

Virginia Masters Swim Meet

November 4, 2023

Results - Nov. 4, 2023

Women 25-29 50 SC Meter Freestyle

WORLD: 25.42 W 3/12/2006 SUMIKA KOMATSU
 NATL: 26.03 N 10/29/2011 ANDREA GEOROFF
 VA: 27.43 V 12/4/2021 Alexandra Marshall

1 Ryan, Ashley 26 TIDE 31.76

Women 25-29 100 SC Meter Freestyle

WORLD: 55.28 W 4/15/2012 MARIA FUSTER
 NATL: 56.30 N 3/31/1996 SHEILA TAORMINA
 VA: 58.98 V 11/12/2022 Bonnie Zhang

1 Ryan, Ashley 26 TIDE 1:14.40
 35.04 1:14.40

Women 25-29 50 SC Meter Butterfly

WORLD: 27.29 W 5/9/2010 YUKO NAKANISHI
 NATL: 28.30 N 10/16/2011 LINDSEY URBATCHKA
 VA: 29.17 V 3/5/2016 Gabrielle Mizerak

1 Ryan, Ashley 26 TIDE 38.30

Women 25-29 100 SC Meter IM

WORLD: 1:03.41 W 1/23/2011 MEGAN JENDRICK
 NATL: 1:03.41 N 1/23/2011 MEGAN JENDRICK
 VA: 1:10.18 V 11/7/2009 Lucy Carrig

1 Ryan, Ashley 26 TIDE 1:27.01
 41.22 1:27.01

Women 30-34 50 SC Meter Freestyle

WORLD: 25.57 W 9/27/2009 SUMIKA KOMATSU
 NATL: 25.69 N 11/10/2012 ERIKA ERNDL
 VA: 26.35 V 4/2/2022 Theresa Michalak

1 Haddox, Sarah 34 NNYS 32.02
 2 Johnson, Kristen 30 TIDE 32.21

Women 30-34 100 SC Meter Freestyle

WORLD: 55.11 W 1/25/2009 ALENA POPCHANKA
 NATL: 54.75 N 10/13/2012 ERIKA ERNDL
 VA: 1:02.66 V 12/31/1995 Beth Scheimann

1 Johnson, Kristen 30 TIDE 1:14.20
 36.20 1:14.20

Women 30-34 200 SC Meter Freestyle

WORLD: 2:02.60 W 11/20/2010 HITOMI MATSUDA
 NATL: 2:04.64 N 12/15/1996 K PIPES-NEILSEN
 VA: 2:17.97 V 11/2/2019 Denise Letendre

1 Johnson, Kristen 30 TIDE 2:47.06
 37.98 1:20.47 2:04.49 2:47.06

Women 30-34 1500 SC Meter Freestyle

WORLD:16:26.93 W 12/2/2011 DAWN HECKMAN
 NATL:16:26.93 N 12/2/2011 DAWN HECKMAN
 VA:18:38.38 V 11/5/2011 Maura Bolger

1 Anderson, Ashley 33 VMST 22:46.97
 44.87 1:29.20 2:13.98 3:00.86
 3:46.13 4:31.76 5:17.97 6:03.88
 6:50.31 7:37.21 8:21.98 9:07.63
 9:53.22 10:38.83 11:25.32 12:11.33
 12:57.23 13:42.51 14:28.51 15:15.77
 16:01.01 16:47.21 17:32.45 18:18.30
 19:04.71 19:49.67 20:36.14 21:21.02
 22:05.27 22:46.97

Women 30-34 50 SC Meter Backstroke

WORLD: 27.43 W 4/19/2009 MAI NAKAMURA
 NATL: 27.61 N 11/21/2009 NORIKO INADA
 VA: 29.65 V 4/2/2022 Theresa Michalak

1 Shepard, Megan C 33 VMST 52.12

Women 30-34 50 SC Meter Breaststroke

WORLD: 31.71 W 3/14/2010 HITOMI MATSUDA
 NATL: 32.17 N 12/4/2011 HANNAH CALDAS
 VA: 33.18 V 4/2/2022 Theresa Michalak

1 Haddox, Sarah 34 NNYS 41.65
 2 Johnson, Kristen 30 TIDE 44.49

Women 30-34 100 SC Meter Breaststroke

WORLD: 1:06.98 W 4/17/2010 HITOMI MATSUDA
 NATL: 1:10.00 N 12/10/2000 WENKE HANSEN
 VA: 1:17.43 V 1/1/1993 Beth Scheimann

1 Dewey, Anna 30 NERD 1:32.23
 43.17 1:32.23

Women 30-34 50 SC Meter Butterfly

WORLD: 27.81 W 3/26/2006 METTE JACOBSEN
 NATL: 27.89 N 12/10/2011 NORIKO INADA
 VA: 28.48 V 4/2/2022 Gabrielle Mizerak

1 Shepard, Megan C 33 VMST 52.33

Women 30-34 100 SC Meter Butterfly

WORLD: 1:00.11 W 3/25/2006 METTE JACOBSEN
 NATL: 1:00.34 N 10/13/2012 ERIKA ERNDL
 VA: 1:08.56 V 11/2/2019 Denise Letendre

1 Shepard, Megan C 33 VMST 1:56.29
 54.17 1:56.29

Women 30-34 100 SC Meter IM

WORLD: 1:02.55 W 2/13/2010 HITOMI MATSUDA
 NATL: 1:02.52 N 10/13/2012 ERIKA ERNDL
 VA: 1:02.89 V 4/2/2022 Theresa Michalak

1 Haddox, Sarah 34 NNYS 1:19.64
 36.47 1:19.64

Women 30-34 200 SC Meter IM

WORLD: 2:13.41 W 11/14/2009 HITOMI MATSUDA
 NATL: 2:18.79 N 12/7/1996 K PIPES-NEILSEN
 VA: 2:27.86 V 3/3/2018 Denise Letendre

1 Dewey, Anna 30 NERD 2:54.67
 38.12 1:22.49 2:13.30 2:54.67
 2 Shepard, Megan C 33 VMST 3:51.96
 52.03 1:52.73 3:02.16 3:51.96

Women 35-39 200 SC Meter Freestyle

WORLD: 2:03.12 W 3/25/2012 HITOMI MATSUDA
 NATL: 2:03.56 N 12/14/1997 K PIPES-NEILSEN
 VA: 2:12.39 V 12/9/2000 Kelly Parker

1 London, Lindsay 39 UC12 2:33.99
 35.13 1:13.82 1:54.20 2:33.99

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Women 35-39 100 SC Meter Backstroke

WORLD: 1:02.36 W 11/22/2009 SHERI HART

NATL: 1:02.36 N 11/22/2009 SHERI HART

VA: 1:12.66 V 4/19/1998 Beth Baker

1	London, Lindsay	39	UC12	1:23.26
	40.61	1:23.26		

Women 35-39 100 SC Meter IM

WORLD: 1:03.17 W 3/1/2012 HITOMI MATSUDA

NATL: 1:04.61 N 11/22/2009 SHERI HART

VA: 1:08.23 V 3/25/2000 Beth Baker

1	London, Lindsay	39	UC12	1:22.64
	38.10	1:22.64		

Women 40-44 200 SC Meter Freestyle

WORLD: 2:05.26 W 12/14/2003 K.PIPES-NEILSEN

NATL: 2:05.26 N 12/14/2003 K PIPES-NEILSEN

VA: 2:17.69 V 5/6/2011 Ana Paula Grilo

1	Widener, Lindsay	44	VMST	2:48.64
	39.03	1:22.08	2:06.61	2:48.64
2	King, Erin	43	NERD	2:54.26
	39.59	1:24.20	2:10.43	2:54.26

Women 40-44 100 SC Meter Backstroke

WORLD: 1:03.48 W 10/29/2011 SHERI HART

NATL: 1:03.48 N 10/29/2011 SHERI HART

VA: 1:07.92 V 12/8/2001 Beth Baker

1	Talmadge, Amy	44	YSRGE	1:41.85
	45.47	1:41.85		

Women 40-44 50 SC Meter Breaststroke

WORLD: 32.29 W 11/22/2009 S.VON DER LIPPE

NATL: 32.29 N 11/22/2009 S VON DER LIPPE

VA: 35.46 V 12/7/2019 Kristen Harris

1	Talmadge, Amy	44	YSRGE	44.23
2	King, Erin	43	NERD	44.36

Women 40-44 100 SC Meter Breaststroke

WORLD: 1:10.55 W 12/2/2007 S.VON DER LIPPE

NATL: 1:10.55 N 12/2/2007 S VON DER LIPPE

VA: 1:18.07 V 12/7/2019 Kristen Harris

1	Talmadge, Amy	44	YSRGE	1:40.47
	46.43	1:40.47		

Women 40-44 100 SC Meter IM

WORLD: 1:04.25 W 11/16/2008 S.VON DER LIPPE

NATL: 1:04.25 N 11/16/2008 S VON DER LIPPE

VA: 1:08.82 V 12/13/2019 Katie Grier

1	Talmadge, Amy	44	YSRGE	1:31.63
	43.08	1:31.63		

Women 40-44 200 SC Meter IM

WORLD: 2:19.21 W 12/2/2007 S.VON DER LIPPE

NATL: 2:19.21 N 12/2/2007 S VON DER LIPPE

VA: 2:34.48 V 1/2000 Beth Baker

1	Widener, Lindsay	44	VMST	3:07.33
	40.29	1:29.28	2:23.86	3:07.33

Women 45-49 50 SC Meter Freestyle

WORLD: 26.59 W 4/14/2011 EDITH OTTERMANN

NATL: 27.09 N 12/2/2007 K PIPES-NEILSEN

VA: 28.40 V 2/29/2020 Margaret Conze

1	Edwards, Tabitha	47	UC12	38.37
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Women 45-49 50 SC Meter Backstroke

WORLD: 30.31 W 3/1/2009 K.PIPES-NEILSEN

NATL: 30.58 N 12/2/2007 K PIPES-NEILSEN

VA: 37.63 V 11/12/2022 Michele Choe

1	Edwards, Tabitha	47	UC12	48.61
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Women 45-49 50 SC Meter Breaststroke

WORLD: 33.82 W 10/10/2010 S.VON DER LIPPE

NATL: 33.82 N 10/10/2010 S VON DER LIPPE

VA: 35.78 V 12/4/2021 Kristen Harris

1	Edwards, Tabitha	47	UC12	50.40
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Women 50-54 50 SC Meter Freestyle

WORLD: 27.81 W 4/17/2011 SARAH MACDONALD

NATL: 27.91 N 12/8/2012 LESLIE LIVINGSTON

VA: 27.84 V 2/29/2020 Fall Willeboordse

1	Grenfell, Daisie K	54	RVCM	48.88
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Women 50-54 100 SC Meter Freestyle

WORLD: 1:01.49 W 10/21/2001 LAURA VAL

NATL: 1:01.49 N 10/21/2001 LAURA VAL

VA: 1:03.10 V 2/29/2020 Fall Willeboordse

1	Grenfell, Daisie K	54	RVCM	1:51.22
	50.64	1:51.22		

Women 50-54 50 SC Meter Breaststroke

WORLD: 34.05 W 3/18/2012 MONICA CORO

NATL: 36.92 N 12/9/2012 LESLIE LIVINGSTON

VA: 36.99 V 12/11/2009 Lisa Bennett

1	Grenfell, Daisie K	54	RVCM	1:04.74
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Women 50-54 100 SC Meter Breaststroke

WORLD: 1:15.76 W 3/18/2012 MONICA CORO

NATL: 1:20.72 N 11/8/2008 JENNY COOK

VA: 1:24.00 V 12/11/2009 Lisa Bennett

1	Grenfell, Daisie K	54	RVCM	2:17.50
	1:01.11	2:17.50		

Women 50-54 100 SC Meter IM

WORLD: 1:08.28 W 3/9/2012 K.PIPES-NEILSEN

NATL: 1:09.68 N 2/18/2012 KARLYN PIPES

VA: 1:15.48 V 12/11/2009 Lisa Bennett

1	Grenfell, Daisie K	54	RVCM	2:00.86
	57.30	2:00.86		

Women 55-59 50 SC Meter Freestyle

WORLD: 28.49 W 12/5/2009 LAURA VAL

NATL: 28.49 N 12/5/2009 LAURA VAL

VA: 28.58 V 11/21/2021 Fall Willeboordse

1	Russell, Jennifer	58	TIDE	43.48
2	Chadwick, Teresa	58	VMST	1:01.20

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Women 55-59 50 SC Meter Backstroke

WORLD: 32.62 W 10/24/2009 LAURA VAL
 NATL: 32.62 N 10/24/2009 LAURA VAL
 VA: 32.31 V 12/4/2021 Susan Williams

1 Chadwick, Teresa 58 VMST 1:22.97

Women 55-59 50 SC Meter Breaststroke

WORLD: 38.32 W 8/25/2001 JAN WICKS
 NATL: 38.62 N 12/9/2012 BETH ESTEL
 VA: 38.91 V 12/4/2021 Fall Willeboordse

1 Russell, Jennifer 58 TIDE 48.91

Women 55-59 100 SC Meter Breaststroke

WORLD: 1:25.18 W 3/14/2009 REGULA STEIGER
 NATL: 1:25.58 N 12/9/2012 BETH ESTEL
 VA: 1:28.43 V 11/5/2011 Lisa Bennett

1 Russell, Jennifer 58 TIDE 2:06.55
 55.33 2:06.55

Women 55-59 100 SC Meter IM

WORLD: 1:12.90 W 10/11/2009 LAURA VAL
 NATL: 1:12.90 N 10/11/2009 LAURA VAL
 VA: 1:21.01 V 11/12/2016 Kelly Parker Palace

1 Russell, Jennifer 58 TIDE 1:59.21
 57.27 1:59.21

Women 60-64 50 SC Meter Freestyle

WORLD: 29.48 W 10/3/2011 LAURA VAL
 NATL: 29.44 N 9/23/2012 LAURA VAL
 VA: 31.88 V 10/17/2021 Kelly Parker Palace

1 Jaeger, Debbie 61 VMST 36.85
 2 Dickens, Susan 62 FREDRICKSBURG AM 38.82
 3 Upton, Becky 61 NERD 49.07

Women 60-64 100 SC Meter Freestyle

WORLD: 1:05.16 W 1/15/2011 LAURA VAL
 NATL: 1:04.79 N 9/23/2012 LAURA VAL
 VA: 1:09.44 V 11/18/2012 Shirley Loftus-Charley

1 Upton, Becky 61 NERD 1:57.19
 55.75 1:57.19

Women 60-64 200 SC Meter Freestyle

WORLD: 2:20.16 W 12/4/2011 LAURA VAL
 NATL: 2:20.16 N 12/4/2011 LAURA VAL
 VA: 2:26.97 V 10/17/2021 Kelly Parker Palace

1 Speer, Nancy 61 VMST 2:54.21
 39.76 1:23.81 2:08.90 2:54.21
 2 Dickens, Susan 62 FREDRICKSBURG AM 3:07.33
 41.60 1:30.09 2:18.45 3:07.33
 3 Upton, Becky 61 NERD 4:51.26
 2:08.01 4:51.26

Women 60-64 400 SC Meter Freestyle

WORLD: 4:55.54 W 10/16/2011 LAURA VAL
 NATL: 4:55.54 N 10/16/2011 LAURA VAL
 VA: 5:06.79 V 10/17/2021 Kelly Parker Palace

1 Dickens, Susan 62 FREDRICKSBURG AM 6:37.65
 42.79 1:31.65 2:22.30 3:13.80
 4:05.11 4:56.11 5:47.69 6:37.65

Women 60-64 800 SC Meter Freestyle

WORLD:10:21.68 W 1/15/2011 LAURA VAL
 NATL:10:21.68 N 1/15/2011 LAURA VAL
 VA:10:39.12 V 11/5/2011 Shirley Loftus-Charley

1 Dickens, Susan 62 FREDRICKSBURG AM 13:16.80
 43.58 1:32.43 2:22.67 3:13.34
 4:04.03 4:54.68 5:46.94 6:37.53
 7:28.23 8:18.58 9:09.07 9:59.60
 10:49.45 11:39.17 12:28.91 13:16.80

Women 60-64 1500 SC Meter Freestyle

WORLD:19:38.63 W 1/15/2011 LAURA VAL
 NATL:19:38.63 N 1/15/2011 LAURA VAL
 VA:19:59.92 V 11/5/2011 Shirley Loftus-Charley

1 Jaeger, Debbie 61 VMST 23:37.03
 42.45 1:28.20 2:14.62 3:01.73
 3:48.53 4:35.17 5:22.19 6:08.97
 6:55.52 7:42.63 8:29.96 9:17.12
 10:04.07 10:50.84 11:38.13 12:25.73
 13:12.92 14:00.12 14:47.83 15:35.46
 16:23.69 17:11.73 17:59.93 18:49.05
 19:37.09 20:24.99 21:13.25 22:01.89
 22:50.34 23:37.03
 2 Speer, Nancy 61 VMST 23:50.72
 41.64 1:26.36 2:12.98 3:00.00
 3:47.22 4:34.06 5:20.86 6:08.00
 6:55.56 7:43.38 8:31.72 9:19.08
 10:08.01 10:56.26 11:45.19 12:33.08
 13:21.13 14:09.46 14:57.68 15:45.93
 16:35.19 17:23.60 18:12.26 19:00.66
 19:49.50 20:37.63 21:26.06 22:15.35
 23:03.89 23:50.72

Women 60-64 200 SC Meter Backstroke

WORLD: 2:42.21 W 12/2/2011 LAURA VAL
 NATL: 2:41.71 N 11/30/2012 LAURA VAL
 VA: 2:55.22 V 10/17/2021 Kelly Parker Palace

1 Jaeger, Debbie 61 VMST 3:30.26
 50.96 1:44.52 2:38.74 3:30.26

Women 60-64 50 SC Meter Breaststroke

WORLD: 38.60 W 3/18/2002 MONIKA SENFTLEBEN
 NATL: 39.60 N 11/12/2011 DEB WALKER
 VA: 41.98 V 4/2/2022 Patricia Miller

1 Dickens, Susan 62 FREDRICKSBURG AM 50.60

Women 65-69 50 SC Meter Freestyle

WORLD: 31.82 W 10/23/2011 LYNETTE STEVENSON
 NATL: 32.06 N 12/10/2011 DIANN UUSTAL
 VA: 34.07 V 3/21/2009 Beth Schreiner

1 Cobb, Dianne 68 VMST 39.67

Women 70-74 50 SC Meter Freestyle

WORLD: 33.34 W 11/27/2010 CHRISTEL SCHULZ
 NATL: 35.37 N 11/7/1999 GAIL ROPER
 VA: 34.93 V 11/12/2022 Shirley Loftus-Charley

1 Loftus-Charley, Shirley 72 CM-Y 36.27

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Women 70-74 100 SC Meter Freestyle

WORLD: 1:12.97 W 6/14/2009 YOSHIKO OSAKI

NATL: 1:18.67 N 12/5/1999 GAIL ROPER

VA: 1:18.77 V 11/12/2022 Shirley Loftus-Charley

1	Loftus-Charley, Shirley	72	CM-Y	1:17.18N
	37.34	1:17.18		

Women 70-74 1500 SC Meter Freestyle

WORLD:23:54.74 W 11/28/2004 JANE ASHER

NATL:23:58.11 N 1/19/2013 JACKIE MARR

VA:23:39.90 V 11/3/2018 Marcia Barry

1	Loftus-Charley, Shirley	72	CM-Y	21:54.24V
	39.58	1:22.45	2:05.88	2:49.18
	3:32.83	4:16.45	5:00.36	5:44.38
	6:28.78	7:13.02	7:57.09	8:40.97
	9:25.06	10:08.97	10:52.98	11:37.00
	12:21.54	13:05.89	13:50.77	14:35.15
	15:19.04	16:02.94	16:46.91	17:31.26
	18:15.79	18:59.70	19:43.73	20:27.94
	21:11.92	21:54.24		

Women 70-74 50 SC Meter Breaststroke

WORLD: 42.80 W 2/27/2005 SHOKO YONEZAWA

NATL: 44.22 N 11/13/2011 JOANN LEILICH

VA: 49.62 V 11/12/2022 Barbara Boslego

1	Loftus-Charley, Shirley	72	CM-Y	48.16V
2	Boslego, Barbara	72	VMST	51.66

Women 70-74 200 SC Meter Breaststroke

WORLD: 3:25.76 W 3/21/2009 JOANN LEILICH

NATL: 3:25.76 N 3/21/2009 JOANN LEILICH

VA: 3:43.70 V 4/2/2022 Shirley Loftus-Charley

1	Loftus-Charley, Shirley	72	CM-Y	3:45.24
	50.66	1:47.57	2:46.41	3:45.24

Women 70-74 100 SC Meter IM

WORLD: 1:24.88 W 10/18/2009 YOSHIKO OSAKI

NATL: 1:32.23 N 5/15/2000 GAIL ROPER

VA: 1:30.59 V 11/12/2022 Shirley Loftus-Charley

1	Loftus-Charley, Shirley	72	CM-Y	1:32.55
	44.18	1:32.55		

Women 75-79 50 SC Meter Freestyle

WORLD: 35.88 W 3/25/2006 JANE ASHER

NATL: 37.24 N 12/12/2004 GAIL ROPER

VA: 37.33 V 3/19/2011 Johnnie Detrick

1	Lucas, Jane	78	TIDE	46.15
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Women 75-79 50 SC Meter Breaststroke

WORLD: 43.79 W 2/14/2010 SHOKO YONEZAWA

NATL: 50.91 N 10/15/2005 GAIL ROPER

VA: 51.86 V 3/19/2011 Johnnie Detrick

1	Carter, Susan	76	VMST	1:01.97
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Women 75-79 100 SC Meter Breaststroke

WORLD: 1:36.48 W 3/21/2010 SHOKO YONEZAWA

NATL: 1:50.24 N 10/11/2008 ANN HIRSCH

VA: 1:57.94 V 11/5/2011 Johnnie Detrick

1	Carter, Susan	76	VMST	2:18.08
	1:02.88	2:18.08		

Women 75-79 100 SC Meter IM

WORLD: 1:31.62 W 5/9/2010 SHOKO YONEZAWA

NATL: 1:38.11 N 12/12/2004 GAIL ROPER

VA: 1:48.05 V 3/19/2011 Johnnie Detrick

1	Lucas, Jane	78	TIDE	2:05.03
	1:00.01	2:05.03		

Women 80-84 50 SC Meter Freestyle

WORLD: 37.67 W 6/25/2011 JANE ASHER

NATL: 38.03 N 1/25/2009 GAIL ROPER

VA: 39.21 V 3/5/2016 Johnnie Detrick

1	Blood, Lorene	81	VMST	1:17.06
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Women 80-84 100 SC Meter Backstroke

WORLD: 1:44.88 W 4/10/2011 JANE ASHER

NATL: 1:50.61 N 12/1/2007 BETTY LORENZI

VA: 2:02.35 V 11/3/2018 Laura Walker

1	Marens, Susan	81	VMST	2:31.15
	1:15.11	2:31.15		

Women 80-84 50 SC Meter Breaststroke

WORLD: 49.35 W 2/26/2011 A.VAN OBBERGHEN

NATL: 53.62 N 10/15/2011 ANN HIRSCH

VA: 52.20 V 3/21/2015 Johnnie Detrick

1	Blood, Lorene	81	VMST	1:56.27
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Women 80-84 100 SC Meter Breaststroke

WORLD: 1:50.76 W 2/26/2011 A.VAN OBBERGHEN

NATL: 1:57.31 N 8/20/2011 ANN HIRSCH

VA: 1:58.69 V 10/6/2022 Joann Leilich

1	Marens, Susan	81	VMST	2:37.20
	1:15.80	2:37.20		

Women 85-89 50 SC Meter Freestyle

WORLD: 44.68 W 3/11/2012 MIEKO KAMOSHITA

NATL: 46.35 N 10/14/2012 JEAN TROY

VA: 1:00.29 V 12/31/2008 Marianna Berkley

1	Walker, Laura	86	VMST	54.34V
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Women 85-89 50 SC Meter Backstroke

WORLD: 56.46 W 3/18/2012 KERSTIN GJORES

NATL: 51.75 N 10/13/2012 BETTY LORENZI

VA: 1:05.22 V 5/4/2007 Marianna Berkley

1	Walker, Laura	86	VMST	1:04.04V
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Women 85-89 100 SC Meter Backstroke

WORLD: 2:02.71 W 1/4/2003 EDITH THEIN

NATL: 1:52.21 N 10/14/2012 BETTY LORENZI

VA: 2:34.75 V 12/8/2007 Marianna Berkley

1	Walker, Laura	86	VMST	2:16.20V
	1:07.86	2:16.20		

Women 85-89 200 SC Meter Backstroke

WORLD: 4:18.50 W 1/4/2003 EDITH THEIN

NATL: 4:36.48 N 10/15/2006 BUNNY CEDERLUND

VA: 5:26.36 V 5/16/2008 Marianna Berkley

1	Walker, Laura	86	VMST	4:47.51V
	1:08.68	2:22.07	3:37.40	4:47.51

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Men 18-24 200 SC Meter Freestyle

NATL: 1:47.32 N 12/11/2005 NICK BRUNELLI

VA: 1:59.06 V 12/1/2018 Cory Camp

1	Agnew, Price	24	NERD	2:10.01
	29.75	1:02.22	1:36.37	2:10.01

Men 18-24 400 SC Meter Freestyle

NATL: 3:57.08 N 12/10/2011 ERIC NILSSON

VA: 4:28.63 V 12/2/2017 Carter Head

1	Agnew, Price	24	NERD	4:44.75
	31.48	1:06.06	1:41.71	2:17.79
	2:54.44	3:31.06	4:08.11	4:44.75

Men 18-24 100 SC Meter IM

NATL: 55.71 N 10/29/2011 EUGENE GODSOE

VA: 59.80 V 12/12/2014 Sidney Glass

1	Lang, Derek	22	NVA	1:04.01
	29.16	1:04.01		

Men 18-24 200 SC Meter IM

NATL: 2:00.32 N 12/11/2005 NICK BRUNELLI

VA: 2:13.12 V 11/3/2018 Cory Camp

1	Agnew, Price	24	NERD	2:24.82
	29.64	1:06.20	1:50.68	2:24.82

Men 25-29 100 SC Meter Freestyle

WORLD: 48.58 W 11/19/2005 S.KUNZELMANN

NATL: 49.91 N 12/10/1995 BJORN ZIKARSKY

VA: 51.92 V 12/4/2021 Kevin Mastracci

1	Long, Mace	28	TIDE	1:00.53
	28.19	1:00.53		

Men 25-29 100 SC Meter Backstroke

WORLD: 54.23 W 9/25/2011 LEONARDO SUMIDA

NATL: 55.26 N 3/15/2009 KEVIN DOAK

VA: 59.23 V 8/29/2015 Stephen Clendenin

1	McQuiggan, Jacob	29	CM-Y	1:11.51
	34.53	1:11.51		

Men 25-29 50 SC Meter Breaststroke

WORLD: 27.69 W 3/30/2003 RUSS PATRICK

NATL: 28.46 N 10/10/2008 COREY WELCH

VA: 30.52 V 1/2000 Neill Williams

1	McQuiggan, Jacob	29	CM-Y	33.68
2	Long, Mace	28	TIDE	34.95

Men 25-29 100 SC Meter Breaststroke

WORLD: 1:00.28 W 7/10/2005 EDUARDO FISCHER

NATL: 1:01.62 N 12/5/2009 GARY MARSHALL

VA: 1:05.27 V 1/2000 Neill Williams

1	McQuiggan, Jacob	29	CM-Y	1:13.26
	34.80	1:13.26		

Men 25-29 50 SC Meter Butterfly

WORLD: 23.66 W 4/29/2009 DAISUKE ABE

NATL: 24.98 N 10/2/2005 OSWALDO QUEVEDO

VA: 24.94 V 11/12/2022 Kevin Mastracci

1	Long, Mace	28	TIDE	27.77
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Men 25-29 100 SC Meter Butterfly

WORLD: 52.92 W 12/12/2009 DANIEL BELINI

NATL: 53.82 N 11/15/2008 JEFF DASH

VA: 57.88 V 12/4/2021 Kevin Mastracci

1	Long, Mace	28	TIDE	1:01.99
	27.55	1:01.99		

Men 25-29 100 SC Meter IM

WORLD: 55.13 W 5/9/2010 YUTA SHOJI

NATL: 56.65 N 8/24/2003 JEFF COMMINGS

VA: 57.83 V 11/12/2022 Kevin Mastracci

1	Long, Mace	28	TIDE	1:07.40
	28.89	1:07.40		

Men 30-34 50 SC Meter Freestyle

WORLD: 21.98 W 10/29/2011 NICHOLAS BRUNELLI

NATL: 21.98 N 10/29/2011 NICHOLAS BRUNELLI

VA: 23.45 V 3/15/2008 Troy Johnson

1	Goehring, Kevin A	34	CMSA	27.35
2	De Leo, Jonathan	31	FREDRICKSBURG AM	32.07
3	Graf, William H	33	FREDRICKSBURG AM	34.81

Men 30-34 100 SC Meter Freestyle

WORLD: 49.04 W 10/12/2008 S.KUNZELMANN

NATL: 49.30 N 12/4/2009 TAMAS KEREKJARTO

VA: 52.23 V 3/24/2007 Troy Johnson

1	De Leo, Jonathan	31	FREDRICKSBURG AM	1:13.15
	34.98	1:13.15		

Men 30-34 200 SC Meter Freestyle

WORLD: 1:46.52 W 12/17/2011 STEFAN HERBST

NATL: 1:49.58 N 10/24/2009 TAMAS KEREKJARTO

VA: 2:01.03 V 4/1/2006 Troy Johnson

1	Goehring, Kevin A	34	CMSA	2:29.46
	32.27	1:08.55	1:48.17	2:29.46
2	De Leo, Jonathan	31	FREDRICKSBURG AM	2:40.38
	35.40	1:14.82	1:57.69	2:40.38

Men 30-34 400 SC Meter Freestyle

WORLD: 3:57.47 W 10/4/2009 TAMAS KEREKJARTO

NATL: 3:57.47 N 10/4/2009 TAMAS KEREKJARTO

VA: 4:20.47 V 3/15/2014 Adam Barley

1	Graf, William H	33	FREDRICKSBURG AM	6:17.25
	40.57	1:26.35	2:14.60	3:03.04
	3:51.95	4:39.95	5:29.20	6:17.25

Men 30-34 800 SC Meter Freestyle

WORLD: 8:17.06 W 12/10/2000 ALEX KOSTICH

NATL: 8:17.06 N 12/10/2000 ALEX KOSTICH

VA: 9:14.86 V 10/14/2011 Adam Barley

1	Graf, William H	33	FREDRICKSBURG AM	13:07.26
	40.52	1:26.63	2:15.10	3:04.28
	3:53.88	4:43.25	5:31.97	6:21.69
	7:11.85	8:03.07	8:54.08	9:46.23
	10:37.48	11:28.71	12:18.94	13:07.26

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Men 30-34 50 SC Meter Breaststroke

WORLD: 27.11 W 9/26/2009 MARCELO TOMAZINI

NATL: 28.01 N 12/7/2008 JEFF COMMINGS

VA: 29.94 V 11/3/2018 Martin Kata

1 Goehring, Kevin A 34 CMSA 37.78

Men 30-34 200 SC Meter Breaststroke

WORLD: 2:12.58 W 2/13/2010 HIROYUKI KOSAKA

NATL: 2:17.56 N 12/12/1999 ROQUE SANTOS

VA: 2:38.31 V 11/5/2011 Adam Barley

1 Goehring, Kevin A 34 CMSA 3:28.33
46.02 1:38.79 2:33.24 3:28.33**Men 30-34 100 SC Meter IM**

WORLD: 55.00 W 12/20/2008 STEFAN HERBST

NATL: 55.77 N 10/29/2011 NICHOLAS BRUNELLI

VA: 59.48 V 11/3/2018 Martin Kata

--- De Leo, Jonathan 31 FREDRICKSBURG AN DQ
38.14 DQ**Men 35-39 50 SC Meter Freestyle**

WORLD: 21.53 W 10/27/2007 MARK FOSTER

NATL: 22.73 N 12/5/2009 FELIPE DELGADO

VA: 24.29 V 11/7/2009 Michael Picotte

1 Opp, Garrett 35 NERD 26.52

Men 35-39 100 SC Meter Freestyle

WORLD: 49.53 W 3/19/2000 JOHN MIRANDA

NATL: 50.72 N 11/6/2009 MICHAEL PICOTTE

VA: 50.72 V 11/7/2009 Michael Picotte

1 Opp, Garrett 35 NERD 1:01.77
29.90 1:01.77**Men 35-39 200 SC Meter Freestyle**

WORLD: 1:51.31 W 12/14/2003 ERIK HOCHSTEIN

NATL: 1:51.31 N 12/14/2003 ERIK HOCHSTEIN

VA: 1:59.14 V 11/7/2009 Michael Picotte

1 Thomas, Sean 39 UC09 2:17.46
31.99 1:06.94 1:42.68 2:17.46**Men 35-39 400 SC Meter Freestyle**

WORLD: 3:57.77 W 12/14/2003 ERIK HOCHSTEIN

NATL: 3:57.77 N 12/14/2003 ERIK HOCHSTEIN

VA: 4:13.91 V 1/1/2000 Chris Stevenson

1 Thomas, Sean 39 UC09 4:50.00
32.94 1:09.85 1:47.06 2:24.25
3:01.04 3:37.70 4:14.29 4:50.00**Men 35-39 1500 SC Meter Freestyle**

WORLD:15:56.57 W 12/4/2009 ALEX KOSTICH

NATL:15:56.57 N 12/4/2009 ALEX KOSTICH

VA:17:29.98 V 11/4/2017 Adam Barley

1 Thomas, Sean 39 UC09 18:03.97
33.30 1:09.56 1:46.24 2:22.96
2:59.78 3:36.38 4:13.02 4:49.48
5:25.73 6:01.86 6:37.88 7:14.15
7:50.50 8:26.95 9:03.40 9:39.58
10:15.22 10:51.12 11:26.85 12:02.68
12:38.36 13:14.43 13:50.76 14:27.08
15:03.66 15:39.81 16:16.11 16:52.42
17:28.51 18:03.97**Men 35-39 50 SC Meter Butterfly**

WORLD: 23.72 W 3/20/2011 LARS FROLANDER

NATL: 24.87 N 12/1/2012 GLENN COUNTS

VA: 25.57 V 11/7/2009 Michael Picotte

1 Opp, Garrett 35 NERD 27.70

Men 40-44 50 SC Meter Freestyle

WORLD: 23.06 W 12/6/2009 M.GIALDI

NATL: 23.13 N 8/15/2013 BRIAN JACOBSON

VA: 24.40 V 1/1/1997 John Tudor

1 Bibikau, Alex 43 UC12 26.46
2 Cominio, Aaron 41 TIDE 28.45**Men 40-44 100 SC Meter Freestyle**

WORLD: 50.43 W 12/6/2008 MICHAEL ROSS

NATL: 50.43 N 12/6/2008 MICHAEL ROSS

VA: 53.97 V 1/1/1997 John Tudor

1 Bibikau, Alex 43 UC12 58.68
27.47 58.68**Men 40-44 800 SC Meter Freestyle**

WORLD: 8:21.78 W 12/4/2011 ALEX KOSTICH

NATL: 8:21.78 N 12/4/2011 ALEX KOSTICH

VA: 9:25.10 V 12/5/2008 Dave Holland

1 Rodriguez, Jason 44 TIDE 11:32.90
39.29 1:22.14 2:06.14 2:50.02
3:33.51 4:17.76 5:01.68 5:45.22
6:29.05 7:12.78 7:56.76 8:40.49
9:23.62 10:07.47 10:50.79 11:32.90**Men 40-44 1500 SC Meter Freestyle**

WORLD:16:07.46 W 12/12/2009 DANIEL SERRA

NATL:16:09.32 N 12/4/2009 MIKE SHAFFER

VA:17:53.15 V 12/5/2008 Dave Holland

1 Rodriguez, Jason 44 TIDE 22:10.59
39.40 1:21.66 2:06.40 2:50.58
3:34.94 4:19.29 5:03.42 5:48.40
6:32.70 7:16.80 8:01.60 8:45.87
9:30.83 10:15.91 11:00.77 11:45.03
12:29.16 13:14.09 13:58.66 14:42.98
15:27.43 16:12.25 16:57.04 17:42.36
18:27.51 19:12.51 19:56.79 20:41.20
21:25.04 22:10.59

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Men 40-44 50 SC Meter Breaststroke

WORLD: 28.86 W 10/26/2008 ALBERTO MONTINI

NATL: 28.55 N 12/2/2012 STEVE WEST

VA: 32.45 V 12/1/2018 Rich Williams

1	Bibikau, Alex	43 UC12	36.06
2	Robbins, Michael	43 NERD	37.15

Men 40-44 50 SC Meter Butterfly

WORLD: 24.91 W 12/6/2008 MICHAEL ROSS

NATL: 24.91 N 12/6/2008 MICHAEL ROSS

VA: 26.99 V 1/1/1997 John Tudor

1	Bibikau, Alex	43 UC12	31.18
2	Cominio, Aaron	41 TIDE	31.27
3	Gustafson, Jeremy	42 YSRGE	36.09

Men 40-44 100 SC Meter IM

WORLD: 57.39 W 1/10/2010 ALBERTO MONTINI

NATL: 57.71 N 10/18/2008 MICHAEL ROSS

VA: 1:01.79 V 1/1/1997 John Tudor

1	Harris, Samuel	41 NERD	1:11.86
	32.87	1:11.86	
2	Gustafson, Jeremy	42 YSRGE	1:27.86
	43.84	1:27.86	

Men 40-44 200 SC Meter IM

WORLD: 2:05.46 W 12/4/2009 ROQUE SANTOS

NATL: 2:05.46 N 12/4/2009 ROQUE SANTOS

VA: 2:24.26 V 12/5/2008 Dave Holland

1	Gustafson, Jeremy	42 YSRGE	3:05.92
	38.28	1:31.44	2:23.54
			3:05.92

Men 45-49 50 SC Meter Freestyle

WORLD: 23.67 W 3/28/2009 JANNE VIRTANEN

NATL: 23.65 N 12/1/2012 MATTHEW BIONDI

VA: 25.92 V 5/16/2008 David Malsbury

1	Wallin, Michael	45 NVA	28.65
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Men 45-49 200 SC Meter Freestyle

WORLD: 1:52.87 W 3/9/2012 NICOLAS GRANGER

NATL: 1:56.00 N 12/2/2007 PAUL SMITH

VA: 1:59.62 V 12/1/2012 Chris Stevenson

1	Scharver, Christopher	47 TIDE	2:23.08
	30.88	1:06.22	1:44.06
			2:23.08

Men 45-49 400 SC Meter Freestyle

WORLD: 4:05.90 W 2/8/2008 KAI DITZEL

NATL: 4:09.19 N 11/1/2009 KEITH SWITZER

VA: 4:16.19 V 12/1/2012 Chris Stevenson

1	Aversa, John Rocco	48 CM-Y	4:36.50
	31.27	1:05.49	1:40.39
			2:15.54
	2:50.36	3:25.17	4:00.40
			4:36.50
2	Scharver, Christopher	47 TIDE	5:13.67
	34.02	1:12.23	1:51.21
			2:30.88
	3:11.00	3:51.65	4:33.27
			5:13.67

Men 45-49 800 SC Meter Freestyle

WORLD: 8:39.81 W 10/4/2009 MICHAEL PRUFERT

NATL: 8:42.85 N 10/15/2010 KEITH SWITZER

VA: 9:05.08 V 11/3/2012 Chris Stevenson

1	Dion, Thomas	45 RMST	9:39.01
	32.48	1:07.30	1:42.28
			2:17.70
	2:53.61	3:29.85	4:06.38
			4:43.36
	5:20.75	5:58.02	6:35.04
			7:11.94
	7:49.03	8:26.14	9:03.25
			9:39.01

Men 45-49 1500 SC Meter Freestyle

WORLD:16:28.63 W 1/19/2008 MICHAEL KLEIBER

NATL:16:37.25 N 10/15/2011 KEITH SWITZER

VA:19:22.93 V 5/4/2007 Jim McFarland

1	Aversa, John Rocco	48 CM-Y	18:31.81V
	33.28	1:09.06	1:46.18
			2:23.17
	3:00.46	3:37.28	4:13.72
			4:49.96
	5:26.60	6:03.26	6:39.58
			7:15.50
	7:52.20	8:28.68	9:05.77
			9:43.03
	10:20.22	10:56.99	11:34.44
			12:11.91
	12:50.14	13:28.91	14:07.11
			14:45.56
	15:22.66	16:00.11	16:37.45
			17:15.53
	17:53.45	18:31.81	
2	Scharver, Christopher	47 TIDE	20:57.27
	34.33	1:12.41	1:52.22
			2:32.91
	3:13.83	3:54.81	4:35.63
			5:17.40
	5:59.03	6:40.63	7:23.06
			8:05.23
	8:47.22	9:30.43	10:12.97
			10:55.45
	11:38.05	12:20.71	13:03.97
			13:47.24
	14:31.06	15:13.89	15:57.02
			16:40.12
	17:23.75	18:07.42	18:49.70
			19:32.40
	20:15.48	20:57.27	

Men 45-49 100 SC Meter Backstroke

WORLD: 57.00 W 12/13/2009 CHRIS STEVENSON

NATL: 57.00 N 12/13/2009 CHRIS STEVENSON

VA: 57.00 V 12/11/2009 Chris Stevenson

1	Bengtson, Jon	46 NERD	1:12.91
	36.01	1:12.91	

Men 45-49 50 SC Meter Breaststroke

WORLD: 28.87 W 1/17/2010 RICO ROLLI

NATL: 29.85 N 12/5/2009 CHRIS WEISSMAN

VA: 32.90 V 3/15/2008 David Malsbury

1	Wallin, Michael	45 NVA	36.72
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Men 45-49 50 SC Meter Butterfly

WORLD: 25.74 W 12/13/2009 FRITZ BEDFORD

NATL: 25.74 N 12/13/2009 FRITZ BEDFORD

VA: 25.78 V 12/11/2009 Chris Stevenson

1	Bengtson, Jon	46 NERD	31.42
2	Wallin, Michael	45 NVA	32.71

Men 45-49 100 SC Meter IM

WORLD: 57.68 W 3/9/2012 NICOLAS GRANGER

NATL: 1:00.14 N 11/22/2009 ANDERS RASMUSSEN

VA: 1:02.18 V 3/20/2010 Chris Stevenson

1	Wallin, Michael	45 NVA	1:13.91
	34.65	1:13.91	

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Men 45-49 200 SC Meter IM

WORLD: 2:04.64 W 3/8/2012 NICOLAS GRANGER

NATL: 2:09.71 N 3/20/2010 JEROME FRENTSOS

VA: 2:15.74 V 3/20/2010 Chris Stevenson

1	Aversa, John Rocco	48	CM-Y	2:28.37
	32.13	1:10.41	1:54.99	2:28.37

Men 50-54 50 SC Meter Freestyle

WORLD: 23.38 W 10/18/2009 ROWDY GAINES

NATL: 23.38 N 10/18/2009 AMBROSE GAINES

VA: 25.47 V 11/7/2015 Gregory Harris

1	Lillehei, Peter	51	VMST	27.66
2	Levy, Daniel	54	FREDRICKSBURG AN	29.64

Men 50-54 100 SC Meter Freestyle

WORLD: 51.61 W 10/17/2009 ROWDY GAINES

NATL: 51.61 N 10/17/2009 AMBROSE GAINES

VA: 56.67 V 7/21/2016 Gregory Harris

1	Lillehei, Peter	51	VMST	1:00.78
	28.99	1:00.78		
2	Daly, James	52	VMST	1:15.45
	36.35	1:15.45		

Men 50-54 200 SC Meter Freestyle

WORLD: 1:54.61 W 10/14/2011 AMBROSE GAINES

NATL: 1:54.61 N 10/14/2011 AMBROSE GAINES

VA: 2:08.02 V 7/21/2016 Gregory Harris

1	Lillehei, Peter	51	VMST	2:16.42
	30.24	1:04.00	1:40.34	2:16.42
2	Daly, James	52	VMST	2:47.03
	38.72	1:22.37	2:06.38	2:47.03

Men 50-54 400 SC Meter Freestyle

WORLD: 4:07.99 W 12/10/2000 JIM MCCONICA

NATL: 4:07.99 N 12/10/2000 JIM MCCONICA

VA: 4:48.43 V 11/8/2008 Jim McFarland

1	Rubacky, Mark	54	NCMS	4:57.13
	35.94	1:13.66	1:51.29	2:28.55
	3:05.67	3:43.18	4:20.83	4:57.13

Men 50-54 800 SC Meter Freestyle

WORLD: 8:44.51 W 12/10/2000 JIM MCCONICA

NATL: 8:44.51 N 12/10/2000 JIM MCCONICA

VA:10:14.13 V 11/8/2008 Jim McFarland

1	Rubacky, Mark	54	NCMS	10:07.46
	35.41	1:13.59	1:52.63	2:31.32
	3:09.97	3:48.76	4:27.84	5:06.24
	5:44.92	6:23.17	7:01.49	7:39.42
	8:17.55	8:55.22	9:32.49	10:07.46

Men 50-54 1500 SC Meter Freestyle

WORLD:16:33.02 W 12/10/2000 JIM MCCONICA

NATL:16:33.02 N 12/10/2000 JIM MCCONICA

VA:19:17.10 V 11/8/2008 Jim McFarland

1	Rubacky, Mark	54	NCMS	19:26.87
	36.00	1:14.77	1:54.28	2:33.96
	3:13.25	3:52.44	4:31.95	5:11.49
	5:51.07	6:30.44	7:09.57	7:49.06
	8:28.87	9:08.81	9:48.26	10:27.47
	11:07.11	11:46.25	12:25.54	13:04.18
	13:43.69	14:22.79	15:01.21	15:40.61
	16:19.46	16:57.99	17:36.10	18:13.92
	18:51.13	19:26.87		

Men 50-54 50 SC Meter Breaststroke

WORLD: 30.73 W 12/5/2010 DAVID GUTHRIE

NATL: 30.61 N 12/2/2012 DAVID GUTHRIE

VA: 32.31 V 7/21/2016 Gregory Harris

1	Lillehei, Peter	51	VMST	36.13
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Men 50-54 200 SC Meter IM

WORLD: 2:13.40 W 12/4/2009 JAMIE FOWLER

NATL: 2:13.40 N 12/4/2009 JAMIE FOWLER

VA: 2:25.23 V 12/5/2015 Gregory Harris

1	Daly, James	52	VMST	3:06.86
	40.77	1:29.93	2:26.77	3:06.86

Men 50-54 400 SC Meter IM

WORLD: 4:48.02 W 4/21/2011 MARCUS MATTIOLI

NATL: 4:51.57 N 12/5/2009 JAMIE FOWLER

VA: 5:22.50 V 7/21/2016 Gregory Harris

1	Rubacky, Mark	54	NCMS	5:57.58
	40.42	1:27.27	2:16.42	3:04.43
	3:52.95	4:41.65	5:20.90	5:57.58

Men 55-59 100 SC Meter Freestyle

WORLD: 54.50 W 4/5/2009 JACK GROSELLE

NATL: 54.50 N 4/5/2009 JACK GROSELLE

VA: 55.78 V 10/12/2018 Gregory Harris

1	Shea, Mark	59	NERD	1:15.44
	36.95	1:15.44		

Men 55-59 200 SC Meter Freestyle

WORLD: 1:59.08 W 11/21/2009 MICHAEL MANN

NATL: 1:59.08 N 11/21/2009 MICHAEL MANN

VA: 2:09.84 V 10/12/2018 Gregory Harris

1	Mills, Edward	55	CM-Y	2:53.65
	41.93	1:26.20	2:10.66	2:53.65

Men 55-59 400 SC Meter Freestyle

WORLD: 4:16.03 W 11/22/2009 MICHAEL MANN

NATL: 4:16.03 N 11/22/2009 MICHAEL MANN

VA: 4:27.63 V 3/3/2018 Len Gushe

1	Shea, Mark	59	NERD	5:50.25
	39.74	1:21.93	2:06.00	2:49.86
	3:34.63	4:19.62	5:05.29	5:50.25
2	Mills, Edward	55	CM-Y	6:10.17
	43.17	1:29.55	2:16.71	3:04.07
	3:52.01	4:39.92	5:26.27	6:10.17

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Men 55-59 800 SC Meter Freestyle

WORLD: 8:51.34 W 11/21/2009 MICHAEL MANN

NATL: 8:51.34 N 11/21/2009 MICHAEL MANN

VA: 9:20.54 V 3/17/2018 Len Gushe

1	Shea, Mark	59	NERD	11:53.72
	39.61	1:23.91	2:08.93	2:53.95
	4:23.44	5:08.62	5:53.57	6:38.98
	7:24.86	8:10.54	8:56.17	9:40.69
	10:24.87	11:09.67	11:53.72	11:53.72
2	Mills, Edward	55	CM-Y	12:46.29
	43.86	1:31.35	2:19.31	3:07.49
	3:56.40	4:45.04	5:33.92	6:22.74
	7:11.72	7:59.99	8:49.09	9:38.67
	10:26.47	11:14.59	12:01.42	12:46.29

Men 60-64 50 SC Meter Freestyle

WORLD: 24.90 W 12/3/2006 RICH ABRAHAMS

NATL: 24.90 N 12/3/2006 RICHARD ABRAHAMS

VA: 27.73 V 6/29/2023 Algernon Keith

1	Keith, Algernon J	63	VMST	28.17
2	Emore, Geoffrey J	60	UC13	28.53
3	Kammermann, Chris	61	TIDE	35.10
4	Randolph, David	62	NERD	38.20
5	Karl, Steven	61	FREDRICKSBURG AM	38.90
6	Speer, David	64	VMST	56.25

Men 60-64 100 SC Meter Freestyle

WORLD: 56.63 W 12/7/2008 RICH ABRAHAMS

NATL: 56.63 N 12/7/2008 RICHARD ABRAHAMS

VA: 1:02.52 V 6/30/2023 Algernon Keith

1	Kato, Seiji	62	VMST	1:28.71
	42.47	1:28.71		
2	Speer, David	64	VMST	2:14.22
	1:04.09	2:14.22		

Men 60-64 200 SC Meter Freestyle

WORLD: 2:09.50 W 12/5/2010 JIM MCCONICA

NATL: 2:07.96 N 3/9/2013 LARRY KRAUSER

VA: 2:12.18 V 5/23/2005 John Calvert

1	Kato, Seiji	62	VMST	3:15.94
	45.39	1:35.58	2:27.73	3:15.94
2	Randolph, David	62	NERD	3:16.73
	42.69	1:32.28	2:25.94	3:16.73

Men 60-64 400 SC Meter Freestyle

WORLD: 4:37.74 W 12/4/2010 JIM MCCONICA

NATL: 4:35.39 N 12/1/2012 JIM MC CONICA

VA: 4:39.40 V 3/18/2023 Len Gushe

1	Keith, Algernon J	63	VMST	5:38.09
	35.91	1:15.97	1:58.35	2:42.16
	3:26.32	4:10.96	4:56.04	5:38.09
2	McLeod, Gregor	63	NERD	5:50.73
	37.41	1:18.52	2:02.04	2:47.50
	3:33.27	4:19.39	5:06.27	5:50.73

Men 60-64 1500 SC Meter Freestyle

WORLD:18:24.21 W 12/3/2010 JIM MCCONICA

NATL:18:24.21 N 12/3/2010 JIM MC CONICA

VA:20:46.35 V 11/2/2019 Jorge Cortina

1	Kuhn, James	60	UC12	23:24.56
	45.17	1:30.84	2:17.76	3:05.00
	3:52.34	4:39.63	5:27.16	6:14.26
	7:01.71	7:48.86	8:36.03	9:23.23
	10:10.17	10:57.23	11:44.50	12:31.60
	13:18.46	14:05.34	14:52.09	15:39.11
	16:26.28	17:14.09	18:01.62	18:48.40
	19:34.92	20:21.61	21:08.17	21:54.99
	22:41.36	23:24.56		

Men 60-64 50 SC Meter Backstroke

WORLD: 30.50 W 4/18/2010 TAKEO HIRAMOTO

NATL: 30.80 N 12/5/2009 HUGH WILDER

VA: 31.60 V 3/18/2023 Len Gushe

1	Emore, Geoffrey J	60	UC13	32.93
2	Ingebretsen, Carl	62	FREDRICKSBURG AM	38.22
3	Kammermann, Chris	61	TIDE	46.80
4	Speer, David	64	VMST	1:30.89

Men 60-64 100 SC Meter Backstroke

WORLD: 1:07.31 W 12/5/2009 HUGH WILDER

NATL: 1:06.27 N 12/9/2012 TIMOTHY SHEAD

VA: 1:06.55 V 3/18/2023 Len Gushe

1	Karl, Steven	61	FREDRICKSBURG AM	1:48.53
	52.84	1:48.53		

Men 60-64 50 SC Meter Breaststroke

WORLD: 32.16 W 5/5/2012 STUART ELLICOTT

NATL: 32.31 N 12/6/2009 ROBERT STRAND

VA: 37.91 V 11/2/2019 Ken Neubauer

1	Kammermann, Chris	61	TIDE	46.55
2	Kato, Seiji	62	VMST	52.53

Men 60-64 100 SC Meter Breaststroke

WORLD: 1:11.77 W 11/13/2011 RICK COLELLA

NATL: 1:11.08 N 12/9/2012 TIMOTHY SHEAD

VA: 1:24.24 V 11/2/2019 Ken Neubauer

1	Karl, Steven	61	FREDRICKSBURG AM	1:52.13
	51.27	1:52.13		
2	Boslego, David	62	VMST	1:58.51
	52.33	1:58.51		

Men 60-64 50 SC Meter Butterfly

WORLD: 27.87 W 12/6/2008 RICH ABRAHAMS

NATL: 27.87 N 12/6/2008 RICHARD ABRAHAMS

VA: 31.48 V 11/6/2010 Scott Kauffman

1	Emore, Geoffrey J	60	UC13	30.93
2	McLeod, Gregor	63	NERD	33.88
3	Kammermann, Chris	61	TIDE	44.71

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Men 60-64 100 SC Meter Butterfly

WORLD: 1:03.67 W 4/17/2010 TAKEO HIRAMOTO

NATL: 1:03.76 N 12/3/2006 RICH ABRAHAMS

VA: 1:14.55 V 3/17/2012 John Mccorkle

1	Ingebretsen, Carl	62	FREDRICKSBURG AM	1:22.56
	37.00		1:22.56	

Men 60-64 200 SC Meter Butterfly

WORLD: 2:30.18 W 12/13/2008 FRED SCHLICHER

NATL: 2:29.40 N 10/20/2012 SCOTT LAUTMAN

VA: 3:13.57 V 1/2000 William Irwin

1	Ingebretsen, Carl	62	FREDRICKSBURG AM	3:15.52
	42.13		1:32.30	2:25.27
			3:15.52	

Men 60-64 100 SC Meter IM

WORLD: 1:06.29 W 11/13/2011 RICK COLELLA

NATL: 1:05.53 N 12/2/2012 TIMOTHY SHEAD

VA: 1:15.21 V 11/3/2018 Douglas Slater

1	Kammermann, Chris	61	TIDE	1:39.00
	48.46		1:39.00	

Men 65-69 50 SC Meter Freestyle

WORLD: 25.80 W 12/4/2010 RICHARD ABRAHAMS

NATL: 25.62 N 10/14/2012 RICHARD ABRAHAMS

VA: 30.15 V 11/4/2017 Craig Bauer

1	Moore, Jonathan	65	NERD	33.18
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Men 65-69 400 SC Meter Freestyle

WORLD: 4:55.56 W 2/18/2007 TOM LANDIS

NATL: 4:55.56 N 2/18/2007 TOM LANDIS

VA: 5:57.52 V 12/5/2008 Warner Brundage

1	Saks, Mitch	65	VMST	6:18.55
	44.17		1:30.83	2:18.71
			3:06.79	
	3:54.72		4:43.15	5:31.02
			6:18.55	

Men 65-69 1500 SC Meter Freestyle

WORLD:19:32.78 W 2/18/2007 TOM LANDIS

NATL:19:32.78 N 2/18/2007 TOM LANDIS

VA:26:13.28 V 11/2/2019 Wes Burwell

1	Saks, Mitch	65	VMST	24:50.24V
	45.66		1:33.84	2:23.21
			3:12.93	
	4:02.68		4:52.88	5:42.98
			6:32.91	
	7:23.11		8:13.12	9:03.14
			9:53.17	
	10:43.40		11:33.52	12:24.23
			13:14.73	
	14:04.47		14:54.79	15:45.32
			16:35.44	
	17:25.63		18:16.03	19:06.14
			19:56.22	
	20:46.56		21:36.68	22:26.12
			23:14.95	
	24:03.02		24:50.24	

Men 65-69 50 SC Meter Backstroke

WORLD: 31.64 W 12/7/2008 RICHARD BURNS

NATL: 30.34 N 12/2/2012 HUGH WILDER

VA: 41.09 V 11/7/2009 Jack Schiltz

1	Mickunas, Vic	67	VMST	49.91
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Men 65-69 100 SC Meter Backstroke

WORLD: 1:10.16 W 11/22/2009 RICHARD BURNS

NATL: 1:07.69 N 12/1/2012 HUGH WILDER

VA: 1:29.26 V 11/7/2009 Warner Brundage

1	Mickunas, Vic	67	VMST	1:52.55
	55.72		1:52.55	

Men 65-69 200 SC Meter Backstroke

WORLD: 2:34.97 W 12/4/2009 RICHARD BURNS

NATL: 2:34.97 N 12/4/2009 RICHARD BURNS

VA: 3:09.17 V 11/7/2009 Warner Brundage

1	Hill, Harvey	69	TIDE	3:27.67
	50.59		1:43.91	2:37.28
			3:27.67	

Men 65-69 50 SC Meter Breaststroke

WORLD: 33.86 W 5/9/2010 OSAMU MAEDA

NATL: 34.19 N 12/2/2012 ROBERT STRAND

VA: 40.15 V 11/4/2017 Craig Bauer

1	Ryan, Pat	65	NVA	38.81V
2	Mickunas, Vic	67	VMST	53.93

Men 65-69 100 SC Meter Breaststroke

WORLD: 1:16.60 W 12/3/2011 ROBERT STRAND

NATL: 1:15.84 N 12/1/2012 ROBERT STRAND

VA: 1:29.03 V 12/5/2008 Warner Brundage

1	Ryan, Pat	65	NVA	1:26.06V
	39.89		1:26.06	
2	Mickunas, Vic	67	VMST	2:00.92
	58.02		2:00.92	

Men 65-69 200 SC Meter Breaststroke

WORLD: 2:49.34 W 12/4/2011 ROBERT STRAND

NATL: 2:49.05 N 12/2/2012 ROBERT STRAND

VA: 3:14.17 V 12/5/2009 Warner Brundage

1	Swiger, Ralph	67	VMST	4:45.63
	1:06.31		2:21.17	3:35.23
			4:45.63	

Men 65-69 50 SC Meter Butterfly

WORLD: 28.91 W 5/30/2009 JOSEP CLARET

NATL: 28.99 N 12/4/2010 RICHARD ABRAHAMS

VA: 36.33 V 12/8/2007 Gabe Kuzman

1	Swiger, Ralph	67	VMST	56.91
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Men 65-69 100 SC Meter Butterfly

WORLD: 1:05.90 W 3/21/2009 JOSEP CLARET

NATL: 1:06.60 N 12/5/2010 RICHARD ABRAHAMS

VA: 1:16.82 V 3/5/2016 John Mccorkle

1	Swiger, Ralph	67	VMST	2:18.35
	1:07.68		2:18.35	

Men 65-69 100 SC Meter IM

WORLD: 1:10.42 W 12/5/2010 RICHARD ABRAHAMS

NATL: 1:10.26 N 12/2/2012 ROBERT STRAND

VA: 1:21.36 V 12/5/2009 Warner Brundage

1	Hill, Harvey	69	TIDE	1:37.71
	47.13		1:37.71	

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Men 65-69 200 SC Meter IM

WORLD: 2:38.42 W 12/4/2009 RICHARD BURNS

NATL: 2:38.42 N 12/4/2009 RICHARD BURNS

VA: 2:57.07 V 3/5/2016 John Mccorkle

1 Swiger, Ralph	67 VMST	4:27.84
1:03.70	2:16.64	3:29.64
		4:27.84

Men 65-69 400 SC Meter IM

WORLD: 5:37.22 W 3/13/2011 J.LESTIDEAU

NATL: 5:50.91 N 12/5/2009 RICHARD BURNS

VA: 6:34.02 V 3/30/2019 John Mccorkle

1 Swiger, Ralph	67 VMST	9:39.84
1:11.08	2:27.14	3:42.40
6:15.14	7:34.25	8:38.70
		9:39.84

Men 70-74 50 SC Meter Freestyle

WORLD: 27.70 W 12/6/2008 JEFF FARRELL

NATL: 27.70 N 12/6/2008 JEFF FARRELL

VA: 34.80 V 11/2/2013 Randy Wise

1 Bauer, Craig	71 CM-Y	31.41V
2 Belfit, Scott	72 VMST	42.06

Men 70-74 100 SC Meter Freestyle

WORLD: 1:03.33 W 12/2/2007 JEFF FARRELL

NATL: 1:03.33 N 12/2/2007 JEFF FARRELL

VA: 1:17.50 V 3/15/2014 Warner Brundage

1 Bauer, Craig	71 CM-Y	1:12.48V
35.11		1:12.48
2 Belfit, Scott	72 VMST	1:39.19
47.26		1:39.19

Men 70-74 200 SC Meter Freestyle

WORLD: 2:24.31 W 12/9/2001 GRAHAM JOHNSTON

NATL: 2:24.31 N 12/9/2001 GRAHAM JOHNSTON

VA: 2:51.30 V 12/7/2013 Warner Brundage

1 Belfit, Scott	72 VMST	4:04.26
52.19	1:51.09	2:50.00
		4:04.26

Men 70-74 400 SC Meter Freestyle

WORLD: 5:09.75 W 3/16/2002 GRAHAM JOHNSTON

NATL: 5:09.75 N 3/16/2002 GRAHAM JOHNSTON

VA: 6:16.15 V 11/8/2014 Warner Brundage

1 Belfit, Scott	72 VMST	7:53.43
55.72	1:57.30	2:56.81
4:57.98	5:57.54	6:56.57
		7:53.43

Men 70-74 1500 SC Meter Freestyle

WORLD:20:54.56 W 10/6/2001 GRAHAM JOHNSTON

NATL:20:54.56 N 10/6/2001 GRAHAM JOHNSTON

VA:26:52.19 V 7/21/2016 James Slaughter

1 Burwell, Wes	70 TIDE	27:37.20
55.53	1:47.14	2:41.12
4:29.53	5:25.25	6:20.32
8:11.60	9:07.23	10:02.41
11:53.43	12:49.12	13:44.30
15:35.94	16:30.22	17:27.11
19:18.65	20:14.27	21:09.60
23:00.32	23:55.86	24:51.33
26:42.73	27:37.20	

Men 70-74 50 SC Meter Breaststroke

WORLD: 35.85 W 5/10/2009 YOSHIHIKO OSAKI

NATL: 37.26 N 12/2/2007 JEFF FARRELL

VA: 43.87 V 12/7/2013 Terry Gernstein

1 Bauer, Craig	71 CM-Y	42.66V
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Men 70-74 100 SC Meter Breaststroke

WORLD: 1:23.70 W 1/21/2007 HANS REICHELT

NATL: 1:25.11 N 10/5/2003 RONALD JOHNSON

VA: 1:41.31 V 12/7/2013 Terry Gernstein

1 Bauer, Craig	71 CM-Y	1:32.70V
43.80		1:32.70

Men 75-79 50 SC Meter Freestyle

WORLD: 30.15 W 4/19/2009 DAVID RADCLIFF

NATL: 30.15 N 4/19/2009 DAVID RADCLIFF

VA: 37.41 V 5/8/2010 Owen Maher

1 Whiteway, Roger	77 VMST	39.01
2 Burke, Anthony	75 SRVA	48.81

Men 75-79 50 SC Meter Breaststroke

WORLD: 39.04 W 4/29/2010 TETSUO NAKAMARU

NATL: 40.07 N 5/18/2008 MANUEL SANGUILY

VA: 46.13 V 9/30/2017 Terry Gernstein

1 Whiteway, Roger	77 VMST	52.63
2 Burke, Anthony	75 SRVA	1:00.30

Men 75-79 100 SC Meter Breaststroke

WORLD: 1:26.76 W 3/19/2011 HANS REICHELT

NATL: 1:31.15 N 10/29/2011 DAVID COSTILL

VA: 1:42.92 V 9/30/2017 Terry Gernstein

1 Whiteway, Roger	77 VMST	2:04.16
55.78		2:04.16

Men 75-79 100 SC Meter IM

WORLD: 1:18.80 W 12/6/2009 BURWELL JONES

NATL: 1:18.80 N 12/6/2009 BURWELL JONES

VA: 1:41.49 V 11/3/2018 Warner Brundage

1 Burke, Anthony	75 SRVA	2:10.70
1:02.80		2:10.70

Men 80-84 50 SC Meter Freestyle

WORLD: 32.58 W 1/28/2012 ROBERTO ALBERICHE

NATL: 32.80 N 12/4/2005 FRANK PIEMME

VA: 46.73 V 3/30/2019 David Nicholas

1 Sober, Harry	80 VMST	34.96V
2 Ramaekers Jr., Frank	84 VMST	1:43.98

Men 80-84 100 SC Meter Freestyle

WORLD: 1:12.84 W 1/27/2012 ROBERTO ALBERICHE

NATL: 1:17.02 N 12/4/2005 FRANK PIEMME

VA: 1:44.18 V 3/30/2019 David Nicholas

1 Sober, Harry	80 VMST	1:27.69V
40.78		1:27.69

Men 80-84 200 SC Meter Freestyle

WORLD: 2:45.24 W 1/28/2012 ROBERTO ALBERICHE

NATL: 2:57.47 N 10/6/2011 GRAHAM JOHNSTON

VA: 3:53.19 V 11/4/2006 Calvin Barnes

1 Ramaekers Jr., Frank	84 VMST	8:27.08
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Men 80-84 50 SC Meter Backstroke

WORLD: 38.26 W 4/27/2003 KEIJIRO NAKAMURA

NATL: 39.41 N 12/2/2012 CLARKE MITCHELL

VA: 40.81 V 2/29/2020 Howard Rolston

1 Sober, Harry 80 VMST 46.63

Men 85-89 50 SC Meter Freestyle

WORLD: 34.54 W 4/20/2008 KEIJIRO NAKAMURA

NATL: 36.26 N 12/4/2010 FRANK PIEMME

VA: 47.98 V 11/5/2016 Charles Erwin

1 Russ, Carl 88 VMST 1:09.91

2 Beattie, Cal 89 UC12 1:11.83

Men 85-89 100 SC Meter Freestyle

WORLD: 1:19.42 W 6/21/2008 KEIJIRO NAKAMURA

NATL: 1:23.20 N 9/16/2000 JIM EUBANK

VA: 1:50.77 V 11/5/2016 Charles Erwin

1 Beattie, Cal 89 UC12 2:40.07

1:17.19 2:40.07

2 Russ, Carl 88 VMST 2:40.62

1:17.51 2:40.62

Men 85-89 200 SC Meter Freestyle

WORLD: 3:12.85 W 12/9/2007 WILLARD LAMB

NATL: 3:12.85 N 12/9/2007 WILLARD LAMB

VA: 4:00.15 V 11/5/2016 Charles Erwin

1 Beattie, Cal 89 UC12 5:47.45

1:18.42 2:46.80 4:17.47 5:47.45

Men 85-89 50 SC Meter Backstroke

WORLD: 40.59 W 4/19/2009 KEIJIRO NAKAMURA

NATL: 47.34 N 10/13/2002 ALDO DA ROSA

1 Russ, Carl 88 VMST 1:10.88

Men 85-89 100 SC Meter Backstroke

WORLD: 1:28.98 W 5/18/2008 KEIJIRO NAKAMURA

NATL: 1:47.93 N 12/13/2009 WILLARD LAMB

VA: 2:12.42 V 11/6/2010 Calvin Barnes

1 Russ, Carl 88 VMST 2:45.62

1:19.36 2:45.62

Women 320-359 400 SC Meter Medley Relay

WORLD: 8:49.44 W 5/27/2012 SAPPORO AC -JPN

K KAGEYAMA, Y NISHIMURA, M MATSUDA, A HORII

NATL: 9:55.29 N 11/5/2011 VIRGINIA MASTERS

M BERKLEY, M TUOVILA, I HLAVACEK, J MEREDITH

VA: 9:55.29 V 11/5/2011 VMST

M Berkley, M Tuovila, I Hlavacek, J Meredith

1 VMST A 9:50.03N

1) Walker, Laura W86 2) Marens, Susan W81

3) Boslego, Barbara W72 4) Blood, Lorene W81

1:07.90 2:21.82 3:32.05 4:54.24

5:51.48 6:35.50 6:57.64 9:50.03

Men 72-99 200 SC Meter Freestyle Relay

NATL: 1:37.95 N 12/6/2009 SOUTH BAY SWIM TEAM

P JACOBSON, J ECKSTEIN, J HART, D BRADY

VA: 1:41.30 V 12/4/2021 1693

M Ryan, C Johnson, B Sorrell, P Brukx

1 NVA A 1:38.63V

1) Dalla Valle, Christopher M2 2) Mastracci, Kevin M27

3) Eichler, Gunnar W M26 4) Lang, Derek M22

23.68 49.52 1:13.09 1:38.63

Men 72-99 400 SC Meter Freestyle Relay

NATL: 3:40.01 N 12/12/2009 NEW ENGLAND MASTERS

S MC INERNEY, W GARDNER, K MCELROY, G BETTENCOURT

1 NVA A 3:35.65N

1) Dalla Valle, Christopher M2 2) Mastracci, Kevin M27

3) Eichler, Gunnar W M26 4) Lang, Derek M22

24.87 52.16 1:16.81 1:43.98

2:11.66 2:41.29 3:07.04 3:35.65

Men 72-99 800 SC Meter Freestyle Relay

NATL: 8:16.36 N 12/4/2009 SOUTH BAY SWIM TEAM

D BRADY, J HART, J ECKSTEIN, P JACOBSON

VA: 8:19.01 V 12/4/2021 1693

M Ryan, C Johnson, B Sorrell, P Brukx

1 NVA A 8:07.36N

1) Dalla Valle, Christopher M2 2) Mastracci, Kevin M27

3) Eichler, Gunnar W M26 4) Lang, Derek M22

26.46 55.64 1:26.17 1:57.17

2:13.43 2:54.56 3:26.77

4:25.81 4:56.83 5:30.14 6:03.66

6:31.09 7:01.83 7:34.86 8:07.36

Men 72-99 200 SC Meter Medley Relay

NATL: 1:49.66 N 12/12/2009 NEW ENGLAND MASTERS

W GARDNER, M LENIHAN, G BETTENCOURT, S MC INERNEY

1 NVA A 1:49.96

1) Mastracci, Kevin M27 2) Eichler, Gunnar W M26

3) Dalla Valle, Christopher M2 4) Lang, Derek M22

27.27 58.10 1:23.99 1:49.96

Men 72-99 400 SC Meter Medley Relay

NATL: 3:58.83 N 6/22/2008 FINN

C WELCH, G MAYER, R BURLEIGH, R SMITH

1 NVA A 3:58.97

1) Mastracci, Kevin M27 2) Eichler, Gunnar W M26

3) Dalla Valle, Christopher M2 4) Lang, Derek M22

28.80 59.17 1:30.18 2:05.01

2:31.00 3:02.03 3:29.56 3:58.97

Men 160-199 400 SC Meter Freestyle Relay

WORLD: 3:32.44 W 12/5/2009 LONGHORN AQUATICS

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

NATL: 3:32.44 N 12/5/2009 LONGHORN AQUATICS

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

1 FREDRICKSBURG AM A 4:47.98

1) Levy, Daniel M54 2) Graf, William H M33

3) Ingebretsen, Carl M62 4) De Leo, Jonathan M31

28.72 1:05.63 1:41.51 2:21.72

2:56.68 3:35.09 4:08.69 4:47.98

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Men 200-239 800 SC Meter Freestyle Relay

WORLD: 8:03.40 W 10/14/2011 BLU FROG TEAM -USA/

A GAINES, C LYDECKER, T BUCKLEY, K SWITZER

NATL: 8:03.40 N 10/14/2011 BLU FROG TEAM

A GAINES, C LYDECKER, T BUCKLEY, K SWITZER

1	FREDRICKSBURG AM	A		11:25.32
	1) Karl, Steven M61		2) Ingebretsen, Carl M62	
	3) Levy, Daniel M54		4) De Leo, Jonathan M31	
	42.99	1:32.52	2:24.29	3:16.30
	3:54.55	4:37.66	5:21.36	6:03.00
	6:35.73	7:14.76	7:58.78	8:41.65
	9:17.25	9:59.11	10:43.28	11:25.32

Men 200-239 400 SC Meter Medley Relay

WORLD: 4:09.29 W 10/15/2011 BLU FROG TEAM -USA/

S WOOD, M UNGER, M MIDDLETON, A GAINES

NATL: 3:59.68 N 12/2/2012 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

VA: 5:48.54 V 11/2/2019 VMST

C Scharver, R Whiteway, G Harris, M Saks

1	FREDRICKSBURG AM	A		6:00.98
	1) De Leo, Jonathan M31		2) Levy, Daniel M54	
	3) Ingebretsen, Carl M62		4) Karl, Steven M61	
	42.82	1:29.82	2:11.70	3:01.80
	3:40.62	4:29.60	5:11.39	6:00.98

Men 240-279 200 SC Meter Freestyle Relay

WORLD: 1:49.69 W 10/17/2009 GOLD COAST MASTERS

J WOTTON, C CAVANAUGH, D QUIGGIN, C BURNS

NATL: 1:43.21 N 10/14/2012 BLU FROG TEAM

R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOHLKEN

VA: 2:33.30 V 1/2000 VMST

C Dorman, C Russ, F Sullivan, C Barnes

1	VMST	A		2:04.03V
	1) Keith, Algernon J M63		2) Sober, Harry M80	
	3) Daly, James M52		4) Lillehei, Peter M51	
	29.12	1:03.95	1:36.96	2:04.03
2	VMST	B		3:17.67
	1) Mickunas, Vic M67		2) Speer, David M64	
	3) Boslego, David M62		4) Swiger, Ralph M67	
	45.02	1:39.16	2:26.36	3:17.67

Men 280-319 200 SC Meter Medley Relay

WORLD: 2:15.49 W 12/6/2008 SAN DIEGO SWIM MASTERS

V VAN BAALEN, P ANDERSEN, M FRESHLEY, D WEBSTER

NATL: 2:15.49 N 12/6/2008 SAN DIEGO SWIM MASTERS

V VAN BAALEN, P ANDERSEN, M FRESHLEY, D WEBSTER

VA: 3:47.44 V 11/4/2017 VMST

A Newbury, W Grant, R Swiger, V Mickunas

1	VMST	A		3:43.66V
	1) Russ, Carl M88		2) Mickunas, Vic M67	
	3) Swiger, Ralph M67		4) Belfit, Scott M72	
	1:10.89	3:43.66		

Mixed 160-199 200 SC Meter Freestyle Relay

WORLD: 1:42.03 W 11/22/2009 COLORADO MASTERS SWIM

R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN

NATL: 1:42.03 N 11/22/2009 COLORADO MASTERS SWIM

R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN

VA: 1:53.97 V 11/12/2022 1693

D Bell, R Williams, S Greene, M Choe

1	NERD	A		1:55.68
	1) Bengtson, Jon M46		2) McLeod, Gregor M63	
	3) Agnew, Price M24		4) Harris, Samuel M41	
	28.08	1:00.24	1:26.77	1:55.68

Mixed 160-199 400 SC Meter Freestyle Relay

WORLD: 3:46.01 W 11/21/2009 COLORADO MASTERS SWIM

C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART

NATL: 3:46.01 N 11/21/2009 COLORADO MASTERS SWIM

C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART

VA: 4:14.84 V 11/3/2018 1693

D Slater, S Green, A Maholchic, K Grier

1	VMST	A		5:17.07
	1) Widener, Lindsay W44		2) Shepard, Megan C W33	
	3) Daly, James M52		4) Keith, Algernon J M63	
	37.04	1:17.35	2:04.11	2:55.55
	3:32.04	4:11.29	4:42.11	5:17.07

Mixed 200-239 200 SC Meter Medley Relay

WORLD: 2:01.94 W 11/19/2006 OREGON MASTERS -U/

K ANDRUS-HUGHES, A STARK, A DELMAGE, W EDWARDS

NATL: 1:57.65 N 10/10/2012 BLU FROG TEAM

S HART, D CHANCE, M MIDDLETON, R ABRAHAMS

VA: 2:05.35 V 3/20/2010 VMST

C Stevenson, L Bennett, D Holland, S Loftus-Charle

1	NERD	A		2:37.45
	1) Harris, Samuel M41		2) King, Erin W43	
	3) McLeod, Gregor M63		4) Upton, Becky W61	
	32.46	1:20.40	1:48.75	2:37.45

Mixed 240-279 200 SC Meter Freestyle Relay

WORLD: 1:55.93 W 12/7/2008 GOLD COAST MASTERS

D CAVANAUGH, C CAVANAUGH, P SARGEANT, D QUIGGIN

NATL: 1:55.93 N 12/7/2008 GOLD COAST MASTERS

D CAVANAUGH, C CAVANAUGH, P SARGEANT, D QUIGGIN

VA: 2:19.20 V 11/12/2022 VMST

B Boslego, D Jaeger, A Keith, J Daly

1	VMST	C		2:27.11
	1) Speer, Nancy W61		2) Whiteway, Roger M77	
	3) Saks, Mitch M65		4) Widener, Lindsay W44	
	36.94	52.42	2:27.11	

Virginia Masters Swim Meet

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Mixed 240-279 800 SC Meter Freestyle Relay

WORLD: 9:34.91 W 10/4/2009 TAMALPAIS AQUATIC MAST

R BURNS, L VAL, B WHEELER, K FROST

NATL: 9:34.91 N 10/4/2009 TAMALPAIS AQUATIC MAST

R BURNS, L VAL, B WHEELER, K FROST

VA:11:54.23 V 11/12/2022 VMST

B Boslego, A Keith, J Daly, D Jaeger

1 VMST	A	12:19.28
1) Keith, Algernon J M63	2) Boslego, Barbara W72	
3) Jaeger, Debbie W61	4) Daly, James M52	
36.99	1:20.91	2:06.68 2:52.47
3:38.77	4:32.44	5:29.38 6:23.32
7:05.19	7:51.78	8:39.53 9:25.85
10:05.20	10:51.01	11:36.74 12:19.28

Mixed 240-279 200 SC Meter Medley Relay

WORLD: 2:10.34 W 10/11/2009 TAMALPAIS AQUATIC MAST

R BURNS, K FROST, L VAL, B WHEELER

NATL: 2:10.34 N 10/11/2009 TAMALPAIS AQUATIC MAST

R BURNS, K FROST, L VAL, B WHEELER

VA: 2:42.00 V 1/1/2005 VMST

H McGee, J Leilich, S Tassi, B Schreiner

1 VMST	A	2:58.58
1) Speer, Nancy W61	2) Whiteway, Roger M77	
3) Widener, Lindsay W44	4) Saks, Mitch M65	
47.88	1:40.58	2:19.70 2:58.58

Mixed 280-319 200 SC Meter Freestyle Relay

WORLD: 2:10.44 W 6/14/2009 ST KANSAI -JPN

F HIROOKA, Y OSAKI, C KONISHI, Y OSAKI

NATL: 2:15.63 N 12/2/2007 SAN DIEGO SWIM MASTER

F PIEMME, V VAN BAALEN, J MARR, G CLIFFORD

VA: 3:15.36 V 11/2/2013 VMST

D Scott, B Chambers, K Gregory, F Miller

1 VMST	D	3:49.79
1) Ramaekers Jr., Frank M84	2) Cobb, Dianne W68	
3) Jaeger, Debbie W61	4) Belfit, Scott M72	
1:58.51	2:29.21	3:49.79

Mixed 280-319 200 SC Meter Medley Relay

WORLD: 2:25.50 W 6/14/2009 ST KANSAI -JPN

Y OSAKI, Y OSAKI, C KONISHI, F HIROOKA

NATL: 2:37.71 N 12/2/2007 SAN DIEGO SWIM MASTER

J MARR, A WILLIAMS, M FRESHLEY, D WEBSTER

VA: 3:04.34 V 3/25/2017 VMST

B Schreiner, B Boslego, J Davis, J Miller

1 VMST	B	3:41.22
1) Carter, Susan W76	2) Boslego, Robert M70	
3) Boslego, Barbara W72	4) Boslego, David M62	
57.99	3:41.22	