50 (1:52.04)	

Men 70-74 50 SC Meter Butterfly

WORLD:	29.52	W	10/11/2015	Richard ABRAHAMS		USA		
NATL:	29.52	N	10/11/2015	RICHARD ABRAHAMS				
MEET:	34.56	M	3/15/2014	Jack Iliff				
1	Cockburn, Alistair		70	Uc14	32.50		32.52 M	6
2	Walters, Mark		71	Germantown Maryland Masters	39.00		39.63	4
3	Blount, Marvin		72	DC Water Wizards	52.63		54.41	3
4	Thurston, Lawrence		71	DC Water Wizards	1:10.04		1:02.72	2
---	Martin, Doug		70	Little Rock Masters	NT		NS	

Men 70-74 100 SC Meter Butterfly

WORLD:	1:06.54	W	10/17/2021	Lawrence DAY		USA		
NATL:	1:06.54	N	10/17/2021	LAWRENCE DAY				
MEET:	1:18.38	M	3/17/2012	Hugh Roddin				
1	McCorkle, John		72	Virginia Masters Swim Team	NT		1:22.72	6
					39.84		1:22.72 (42.88)	
2	Walters, Mark		71	Germantown Maryland Masters	1:34.95		1:37.85	4
					43.87		1:37.85 (53.98)	
3	Blount, Marvin		72	DC Water Wizards	2:00.00		2:05.73	3
					1:00.62		2:05.73 (1:05.11)	

Men 70-74 100 SC Meter IM

WORLD:	1:06.98	W	12/4/2021	Rick COLELLA		USA		
NATL:	1:06.98	N	12/4/2021	RICK COLELLA				
MEET:	1:19.90	M	3/15/2014	Jack Iliff				
1	Walters, Mark		71	Germantown Maryland Masters	1:49.00		1:38.88	6
					47.11		1:38.88 (51.77)	
2	Hinga, Kenneth		74	Montgomery Ancient Mariners	1:45.00		1:50.30	4
					51.90		1:50.30 (58.40)	

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Men 70-74 200 SC Meter IM

WORLD:		2:27.07	W	12/4/2021	Rick COLELLA	USA		
NATL:		2:27.07	N	12/4/2021	RICK COLELLA			
MEET:		3:05.80	M	4/2/2022	John Mccorkle	Virginia Masters		
1	McCorkle, John	72	Virginia Masters Swim Team	NT	3:14.09			6
	41.46		3:14.09 (2:32.63)					
2	Martin, Doug	70	Little Rock Masters	NT	3:49.38			4
	30.60		1:46.51 (1:15.91)				2:56.08 (1:09.57)	3:49.38 (53.30)

Men 75-79 50 SC Meter Freestyle

WORLD:		28.70	W	11/21/2021	Richard ABRAHAMS	USA		
NATL:		28.70	N	11/21/2021	RICHARD ABRAHAMS			
MEET:		37.15	M	3/3/2018	David Robinson	Germantown Maryl		
1	Berliner, Mitchell	75	DC Masters	40.00	39.79			6
2	Linder Sr, Arthur	78	DC Water Wizards	57.55	58.40			4

Men 75-79 200 SC Meter Freestyle

WORLD:		2:26.94	W	10/12/2019	David QUIGGIN	USA		
NATL:		2:26.94	N	10/12/2019	DAVID QUIGGIN			
MEET:		2:49.10	M	4/6/2002	Roger G Franks			
1	Berliner, Mitchell	75	DC Masters	3:50.00	3:51.22			6

Men 75-79 50 SC Meter Backstroke

WORLD:		33.87	W	12/2/2018	Richard BURNS	USA		
NATL:		33.87	N	12/2/2018	RICHARD BURNS			
MEET:		39.74	M	3/3/2018	Howard Rolston	Gold Coast Maste		
1	Berliner, Mitchell	75	DC Masters	1:00.00	57.60			6
2	Linder Sr, Arthur	78	DC Water Wizards	1:19.75	1:16.63			4

Men 75-79 50 SC Meter Breaststroke

WORLD:		36.78	W	2/19/2022	Roberto RUGGIERI	ITA		
NATL:		38.35	N	7/24/2016	MIKE FRESHLEY			
MEET:		44.42	M	3/15/2014	Louis Diamond			
1	Linder Sr, Arthur	78	DC Water Wizards	1:12.53	1:13.59			6

Men 75-79 100 SC Meter Breaststroke

WORLD:		1:24.27	W	12/3/2022	Douglas SPRINGER	USA		
NATL:		1:24.27	N	12/3/2022	DOUGLAS SPRINGER			
MEET:		1:43.96	M	2/29/2020	Henry Cole	Maryland Masters		
1	Linder Sr, Arthur	78	DC Water Wizards	2:12.53	2:44.86			6
	1:19.79		2:44.86 (1:25.07)					

Men 75-79 100 SC Meter IM

WORLD:		1:17.58	W	7/23/2016	Mike FRESHLEY	USA		
NATL:		1:17.58	N	7/23/2016	MIKE FRESHLEY			
MEET:		1:25.22	M	3/21/2015	Howard Rolston	Gold Coast Maste		
1	Berliner, Mitchell	75	DC Masters	2:30.00	2:20.72			6
	1:05.04		2:20.72 (1:15.68)					

Men 80-84 50 SC Meter Freestyle

WORLD:		31.25	W	12/2/2017	Jeff FARRELL	USA		
NATL:		31.25	N	12/2/2017	JEFF FARRELL			
MEET:		42.23	M	3/15/2014	Frank Manheim			
1	Robinson, David	80	Germantown Maryland Masters	41.00	37.68M			6

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Men 80-84 100 SC Meter Freestyle

WORLD: 1:11.26 W 9/27/2014 David RADCLIFF		USA			
NATL: 1:11.26 N 9/27/2014 DAVID RADCLIFF					
MEET: 1:44.18 M 3/30/2019 David Nicholas		Virginia Masters			
1	Robinson, David	80 Germantown Maryland Masters	1:29.00	1:25.11 M	6
	40.07	1:25.11 (45.04)			
2	Golden, Roger	81 Germantown Maryland Masters	2:15.00	1:36.57 M	4
	46.69	1:36.57 (49.88)			

Men 80-84 200 SC Meter Freestyle

WORLD: 2:38.25 W 9/28/2014 David RADCLIFF		USA			
NATL: 2:38.25 N 9/28/2014 DAVID RADCLIFF					
MEET: 4:02.16 M 3/19/2011 H Donald Messer					
1	Robinson, David	80 Germantown Maryland Masters	3:21.00	3:27.23 M	6
	47.29	1:41.42 (54.13)	2:36.87 (55.45)	3:27.23 (50.36)	

Men 80-84 200 SC Meter Breaststroke

WORLD: 3:21.35 W 2/21/2021 Masaru SHINKAI		JPN			
NATL: 3:33.07 N 1/21/2023 DAVE NOBLE					
MEET: 5:07.35 M 3/21/2015 Richard Scott		Virginia Masters			
1	Gernstein, Terry	81 Virginia Masters Swim Team	5:00.00	4:35.24 M	6
	1:06.09	2:15.61 (1:09.52)	3:26.47 (1:10.86)	4:35.24 (1:08.77)	

Men 80-84 200 SC Meter IM

WORLD: 3:16.09 W 10/17/2020 Masaru SHINKAI		JPN			
NATL: 3:17.29 N 11/12/2016 DAVID COSTILL					
MEET: 4:40.72 M 4/6/2002 Clarence Webb					
1	Robinson, David	80 Germantown Maryland Masters	3:51.00	3:52.14 M	6
	52.03	1:55.14 (1:03.11)	3:04.15 (1:09.01)	3:52.14 (47.99)	
---	Golden, Roger	81 Germantown Maryland Masters	4:30.00	DQ	
	Elbows recovered over water - breast				
	1:00.18	2:00.56 (1:00.38)	3:05.07 (1:04.51)	DQ (51.50)	

Men 85-89 50 SC Meter Freestyle

WORLD: 32.23 W 1/29/2016 Roberto ALBERICHE		ESP			
NATL: 34.48 N 12/3/2022 JEFF FARRELL					
MEET: 49.71 M 4/2/2022 Neal Gillen		Montgomery Ancie			
1	Gillen, Neal	86 Montgomery Ancient Mariners	47.27	52.17	6
2	Ruckdeschel, Fred	86 Central Maryland YMCA Masters	1:01.26	1:02.08	4

Men 85-89 100 SC Meter Freestyle

WORLD: 1:14.68 W 1/31/2016 Roberto ALBERICHE		ESP			
NATL: 1:20.73 N 12/2/2022 JEFF FARRELL					
MEET: 2:02.01 M 4/2/2022 Neal Gillen		Montgomery Ancie			
1	Gillen, Neal	86 Montgomery Ancient Mariners	1:58.43	2:01.27 M	6
2	Ruckdeschel, Fred	86 Central Maryland YMCA Masters	2:30.36	2:38.72	4
	1:09.10	2:38.72 (1:29.62)			

Men 85-89 50 SC Meter Backstroke

WORLD: 40.59 W 4/19/2009 Keijiro NAKAMURA		JPN			
NATL: 41.75 N 12/3/2017 CLARKE MITCHELL					
MEET: 1:04.84 M 4/2/2022 Neal Gillen		Montgomery Ancie			
1	Gillen, Neal	86 Montgomery Ancient Mariners	1:04.31	1:07.03	6
2	Gerson, Gordon	87 Reston Masters Swim Team	1:20.58	1:27.97	4

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Men 85-89 100 SC Meter Backstroke

WORLD:	1:28.98	W	5/18/2008	Keijiro NAKAMURA	JPN		
NATL:	1:32.98	N	12/2/2017	CLARKE MITCHELL			
MEET:	2:29.06	M	4/2/2022	Neal Gillen	Montgomery Ancie		
1	Gillen, Neal		86	Montgomery Ancient Mariners	2:28.32	2:32.40	6

Men 85-89 200 SC Meter Backstroke

WORLD:	3:18.29	W	4/20/2008	Keijiro NAKAMURA	JPN		
NATL:	3:40.17	N	12/11/2021	DAVID COSTILL			
MEET:	6:25.27	M	4/2/2022	Gordon Gerson	Reston Masters S		
1	Gerson, Gordon		87	Reston Masters Swim Team	6:21.02	6:48.48	6
	1:33.44		3:18.80 (1:45.36)	5:08.39 (1:49.59)	6:48.48 (1:40.09)		

Men 85-89 50 SC Meter Breaststroke

WORLD:	44.47	W	6/13/2010	Toshio TAJIMA	JPN		
NATL:	47.24	N	10/8/2010	FRANK PIEMME			
1	Gerson, Gordon		87	Reston Masters Swim Team	1:58.58	1:50.69	6

Men 85-89 200 SC Meter Breaststroke

WORLD:	3:44.36	W	4/22/2022	Tony GOODWIN	AUS		
NATL:	4:05.91	N	12/5/2010	FRANK PIEMME			
1	Gerson, Gordon		87	Reston Masters Swim Team	7:08.58	8:47.26	6
	2:05.52		4:25.69 ()	8:47.26 (4:21.57)			

Men 90-94 50 SC Meter Freestyle

WORLD:	40.93	W	2/7/2016	Toshimi INATOMI	JPN		
NATL:	41.07	N	12/14/2003	WOODROW BOWERSOCK			
1	Manheim, Frank		93	Reston Masters Swim Team	49.71	58.09	6

Men 90-94 50 SC Meter Backstroke

WORLD:	52.49	W	5/25/2008	Goro KOBAYASHI	JPN		
NATL:	55.25	N	10/20/2007	JOHN MERRILL			
MEET:	59.77	M	2/29/2020	Frank Manheim	Reston Masters S		
1	Manheim, Frank		93	Reston Masters Swim Team	55.10	57.03 M	6

Men 90-94 100 SC Meter Backstroke

WORLD:	1:47.66	W	5/14/2006	Goro KOBAYASHI	JPN		
NATL:	1:59.76	N	4/28/2013	WILLARD LAMB			
MEET:	2:21.55	M	2/29/2020	Frank Manheim	Reston Masters S		
1	Manheim, Frank		93	Reston Masters Swim Team	2:08.15	2:18.43 M	6
	1:07.11		2:18.43 (1:11.32)				

Women 120-159 200 SC Meter Freestyle Relay

WORLD:	1:44.88	W	11/30/2014	TSUNAMI	-RUS		
				I SHLEMOVA, L YUDINA, E YUDINA, S KNIAGININA			
NATL:	1:51.23	N	12/10/2022	OREGON MASTERS			
				A HIGLETT, J STACY, I FEIERABEND, M VEITH			
1	Germantown Maryland Masters		A		2:02.20	2:17.19	12
	1) Ricci, Alice W24		2) Chin, Lisa W42		3) Coggins, Emma W27	4) Jung, Rachel W30	
	34.16		1:06.72 (32.56)		1:47.22 (40.50)	2:17.19 (29.97)	

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Women 120-159 200 SC Meter Medley Relay

WORLD: 1:54.21 W 4/17/2022 TEAM GO MAI WAY -JPN
M TAKEMURA, K ISHIDA, H HAYASHI, Y MATSUMOTO
NATL: 2:04.31 N 12/13/2009 RED TIDE OF NYC
K GARY, T SHPAIZER, F WILLEBOORDSE, S WAGER

1	Montgomery Ancient Mariners	A	2:27.00	2:30.93	12
	1) Van Minde, Hannah W28	2) Carter, Rachel W33	3) Lunardi, Alexandra W32	4) Niemiec, Angela W39	
	40.85	1:21.29 (40.44)	1:58.53 (37.24)	2:30.93 (32.40)	

Women 120-159 400 SC Meter Medley Relay

WORLD: 4:24.80 W 10/28/2017 TEDDINSTON MASTERS -GBR
H LOUGHLIN, G HEYN, R NEWSON, Z LIOKALOS
NATL: 4:33.44 N 12/6/2009 MISSION VIEJO MASTERS
A SUE OSBORN, C LEWIS, R OLSEN, K FRITH

1	Germantown Maryland Masters	A	5:47.00	5:34.44	12
	1) Coggins, Emma W27	2) Jung, Rachel W30	3) Ricci, Alice W24	4) Chin, Lisa W42	
	43.36	1:36.52 (1:36.52)	2:15.01 (38.49)	3:05.84 (1:29.32)	
	3:43.73 (37.89)	4:26.19 (1:20.35)	4:59.49 (33.30)	5:34.44 (1:08.25)	

Women 160-199 200 SC Meter Freestyle Relay

WORLD: 1:47.58 W 11/24/2019 TSUNAMI -RUS
I SHLEMOVA, L YUDINA, E YUDINA, O BORISOVA
NATL: 1:48.08 N 11/10/2013 NORTH CAROLINA MASTERS
S WALSH, J STRINGER, A UHL, E BRAUN

1	Reston Masters Swim Team	A	2:55.55	2:26.53	12
	1) Pattison, Andrea W48	2) Seward, Stephanie W31	3) Weigand, Elizabeth W61	4) Woods, Katie W31	
	1:07.81	1:51.80 (43.99)	2:26.60 (34.80)	2:26.53 ()	

Women 160-199 200 SC Meter Medley Relay

WORLD: 2:00.84 W 5/8/2016 HELSINGBERGS SIMSALLSKAP -SWE
N WAHLBERG, L KARLSSON, J SJOBERG, H ABERG
NATL: 2:01.93 N 12/3/2022 NORTH CAROLINA MASTERS
J MIHALIK, S TAYLOR, I HOLLAND, E BRAUN

1	North Carolina Masters Swimmin	A	2:00.84	1:59.33 W	12
	1) Holland, Irish W43	2) Taylor, Sharon W38	3) Caron, Hannah W32	4) Braun, Erika W51	
	33.26	1:05.83 (32.57)	1:32.85 (27.02)	1:59.33 (26.48)	
2	Germantown Maryland Masters	A	2:25.50	2:42.52	8
	1) Topper-Greco, Rachel W54	2) Jung, Rachel W30	3) Carswell, Jenny W49	4) Guay-Berry, Patricia W59	
	45.41	1:29.05 (43.64)	2:06.62 (37.57)	2:42.52 (35.90)	

Women 200-239 200 SC Meter Freestyle Relay

WORLD: 1:54.26 W 2/29/2020 CLUB TRIBE ALUMN -USA
M RESTREPO, F WILLEBOORDSE, S WILLIAMS, M CONZE
NATL: 1:54.26 N 2/29/2020 CLUB TRIBE
M RESTREPO, F WILLEBOORDSE, S WILLIAMS, M CONZE

1	Montgomery Ancient Mariners	A	2:33.00	2:20.61	12
	1) Wagner, Katie W37	2) Gainor, Cathy W56	3) Larin, Kathryn W58	4) Dewey, Alison W49	
	35.52	1:11.86 (36.34)	1:47.66 (35.80)	2:20.61 (32.95)	
2	Germantown Maryland Masters	A	2:27.00	2:27.04	8
	1) Gearhart, Judy W58	2) Grace, Michelle W59	3) Guay-Berry, Patricia W59	4) Topper-Greco, Rachel W54	
	37.05	1:12.22 (35.17)	1:48.45 (36.23)	2:27.04 (38.59)	
3	DC Water Wizards	A	3:58.65	3:21.05	6
	1) Doyle, Gabrielle W61	2) Donatelli, Mary W59	3) Padilla, Michylle W47	4) Faulcon, Gabrielle W43	
	1:10.24	1:58.04 (47.80)	3:21.05 (1:23.01)		

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Women 200-239 200 SC Meter Medley Relay

WORLD: 2:06.51 W 12/4/2021 CLUB TRIBE -USA
S WILLIAMS, K HARRIS, M CONZE, F WILLEBOORDSE
NATL: 2:06.51 N 12/4/2021 CLUB TRIBE
S WILLIAMS, K HARRIS, M CONZE, F WILLEBOORDSE

1	Montgomery Ancient Mariners	B	4:37.00	3:41.77	12
	1) Yochelson, Deborah W69	2) Finucan Clarkson, Karen W63	3) Crouse, Jeanne W67	4) Goldberg, Marci W39	
	1:05.29	2:58.07 (1:52.78)	3:34.03 (35.96)	3:41.77 (7.74)	

Women 200-239 400 SC Meter Medley Relay

WORLD: 4:48.61 W 11/8/2015 NORTH TEXAS MASTERS -USA
S STONE, M REA, L MIZE, L MORRISON
NATL: 4:48.61 N 11/8/2015 NORTH TEXAS LONESTARS
S STONE, M REA, L MIZE, L MORRISON

1	Germantown Maryland Masters	A	5:53.00	6:10.69	12
	1) Grace, Michelle W59	2) Gearhart, Judy W58	3) Guay-Berry, Patricia W59	4) Carswell, Jenny W49	
	49.77	1:39.57 (1:39.57)	1:55.25 (15.68)	2:26.19 (46.62)	
	4:03.78 (1:37.59)	5:09.94 (2:43.75)	5:33.67 (23.73)	6:10.69 (1:00.75)	

Women 240-279 200 SC Meter Freestyle Relay

WORLD: 2:02.15 W 11/11/2017 NORTH TEXAS LONESTARS -USA
K HENDERSON, L MORRISON, C MCKELVEY, M BAILEY
NATL: 2:02.15 N 11/11/2017 NORTH TEXAS LONESTARS
K HENDERSON, L MORRISON, C MCKELVEY, M BAILEY

1	Montgomery Ancient Mariners	B	3:52.00	3:31.17	12
	1) Sugg, Stephanie W60	2) Yochelson, Deborah W69	3) Finucan Clarkson, Karen W63	4) Crouse, Jeanne W67	
		2:21.15 ()	3:31.17 (1:10.02)		
2	DC Water Wizards	A	7:48.27	5:21.24	8
	1) Bell Vanderhoof, Yvonne W75	2) Gossman, Jean W65	3) Eisenberg, Ruth W70	4) Greer, Mary W65	

Women 240-279 200 SC Meter Medley Relay

WORLD: 2:18.74 W 3/13/2022 OREGON MASTERS -USA
V JENKINS, C CRABBE, A DELMAGE, K ANDRUS-HUGHES
NATL: 2:18.74 N 3/13/2022 OREGON MASTERS
V JENKINS, C CRABBE, A DELMAGE, K ANDRUS-HUGHES

1	DC Water Wizards	A	7:45.62	4:01.70	12
	1) Doyle, Gabrielle W61	2) Nash, Undine W66	3) Donatelli, Mary W59	4) He, Kaixin W73	
		2:03.76 ()	3:19.40 (1:15.64)	4:01.70 (42.30)	

Women 280-319 200 SC Meter Freestyle Relay

WORLD: 2:20.64 W 10/16/2022 SARASOTA SHARKS MASTERS -USA
Diann UUSTAL, June CARSON, Sue WATTS, Nancy KRYKA
NATL: 2:14.25 N 1/21/2023 LONE STAR MASTERS
L MORRISON, J COLE, K MACCURDY, J WOOLSLAYER

1	DC Water Wizards	A	4:32.21	3:25.24	12
	1) Baiornos, Karyn W75	2) He, Kaixin W73	3) Labukas, Kathy W73	4) Stoecker, Sally W69	

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Women 280-319 200 SC Meter Medley Relay

WORLD: 2:44.72 W 11/18/2017 OREGON MASTERS -USA
J WARD, J GETTLING, S ROUSSEAU, M TOPPEL
NATL: 2:32.54 N 1/22/2023 LONE STAR MASTERS
J WOOLSLAYER, K MACCURDY, J COLE, L MORRISON

1	DC Water Wizards	A	6:03.27	4:51.03	12
	1) Baiornos, Karyn W75	2) Bell Vanderhoof, Yvonne W75	3) Labukas, Kathy W73	4) Stoecker, Sally W69	
	1:04.21	1:28.55 (24.34)	2:56.05 (1:27.50)	4:51.03 (1:54.98)	

Men 100-119 200 SC Meter Medley Relay

WORLD: 1:38.97 W 9/25/2021 KALEVI IJUMISKOOL -EST
R TRIBUNTSOV, M ALJAND, F KARU, P DEGTJARJOV
NATL: 1:39.29 N 12/3/2016 GOLDEN ROAD AQUATICS
T COX, N KORTH, M MARSHALL, L PECHMANN

1	Montgomery Ancient Mariners	C	2:15.00	2:06.19	12
	1) Asbacher, Tyler M19	2) Dibadj, Bryce M28	3) Kirchner, Wynne M28	4) Piceno, Carlo M32	
	35.79	1:07.61 (31.82)	1:38.07 (30.46)	2:06.19 (28.12)	
2	Germantown Maryland Masters	A	2:13.00	2:14.25	8
	1) Clark, Kempsey M33	2) Culliton, Todd M35	3) Tu, Thomas M25	4) Luu, Rome M23	
	35.02	1:10.43 (35.41)	1:40.40 (29.97)	2:14.25 (33.85)	

Men 120-159 200 SC Meter Freestyle Relay

WORLD: 1:30.83 W 11/24/2019 TSUNAMI -RUS
A GETMANENKO, A SATANOVSKIY, S MUKHIN, A KURNOSOV
NATL: 1:32.97 N 10/24/2009 SOUTHERN CAL AQUATIC MASTERS
M CORNUE, M MCGINNIS, P FORD, D WEGNER

1	Germantown Maryland Masters	A	1:57.00	2:06.10	12
	1) Luu, Rome M23	2) Clark, Kempsey M33	3) Tu, Thomas M25	4) Sandi, Gustavo M51	
	35.31	1:04.97 (29.66)	1:33.39 (28.42)	2:06.10 (32.71)	

Men 160-199 200 SC Meter Freestyle Relay

WORLD: 1:32.86 W 10/28/2022 EAST LEEDS -GBR
P CLEMENCE, C KNEE, S LAWMAN, A CRAWFORD
NATL: 1:35.44 N 11/16/2008 LONGHORN AQUATICS
T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE

1	Lane 4 Swimming	A	2:30.00	1:56.78	12
	1) Andrews, Robert M42	2) Ellis, Brian M56	3) House, Christopher M60	4) Ko, John M37	
	27.15	57.33 (30.18)	1:28.02 (30.69)	1:56.78 (28.76)	
2	Montgomery Ancient Mariners	A	2:02.00	2:00.46	8
	1) Piceno, Carlo M32	2) Russell, John M39	3) Mc Caffrey, John M54	4) Hjelle, Mark M53	
	28.80	1:00.24 (31.44)	1:29.41 (29.17)	2:00.46 (31.05)	
3	DC Water Wizards	A	2:58.32	2:20.61	6
	1) Salazar, Luis M57	2) Tubbs, Kelley M43	3) Sokol, Robert M53	4) Ross, Marques M27	
	36.99	1:18.90 (41.91)	2:20.61 (1:01.71)		

Men 160-199 200 SC Meter Medley Relay

WORLD: 1:42.91 W 5/16/2021 JFE KEIHIN -JPN
S HAYASHI, H TOGO, R TAGUCHI, S UCHIYAMA
NATL: 1:45.13 N 11/16/2008 LONGHORN AQUATICS
A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

1	Montgomery Ancient Mariners	A	2:18.00	2:18.18	12
	1) Russell, John M39	2) Dreisbach, Tristan M40	3) Roddin, Jeffrey M54	4) Mc Caffrey, John M54	
	40.33	1:20.08 (39.75)	1:48.03 (27.95)	2:18.18 (30.15)	

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1	Montgomery Ancient Mariners	A	5:15.00	5:07.14	12
	1) Asbacher, Tyler M19	2) Dubin, Jeffrey M57	3) Dreisbach, Tristan M40	4) Filbeck, David M50	
	37.45	1:08.05 (1:08.05)	2:02.61 (54.56)	2:48.97 (1:40.92)	
	3:23.36 (34.39)	4:04.18 (1:15.21)	4:34.11 (29.93)	5:07.14 (1:02.96)	
2	DC Water Wizards	A	5:43.21	5:18.07	8
	1) Salazar, Luis M57	2) Ross, Marques M27	3) Butler, Aaron M47	4) Sokol, Robert M53	
	39.01	1:19.72 (1:19.72)	1:56.80 (37.08)	2:37.88 (1:18.16)	
	3:14.47 (36.59)	4:05.07 (1:27.19)	4:41.81 (36.74)	5:18.07 (1:13.00)	

Men 200-239 200 SC Meter Freestyle Relay**WORLD: 1:37.35 W 5/28/2022****TATTERSALLS MASTERS -AUS****C FYDLER, P THIEL, G FARROW, J HICKMAN****NATL: 1:38.79 N 10/16/2010****BLU FROG TEAM****A GAINES, K SWITZER, M MIDDLETON, S WEISS**

1	District Of Columbia Aquatics	A	NT	1:56.78	12
	1) Phillips, Carr M58	2) Fenwick, Darren M44	3) Egan, Christopher M50	4) Moon, WonKee M49	
	28.01	1:00.73 (32.72)	1:29.82 (29.09)	1:56.78 (26.96)	
2	Montgomery Ancient Mariners	B	2:06.00	2:02.21	8
	1) Record, Ian M52	2) Humbert, George M55	3) Jackson, Ryan M49	4) Ossi, Gabriel M50	
	30.38	1:00.72 (30.34)	1:29.05 (28.33)	2:02.21 (33.16)	
3	Germantown Maryland Masters	A	1:59.99	2:08.59	6
	1) Main, Bryan M50	2) Golden, Scott M60	3) Blitz, Daniel M56	4) Paushter, Matthew M44	
	32.91	1:05.44 (32.53)	1:38.65 (33.21)	2:08.59 (29.94)	
4	Montgomery Ancient Mariners	C	2:22.00	2:17.82	4
	1) Vandegriff, James M67	2) Loman, Jeffrey M66	3) Covino, Daniel M55	4) Pasco, Ernesto M32	
	35.70	1:46.18 (1:10.48)	2:17.82 (31.64)		

Men 200-239 200 SC Meter Medley Relay**WORLD: 1:48.40 W 5/7/2022****MTR -JPN****Y MARUI, H MORIMOTO, K YAMAKAWA, S KITADA****NATL: 1:49.42 N 12/1/2012****LONGHORN AQUATICS****A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**

1	Montgomery Ancient Mariners	B	2:27.00	2:19.15	12
	1) Jackson, Ryan M49	2) Humbert, George M55	3) Record, Ian M52	4) Ossi, Gabriel M50	
	33.56	1:14.09 (40.53)	1:46.90 (32.81)	2:19.15 (32.25)	
2	Germantown Maryland Masters	A	2:21.00	2:20.60	8
	1) Blitz, Daniel M56	2) Wushanley, Ying M65	3) Golden, Scott M60	4) Wunderlich, Karl M58	
	39.84	1:16.02 (36.18)	1:49.91 (33.89)	2:20.60 (30.69)	

Men 200-239 400 SC Meter Medley Relay**WORLD: 3:59.68 W 12/2/2012****LONGHORN AQUATICS -USA****A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA****NATL: 3:59.68 N 12/2/2012****LONGHORN AQUATICS****A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**

1	Germantown Maryland Masters	A	4:45.00	5:18.12	12
	1) Blitz, Daniel M56	2) Wunderlich, Karl M58	3) Paushter, Matthew M44	4) Main, Bryan M50	
	40.28	1:23.27 (1:23.27)	2:06.84 (43.57)	2:54.18 (1:30.91)	
	3:29.45 (35.27)	4:09.53 (1:15.35)	4:42.43 (32.90)	5:18.12 (1:08.59)	

Annual Albatross Open - 3/18/2023
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Meet Dir. - Kara Permisohn (kpermisohn@minkoff.com)
Results - Albatross Open

Men 240-279 200 SC Meter Freestyle Relay

WORLD: 1:43.21 W 10/14/2012 BLU FROG TEAM -USA
R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOGLKEN
NATL: 1:43.21 N 10/14/2012 BLU FROG TEAM
R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOHLKEN

1	Montgomery Ancient Mariners	D	3:20.00	3:27.87	12
	1) McMeekin, Matthew M45	2) Gillen, Neal M86	3) Adler, Paul M70	4) Hinga, Kenneth M74	
	1:04.35	1:20.24 (15.89)	1:55.15 (34.91)	3:27.87 (1:32.72)	

Men 240-279 200 SC Meter Medley Relay

WORLD: 1:57.52 W 11/20/2016 PUGET SOUND MASTERS -USA
C HAYNIE, R COLLELA, D GRAHAM, D HANNULA
NATL: 1:54.15 N 11/10/2018 RICE AQUATIC MASTERS
J YARID, D GUTHRIE, J FIELDS, B WILLIAMS

1	Montgomery Ancient Mariners	D	3:41.00	4:08.85	12
	1) Gillen, Neal M86	2) Vandegriff, James M67	3) McMeekin, Matthew M45	4) Adler, Paul M70	
	1:13.48	1:57.92 (44.44)	4:08.85 (2:10.93)		

Men 280-319 200 SC Meter Freestyle Relay

WORLD: 1:54.44 W 10/11/2015 GOLD COAST MASTERS -USA
K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN
NATL: 1:54.44 N 10/11/2015 GOLD COAST MASTERS
K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN

1	Germantown Maryland Masters	A	2:48.00	2:49.42	12
	1) Wushanley, Ying M65	2) Robinson, David M80	3) Boyle, Michael M72	4) Golden, Roger M81	
	38.17	1:13.04 (34.87)	2:04.20 (51.16)	2:49.42 (45.22)	
2	DC Water Wizards	A	4:39.37	3:04.81	8
	1) Linder Sr, Arthur M78	2) Thurston, Lawrence M71	3) Blount, Marvin M72	4) Bradford, Bruce M74	
	1:03.37	1:43.21 (39.84)	3:04.81 (1:21.60)		

Men 280-319 200 SC Meter Medley Relay

WORLD: 2:10.97 W 11/5/2022 SARASOTA SHARKS MASTERS -USA
J BOATRIGHT, J GROSELLE, L DAY, L CHILDS
NATL: 2:10.97 N 11/5/2022 SARASOTA SHARKS
J BOATRIGHT, J GROSELLE, L DAY, L CHILDS

1	Germantown Maryland Masters	A	3:21.00	3:11.41	12
	1) Robinson, David M80	2) Luo, Gang M64	3) Walters, Mark M71	4) Boyle, Michael M72	
	49.98	1:52.23 (1:02.25)	2:19.74 (27.51)	3:11.41 (51.67)	
2	DC Water Wizards	A	4:58.46	3:44.16	8
	1) Bradford, Bruce M74	2) Linder Sr, Arthur M78	3) Blount, Marvin M72	4) Thurston, Lawrence M71	
	53.24	2:06.99 (1:13.75)	3:02.02 (55.03)	3:44.16 (42.14)	

Men 280-319 400 SC Meter Medley Relay

WORLD: 4:59.48 W 5/25/2019 VENTURA COUNTY MASTERS -USA
S HECK, H KERNS, G GRUBER, B ROLLINS
NATL: 4:59.48 N 5/25/2019 VENTURA COUNTY MASTERS
S HECK, H KERNS, G GRUBER, B ROLLINS

1	Germantown Maryland Masters	A	6:20.21	6:34.88	12
	1) Robinson, David M80	2) Luo, Gang M64	3) Golden, Scott M60	4) Golden, Roger M81	
	56.28	1:55.50 (1:55.50)	2:15.03 (19.53)		
	4:16.15 ()	5:44.89 ()	6:34.88 (49.99)		

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Results - Albatross Open

Mixed 72-99 200 SC Meter Freestyle Relay

NATL: 1:43.33 N 10/15/1995 THE OLYMPIC CLUB
S SCOTT, A WALKER, J PATRICK, M HERMANN

1	Germantown Maryland Masters	A	1:58.00	2:12.05	12
	1) Ricci, Alice W24	2) Coggins, Emma W27	3) Luu, Rome M23	4) Tu, Thomas M25	
	33.75	1:08.85 (35.10)	1:43.70 (34.85)	2:12.05 (28.35)	

Mixed 100-119 200 SC Meter Medley Relay

WORLD: 1:47.99 W 11/22/2020 TSUNAMI -RUS
E IOGIN, A TISHCHENKO, I SHLEMOVA, A DEMKINA
NATL: 1:48.37 N 12/2/2017 GOLDEN ROAD AQUATICS
M ACEINO, L PECHMANN, A ACEINO, L IBANEZ LOPEZ

1	Germantown Maryland Masters	A	2:09.99	2:37.33	12
	1) Coggins, Emma W27	2) Jung, Rachel W30	3) Luu, Rome M23	4) Tu, Thomas M25	
	40.26	1:25.41 (45.15)	2:07.78 (42.37)	2:37.33 (29.55)	

Mixed 120-159 200 SC Meter Freestyle Relay

WORLD: 1:37.51 W 11/22/2019 TSUNAMI -RUS
A KURNOSOV, A GETMANENKO, E YUDINA, I SHLEMOVA
NATL: 1:41.37 N 12/10/2000 EL SEGUNDO MASTERS
B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON

1	Montgomery Ancient Mariners	A	2:02.00	2:00.10	12
	1) Kirchner, Wynne M28	2) Niemiec, Angela W39	3) Dibadj, Bryce M28	4) Lunardi, Alexandra W32	
	29.35	1:01.64 (32.29)	1:27.06 (25.42)	2:00.10 (33.04)	
2	Germantown Maryland Masters	A	1:58.10	2:01.70	8
	1) Chin, Lisa W42	2) Jung, Rachel W30	3) Paushter, Matthew M44	4) Clark, Kempsey M33	
	31.92	1:05.90 (33.98)	1:33.49 (27.59)	2:01.70 (28.21)	
3	Arlington Masters	A	2:15.00	2:13.48	6
	1) Caragine, Crystal W27	2) Caragine, Cassandra W24	3) Rooney, Tim M46	4) Tran, William M32	
	38.78	1:17.92 (39.14)	1:46.79 (28.87)	2:13.48 (26.69)	

Mixed 120-159 200 SC Meter Medley Relay

WORLD: 1:47.51 W 11/23/2013 PHOENIX SWIM CLUB -USA
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI
NATL: 1:47.51 N 11/23/2013 PHOENIX SWIM CLUB
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI

---	Montgomery Ancient Mariners	A	2:22.00	NS	
	1) Van Minde, Hannah W28	2) Lunardi, Alexandra W32	3) Piceno, Carlo M32	4) Dibadj, Bryce M28	

Mixed 120-159 400 SC Meter Medley Relay

WORLD: 3:56.24 W 11/24/2013 PHOENIX SWIM CLUB -USA
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI
NATL: 3:56.24 N 11/24/2013 PHOENIX SWIM CLUB
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI

1	District Of Columbia Aquatics	A	NT	5:14.43	12
	1) Singh, Ramita W26	2) Cockrell, Charles M55	3) Atteberry, Jeffrey M42	4) Gaddis, Xonzy W23	
	40.59	2:04.78 ()	2:49.62 ()		
	3:23.08 (33.46)	4:02.64 (1:13.02)	4:35.24 (32.60)	5:14.43 (1:11.79)	
2	Arlington Masters	A	4:40.00	5:28.71	8
	1) Caragine, Cassandra W24	2) Perillo, Henry M26	3) Schick, Benjamin M35	4) Miller, Allison W40	
	48.45	1:42.59 (1:42.59)	2:20.58 (37.99)	3:04.59 (1:22.00)	
	3:35.69 (31.10)	4:22.06 (1:17.47)	4:47.96 (25.90)	5:28.71 (1:06.65)	

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Meet Dir. - Kara Permisohn (kpermisohn@minkoff.com)
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Mixed 160-199 200 SC Meter Freestyle Relay

WORLD: 1:40.07 W 11/11/2022 TSUNAMI -RUS
A KURNOSOV, S MUKHIN, E YUDINA, I SHLEMOVA
NATL: 1:42.03 N 11/22/2009 COLORADO MASTERS SWIMMING
R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN

1	Terrapin Masters	A	2:02.20	1:56.82	12
	1) Grover, Mollie W42	2) Elshafei, Donna W59	3) De Jesus, Jose M30	4) Helfers, Edward M41	
	36.14	1:06.11 (29.97)	1:31.43 (25.32)	1:56.82 (25.39)	

Mixed 160-199 200 SC Meter Medley Relay

WORLD: 1:50.35 W 11/14/2021 MAD WAVE -RUS
A POVALII, V BRAGIN, A POLIAKOVA, V PREDKIN
NATL: 1:53.38 N 11/21/2009 COLORADO MASTERS SWIMMING
S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS

1	Reston Masters Swim Team	A	2:33.33	2:32.08	12
	1) Seward, Stephanie W31	2) Woods, Katie W31	3) Broderick, Tom M63	4) Dion, Thomas M45	
	37.13	1:22.55 (45.42)	2:02.82 (40.27)	2:32.08 (29.26)	
2	DC Water Wizards	A	3:40.87	2:47.36	8
	1) Faulcon, Gabrielle W43	2) Sokol, Robert M53	3) Ross, Marques M27	4) Padilla, Michylle W47	
	44.79	1:32.53 (47.74)	2:47.36 (1:14.83)		

Mixed 200-239 200 SC Meter Freestyle Relay

WORLD: 1:46.08 W 10/28/2016 EAST LEEDS -GBR
P CLEMENCE, N WILLIAMS, D EMERSON, J HOYLE
NATL: 1:46.08 N 3/15/2014 N CAROLINA MASTERS SWIMMING
ERIKA BRAUN, SUE WALSH, JON BLANK, JONATHAN KLEIN

1	Germantown Maryland Masters	A	2:07.00	2:13.69	12
	1) Carswell, Jenny W49	2) Topper-Greco, Rachel W54	3) Matthews, Chad M46	4) Sandi, Gustavo M51	
	33.44	1:10.43 (36.99)	1:44.30 (33.87)	2:13.69 (29.39)	
2	Germantown Maryland Masters	B	2:11.75	2:16.42	8
	1) Grace, Michelle W59	2) Guay-Berry, Patricia W59	3) Blitz, Daniel M56	4) Wunderlich, Karl M58	
	36.01	1:12.63 (36.62)	1:45.48 (32.85)	2:16.42 (30.94)	

Mixed 200-239 200 SC Meter Medley Relay

WORLD: 1:57.65 W 10/14/2012 BLU FROG TEAM -USA
S HART, D CHANCE, M MIDDLETON, R ABRAHAMS
NATL: 1:57.65 N 10/10/2012 BLU FROG TEAM
S HART, D CHANCE, M MIDDLETON, R ABRAHAMS

1	District Of Columbia Aquatics	A	2:01.00	2:00.88	12
	1) Stakem, Meredith W42	2) Williams, Neill M55	3) Frentsos, Jerome M58	4) Dawson, Deborah W55	
	32.00	1:03.56 (31.56)	1:31.29 (27.73)	2:00.88 (29.59)	
2	Germantown Maryland Masters	B	2:25.00	2:30.52	8
	1) Blitz, Daniel M56	2) Wushanley, Ying M65	3) Chin, Lisa W42	4) Guay-Berry, Patricia W59	
	40.76	1:17.33 (36.57)	1:40.26 (22.93)	2:30.52 (50.26)	
3	Montgomery Ancient Mariners	B	2:35.00	2:36.57	6
	1) Dickinson, Derek M53	2) Dewey, Alison W49	3) Hjelle, Mark M53	4) Larin, Kathryn W58	
	38.75	1:23.59 (44.84)	1:59.37 (35.78)	2:36.57 (37.20)	
4	Germantown Maryland Masters	A	2:12.12	2:38.33	4
	1) Topper-Greco, Rachel W54	2) Main, Bryan M50	3) Carswell, Jenny W49	4) Golden, Scott M60	
	44.42	1:27.69 (43.27)	2:05.47 (37.78)	2:38.33 (32.86)	
5	Montgomery Ancient Mariners	C	3:10.00	3:00.14	2
	1) Gainor, Cathy W56	2) Goldberg, Marci W39	3) Pasco, Ernesto M32	4) Hinga, Kenneth M74	
	48.19	1:45.19 (57.00)	2:20.43 (35.24)	3:00.14 (39.71)	

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(Mixed 200-239 200 SC Meter Medley Relay)

6	DC Water Wizards	A	6:22.58	4:20.95
	1) Gossman, Jean W65	2) Tubbs, Kelley M43	3) Salazar, Luis M57	4) Eisenberg, Ruth W70
		52.65 ()	4:20.95 (3:28.30)	

Mixed 200-239 400 SC Meter Medley Relay

WORLD: 4:23.63 W 10/11/2015 ILLINOIS MASTERS -USA
J TUCHLER, D SIMS, A BLOCK, L DILLMANN
NATL: 4:23.63 N 10/11/2015 ILLINOIS MASTERS
J TUCHLER, D SIMS, A BLOCK, L DILLMANN

1	North Carolina Masters Swimmin	A	4:23.63	4:19.84W	12
	1) Klein, Jonathan M66	2) Taylor, Sharon W38	3) Dallamura, Scott M45	4) Braun, Erika W51	
	32.16	1:07.21 (1:07.21)	1:42.01 (34.80)	2:19.69 (1:12.48)	
	2:47.78 (28.09)	3:20.76 (1:01.07)	3:49.21 (28.45)	4:19.84 (59.08)	
2	District Of Columbia Aquatics	A	4:27.00	4:26.33	8
	1) Stakem, Meredith W42	2) Williams, Neill M55	3) Frentsos, Jerome M58	4) Dawson, Deborah W55	
	32.41	1:07.56 (1:07.56)	1:39.97 (32.41)	2:17.42 (1:09.86)	
	2:46.89 (29.47)	3:36.68 (1:19.26)	4:26.33 (49.65)		
3	Reston Masters Swim Team	A	5:22.22	5:19.99	6
	1) Brightwell, Kim W63	2) Gwilliam, Glenn M45	3) Bass, Amy W53	4) Dion, Thomas M45	
	41.58	1:22.90 (1:22.90)	2:04.21 (41.31)	2:49.49 (1:26.59)	
	3:26.01 (36.52)	4:17.93 (1:28.44)	4:47.49 (29.56)	5:19.99 (1:02.06)	
4	Germantown Maryland Masters	A	5:55.00	5:40.95	4
	1) Topper-Greco, Rachel W54	2) Sandi, Gustavo M51	3) Carswell, Jenny W49	4) Matthews, Chad M46	
	45.28	1:35.00 (1:35.00)	2:16.35 (41.35)	3:01.90 (1:26.90)	
	3:41.69 (39.79)	4:27.50 (1:25.60)	5:02.68 (35.18)	5:40.95 (1:13.45)	

Mixed 240-279 200 SC Meter Freestyle Relay

WORLD: 1:52.68 W 11/14/2015 NORTH TEXAS LONESTARS -USA
D MARTIN, T BARTON, C MCKELVEY, L MORRISON
NATL: 1:52.68 N 11/14/2015 NORTH TEXAS LONESTARS
DOUG MARTIN, TOM BARTON, C MCKELVEY, LYNN MORRISON

1	Virginia Masters Swim Team	A	2:19.20	2:26.78	12
	1) Daly, James M52	2) Jaeger, Debbie W61	3) Miller, Jim M73	4) Miller, Patricia W62	
	33.77	1:09.40 (35.63)	1:50.62 (41.22)	2:26.78 (36.16)	
---	Germantown Maryland Masters	A	2:19.99	DNF	
	Did not finish				
	1) Gearhart, Judy W58	2) Golden, Scott M60	3) Luo, Gang M64	4) Lappin, Jeanne W68	

Mixed 280-319 200 SC Meter Freestyle Relay

WORLD: 2:07.33 W 10/9/2022 TAMALPAIS MASTERS -USA
A BERNARD, M JOYCE, L VAL, R BURNS
NATL: 2:07.33 N 10/9/2022 TAMALPAIS AQUATIC MASTERS
A BERNARD, M JOYCE, L VAL, R BURNS

1	Germantown Maryland Masters	A	3:30.00	3:34.24	12
	1) Kaiser, Cheryl W64	2) Carter, Linda W81	3) Robinson, David M80	4) Boyle, Michael M72	
	53.74	3:34.24 (2:40.50)			

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Mixed 280-319 200 SC Meter Medley Relay

WORLD: 2:22.04 W 9/27/2015 TAMALPAIS AQUATIC MASTERS-USA
L VAL, K FROST, R BURNS, N RIDOUT

NATL: 2:22.04 N 9/27/2015 TAMALPAIS AQUATIC MASTERS
L VAL, K FROST, R BURNS, N RIDOUT

1	Germantown Maryland Masters	A	3:20.15	4:20.65	12
	1) Carter, Linda W81	2) Boyle, Michael M72	3) Robinson, David M80	4) Kaiser, Cheryl W64	
	1:11.78	3:25.68 ()	4:20.65 (54.97)		

Mixed 280-319 400 SC Meter Medley Relay

WORLD: 5:21.37 W 10/11/2015 TAMALPAIS AQUATIC MASTERS-USA
L VAL, K FROST, R BURNS, N RIDOUT

NATL: 5:21.37 N 10/11/2015 TAMALPAIS AQUATIC MASTERS
L VAL, K FROST, R BURNS, N RIDOUT

1	Germantown Maryland Masters	A	7:59.00	9:46.21	12
	1) Carter, Linda W81	2) Boyle, Michael M72	3) Robinson, David M80	4) Kaiser, Cheryl W64	
	5:26.10 (1:24.66)	2:44.08 (2:44.08)	4:01.44 (1:17.36)	9:46.21 (3:16.45)	
		6:29.76 (2:28.32)	8:43.39 (2:13.63)		

Mixed 320-359 200 SC Meter Medley Relay

WORLD: 2:57.97 W 3/10/2019 OREGON MASTERS -USA
W LAMB, J GETTLING, M TOPPEL, D RADCLIFF

NATL: 2:57.97 N 3/10/2019 OREGON MASTERS
W LAMB, J GETTLING, M TOPPEL, D RADCLIFF

1	Reston Masters Swim Team	A	4:25.25	4:39.64	12
	1) Manheim, Frank M93	2) Gerson, Gordon M87	3) Weigand, Elizabeth W61	4) Manheim, Lucy W81	
	57.31	2:41.13 (1:43.82)	3:46.48 (1:05.35)	4:39.64 (53.16)	